OCULAR EFFECTS FOLLOWING AQUEOCENTESIS IN DOGS USING VARIABLE NEEDLE SIZES: FLUOROPHOTOMETRIC AND TONOMETRIC EVALUATION

by

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Abstract

Objective – To measure blood aqueous-barrier breakdown following aqueocentesis using various needle sizes and to monitor the intraocular pressure (IOP) response.

Animals – 24 healthy, adult dogs received treatment (24 treated eyes, 24 contralateral eyes); 3 dogs were untreated controls (6 control eyes).

Procedures – Dogs receiving treatment were divided into 3 equal groups (25-, 27-, or 30-gauge needle aqueocentesis). In each dog the treated eye was determined randomly, the contralateral eye was untreated. Dogs that did not have aqueocentesis performed in either eye were used as controls. Aqueocentesis at the lateral limbus was performed under sedation and topical anesthesia. Anterior chamber fluorophotometry was performed before and after aqueocentesis on day 1. On days 2-5 sedation and fluorophotometry were repeated. Intraocular pressure was measured with a rebound tonometer at multiple time points.

Results – Aqueocentesis resulted in blood-aqueous barrier breakdown in all treated eyes with barrier reestablishment present by day 5 detected by fluorophotometry. On day 2 the contralateral untreated eyes of all groups also showed statistically significant increased fluorescence (P < 0.05) following treatment of the opposite eye, but these values were not statistically significantly greater than untreated controls. In treated eyes there was no statistical difference in fluorescein concentration or IOP between 27- and 30-gauge needles. Use of the 25-gauge needle resulted in a statistically significant increase in anterior chamber fluorescence on days 3 and 5. It also caused a statistically significant increase in IOP 20 minutes following aqueocentesis as compared to the 27- and 30-gauge needles. Aside from this transient ocular hypertension, rapid resolution of ocular hypotony following aqueocentesis was observed in all treatment groups.

Conclusions and Clinical Relevance – Aqueocentesis using a 25-gauge needle resulted in a greater degree of blood-aqueous barrier breakdown and a brief state of intraocular hypertension following paracentesis. Use of a 27- or 30-gauge needle is recommended for aqueous paracentesis. A consensual ocular reaction appeared to occur in dogs following unilateral traumatic blood-aqueous barrier breakdown and may be of clinical significance. Statistical significance was limited in this study due to high variability and large standard deviations.

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CHAPTER 1 - Literature Review

Aqueous Humor

Aqueous Humor Dynamics

Aqueous humor is the optically clear fluid that fills the anterior and posterior chambers in the anterior portion of the eye. Normal aqueous humor is nearly acellular with very low protein concentration. Though this transparent liquid occupies spaces in the eye, it is not a static fluid body. It is actually a slowly flowing stream which provides nutrition to the intraocular structures and allows removal of metabolic waste products. Proportionately, the eye contains the largest avascular mass found in any organ in the body with blood vessels not normally present in the cornea, lens, vitreous or trabecular meshwork. Nutrition of these avascular structures is accomplished primarily by aqueous humor.

Aqueous humor is formed by the ciliary body in the posterior chamber of the eye. Ciliary processes are composed of blood vessels embedded in a loose connective tissue stroma with a double layer of epithelial cells lining the inner surface.⁴ Aqueous humor originates from the vascular sinuses within these folds and processes, fills the posterior chamber, flows through the pupil into the anterior chamber, and drains into the iridocorneal angle.⁵ The rate of aqueous humor formation varies among species and is roughly 2 μ l/min in humans⁴ compared to 4.54 μ l/min in dogs.⁶

Aqueous humor is formed by three different mechanisms: diffusion, ultrafiltration, and active secretion by the ciliary process epithelial cells. Diffusion of solutes occurs down a concentration gradient across the ciliary epithelial barrier while ultrafiltration occurs when movement of water or a compound across a cell membrane is increased by a hydrostatic force. The latter results from differences between the ciliary body capillary pressure and intraocular pressure; however, it has recently been suggested that ultrafiltration has little if any role in aqueous humor formation. Both diffusion and ultrafiltration are examples of passive processes. In contrast, active transport of certain solutes, most notably Na and Cl, by the ciliary body epithelium is the principal component of aqueous humor formation and drives fluid inflow from the ciliary body stroma to the posterior chamber. Present in the ciliary epithelium, the

membrane-bound enzyme complex sodium-potassium-ATPase actively transports sodium ions from blood to the aqueous humor. Chloride ions enter the posterior chamber through electroneutral transporters and chloride channels, and represent the principal anion secreted by the ciliary epithelium. In addition, the enzyme carbonic anhydrase catalyzes the reversible hydration of carbon dioxide by the reaction: $CO_2 + H_2O \rightarrow HCO_3^- + H^+$. Both cytosolic carbonic anhydrase isoform II and membrane-bound isoform IV have been identified in the ciliary epithelium with net transepithelial bicarbonate transport thought to result from the two isoenzymes' combined effect. Entry of sodium, chloride, and to a lesser extent, bicarbonate ions into the posterior chamber generates an osmotic gradient and results in transepithelial fluid secretion across the ciliary epithelium. Modulating ciliary epithelial enzyme function impacts aqueous humor production with carbonic anhydrase inhibitors causing up to 50-60% reduction in the formation of aqueous. $^{12-15}$

Drainage of aqueous humor from the eye is via the iridocorneal angle using the conventional route as well as the unconventional uveoscleral outflow pathway. The conventional route of drainage is via the iridocorneal angle, through the trabecular meshwork and into the angular aqueous plexus in most species or Schlemm's canal in primates. Unconventional outflow is used to varying degrees in different species with fluid leaving by diffusion through the iris, ciliary body, and vitreous. Studies in dogs using fluorescein-labeled dextran and different sized microspheres have shown that in uveoscleral outflow aqueous leaks into the interstitial spaces of the uvea to become part of the tissue fluid, with fluid then moving through the ciliary muscle into the supraciliary and suprachoroidal spaces to be absorbed by the choroidal and scleral circulation. In normal dogs, uveoscleral outflow accounts for 15% of aqueous drainage but in glaucomatous eyes uveoscleral outflow is markedly reduced.

