

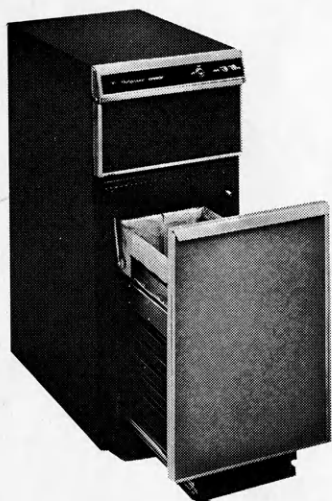




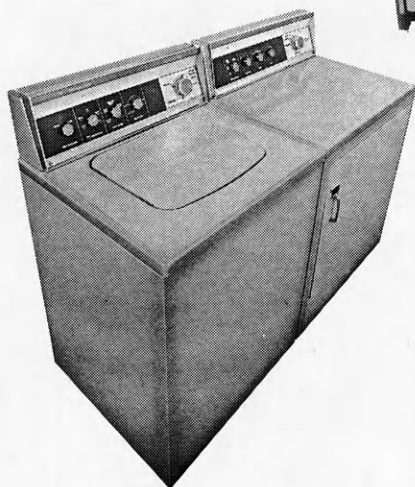
COOP

Holiday Gift Ideas from Hotpoint

*Give her
a Time-
Saving
Dishwasher*



This neat Compactor will make Christmas clean-up almost fun.



Make it a whiter White Christmas with this Washer-Dryer Combo



Hotpoint Range: Give it Christmas Eve and use it Christmas Day

**Hotpoint Appliances are Gifts that keep on giving —
Christmas after Christmas**

See your **COOP** for the Best Deal in the Country

FARMLAND INDUSTRIES, INC.
KANSAS CITY, MISSOURI 64116

Journal

Vol. XIX, No. 12 December 1973

Texas wheat trip 4
 Winners 5
 It's a cold, cold world 6
 4-H clubs win conservation award 7
 Christmas time! 8
 Ideas and news 10
 Seed dealer gains information 11
 Agent honored 13
 Family Fun Page 15

Wm. M. RileyManaging Editor
 Marie RuppAssociate Editor
 Glenna Wilson.....Production Editor
 Kathy Barthel Secretary

Address all correspondence:
 Kansas 4-H-Journal
 Umberger Hall, KSU
 Manhattan, Kansas 66506

Phone 913-532-5881

Kansas 4-H Journal is published monthly by

KANSAS 4-H FOUNDATION, INC.

Merle Eyestone.....Executive Director
 William Riley Jr.....Associate Director
 J. Harold JohnsonField Representative
 Marilee Gilman.....Secretary

BOARD OF TRUSTEES

Governor Robert Docking
 Honorary Chairman

Dolph Simons, ChrmLawrence
 Balfour S. Jeffrey, Vice-Chrm.....Topeka
 Ross Beach, Treas.....Hays
 Robert A. BohannonManhattan
 Robert Brock.....Topeka
 Glenn M. Busset.....Manhattan
 W. Dale CritserWichita
 Mrs. Olive GarveyWichita
 J. J. MoxleyCouncil Grove
 George B. PowersWichita
 N. T. VeatchKansas City
 Mrs. Dwane WallaceWichita
 *Sen. Frank CarlsonConcordia
 *Harry DarbyKansas City
 *Harold E. JonesManhattan
 *Roger E. Regnier.....Manhattan
 *E. B. Shawver.....Wichita
 *Advisory Member

Second Class Postage Paid at Manhattan, Kansas and additional mailing offices. Return Form 3579 to Kansas 4-H Journal, Manhattan, Kansas 66506.

Advertising rates and circulation data on request.

Group subscriptions \$1.40 per year. Individual subscription \$2.15 per year. Single copy 30 cents.

Use of the 4-H name and symbol approved by the Secretary of Agriculture of the United States, January 23, 1951, under the provisions of the laws as reenacted by Sec. 707 of the Act of June 25, 1948 Public Law No. 772 80th Congress (10 USC 797).

Everyone has leisure time. The first problem concerning your leisure time is to keep someone else from using it. The second is to organize and use your leisure time for maximum satisfaction and effectiveness. This editorial suggests how to handle the first problem and make the second problem into an opportunity.

The Concept of INTENTIONAL LIVING

By Glenn Busset
 State Leader, 4-H and Youth

"Too Busy to Think," the December 1972 Kansas 4-H Journal editorial, was complimented (three states asked permission to reprint it), congratulated warmly—and castigated roundly. The general tenor of the coffee-break type of criticism was on the theme of "Well, it's easy for you to say that each person is just about as busy as he wants to be, but I'll bet you can't give me any set of specific rules on how to avoid 'overbusyness.'"

For those people who really are asking for answers to "busyness"—(many simply don't want out of the busy trap, regardless of their protestations)—here are suggestions that arise out of the concept of intentional living. Those who live intentionally can distinguish between activism and action — the first being the constant, frantic motion of the joiner, the second characterized by serious commitment to meaningful concerns and causes. The person who lives the "unintentional life," overcommitted and overcommitted, becomes what sociologist Andrew Greeley calls "a free floating mass of obligations."

Let's see what we can do about suggestions for the family who really want to avoid the "yes-trap," as revealed in *The Christian Home*.¹ In the first place, intentional living consciously coordinates family activities toward a single goal, while allowing for individual differences. The Jewish saying, "You're entitled," means you have a choice. By exerting some simple disciplines, the family can choose to participate in selected groups or activities that revolve around priorities that the family has set for itself.

These disciplines include:

1. Saying "no" to requests for time and money when the family has already decided to participate in other causes.
2. Refusing to take phone calls during mealtime, or letting outsiders interfere with moments the family has set aside for itself.
3. Setting limits on the number of nights or weekend hours that individual members spend away from home.
4. Clearing schedule conflicts ahead of time, with children's priorities in mind.
5. Planning that sets aside certain time for joint efforts, such as the entire family working together on community events like the 4-H tour, 4-H fair, cancer crusade, or the Sunday School picnic.

¹Cole, Charles E. "The Intentional Family." *The Christian Home*. January, 1973, pp. 11-13.

(Continued on page 7)

About the cover

Merry Christmas and Happy New Year! for sharing and giving, for fun and joy.

With this familiar greeting we extend to all readers our warmest wishes for a happy holiday season. So—Merry Christmas and Happy New Year from Dr. Merle Eyestone, Bill Riley, J. Harold Johnson, Marilee Gilman, and Carol Hardin of the Kansas 4-H Foundation, and Marie Rupp, Glenna Wilson, and Kathy Barthel of the Journal staff.

Texas wheat trip

By Jim Lobbmeyer
Garden City

Four other Kansas 4-H'ers and I spent October 31st through November 3rd in Texas as guests of the Kansas Wheat Commission.

