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Role of house flies in the ecology of *Enterococcus faecalis* from wastewater treatment facilities

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Running Head: House flies and *E. faecalis* in wastewater treatment facilities

Abstract

Enterococci are important nosocomial pathogens with *Enterococcus faecalis* most commonly responsible for human infections. In this study, we used several measures to test the hypothesis that house flies, *Musca domestica* (L.), acquire and disseminate antibiotic resistant and potentially virulent *E. faecalis* from wastewater treatment facilities (WWTF) to the surrounding urban environment. House flies and sludge from four WWTF (1-4) as well as house flies from three urban sites close to WWTF-1 were collected and cultured for enterococci. Enterococci were identified, quantified, screened for antibiotic resistance and virulence traits, and assessed for clonality**.** Of the eleven antibiotics tested, *E. faecalis* was most commonly resistant to tetracycline, doxycycline, streptomycin, gentamicin and erythromycin and these traits were intra-species horizontally transferrable by *in vitro* conjugation. Profiles of *E. faecalis* (prevalence, antibiotic resistance, and virulence traits) from each of WWTF sludge and associated house flies were similar, indicating that flies successfully acquired these bacteria from this substrate. The greatest number of *E. faecalis* with antibiotic resistance and virulence factors (i.e., gelatinase, cytolysin, enterococcus surface protein, and aggregation substance) originated from WWTF-1 that processed meat waste from a nearby commercial meat processing plant, suggesting an agricultural rather than human clinical source of these isolates. *E. faecalis* from house flies collected from three sites 0.7 - 1.5 km away from WWTF-1 were also similar in their antibiotic resistance profiles; however, antibiotic resistance was significantly less frequent. Clonal diversity assessment using pulsed-field gel electrophoresis revealed the same clones of *E. faecalis* from sludge and house flies from WWTF-1 but not from the three urban sites close to WWTF-1. This study demonstrates that house flies acquire antibiotic resistant enterococci from WWTF and potentially disseminate them to the surrounding environment.

Introduction

The burden posed by antibiotic resistant (AR) bacteria is increasing worldwide [29, 39]. The rise of AR pathogens such as methicillin-resistant *Staphylococcus aureus* (MRSA) and vancomycin-resistant enterococci (VRE) has increased morbidity and mortality associated with bacterial infections and made effective treatment a significant challenge [5, 59, 61].

Enterococci are Gram-positive, lactic acid bacteria and their primary niche is the digestive tract of animals, including humans. *Enterococcus faecalis* and *E. faecium* are two of the most prevalent enterococcal species in the human gastrointestinal tract [6, 20, 21, 53, 62]. Over the past few decades enterococci have emerged as the third most common nosocomial pathogen [6, 21], and among enterococci, *E. faecalis* is responsible for the majority of hospital-associated infections [32, 68]. Antibiotic resistance of enterococci has been reported to every major class of antibiotics [34, 40]. A number of virulence factors associated with clinically significant enterococci aid in avoidance of host immune responses and/or help breakdown of host tissues [20]. In addition to being opportunistic pathogens, enterococci are also reservoirs of antibiotic resistance genes, thus playing an important role in AR gene ecology. Antibiotic resistance genes have been reported to transfer from enterococci to other bacteria such as *Staphylococcus aureus* [34, 66].

The house fly, *Musca domestica* (L.) is the most common fly species in the family Muscidae and is distributed worldwide. House flies are a significant nuisance pest due to their large populations and synanthropic nature. Additionally, house flies are recognized as an efficient mechanical vector of a number of parasites and pathogens including protists, viruses, fungi, and bacteria [23, 25].

Several studies have specifically focused on the association of *M. domestica* and enterococci in animal agriculture environments including poultry [24], swine [1], and cattle [11, 41]. Each of these studies provided evidence that house flies acquire AR and potentially virulent enterococci from the animal manure. Previously, we analyzed the digestive tracts of *M. domestica* for enterococci at five fast-food restaurants in northeastern Kansas and found AR enterococci very common [44]. In a follow-up study we found that food from the same restaurants was commonly contaminated with AR enterococci and contamination was positively correlated to seasonal house fly activity [43]. In a laboratory based study we showed that house flies can readily contaminate ready-to-eat food with enterococci [42]. These studies

provided both direct and indirect evidence that animal agriculture (i.e., poultry, swine, cattle operations) can be a source of AR enterococci and that house flies are a likely vector.

Another potential source of AR enterococci in *M. domestica* is human fecal material; especially feces of the hospital origin. Though it is unlikely that flies gain access to hospitals or health clinics in developed countries, sewage waste from these facilities can be accessed as a potential point source at municipal wastewater treatment plants where wastewater is processed from multiple sources including household, healthcare, and industrial sites.

A 2007 report from the North East Biosolids and Residuals Association (NEBRA) estimated that there were approximately 17,000 operating wastewater treatment facilities (WWTF) in the USA [52]. Waste received from environments under significant antibiotic pressure, such as hospitals, consistently contains a greater proportion of singly and multiple drug-resistant bacteria [9, 22, 26, 28, 38, 60] and AR enterococci are commonly recovered from sewage [2, 8, 9, 28, 38, 47, 51, 55]. House flies and other filth flies often have direct and unhindered access to many steps in the waste processing flow and therefore may acquire bacteria associated with the waste. Once house flies disperse from the WWTF, they may disseminate microbes to other areas, with potential impacts on human health. In this study, we investigated whether house flies acquire antibiotic resistant and potentially virulent *E. faecalis* from WWTF and disseminate them to the surrounding urban environment.

Methods

Study duration and sites

Samples of sludge and flies were collected during 25 visits to four WWTF (1-4) over three years. The wastewater operations utilized the activated sludge technique for processing liquid waste with forced aeration during primary treatment [12, 33]. Criteria for sludge collection at the facilities involved identifying locations that offered access to house flies and where flies were most visually abundant. The term sludge represents here three specific sources of solids: bar screening waste, insoluble grit, and treated biosolids [7, 12, 33].

WWTF-1 served a northeast Kansas community of 21,000 and received approximately 2.8 million liters of waste daily from two sources; residential sewage (95,000 liters) and industrial waste from a

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nearby commercial sausage plant (1.9 million liters) but no waste from hospitals. The sausage plant was a 17,000 m^2 facility that produced ready-to-eat cooked sausage. Waste from this facility arrived through a dedicated line and was initially kept separated from the sewage. The solids of the industrial waste (primarily meat remains) were separated and temporarily stored in open containers (garbage dumpsters) and were removed weekly. Due to the abundance of flies at this source, the stored meat waste solids were the focus of sludge and house fly sampling at WWTF-1.

