

## Effects of yeast combined with chromium propionate on growth performance and carcass quality of finishing steers<sup>1</sup>

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**ABSTRACT:** A combination of yeast and chromium propionate (Y+Cr) was added to the diets of crossbred finishing steers ( $n = 504$ ;  $402 \text{ kg} \pm 5.76$  initial BW) to evaluate impact on feedlot performance and carcass traits. We hypothesized supplementation of Y+Cr would increase growth of feedlot steers. Steers with initial plasma glucose concentrations  $\leq 6.0 \text{ mM}$  were stratified by initial BW and randomly allocated, within strata, to receive 0 (control) or  $3.3 \text{ g/d}$  Y+Cr. Steers were further divided into heavy and light weight blocks with 6 pens/diet within each weight block. Cattle were housed in dirt-surfaced pens with 21 steers/pen and had ad libitum access to feed. Body weights were measured at 21-d intervals. Blood samples were collected on d 49 and 94 from a subset of steers (5/pen) for analyses of plasma glucose and lactate concentrations. At the end of the finishing phase, animals were weighed and transported 450 km to an abattoir in Holcomb, KS. Severity of liver abscesses and HCW were collected the day of harvest, and after 36 h of refrigeration, USDA yield and quality grades, LM area, and 12th rib subcutaneous fat thickness were determined. There were no treatment  $\times$  time  $\times$  weight block interactions ( $P > 0.05$ ) and no

treatment  $\times$  block interaction for ADG, DMI, or final BW ( $P \geq 0.06$ ), but a treatment  $\times$  block interaction ( $P = 0.03$ ) was observed for G:F, in which control, light cattle had poorer efficiency compared with other groups. Treatment  $\times$  weight group interactions were observed for overall yield grade and carcasses that graded yield grade 1 ( $P \leq 0.04$ ). Light steers supplemented with Y+Cr had decreased overall yield grade and increased percentage of carcasses grading yield grade 1 compared with their control counterparts, with no differences observed for heavy steers. Regardless of weight group, a greater percentage of carcasses from steers supplemented with Y+Cr graded yield grade 2 ( $P = 0.03$ ) and fewer carcasses from steers supplemented Y+Cr graded yield grade 3 ( $P < 0.01$ ) than control steers. No interactions or effects of treatment were detected for other carcass measurements ( $P \geq 0.07$ ). There were no treatment  $\times$  weight group interactions or effects of treatment for plasma glucose or lactate concentrations on d 49 or 94 ( $P > 0.10$ ). Overall, yeast in combination with chromium propionate may improve feed efficiency and decrease yield grade of light cattle but had no effect on remaining carcass traits and blood constituents.

**Key words:** beef cattle, carcass traits, chromium propionate, glucose, yeast

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### INTRODUCTION

Chromium is an essential micromineral that functions as a component of glucose tolerance factor and chromodulin, both of which potentiate actions of insulin (NRC, 2000; Pechova and Pavlata, 2007). Chromium

has been implicated as a regulator of lipid and protein metabolism (Pechova and Pavlata, 2007). Enhanced lipogenesis and decreased lipolysis were observed in dairy cattle supplemented chromium propionate (McNamara and Valdez, 2005), which suggests chromium propionate might influence quality and yield grades in finishing cattle. In addition, Cr supplementation has the potential to increase AA uptake by muscle cells, potentially increasing total protein deposition (Pechova and Pavlata, 2007). The ability of Cr to increase glucose tolerance through effects on insulin function could improve efficiency of glucose utilization, thus leading to

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improved growth and efficiency (Swanson et al., 2000); however, little is known about actual requirements of Cr for finishing cattle. Some studies revealed favorable performance responses to Cr during periods of stress in ruminants. Stressed feeder calves were administered a high-Cr yeast product, which improved ADG (Chang and Mowat, 1992; Moonsie-Shageer and Mowat, 1993), feed efficiency (Chang and Mowat, 1992), and immune response (Moonsie-Shageer and Mowat, 1993).

Organic forms of Cr are readily absorbed, are more physiologically active, and require no dietary precursors (i.e., AA or niacin) for bioactivity (Mowat, 1997) compared with inorganic sources. Chromium propionate is currently the only form of supplemented Cr approved for addition to cattle diets in the United States. We hypothesized that chromium propionate, when supplemented in combination with yeast culture, would increase gain and feed efficiency during the finishing phase. The objectives of this study were to compare feedlot performance, carcass characteristics, and plasma glucose profiles of cattle fed finishing diets with and without a combination of yeast and chromium propionate.

## MATERIALS AND METHODS

Protocols and procedures followed in this study were approved by the Kansas State University Institutional Animal Care and Use Committee. The study was conducted at the Kansas State University Beef Cattle Research Center located in Manhattan, KS. The trial started October 2013 and finished February 2014.

