Community Health Assessment

Hodgeman County
Kansas

Sheila McCullough-Culver, RN, BSN
Master in Public Health Candidate Field Experience

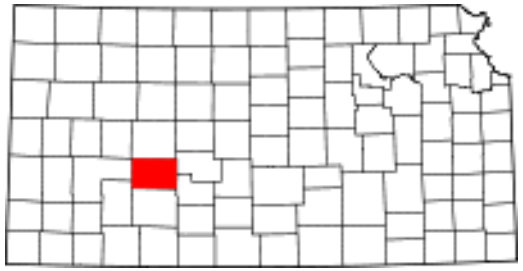
Hodgeman County Kansas

Community Health Assessment (CHA)

Hodgeman County Kansas

Two cities in the county

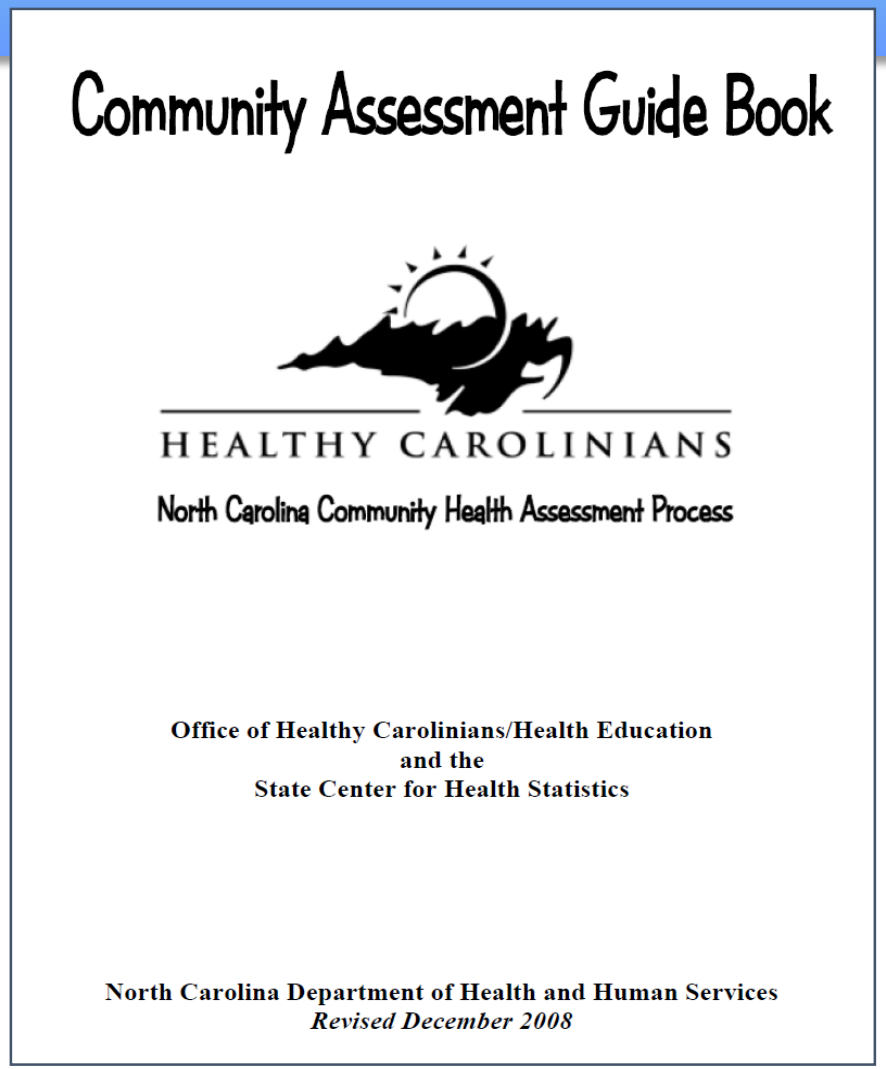
- Jetmore: county seat population 867
- Hanston: 12 miles east of Jetmore, population 206



What is a Community Health Assessment?

A process by which community members gain an understanding of the health concerns, and health care systems of the community by identifying, collecting, analyzing, and disseminating information on community assets, strengths, resources, and needs.

North Carolina Public Health Community Health Assessment Guidelines



Community Assessment Guide Book

HEALTHY CAROLINIANS

North Carolina Community Health Assessment Process

Office of Healthy Carolinians/Health Education
and the
State Center for Health Statistics

North Carolina Department of Health and Human Services
Revised December 2008

Hodgeman County CHAT
Community Health Assessment Team

Eight Phases of Community Health Assessment

Guides you through gathering a team of people who can represent the different viewpoints in your community

