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# Measurement of sticky point temperature of coffee powder with a rheometer

## Running Head: Ts measurement with a rheometer

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25

## 26 **ABSTRACT**

27

28 Sticky point temperature (Ts) is a parameter that quantifies stickiness of food and biological  
29 powders. It is traditionally measured using glass instruments. In this study we developed a new  
30 methodology to measure sticky point temperature using a rheometer, and we successfully used it  
31 to determined Ts for coffee powder samples. The behavior of coffee Ts as a function of moisture  
32 content (% db (i.e., dry basis)) was observed to be non-linear, but after 16% (db) moisture  
33 content, there were no changes in Ts with further increases in moisture content. An exponential  
34 prediction model for  $T_s = f(\text{moisture content})$  was achieved with an  $R^2$  value greater than 0.93; a  
35 power law regression model also fitted well, with an  $R^2$  value of 0.97. Rheometry was shown to  
36 be a viable and convenient means to determine Ts for various coffee powders.

37

38 **Keywords.** Caking, coffee, rheometer, sticky point temperature, stickiness

39

## 40 **INTRODUCTION**

41

42

43 A large variety of powders are generated industrially and thus there is a great need for  
44 information about their handling, storage, and processing characteristics. Cohesive attraction and  
45 frictional resistance developed between particles in a powder when consolidated (due to handling  
46 and storage) must be overcome to make the powder flow efficiently, otherwise cohesive arches  
47 will prevent the smooth discharge of the materials. For proper flowability and discharge of  
48 powder materials, knowledge of cohesive attractive forces is necessary to design the minimum

49 size of hopper openings. Thus, overcoming cohesive forces and characterizing cohesion  
50 phenomena is very important (1). Food powders and food component mixes make the problem of  
51 caking even more difficult due to the complex ingredients present in these systems. Furthermore,  
52 during processing, handling, storage, and distribution of food powders to final consumers, there  
53 is a possibility for the material to experience variable environmental conditions (i.e.,  
54 temperatures), thus there is a high probability of caking and flowability problems.

55  
56 Stickiness is a phenomenon that reflects the propensity of powders to agglomerate and to adhere  
57 to contact surfaces (2). Stickiness and caking are commonly encountered problems in food  
58 powders and other sugar-rich powders which are amorphous in nature (3).. Powder stickiness  
59 and caking are phenomena related to this structural collapse (4). Often structural collapse,  
60 stickiness, and caking of powders are strongly influenced by moisture content, and these  
61 behaviors are often time dependent (4).

62  
63 The mechanisms of particle stickiness and agglomeration are mostly due to intermolecular and  
64 electrostatic forces, liquid bridges, solid bridges, and/or mechanical interlocking of particles (5).  
65 Food and biological powders often contain amorphous carbohydrates that undergo physical  
66 changes such as crystallization, clumping, sticking, and caking during processing and handling  
67 (6). Although these changes are not desirable during storage, stickiness of powders can  
68 sometimes be an advantage when making agglomerated food products like instant coffee, milk  
69 powders and other related applications (3). For example, for instant coffee, milk, and fruit juice  
70 powders, agglomeration is often required to enlarge particle size, generally from 50-80  $\mu\text{m}$  to  
71 250-300  $\mu\text{m}$ , in order to obtain good 'instant powder' properties such as wettability,  
72 dispersibility, and solubility (7).

73

74 In addition to the usual disadvantage of stickiness and agglomeration in storage and handling of  
75 powders, they can also negatively impact drying operations (8, 9, 10). Malto dextrins are widely  
76 used in food components to increase viscosity, to reduce crystallization, to improve drying  
77 characteristics, to decrease hygroscopicity, and to decrease stickiness of dried food powders (11).  
78 The most commonly used method to quantify and characterize stickiness and caking potential of  
79 food and biological powders is the glass transition temperature (T<sub>g</sub>) (Bhadra et al. (12); Chuy  
80 and Labuza (13); Farkas and Farkas (14); Fujio and Lim (15); Ganesan et al. (16); Jaya and Das  
81 (17); Roos and Kharel (11) )

