

SUBJECT MATTER CONTENT IN UNITS IN HOME CARE OF THE SICK  
IN A HIGH SCHOOL HOME ECONOMICS COURSE

by

PATRICIA GILL

A. B., Phillips University, 1928

---

A THESIS

submitted in partial fulfillment of the

requirements for the degree of

MASTER OF SCIENCE

KANSAS STATE COLLEGE  
OF AGRICULTURE AND APPLIED SCIENCE

1934

LD  
2669  
.T4  
1934  
G51  
c 3

TABLE OF CONTENTS

	page
INTRODUCTION .....	1
METHOD OF PROCEDURE .....	2
TABLES .....	3
SUMMARY .....	52
RECOMMENDATIONS .....	55
ACKNOWLEDGMENT .....	59
APPENDIX .....	60

## INTRODUCTION

A two semester course in home economics is required of all girls graduating from senior high school in Enid, Oklahoma. It was formerly known as Home and Health but recently has been renamed, Home Craft. Three or four weeks of the first semester of the course are given to units in the home care of the sick. It has been the desire of those responsible for the organization and teaching of this course to make these units a valuable part of the course and meet the needs of the girls and their homes. A careful consideration of these units, as they were being taught, indicated that more definite information would be helpful concerning these needs and how well this part of the course had functioned up to the present time.

A review of the literature showed that no detailed curriculum study in regard to home care of the sick had been reported. However, in a number of instances, a few questions dealing with this phase of home economics had been included in home economics curriculum studies, but in every case the information secured was meager and often too limited to be of much help. A detailed study that would give more information was necessary.

The purpose of this study was:

1. To secure the reactions of the following groups toward the present course and what it should include: high school girls who had taken the course and were still in high school; mothers of these girls; former high school girls who had married since taking the course; and a number of physicians and registered nurses in Enid.

2. To determine the effectiveness of the present units in home care of the sick as indicated by the needs and interests of the pupils and by the use made of the material taught.

3. To make recommendations for the subject matter content of these units.

#### METHOD OF PROCEDURE

1. Checking lists were prepared and given to high school girls who had completed the Home Craft course the previous year and who were still in school, to mothers of these girls, to former high school girls who had taken the course and were married and in their own homes, and to physicians and registered nurses living in Enid. One hundred lists were checked and returned by the high school girls, sixty-one by the mothers, twenty-five by the married girls, twenty by the physicians, and thirty by the

registered nurses. (Appendix)

2. The data were tabulated, analyzed, and evaluated.
3. A comparison was made of the findings and the present course as taught.
4. A summary was made.
5. The information thus obtained was used as a basis for recommendations for the subject matter content in the units in health and home care of the sick.

#### TABLES

Table I. Ages of the Girls Who Checked the Questionnaire

A. As checked by the high school girl

Ages	16	17	18	19	21
Per cent	13	64	16	5	2

Table I shows 93 per cent of the girls were between the ages of 16 and 18. Seven per cent of the girls were between the ages of 19 and 21.

Table II. Common Illness Found in the Home

## A. As checked by the high school girl

	Per Cent		Per Cent
Colds	100	Typhoid	12
Measles	95	Pneumonia	12
Headache	89	Anemia	8
Mumps	82	Appendicitis	5
Whooping Cough	79	Diabetes	4
Ear Ache	73	Rheumatism	4
Tonsillitis	70	Poison Ivy	4
Chicken Pox	63	Indigestion	3
Influenza	59	Toothache	3
Constipation	46	Hives	3
Scarlet Fever	34	Fractures	2
Smallpox	28	Tuberculosis	2
Diphtheria	23	Mastoiditis	1
Sore Eyes	18	Neuritis	1

## B. As checked by mothers of high school girl

Measles	93	Mumps	82
Colds	85	Influenza	82

Tonsillitis	72	Poison Ivy	5
Chicken Pox	72	Indigestion	3
Whooping Cough	70	Tuberculosis	3
Septic Sore Throat	34	Paralysis	3
Scarlet Fever	31	Fractures	3
Smallpox	30	Sickness	
		Accompanying old age	2
Pneumonia	21	Confinement	2
Typhoid	11	Malaria	2
Appendicitis	10	Summer Complaint	2
Rheumatism	7	Hives	1

C. As checked by married girls

Colds	60	Typhoid	12
Measles	44	Pneumonia	12
Mumps	44	Boils	12
Chicken Pox	40	Scarlet Fever	8
Tonsillitis	36	Hives	8
Whooping Cough	32	Smallpox	4
Influenza	28	Diphtheria	4
Septic Sore Throat	20	Indigestion	4
Ear Ache	20	Heart Trouble	4

Table II shows that colds, measles, mumps, whooping cough, chicken pox, tonsillitis, and influenza were the illnesses found to be most common in the homes of the high school girls. Much lower percentages were found for the occurrence of these illnesses in the homes of the married girls than in those of the high school girls. This may have been due to the smaller sized families and the younger age of the children in the homes of the married group.

Table III. Where the Sick Person Was Cared For

(This table was checked only  
by the high school girls)

A. Home

	Per Cent		Per Cent
Indigestion	100	Influenza	70
Hives	100	Pneumonia	66
Toothache	100	Scarlet Fever	53
Neuritis	100	Diabetes	50
Colds	90	Poison Ivy	50
Whooping Cough	82	Appendicitis	40
Chicken Pox	78	Rheumatism	25
Mumps	77	Smallpox	18
Measles	76	Diphtheria	17



## B. Hospital

Nastoids	100	Pneumonia	35
Neuritis	100	Tonsillitis	17
Cancer	100	Diphtheria	17
Rheumatism	75	Scarlet Fever	3
Appendicitis	60	Influenza	3
Poison Ivy	50	Whooping Cough	1
Diabetes	50	Ear Ache	1
Fractures	50		

## C. Own Room

Paralysis	100	Mumps	19
Smallpox	71	Whooping Cough	12
Scarlet Fever	41	Colds	10
Diphtheria	39.5	Tonsillitis	10
Influenza	27	Constipation	9
Sore Eyes	24	Pneumonia	8
Measles	20	Headache	7
Chicken Pox	20	Ear Ache	6

## D. Room Prepared

Diphtheria	26.5	Tonsillitis	1.5
Whooping Cough	5	Chicken Pox	1.5
Mumps	4	Ear Ache	1
Measles	4	Smallpox	1
Scarlet Fever	3		

Table III shows that a high percentage of the diseases were cared for in the home. Those illnesses and ailments requiring surgical attention, as mastoiditis, appendicitis, cancer, and fractures, were cared for in the hospital. It is also evident that the sick were cared for in their own rooms and not in rooms which had been especially prepared for that purpose.

## Table IV. Who Cared for the Sick Person

(This table was checked only  
by the high school girl)

## A. Mother

	Per Cent		Per Cent
Indigestion	100	Whooping Cough	96
Measles	98	Ear Ache	94
Mumps	98	Tonsillitis	87
Chicken Pox	97	Influenza	86.5

Smallpox	78.5	Anemia	50
Scarlet Fever	71	Diabetes	50
Pneumonia	67	Constipation	44
Colds	64	Typhoid	41.5
Headache	56	Appendicitis	40
Poison Ivy	50		

## B. Trained Nurse

Appendicitis	60	Influenza	5
Typhoid	41.5	Smallpox	4
Scarlet Fever	21	Mumps	1
Pneumonia	16.5		

## C. Practical Nurse

Poison Ivy	50	Influenza	8.5
Smallpox	18	Scarlet Fever	8
Typhoid	17	Chicken Pox	1.5
Pneumonia	16.5	Measles	1

## D. Self

Constipation	56	Colds	36
Headache	44	Ear Ache	6

## E. Older Sister

Anemia	12.5	Measles	1
Whooping Cough	3	Mumps	1
Chicken Pox	1.5		

Table IV shows that the caring for the sick in the home was largely the work of the mother. The trained nurse cared for only a small percentage of the illnesses. The table indicated that the high school girl has cared for a few cases of illness herself, such as headache, constipation and colds.