WWTF-2 served the same community of 21,000 and processed approximately 6.8 million liters of waste daily, including influent from a small community hospital with a four-bed ICU. Sludge and biosolids were digested and stored in closed containers that limited fly access. Flies and sludge from this site were collected at the initial bar screen and the grit removal stations.

WWTF-3 served a community of 53,000 and received 20.8 million liters of waste daily, including waste from a medium-sized hospital with an eight-bed ICU and a four-bed intermediate ICU. Flies and solids were sampled from three locations: the bar screen, grit removal station, and on the margins of the secondary clarifier (where floating scum was removed and consolidated).

WWFT-4 received 1.7 million liters of waste daily from a community of 4,400. The community was served by a small medical facility of 25 beds with no ICU. Sludge was processed using aerobic digestion [7] for approximately 20 days, after which it was dried by use of a belt press and stored in an open field onsite. Sludge and solids from Site 4 were collected at the bar screen and from treated biosolids that were stored onsite.

All study sites were sampled equally with regard to house fly/sludge samples and isolates characterized during the first year to estimate the overall fly activity, enterococcal diversity and antibiotic resistance/virulence. Based on the results of WWTF-1, including the antibiotic resistance profiles of enterococci, the abundance of flies and the unique source of industrial waste received, this site became the focus of more intensive sampling in year 2, and was exclusively sampled in year 3. Over the course of the study, 89 sludge samples were taken (41 from WWTF-1, 15 from WWTF-2, 14 from WWTF-3 and 19 from WWTF-4) and 276 house flies sampled (83 from WWTF-1, 84 from offsite of WWTF-1, 28 from WWTF-2, 43 from WWTF-3 and 38 from WWTF-4) (Table 1).

Three offsite locations were selected near WWTF-1: Sites were selected based on the greatest potential for human/fly contact: at a recreational vehicle (RV) park located approximately 0.7 km (housing approximately 30 residents), a fast-food restaurant located approximately 1 km, and a 600 unit apartment complex apartment complex with approximately 1200 tenants, located 1.5 - 2 km from WWTF-1. No offsite sampling occurred at WWTF 2-4.

Isolation and identification of enterococci from sludge and house flies

House flies were collected with a sweep net, transferred to a self-sealing plastic bag and placed on ice for transport to the laboratory. Sludge samples were placed into sterile containers and set on ice for approximately 2 h. All samples were processed immediately upon arrival at the laboratory. One gram of sludge was homogenized in 10 ml of sterile phosphate buffered saline (PBS). House flies were surface sterilized as described by Zurek et al. [74] and homogenized individually in 1 ml of sterile PBS. All sludge and fly samples were 1/10 serially diluted and drop plated on m-Enterococcus (m-Ent) agar (Difco, Franklin Lakes, NJ). Plates were incubated at 37ºC for 48 h upon which the concentration of enterococci was determined by counting colony forming units (CFU). Up to five dark purple colored colonies, presumptive of the *Enterococcus* genus, were picked from each sample for confirmation testing. To confirm the *Enterococcus* genus, an esculin hydrolysis test was utilized [57]. All positive isolates were transferred into TSBA (0.3% agar) in 2.0 ml vials and stocked at 8°C.

E. faecalis and *E. faecium* were identified by multiplex PCR with primers for D-alanine–D-alanine ligase (*ddl*) specific for each species [18, 35]. *Enterococcus faecalis* V583 and *E. faecium* ATCC 19434 were used as positive controls. Isolates not identified as *E. faecalis* or *E. faecium* during the 2008 season were instead identified by sequencing the superoxide dismutase gene (*sodA)* [56]. The gene was amplified by PCR and purified with the DNA Clean & Concentrator[TM]-5 Kit (Zymo Research, Irvine, CA). DNA samples were then sequenced at the Genome Core Facility (University of California, Riverside) using the same primers. Sequences were manually inspected in the CodonCode 4.1.1. (CodonCode Corp., Centerville, MA) and identified by BLAST search in the NCBI GenBank database (http://blast.ncbi.nlm.nih.gov). For years 2 and 3, only *E. faecalis* and *E. faecium* were identified (via species specific PCR as described above) and characterized due to the dominance of these two species and their clinical significance.

Antibiotic resistance

All identified isolates were assessed for antibiotic susceptibility. Screening for nine antibiotics was done by disk diffusion technique on Mueller-Hinton agar (Difco, Franklin Lakes, NJ) using the protocols of the Clinical and Laboratory Standards Institute [13]. The eight antibiotics tested were doxycycline (30μg), gentamicin (120 μg), erythromycin (15 μg/), ampicillin (10 μg), ciprofloxacin (5 μg), vancomycin (30 μg), nitrofuratoin (300 μg), and tigecycline (15 μg). The agar dilution technique was used to determine resistance to streptomycin (2 g/L), tetracycline (16 mg/L), and linezolid (8 mg/L) added to Mueller-Hinton agar. Quality controls were *E. faecalis* OGIRF, *E. faecalis* OG1SSP, and *E. faecalis* 41-31.

Virulence

E. faecalis were screened with multiplex PCR for the following virulence genes: *gelE* (gelatinase activity), *cylA* (cytolysin, hemolytic activity), *esp* (enterococcal surface protein), and *asa1* (aggregation substance) [69]. *E. faecalis* MMH 594 was used as a positive control for all genes. Gelatinase activity was determined on Todd Hewitt Broth (THB) (Difco, Franklin Lakes, NJ) agar plates with 1.5% dry skim milk powder [41]. Isolates were streaked on TSB plates and grown overnight at 37°C and then spotted onto the THB/skim milk plates. Following incubation at 37°C for 24 h, plates were examined for a clearance zone to assess gelatinase activity. Isolates were characterized as either gelatinase negative (no clearance), weak gelatinase (some clearance) or strong gelatinase (wide area of clearance). Cytolysin gene expression was evaluated as described by Ahmad *et al*. [1]. Isolates were streaked on Columbia blood agar (Difco, Franklin Lakes, NJ) with 5% human blood and incubated at 37°C for 24 h. Hemolytic activity was assessed by measuring the clearing zone around colonies. A large clearance zone was scored as *β*-hemolysis and considered positive for cytolysin gene expression. *E. faecalis* OG1X:pAM1 was used as a positive control for *β*-hemolysis. Enterococcal aggregation substance was screened phenotypically by the clumping assay for all *E. faecalis* strains from WWTF-1 positive for the *asa1* gene [17]. Briefly, *E. faecalis* JH2-2 was used for cCF10 peptide formation. THB was used to grow *E. faecalis* JH2-2 and incubated at 37°C for 18 h. The pheromone peptide in the supernatant was collected by centrifugation (10,000 rcf for 10 min) and then sterilized by autoclaving for 15 min. *E. faecalis* isolates were cultured in THB broth for 18 h at 37°C and 1 ml *E. faecalis* JH2-2 supernatant was added to

each culture and incubated at 37°C overnight in a shaker incubator. After the incubation period, isolates were considered positive if clumping or aggregations of cells were visually observed. *E. faecalis* OG1RF (pCF10) was used as a positive control and *E. faecalis* OG1SSP a negative control with every batch of isolates tested.

