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Kansas 4-H Journal

The Family Magazine

July 1978

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The 4-H Program

Third in a Series

Robert Davis prepared this information for new 4-H parents in Reno County, and gave permission for its use in Kansas 4-H Journal. First in the series was an overall look at the 4-H program; next, the 4-H meeting; this month, the topic is 4-H projects.

4-H Projects

The 4-H project has been described as the member's "gateway" to the rest of the 4-H program. From our standpoint, it might be better to turn the description around to say that the project is the "gateway" to the boy or girl.

Projects provide the basis of the 4-H program by offering various educational experiences. Carrying out a project will help the member "learn to do by doing" as well as learn "why" things happen the way they do.

Why Projects?

The project is a **teaching tool** that can be used to develop many desirable traits in addition to the more evident project skills.

Project work is important in developing boys and girls to their maximum potential as long as we view project work as a means to an end and not the end in itself.

This means that the basic objective of 4-H — **the development of the boy and girl** — is the most important consideration, not the dress the girl makes or the calf the boy raises.

A blue ribbon boy with a red ribbon calf is much better than a red ribbon boy with a blue ribbon calf.

What are projects?

Projects are real-life experiences that help 4-H'ers learn to make sound decisions. Projects put the hands and mind to work.

The selection of 4-H projects has expanded greatly in the past few years. There are now more than 50

different projects with over 135 different phases or degrees of advancement. Most of the projects have been planned with several phases so that a member may advance to more difficult and challenging activities.

4-H projects take on a wide variety of interests and activities that are designed to attract boys and girls regardless of their place of residence, economic status, or race.

What should projects do for the 4-H'er?

As previously mentioned, the most important part of a 4-H member's work is his project. Through it, the member receives many satisfactions in his needs for:

- A feeling of accomplishment
- Attention
- Prestige
- Challenging of abilities
- Excelling
- Pride of ownership

Therefore, the objectives of 4-H projects are to:

1. Create a sense of ownership.
2. Give satisfaction of achievement.
3. Strengthen family and community ties.
4. Provide opportunities for club members to:
 - a. learn skills connected with the project.
 - b. develop and understand knowledge related to the project.
 - c. develop desirable attitudes for a satisfying life.
 - d. assume responsibilities.
 - e. provide healthful competition.
 - f. make meaningful decisions.

5. Provide a leisure time activity to help keep youngsters from running the streets and getting involved in undesirable activities.

6. Explore career opportunities and thus the need for continued education. All the projects are in a sense career explorative, giving each member a taste of the work, responsibilities, etc., involved.

What are some guides to selecting projects?

Parents and the member should know and fully understand what is expected of the 4-H'er before he or she enrolls in a project.

Projects are selected in the early fall when enrollment cards are filled out. Usually, younger members should limit their projects to one or two. Older experienced members may be able to do several different ones, including those that are more difficult.

Factors that parents and leaders should consider in helping a club member to select a project are:

1. Does it meet the needs and interests of the member? The fallacy here, however, is that in many cases the youngster doesn't really know if he would like a particular project without first giving it a try.
2. Is the project in keeping with age and ability (physical and mental) of the member? Will it challenge him educationally?
3. How much time does the member have and how much time does the project require? What season of the year has most of the activity of the project?
4. Is the project acceptable to you as parents and does it fit into the family needs and situations?
5. How much will the project cost?
6. Is there adequate space and equipment available?
7. Is there an opportunity for ownership and management responsibilities?
8. Are there leaders to help with the project in the club or are the parents willing to help the member with the project?

What is the guide to project selection booklet?

The guide lists guidelines and suggested learning experiences for the various projects. If you do not have a copy, check with your club's community leaders or the county extension office.

How are projects conducted?

Project work is conducted through various activities and
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"I Pledge . . .

for . . club, . . community, . . country, . . world."

By Marjorie Ann Tennant
 Assistant Extension Editor, 4-H and Youth, 1952-1977
 Friend of IFYE, 1966

The 4-H Pledge is one of the first bits of 4-H tradition and philosophy a young initiate learns.

And there is no better concise statement of the basic meaning of our educational program, including 4-H clubs.

As a new member of a Pottawatomie County 4-H club with the awesome name of Swamp Angel, I first repeated the Head, Heart, Hands, and Health Pledge in the mid 1930s. I've been repeating it ever since. The scenes and the roles I have had have been many and varied.

The annual Round-up at Kansas State University is one scene. As a 4-H'er, a member of the KSU Collegiate 4-H Club, a county extension home economist, and assistant extension editor, 4-H and youth, the "first week in June" event was a part of my schedule each year since 1941 when I was a delegate. Round-up programs, housing, meal service, and "uniforms" have changed. The enthusiasm, excitement, friendships, and new experiences produced during four days on a university campus have not.

Camps—statewide and multi-county events—at Rock Springs Ranch include repeating the Pledge. The camps and conferences are designed to make the Pledge become a reality. Each event gives individual 4-H'ers and other youths opportunities to develop their 4Hs in the fullest possible way.

In recalling highlights of 40 plus years of 4-Hing, repeating the Pledge at National 4-H Congress in Chicago and National 4-H Conference in Washington, D.C., make the "top 10" list. On these occasions I was surrounded by teenagers with records of great accomplishments as 4-H'ers. They had lived up to the Pledge in an outstanding manner. They represented the nation as 4-H'ers who had achieved.

As the 4-H program grew beyond our country it was appropriate that "the world" was added to "my club, my community, my country" in the Pledge.

One of my most enjoyable tasks as an extension editor was writing about the International 4-H Youth Exchange participants—both Kansas young adults going abroad and exchangees from other countries coming to the Sunflower State to become a part of Kansas families and communities for several months.

What a rewarding and satisfying experience to share knowledge, hopes, ambitions, and everyday living with youth from other countries! Especially are the relationships enriching when they are based on a common dedication to the 4-H Pledge.

So from a 4-H club meeting in a one-room school with participants living within 10 miles of each other to programs and interviews with citizens of countries representing every continent, the 4-H Pledge has been a guide for me through the years.