Table V. Ailments Girls Have Cared For in Their Homes

## A. As checked by the mothers

	Per Cent		Per Cent
Burns	84	Slight Cuts	57
Headache	79	Boils	56
Sore Throat	67	Insect Bites	49
Nose Bleed	62	Sprains	48
Ear Ache	61	Foreign Bodies in Eye	46

Constipation	44	Chills	16
Scalds	36	Frost Bites	13
Bruises	34	Prickly Heat	13
Poison Ivy	33	Suffocation	5
Sties	31	Fractures	5
Skin Eruption	29	Foreign Bodies in Ear	5
Fainting	26	Convulsion	5
Severe Cuts	26	Hemorrhages	5
Nausea	18	Drowning	1

B. As checked by the married girl

Burns	88	Nausea	32
Headache	80	Convulsion	23
Constipation	76	Nose Bleed	23
Sore Throat	72	Poison Ivy	24
Sprains	52	Fractures	16
Chills	44	Frost Bites	16
Fainting	44	Scalds	12
Severe Cuts	40	Sties	12
Skin Eruption	36	Foreign Bodies in Ear	12
Prickly Heat	36	Hemorrhages	12
Foreign Bodies in Eye	32	Boils	4
Insect Bites	32		

Table V shows that the high school girl and the married girl cared for practically the same ailments in their homes. However, in a few cases the percentages indicate that the married girl had more occasions to use her knowledge of the care of the sick. The most common ailments treated by both groups of girls were: burns, headache, sore throat, constipation, slight and severe cuts, and ivy poisoning.

Table VI. Ailments the Girl Should Know How to Care For  
A. As checked by doctors

	Per Cent		Per Cent
Headache	80	Sprains	45
Slight Wounds	80	Scalds	45
Insect Bites and Stings	75	Blisters	40
Constipation	70	Hemorrhages	40
Nausea	60	Indigestion	35
Bruises	60	Severe Cuts	30
Fainting	60	Convulsion	30
Burns	60	Prickly Heat	25
Poison Ivy	55	Skin Eruption	25
Drowning	55	Foreign Bodies in Ear	20
Boils	50	Foreign Bodies in Eye	20
Nose Bleed	50	Chills	15
Suffocation	45		

## B. As checked by the nurses

Fainting	97	Suffocation	40
Headache	93	Scalds	40
Constipation	93	Chills	37
Nose Bleed	83	Burns	37
Drowning	80	Boils	37
Burns	77	Poison Ivy	37
Severe Cuts (Veins and arteries)	57	Frickly Heat	37
Blisters	53	Sprains	33
Nausea	53	Skin Eruption	27
Insect Bites and Stings	47	Hemorrhages	27
Slight Wounds	43	Foreign Bodies in Ear	23
Indigestion	41	Foreign Bodies in Eye	23

Table VI shows that the doctors and nurses believe the high school should receive information in school concerning the care and treatment of common ailments and accidents occurring in the home.

Table VII. Duties Performed by the Girls in Their Homes

## A. As checked by the high school girl

	Per Cent
Made an unoccupied bed	85
Filled hot water bottle	81
Adjusted pillows to make patient comfortable	56
Prepared patient's tray	55
Changed patient's pillow	45
Read fever thermometer	45
Adjusted lights and window shades in sick room	44
Fed a helpless patient in bed	42
Helped mother clean sick room	41
Gave an alcohol rub	35
Prepared cold compacts	34
Regulated ventilation in sick room	34
Cared for patient's hair and mouth	31
Prepared hot compacts	29
Cleaned sick room	27
Adjusted heat in sick room	24
Selected food for sick	24
Counted patient's pulse	22
Made occupied bed	22
Changed patient's gown	18



Adjusted arm sling	18
Prepared liquid diet	17
Prepared light diet	17
Turned a patient in bed	15
Prepared soft diet	14
Bathed a patient in bed	13
Made a spiral bandage	13
Arranged furniture in sick room	12
Made a handkerchief bandage	11
Made roller bandage	11
Taken body temperature	10
Made reversed spiral bandage	9
Counted respiration	8
Adjusted four tail bandage	7
Made bed table	5
Selected bed furnishings for sick room	5
Made bed pockets	3
Made bed cradles	2
Made cotton rings	2
Selected furniture for sick room	2
Kept bedside record	1

## B. As checked by the mothers

Filled hot water bottle	85
Made unoccupied bed	84
Combed patient's hair	62
Adjusted pillows around patient to make him more comfortable	62
Arranged flowers in sick room	61
Changed patient's pillow	59
Helped to clean sick room	59
Prepared for sick	57
Read fever thermometer	57
Arranged and served tray in sick room	52
Adjusted lights and window shades	51
Made a sling	48
Helped with ventilation in sick room	46
Given an alcohol rub	43
Prepared cold compacts	36
Cleaned sick room alone	34
Made roller bandage	33
Prepared a light diet	33
Arranged furniture in sick room	32
Fed a helpless patient	31
Prepared a liquid diet	31
Prepared hot compacts	31

Prepared a light diet	30
Prepared a soft diet	30
Taken patient's pulse	30
Changed a patient's gown	30
Taken body temperature	28
Given a sponge bath	28
Made spiral bandage	26
Made an occupied bed	25
Turned an ill person in bed	25
Selected food for sick	25
Bathed patient in bed	21
Made handkerchief bandage	20
Selected bedding for sick	18
Counted respiration	18
Made four tail bandage	15
Made a reversed spiral bandage	10
Kept bedside record	3

C. As checked by the married girls

Read a fever thermometer	92
Filled hot water bottle	92
Taken body temperature	88

Given an alcohol rub	88
Prepared food for sick	80
Selected food for sick	68
Prepared a soft diet	64
Made an unoccupied bed	60
Changed patient's pillow	60
Bathed patient in bed	60
Made a roller bandage	60
Ventilated sick room	60
Prepared a liquid diet	56
Prepared a light diet	56
Combed patient's hair	56
Made a spiral bandage	52
Arranged and served a tray in sick room	52
Cleaned sick room alone	52
Adjusted pillows around patient to make him more comfortable	52
Made a sling	48
Taken patient's pulse	44
Changed patient's gown	44
Made an occupied bed	44
Adjusted lights and window shades in sick room	40
Made adhesive tape bandage	36
Given a sponge bath	32

Prepared hot compacts	32
Arranged furniture in sick room	28
Arranged flowers in sick room	28
Prepared cold compacts	24
Fed a helpless patient	24
Turned an ill person in bed	24
Made a handkerchief bandage	20
Made a four tail bandage	12
Selected bedding for sick room	12
Kept bedside record	12
Made reversed spiral bandage	10
Counted respiration	8

Table VII shows that most of the high school girls did many of the following duties: reading of fever thermometer, taking body temperature, selecting and preparing food for the different types of diets, bathing a patient in bed, and caring for the sick room. It also shows that the following were seldom done: keeping a bedside record, counting respiration, making a reversed spiral bandage, selecting furniture for the sick room, and making sick room appliances, as bed pockets, bed tables, and bed cradles.

Table VIII. Tasks the Girl Should Know How to Perform

## A. As checked by the doctors

	Per Cent
How to read a thermometer	85
How to take body temperature	75
How to adjust pillows around patient to make him comfortable	75
How to clean the sick room	75
How to take patient's pulse	70
How to fill hot water bottle	70
How to give a bath	70
How to give an alcohol rub	65
How to count respiration	65
How to care for mouth	65
How to select food for sick	65
How to turn a patient in bed	60
How to prepare hot compresses	60
How to change a patient's gown	55
How to prepare cold compresses	55
How to change a patient's pillow	50
How to ventilate the sick room	50
How to make an occupied bed	45
How to make an unoccupied bed	45
How to select bedding	45

How to adjust lights and window shades	45
How to heat sick room	40
How to feed a helpless patient in bed	40
How to make bed rests	35
How to care for patient's hair	30
How to keep a bedside record	30
How to select furniture for sick room	30
How to make a bed cradle	30
How to make cotton rings	25
How to arrange furniture in sick room	25
How to make bed table	25
How to make bed pockets	20

#### B. As checked by the nurses

How to read thermometer	93
How to care for mouth	93
How to give a bath	90
How to give an alcohol rub	90
How to change a patient's gown	77
How to ventilate the sick room	73
How to care for patient's hair	70
How to fill a hot water bottle	70

How to take patient's pulse	67
How to make an unoccupied bed	67
How to heat the sick room	67
How to count respiration	63
How to make an occupied bed	63
How to clean the sick room	63
How to adjust pillows around patient	60
How to take body temperature	60
How to change a patient's pillow	60
How to adjust lights and window shades in sick room	57
How to turn a patient in bed	53
How to feed a helpless patient in bed	43
How to prepare cold compresses	37
How to arrange furniture in sick room	37
How to prepare hot compresses	33
How to select food for sick	33
How to select furniture for sick room	30
How to select bedding for sick room	30
How to make a bed cradle	20
How to make a bed rest	20
How to keep a bedside record	20
How to make cotton rings	17
How to make bed pockets	13
How to make bed tables	13



Table VIII shows that most of the doctors and nurses believe that the high school girl should receive instruction in the following: how to read a thermometer, how to take body temperature, how to give an alcohol rub, and how to make a patient comfortable. Such items as selecting furniture for the sick room, keeping a bed side record, making cotton rings, bed tables, bed cradles, and bed rests, were considered of minor importance.

