

This is the author's final, peer-reviewed manuscript as accepted for publication. The publisher-formatted version may be available through the publisher's web site or your institution's library.

## Post breeding heifer management

Sandy Johnson and Rick Funston

### How to cite this manuscript

If you make reference to this version of the manuscript, use the following information:

Johnson, S., & Funston, R. (2013). Post breeding heifer management. Retrieved from <http://krex.ksu.edu>

### Published Version Information

**Citation:** Johnson, D. K., & Funston, R. N. (2013). Postbreeding heifer management. *Veterinary Clinics of North America: Food Animal Practice*, 29(3), 627-641.

**Copyright:** © 2013 Elsevier Inc.

**Digital Object Identifier (DOI):** doi:10.1016/j.cvfa.2013.07.002

**Publisher's Link:** <http://www.sciencedirect.com/science/article/pii/S0749072013000546>

This item was retrieved from the K-State Research Exchange (K-REx), the institutional repository of Kansas State University. K-REx is available at <http://krex.ksu.edu>

1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19

**Post Breeding Heifer Management**

Sandy Johnson<sup>a</sup> and Rick Funston<sup>b</sup>

<sup>a</sup>Associate Professor, Livestock Specialist, Kansas State University, Northwest Research & Extension Center, Colby, KS, USA

<sup>b</sup>Professor, Beef Reproductive Physiology Specialist, West-Central Research & Extension Center, University of Nebraska, North Platte, NE, USA

Corresponding Author:  
<sup>a</sup>Sandy K Johnson, PhD  
Northwest Research and Extension Center  
Kansas State University  
PO Box 786  
105 Experiment Farm Road  
Colby, KS 67701  
Phone: 785-462-6281  
Fax: 785-462-2315  
sandyj@ksu.edu

Co-author:  
<sup>b</sup>Rick N Funston, PhD  
West Central Research and Extension Center  
University of Nebraska  
402 West State Farm Road  
North Platte, NE 69101-7751  
Phone: 308-696-6703  
Fax: 308-696-6780  
rfunston2@unl.edu

The authors have nothing to disclose.

20 **Synopsis –**

21 Rebreeding performance of the first calf heifer has major economic consequences for cow-calf producers.

22 Management systems that allow heifers to cost effectively achieve a body condition score of 5 to 6 at  
23 calving and maintain this through rebreeding have a higher probability of pregnancy success.

24 **KEY POINTS –**

25 • When a short breeding season is used on replacement heifers, the last heifer to calve has more  
26 time to resume estrous cycles and conceive as a 2-year old.

27 • Body energy reserves at calving and nutrient status from calving through breeding are two major  
28 factors influencing pregnancy rate in beef cattle.

29 • A body condition score of 5 or 6 should be achieved by calving and maintained through  
30 rebreeding.

31 • Reducing energy or protein in late gestation will not reduce calving difficulty but may impact calf  
32 health and survival and a heifer's ability to rebreed.

33 • Diet changes, new environment, transportation and other stressors may affect embryo survival.

34 • Early pregnancy detection provides information for increased management opportunities.

35 • Ionophores can conserve forage, control coccidiosis, and be beneficial to reproduction.

36

37 **KEYWORDS**

38 Primiparous, Body Condition, Nutrition, Pregnancy, Ionophore

39

40 **Introduction**

41 Post-breeding management of primiparous heifers often receives less emphasis than pre-breeding;  
42 however, it is equally important. During this time, nutrient demands of the growing heifer increase to  
43 include advancing fetal growth, overcoming stress from calving, and first lactation. Failure to become  
44 pregnant after the birth of the first calf is one of the primary reasons for culling in a beef cattle operation.  
45 The economic consequences of non-pregnant two-year-old cows have long been recognized and are  
46 discussed in more detail elsewhere in this series. Nutrition is the primary management factor that  
47 influences the postpartum interval (PPI) and subsequent pregnancy rates. Feed also represents the single  
48 largest expense in a cow-calf operation. Finding the optimum reproductive rate for a given production  
49 environment can be a fine balance particularly with the first calf heifer. This review addresses  
50 management strategies to optimize second calf pregnancy rates in primiparous heifers.

51 **CONCEPTS**

52 **Postpartum Interval**

53 The period from calving until the cow conceives is critical in a cow's production cycle,  
54 minimizing this time period maximizes reproductive and economic efficiency of a beef cattle operation.  
55 Factors affecting the postpartum interval (PPI) have been reviewed [1, 2, 3, 4] and include impacts of  
56 nutrition, suckling, parity, season, breed, dystocia, disease, and presence of a bull. Postpartum interval is  
57 longer in primiparous than multiparous cows [5] and even if calving occurs before the mature cow herd,  
58 fewer primiparous cows have resumed estrous cycles by the beginning of the breeding season than mature  
59 cows [6].

60 Cows that are in estrus early in the breeding season have more opportunities to become pregnant  
61 during a limited time. A short breeding season for replacement heifers is of particular advantage to the  
62 last heifers to calve, providing more days to achieve a positive energy balance before the first day of the  
63 breeding season. With an extended breeding season for replacements, a heifer may not have calved  
64 before the breeding season begins. An additional advantage of a shorter breeding season is the shortened

65 calving season, creating a more uniform calf crop that is more valuable at weaning. To have a successful,  
66 short breeding season, cattle must conceive early in the breeding season.

67         The ability to minimize the PPI is limited by uterine involution, which is the time needed for  
68 repair of the reproductive tract so another pregnancy can be established. However, uterine involution does  
69 not impact the length of postpartum anestrus [7] because it is generally completed by the time the  
70 inhibitory effects of suckling and negative energy balance allow for the first postpartum ovulation. Size  
71 differences between the previously gravid and non-gravid horn can still be distinguished up to 4 weeks  
72 postpartum [8], but size may not reflect when cellular changes occur. Prior to day 20 postpartum,  
73 fertilization rates and pregnancy rates are very low, but not zero, and sperm transport may be a barrier to  
74 fertilization [3]. Malnutrition, disease, and calving difficulty can delay uterine involution in beef cows.

#### 75 **Body condition score**

76         Body condition can greatly affect net income on a cow-calf operation because it is correlated with  
77 several reproductive events such as PPI, services per conception, calving interval, milk production,  
78 weaning weight, calving difficulty, and calf survival [9] (Table 1). Body condition score (BCS,  
79 1=emaciated to 9=obese) is generally a reflection of nutritional management; however, disease and  
80 parasitism can contribute to decreased BCS even if apparent nutrient requirements are met.

