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JOURNAL



Oldest collegiate 4-H club in Kansas will soon be

By Ann Johnson
Scandia

50

"To make the best better" sounds like quite a job, but after seeing a gang of Kansas State University Collegiate 4-H'ers in action, their motto doesn't seem quite so impossible. Celebrating its golden anniversary this year, the club boasts of its achievements over the years.

Cecilia Kasl from Cuba and Lisa Sexton from Abilene are co-chairmen of the committee that has planned events to honor collegiate 4-H's 50 years on the Kansas State University campus.

Cecilia said, "In December there will be a kick-off reception at the K-State Union where past scrapbooks and pictures will be on display."

Also, a booth in the 4-H building at the Kansas State Fair in Hutchinson this September will tell the public of the club's history and later, a banquet will honor K-State collegiate 4-H seniors, alumni, and Cecil Eyestone, the club's adviser for more than 16 years.

Then at University Open House April 2, 1977, a display will tell of the club's work. The committee is compiling the club's history in honor of the 50th anniversary.

The past spring semester Deryl Waldren served as president of the 117 member collegiate 4-H club. Deryl said, "When a student joins collegiate 4-H, he will immediately notice major changes from 4-H in his local county. He will not find individual projects, record books or presentations anymore." He added, "What he will find is social development, educational programs, service projects, lots of fun, and membership open to 4-H and non-4-H'ers too. All that is required is willingness to get involved with other people and a desire to communicate with others."

Carrying to college the ideals integrated into them as 4-H'ers, the students take part in many service projects and social activities. For example, they operate the foodstand in the 4-H Exhibits Building at the Kansas State Fair, volunteer service to counties by teaching new club officers of their responsibilities, travel to various counties to judge at county and regional 4-H

days, and join with Kansas junior leaders for the annual clean-up in preparation for summer camps at Rock Springs Ranch.

Kansas State University Collegiate 4-H is a member of the National Collegiate 4-H Club Organization, a service and social organization made up of member clubs throughout the nation.

The K-State Collegiate 4-H'ers were host to the National Collegiate 4-H Club Conference in 1975, with Deryl Waldren serving as national chairman. He said, "National conference is a way for 300 members to get together once a year to discuss strengths and weaknesses of the 4-H program, formulate new ideas for the 4-H program on a local through national scale, and reminisce with old friends."

Events the K-State Collegiate 4-H'ers have planned include the first annual Kansas Collegiate 4-H Club Conference in Manhattan this fall, for the 10 Kansas collegiate clubs to exchange ideas and coordinate state service projects and activities, a trip with representatives from the other Kansas clubs to the National Collegiate Club Conference at Pennsylvania State University; and exchanges with the University of Missouri and the University of Nebraska.

According to an old secretary's book, the club began December 16, 1926, in Recreation Center in Anderson Hall with a meeting of about 75 of the 160 ex-4-H members then students at Kansas State College of Agriculture. The purpose of the organization was to enable the 4-H'ers to become better acquainted among themselves. The first president was J.K. Tompkins.

Cecil Eyestone, extension 4-H and youth specialist and adviser to the K-State club said, "The club was organized in the fall of 1926, through the efforts of M.H. Coe, state 4-H leader, the 4-H Club Department, and the support of President Farrell." He added, "The club has been continuous in organization since that time, following the same purposes and goals."

Some of the more important events shown in Mr. Eyestone's files in the history of the club are the following:

In 1928 the K-State Collegiate 4-H Club sponsored 4-H radio programs over KSAC; published Who's Whoot, a yearbook for Kansas 4-H'ers; and organized a 15-piece orchestra.

In 1929 the club established a loan fund of \$1,000 which has since been increased to \$1,500.

In 1931 a plan of two meetings per month was adopted which has been maintained ever since.

In 1932 the club adopted the present policy of recognizing annually a limited number of seniors who have rendered the greatest service.

In 1933 the club gave \$500 to the college for the permanent installation of projection equipment for talking pictures in Nichols Gymnasium which burned down in 1969.

Other projects over the years include providing money to furnish one of the rooms in the K-State Union and buying dishes for the 4-H Encampment Building on the Kansas State Fair grounds in Hutchinson.

In 1950 with a membership of 600 the K-State Collegiate 4-H Club became the largest club on campus.

As times change and people change, one thing will remain the same — K-State Collegiate 4-H'ers will continue to make the best better.

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The meaning of the four Hs

Last year, a letter from the past was sent to Kansas 4-H Foundation by Lois Aseltine, the daughter of Kansas' first state 4-H leader, Otis Hall. The letter which Mrs. Aseltine had found in an old trunk was written 44 years ago by O.H. Benson, the head of 4-H work in the western and northern states. Asked to speak to a 4-H group in New Jersey, he was unable to go, so wrote a letter to the group instead; then he sent a copy of the letter to his friend, Otis Hall. Mr. Benson told that 4-H work developed in Wright County, Iowa, until more than a thousand boys and girls were in 4-H work in the single county.

Once when Mr. Benson was visiting a rural school in the county where he was superintendent of schools, he found the teacher and students in a clover field, where they were gathering four-leaf clovers. The clovers were given to Mr. Benson and he was invited into the school room and there asked to say a few words.

Then to quote from the letter: "In response I went to the blackboard, drew a picture of one of the four leaf clovers and printed upon each of the leaves an H, thus making the first 4-H emblem in design, then with the aid of the children, we developed the motto, which was, 'The equal training of heads, hearts, hands and health every day in both work and play.' This motto was later changed by the Government to the one you are now using, which is, 'To make the best better.' Then we proceeded to develop an explanation or meaning of each H. The first one meaning head to be trained to think, plan and reason; the second H represents the heart which must be trained to be kind, true and sympathetic; the third H represents the hands which must be trained to be helpful, useful and skillful. The fourth H represents the health and must be so developed that we can resist disease, enjoy life and be masters of our life's work.

"The 4-H pledge you are now using was developed by Mr. Otis E. Hall, a former County Superintendent of Schools in Crawfordsville, Indiana, who was an early visitor to study the 4-H Club work of Wright County, Iowa, long before the Federal Government and the State Colleges adopted the work. He was later sent to the State of Kansas to be the first State Leader of 4-H Clubs of that state. . .

"... I had charge of 4-H club work for about ten years and helped to start the work in every state in the union, and also had the pleasure to see my own three children become 4-H club members. . .

"Our home has long been a 4-H home and will continue so to be. Every room gives evidence in photographs, craft work, and in other ways of the many active years of our three children in this very splendid work for boys and girls. As parents and citizens, Mrs. Benson and I are deeply grateful to the Home Demonstration Agents, Club Leaders and County Agents, and especially to the volunteer leaders who have done so much for our three children and for the Benson family interests.

"I am happy to bid you Godspeed in your work and to wish for you happiness and achievement in your every effort to reach the standards set in your 4-H education and training."