Table IX. What Should Be Included in  
The Course on Feeding the Sick

A. As checked by doctors

	Per Cent
How to select food for sick	65
How to prepare a light diet	60
How to prepare a liquid diet	55
How to prepare a soft diet	50
Know principles of feeding sick	50
How to feed a helpless patient in bed	45
How to serve the tray for sick	40
How to select menus for different ailments	30

## B. As checked by the nurses

How to prepare a liquid diet	60
How to prepare soft diet	60
How to prepare light diet	60
How to select food for sick	57
How to serve the tray for sick person	53
How to feed a helpless patient in bed	47
Know principles of feeding sick	33
How to select menus for different ailments	17

Table X. For What Ailments Should the Girl Be Taught to Select Menus

## A. As checked by the doctors

	Per Cent		Per Cent
Colds	75	Anemia	20
Constipation	70	Tuberculosis	20
Sore Throat	50	Diabetes	20
Fever Patients	40	Acidosis	20
Diarrhea	40	Hyperthyroidism	10
Typhoid	25	Hypothyroidism	10
Nausea	25	Scarlet Fever	10

## B. As checked by the nurses

Constipation	83	Typhoid	30
Colds	80	Fever Patients	27
Sore Throat	60	Tuberculosis	23
Nausea	50	Acidosis	20
Diarrhea	50	Scarlet Fever	13
Diabetes	40	Hyperthyroidism	1
Anemia	37	Hypothyroidism	1

Tables IX and X show that the doctors and nurses consider that the teaching of the selection, preparation, and serving of food for the sick is of great importance. It is agreed also that the girl should be able to prepare menus for the following ailments: colds, constipation, headache, sore throat, nausea, anemia, and diarrhea.

Table XI. Diets Planned and Prepared in the Home

## A. As checked by the married girls

	Per Cent		Per Cent
Colds	80	Measles	12
Constipation	60	Pneumonia	8
Anemia	36	Appendicitis	8
Diarrhea	24	Cramps	8
Nausea	12	Ptomaine	4
Humps	12	Bladder Trouble	4

## B. As checked by the mothers

Colds	33	Anemia	9
Constipation	23	Influenza	7
Measles	10	Diarrhea	3

Table XI shows that four-fifths of the married girls have planned and prepared diets for colds. Slightly less than three-tenths of the high school girls have performed this same task. Less than one-fourth of the married girls have planned diets for diarrhea, and only three-tenths of the high school girls have performed the same task. The fact that the activities and duties of the married girls are somewhat different from those of the high school girl may be due to the former's having their own homes and having small children in these homes.

Table XII. Bandaging the High School Girl  
Should Be Able To Do

## A. As checked by the doctors

	Per Cent		Per Cent
Handkerchief bandage	45	Four tail	25
Roller	40	Spiral	25
Adhesive tape	40	Reversed spiral	5
Arm sling	35		

## B. As checked by the nurses

Roller bandage	98	Handkerchief	23
Arm sling	60	Four tail	17
Adhesive tape	47	Reversed	17
Spiral	33		

Table XII shows that the doctors and nurses believe the high school girl should receive instruction in how to adjust an arm sling and in the use of the common types of bandages, such as roller, handkerchief, adhesive tape, and spiral bandage.

## Table XIII. Responsibilities Assumed by the Girl When There Is Illness in the Home

## A. As checked by the mothers

	Per Cent
Clean the house	97
Plan and prepare family meals	80
Answer telephone	80
Help to prevent noise around house	79
Entertain patient	70
Help with family laundry	69
Buy food for family	61
Pay family bills	51

Care for little children	39
Do laundry for sick room	34

B. As checked by the high school girl

Clean the house	73
Answer door bell	73
Answer telephone	69
Plan and prepare family meals	51
Help to prevent noise around home	50
Give mother opportunity to rest while patient is resting	45
Help with family laundry	41
Buy food for family	40
Pay family bills	39
Care for little children in the home	32
Entertain the patient (child)	31
Do laundry for sick	12
Entertain company	10
Help to make a cheerful attitude in home	5

Table XIII indicates that in addition to helping with the care of the sick there are other duties the high school girl has assumed in the home. Some of the most common

duties are: cleaning the house, planning and preparing family meals, answering the telephone, preventing noise, helping with family laundry, entertaining patient, and caring for smaller children.

Table XIV. Subjects and Activities Which Have Aided in the Care of the Sick

A. As checked by the high school girl

	Per Cent		Per Cent
Home Craft	90	Girl Scouts	8
Physical Education	47	Biology	2
Physiology	25	General Science	2
Foods	15	Y.W.C.A. Work	1

Table XIV shows that nine-tenths of the high school girls received help in caring for the sick from their Home and Health Course. Other subjects and activities checked as having helped them with their duties were: physical education, physiology, foods, biology, general science, membership in Girl Scouts, and participation in the Y.W.C.A. interest groups.

Table XV. Literature Found in the Home Which Has Aided  
in the Care of the Sick

A. As checked by the high school girl

	Per Cent		Per Cent
Doctor Books	15	Red Cross Book	10
Government Bulletins	15	Parents' Magazines	8
Hygiea	10	Women's Magazines (Good House Keeping etc.)	7
Metropolitan Life Insurance bulletins	10	Physiology Books	3

Table XV indicates that only a few magazines, government bulletins, and books that might be of value in the care of the sick are found in the homes of the high school girl.

Table XVI. Is the Unit in Health and Home Care  
of the Sick Worthwhile

- A. As checked by high school girl  
B. As checked by the mothers  
C. As checked by the married girl

	A	B	C
Yes	92 per cent	100 per cent	100 per cent
No	8 per cent	0 per cent	0 per cent

Table XVI shows that 100 per cent of the mothers and married girls, and slightly more than nine-tenths of the high school girls consider the Home Care of the Sick a worthwhile unit in the course.



Table XVII. Should the Units in Health and Home Care of the Sick Be Taught in High School

A. As checked by the doctors  
B. As checked by the nurses

	A	B
Yes	90 per cent	87 per cent
No	10 per cent	13 per cent

Table XVII shows that 90 per cent of the doctors and 87 per cent of the nurses think units in home care of sick should be included in the course of study.

Table XVIII. Additional Material that Should Be Included in the Units in Home Care of the Sick

A. As checked by the married girls

	Per Cent
Symptoms of the common diseases	45
How to reduce temperature	40
More intensive study on child care	40
Incubation period for the common diseases	25
Quarantine laws and regulations	20
How to care for a baby in convulsions	20
How to select materials for the medicine cabinet	15
The after effects of the common diseases	15
How to give an enema	10
How to take body temperature by the rectum	10

## B. As checked by the mothers

First aid	7
The harmful effects of dieting	6
More reliable information about the drugs on the market, such as antiseptics, etc.	3
Child care and training	2
The care one should take during pregnancy	2

Table XVIII shows that the mothers and married girls believe that the following should be included in the Health and Home Care of the Sick units: reducing body temperature, symptoms and after effects of common illnesses, quarantine laws and regulations, and the selection of equipment for the medicine cabinet and first aid kit.