Carl Garten, Abilene, Marc Stum, Ness City, and I won the trip for our wheat quality projects. Denise Lewis, Topeka and Keith Allen, Kismet, were awarded the trip for their work in commodity marketing. We were accompanied by six adults including Larry Riat, county extension director, Abilene, and John R. Dukelow, mar-



J. Lobbmeyer
Finney Co.



Keith Allen
Haskell Co.



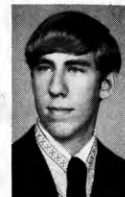
Carl Garten
Dickinson Co.



Denise Lewis
Shawnee Co.



Marc Stum
Ness Co.



Mark McCoy
Harper Co.

keting specialist with the Kansas Wheat Commission.

We left October 31st from Wichita and flew to Houston. The next morning our first visit was to the public elevator on the port. They were loading a Greek ship with wheat. We were taken on a boat tour of the port and saw the bridge over the channel and other sights along the channel.

That afternoon we toured the Nabisco plant. We saw them baking crackers and cookies on giant conveyor belts and were able to sample the baked goods fresh from the oven. Later we toured the empty Astrodome.

That evening we were guests of Goodpasture Grain and Milling Company's vice-president for a seafood dinner. A new food for me was raw oysters taken from their shells and dipped in a hot sauce.

The morning of November second we visited the Goodpasture elevator which is the largest on the Houston port. They were handling wheat and milo. We also toured the Union Equity Export Company. They handled mostly wheat

and some soybeans. We were able to board a Turkish ship that was waiting to be loaded with wheat.

That afternoon we visited the San Jacinto Shrine and the Battleship Texas. The shrine is like a museum with many things that pertain to Texas history. The battleship was used in both World Wars I and II.

We spent the night at the Flagship Hotel in Galveston which is built out over the Gulf of Mexico. November third we toured the port city of Galveston by car. Then we went on a walking tour of the Manned Spacecraft Center.

The trip was a very memorable one—it's hard to imagine wheat from Kansas being loaded on ships that will take it to all parts of the world. Now we know what it's like.

All the 4-H'ers who took the trip are very grateful to the Kansas Wheat Commission for making the trip possible.

State winner in the commodity marketing project is Mark McCoy, right above. In January he will go to the National 4-H Commodity Marketing Symposium in Chicago.

25th anniversary for Stull 4-H club

Eighty-three former members, leaders, and families came together to celebrate the 25th anniversary of Stull Busy Beavers 4-H Club in Douglas County. Six of the 18 charter members were there.

A memory book was prepared telling about all who were members and leaders when the club received its charter. Every year after that the new members and leaders were listed.

The program summarized what the club had done. Mr. and Mrs. Art Worthington gave a slide presentation. For his 25 years of service as a club leader, Mr. Worthington was given a special award.

New officers were installed by Nancy Hoffsommer, last year's president. Community leaders Bob and Norma Lynch handed out certificates and completion pins.

Historians' books covering Stull's first 25 years were on display

The six charter members of Stull Busy Beavers 4-H Club who returned for the club's 25th anniversary are, from left, Mrs. George Forrester, Barbara Forrester Smith, Peggy Forrester Sanford, Hubert Wulfkuhle Jr., Norma Damm Lynch, and Mrs. Albert Hildenbrand.



We Are Proud . . .

. . . of the achievement of Kansas 4-H Club members in improvement of wheat quality, raising crops, records of prizes at district and Kansas State Fair wheat shows, and judging crops. On behalf of Kansas wheat producers, we are pleased to have a part in recognizing these accomplishments, as well as excellence of records and studies on wheat. Kansas grows the best wheat in the world, and 4-H helps "to make the best better."

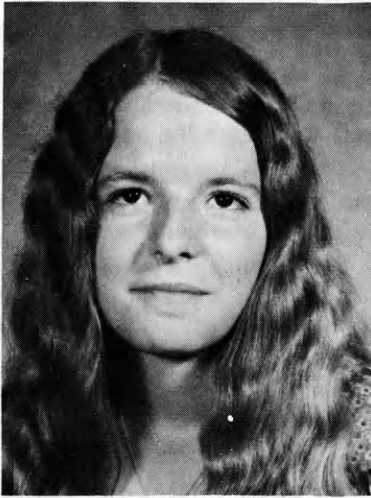
WE CONGRATULATE the three state award winners in the 4-H wheat quality program and two of the top 4-H'ers in commodity marketing, who were our guests on an educational trip to inspect Gulf Port export facilities.

Kansas Wheat Commission

1021 North Main

Hutchinson, Kansas 67501

Winners



Lori Hagenbuch
Leavenworth County
Beef



Susan Apley
Pawnee County
Dog



Belinda Binford
Bourbon County
Veterinary Science

For the second consecutive year, Kansas has a national winner in the beef project. This year's winner, announced at National 4-H Congress in Chicago, is **Lori Hagenbuch**, Lawrence, a veteran of nine years in the beef project. Appropriately for the Angus centennial year, **Lori** had three registered Angus bulls as a project, and has five Angus cows. She also managed three steers the past year. **Lori**, the junior leader for the beef project in the Reno Bobwhites 4-H Club in Leavenworth County, entered a bull in the Kansas Bull Test Station at Beloit. Earlier in the year, **Lori** was one of two Kansas 4-H girls to win a trip to Chicago made possible by the Kansas Livestock Association for her work in the meat utilization project. **Lori** is the daughter of Mr. and Mrs. **Frank Hagenbuch**.

Sectional winners from Kansas are **Susan Apley**, Larned, in the dog project and **Belinda Binford**, Uniontown, in veterinary science.

Susan and her brothers own 30 dogs and care for 8 owned by their parents; they have sold 174 puppies since the kennel went into operation. In the dog project six years, this year **Susan** worked with two dogs she had trained in previous years plus a new St. Bernard female.

Dr. and **Mrs. A. D. Apley** are **Susan's** parents. She is a member of Tiny Toilers 4-H Club, Pawnee County.

Belinda Binford has completed five years in the veterinary science project and has helped her father, **Dr. Earle Binford**, in his veterinary clinic. During the past year **Belinda** assisted the local FFA chapter with veterinary work.

A member of Uniontown 4-H Club, Bourbon County, **Belinda** is a freshman at Fort Scott Community Junior College.

