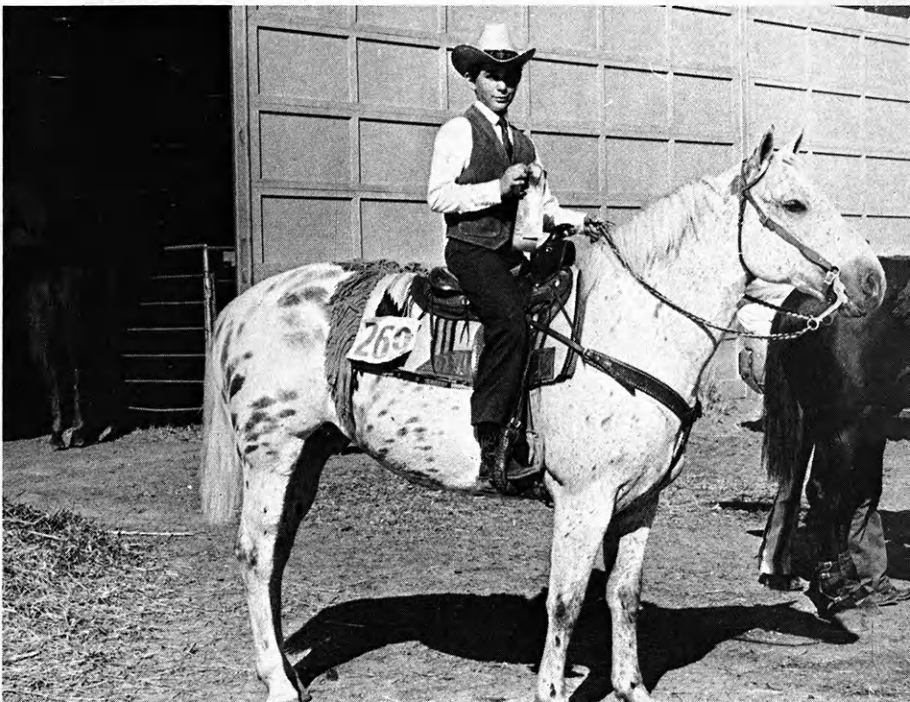
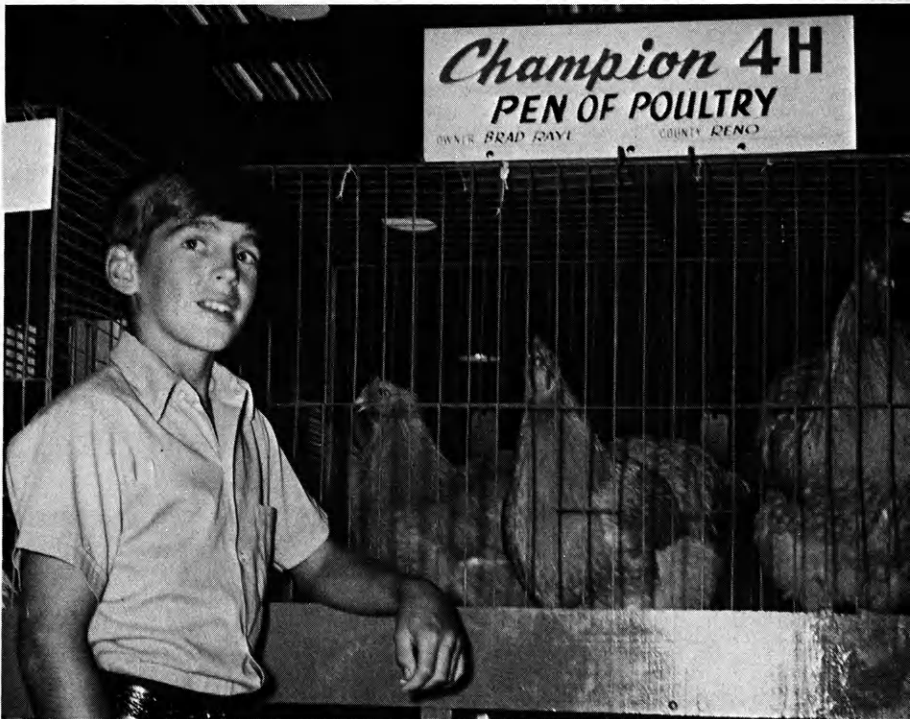


S  
33  
K3  
K3  
/11  
SD9



# FREE GIFT

## WHEN YOU BUY A CO-OP APPLIANCE

Now until December 31, 1971, you will receive one of these valuable gifts of your choice FREE with the purchase of a new CO-OP Freezer, Washer, Dryer, Refrigerator, Combination, Range or Dishwasher.

**20-Piece Corelle Livingware Set by Corning.** A complete service for four. Has the look and feel of real china. Translucent, yet strong. Safe in dishwasher or oven. A \$19.95 Retail Value.

**Westinghouse Electric Can Opener.** Cuts around the rim instead of piercing the top like ordinary openers. Lid is not ragged or sharp and stays on can when removed from opener . . . dirt, metal chips, etc. can't fall into can. A \$19.95 Retail Value.

**Wondercale No-Iron Sheets, Pillowcases:** Springmaid "Fresh Daisies." Pert daisies scattered at random on luxuriously white percale of 50% Kodel Polyester & 50% combed cotton. Permanent press finish. Double bed size. A \$19.95 Retail Value.



### Model MD351

#### Magic Chef Portable Dishwasher

Washes, rinses and dries dishes thoroughly and safely. Pushbutton control takes your dishes through 6 cycles of 150-degree-plus washing and rinsing. Cleans up to 16 full place settings at once with plenty of room for pots and pans, too! Available in white, coppertone, avocado and harvest gold. Featuring cutting board top that really increases your kitchen work surface.



**Best Deal in the Country!**

Solutions to pollution.....	4
Mind your gun manners.....	5
Quality of Living is Congress theme.....	6
Leaders keep 4-H clubs going.....	7
Mission Possible.....	8
Ideas and news.....	10, 12
Miami County exchange.....	11
Dairy winners to world meet.....	11
Republic County club in second 25 years.....	12
Kitchen Bowl.....	13
Food preservation and camping.....	14
Marie's Musings.....	15

Cover Photos by:  
Marjorie Tennant and Thayne Cozart

Wm. M. Riley..... **Managing Editor**  
Marie Rupp..... **Associate Editor**  
Glenna Wilson..... **Production Editor**

Published Monthly By  
**KANSAS 4-H FOUNDATION, INC.**

J. Harold Johnson..... **Executive Director**  
Merle Eyestone..... **Associate Director**  
William Riley, Jr..... **Associate Director**  
Erna Bly..... **Sec. Asst. Treasurer**

**BOARD OF TRUSTEES**

Governor Robert Docking  
Honorary Chairman

Dolph Simons, Chrm.....Lawrence  
Ray E. Frisbie, Vice Chrm.....McDonald  
Balfour S. Jeffrey, Treas.....Topeka  
Robert A. Bohannon.....Manhattan  
Glenn M. Busset.....Manhattan  
\*Sen. Frank Carlson.....Concordia  
W. Dale Critser.....Wichita  
Harry Darby.....Kansas City  
Mrs. Olive Garvey.....Wichita  
†A. D. Jellison.....Junction City  
\*Harold E. Jones.....Manhattan  
J. J. Moxley.....Council Grove  
George B. Powers.....Wichita  
\*Roger E. Regnier.....Manhattan  
N. T. Veatch.....Kansas City  
E. B. Shawver.....Wichita  
\*Advisory Member  
†Trustee Emeritus

**Editorial and Business Office**

Phone 913-532-5800

Umberger Hall  
Kansas State University  
Manhattan, Kansas 66502

Second Class Postage Paid at Lawrence, Kansas. Return Form 3579 to Kansas 4-H Journal, Manhattan, Kansas 66502.

Advertising rates and circulation data on request.

Group subscriptions \$1.30 per year.  
Individual subscriptions \$2.00 per year.  
Single copy 25 cents.

Use of the 4-H name and symbol approved by the Secretary of Agriculture of the United States, January 23, 1951, under the provisions of the laws as reenacted by Sec. 707 of the Act of June 25, 1948 Public Law No. 772 80th Congress (10 USC 797).

**The Cover**

Scenes from Kansas State Fair highlight the November cover. Bottom left with her dog is Patti Maxwell of Cimarron in Gray County. Yvonne O'Connor holding her rabbit is from Luray in Osborne County.