## Table XIX. Additional Material to Be Included in the Units in Health and Home Care of Sick

## A. As checked by the doctors

	Per Cent
The necessity of medical attention	32
Period of incubation for common diseases	28
Teach physiology	28
Symptoms to look for in the common diseases	28
Importance of observing the quarantine laws	20
After effects of diseases on individuals	16

How to select a reliable doctor and dentist	16
Social hygiene	16
The harmful effects of patent medicine	12
Some physiology should be taught	12
The relationship of food and health (Diet)	12
Mental health	8
The importance of keeping physically fit	4
Change the attitude of children toward doctors	4

#### B. As checked by the nurses

Personal hygiene	27
Prevention and dangers of venereal diseases	27
Menstrual hygiene	13
Simple dietetics	10
The dangers of patent medicine	10
Factors which predispose to diseases	10
How to give an enema	7
Social hygiene	7
Oral hygiene	7
How to care for a patient during period of convalescence	7
Importance of good health	7
Periodic health examination	3

Effects of poor posture on health and mental attitude	3
Common antidotes for poisons	3
Incubation period for common diseases	3
Importance of referring to family doctor	3

Table XIX shows that the doctors and nurses believe that the following should be included in the Health and Home Care of the Sick units: personal, social, oral, and menstrual hygiene; prevention and dangers of venereal diseases; the relation of posture to good health; selection of a reliable doctor and of a dentist; physiology; value of periodic health examinations; and factors which predispose to diseases.

Table XX. How Should the Material Be Different From Nursing Taught in Hospitals

A. As checked by the doctors

	Per Cent
Less detail work, Practical facts rather than theory	24
Material taught should be applicable to home	20
For emergencies	20
The course should be taught only in a general way	16
The course should not be too extensive	16
Teach only the fundamentals of nursing	12
The course should be short and cover less material	4

## B. As checked by nurses

Only emergencies and common treatments	50
When possible use demonstration work	40
Material taught should be very simple	40
Taught in a nonprofessional manner	23
First aid only	17
Prophylactic and not treatment of disease	10
It is impossible to study nursing without the patient	3

Table XX shows that the doctors and nurses believe the material taught should be different from that taught nurses in the hospitals in that the course should include only the fundamentals of nursing, taught in a simple form which can be applied to the home.

## Table XXI. Reasons Why the Girls Enjoyed the Units in Health and Home Care of the Sick

## A. As checked by the high school girls

	Per Cent
Material was interesting	75
How to prevent illness in the home	50
Learned the importance of being healthy	50
Helped me to be more sanitary in the home	25
Material can be used in homes after marriage	15
New material	10

Because of chosen profession	10
Learned common things essential to life	5
Most important subject can take in high school	1

B. Reasons why girls did not enjoy the unit

Was not interesting	8
Was a waste of time	8
Was a repetition of work taken in junior high school	6
Not enough time was spent on the unit	5

Table XXII. Illnesses Common to Different Occupations

	Salesmen	Rail Road	Farmer	Oil Industry	Professional	Housewife	Laborer	State, County City Employee	Workman	Contractor Carpenter	Electrician	Restaurant	All Other Industries	Wholesale
Smallpox	20	20	40	10	0	20	0	75	17	58	33	50	31	57
Measles	90	100	100	80	100	100	100	100	67	100	100	100	92	100
Mumps	80	64	90	70	78	80	100	100	83	96	67	75	96	100
Chicken Pox	50	64	50	50	78	60	60	50	50	57	67	100	57	100
Scarlet Fever	50	18	50	20	44	20	20	50	32	57	55	25	23	35
Influenza	60	64	70	50	56	40	40	50	50	71	100	75	39	100
Colds	90	100	100	100	100	100	100	100	100	100	100	100	92	100
Typhoid	10	18	0	0	0	20	0	50	33	14	0	25	8	33
Diphtheria	50	46	50	20	33	20	20	25	0	14	0	0	15	35
Whooping Cough	90	46	90	80	57	80	50	75	83	45	66	50	77	100
Tuberculosis	0	0	10	0	0	0	0	0	0	0	0	10	0	0
Diabetes	0	10	0	0	0	0	0	C	C	C	25	0	8	33







Table XXII shows that the occupation of the father has little to do with the type and frequency of diseases in the home. Measles, mumps, colds, whooping cough, constipation, headache, and ear ache were common to all occupations and were checked by a large percentage in every group. Tonsillitis and sore eyes, though not checked by all groups, occurred with frequency. Chicken pox, influenza, and scarlet fever, though common to all groups, did not occur as frequently as did those diseases listed above. Smallpox, typhoid, and tuberculosis did not appear in the professional groups. Typhoid was checked by a low percentage in nine of the groups. Diphtheria did not appear in three groups and was checked by a low percentage in the other groups.

Table XXIII. Where and By Whom the Sick Were Cared For in Different Occupations

	Housewife										Common Laborers					
	Hospital	Home	Own Room	Room Prepared	Mother	Self	Trained Nurse	Practical Nurse	Hospital	Home	Own Room	Room Prepared	Mother	Self	Trained Nurse	Practical Nurse
Smallpox	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Measles	0	40	0	0	60	0	0	0	0	20	20	0	40	0	0	0
Mumps	0	20	0	0	20	0	0	0	0	60	40	0	100	0	0	0
Chicken Pox	0	40	0	0	40	0	0	0	0	80	20	0	100	0	0	0
Scarlet Fever	0	20	0	0	20	0	0	0	0	20	20	0	60	0	0	0
Influenza	0	40	0	0	40	0	0	0	0	0	20	0	20	0	0	0
Colds	0	60	0	0	40	20	0	0	0	100	0	0	60	40	0	0
Typhoid	0	0	0	0	0	0	0	0	0	20	0	0	20	0	0	0
Diphtheria	0	20	0	0	20	0	0	0	0	0	0	0	0	0	0	0
Whooping Cough	0	60	0	0	60	0	0	0	0	100	0	0	100	0	0	0





	Farmers					Salesmen											
Smallpox	0	0	40	10	40	0	10	0	0	10	10	10	30	0	0	0	0
Measles	0	90	0	10	100	0	0	0	0	0	70	10	0	80	0	0	0
Mumps	0	70	10	0	80	10	0	0	0	0	70	0	10	60	0	0	0
Chicken Pox	0	50	0	0	50	0	0	0	0	0	50	0	0	50	0	0	0
Scarlet Fever	10	30	0	0	30	0	10	0	0	0	30	10	0	40	0	0	0
Influenza	0	50	20	0	60	10	0	0	0	0	40	20	0	60	0	0	0
Colds	0	80	20	0	70	30	0	0	0	0	100	0	0	20	80	0	0
Typhoid	0	0	0	0	0	0	0	0	0	10	0	0	0	0	0	10	0
Diphtheria	0	20	0	10	40	0	0	0	0	0	10	10	0	20	0	0	0
Whooping Cough	0	50	30	10	90	0	0	10	0	0	80	0	0	80	0	0	0
Tuberculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Diabetes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Anemia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Tonsillitis	0	70	10	0	70	0	0	10	0	10	50	10	0	50	0	20	0
Constipation	0	60	0	0	40	20	0	0	0	0	0	0	0	0	0	0	0
Headache	0	70	20	0	40	30	0	0	0	70	0	0	0	20	50	0	0















Table XXIII shows that in all occupational groups a large percentage of the sickness is cared for in the homes by the mothers. Illnesses as constipation, headache, ear ache, and sore eyes were cared for in many cases by the girls themselves. The illnesses cared for by a trained nurse, and in many instances in the hospital, were: anemia, smallpox, scarlet fever, tonsillitis, diphtheria, mumps, measles, and influenza. Typhoid was more frequently cared for by a trained nurse or in the hospital than any other germ disease. Appendicitis was cared for in all cases in the hospital. Members of the following groups, professional, oil industry, electricians, housewives, and wholesale people indicate they have not taken their sick to the hospital, but have secured the services of a trained and practical nurse in the home.