Twenty-seven other Kansas 4-H members attended National 4-H Congress in November as state project winners. Their names, home towns, counties, and winning projects are: **Steve Mayo**, Garden City, Finney, achievement; **Robert Meyer**, Sabetha, Nemaha, agriculture; **Denise Meier**, Menlo, Sheridan, bread; **Elaine Geist**, Minneapolis, Ottawa, clothing; **Ron Koelsch**, Great Bend, Barton, conservation of natural resources; **Starla Krause**, Modoc, Scott, consumer education, home economics; **Jim Taul**, Baldwin, Douglas, dairy; **Nancy McDaniel**, Salina, Saline,

dairy foods; **Rita Guess**, Holton, Jackson, dress revue; **Rodney Hammarlund**, St. Marys, Wabaunsee, electric;

Peggy Tilton, Sharon Springs, Wallace, food-nutrition; **Pam Germann**, Clifton, Clay, food preservation; **Denise Williams**, Phillipsburg, Phillips, health; **Melva Osborne**, Hanston, Hodgeman, home environment; **Sherry Morgan**, Wichita, Sedgwick, horse; **Deana Wieggers**, Leoti, Wichita, leadership; **Debbie Ericson**, Fort Scott, Bourbon, livestock; **James Stich**, Chanute, Neosho, petroleum power; **Robert Kellogg**, Phillipsburg, Phillips, photography; **Elaine Case**, McPherson, McPherson, safety; and **David Busby**, St. Francis, Cheyenne, swine.

Awards and trips for general achievement were provided by Santa Fe Railway to **Mark Marshall**, Fort Scott, Bourbon; **Linda Billips**, Hill City, Graham; **Nancy Jo Pennington**, Meade, Meade; **Richard Streit**, Tipton, Osborne; **Donna Meyer**, Washington, Washington; and **Lillis Heldenbrand**, Manhattan, Riley.

Other state project winners are **Suzanne Carnes**, Weir, Cherokee, achievement and Foundation talk; **Kim Glasgow**, Salina, Saline, bicycle; **Bruce Engler**, Topeka, Shawnee, best groomed boy; **Mark Yahne**, Great Bend, Barton, and **Hope Hartwell**, Goodland, Sherman, citizenship; **Mark McCoy**, Argonia, Harper, and **Denise Lewis**, Topeka, Shawnee, commodity marketing; **Dean Mitchell**, Coffeyville, Montgomery, corn;

Sharlet Deaver, Fowler, Ford, entomology; **Terry Henry**, Randolph, Riley, crops; **Jamie Schesser**, Horton, Atchison, forestry; **Sherry Smith**, Garden City, Finney, horticulture; **Troy Horine**, Wichita, Sedgwick, leadership; **Keith Miller**, Great Bend, Barton, legumes and grasses; **Lynn Hagenbuch**, Lawrence, Leavenworth, and **Janet Stoffer**, Abilene, Dickinson, meat utilization;

Leesa Bottoms, Gardner, Johnson, newswriting; **Cinda Topliff**, Goodland, Sherman, people-to-people; **Kenton Lippert**, Bison, Rush, potato; **Ronnie Sinn**, Mahaska, Washington, poultry; **Deryl Waldren**, Tribune, Greeley, and **Judy Schweer**, Garden City, Finney, public speaking; **Susan Carney**, Wichita, Sedgwick, rabbit;

(Continued on page 13)

It's a cold, cold world

By Laveita Harris
Soldier
Jackson County

Sneeze, snuffle, cough! Oh! I have a headache, sore throat, stuffy nose. You know what these symptoms mean. "I have a cold." Somewhere I caught one of more than 100 viruses that cause colds.

Here are some of the cold facts about this cold, cold world.

Colds are common: Almost everyone has at least one cold a year. If you have had a cold during the winter, you have had plenty of company. Because of colds, children miss days at school and adults days at work. Colds aren't confined to any county or climate.

Colds are serious: Colds may lead to a more serious sickness, as they can weaken your resistance to other infectious disease—pneumonia, laryngitis, bronchitis, or sinusitis which often follow colds.

Colds are costly: United States workers lose about half a billion dollars a year because of time lost from colds. Americans spend \$400 million a year for nose drops and other medicines. Colds have "no sure cure." There is as yet no medicine that will destroy cold germs in your body. Some physicians feel that cold vaccines may help protect you from complications which often follow colds. Medication may help to relieve distress. Let your doctor decide if you need drugs or vaccines.

My two brothers and two sisters and mother and I do not catch cold very easily but dad does, so each fall he goes to the doctor and gets a flu shot which seems to help him from getting down with a cold.

Why not give colds the cold shoulder? ? ?

1. Be particularly careful to protect young children from people who cough and sneeze carelessly. A sneeze puts more virus in the air than a cough. Viruses stay alive in the air for hours after a sneeze or cough. Children's colds are more contagious than adults because a pre-school child usually does not cover his sneeze or cough.

2. Eat a well balanced diet. You'll have a better chance of fighting off cold germs. Don't share drinking glasses, dishes, or silver-

ware. Be sure to wash your hands well with soap and warm water before eating or handling food.

3. Get lots of sleep and rest—at least eight hours. Don't overlook recreation; it'll make you happier and healthier. Suit your clothes to the weather. Avoid getting chilled or wet.

4. See your doctor for periodic check-ups.

When you have a cold:

1. As much as possible, avoid close contact with people.

2. Cover your nose and mouth when you cough or sneeze. No one wants your germs.

Editor's note: One sneeze can send 20,000 droplets as far as 12 feet at 150 feet per second. So please cover.

3. Use paper tissue and be sure to destroy them after use so no one will catch the bug.

4. Wash your hands carefully and frequently with soap and water to get rid of all cold germs.

Editor's note: The invisible virus may stay for hours on hands, plastic, formica, and stainless steel. So please do wash your hands!

Be Good To Your Money

SAVE with
PROFIT and SAFETY



at your nearest savings and loan. There your money will receive generous high returns . . . and will be insured safe too. Right Now . . . this month for sure . . . Visit these Progressive

Kansas Savings & Loan Associations

Arkansas City
First Federal Savings and Loan Assn.

Clay Center
Northwestern Federal Savings and Loan Assn.

Colby
Colby Savings and Loan Assn.

Council Grove
Morris County Savings & Loan Assn.

Dodge City
First Federal Savings and Loan Assn.

El Dorado
Mid-Continent Savings and Loan Assn.

Eureka
Eureka Federal Savings & Loan Assn.

Fort Scott
Liberty Savings and Loan Assn.

Garnett
The Garnett Savings and Loan Assn.

Hutchinson
Valley Federal Savings & Loan Assn.—1020 North Main

Leavenworth
Citizens' Mutual Building and Loan Assn.
Leavenworth Mutual Savings and Loan Assn.

Liberal
First Federal Savings and Loan Assn.

Manhattan
Home Savings and Loan Assn.
Manhattan Federal Savings and Loan Assn.

McPherson
Pioneer Savings and Loan Assn.

Medicine Lodge
The Barber County Savings and Loan Assn.

Newton
First Federal Savings of Newton

Ottawa
Franklin Savings Assn.

Parsons
First Federal Savings and Loan Assn.

Plainville
Rooks County Savings Assn.

Have You Said Thank You

To Your

4-H Journal Sponsor?