State 4-H style revue winners



**Meet Kansas 4-H Foundation's**

**new executive director:**

Merle Eyestone has been involved with 4-H for most of his life. He was a 4-H club member for eight years in Leavenworth County, and was a Capper Scholarship winner. As state winner in leadership, Merle attended National 4-H Congress in Chicago.

During college years, Merle Eyestone was president of the student body at Kansas State University, a Danforth Fellowship winner, and a member of Alpha Zeta, Delta Gamma Sigma, and Blue Key

After graduation Mr. Eyestone worked for 13 years as Shawnee County 4-H agent. In 1955-56 he served as president of the National Association of County 4-H Club Agents.

Ten years ago he began work for the 4-H Foundation; his primary responsibility has been as director of Rock Springs Ranch. He has earned both masters and doctors degrees from the University of Wisconsin.

Dr. and Mrs. Eyestone have four children; all have been 4-H members.

Dr. Eyestone will begin his duties as Executive Director of Kansas 4-H Foundation on November 1. This editorial is his response to our request for some of his thoughts about the Foundation.

During the past 25 years, most of my laboring efforts have been connected with the Kansas 4-H program, so it was a rather pleasant decision to accept the honor and challenge that go with the position of Executive Director of the Kansas 4-H Foundation. The continued growth of the Foundation since its origin in 1952 has not been easy. It has taken the vision, time, courage, dedication, faith, strong leadership, and hard work of many individuals for the development and administration of the projects and services of the 4-H Foundation. The one individual possessing all of these abilities was J. Harold Johnson, the retiring Executive Director. Kansas 4-H Foundation is fortunate to retain him as a field representative.

Mr. Johnson's job and mine have been made easier during the past years because of three things: one, the promoting of an unequaled educational program in connection with the 4-H organization; two, the counsel and cooperation of a Board of Trustees interested in and committed to the ideals of 4-H and the objectives of the Foundation; three, the assistance of thousands of local leaders and professional workers who carry on the objectives of the 4-H program.

In 1960 a memorandum of understanding between Kansas State University and the Kansas 4-H Foundation was made, which by law gave Kansas State University, through its Extension Service, the responsibility for organization and administration of the 4-H club program of Kansas. The Kansas 4-H Foundation is a corporation organized for the purpose of promoting and supporting 4-H work in the state of Kansas through the holding of property, the solicitation and holding of funds for leadership training, scholarships, trips and awards, development of physical facilities, and other purposes.

The fulfillment of the foregoing purposes will continue to be the basic challenge of the Kansas 4-H Foundation.

and best groomed boys receive congratulations from Dr. Glenn M. Busset, state 4-H leader, top right. Left to right are Jeff Luthi, Madison, Greenwood County, reserve champion best groomed boy; Jeanette Konicek, McPherson, McPherson County, reserve honors for style revue; Nick Wells, Liberal, Seward

County, champion best groomed boy; and Jayne Samuelson, Newton, Harvey County, style revue winner.

Those champion Buff Orpingtons belong to Brad Rayl from Hutchinson, Reno County. Bottom right, on Domino's Navajo is Mike Fine; he's from Lawrence in Douglas County.

# Solutions to pollution

By Jayne Aylward, Reporter  
Willing Workers 4-H Club  
Saline County

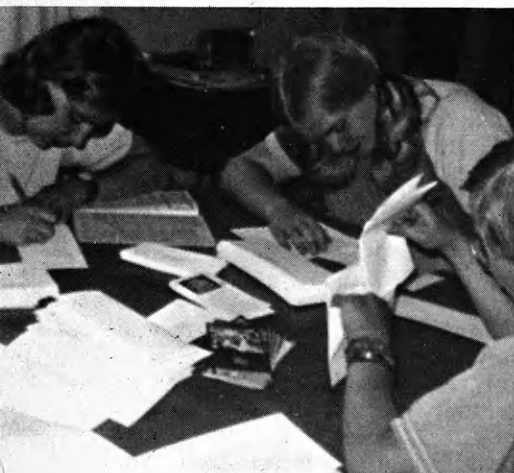
People cause pollution — people must solve pollution. The Willing Workers 4-H Club of Saline County is attempting to make people aware of the need for good environmental health. With 100 per cent enrollment in the health project, each member can and does take an active part.

One all-club project was a special ecology program given for the Parsons School Community Club. Air, water, and solid waste pollution were stressed with talks, demonstrations, songs and even nursery rhymes. A pollution check list was distributed to each family attending.

Several members presented an ecology program for the Salina Day Care Center. The preschoolers were introduced to Weary Willie Water Drop and Exhausted Archie Air and were told that insects aren't all bad — they can even be very good.

The women of the United Methodist Church Society, at another ecology program, heard that the earth is really a second-hand store, that every thing in it is used and must be reused.

One of our most important projects is the collecting of newspapers for recycling in an attempt to cut down on solid waste and also to protect our trees. Each member gives out flyers advertising the date and pickup point for each drive. The collected newspapers are trucked by parents to the newspaper mill



Getting letters ready to mail to Dayton Township for the cancer drive are, left to right, Sandy White, Jayne Aylward, and Ronnie Fent.

at Hutchinson. So far we have been responsible for the recycling of four tons of newspapers. We also collect aluminum and other tin cans from roadside ditches. The aluminum cans are sold to the Coors distributors for recycling.

Along with our ecology study, we have made a special cancer display for the American Cancer Society to promote National Cancer Week, made tray favors at Christmas for the pediatrics wards of two local hospitals, adopted an old folks' home for visits and holiday remembrances, and have campaigned for donations for the Multiple Sclerosis Drive, Cancer Society, Arthritis Foundation and Heart Fund. We made a special pesticide booth for the Salina Garden Club Spring Flower Show and our fair booth warned the public of the dangers of smoking. Our fair float was on solid waste pollution. Health talks are given at each meeting. Each and every one of us is striving for good physical, mental, and environmental health for ourselves and our community.

## Old newspapers aid 4-H treasury

Members of the Happy Harvesters 4-H Club of Marshall County spent several Saturdays collecting and tying up all the old newspapers they could find, and with the help of some of their leaders, delivered them to the gypsum mine in Blue Rapids.

"This way we saved many people from burning their papers," writes club president Chris Nordhus, "and the \$45 we earned sure helped build up our treasury."



5% Passbook Interest  
Day In to Day Out

## Capitol Federal Savings

OVER ONE HALF  
BILLION DOLLARS SAFE

TOPEKA - LAWRENCE - KANSAS CITY

## Watch Your Savings GROW



For extra profit, full convenience and insured safety on your money open your account today at . . . .

### Your Nearest Kansas Savings & Loan

**Arkansas City**  
First Federal Savings and Loan Assn.

**Clay Center**  
Northwestern Federal Savings and Loan Assn.

**Dodge City**  
First Federal Savings and Loan Assn.

**El Dorado**  
Mid-Continent Federal Savings and Loan Assn.

**Fort Scott**  
Liberty Savings and Loan Assn.

**Hays**  
The Hays Building and Loan Assn.

**Hutchinson**  
Valley Federal Savings & Loan Assn.—1020 North Main

**Leavenworth**  
Leavenworth Mutual Savings and Loan Assn.

**Liberal**  
First Federal Savings and Loan Assn.

**McPherson**  
The Pioneer Savings and Loan Assn.

**Newton**  
First Federal Savings and Loan Assn.

**Ottawa**  
Franklin Savings Assn.

**Parsons**  
First Federal Savings and Loan Assn.

**Plainville**  
Rooks County Savings Assn.

# Mind your gun manners

By George Valyer  
Kansas Forestry, Fish and  
Game Commission

Fall is a great time for 4-H youngsters all over Kansas. It's the time of football games, hikes in the cool, crisp air, and hunting for game birds and animals during the open seasons. Most red-blooded Kansas boys (and a lot of girls too) look forward to the fall hunting seasons with a great deal of anticipation. Summer wildlife production is over and the surplus is ready to be harvested.

Yes, hunting is great sport but hunting with firearms can turn into a nightmare of tragedy if those who handle guns fail to use good sense and practice the rules of safety. Last year in Kansas, 46 persons received injuries in hunting accidents and four persons died from these wounds. One of the most shocking facts is that over half of all injuries involved persons under 21 years of age. This should make all of us stop a moment and think about our own gun manners and habits.

Everyone who handles a firearm should know and observe the three primary rules for gun safety:

**1. Treat every gun as though it were loaded.** Guns should always be unloaded except when we are ready to hunt but treating them with respect at all times is a good habit.

**2. Always keep the muzzle pointed in a safe direction.** When you are carrying a gun in the field, it's a good idea to point the barrel upward at all times. Be sure you don't get lazy and let it droop toward a hunting companion.

