

# A Comprehensive Review of Annual Reports from Community Mental Health Centers in Kansas



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# Pawnee Mental Health Services (PMHS)

- History
- Structure
  - Catchment area
  - Board of Directors
  - Funding
- Services provided
- Robbin W. Cole & Deanna J. Hall

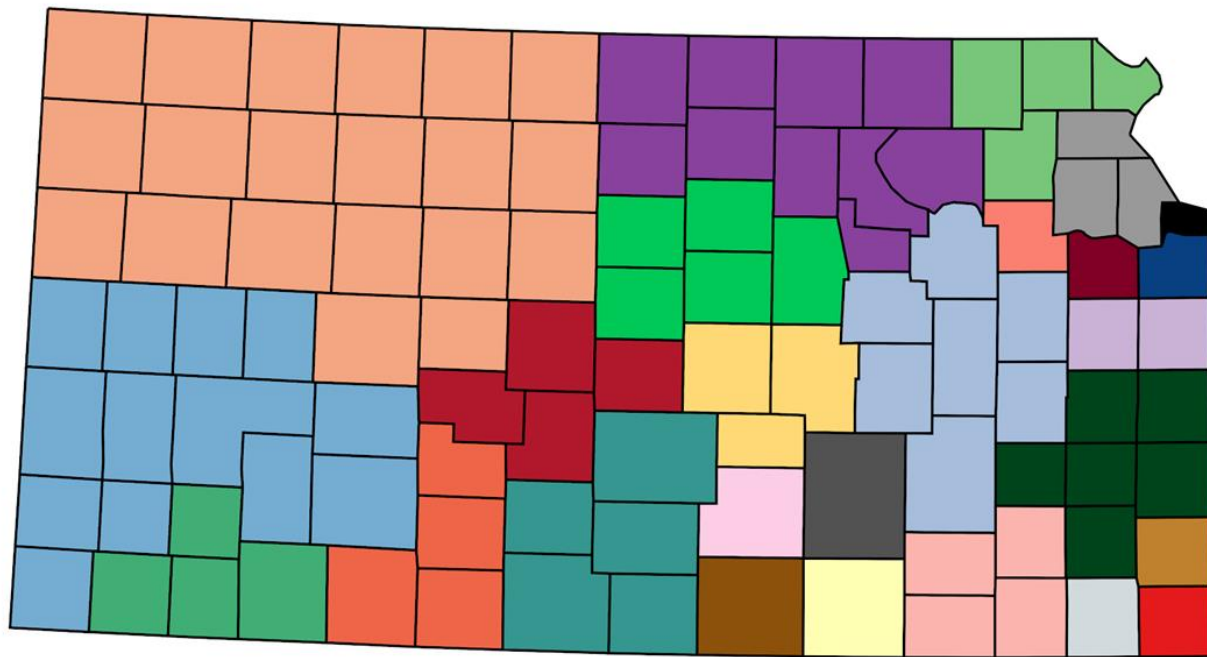


# Community Mental Health Centers (CMHCs)

- 26 in Kansas
  - At least one in each county
- Funding
  - Community Mental Health Act
    - Mental Health Block Grants
  - KDADS
- Structure
  - Board of Directors
  - Catchment areas

# CMHCs in Kansas

- Compass Behavioral Health
- High Plains Mental Health
- Southwest Guidance Center
- Iroquois Center for Human Development
- Horizons Mental Health Center
- The Center for Counseling and Consultation
- Central Kansas Mental Health Center
- Prairie View
- Comcare of Sedgwick County
- Sumner Mental Health Center
- Labelle Center for Mental Health Services
- South Central Mental Health Counseling Center
- Pawnee Mental Health Services
- Kanza Mental Health & Guidance Center
- Crosswinds Counseling & Wellness
- Family Service & Guidance Center; Valeo Behavioral Healthcare
- Wyandot Center for Community Behavioral Healthcare
- Johnson County Mental Health Center
- Bert Nash Mental Health Center
- Elizabeth Layton Center
- Southeast Kansas Mental Health Center
- Spring River Mental Health & Wellness
- CMHC of Crawford County
- Four County Mental Health Center
- The Guidance Center