Phase 1
- Establish the CHA Team

Phase 2
- Collect Primary Data

Phase 3
- Collect Secondary Data

Phase 4
- Analyze and Interpret Primary and Secondary Data

Phase 5
- Determine Health Priorities

Phase 6
- Create the CHA Document

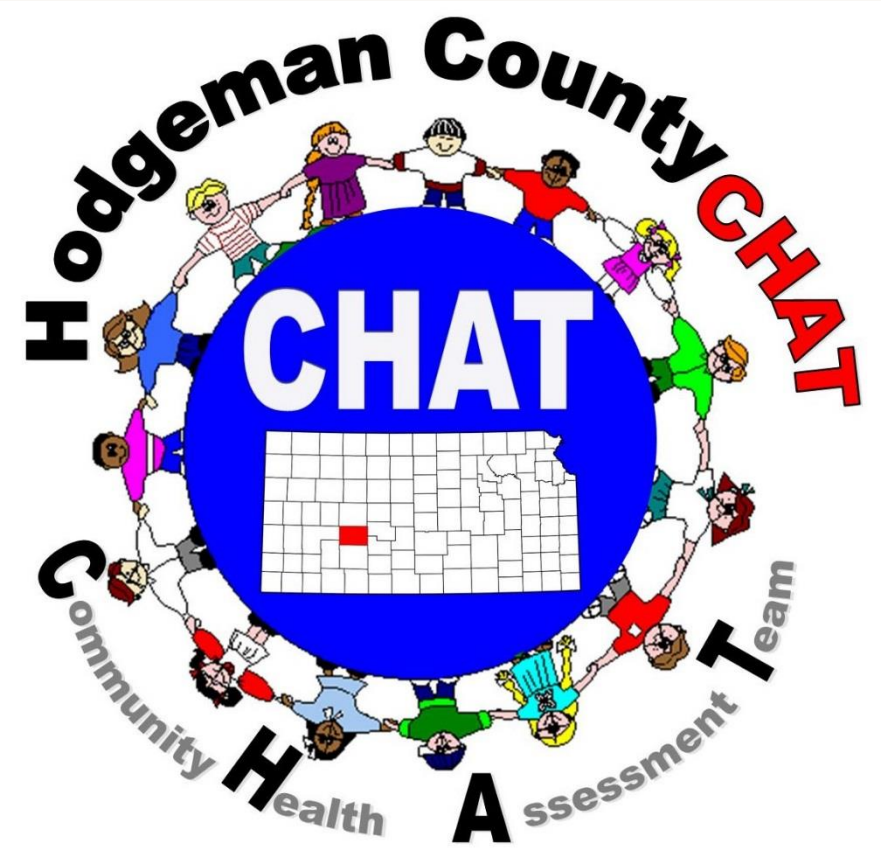
Phase 7
- Disseminate the CHA Document

Phase 8
- Develop Community Health Action Plans

Who We Are

Hodgeman County CHAT

Community
Health
Assessment
Team



CHAT Team Core Agencies

Hodgeman County

- Hodgeman County Health Department
- Hodgeman County Health Center
- Hodgeman County Economic Development
- Hodgeman County Extension

A Cooperative Team is Formed to Benefit the Entire County

Hodgeman County, Kansas

✓ To share the assessment process and findings with the county residents and to educate local residents, health care providers, and students regarding pressing health problems
✓ To empower community members to act on issues of concern
✓ To identify emerging issues, to provide data for deciding programmatic/organizational decisions, and to plan effective, collaborative interventions to promote better health
✓ To advocate for community change with politicians and other local decision-makers
✓ To promote collaboration and partnership among community members and groups
✓ To furnish a baseline by which to monitor changes
✓ To serve as a reference point and a historical perspective for future county assessments
✓ To provide a resource for activities such as writing grant applications
✓To serve as a model for other counties who are planning an assessment

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Community Health Assessment

PowerPoint Presentation to the CHAT group

First meeting is held March 14, 2013

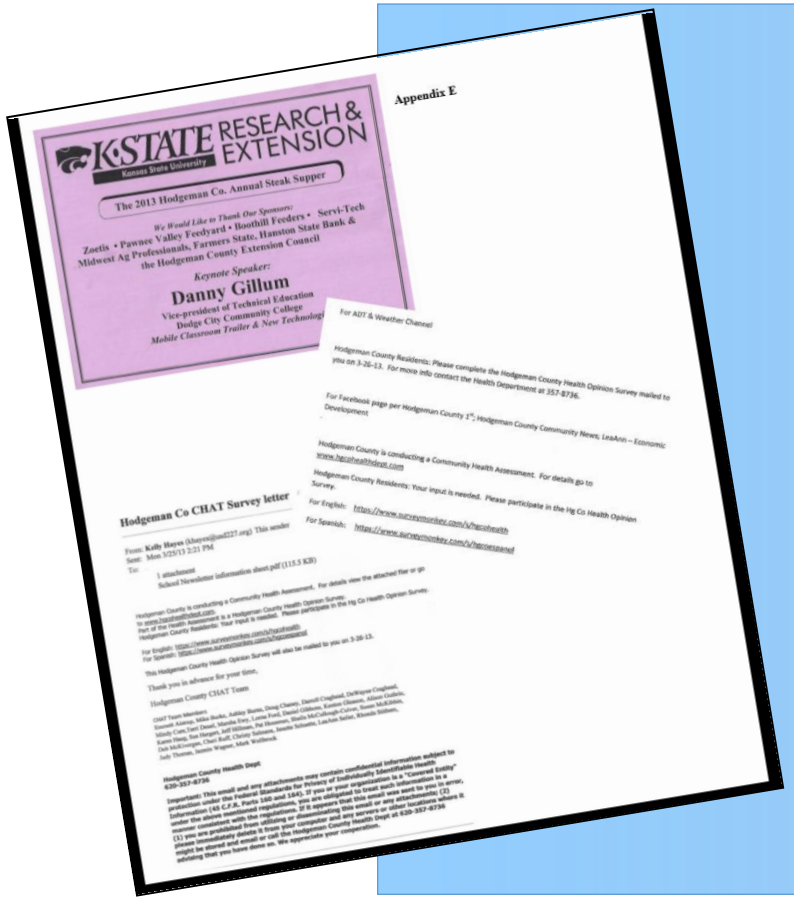
- PowerPoint presentation
- What is a Community Health Assessment
- Explanations of obligations for CHAT team members – 6 to 7 meetings
- Shown the survey, recommendations?
- Discussed distribution and community education for the survey
- Team members create a contact list of 10 people, each one different
- Mass mailing date by March 26, completion date April 12

Establishing the CHA Team and Survey Promotion

- Invitation letter
- Postcard RSVP
- ADT Alert system
- School newsletter
- Health Department Website with links
- Extension Steak supper
- Local newspaper: The Jetmore Republican
- Follow up phone calls per team members to their contact list

Community Health Assessment

Getting the word out



K-STATE RESEARCH & EXTENSION
Kansas State University

The 2013 Hodgeman Co. Annual Steak Supper

We Would Like to Thank Our Sponsors:
Zoetis • Pawnee Valley Feedyard • Hoofhill Feeders • Servi-Tech
Midwest Ag Professionals, Farmers State, Hanston State Bank &
the Hodgeman County Extension Council

Keynote Speaker:
Danny Gillum
Vice-president of Technical Education
Dodge City Community College
Mobile Classroom Trailer & New Technologi

Appendix E

For ADT & Weather Channel

Hodgeman County Residents: Please complete the Hodgeman County Health Opinion Survey mailed to you on 3-26-13. For movie info contact the Health Department at 357-8736.

For Facebook page per Hodgeman County 1st; Hodgeman County Community News; LeaAnn – Economic Development

Hodgeman County is conducting a Community Health Assessment. For details go to www.hgcjhealthdept.com

Hodgeman County Residents: Your input is needed. Please participate in the Hg Co Health Opinion Survey.

For English: https://www.surveymonkey.com/s/hgcohealth
For Spanish: https://www.surveymonkey.com/s/hgcosaneal

Hodgeman Co CHAT Survey letter

From: Kelly Hayes (khayes@usd227.org) This sender
Sent: Mon 3/25/13 2:21 PM
To:
1 attachment
School Newsletter information sheet.pdf (115.5 KB)

Hodgeman County is conducting a Community Health Assessment. For details view the attached flier or go to www.hgcjhealthdept.com
Part of the Health Assessment is a Hodgeman County Health Opinion Survey.
Hodgeman County Residents: Your input is needed. Please participate in the Hg Co Health Opinion Survey.