One way I used the Pledge as an extension worker was to consider it in news stories and feature articles I wrote. The purposes of these press releases were twofold—to inform the readers of 4-H programs and achievements, and to give recognition to individuals, families, clubs, county and state groups for accomplishments. In interviews I attempted to learn how the Head, Heart, Hands, and

(Continued on page 6)

About the cover

"4-H Fourth with Sparklers" is the name of the 4-H exhibit at the Crawford County Fair, Mid-America Fair, and Kansas State Fair. Pittsburg, gave his picture, a Timothy Bishop is the person behind the sparklers.

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The work of Randy Reinhardt, Erie, in the safety project and the work of his 4-H Club, Best Yet in Neosho County, in safety really can't be separated. Randy was safety chairman for three years for the club; two of the three years it was chosen as the outstanding club in safety in the state, and won national honors as well, and the third year Randy was chosen as the state winner in the 4-H safety project.

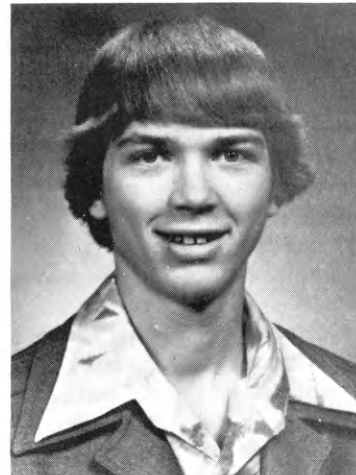
Randy asked a member of the Kansas Highway Patrol to teach a defensive driving course for the members of the 4-H club and for others in the community. Club members worked up a Halloween safety skit which they presented to the first through third grades in the schools in Chanute. The club sold fire extinguishers. Randy has given talks and demonstrations on safety each year, with seven talks given on the local radio station. He has been bicycle project junior leader for his club.

Some of Randy's other projects have been dairy, welding, citizenship, veterinary science, and public speaking.

He has won trips to Madison, Wisconsin, for dairy production; to Louisville, Kentucky, for poultry judging; to Chicago to National 4-H Congress as state winner in safety; and twice to the National Safety Congress because of his club's outstanding record.

This fall Randy will be a senior at Erie High School, where he participates in football, basketball, and track. He is vice president of his local FFA chapter and district FFA president.

Randy's parents are Mr. and Mrs. Richard Reinhardt.



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Pence Busy Beavers, Scott

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Pledge

(Continued from page 3)

Health of those concerned were used to accomplish something worthwhile.

Perhaps club members and leaders used each of the 4-Hs in planning and completing a community beautification and conservation project. A family may have been "100 percent" 4-H with the parents serving as volunteer leaders. Each family member took the Pledge as an individual challenge as they planned, worked, and played together.

Certainly the Pledge is just as important a guide for those most essential adults, the volunteer leaders and parents of 4-H'ers, as it is for 7-19 year olds themselves. No 4-H club, activity, or project ever was a total success without the cooperation of parents and leaders.

As Kansans we can be especially proud of our 4-H Pledge. The author, Otis Hall, was state club leader in Kansas when he wrote the words. At the first National 4-H Camp in Washington, D.C., in 1927 the Pledge was officially approved.

Only one change marks the original Pledge from the one we repeat today. As mentioned before, the word "world" follows club, community, country. It's a fine tribute to Hall that his words have met the test of time and change throughout the past 50 years.

Hall and his contemporaries may not have visualized 4-H projects in rocketry, photography, hand pets, dogs and cats, geology, and numerous other popular Kansas 4-H projects of today. However, they could and did write a statement of dedication, a Pledge that is as meaningful today as when it was first penned.

No better challenge or guide to youth of the 1970s, soon to be the 80s, exists than our own 4-H Pledge. As a 4-H'er of four decades,

I write -30-, journalism symbol for the end of this editorial, with the familiar words.

**I pledge my head to clearer thinking,
my heart to greater loyalty,
my hands to larger service,
and my health to better living,
for my club, my community,
my country and my world.**

4-H Projects

(Continued from page 2)

events such as:

1. Project meetings in the local club.
2. Regular club meetings (demonstrations, project talks, etc.)
3. Tours — to visit projects of members.
4. Family activity at home.
5. Exhibiting product at shows and fairs.
6. Record keeping.

What are project leaders and what do they do?

4-H project leaders are people

just like you and me. They have an interest in one particular project area. They are willing to share their time, talents, and efforts with a small groups of 4-H'ers.

You could be a project leader! It doesn't take an expert in photography to be a photography leader; the same is true with most all projects. The one most important ingredient for project leaders is that they be sincerely interested in working with boys and girls. If you would consider being a project leader, visit with your club's community leaders or club advisory committee members.

Training meetings are conducted on the county level for project leaders. Also, most projects have leader guide booklets to assist leaders.

Many clubs have a policy that unless more than two or three members are enrolled in a project, no project leader will be obtained. Parents will be expected to help the member with his project, or the 4-H'er should choose another project.



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4-H Around the State



By the State and Area 4-H Staff

Atchison County — In addition to the Lake Perry Ambassador scholarships, and scholarship money from the 4-H Foundation, the Atchison County 4-H Council voted to donate \$200 for camper scholarships to Lake Perry. The scholarship each camper will receive will be determined by total money received and the number of campers who apply.

Wyandotte, Johnson, Douglas and Leavenworth — These four counties planned a Project Enrichment Camp at the Lake Perry 4-H Center for June 14-15 for 4-H boys and girls enrolled in forestry, geology, entomology, rocketry, and ecology. Operating with a grant of State 4-H Fund Drive monies, the purpose of the camp was to test the feasibility of a project-oriented camp for members from the four counties. If successful, the camp will be continued in 1979 by recruiting volunteers to serve as instructors and facilitators.