### Experimental Design

The study was conducted as a randomized complete block design with 2 treatments using 504 crossbred steers (402 kg  $\pm$  5.76 BW). Steers were from a larger population of crossbreed cattle and were selected on the basis of initial plasma glucose concentrations; steers with plasma glucose concentrations greater than 6.0 mM were excluded. Steers were then blocked by initial BW (12 blocks) and randomly allocated within block to 2 treatments. Animals were further divided into heavy (421 kg  $\pm$  5.76 gross BW) and light (384 kg  $\pm$  5.76 gross BW) weight groups to determine if treatment differences existed between heavy and light animals. Steers were housed in 24 pens containing 21 steers/pen (12 pens/treatment). Treatments consisted of a control, in which the steers received a basal diet (control), and a treatment that contained the basal diet with a combination of yeast (*Saccharomyces cerevisiae*) and chromium propionate (Y+Cr; Vi-COR, Mason City, IA) added to the feed additive premix. Each treatment was represented in each weight group (i.e., control light, Y+Cr light, control

**Table 1.** Composition of finishing diet fed to steers supplemented with and without yeast combined with chromium propionate

Item	Percent DM
Ingredient	
Steam-flaked corn	57.90
Wet corn gluten feed	30.00
Ground alfalfa	8.00
Limestone	1.46
Salt	0.30
Vitamin/mineral premix <sup>1</sup>	0.18
Feed additive premix <sup>2</sup>	2.16
Calculated nutrient composition <sup>3</sup>	
CP	14.1
NDF	19.4
Ca	0.70
P	0.48
K	0.70

<sup>1</sup>Formulated to provide the following added nutrient levels: 2,200 IU/kg vitamin A, 22 IU/kg vitamin E (alpha tocopherol acetate), 0.10 mg/kg Co (cobalt carbonate), 10 mg/kg Cu (copper sulfate), 0.6 mg/kg I (ethylenediamine dihydriodide), 60 mg/kg Mn (manganese sulfate), 0.30 mg/kg Se (sodium selenite), and 60 mg/kg Zn (zinc sulfate).

<sup>2</sup>Formulated to provide 300 mg/d monensin and 90 mg/d tylosin (Elanco Animal Health, Greenfield, IN) in a ground corn carrier. A combination of yeast and chromium propionate (Y+Cr; Vi-COR, Mason City, IA) was added to the premix to equal a feeding rate of 3.3 g/d (as fed) Y+Cr treatment to provide 3.2 mg Cr per animal daily.

<sup>3</sup>Nutrient composition was calculated based on NRC (2000) values for individual ingredients.

heavy, and Y+Cr heavy). The Y+Cr supplement was fed at a rate of 3.3 g/d (as fed), which provided 3.2 mg Cr per animal daily (Table 1).

### Animal Processing, Housing, and Handling

Upon arrival at the Kansas State University Beef Cattle Research Center, steers were allowed ad libitum access to ground alfalfa hay and water. Twenty-four hours after arrival of the final load of cattle, steers were tagged with an ear tag that displayed a unique number for each study animal. Before initiation of the study, steers were individually weighed and received an estradiol/trenbolone acetate implant (Component TE-200 with Tylan; Ivy Animal Health, Inc., Overland Park, KS), topical parasiticide (Dectomax; Pfizer Animal Health, New York, NY), 5-way viral vaccine (Bovishield Gold-5; Pfizer Animal Health), and 7-way clostridial vaccine (Ultra-Bac 7; Pfizer Animal Health). In addition, blood samples were obtained by jugular venipuncture for analysis of plasma glucose and lactate using 10-mL blood collection tubes containing sodium fluoride/potassium oxalate as anticoagulants (BD Vacutainer; Becton, Dickinson and Company, Franklin Lakes, NJ). Samples were immediately placed on ice and centrifuged within 20 min of sampling. Blood was centrifuged at 2,494  $\times$  g

**Table 2.** Growth performance of steers separated into light and heavy weight groups and supplemented 0 (control) or 3.3 g/d of a combination of yeast and chromium propionate (Y+Cr; Vi-COR, Mason City, IA)<sup>1,2</sup>