**3. Always be sure of your target and what is beyond.** When a bird or animal flushes, take enough time to be sure it is a legal target and then check the background — rifle bullets travel a long way and a shotgun is capable of firing pellets at least 200 yards.

There are some other good rules which should always be observed. When you are crossing a fence or a deep ravine, always unload your gun first. You can't shoot game when you are climbing through barbed wire or up an embankment.

Never carry a loaded firearm in a vehicle. A safety can get jarred off and a bump can discharge the gun. It is also important to never carry a loaded firearm into a house or building.

Guns should always be kept out of the reach of young children with ammunition locked up in a separate location. There is nothing more tragic than to read of a small child getting hold of a firearm and hurting himself or someone else. The blame in most instances can be laid on a careless adult who failed to take proper precautions.

Another point to think about is to make sure you know the game laws. Hunting is a lot more fun when you know you are abiding by the seasons and regulations.

Don't forget that you need

permission before hunting on someone else's property. This applies to your neighbor's land as well as land in the next county. Most farmers are willing to allow hunting but don't take this for granted. To keep good relations with your neighbor, check with him before you hunt on his property.

If you would like a leaflet on sportsmanship and shooting, you can write the Kansas Forestry, Fish and Game Commission, Box 1028, Pratt, Kansas 67124 and ask for a copy of Hunting and Shooting Sportsmanship. It's free. The Commission will also supply you with enough of these leaflets to distribute to everyone in your club. Just tell them how many you would like to have.

Remember, hunting is great fun — but only if it is kept safe.

**Crossing a fence is dangerous if all guns are not unloaded. When two or more hunters are crossing, the "buddy" system is best. One holds the guns while the other crosses through, then the guns are passed across.**



# Quality of Living is Congress theme

Quality of Living is the topic which more than 90 outstanding 4-H members will be thinking about as they attend Kansas 4-H Congress November 4 to 6 at Holiday Inn Plaza in Wichita. Nine donors working through the Kansas 4-H Foundation have made the trips possible.

Speakers on Friday, Willard W. Garvey from the Garvey Foundation and Richard Hrdlicka of Hesston Corporation, will explore for the 4-H'ers the environmental approach to improvement of quality of life. They plan to discuss methods of problem solving which have worked for them, and to involve 4-H members with practice in problem solving.

Donors will be at the banquet Friday evening to present awards to the 4-H'ers.

On Saturday a tour of the Gordon Evans Steam Electric Station will show an industry approach to the environment while a tour of the Gross Catfish Farm will complete the morning program.

The American Legion, Department of Kansas, is providing trips for seven blue award winners in the areas of civil defense and citizenship. The 4-H'ers and their counties are: Lee Parker, Sumner; Debra Blair, Marshall; Claudia Beckerdite, Ford; Donald Olson, Riley; Elaine Geist, Ottawa; Vickie Doud, Shawnee; and Denise Foerschler, Dickinson.

Kansas Production Credit Association and Federal Intermediate Credit Bank of Wichita are donors of trips for top judging teams at Kansas State Fair in clothing, field crop science, food-nutrition, and home improvement.

First in clothing judging was the team from Rice County, made up of Kathryn Van Riper, Ellen Reed, and Charlotte Buckman. In identification and seed analysis the winning team was from Butler County; members were Brenda Schmidt, Curtis Willhite, Linda Jenkinson, and Virginia White.

Morris County had the winning food judging team with Katy Cashman, Sharon Miller,

and Suzanne Muller. The top home improvement team was from Riley County with Janice Heikes, Janet Pletcher, and Carolyn Sanford as members.

Outstanding members in project work in field crop science and food-nutrition will attend the Kansas 4-H Congress as guests of Federal Land Bank, Wichita. Winners in field crop science and the counties they represent are: Ray Brunner, Johnson; Russell King, Cloud; Kenneth Lankard, Anderson; Myron Willhite, Butler; Karl Wolf, Harvey; Lawrence Perkins, Sedgwick; and Mark Martin, Cowley.

Nutrition winners and their counties are: Linda Carnahan, Labette; Paula Chronister, Dickinson; Melinda McDaniel, Hamilton; Alice Voigts, Johnson; Sheila Jones, Sherman; Judy Gress, Marshall; Margaret Schwinn, Leavenworth; Crystal Wiley, Leavenworth; Sharon Murray, Clay; Linda Peckham, Franklin; Teresa Millsap, Leavenworth; and Donna Bowman, Pawnee.

Hesston Corporation, Hesston, provides trips for a blue award group in the livestock project. They are: Glenda Dittmar, Clay County; Ron Thomas, Sherman; and Kayla McDiffett, Wabaunsee.

Trips are provided for a group of winners in personal development and achievement by Southwestern Bell Telephone Company, Topeka. Winners in personal development are: Jay Armstrong, Atchison; Kathy Armstrong, Atchison; Patty Russell, Johnson; Brenda Robison, Labette; Kathy Debrick, Miami; Mary Ann Channel, Nemaha; Janell Koester, Ness; Margo Reiman, Pratt; Lila Gatton, Russell; Mike Range, Sedgwick; Mary Allen, Sedgwick; Jo Ann Rubenich, Ford; David Sarff, Washington; and Kenneth Kellogg, Phillips.

In the achievement group are: Sandra Shaw, Shawnee; Jerome Anglemyer, Butler; Vernon Waldren, Greeley; JoAnn Glenn, Ford; Susan Simmons, Neosho; and Robert Zweifel, Russell.

Thompson-Hayward Chemical Company, Kansas City, is host to

three blue award winners in weed control; they are: Casey Garten, Dickinson; Dean Stoskopf, Barton; and Becky Topliff, Sherman.

Trips are provided for the blue award group in the electric project by the Electric Power Suppliers of Kansas. The teenage electricians are: Gary Morris, Cheyenne; Steve Schuler, Dickinson; Jimmy Hickok, Grant; Dale Sevart, Crawford; Rodney Hammarlund, Wabaunsee; Chris Finney, Cowley; Carolyn Hoheisel, Labette; Roger Van Skike, Barton; Rellen Goebel, Washington; Dale Ziegler, Sedgwick; Jim Christie, Atchison; Howard Schmidt, Harper; and Jerry Gaines, Rooks.

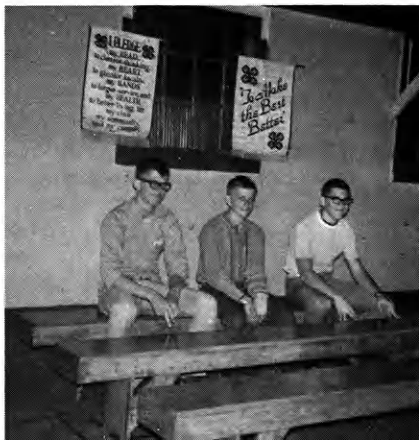
The Wichita Bank for Cooperatives sends to the Congress 10 members of a club and a blue award group of three members who are outstanding in recreation. This year the club is Richland Rustlers, Pratt County, and others attending for recreation are Cindy Helferstay, Sedgwick County; Elaine Reif, Barton; and Sharla Maxwell, Ford.

## Boys build benches

By Cindy Austin, Reporter  
Happy Hustlers 4-H Club  
Sumner County

The Happy Hustlers 4-H Club of South Haven in Sumner County has three badly needed new benches made by boys in the woodworking department. The club meets in the Community Building and seating facilities are poor. After a wobbly bench gave way loaded with members, it was decided something had to be done. The club purchased the materials and the boys did the work. The benches are varnished and even have the club's name carved in the ends.

Trying out the Happy Hustlers new benches are Richard and David Tanner and Morris Meeker.



# Leaders keep 4-H clubs going

Volunteer leaders, according to one club reporter, are like the gasoline which keeps the car going. Three leaders with a high octane rating are Mr. and Mrs. Edwin Casey of Red Vermillion 4-H Club in Nemaha County and Mrs. Almond Brown who is taking a leave of absence after having been sewing leader of Hope-well Corners 4-H Club, Cloud County, for six years.

Susy Martin of Concordia describes Mrs. Brown as a seamstress who also creates fancy tea parties, bakes tasty desserts, keeps a pretty rock garden, makes ceramics for her home and her friends, helps her husband farm, and still has time to teach 4-H sewing.



"She has lived in Kansas all her life, and learned to sew on her grandmother's treadle machine when she was a seventh grader. Most of the material she used was from feedsacks. The first garment she made and wore was for a high school church banquet; it was a tan pongee suit.

"Mrs. Brown was in 4-H when it was new in her community. Her only daughter and her granddaughter were in 4-H. Going beyond the call of duty, she has taught sewing even though she has no children in 4-H now, and has not had for several years.