## SUMMARY

1. Ninety-three per cent of the high school girls checking the questionnaires were between the ages of sixteen and eighteen. Seven per cent of the girls were between the ages of nineteen and twenty-one.

2. The most common illnesses found in the homes were measles, colds, mumps, whooping cough, tonsillitis, chicken pox, and influenza. Anemia, tuberculosis, pneumonia, diphtheria, and typhoid were found to be less common.

3. A large percentage of the sickness was cared for in the home by the mother. In many cases, though, illnesses from cancer, mastoids, appendicitis, typhoid, and tonsillitis were cared for in a hospital or by a trained or practical nurse in the home. It appeared that the sick were cared for in their own rooms and not in a room that had been prepared for this purpose.

4. The most common ailments were burns, sore throat, headache, ear ache, sprains, foreign bodies in the eye, slight wounds, insect bites, and skin eruption.

5. The most common duties performed by the high school girls were: making an unoccupied bed, filling hot water bottle, adjusting pillows to make patient comfortable, preparing patient's tray, changing patient's pillow, and

helping with the general care of the sick room. Those less commonly performed were: making simple appliance for sick room, counting respiration, and keeping bedside record.

6. The duties performed by the married girls were only slightly different from those performed by the high school girls. In both groups, however, more helped with the care of the sick and the sick room than made and used sick room appliances.

7. A large percentage of the girls had planned and prepared diets for colds, constipation, anemia, and diarrhea. A small per cent had prepared diets for mumps, measles, pneumonia, appendicitis, and nausea. The physicians and nurses believed that besides selecting, preparing, and serving food for the sick there were other duties they should also know how to perform, including taking body temperature, giving an alcohol rub, making simple types of bandages, caring for the sick room, and making the patient comfortable.

8. There was a marked indication that when there was illness in the home, the girls helped more with the house work and the care of small children than with the actual care of the sick.

9. Ninety per cent of the girls stated that the course, Home Craft, had helped them in caring for the sick.

Physical education, physiology, foods, biology, girl scouts, and Y.W.C.A. work were also listed by some as being of help.

10. It appeared that most of the homes did not have magazines, books, and bulletins that would help in the care of the sick.

11. The mothers and the married girls believed that the topics, reducing temperature, symptoms and after effects of common diseases, and how to give an enema should be included in the course.

12. The physicians and nurses believed that in addition to the material already taught in the units, the topics, selecting a physician, dentist, hospital, and nurse; the necessity of medical attention and examination; the relationship of food to health; oral, personal, social, mental, and menstrual hygiene; prevention and dangers of venereal diseases; and the harmful effect of patent medicines should be included in the course. They also said that the high school course should be different from the nursing course given in hospitals in that only the fundamentals of nursing applicable to the home and taught in a simple way should be included in the units.

13. The occupation of the father and the size of family appeared to have little relation to the type and frequency of the disease. In the grouping according to



occupation and size of families, all groups showed that a large percentage of the sick were cared for in the home by the mother. However, in a few instances the patient was taken to the hospital or the service of a trained or practical nurse was secured.

14. All of the mothers and married girls, ninety-two per cent of the high school girls, ninety per cent of the physicians, and eighty-seven per cent of the nurses thought that units in health and home care of the sick should be included in the home economics course.

15. The study shows that:

(1) Both high school girls and married girls have many responsibilities when there is illness in the home.

(2) There is a need for training that will assist them in meeting these responsibilities.

(3) The units in home care of the sick should be continued as a part of the home economics course.

#### RECOMMENDATIONS

1. More time should be allowed for the home care of the sick part of the Home Craft course.

2. The present units, protecting ourselves and others from disease, taking care of the sick in the home, and first aid in the home, should be expanded and enlarged to include

more subject matter. The subject matter added should include that recommended as result of this study.

3. Other units, including caring for the sick room and sick room appliances, and treating and caring for common illnesses in the home, should be added to the present ones.

4. According to the study, the subject matter content of the units in health and home care of the sick should include:

- (1) How to treat and care for colds, measles, mumps, whooping cough, tonsillitis, chicken pox, influenza, and constipation.
- (2) How to recognize symptoms of these illnesses.
- (3) After effects of these common illnesses.
- (4) Incubation period and length of duration of the most common contagious diseases.
- (5) How these contagious diseases can be prevented and checked in a large family.
- (6) Observance of quarantine laws and regulations.
- (7) Importance of isolating the contagious diseases in the home.
- (8) General information concerning the treatment and care of the following less common diseases: typhoid, diphtheria, scarlet fever, smallpox, pneumonia, anemia, appendicitis, and diabetes; and also how to follow the

physician's orders in regard to these diseases.

(9) Predisposing factors to illness.

(10) Measures to be taken in the prevention of disease.

(11) Importance of caring for the sick in their own room.

(12) How to prepare a room for the sick.

(13) How to clean and care for the sick room.

(14) How to make the sick room attractive and restful.

(15) How to make an occupied and an unoccupied bed.

(16) How to make the sick person comfortable while in bed, including caring for the hair and mouth, giving alcohol rub, adjusting pillows to make him more comfortable, and changing the patient's gown.

(17) How to bathe the patient in bed.

(18) How to read a thermometer.

(19) How to take body temperature.

(20) How to reduce body temperature in cases of fever.

(21) How to make such simple appliances for the sick room as bed pockets and bed rests.

(22) How to care for the equipment in the sick room including thermometer, hot water bottle, and similar pieces.

(23) How to care for and treat burns, sore throat, nose bleed, headache, ear ache, cuts, boils, insect bites, sprains, chills, and bruises.

(24) Importance of consulting a physician in cases of hemorrhages and foreign bodies in the eye or ear.

(25) How to treat the emergencies, fainting, drowning, and severe cuts.

(26) Dangers of boils, blisters, and burns.

(27) How the pupils should care for themselves when they themselves have the following: colds, constipation, headache, ear ache.

(28) How to care for, select, and prepare food for those suffering from cold, headache, anemia, constipation, mumps, measles, influenza, and diarrhea.

(29) How to select equipment for the first aid kit and medicine chest.

(30) How to make the following types of bandages: roller, spiral, handkerchief, and adhesive tape, and how to adjust an arm sling.

(31) Responsibility of the girl in helping the mother to care for the sick.

(32) Responsibilities of all members of the family when there is sickness in the home.

(33) Responsibilities other than caring for the sick to be assumed by the girl when there is illness in the home.

(34) How to be a good patient.

(35) How to entertain the sick during the period of convalescence.

(36) How to select a physician and a dentist.

(37) How to select a trained and a practical nurse.

(38) How to select a hospital.

#### ACKNOWLEDGMENT

The writer wishes to express her appreciation to Professor Lucile Rust for her interest and guidance during the preparation of this thesis.

APPENDIX

The Checking Lists

I. Checked by the high school girls.

A Study of the Home Care of the Sick Practice in Enid High School

I. Name \_\_\_\_\_

Date \_\_\_\_\_

Age \_\_\_\_\_

Grade in School \_\_\_\_\_

Number in family \_\_\_\_\_

Occupation of father or mother \_\_\_\_\_

II. Directions - please place cross (X) to left of the following items.

III. What illnesses have you had in your home?

- 1 \_\_\_\_\_ Small Pox
- 2 \_\_\_\_\_ Measles
- 3 \_\_\_\_\_ Mumps
- 4 \_\_\_\_\_ Chickenpox
- 5 \_\_\_\_\_ Scarlet Fever
- 6 \_\_\_\_\_ Influenza
- 7 \_\_\_\_\_ Colds
- 8 \_\_\_\_\_ Typhoid
- 9 \_\_\_\_\_ Diphtheria

- 10 \_\_\_\_\_ Whooping Cough
- 11 \_\_\_\_\_ Tuberculosis
- 12 \_\_\_\_\_ Diabetes
- 13 \_\_\_\_\_ Anemia
- 14 \_\_\_\_\_ Tonsillitis
- 15 \_\_\_\_\_ Constipation
- 16 \_\_\_\_\_ Headache
- 17 \_\_\_\_\_ Earache
- 18 \_\_\_\_\_ Sore Eyes

List other illnesses you have had in your home.