THESE SPONSORS HAVE
GIVEN THEIR SUPPORT
FOR THE COMING YEAR

ANDERSON

*Garnett State Savings Bank, Garnett

BARBER

First National Bank, Medicine Lodge

CLOUD

Citizens State Bank, Miltonvale

Cloud County Bank, Concordia

Fidelity State Bank, Concordia

The First National Bank of Glasco, Glasco

COMANCHE

*The Peoples State Bank, Coldwater

DECATUR

Decatur Co-op Assn., Oberlin

EDWARDS

Edwards County 4-H Council

The Home State Bank, Lewis

KIOWA

Kiowa County 4-H Council

LANE

Lane County 4-H Council

MEADE

*First National Bank, Meade

*Fowler State Bank, Fowler

*Plains State Bank, Plains

MONTGOMERY

Citizens National Bank, Independence

First National Bank, Coffeyville

Montgomery County 4-H Council

PAWNEE

*First State Bank, Larned

SALINE

The First National Bank &

Trust Company, Salina

Saline County 4-H Council

SCOTT

*First National Bank, Scott City

*Security State Bank, Scott City

SHAWNEE

Shawnee County 4-H Council

SMITH

The First National Bank, Kensington

STANTON

Stanton County 4-H Council

WALLACE

Wallace County 4-H Council

WILSON

Wilson County Farm Bureau, Fredonia

WOODSON

J. E. Sowder Seed Co., Toronto

State Exchange Bank, Yates Center

*These banks have sponsored Kansas 4-H
Journal for 20 or more years.

4-H clubs win conservation award

4-H clubs have received the Youth Conservationist of the Year award in Kansas the past two years. Strong 4-H Club, Riley County, received the award in 1972 and Sunnyside 4-H Club, Johnson County, in 1973.

The Kansas Wildlife Federation has presented the award annually for nine years to the individual or youth group making an outstanding contribution to conservation.

Strong 4-H Club near Manhattan has taken conservation as a club project for four years. The group has fed and observed birds, picked up trash, saved paper, and turned in for recycling as much as 150 pounds of aluminum. Individual members studied the environment around homes and farms.

Mrs. Merlin Dellen is both community leader and conservation leader.

With conservation as the club project, Sunnyside 4-H Club, Olathe, winner of the 1973 award, promoted Acres for Wildlife, studied predator control, learned how to tan pelts, observed National Wildlife Week, and planted trees.

"Any person in Kansas can nominate any Kansan under 21 or any youth group for the Youth Conservationist of the year," Ted Cunningham, Wamego, executive direc-

tor of Kansas Wildlife Federation, explained. "For information about nominations for the 1974 award, write to Gerald Prosser, 2906 Williams, Great Bend, Kansas 67530."



Members of Strong 4-H Club show the Youth Conservationist of the Year award. The beaver was sculptured by the Denton Museum in Newton, Iowa. In the picture, from left, are Marty Venburg; Renee Weil, club president; and Brian Dellen, vice-president. Brian was state winner in the conservation project in 1971.

such as social problems involving minorities.

Establishing the priorities requires that every member of the family participate and become involved in the decision. Probably the biggest roadblock to participation by children in setting priorities for the family is not a lack of interest or understanding by the children, but in insecurity on the part of the adult. There is a common tendency for adults to avoid asking the opinion of the children, particularly about social or political issues, for fear the children will express opinions different from their parents. By establishing priorities and exerting disciplines, a family has within itself the means of controlling time.

Time is a precious commodity. The matter of measuring time has been worked out in enormous detail; the matter of using it wisely has not. There is an interesting story about a group of uneducated field hands who always quit work

when one of the group told them to. (He could count the number of times a distant church bell sounded.) One day something went wrong, and the bell sounded thirteen times. The puzzled workers crowded around their enlightened brother and wanted to know what time it was. He looked thoughtful and then said, "Well, I don't rightly know, but it's later than it's ever been before."

Maybe it's later than it's ever been before, but it's not too late for intentional living. You have a choice. The choice is to select when, where, and how to give head, heart, hands, and health to the community. And conversely, when to share love and life with your own family.

Making choices is one of the ways we become truly ourselves. When the family's feeling for each other and their responsibility to the world around it are closely considered, there can hardly be a wrong choice.

Intentional living

(Continued from page 3)

In the second place, choosing priorities should be a family decision that relates to community concerns—church, 4-H, school; other concerns that develop out of family hobbies—nature, photography, companion animals, friendship for foreigners; other concerns may relate to family problems and experiences, and to local situations

Christmas time!

Christmas time!

It's a time to have fun, to give, to love, to remember, to reach out. And it's a time 4-H members do reach out to people in their communities.

They reach out to children. In their own clubs they have fun with gift exchanges, games, programs, Christmas parties, skating parties, bowling parties, and they think of other children, too.

Members of Morning Glory 4-H Club, Johnson County, used their sewing skill to make animal and character pillows for children in the Gardner Community Hospital during the holiday season. And children in the Abilene Memorial Hospital received gifts from members of Carry Creek Rustlers 4-H in Dickinson County.

At Christmas, 4-H'ers reach out to the elderly. Even though it was nearly zero, members of Centralia Aces, Nemaha County, caroled at nearly 30 homes in Centralia. In the middle of the evening, a 4-H meeting and hot cocoa and cookies helped the group to cope with the cold.

In Decatur County, Sappa Valley 4-H Club members delivered fruit plates and cookies to elderly people in their communities.

The oldest couple in Gove, Mr. and Mrs. Earl Johnson, received a decorated Christmas tree from members of Meadowlark 4-H Club, Gove County. This club reaches out to the community in another way—by selling Christmas Cards. Gail Roberts writes that people in the community have a chance to meet new 4-H members, and the 4-H'ers have a chance to acquaint people with what 4-H'ers are doing. The result? A supporting 4-H community.

In Crawford County, members of Pleasant Union 4-H Club take homemade cookies and homemade Christmas cards to shut-ins. "They seem to appreciate visiting with us and receiving something homemade as much as they would an expensive gift," Regina Dixon writes.

Pleasant Valley 4-H Club members in Jackson County caroled for residents of Westview Manor, and 4-H'ers from Culver Livewires, Ottawa County, sang for patients in the Ottawa County Hospital and Rock City Manor. These 4-H members also gave boxes of cookies to the 4-H Journal sponsors in

Make Christmas safe—the safer 4-H way

Do's

1. Choose the freshest natural tree available. Leave it outside the house until shortly before you are ready to set it up.
2. Place in a sturdy stand.
3. Check water every day.
4. Use nonflammable decorations wherever possible.
5. Use UL approved lighting.
6. Turn out all lights whenever you leave home or go to bed.



Mrs. Ott, head nurse of Gardner Community Hospital, receives pillows from Michelle Stuffings and Mary Helen Wolf, Let's Sew, It's Fun girls, and Leesa Bottoms, junior leader. Sewing girls unable to attend were Robyn Murrow, Kathy Shriver, and Mary Chambers.