#### 81 **Nutritional management**

82         The relationship of nutrition to successful beef cattle reproduction has been reviewed [10, 11, 12].  
83 Hess and coworkers [12] summarized key findings as follows:

- 84             1. Prepartum nutrition is more important than postpartum nutrition in determining the length  
85                 of postpartum anestrus.
- 86             2. Inadequate dietary energy during late pregnancy lowers reproduction even when dietary  
87                 energy is sufficient during lactation.
- 88             3. A body condition score  $\geq 5$  will ensure body reserves are adequate for postpartum  
89                 reproduction.

90 4. Further declines in reproduction occur when lactating cows are in negative energy  
91 balance.

92 Nutrient demands during late gestation include continuing heifer growth as well as fetal growth.  
93 Fetal birth weight increases by 60% during the last 70 days of gestation [13]. Timely provision of  
94 adequate dietary energy and protein to meet this demand is a key step to have adequate body condition at  
95 calving. The importance of prepartum protein and energy level on reproductive performance has been  
96 consistently demonstrated (Table 2) [11]. Reproduction has low priority among partitioning of nutrients  
97 and consequently, cows in thin BCS often don't rebreed.

98 In addition to impacting subsequent cow reproduction, nutrient intake during gestation impacts  
99 dystocia, calf health, and calf survival (Table 3) [14]. Inadequate protein and energy to the dams results  
100 in calves more susceptible to cold stress, weak, and slow to suckle, increasing the risk for passive transfer  
101 failure [15].

102 If heifers are thin at calving, achieving a positive energy balance postpartum is essential for  
103 timely return to estrus and pregnancy. Lalman and colleagues [16] provided increasing amounts of energy  
104 to thin (BCS 4), primiparous heifers postpartum and decreased PPI as dietary energy increased (Table 4).  
105 Body condition at calving also influences response to postpartum nutrient intake. Primiparous cows fed to  
106 achieve BCS 4, 5 or 6 at calving were targeted to gain either 0.9 or 0.45 kg/d postpartum [17]. The  
107 magnitude of response to energy level was greater for BCS 4 heifers than those with greater BCS on the  
108 proportion of heifers initiating estrous cycles early in the breeding season. However, even with increased  
109 postpartum energy, the pregnancy rates of thin, primiparous cows may not be acceptable.

#### 110 **Fat**

111 Inadequate dietary energy intake and poor BCS can negatively affect reproductive function.  
112 Supplemental lipids have been used to increase diet energy density and avoid negative associative effects  
113 [18] sometimes experienced with cereal grains [19] in high roughage diets.

114 Supplemental lipids may also have direct positive effects on beef cattle reproduction independent  
115 of energy contribution. Lipid supplementation has been shown to positively affect reproductive function

116 in several important tissues including the hypothalamus, anterior pituitary, ovary, and uterus. The target  
117 tissue and reproductive response appears to be dependent upon the types of fatty acids contained in the fat  
118 source. Lactating dairy cows commonly receive fat supplements, primarily to increase diet energy  
119 density. Associated positive and negative effects on reproduction have been reported [20, 21]. The effects  
120 of fat supplementation on beef reproduction have been reviewed [22] and are summarized below.

121 *Fat Supplementation Prepartum.* Results from feeding supplemental fat prepartum are  
122 inconclusive. However, supplementation response appears to be dependent on postpartum diet. Beef  
123 animals apparently have the ability to store certain fatty acids, supported by studies in which fat  
124 supplementation discontinued at calving resulted in a positive effect on reproduction. Postpartum diets  
125 containing adequate levels of fatty acids may mask any beneficial effect of fat supplementation. There  
126 appears to be no benefit, and in some cases, feeding supplemental fat postpartum can have a negative  
127 effect, particularly when supplemental fat was also fed prepartum. Fat supplementation has been reported  
128 to both suppress and increase  $\text{PGF}_{2\alpha}$  synthesis. When dietary fat is fed at high levels for extended periods  
129 of time,  $\text{PGF}_{2\alpha}$  synthesis may be increased and compromise early embryo survival. Hess and coworkers  
130 [12] summarized research on supplementing fat during late gestation and concluded feeding fat to beef  
131 cows for approximately 60 d before calving may result in a 6.4% improvement in pregnancy rate in the  
132 upcoming breeding season.

133 *Fat Supplementation Postpartum.* Supplementing fat postpartum appears to be of limited benefit  
134 from studies reviewed by Funston [22]. Many of the studies reported approximately 5% total fat in the  
135 experimental diet, so it is not known if more or less fat would have elicited a different response (either  
136 positive or negative). If supplementing fat can either increase or decrease  $\text{PGF}_{2\alpha}$  production, the amount  
137 of fat supplemented might affect which response is elicited. First service conception rates decreased from  
138 50% in controls to 29% in young beef cows fed high linoleate safflower seeds (5% DMI as fat)  
139 postpartum [13]. The same laboratory has also reported [23] an increase in  $\text{PGF}_{2\alpha}$  metabolite (PGFM)

140 when high linoleate safflower seeds are fed postpartum and a decrease in several hormones important for  
141 normal reproductive function [24, 25].

142 *Summary of Fat Supplementation.* Currently, research is inconclusive on how to supplement fat to  
143 improve reproductive performance beyond energy contribution. Most studies have attempted to achieve  
144 isocaloric and isonitrogenous diets. Several studies had only sufficient animal numbers to detect very  
145 large differences in reproductive parameters such as conception and pregnancy rate. Research on feeding  
146 supplemental fat has resulted in varied (positive, negative, no effect) and inconsistent reproductive results.  
147 Postpartum fat supplementation appears to be of limited benefit and adding a fat source high in linoleic  
148 acid postpartum may actually have a negative effect on reproduction.

149 As is the case for any technology or management strategy that improves specific aspects of  
150 ovarian physiology and cyclic activity; actual improvements in pregnancy rates, weaned calf crop, or total  
151 weight of calf produced are dependent on an array of interactive management practices and environmental  
152 conditions. Until these relationships are better understood, producers are advised to strive for low cost and  
153 balanced rations. If a supplemental fat source can be added with little or no change in the ration cost,  
154 producers are advised to do so.

### 155 **Minerals and vitamins**

156 Minerals and vitamins are important for all physiological processes in the beef animal including  
157 reproduction. Both deficiencies and excesses can contribute to suboptimal reproduction. Management  
158 guidelines for mineral supplementation in cow-calf operations have been provided [26]. The increased use  
159 of grain by-products in cattle rations require traditional mineral programs be re-evaluated, making  
160 allowances for high phosphorus and sulfur contents and altered calcium to phosphorus ratios found in  
161 grain by-products. Over feeding phosphorus is costly, of potential environmental concern, and does not  
162 positively influence reproduction in beef [27] or dairy cattle [28]. Inadequate consumption of certain trace  
163 elements combined with antagonistic interactions of other elements can reduce reproductive efficiency  
164 [29].