Sincerely your 4-H Friend,
 O.H. Benson

About the cover

"Who is David Harmes?" This is a question which has come to the editor of Kansas 4-H Journal. David is a young artist who works for the Cooperative Extension Service of Kansas State University, and he's been using his talent to design the

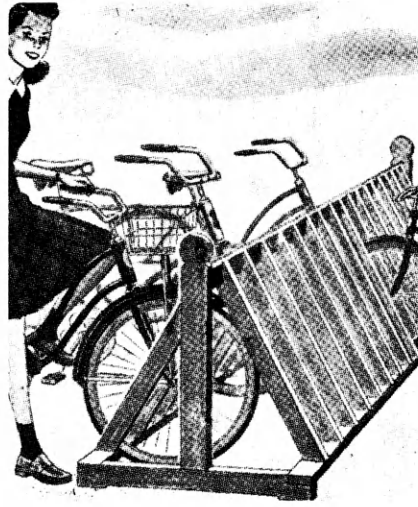
covers for the Journal.

A native Kansan from Topeka, Dave has a Bachelor of Arts degree from the Kansas City Art Institute. As an extension specialist in illustrative art, he designs publications for the extension service.

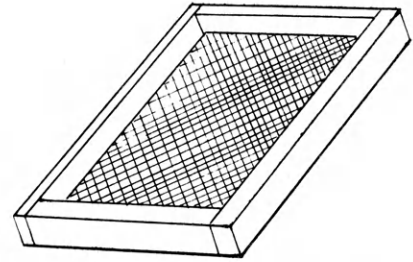
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4-H Around the State

Sedgwick County — A "first" for Sedgwick County is actually two firsts. Boys and girls 7 to 12 years of age were invited to participate in a three-day Geology Day Camp July 6, 7, and 8. A second day camp attraction was the Nutrition Camp held July 9. The major attraction at this camp was the preparation of the noon meal by the participants. The two day camps were planned and intended for boys and girls not presently enrolled in 4-H.

Harvey County — Mid-July marked the date of 4-H Day Camp for those too young or otherwise unable to attend the Harvey County 4-H Camp at Rock Springs. Although indicated as a day camp, it actually featured an overnight. Day camping specialist Leanna Smith assisted in the program.

Shawnee and Wyandotte Counties — Susan Craig in Shawnee and Gail Canales in Wyandotte have requested and received grants from the 4-H Fund Drive for local programs that have a state-wide application. The Shawnee County program is in support of the nutrition program enrollees. The Wyandotte County program is to fund the training of disadvantaged youth so they might obtain employment as waitresses and busboys during the Republican National Convention in Kansas City.

Neosho County — Two groups of county champions will be rewarded in Neosho County this fall. Record books will be placed in either the junior or senior division and judged accordingly. National, state, and county sponsored medals will be presented to older members with outstanding records as in previous years. A special certificate, designed and printed in the county, will be presented to 4-H'ers with top records in the junior division, unless they qualify for a medal. They may be eligible to receive medals due to low quality records and/or no competition in the older division. This system allows more younger but often overlooked 4-H'ers to be recognized.

The High Plains Western 4-H Horse Show took place July 16 at the Ford County Fair Grounds Arena.

Wilson County — The Wilson County Extension Service and Wilson County Fair Association are sponsoring a bicentennial Giant Sunflower Growing Contest involving students in grades one through six. Seeds and instruction sheets were provided at no cost to over 1,000 enrollees. The sunflowers were exhibited at the Wilson County Fair in July. Classes were provided for sunflowers with the largest circumference, heaviest head, and tallest stalk. Each exhibitor received a participation ribbon. This program was followed by a special giant pumpkin growing contest.

Ford County — The Ford County Extension Council is sponsoring a Zinnia Growing Contest, with exhibits planned for open class at the county fair. Participants are eligible who are between kindergarten and sixth grades this past spring. The council furnished the seeds for contestants.

Sedgwick County — A new feature looking ahead to the introduction of three project areas involving certain pets this fall was the 4-H Pet Show June 7. Categories for all kinds of hand pets including tropical fish, hamsters, turtles, gerbels, cats, and so on were available. Not all of the above will be included in the three project areas of hand pets, aquarium pets, and cats to be introduced statewide this fall.

Rice County — A new collegiate 4-H club is being established at Sterling College, bringing to ten the number of collegiate 4-H clubs in Kansas. The charter club is the old collegiate 4-H club at Kansas State, established in 1926.

Marion County — A Flower and Garden Show combined with a walk-in horticulture contest is scheduled for the Betheseda Home for the Aged in Goessel. This is a desirable setting for the combined events, as many of the residents need this sort of attention and consideration. Some counties have held their dog training schools on the lawn of the local rest home, where they have had a most attentive and appreciative audience.

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V-P of Dillon Co. becomes a member of Foundation board

Dick Dillon, Hutchinson, is a new member this year of the Board of Trustees of Kansas 4-H Foundation. He is currently serving as executive vice-president of Dillon Companies, Inc., a company operating supermarkets and convenience stores in 11 central and western states.

Dick Dillon was born and raised in Hutchinson, where he currently lives with his wife, Carolyn. They have three sons: two are students at the University of Kansas at Lawrence and one attends Hutchinson High School.

For eight years, Mr. Dillon was a member of the Hutchinson Board of Education, serving a term as president. He has served on the Board of Directors of the Hutchinson Chamber of Commerce and of the Kansas State Chamber of Commerce.

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Last call for material for the special 4-H members' October issue! !

Thank you to the 4-H members who have already sent material for the special October Journal! However, more entries are needed in all categories.

The categories are: 1, Cover photo; 2, Editorials; 3, Idea exchange; 4, How to do it; 5, Help with a project; 6, Ideas and news; 7, Family Fun Page; and 8, Other pictures.

A \$2 bill will go to the person submitting the entry judged to be best in each category; judges will be a committee of 4-H members.

Enclose your name and address and the name and address of your community leader on a separate sheet of paper. Entries must be postmarked August 15 or before. No entries will be returned unless a stamped, self-addressed envelope is enclosed.

Address material to Special Issue, Kansas 4-H Journal, Umberger Hall, KSU, Manhattan, Kansas 66506.

For more details, refer to page 21 in your June Kansas 4-H Journal.

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"Young and old learn from each other"

The All-American Foods Project Group of the Santa Fe Trails 4-H Club had a memorable class meeting recently. Kalene Conrady, Candy Hawkinson, Holly Rathbun, and Chris Mowery went to the Geriatrics Unit of Memorial Hospital, McPherson, to cook with the Saturday afternoon cooking group of geriatrics residents. Cookies are an All-American Foods emphasis and the wheelchair patients love them also, so snickerdoodles were the order of the day.