In the continuous process of aqueous humor formation and drainage intraocular pressure (IOP) is created.⁵ The rate of aqueous humor formation from within the ciliary stromal tissue is influenced by humoral and autonomic innervation so that constant IOP is sustained.¹ A normal IOP is essential for maintaining the shape of the eye, sustaining its refractive properties, and preserving the close association between the retina and choroid.^{5,8}

Tonometry

The balance of aqueous humor formation and drainage helps to maintain a constant normal pressure in the eye. Pressure in the normal human aqueous and vitreous averages 15.5 mm Hg.³ The normal IOP of most animals is usually between 15 and 25 mm Hg due to conservation between species.¹⁹ Intraocular pressure can be measured experimentally by cannulation of the eye, but this is an invasive and complicated technique.³

Tonometry is the indirect measurement or estimation of IOP through the cornea. Historically, tonometers have been used that fall into two categories, those that indent the cornea and those that flatten, or applanate, the cornea.³ Indentation tonometers provide reasonable estimations of IOP but are not considered as accurate as applanation tonometers.¹⁹ Applanation tonometers are easier to employ and the portable, reliable TonoPen® instrument is very popular among veterinary ophthalmologists. Studies using the Tono-Pen® applanation tonometer, report the normal mean canine IOP to be 16.7 +/- 4.0 mm Hg²⁰ and 19.2 +/- 5.9 mm Hg.²¹ Disadvantages of this device are that it has difficulty measuring very low IOPs²⁰ and that it has been reported to overestimate IOP at lower pressures and underestimate IOP at higher pressures.²²

A recently developed intraocular pressure measuring device is the induction-impact, or rebound, tonometer. A rebound tonometer has a magnetized probe propelled to come into contact with and then rebound from the corneal surface, with the rebound motion characteristics detected by a sensing coil and used to calculate IOP. 23 The disposable probe has a round plastic tip 1 mm in diameter to prevent corneal damage. Due to its small size, topical corneal anesthesia is not necessary for IOP measurement as compared to indentation and applanation tonometers used in clinical settings. Results of a study by Baudouin and Gastaud documented a significant decrease in tonometrically-measured IOP following application of oxybuprocaine and betoxycaine topical anesthetics; 24 however, in another study no significant difference was present after the application of lidocaine topically. 23 The rebound tonometer is well-tolerated by dogs, provides rapid, reproducible measurements in both normal and glaucomatous animals, and can measure intraocular pressure values from 0 to 99 mm Hg. 23 In a recent study, IOPs were measured in dogs using both the Tono-Pen® applanation tonometer and the TonoVet® rebound tonometer and found to be comparable (mean IOP \pm SD: Tono-Pen® 12.9 \pm 2.7 mm Hg, TonoVet® 10.8 \pm 3.1 mm Hg). The two tonometers have also been shown to provide similar measurements following

intraocular surgery in dogs.²⁶ In 2006, Gorig et al used freshly enucleated canine eyes to compare manometric and tonometric measurements and found that the induction-impact tonometer was the most accurate, while with the Tono-Pen® and MacKay-Marg® applanation tonometers were increasingly less accurate as the IOP was elevated.²³

Tonometry is an essential diagnostic procedure used during examinations to evaluate abnormal eyes and to monitor glaucomatous eyes. With glaucoma, elevated pressure levels related to reduced aqueous outflow are present in the eye. Ocular hypertension is generally associated with the glaucoma disease complex, but can also be present immediately following intraocular surgery. Postoperative ocular hypertension is a transient increase in IOP (>25 mm Hg) that occurs within 72 hours following cataract surgery and may occur in as many as 50% of cases. Intraocular pressures remaining greater than normal for a prolonged period of time can lead to irreversible damage to the retina and optic nerve and therefore require prompt treatment. Pressures lower than the normal range, ocular hypotension, may be present in eyes with uveitis. Prolonged hypotension may result in shrinking of the globe, or phthisis bulbi. Monitoring IOP is imperative with ocular disease and it is for this reason that tonometry has become a standard measure during complete ophthalmic examinations in both humans and animals.

It has been shown that body position can alter intraocular pressure in dogs as measured by tonometry and that the sternal recumbent position may allow for the most consistent and repeatable IOP measurements in research investigations. Physiologic variables such as changes in extraocular muscle tone and eyelid contraction may also alter IOP measurements. These factors are possible mechanisms by which systemic anesthetic drugs affect IOP. In one study, dogs administered 5 mg/kg ketamine and 10 mg/kg ketamine with 0.5 mg/kg diazepam had significantly increased IOP over baseline values. An unexplained finding in this study was why dogs administered 10 mg/kg ketamine alone did not show a significant IOP change. Though both patient positioning and anesthetic drug factors are of consequence, it is important to note that in both studies IOP differences were only a few mm Hg with no values reported to be above the clinically normal canine pressure range. Page 28,29

Aqueous Humor Centesis

Anterior chamber paracentesis is used in clinical practice for diagnostic and therapeutic purposes to remove aqueous humor fluid from the eye. The procedure can be done on

cooperative, awake patients under topical anesthesia, though in some veterinary patients sedation or short-acting general anesthesia may be required. Prior to paracentesis the ocular surfaces are cleansed with dilute (5%) povidone iodine solution, rinsed with normal saline, and topical anesthetic is applied. With the eyelids held open, the bulbar conjunctiva is grasped with small forceps near the site of entry and a small needle is inserted bevel up through the perilimbal cornea or subconjunctival limbus. The needle enters the eye parallel and anterior to the iris avoiding contact with the iris, lens and corneal endothelium. The needle size reported for aqueous paracentesis use may range from 25 to 30-gauge. ^{19,30} Once the needle is in the eye, aqueous humor fluid is aspirated by a small syringe. An alternative technique is to let the hub of the needle fill with fluid without a cumbersome syringe attached, allowing greater control over the needle's position. ³⁰ An additional approach more commonly used in humans is to use a sterile surgical blade inserted through the peripheral cornea to make a self-sealing stab incision. ³¹⁻³³ The technique will vary depending on the indication for paracentesis, the species being treated, and the clinician's preference.

Aqueous paracentesis is used in clinical practice to collect samples from inside of the eyeball for cytological evaluation, culture and sensitivity, antibody determination or other diagnostic purposes. ^{2,34-43} Specific ocular diseases where it may be utilized include cases of uveitis or intraocular neoplasia. As long as patients are selected appropriately and aseptically prepared for the procedure, the technique has been found to be safe with minimal risk of complication. ^{38,44}

In addition to diagnostic paracentesis, therapeutic paracentesis is also utilized in a clinical setting. Patients with glaucoma or postoperative ocular hypertension may be treated with aqueous paracentesis as emergency therapy to rapidly reduce the IOP and prevent damage to the retina and optic nerve. ^{19,31-33,45,46} In a human study, cataract surgery patients experiencing postoperative ocular hypertension were treated with paracentesis, and though it provided immediate reduction in IOP, pressures rebounded to near initial values by one hour after treatment. ³³ Recent human glaucoma studies have combined aqueous paracentesis with medical therapy and found that paracentesis provides rapid symptomatic relief, as opposed to medial management alone, and can be considered as adjunctive therapy in the management of acute elevation of IOP. ^{31,32,45} Therapeutic paracentesis may also be utilized prior to intraocular

injection of drugs, such as tissue plasminogen activator, to prevent abnormally elevated pressure following drug injection.

For many decades aqueous paracentesis has been used as a model of intraocular inflammation because it causes breakdown of the blood-aqueous barrier with resulting signs of uveitis. 47-81 Research studies involving paracentesis have allowed detailed study of the blood-aqueous barrier, have improved our understanding of species-specific differences, and have allowed evaluation of therapies to prevent or reduce barrier compromise.