165 Most vitamins (C, D, E, and B complex) are either synthesized by rumen microorganisms,  
166 synthesized by the body (vitamin C), or are available in common feeds and not of concern under normal  
167 growing conditions. Vitamin A deficiency, however, does occur naturally in cattle grazing winter range or  
168 consuming low quality crop residues and forages [30]. Drought can extend periods when low quality  
169 forages are fed and increase the need for vitamin A supplementation. The role of vitamin A in  
170 reproduction and embryo development has been reviewed by Clagett-Dame and Deluca [31]. Vitamin A  
171 supplementation before and after calving has been demonstrated to improve pregnancy rates [32, 33].

### 172 **Nutrition and Calving Difficulty**

173 Feeding a balanced diet the last trimester of pregnancy decreases calving difficulty. Heifers fed  
174 diets deficient in energy or protein the last trimester experience more calving difficulty; conceive later in  
175 the breeding season; and have increased sickness, death, and lower weaning weights in their calves (Table  
176 3).

177 Beef producers may be concerned excessive dietary nutrients during the last trimester of  
178 pregnancy will negatively influence calf birth weight and dystocia. Providing either adequate or  
179 inadequate amounts of dietary energy and protein and their effects on calving difficulty, reproductive  
180 performance, and calf growth have been reviewed [34] and are summarized in Tables 5 and 6. Reducing  
181 energy pre-partum does not affect dystocia rates, even though birth weights were altered in some  
182 experiments. Of the nine trials summarized, six demonstrated increased energy intake during the last  
183 trimester did not increase calving difficulty.

184 In addition, beef producers may be concerned crude protein levels will influence calf birth weight  
185 and subsequent calving difficulty. Houghton and Corah [34] summarized studies investigating the effects  
186 of prepartum protein intake on calving difficulty (Table 6). Reducing prepartum dietary crude protein  
187 does not decrease calving difficulty, but it may compromise calf health and cow reproductive  
188 performance.

### 189 **Excess Protein and Energy**

190           Caution should be used with feeding excess nutrients before or after calving. Not only is it costly,  
191 but cows and heifers with BCS > 7 have lower pregnancy rates and more calving difficulty than beef  
192 females with BCS 5 to 6. Excess protein and energy can negatively impact pregnancy rates. Overfeeding  
193 protein during the breeding season and early gestation, particularly if energy is limiting, may be  
194 associated with decreased pregnancy rates [35]. This decrease in fertility may result from decreased  
195 uterine pH during the luteal phase of the estrous cycle in cattle receiving high levels of degradable  
196 protein. The combination of high levels of degradable protein and low dietary energy in early-season  
197 grasses may contribute to lower conception rates. Negative effects of excess rumen degradable protein on  
198 reproduction are well documented in dairy literature [36].

199           Effects of supplementing feedstuffs high in undegradable intake protein (UIP) during late  
200 gestation and/or early postpartum have shown positive reproductive responses in cows grazing low  
201 quality forages [37, 38]; however, when considering the broader set of data, results are inconclusive and  
202 may be dependent on the UIP level [39] and energy density of the diet [40]. Further research is needed to  
203 understand how UIP stimulates or inhibits reproductive processes and under what conditions.

204           A recent study [41] challenges dogma regarding BCS required at calving for successful  
205 conception rates. Retrospectively, 2 and 3-yr old cows were grouped by BCS 30 days before calving into  
206 three groups whose average BCS were 4.3 (n=186), 5.0 (n=108) and 5.8 (n=57). Days to body weight  
207 nadir, days to first postpartum ovulation, and pregnancy rate were similar among BCS groups. Cows  
208 studied by Mulliniks and colleagues [41] were managed as one group before and after calving so body  
209 condition manipulation before calving did not impact the results. In contrast, other studies [17, 42] used  
210 prepartum ration changes to achieve desired BCS differences at calving.

211           Interpretation of this study [41] must be tempered with the knowledge that dams of these heifers  
212 were successfully managed in the same production system for ten years. Cows had access to sufficient  
213 grazing resources demonstrated by similar body weight changes even in years when precipitation was  
214 limiting. Implications of this observation across a wide variety of management systems is unknown;  
215 however, when considered with recent demonstrations of successful moderate heifer development

216 systems [43,44] it does question the common solution of providing more feed (and cost) to correct all  
217 young cow reproductive deficiencies.

## 218 **Management Considerations**

### 219 **Breeding to Pregnancy Diagnosis**

220 Many heifer development systems for spring calving herds rely on a period of drylot development  
221 before shifting to pasture grazing. The transition from a drylot diet to grazing may come at the end of an  
222 AI program, the same time as early embryonic development. Stress during this transition may impact  
223 embryonic mortality.

224 If heifers must be moved after AI, consideration should be given to when the move occurs as  
225 transportation stress can impact pregnancy rates. Mean conception date was earlier when heifers were  
226 transported 300 miles 1 to 4 days after AI compared with 8 to 12 or 29 to 33 days after AI [45].  
227 Additional studies in heifers [46] and cows [47] investigated transportation one hour before or after AI  
228 and 14 days after AI. Concentrations of cortisol increased with AI and with transportation 14 days after  
229 AI, but pregnancy rates were not affected.

230 Nutritional stress can also reduce embryo quality and survival. Changing from a gaining or  
231 maintenance diet pre-insemination to 80% of maintenance for 6 days to 2 weeks post insemination  
232 produced developmentally delayed embryos [48] and lower embryo survival and pregnancy rates [49]  
233 occurred. Embryonic loss is greatest during early gestation with most losses occurring from day 8 to 16  
234 corresponding with the time period between when the embryo reaches the uterus and maternal recognition  
235 of pregnancy [50]. Pregnancy rate to AI through the second service was higher in heifers gaining weight  
236 for 21 days after AI compared with heifers either maintaining or losing weight [51]. Heifers maintaining  
237 or losing weight post AI had similar pregnancy rates.