County Exchange Trips — We started to collect information on the number and scope of county exchange trips to Texas, Arizona, Oregon, Minnesota, Iowa, and Tennessee, and finally concluded that this activity has become a major aspect of older youth programming. We will be collecting the data and methods employed and will summarize this with you in a later issue of the Kansas 4-H Journal.

Wyandotte County — Having said the above, I couldn't pass up the information about the Wyandotte County Junior Leader's trip (and wonder if maybe I was a 4-H member in the wrong generation).

This trip is planned for Jr. Leaders ages 12-19, July 10-15, in Colorado, and offers an opportunity for older 4-H'ers to work together planning and carrying out a trip designed by them. The purpose is to encourage older 4-Hers to re-

main in the 4-H program. The cost is \$35.00.

'They will be traveling by leased school bus and staying overnight in tents at campgrounds. Places to visit are Rocky Mountain National Park, Estes Park, Colorado Springs, Edgar Experimental Mine, Garden of the Gods, United States Air Force Academy, and the Royal Gorge area.'

Brown County — A 4-H woodworking class sponsored by the Modern Sunflower 4-H Club had 23 boys and girls enrolled, of whom 13 are Indian children. Interesting aspects contributing to the excellent attendance are that the project meetings were held at 3 p.m. and that school facilities were used. Mr. and Mrs. Steve Brockoff organized and led the project group that complete a variety of woodworking projects.

Marion County — Play Day for Marion County 4-H members 7-12 years of age was planned for June 20 at the Hillsboro City Park. Among the various attractions for the Play Day participants was frisbee throwing, a frog and toad jumping contest, and turtle races. The invitation read, "Be sure to bring a hopping critter or a turtle, and your swimsuit."

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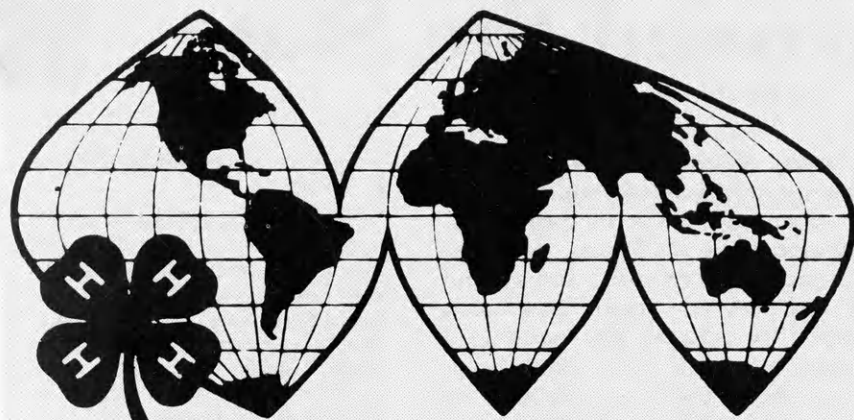
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4-H and Youth International Programs

Beginnings

During the fall of 1946 in a cafeteria at Cornell University, a young woman and three young men talked and worried at milk breaks; they talked about the wonderful experiences they had had in 4-H, and they worried about the children and young people in Europe and Asia whose lives, dominated by World War II, had had no such experiences. Life seemed to have little hope for rural people whose homes had been damaged, cattle destroyed, land devastated.

How wonderful it would be, these young Americans thought, if some of these people from Europe could come to the United States to share life with 4-H families. Maybe here they could learn new ways, learn to adapt new techniques, but most importantly, experience hope and a wonderful way of life. Perhaps their visits in the United States might stimulate 4-H and similar programs in their own countries.

One of these young men was G.B. Marion, now at Kansas State University, who, in 1946 after three and a half years in the European theater of war, couldn't forget the hopelessness he had seen. He remembers how, after thinking and talking among themselves and with others, the four college students took their idea to the New York state 4-H leader, Albert Hoefer. A man who liked to put ideas into action, he encouraged them to go to Washington, D.C., to talk with people who could get things done. Following this advice, Marion and his friends talked with the national director of 4-H work, Ed Aiton, and with senators and representatives.

"They listened to kids," Marion said. The time was right for this idea, with others thinking in the same way. So work began to make the idea of bringing young people from Europe to the United States a reality. The program got a name, International Farm Youth Exchange, and the very next spring, in 1947, the first group came from England to the United States.

In the earliest thinking, the trips were not seen as reciprocal, but as a way to help people to come to the United States. But 4-H members and families gave the program so much grassroots support, had so much enthusiasm, that very soon visitors began crossing the Atlantic in the other direction. In fact, the next year, in 1948, Kansas had its first outgoing IFYE delegate, Armin Samuelson, a Shawnee County 4-H member, who went to Sweden.

Programs today

During the thirty years since then, 4-H international programs have grown and expanded; today, IFYE continues, although now the F stands for 4-H instead of Farm, and other programs exist under the IFYE umbrella. In addition to the traditional IFYE representative, there is also IFYE Caravan, generally for younger people and for a shorter period of time.

Other programs emphasize work as part of the cultural exchange. One of these is Agricultural Work Experience (AWE), in which participants live and work with rural people in Poland and Hungary for six months or longer.

In 1968 the Youth Development Project (YDP) was started to assist

developing countries with organization of activities similar to 4-H. The delegates go for 15 months to cooperating countries in Africa, East Asia, Latin America, and the Caribbean.

In 1977 a Kansan participated for the first time in the Young Agricultural Specialist Exchange Program (YASEP); it's an exchange between the United States and the Union of Socialist Soviet Republics. Three months in the host country follow three months of orientation and language training. Participants are between 20 and 30 years of age with university training in agriculture or a related field.

Professional Rural Youth Leader Exchange (PRYLE) is planned for youth leaders from other countries; professionals study and observe 4-H work in the United States.

Professional youth leaders and volunteer leaders as well may travel in other countries and study and observe youth programs there as participants in International Extension 4-H Travel Seminars. These seminars are two to four weeks long.