Anterior chamber centesis is also used in experimental studies to collect aqueous humor for analysis of the fluid components. Multiple investigations have measured anterior chamber drug levels of various antimicrobial agents following topical, subconjunctival, or systemic administration. Aqueous paracentesis is also used to monitor intraocular inflammation by analyzing protein, cells, and inflammatory mediators in the fluid. It has been documented that aqueous humor in healthy animal species is nearly acellular with low protein concentration and only albumin detectable on electrophoresis. Increased cellular composition, elevated protein values, and other measurable inflammatory mediators in aqueous humor have been used to quantify blood-aqueous barrier breakdown in numerous clinical cases and research studies. 49,50,52,53,57-68,70-73,75,76,78-81,89-95

Blood-Aqueous Barrier

Anatomy

The blood-ocular barriers consist of the blood-aqueous barrier and the blood-retinal barrier, functioning to keep the eye as a privileged site by regulating the contents of the ocular fluids and protecting the internal ocular tissues from variations which occur constantly in the systemic circulation. These barriers provide a suitable, highly regulated, chemical environment for the avascular, transparent tissues of the eye. It is important for optical clarity that virtually no protein or cells be present in the ocular fluids as these components would result in light scattering and impaired vision.

The blood-aqueous barrier is composed of tight junctions between the apicolateral surfaces of the nonpigmented epithelial cells of the ciliary body processes and between the endothelial cells of the iris vasculature. Following intravenous injection of horseradish peroxidase, histopathologic examination of normal rabbit eyes demonstrated marker presence in

iris vessels and ciliary stroma, but horseradish peroxidase was blocked by zonula occludens of the iris endothelial cells and those at the sides of the ciliary process nonpigmented epithelial cells. ⁹⁶ It has been shown that the intercellular tight junction proteins occludin and ZO-1 are integral components of the blood-aqueous barrier. ^{97,98}

In addition to the nonpigmented ciliary epithelium lateral tight junctions, the morphology of the normal bilayered ciliary body epithelium is a formidable barrier to blood-borne substances with numerous desmosomes and complicated interdigitations between adjoining nonpigmented and pigmented ciliary body epithelial cells.^{67,99} In the healthy eyes this intercellular pathway from the pigment epithelium to the posterior chamber is extremely narrow, long, and tortuous; however, in abnormal eyes this pathway becomes much simpler, shorter, and wider due to separation of the epithelial cells.⁹⁹

A recent review of the blood-aqueous barrier shifts the concept slightly to also include the posterior pigmented iris epithelium with tight junctions analogous to those in the nonpigmented ciliary epithelium. Many years prior, Pedersen observed blockage of horseradish peroxidase at the posterior limit of the iris and surmised the presence of zonula occludens between the posterior iris epithelium considering they are the only type of junctions effective at blocking horseradish peroxidase movement though the intercellular spaces of epithelia. This finding of similar tight junctions in the posterior iris and nonpigmented ciliary epithelium is not surprising as both epithelial tissues originate embryologically from the inner layer of the optic cup and are confluent with one another.

Given that the non-pigmented ciliary epithelium, posterior iris epithelium, and iris vessels are impermeable to albumin, 100,102 yet small amounts of protein are present in normal aqueous humor, 2,92 the source of this protein is believed to be leakage from the ciliary body stroma via the iris. 100,103 It is well known that ciliary body blood vessels are highly fenestrated and leak most of the plasma components into the stroma. 1,100,103 Though proteins are prevented from entering the posterior chamber by the tight junctions of the ciliary epithelium, proteins can diffuse forward along the continuous pathway of loose connective tissue from the ciliary body stroma to that of the iris. 100 With no epithelium present on the anterior surface of the iris, protein reaching the anterior iris surface is able to enter the anterior chamber. A kinetic model of fluorescein diffusion assessing transfer from plasma, into the iris stroma, and then into the anterior chamber closely matched actual findings in rabbit and human eyes. This finding supported the

conclusion that the principal route of normal aqueous humor plasma-derived protein entry was via the iris and not the posterior chamber. Thus in normal eyes the posterior chamber is free of protein due to the tight junctions of the nonpigmented ciliary and posterior pigmented iris epithelium along with the unidirectional flow of aqueous humor forward through the pupil. This modified barrier separates constituents of plasma from the tissues behind the iris and is extremely important as there is no functional barrier present between the aqueous humor and the vitreous humor.

Diurnal protein variations have been detected in the aqueous humor of normal human eyes. ¹⁰⁵ These variations were found to be due to changes in aqueous humor flow rate and not changes in blood-aqueous barrier protein permeability as the later was stable over a 24-hour period. ¹⁰⁵

Blood-Aqueous Barrier Breakdown

When the anterior segment of the eye becomes traumatized, irritated, or inflamed clinical changes that manifest include conjunctival hyperemia, uveal vasodilation, pupillary constriction, breakdown of the blood-aqueous barrier, and a transient rise in IOP followed by relative hypotony. Blood-aqueous barrier breakdown results in leakage of plasma proteins into the aqueous humor due to collapse of the epithelial barrier and failure of endothelial cell junctions. ⁶⁷

Disruption of the blood-aqueous barrier can occur following antidromic release of endogenous vasodilator substances and from the direct action of prostaglandins. ¹⁰³ Response to an irritative stimulus like topical nitrogen mustard depends on intact, sensory innervation and is mediated by pain fibers as opposed to prostaglandins or the adrenergic nervous system. ⁶⁶ This is supported by the fact that aspirin treatment did not inhibit aqueous humor protein rise after topical nitrogen mustard application to rabbit eyes. ⁷² In addition to nitrogen mustard-induced irritation, antidromic stimulation of the trigeminal nerve and formaldehyde-induced irritation of the eye do not cause prostaglandin release nor are the responses to these stimuli inhibited by prostaglandin synthetase inhibitors. ¹⁰⁶ The mediators of blood-aqueous barrier breakdown following trigeminal nerve stimulation are likely sensory neuropeptides like calcitonin generelated peptide and substance P. ¹⁰⁷⁻¹¹⁰ Substance P-like immunoreactivity was documented in rabbit eyes following trigeminal nerve electrical stimulation, and similar ocular signs of miosis

and blood-aqueous barrier breakdown were also observed in rabbit eyes after intracameral injection of substance P, with the nonsteroidal anti-inflammatory agent indomethacin failing to block the effects.¹⁰⁷

Aside from neurogenic stimulation, ocular irritative and inflammatory responses are most notably mediated by prostaglandins. Prostaglandins are formed in vivo from metabolism of cell membrane arachidonic acid via the cyclooxygenase pathway. PGE and PGF_{2 α} are the predominant metabolites present in ocular tissues during inflammatory events. Rabbits administered various prostanoids showed a rapid, monophasic response of blood-aqueous barrier breakdown to PGE₂ and the EP₂ selective agonist 11-deoxy PGE₁ indicating EP₂ receptor subtype mediation. Paracentesis-induced disruption of the blood-aqueous barrier is mediated largely by prostaglandins, most notably E-type, released from the anterior uveal tissues with the response minimized by prostaglandin inhibitor treatment. $^{47,49,50,55-57,65,71-73,79,113-115}$

As previously discussed, aqueous paracentesis has been used as a model of blood-aqueous barrier breakdown and has contributed significantly to description of the ocular changes. It has been documented that the main site of blood-aqueous barrier disruption is the ciliary processes. 71,99,106,116,117 Fluorescein angiography has been used to document that after paracentesis the ciliary processes are the origin of the protein and fluorescein that enter the anterior chamber via the pupil. 59 Scanning electron microscopy images of the ciliary body from monkey eyes following paracentesis have demonstrated swollen ciliary processes with plasma proteins, particularly fibrin, entering the posterior chamber. Light and electron microscopy also showed prominent structural alterations in the ciliary epithelium of the pars plicata in cynomolgus monkey eyes, but these changes were not diffuse with the anterior portion more severely affected and the posterior epithelium less disrupted. However, following prostaglandin-treatment of rabbit eyes, the tracer horseradish peroxidase was seen penetrating the anterior and posterior ciliary process nonpigmented epithelium intercellular clefts equally.