238 Grazing is a learned behavior and it has been suggested grazing experience during development  
239 may improve yearling heifer performance [52]. Increased energy required for grazing and the novelty of  
240 new surroundings and feedstuffs could combine to create a short term energy deficit for heifers  
241 transitioning from drylot to pasture. Weight loss was  $1.6 \pm 0.08$  kg/day the first week on spring pasture

242 for drylot-developed heifers [53]. Pregnancy rate was similar compared with range-developed heifers;  
243 however the breeding season did not begin until after an adaption period. A heifer development system  
244 that included a post-weaning grazing period reduced the number of steps taken on the first day of turnout  
245 compared with heifers developed in a dry lot [54]. Drylot-developed heifers receiving supplementation  
246 the first month of grazing following AI had higher pregnancy rates than non-supplemented heifers [54].  
247 Supplementation on pasture did not increase pregnancy rates to AI when heifers were developed on range  
248 compared with heifers receiving no supplement or drylot-developed [54]. Improving heifer ADG on  
249 summer pasture has traditionally received minimal consideration in discussions of heifer development  
250 systems. Heifers with less gain (little to no supplement) during winter development had greater gains on  
251 summer pasture compared with heifers with higher gain (or supplemented) during winter development  
252 [43, 55, 56].

### 253 **Pregnancy detection**

254 Early pregnancy detection should not be overlooked as a management tool for producers. In  
255 addition to traditional palpation, increasing availability of ultrasound and commercial serum pregnancy  
256 tests provide more options for producers and veterinarians [57]. Pregnancy can be accurately detected  
257 with ultrasound as early as 25 days post breeding, but speed and accuracy will be improved by waiting  
258 until day 30 or later [58]. Heifers conceiving early in the breeding period will have greater lifetime  
259 productivity [59] (and see Perry this series) in the herd and should be favored in selection if drought or  
260 market conditions require herd reduction.

### 261 **Pregnancy diagnosis to calving**

262 Continued gain is needed through calving for heifer and fetal growth, particularly for more  
263 moderate development systems. Body weights and BCS at pregnancy diagnosis and 90 days pre-calving  
264 should be used to monitor development. Forage intake in pregnant heifers decreases as gestation advances  
265 [60], which could impact gain and energy intake during the third trimester. Recommendations have been  
266 made for heifers to achieve 85% of mature weight and a condition score of 5 to 6 by calving [61].  
267 However, heifers developed to 53% of mature body weight at breeding that reached 77% of mature body

268 weight at calving had pregnancy rates through four calving seasons ranging from 92 to 96 % [62]. While  
269 dietary restriction during early heifer development may reduce cost and capitalize on compensatory gain,  
270 continued restriction during subsequent winter (gestation) periods will increase the proportion of non-  
271 pregnant heifers and reduce herd retention rate [44, 63]. Two-year old heifers failing to rebreed weighed  
272 less at calving and breeding than those that successfully became pregnant the second time [63].

### 273 **Calving to Rebreeding**

#### 274 **Calving difficulty**

275 First-calf heifers experience more calving difficulty compared with the mature cow. Bellows [14]  
276 indicated cows experiencing calving difficulty will take longer to resume estrus than cows not  
277 experiencing calving difficulty. Sire selection and genetic components of dystocia are reviewed elsewhere  
278 in this series.

279 Time of intervention, when obstetrical assistance is needed, also affects resumption of estrous  
280 cycles. Dams provided early assistance had a higher percentage in estrus by the beginning of the breeding  
281 season, increased fall pregnancy rate and improved calf gains compared to late assistance dams (Table 7)  
282 [65,66]. Therefore, early assistance, when needed, is important to assure heifers return to estrus as soon as  
283 possible.

#### 284 **Stimulating estrus**

#### 285 **Ionophores**

286 Ionophores can influence reproductive performance during the postpartum period [64]. Cows and  
287 heifers fed an ionophore exhibit a shorter PPI provided adequate energy is provided in the diet (Table 8)  
288 [11]. This effect is more evident in less intensely managed herds with a moderate (60 to 85 days) to  
289 longer PPI. Pregnancy rates, if measured, generally were not different in the studies summarized by  
290 Randel and colleagues [11], however, in most cases the number of observations was relatively low. In a  
291 more recent study replicated over two years and 12 pastures, monensin was provided to crossbred cows  
292 early postpartum reducing days to conception and increasing calving percentage compared with cows not  
293 receiving monensin [67]. Adding an ionophore may also reduce feed costs through reduced intake and

294 improved feed efficiency on lower quality forages and improved rate of gain with higher quality  
295 feedstuffs offered ad libitum [64].

296

### 297 **Calf removal**

298 Suckling stimulus has a negative effect on estrous activity during the postpartum period;  
299 however, animals in a positive energy balance and adequate BCS generally overcome this negative  
300 stimulus prior to the breeding season. Calf removal, either temporary or permanent, can increase the  
301 number of cows returning to estrus during the breeding season [11, 68]. Some synchronization programs  
302 remove calves for 48 hours [69], which can induce estrus in postpartum cows and first calf heifers. It is  
303 important to provide the calves a clean, dry pen with grass hay and water and to make sure calves have  
304 found their mothers before going to pasture.

### 305 **Induction of estrus with hormones**

306 An intravaginal insert (CIDR), containing progesterone, can shorten the PPI provided nutrition  
307 and BCS are adequate [70, 71]. A number of protocols for synchronization of estrus and ovulation  
308 incorporate a progestin and have resulted in pregnancies in previously non-cycling females [72].  
309 Ovulation induction with gonadotropin releasing hormone was limited in primiparous cows until BCS  
310 were  $\geq 5$  [6].

### 311 **Bull Exposure**

312 Bull exposure requires exposing cows to surgically altered bulls not capable of a fertile mating.  
313 Reproductive performance of postpartum cows in response to bull exposure has been reviewed [73] and is  
314 summarized in Table 9. Exposure length, proximity, timing of exposure, and nutritional status have  
315 impacted response. Primiparous cows exposed to bulls at 15, 35 or 55 days postpartum had shorter PPI  
316 than non-exposed cows, but PPI was similar regardless of the date exposure began [74]. The PPI was  
317 reduced in cows exposed to as many as 1 bull per 29 females [75]. Exposure to androgenized steers [76]  
318 or cows [75] will produce similar results.

### 319 **Summary**

320           The interaction of nutrition and reproduction in young beef cows has been studied extensively.  
321 Diets which meet the high nutrient demands of late gestation and early lactation require attention and  
322 monitoring. Adequate nutrition will limit calving difficulty, increase health and vigor of the calf, and  
323 allow for a timely second pregnancy. Heifers that conceive in a short breeding season will have more  
324 time to achieve positive energy balance before the second breeding season. A BCS of 5 or 6 should be  
325 achieved by calving and maintained through the breeding season to minimize PPI. Several interventions  
326 can assist in shortening the PPI but none take the place of timely nutritional management. Advances in  
327 our understanding of nutrition and reproduction interactions may provide opportunities for strategic  
328 supplementation to optimize reproduction for a given production system.