Item	Light		Heavy		SEM	P-value <sup>3</sup>		
	Control	Y+Cr	Control	Y+Cr		Trt	WG	Trt × WG
Initial no. of steers	126	126	126	126	–	–	–	–
BW, <sup>4</sup> kg								
Initial	384	383	420	420	5.76	0.91	<0.001	0.83
21 d	459	463	491	492	4.61	0.18	<0.01	0.34
42 d	505	507	535	538	5.50	0.51	<0.01	1.00
63 d	551	555	579	584	5.05	0.27	<0.01	0.87
84 d	585	590	611	616	4.93	0.19	<0.01	0.93
105 d	616	619	646	646	5.63	0.74	<0.01	0.75
126 d	634	635	671	669	6.08	0.86	<0.01	0.73
148 d	655	663	–	–	6.55	0.30	–	–
Day 1–21								
No. of steers	126	126	125	126	–	–	–	–
ADG, kg/d	2.59 <sup>a</sup>	2.87 <sup>b</sup>	2.58 <sup>a</sup>	2.49 <sup>a</sup>	0.09	0.21	0.08	0.02
DMI, kg/d	12.54	12.44	12.97	12.73	0.16	0.31	0.05	0.68
G:F	0.2073 <sup>a</sup>	0.2314 <sup>b</sup>	0.1991 <sup>a</sup>	0.1960 <sup>a</sup>	0.008	0.12	0.03	0.05
Day 22–42								
No. of steers	126	126	125	126	–	–	–	–
ADG, kg/d	2.20	2.10	2.12	2.19	0.09	0.86	0.92	0.37
DMI, kg/d	12.70	12.32	13.03	12.92	0.19	0.07	0.08	0.28
G:F	0.1729	0.1703	0.1627	0.1698	0.006	0.72	0.40	0.44
Day 43–63								
No. of steers	126	126	125	126	–	–	–	–
ADG, kg/d	2.20	2.25	2.11	2.21	0.07	0.19	0.45	0.63
DMI, kg/d	12.66	12.38	13.08	13.02	0.20	0.40	0.03	0.52
G:F	0.1738	0.1820	0.1616	0.1702	0.006	0.04	0.13	0.97
Day 64–84								
No. of steers	126	126	124	126	–	–	–	–
ADG, kg/d	1.59	1.68	1.50	1.51	0.07	0.33	0.18	0.38
DMI, kg/d	13.13	12.83	13.36	13.29	0.22	0.39	0.17	0.60
G:F	0.1209	0.1308	0.1125	0.1134	0.005	0.09	0.07	0.16
Day 85–105								
No. of steers	126	126	124	126	–	–	–	–
ADG, kg/d	1.49	1.38	1.66	1.46	0.06	0.04	0.07	0.44
DMI, kg/d	13.10	12.47	13.26	12.93	0.25	0.09	0.25	0.58
G:F	0.1135	0.1110	0.1255	0.1127	0.004	0.08	0.12	0.22
Day 106–126								
No. of steers	126	126	124	126	–	–	–	–
ADG, kg/d	0.85	0.74	1.26	1.12	0.11	0.30	<0.01	0.92
DMI, kg/d	11.94	11.78	12.53	12.09	0.24	0.24	0.10	0.58
G:F	0.0715	0.0617	0.1000	0.0933	0.009	0.38	<0.01	0.86
Day 127–148								
No. of steers	126	125	–	–	–	–	–	–
ADG, kg/d	0.98	1.30	–	–	0.12	0.07	–	–
DMI, kg/d	12.16	12.02	–	–	0.24	0.68	–	–
G:F	0.0811	0.1087	–	–	0.01	0.11	–	–
Overall <sup>5</sup>								
ADG, kg/d	1.70	1.76	1.88	1.84	0.03	0.69	<0.001	0.06
DMI, kg/d	12.57	12.29	13.00	12.83	0.17	0.18	0.03	0.75
G:F	0.1349 <sup>a</sup>	0.1430 <sup>b</sup>	0.1445 <sup>b</sup>	0.1434 <sup>b</sup>	0.002	0.08	0.09	0.03

<sup>a,b</sup>Within a row, means without a common superscript letter are different ( $P \leq 0.05$ ).

<sup>1</sup>Provided 3.2 mg Cr/d.

<sup>2</sup>Heavy block shipped Day 125 and light block shipped Day 148.

<sup>3</sup>Trt = effect of treatment; WG = effect of weight group.

<sup>4</sup>BW measurements = gross BW.

<sup>5</sup>From trial initiation through harvest.

**Table 3.** Carcass traits of steers separated into light and heavy weight groups and supplemented 0 (control) or 3.3 g/d of a combination of yeast and chromium propionate (Y+Cr; Vi-COR, Mason City, IA)<sup>1</sup>

Item	Light		Heavy		SEM	<i>P</i> -value <sup>2</sup>		
	Control	Y+Cr	Control	Y+Cr		Trt	WG	Trt × WG
Final BW, <sup>3</sup> kg	629	637	645	642	5.84	0.56	0.19	0.26
HCW, kg	398	400	408	407	3.75	0.77	0.09	0.61
Dressed yield, %	63.2	62.8	63.3	63.4	0.20	0.49	0.05	0.16
Liver abscesses, %	10.4	6.3	16.9	16.9	2.67	0.47	<0.01	0.47
LM area, cm <sup>2</sup>	88.15	90.10	93.10	93.00	0.97	0.31	<0.01	0.27
12th rib subcutaneous fat, <sup>4</sup> cm	1.30	1.23	1.26	1.25	0.04	0.32	0.89	0.45

<sup>1</sup>Provided 3.2 mg Cr/d.

<sup>2</sup>Trt = effect of treatment; WG = effect of weight group.

<sup>3</sup>Final BW = gross BW × 0.96.