A patient sings along with members and leaders of Culver Livewires 4-H Club.

their county, and sent 67 packages to residents of Crestview Nursing Home near Salina.

In Dickinson County, the Detroit Ramblers 4-H Club members entertained 70 senior citizens of Chapman with a party and old-fashioned program; they also went caroling in Detroit.

Some 4-H clubs remember their leaders especially at Christmas; Sedgwick Sunflower 4-H Club members, Harvey County, gave a book to community leader Mrs. Wayne Phillips, and in Montgomery County Mr. and Mrs. Leo Charvat received a ham from members of Bates Builders 4-H Club after the group went caroling at the Westervelt Nursing Home. The Charvats are community leaders and organized the club in 1957.

The extension office in Miami County was brightened with a special Christmas card from leaders and members of Willow Branch 4-H Club. Each of them signed a ball on a large tree and delivered this to the extension office as a holiday hello.

In the Christmas parade at Chanute members of Best Yet 4-H Club of Neosho County reached out to the community with a float with a safety theme—"Make Christmas safe—the safer 4-H way." Members rode on the float beside a tree and sang Christmas carols, while others walked beside the float and handed out greetings from the club with do's and don't's of Christmas tree safety. (See box.)

The Chalk 4-H Club in Wabaunsee County sponsored a grocery shower for the Curtis Zerbe family after Mr. Zerbe was injured in a farm accident. Community families came together for a supper in honor of the Zerbés.

In Douglas County, members of



Don't's

1. Do not place your Christmas tree near room exits.
2. Do not hang string lights on an aluminum tree.
3. Do not attach too many lights on one tree.
4. Do not hang metal foil icicles over lights.
5. Do not put tree near open flames.
6. Do not use candles on your tree.

(Compiled by Best Yet 4-H Club, Neosho County)

Worden Workers found a way to share Christmas with others by adopting the thirty some clients at Cottonwood, Inc. Cottonwood, Inc., is for mentally retarded persons in Douglas County who gather together five days a week to work on crafts such as ceramics, weaving, embroidery, refinishing furniture, woodworking, and other skills. Most of the crafts are sold to the public and many of the woodworking projects are items which have been contracted by various com-

panies to the corporation for the clients to produce. The corporation is paid for these items and the money is pro-rated to the clients for part of their livelihood or spending money.

On Wednesday afternoon before Christmas, the party committee of Worden Workers 4-H Club, loaded with punch and Christmas cookies, took over activities at Cottonwood where they entertained clients and workers with a variety of Christmas numbers. After the program, the committee members presented each client with a brightly wrapped gift and then refreshments were served.

Soon after the Christmas party, members of Worden Workers decided to continue the relationship during the whole year. Special parties were planned for Valentine's Day, and Easter, and a picnic in July, Halloween party, Thanksgiving observance, and Christmas party completed events for the calendar year.

The first time each club member assists with the programs, he is given a ceramic jayhawk made by



Tricks for Treats cooking class of Sappa Valley 4-H Club prepares cookies for community giving. From left are Sarah Kessenger, Brian Simmonson, Shelden Kelley, junior leader Laurie Lotker, and Hannah Kessenger.

the clients in their ceramic shop. Friendships have grown between the 4-H members and clients at Cottonwood. 4-H members have gained in understanding and compassion and "found beautiful spirits and an unusual fellowship in their association with the clients."

Club members have so thoroughly enjoyed this project that they have expressed the desire that this be a permanent "adoption."



Members of Worden Workers 4-H Club share a Christmas party with clients of Cottonwood, Inc.

A Lawrence Journal-World photo

IDEAS * & News

Marjorie Ann Tennant, 4-H and youth editor in the Office of Extension News, Kansas State University, has taken pictures of hundreds of Kansas 4-H members over the years. Many of her pictures have appeared in *Kansas 4-H Journal*. This year two of her news photos are illustrating 4-H events in the national publication "USDA Extension Service 4-H Report to the Nation."

One picture shows Jackson County 4-H members on a geology tour conducted by Dr. Harold Jones; the other is of Cowley County children learning good nutrition habits from home economics students at Southwestern College.

A third picture concerning Kansas shows state leader Dr. Glenn Busset at a national conference on program development and management.

For community service, Nearman 4-H Club members, Wyandotte County, collected coins from the fountains at Indian Springs shopping center for the Epilepsy Foundation of Greater Kansas City. Besides being a worthy cause, it was fun, Julie Swanson reports. "The members all started out with boots and caution, but before long caution was thrown to the wind, jeans were rolled up and a few splash sessions followed. Approximately \$300 was collected, counted, and rolled."

A new 4-H project on a statewide basis is Fun With Crochet. The new project is divided into four units.

Six members, two leaders, and two parents of the Logan Avenue 4-H Club, Lyon County, helped with the Jaycees' Cerebral Palsy Peanut Butter Day, selling 96 jars of peanut butter. After the sale, sellers were treated to a chili supper by the Jaycees, Marilyn Linsey reports.

Top purple in knitting at the 1973 Mid-America Fair went to Barbara Ashbaugh of Model Boosters 4-H Club, Lyon County. She's been county champion two years in her favorite project, leathercraft, which she's carried for four years.

John Campbell reports that the Hoxie Go-Getters 4-H Club, Sheridan County, made an "Alphabet for 4-H" display which was placed in the hallway of the grade school during National 4-H Week and later in the county 4-H building.



Kansas Farm Bureau
 105 County Farm Bureaus
 working together
 with
 86,494 member-families

4-H'er helps— Seed dealer plots to gain information for soybean growers

The hard work and care of a 4-H'er, the interest and support of a seed dealer, and the assistance of county and area extension agents have been combined to yield valuable information on soybean production in Crawford County.

It started when Howard DeLange of J. A. DeLange Seed House, Inc., of Girard expressed an interest in supporting the 4-H crops project. The seed dealer wanted to create an educational experience for a 4-H'er as well as a source of information for soybean producers and for himself as a seed dealer.

With this beginning, Frank Brazle, Crawford County extension director; Gary Kilgore, extension area agronomist; Dennis Brink, Crawford County extension 4-H agent; and Mr. DeLange met to lay plans for the project. It was decided that a 4-H'er would be selected to set out the variety plots, maintain, and harvest them. Upon completion of the project the 4-H'er would receive a \$100 award. The basis of selection was to be an essay contest. The essay was to include information on varieties and the advantages of test plots to 4-H'er and public.

Jim Mengarelli of Girard was the winner of the essay contest. With the assistance of Frank Brazle and the seed provided by DeLange's, Jim began his project in June.

Throughout the summer he maintained the plots. Maintenance of the plots included weed control and making attractive signs to draw the plots to the attention of the public.

"Another big job was answering questions of the many area farmers who stopped by the plots," Jim commented.

Harvesting the plots by hand was another big chore for Jim. The information on the yields of various varieties is being compiled and will be made available through the county extension office.