Each girl teamed up with one of the residents and each team was given a large-print copy of the recipe. Utensils, ingredients, and measuring spoons were set out on a long table, and soon four batches of cookies were underway. The girls dipped and measured; the patients creamed and stirred: Happy hearts and joyous faces of young and old gave an added warmth to the event as the women and girls began to know each other better, sharing in their tasks. Youthful fingers and fingers worn with years rolled the dough into balls and dipped them into cinnamon and sugar, with some tasting in the process.

A wonderful aroma filled the halls of this long-term care unit, bringing comments from other patients and visitors, attracting nursing and cleaning personnel, and filling the bakers with pride. As the snickerdoodles began to emerge from the oven, playful rivalry began between the teams as to whose cookies looked and tasted the best. Perhaps the product was not quite blue-ribbon quality, but the good feelings enjoyed by young and old were Superior and Top Blue.

Girls joined with Candy Stripers and staff in pushing the wheelchairs out of doors and a tea party in the spring sunshine was enjoyed by all. Memories of other springtimes mingled with prideful comments on the cookies and confessions as to how many were being eaten. Even the nurses were given a plateful to taste.

Everyone looks forward to another shared meeting and cooking class, in which young and old learn from each other.

These are the sponsors who pledged, during the past month, to provide your Kansas 4-H Journal for the coming year.

Be sure to thank them!**CHEYENNE**

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Looking For Higher Ground

An Exploration Into Alcohol

.....*its use*.....

.....*its abuse*.....

.....*and alternatives*.....

By Billie Gibson

Public Health Educator

Kansas Department of Health and Environment

*"Gonna keep on trying,
Til I reach my highest ground."*

The music of Stevie Wonder taken from the hit song, "Higher Ground," characterizes the struggle and search involved in growing up, learning about life, and understanding ourselves.

In this article we explore an issue of growing concern—teenage drinking.

One way or another, almost all teenagers are introduced to alcohol before graduation from high school. Going to a party where everyone is drinking beer, being

"...we are being 'polluted' from many pressures encouraging us to drink."

with a group of friends who use alcohol regularly, or even watching the drinking habits of one's parents—are only a few ways in which a young person confronts alcohol (booze). Whether the setting be provided by parents or friends (more often it's friends), the decision to drink or not to drink often becomes a spontaneous reaction without sufficient time and information for a wise decision.

Experimenting with alcohol for many young people is an accepted part of growing up, a sign of adulthood in our society. To drink or not to drink, how, and when, becomes just one more decision in the complex process of growing up. The consequences of this choice will have great impact not only on the individual but on a number of other people, too.

Alcohol—What is it?

Alcohol is a natural substance formed by the reaction of fermenting sugar with yeast spores. Although there are many types of alcohol, the kind found in alcoholic beverages is known scientifically as ethyl alcohol, a colorless, inflammable liquid which has an intoxicating effect.

Alcohol is the most popular mind-altering drug used by teenagers in the United States. A National Institute

on Alcohol Abuse and Alcoholism (NIAAA) study has estimated that more than 15 million teenagers, out of 21 million in the 7th through 12th grades, have consumed alcoholic beverages during the past year and that at least three and a half million drink on a weekly basis. These figures are shocking, but how often do parents express a sigh of relief to learn that their child is using alcohol and not "hard drugs"?!

Alcohol—A people problem

It is much easier to drink today than not to. Young people drink for a variety of reasons with potent influences coming from parents and peers. Take a close look around you—we are being "polluted" from many pressures encouraging us to drink. Advertising is one of the most effective means of influencing behavior, sometimes without our conscious awareness. In advertisements success, acceptance, youthfulness, fun, and happiness are associated with drinking. In fact, even the word "drinking" evokes an automatic response—alcohol. According to a report published by the New York Temporary State Commission to evaluate drug laws, one out of every six commercials on prime time television advertises some drug chemical. "Enjoy the

"We know abusive behaviors are less likely to appear in those people who are happy with themselves."

fine life with. . . (booze)." Alcohol seems to be a must for "good times."

Children use as models for their behavior the important adults who surround them: parents, teachers, neighbors, and others. Of the nation's adult population, more than two-thirds drink alcoholic beverages at least occasionally. Most of them drink wisely; however, 10 million people have lost their control over the use of alcohol—they are alcoholics. Not one of these 10 million could have become an alcoholic without first consuming alcohol.

There's an old saying, "To become a better teacher, you must become a better person." Schools, home, church, and the community all function as teachers in

our culture and must bear the responsibility for the education of our youth.

We must practice what we preach. Facts alone are not enough to initiate behavior change. We have to be motivated.

Probably the biggest motivation in peer pressure—"What will my friends think, feel, and do?" "Will I feel alone and unpopular if I don't 'join the fun'?" Adolescence is a turbulent period of physical and emotional changes as well as time of contradictions and frustrations. A teenager is told to be responsible and mature, but often is not recognized or treated as an adult.

For some young people, abusing alcohol or drugs is a way of acting out these negative feelings and fears. In this fluctuating state of change and confusion, sometimes their relationship with friends seems to be the only constant. The need to be accepted is very important. Rather than be left out, they sometimes indulge in alcohol, drugs, or delinquent behavior.

Statistics and reports of teenage drinking are never particularly accurate, although they do indicate that the problem has increased dramatically in the last decade. In a national probability study conducted by NIAAA, it is currently estimated that 70 per cent of the junior high students (almost a threefold increase over 1969) and 80 per cent of the senior high students (an increase of less than one-third over 1967 levels) have used alcoholic beverages. While most young people who drink do not use alcohol in a destructive way, 1.3 million Americans

“. . . alternatives to drug and alcohol abuse are also alternatives to the stresses and problems of everyday living.”

between ages of 12 and 17 have serious drinking problems. Just as there's no such thing as a "typical alcoholic," we cannot focus on a certain type of teenage drinker. They "represent all levels of scholastic achievement and aspiration—53 per cent expect to go through college and beyond," according to a survey conducted for the National Highway Safety Traffic Administration in 1974.

In the wake of widespread abuse of alcohol in our society, one question stands above all. Are we "mis-educating" our young? Are we sending them out into the midst of confusion and change without giving them self confidence and faith in themselves, without the skills necessary to cope with a stressful environment, and without the personal awareness of alternatives to drug and alcohol use?

It is time we attend not only to the cognitive and intellectual needs of students, but to their emotional and social needs as well. Why are young people indulging in abusive behaviors—what are they searching for?

Perhaps one answer might be sought in the problem of the "self-image." How much do they like themselves? We know abusive behaviors are less likely to appear in those people who are happy with themselves. If you really care about yourself, your body, your hopes, and your potential, you will probably take good care of yourself.

Through the promotion of self-confidence and a positive self-image, opportunities are provided for young people to initiate and regulate their own learning and to feel good about assuming responsibility for their own behavior.