Even though the ciliary processes are known to be the main site of blood-aqueous barrier breakdown, other tissues have also been studied. Following topical application of PGE₁ or PGE₂ to rabbit eyes, iris vessels become permeable to horseradish peroxidase with notable leakage into the iris stroma. On the other hand, posterior inflammation does not appear to result from ocular irritation or trauma to the anterior segment. Aqueous paracentesis of rabbit eyes resulted in increased aqueous humor PGE₂ values; however, PGE₂ was not detected in the vitreous,

indicating that prostaglandins do not diffuse posteriorly and that they are not released locally from posterior segment tissues. 119

Early studies identified the importance of prostaglandins following paracentesis; however, given that no drug completely abolished the increase in protein after paracentesis injury, it was hypothesized that an antidromic nervous component existed or that the ciliary epithelium was mechanically damaged during paracentesis. ^{65,71} Paracentesis-induced bloodaqueous barrier breakdown has been studied specifically in dogs and results show that prostaglandins are indeed the most important mediators of the ocular irritative response, with sensory neuropeptides less important and leukotrienes playing no role. ⁴⁷ Though topical flurbiprofen significantly reduced blood-aqueous barrier breakdown as measured by anterior chamber fluorophotometry, ⁴⁷ the inability to completely abolish the response suggests that additional non-prostaglandin, non-sensorineurally-derived mediators may be involved or that the rapid reduction in IOP causes physical damage to the blood-aqueous barrier. ^{47,51,54} Similar canine studies evaluating other nonsteroidal anti-inflammatory drugs document reduced but not abolished aqueous protein increases following paracentesis, again suggesting the blood-aqueous barrier breakdown is only partially mediated by prostaglandins. ^{75,76,120}

The sequence of events after paracentesis-induced blood-aqueous barrier breakdown involves prostaglandin accumulation followed by anterior chamber protein entry. After paracentesis of rabbit eyes, aqueous humor PGE₂ and 6-keto-PGF_{1 α} values rapidly increased, followed by protein increases to maximal levels at 30 minutes.⁷⁸ The increased protein concentration in the reformed, or secondary, aqueous humor has a decreased albumin:globulin ratio and increased percent of α - and γ - globulins as opposed to the larger β -globulins.⁸⁹ An early paracentesis study showed that marked hypotony significantly affected the protein content of the reformed aqueous, but speed of aspiration and grasping of the conjunctiva with forceps had no effect on protein content.¹²¹ Neupert and Lawrence also found that final IOP (<12.5 mm Hg) after paracentesis may be more important in determining aqueous protein concentration than rate of IOP change.⁸⁹

Blood-aqueous barrier breakdown is accompanied by a rapid rise in IOP, a response also induced by prostaglandins. Various prostaglandins administered topically and systemically have been shown to cause transient IOP elevation in animals. Paracentesis-induced ocular hypertension follows blood-aqueous barrier breakdown and is variable between species. Unger et

al found rebound hypertension was maximal in treated eyes of rabbits 15-20 minutes following paracentesis with pressures 13 mm Hg greater than control values.⁷¹ A separate rabbit study documented elevated IOP within 15 minutes and lasting 2 hours after paracentesis.⁶⁷ The ocular hypertension is likely due to a sudden rise in the anterior uveal blood volume with a subsequent increase in ultrafiltration and plasma extravasion, though blepharospasm and reflex contraction of the extraocular muscles may also confound the effect.^{103,125} In addition to inflow of plasmoid aqueous, the role of pupillary block associated with severe miosis was also suggested as rabbit eyes pretreated with sector iridectomy had less profound (50% less) pressure elevation after paracentesis;⁶⁷ however, in the study by Unger et al only slight pupillary constriction was noted.⁷¹ Following paracentesis in cynomolgus monkeys IOP increased rapidly reaching its highest value (20 mm Hg) at 3 hours, then returned to normal at 6-9 hours.⁶⁹

Though prostaglandins are known to cause increased IOP, other mediators of ocular inflammation may also be involved or have similar effects, with variation noted between species. ¹²⁶ This is suggested by studies in which nonsteroidal anti-inflammatory agents were unable to block the hypertensive response following ocular irritation. ^{72,127}

After blood-aqueous barrier breakdown ocular hypertension persists until aqueous outflow increases as compensation, or congestion and edema of the ciliary processes decrease aqueous formation. Prostaglandins are believed to increase aqueous humor drainage via uveoscleral outflow, though other mediators may also be associated with the subsequent fall in IOP. Thereafter ocular hypotony ensues, with decreased IOP a common clinical finding in uveitis. 128

It is uncertain exactly how long the blood-aqueous barrier takes to recover its function after damage with variability likely dependent on type and severity of trauma as well as the species affected. After paracentesis of rabbit eyes, increased aqueous humor prostaglandin and protein levels decreased to near baseline values 48 hours after trauma indicating almost complete resolution. In a monkey study involving paracentesis and intravenous horseradish peroxidase, breakdown of the blood-aqueous barrier was not functionally repaired even seven days after the operation with marker molecules noted in the intercellular spaces beyond the nonpigmented ciliary epithelium tight junctions. A separate study using cynomolgus monkeys noted persistent morphologic differences present in the anterior portion of the pars plicata seven days following paracentesis.

In addition to the numerous studies involving paracentesis, other research models have also been used to study blood-aqueous barrier breakdown and therapeutic modalities. Investigations have utilized topical irritants, ⁴⁸ topical pilocarpine, ^{81,129-131} ocular surgery, ¹³² anterior segment ischemia, ¹³³ laser treatment of the iris ^{59,134} or lens, ^{90,91,127,135} intraocular injection of endotoxin, ^{80,93,115,136-138}, intravitreal injection of vascular endothelial growth factor, ¹³⁹ intravitreal injection of endothelin-1, ⁹⁶ intravitreal injection of adjuvant, ¹¹⁵ and a more recent ocular perfusion model that does not have to be performed on live animals. ¹⁴⁰

Blood-aqueous barrier breakdown associated with anterior uveitis results in the clinical changes previously discussed, and if severe may be accompanied by signs of ocular pain, epiphora, photophobia, corneal changes, hypopyon, hyphema, and iris changes. 141,142 Consequences of severe or prolonged blood-aqueous barrier breakdown include iris adhesions (synechiae), pre-iridofibrovascular membranes, loss of corneal transparency, cataract, lens subluxation, glaucoma, and phthisis bulbi. Treatment of ocular inflammation utilizing both corticosteroids and nonsteroidal anti-inflammatory agents to block production of prostaglandins and other metabolites of arachidonic acid is imperative so that vision-threatening sequelae of ocular inflammation can be avoided. 111,143,144