329

330 **References**

- 331 1. Casida LE. The postpartum interval and its relation to fertility in the cow, sow and ewe. *J Anim*  
332 *Sci* 1971;32(Suppl. 1):66-72.
- 333 2. Inskeep EK, Lishman AW. Factors affecting postpartum anestrus in beef cattle. In: Harold Hawk  
334 (Ed.) Beltsville Symposium on Animal Reproduction, No. 3, Allanheld, Osmun, Montclair. 1979.  
335 p 277-289.
- 336 3. Short RE, Bellows RA, Staigmiller RB, et al. Physiological mechanisms controlling anestrus and  
337 infertility in postpartum beef cattle. *J Anim Sci* 1990;68:799-816.
- 338 4. Yavas Y, Wallon J. Induction of ovulation in postpartum suckled beef cows: A review.  
339 *Theriogenology* 2000;54:1-23.
- 340 5. Dunn TG, Kaltenbach CC. Nutrition and the postpartum interval of the ewe, sow and cow. *J*  
341 *Anim Sci* 1980;51(Suppl II):21-39.
- 342 6. Stevenson J, Johnson S, Milliken G. Incidence of postpartum anestrus in suckled beef cattle:  
343 Treatments to induce estrus, ovulation and conception. *Prof Anim Sci* 2003;19:124-134.
- 344 7. Kiracofe G. Uterine involution: Its role in regulating postpartum interval. *J Anim Sci* 1980;51  
345 (Supple 2):16-27.
- 346 8. Sheldon M. The postpartum uterus. *Vet Clin North Am: Food Animal Practice* 2004;20:569-591.
- 347 9. Kunkle W, Sands R, Rae D. Effect of body condition on productivity in beef cattle. M. Fields  
348 and R. Sands (Ed.) *Factors Affecting Calf Crop*: CRC Press 1994. p. 167-178.
- 349 10. Wettemann R, Lents C, Cicciooli N, et al. Nutritional- and suckling-mediated anovulation in beef  
350 cows. *J Anim Sci* 2003;81:E48-E59.
- 351 11. Randel R. Nutrition and postpartum rebreeding in cattle. *J Anim Sci* 1990;68:853-862.
- 352 12. Hess BW, Lake SL, Scholljegerdes EJ, et al. Nutritional controls of beef cow reproduction. *J*  
353 *Anim Sci* 2005;83(E Suppl):E90-E106.
- 354 13. Bauman DE, Currie B. Partitioning of nutrients during pregnancy and lactation: a review of  
355 mechanisms involving homeostasis and homeorhesis. *J Dairy Sci* 1980;63:1514-1529.

- 356 14. Bellows, R.A. Managing the first-calf heifer. In: Proc, International Beef Symposium. January  
357 18-20. Great Falls, MT 1995; p 74-85.
- 358 15. Sanderson MW, Chenoweth PJ. Controlling neonatal calf morbidity and mortality; Parturition  
359 management. Food Animal Compendium 2001;23:S95-S99.
- 360 16. Lalman D, Keisler D, Williams J, et al. Influence of postpartum weight and body condition  
361 change on duration of anestrus by undernourished suckled beef heifers. J Anim Sci  
362 1997;75:2003-2008.
- 363 17. Spitzer J, Morrison D, Wettemann R, et al. Reproductive responses and calf birth and weaning  
364 weights as affected by body condition at parturition and postpartum weight gain in primiparous  
365 beef cows. J Anim Sci 1995; 73:1251-1257.
- 366 18. Coppock C, Wilks D. Supplemental fat in high-energy rations for lactating cows: Effects on  
367 intake, digestion, milk yield, and composition. J Anim Sci 1991;69:3826-3837.
- 368 19. Bowman J, Sanson D. Starch- or fiber-based energy supplements for grazing ruminants. Proc  
369 3rd Grazing Livest Nutr Conf Proc West Sec Amer Soc Anim Sci 1996; 42:1-18.
- 370 20. Grummer R, Carroll D. Effects of dietary fat on metabolic disorders and reproductive  
371 performance of dairy cattle. J Anim Sci 1991;69:3838-3852.
- 372 21. Staples C, Burke J, Thatcher W. Influence of supplemental fats on reproductive tissues and  
373 performance of lactating cows. J Dairy Sci 1998;81:856-871.
- 374 22. Funston R. Fat supplementation and reproduction in beef females. J Anim Sci 2004; 82 (E  
375 Suppl): E154-E161.
- 376 23. Grant M, Hess B, Bottger J, et al. Influence of supplementation with safflower seeds on  
377 prostaglandin F metabolite in serum of postpartum beef cows. Proc West Sec Amer Soc Anim  
378 Sci 2002;53:436-439.
- 379 24. Scholljegerdes E, Hess E, Van Kirk E, et al. Effects of supplemental high-linoleate safflower  
380 seeds on ovarian follicular development and hypophyseal gonadotropins and GnRH receptors. J  
381 Anim Sci 2003;81(Suppl 1):236.

- 382 25. Scholljegerdes E, Hess B, Van Kirk E, et al. Effects of dietary high-linoleate safflower seeds on  
383 IGF-I in the hypothalamus, anterior pituitary gland, serum, liver, and follicular fluid of  
384 primiparous beef cattle. *J Anim Sci* 2004;82(Suppl 2):48.
- 385 26. Olson KC. Management of Mineral Supplementation Programs for Cow-Calf Operations. *Vet*  
386 *Clin North Am Food Anim Prac* 2007;23:69-90.
- 387 27. Dunn T, Moss G. Effects of nutrient deficiencies and excesses on reproductive efficiency of  
388 livestock. *J Anim Sci* 1992;70:1580-1593.
- 389 28. Lopez H, Kanitz F, Moreira V, et al. Reproductive performance of dairy cows fed two  
390 concentrations of phosphorus. *J Dairy Sci* 2004;87:146-157.
- 391 29. Greene L, Johnson A, Paterson J, et al. Role of trace minerals in cow-calf cycle examined.  
392 *Feedstuffs* 1998;70:34.
- 393 30. Lemenager R, Funston R, Moss G. 1991. Manipulating nutrition to enhance (optimize)  
394 reproduction. F McCollum and M Judkins (eds) *Proc 2nd Grazing Livest Nutr Conf Oklahoma*  
395 *Agric Exp Sta MP-133* 1991; p. 13-31.
- 396 31. Clagett-Dame M, DeLuca H. The role of vitamin A in mammalian reproduction and embryonic  
397 development. *Annu Rev Nutr* 2002;22:347-381.
- 398 32. Bradfield D, Behrens WC. Effects of injectable vitamins on productive performance on beef  
399 cattle. *Proc West Sect Am Soc Anim Sci* 1968;19:1-5.
- 400 33. Meacham TN, Bovard KP, Priode BM, et al. Effect of supplemental vitamin A on the  
401 performance of beef cows and their calves. *J Anim Sci* 1970;31:428-433.
- 402 34. Houghton P, Corah L. A review of calving difficulty in beef cattle. *Kansas State University*  
403 *Report of Progress* 525 1987; p. 22-35.
- 404 35. Elrod C, Butler W. Reduction of fertility and alteration of uterine pH in heifers fed excess  
405 ruminally degradable protein. *J Anim Sci* 1993;71:694-701.
- 406 36. Ferguson J. Nutrition and reproduction in dairy herds. *Intermountain Nutrition Conference*  
407 *Proceedings, Utah State University Publication No 169* 2001; p. 65-82.