"Hazel taught sewing at Singers for seven years. She often helps with extension classes and Trinity Methodist activities, and is active in EHU. She makes all of her wardrobe, and sews for her family, which used to include doll clothes.

"All of the girls entered in sewing enjoy meeting at her house, because there is always a tea party afterward. Everyone is also grateful for her patience with sewing a sleeve in wrong-side out, sewing zippers together and . . . !

"Each girl is remembered at Christmas with a special piece of ceramics Mrs. Brown has made.

"This year Mrs. Brown is going on what the girls hope is a leave of absence from her 4-H work; and they presented a gift

to her at the club centennial style revue she directed.

"But the real proof of her service is that her Aurora number can be dialed without the help of a phone book—and the girls do it pretty often!"

Reporter Mary Ann Channel writes that Mr. and Mrs. Edwin Casey, like the gasoline in the car, help members of the Red Vermillion 4-H Club to get started on their projects and to keep traveling on.

"Mr. and Mrs. Casey, known by all as Mike and Alice, have been igniting 4-H members since 1955 when their children Mike and Carolyn joined 4-H. Mike has been a leader for the swine, sheep, bees, tractor, and auto projects. Alice has been room improvement, gardening, food preparation, food preservation, meal service, and meat utilization projects leader.

"For the past seven years they have been community leaders and both have given freely and fully of their time and talents. A few of their duties include the organization of each club program, attending county council meetings, recording the club's activities and turning in numerous reports to the county office. Mostly, they make sure all the members complete their projects and records and offer help along the way. They also help the 4-H'ers to attend the many county activities. This might best be summed up as keeping the club rolling along.

"Mike and Alice Casey's special contributions have made the Red Vermillion 4-H Club an outstanding club. Their warm enthusiasm urges each member to strive to make the best better. Mike and Alice are never too busy to help a 4-H'er. They have helped many in their club to be county award winners.

"Also, in 1968 their club was the best all around club in Nemaha County. This award was based on the summary report submitted by the community leaders Mike and Alice Casey. The same year the civil defense plaque was awarded to the club.

"Not only do they serve on the local level but the Caseys annually work as chairmen of 4-H fair committees and assist with other county activities. They are also

kept busy with church and other community functions."

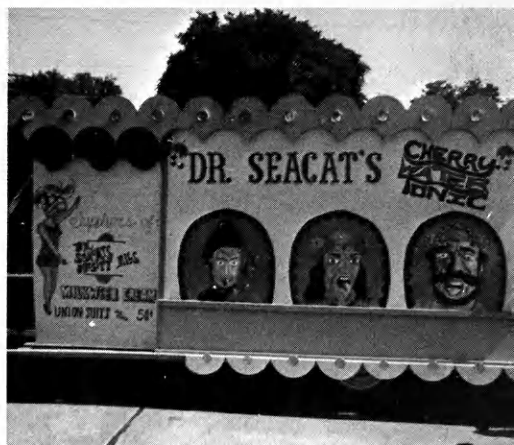
## Cherryvale centennial is enlivened by show

Members of the Happy Hustlers 4-H Club of Montgomery County contributed to Cherryvale's centennial in July by presenting talent in a medicine show. They also took their dancing, singing, twirling, and magic acts to nearby towns. The medicine show was part of the club's citizenship project.

Janet Jabben is reporter.



Among the entertainers in the Happy Hustler's medicine show were "The Sisters"; from left to right, they are Vickie Spradling, Janet Jabben, Linda Spradling, and Susie Jabben.



Members of the club painted the medicine wagon; the large pictures show gapers, with their mouths open ready for medicine needed to make them feel better. Cherry Water Tonic, sold by girls of the club, cured all illnesses.

# Mission possible

By Teri Anderson  
1970 National Award Winner in Safety  
Riley County

When we think of safety, we think of preventing accidents. Is that mission possible? Do people really know what safety is all about? Sometimes a person wonders, with all the accidents, injuries, misery, and death around today. We complain plenty about Viet Nam and all the lives it is taking, but a person just doesn't hear about protests against unsafe practices. In fact, many times it seems a person invites accidents to happen to him. The war in Viet Nam may be bad but many, many more lives are taken on our nation's highways than in Viet Nam in one year alone.

When I think of safety, I have to think about how by accident, I enrolled in safety in 4-H. This is the only fortunate accident I know of that happened to me.

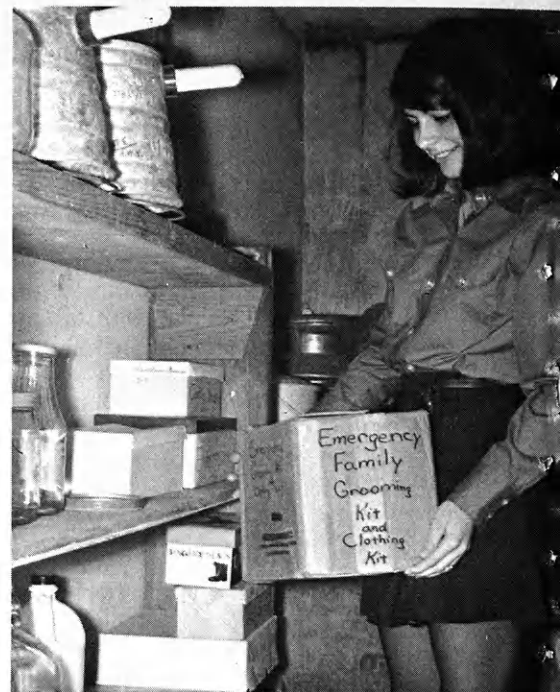
Teri hangs the Governor's Award of Merit on the wall of the Anderson home.



As I was looking through the project selection book, I came upon the safety project and decided to give it a whirl. I've been in a spin ever since! I decided something could and should be done to lessen accidents, misery, and fatalities.

It has proven to be an exciting project for me the past five years. Here are some of the things I did for my project. I've had several community projects which include putting up safety signs at the entrances of our town, Leonardville, having safety car checks, giving materials and reflectors to the 4-H club families, painting school crosswalks, sponsoring adult refresher courses, putting up reflective markers on all township roads, sponsoring the safest-route-to-school program, cleaning up school grounds, sponsoring bicycle safety check for two years straight, making and distributing winter survival kits. I also made a first aid kit for the softball team, made fire extinguishers for each of the 4-H families, sponsored an 8-hour defensive driving course, helped the club sell chemical fire extinguishers, and put safety rules on 200 Christmas trees.

Home and family projects including completing the survey of safety for six years, putting reflective tape on cars, implements and trucks, and putting up No Smoking signs and emergency telephone numbers where needed. I also made a family first aid kit, planned Edith meetings (exit drills in the home), and drew up the floor plan of our home. I painted the mailbox with reflective paint, put fire extinguishers in car and home, made our bathtub skid-proof, and made an emergency assignment chart for our home. I also made medical identification cards for each of our billfolds, poison-proofed our



In the basement of the Glenn Anderson home, Teri has prepared an emergency shelter.

home, cleaned the medicine cabinet, put safety flares in our car, cleaned out garage, basement, and closets periodically for rubbish, and made a fallout shelter in our basement.

I put posters in the grade school, entered safety poster contests — and won first prize. I also was chairman of the booth committee at the county 4-H fair and set up several exhibits. On special occasions such as Fire Prevention Week, Poison Prevention Week, and our town's Fall Festival I put up displays at school and in the bank. My favorite place was the store windows in town. Here my safety project members and myself put up displays many times during the years.

Many opportunities for learning came as I wrote for free literature and got enough material that I now have two files overflowing. I also went to Highway Patrol assemblies, took swimming lessons, watched 4-H TV Action, took additional projects such as the pesticides-chemicals program for three years, attended State Safety Seminar two years, took health and first aid course at school, saw films, and sponsored safety meetings as I was project leader for four years.

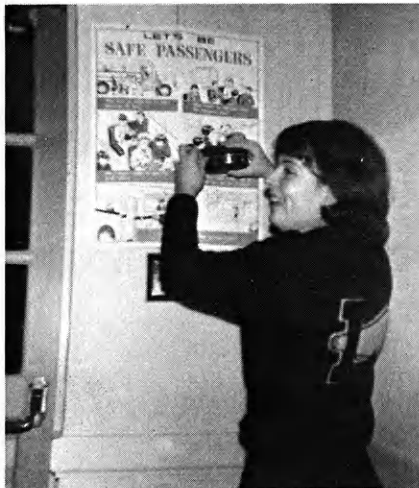
Opportunities came to talk on radio and TV, and to write newspaper articles. I gave talks at



county as well as Regional Club Days, at county fair, as well as Kansas State Fair at Hutchinson and Mid America Fair at Topeka. I also had the opportunity to speak to various organizations such as the Farm Bureau, township meeting, FHA, speech class, and school, and to show safety films at 4-H meetings, Kayette meetings and grade school.