Each of these programs is conducted by the National 4-H Council working with state and county extension staffs. In Kansas Dr. Charles Lang gives leadership to international programs, aided by a vigorous IFYE alumni group. Mary Kay Munson, a 1965 IFYE to India and a 1971 participant in an Extension 4-H Travel Seminar to Scotland and Sweden, and Cecil Eystone, a former member of the state 4-H staff, assist with international programs.

Kansas 4-H Foundation provides \$500 for each Kansas IFYE and YDP delegate, pays expenses for instate travel for incoming exchangees, and shares with Kansas Farm Bureau in underwriting the International Feast, an annual event at Rock Springs Ranch which honors returning and outgoing participants in international activities, as well as winners in the people to people project.

There are other "cousins" to the IFYE programs. LABO is a two way exchange, Japanese youngsters 12 to 18 visit Kansas homes one year, and Kansas 4-H'ers return the visit the next.

4-H members may travel, also, as Citizen Ambassadors, an activity of People to People, founded by Dwight D. Eisenhower. Young people from several states travel to-

gether in European countries, staying for three or four days with families in Denmark, Holland, and England.

The purpose which Dwight Eisenhower wrote for People to People can stand as the purpose for all international activities in which 4-H'ers participate: "The aim is to build a massive program of com-

munication between Americans and the citizens of other lands — to establish lasting two-way relationships from which international friendship and understanding could grow. The technique is to be direct — through people to people — as distinct from official government contacts."

It's also helpful to have a list of prices of cars, clothing, home furnishings, machinery, farm crops, livestock prices, and many everyday items. One question often asked of me was, "How much does a tractor cost in the U.S.?"

A United States map proved helpful in showing where Kansas is located in relationship to New York City, Chicago, and California, places that many Greeks have heard of.

While in Greece I kept a journal of my activities, people met, places visited, and other observations. It brings back vivid memories now when I read it. With 18 host families I had many experiences to record.

Most delegates are allowed about 10-15 days of travel time at the conclusion of their program. They are responsible for the financing and the arrangements made. During free time Jane and I traveled in Greece visiting friends and then flew to Istanbul, Turkey, for five days to meet Darrel Dryer, Missouri, and Nancy Noble, Ohio, IFYEs to Turkey. The four of us returned to Athens for five more days of sight-

(Continued on page 11)

Experiences of 1977 Participants

In Greece

By Nancy Carnahan
Ellsworth

Nancy Carnahan, 1977 IFYE to Greece, representing Potawatowmie County, relates some activities of the IFYE program and suggests ways to share with others of another country.

Before arriving in Greece I spent two days at the National 4-H Center in Washington, D.C. The following areas were covered in our orientation: 4-H philosophy and purpose, public relations overseas, finances, country briefings, an embassy visit, and a meeting with a State Department official. After this briefing, the grassroots ambassador is on his way!

Departure dates are generally late spring — Scandinavian countries; June — European countries; August — Southern Asia; and September — New Zealand, Australia.

Jane Riemenschneider from Forest Hill, Maryland, was the other IFYE going to Greece in 1977. We stayed with rural families in villages, usually 100 miles apart. Every three to five weeks Jane and I had the opportunity to spend a day or two together.

Photographic equipment like a 35 mm camera helps capture the life, friends, fun, and work. No matter what type of camera you have it is important to know how to operate it for successful pictures. I took my supply of color film and sent exposed film to the U.S. using prepaid mailers. Many IFYEs take as many as 700 slides.

One thing that's good to share is a small album of pictures of yourself, your family, and home. Include your school, stores, community scenes, church, and farming. Cap-

tions in the host language are excellent. One picture in my photo album that got a big reaction was a field scene in which the caption explained how many acres of land my family owns. Many Greek farms are only 10 acres in size.

The other picture my Greek friends commented on was one in which my grandmother was wearing slacks. Older Greek women wear dresses, not slacks.

Calling cards with your name, address, and picture are a nice souvenir to give to families and others you meet.



Nancy Carnahan helps a Greek family wrap pears and pack them in crates. She helped with the two week pear harvest while living in Kato Lehonia, a village near the Aegean Sea.

Ideas & News

From the South Central Area:

Butler County: Bluestem 4-H Club celebrated its 15th birthday on May 15 with a regular meeting and homemade ice cream and cake.

Harper County: Kim Yandell of Tip Top 4-H Club reports that the county council fundraising committee recommended that each 4-H'er return half of his prize money from the fair to be used toward the fair barn building note. This would amount to about \$800 countywide.

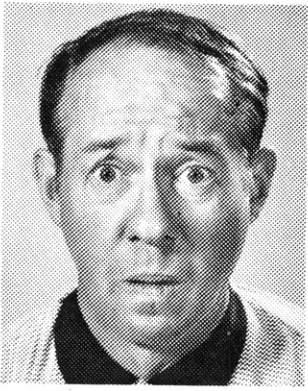
Cowley County: A team of Steve Ruggles, Winfield; Steve Drake, Atlanta; Mary Donley, Rock; and alternate Brett Billiter, Atlanta, placed first in the homesite evaluation division at the International Land, Pasture and Range Judging Contest in Oklahoma City in May. Janene Lewis was the coach.

Barber County: In another division of the same land judging contest, range and pasture judging, Barber County's team placed third. Monte Thon, Isabel, was second high individual and Susan Bland, Medicine Lodge, was fifth; other team members were Kandi Weigel, Sharon, and alternate Matt Thon, Isabel. Coach Ray Ethridge placed fifth among the coaches from throughout the nation.

From the Southwest Area:

Ford County: At the International Land, Pasture and Range Judging Contest in Oklahoma City, Ford County's 4-H team placed second in homesite evaluation and third in land judging. Duane Bayless, Dodge City, was second high individual in homesite judging and third in land judging. Other team members are Delane Unruh, Ray Snyder, and Wes Owens. A second team also took part in the judging, with Kent Venters, Dodge City, placing sixth in homesite judging and seventh in land judging.

