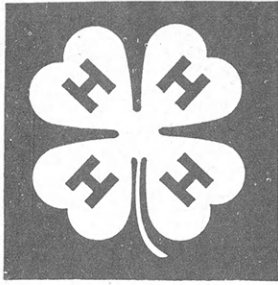


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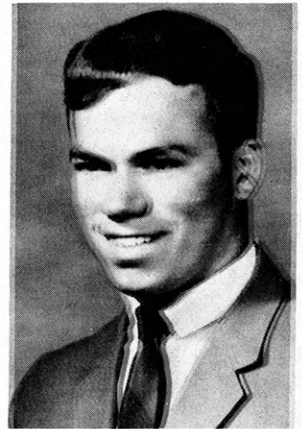
Kansas 4-H

Journal

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The 4-H Family Magazine

1969



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OUR COVER

1968 Kansas IFYE delegates and their host country were (begin at top and proceed clockwise) Barbara Richard, Australia; Walter Patton, Switzerland; Judith Lukins, Norway; Verla Mae Harms, United Kingdom; Marjorie Loyd, Israel; and Sandra Steel, Venezuela.

Kansas is a leading state in the IFYE program. Each two-way exchange of adults between the U.S. and one of 70 other countries costs approximately \$3,000—\$2,000 provided by the National 4-H Foundation, \$300 by the Kansas 4-H Foundation and \$700 by sources in the home county of the Kansas delegate.

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IFYE Alumni Association Preserves Fond Memories

by Rita Lilak

1969 Kansas IFYE Alumni President

"Where do we go from here?", is a question International Farm Youth Exchange delegates often ask themselves upon returning from country experiences abroad. It would be so easy to retire to daily routines of life—not reflecting back at all upon the aforementioned adventure.

It's not like that, however, for the thrills and warm memories of IFYE never die. The driving desire of the former IFYEs stimulated the IFYE Alumni in Kansas to form a Kansas IFYE Alumni Association which has been functioning as a body to sponsor such activities in Kansas that promote peace and understanding between people.

Each year in March, the Feast of Nations brings together IFYE sponsors, prospectives, hopefuls, host families and friends for fellowship in food and fun. The annual event is sponsored by the Alumni Association. Current returning IFYEs are usually on hand to provide entertainment after a delectable feast of foreign dishes. This event should be of special concern to clubs or individuals interested in People-to-People projects or work.

Close to 125 IFYE Alumni are scattered throughout 47 counties from Stevens County in western Kansas to Johnson County in the eastern part. The Alumni Association strives to keep enthusiasm and memories of IFYE alive in their hearts so that even as long as 20 years after their trip, they are willing to give colorful presentations to groups and clubs in local communities. Find out at your local Extension Office where the nearest alum is to you—then utilize their resources in internationally-oriented activities.

One other main goal of the IFYE Alumni Association this year is to develop a set of program materials which will be usable in the 4-H People-to-People project. Mary K. Munson, a 1965 IFYE, will head this committee. Sponsorship of certificates to People-to-People winners in each county has been an important function of the Association in the past.

An IFYE Weekend in the summer gives those interested an opportunity to meet and talk with IFYE exchangees from other countries being hosted in Kansas. This is a colorful view of understanding of as many as 10-15 different countries through direct experiences.

The IFYE Alumni reside far apart physically, but in their hearts they are joined in offering numerous opportunities as foundations for you to build programs and activities which will erect peace and understanding in our world. We urge you to lend your talents towards erecting that masterpiece.

The Perils of Prediction: IFYE Marks 20th Year

by Dr. Glenn M. Busset
State 4-H Leader

In 1948 Kansas sent a young man to Sweden in the first year of a program dedicated to international understanding. Few "hard facts" were known about the program, but there were high hopes by its originators. There were also on the sidelines an unusually vocal number of headshakers and nay sayers. "Sending a kid to do a man's job" was one of the more restrained phrases to describe the program by those who "viewed with alarm."

But the kids did the job that men had been unable to do. They brought their fresh enthusiasms into the homes where they lived in another part of the world, just as many foreign young people were being welcomed into Kansas homes. What happened quickly fired the imagination of concerned people, and the International Farm Youth Exchange became the most significant new development in the 4-H program in more than twenty years. The success of the IFYE program is so well known today that it is not even necessary to cite the impressive statistics of people, countries, and programs involved. Even the cognomen "IFFY" is recognized as shorthand for success in international understanding.

Perhaps it is a fascination for the "why" that causes us to wonder about the essential elements in this program that marked it for success almost from the beginning. Why did the IFYE program catch fire almost beyond belief, when other programs more amply financed and extensively planned had short and painful lives? Was it the proper timing, as some insist, or did our young people "sell" themselves so well in foreign homes, these people were also anxious to promote international understanding. Were there other reasons so complex as to defy evaluation?

No one can say for sure, but with others having speculated on the reasons for success, I will give an opinion. It is a very modest opinion, but it is my belief that generally people will give support to a program with which they are able to identify. The key to success was not just that our young people went to live and work in foreign homes. The real breath of personal identification was breathed into the project when you Kansans welcomed the foreign young men and women into your homes and lives. Without this added ingredient of personal participation, the IFYE idea could have become only a glorified "show and tell" for a privileged few. It is much easier to identify with live people than with a profound principle.

(Continued on page 4)

Kansas 4-H Peace Corps Volunteer Recalls Experiences in El Salvador

by Peggy Chrisman

Peace Corps Volunteer to El Salvador

Editor's note: Peggy Chrisman, daughter of Mr. and Mrs. Charles F. Chrisman, Hutchinson, served as a 4-H Peace Corps Volunteer in El Salvador.