82  
83 Apart from T<sub>g</sub>, sticky point temperature (T<sub>s</sub>) is also used to measure and quantify the stickiness  
84 and caking of powders.. Sticky point temperature measurement was initially developed by Lazar  
85 et al. (18), and then it was applied by other researchers for measuring stickiness in various food  
86 powders (3, 9). As stated in Lazar et al. (18), the sticky point temperature of tomato juice powder  
87 was determined empirically by inserting the sample vessel into a water bath, and then the  
88 temperature of the bath was slowly raised. The powder was stirred intermittently by rotating a  
89 propeller ¼ turn at a time. The sticky point temperature was defined as the bath temperature at  
90 which the force or torque necessary to stir the propeller increased sharply (i.e., a critical point). It  
91 was found that sticky point temperature for tomato powder showed an inverse relationship with  
92 moisture content. In order to prevent moisture loss from the samples during testing, mercury  
93 seals were provided in the glass tube. More detailed descriptions of this arrangement can be  
94 found in Wallack and King (3) and Lazar et al. (18).

95  
96 The most widely accepted definition of sticky point temperature is the combination of  
97 temperature and moisture content for which the given mass of the powder resists propeller  
98 movement and is no longer free-flowing. A representative diagram of sticky point curves and

99 sticky regions of general food powders is given in Figure 1. In moisture content vs. temperature  
100 coordinates, the sticky point (or stickiness) curve provides a sharp boundary between the sticky  
101 region below the curve, and the non-sticky region above the curve (2). Figure 1 shows that the  
102 granular non-sticky particles (below the lower boundary  $T_s$  curve) can be converted to sticky  
103 mass with increase in moisture content and increase in temperature. Further increase in moisture  
104 content or temperature would ideally convert the sticky material to liquid state, crossing the  
105 upper boundary  $T_s$  curve. Previous research studies with coffee powder by Wallack and King (3)  
106 also revealed a stickiness curve with a change in moisture content. For Wallack and King (3)  
107 data, the lower boundary of the  $T_s$  curve (the non-sticky discrete particles), and the sticky region  
108 were considered as the sticky point curve.

109

110 Since its inception, sticky point temperature has been studied for various powder products, and it  
111 has been determined that stirring devices work best (9). In order to avoid tedious manual stirring,  
112 Brennan et al. (19) used a motor-driven stirrer. In a study by Hennigs et al. (20), a DC-motor  
113 driven stirrer was applied to a sample at 38 rpm. To eliminate the several disadvantages of the  
114 traditional  $T_s$  method, such as excessive evaporation, tedious manual stirring, fragile glass  
115 apparatus, as well as using dangerous mercury compounds, the traditional method of  $T_s$   
116 measurement should be modified with a more sophisticated approach. Thus, the objectives of  
117 this study were: (i) To develop a new method to measure sticky point temperature ( $T_s$ ) using a  
118 semi-automated rheometer. (ii) To validate vis-à-vis the coffee powder sticky point temperature  
119 ( $T_s$ ) data obtained by using the new rheometer method with the previously published research of  
120 Wallack and King (3). (iii) To developed a regression model for predicting sticky point  
121 temperature ( $T_s$ ) as a function of moisture content.

122

## 123 **MATERIALS AND METHODS**

124

### 125 *Sample Collection and Preparation*

126

127 Commercial Arabica plantation coffee powder, with an initial moisture content of 6.5 % (db),  
128 was procured from market (Walmart Stores, SD). Moisture content analysis was carried out  
129 using an AACC standard method (21). Similar results for coffee powder moisture content were  
130 found by Ramalakshmi et al. (22) for Arabica variety. The coffee variety that was used by  
131 Wallack and King (3) is not reported clearly. Hence, we could not match the coffee variety of the  
132 test samples with Wallack and King (3). The coffee powder samples were then prepared for  
133 experimentation by drying to about 0% moisture content (db) (this was achieved by drying the  
134 coffee powder for 8 hours at 50°C), and then adding amounts of water to achieve specific  
135 moisture contents of 4, 6, 8, 10, 12, 14, 16, 20, and 25 % (db). After moisture adjustment, the  
136 samples were stored at room temperature ( $24 \pm 1^\circ\text{C}$ ). For each moisture content,  $T_s$  measurement  
137 was performed twice (i.e.  $n = 2$ ).