As Safety Princess of Kansas I was able to speak to the Kansas Teenage Safety Association, Kiwanis, and other organizations. My most exciting speaking engagement was at the American Medical Association at Milwaukee, Wisconsin. I wrote approximately 175 articles for the newspaper in a weekly column called "Teri's Safety Tips."

After completing these projects I was very richly rewarded for my time and effort by receiving the county award in safety for four years, the Governor's Award of Merit, and an all-expense-paid trip to Chicago to the National Safety Congress. As



Teri puts up a poster with a safety message in the grade school.



Another poster shows how to keep one's home safe from fire.

state and national winner in the safety project for 1970, I received an all-expense-paid trip to National Club Congress and a \$1,000 scholarship.

The safety project is a wonderful and rewarding experience. How about your trying it too? That way we can combat and protest against unnecessary death by doing something about it. This mission is possible!

Editor's note: Teri Anderson has won honors in another area in addition to safety; she is a track star. In 1970 she was named "Most Outstanding Athlete of Women's Track in the Missouri Valley Amateur Athletic Union." She has participated in the Junior Olympics. The Kansas 4-H Journal hopes to have an article about track written by Teri in a spring issue. She is a student enrolled in physical education at Kansas State University.

Motorists in a London suburb are offered this special version of the 10 commandments in a parish magazine:

1. Thou shalt hold only the steering wheel.
2. Thou shalt not make unto thee a god of thy horsepower.
3. Thou shalt not take the center lane in vain.
4. Remember the driver behind to help him to pass thee.
5. Honor thy father and thy mother and all other passengers.
6. Thou shalt not kill.
7. Thou shalt not commit inebriated driving.
8. Thou shalt not steal thy neighbor's eyes with thy headlights, nor his ears with thy horn, nor his enjoyment with thy litter.
9. Thou shalt not bear false witness with thy signals.
10. Thou shalt not covet thy neighbor's right-of-way.

—By permission of the author and BOYS' LIFE, published by the Boy Scouts of America

## New state safety winner is Anderson County girl

The 1971 Kansas winner in the safety project is LaRita Croucher, a senior at Garnett High School. During the five years she has taken safety as a project, she has made 137 safety checks, given safety talks, written for newspapers, made radio tapes, tested water, and sold slow moving vehicle signs. LaRita attended the 1970 National Safety Congress. She is a member of Cherry Mound 4-H Club in Anderson County.

## Holiday stops run by 4-H'ers

Two clubs whose members have had safety on their minds and safety rest stops on their schedules are Bachelor Buttons 4-H Club, Greenwood County, and Willowdale 4-H Club, Dickinson County. Both clubs set up rest stops for Memorial Day weekend.

The Bachelor Buttons' stand was located along Highway 54 at the east edge of Eureka. Approximately 150 travelers from Oklahoma, Missouri, Colorado, and from many Kansas towns took advantage of the free coffee, kool-aid and homemade cookies served by the 4-H'ers. The Police Department of Eureka commended the 4-H'ers on this project. Chairman of the health committee working on the rest stop was Stacy Miller.

In Dickinson County, eleven members and eight junior leaders of Willowdale 4-H Club assisted with the rest stop at the Johnson School.

Besides serving coffee and cookies to travelers and giving out literature on safe driving, bicycle safety, and the use of fire extinguishers, the group cut weeds, swept up trash, and made signs.

As another safety activity, the Willowdale 4-H Club sells home fire extinguishers for home and auto use.

Safety committee chairman was Robert Fager. Other members were Tim Strunk, Daryl Ferguson, Denise Davis, Stacia Veal, and Jeff Habacker.



Steve Derrick and Cindy Derrick join with junior leader and council member Janet Burwell to place the sign inviting tourists to stop. Robert Fager is the Willowdale 4-H Club photographer.

# IDEAS \* & News \*

The new Kansas Dairy Princess is **Becky Ann Smith**, Ozawkie. She is a junior at Kansas State University majoring in radio and television. **Becky** was the 1970 state 4-H winner in the horse project, and wrote an article about her experiences which appeared in the July 1971 Kansas 4-H Journal.

A dunking tank was a fun and fund raising booth at the **Lane County Fair**. The **Dighton Goldiggers 4-H Club** manned the dunking tank to raise money for their community project which is landscaping the grounds around the Lane County Hospital and the Long Term Care Home. Other groups in the community are helping with the project. (Related story on page 15).

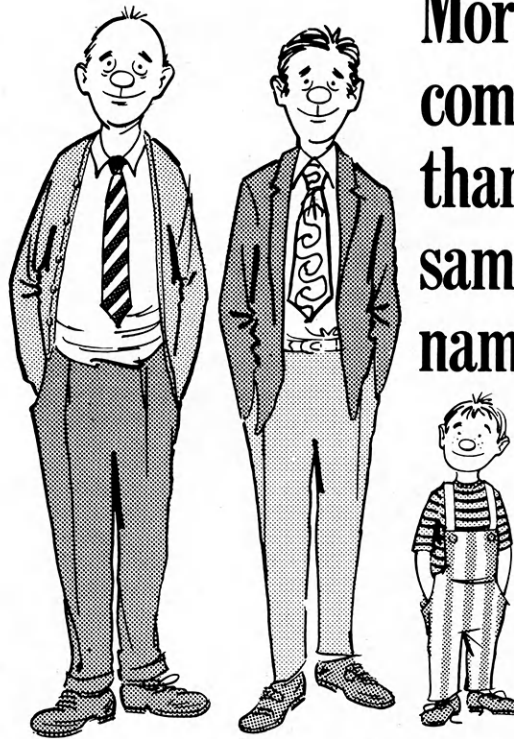
**Larry Roeder, Seneca**, will represent Kansas in the Western Regional 4-H Tractor Operators Event November 1 and 2 in Phoenix, Arizona. **Larry**, the winner of the 1970 Kansas 4-H Tractor Operators Event, has been a 4-H member for 10 years.

A new year is underway for the **Winning Workers 4-H Club** of **Morris County** with **Kim Vahsholtz** as president. New members are **Nancy Scott, Laurie Blythe, Sherrie Hultgren, Freddie Worrell, and Denny Crable**. Community leaders are **Mrs. Clarence Atkinson** and **Herb Neumeyer**.

To help members prepare for county fair, the **Happy Hustlers 4-H Club, Finney County**, held its own fair. Attendance for the day was 72; 115 entries were entered in 13 divisions by 33 members. Refreshments were served at the end of the judging. Judges were **Elsie Branden, Ardin Peterson, Rodney Faulds, and Albert Maddux**.

**Decker 4-H Club, Shawnee County**, received top blue on its safety booth at the fair. The Farm Bureau awarded the club \$12.50. Booth committee members were **Linda Brink, Janet Bacon, Lynda Cline, Harry Baker, and leader Mrs. Wayne Cline**.

Girls taking foods projects took cookies and cupcakes to be served with homemade ice cream as refreshments for the **Bluestem 4-H Club** tour in **Butler County**. Businessmen in **Butler County** were guests at a picnic at the 4-H building in El Dorado as 4-H'ers expressed appreciation for their help.



More in  
common  
than the  
same last  
name.

John, Sr. has a Farm Bureau Insurance Life program. He's had it for years. He encouraged John, Jr. to have a planned Farm Bureau Insurance Life program, too. In fact, he bought the first policy for him.

Luckiest of all is little John, III, because Dad and Granddad have each started him off right with Farm Bureau Insurance Life policies.

Why not see me, and start your family's Farm Bureau Insurance Life program, today?



**See Your  
Local Agent**

Farm Bureau Mutual • Kansas Farm Life • K.F.B. Insurance Co.



Mod was the word for the Thrifty Thrivers 4-H Club of Greeley County when they gave a fashion show for several different groups. Diane Schneider was narrator. In the back row, left to right, are Connie Herl, Melodie Wendt, Tammy Byerly, Bethel Simmons, Kim Byerly, Cynthia Herl, Suzann Nolan, and Gilbert Bishop. In the front row, left to right, are GERAL Herl, Gerald Wendt, Blane Kleymann, Ralph Mitchell, Carolyn Herl (partly hid), Rod Nolan, Lance Pearson, Dale Nolan, (partly hid), and Chuck Rutherford.