Brazle, Kilgore, and DeLange all agreed that the soybean plots have provided interesting and valu-



4-H member Jim Mengarelli, left, and John DeLange check to see how the soybeans are doing.

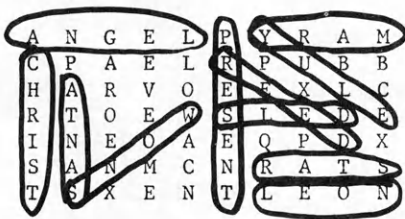
able data on the comparison of yields and planting dates.

"It is only the support of interested businessmen such as DeLange's Seed House that makes excellent, practical learning experiences such as the soybean plots possible," added Dennis Brink, county extension 4-H agent.

Finally, Jim plans to be a county extension agent so the practical experience he has gained will be extremely valuable to him—not to mention how much the award will help out on college expenses.

Answer to puzzle on page 15.

ANGEL, CHRIST, DEER,
MARY, NOEL, PRESENT,
SANTA, SLED, SNOW, STAR,
YULE



The answer to the lower puzzle
on page 15 is—
MERRY CHRISTMAS.

Money For Your Treasury

OVER 2 MILLION
Sunflower Dishcloths



WERE SOLD LAST YEAR BY
MEMBERS OF GROUPS, SOC-
IETIES, CLUBS, ETC.

THEY ENABLE YOU TO EARN
MONEY FOR YOUR TREAS-
URY AND MAKE FRIENDS
FOR YOUR ORGANIZATION

Sample FREE to Official.
SANGAMON MILLS, INC., Cohoes, N. Y. 12047
Established 1915

A 37 year leader!

Mrs. Chester Wright of Admire first became acquainted with boys' and girls' club work before the 4-H program was organized. As a school girl in Chase County she was a member of a bread baking club called Sunshine Club. Through these meetings she learned how to cook, to keep house, and most important, to be a better citizen in a community.

She was married after graduating from high school and moved to Staffordville to be a farmer's wife. Even though times were hard, she always had time to work in the community church, visit and help sick neighbors and children.

From Staffordville, Mr. and Mrs. Wright moved to Emporia.

There she became a 4-H leader when the agent, Carl Howard, asked her to be. Girls met in her home where she taught them canning and how to prepare meals.

Later the Wrights moved to Admire and she became the woman leader of the local 4-H club.

In 1950 when the Wrights were living in the Duck Creek Community in Lyon County Mrs. Wright with the help of Don Lawrence, county agent, formed Duck Creek 4-H Club with 10 charter members.

Duck Creek now has more than 20 members and Mrs. Wright is still community leader.

In 1961 when Mrs. Wright had been a leader for 35 years she retired, planning to enjoy her home, husband, hobbies, and friends. But her willingness to work with young people brought her back as a community leader in 1971.

She now has been a community leader for 37 years and has been elected again for the 1973-74 4-H year.

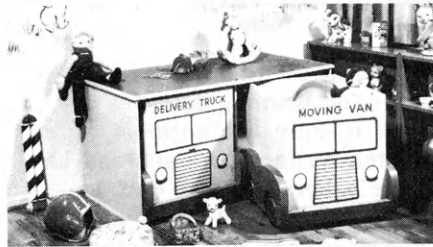
Mrs. Wright's leadership has helped many young people in many ways. She says, "My life has been constantly enriched by contact with the youth of my community."



Free 4-H Woodworking Plans from YOUR LUMBER DEALER



ROCKING HORSE



MOVABLE TOY STORAGE

Plans for All These Projects Are Available at The Lumber Dealers Listed on This Page. Ask for Them.

OTHER PLANS AVAILABLE

Sheep Blocking Box	Outdoor Serving Wagon
Cart with Removable Trays	Hot Pad Holder
Insect Display Box	Mitten or Hose Dryer
Dairy Barn Desk	Picnic Chest
Wren House	Sectional Piano Tables
Toy Tractor	Garden Entrance Trellis
Flower Box	Bluebird Box
Swiggle Stick	Foldaway Table
4-H Key Holder	Outdoor Storage Unit
Auto Repair Cart	Picnic Table
Plant Forcing Box	Tilting Foot Stool
Saddle & Bridle Rack	Small Show Box
Coat Caddy	Extension Dining Table
Tool Cabinet	Martin House
Nativity Creche	Work Bench
String Art	Gun Cabinet
Extension Cord Reel	Shoe Shine Stand
Tool Holder	Wall Desk
Wheeled Lawn Table	Built-In Magazine & Book Rack
Wheelbarrow	
Portable Sandbox	
Sewing Cabinet	
Storage Dividers	

Ashland
Don Spotts Lumber Company

Atchison
J. B. Russell, Inc.

Augusta
Safford Lumber Company

Axtell
Meyer Lumber & Hardware Company

Beloit
Peoples Lumber & Coal C.

Bern
Bern Lumber Company

Blue Rapids
Blue Rapids Lumber Company

Clay Center
Fullingtons

Downs
Downs Lumber Company

Ellinwood
Home Lumber & Supply Co.

Ellsworth
Ellsworth Lumber

Eureka
A. C. Houston Lumber Company

Fredonia
Schoolcraft Lumber Co.

Garden City
Cash & Carry Lumber Co., Inc.

Great Bend
Everitt Lumber Co., Inc.

Greensburg
Hildinger's, Lumber, Hardware & Ready Mix

Hanover
Hanover Lumber Co.

Harper
Town & Country Lumber Co.

Hiawatha
Motsinger Lumber Co.

Hillsboro
Hillsboro Lumber Co.
The Lumberyard Inc.

Holton
Holton Lumber Company

Hugoton
The Star Lumber Company

Iola
Klein Lumber Company

Johnson
Seyb-Tucker Lumber and Implement Company

Junction City
Builders Lumber Inc.

Kechi
Buck Alley Lumber

Kinsley
Kinsley Co-Op Exchange Lumber Yard

LaHarpe
Diebolt Lumber and Supply

Lakin
Tate and Company

Lansing
Lansing Lumber, Inc.

Larned
T. M. Deal Lumber Co.

Liberal
The Star Lumber Company

Manhattan
Ramey Brothers

Mankato
Mankato Lumber Company

Marysville
Howell Lumber Company

Minneapolis
Dingee Lumber Co.

Moundridge
Clayton Vogt Lumber Co., Inc.

Newton
Antrim Lumber Company

Nickerson
The Home Lumber & Supply Co.

Norton
Norton Lumber Company

Oberlin
Nichols Building Supply, Inc.

Offerle
Offerle Co-Op Grain & Supply Co.

Olathe
Cowley Lumber & Hardware Co.

Osage City
Martin Material Co., Inc.

Osborne
Lewis A. Hardman Lumber Co.
Osborne Lumber Company

Ottawa
Hubbard Lumber Company, Inc.