<sup>4</sup>One carcass from control heavy group, 9 carcasses from Y+Cr light group steers, and 11 carcasses from the Y+Cr heavy group do not have measurements for 12th rib back fat due to excessive trim from equipment failure at the abattoir. One animal was condemned at slaughter from the control light group due to melanosis.

for 20 min at room temperature, and plasma was transferred by pipette into 5-mL plastic tubes and frozen at  $-20^{\circ}\text{C}$  for subsequent analysis. Steers were housed in dirt-surfaced pens that were 10.1 by 30.5 m and of pipe construction. Watering fountains were shared between adjacent feedlot pens and steers were allowed ad libitum access to feed and water. Body weights (gross BW) were captured for each pen at 21-d intervals (single day measurements) and again at the end of feedlot finishing. Average daily gains were computed by subtracting previous BW from current BW for each weigh period and divided by days on feed (**DOF**). Gain efficiencies were computed as ADG divided by DMI.

Blood was drawn by jugular venipuncture from 5 steers/pen approximately 2 h prior to feeding on d 49 and 94 to determine plasma glucose and lactate concentrations. Blood collection for each pen lasted approximately 10 min. Steers used for blood collection were randomly chosen at the beginning of the study and tagged with a colored ear tag for identification. Blood sampling procedures were as previously described, and samples were stored at  $-20^{\circ}\text{C}$  until analysis. Glucose and lactate concentrations of plasma were analyzed using the YSI 2300 STAT Plus Glucose and L-Lactate Analyzer (YSI Inc., Yellow Springs, OH).

### Diet Preparation

Steers were transitioned to finishing diets over a period of 18 d using a series of 3 step-up diets (roughage:concentrate ratios of 46:54, 33:67, and 21:79; 6 d/step) that were formulated to allow gradual adaptation to the high-grain finishing diet. A mixture of yeast and chromium propionate (3.3 g/d) was added to the feed additive premix, which subsequently was mixed into total mixed rations for all step-up and final diets of steers supplemented Y+Cr only. Yeast combined with chromium propionate was replaced with ground corn in

the feed additive premix for control steers. Diets were mixed once daily in a truck-mounted mixer and delivered to cattle at approximately 0800 h. Feed intakes were visually monitored and adjusted daily so only trace amounts of residual feed remained the following day. Unconsumed feed was removed from the bunk and weighed at 21-d intervals or as needed to determine actual feed intake for each 21-d period. Subsamples of diets and unconsumed feed were dried at  $55^{\circ}\text{C}$  for 48 h to determine DM content. For each 21-d interval and for the total study period, DMI was computed as  $\text{DMI} = [(\text{total feed offered} \times \% \text{ DM}) - (\text{total feed refused} \times \% \text{ DM})] / (\text{number of animals} \times \text{day})$ .

### Harvest

Final BW were determined immediately before cattle were shipped on the day of harvest. Final BW was multiplied by 0.96 to account for 4% shrink during shipping. Steers were loaded onto a truck and transported 451 km to a commercial abattoir in Holcomb, KS. Steers in the heavy block were shipped after 125 DOF and steers in the light block were shipped after 148 DOF. Incidence and severity of liver abscesses and HCW were recorded the day of harvest. Liver abscesses were scored according to the Elanco scoring system (Liver Abscess Technical Information AI 6288; Elanco Animal Health, Greenfield, IN): 0 = no abscesses; A<sup>-</sup> = 1 or 2 small abscesses or abscess scars; A = 2 to 4 small, well-organized abscesses; and A<sup>+</sup> = 1 or more large or active abscesses with or without adhesions. United States Department of Agriculture yield grade, USDA quality grade, marbling score, 12th rib subcutaneous fat thickness, LM area, and incidence and severity of dark cutting beef were collected after 36 h of refrigeration from camera images (VBG 2000; E+V Technology GmbH & Co. KG, Oranienburg, Germany) provided by the abattoir; however, due to equipment failure that occurred at the abattoir, LM area

**Table 4.** Quality and yield grades of steers separated into light and heavy weight groups and supplemented 0 (control) or 3.3 g/d of a combination of yeast and chromium propionate (Y+Cr; Vi-COR, Mason City, IA)<sup>1</sup>

Item	Light		Heavy		SEM	P-value <sup>2</sup>		
	Control	Y+Cr	Control	Y+Cr		Trt	WG	Trt × WG
USDA Prime, %	0.8	0.8	0.0	0.8	0.70	0.56	0.60	0.56
USDA high Choice, %	6.4	5.6	5.7	0.0	1.81	0.02	0.19	0.07
USDA mid Choice, %	23.3	19.1	13.0	8.9	3.51	0.23	0.02	1.00
USDA low Choice, %	44.0	44.8	42.9	44.0	5.25	0.86	0.86	0.97
USDA Select, %	25.5	27.2	36.0	43.9	5.21	0.38	0.03	0.57
USDA Standard, %	0.0	0.8	1.6	1.6	1.03	0.69	0.28	0.69
B-maturity, %	0.0	1.7	0.8	0.8	1.02	0.43	1.00	0.43
Overall yield grade	2.79 <sup>a</sup>	2.54 <sup>b</sup>	2.66 <sup>ab</sup>	2.67 <sup>ab</sup>	0.05	0.02	1.00	0.02
Yield grade 1, %	4.0 <sup>b</sup>	10.4 <sup>a</sup>	6.4 <sup>ab</sup>	5.6 <sup>ab</sup>	1.51	0.09	0.45	0.04
Yield grade 2, %	30.5	40.9	30.5	35.1	3.70	0.03	0.53	0.34
Yield grade 3, %	49.5	35.9	55.0	48.1	4.15	<0.01	0.13	0.21
Yield grade 4, %	15.2	10.4	6.5	9.6	2.36	0.72	0.07	0.12
Yield grade 5, %	0.8	2.4	1.6	1.6	0.98	0.42	1.00	0.44

<sup>a,b</sup>Within a row, means without a common superscript letter are different ( $P \leq 0.01$ ).