# Mental Health

- Mental health in the United States
  - CMHCs role in care
- Barriers to mental health care
  - Lack of financial resources
  - Underinsured or uninsured
  - Stigmatization

# Learning Objectives

1. To develop a comprehensive report that summarizes the activities and populations served at PMHS.
2. To increase knowledge about the informal and formal structural processes at PMHS that create an environment for a successful community mental health center.
3. To effectively communicate the agency mission and vision to clients, community stakeholders, and staff.

# Project Description

- Annual reports review
  - Great variety
- Data analysis
  - Results
- Design of annual report
  - Adobe InDesign

# Results



| CMHC Title   | Annual Report Received | Annual Report on Website? | # of Years Present |
|--|------------------------|---------------------------|--------------------|
| Bert Nash Community Mental Health Center, Inc.           | Y                      | Y                         | 5                  |
| Central Kansas Mental Health Center                      | Y                      | Y                         | 1                  |
| Comcare of Sedwick County                                | Y                      | Y                         | 1                  |
| Community Mental Health Center of Crawford County        | n/a                    | n/a                       | -                  |
| Compass Behavioral Health                                | N                      | N                         | -                  |
| Crosswinds Counseling & Wellness                         | Y                      | N                         | -                  |
| Elizabeth Layton Center                                  | Y                      | Y                         | 4                  |
| Family Service & Guidance Center                         | Y                      | Y                         | 6                  |
| Four County Mental Health Center                         | N                      | N                         | -                  |
| High Plains Mental Health Center                         | Y                      | N                         | -                  |
| Horizons Mental Health Center                            | Y                      | Y                         | 2                  |
| Iroquois Center for Human Development, Inc.              | Y                      | N                         | -                  |
| Johnson County Mental Health Center                      | N                      | N                         | -                  |
| Kanza Mental Health & Guidance Center                    | Y                      | Y                         | 1                  |
| Labette Center for Mental Health Services                | N                      | N                         | -                  |
| Pawnee Mental Health Services                            | Y                      | Y                         | 2                  |
| Prairie View, Inc.                                       | Y                      | Y                         | 1                  |
| South Central Mental Health Counseling Center, Inc.      | Y                      | Y                         | 3                  |
| Southeast Kansas Mental Health Center                    | N                      | N                         | -                  |
| Southwest Guidance Center                                | N                      | N                         | -                  |
| Spring River Mental Health & Wellness, Inc.              | N                      | N                         | -                  |
| Sumner Mental Health Center                              | N                      | N                         | -                  |
| The Center for Counseling and Consultation               | n/a                    | n/a                       | -                  |
| The Guidance Center, Inc.                                | Y                      | Y                         | 15                 |
| Valeo Behavioral Healthcare                              | N                      | N                         | -                  |
| Wyandot Center for Community Behavioral Healthcare, Inc. | Y                      | Y                         | 4                  |