Scott County: The cat show in Scott County had 15 entries from Rush, Finney, and Scott counties. In the junior division, Mylene Beeson from Scott County had the champion adult cat and decorated crate, with Jill Billings, Finney County, having the champion kitten. In the senior division, Twilla Riedl and Paula Conine, both of Scott County, had the champion kitten and cat, with Paula showing the champion decorated crate. (See picture next page.)



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The overall grand champion of the Scott County 4-H cat show is pictured here with its owner, Twilla Riedl of Scott County, and the overall reserve champion cat with its owner, Jill Billings of Finney County. Gwen Marmon, Scott City, sent the picture.

From the Northwest Area:

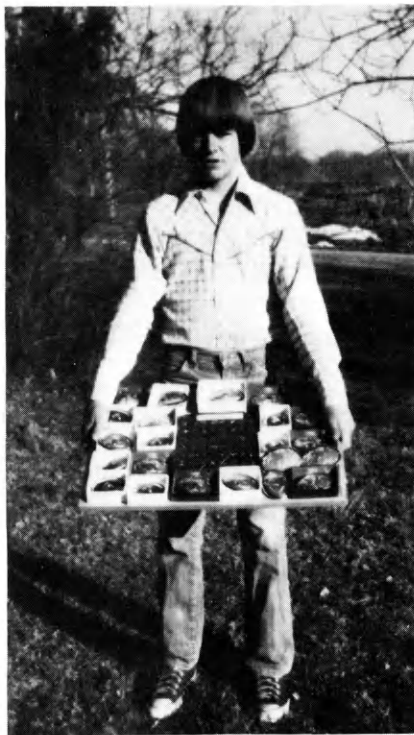
Graham County: For the second half of an exchange trip, 4-H members visited in **Brown, Rock, and Keya Paha** counties in Nebraska in June.

From the Northeast Area:

Marshall County: The members of **Home City Hustlers 4-H Club** are improving their home town by putting up house numbers. After choosing a style of house numbers, the 4-H'ers got a large map to Home City and put names on all the houses where people live. "We guessed that there were 53 houses and got a surprise with 77 including businesses. I guess that our town is growing," writes historian **Tami Weber**. Permission is asked of each resident before the numbers go up. Odd number go on the south side and even on the north. **Tami** concludes, "Our club is proud to be helping people to find the residences of Home City."

Johnson County: Individual horse stalls at the county fairgrounds will have gates, thanks to a benefit horse show sponsored by **Sharon 4-H Club**. Working through committees, the club's junior leaders planned and con-

ducted the show. **Chris Griffin** headed the junior leaders, **Bob Barthol** of DeSoto kept the show running smoothly, **Merl Wood** of Olathe was the judge, and his daughter **Bette Wood** was ringmistress. From admissions and entry fees, the club made \$630 after expenses, **Tim Griffin** reports. He is recreation leader, and the recreation committee suggested having the show. (See picture below.)



Junior leader **Chris Griffin** displays prizes awarded at the benefit horse show. Junior leaders found 65 sponsors who contributed for the trophy buckles and hat pins.

In Greece

(Continued from page 9)

seeing and shopping before arriving in the U.S. on Thanksgiving Day.

The most meaningful thing in the IFYE program is the host family experience — living as the people do and learning about their attitudes, values, and customs. The following letter from a host sister expresses the beauty of sharing that the IFYE program strives for:

Dear Nancy,

I was pleased with your letter.

I told my family your thanks for the hospitality and they were touched. You became a member of my family. You were and you are a very good girl and a simple, a happy, a smiling person.

We will remember you forever.

And me, I must tell you thank you, because you gave me the opportunity to know you, another way of life and to do a good practice in English.

Please, if you come to my country again, come to my home to visit us. I will wait for you. Good luck.

Thank you and many kisses for you of me and my family,
Tania

In Poland

By **Deryl Waldren**
Tribune

Deryl Waldren, Greeley County, was one of two 1977 Agricultural Work Experience delegates to Poland from Kansas; Adel Visser, Riley County, was the other. Carl Garten, Dickinson County, was a 1976 AWE delegate.

A year ago this July I left the United States on a seven-month 4-H exchange to Poland. I knew that a treasure chest of experiences and memories were in store for me, but little did I realize how rich and wonderful an experience it would be.

Relatives and friends often ask what I liked most about Poland. My answer is always a resounding: the people! I think most past IFYEs and delegates of other international 4-H youth exchanges would agree with me. The people you meet, live with, and share your life and experiences with for seven months are what you most remember and treasure.

I found Poles to be extremely friendly and always ready to help me, especially since I was an American. Perhaps surprising to many Americans, Poles love Americans, and have a large knowledge of the United States; much more so than Americans of Poland. Many Americans are hard pressed to remember that Poland is located in the continent of Europe.

More than six million Americans have directly immigrated from Poland or have parents or grandparents who did. Almost everyone in Poland has a relative(s) in America. I was frequently asked if I knew cousin **Malgosza** in Chicago. Obviously I didn't, but most Poles have no concept of the size and population of America. Poland is about the size of New Mexico with a population of 35 million.

Poles are amazing hosts normally, but they go out of their way to be extra-special to show their love and affection when they find out that an American is visiting their home or business. I remember one weekend last summer when I was

(Continued on page 12)

In Poland

(Continued from page 12)

on my way home after a weekend of traveling. I had taken the train as far as it went and had missed the last scheduled bus of the day. Rather than take a taxi to go ten miles, (although taxis are cheap), I decided to try my luck at hitchhiking. Hitchhiking is extremely safe in Poland, and in no time I was offered a lift by a trucker. Henry lived in the same town as I did, and when we arrived home he invited me to his home for coffee. Coffee turned out to be meat, bread, cookies, wine, plus the coffee. I hadn't been in Poland long at this time, and I was truly moved at his display of true Polish hospitality.

But it wasn't just Henry. I found people like him all over Poland as I often visited homes or friends for suppers and parties, especially during the Christmas holiday season. Poles truly believe in extending hospitality and rolling out a "red carpet" for guests.