## Miami County exchanges visits with Kiowa County, Oklahoma

By Connie Debrick  
Junior Leaders' Reporter  
Miami County

This year Miami County 4-H junior leaders in Kansas held a 4-H exchange with Kiowa County in Oklahoma.

Several Miami county 4-H families were hosts to the Oklahoma 4-H'ers in June. We entertained them with a welcoming fondue party, a hay rack ride, a sewing meeting, club meetings, trips to Kansas City, a farewell picnic, and in other ways.

Eleven Miami County 4-H'ers, Mrs. Karen Sisk, and E. J. Sisk, Extension agent, visited Kiowa County in August. They had an interesting week and they enjoyed learning about Oklahoma

Had a yellow and black postcard from the Kansas 4-H Journal lately? It has the names of the businesses which send you your Kansas 4-H Journal. You may want to say "Thank you" to these businessmen with a friendly call, a thank you note, or a plate of cookies or candy. You may also want to thank some of the other persons in your county who contribute to 4-H work.

as they traveled.

These trips are an excellent way to get new ideas and make new friends.

## Dairy winners to world meet

Winners in the Kansas 4-H Dairy Production Contest attended the National 4-H Dairy Conference in Madison, Wisconsin, in October. The conference is a part of the World Dairy Exposition. The trip is sponsored by Kansas Dairy Breed Associations and the American Dairy Association of Kansas in cooperation with the Kansas 4-H Foundation. Charles T. Bates, Extension 4-H and youth specialist, accompanied the young people on the trip.

Breeds represented and the winning 4-H'ers are: Holstein, Teryl Louise Wilmeth, Grenola, Elk County, and Don DeWerff, Ellinwood, Barton County; Ayrshire, Lawrence Gudde, Bartlett, Labette County; Jersey, Bob Hunter, Parsons, Labette County; Guernsey, Bobby Charvat, Independence, Montgomery County; and Brown Swiss, Jeffrey VanHorn, Ottawa, Franklin County.

## A minute for manners

By Marjorie Area  
Extension Specialist, 4-H and Youth

New acquaintances and friends mean new pleasures, ideas, and experiences.

And how do you make a new friend? A friend may first be an acquaintance, and an acquaintanceship may begin with an introduction. So introductions are a necessary and vital part of your social skills or good manners.

As soon as possible, introduce persons in a group who have not previously met. Give names clearly and distinctly.

Say the older person's name first when introducing people of the same sex. Give the woman's name first when introducing a man and woman. Perhaps the situation requires saying the more prominent person's name first. Introduce the women in a group before introducing the men.

After the introduction, begin conversation to help each person become acquainted.

In responding to an introduction, simply say, "Hello, Mary" or "How do you do, Mrs. Jones?"

When introduced, men and boys always rise. Girls rise when introduced to a woman who is standing, to a much older man, and to meet any guests in their own home.

Men always shake hands with other men when introduced. When a man is introduced to a girl, she determines whether they shake hands or not. The gesture is not necessary but it is a warm and friendly act.

FLETCHER <sup>THE</sup> 4-H'ER  
© JOE E. BURBACH



"YOU NEVER HEARD OF A COMBINATION MILKER, CATTLE FEEDER, HONEY-EXTRACTOR AND POULTRY FEEDER? YOU'RE TALKING TO ONE!"

# Republic County club starts second 25 years



1971 marks the 25th anniversary of Sherdahl Boosters 4-H Club in Republic County. In July 1946 the club was organized at the Leslie Rasmussen home; it was the successor to the Union Valley club which had been disbanded in 1944.

Over the 25 years, 143 different members have completed a total of 572 years of combined 4-H work. At the present time there are 34 active members; the newest are Roger Tate, Gary Housholder and Tammy Housholder.

The Sherdahl Boosters have earned a purple seal 18 years, 12 of them the past 12 consecutive years.

Homer Cardwell has been a leader for 20 years, and received a gold 4-H clover with a diamond center at the leader's banquet in 1970. The other community leader is Virginia Herrman.

As part of the 25 year celebration, club reporter Sheila Thompson compiled a history of the Sherdahl Boosters 4-H Club; the article was printed in a local newspaper.

In July, the actual anniversary month, members took part in a swimming party, pot luck supper, and heard a talk by a local boy, Jack Mahan, who had won a trip to Austria through his college work.

Each summer Scandia has a town picnic. This year the sewing girls of the Sherdahl Boost-

ers provided entertainment for the ladies after the picnic by presenting a style review modeling clothing made in their sewing projects.

The club also carried out moneymaking projects that day. A mother had made a huge clown with a hole in place of the face. Younger members, and even some non-members, were glad to provide the face and have wet sponges thrown at them. This added about \$40 to the treasury.

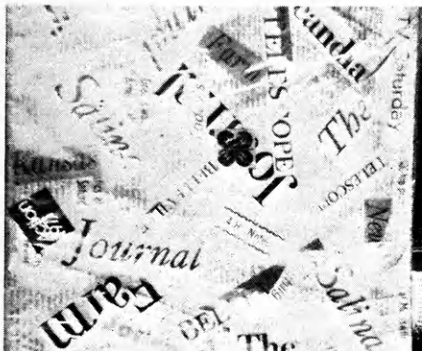
Older members went wherever people were, serving homemade ice cream in paper cups from a card table. They started on the street at the soap box derby, and wound up uptown during the early part of the evening. They made about \$65.

At the North Central Kansas Fair this summer the Boosters were especially successful in clothing. Sharon Runft was named champion best dressed girl and Sheila Thompson received the reserve champion award. The county clothing judging team members were all from this club, and two of three garments chosen from Republic County for display at the Kansas State Fair were made by girls from Sherdahl Boosters. Clothing leaders are Pat Hobson and Hazel Runft.

Plaques bearing signatures of the membership of Apache 4-H Club, Wyandotte County, were presented to the community leader, Mrs. Charles Errett, in appreciation for her service to the club this past year. The new president is Richard Svaglic. Because of Apache's young membership, the club has started a trainee officer program. Trainee officers help regular officers with his or her duties and take over should the regular officer be absent. Beth Haworth was reelected as club reporter.

Some new presidents elected this fall are: Harvey County, Tom Sauerwein, Walton 4-H Club; Jerrold Jost, Sedgwick Sunflower 4-H Club; Cyndi Merritt, Newton City Slickers; Teresa Dreir, Hesston Union Champions. In Saline County, new presidents are: Sally Reed, Friendly Valley; Sharyl Miller, Swinging 4-H'ers; Sandy White, Willing Workers; Ann Zimmerman, Sasnak; Jim Reese, Kipp; Steve Capell, 81 Hustlers; Tom Holmquist, Smoky View; Vicki Garrison, Bavaria; and Jeanne Abbott, Saline Valley. Two other new presidents are Barbara Stolle, Silver Lake 4-H Club, Shawnee County, and Lillis Heldenbrand, Kaw Valley 4-H Club, Riley County.

4-H clubs wanting to learn about drugs may secure resource materials kits from their county extension office or may write to Distribution Center, Cooperative Extension Service, Kansas State University, Manhattan 66502.



Sheila Thompson covered her reporter's notebook with a newspaper and then put on it the names of papers and magazines that she had taken articles from. The notebook won a purple ribbon at the North Central Kansas Fair. The Sherdahl Boosters 4-H Club voted to keep the reporter's and other notebooks in the city library at Scandia, so they would be readily accessible to everyone.

*a new word for a  
very special kind of community spirit —*

## co-opportunity

An increasing number of Kansas communities are creating their own opportunity for economic development.

They are banding together with a tremendous spirit of total community unity . . . an area-wide cohesiveness that makes the most of their development potential. (Co-opportunity is our word for it.)

All across Kansas, our Electric Cooperative systems are pooling their leadership and resources into the advancement of the rural areas of our State.



The  
**Rural Electric Cooperatives**  
OF KANSAS



Editor's note: An enthusiastic 4-H'er is Mary Ann Wassenberg, Marysville, who says she wishes "there were some way that every child in America and the world could be a 4-H member and could have all the opportunities I have received. If all teenagers were members and were active there would be no time for drugs, vandalism and the like." Mary Ann's favorite project this year is people-to-people. She is writing to 14 pen pals in foreign countries. A member of Home City Hustlers 4-H Club, Marshall County, she attended the Citizenship Short Course. Here is her recipe for Porky Pines. Mary says it takes little time to prepare.