Consensual Reactions

Not only does ocular trauma affect the treated eye, but a consensual reaction has also been documented in the contralateral untreated eye of rabbits \$^{117,119,145-147}\$ and humans. \$^{148}\$ Following anterior chamber paracentesis of rabbit eyes a rapid rise in PGE2 levels was documented in treated eyes as well as contralateral untreated eyes. \$^{119}\$ Scanning electron microscopy of rabbit eyes treated with paracentesis and contralateral control eyes demonstrated changes in ciliary body processes consistent with both a direct and consensual reaction. \$^{117}\$ The researchers hypothesized the consensual response was carried from the traumatized to non-traumatized eye by a neural reflex arc but could not rule out a modulating or mediating role for prostaglandins. \$^{117}\$ Early studies involving intracameral injections of prostaglandins in rabbit eyes resulted in elevated IOP in both the treated and contralateral untreated eye. \$^{145,146}\$ The authors concluded the consensual reaction was due to a transfer of prostaglandin from the injected eye to the opposite eye via systemic blood circulation. \$^{145,146}\$ However, a later study involving rabbit paracentesis and anterior segment fluorescein angiography found that the consensual responses

were more effectively inhibited by nerve-blocking agents than prostaglandin inhibitors and therefore the interocular pathway mediating the response was probably neural. ¹⁴⁷ This is supported by the fact that prostaglandins released into the general circulation are rapidly inactivated by the liver and lungs so that only scant amounts may reach arterial circulation. ¹⁴⁷ The consensual ocular reaction is an important biological finding and is clinically noteworthy as it was documented immediately following and then up to one month following cataract surgery in humans. ¹⁴⁸ A study using paracentesis and fluorophotometry in cynomolgus monkeys did not find increased fluorescein concentration in the contralateral eye though. ⁷⁰

Species Variations

Blood-aqueous barrier breakdown has been studied extensively over the years but there is considerable species variation in the responsiveness of the eye to acute insults. ¹²⁵ This variability is important to note, especially in regard to research models and when evaluating therapeutic strategies. Rabbit eyes are much more responsive to injury than primates and the physiologic response is somewhat altered. ¹⁰³ For example, paracentesis in monkeys causes only a mild and short-lived breakdown of the blood-aqueous barrier, ⁷⁰ and protein accumulation in the anterior chamber following paracentesis in monkeys does not originate from the posterior chamber, instead entering the aqueous humor by reflux through Schlemm's canal. ^{51,69,149} This variability is not surprising as a mechanism facilitating blood-aqueous barrier breakdown is advantageous to some species but disadvantageous to others.

A paper by Bito extensively discusses evolutionary divergence in ocular defense mechanisms. ¹⁵⁰ On a physiologic basis, the most pronounced effect of acute blood-aqueous barrier breakdown is protein entry into the aqueous humor. This is a primary ocular defense mechanism necessary for the rapid delivery of clotting factors into the anterior chamber so that penetrating corneal wounds can be rapidly sealed and repaired. It has been shown that those animals with more labile blood-aqueous barriers are the most vulnerable to corneal perforation because of their morphological, behavioral, and environmental adaptations. These species, such as rabbits, rely on monitoring visual systems with laterally placed, somewhat protruding, and hence relatively unprotected globes. In contrast, primates have searching type visual systems that require visual acuity and stereopsis. These species have well-protected globes and more stable blood-aqueous barriers given the obvious disadvantage aqueous humor protein has on visual

acuity. There is a positive correlation among species between dependence on visual acuity and blood-aqueous barrier stability and a negative correlation between corneal vulnerability and blood-aqueous barrier stability.¹⁵⁰

For this reason, extrapolation from rabbits or other species commonly used in ocular research is not always appropriate. Comparative studies are valuable, but ultimately documentation of a response in species of interest is most important and necessary for evidence based medicine.

Quantification of Blood-Aqueous Barrier Breakdown

Slit-Lamp Assessment

Aqueous flare is the result of proteins leaking from systemic circulation into the relatively protein-free aqueous humor when the anterior uveal blood vessel integrity and epithelial cell junctions are compromised. Hough the normal aqueous humor is acellular, cells can also be observed in the anterior chamber during intraocular inflammation. Cells in the aqueous humor originate locally from the uveal tissues or enter the aqueous humor after passing through compromised capillary walls and epithelial barriers. ¹⁴¹

Subjective grading of changes in aqueous humor composition with blood-aqueous barrier breakdown by slit-lamp examination has been widely employed to quantify aqueous flare intensity and cell number in uveitis. ¹⁴¹ Normal aqueous humor is optically clear; however, if blood-aqueous barrier breakdown occurs protein and cells leak into the aqueous and can be visualized in a slit-lamp beam of light passing through the anterior chamber (Tyndall light phenomenon). ¹⁴¹ Evaluation is performed in a very dark room with intensity of the beam passing through the protein-rich aqueous humor subjectively quantified (Figure 1-1). ¹⁴¹ Grades for aqueous flare include 0 for complete absence, 1+ for faint flare (barely detectable), 2+ for moderate flare (iris and lens details clear), 3+ for marked flare (iris and lens details hazy), and 4+ for intense flare (fixed, coagulated aqueous humor with considerable fibrin). Aqueous humor cell levels are quantified on a similar scale based on cellular density in the beam of light (wide beam with narrow slit) with a grading of 0 for no cells, 1+ for 5-10 cells per field, 2+ for 10-20 cells per field, 3+ for 20-50 cells per field, and 4+ for 50+ cells per field. Though this method is simple, convenient, repeatable and clinically useful, it is subjective, not sensitive, and not standardized. Slit-lamp assessment is most applicable in a clinical setting. In research studies,

this type of subjective examination has low sensitivity, poor reproducibility, a lack of standardization values between different instruments, and suffers from observer bias.¹⁵¹

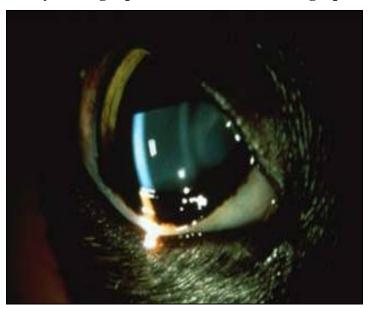


Figure 1-1 Tyndall light phenomenon demonstrating aqueous flare.

Image courtesy of Dr. Paul Miller

Fluorophotometry

Increased concentration of fluorescein in the eye following systemic administration has been shown to correlate well with increased protein concentration in the eye, suggesting protein and fluorescein pass into the aqueous at the same place (ciliary body) and from the same source (blood plasma).⁷³ This basis allows fluorophotometry to be used to quantitatively assess anterior chamber inflammation and is an objective means of assessing blood-aqueous barrier breakdown.

Fluorophotometric evaluation of the blood-aqueous barrier measures the diffusion of small fluorescein molecules (MW 376) into the anterior chamber and allows detection of even subclinical alterations. The amount of fluorescein that enters the anterior chamber following systemic administration is proportional to the degree of blood-aqueous barrier disruption, allowing anterior chamber fluorophotometry to provide a reliable and noninvasive method of evaluating the integrity of the blood-aqueous barrier. Following administration of intravenous fluorescein, a patient is placed in front of the fluorophotometer and a blue excitation beam scans the eye along the optical axis (Figure 1-2). The machine's optic head receives green fluorescence

readings, which are processed by the photodetector and associated computer. Results are reported in fluorescein ng/ml and displayed graphically (Figure 1-3). Each scan takes only a few seconds, but some animal patients may need sedation or anesthesia to allow proper positioning. The cited disadvantages of fluorophotometry are that it requires administration of systemic fluorescein with potential adverse reactions^{153,154} and a short time delay (30-90 minutes) necessary before readings can be performed.