Peggy, 26, was a member of the Prosperity 4-H Club in Reno County for 10 years and assisted with 4-H activities for 5 years. She is a 1962 graduate of Kansas State University, Manhattan, in elementary education and has taught for 3 years. Peggy was an International Farm Youth Exchange delegate to Thailand in 1963.

She writes of life in El Salvador to inform Kansans of one of their neighbors south of the border.

Peggy joined the Peace Corps in August, 1966 and served until November, 1968.

Leaves may be falling, but it has always been green and that's how I'll remember El Salvador. Two years, how fast they have flown! Soon I'll be heading back to the U.S.A.—home. As I look back on my experience, I remember things that are a part of the country and the culture. I remember the things that made my life here enjoyable.

For these two years, I have walked three miles or more to hold meetings and classes with my 4-C girls, or with women's groups. Part of the way would be down a winding, dirt road, and part along a trail through cornfields, weeds and sugarcane. During the six months of rain, it is so damp that even the fenceposts sprout and grow to form a natural barrier. In the dry season, your footsteps kick up dust, but always it is green.

I often walked alone to the cantons, but was always greeted by people I met and as I passed

homes. So the walks were never lonely, and I'll miss being greeted by name as I walk down a lane in America. Latins are most friendly.

I'll miss the children who came in my room whenever my door was open to read, study the maps on my wall, listen to my records or just plain talk. I'll even miss them watching my every move.

I'll miss the church clock ringing every hour, and the bells that announced mass, a special religious event or a funeral.

It took me awhile to get the knack of buying 10 cents worth of flour, and just about every other item. But tell me, where in America can you still buy a nickel's worth of hard candy, or a slice of sweet bread? From now on, I'll have to make my own bread, or buy it at a store by the pound. Here, I've bought it from girls who carried it down the street on their heads in a large, flat basket called a *canasta*. You could buy one roll or a slice of un-iced cake.

Bus rides have been an experience never to be forgotten, and I've taken enough of them. The buses are almost always crowded, full of fruit and chickens and people. At every stop along the way, you could buy peeled oranges, bananas, sandwiches, pupusas (tortillas filled with meat, cheese, or beans), refrescos (soft drinks) or gaseosas (soda pop).

As the buses pulled out from a station (usually just a place along the road), the drivers and cobradores (ticket men) would call out the destination and beckon people to ride in their bus. You do not buy tickets before entering these city-to-city buses.

After the bus was on its way, the cobrador would crowd his way down the already crowded aisle and collect the fare.

Weekends were often spent in the capital with fellow volunteers, and the ocean was only an hour away—so many times we headed that way! The beaches of El Salvador are rough and dangerous, but beautiful and relaxing, and I always came away red, refreshed, and happy. Other weekends, I'd stay in "my village" and visit my friends where Saturday night we'd frequently have an informal record dance in a home.

I grew weary of the six months of rain, and six months dry, but I'll always remember the two-season year, and the heat of the day to be cooled by the evening rain, or the prospect of future rain.

The weekly 4-C meetings consisted of my main work, teaching and guiding the projects and activities. The girls were handicapped with lack of equipment and supplies, and the means to acquire these items. But they were eager to learn, and they were proud of their work.

For two years, I've been "the American, the gringa in town," and thus the unusual one. Now I'll go back to being just another American walking down the road of life. For these two years, that road diverted, and I know I'm a better American for it. I'll miss much, but I'll remember my time as a Peace Corps Volunteer in El Salvador, Central America.

IFYE Marks 20th Year

(Continued from page 3)

The success of IFYE is unquestioned today. Twenty years ago the idea was scoffed as visionary, even "hare brained". It is too bad that our hindsight is equipped with 20/20 vision more often than our foresight. We are all a product of our times. The problem arises when we are unable to analyze the times and know they have changed, and what our reaction should be to the changes. This is why prediction is a perilous proposition.



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Visit with 'Real American Indian' One Desire of IFYE from India

by Mrs. James Bell
Nashville, Kansas

As an IFYE host family for Anneli Saarimala from Finland in 1963 and Raul Bratschi from Uruguay in 1965, our family has had wonderful experiences with IFYE's. This year was no exception, as Shakti Prabha from India became the third IFYE to join our family.

Shakti arrived in our home June 11 and left July 6—our wheat harvest season in south-central Kansas. She rode the combine, went in the truck with loads of wheat to the elevator and stayed up all hours of the nights during harvest.

In the mornings there were hogs to feed, a cow to milk and a lunch to prepare. Shakti thought this was great fun!

One of her ambitions was to see a "real American Indian," so we introduced Shakti to Charlie Little Coyote in Medicine Lodge and took her to Canton, Oklahoma to see other Indians.

She really knew very little about cooking, but enjoyed watching me. Since her religion was Hindu, no meat was served in her home. She had never tasted any meat, but she did eat some beef and learned to like it. She said meat was something she had to develop a taste for.

In her home wheat is cooked and served every meal, as is hot tea. She did not care for iced tea, but liked orange juice, pop, apricots, toasted cheese sandwiches and anything chocolate.

In India everything is fried in a great amount of grease, and Shakti preferred the way we prepared food. She was especially fond of cold boiled potatoes and hash browns, but did not care for green beans.

Her father was a government employe, so her family lived in a nice home. Their home was on about three acres of land and they had three servants — a cleaner, a gardener and one other.

Shakti's family had a summer

house at the foot of the Himalaya mountains. When it became hot in the summer, they would travel there to live. There her father would grow cherries, peaches, apricots and plums in an orchard.

Weddings are a big event in India, and it takes many weeks to prepare for guests and relatives. Extra cooks are hired. The ceremony itself lasts from several hours to all day.

Husbands are picked for the girls—sometimes when they are small children—and must always be of the same caste. In a few cases girls may tell their parents if they prefer one man to another. There is no dating in India.