<sup>1</sup>Provided 3.2 mg Cr/d.

<sup>2</sup>Trt = effect of treatment; WG = effect of weight group.

was traced on tracing paper for 22 carcasses and marbling scores for these carcasses were determined by a certified USDA grader (1 carcass from the control heavy group, 9 carcasses from the Y+Cr light group, and 12 carcasses from the control light group).

### Statistical Analyses

Growth data (DMI, gain, and gain efficiency) were analyzed as repeated measures using the MIXED procedure of the Statistical Analysis System (version 9.2 of SAS; SAS Inst. Inc., Cary, NC) with a model that included feeding period, weight group, treatment, and any 2- or 3-way interactions as fixed effects. Block was random effect, pen was the experimental unit, and feeding period was the repeated measure with pen within treatment as the subject and compound symmetry as the covariance structure. Estimates were used to compare differences between feeding periods due to different harvest dates for light and heavy groups. Due to no significant interactions of feeding period on growth performance, feeding periods were analyzed independent of each other. Cumulative growth performance; interim measures of ADG, DMI, and G:F; plasma glucose and lactate concentrations; and noncategorical carcass traits were analyzed using the MIXED procedure with weight group, treatment, and the interaction between weight group and treatment as fixed effects; block as the random effect; and pen as the experimental unit. The GLIMMIX procedure of SAS was used to analyze incidence and severity of liver abscesses, USDA quality grades, and USDA yield grades. Weight group, treatment, and the interaction between weight group and treatment were fixed effects; block was the random effect; and pen was

the experimental unit. Treatment was tested against the residual error at the 5% level of significance. Treatment least squares means were calculated for each group. Pairwise comparisons between the least squares means of the Y+Cr group and the least squares means of the control group were performed using the PDIF option.