Young people must be encouraged in their exploration of more self-fulfilling alternative involvements and supported in their search for rewarding experiences and life styles without relying upon chemicals.

Youth needs to be helped to develop the knowledge and skills needed to make sense out of their experience with themselves, with others, and with the world. Galileo said, "You cannot teach a man anything. You can only help him discover himself."

When encouraging alternative activities, it should be recognized that, for some, an artificial and temporary escape and relief of pain can be found through

“Remember, it's perfectly all right not to drink.”

alcohol and drugs. Alternatives are not merely substitutions. To adequately confront the problem we must get at its roots, and work on the reasons why people drink rather than just the drinking problem. Viable alternatives to drug and alcohol abuse are also alternatives to the stresses and problems of everyday living.

There is an alternative to meet every type of human need—vocational, intellectual, spiritual, social, emotional, interpersonal, and many more. When deciding upon alternatives, look at the basic need—then create an activity or experience appropriate to that need. What may be a meaningful activity for one person may not be for another. What experience is being sought and why? For example, one's motive for using alcohol may be to loosen up and feel more relaxed. An alternative may be yoga, dance, creative movement, or meditation.

Whatever the need or experience, there is always an appropriate alternative available: music, art, writing, hobbies, sports, helping other people, travel, . . . there's no end.

As James Baldwin said:

*"Not everything that is faced
can be changed;
but nothing can be changed
until it is faced."*

You must make your **own** decision concerning alcohol. Explore your feelings about booze, and where it fits into your life style. Be aware of the facts and the double messages that surround you. Remember, it's perfectly all right not to drink. What turns you on? Look into the person you are and the person you want to be. Take a chance. Explore the roads into yourself, and those leading to where you want to be; then discover which one will take you there.

*"Keep on tryin'
Til you reach your highest ground."*

Editor's note: We welcome comments in regard to teenage drinking and this article from parents, 4-H leaders, and 4-H members. Address letters to Alcohol, Kansas 4-H Journal, Umberger Hall, KSU, Manhattan, Kansas 66506.

From 1969 through 1972, five Fishburns, children of Paul and Lula Fishburn, were in the Haven 4-H Club at the same time. Bryan, Beverly, Bradley, Phillip, and Jana were in 4-H together in 1969 and 1970; Rex joined the year after Bryan had to drop out. Five members from the same family in the Haven Club at the same time was a record until it was both tied and broken by other families this year.

Charles and Elaine McHenry have five: Cathy, Charles, Clay, Gary, and Raymond. However, Phil and Carol Kinast have seven children in the Haven club: Barbara, Christy, Cinda, Connie, Dean, Mark, and Vince. The Kinasts were the parents of four daughters; then a few years ago, they adopted three boys. Phil works closely with the Kansas Association of Adoptable Children. In 4-H, the family has an outlet through which the children can channel their talents.

Members of the Reno County Haven 4-H Club would like to know if there are more than seven children in 4-H from the same family elsewhere in Kansas.

A group of 41 Morris County 4-H members enrolled in the home improvement project, their mothers, and other guests toured the Amana colonies in Iowa during June. The group visited the Amana woolen mill and toured the places where Amana appliances and Amana furniture are made.

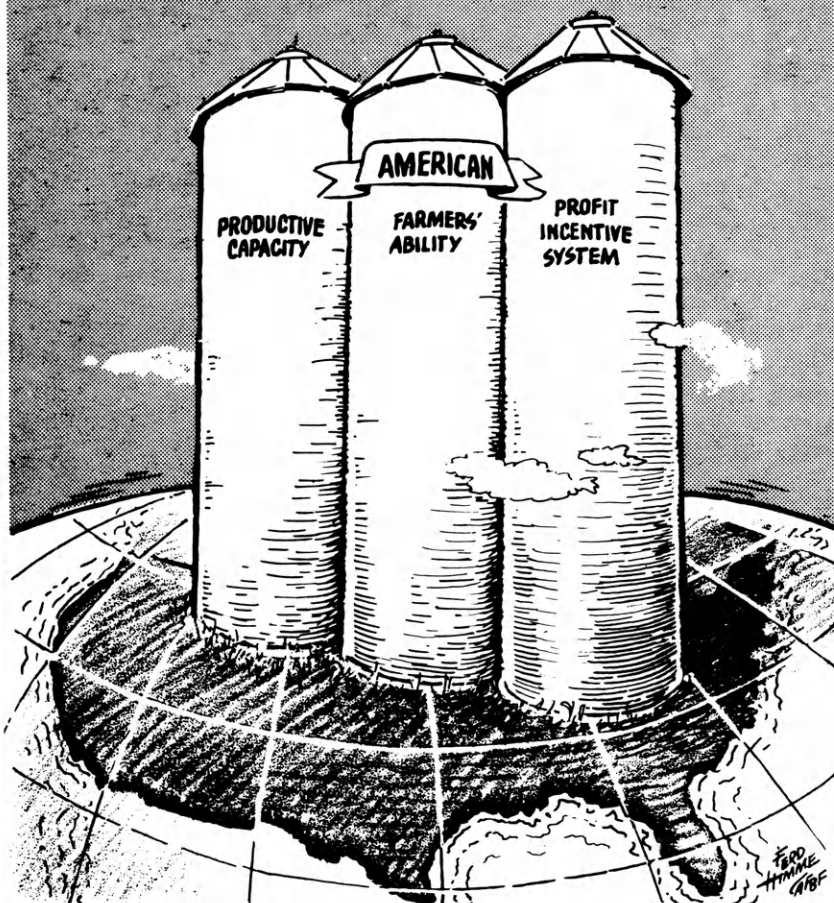
Sponsors for the tour were Norma Zimmerman, the county home improvement leader, and Janet Rediker, the county extension home economist.

Early in June, 15 Franklin County 4-H members went (not without some difficulties, delegate Barry Gaeddert writes!) for a three-day Franklin-Lyon County exchange. Most of the delegates stayed on farms, a new experience for some who had not been on a farm before. Just some of the activities enjoyed were horseback riding, croquet, swimming, baseball, cooking meetings, and miniature golf.

The following week several Emporia 4-H'ers came to Franklin County for the second half of the exchange program.

A young farmer from India, S. Nagaraj, is visiting the Edgar Von Soosten family at Girard in Crawford County after staying during July with the Edwin Shermans, Greenwood County; the Charles Glenns, Sumner County; and the John Dotys, Chautauqua County. He is the second IFYE to arrive in Kansas this year.

THE BEST FOOD RESERVE - FOR AMERICA and THE WORLD



Farmers are growing tremendous quantities of grain . . . 5.8 billion bushels of corn and 2.1 billion bushels of wheat in 1975.

Today, farmers, co-ops, processors, and private traders hold the grain reserves instead of the government. The bins of this nation haven't suddenly scraped bottom as the scare-mongers would have you believe. Those bins are refilled on schedule every summer and fall, just as they always have been.