### Porky Pines

- $\frac{3}{4}$  pound hamburger
- $\frac{1}{4}$  pound ground pork
- $\frac{1}{4}$  cup rice
- 1 egg
- 1 teaspoon chopped onion (optional)
- salt and pepper
- 2 tablespoons catsup
- milk
- flour
- 1 can tomato soup
- 1 can water

Combine all ingredients thoroughly except tomato soup and water. Form into balls; roll in flour and brown. Combine soup and water. Pour over balls and simmer for 1 hour. Yields 4 servings.

Editor's note: Theresa Cox, Meade County, says, "My eight years of 4-H experience will help me become the homemaker I wish to be." Theresa's favorite recipe has an Italian flair.

### Italian Lasagna

- 1 pound ground beef
- 1 small onion, minced
- 1 clove garlic, minced
- 1 teaspoon vegetable oil
- a package lasagna noodles
- 12 ounce tomato paste
- 1 tablespoon Italian seasoning
- 1 package mozzarella cheese
- 24 ounce small curd cottage cheese
- 1 package ricotti cheese
- parmesan cheese
- fresh parsley (optional)

Brown beef in oil. Add minced onion and garlic. Cook until tender. Add tomato paste and Italian seasoning. Cover and simmer 15 minutes. Cook lasagna noodles

in a large pot of boiling water to which 1 teaspoon salt and one tablespoon oil has been added. Cook until tender. Mix cottage cheese with the ricotti cheese. Grease a rectangular casserole dish. Spread  $\frac{1}{4}$  ground beef mixture over bottom. Lay one third cooked noodles on top. Add one third cheese mixture. Continue alternating layers, ending with ground beef mixture. Crumble mozeralla cheese on top. Sprinkle parmasan cheese on top also. Bake at 350 for 30 minutes. Remove from oven and decorate with fresh parsley. Add garlic bread and a green salad for a delicious one dish meal.

Editor's note: When Sheri Oxandale, Wetmore, was 11 years old and in her fourth year in 4-H, she demonstrated a simple, quick way to make a pie to Happy-Go-Lucky 4-H Club, Jackson County. Her recipe is called Crazy Crust Pie.

### Crazy Crust Pie

- 1 cup flour
- 2 tablespoons sugar
- 1 teaspoon baking powder
- $\frac{1}{2}$  teaspoon salt
- $\frac{3}{4}$  cup water
- $\frac{2}{3}$  cup vegetable shortening
- 1 egg
- 1 can cherry pie filling—or use apple or raisin if you wish

Lightly spoon flour into small mixer bowl, do not sift. Add sugar, baking powder, salt, water, shortening and egg. Blend at low speed of electric mixer until blended. Beat for 2 minutes at medium speed. Pour into 9 or 10 inch pie pan. Spoon cherry pie filling into center of batter. Do not stir. Leave a border of  $1\frac{1}{2}$  to 2 inches from edge of pie pan. Bake in 425 oven 40 to 45 minutes.

This is good with a dip of ice cream or some commercial topping, but most of the time we just eat it plain.

Editor's note: Rita Jirak, Marion County, was in 4-H work for 12 years. She was enrolled in all phases of cooking, as well as knitting, reading, swine, dairy, junior leadership, and sewing. She is now employed in the library at Kansas State University. Of her 4-H work, Rita writes, "I enjoyed every minute of it. I was enrolled in a phase of cooking every year. This is my favorite recipe and is really a pleaser for the whole family."

### Lemon Salad

- 1 package lemon gelatine
- 2 bananas, sliced
- 1 cup miniature marshmallows
- 1 can crushed pineapple, drained

Dissolve gelatine in one cup boiling water, add one cup cold water. When gelatine starts to set, add bananas, marshmallows and pineapple. Place this mixture in the bottom of a cake pan.

### Topping

- $\frac{1}{4}$  cup sugar
- 3 teaspoons flour
- 1 egg, slightly beaten
- juice of pineapple and water to make  $\frac{1}{4}$  cup

Mix these ingredients and cook slowly on the stove in a double boiler. Stir until thick. Fold in  $1\frac{1}{2}$  cup whipped cream when cool. Spread on gelatine.

"Growing" describes Decker 4-H Club of Shawnee County. It has an enrollment of 51 members including 15 new members.

If you would like a descriptive sheet telling about manufacture of farm machinery, write to Public Relations, Hesston Corporation, Hesston, Kansas 67062. Titled "First in Line," the sheet shows with photos and captions production of a self-propelled windrower from beginning assembly to finished product.

## Thank Your 4-H Journal Sponsors

THESE SPONSORS HAVE  
GIVEN THEIR SUPPORT  
FOR THE COMING YEAR

GOVE COUNTY  
Citizens State Bank, Grainfield  
First National Bank, Quinter  
People's State Bank, Grinnell

GRAHAM COUNTY  
Farmers & Merchants Bank,  
Hill City

KIOWA COUNTY  
First State Bank, Mullinville  
Greensburg State Bank, Greensburg  
Haviland State Bank, Haviland

LINCOLN COUNTY  
Lincoln County 4-H Council

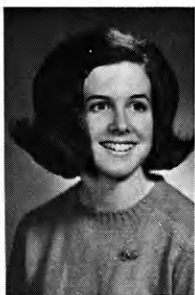
NORTON COUNTY  
Kellings Fine Foods, Norton  
Norton County Farm Bureau Ass'n.  
Norton  
Norton Livestock Auction, Norton  
Shelton Tire & Battery, Norton  
Tebo Implement Company, Norton  
Norton County 4-H Council

SMITH COUNTY  
Smith County State Bank,  
Smith Center

STEVENS COUNTY  
Stevens County 4-H Council

WILSON COUNTY  
First National Bank, Fredonia  
First National Bank, Neodesha  
Foodtown Super Market, Fredonia  
Fredonia Co-op Assn., Fredonia  
O. E. Woods Lumber, Neodesha  
Radiant Electric Co-op Inc.,  
Fredonia  
Self-Service Grocery, Fredonia  
State Bank of Fredonia, Fredonia  
Wiggans Drugstore, Fredonia

# Food preservation and camping



Editor's note: Alicia Walker, Blue Mound, is a member of a family which has camped in 46 of the 50 states, as well as Canada and Mexico. In writing this article, Alicia has combined the family interest in camping and her 4-H food preservation experience. With Alicia's recipe, food can be prepared in advance to be ready for use on your next camping trip, whenever it may be.

By Alicia A. Walker  
1970 State Food Preservation Winner  
Linn County

Camping and food preservation as a combination? Why, of course they go together! With so much camping done with motor power, there is room for jars of home-canned food that will make meals tasty, economical, and also quick to fix.

Any canned meat works well — chicken, pork, or beef, but our favorite is hamburger mix. We called it a magic jar as we can use it in so many different dishes. We make it bland and a very solid pack as we can add liquid and seasonings in camp. We prepare small foil packages of seasonings needed for each dish such as chili, or spaghetti. We fold the packages tightly, label for type of dish, and put them all in a plastic bag. When we've decided what our main dish in camp will be, we pull out the correctly labeled foil package and add it to the mix. There's no carrying of many different cans and jars for just a little dab.

## 66 member club tries new ideas

By Cheri Miller, Reporter  
New Frontiers 4-H Club  
McPherson County

"Sixty-six members! My, you have a big club!" This statement has been heard many times during the past year by members and leaders of the McPherson County New Frontiers 4-H Club.

After enrollment last fall, officers and leaders were faced with the problem of how to organize and involve all the members. Several new ideas were developed which have proved successful to make this big 4-H club run smoothly.

The Club was divided into four groups: Heads, Hearts, Hands, and Health. Each member was assigned to one of these groups. As he came to each meeting he marked himself present with his group, and he sat with them at each club meeting. Each group had a recorder and a recreation leader. When the secretary called roll by groups the recorder reported the number present in his group. This eliminated individual roll calls. These were the groups also used for recreation.

Every older 4-H club member was assigned one or two younger members as his 4-H pals. The 4-H pals sat together and the older member could answer questions and help the younger member.

For two years the club has had a newsletter, "Frontier Phlash." This has been a good way of informing members, leaders, and parents about all activities. Each 4-H family provided twelve self-addressed stamped envelopes for them to receive the Phlash.

The basic mix is 2# lean ground beef  
3 C chopped onions  
1 10 $\frac{1}{2}$  oz. condensed tomato soup  
1 $\frac{1}{3}$  C water  
2 tsp. salt  
 $\frac{1}{2}$  tsp. pepper

Cook beef and onion in large container until meat browns. Pour off excess fat. Add the remaining ingredients, bring to boil and simmer 5 minutes. Pack into hot pint jars. Adjust lids and process in pressure canner at 10 pounds pressure for 75 min. This makes 2 pints of very solid mix.