- 408 37. Hawkins D, Petersen M, Thomas M, et al. Can beef heifers and young postpartum cows be  
409 physiologically and nutritionally manipulated to optimize reproductive efficiency? *J Anim Sci*  
410 2000;77:1-10.
- 411 38. Mulliniks J, Cox S, Kemp M, et al. Protein and glucogenic precursor supplementation: A  
412 nutritional strategy to increase reproductive and economic output. *J Anim Sci* 2011;89:3334-  
413 3343.
- 414 39. Kane K, Hawkins D, Pulsipher G, et al. Effect of increasing levels of undegradable intake protein  
415 on metabolic and endocrine factors in estrous cycling beef heifers. *J Anim Sci* 2004;82:283-291.
- 416 40. Martin JL, Cupp AS, Rasby RJ et al. Utilization of dried distillers grains for developing beef  
417 heifers. *J Anim Sci* 2007;85:2298-2303.
- 418 41. Mulliniks J, Cox S, Kemp M, et al. Relationship between body condition score at calving and  
419 reproductive performance in young postpartum cows grazing native range. *J Anim Sci*  
420 2012;90:2811-2817.
- 421 42. Cicciooli N, Wettemann R, Spicer L, et al. Influence of body condition at calving and postpartum  
422 nutrition on endocrine function and reproductive performance of primiparous beef cows. *J Anim*  
423 *Sci* 2003;81:3107-3120.
- 424 43. Funston R, Larson D. Heifer development systems: Dry-lot feeding compared with grazing  
425 dormant winter forage. *J Anim Sci* 2011;89:1595-1602.
- 426 44. Roberts AJ, Geary TW, Grings EE, et al. Reproductive performance of heifers offered ad libitum  
427 or restricted access to feed for a one hundred forty-day period after weaning. *J Anim Sci*  
428 2009;87:3043-3052.
- 429 45. Harrington T, King M, Mihura H, et al. Effect of transportation time on pregnancy rates of  
430 synchronized yearling beef heifers. Colorado State University Beef Program Report. Colorado  
431 State University, Fort Collins 1995. p 81-86.
- 432 46. Yavas Y, De Avila D, Reeves J. Trucking stress at breeding does not lower conception rate of  
433 beef heifers. *Theriogenology* 1996;45:623-632.

- 434 47. Merrill M, Ansotegui R, Burns P, et al. Effects of flunixin meglumine and transportation on  
435 establishment of pregnancy in beef cows. *J Anim Sci* 2007;85:1547-1554.
- 436 48. Bridges G, Kruse S, Funnell B, et al. Changes in body condition on oocyte quality and embryo  
437 survival. *Proceedings Applied Reproductive Strategies in Beef Cattle*. Sioux Falls: 2012, p. 269-  
438 283.
- 439 49. Dunne L, Diskin M, Boland M, et al. The effect of pre- and post-insemination plane of nutrition  
440 on embryo survival in beef heifers. *Animal Science* 1999;69:441-417.
- 441 50. Diskin MG, Parr MH, Morris DG. Embryonic death in cattle:an update. *Reprod Fertil Dev*  
442 2012;24:244-251.
- 443 51. Arias R, Gunn P, Lemenager R, et al. Effects of post-AI nutrition on growth performance and  
444 fertility of yearling beef heifers. *Proc West Sec Am Soc Anim Sci* 2012;63:117-121.
- 445 52. Olson K, Jaeger J, Brethour J. Growth and reproductive performance of heifers overwintered in  
446 range or drylot environments. *J Prod Agri* 1992;5:72-76.
- 447 53. Salverson RR, Patterson HH, Perry GA et al. Evaluation of performance and costs of two heifer  
448 development systems. *Proc West Sect Am Soc Ani Sci* 2005;56:409-412.
- 449 54. Perry G, Larimore E, Bridges G, et al. Management strategies for improving lifetime reproductive  
450 success in beef heifers. *Proceedings Applied Reproductive Strategies in Beef Cattle*, Sioux Falls:  
451 2012, p. 249-266.
- 452 55. Lemenager R, Smith W, Martin T, et al. Effects of winter and summer energy levels on heifer  
453 growth and reproductive performance. *J Anim Sci* 1980;51: 837-842.
- 454 56. Short RE, Bellows RA. Relationships among weight gains, age at puberty and reproductive  
455 performance in heifers. *J Anim Sci* 1971;32:127-131
- 456 57. Lucy M. Pregnancy determination by palpation and beyond. *Proceedings Applied Reproductive*  
457 *Strategies in Beef Cattle*. Sioux Falls: 2012, p. 309-316.
- 458 58. Fricke PM, Lamb GC. Potential applications and pitfalls of reproductive ultrasonography in  
459 bovine practice. *Vet Clin North Am Food Anim Pract* 2005;21:419-436.