It's possible because farmers and ranchers have an incentive to grow more . . . a chance to make a profit.

. . . a thought to consider in this Bicentennial year . . . from Farm Bureau, the professional organization of farmers and ranchers.

The Up-N-Comin 4-H Club project for this year was painting the fair booths for Woodson County. All of the club members gathered early one morning during spring vacation, well supplied with paint brushes and rollers. Each one brought a sack lunch and stayed for a break at noon, and then continued painting. Later on the junior leaders did some touchup work, to complete the job.

Reporter Kay Deane McCormick writes, "We are now looking forward to having clean booths for the up-coming fair." Mrs. Charles Lewis is community leader.

In June, Morris County junior leaders were hosts to a group of 4-H'ers from Van Buren, Arkansas. The visitors were invited to participate in the Council Grove bicentennial events as well as

regular 4-H activities and meetings.

The host 4-H members were Richard Muller, Kirk Waters, Pam Robidou, Tim Remy, Doug Wilkerson, Perry Gutsch, Karla Dierking, Stephanie Mowry, Susan Zimmerman, Barbara Reveal, and Mickey Viar. They plan to go to Arkansas next summer for a return visit.

Extension agents in Morris County are Dale Ladd and Janet Rediker.

The Chase County Toledo 4-H Club spent an afternoon painting the Saffordville United Methodist Church as the club project. Because the church members are working toward remodeling the church, the 4-H members thought this would be a good service to the community. Janice Danford writes.

Solution to puzzle on page 15.

GIANT ELF SCARF
 E O A E I I
 R O TARGETS P N
 MALE R DEAN
 A D DO A OH T I
 N O AND E S
 SISTER D FRENCH
 I OFF A
 MOTHER A BARGES
 E V ATE B P
 X A EL H ME D A
 INCH E RAIN
 C E MARRIES D I
 A U E C K S
 NOMAD DUE IRISH

4-H'ers polka in Pittsburg

One bicentennial activity which brought a special thrill to a group of 4-H'ers was appearing with Governor and Mrs. Bennett in a scene in "Udell's Printer '76." The 4-H'ers in the musical comedy were selected from 24 members of the Win or Bust 4-H Club who took three squares to Crawford County 4-H Day, and then were in demand as entertainers for such groups as teenage clubs, PTA, and senior citizens in Girard, Cherokee, and Pittsburg.

Some of the dancers auditioned and were chosen to dance a polka in

"Udell's Printer '76," a production which celebrated the Pittsburg centennial year as well as the nation's bicentennial.

"Udell's Printer '76" was adapted from the novel "That Printer of Udell's" written by Harold Bell Wright, who was a minister at the Christian Church in Pittsburg at the turn of the century.

Star of the play was Dean Dittman, a former Kansan who now lives in Hollywood, California. The adaptation was written by Gene DeGruson in collaboration with the director, Gordon Lohr.

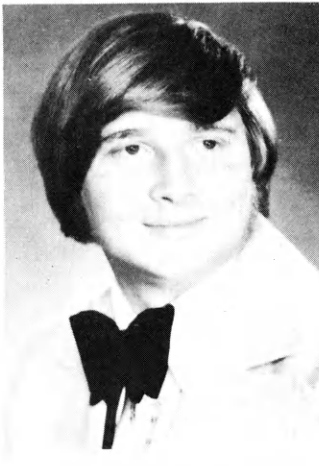
The 4-H members who participated in the play were Rebeca Graham, Lisa Krumsick, Jerry Medford, Leigh Toburen, Doug Medford, Bill Peck, Mike Vanderhoofven, Scott Vanderhoofven, and Eric Wulfekammer.

In the picture below, Mrs. Bennett, Governor Robert Bennett, and the 4-H members are among those on stage.



THE FORD MOTOR

STATE WINNER



Keith Allen

ACHIEVEMENT

Keith Allen of Kismet, state winner in achievement of 4-H young men, has been especially interested in corn and citizenship as 4-H projects.

During five years in the corn project, he has grown 95 acres with an average yield of more than 100 bushels per acre. Irrigation and treatments for insects and disease are a part of his management practices. He uses aerial pictures taken with infrared film to see needs for irrigation and treatment of cornfields.

In the citizenship project, Keith studied local, state, and national governments. He obtained sample ballots and compared his preferences with election results.

Keith, the son of Mr. and Mrs. Glen Allen, is a student at Kansas State University. He hopes to be a veterinarian.

4-H

The Ford Motor Company is proud to present a maximum of four gold-plated medals of honor to county winners in the 4-H achievement program.