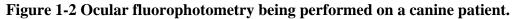
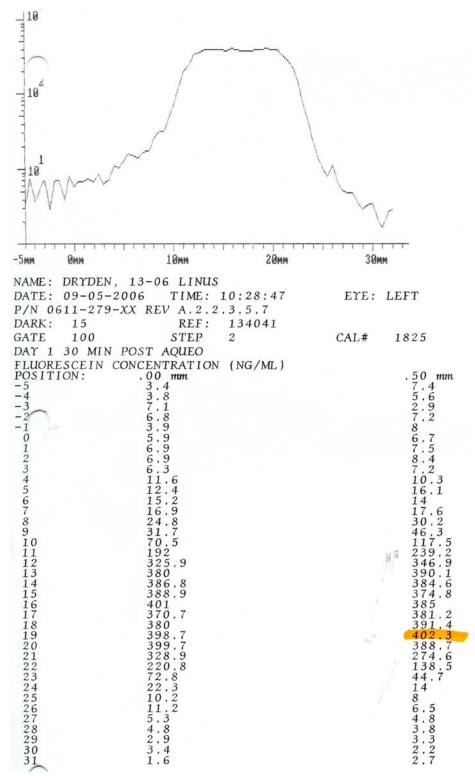




Figure 1-3 Data generated by the fluorophotometer showing a graphical display of ocular fluorescence and equivalent fluorescein concentrations (ng/ml) with peak plateau levels present in the anterior chamber.



Data reporting and analysis of fluorophotometry results has been performed in a variety of ways over the years with methods that include actual fluorescein concentrations, percent increase in the treated versus the contralateral eye, percent increase as compared to baseline, and calculation of a diffusion coefficient. No one method has shown to be superior. Studies that utilize mean anterior chamber fluorescence report results in ng/ml. 70,90,135,136,155-159 Investigations that report results in percent increase in the treated versus the contralateral eye use the formula: %INC FL = $\{(FL_{tx} - FL_{untx})/(FL_{untx})\}\ x\ 100.^{47,54-56,132,160,161}$ This method has been used for calculation because both eyes equilibrate against the same serum concentration; however, it has been stated that this ratio may be deceptive due to a consensual reaction in the contralateral unoperated eye. 148,152,157 A 2008 study reported results as a percentage increase in the posttreatment fluorescein concentration over the baseline concentration using the following formula: %INC FL = $\{(FL_{post} - FL_{baseline})/(FL_{baseline})\}$ x 100. ¹⁶² A diffusion coefficient for fluorescein can also be calculated by fluorophotometry, providing a physical value for the leakage of fluorescein molecules through the blood-aqueous barrier. This method is reliable and reproducible as long as a strict protocol is followed, which involves multiple blood samples and numerous fluorophotometric measurements per eye. 163 This method is less commonly used for investigations due to the conclusion that measurement of plasma fluorescence and calculation of a diffusion coefficient does not improve the clinical accuracy of anterior chamber fluorophotometry. ¹⁵⁶ Shah et al suggest that the concentration of anterior chamber fluorescence (ng/ml) is appropriate for quantification provided that patients are systemically well and are given the same dose of fluorescein by the same route. 156 Further studies are warranted to determine which method of analysis is most appropriate in dogs.

Anterior chamber fluorophotometry can be used to assess the integrity of the blood-aqueous barrier in research studies, after intraocular surgery, and during clinical disease (uveitis). 47,54-56,70,90,93,132,135,139,152,155,157,159-162,164 This method of assessing the functional status of the blood-aqueous barrier is simple, sensitive, objective, reproducible, and provides observer-independent results. 155,157,164 Fluorophotometry is able to detect differences that cannot be clinically assessed 155,160 and provides a longer-lasting indicator of permeability barrier disruption than macromolecule leakage. 132

Laser Flaremetry

Aqueous humor protein and cells can be noninvasively and objectively quantified by a laser flare cell meter. 165 The system consists of a helium-neon laser slit lamp, a binocular microscope fitted with a photomultiplier, and a personal computer that controls the system and analyzes the data (Figures 1-4 and 1-5). The 25 μ W helium-neon laser beam has a focused diameter of 20 μ m and is projected into the anterior chamber with beam scattering detected in a sampling window (0.3 x 0.5 mm) by the photomultiplier. Scans lasting only 0.5 seconds are performed sequentially for protein concentration and cell count with the total scan time taking one second. The laser beam light scattering intensity in the anterior chamber is analyzed and results are reported as photon counts of scattered light per millisecond (pc/ms). The test is rapidly repeatable and therefore allows demonstration of dynamic changes.

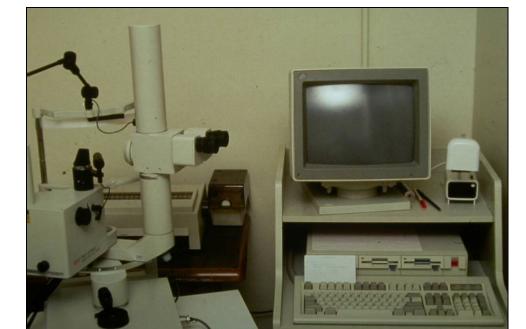


Figure 1-4 Laser flare cell meter.

Image courtesy of Dr. Amy Rankin

Figure 1-5 Feline patient positioned in front of the laser flare cell meter.



Image courtesy of Dr. Amy Rankin

Albumin is the major protein constituent of normal aqueous humor and laser flaremetry has been shown to reliably predict albumin protein concentration in noninflamed eyes. ¹⁶⁶
However, as eyes become progressively more inflamed there is an increase in both the concentration and proportion of higher molecular weight molecules, both of which increase light scattering and preclude use of a calibration curve based on albumin alone. ¹⁶⁷ To avoid protein overestimation, it is recommended that laser flare results be expressed in either pc/ms or converted into an equivalent protein concentration using a calibration curve based on actual anterior chamber protein measurements. ^{166,167} Investigation of canine patients confirms that laser flaremetry results should be expressed as pc/ms or converted to protein concentration by using the dog *in vivo* calibration curve for comparisons with data of other studies to avoid overestimation from use of the albumin curve. ⁹² Others recognize that macromolecules, like globulin and lipids, generate stronger scattering effects than albumin, but feel that except in cases of very strong inflammation the intensity measured with the laser flare cell meter parallels the actual aqueous protein concentration. ¹⁵¹

Aqueous humor cell count can also be quantified with the laser flare cell meter. A study by Krohne et al determined that the cell measuring function was accurate and useful, but did cite certain limitations. The authors identified a difference between cell sizes and counting accuracy and also noted that the instrument counted flare if beads or cells were present, even when protein was not present. The artifactual flare was attributed to scatter from the cells or beads studied, and would not likely cause a problem in clinical or research cases with uveitis due to higher expected protein concentrations in diseased eyes. One study in humans also recognized a limitation in cell counting with the laser flare cell meter as 16.8% of clinical uveitis cases graded to have 1+ cells by slit-lamp examination were not detected by the laser flare cell meter. This was attributed to the limited sampling window and short sampling time of the laser flare cell meter as compared to the larger observation volume and arbitrary time of slit-lamp examination.