Horizontal gene transfer

Conjugation assays were performed for eight multiple antibiotic resistant strains of *E. faecalis* to test for horizontal transfer of resistance determinants. Selection of antibiotics used in brain heart infusion broth (BHI) agar plates was done based on the resistance pattern of each of the donor and recipient strains. Concentrations of antibiotics added to BHI agar are listed below. The recipient strain for transfer of gentamicin (500 mg/L), tetracycline (16 mg/L), doxycycline (0.5 mg/L) and erythromycin (32 mg/L) resistance was *E. faecalis* OG1SSP using the marker antibiotic spectinomycin (250 mg/L). Due to cross-resistance with spectinomycin, the recipient for streptomycin (2 g/L) resistance was a wild-type isolate *E. faecalis* 41-31 with a linezolid marker (8 mg/L). Conjugation frequencies were determined both by filter mating and broth mating assays using donor and recipient cultures grown overnight at 37ºC in BHI broth as described previously [16, 67]. Tansconjugate rate was calculated by dividing the transconjugate CFU count by the donor CFU count (T/D).

Pulsed-field gel electrophoresis (PFGE)

PFGE was performed to genotype isolates from WWTF sludge and house flies following the protocol of Amachawadi et al. [4] with the following modifications: Agarose plugs were restriction digested with 40U of *Apa*I (Promega) for 4 h at 37°C. The digested plugs were run on to a 1.0% SeaKem Gold Agarose (Lonza) gel using CHEF Mapper (Bio-Rad) with initial pulse time for 1 s and final time for 20 s at 200 V for 21 h. Cluster analysis was performed with BioNumerics (Applied Maths) by using the band-based Dice correlation coefficient and the unweighted pair group mathematical average algorithm (UPGMA). *E. faecium* ATCC 19434 was used as the reference strain.

Statistical analysis

Statistical analysis was performed to evaluate differences in prevalence of antibiotic resistance and virulence genotypic profiles among *E. faecalis* based on wastewater treatment site (WWTF 1-4) and isolate source (sludge, onsite house flies, offsite house flies). A mixed-effect logistic regression model

was used to test for differences in attributes such as resistance among *E. faecalis* from the four wastewater treatment sites and three sources while accounting for the within cluster dependence effect both by sample and source [70].

The antibiotic resistance profiles among *E. faecalis* from WWTF-1 were then compared to the combined results from WWTF 2, 3, 4 due to the fundamental differences in the waste received (industrial meat waste at WWTF-1 versus sewage at WWTF-2,3,4). A mixed-effect logistic regression model used site (WWTF-1 vs. 2,3,4) and isolate source (sludge, onsite house flies) as fixed effects, variance components due to repeated observations within site and flies as random effects, and isolate resistance/susceptibility to tetracycline, doxycycline, streptomycin, gentamicin, and erythromycin as the binary response variables [15, 70].

Antibiotic resistance prevalence among *E. faecalis* at WWTF-1 was further subanalyzed by adding a third source, offsite house flies, to the two already mentioned. The regression model in this analysis used source (sludge, onsite house flies, offsite house flies) as the fixed effect, variance component due to repeated observations within flies as the sole random effect, and isolate resistance/susceptibility to tetracycline, doxycycline, streptomycin, gentamicin, and erythromycin as the binary response variables.

The virulence genotype of *E. faecalis* at WWTF-1 was also analyzed using a mixed-effect logistic regression with source (sludge, onsite house flies, offsite house flies) as the fixed effect and presence/absence of *gelE*, *asa1*, *esp* and *cylA* as the response variables [15, 70]. Significance level for all analyses was $P < 0.05$.

Results

Prevalence, quantification and identification of enterococci

During the first year of the study, all enterococcal isolates chosen from selective media plates were identified to species in order to appraise the diversity in this environment. Two hundred twenty five enterococci were identified consisting of 11 species, of which the majority (76.9%) was either *E. faecalis* (60.4%) or *E. faecium* (16.4%) (Fig. S1). The other species identified were *E. flavescens*, *E.*

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casseliflavus, *E. gallinarum*, *E. malodoratus*, *E. sulfureus*, *E. durans*, *E. avium*, *E. moraviensis,* and *E. hirae* (Fig. S1).

Antibiotic resistance of <u>E. faecalis</u>

      E. faecalis were tested for resistance to 11 antibiotics. Isolates were most commonly resistant to one or more of five antibiotics: tetracycline, doxycycline, streptomycin, gentamicin and erythromycin, with tetracycline resistance the most frequent (Fig. 1). None of the *E. faecalis* isolates were resistant to ampicillin, vancomycin, linezolid, and tigecycline (Fig. 1). *E. faecalis* from WWTF-1 consistently expressed significantly higher resistance than those from WWTF 2-4 (erythromycin and streptomycin, $P < 0.01$; tetracycline, doxycycline and gentamicin, $P < 0.0001$) (Fig. 1).

      The pattern of multiple antibiotic resistances from WWTF-1 corresponded well among *E. faecalis* isolates from sludge and onsite house flies and less among isolates from offsite house flies (Table 2). For example, co-resistance to the combination of tetracycline, doxycycline and gentamicin was observed among sludge, onsite HF and offsite HF at 15.9%, 12.5% and 1.0%, respectively, while co-resistance to the five antibiotics tetracycline, doxycycline, erythromycin, streptomycin and gentamicin occurred at 25.0%, 20.0% and 1.0%, respectively (Table 2).

      Resistance profiles were compared between WWTF-1 *E. faecalis* and the combined patterns of WWTF 2-4, which provided a contrast of *E. faecalis* from WWTF-1 industrial meat waste versus human sewage at WWTF 2-4. The prevalence of resistance was significantly different for tetracycline ($P < 0.0001$), erythromycin ($P < 0.01$), streptomycin ($P < 0.01$) and gentamycin ($P < 0.0001$) but did not differ for doxycycline ($P > 0.05$).