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This Hodgeman County Health Opinion Survey will also be mailed to you on 3-26-13.

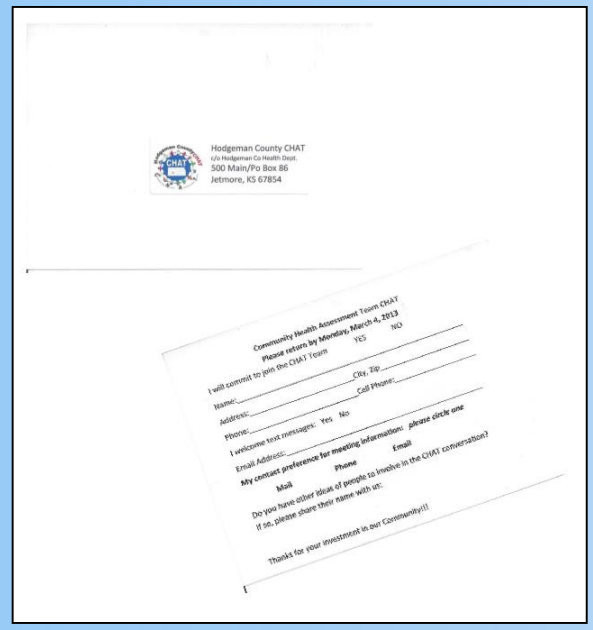
Thank you in advance for your time,

Hodgeman County CHAT Team

CHAT Team Members
Hannah Aistrup, Mike Burke, Ashley Burns, Doug Chaney, Darrell Cingland, DeWayne Cingland, Mindy Cram, Teri Dunn, Marsha Frey, Lorna Ford, Daniel Gibbens, Kristine Gleason, Alison Gullett, Karen Haag, Sue Harper, Jeff Hilmer, Pat Hoeman, Sheila McCullough-Culver, Susan McKibben, Deb McGeorgan, Cheri Ruff, Christy Salmans, Jennie Schaulin, LaAnn Seiler, Rhonda Stidham, Judy Thomas, Jennie Wagner, Mark Wolbrecht

Hodgeman County Health Dept
620-357-8736

Important: This email and any attachments may contain confidential information subject to protection under the Federal Standards for Privacy of Individually Identifiable Health Information (45 C.F.R. Parts 160 and 164). If you or your organization is a "Covered Entity" under the above mentioned regulations, you are obligated to treat such information in a manner consistent with the regulations. If it appears that this email or any attachments (2) (3) you are prohibited from utilizing or disseminating this email or any servers or other locations where it might be stored and email or call the Hodgeman County Health Dept at 620-357-8736 advising that you have done so. We appreciate your cooperation.



Hodgeman County CHAT
c/o Hodgeman Co Health Dept.
500 Main/Po Box 86
Jetmore, KS 67854

Community Health Assessment Team CHAT
Please return by Monday, March 4, 2013

I will commit to join the CHAT Team YES NO

Name:_____ City, Zip:_____
Address:_____ Cell Phone:_____
Phone:_____
I welcome text messages: Yes No
Email Address:_____
My contact preference for meeting information: please circle one
Mail Phone Email

Do you have other ideas of people to involve in the CHAT conversation?
If so, please share their name with us:

Thanks for your investment in our Community!!!

THE JETMORE REPUBLICAN
SERVING HODGEMAN COUNTY SINCE 1878
75¢
Wednesday, March 20, 2013, Issue 12, Volume 136

Local Health Assessment Team asks for help with Survey

Through collaboration with numerous community partners, the local Health Department has developed the Hodgeman County Community Health Assessment Team (CHAT). This process is a systematic method of identifying unmet health care and human service needs along with possible interventions to meet those needs. Each Kansas County is faced with the challenge of balancing resident's access to quality health and human services with decreasing resources and increasing demand by understanding the needs of the community and focusing efforts, effective steps can be taken to improve the health of our residents.

The CHAT Team invites all county residents to participate in this process by completing a survey to determine the health needs of Hodgeman County. Each household will receive a paper version of the survey along with information on how to complete the online version.

Facilitating the CHAT project is Sheila McCullough-Culver, RN, BSN a candidate for a Master's in Public Health from Kansas State University. "I am honored to lead the community health assessment for Hodgeman County. This project has the potential to benefit our community in so many ways through enhanced health, economic and support for all county residents."

Questions may be directed to the Hodgeman County Health Department at 620-357-8736 , or click www.hgcjhealthdept.com. The CHAT Survey will be mailed the week of March 22nd. The deadline to complete the survey is April 12th. Print and electronic Spanish versions will also be available. HCHD is an equal opportunity provider.

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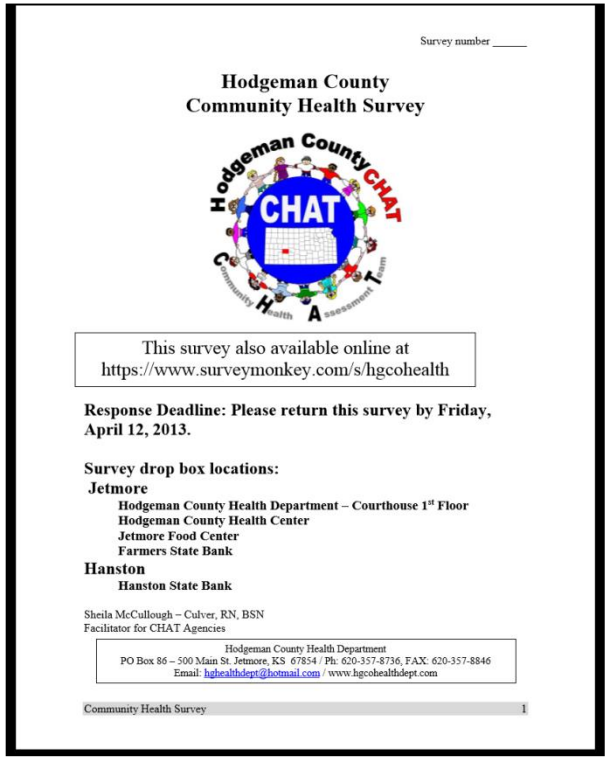
Community Health Assessment

Phase 2 collecting primary data

- ✓Collect primary data from county residents
- ✓Done by a inventory of health resources
- ✓Conduct a community health opinion survey
- ✓An effective method to discover what county residents think about their health status and the county that they live in
- ✓What are their needs and what are the county Resources
- ✓This process ensures that the health assessment is done by the community not on the community
- ✓The questions in this survey have been pretested in previous CHAs



Survey number _____

Hodgeman County
Community Health Survey

This survey also available online at
https://www.surveymonkey.com/s/hgcohealth

Response Deadline: Please return this survey by Friday, April 12, 2013.