- (1)
- (2)
- (3)
- (4)
- (5)
- (6)

IV. Where was the sick person cared for? Directions - Please place a check where the patient was cared for in each illness checked in question III.

---

Disease \_\_\_\_\_ Home \_\_\_\_\_ Hospital \_\_\_\_\_

Own Room \_\_\_\_\_

Room prepared for sick person \_\_\_\_\_

---

Small Pox \_\_\_\_\_

Measles \_\_\_\_\_

Mumps

Chicken Pox

Scarlet Fever

Influenza

Colds

Typhoid

Diphtheria

Whooping Cough

Tuberculosis

Diabetes

Anemia

Tonsillitis

Constipation

Headache

Earache

Sore Eyes

Other Illness

(1)

(2)

(3)

(4)

(5)

(6)



V. Who cared for sick person?

Directions - Please check the person who cared for each illness checked in question IV.

Disease \_\_\_\_\_ Trained Nurse \_\_\_\_\_

Practical Nurse \_\_\_\_\_ Mother \_\_\_\_\_

Self \_\_\_\_\_ Older Sister \_\_\_\_\_

Other members of the family \_\_\_\_\_

Small Pox \_\_\_\_\_

Measles \_\_\_\_\_

Mumps \_\_\_\_\_

Chicken Pox \_\_\_\_\_

Scarlet Fever \_\_\_\_\_

Influenza \_\_\_\_\_

Colds \_\_\_\_\_

Typhoid \_\_\_\_\_

Diphtheria \_\_\_\_\_

Whooping Cough \_\_\_\_\_

Tuberculosis \_\_\_\_\_

Diabetes \_\_\_\_\_

Anemia \_\_\_\_\_

Tonsillitis \_\_\_\_\_

Constipation \_\_\_\_\_

Headache

Earache

Sore Eyes

Other Illness

(1) \_\_\_\_\_

(2) \_\_\_\_\_

(3) \_\_\_\_\_

(4) \_\_\_\_\_

(5) \_\_\_\_\_

(6) \_\_\_\_\_

VI. Check items you have done in Home.

- 1 \_\_\_\_\_ Bathed patient in bed
- 2 \_\_\_\_\_ Gave an alcohol rub
- 3 \_\_\_\_\_ Changed patient's gown
- 4 \_\_\_\_\_ Read fever thermometer
- 5 \_\_\_\_\_ Taken body temperature
- 6 \_\_\_\_\_ Counted respiration
- 7 \_\_\_\_\_ Counted patient's pulse
- 8 \_\_\_\_\_ Feed a helpless patient in bed
- 9 \_\_\_\_\_ Cared for patient's hair and mouth
- 10 \_\_\_\_\_ Filled hot water bottle
- 11 \_\_\_\_\_ Prepared cold compacts
- 12 \_\_\_\_\_ Prepared hot compacts
- 13 \_\_\_\_\_ Kept the bedside record

- 14 \_\_\_\_\_ Made an occupied bed
- 15 \_\_\_\_\_ Made an unoccupied bed
- 16 \_\_\_\_\_ Selected bed furnishings for sick room
- 17 \_\_\_\_\_ Changed patient's pillow
- 18 \_\_\_\_\_ Turned a patient in bed
- 19 \_\_\_\_\_ Adjusted pillows around patient to make him more comfortable
- 20 \_\_\_\_\_ Helped mother clean sick room
- 21 \_\_\_\_\_ Cleaned sick room alone
- 22 \_\_\_\_\_ Selected furniture for sick room
- 23 \_\_\_\_\_ Arranged furniture in sick room
- 24 \_\_\_\_\_ Regulated ventilation in sick room
- 25 \_\_\_\_\_ Adjusted lights and window shades in sick room
- 26 \_\_\_\_\_ Adjusted heat in sick room
- 27 \_\_\_\_\_ Selected food for sick person
- 28 \_\_\_\_\_ Prepared patient's tray
- 29 \_\_\_\_\_ Prepared light diet
- 30 \_\_\_\_\_ Prepared liquid diet
- 31 \_\_\_\_\_ Prepared soft diet
- 32 \_\_\_\_\_ Made bed pockets
- 33 \_\_\_\_\_ Made bed cradles
- 34 \_\_\_\_\_ Made cotton rings
- 35 \_\_\_\_\_ Made bed table (from boxes)

- 36 \_\_\_\_\_ Adjusted four tail bandage
- 37 \_\_\_\_\_ Handkerchief bandage
- 38 \_\_\_\_\_ Spiral bandage
- 39 \_\_\_\_\_ Reversed Spiral bandage
- 40 \_\_\_\_\_ Roller bandage
- 41 \_\_\_\_\_ Adjusted arm sling

VII. Check subjects taken in school which have aided in caring for the sick.

- 1 \_\_\_\_\_ Physiology
- 2 \_\_\_\_\_ Physical Education
- 3 \_\_\_\_\_ Home Craft
- 4 \_\_\_\_\_ List other subjects which have given you help in caring for sick persons.

(1)

(2)

(3)

VIII. List the bulletins, books and magazines you have in your home which aid in caring for the sick.

(1)

(2)

(3)

(4)

## IX.

Yes \_\_\_\_\_ No. 1. Do you think the course in Health and Home Care of the Sick is worthwhile?

Yes \_\_\_\_\_ No. 2. Did you enjoy the course?  
3. State reasons why you did or did not enjoy the course.

(1)

(2)

(3)

(4)

(5)

If you did not actually care for or help with the care of the sick person what were your responsibilities in the home during that time?

Please check with a cross (X).

- 1 \_\_\_\_\_ Plan and prepare the family meal
- 2 \_\_\_\_\_ Buy food for the family
- 3 \_\_\_\_\_ Help with family laundry
- 4 \_\_\_\_\_ Do laundry for sick room
- 5 \_\_\_\_\_ Clean the house
- 6 \_\_\_\_\_ Care for little children in the home
- 7 \_\_\_\_\_ Do family shopping
- 8 \_\_\_\_\_ Pay family bills
- 9 \_\_\_\_\_ Answer telephone
- 10 \_\_\_\_\_ Answer door bell

- 11 \_\_\_\_\_ Help to prevent noise around home
- 12 \_\_\_\_\_ Give mother opportunity to rest while patient is resting
- 13 \_\_\_\_\_ Entertain the patient (Child)
- 14 \_\_\_\_\_ List other activities you have done
- (1)
- (2)
- (3)

II. Checked by the mothers of the high school girls.

A study is being made in the Home Economics Department of Enid High School to determine what should be included in the units in Home Care of the Sick. Information is needed concerning what is actually done in the home and how much of it is done by the girl.

Will you please check with a cross (x) or with the appropriate word in the space at the left of the following list those items your daughter has done in the home.

I.

- 1 \_\_\_\_\_ Read a fever thermometer
- 2 \_\_\_\_\_ Taken body temperature
- 3 \_\_\_\_\_ Taken patient's pulse
- 4 \_\_\_\_\_ Counted respiration
- 5 \_\_\_\_\_ Bathed patient in bed
- 6 \_\_\_\_\_ Given a sponge bath
- 7 \_\_\_\_\_ Given an alcohol rub

- 8 \_\_\_\_\_ Changed patient's gown
- 9 \_\_\_\_\_ Combed patient's hair
- 10 \_\_\_\_\_ Fed a helpless patient
- 11 \_\_\_\_\_ Filled hot water bottle
- 12 \_\_\_\_\_ Prepared hot compacts
- 13 \_\_\_\_\_ Prepared cold compacts
- 14 \_\_\_\_\_ Kept bedside record
- 15 \_\_\_\_\_ Made an occupied bed (Mitering sheets at foot.)
- 16 \_\_\_\_\_ Made an unoccupied bed
- 17 \_\_\_\_\_ Selected bedding for sick room
- 18 \_\_\_\_\_ Changed patient's pillow
- 19 \_\_\_\_\_ Turned an ill person in bed
- 20 \_\_\_\_\_ Adjusted pillows around patient to make him more comfortable
- 21 \_\_\_\_\_ Cleaned sick room alone
- 22 \_\_\_\_\_ Help to clean sick room
- 23 \_\_\_\_\_ Arranged furniture in sick room to make it more convenient
- 24 \_\_\_\_\_ Arranged flowers in sick room
- 25 \_\_\_\_\_ Helped with ventilation in sick room
- 26 \_\_\_\_\_ Helped adjust lights and window shades
- 27 \_\_\_\_\_ Selected food for sick person
- 28 \_\_\_\_\_ Prepared food for sick person