Horizontal transfer of antibiotic resistance traits

      Eight multiple-resistant *E. faecalis* isolates from six WWTF-1 house flies (three from offsite flies, five from onsite flies) were selected for AR gene horizontal transfer assays using broth and filter mating for gentamicin, streptomycin, tetracycline, doxycycline and erythromycin resistance traits. All of the isolates tested resulted in transconjugates to at least one of the antibiotics at transconjugate/donor (T/D) rates ranging from 2.9×10^{-8} to 7.3×10^{-3} (Table 3). Three of the eight isolates transferred all resistances tested in broth and/or filter assays at T/D rates of 6.9×10^{-7} to 7.3×10^{-3}. During broth mating, streptomycin resistance was transferred most often (5/8, 62%) at rates from 1.1×10^{-6} to 5.5×10^{-3}.

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During filter mating assays, all isolates tested (8/8) transferred doxycycline resistance at rates from 8.5 x 10^{-8} to 7.3 x 10^{-3} (Table 3).

Enterococcus faecalis virulence traits

All *E. faecalis* from WWTF-1 were tested genotypically with multiplex PCR for *gelE*, *asa1*, *esp,* and *cylA.* Virulence phenotypic tests were performed for gelatinase, aggregation substance and cytolysin activity. The virulence gene, *gelE* was commonly detected from all three sources (sludge, onsite and offsite HF) followed by *asa1*, and *cylA*, while *esp* was the least common trait (Table 4)**.** When compared statistically, the overall prevalence of the genes among *E. faecalis* from the three sources did not differ for *gelE*. The *asa1* prevalence was not different from sludge and onsite house flies; however, *asa1* prevalence was lower (*P* < 0.01) comparing offsite HF to sludge and onsite HF. The prevalence of *esp* was not different from sludge and onsite HF but was higher (*P* < 0.05) from offsite HF*.* Finally, *cylA* prevalence did not differ among the three sources (Table 4).

Among the *gelE* isolates, the majority exhibited the strong gelatinase phenotype (Table 4). Among *asa1* positive isolates, 11.7% from sludge, 16.7% from onsite HF and 2.7% from offsite HF exhibited the clumping phenotype (Table 4). Among *cylA* positive isolates, 5.9% from sludge, 12.5% from onsite HF and 30.0% from offsite HF exhibited β-hemolysis (Table 4).

For WWTF 2-4, only gelatinase phenotypic screening was performed. With the exception of sludge isolates from WWTF-2, the majority of isolates from both sources (sludge or house flies) exhibited either the strong or weak gelatinase phenotype (data not shown). For all locations, the strong gelatinase phenotype was most commonly observed over weak gelatinase, ranging from 22.6% of sludge isolates at WWTF-2 to 84.6% of sludge isolates at WWTF-4.

Clonality of <u>*E. faecalis*</u> *from and around WWTF-1*

Isolates from WWTF-1 were genotyped using pulsed-field gel electrophoresis (PFGE) to determine their clonality within and among the three sources. From the second year, 40 *E. faecalis* were genotyped. Selection of isolates was based on identifying groups with similar antibiotic resistant and virulence profiles across the three sources. Overall genotypic diversity was high both among and within the sources (majority between 65-85% similarity) (Fig. S2). One clone was detected from two separate sludge samples collected one week apart. Another two clones from the same sludge sample were similar

(> 95%); however, no other similar genotypes were identified. Further, there was little to no apparent grouping of isolates by source (Fig. S2).

In the third year, efforts were made to increase the likelihood of detecting similar strains by genotyping isolates collected on the same day. Two sampling dates were selected where eight or more isolates were available from each of the three sources resulting in a group of 51 *E. faecalis* isolates. A high level of genotypic variation was observed among the isolates; however, three clonal matches involving eight isolates were detected among bacteria recovered from sludge and onsite house flies (Fig. 2) but none from the offsite house flies.

Discussion

Wastewater treatment facilities play a significant role in the ecology of many microbes [47, 63]. Due to easy access of house flies to WWTF, these insects may be involved in dissemination of bacteria, including pathogens and antibiotic resistant strains to the surrounding urban environment. The focus of this study was to employ multiple phenotypic and genotypic approaches to characterize enterococci from wastewater sludge and house flies collected directly at WWTF and from the surrounding urban sites.

During the first year of the study, all enterococcal isolates from the selective medium were identified to the species level. Due to the dominance of *E. faecalis* and *E. faecium* (77%), as well as the clinical significance of these two species, they were the exclusive focus during two subsequent years. From these two species, *E. faecalis* was the most prevalent from both, sludge (78%) and house flies (83%), and therefore, the majority of effort was applied to characterizing this species. The prevalence of *E. faecalis* in this study is consistent with previous surveys of sewage [9, 51].

Enterococci were isolated from 94% of sludge samples from the four sites at a concentration of at least 10^6 CFU/g. This prevalence and concentration is comparable to other studies that have screened sewage for the enterococci [2, 9, 19, 47, 51]. Sixty six percent of house flies were positive for enterococci at a concentration ~10^3 CFU/fly. This is comparable to previous surveys [1, 11, 44], although the overall prevalence among flies is lower in this study. In other studies enterococcal prevalence in house flies occurred at rates of 90-98% in environments such as swine operations, cattle feedlots, and restaurants [1, 11, 44].

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Of the four WWTF involved in the study, WWTF 2, 3 and 4 were similar as they received and processed only human sewage. WWTF-1 was unique in receiving industrial waste from a commercial sausage plant. Sludge sampled from this site consisted entirely of the solids (meat waste) from this source, which were not mixed with residential sewage. The abundance of fly activity, amount of meat waste, and prevalence of antibiotic resistant and potentially virulent enterococci made this location of particular interest. As such, more extensive sampling was conducted at WWTF-1 and it offered the best opportunity to test the study hypothesis. The sausage facility did not actively slaughter animals but received meat (beef, pork and poultry) to be used in the final product. Therefore, there were multiple types of meat that likely arrived from multiple sources. Consequently, enterococci from the sludge of WWTF-1 were likely of animal rather than human origin so it is appropriate to compare our findings to reports from other meat processing facilities and their products. The ratio of *E. faecalis*/*E. faecium* at WWTF-1 was 9:1, which is similar to other studies that have surveyed enterococci at meat processing operations (beef, pork and poultry) and from associated meat products. In most of those studies, *E. faecalis* was dominant followed by *E. faecium* [14, 30, 36, 45, 49, 54, 58]. In the current study, the species composition among sludge and house flies was comparable with *E. faecalis* being the most abundant species from both sources (Fig. S1).