Paola
Miami County Lumber Co., Inc.

Parsons
O. E. Woods Lumber Co.

Pittsburg
Broadway Lumber Co., Inc.

Pratt
W. R. Green Lumber Co., Inc.

Pretty Prairie
The George W. Ultch Lumber Company

Redfield
Redfield Lumber Company

Russell
Houston Lumber Company

St. Francis
St. Francis Equity Exchange

Salina
Easterday-Boster Lumber Co.

Seneca
Meyer Lumber & Hardware Co., Inc.

Stafford
T. M. Deal Lumber Co.

Syracuse
Foster Lumber Co., Inc.

Tribune
Foster Lumber Company, Inc.

Wichita
Stockyards Cash and Carry Lumber Co.
Alexander Lumber Co., Inc.
Star Lumber & Supply Co.

Wilson
Hoch Lumber Company

Winfield
A. B. Everly Lumber Co.
Everitt Lumber Co., Inc.

Wright
Right Coop. Assn.

Zenda
The George W. Ultch Lumber Company

Missouri

Independence
The George W. Ultch Lumber Company, 11432 Truman Road

A note from Kansas 4-H Foundation:

December is a time for giving. Along with your gifts to kith and kin, you may choose to include some special end-of-year giving to Kansas 4-H Foundation, Room 116, Umberger Hall, Manhattan, Kansas 66506.

These gifts which help young people in their formative years can be made in different ways.

For example, the simplest way is to make an outright gift. The principal may be used in full or the principal may be left intact and income used.

Another form of a contribution is the trust. If so designated, a trust may provide for an heir such as a spouse until the spouse's death, and then the trustee, if so instructed, may give the principal to the 4-H Foundation.

A form of giving especially suitable for persons who find their responsibilities to their families greatly diminished in later life is a paid up life insurance policy, with Kansas 4-H Foundation designated as the beneficiary.

Property, such as real estate, securities, a business, or works of art, makes a suitable gift to Kansas 4-H Foundation.

Any of these forms of giving may be beneficial to young people in 4-H and also beneficial to your estate by reducing taxes. Before making a gift, check with your attorney or bank trust officer as to the best method for your situation, and then update your will regularly.

The donor of any gift may designate it for a specific program, or he may choose for his gift to be unrestricted. This provides flexibility in meeting changing conditions.

Winners

(Continued from page 5)

Shirleen Flinn, Ellis, Ellis, recreation;

Mark Henry, Garden City, Finney, sheep; **Martin Becker**, Russell, Russell, sorghum; **Mike Blaes**, Cherryvale, Montgomery, weed control; **Lee Yarrow**, Morganville, Clay, wheat; **Marc Stum**, Ness City, Ness, **Carl Garten**, Abilene, Dickinson, and **Jim Lobmeyer**, Garden City, Finney, wheat quality; and **Gary Sinn**, Mahaska, Washington, woodworking.

Dairy production winners' honors went to **Karen Burgess**, Sterling, Rice, Ayrshire; **Terry Lust**, Iola, Allen, Brown Swiss; **Christine Enns**, Hillsboro, Marion, Guernsey; **Linda Peckham**, Rantoul, Franklin, Holstein; and **Nancy Reichert**, Riley, Riley, Jersey. Winners of the Kansas Brown Swiss Special are **Dennis Lust**, Iola, Allen, and **Brad Wilson**, Goodland, Sherman.

Winner of the state 4-H Alumni award is **Dean McNeal**, now group vice-president of the Pillsbury Company, Minneapolis, Minnesota. A graduate of Kansas State University, **McNeal** is chairman of the Board of Trustees of the National 4-H Foundation in Washington, D.C.

Want an overseas pen pal?

In a letter to the Kansas 4-H Journal from John Ahm in Korea, Mr. Ahm explains that an international pen pals association called Worldwide Friendship was established in August 1973 by Korean English teachers to help their students find pen pals. The teachers hope having a pen pal will help their students by improving their English, expanding their knowledge, and developing their emotional life.

To get a pen pal from Korea, send your name, address, sex, age, and hobbies to this address:

John Ahm
C.P.O. Box 60
Seoul, Korea

Recently elected officers for 1974 of the Kansas County Extension 4-H Agents Association are, from left, **Gerry Snapp**, Independence, recorder; **Dennis Brink**,

Eulogy to a 4-H leader

Mrs. Albert (Grace) Redger was active in the interest of 4-H until her untimely death in October at the age of 48. At her funeral at the United Methodist Church in Ashland, Clark County, the local pastor, the Rev. Jay Anderson, used this poem as a tribute to her leadership in her church and in 4-H:

I am only one, but I am one.
I can't do everything, but I can
do something.
And what I can do, that I ought
to do.
And what I ought to do, by the
grace of God I shall do.
Edward Everett Hale

Leavenworth Co.

4-H agent honored

One of the highest honors in his profession went to **Ralph Rector**, Leavenworth County extension 4-H agent since 1956, at the annual conference of the National Association of Extension 4-H agents, where he received the Distinguished Service Award of the association.

The 4-H and youth program in Leavenworth County reaches more than 650 girls and boys between the ages of 7 and 19 years in 19 4-H clubs.

The Leavenworth County 4-H agent sees his job as one of helping leaders to be equipped to work with youth.

Girard, secretary-treasurer; **Eldon Weaver**, Winfield, president-elect; and **Ralph Rector**, Leavenworth, president.





With an invitation to "Join the 4-H World," Burlingame 4-H Club took first place among booths put up by Osage County 4-H clubs to promote 4-H. The displays were at a sidewalk sale at Lyndon.



Cleaning up after the tornado at Salina are, from left, Dana Ziegler, Kim and Rhonda Glasgow, and David Jennison.

The Dickinson County 4-H livestock judging team represented Kansas at the American Royal in October, placing 9th among the 16 teams entered. Illinois was the winning team.

Wyatt Thompson was the second high individual in swine judging. The boys judged three classes of beef, three sheep, and three of swine and later gave six sets of oral reasons.

Team members are, from left, Kurt Kohman, Wyatt Thompson, Joe Ryan, and Brian Harris.



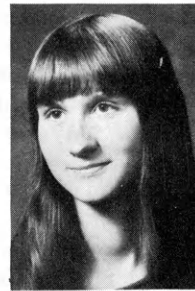
Kansas Farm Bureau Honors 1973 Youth Safety Winners



Margo Reiman
Pratt County



Terri Sue Reinhardt
Neosho County

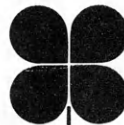


Carolyn Stritzke
Montgomery County

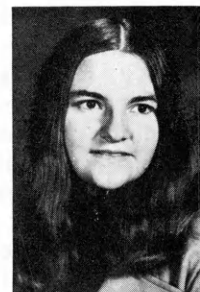
These five 4-H club members along with 20 other Kansas youth representing county Farm Bureau's and FFA won an all expense paid trip to the National Safety Congress in Chicago, Oct. 28-31.