Survey drop box locations:

Jetmore
- **Hodgeman County Health Department – Courthouse 1st Floor**
- **Hodgeman County Health Center**
- **Jetmore Food Center**
- **Farmers State Bank**

Hanston
- **Hanston State Bank**

Sheila McCullough – Culver, RN, BSN
Facilitator for CHAT Agencies

Hodgeman County Health Department
PO Box 86 – 500 Main St. Jetmore, KS 67854 / Ph: 620-357-8736, FAX: 620-357-8846
Email: hghealthdept@hotmail.com / www.hgcohealthdept.com

Community Health Survey 1

Eight Phases of Community Health Assessment

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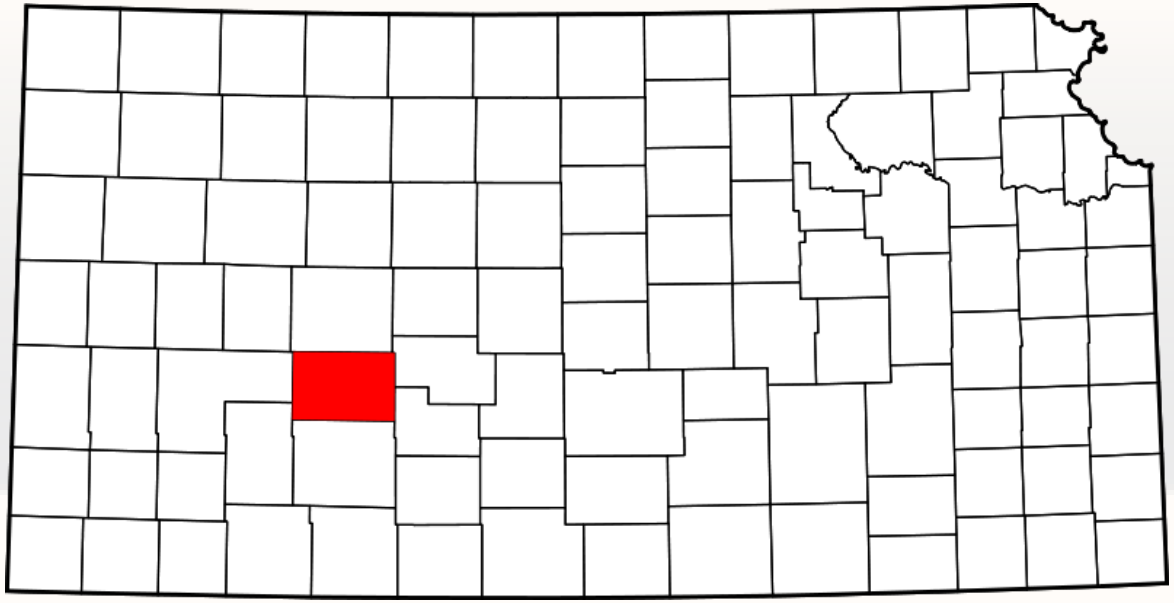
Community Health Assessment

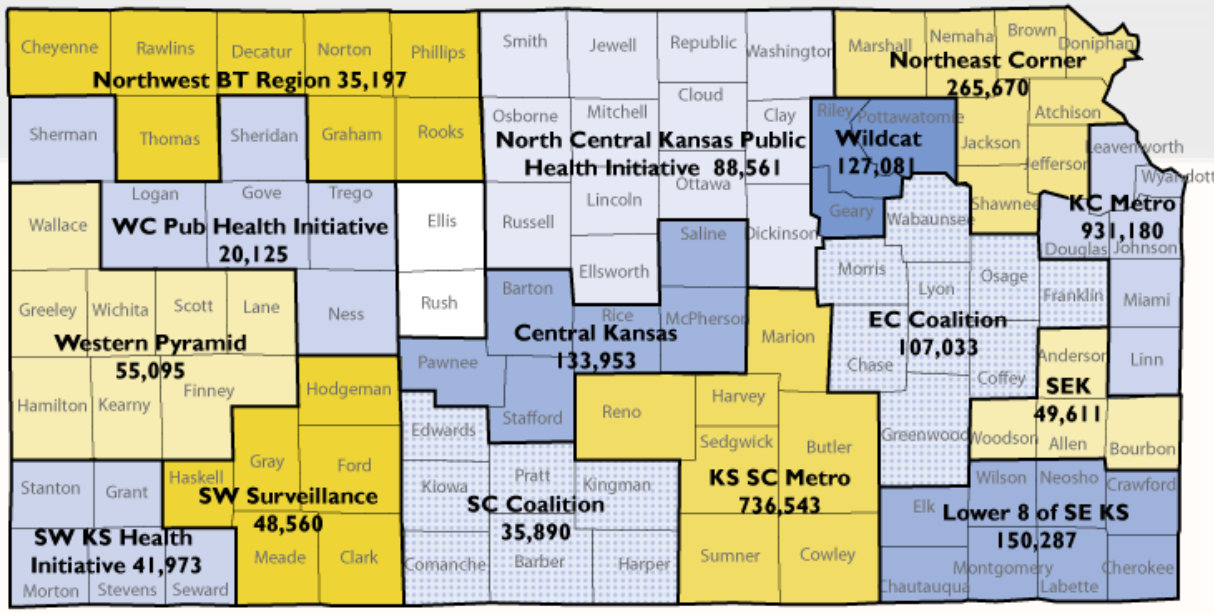
Phase 3 collecting secondary data

- ✓ Another agency or organization has collected them
- ✓ Secondary data by county is available from national, state and local agencies and organizations
- ✓ Look at trends over time
- ✓ Compare the county to other counties and to the state
- ✓ Understand the different types and sources of data
- ✓ Gather county statistics
- ✓ Learn tips for interpreting statistics

Secondary Data: Health Statistics

Public Health Regions





Kansas Health Matters

Secondary Data

http://www.kansashealthmatters.org/modules.php?op=modload&name=NS-Indicator&file=index&topic1=State&topic2=Kansas&topic=60

Kansas Health Matters :: Co...

https--ieonline.microsoft | NC Public Health Commu... | Citrix XenApp - Applicatio... | Citrix XenApp - Applicatio... | Home - Kansas Health Ma...