- 29 \_\_\_\_\_ Prepared a liquid diet
- 30 \_\_\_\_\_ Prepared a light diet
- 31 \_\_\_\_\_ Prepared a soft diet
- 32 \_\_\_\_\_ Arranged and served a tray in sick room
- 33 \_\_\_\_\_ Planned diets for following ailments
- \_\_\_\_\_ Constipation
- \_\_\_\_\_ Anemia
- \_\_\_\_\_ Colds
- \_\_\_\_\_ Diarrhea
- 34 \_\_\_\_\_ Other ailments for which she has planned diets
- (1)
- (2)
- (3)
- (4)

II. Has your daughter used following types of bandages in your home?

- 1 \_\_\_\_\_ Roller
- 2 \_\_\_\_\_ Four tail
- 3 \_\_\_\_\_ Handkerchief
- 4 \_\_\_\_\_ Spiral
- 5 \_\_\_\_\_ Reversed Spiral
- 6 \_\_\_\_\_ Made a sling



III. Has your daughter aided in the treatment of the following?

- 1 \_\_\_\_\_ Fainting
- 2 \_\_\_\_\_ Suffocating
- 3 \_\_\_\_\_ Drowning
- 4 \_\_\_\_\_ Frost Bites
- 5 \_\_\_\_\_ Sprains
- 6 \_\_\_\_\_ Burns
- 7 \_\_\_\_\_ Scalds
- 8 \_\_\_\_\_ Severe cuts
- 9 \_\_\_\_\_ Chills
- 10 \_\_\_\_\_ Styes
- 11 \_\_\_\_\_ Nose bleed
- 12 \_\_\_\_\_ Fractures
- 13 \_\_\_\_\_ Foreign bodies in the eye
- 14 \_\_\_\_\_ Foreign bodies in the ear
- 15 \_\_\_\_\_ Sore throat
- 16 \_\_\_\_\_ Headache
- 17 \_\_\_\_\_ Nausea
- 18 \_\_\_\_\_ Constipation
- 19 \_\_\_\_\_ Poison ivy
- 20 \_\_\_\_\_ Convulsions
- 21 \_\_\_\_\_ Hemorrhages
- 22 \_\_\_\_\_ Prickly heat

- 23 \_\_\_\_\_ Bruises  
 24 \_\_\_\_\_ Insect bite  
 25 \_\_\_\_\_ Skin eruption  
 26 \_\_\_\_\_ Slight cuts  
 27 \_\_\_\_\_ Boils  
 28 \_\_\_\_\_ Colds  
 29 \_\_\_\_\_ Earache

IV. Check diseases cared for in your home.

- 1 \_\_\_\_\_ Chicken Pox  
 2 \_\_\_\_\_ Diphtheria  
 3 \_\_\_\_\_ Measles  
 4 \_\_\_\_\_ Mumps  
 5 \_\_\_\_\_ Scarlet Fever  
 6 \_\_\_\_\_ Tuberculosis  
 7 \_\_\_\_\_ Small Pox  
 8 \_\_\_\_\_ Septic sorethroat  
 9 \_\_\_\_\_ Whooping cough  
 10 \_\_\_\_\_ Influenza  
 11 \_\_\_\_\_ Typhoid  
 12 \_\_\_\_\_ Tonsillitis

List other illnesses had in the home.

(1)

(2)

(3)

(4)

(5)

(6)

(7)

(8)

V. Which of the above illnesses has your daughter helped in caring for?

(1)

(2)

(3)

(4)

(5)

(6)

(7)

(8)

(9)

(10)

VI. What duties other than caring for the sick person do you expect your daughter to be responsible for when there is illness in the home?

1 \_\_\_\_\_ Plan and prepare family meals

2 \_\_\_\_\_ Buy food for family

3 \_\_\_\_\_ Help with family laundry

4 \_\_\_\_\_ Do laundry for sick room

5 \_\_\_\_\_ Care for little children in the home

- 6 \_\_\_\_\_ Clean house  
 7 \_\_\_\_\_ Pay family bills  
 8 \_\_\_\_\_ Answer telephone  
 9 \_\_\_\_\_ Help to prevent noise around house  
 10 \_\_\_\_\_ Entertain the patient

VII. List additional material you think should be included in the course.

- (1)  
 (2)  
 (3)  
 (4)

VIII. Do you think your daughter has been benefited by the work in Health and Home Care of the Sick.

- \_\_\_\_\_ Yes  
 \_\_\_\_\_ No

III. Checked by the married group.

A study is being made in the Home Economics Department of the Enid High School to determine what should be included in units on Home Care of the Sick and how much of this material is actually used in the home.

Will you please check with a cross (X) or appropriate word in the space at the left of items those you have done in your home since your marriage.

I.

- 1 \_\_\_\_\_ Read a fever thermometer

- 2 \_\_\_\_\_ Taken body temperature
- 3 \_\_\_\_\_ Taken patient's pulse
- 4 \_\_\_\_\_ Counted respiration
- 5 \_\_\_\_\_ Bathed patient in bed
- 6 \_\_\_\_\_ Given a sponge bath
- 7 \_\_\_\_\_ Given an alcohol rub
- 8 \_\_\_\_\_ Changed patient's gown
- 9 \_\_\_\_\_ Combed patient's hair
- 10 \_\_\_\_\_ Fed a helpless patient
- 11 \_\_\_\_\_ Filled hot water bottle
- 12 \_\_\_\_\_ Prepared hot compacts
- 13 \_\_\_\_\_ Prepared cold compacts
- 14 \_\_\_\_\_ Kept bedside record
- 15 \_\_\_\_\_ Made an occupied bed (mitering sheets at foot.)
- 16 \_\_\_\_\_ Made an unoccupied bed
- 17 \_\_\_\_\_ Selected bedding for sick room
- 18 \_\_\_\_\_ Changed patient's pillow
- 19 \_\_\_\_\_ Turned an ill person in bed
- 20 \_\_\_\_\_ Adjusted pillows around patient to make him more comfortable
- 21 \_\_\_\_\_ Cleaned sick room alone
- 22 \_\_\_\_\_ Arranged furniture in sick room to make it more convenient
- 23 \_\_\_\_\_ Arranged flowers in sick room
- 24 \_\_\_\_\_ Ventilated sick room

- 25 \_\_\_\_\_ Adjusted light and window shades  
in sick room
- 26 \_\_\_\_\_ Selected food for sick person
- 27 \_\_\_\_\_ Prepared food for sick person
- 28 \_\_\_\_\_ Prepared a liquid diet
- 29 \_\_\_\_\_ Prepared a light diet
- 30 \_\_\_\_\_ Prepared a soft diet
- 31 \_\_\_\_\_ Arranged and served a tray in sick  
room
- 32 \_\_\_\_\_ Planned diets for following  
ailments
- \_\_\_\_\_ Constipation
- \_\_\_\_\_ Anemia
- \_\_\_\_\_ Colds
- \_\_\_\_\_ Diarrhea
- 33 \_\_\_\_\_ Other ailments you have planned  
diets for
- (1)
- (2)
- (3)
- (4)
- (5)
- (6)

II. Have you used the following types of bandages in  
your home. Check with a cross (X).

- 1 \_\_\_\_\_ Roller
- 2 \_\_\_\_\_ Four tail

- 3 \_\_\_\_\_ Handkerchief
- 4 \_\_\_\_\_ Spiral
- 5 \_\_\_\_\_ Reversed Spiral
- 6 \_\_\_\_\_ Made a sling
- 7 \_\_\_\_\_ Adhesive tape bandage