# Annual Reports from CMHCs in Kansas

Y = yes  
n/a = do not produce  
N = no

Telephone  
calls to 14  
CMHCs

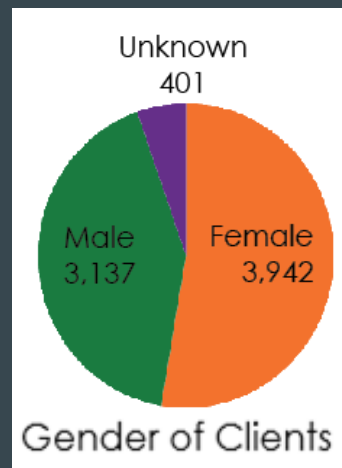
|   | Automated Answering? | Rating of call | Rating of CMHC |
|---|----------------------|----------------|----------------|
| Community Mental Health Center of Crawford County | N                    | 3              | 4              |
| Compass Behavioral Health                         | N                    | 4              | 4              |
| Crosswinds Counseling & Wellness                  | Y                    | 5              | 5              |
| Four County Mental Health Center                  | N                    | 4              | 4              |
| High Plains Mental Health Center                  | N                    | 3              | 4              |
| Iroquois Center for Human Development, Inc.       | N                    | 4              | 4              |
| Johnson County Mental Health Center               | Y                    | 3              | 4              |
| Labelle Center for Mental Health Services         | N                    | 3              | 3              |
| Southeast Kansas Mental Health Center             | N                    | 4              | 4              |
| Southwest Guidance Center                         | N                    | 3              | 3              |
| Spring River Mental Health & Wellness, Inc.       | N                    | 5              | 4              |
| Sumner Mental Health Center                       | Y                    | 4              | 4              |
| The Center for Counseling and Consultation        | N                    | 5              | 5              |
| Valeo Behavioral Healthcare                       | Y                    | 4              | 4              |

Y = yes  
N = no

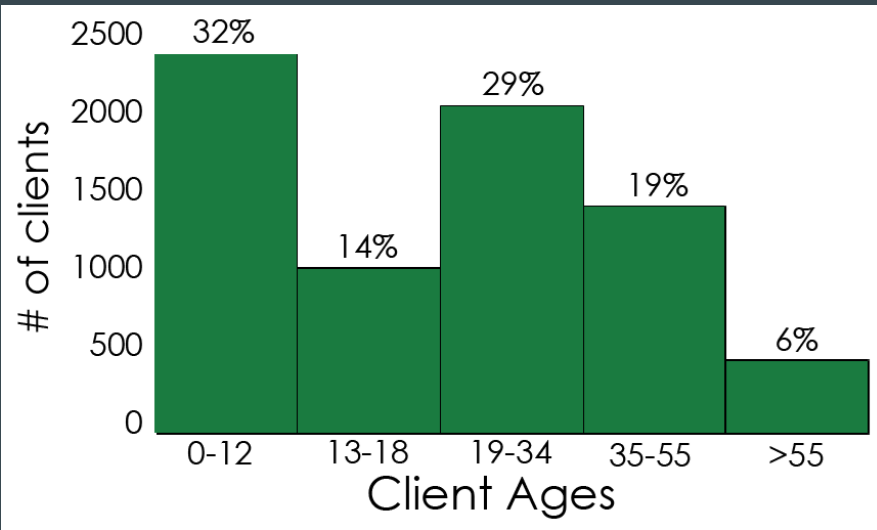
| County           | # of Clients | % of Clients |
|------------------|--------------|--------------|
| Clay             | 342          | 4.57         |
| Cloud            | 561          | 7.50         |
| Geary            | 1839         | 24.59        |
| Jewell           | 104          | 1.39         |
| Marshall         | 448          | 5.99         |
| Mitchell         | 213          | 2.85         |
| Pottawatomie     | 492          | 6.58         |
| Republic         | 157          | 2.10         |
| Riley            | 2557         | 34.18        |
| Washington       | 158          | 2.11         |
| Out of Catchment | 609          | 8.14         |
| <b>Total</b>     | <b>7,480</b> |              |

| Diagnosis                      | # of Clients | % of Clients |
|--------------------------------|--------------|--------------|
| A/D Related                    | 6            | 0.08         |
| Anxiety                        | 144          | 1.93         |
| Childhood related              | 289          | 3.86         |
| Dementia and related disorders | 2            | 0.03         |
| Depressive                     | 291          | 3.89         |
| Mood                           | 250          | 3.34         |
| Obsessive/compulsive           | 17           | 0.23         |
| Other                          | 5            | 0.07         |
| Psychotic disorder(s)          | 154          | 2.06         |
| Unknown                        | 6,322        | 84.52        |
| <b>Total</b>                   | <b>7,480</b> |              |

| <b>Program</b>       | <b># of Clients</b> |
|----------------------|---------------------|
| Recovery Services    | 1,385               |
| Youth Rehabilitation | 658                 |
| Adult Rehabilitation | 383                 |
| Crisis Services      | 1,716               |
| Medical Services     | 2,943               |
| Therapy Services     | 4,365               |