Page | Safety | Tools

Search

GO

Advanced Search

- Home
- Community Data
- 2-1-1 Kansas
- Reporting Tools
- Topic Centers
- Promising Practices
- CHNA Toolbox
- Community Plans and Strategies
- Contribute Content
- News
- Event Calendar
- About Us/Partners
- Ask an Expert

Community Dashboard

Location Type: State Location: Kansas

Order By: Topic

There are some important caveats on the dashboard displays related to small number of events:
1. If too few events occurred,County or region dashboards won't display.
2. Counties or regions with a displayed value of zero had no events reported.
3. If dashboard displays involve a number of or all counties or regions, some dashboards may not refer to the same time period. Data from the most recent time period available for each county/region are displayed.

Another caveat to be aware of is the rounding of percents, rates, and counts that could have the dashboard results not corresponding exactly to other reports and publications.

Indicators for State: Kansas

View the Legend

Health

Exercise, Nutrition, & Weight

Percentage of Adults Consuming Fruits & Vegetables 5 or More Times Per Day	Comparison: U.S. Value	
Percentage of Adults Participating in Recommended Level of Physical Activity	Comparison: U.S. Value	
Percentage of Adults Who are Obese	Comparison: U.S. Value	
Percentage of Adults Who are Overweight	Comparison: U.S. Value	

Create Indicator Comparison Report View the Legend

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100%

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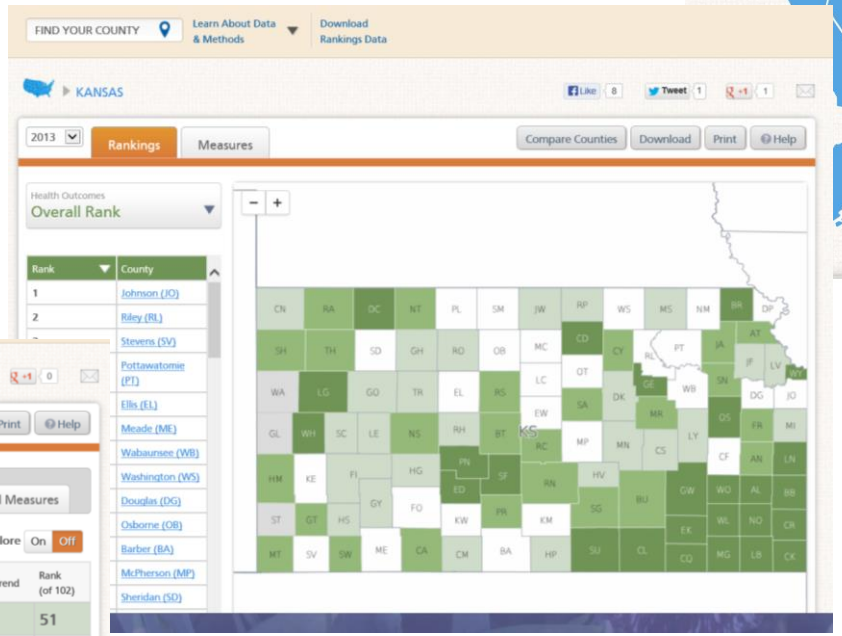
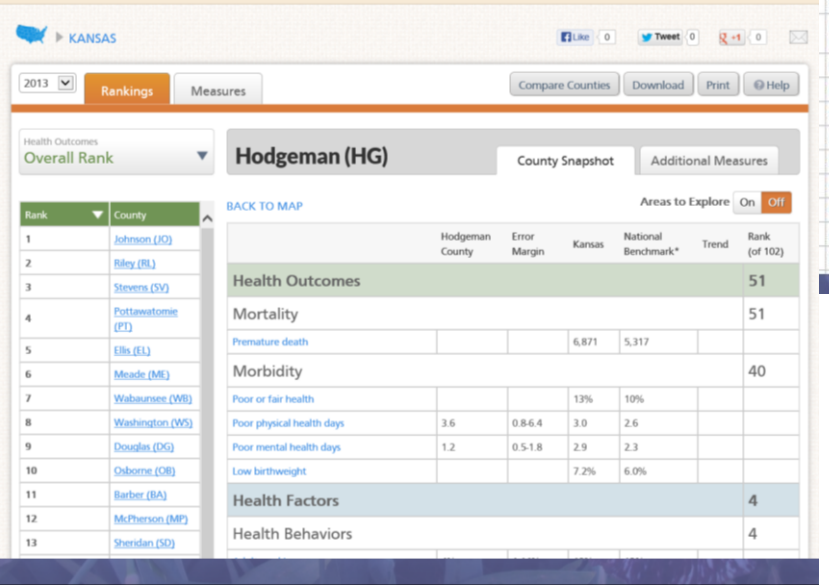
3/13/2013

Secondary Data

County Health Rankings & Roadmaps





Secondary Data Assessment (Health Statistics)

Kansas Health Matters for Hodgeman County
County Health Rankings for Hodgeman County

Hodgeman County Strengths

- Home Ownership (2x)
- Student Teacher Ratio (2x)
- Voter Turnout
- Community Participates in Health Screenings (2x) (Ex: Higher than state average Diabetes screening rate)
- High School Graduation Rate (2x)
- Low Unemployment (2x)
- Low Poverty Levels (2x)
- Having a Grocery Store
- Highly Educated Community

Hodgeman County Concerns

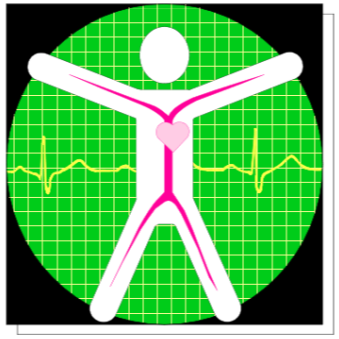
- Accident/Injury Rate (3x)
  Increased Unintentional Injuries
- Elderly 65+ Living Alone (2x)
- Lack of Recreational/Fitness Facilities
- Low Activity Levels (2x)
- Limited Access to Healthy Foods (2x)
- Low percent of those eligible participate in
- Food Stamps
- Obesity Rate greater than KS average (3x)
- Stroke Rate greater than KS average (2x)
- COPD Rate greater than KS average
- Diabetes Rate greater than KS average
- Smoking During Pregnancy Rate greater than KS average
- Low Birth Weight greater than KS average
- Uninsured Children & Adults
- Lack of Dentist

Secondary Data

Health Resources Inventory Assessment

Hodgeman County Health Beat

Health Directory
Updated 2011



Click "Bookmarks" in upper left to view contents.