I have especially fond memories of a young couple and their nine year old daughter. It didn't really matter that Eva, Wlodek, and Aneta spoke no English. We communicated even from the start using smiles and by playing charades. Words aren't always a necessity in communicating. Throughout my stay I always received lots of language help and patient understanding in my language endeavors.

Even so, I made many mistakes, some of them quite humorous. I re-

member the day I thought I asked a girl if she was cold. I had translated this phrase directly into Polish from English, but it didn't mean the same, as is often the case. Irene got quite a surprise and laugh, because I had asked her if she was frigid, not if she was cold.

Eva, Wlodek, and Aneta opened their home to me and I became one of the family, not an American guest. During my stay I often ate with them, slept there, watched TV with them, told them about America, learned about Poland, and spent Christmas and Easter with them. But most of all I came to know and love them. My memory is rich from the times we spent to-

gether. They came to be like my second family.

I found many more families and friends like these all over Poland. During my stay I wanted to leave a part of me with them, just as they are a vivid part of my experiences and memories. It didn't matter that communication was an obstacle at first. What mattered was that I be myself as we shared our feelings with each other. Whatever the language, feelings can always be communicated. My experiences and interactions with friends in Poland for seven months have made lasting and warm memories for me; memories of a people and a land that I'll never forget.



A boy in the Soviet Union almost smiles at Jim Pendleton, who gave him the 4-H pin he's wearing on his shirt. (See related story next page.)

Solution to puzzle on page 15.

R	E	W	O	L	F	N	U	S	Z	C	O	P	A	N	S	Y	E	G
M	S	L	K	J	I	G	A	X	T	A	W	S	X	C	D	C	A	O
P	E	O	N	Y	E	I	D	M	J	L	B	U	K	I	A	F	R	L
U	R	I	F	G	N	H	S	L	A	I	V	B	I	M	F	R	V	D
C	T	M	L	N	J	E	E	R	M	L	N	R	K	O	F	L	I	E
R	O	Q	I	L	U	S	A	P	X	I	S	A	D	A	O	S	E	N
E	C	Z	L	I	O	I	S	C	B	T	S	I	P	I	D	K	B	R
T	X	I	A	B	L	R	L	J	Y	S	L	C	M	R	I	S	T	O
T	D	C	M	S	I	A	C	B	S	M	A	G	G	S	L	A	W	D
U	N	L	O	T	O	L	Q	H	F	M	A	R	I	G	O	L	D	R
B	Y	I	G	R	O	S	K	T	I	T	R	L	Z	N	U	K	Y	L
U	N	L	I	L	A	O	R	C	A	D	I	L	O	I	T	R	T	S
V	U	Y	F	P	E	O	B	R	A	T	G	I	R	A	M	S	P	M
S	N	I	O	A	Y	M	L	P	U	T	T	F	L	O	U	W	U	
R	B	L	F	G	S	E	I	O	D	A	F	O	E	L	I	L	R	M
Q	U	C	H	I	R	I	H	K	N	S	G	W	F	L	J	I	Y	N
T	Z	B	A	D	D	Z	V	R	H	U	B	L	D	Y	O	P	V	X
C	Q	D	F	E	Q	T	A	Z	G	M	F	P	W	E	K	I	C	O
Z	R	P	A	W	O	C	F	O	U	R	O	C	L	O	C	K	U	S
C	D	H	T	A	E	R	B	S	E	I	B	A	B	K	O	M	S	Y

In the USSR

By James Pendleton
Lawrence

James Pendleton, Douglas County, was Kansas' first participant in the Young Agricultural Specialists Exchange Program. He writes about his visit to a bazaar at Gorki.

Early Sunday morning on the outskirts of the city of Gorki in the Mogeelov province of the republic of Soviet Byelorussia, the local farm workers gather for their weekly market or bazaar. Even though the bazaars, with the obvious presence of a supply and demand atmosphere, seem like a foot out of step with the rest of the Soviet socialist economy, they are of critical importance to that economy.

The bazaar reflects the Soviet society, a system and people of great contrasts. For example, the people at the market brought their produce in everything from cars and trucks to horse-drawn wagons. All kinds of people were present from the city ladies in their colorful dresses and high heels to the older men sitting together trading their weekly stories.

I walked up to a woman with woven baskets and expressed interest in her wares. While I obviously was a foreigner, she immediately became interested in me and started her sales pitch. A sale to a foreigner would certainly give her something to talk about later. Our mutual interest in each other caused a few people to gather around to see just what an American was interested in buying. With my very limited Russian, I stayed with the basic questions — how much, what is it made of, and how long it took to make. For two rubles it was quite a buy!

Many people are a little apprehensive at first to talk with "the foreigners" but once we make the first contact and show a sincere interest in them and what they are doing, they are usually more than happy to talk with us. Many things are different in our two countries but what has made the biggest impression on me are the similarities. People are much the same anywhere one goes.

The 1978 participants

In 1978 more Kansans than ever before will be involved in 4-H international exchanges, with almost 100 going abroad as 4-H delegates and as Citizen Ambassadors. More than double that number of Kansas families will entertain visitors from other countries.

Involving the largest number is LABO, the language and cultural exchange between the United States and Japan. Led by Dr. Charles Lang, a group of 65, including 9 adults, will return the 1977 visit of 190 Japanese to Kansas, leaving July 22 and returning August 24. A group of Japanese will visit 180 Kansas families later in the summer.

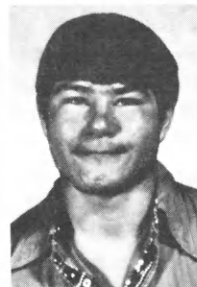
Sponsored by the Kansas IFYE Association, a mini-caravan of Kansas 4-H members is in Costa Rica for four weeks. Participating are: Bruce Clark, Preston; Nancy Courter, Cimarron; Ellen Garten, Abilene; Diana Keesling, Chase; Nancy McDaniel, Salina; Beverly Sents, McPherson; Melva Shipley, Esbon; and Larissa Sylvester, Wamego.

