It was Madame that said, "An ounce of taffy is worth a pound of chitlins." There is one thing we can all do. That which we all keep stored away as if we were saving it for some great emergency, as if we were afraid in any way to make use of it, and this is true ability to praise.

Why is it that we are not willing to give praise where praise is due? Surely we are always ready and willing to find faults and deficiencies. How much better it would be if we were only half as willing to praise what is good and noble in those around us. When one has accomplished some end and has been successful in some undertaking worked hard and faithfully for some time that has been attained it is nothing more than right that he should be praised for his perseverance in these new energies. It makes me, a great deal more, glad to see him rise to higher ambitions, a determination to do still better the next.
time, with the thought never to return again to the old standard. What has been done may be very little, but if it deserves praise, and praise is given, there will be brighter hopes for the future. How often have we found this true in our daily life. Perhaps we are called upon to do something that we have never done before to fill some position that is strange and new to us, and when it is all said, some one may say "Well done" makes us happier for days. We are encouraged and strengthened in our efforts while on the other hand, if we were censured and blamed there would be no chance for growth.

We all have a wish for praise and naturally depend upon it more or less. The praise that does the most good is that which is given as if it were meant, given in such a way that we know that our efforts have been appreciated. That which comes when least expected is what we desire. The half hearted praise that is given as if it were
necessary, all from a civil duty we care nothing about. We often hear the ex-
pression "I've made fast" but these are mere compliments some forgotten har-
little effect compared with good honest
hearted praise.

There is nothing wrong in having this
love of praise it is really our duty to
live in such a manner that we may
attain the good striving of others. There
are some people having no faith in
themselves really need the encourage-
ment of others. Their fear of failure in
some attempt will almost make their
failure sure. Praise is what they expect
and if they do not get it they become dis-
heartened and discouraged. One of
the first Keats is said to have died
from lack of praise. His works were
not appreciated while he was living,
all praise being withheld until
after his death. Since that time his
works have become quite justly favor-
ably enjoyed by many. We dare not think
of what Keats might have attained
had he had full heard what I late
Heart has been said of his productions. On the other hand, there are those that praise has lifted to positions they had little thought of attaining. Even the words he speaks will inspire young men to an incentive to accomplish some purpose, and in the end he was made Chief Justice of the U.S., minister to France, and afterwards United States Senator. He has always claimed that those words were the turning point of his doing better.

I have found that was the case in admiration, hope and joy.

Possibly if admiration was given more freely there would be in some cases more to admire.

We need not wait till death comes then give our praises but in it and far better to give one word of cheer and commendation while our friends and associates are living. Then we may in some way help them their lives may be brightened by a few words that will cost us but little effort and surely it will do them more good than
all the pleasant things we may say after their death. I
There is nothing wrong in doing
The only thing we fear for the dead,
Saying kindly of those that have been
It is just better the remembrance dear.
It is natural that we should feel
what if you were not appreciated, to forget
all faults and to see nothing but
what has been good in their lives. But
Here death there are many whose
lives are spent; always sacrificing
and toiling for that which never waned
and goods of gratitude go thanks un-
til their death. Would it not be better
if part of this kindness was shown to
bonds of praise. While they were doing
their work would they not have felt
promoted to do more good and to gain
greater appreciation from those about them.
It seems that in every life there are
lines of discouragement when every
thing seems so "wrong." Then it is
That we may find opportunities to
help those about us by showing them
that we do appreciate their work. Perhaps by virtue of these opportunities to praise thus we may make it with them lives and someone freighter.

We know not how many plans may be slighted by our unwillingness to praise. In many families have been noticed that the children were given much of commendation. Their ambitions and desires are now encouraged and often quite the opposite. They are laughed at and criticized in every particular until they give up, disheartened and despairing to try again. While on the other hand, encouragement, praising their efforts, they may make better when and moment and perhaps be started on a good career.

There is no danger of one thinking too well of themselves as a whole and the opposite making their faults greater than their virtues.

Praise may be used in a manner and at such times that it
indeed becomes very disgusting. Was well as all things may be carried to excess, overdone, but as some one has said—"certainly moderate praise, used with opportunity, is far more blessed than work of error, or vulgarity, in that which doth the good."

Bertha Winchile.