Enterococci from WWTF-1 were more frequently antibiotic resistant than those from WWTF 2-4. The resistance was mainly detected to tetracycline and doxycycline (tetracyclines), streptomycin and gentamicin (aminoglycosides), and erythromycin (macrolide). It has been reported that the enterococcal resistance patterns from food items often reflect the use of antimicrobials in the source animal [40, 64]. Each of the antimicrobial classes that enterococci in this study were commonly resistant to are used for growth promotion in food animals [64]. Tetracycline resistance has also been commonly reported among enterococci from a variety of meat products [30, 48, 49, 53, 54]. Erythromycin and gentamicin resistant enterococci are widespread in pork [48], beef, and chicken [37] meat products. High level resistance to aminoglycosides (streptomycin, gentamicin) is common among enterococci from food animals and associated meat products [10, 27, 37].

There was good overall agreement among *E. faecalis* antibiotic resistance profiles from sludge and house flies captured onsite of the WWTF. Further, there was high concurrence between the two

sources when considering the specific combinations of resistances. These observations are consistent with the hypothesis that the flies acquired the bacteria from the sludge.

Another noteworthy characteristic of *E. faecalis* from WWTF-1 was the prevalence of virulence factors, particularly for gelatinase (*gelE*) and aggregation substance (*asa1*). This prevalence of putative virulence factors is common among food-animal enterococci [46, 49]. The virulence data for *E. faecalis* are also consistent with the hypothesis that the flies acquired *E. faecalis* from sludge. Both genotypic and phenotypic virulence patterns were similar for each source.

Genotyping of *E. faecalis* collected in the second year from WWTF-1 did not reveal clonal matches between sludge and house flies (Fig. S2). This is likely due to the very large genotypic diversity among sludge isolates because of various sources in the meat processing plant. Due to this diversity, genotyping efforts of *E. faecalis* collected during the third year focused on only two collection dates in an effort to detect clonal matches among the respective sources. Among these isolates, three clonal matches between sludge and onsite house flies were detected. This provides a strong evidence to support the study hypothesis that flies acquired enterococci from WWTFs.

It should be noted that only one WWTF processing non-human waste (WWTF-1) was included in this study and additional sites of this type need to be investigated. Further, the microbial community in the flies prior to their exposure to WWTFs is unknown and therefore the contamination of the sludge with AR bacteria by flies cannot be ruled out. However, we expect that fly to sludge bacterial transfer was much less extensive due to the amount and abundance of sludge relative to the number of flies at WWTFs.

Eight multi-drug resistant *E. faecalis* isolates from flies were selected for *in vitro* conjugation assays to evaluate the potential for horizontal transfer of AR genes. Transfer of one or more resistance determinants was observed among all *E. faecalis* at transconjugant/donor (T/D) rates from 2.9×10^{-8} to 7.3×10^{-3}. Enterococci are well recognized as AR gene reservoirs and readily transfer genes both intra- and inter-specifically [31, 38, 73]. A number of mobile genetic elements (MGE) such as plasmids and transposons are present in enterococci which facilitate AR gene transfer [31, 73]. Further, we have demonstrated previously that the house fly digestive tract provides an environment conducive for conjugal transfer of antibiotic resistance genes among *E. faecalis* [3]. Horizontal gene transfer as well as clonal

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propagation in the house fly digestive tract, represent the two main ways of amplifying clinically significant enterococci and their associated resistance determinants and may lead to enhanced house fly vector competence for these bacteria.

As outlined above, numerous independent measures of *E. faecalis* from WWTF-1 support the hypothesis that house flies acquired these bacteria at the facility. The other part of the study focused on fly dispersal from WWTF-1 and dissemination of AR enterococci. Here we offer circumstantial evidence for house flies carrying enterococci from the WWTF-1 to distances up to 2 km. Although the overall prevalence of antibiotic resistance among *E. faecalis* from offsite house flies was significantly lower, the profile of specific antibiotics that the bacteria were resistant to matched that of *E. faecalis* from both, sludge and onsite house flies. The same general trend was found among virulence genes and phenotypes. There were no clonal matches among offsite flies to either sludge or onsite flies. This is not unexpected given the high level of diversity of *E. faecalis* from sludge. Further, flies collected away from the WWTF-1 could have migrated from other areas and therefore a considerable level of dilution is expected. Finally, it is possible that enterococci acquired from the WWTF-1 have diminished in prevalence during the time it took the flies to migrate to the offsite locations.

WWTF 2- 4 received exclusively human sewage and therefore represent more typical wastewater operations. Among the three sites, *E. faecalis* antibiotic resistance occurred to the same five antibiotics as observed at WWTF-1 although at a lower overall prevalence. This pattern of phenotypic resistance is comparable to other studies assessing *E. faecalis* resistance from sewage [9, 19]. No resistance to streptomycin was observed from *E. faecalis* at WWTF 2 and 3. This was the case among isolates from both sludge and house flies as would be expected if the sludge is a source of enterococci for flies. Further, WWTF 2 and 3 had similar resistance profiles to tetracycline, doxycycline, gentamicin and erythromycin among the two sources (sludge and flies).

It is unknown to what extent human-clinical sources of *E. faecalis* contributed to the bacteria recovered and analyzed from WWTF 2, 3 and 4. WWTF-3 had the greatest potential for contribution from this source as it received waste from the largest hospital with a 12 bed ICU. However, it also had the largest municipal population; therefore, dilution in the sewage stream from the overall community was

greatest. Risk assessments based on these parameters would be beneficial for predicting AR bacterial exposure and management/containment of AR gene spread.

This study assessed an environment where house flies may play a role in AR enterococcal ecology. Our data support the hypothesis that flies acquire and disseminate AR enterococci from WWTFs. The best evidence originates from WWTF-1 which apparently involved primarily a food animal source of enterococci. Though at the outset the goal of the study was to investigate a human source of AR enterococci to flies, the nature of waste processed at WWTF-1 points to yet another animal source of the AR bacteria. Despite this, our results are broadly applicable to more typical WWTFs that receive human sewage. It should be noted that while this study focused on enterococci, there are a number of other bacteria of medical/veterinary clinical importance that could be acquired and disseminated by house flies from WWTF. Examples of bacteria that have been cultured from wastewater and at various points along the waste treatment stream include multi-drug resistant *Escherichia coli* [22, 65, 72], *Salmonella,* both Typhi and non-Typhi serovars [22, 63], *Acinetobacter* spp. [26], *Staphylococcus aureus*, *Legionella pneumophila*, and *Clostridium difficile* [71].

Our results enhance understanding of risks associated with dissemination of AR bacteria. Factors such as the access of house flies to various wastewater treatment processes should be considered when operating and designing new facilities. Further, WWTF management should incorporate insect management during the peak season of fly activity to limit AR bacterial spread.