If you have questions or updates that need to be taken care of, please contact:

Hodgeman County Health Department
620-357-8736

Health Resources Inventory

Hodgeman County Health Directory (Health Beat)

Hodgeman County Strengths

- Hospital
- Pharmacy
- Health Department
- Volunteerism in Crisis
- Health Services Directory-Health Beat
- Strong Faith Base
- Good Schools
- Senior Centers
- Walking available at Elk Plaza
- Wellness Center at Hospital
- Wide range of services offered in Hodgeman County
- Outreach specialty clinics

Hodgeman County Gaps

- Recreation at Hanston
- Hodgeman County Swimming Pool
- Hospital Wellness Center (2x)
- Alcoholics Anonymous Support Groups in Hodgeman County (2x)
  (meets at Jetmore United Methodist Church)
- Narcotic Anonymous Support Groups in Hodgeman County (2x)
  (meets at Jetmore United Methodist Church)
- Learn & Play

CHAT Survey

Hodgeman County

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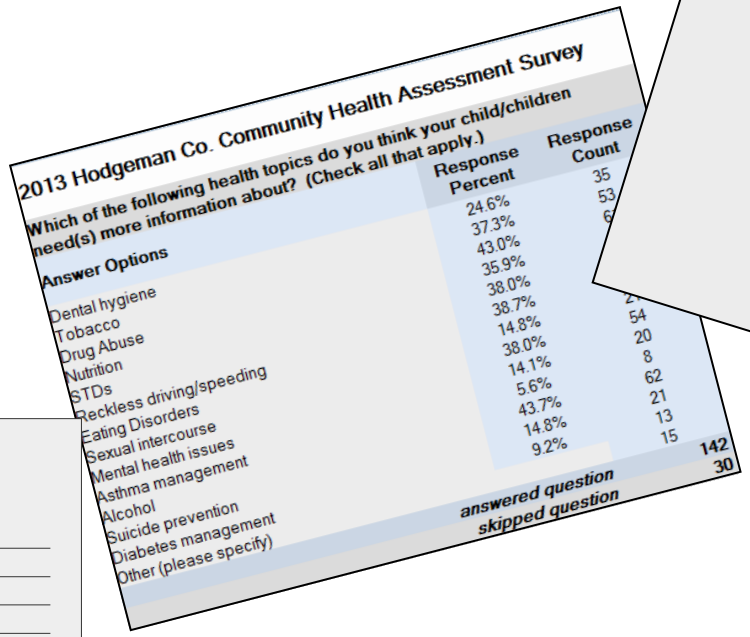
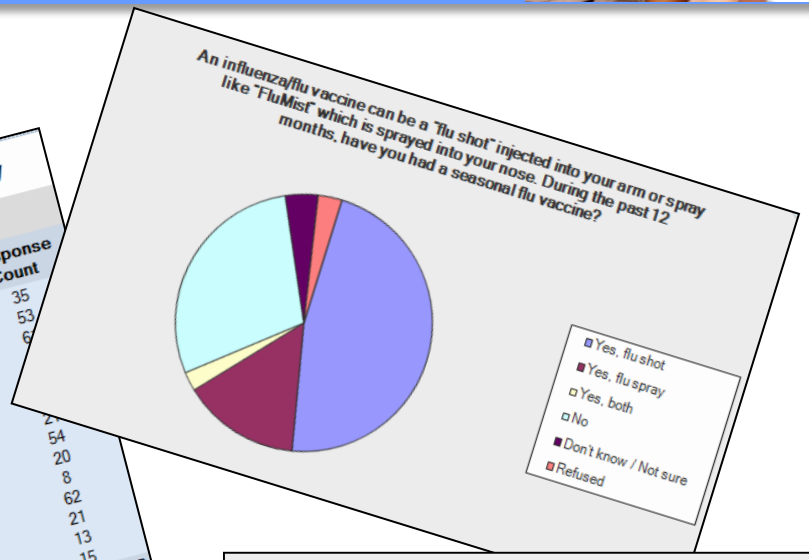
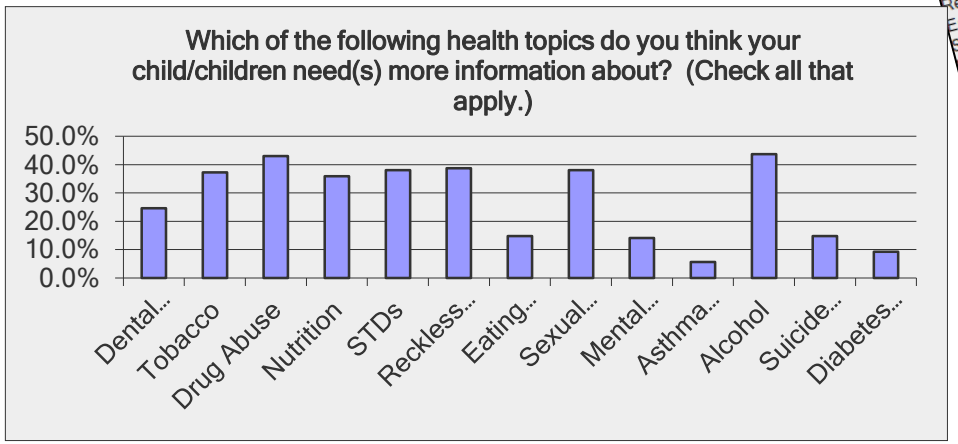
Community Health Survey 1

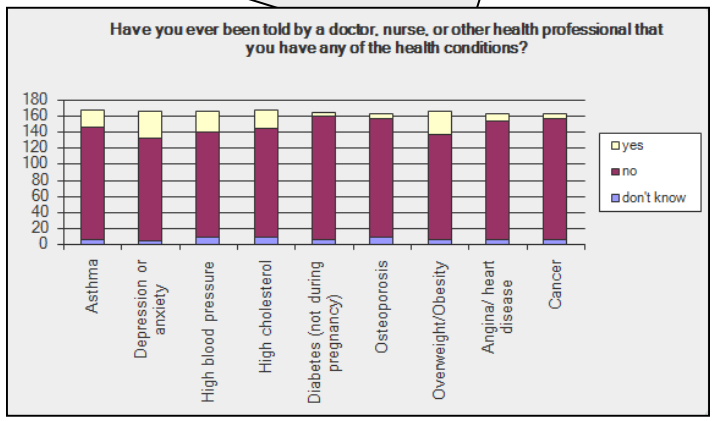


2013 Hodgeman Co. Community Health Assessment Survey

Which of the following health topics do you think your child/children need(s) more information about? (Check all that apply.) Answer Options	Response Percent	Response Count
Dental hygiene	24.6%	35
Tobacco	37.3%	53
Drug Abuse	43.0%	6
Nutrition	35.9%	
STDs	38.0%	
Reckless driving/speeding	38.7%	2
Eating Disorders	14.8%	54
Sexual intercourse	38.0%	20
Mental health issues	14.1%	8
Asthma management	5.6%	62
Alcohol	43.7%	21
Suicide prevention	14.8%	13
Diabetes management	9.2%	15
Other (please specify)		
answered question		142
skipped question		30