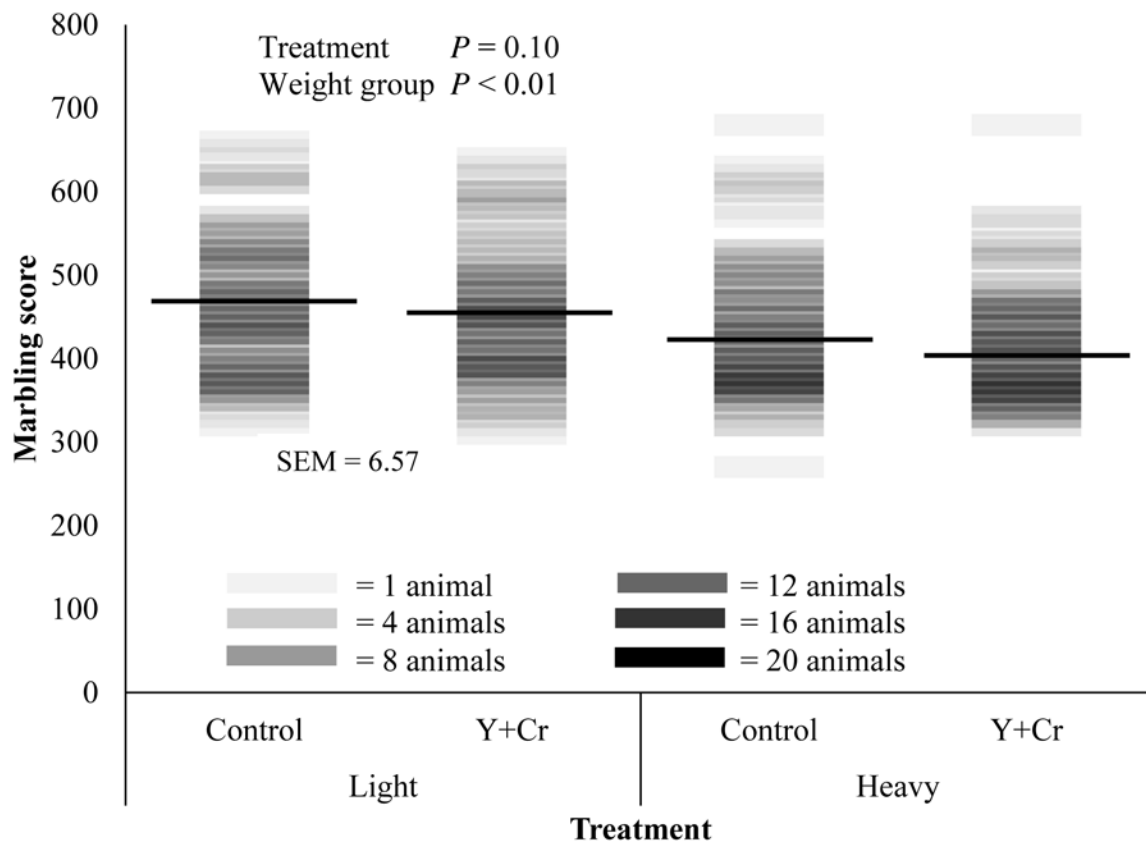
## RESULTS AND DISCUSSION

Two steers were removed from the control group. One steer was removed due to an injury not related to treatment, and a urinary tract bacterial infection resulted in the death of the other steer. One steer was removed from the Y+Cr treatment group due to an injury not related to treatment. No treatment × feeding period × weight group interactions were detected for any feedlot performance parameters ( $P \geq 0.36$ ; data not shown).

### Feedlot Performance

The effects of Y+Cr supplementation on interim and overall steer performance are shown in Table 2. There were no interactions between treatment and weight group or an effect of Y+Cr on interim BW measurements or final BW ( $P \geq 0.18$ ). There was an effect of weight group ( $P < 0.01$ ) for interim BW as per study design. Similarly, Chang et al. (1992) observed no improvement in final BW when steers were supplemented with 0.2 mg/kg (diet DM) high-Cr yeast. In addition, Swanson et al. (2000) observed no differences for BW when steers were supplemented with 100, 200, or 400 µg/kg (dietary DM) high-Cr yeast. Pollard et al. (2002) observed a decrease in final BW when steers were supplemented with 0.4 mg Cr yeast/kg dietary





**Figure 1.** Marbling scores of carcasses from steers separated into light and heavy weight blocks and supplemented 0 (control) or 3.3 g/d of a combination of yeast and chromium propionate (Y+Cr; Vi-COR, Mason City, IA), which provided 3.2 mg Cr per animal daily. Marbling scores were determined by camera imaging (VBG 2000; E+V Technology GmbH & Co. KG, Oranienburg, Germany): Trace = 200 to 299; Slight = 300 to 399; Small = 400 to 499; Modest = 500 to 599; Moderate = 600 to 699; Slightly abundant = 700 to 799. Black horizontal lines indicate treatment means. There was no interaction between treatment and weight group ( $P = 0.47$ ).

DM compared with steers supplemented with either 0 or 0.2 mg Cr yeast/kg dietary DM, suggesting an upper tolerable limit to Cr supplementation. Danielsson and Pehrson (1998) detected no effect on final BW when bulls were fed Cr in the form of fodder yeast. Collectively, results of these studies suggest Cr supplementation has minimal impact on live BW of cattle.

No treatment  $\times$  weight group interactions were detected for DMI measured for each period or for overall DMI ( $P \geq 0.28$ ). Supplementation with Y+Cr tended to decrease DMI Day 22 to 42 and Day 85 to 105 ( $P \leq 0.09$ ); however, Y+Cr supplementation did not affect overall DMI ( $P = 0.18$ ). Dry matter intake was affected by weight group Day 1 to 21 ( $P = 0.05$ ) and Day 43 to 63 ( $P = 0.03$ ). In agreement, Chang et al. (1992) observed no difference in DMI when growing steers were supplemented with high-Cr yeast and Pollard et al. (2002) reported no differences in DMI of feedlot steers supplemented with a Cr yeast product. In addition, overall DMI was affected by weight group ( $P = 0.03$ ). Steers in the heavy group ate, on average, more feed per day over the entire feeding when compared with light steers. These results were expected as we assumed heavier cattle would eat more to maintain a heavier BW.

An interaction between treatment and weight group was observed for ADG. Over d 1 to 21, light steers supplemented with Y+Cr gained more than their control counterparts ( $P = 0.02$ ), whereas no difference was observed in the heavy steers. A tendency was detected for an interaction between treatment and weight block for overall ADG ( $P = 0.06$ ) following a pattern similar to Days 1 to 21. Steers supplemented with Y+Cr Day 85 to 105 had decreased ADG compared with steers fed the control diet ( $P = 0.04$ ); however, there was no effect of Y+Cr supplementation on ADG at other feeding periods or for overall ADG ( $P \geq 0.19$ ). Average daily gain was affected by weight group Days 106 to 126 and overall ADG ( $P < 0.01$ ), where heavy steers gained more than light steers (33 and 7%, respectively). A treatment  $\times$  weight group interaction was observed for G:F ( $P \leq 0.05$ ). Days 1 to 21, the Y+Cr steers from the light group were more efficient than control steers ( $P = 0.05$ ), with no apparent differences in the heavy group. The control steers from the light group were the least efficient ( $P = 0.03$ ) over the entire experimental feeding period. In contrast to our results, Chang et al. (1992) observed no response for ADG or G:F for growing steers supplemented with

**Table 5.** Plasma glucose and lactate concentrations of steers separated into light and heavy weight group and supplemented 0 (control) or 3.3 g/d of a combination of yeast and chromium propionate (Y+Cr; Vi-COR, Mason City, IA)<sup>1</sup>