Aside from these minor limitations, the laser flare cell meter has been deemed a useful clinical and investigative tool for noninvasive, repeatable, quantitative assessment of the blood-aqueous barrier and has been used in numerous studies. 81,92,96,129-131,133,151,152,164,168-170 Laser flare and cell measurement is relatively easy to perform and reproducibility is within a reliable range for biological systems. 164

Aqueous Humor Microprotein Assays

Given that aqueous humor protein concentration increases are directly proportional to the severity of blood-aqueous barrier breakdown actual protein values can be evaluated. ¹⁷¹ In order to determine aqueous humor protein a sample of aqueous fluid is collected by paracentesis and protein concentration is quantified in mg/dl typically using the Coomassie blue technique for microprotein analysis. ¹⁷² In one study healthy dogs averaged 15.1 mg/dl aqueous protein with a range of 5-28 mg/dl, ⁹² while another canine study reported slightly higher normal values averaging 36.4 mg/dl and ranging from 21 to 65 mg/dl. ² Though calculation of aqueous humor protein has been utilized in numerous studies as an objective measure of blood-aqueous barrier breakdown, ^{49,50,57-59,66,68,72,73,75,76,79,81,92,95,138} collection of the sample is invasive and further blood-aqueous barrier breakdown complicates sequential measurements.

Comparison of Techniques

In a clinical setting, slit-lamp assessment is the most practical method for evaluating blood-aqueous barrier breakdown. The semi-quantitative method of grading aqueous humor flare and cells can be performed repeatedly and by different observers, but is therefore subjective and insensitive. On the other end of the spectrum, microprotein assays are very sensitive and specific, but due to the nature of aqueous collection are invasive and preclude repeated monitoring over short periods of time. For these reasons, the fluorophotometer and laser flare cell meter have become the primary means of assessing blood-aqueous barrier breakdown in research studies. There is widespread debate as to which method is superior, and it has been stated that the two techniques may measure different and not identical parameters of blood-aqueous barrier function. ¹⁵⁶

It is known that the laser flare cell meter measures the barrier function to protein and cells, while the fluorophotometer measures the influx of small fluorescein molecules. A 1983 study in rabbits documented selective barrier reestablishment for different-sized molecules and found fluorescein leakage to be a more sensitive and longer-lasting indicator of loss of integrity of permeability barriers between the blood and aqueous than macromolecule leakage. ¹³² In a 1992 human study, fluorophotometry was found to be more sensitive for early blood-aqueous barrier changes as compared to laser flaremetry. 164 It was stated that in cases of moderate bloodaqueous barrier dysfunction increased permeation of fluorescein possibly precedes that of bigger molecules, whereas albumin passes into the eye in higher quantities with more distinct failure of the blood-aqueous barrier. 164 Another human study measuring blood-aqueous barrier function following cataract surgery found fluorophotometry to be more sensitive than flaremetry in detecting small alterations in barrier permeability. 152 The need to administer systemic fluorescein, wait for steady-state aqueous humor levels, and allow adequate wash-out of fluorescein between repeated fluorophotometry measurements has been cited as the main benefit to using laser flaremetry. 92 Despite these minor differences, both fluorophotometry and laser flaremetry are able to provide sensitive, reliable measures of ocular inflammation and both are of use in the quantitative assessment of damage to the blood-aqueous barrier. 152,156

CHAPTER 2 - Ocular Effects Following Aqueocentesis in Dogs Using Variable Needle Sizes: Fluorophotometric and Tonometric Evaluation

Introduction

Ocular anterior chamber paracentesis, or aqueocentesis, is a commonly performed procedure for both diagnostic and therapeutic purposes in veterinary medicine. In a clinical setting it may be performed in the face of anterior chamber disease to collect a sample of material for diagnostic purposes. It is also employed as therapy in emergency management of glaucoma to protect the retina from the deleterious effects of elevated intraocular pressure (IOP) when refractive to medical means of pressure control. Aqueocentesis is accomplished by inserting a 25- to 30-gauge hypodermic needle through the limbal cornea into the anterior chamber, with the needle passing parallel to the iris. ¹⁹ This is commonly performed in a clinical setting on awake patients under topical anesthesia alone, though general anesthesia may be employed in select cases. It is important to note that aqueocentesis has been shown to cause intraocular inflammation by inducing breakdown of the blood-aqueous barrier. For this reason anterior chamber paracentesis has been used as a model of intraocular inflammation for research investigations in a variety of species. ^{47-76,81}

The ocular blood-aqueous barrier is formed by the endothelium of the iris blood vessels, the non-pigmented layer of the ciliary epithelium, and the posterior pigmented epithelium of the iris. ¹⁰⁰ These structures normally prevent substances present in the blood from entering the eye. When the barrier is disrupted the blood vessels dilate and plasma proteins leak into the aqueous humor. ¹⁰³ Common causes of blood-aqueous barrier breakdown are anterior uveitis, ocular surgery, trauma, aqueous paracentesis and ocular irritants. Blood-aqueous barrier breakdown can be assessed by subjective ophthalmic examination using a time-honored semiquantitative grading scheme, with aqueous flare indicating protein-rich aqueous humor. ¹⁴¹ Objective techniques that allow for more accurate comparison of blood-aqueous barrier compromise include fluorophotometry, laser flaremetry, and aqueous humor protein assays. Anterior chamber fluorophotometry noninvasively measures the fluorescein concentration in the anterior chamber

following systemic administration of fluorescein. Greater levels of fluorescein entering the anterior chamber indicate greater permeability of the blood-aqueous barrier; therefore fluorophotometry can be used to quantify the degree of blood-aqueous barrier disruption.

Considering aqueocentesis is a common diagnostic and therapeutic practice with known adverse effects, the question remains whether those adverse effects can be minimized with use of a smaller gauge needle. This variable has not been previously studied so no scientifically-based recommendations for aqueocentesis needle size are currently reported in the literature. The purposes of this study were to use anterior chamber fluorophotometry to evaluate the degree of blood-aqueous barrier breakdown following aqueocentesis using variable needle sizes and tonometry to track the IOP response.

Materials and Methods

Animals

The use of dogs and all procedures in this study were approved by the Institutional Animal Care and Use Committee at Kansas State University. Beagle dogs were obtained following use in prior studies unrelated to ophthalmic research, and after completion of our study were returned for eventual adoption. Dogs were housed individually in a temperature-controlled environment illuminated by fluorescent lights that were automatically turned on (from 8 a.m. to 8 p.m.) and off. Prior to their inclusion in the study, individual physical and ophthalmologic examinations were performed and all dogs were deemed healthy with no confounding conditions. Ocular examination included rebound tonometry, a slit-lamp biomicroscopy, and indirect ophthalmoscopy. Animals were adapted to human contact for a minimum of 3-6 weeks during their previous research investigations. Three dogs (two intact males and one intact female) were used for preliminary work to determine ideal time points for study design. Twenty-eight dogs (13 intact male dogs, two neutered male dogs, and 13 intact female dogs) were used for the research study with 24 dogs in the treatment groups and 4 dogs in the control group; however, one control dog developed a corneal ulcer in one eye and was removed from the study.