Shakti brought 10 saris for special occasions, and wore a shirt and pajama bottoms for every-day dress. We bought her a pair of shorts and a knit top

which she liked very much. She said in India she only would be able to wear them in the house, since no one wears anything like that and girls must not allow their legs to show.

Shakti lives in the northern portion of India. She said there are 14 states, and each state speaks a different language. Nearly everyone knows a little English, and Shakti spoke nearly perfect English.

Shakti asked us many questions, mostly concerning how our state and national government operates. We would recommend than anyone who is planning to be a host parent to study up on our own country first.

Shakti called us the morning she left Washington D.C. for India, and she was so upset that she was leaving her parents in the United States and her stay was coming to an end. We would have liked to have seen her again, for we loved her dearly.

We will always cherish the memories of this happy and rewarding experience.



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People-to-People Winners Named



Carol Dietz
Barton County



Bruce Wilmeth
Elk County



Carol Ann Odgers
Haskell County



Signe Rosenblad
Reno County

The Kansas IFYE Alumni Association, sponsors of the People-to-People Project awards, have announced the 1968 winners. Individuals singled out are Carol Ann Odgers, Sublette; Signe Rosenblad, Bushton; Carol Dietz, Otis; and Bruce Wilmeth, Grenola.

The Happy Lark 4-H Club of Cheyenne County was named the top club this year.

Miss Odgers, the daughter of Mr. and Mrs. Marvin Odgers, is a Kansas State University sophomore and plans a career in home economics.

Her People-to-People activities include 56 contacts, 46 letters, 20 news stories, 16 promotional activities and 23 displays. She has given three demonstrations and 38 talks. She visited Denmark through the 4-H Teen Caravan this past summer.

A junior at Bushton High School, Miss Rosenblad is the daughter of Mr. and Mrs. Ralph Rosenblad. She has been enrolled in the People-to-People project three years, and has pen pals in many countries.

She was an interstate exchange delegate from Rice County to San Juan County, New Mexico. Other projects include knitting, dog care, foods, reading, garden, recreation and clothing.

Miss Dietz, a senior at Hosington High School, is the daughter of Mr. and Mrs. F. Carol Dietz.

Her interest in the People-to-People project began before she was a 4-H member; her family hosted several IFYEs and an A. F. S. student from Germany in the past several years.

Other projects in which she has been enrolled are poultry, safety, foods, clothing, reading, junior leadership, health and crops.

A junior at Moline High School, Wilmeth is the son of Mr. and Mrs. Ray D. Wilmeth. He has been enrolled in the People-to-People project for five years. This past year he has been county chairman of the People-to-People committee.

In the past several years his family has hosted four Kenyans, an IFYE from India and an IFYE from Jamaica. Wilmeth hopes to be an IFYE some day himself.

The Happy Lark 4-H Club has enrolled in the People-to-People project the past two years. The club became interested when an IFYE from Germany, Dieter Harter, stayed with the Clarence Busse family during 1966. Patty Busse, daughter of the host family, has been the People-to-People Club Chairman these two years.

To earn its "Top Club" award, the club sent 12 "Project Viet Kit" children's kits to Vietnam. Each kit contained a tablet, a package of colored pencils, an eraser, four pencils, a pencil sharpener, scissors and a six-inch ruler.

Money for tuition for two high school boys in Africa was sent to Rev. and Mrs. Otto Spehr, former missionaries in Liberia, Africa.

Canceled stamps were saved for Bethel Institute in West Germany.

The club donated to the National 4-H Foundation and the Kansas 4-H Foundation, who help support the IFYE program.

Films were shown about the People-to-People program and the International Peace Gardens.

Club members heard Dr. and Mrs. Arthur Hall, medical missionaries to Zuzuland, South Africa, speak and show slides.

In addition to these projects, many other donations, talks and roll calls were carried out during the year. Some of the club members have pen pals.

Climax of the year was the achievement dinner and guest day entitled International Day. The table decoration was an archway, with the words "My House Is Your House" written above an open door.

Each family of the club presented a country they had studied, and displayed items and materials they had gathered during the year. Countries represented were Germany, Africa, Mexico, Argentina, Switzerland, Japan, Columbia and Chile.

Mrs. Harvey Linin and Mrs. Clarence Busse, community lead-

(Continued on page 7)

Kansas IFYE to Britain Finds History Emphasis

by Verla Harms
IFYE to Britain

Much British life is based on history. There are many buildings, castles, cathedrals and stately homes which were built centuries ago. These buildings are constantly being renovated to preserve their history, rather than tearing them down and rebuilding new and modern buildings. It is one of the many reasons Britain attracts so many foreign visitors.

Most homes are heated with an open fireplace, usually one in every room. Meals are cooked on coal-heated cookers which usually have two hot plates on top and two ovens.

British housewives are excellent cooks. They bake delicious breads, cakes, pies and other pastries. These are usually eaten at the afternoon "tea." This is one of the four or five meals eaten during the day.

Roast beef, lamb or ham, potatoes and a vegetable make up the dinner. While the meal is being prepared, the dinner plates are placed in the oven to be warmed. In a British home, a

hot meal is never served on cold plates.

The Young Farmers Club of Great Britain was the organization with which I was an exchangee. The age of the members are 14 to 26, and the club is more of a social organization than our own 4-H. Besides the parties, dances and sports events, they have competitions, judging contests and fairs much like our own.

I stayed on almost every size of farm in Britain. Some were 30-acre dairy farms, 150-acre vegetable farms or 700-acre hill farms used for grazing sheep. About half of the farms are worked by tenant farmers.

Great Britain is not an underdeveloped country, nor is it backward. The houses are modern and the farms have modern machinery.