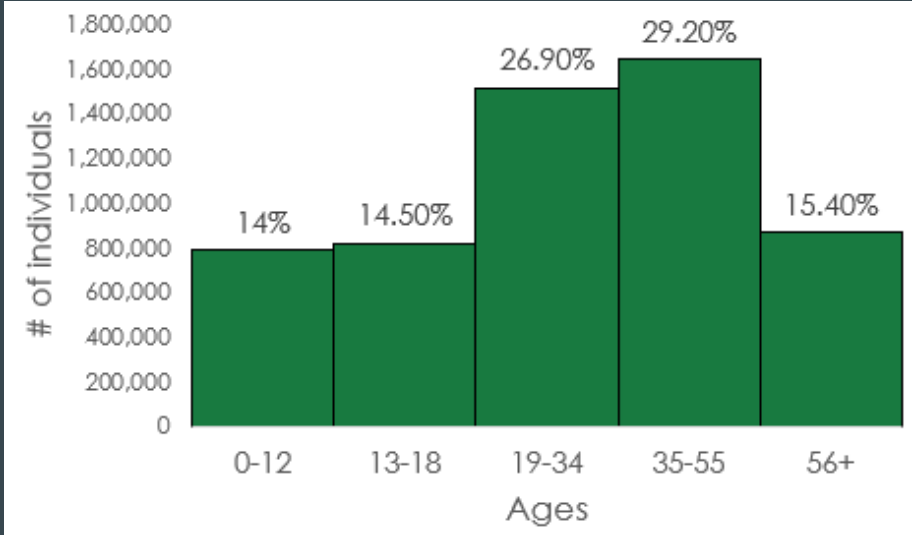


| <b>Race</b>                   | <b># of Clients</b> | <b>% of Clients</b> |
|-------------------------------|---------------------|---------------------|
| American Indian/Alaska Native | 717                 | 9.59                |
| Asian                         | 53                  | 0.71                |
| Black                         | 466                 | 6.23                |
| White                         | 4,002               | 53.50               |
| Other/Unknown                 | 2,242               | 29.97               |
| <b>Total</b>                  | <b>7,480</b>        |                     |



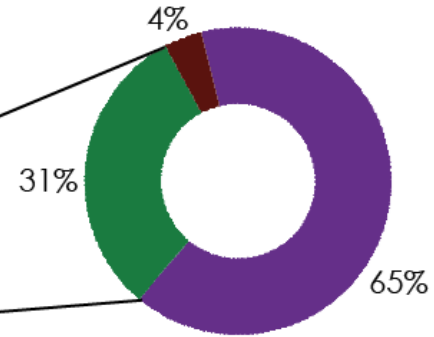
**Pawnee Age Dispersal, FY18**

**National Age Dispersal, 2016**



## REVENUE/INCOME

|  |                     |
|--|---------------------|
| Client Fees                                  | \$12,417,363        |
| Allowance for fee adjustments/uncollectables | (\$4,379,364)       |
| Miscellaneous Income                         | \$532,071           |
| <b>Public Support</b>                        |                     |
| State/Federal Funding                        | \$2,464,385         |
| County Funding                               | \$1,044,693         |
| Local Funding                                | \$261,752           |
| <b>TOTAL</b>                                 | <b>\$12,340,900</b> |



## EXPENSES

|                     |                     |
|---------------------|---------------------|
| Salaries & Benefits | \$9,930,981         |
| Operational Costs   | \$2,843,300         |
| <b>TOTAL</b>        | <b>\$12,774,281</b> |