Count

ALLEN

Ray Ladd
Gerald Kipp
Terri Beck
Cindi Wagner

ANDERSON

Larry Lankard
Jack Ball
Lorena Croucher
Vicki Sprague

ATCHISON

Marsha Taliaferro
Randy Tosh
Becky Besancon
Ty Compton

BARBER

Mona Ruck
Robin Rusk
Clint Rusk
Harold Angell

BARTON

Wayne DeWerrf
Keith Miller
Debbie Ahrens
Judy Demel

BOURBON

Mark Fink
Karen Ericson
Curtis Russell
Susan Ericson

BROWN

Juanelle Pederson
Martha Dæ
Ann Bunck
Kevin Brockhoff

BUTLER

Doug Claassen
Lane Chase
Kenneth Willhite
Mary Jo Lill

CHASE

Ed Entz
Darrel Schwillig
Janet Cooper
Marla Molzen

CHAUTAUQUA

Karen Call
Lura Fuller
Lori Martin
Greg Swaney

CHEROKEE

Carol Carnes
Bob Maxwell

CHEYENNE

Jeannie Loop
Cindy Curry
Kelly Morris
Ralph Lebow

CLARK

Barbara Blankinship
Don Breit
Kathleen Seacat
Rita Moon

CLAY

Eric Carlson
Yvonne Visser
Dee James
Kathy Cott

CLOUD

Sandy St. Pierre
Ron Johnson
Beverly Fuller
Bradley Fuller

COFFEY

Mark Raaf
Eileen Eggleston

COMANCHE

Rusty Murphey
Penny Parcel
Chan Gates
Kathy Parcel

COWLEY

Sonya Green
Mitch Post
Brenda Ireton
Emil Wittenborn

CRAWFORD

Donna Mahnken
Rachelle Mengarelli
Bill Kunshek
Scott Williams

DECATUK

Gary Anderson
Ward Brown
Gayle Anderson
Darla Anderson

DICKINSON

Jim Griffin
Casey Garten
Lisa Sexton
Ellen Garten

DONIPHAN

Parry Megown
Vaneta Blevins
Shari Denton
Marilyn Meng

DOUGLAS

Mark Winter
Mark Schaaak
Ann Seymour
Dale Anders

EDWARDS

Shirley Fouse
Martha Herrmann
Nancy Olsen
Faye Carlson

ELK

Marcene Bellar

ELLIS

Allen Dinkel
Lester Elston
Elaine Dinkel
Shirleen Flinn

ELLSWORTH

Jeannette Westerman
Frances Jilka
Brian Huseman
Mark Handlin

FINNEY

Sheryl Goss
Mark Schweer
Diane Fillmore
Elaine Mayo

FORD

Sharlet Deaver
Camme Beckerdite
Beth Ayers
Lane Newell

FRANKLIN

Becky Vining
Joe Blake Jr.
Debbie Chambers
Dean Chambers

GEARY

Cindy Taylor
Kris Rogers
Ralph Lee
Keith Ascher

GOVE

Candy Cartmill
Linda Jones
Vickie Evans
Karen Beaver

GRAHAM

Rita Minium
Nancy Griffith
Lisa Billips
Kay Hoeting

GRANT

Oralea Moore
Roger Hammer
Peggy Sewell
Doug Hammer

GRAY

Tina Habiger
John Rowan
David Strawn
Ivy Habiger

GREELEY

Rhonda Rivenburg
Kimbra Byerly
Cynthia Herl
Coree Smith

GREENWOOD

Crandell McLean
Terry Hart
Clayton McIlvain
Joshline McLean

HAMILTON

Tammy Maxfield
Sue Wagner
Anita Bezona
Charles Golladay

HARPER

Timothy Dierksen
Cathy Patterson
Phil Schmidt
Pam Catlin

HARVEY

Lyle Cain
Bryan Gillmore
Kathy Lowe
Katherine Patterson

HASKELL

Charles Odgers
Doug Moore
Theryl McCaslin
Dale Moore

HODGEMAN

Doug Vieux
Paula Cohoon

JACKSON

Joyce Kehler
Daryl Fisher
Janet Golden
Nancy Gooderl

JEFFERSON

Kirk Johnson
Eddie Clare
Karen Kendall
Karla Hefty

JEWELL

Denise Dahl
Vickie Spiegel
Lyle Shipley
Kathy Alexander

JOHNSON

Jeannine French
Mike Keener
D. Dee Anderson
Doug Kill

KEARNY

Rhonda Palmer
Rowena Hall
Debbie Waechter
Janice Graber

KINGMAN

Cathy Borst
Gwen Henning
Karen Closson
Dennis Thieme

KIOWA

Jeff Morris
Deanne Smith
Bob Neier
Nina Leggett

LABETTE

Marcus Evitts
Carol Hunter
Mark Johnson
Debbie Richardson

LANE

Betty Heath
Angie Habiger
Debbie Ellis
Vera Coker

LEAVENWORTH

Venice Lohman
Robin Wiley
Marcia Wilhite
Mark Theis

LINCOLN

Kim Panzer
Greg Morriscal
Dwight Watson
Tami Panzer

These Ford dealers are proud to have a part in providing awards for, and saluting Kansas winners in the 4-H Achievement Program.

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BELOIT

Gourley Ford Inc.

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Blubaugh Ford-Mercury, Inc.

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COMPANY PRESENTS

STATE WINNER

Achievement Award Winners

One state winner receives a trip to the National 4-H Congress in Chicago while nine \$600 Henry Ford II Educational Scholarships are awarded to national winners.

ACHIEVEMENT

Mary Jane Smith, state winner in achievement among Kansas 4-H young women, was a delegate to the National 4-H Conference in April. She went to Washington, D.C., previously as a participant in the Citizenship Short Course.

Junior leadership has been an important project for Mary Jane. She helped organize a Teens Action Club for junior leaders in Pottawatomie County and has been a project leader in forestry and in community resource development.

Conservation, ecology, and home economics were other projects.

Mary Jane is the daughter of Mr. and Mrs. Oliver Smith of Onaga. A student at Kansas State University, she is interested in a career in journalism.

In her club, Triple V 4-H Club, Mary Jane served as an officer for eight years. She was president of the Pottawatomie County 4-H Council.



Mary Jane Smith

Winners

- | | | | | | | |
|---|--|---|---|---|---|---|
| LINN
Julie Cosens
Malinda Smith
Bill Leavitt
Mickey Morrell | MEADE
Lisa Cole
Laurel Ediger
Susan Hush
Teresa Reynolds | NEMAHA
Karen Tangeman
John Dobbins
Linda Ice
Lisa Skooh | PHILLIPS
Kerry Zillinger
Debbie Hanke
Tom Fabin
Clinton Pumphrey | ROOKS
Christal Thyfault
Susan Gartrell
Jan Lindsey
Darrell Brobst | SHAWNEE
Denise Lewis
Tom Bacon
Debra Bacon
Gary Doud | TREGO
Randy Schoenthaler
Jeanne Felder
Christina Waldschmidt
Christine Schamberger |
| LOGAN
Ed Darnall
Carla Jo Hanson
Penny Hullet
Tom Ahrens | MIAMI
Melinda Harbison
Amanda Snell | NEOSHO
Alex Mih
Cathy Mih
Randy Reinhardt
Don Smith | POTTAWATOMIE
Susan Rezac
Barbara Fairbanks
Donald Honig | RUSH
Kay Miller
Christie Conard
Steve Misegadis
Fran Jira | SHERIDAN
Ellen Wasserman
Janet Karnes
Gail Meitl | WABAUNSEE
Greg Gensing
Susie Hatfield
Curey Macy
Rolinda Smith |
| MCPHERSON
Dwight Wedel
Patty Wiens
Roger Regehr
Donna Turnquist | MONTGOMERY
Dean Mitchell
Andrea Hamilton
Janice Ewing
Sharon Gartner | NESS
Serena Stum
Sally Irvin
Craig Scott
Lawrence Lampe | PRATT
Stuart Reed
Parthena Grigsby | RUSSELL
Martin Becker
Raeleen McKinley
Dea Ann Keller
Brad Stoppel | SHERMAN
Buster Showalter
Jim Moberger
Kristie Nelson
Becky Topliff | WALLACE
Steve Pilger
Randy Parks
Kay Pilger
Lori Larson |
| MARION
Debra Penner
Christine Enns
Kevin Pankratz
Natalie Hiebert | MORRIS
Kenneth Wilkerson
Pam Richardson
Doug Wilkerson
Richard Muller | NORTON
Gail Ward
Mark Magers
Kathy Sprigg
Eric Thiele | RAWLINS
Lynn Anderson
Bonnie Dixon | SALINE
Kim Glasgow
Rhonda Glasgow
Nancy McDaniel | SMITH
John George
Judy Hayes
Karma Overmiller
David Rorabaugh | WASHINGTON
Bonnie Callander
Ron Sinn
Mary Kay Pannbacker
Ronnie Graham |
| MARSHALL
Joyce Wright
Patty Heiman
Glenda Luedders
Mary Ann Pitsch | MORTON
Bryan Fisher
Diann Tucker
Brian Johns
Ciana Boaldin | OSAGE
Virgil Miles
Debbie Snyder
Gary Thompson
Donna Becker | RENO
Debra Hill
Ken Schmucker
Phillip Fishburn
Karen Horton | SCOTT
Randy Scheuerman
Marilyn Maddus
Melinda Griffith
Brad Baker | STAFFORD
Rick Russell
Leah Dunn
Mike Hullman
Cindy Hullman | WICHITA
Deanna Berend
Linda Berend
Bill Bergh
Teresa Luebbers |
| HUTCHINSON
BPH Tractor Co., Inc. | LIBERAL
Per Hoel Ford, Inc. | OSBORNE
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Janel Carswell | REPUBLIC
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Kirsten Webster
Jeff Keating
Beth Webster
Carla Taylor | STANTON
Randy Shore
Dayle Jeanne Bluhm | WILSON
Jenae Campbell |
| JUNCTION CITY
Gateway Ford Mercury, Inc. | MANHATTAN
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Teri Bortz
Byron Enix
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Mark Hansen
Patty Sloan | WYANDOTTE
Jeff Haworth
Julie Swanson
Christianne Vaught
Eric Vaught |
| LAKIN
Lakin Motor Co., Inc. | NEWTON
Eck-Rau Ford | OSAWATOMIE
Osawatomie Motors, Inc. | SEWARD
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Carla Taylor | SEDGWICK
Kathy Enix
Teri Bortz
Byron Enix
Kent Nicholson | TOPEKA
Midcon Division of Martin Tractor Co. | WICHITA
Wichita Ford Tractor Inc. |
| LAWRENCE
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Osawatomie Motors, Inc. | PRATT
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Kirsten Webster
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Carla Taylor | SEDGWICK
Kathy Enix
Teri Bortz
Byron Enix
Kent Nicholson | | |
| LEBANON
Schuette Motor Co. | | | | | | |