138

### 139 *$T_s$ Measurement*

140

141 The traditional method of sticky point temperature measurement used a glass apparatus and a  
142 propeller with pointed, flat wedge tips.  $T_s$  measurement using the traditional glass apparatus is  
143 shown in studies carried out by Papadakis and Bahu (5) and Wallack and King (3). The powder  
144 sample was placed in a glass tube where the propeller was inserted and then mechanically stirred.  
145 The glass tube was then placed in a water bath. In order to avoid moisture evaporation, a  
146 mercury seal was used. The water bath temperature was then raised about  $1^\circ\text{C}$  every 3 min (at

147 temperatures far below the sticky point temperature but for temperature near the actual sticky  
148 point temperature the water bath temperature rise was about 1°C every 5 min). Heating was done  
149 slowly so that the powder temperature remained in equilibrium with the bath temperature. The  
150 propeller was generally turned manually ¼ revolution every other second. In order to ensure  
151 proper contact between the powder and the propeller, the sample tube was tapped periodically.  
152 At some points, as the bath temperature increased the force required to stir the sample drastically  
153 increased (i.e., a critical point was reached). The particular temperature (for a given moisture  
154 content) at which the force required to stir the sample increased is known as sticky point  
155 temperature (Ts). Detailed further discussions of Ts measurement can be obtained from Wallack  
156 and King (3) and Papadakis and Bahu (5).

157

158 Although never done before, to measure Ts in this study, we used a rheometer (Viscoanalyzer,  
159 ATS Rheosystems, Bordentown, NJ) with a cup and vane tool arrangement. The vane tool was a  
160 4 blade stirrer (model 4/13.5, Viscoanalyzer, ATS Rheosystems, Bordentown, NJ) made of  
161 stainless steel with a stress coefficient of  $4.15 \times 10^4$  Pa/N·m, strain coefficient of 0.93 1/s/rad,  
162 and inertia of  $2.05 \times 10^7$  kg·mm. The vane tool was inserted into the heated sample cup (model  
163 CC25, Viscoanalyzer, ATS Rheosystems, Bordentown, NJ). Figure 2 provides a pictorial view of  
164 the experimental set up used in this study. Figure 3 illustrates the 4 blade vane attachment, with  
165 dimensions of 36.79 mm (length) × 6.78 mm (width) (the shaft of the propeller was 105.63 mm  
166 in length) as it is being inserted into the cylindrical sample cup (which had an internal diameter  
167 of 26.68 mm, external diameter of 32.58 mm, and height of the 65 mm). Both the sample cup  
168 and the vane attachment were made of stainless steel. The sample cup was filled approximately  
169 50% full with the sample material, and then the vane tool was inserted into the cup.

170



171 The sample temperature was regulated with a thermostat that increased the cup temperature from  
172 20 to 80°C. The shear rate used was 0.25 1/s, and the increasing temperature rate was 2°C rise in  
173 every 3 min (or 0.67 °C/min), with an entire temperature span of 60°C. This combination of  
174 temperature, time, and shear rate was selected after preliminary trials with the coffee powder  
175 samples (data are not shown). As the traditional method, the temperature at which the torque  
176 showed a dramatic increase in value was identified as the sticky point temperature. Torque is a  
177 measurement for twisting forces or tendency for force to rotate an object on axis.

178

### 179 *Data Analysis*

180

181 Statistical regression modeling and analysis using SAS software (SAS Institute, Carry, NC) were  
182 performed to obtain the best fit model to predict Ts as a function of moisture content. Graphs  
183 were produced using MS Excel (v. 2003) software.

184

### 185 *Validation of Ts Data*

186

187 To examine the validity of rheometry as an appropriate means to quantify sticky point  
188 temperature, we compared our results with that of Wallack and King (3), where the traditional  
189 glass apparatus was used to measure coffee powder sticky point temperature.