It took me several weeks to get used to their method of farming and housekeeping, but it is their culture and tradition, and I soon learned to love everything about the country.

People-to-People —

(Continued from page 6)

ers, feel that the project has much interest among the members, not only in world understanding but also understanding and sharing in the community and the club.

The 25 members of the club feel that the People-to-People activity has made them become aware of their responsibility in promoting world peace and understanding, in showing interest toward other countries, and in sharing what they have with those in need.

The Happy Lark 4-H Club again voted to participate in the People-to-People project this year without being aware they had been voted the top club in the state.

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Life in Kibbutz Unique to Israel

by Marjorie Loyd
IFYE to Israel

Would you like to visit a Kibbutz?

A Kibbutz (the word is Hebrew for group) is a group of people who farm together, raise their children together, buy and sell together and have few or no personal possessions.

The Kibbutz is unique to Israel. It was started 60 years ago to solve the big problems of settling the land and protecting it. It has changed in many ways, but is still "one of a kind."

There are 200 Kibbutzim in Israel, each different because the people are different. A Kibbutz may have 100 to 1,000 members, lots of land or not enough, be rich or poor, old or young.

For a visitor, a Kibbutz is very much like a 4-H camp. There is a large central dining hall, dormitory-like buildings for members and houses for children divided by age groups. There is a central laundry, a community swimming pool, an outdoor basketball - volleyball court and a club where members may read, have snacks or visit with friends.

If one looks further into the Kibbutz, one will see that it is also a small city. It has a post office, a store for miscellaneous supplies, a barber, a clinic, an implement repair shop, a mill, a cobbler, a school and often a factory.

Around these buildings, one sees the farm. Fields of grain, green fodder and cotton, vineyards of grapes, orchards of apples and pears and groves of oranges, grapefruit and lemons stretch in every direction. There are large barns for milk cows, chicken or turkey houses, large silos and haystacks. A new addition may be a greenhouse for raising roses to export to Europe in the winter.

Kibbutz members are hard-working people. Their eight-hour

work day often starts at five a.m. They work in the fields, barns, kitchen, laundry, children's houses, factory or even outside the Kibbutz for the government, such as a college professor.

At four in the afternoon, parents pick up their children at the children's houses and can play or work with them until supper at eight. Since the mother does no cooking, sewing or laundry, the family is free to spend these four hours together. This is the happiest time of the day.

The children are the most important part of the Kibbutz. Their houses are the best the Kibbutz can afford. Teachers in the school are often Kibbutz members who are sent to teacher training seminars. The Kibbutz also has a special small farm just for the children. There are goats, chickens, ducks and maybe even peacocks and monkeys, as well as fields for the children to work.

Shabbat, or Saturday, is a day of rest. Parents and children are together all day. Friday night and Saturday noon meals are the week's best. Only the necessary work is done.

The members meet Saturday night to plan future work. An elected secretary, treasurer, farm manager and committees govern the Kibbutz. The members may have to decide whether to build new houses, send someone away to school or admit new members. New members are only admitted after a year's trial. All races, creeds, colors and religions are welcome. One of my Kibbutzim had members from Germany, England, South Africa, the United States, Yemen, Japan, Morocco, Canada, Algeria and other countries.

Volunteers are also a part of Kibbutz life. These are young people from all over the world who come to donate their labor

(Continued on page 10)

Alps, Lakes, Chalets, Mountain Men, All Part of Traditional Switzerland

by Walter Patton
IFYE to Switzerland

Switzerland — the beautiful land of Alps, lakes, chalets and little mountain men with beards and pipes—has attracted many tourists to see this unique land of the Swiss.

It is only natural for calendars, tourist posters and pictures to show those things which appeal to the tourist's eye, but after living in Switzerland six months one sees many views of the Swiss.

The mountain-side farmer, as well as many flat-landers, do a lot of work by hand, but mechanization is beginning to make life easier. The young people are going to city jobs and hired men are harder to find, thus forcing many farmers into mechanization.

Since Switzerland is a tourist country and the people want to keep it that way, the Swiss do



Switzerland—where tradition decrees that new houses be constructed like the houses of old.

many things to maintain a unique atmosphere.

When new houses are built, they are constructed very much like the houses of old. One sees a big difference in houses just

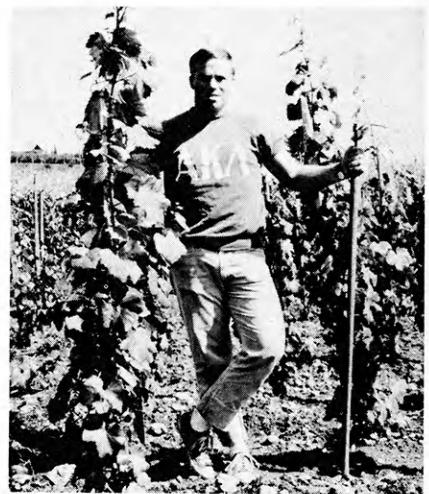
by driving across the border into a neighboring country.

The Swiss costumes, music and dances are still customary, especially among the farm people. During the summer months there are many festivals reviving the customs of old, both for the enjoyment of the Swiss and the tourists.

In many ways the Swiss people are like Americans, but Americans don't have the tradition or ancestry to live up to like the Swiss.



Three young Swiss pose for the camera to exhibit their native dress.



IFYE delegate Walter Patton pauses while hewing a vineyard of grapes.

Vietnamese IFYE Preferred Lounge to Bed

by Mrs. Raymond Johnson
Larned, Kansas

If you want a new and very worth-while experience, host an IFYE. Fourteen years ago we hosted an IFYE boy, Krishnaji Hindalgekar of India. This experience was so rewarding that early last spring we applied for another. This time we asked for a girl from anywhere but India, since we wanted to learn about another culture.