Baking contest raises dough

By Beverly Fuller
Miltonvale

Loaves of homemade bread sold in minutes as the buyers outnumbered the loaves two to one.

As part of my Youthpower and 4-H yeast bread projects, I decided to sponsor a breadbaking contest at the Annual Miltonvale Celebration in August last year. I had no idea how many women baked bread in the community so this contest offered a real challenge for me.

After checking with the Chamber of Commerce and receiving an O.K. from them, publicity went out for entries consisting of one loaf of whole wheat or white bread. Three prizes would be given and the bread would be sold with all proceeds going to the Heart Fund. As an added incentive to enter, each contestant was given a bowl scraper obtained from the Kansas Wheat Commission, free of charge.

When the entry deadline arrived, 25 beautiful loaves of bread, plus 2 I baked for selling only, lined the counter at Wilkens Department store. Shelley Corry, Cloud County home economist, judged the entries. The bread was then sold for 50 cents a loaf.

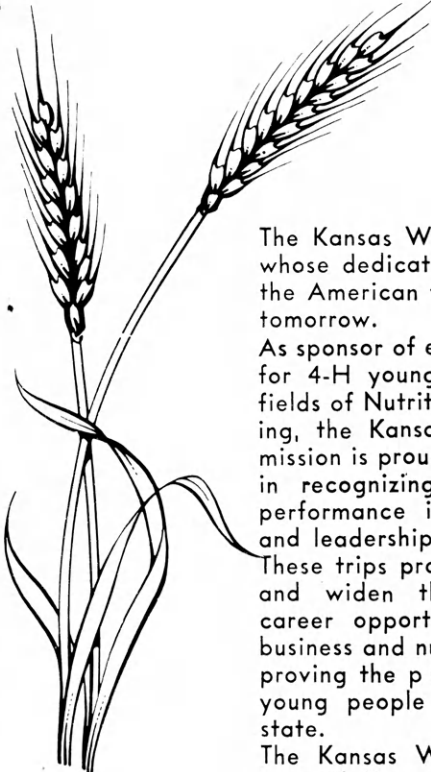
The winning loaf of bread was baked by Mrs. Viola Fyfe at 4 a.m. the day of the contest because an earlier batch didn't turn out just right. The second place bread was baked by Mrs. Loyd Wheeler and third, by Mrs. Sandy Leftwich. \$16.50 was given to Marcelle Wheeler, the Cloud County Heart Fund chairman.

The contest was exciting, developed a lot of interest, and served a worthwhile cause.



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Known
Superior
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and Quality

The Kansas Crop Improvement Assn.
205 CALL HALL Manhattan, Kansas (913) 532-6118



WHEAT


and Kansas 4-H

The Kansas Wheat Commission salutes Kansas 4-H club members and leaders, whose dedication to Kansas agriculture and the education of our rural youth in the American way of life is building leaders for all walks of life in the world of tomorrow.

As sponsor of educational trips for 4-H young people in the fields of Nutrition and Marketing, the Kansas Wheat Commission is proud to have a part in recognizing excellence in performance in 4-H projects and leadership.

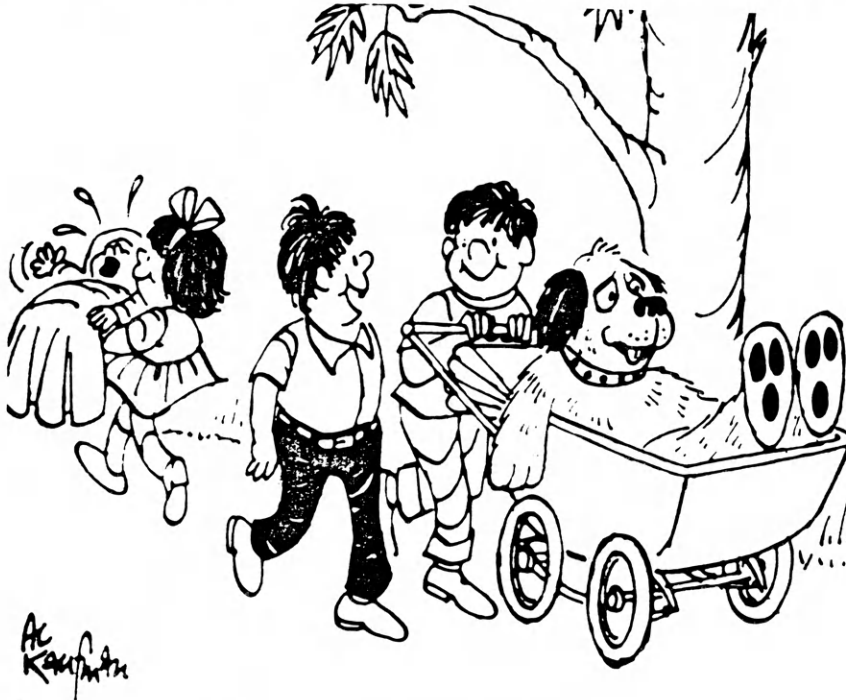
These trips provide inspiration and widen the horizons of career opportunities in agribusiness and nutrition, thus improving the prospects for young people throughout the state.