190

## 191 **RESULTS AND DISCUSSION**

192 The sticky point temperature (Ts) curve for coffee powder samples used in this study is  
193 presented in the Figure 4. We had two replications for each moisture contents and can clearly  
194 observe that the Ts readings were very close for both the replications. This indicates that our

195 rheometer-based Ts measurement procedure was fairly precise. Figure 4 presents the Ts data  
196 from Wallack and King (3) superimposed with our data. For Wallack and King, the range of  
197 moisture contents for their coffee powder samples was from 4% (db) to 14% (db). However, for  
198 our coffee powder samples, moisture contents ranged from 4% (db) to 25% (db). This was  
199 purposely done to understand and evaluate the Ts curve for a higher range of moisture contents.  
200 The Ts curve as reported by Wallack and King (3) (Figure 4), showed a fairly linear pattern until  
201 ~ 7% (db) moisture content, and then there was a non-linear decrease in the Ts values as the  
202 moisture content increased up to 14 % (db). Almost similar results were observed for our coffee  
203 powder samples, as indicated in Figure 4. From Figure 4 we also observe that for moisture  
204 contents higher than ~15% (db) there was little change in the resulting Ts, and as the moisture  
205 content increased the curve remained almost unchanged with less decrease in Ts values..

206

207 From Figure 4 , we clearly note that as the moisture content of the coffee powder increased, the  
208 Ts decreased, which indicates that the coffee powder has greater tendency to stick (at the lower  
209 temperature regions) and create flow problems. This typical Ts curve confirms that for low  
210 moisture contents (<15% (db)) if only the temperature is raised high above 40°C, then the  
211 particle–particle cohesion takes place which triggers stickiness in coffee powder. On the other  
212 hand, for moisture contents (>15 % (db)) particle cohesion was observed for temperature  
213 between 30 to 40°C. Ts decreased significantly for lower moisture levels (<15% , db) because  
214 increase in water would facilitate more in liquid mobile bridge formation which is the main  
215 cause of particle cohesion, and stickiness at lower temperatures. Thus, it was confirmed that Ts is  
216 an inverse function of moisture content. A similar result was observed by Lazar et al. (18) for  
217 spray dried tomato powders. Stickiness is a major constraint that limits the spray drying of  
218 various sugar-rich foods. High hygroscopicity of amorphous powders increases the solubility of  
219 the sugars with temperature, and therefore a lower melting point and glass transition temperature

220 region is observed, contributing to stickiness in powders. The presence of sugar molecules in  
221 food powders may keep the product in the liquid/syrup state, instead of a complete dried powder  
222 form, which may further contribute to powder stickiness (18).

223

224 It has been shown in previous reports that  $T_s$  and  $T_g$  (glass transition temperature) are very  
225 closely correlated, and both can be used to assess stickiness of powder materials (8). More  
226 details can be found in Ozmen and Langrish (8), Roos and Kharel (23), Adhikari et al. (24), and  
227 Werner et al. (25). Figure 4 presents the validation of rheometer-based  $T_s$  curve for coffee  
228 powder vis-à-vis Wallack and King's data (3). We can clearly see that the data produced by our  
229 method showed very close results to those of Wallack and King (3). The rheometer-based  $T_s$   
230 measurement used sophisticated computer software and generated the torque values  
231 automatically, so the rheometer method resulted in higher precision than the traditional glass  
232 apparatus method, where there was no automation involved in the procedure.

233

234 After examining coffee powder  $T_s$  as a function of moisture content, and validating our  $T_s$  data  
235 with that of Wallack and King (3), we moved one step further, and obtained a single regression  
236 model that could predict  $T_s$  for all moisture contents. As shown in Table I, all models worked  
237 well, but a power law of regression equation was best to predict  $T_s = f(\text{moisture content})$ , with an  
238  $R^2$  value of 0.97 and very low standard error of the mean (SEM) value of 2.73. The  
239 corresponding plot of this regression model for predicted  $T_s$  vs. observed  $T_s$  is illustrated in  
240 Figure 5. From Table I, we observe that for the polynomial regression equation, the  $R^2$  was high  
241 (0.99), but this model was not selected as optimal due to the extremely high SEM value.  
242 Although not examined in this study, for glass transition temperature ( $T_g$ ), the Gordon-Taylor  
243 model (26) can be used to predict  $T_g = f(\text{moisture content})$ .