Acknowledgements

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Table 1. Prevalence of *Enterococcus faecalis* and *E. faecium* from sludge and house flies (HF) at four wastewater treatment facilities (WWTF).

WWTF	No. of samples analyzed/ no. positive (%)	CFU/g or HF (mean ± SEM)	Total no. of isolates characterized	No. (%) of isolates	
				E. faecalis	*E. faecium*
Sludge					
1	41/39 (95.1)	$4.9 \pm 1.5 \times 10^6$	100	88 (88.0)	12 (12.0)
2	15/13 (86.7)	$2.6 \pm 1.7 \times 10^5$	37	31 (83.8)	6 (16.2)
3	14/14 (100)	$5.5 \pm 2.6 \times 10^4$	37	29 (78.3)	8 (21.6)
4	19/18 (94.7)	$2.5 \pm 0.6 \times 10^4$	32	13 (40.6)	19 (59.4)
Total or mean	89/84 (94.4)	$2.3 \pm 0.8 \times 10^6$	206	161 (78.2)	45 (21.8)
House flies					
1	83/56 (67.5)	$4.5 \pm 1.0 \times 10^3$	124	120 (96.8)	4 (3.2)
Offsite 1	84/51 (60.7)	$1.5 \pm 1.0 \times 10^4$	130	98 (75.4)	32 (24.6)
2	28/16 (57.1)	$3.7 \pm 1.8 \times 10^3$	25	19 (76.0)	6 (24.0)
3	43/30 (69.8)	$1.3 \pm 1.1 \times 10^4$	34	26 (76.4)	8 (23.5)
4	38/28 (73.7)	$7.0 \pm 2.0 \times 10^3$	43	33 (76.8)	10 (23.2)
Total or mean	276/181 (65.6)	$8.9 \pm 3.4 \times 10^3$	356	296 (83.1)	60 (16.9)

Figure 1. Resistance profiles of *E. faecalis* to 11 antibiotics from sludge and house flies (HF) at four wastewater treatment facilities (WWTF) and HF from nearby (offsite) of WWTF-1. WWTF-1 resistance profile is contrasted with the combined profiles of WWTF 2, 3, and 4. A - isolates from WWTF-1, B - combined isolates from WWTF 2, 3, 4. TET-tetracycline, D-doxycyline, S-streptomycin, GM-gentamicin, ERY-erythromycin, AMP-ampicillin, CIP-ciprofloxacin, VAN-vancomycin, NIT-nitrofurantoin, LZO-linezolid, TGC-tigecycline.
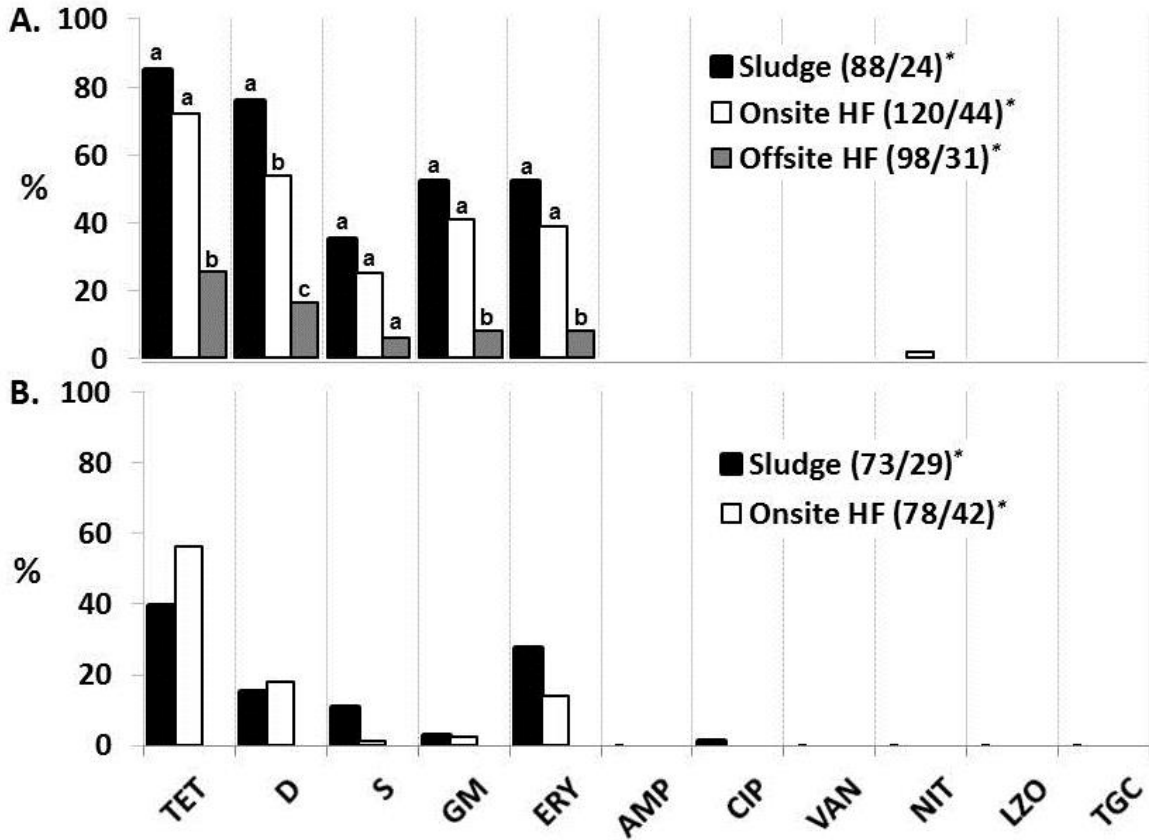
*number of *E. faecalis* isolates/number of samples

Table 2. Antibiotic resistance profile among *E. faecalis* from sludge and house flies (HF) onsite and nearby (offsite) of WWTF-1. TET-tetracycline, D-doxycyline, ERY-erythromycin, S-streptomycin, GM-gentamicin, NIT- nitrofuratoin.