The Kansas Wheat Commission with Kansas 4-H'ers strives to "make the best better".



1021 North Main Street
Hutchinson, Kansas 67501

Family Fun Page



"Boy, I gotta hand it to you, Jeffrey. You sure got the best in THAT trade!!"

Mike: Our hen can lay an egg four inches long. Can you beat that?
Tom: Yes, with an eggbeater.

Q. What did the elevator say to the other elevator?
A. I think I'm coming down with something.

Martina Schiff, Sharon

A man brought his talking dog in to audition for a talent show. To exhibit the dog's unusual ability, the owner asked the dog questions.

"What's the top of a house?" the man asked.

"Roof," said the dog.

"How do you feel when you first wake up in the morning?" was the next question.

"Rough," the dog answered.

"Who do you think was the greatest baseball player of all time?" the man asked.

"Ruth," the dog responded.

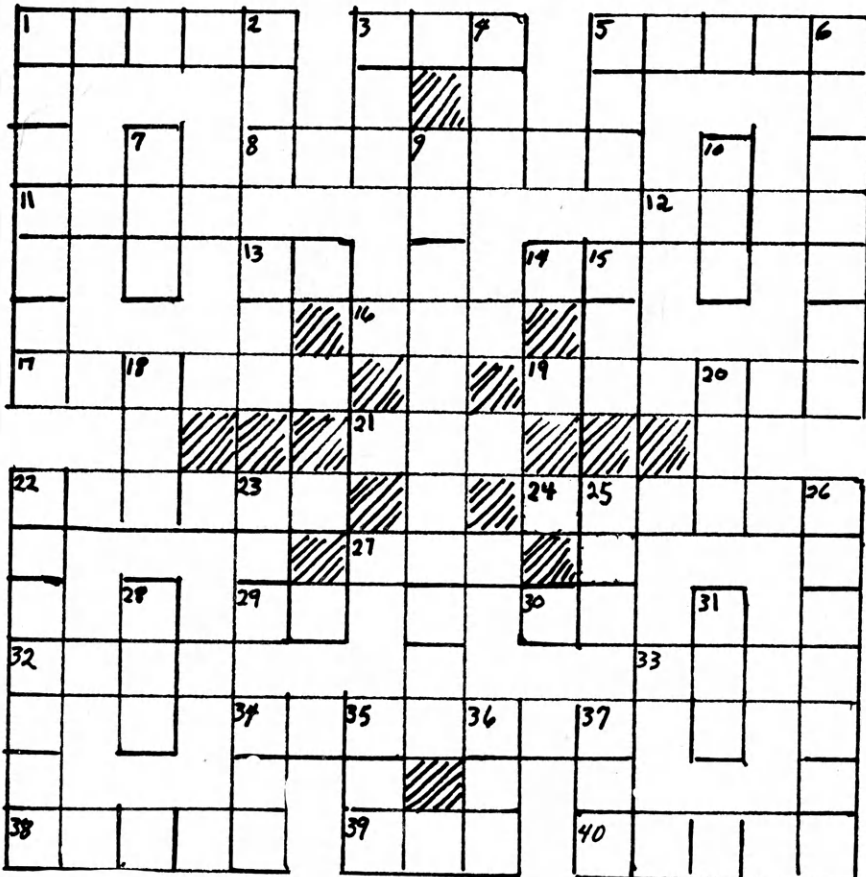
The talent scout declared the dog to be a phony and told them to leave.

As the disappointed man and his dog left, the dog turned to the man and asked, "Do you suppose I should have said DiMaggio?"

What did the little moron do with his little army?

He put it in his little sleevey.

Tommy Walker, Manhattan



People Crossword

Solution on page 11.

ACROSS

1. Very big man
3. Pixie
5. Worn around neck
8. Bulls eyes
11. Boy
12. Head of college
13. Accomplish
14. Exclamation
16. Also
17. Opposite of brother
19. People of France
21. Removed from something
22. A parent
24. Flat river boats
27. Had food
29. Overhead railroad
30. Myself
32. 1/12 of a foot
33. A shower
34. Takes a wife
38. Wanderer
39. Owed now
40. People of Ireland

DOWN

1. German natives
2. Small child
3. Part of head
4. Entrance cost
5. Sister (short)
6. People of Finland
7. Aged
9. Mother or father's father
10. House animal or bird
13. Fawn's mother
15. Pronoun
18. Rest in chair
20. Torment, tease
22. Citizen of Mexico
23. Mother of Cain & Abel
25. Honest ____ Lincoln
26. People who live in Spain
28. Flyer
34. Sticky, wet dirt
35. Color
36. Frozen water
37. Sport

Crawford County 4-H members learn while improving building



Doug Chadd is shown using a test light to check out one of the new receptacles.

Last summer Crawford County 4-H electric project members replaced wiring and added fluorescent lights to the 4-H exhibit building. The job was accomplished under the leadership of John Carlson, a 4-H leader for 23 years and the countywide electric project leader.

Mr. Carlson believes in practical experience for teaching 4-H'ers about electricity. Wiring the 4-H exhibit building provided practical experience and contributed to the improvement of the exhibit area.

More than 50 hours of work were volunteered to complete the project. All the old wiring was replaced with light three-wire 240 volt circuits with grounds and a new service entrance. Other improvements included an outside skylight, 9 receptacles, and 20 new fluorescent lights.



Wiring a receptacle on one of the new circuits installed in the 4-H exhibit building are Mark and Eddie Crum-packer and Ralph Ulery. Eight new circuits and nine receptacles with grounds were added to accommodate the freezers used for the sale of homemade ice cream by the Crawford County 4-H Council during the county fair.



John Carlson is pictured with some of the 4-H'ers who helped in the project to add circuits and lighting to the 4-H exhibit building. The 4-H members are, back row, from left, Paul Bone, Myers Mixers; Ralph Ulery, Happy Hustlers; John Carlson, countywide electric project leader; Tim Bishop, Win or Bust; and Scott Williams, Myers Mixers; front row, Doug Chadd, Cherokee Helping Hands; Eddie and Mark Crum-packer, Happy Hustlers; and Mike Bishop, Win or Bust.

What are you or your family doing to conserve energy? Please send your ideas, with illustrations if possible, to Electric Page, Kansas 4-H Journal, Umberger Hall, KSU, Manhattan, Kansas 66506.

 **Watch This Page For Ideas On Farm And Home Electric Projects**

ELECTRIC LIGHT and POWER COMPANIES in KANSAS

The Kansas Power and Light Company Central Kansas Power Company
Kansas Gas and Electric Company
Western Power Division of Central Telephone & Utilities Corporation