We received word that we would have Dang Thi Kim Bang of Hue, Vietnam, a Buddhist. We fixed up a large bedroom for her with a dresser, chest of drawers, a small table, lamp, night stand, a lounge and a big brightly polished brass bed.

We figured she would just have to pick her own worship center. She refused to sleep in the brass bed. Could this have been her worship center? We'll never know, but she slept only on the lounge.

Kim Bang (last names in Vietnam are given names) started her study of English one month before coming to the United States. We had quite a time understanding each other, and we used her dictionary a lot. We were her first host family.

Because of the language barrier we didn't find out about her

home until a local soldier, home from Vietnam, came to talk with her. She was delighted to find someone who understood her language.

She told him her home was in a village five miles from Hue. During the bombing last winter she and her family left their home and hid in a cave until the fighting was over. She worried about her family.

Kim Bang has two younger sisters in high school, and a brother who teaches math. She is a Home Economics Agent and works with our AID program over there.

Kim Bang was anxious to help with the house and garden work. She watched eagerly when we baked cakes or pies, and was pleased when our daughter baked bread. She wanted to learn our ways of doing things.

One day she cooked us a Vietnamese meal of rice, sweet-sour pork, a chopped lettuce salad and a beef dish made by slicing beef paper thin, marinating it in a mixture of minced onion, vinegar, sugar, salt and pepper, then dropping each slice briefly in hot fat. Very tasty!

We took Kim Bang to 4-H club meetings, project lessons, tours, a picnic, a ladies Home Economics meeting, a wedding and church.

She wore her native dress at all times—for dress up, a dress split to the waist over trousers; for every day, a shirt and slacks.

We loved Kim Bang and it was a sad parting when she had to leave. We have received several letters from her since she left. She communicates better with written English in comparison to spoken English.

We also received a letter from Kim Bang's parents in reply to a letter we wrote them just as she left. We were so pleased with the answer that we want to share it with you.

Hue, South Vietnam
July 30, 1968

Dear Mr. and Mrs. Johnson,

My husband and I are very happy to receive your letter.

Thank you very much for your hospitality to our daughter. She wrote us that she liked the States; the people so much; that everything interests her; that she learned so much there. She also wrote that she was so moved at your kindness and she enjoyed the days at your home. Therefore, we are no longer afraid for her of her first days in the States. We think that this trip is very useful to her career; her knowledge. And in the future if she can apply well in our society what she has learned in the States it is partly due to your kindness. What a good act you have done!

Once again, we thank you very much and wish you, your family—as we Vietnamese usually do to one another—happiness, wealth and long life.

Sincerely,
Hou

Our wish for all IFYEs is to know longer ahead of time where they are going so they might better prepare themselves language-wise. But in spite of her small command of English, we feel having Kim Bang with us for three weeks was very worth-while.

We will shudder every time we hear of a bomb falling on Hue and wonder if it got Kim Bang.

Life in Kibbutz —

(Continued from page 8)

to the Kibbutz for a few months. In return for their work, they receive room, board, a little spending money and a look at an unusual way of life. Some volunteers will eventually live on a Kibbutz.

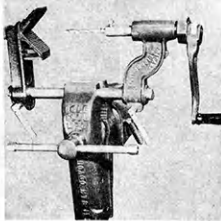
Kibbutzniks told me that to understand a Kibbutz, I should live there a year. I am sure this is true. But even a quick glimpse helped me appreciate the life on an Israeli Kibbutz.

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Finnish IFYE Rode Bicycle to School To Save Bus Money for Trip to U.S.

by Mrs. Edgar Dies
Hays, Kansas

This past summer we were the host family for Arto Annttila, IFYE from Finland. We had previously been a host family for a girl from Honduras, Gernarda Ratliff T. in 1962, and our family accepted her as a sister. We looked forward to hosting another IFYE, this time requesting a boy because our son, Barry, is the only child we have left in 4-H.

Barry agreed that he would give his room to an IFYE brother and moved his clothing and personal things into the recreation room in the basement. After a "spring house cleaning," there was relatively little left to do but await Arto's arrival.

We treated Arto as one of the family and expected him to participate in household and office chores just as other members of the family did.

While he was with us, we learned much about Finland. Finland had participated 21 years in the IFYE program; its chief goals were to understand another man's ways, accept his challenges and tell his story. Arto taught us that Finland places great value in its forests, textiles and metals as chief sources of income.

Finland has constantly been a battleground between Germany and Russia, and it has given much of its land to Russia in settlement of peace treaties.

Other interesting facts about Finland are that it has eight political parties; its religion is 96 per cent Lutheran; it uses the metric system for measure and Centigrade scale for temperature; there is a choice of school systems depending on the student's ability; there is a language barrier, and students are required to learn two languages other than Finnish and English;

each home has a sauna; there is a winter season and the mid-night sun celebration on June 21; and children learn to ski before they can walk.

Finnish farms are usually about 150 acres and have been handed down from generation to generation. Arto's farm had been in his family for about 300 years. Due to the short summer season, the wheat is not harvested until September and then dryers have to be used to dry it.

Arto's leisure interests were tapes, tape recording, playing the guitar, singing and cycling. We learned that he rode a bicycle five miles every day to school to save bus money for his trip to the United States. He also taught school while enrolled in college to make extra money.

The first night Arto was in Hays, he went for a walk and got lost. He was quite surprised that the police were suspicious of him because he was walking. He discovered our streets are not all lighted and are not completely safe at night.

He also agreed with the statement made by our IFYE daughter from Honduras — "Time in the United States is very limited and Americans are a slave to the clock."