Two Kansans are participating in caravans sponsored by the National 4-H Council; they are Helen Reynolds, Lawrence, going to the United Kingdom, and Ronald Smith, Hays, to Finland.

The four IFYE representatives are Alan Ladd, Humboldt, and Naoma Mitchell, Dodge City, who will both go to Hungary; Diane Robson, Abilene, to south Asia; and Lowell Thoman, Jamestown, to Australia.

This year Kansas has two participants in the Young Agricultural Specialist Exchange Program to the Soviet Union; James Schesser, Horton, and Alan Atwood, Oswego, who arrived there June 2.

In the same program, Kansas families were host to four young men, technologists and researchers, from the Soviet Union. They are Michail Borisovets, Alexander Kozlovstev, Vladimir Kuznetsov, and Yuri Ogorodnikov. Borisovets and Kozlovstev stayed with the Gail Woodard family at Maize and then with the Olin Claassen family at Whitewater, while Kuznetsov and Ogorodnikov stayed with the Richard Judy family at Mankato earlier in June and then with the Clark Hopsons at Phillipsburg.



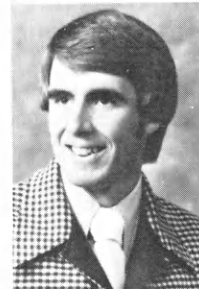
Ronald Smith
Ellis County



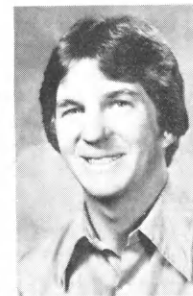
Helen Reynolds
Douglas County



Diane Robson
Dickinson County



Alan Ladd
Woodson County



Lowell Thoman
Cloud County

At least two IFYE exchanges, Christine Kaiser from Germany and Kari Weel from Norway, will be in Kansas in August.

Mr. and Mrs. Eldon Weaver, Hutchinson, are at present accompanying a group of Citizen Ambassadors in Europe. This year's participants are: Brent Dowler, Arkansas City; Lorna Sutor, Zurich; Karon Hammarlund and Sharon Hammarlund, St. Marys; Evelyn Northum, Kingman; Kimberly Zentz, Manhattan; James Wulf, Newton; Sharon Swanson, Gypsum; Kathryn Slimmer, Plainville; Lisa Sexton, Abilene; Connie Root, Medicine Lodge; Debra Mueller, Hiawatha; Brad Michael, Hutchinson; Cynthia Gigstad, Nortonville; Max Krull, Blue Mound; and Calvin, Clubine, Moline.

Host Families

Mrs. Ganoung's description of her family's experience with their Japanese guest is probably typical of the activities and emotions of many host families.

By Mrs. Herman Ganoung Jr.
Plainville

We put our application in to be a host family to a girl about 14 or 15 years of age. We were accepted. Then we met with other families from the northwest area of the state for an orientation program.

We received a copy of our exchange youth's papers as to name, age, some things about her family, and her hobbies and interests.

Her name was Yuki Kobayashi from Kashiwa, Japan, and she was 14 years old.

We wrote to her and to her parents and received letters from them. We learned a few Japanese words, but she spoke enough English that communication was no problem.

Yuki arrived in Stockton on July 28, 1977. We met her and brought her home with us. The first few days she was quite tired so we let her rest quite a bit. Then she got in the swing of things. Our girls, Robyn and Patti, did most of their work with Yuki helping with what she could. She was interested in all our activities and work.

Yuki went to 4-H meetings with us and to our county fair as it was on while she was here. My brother in law's family had us bring her to Hoisington to visit with their 4-H club members. We took her to a wedding, a rodeo, through old Fort Hays, and to Wilson Lake for a day. We had some big family dinners and took her square dancing. She rode horseback with Robyn and also had

a turn or two around the field on our big tractor in the cab with my husband.

When nothing special was planned she and our two girls played games that she had brought or did gymnastics, played the piano or just talked.

When the three weeks were up none of us were ready for her to leave and she wasn't ready to go home. We felt that even a girl from the next farm couldn't have fitted in any better or been loved any more. She was really like a member of the family. After she left, our little dog went around the house as if she were looking for Yuki.

We are corresponding regularly with Yuki and her parents now, and our daughter Robyn who is 15 is preparing for a trip to Japan this July to spend a month with Yuki and her family. They have written saying that they are looking forward to Robyn's visit.

If we had another chance we would do it all over again.



These sponsors have recently paid for Kansas 4-H Journal subscriptions for another year.

Be sure to thank them!

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The 1978 Friend of IFYE award went to Marjorie Area, who was the coordinator for Kansas 4-H international programs for 10 years from 1964 to 1974. An IFYE herself, she is active in the Kansas IFYE Association.

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Family Fun Page

4-H members are invited to contribute jokes, riddles, puzzles, or cartoons to Family Fun Page. Each month the fun page item selected as best by a committee will receive \$2.

Q. What's the easiest way to tell the difference between an elephant and a rubber duck in your bathtub?

A. Squeeze their tummies. The one that giggles is the elephant.

Kerri Bromlow, Alexander

Judy: I read in the paper that they've crossed a parrot with a tiger.

Joe: What did they get?

Judy: I don't know, but if it speaks you'd better listen!