Resistance profile	Sludge (n=88/24) *	HF onsite (n=120/44) [*]	HF offsite (n=98/31) [*]
	no. of resistant isolates (%)	no. of resistant isolates (%)	no. of resistant isolates (%)
TET	6 (6.8)	11 (9.2)	7 (7.1)
ERY	3 (3.4)	2 (1.6)	
GM			5 (5.1)
D	1 (1.1)		
TET, D	11 (12.5)	11 (9.2)	6 (6.1)
TET, S	2 (2.3)	2 (1.6)	
TET, ERY		5 (4.2)	
TET, D, GM	14 (15.9)	15 (12.5)	1 (1.0)
TET, D, ERY	6 (6.8)	6 (5.0)	4 (4.1)
TET, ERY, S	3 (3.4)		2 (2.0)
TET, ERY, NIT		1 (0.8)	
TET, D, S	1 (1.1)		1 (1.0)
D, ERY, GM	1 (1.1)		
TET, D, ERY, GM	8 (9.1)	6 (5.0)	
TET, D, ERY, S	2 (2.3)	1 (0.8)	
TET, ERY, S, GM		2 (1.6)	
TET, D, S, GM		1 (0.8)	
TET, D, GM, NIT		1 (0.8)	
TET, D, ERY, S, GM	22 (25.0)	24 (20.0)	1 (1.0)
Pan-susceptible	8 (9.1)	32 (26.7)	71 (72.5)

[*] number of *E. faecalis*/number of samples

Table 3. Horizontal transfer of antibiotic resistance traits by broth and filter mating among *E. faecalis* from house flies at and near WWTF-1. Recipient for streptomycin *E. faecalis* 41-31 (wild isolate), recipient for all other resistance genes *E. faecalis* OG1SSP. OFHF, offsite house fly; ONHF, onsite house fly.

Donor	Broth mating transfer rate (T/D)*				
	streptomycin	gentamicin	tetracycline	doxycycline	erythromycin
OFHF 7-2	0	NR[a]	0	0	NR[a]
OFHF 7-3	1.7×10^{-3}	NR[a]	0	0	0
OFHF 7-4	5.5×10^{-3}	NR[a]	0	3.6×10^{-7}	2.9×10^{-8}
ONHF 5-4	1.1×10^{-6}	0	6.3×10^{-8}	0	0
ONHF 6-1	0	0	0	0	0
ONHF 8-3	1.9×10^{-6}	2.9×10^{-5}	6.8×10^{-6}	1.3×10^{-6}	1.8×10^{-6}
ONHF 10-1	0	2.9×10^{-5}	3.4×10^{-4}	3.4×10^{-4}	1.4×10^{-4}
ONHF 16-4	1.5×10^{-4}	7.1×10^{-5}	8.2×10^{-6}	8.2×10^{-6}	0
	Filter mating transfer rate (T/D)*				
OFHF 7-2	0	NR[a]	9.3×10^{-8}	5.3×10^{-7}	NR[a]
OFHF 7-3	0	NR[a]	0	1.8×10^{-7}	3.9×10^{-7}
OFHF 7-4	0	NR[a]	0	3.5×10^{-6}	1.1×10^{-7}
ONHF 5-4	1.4×10^{-7}	2.7×10^{-7}	1.1×10^{-7}	1.2×10^{-7}	0
ONHF 6-1	0	3.1×10^{-7}	1.4×10^{-7}	8.5×10^{-8}	0
ONHF 8-3	0	3.3×10^{-3}	9.1×10^{-4}	4.9×10^{-3}	2.2×10^{-3}
ONHF 10-1	1.1×10^{-6}	2.1×10^{-3}	3.1×10^{-4}	7.3×10^{-3}	1.2×10^{-3}
ONHF 16-4	0	1.3×10^{-4}	4.6×10^{-6}	1.8×10^{-5}	6.9×10^{-7}

* T, transconjugant; D, donor
[a] NR, not resistant. Donor isolate was not phenotypically resistant to the antibiotic, therefore no transconjugate assay was performed

Table 4. Prevalence of virulence genes and correlation to the corresponding phenotype (excluding *esp* phenotype) among *E. faecalis* from WWTF-1. *gelE* – gelatinase, *asa1* – aggregation substance, *cylA* – cytolysin, *esp* – enterococcal surface protein, SG – strong gelatinase phenotype, WG – weak gelatinase phenotype, CP – clumping phenotype

	Genotype			
Source	*gelE*	*asa1*	*cylA*	*esp*
Sludge (88/24)*	84 (95.5)^	60 (68.2)	17 (19.2)	2 (2.3)
Onsite HF (120/44)	112 (93.3)	60 (50.0)	8 (6.7)	1 (0.8)
Offsite HF (98/31)	92 (93.8)	36 (36.7)	10 (10.2)	15 (15.3)

	Phenotype			
	gelatinase		aggregation substance	cytolysin
	SG	WG	CP$^{\#}$	*β*-hemolysis
Sludge	77 (87.5)	7 (8.0)	7 (11.7)	1 (1.1)
Onsite HF	103 (85.8)	12 (10.0)	6 (10.0)	1 (0.8)
Offsite HF	76 (77.5)	12 (12.2)	1 (2.8)	3 (3.1)

* number of isolates/number of samples

^ number of positive isolates (%)

$^{\#}$ only isolates positive for the *asa1* gene were analyzed

Figure 2. Pulsed-field gel electrophoresis (PFGE) dendogram based on *Apa1* restriction of *E. faecalis* from sludge, house flies (HF) onsite and house flies offsite (RV park and apartments) from WWTF-1 collected during season 3. Frames denote clonal matches between isolates from sludge and onsite house flies.

Isolate	Source	Date collected
SLE 10-10-2	Sludge	21 Jun
SLE 10-13-1	Sludge	5 Jul
HF 10-18-5	HF - onsite	5 Jul
HF 10-25-1	HF - onsite	5 Jul
SLE 10-13-3	Sludge	5 Jul
SLE 10-15-3	Sludge	5 Jul
HF 10-15-5	HF - onsite	21 Jun
ON 10-11-3	HF - offsite, RV park	5 Jul
ON 10-11-1	HF - offsite, RV park	5 Jul
HF 10-10-5	HF - onsite	21 Jun
SLE 10-5-9	Sludge	21 Jun
HF 10-21-5	HF - onsite	5 Jul
ON 10-13-1	HF - offsite, RV park	5 Jul
APT 10-10-1	HF - offsite, apartment	21 Jun
APT 10-13-2	HF - offsite, apartment	21 Jun
APT 10-11-2	HF - offsite, apartment	21 Jun
APT 10-11-3	HF - offsite, apartment	21 Jun
HF 10-18-1	HF - onsite	5 Jul
SLE 10-14-1	Sludge	5 Jul
SLE 10-14-2	Sludge	5 Jul
HF 10-22-5	HF - onsite	5 Jul
SLE 10-16-2	Sludge	5 Jul
APT 10-10-4	HF - offsite, apartment	21 Jun
APT 10-13-4	HF - offsite, apartment	21 Jun
SLE 10-11-1	Sludge	5 Jul
APT 10-13-3	HF - offsite, apartment	21 Jun
SLE 10-4-10	Sludge	21 Jun
SLE 10-6-4	Sludge	21 Jun
HF 10-10-4	HF - onsite	21 Jun
HF 10-15-6	HF - onsite	21 Jun
SLE 10-6-5	Sludge	21 Jun
APT 10-11-1	HF - offsite, apartment	21 Jun
HF 10-10-3	HF - onsite	21 Jun
SLE 10-6-1	Sludge	21 Jun
SLE 10-7-3	Sludge	21 Jun
APT 10-9-1	HF - offsite, apartment	21 Jun
SLE 10-4-9	Sludge	21 Jun
SLE 10-8-11	Sludge	21 Jun
HF 10-28-1	HF - onsite	5 Jul
HF 10-23-4	HF - onsite	5 Jul
HF10-29-1	HF - onsite	5 Jul
HF 10-20-4	HF - onsite	5 Jul
SLE 10-15-6	Sludge	5 Jul
HF 10-15-4	HF - onsite	21 Jun
HF 10-15-8	HF - onsite	21 Jun
SLE 10-8-1	Sludge	21 Jun
ON 10-11-2	HF - offsite, RV park	5 Jul
SLE 10-15-2	Sludge	5 Jul
APT 10-14-2	HF - offsite, apartment	5 Jul
SLE 10-7-2	Sludge	21 Jun
SLE 10-16-4	Sludge	5 Jul