Besides the usual routine of speeches and slides given for civic organizations and youth groups, we attended special events that Arto had not seen—the aftermath of a tornado at LaCrosse; a large cattle feed lot; an irrigation district; a rodeo; several days at the lake swimming, boating and fishing; a visit to the State Capitol Building in Topeka; and a tour of wheat experiments at the Fort Hays Experiment Station. Arto also audited a lecture on international affairs at Ft. Hays College.

For others who might be in-

terested in hosting an IFYE, plan to treat him as you would treat a member of your own family. Be yourself, and don't "put on airs" by trying to impress other persons or your IFYE son or daughter.

Don't worry about whether your home is good enough for them, kindness and understanding are the most important things. They are happy just to have an opportunity to come to the United States to accept you and what you have to offer them.

You share your home with them, but you gain more than you give because of the wonderful educational experience from learning about another country and its people.

The IFYEs benefit greatly also, and to illustrate I would like to share part of a letter written by Arto after he returned to Finland.

"We (IFYEs) really had a great time. It only was over so soon. I finally began to realize that it all was over, that I could not get a single one of those wonderful minutes back even if I had liked to. The moment of good-bye was really sad. We realized that we IFYEs were not only saying good-bye to each other, but also to everything we left behind in the U.S.A."

Apply at Extension Office To Be Host to an IFYE

Since 1949, 846 Kansas families in all 105 counties have hosted 322 exchangees from 67 countries. Keep Kansas the number one IFYE state by joining the growing number of Kansans experiencing the same satisfaction expressed by the Dies, Bell and Johnson families. Applications are available in your County Extension office now.

Kansan Learns 'New' Form of English in Australia

by Barbara Richard
IFYE to Australia

Can you understand good English? Well, I thought I could until I visited Australia.

In Australia I discovered that the terms I was accustomed to calling items just aren't familiar to many Ausies. Many Australians tend to speak rapidly and pronounce vowels similar to New Englanders; consequently, one must listen closely to follow the conversation.

Americans are often called "Yanks" in Australia. I'll never

forget the first time I met one of my host brothers. His sister introduced me by saying, "Peter, this is the Yank."

When one of the chaps asked for a torch to fix something under the hood of the car, I thought he was joking. But "fair dinkum", he meant it. In Australia a flashlight is called a torch; fair dinkum means the honest truth or a true fact. I found it is better to communicate in Ausie terms; this saves explaining what one has said.

Agricultural terms are some-

times misleading. Wheat is planted with a combine and harvested with a header. Terraces are contours and alfalfa is lucerne. If an animal needs to be conditioned, it is fattened up.

Food shopping is difficult at first. There are super markets, but in most small towns meat is still obtained from the butcher. Hamburger or ground beef is called minced beef. Vegetables and fresh fruit are purchased from a green grocer or fruit shop. Other food is found at the grocery shop. Cans of food are tins, and biscuits are cookies.

Traffic moves forward on the left-hand side of the road in Australia. A black-topped road is a bitchman road; gasoline is petrol. Even parts of the car have different names. Now when someone tells me my port is in the boot, I know my suitcase is in the trunk.

Two favorite Australian recipes:

LAMINGTONS

6 oz. (3/4 C.) butter
6 oz. sugar
2 or 3 eggs
2 1/2 C. self-rising flour
1/2 tsp. salt
3/4 C. milk
1 tsp. vanilla

Cream butter and sugar. Add eggs and mix well. Sift flour and salt, stirring alternately with milk. Pour into a lightly greased tray (approximately 11 1/2" by 8 1/2" by 1 1/2"). Bake at 350 degrees for 35 to 45 minutes. When cold, cut into squares and dip each square into warm chocolate icing, then roll in fine cocoanut. Set until firm.

CHOCOLATE ICING

Place 1/4 C. water in saucepan. Add 2 teaspoons shortening and heat until it melts (do not boil). Sift together 2 C. icing sugar and 2 teaspoons cocoa, then add to liquid and mix thoroughly. Set saucepan over hot water to keep icing soft.

International Night—A New Idea For Future Kansas 4-H Banquets

Since this issue of the **Kansas 4-H Journal** is about international 4-H programs, we would like to share a program idea to interest 4-H members in learning more about the world, as well as their counterparts in other lands.

This will illustrate the worldwide scope of the 4-H idea and inform 4-H members and adult leaders, present world issues, discuss new ideas and sample parts of unfamiliar cultures. This can involve community leaders and other friends of 4-H, as well as introduce a new project area or begin a fund-raising drive for an international exchange or service project.

A 4-H International Night needs five elements—theme, program, food, decorations and recreation. The theme can center around any country, from Latin America to India to Africa. Opening the Door to Europe, A Journey Through Scandinavia, or Our Friends to the South are just a few ideas.

Once the theme has been chosen, begin planning the program. This provides an opportunity to introduce many new ideas, but it needs a specific educational

objective. A panel of IFYE alums may be just the right way to fill the bill. Speakers with visual aids or films can be effective too.

There are many topics of international interest that are potentially good programs — foreign assistance, emerging nations, international origins of American livestock breeds and grain varieties, the Peace Corps, international exchange opportunities, or 4-H programs in other lands.

A style show or an arts and crafts presentation would have good visual appeal. A little library work by all age groups can result in an educational program explaining how art or costumes fit into the culture of a country.

One of the present world issues is the fight against world hunger. IFYE alumni have prepared a packet for a program about "World Hunger" to help people become aware of the problems of hunger, malnutrition and world health.

For a packet of materials and suggestions, write to: Sue Kleen, IFYE Alum, 7667 Maple Avenue,

(Continued on page 15)

Personal Relations and Understanding Stressed by IFYE Delegate to Norway

by Judy Lukins
IFYE to Norway

Every day 10,000 people in the world die from the effects of starvation and malnutrition. That means that in the next 15 minutes, 450 people will die just because they do not have enough food to eat.