Cecilia Kasl
Republic County



**YOU CAN BE
A WINNER
NEXT YEAR**



Janet Slate
Washington County

Here is an opportunity for real service to your club, community and home, plus a possibility of joining with other 4-H members at the National Safety Congress next fall. Check with your county extension agent for instructions and rules.

One member from each of the following Future Farmers of America chapters also made the trip to Chicago. Their chapters were District winners in the Farm Bureau Future Farmers of America Safety Program.

Their chapters were:

Atchison Co. Comm.

Jetmore

Wilson

Fort Scott

Kingman

Hill City

Mission Valley

Donor of Awards For The 4-H Safety Program

Kansas Farm Bureau

Safety Department

Manhattan, Kansas

Family Fun Page

Christmas puzzle

Find the Christmas words. They go up, down, backward, and diagonally. Answers are on page 11.

ANGEL, CHRIST, DEER, MARY, NOEL, PRESENT, SANTA, SLED, SNOW, STAR, YULE

A N G E L P Y R A M
 C P A E L R P U B B
 H A R V O E E X L C
 R T O E W S L E D E
 I N E O A E Q P D X
 S A N M C N R A T S
 T S X E N T L E O N

Helen Withers, Coffeyville

Mary wrote to Tom:

If you don't get this letter, let me know and I'll write another one.

Q. Why did the teenage girl want her father to quit his job?

A. He was a beetle exterminator.
 Deanna Lister, Sedan

An old mountaineer went to the city for the first time and saw many strange sights. But strangest of all was the electric light. When he returned to his mountain shack, he said to his friend, "Don't know how those city folk get any sleep. There was a big light burning in my room all night."

"Why didn't you blow it out?" his friend asked.

"Couldn't," grumbled the mountaineer. "The dern thing was in a bottle."

Carolyn Herl, Sharon Springs

John: Did you know that there is life on the planet next to Mars?

Sally: No, I didn't.

John: They are humans.

Sally: Are they like us?

John: Yes, just exactly.

Sally: What planet is it?

John: Earth.

Johnene Gillespie, Goodland

Did you hear about the karate expert who joined the army?

The first time he saluted he cracked his skull!

Cecilia Kasl, Cuba

Q. How do you make an elephant float?

A. A scoop of ice cream, soda, and an elephant.

Debbie Regier, Burrton

Q. Why is an empty purse always the same?

A. Because there is never any change in it

Kim Kelley, Chapman

Q. What do you call a shaking cow?

A. A milk shake.

Tina Hodges, Stilwell

Customer: Can I put this wallpaper on myself?

Clerk: Yes, but it would look better on the wall!

Connie Regier, Burrton

Q. What did the bald man say when he got a comb?

A. I'll never part with it!

Kimee Metcalf, Leavenworth

Q. What's black and white with a cherry on top?

A. A police car.

Janice Hammarlund, St. Marys

"Greeting" puzzle

Fill in the blank spaces to match the definition. Transfer the letter above the number to the corresponding number below. When completed you will have solved the puzzle.

— — —
 6 13 4

— — — —
 10 11 13 8

— — — —
 12 9 14 11

— — — — —
 3 7 5 1 2

— — — — — — — — — — — — — — — —
 1 2 3 4 5 6 7 8 9 10 11 12 13 14

The answer is on page 11.

A 4 year old boy stood at the living room window, spellbound by the sight of the big snowflakes falling to whiten the ground. Suddenly he turned to his mother and asked, "Will this be on tomorrow afternoon at the same time?"

Susan Allen, Fort Scott

Q. What's green, noisy, and dangerous?

A. A stampeding herd of dill pickles.

Nancy Westover, Newton

Teacher (answering telephone):

You say Tony has a bad cold. Who is this speaking?

Voice: This is my father.

Kelly Funke, Washington

Teacher: Johnny, what are the three words children use most often?

Johnny: I don't know.

Teacher: For once you are right.

David Funke, Washington

Q. What kind of cans are on the floor of the United States Congress?

A. Republicans.

Sarah Schaake, Lawrence

Why did the bank robber take a bath?

He wanted to make a clean getaway.

Denise Sinclair, Humboldt

Rodney Hammarlund is state winner

The state winner in the electric project is Rodney Hammarlund, St. Marys, who represented Kansas at the National 4-H Congress in Chicago in November. This past year he was vice-president of Newbury 4-H Club.

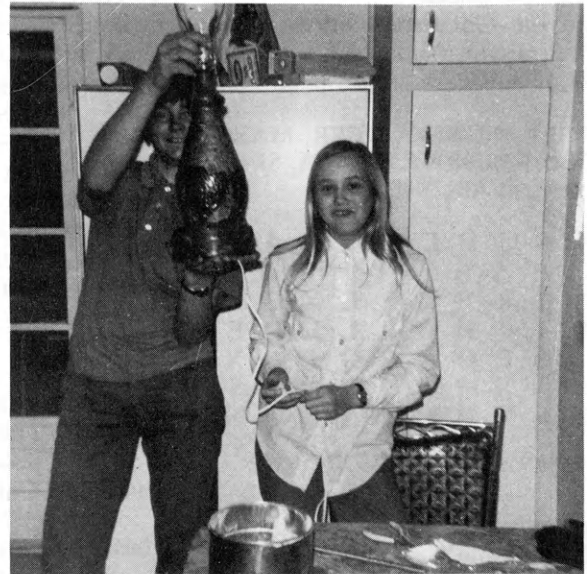
The 17 year old senior at St. Marys High School taught information in the electric project to 4-H members in three different clubs in Wabaunsee and Pottawatomie counties this past year.

More girls are enrolling in this project, Rodney points out, and as they use many electrical appliances the girls are learning how to take care of appliances, as well as making repairs such as rewiring.

In demand to repair or rebuild fans, motors, pumps, lamps, clocks, radios, and stereos, Rodney says, "Since I like working with electricity I help other people out."

The electric project has worked out well with his other projects, such as woodworking, beef, and leadership.

Westinghouse Electric Corporation awarded Rodney the trip to National 4-H Congress.



Girls have their own ideas of things they want to make lamps from, Rodney says. Here the young instructor displays a lamp wired by Brenda Seele from the Emmett 4-H Club.



Rod shows Willie Mergenmeier and Urban Hesse from Jayhawkers 4-H Club how to solder.



Rod, seated, demonstrates a skill to members of Newbury 4-H Club. His fellow club members are Ronnie Pickert, Greg, John, and Gary Schultz.



Watch This Page For Ideas On Farm And Home Electric Projects

ELECTRIC LIGHT and POWER COMPANIES in KANSAS

The Kansas Power and Light Company Central Kansas Power Company
 Kansas City Power & Light Company Kansas Gas and Electric Company
 Western Power Division of Central Telephone & Utilities Corporation