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Figure S1. Diversity of enterococci at four wastewater treatment facilities (all enterococcal isolates identified to species during the year 1). A - isolates from WWTF- 1, B - combined isolates from WWTF 2-4, HF - house flies.
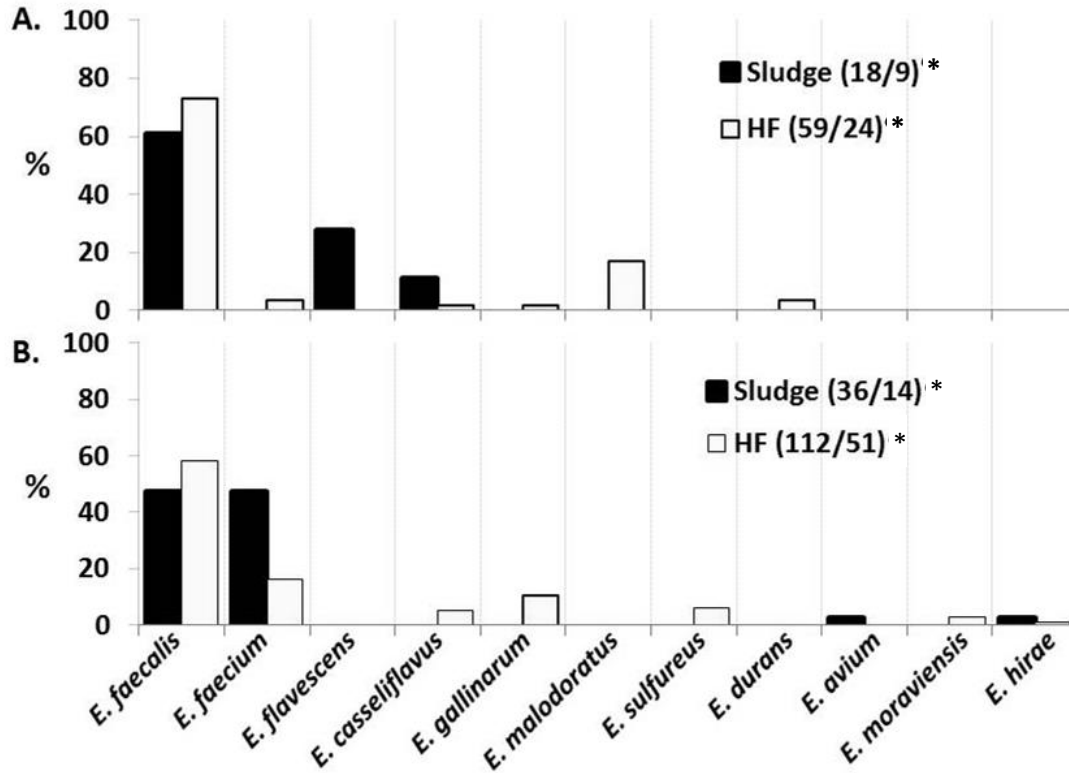
*number of enterococcal isolates/number of samples

Figure S2. Pulsed-field gel electrophoresis (PFGE) dendogram of *E. faecalis* based on *Apa1* restriction from sludge, house flies (HF) onsite and HF offsite (restaurant and apartments) of WWTF-1 collected during the season 2.

Isolate	Source	Date collected
SLE 2-6	Sludge	01 Jul
SLE 3-3	Sludge	01 Jul
SLE 4-3	Sludge	07 Jul
HF 2-3	HF - onsite	24 Jun
SLE 1-2	Sludge	24 Jun
HF 16-5	HF - onsite	14 Jul
HF 6-1	HF - onsite	01 Jul
SLE 3-2	Sludge	01 Jul
SLE 4-6	Sludge	07 Jul
SLE 2-3	Sludge	01 Jul
RI 13-1	HF - offsite, restaraunt	20 Jul
HF 10-7	HF - onsite	07 Jul
HF 6-4	HF - onsite	01 Jul
HF 5-8	HF - onsite	01 Jul
RO 6-3	HF - offsite, restaraunt	14 Jul
SLE 5-2	Sludge	07 Jul
HF 10-2	HF - onsite	07 Jul
SLE 1-4	Sludge	24 Jun
HF 10-3	HF - onsite	07 Jul
APT 7-1	HF - offsite, apartment	20 Jul
RO 9-7	HF - offsite, restaraunt	15 Jul
SLE 6-5	Sludge	20 Jul
SLE 10-5	Sludge	11 Aug
SLE 10-7	Sludge	11 Aug
RI 6-4	HF - offsite, restaraunt	14 Jul
HF 17-4	HF - onsite	14 Jul
HF 17-5	HF - onsite	14 Jul
HF 6-2	HF - onsite	01 Jul
SLE 5-5	Sludge	07 Jul
HF 11-4	HF - onsite	07 Jul
RI 8-7	HF - offsite, restaraunt	15 Jul
HF 5-2	HF - onsite	01 Jul
RO 3-4	HF - offsite, restaraunt	08 Jul
APT 7-2	HF - offsite, apartment	20 Jul
SLE 6-2	Sludge	20 Jul
APT 9-4	HF - offsite, apartment	20 Jul
HF 16-3	HF - onsite	14 Jul
RI 14-4	HF - offsite, restaraunt	21 Jul
SLE 9-3	Sludge	11 Aug
SLE 9-7	Sludge	11 Aug