- 460 59. Lesmeister J, Burfening P, Blackwell R. Date of first calving in beef cows and subsequent calf  
461 production. *J Anim Sci* 1973;36:1-6.
- 462 60. Patterson H, Klopfenstein T, Adams D, et al. Supplementation to meet metabolizable protein  
463 requirements of primiparous beef heifers: I Performance, forage intake, and nutrient balance. *J*  
464 *Anim Sci* 2003;81:800-811.
- 465 61. Bolze R, Corah LR. Selection and development of replacement heifers. C841 Kansas State  
466 University. 1993.
- 467 62. Funston R, Deutscher G. Comparison of target breeding weight and breeding date for  
468 replacement beef heifers and effects on subsequent reproduction and calf performance. *J Anim*  
469 *Sci* 2004;82:3094-3099.
- 470 63. Endecott R, Funston R, Mulliniks J, et al. Implications of beef heifer development systems and  
471 lifetime productivity. *J Anim Sci* 2012;91:1329-1335.
- 472 64. Sprott L, Goehring T, Beverly J, et al. Effects of ionophores on cow herd production: a review. *J*  
473 *Anim Sci* 1988;66:1340-1346.
- 474 65. Bellows R, Short R, Staigmiller R, et al. Effects of induced parturition and early obstetrical  
475 assistance in beef cattle. *J Anim Sci* 1988;66:1073-1080.
- 476 66. Doornbos D, Bellows R, Burfening P, et al. Effects of damage, prepartum nutrition and duration  
477 of labor on productivity and postpartum reproduction in beef females. *J Anim Sci* 1984;59:1-10.
- 478 67. Bailey C, Goetsch A, Hubbell D, et al. Effects of monensin on beef cow reproduction. *Canadian*  
479 *J Anim Sci* 2008;88:113-115.
- 480 68. Williams, GL. Suckling as a regulator of postpartum rebreeding in cattle: a review. *J Anim Sci*  
481 1990;68:831-852.
- 482 69. Smith M, Burrell W, Shipp L, et al. Hormone treatments and use of calf removal in postpartum  
483 beef cows. *J Anim Sci* 1979;48:1285-1294.
- 484 70. Day M. Hormonal induction of estrus cycles in anestrus *Bos taurus* beef cows. *Anim Reprod*  
485 *Sci* 2004;82-83:487-494.

- 486 71. Perry G, Smith M, Geary T, et al. Ability of intravaginal progesterone inserts and melengestrol  
487 acetate to induce estrous cycles in postpartum beef cows. *J Anim Sci* 2004;82:695-704.
- 488 72. Stevenson J, Lamb G, Johnson S, et al. Supplemental norgestomet, progesterone, or melengestrol  
489 acetate increases pregnancy rates in suckled beef cows after timed insemination. *J Anim Sci*  
490 2003;81:571-586.
- 491 73. Fiol C, Ungerfeld R. Biostimulation in cattle: Stimulation pathways and mechanisms of  
492 response. *Tropical and Subtropical Agroecosystems*, 2012;15(SUP 1):S29–S45. Available at:  
493 <http://www.veterinaria.uady.mx/ojs/index.php/TSA/article/view/1342/656>. Accessed March 15,  
494 2013.
- 495 74. Berardinelli JG, Joshi PS. Introduction of bulls at different days postpartum on resumption of  
496 ovarian cycling activity in primiparous beef cows. *J Anim Sci* 2005;83:2106-2110.
- 497 75. Burns PD, Spizter JC. Influence of biostimulation on reproduction in postpartum beef cows. *J*  
498 *Anim Sci* 1992;70:358-362.
- 499 76. Ungerfeld R. Short-term exposure of high body weight heifers to testosterone-treated steers  
500 increases pregnancy rate during early winter bull breeding. *Animal Reproduction* 2009;6:446-  
501 449.

502 **Table 1.** Relationship of body condition score (BCS) to beef cow performance and income.

BCS	Pregnancy Rate, %	Calving Interval, d	Calf ADG, kg	Calf WW, kg	Calf Price, \$/45.5 kg	\$/Cow Exposed <sup>a</sup>
3	43	414	0.73	170	96	154
4	61	381	0.80	209	86	241
5	86	364	0.84	234	81	358
6	93	364	0.84	234	81	387

503 <sup>a</sup> Income per calf × pregnancy rate.

504 Data from Kunkle W, Sands R, Rae D. Effect of body condition on productivity in beef cattle. M. Fields

505 and R. Sands (Ed.) Factors Affecting Calf Crop: CRC Press 1994, p174.

506 **Table 2.** Effect of pre- or postpartum dietary energy or protein on pregnancy rates in cows and heifers.

Nutrient and time	Adequate	Inadequate
	Percent Pregnant	
Energy level precalving <sup>a</sup>	73	60
Energy level postcalving <sup>b</sup>	92	66
Protein level precalving <sup>c</sup>	80	55
Protein level postcalving <sup>d</sup>	90	69

507 <sup>abcd</sup> Combined data from 2, 4, 9 and 8 studies, respectively.

508 Adapted from Randel R. Nutrition and postpartum rebreeding in cattle. J Anim Sci 1990; 68:853-862.

509 **Table 3.** Effects of feed level during gestation on calving and subsequent reproduction <sup>a</sup>.

Item	Gestation diet of dam	
	Low	High <sup>b</sup>
Calf birth weight (kg)	28.6	31.4
Dystocia (%)	35	28
Calf Survival (%)		
At Birth	93	91
Weaning	58	85
Scours (%)		
Incidence	52	33
Mortality	19	0
Dam Traits		
Estrus (prior to breeding season (%))	48	69
Pregnancy (%)	65	75

510 <sup>a</sup>Average of seven studies; cows and heifers combined.

511 <sup>b</sup>Diet level fed from up to 150 days precalving; low and high, animals lost or gained weight precalving,  
 512 respectively.

513 Reprinted from Bellows RA. Managing the first-calf heifer. In: Proceedings of the International Beef

514 Symposium. Great Falls, MT: 1995, p. 74-85.

515 **Table 4.** Influence of postpartum diet on weight change, body condition score (BCS) change, and  
 516 postpartum interval (PPI).

Item	Diet			
	Low	Maintenance	Maint./ High	High
Calving Weight, kg	379	374	376	373
Calving BCS	4.27	4.26	4.18	4.10
PPI <sup>a</sup> , d	134	120	115	114
PPI Wt. Change <sup>a</sup> , kg	5.6	18.2	31.6	35.2
PPI BCS Change <sup>a</sup>	-.32	.37	1.24	1.50

517 <sup>a</sup>Linear effect, P < 0.01

518 Adapted from Lalman D, Keisler D, Williams J, et al. Influence of postpartum weight and body condition  
 519 change on duration of anestrus by undernourished suckled beef heifers. J Anim Sci 1997;75:2003-2008.