244

## 245 **CONCLUSIONS**

246

247 This study establishes a new method for measuring sticky point temperature (Ts) using a  
248 rheometer. This method has several obvious advantages over the traditional method. This  
249 procedure is more automated, fast, easy to handle, more precise than the traditional process, and  
250 does not rely on a glass apparatus or mercury seals. Our research also validates Ts data over  
251 varying moisture contents with previously published research on coffee powder. This innovative  
252 approach should help the food and powder industries to measure Ts more efficiently.. More  
253 validation studies with other food samples should be done to test the effectiveness of this  
254 procedure.

255

## 256 **ACKNOWLEDGEMENTS**

257

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262

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329

330

## 331 **Disclaimer**

332

333 Mention of trade name, propriety product or specific equipment does not constitute a  
334 guarantee or warranty by the United States Department of Agriculture and does not imply  
335 approval of a product to the exclusion of others that may be suitable.

336

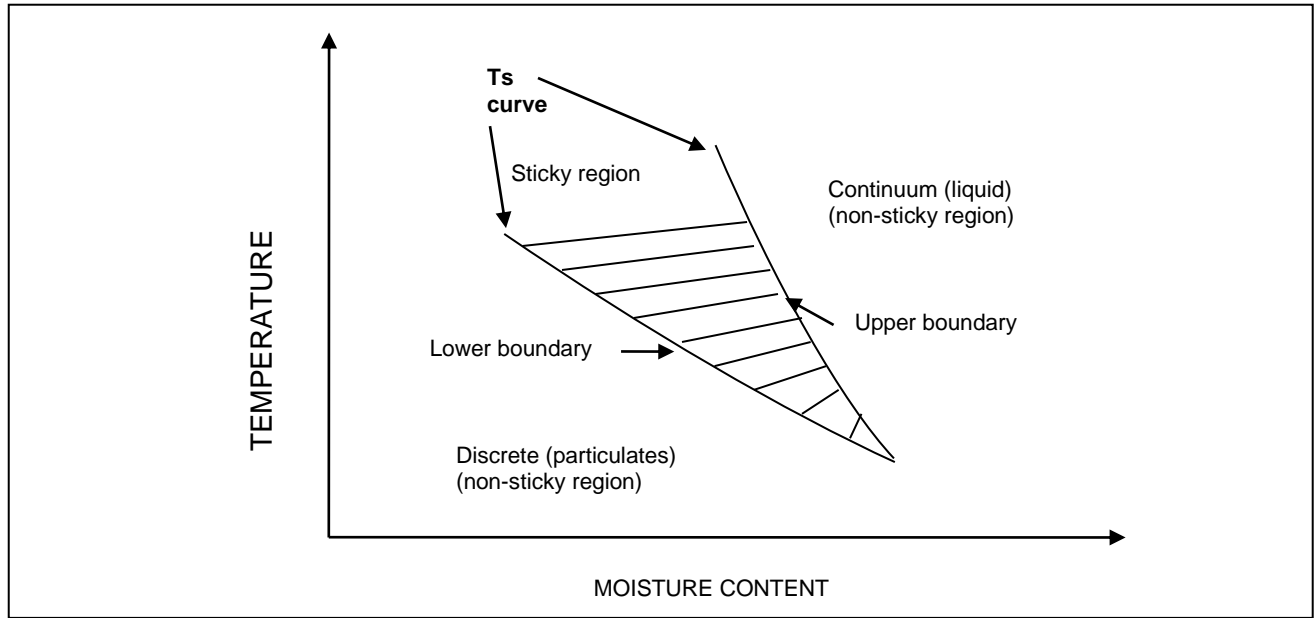
337

**Table 1: Regression modeling results for predicted  $T_s = f(\text{moisture content})$ .<sup>†</sup>**

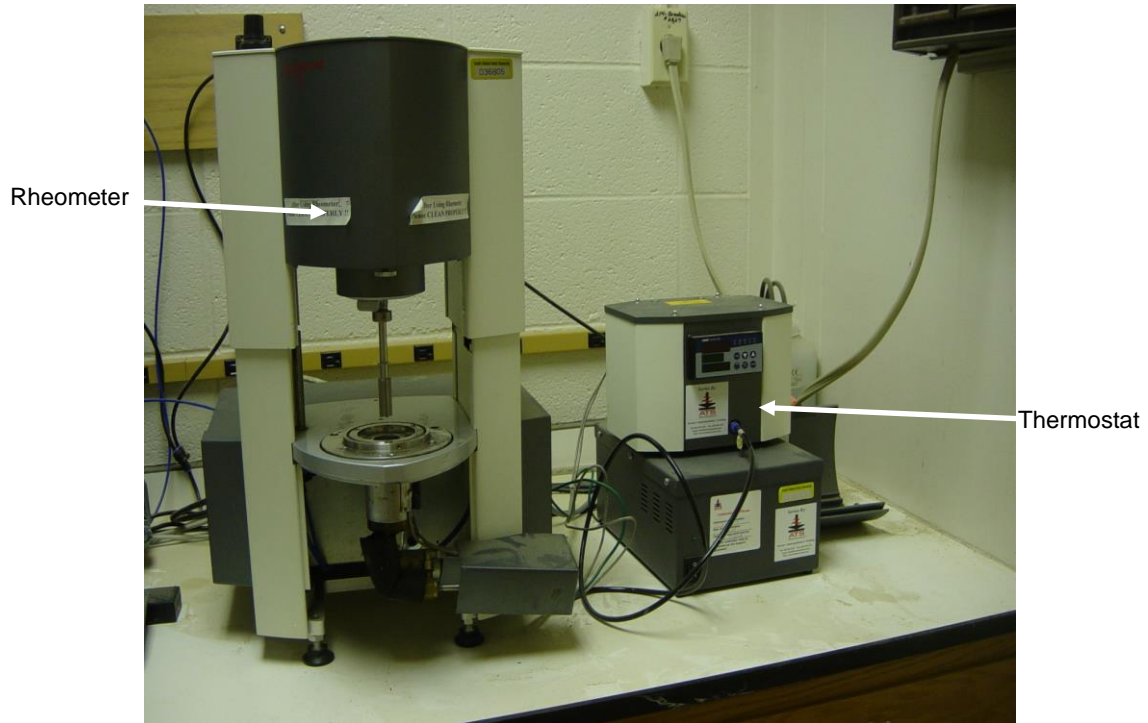
Model	Type of model	Model Performance		Parameters Estimates				
		R <sup>2</sup>	SEM	A	b	c	d	e
1 $y=ax^{(b)}$	Power law	0.97	2.73	248.12	-0.77			
2 $y=ae^{(bx)}$	Exponential	0.94	4.70	107.54	-0.09			
3 $y=ax^4+bx^3+cx^2+dx+e$	Polynomial	0.99	689.60	-0.03	0.90	-0.92	26.47	77.88

<sup>†</sup> Where y is predicted  $T_s$ ; x is moisture content (% db); SEM is standard error of the mean; a, b, c, d, and e are the estimated model parameters;  $\alpha=0.05$ .