"If we do not do something about this crisis, who will?" This is the question that International Farm Youth Exchange delegates all over the world have been asking themselves this year as they began to wage a war on world hunger with the "Who?" campaign.

Many of my IFYE brothers and sisters from the United States saw firsthand the evidences of this hunger, while some of the IFYE's from other lands actually live in the middle of it. As we all came together in Washington, D.C., at the National 4-H Center at the end of our six months visits, we all began sharing our experiences, and I began to realize how much difference there is between a developed and an underdeveloped country assignment.

When I was staying in Norway, I received newsletters from other IFYE's which were always interesting, but sometimes a little depressing. You see, they were having opportunities to actually teach better farming methods, cooking techniques, and rural youth organization, while I was going on vacations with my host families, visiting modern art museums, and working with families on farms that were already as mechanized as much as possible. I wondered if I was putting as much into or getting as much out of my exchange trip as they were.

After only a few weeks in my host country, which has one of the highest standards of living

in Europe, it was clear to me that my responsibilities as an IFYE were more concerned with personal relations and understanding than with technical ideas. The only Americans that many Norwegians have seen or spoken with are the tourists and the actors and actresses who come to see Scandinavia. You, the reader, can imagine what strange stereotypes are formed by these people concerning the American way of life.

I encountered questions such as, "Is the United States really run by gangsters?", and "Do all Americans really know how to water ski?" Then, of course, the Norwegian people were continually asking about U.S. foreign policy attitudes and how the average American explained them.

They receive all of the headline news in the newspapers and on radio and television just as promptly as we do, but from my own experience I can understand that actually having the opportunity to become friends and discuss things with a person from another country brings world news down to a personal level, which is much easier to relate to your own life.

This is exactly the purpose of the IFYE program — to learn about people in other cultures by living and participating in those cultures.

My host country had no hunger problems, unless one considers overeating a sort of malnutrition. Therefore, our primary concern was to learn to understand each other and to find ways to work together, beginning with each individual's education to the facts. We came to realize that one country alone, even if it is a rich country, cannot solve the problem.

International organizations are needed, and an exchange pro-

gram between 100 different countries for young people who call themselves brothers and sisters offers one of the brightest hopes for the belief that world peace is possible.

Recipes for two typical Norwegian dishes:

RICE PORRIDGE

3 pints milk 1 tsp. salt
1/4 lb. rice

Rinse rice several times, boil up milk, sprinkle rice into it slowly, and allow porridge to simmer for an hour. Add salt. Serve with a pat of butter in the middle, sugar, and cinnamon, and a glass of fruit juice and water. Rice porridge is a traditional Christmas Eve dish in Norway, and to this day in a great many parts of Norway the farmer's wife puts a plateful of rice porridge in the barn for the "jule-nisse", Norway's own little gnome of a Father Christmas. Serves 4.

BAKED FISH

2 lbs. halibut, skinned and boned
1/2 c. butter
2 tbsp. flour
1 1/2 c. fish stock
1/2 c. cream
1 tsp. salt
2 egg yolks
1/2 tsp. pepper
1 tbsp. fresh lemon juice
2 tbsp. sherry

Boil skin and bones to make stock. Cut fish in small pieces. Coat with flour and panfry golden brown. Arrange in baking dish, sprinkle with lemon juice, salt and pepper. Make brown gravy from butter, flour and fish stock, pour over fish. Bake in hot oven (400 F.) 25 to 30 min. Add wine. Serve in baking dish. Serves 6.

IDEAS * & News *

Rustlers 4-H Club Emphasizes Safety In Nemaha County

Ruth Dobbins
Club Reporter

Believing that showing is more effective than telling, the members of the Rustlers Club in Nemaha County have used booths, floats, window displays, table decorations and demonstrations to teach safety in their community.

The Rustlers have received the County Achievement Plaque in Safety for the past two years. Helen Levrat was Junior Leader of the club's Safety Project, and Mrs. Ray Dobbins was the adult leader. Helen was also a state Teen-age Safety Princess and gave many talks promoting traffic safety.

Other recent safety exhibits were four window displays in business places in Goff during National Safety Week in July. These included safety practices in traffic and in the use of farm machinery, medicine storage and electrical wiring.

Reduction of Stolen Cars Goal of Go-Getters Club

Since over 650,000 cars are stolen each year in the United States, the Go-Getters 4-H Club of Ellis County decided to conduct a campaign to reduce stolen cars for their community improvement project.

Most stolen cars have keys left in the ignition, so the Go-Getters surveyed Ellis County vehicles on a Thursday night and a Saturday afternoon. Of the 892 cars checked, 82 had keys in the ignition.

For observance of Fire Prevention Week in October, the regular monthly program included answering roll call with a fire prevention rule. A demonstration "Where There Is Smoke" also was given by a member of the Homemakers Home Demonstration Unit. The Homemakers have sponsored the Rustlers since they were organized in 1936.

Members visited the local fire department in Goff October 9 (one of the four rural fire districts in Nemaha County), where fire chief Eldon Mulroy (a former member of the Rustlers 4-H Club) explained the equipment and organization of the fire district. A ride on the fire truck highlighted the tour.

These cars were tagged with a note that read:

"Dear Mr. Car Owner

Over 650,000 cars were stolen in 1967. Always remove the keys from the ignition switch when you leave your car. Don't let this car become a statistic of 1968.

This reminder courtesy of Go-Getters 4-H Club."

To complete the project, a fair booth was constructed in conjunction with the community improvement idea.

The theme of the booth was "Key to Crime Prevention." A key moving in and out of the ignition switch was the idea, with a purse and trousers on either side to show where the key should be placed (see photo).