Item, mM	Light		Heavy		SEM	<i>P</i> -value <sup>2</sup>		
	Control	Y+Cr	Control	Y+Cr		Trt	WG	Trt × WG
Pretrial								
Glucose	3.92	3.90	3.83	3.90	0.08	0.78	0.59	0.58
Lactate	3.27	2.64	3.52	2.89	0.32	0.68	0.44	0.15
Day 49								
Glucose	4.45	4.80	3.99	4.43	0.35	0.28	0.26	0.89
Lactate	3.42	3.31	2.06	3.42	0.59	0.70	0.40	0.32
Day 94								
Glucose	5.08	4.94	4.32	4.44	0.23	0.98	0.02	0.59
Lactate	4.36	4.16	3.07	3.24	0.46	0.97	0.04	0.70

<sup>1</sup>Provided 3.2 mg Cr per animal daily.

<sup>2</sup>Trt = effect of treatment; WG = effect of weight group.

0.2 mg/kg (dietary DM) high-Cr yeast. Pollard et al. (2002) also observed no improvement in ADG or G:F with 0.2 mg/kg diet DM Cr yeast but observed a decrease in ADG and G:F when Cr (as Cr yeast) was supplemented at 0.4 mg/kg diet DM. Average daily gain and feed efficiency of lambs were not affected by 0, 0.25, and 0.35 mg/d (equivalent to approximately 0, 0.20, and 0.28 mg/kg diet DM, respectively) Cr yeast supplementation (Domínguez-Vara et al., 2009). It is unclear why light cattle supplemented with Y+Cr responded more favorably to supplementation compared with heavy steers, but it is conceivable that there were differences in Cr requirements for the 2 groups. Discrepancies between our results and those previously reported may reflect differences in source of Cr, bioavailability of Cr, Cr status of the animals, age of the animals, or amount of Cr in the basal diet. In addition, chromium propionate was mixed with yeast in our study, therefore making it difficult to discern if effects observed for feedlot performance were attributed to chromium propionate, yeast, or the combination.

The improvement Days 1 to 21 for ADG and feed efficiency in our study may reflect the beneficial effects of Cr supplementation for stressed cattle, as this was the period steers were weighed, sorted into pens, commingled with other animals, and transitioned to high-concentrate diets. Chang and Mowat (1992) observed increased ADG and G:F the first 28 d after arrival of stressed feeder calves supplemented with Cr yeast when no antibiotic was administered. Additionally, Bernhard et al. (2012b) conducted a study to assess effects of chromium propionate fed at 0, 0.1, 0.2, or 0.3 mg/kg dietary DM during the receiving period and observed linear improvements in ADG and G:F of steers. The current results for feedlot performance suggest steers entering the feedlot with a lighter BW may benefit from yeast combined with chromium propionate.

### Carcass Characteristics

No treatment × weight group interactions or effects of treatment were observed for HCW, dressing percentage, incidence of liver abscesses, LM area, or 12th rib subcutaneous fat thickness ( $P \geq 0.16$ ; Table 3). Differences between weight groups were observed for dressing percentage, incidence of liver abscesses, and LM area ( $P \leq 0.05$ ), wherein carcasses from heavy steers had increased dressing percentage, increased incidence of liver abscesses, and greater LM area compared with carcasses from light steers. In addition, carcasses from heavy steers tended to have heavier HCW compared with carcasses from light steers ( $P = 0.09$ ). No interaction between treatment and weight group was observed for marbling score ( $P = 0.47$ ; Fig. 1). Supplementing steers with Y+Cr tended to decrease marbling score ( $P = 0.10$ ) compared with carcasses from control steers; however, marbling scores from supplemented and unsupplemented steers were still within the low Choice category. Carcasses from heavy steers had decreased marbling scores compared with carcasses from light steers ( $P < 0.01$ ), which may reflect differences in degree of finish, as light steers were harvested 23 d later than heavy steers.

Effects of Y+Cr supplementation and weight groups on yield and quality grades are presented in Table 4. A tendency for a treatment × weight group interaction was observed for carcasses grading high choice ( $P = 0.07$ ), where carcasses from heavy steers supplemented Y+Cr had no carcasses that graded high Choice compared with their control counterparts and no differences were observed for light steers. No interactions between treatment and weight group were observed for remaining quality grades ( $P \geq 0.43$ ). Fewer carcasses from heavy steers graded mid Choice and, consequently, more carcasses from heavy steers graded Select than carcasses from light steers ( $P \leq 0.03$ ). Supplementing steers with Y+Cr did not affect carcasses grading Prime, mid, or low Choice; Select;

Standard or carcasses classified as B-maturity ( $P \geq 0.23$ ). A treatment  $\times$  weight group interaction was observed for overall yield grade ( $P = 0.02$ ). Carcasses from light Y+Cr steers had a decreased overall yield grade than their control counterparts, whereas no apparent difference was observed in carcasses from heavy steers ( $P \leq 0.01$ ). The difference in overall yield grade was reflected in percentage of carcasses that graded yield grade 1 ( $P = 0.04$ ), wherein a greater percentage of carcasses from light Y+Cr-supplemented steers graded yield grade 1 compared with their control counterparts, but no difference was observed in carcasses from heavy steers. No treatment  $\times$  weight group interactions were observed for carcasses grading yield grade 2, 3, 4, or 5 ( $P \geq 0.12$ ). Regardless of weight group, a greater percentage of carcasses from steers supplemented with Y+Cr graded yield grade 2 ( $P = 0.03$ ) and, consequently, fewer carcasses from steers supplemented with Y+Cr graded yield grade 3 ( $P < 0.01$ ) than carcasses from control steers. In addition, a greater ( $P = 0.07$ ) percentage of carcasses from light steers graded yield grade 4 than carcasses from heavy steers.