**Table 5.** Summary of supplemental prepartum energy effects on calving difficulty, subsequent reproductive performance and calf growth

Researcher	Prepartum Supplementation <sup>a</sup>	Effect	Birth Wt <sup>b</sup>	Dystocia <sup>b</sup>	Other <sup>b</sup>
Christenson et al., 1967	HE vs LE for 140 d	HE	+	+	+ Milk, + estrus activity
Dunn et al., 1969	ME vs LE for 120 d	ME	+	+	
Bellows et al., 1972	HE vs LE for 82 d	HE	+	nc	nc weaning weight
Laster & Gregory, 1973	HE vs ME vs LE for 90 d	HE	+	nc	
Laster, 1974	HE vs ME vs LE for 90 d	HE	+	nc	
Corah et al., 1975	ME vs LE for 100 d	ME	+	nc	+ estrus activity, + calf vigor and + weaning weight
Bellows and Short, 1978	HE vs LE for 90 d	HE	+	nc	+ estrus activity, + pregnancy rate decreased postpartum interval
Anderson et al., 1981	HE vs LE for 90 d	HE	nc		nc milk, nc weaning weight
Houghton et al., 1986	ME vs LE for 100 d	ME	+	nc	+ weaning weight

<sup>a</sup>HE = high energy (> 100 % NRC); ME = moderate energy (approximately 100 % NRC); LE = low energy (< 100 % NRC)

<sup>b</sup>+ = increased response; nc = no change

Adapted from Houghton P, Corah L. A review of calving difficulty in beef cattle. Kansas State University Report of Progress 1987; 525:22-35.

521 **Table 6.** Summary of studies on feeding supplemental protein during gestation on calving difficulty,  
 522 subsequent reproductive performance and calf growth

Study	Supplementation <sup>a</sup>	Effect	Birth Wt <sup>b</sup>	Dystocia <sup>b</sup>	Other <sup>b</sup>
Wallace & Raleigh, 1967	HP vs LP for 104-137 d Prepartum	HP	+	DEC	+ cow weight, + conception rates
Bond & Wiltbank, 1970	HP vs MP throughout Gestation	HP	nc		nc calf survivability
Bellows et al., 1978	HP vs LP for 82 d Prepartum	HP	+	+	+ cow weight, + cow gain, + weaning wt, DEC conception rate
Anthony et al., 1982	HP vs LP for 67 d Prepartum	HP	nc	nc	nc postpartum interval
Bolze, 1985	HP vs MP vs LP for 112 d Prepartum	HP	nc	nc	nc weaning weight, nc milk, nc conception rate, DEC postpartum interval

523 <sup>a</sup>HP = high protein (over 100% NRC); MP = moderate protein (approximately 100% NRC); LP = low  
 524 protein (under 100% NRC)

525 <sup>b</sup> + = increase, nc = no change, DEC = decrease

526 Adapted from Houghton P, Corah L. A review of calving difficulty in beef cattle. Kansas State  
 527 University Report of Progress 1987; 525:22-35.

528 **Table 7.** Effect of time of calving assistance<sup>a</sup> or duration of labor<sup>b</sup> on dam breeding and calf performance.

Item	Time of Assistance/Duration of Labor	
	Early/Short	Late/Prolonged
Postpartum interval, (d) <sup>a,b</sup>	49	51
In heat at beginning of breeding season (%) <sup>b</sup>	91 <sup>c</sup>	82 <sup>d</sup>
Services/conception <sup>a,b</sup>	1.15	1.24
Fall pregnancy (%) <sup>a,b</sup>	92 <sup>e</sup>	78 <sup>f</sup>
Calf average daily gain (kg) <sup>a</sup>	0.76 <sup>c</sup>	0.79 <sup>d</sup>
Calf weaning weight (kg) <sup>a</sup>	183	179

529 Adapted from <sup>a</sup>Bellows RA, Short RE, Staigmiller RB et al. Effects of induced parturition and early

530 obstetrical assistance in beef cattle. J Anim Sci 1988;66:1073-1080 and <sup>b</sup>Doornbos D, Bellows R,

531 Burfening P, et al. Effects of dam age, prepartum nutrition and duration of labor on productivity and

532 postpartum reproduction in beef females. J Anim Sci 1984;59:1-10.

533 <sup>c,d</sup> Means differ P < 0.10.

534 <sup>e,f</sup> Means differ P < 0.05.

535 **Table 8.** Effect of ionophore feeding on postpartum interval (PPI) in beef cows and heifers

Study	Ionophore (PPI, d)	Control (PPI, d)	Difference (d)
1	30	42	12
2	59	69	10
3	67	72	5
4	65	86	21
5	92	138	46

536 Adapted from Randel R. Nutrition and postpartum rebreeding in cattle. *J Anim Sci* 1990;68:853-862.

**Table 9.** Summary of studies that evaluated reproductive performance (resumption of cyclic activity and pregnancy rates) in postpartum cows exposed to males (EXP) or isolated from males (ISO).

Exposure type <sup>a</sup> and length (d)	Cyclic activity (%)		Pregnancy (%)		Reference
	EXP	ISO	EXP	ISO	
ASE/DPC (20 d)	---	---	58.5	50.0	Ungerfeld, 2010
BE/DPC (60 d)	81 <sup>b</sup>	41 <sup>c</sup>	67	63	Berardinelli <i>et al.</i> , 2001
BE/DPC-EPB (63 d)	87 <sup>b</sup>	19 <sup>c</sup>	87 <sup>b</sup>	56 <sup>c</sup>	Anderson <i>et al.</i> , 2002
BE/DPC-EPB (60 d)	85.1 <sup>b</sup>	31.3 <sup>c</sup>	66.3 <sup>b</sup>	51.5 <sup>c</sup>	Berardinelli <i>et al.</i> , 2007
BE/DPC (35 d)	100 <sup>b</sup>	70.4 <sup>c</sup>	85 <sup>b</sup>	60 <sup>c</sup>	Tauck and Berardinelli, 2007
BE/DPC (50 d)	82 <sup>b</sup>	38.5 <sup>c</sup>	54.5 <sup>b</sup>	15.4 <sup>c</sup>	Gokuldas <i>et al.</i> , 2010
BE/FCB (42 d)	86 <sup>b</sup>	76 <sup>c</sup>	58	77	Tauck and Berardinelli, 2007
TBU (64 d)	15	33	89.5 <sup>b</sup>	55 <sup>c</sup>	Tauck and Berardinelli, 2007

<sup>a</sup>ASE: androgenized steers exposure; BE: bull exposure; DPC: direct physical contact; EPB: excretory products of bulls; FCB: fence-line contact with bulls; TBU: treatment with bull urine.

<sup>b,c</sup> Different letters in the same row and for each experiment differ, P<0.05.

From Fiol C, Ungerfeld R. Biostimulation in cattle: Stimulation pathways and mechanisms of response. *Tropical and Subtropical Agroecosystems*. 2012; 15(SUP 1): S29–S45 online. Available at:

<http://www.veterinaria.uady.mx/ojs/index.php/TSA/article/view/1342/656>. Date accessed: 15 Mar. 2013.

(reprinted with permission)