| Grant Name  | Grant Award Amount |
|---|--------------------|
| <b><u>Philanthropic Grants</u></b>                |                    |
| Blue Cross Blue Shield of Kansas                  | \$2,000            |
| Caroline Peine Charitable Foundation              | \$52,969           |
| Dane G. Hanson Foundation                         | \$19,137           |
| Greater Manhattan Community Foundation            | \$6,750            |
| Howe Family Foundation                            | \$26,000           |
| Lincoln W. and Dorothy I. Deihl Endowed Fund      | \$9,750            |
| Tower Mental Health Foundation                    | \$11,554           |
| We Are Wamego                                     | \$1,000            |
| <i>Sub total</i>                                  | \$129,160          |
| <b><u>Governmental Grants</u></b>                 |                    |
| City of Manhattan - 2018 Special Alcohol Funds    | \$60,000           |
| City of Manhattan - Community Block Grant         | \$27,450           |
| Kansas Department for Aging & Disability Services | \$43,753           |
| PATH Grant  |                    |
| Kansas Department of Transportation               | \$29,225           |
| <i>Sub total</i>                                  | \$131,203          |
| <b>GRAND TOTAL</b>                                | <b>\$289,588</b>   |

# Annual Report



## Dur Services

### MEDICAL

2,943 clients served

- Medication Evaluation
- Medication Management
- Tele-medicine to Rural Communities

### COMMUNITY

1,041 clients served

#### Youth Rehabilitation Services

- Community Psychiatric Support and Treatment
- Individual and Group Psychosocial Rehabilitation
- Independent Living Skills Building
- Family Support and Education
- Short-term Respite Care
- Targeted Case Management
- Wraparound Facilitation
- Attendant Care

#### Adult Rehabilitation Services

- Community Psychiatric Support and Treatment
- Individual and Group Psychosocial Rehabilitation
- Targeted Case Management
- Benefit Specialist
- Attendant Care
- Peer Support

### CRISIS

1,716 clients served

- Screening and assessment of children/adults to state psychiatric hospitals or inpatient psychiatric units
- 2 licensed co-responders working with the Riley County Police Department
- Pre-admission Screening and Resident Review for continued stay at Nursing Facilities for Mental Health
- Court requested competency evaluations
- Crisis stabilization services for youth and adults
- Crisis house for youth in Junction City and Concordia
- Forensic interviews for Child Advocacy Centers
- Critical Incident Stress Management Team
- Provide Community Based Service Team meetings for Psychiatric Residential Treatment Facility Admissions and ongoing threatment plans
- Working towards completion of the Crisis Stabilization Center in Manhattan, KS

### TRAINING & EDUCATION



Mental Health First Aid is a public education program that teaches you how to identify, understand, and respond to signs of mental illnesses and substance use disorders. This 8-hour training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. For more information on a class near you, please contact us at 785.587.4300 or mhfa@pawnee.org.

### THERAPY & RECOVERY

Mental Health 4,365 clients served

- Individual, Marital, Family, and Group Therapy
- Competency to Stand Trial Evaluations
- Psychological Evaluations

#### Substance Use

- Individual, Family, and Group Substance Use Treatment
- Alcohol and Drug Screening and Referral
- Alcohol and Drug Evaluation and Drug Treatment
- Alcohol and Drug Information School (ADIS)
- Anger Evaluation
- Domestic Violence Assessment
- Batterer Intervention Program (BIP)
- Anger Management Group

### EMPLOYEE ASSISTANCE PROGRAM (EAP)

Our Employee Assistance Program is an agreement between an organization or company & Pawnee Mental Health Services to provide assessment and referral in order to help employees and their families deal with problems that affect their personal lives and/or job performance. The EAP is free to employees and immediate family members. Businesses sign up for EAP services with us and payment is based on the number of employees. For further information please call us at 785.587.4300 or email us at deanna.hall@pawnee.org.

### DIVORCE & CHILDREN'S NEEDS

Divorce and Children's Needs teaches parents how to help their children navigate the difficulties associated with divorce.

12 Divorce & Children's Needs classes offered  
92 parents served

### BASIC Parenting

Basic Parenting is a course based on the National Extension Parents Education of Critical Parenting Practices.

2 Basic Parenting classes offered

### MARKETING

Staff represented the agency at health/wellness fairs, on community boards and committees, and gave presentations in person, print, and broadcast media.