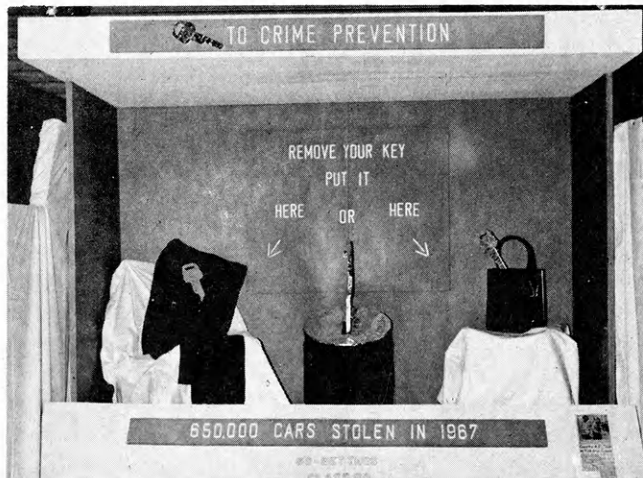
The booth received the Grand Champion ribbon at the Ellis County 4-H Fair, and was one of 32 chosen to be shown at the Kansas State Fair (where it received a blue ribbon).

The Go-Getters 4-H Club hopes to make the people of Ellis County and the State of Kansas more aware of the dangers of leaving keys in car ignitions through this community service project.

Karen Ross
Go-Getters 4-H Club



The Rustlers 4-H Club of Nemaha County earned grand champion honors at the 1968 Seneca 4-H Fair for their booth on safety.



Grand champion booth at the Ellis County 4-H Fair (and a blue ribbon winner at the State Fair) was constructed by the Go-Getters 4-H Club.

Nobody Cares for 4-H in This Club

By William Riley, Asst. Director
Kansas 4-H Foundation

Would you like to hear a story about an outstanding 4-H club? Of course, there are hundreds of outstanding 4-H clubs throughout the United States, but this club stood out because of its great desire to be average.

The goals of this club were determined by its members, better known as **Maybe Somebody, Could Be Everybody, Doubtfully Anybody** and **Usually Nobody**. In acknowledgement of their obvious leadership abilities, these four fine young people were elected club officers.

They accepted these positions with pride, and **Everybody** knew they would attend the local training session for club officers because **Anybody** could make the plans. Of course, **Somebody** would and eventually **Nobody** did.

The next move was the planning of the yearly program, and **Everybody** was really excited

about the opportunity to plan a variety of activities. **Anybody** knew that **Somebody** would help, and sure enough, **Nobody** brought **Everybody** together and many good plans were not developed.

Then **Somebody** suggested that the officers should introduce a part of this program at the first meeting. This looked easy, and **Anybody** could have volunteered to accept the responsibility; **Somebody** should have pitched in to help; but **Nobody** showed the enthusiasm to carry it out.

Now these young people knew in their own minds that they were devoted to the 4-H program. **Everybody** knew that his project records weren't quite up to date, but **Anybody** could sit down and complete records with a little extra effort. The whole club knew **Somebody** let his parents do his, and **Usually Nobody** had a completely current set of records.

As you are no doubt realizing as we describe the achievements of this club, the real hero is **Usually Nobody**. **Nobody** had his project ready for the project tour; **Nobody** was an eager member of several committees; **Nobody** was concerned with the involvements of all the club members; and **Nobody** was at all the meetings of the club.

Now **Everybody** knows that young people benefit from participating in the activities of 4-H, and **Anybody** can become involved in the individual and club projects. **Somebody** should be aware of the many opportunities available to 4-H'ers, and **Nobody** usually makes sure that he takes advantage of them.

Of course, **Anybody** can have that desire for excellence, and hopefully **Somebody** will, because if **Everybody** does not, do you know who will be the great community leaders of tomorrow?

That's right, **Nobody**.

International Night —

(Continued from page 12)

Apt. 704, Takoma Park, Maryland 20012. The American Freedom from Hunger Foundation, 1717 H Street N.W., Washington, D.C. 20260, has free leaflets, visual aids and films available.

Many local business leaders will wish to donate time or money to such a program. They can be of great help in providing a place for the event and assisting with the public relations activities. Businessmen can be invited to the event, and the program should include a few minutes recognition for their support.

Once the theme and program are chosen, the rest is easy. Simply decorate in an appropriate manner, and serve a variety of foods popular in the chosen country. For recreation, have everyone participate in native dances and games.

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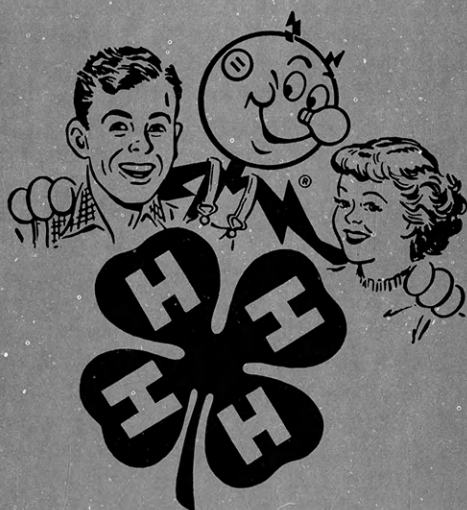
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SALUTE ELECTRIC PROJECT WINNERS

The Electric Companies of Kansas proudly salute these 1968 Electric Project winners:

State Winner: Leon Patton, Cherokee County received a trip to the National 4-H Club Congress in Chicago

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Gene DeDonder
Jim Russell
Leon DeDonder

Westinghouse Medals were awarded to these 4-H'ers for their outstanding work. See your club leader for more information about Electric Projects.

*Blue Award group. Received an educational trip to the Wichita 4-H Congress

The list of county winners will be continued next month.



* Watch This Page For Ideas On Farm And Home Electric Projects
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