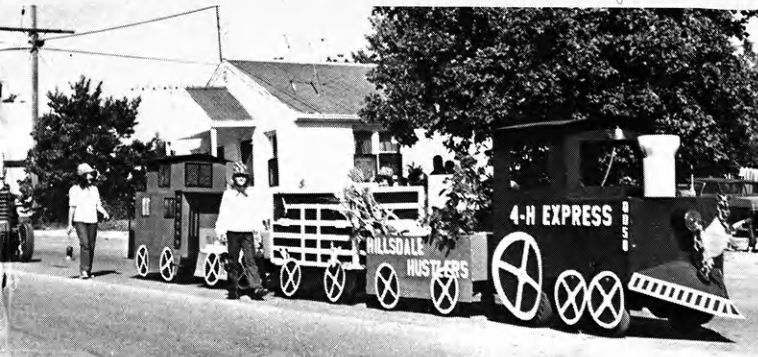
Now, this mix can be used to make many different dishes. Many of these can be decided at the last minute and then fixed as there isn't early preparation. If we get caught in a chilling downpour, we can have a hearty, hot soup instead of sandwiches. It doesn't take any longer to prepare when the mix is already in the can.

These are some of my family's favorite ways of using the hamburger mix. Spaghetti, chili using commercially canned beans, sloppy joes, taco salad (broken lettuce, corn chips, grated cheese, and the thick, heated hamburger mix mixed together) and vegetable-beef soup (boil together 1 package dehydrated onion soup, 2 packages dehydrated vegetable soup, 1 can of mix, and the water called for by the soups). The important thing to remember is that the hamburger mix, since it is home-canned, must be boiled 20 minutes as a sure prevention of botulism.

These are just a few ways that my family uses this magic jar of hamburger mix when we go camping. Yes, camping and food preservation are a winning combination.



Looks as if we'll have a good basketball team this year!



"Ride This Train" is the title of the Hillsdale Hustlers 4-H Club's float which won first in the Miami County parade and at Louisburg, also. This club is two years old. Dwayne Lewis writes, "I am proud to be a member."

## Marie's Musings

Smiles are in — so, as a song says, "Let your smile be your umbrella," not only on a rainy day, but every day. The smile is unisex, and, unlike the hoola hoop, it doesn't separate the agile from the aging. So why don't we let smiles be the umbrella that brings us together.

Let your smile replace frustration and anger; if you haven't discovered it, you may find that if you smile, the world smiles with you. So

"Have a happy day and smile!"

## Amy Aggies work for beauty

"Make Rural America Beautiful" is the theme of Lane County 4-H'ers this year. Work done by the Amy Aggies 4-H Club in this area included painting mail boxes of residents in their community, mowing the Amy Baptist Church parsonage yard, and cleaning a resident's home which had been damaged by fire.

Members of the Amy Aggies also painted and placed new trash barrels at the Lane County Fairgrounds, and donated money to the Dighton Gold-diggers 4-H Club to help them landscape the Lane County Hospital yards.

Both booth and float carried out the theme of the club's beautification project. The booth, entitled "Hands Alone Cause Litter," received the champion ribbon. "Make Rural America Beautiful" was the title of their booth which received top prize in the 4-H club division.

Kenneth Allen, county Extension agricultural agent, said, "The project was very much appreciated in their community."

## Horse project makes good subject for talks

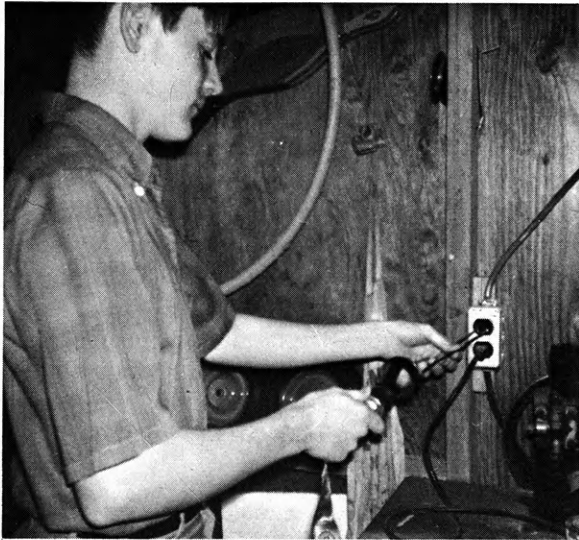
Two horses with Swedish names are the pride and joy of Joyce Gaye Wright, a member of the Home City Hustlers 4-H Club in Marshall County. A Shetland pony called Pojke, which is Swedish for boy, has been entered in shodeos, rodeos, horse shows, and in the county fair. He has gone on campouts and trail rides, and has been in parades, including one in which he and another pony were harnessed and hitched to a chariot which Joyce drove while her cousin rode with her.

Her other horse is a registered quarterhorse filly colt one year old whose name is Kivinna's Command which means Sweet Commander in Swedish.

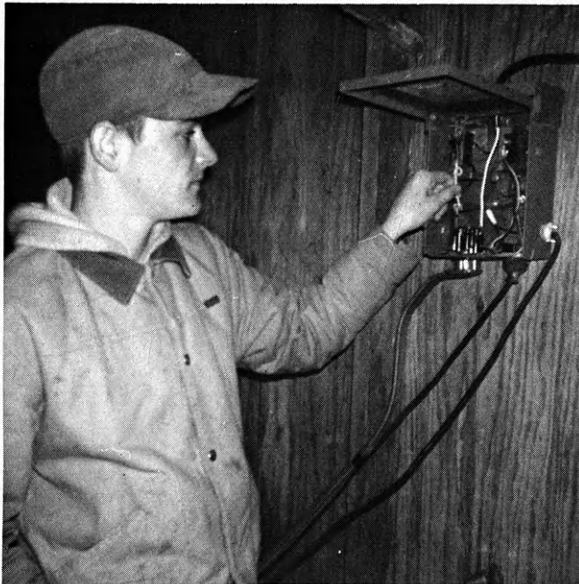
Joyce has found her horse project a good source of material for talks and demonstrations, including the one illustrated below called "Stir Up Some Fun." It won blue at Regional 4-H Day.

In her demonstration about how to bridle and saddle a horse, Joyce Gaye Wright said she really didn't think she'd be allowed to bring her horse into the room, so her brother Larry filled in for the horse.





Lyle checks his voltage tester in the family workshop.



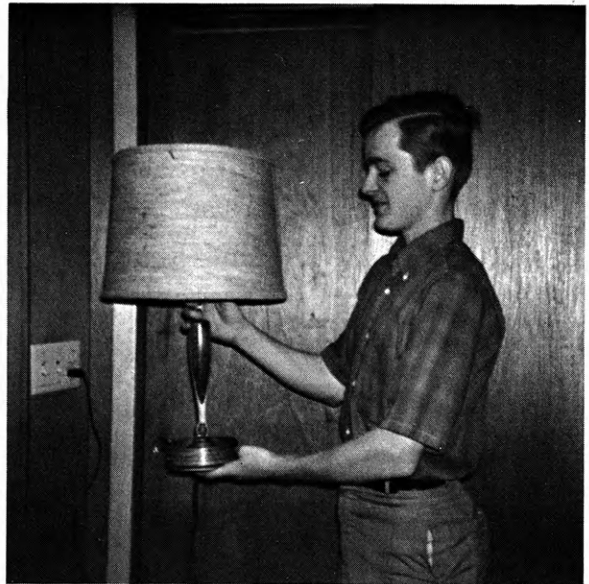
A real convenience is the relay switch which automatically turns on and off the unloader to the silo. Lyle helped with the wiring.

## Electric knowledge useful to Ottawa County 4-H'er

This year Lyle Humphrey, an 18 year old senior at Pomona High School, made a battery service cart in the electric project. In this project in other years, Lyle has made a lamp and extension cords, and he wired a new bathroom in the Humphrey's rental house. Just for fun, he made a metal marking pen.

Lyle has been a member of the Junior Judger's 4-H Club, Ottawa County, for nine years. He was president this year and is assistant leader for the electric project.

Other projects of Lyles are dairy calf, junior leadership, and senior program with special interest in music. Lyle plays trumpet in the high school band.



Lyle Humphrey made this lamp on his great uncle's lathe. It won blue at Ottawa County Fair.



✻ Watch This Page For Ideas On Farm And Home Electric Projects

The Kansas Power and Light Company      Central Kansas Power Company  
Kansas City Power & Light Company      Kansas Gas and Electric Company  
Western Power Division of Central Telephone & Utilities Corporation