III. Check with a cross (X) those ailments you have treated in your home.

- 1 \_\_\_\_\_ Fainting
- 2 \_\_\_\_\_ Suffocation
- 3 \_\_\_\_\_ Drowning
- 4 \_\_\_\_\_ Frost bites
- 5 \_\_\_\_\_ Sprains
- 6 \_\_\_\_\_ Burns
- 7 \_\_\_\_\_ Scalds
- 8 \_\_\_\_\_ Severe cuts
- 9 \_\_\_\_\_ Chills
- 10 \_\_\_\_\_ Styes
- 11 \_\_\_\_\_ Nose bleed
- 12 \_\_\_\_\_ Fractures
- 13 \_\_\_\_\_ Foreign bodies in the eye
- 14 \_\_\_\_\_ Foreign bodies in the ear
- 15 \_\_\_\_\_ Sore throat
- 16 \_\_\_\_\_ Headache
- 17 \_\_\_\_\_ Nausea
- 18 \_\_\_\_\_ Constipation

- 19 \_\_\_\_\_ Poison ivy  
 20 \_\_\_\_\_ Convulsions  
 21 \_\_\_\_\_ Hemorrhages  
 22 \_\_\_\_\_ Prickly heat  
 23 \_\_\_\_\_ Insect bite  
 24 \_\_\_\_\_ Skin eruption

IV. Check diseases you have cared for in your home since your marriage.

- 1 \_\_\_\_\_ Chicken pox  
 2 \_\_\_\_\_ Diphtheria  
 3 \_\_\_\_\_ Measles  
 4 \_\_\_\_\_ Mumps  
 5 \_\_\_\_\_ Scarlet Fever  
 6 \_\_\_\_\_ Tuberculosis  
 7 \_\_\_\_\_ Small Pox  
 8 \_\_\_\_\_ Septic sore throat  
 9 \_\_\_\_\_ Whooping cough  
 10 \_\_\_\_\_ Influenza  
 11 \_\_\_\_\_ Typhoid  
 12 \_\_\_\_\_ Tonsillitis

List other ailments you have had in your home

(1)

(2)

(3)



(4)

(5)

(6)

(7)

(8)

V. Has your work in home care of the sick in high school been of benefit to you? Answer with YES or NO.

VI. List additional material you think should be included in the Unit in Home Care of the Sick.

(1)

(2)

(3)

(4)

IV. Checked by the physicians and nurses.

A study is being made in the Home Economics Department of the Enid High School to determine what should be taught in Units in Home Care of Sick and how much of the material taught can actually be used in the home.

Will you please check with a cross (X) items which you think should be included in a course for Home Care of Sick taught to Junior and Senior girls.

I.

1 \_\_\_\_\_ How to read a thermometer

2 \_\_\_\_\_ How to take body temperature

3 \_\_\_\_\_ How to take patient's pulse

- 4 \_\_\_\_\_ How to count respiration
- 5 \_\_\_\_\_ How to give a bath
- 6 \_\_\_\_\_ How to give an alcohol rub
- 7 \_\_\_\_\_ How to change a patient's gown
- 8 \_\_\_\_\_ How to care for mouth
- 9 \_\_\_\_\_ How to care for patient's hair
- 10 \_\_\_\_\_ How to feed a helpless patient in bed
- 11 \_\_\_\_\_ How to fill hot water bottle
- 13 \_\_\_\_\_ How to prepare cold compacts
- 13 \_\_\_\_\_ How to prepare hot compacts
- 14 \_\_\_\_\_ How to keep a bedside record
- 15 \_\_\_\_\_ How to make an occupied bed (mitered ends)
- 16 \_\_\_\_\_ How to make an unoccupied bed
- 17 \_\_\_\_\_ How to select bedding
- 18 \_\_\_\_\_ How to change a patient's pillow
- 19 \_\_\_\_\_ How to turn a patient in bed
- 20 \_\_\_\_\_ How to adjust pillows around patient to make him more comfortable
- 21 \_\_\_\_\_ How to clean the sick room
- 22 \_\_\_\_\_ How to select furniture for the sick room
- 23 \_\_\_\_\_ How to arrange furniture in the sick room
- 24 \_\_\_\_\_ How to heat the sick room

- 25 \_\_\_\_\_ How to ventilate the sick room
- 26 \_\_\_\_\_ How to adjust the light and window shades in sick room
- 27 \_\_\_\_\_ How to select food for sick person
- 28 \_\_\_\_\_ How to make a bed cradle
- 29 \_\_\_\_\_ How to make bed rest (chair with wash board)
- 30 \_\_\_\_\_ How to make cotton rings
- 31 \_\_\_\_\_ How to make bed packets
- 32 \_\_\_\_\_ How to make bed tables

II. Check items in which you think the High School girl should receive instruction.

- 1 \_\_\_\_\_ Principles of sick room feeding
- 2 \_\_\_\_\_ How to select food for sick
- 3 \_\_\_\_\_ How to prepare a liquid diet
- 4 \_\_\_\_\_ How to prepare a soft diet
- 5 \_\_\_\_\_ How to prepare a light diet
- 6 \_\_\_\_\_ How to serve the tray for sick person
- 7 \_\_\_\_\_ How to feed a helpless patient in bed
- 8 \_\_\_\_\_ How to select menus for different ailments
- (1) \_\_\_\_\_ Colds
- (2) \_\_\_\_\_ Constipation
- (3) \_\_\_\_\_ Anemia

- (4) \_\_\_ Sore Throat
  - (5) \_\_\_ Tuberculosis
  - (6) \_\_\_ Typhoid
  - (7) \_\_\_ Diabetes
  - (8) \_\_\_ Hyperthyroidism
  - (9) \_\_\_ Hypothyroidism
  - (10) \_\_\_ Fever Patients
  - (11) \_\_\_ Nausea
  - (12) \_\_\_ Diarrhea
  - (13) \_\_\_ Acidosis
  - (14) \_\_\_ Scarlet Fever
  - (15) \_\_\_ Other Diseases
- 1 \_\_\_\_\_
  - 2 \_\_\_\_\_
  - 3 \_\_\_\_\_
  - 4 \_\_\_\_\_
  - 5 \_\_\_\_\_
  - 6 \_\_\_\_\_

III. Check the items, which you think girls should have information, concerning their care.

- 1 \_\_\_\_\_ Headache
- 2 \_\_\_\_\_ Nausea
- 3 \_\_\_\_\_ Constipation
- 4 \_\_\_\_\_ Poison Ivy
- 5 \_\_\_\_\_ Prickly Heat

- 4 \_\_\_\_\_ Slight Wounds
- 7 \_\_\_\_\_ Bruises
- 8 \_\_\_\_\_ Boils
- 9 \_\_\_\_\_ Skin Eruptions
- 10 \_\_\_\_\_ Nose Bleed
- 11 \_\_\_\_\_ Blisters
- 12 \_\_\_\_\_ Insect Bites and Stings
- 13 \_\_\_\_\_ Hemorrhages
- 14 \_\_\_\_\_ Fainting
- 15 \_\_\_\_\_ Drowning
- 16 \_\_\_\_\_ Suffocation
- 17 \_\_\_\_\_ Convulsions
- 18 \_\_\_\_\_ Sprains
- 19 \_\_\_\_\_ Burns
- 20 \_\_\_\_\_ Scalds
- 21 \_\_\_\_\_ Indigestion
- 22 \_\_\_\_\_ Severe Cuts (veins and arteries)
- 23 \_\_\_\_\_ Foreign Bodies in Eye
- 24 \_\_\_\_\_ Foreign Bodies in Ear
- 25 \_\_\_\_\_ Chills

IV. Check bandaging you think High School girls should be able to do.

- 1 \_\_\_\_\_ Roller
- 2 \_\_\_\_\_ Four Tail

- 3 \_\_\_\_\_ Spiral  
4 \_\_\_\_\_ Reversed Spiral  
5 \_\_\_\_\_ Handkerchief  
6 \_\_\_\_\_ Adhesive Tape  
7 \_\_\_\_\_ Make an Arm

V. Do you think Units in Home Care of the Sick should be included in the High School course of study?

\_\_\_\_\_ Yes \_\_\_\_\_ No

VI. How should this material be different from nursing taught in hospitals?

(1)

(2)

(3)

VII. What additional material do you think should be taught in the Health and Home Care of the Sick Unit?

(1)

(2)

(3)

(4)