#### Pawnee recognized:

World Suicide Prevention Day  
International Survivor of Suicide Loss Day

#### All our counties declared:

May as Mental Health Month  
September as Recovery Month

## Management Team

Pawnee is directed by an Executive Director and a management team which is responsible for program services across all ten counties served by Pawnee.



Robbin Cole, LCSW  
Executive Director



Padma Lassi, MD  
Medical Director



Robert Hanson, BS  
Chief Financial Officer



Adam McCaffrey, LCSW, LCAC  
Therapy & Recovery Services Director



Karen Smothers, LCSW, LCAC  
Assistant Director, Clinical Director



Shell Schaffler, LMSW  
Community Services Director



Camber Boland  
Human Resources Director



Matt Myers, LCSW, LMHC  
Crisis Services Director

"My first impression was safe and secure. I felt I was in the right place to help deal with my depression."

- Anonymous Client

## PLEASE SUPPORT US

Yes! I want to contribute to the work of Pawnee Mental Health Services by GIVING!

I will support by pledging a gift of \$ \_\_\_\_\_  My company will match my gift.

- Full Pledge Amount, Check Enclosed  
(Payable to Pawnee Mental Health Foundation, PO Box 164, Manhattan, KS 66505-0164)
- Credit Card  CC# \_\_\_\_\_ Exp Date \_\_\_\_/\_\_\_\_/\_\_\_\_ CVC \_\_\_\_\_
- Donate online at [www.pawnee.org/contribute-to-pawnee](http://www.pawnee.org/contribute-to-pawnee)

Donor Name(s) \_\_\_\_\_  
Please print name(s) exactly as you would like them to appear in recognition materials.

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Email Address \_\_\_\_\_ Phone Number \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_



Please check here if you DO NOT want your name used in recognition materials.  
All contributions are tax-deductible.

# Competencies

# Competency #4: *Interpret results of data analysis for public health research, policy, or practice.*

- Data analysis
- Many potential interpretations
  - Diverse audience

| <b>County</b>    | <b># of clients</b> |
|------------------|---------------------|
| Clay             | 342                 |
| Cloud            | 561                 |
| Geary            | 1,839               |
| Jewell           | 104                 |
| Marshall         | 448                 |
| Mitchell         | 213                 |
| Pottawatomie     | 49                  |
| Republic         | 157                 |
| Riley            | 2,161               |
| Washington       | 158                 |
| Out of Catchment | 609                 |

| <b>County</b>    | <b># of Clients</b> | <b>% of Clients</b> |
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# Competency #13: *Propose strategies to identify stakeholders and build coalitions and partnerships for influencing public health outcomes.*

- Marketing materials influence public health outcomes
  - Annual Report
- Strategies
  - Use of client quotes or stories
  - Tagline of Pawnee Mental Health Services
  - Grant acquisition

# Competency #14: *Advocate for political, social, or economic policies and programs that will improve health in diverse populations.*

- Kansas Association of CHMCs Advocacy Day
- Meeting KS Legislators
  - Agenda: Mental Health 2020



Left: Myself, Rep. Susan Carlson, Deanna Hall

Right: Myself, Diane Hinrich, Rep. Tom Phillips, Deanna Hall, Morgan Mitchiner

# Competency #19: *Communicate audience-appropriate public health content, both in writing & through oral presentation.*

- Oral presentation
  - Culmination of phase one
  - How effective have other CMHCs been in displaying data
- Written publication
  - Services pages of annual report
  - Tables and graphs in annual report

# Competency #21: *Perform effectively on interprofessional teams.*

- My Pawnee team
  - Robbin Cole
  - Deanna Hall
- Pawnee employees



# Emphasis Area Competencies

- #1 Pathogens or pathogenic mechanisms
  - HIV/AIDS & HAND
- #3 Environmental or Ecological influences
  - Homeless populations
- All of the emphasis area competencies were covered in my classwork, specifically:
  - #2: BIOL890 & DMP802
  - #4: DMP854
  - #5: DMP810

**Questions?**