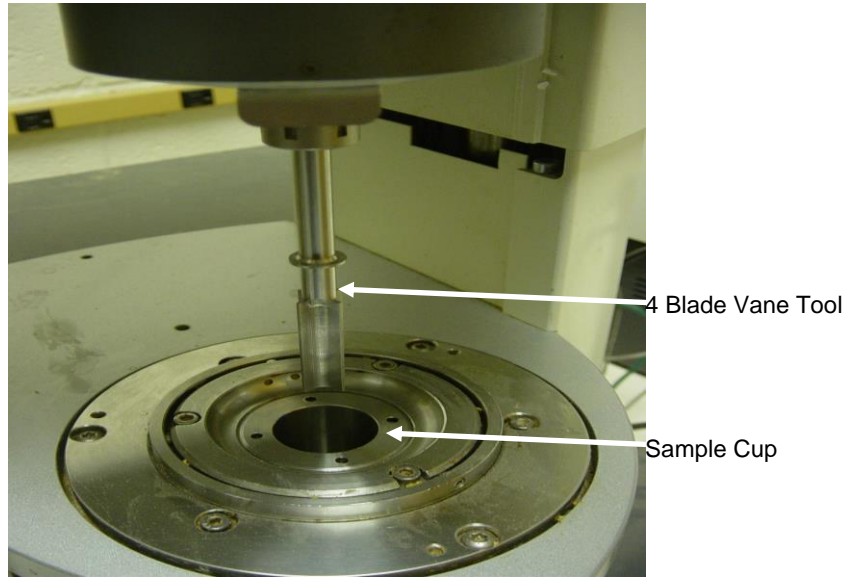




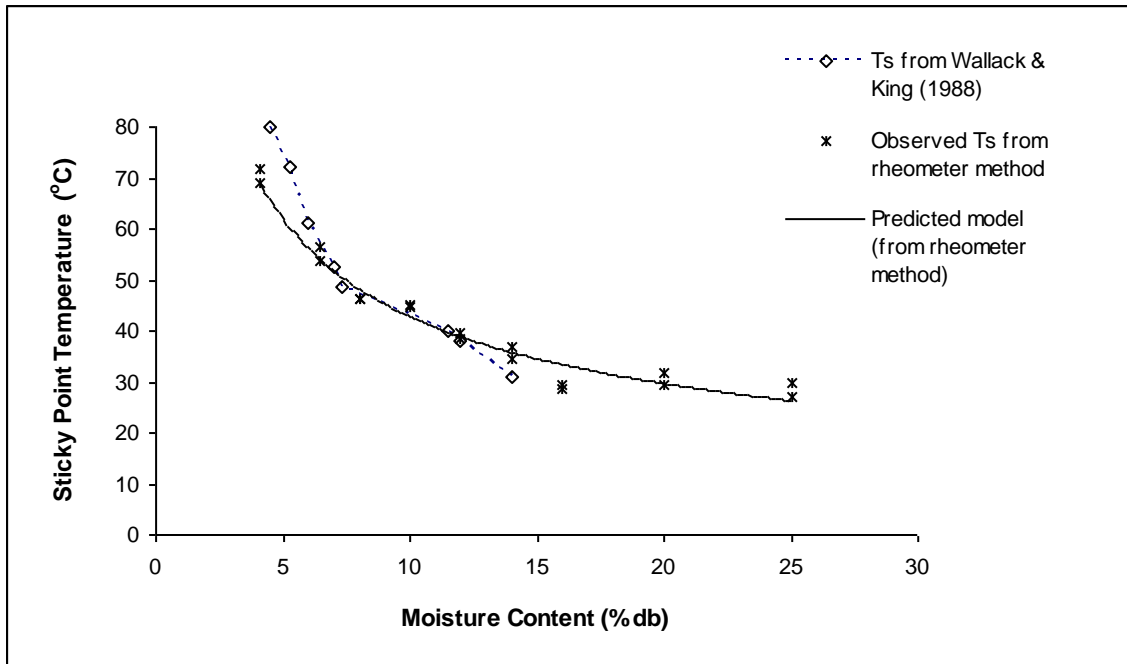
**Figure 1**



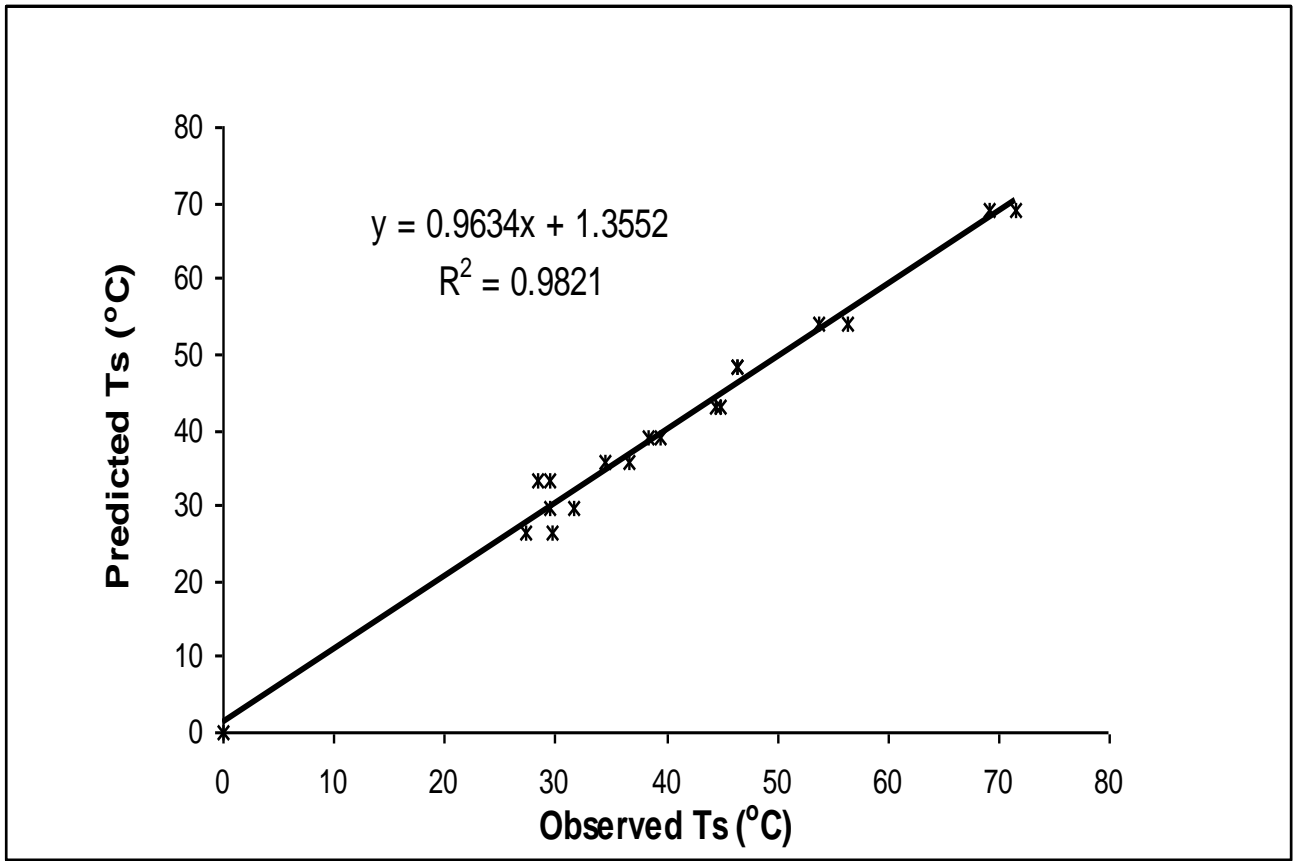
**Figure 2**



**Figure 3**



**Figure 4**



**Figure 5**

## Figure Captions

**Figure 1:** Typical sticky region and sticky point temperature (Ts) curves for food products, based on Kudra (2). For this study, non-sticky (discrete particles), lower boundary (Ts curve), and sticky region is considered for measurement purposes.

**Figure 2:** Experimental set up used in this study to measure the sticky point temperature (Ts) with a rheometer.

**Figure 3:** View of the 4 blade vane tool being inserted into the sample cup for Ts measurement.

**Figure 4:** Comparison of Wallack and King (3) coffee powder data with Ts data obtained using the rheometer in this study. Predicted Ts= f (moisture content) using a power law regression equation (model 1, Table I),  $R^2 = 0.97$ , SEM= 2.73.

**Figure 5:** Relationship between observed Ts and predicted Ts for coffee powder.