Reports of Cr supplementation and its effects on carcass traits have been inconsistent. Pollard et al. (2002) observed decreased marbling scores and yield grades in carcasses from steers supplemented with 0.4 mg Cr yeast/kg dietary DM compared with carcasses that came from steers supplemented with 0 or 0.2 mg Cr yeast/kg dietary DM. Carcasses from lambs supplemented with 0, 400, or 800 mg Cr yeast/kg dietary DM were observed to have decreased amounts of intramuscular fat compared with control lambs, but no other differences were observed for remaining carcass traits (Yan et al., 2008). Chromium is essential for improving insulin binding and sensitivity (Pechova and Pavlata, 2007) and may explain the decreased marbling scores and yield grade by the ability of insulin to increase lipid utilization (Dębski et al., 2004); however, not all studies demonstrated a response to Cr supplementation. Chang et al. (1992) supplemented steers with 0.2 mg Cr yeast/kg dietary DM and observed no differences on carcass characteristics between carcasses from control and Cr yeast-supplemented animals. In addition, there was no difference in any of the carcass traits analyzed from bulls supplemented with fodder yeast compared with unsupplemented bulls (Danielsson and Pehrson, 1998). Differences observed may reflect differences in Cr source, Cr concentration, or physiological differences of the animals at the time of slaughter. Our results suggest supplementation with yeast combined with chromium propionate could decrease marbling score and yield grade, but other carcass traits were not affected.

### *Plasma Glucose and Lactate*

Chromium plays a vital role in improving the effects of insulin binding as well as overall insulin sensitivity, therefore affecting the glucose clearance rate (Pechova and Pavlata, 2007) and possibly the concentration of glucose in plasma. Treatment effects for plasma glucose and lactate concentrations are summarized in Table 5. No treatment  $\times$  weight group interactions or effects of treatment were observed for plasma glucose concentrations on d 49 or 94 ( $P \geq 0.28$ ). An effect of weight group was detected d 94 ( $P = 0.02$ ), when light steers had greater plasma glucose concentrations than heavy steers. Researchers have consistently observed no differences in either serum or plasma glucose concentrations between control cattle and cattle supplemented with chromium nicotinic acid (Kegley and Spears, 1995; Kegley et al., 1997), chromium propionate (Bernhard et al., 2012a; Spears et al., 2012), chromium tripicolinate (Bunting et al., 1994), Cr yeast (Kegley and Spears, 1995; Swanson et al., 2000), chromium chloride hexahydrate (Kegley and Spears, 1995), and chelated Cr (Mowat et al., 1993). In addition, plasma glucose concentrations in lambs supplemented with 0.4 or 0.8 mg/kg dietary DM Cr yeast were not different than control lambs (Yan et al., 2008). Chromium supplementation, regardless of the form administered, did not influence glucose concentrations in plasma.

Lactate is a product of glucose catabolism, is produced in cells that have high demand for glucose utilization (Kravitz, 2005), and can be converted back to glucose via the Cori cycle (Sano et al., 1997; Nelson and Cox, 2005), if necessary. No treatment  $\times$  weight group interactions or effect of treatment were observed for plasma lactate concentrations on d 49 or 94 ( $P \geq 0.32$ ). An effect of weight group was detected d 94 ( $P = 0.04$ ), when cattle in the light group had greater concentrations of plasma lactate than heavy steers. In agreement with our results, Sano et al. (1997) supplemented rams with 0.5 mg/kg dietary DM chelated Cr and observed no differences in plasma lactate concentration between supplemented or control lambs. It is conceivable the differences detected for weight group on Day 94 for plasma glucose and lactate concentrations may be reflective of the differences in degree of finish of the light and heavy cattle. Glucose and lactate, although used in a limited amount, contribute to fatty acid synthesis (Lawrence et al., 2012). The heavy steers may have been accumulating adipose tissue at a higher rate than the light steers at the d 94 blood collection, which could explain the decline in plasma glucose and lactate concentrations. Nevertheless, Y+Cr supplementation did not affect plasma lactate concentrations.

In conclusion, yeast combined with chromium propionate improved feed efficiency and decreased yield



grade of light weight finishing cattle but minimally affected other carcass traits and plasma glucose and lactate concentrations. Caution must be taken when interpreting results from this experiment because the product in this study consisted of yeast combined with chromium propionate, making it difficult to ascertain whether the results were due to chromium propionate, yeast, or a combination of both.

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