Primary Data

Community Health Assessment for Hodgeman County Kansas

52 questions

English and Spanish

Paper or SurveyMonkey

Categories:

- quality of life statements
- community improvements
- health information
- personal health
- access to care/family health
- emergency preparedness
- demographic information

Primary Data Inventory

Hodgeman County Health Survey

Hodgeman County Strengths

1. Low adult smoking rate
2. High Flu shot rate
3. Good primary health care
4. Safe community
5. Help is available in times of need
6. High Immunization Rates
7. Grocery Store offers wide variety of foods and orders in needed/wanted items
8. Health Care – very accommodating Hospital, health office, clinic pharmacy
9. 60% of people exercise
10. Low percent of smokers
11. 68% of percent of people get the flu vaccine
12. Increased percent of people feel that Hodgeman County has good health care.
13. Increased percent of people feel that Hodgeman County is a good place to raise children and grow old.
14. 98% of people feel that it's a safe place to live.

Hodgeman County Concerns

1 Exercise and weight management
2. Growth and economic opportunity
3. Emergency preparedness
4. Destructive behaviors (substance abuse, reckless driving, etc.)
5. Housing
6 .Increased importance of eating fruits / vegetables
7. Lack of dental care and dental awareness programs (dental problems can lead to other health issues ex: poor nutrition, infections, high blood pressure and high cholesterol)
8 .Difficulty in making commitment to lifestyle changes
9.Exercise and Nutrition
10.Eating less fruits and vegetables
11.Suicide prevention education
12.Smokeless tobacco addiction
13.Increased percent of people concerned with lack of Economic Opportunity (too few jobs)

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Analyze and Interpret Primary and Secondary Data

Objective:

- Analyze and interpret primary and secondary county data

Activities:

- Determine the county's health status from primary and secondary data
- Look at trends over time
- Compare the county to other counties and the state
- List the most important strengths and problems

Tools:

- Putting it all together – Health statistics (Kansas Health Matters & County Health Rankings, Hodgeman County Health Beat)
- Putting it all together – Community perceptions (Community Health Assessment)

Analyze and Interpret Primary and Secondary Data

Putting it all together

Top Health Priorities for Hodgeman County

Priorities derived from the following: 1-5 Health Data; 6-10 Health Resources; and 11-15 Health Survey

1. Lack of Dentist
2. Uninsured Children and Adults
3. Low Activity Levels / Lack of Recreational and Fitness Facilities
4. Obesity Rate Greater than the Kansas Average
5. Limited Access to Healthy Foods / Limited Access to Nutrition and Fitness Programs
6. Limited services for elderly / shut-ins. Examples: Transportation (elderly and needy), Meals especially in rural and Hanston, shopping delivery.
7. Limited opportunities for Teen/Young adults.
   Example: limited jobs, no youth center.
8. Lack of Affordable Housing
9. Better Marketing of Health Services Available in Hodgeman County.
   Example: Better Organized Health Directory that includes all services and support groups. Increased public awareness of this Directory. Targeted services: Wellness Center in Hanston and at Hospital.
10. Limited access to Sheriff's office after hours: Access is only by phone.
11. Lack of dental care and awareness of the impact of poor dental care.
12. Destructive Behaviors related to Substance abuse (Drugs, Alcohol, Tobacco esp. smokeless tobacco) and Reckless Driving.
13. Lack of Housing
14. Difficulty in making commitment to lifestyle changes related to Exercise, Nutrition and Weight Management.
15. Increased concern with lack of Economic Growth and Opportunity. Example: Limited jobs.

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Community Conversation

Bringing it all together

CHAT Team Core Agencies

Hodgeman County Health Department
Hodgeman County Health Center
Hodgeman County Economic Development
Hodgeman County Extension

Dear Hodgeman County Resident:

The Hodgeman County Community Health Assessment Team (CHAT) has nearly completed a Community Health Assessment and has identified a list of Health Concerns for Hodgeman County. This list has been compiled from Hodgeman County Health Data, Health Resources and the Health Survey. **For details on the Hodgeman County Community Health Assessment Process please visit the Health Department website at www.hgcohealthdept.com and click on the CHAT logo.**

The Hodgeman County CHAT Team invites you to participate in finalizing this process by attending a CHAT Community Conversation. At this conversation, we will review the CHAT Team's list of Health Concerns for Hodgeman County and then work to narrow it down to the Top Health Priorities for our county.

Community Conversation Details:

Monday, September 23rd at 7 p.m.
King Center, 1312 Main, Jetmore

The CHAT Team needs the input of community members … your attendance is *very important*.
If you have questions, please call the Health Department or any CHAT Team member listed below.

Thank you in advance for your time,

Hodgeman County CHAT Team

CHAT Team Members
Emmett Aistrup, Mike Burke, Ashley Burns, Doug Chaney, Darrell Craghead, DeWayne Craghead, Mindy Cure, Terri Deuel, Marsha Ewy, Lorna Ford, Daniel Gibbons, Kenton Gleason, Alison Guthrie, Karen Haug, Sue Hergert, Jeff Hilliman, Pat Housman, Sheila McCullough-Culver, Susan McKibbin, Deb McKivergan, Cheri Ruff, Christy Salmans, Madison Salmans, Jenette Schuette, LeaAnn Seiler, Rhonda Stithem, Judy Thomas, Mark Wellbrock

What is a Community Health Assessment? A process by which community members gain an understanding of the health concerns and health care systems in our community. This is accomplished by identifying, collecting, analyzing, and disseminating information about community assets, strengths, resources, and needs.

Community Health Assessment

The community helps determine priority health issues for the county activities

Our goals:

Report CHA findings to county residents

Solicit input of county residents on health issues

Select priority health issues with input from county residents

To accomplish this:

Provide each individual with 10 green sticky dots, 5 blue sticky dots and 3 red sticky dots

This will allow us to go from 15 down to 10 to 5 and finally to 3 final health priorities.