Sharon Hawks, Hiawatha

Flower Puzzle

(Prize Winner)

Find the flowers:

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 M S L K J I G A X T A W S X C D C A O
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 U R I F G N H S L A I V B I M F R V D
 C T M L N J E E R M L N R K O F L I E
 R O Q I L U S A P X I S A D A O S E N
 E C Z L I O I S C B T S I P I K K B R
 T X I A R L R L J Y S L C M R I S T O
 T D C M S I A C B S M A G G S L A W D
 U N L O T O L Q H F M A R I G O L D R
 B Y I G R O S K T I T R L Z N U K Y L
 U N L I L A O R C A D I L O I I R I S
 V U Y F P E O B R A T G I R A M S P M
 S N I I O A Y M L P U T T F L O U W U
 R B L F G S E I O D A F O E L I L R M
 O U C H I R I H K N S G W F L J I Y N
 T Z B A D D Z V R H U B L D Y O P V X
 C Q D F E Q T A Z G M F P W E K I C O
 Z R P A W O C F O U R O C L O C K V S
 C D H T A E R B S E I B A B K O M S Y

BABIES BREATH
 BUTTERCUP
 CARNATION
 DAFFODIL
 DAISY
 FOUR O CLOCK
 GOLDEN ROD
 IRIS
 LILAC
 LILY

MARIGOLD
 MUM
 ORCHID
 PANSY
 PEONY
 ROSE
 SUNFLOWER
 TULIP
 VIOLET
 ZINNIA

Q. What do you get when you cross a black pole with a yellow cat?

A. A yellow and black pole cat!

David Britt, Bucyrus

To 4-H Members:

There's still time to send your entry for the All 4-H'ers issue of Kansas 4-H Journal; entries are still needed in all categories. All entries postmarked July 25 or before will be considered for this special issue. You may submit material in as many categories as you wish; write on the entry the name and number of the category for which it's intended, but write your name and address on a separate piece of paper and enclose in the same envelope.

A committee of former or older 4-H members will judge the entries, with the winner in each category receiving a \$2 bill as a prize.

If you want your material back, enclose a stamped self-addressed

envelope. Mail all entries to: Special Issue, Kansas 4-H Journal, Umberger Hall, KSU, Manhattan, KS 66506.

These are the categories:

1. Cover photo; 8"x10" black and white glossy print.

2. Editorial: comment on any subject of interest to 4-H members, in length, about 500 words.

3. Idea exchange: a short article telling about an idea which has worked well as a group activity.

4. "How to do it": a step by step description of how to do a specific craft or activity

5. Help with a project: suggestions for doing project work in any project

6. "I need help!": a question or problem in your project work, club meetings, or activities which other members or parents or leaders may help solve

7. Ideas and news: short paragraphs about a 4-H club, member, or leader

8. Family Fun Page: jokes, riddles, puzzles, cartoons, games

9. Pictures: black and white glossy prints

Don't put off writing; get started working on your entry today.



Bill Yates

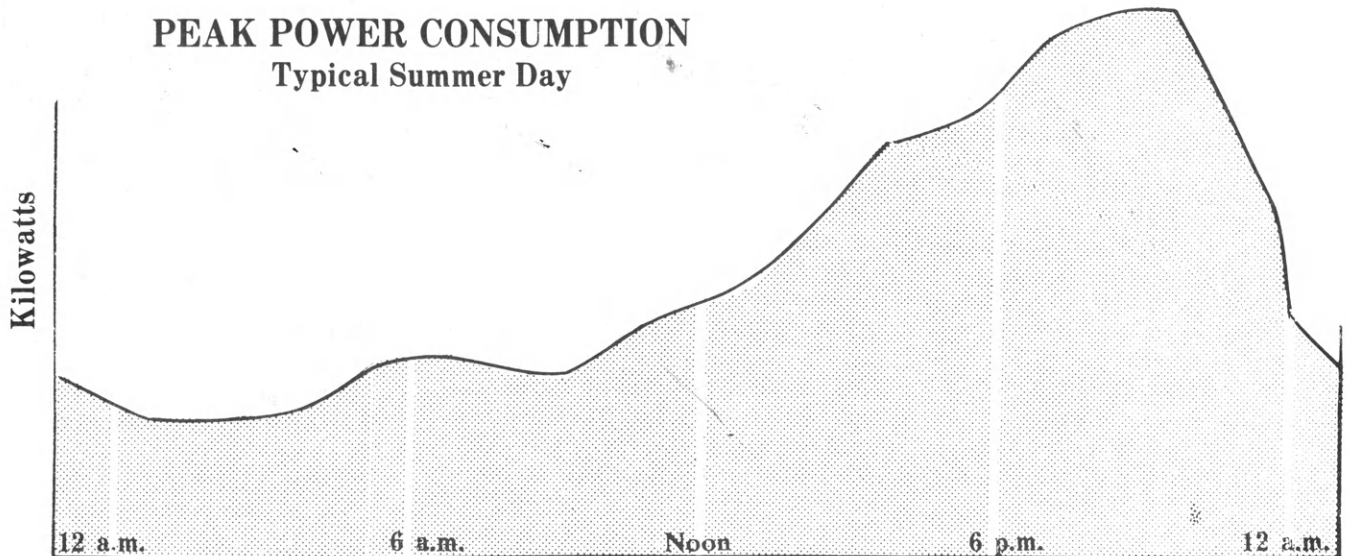
"Wal, guess I'll be moseyin' along."

Solution is on page 12.

Jolene Evans, Gove

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PEAK POWER CONSUMPTION Typical Summer Day



Oh Those Expensive Peaks!

What's a peak?

As the graph illustrates, the peak is the time during the day when the demand for electricity is at its greatest—usually around 4 to 9 p.m. when hot weather prevails.

Why do peaks occur?

In addition to air conditioning, many consumer-members are also baking, washing clothes, operating large electric motors, or other appliances. Electric water heating and air conditioning are big users of electricity.

There's not a shortage of electricity. Load management, by spreading out the use of electricity more evenly, helps get better efficiency from the electricity that's produced.

Peak power costs us more

As part of the wholesale power contract, your cooperative purchases electricity based upon the peak demand, even though the peak may be reached only once during a summer. After all, it takes larger and more expensive power plants to continually meet the rising peaks year after year.

Here's what you can do

Let's shift our use of electricity into more off-peak periods...such as the early mornings when cooler weather prevails. Wash clothes and dishes during the cooler hours, or start cooking your evening meal earlier in the day, or bake in the mornings.

Listen to radio for announcements concerning programs that encourage your help in keeping the peak down. Load Management does not mean going without electricity, it does mean using electricity more wisely.



Encouraging Everyone to Use Electricity More Efficiently

**The Electric Cooperatives
Of Kansas**