Eight Phases of Community Health Assessment

Guides you through gathering a team of people who can represent the different viewpoints in your community

Phase 1
- Establish the CHA Team

Phase 2
- Collect Primary Data

Phase 3
- Collect Secondary Data

Phase 4
- Analyze and Interpret Primary and Secondary Data

Phase 5
- Determine Health Priorities

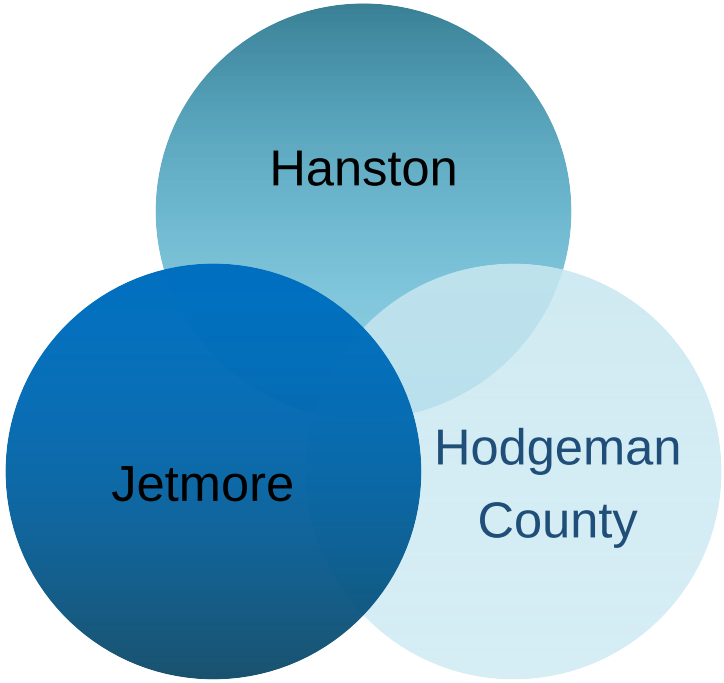
Phase 6
- Create the CHA Document

Phase 7
- Disseminate the CHA Document

Phase 8
- Develop Community Health Action Plans

Community Health Assessment

Hodgeman County: Working Together



Objective:
Create a CHA Plan

Activities:
Develop health action committees
Encourage community participation

Hodgeman County's Top Picks

Community Action Plans and Committees

1) Increased concern with lack of economic growth and opportunity
2) Limited services for shut-ins
3) Limited opportunities for teens/young adults

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- Phase 8 • Develop Community Health Action Plans

Community Health Assessment

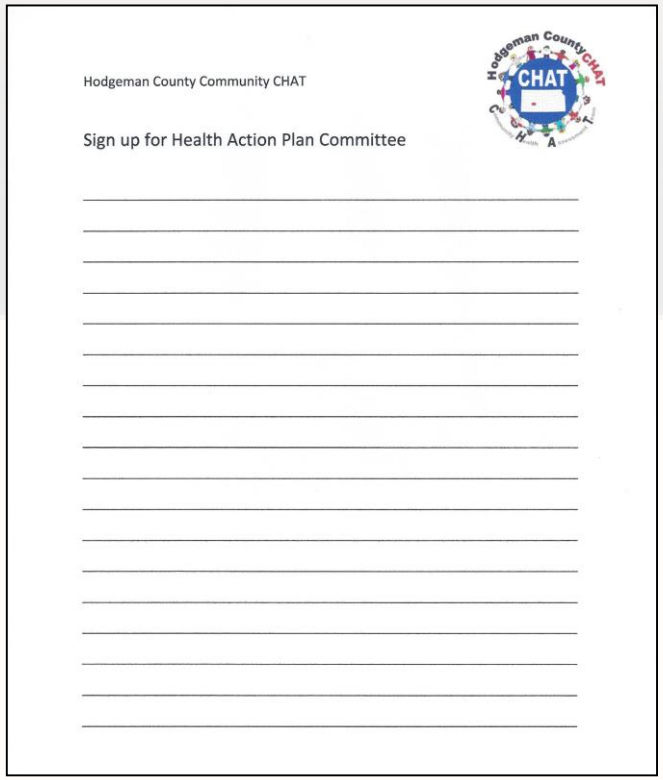
Planning for the future

Agencies do not necessarily have to use the top three selected by the community conversation,

they can select from the top 15/10/5 or the top 3

Local agencies use this information for their strategic planning

CHAT action teams developed to work on the top 3, sign up available tonight



Hodgeman County Community CHAT

Sign up for Health Action Plan Committee

Acknowledgements

Special Thanks to

- Hodgeman County Health Department

  Karen Haug, RN BSN

  Jenette Schuette, RN

  Ashley Burns, clerk

  Judy Thomas, clerk

- Hodgeman County Economic Development

  Lea Ann Seiler, CPM

- Hodgeman County Health Center

  Theresa Deuel, Administrator

  Sheila McCullough-Culver, RN BSN ,MPH candidate and CHAT Facilitator

- Hodgeman County K-State Research and Extension

  DeWayne Craghead, Extension agent

  Rhonda Stithem, clerk

Acknowledgements

Special Thanks to

My Advisor:

Dr Michael B Cates, DVM, MPH, DACVP

My Supervisory Committee:

Dr Michael B Cates, DVM, MPH, DACVPM

Dr Abbey Nutsch, Ph. D.

Dr Robert Larson, DVM, PhD, DACT, DACVPM, DACAN

References

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Questions ?

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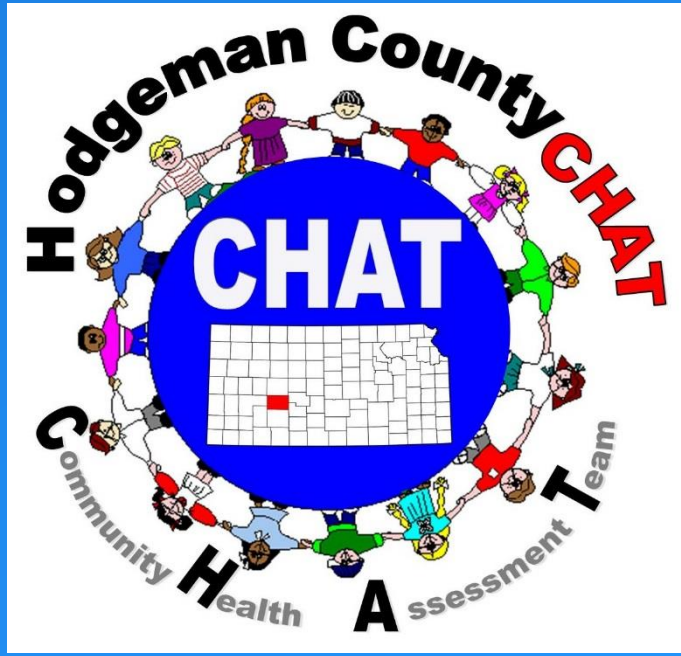
THANK YOU!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