Aqueocentesis

Twenty-four healthy, adult beagles were divided into 3 equal treatment groups (25-, 27-, or 30-gauge needle) by permuted block randomization. In each dog the treated eye was

determined randomly by the flip of a coin and the contralateral eye remained untreated. Three healthy, adult beagles did not receive treatment in either eye but participated in all other aspects of the study and were used as controls with each eye treated as an independent variable.

Aqueous paracentesis, anterior chamber fluorophotometry, and tonometric measurements were all performed by a single investigator (RAA). Animals were sedated with ketamine^d (8.8 mg/kg of body weight, IM) and xylazine^e (0.88 mg/kg of body weight, IM) prior to aqueocentesis and fluorophotometer scans for optimal patient positioning and accurate measurements. Topical anesthetic^f (0.5% proparacaine) and 5% povidone iodine were applied to the eye prior to aqueocentesis. Bishop-Harmon forceps grasped the bulbar conjunctiva to stabilize the eye and a needle was inserted through the lateral perilimbal cornea parallel to the iris (Figure 2-1). Care was taken to avoid the iris, lens, and corneal endothelium. The needle hub was allowed to fill half-way and then was rapidly removed from the eye. No effort was made to prevent regurgitation of aqueous humor through the corneal puncture site. The aim of our study was to evaluate the clinical practice of therapeutic aqueocentesis, therefore uncontrolled paracentesis was performed.



Figure 2-1 Globe stabilization and needle positioning for performing aqueocentesis.

Fluorophotometry

A computerized scanning ocular fluorophotometer^g with an anterior chamber adapter was used to measure fluorescein concentrations in the central anterior chamber of each eye following administration of 10% fluorescein^h (20 mg/kg of body weight, IV). Each dog was placed in sternal recumbency, the head was stabilized, the eyelids were held open, and the eye was positioned in front of the scanner (Figure 2-2). For consistency the left eye was always scanned first, followed immediately by the right eye with no more than 2 minutes elapsing between measurements at each time point. Aqueous humor fluorescein values are reportedly maximal and stable in dogs between approximately 30 and 90 minutes after intravenous injection of fluorescein.⁵⁴ Results from our preliminary work with three dogs confirmed this finding and for the research study all fluorophotometry readings were scheduled during this appropriate post-injection period. Fluorophotometry was performed on sedated dogs prior to and following aqueocentesis on day 1, then daily through day 5 (and at equal time points in control dogs). To minimize motion during fluorophotometric readings chemical restraint is commonly needed in dogs. It has been previously shown that the administration of ketamine and xylazine does not alter blood-aqueous barrier permeability.⁵⁴

Figure 2-2 Patient positioning for ocular fluorophotometry with use of the anterior chamber adapter.



Tonometry

All IOP measurements were performed using a rebound tonometer as previously described. ^{23,25,173} The measurements were taken with each dog manually restrained sternally, the head maintained in an upright position and the eyelids gently held open while avoiding pressure on the globe (Figure 2-3). Three consecutive IOP readings were obtained on each eye according to manufacturer specifications and IOP was determined as the mean of these readings. Given that the cornea would be anesthetized for IOP readings immediately following aqueocentesis, initial tonometric readings were taken both prior to and after application of topical anesthetic to evaluate for significant variation. One drop of topical anesthetic (0.5% proparacaine) was applied to the cornea and tonometry was repeated in the same manner described above. In order to maintain consistent and comparable IOP values throughout the study topical anesthesia was utilized for every tonometric measurement.

Figure 2-3 Use of the Tono-Vet® rebound tonometer for intraocular pressure measurement.



Study Time Points

The experimental schedule was based on reports from previous studies ⁵⁴ and results of preliminary testing on three dogs. Time points for the 24 treated dogs were as follows

(hours:minutes): Day 1 – initial examination and IOP; time 0 IV fluorescein; 0:25 IM sedation; 0:30 pre-aqueocentesis fluorophotometer scan (baseline); 0:33 pre-aqueocentesis IOP; 0:35 aqueocentesis; 0:36 1 minute post-aqueocentesis IOP; 0:55 20 minutes post-aqueocentesis IOP; 1:05 post-aqueocentesis fluorophotometer scan; 1:15 40 minutes post-aqueocentesis IOP; 1:35 60 minutes post-aqueocentesis IOP; IOP measurements continued every 60 minutes until 8 hours following aqueocentesis (Table 2-1). Follow-up ocular examinations were performed 6 hours after aqueocentesis. Days 2-5 – examination and IOP; IV fluorescein 1 hour prior to fluorophotometry; IM sedation 10 minutes prior to fluorophotometry; fluorophotometer scans every 24 hours post aqueocentesis (Table 2-2). Control dogs were studied similarly; however, aqueocentesis was not performed and only topical betadine and ophthalmic anesthetic were applied to the eyes at 0:35 on Day 1.

Table 2-1 Experimental schedule time points on Day 1 of the study (hours:minutes)

Time Point	Measurement
Baseline data	Initial exam and IOP
0:00	Intravenous fluorescein
0:25	Intramuscular sedation
0:30	Pre-aqueocentesis fluorophotometer scan
0:33	Pre-aqueocentesis IOP
0:35	Aqueocentesis
0:36	1 minute post-aqueocentesis IOP
0:55	20 minutes post-aqueocentesis IOP
1:05	Post-aqueocentesis fluorophotometer scan
1:15	40 minutes post-aqueocentesis IOP
1:35	60 minutes post-aqueocentesis IOP
+1:00	Hourly post-aqueocentesis IOPs
6:35	6 hours post-aqueocentesis ocular examination

Table 2-2 Experimental schedule time points on Day 2 of the study (hours:minutes) with subsequent daily evaluations every 24 hours through Day 5.

Time Point	Measurement
23:00	Ocular exam and IOP
23:35	Intravenous fluorescein
24:25	Intramuscular sedation
24:35	Fluorophotometer scan
End of day	Ocular examination

Data Analysis

Results from this study are reported as mean anterior chamber fluorescence in ng/ml as has been used in previous investigations. Additional methods of analyzing fluorophotometer results include percent increase in the treated versus the contralateral eye using the formula: $IRC FL = \{(FL_{tx} - FL_{untx})/(FL_{untx})\} \times 100^{47,54-56,132,160,161}$ and percentage increase in the post-treatment fluorescein concentration over the baseline concentration using the formula: $IRC FL = \{(FL_{post} - FL_{baseline})/(FL_{baseline})\} \times 100^{162}$ Though mean fluorescence in ng/ml was used as the primary method of analysis in our study, the additional percentage increase methods were also employed when comparing between treatment groups.

A commercial software programⁱ was used for all statistical analyses. Values of P < 0.05 were considered significant. Intraocular pressure values obtained prior to or following application of topical anesthetic were compared using a paired T-test. Anterior chamber fluorescein values in the treated versus the contralateral untreated eyes were compared within each treatment group using a paired T-test. Treatment groups were compared by repeated measures analysis of variance followed by a Newman-Keuls posthoc multiple comparisons test to discern individual differences. This method was utilized for both gross anterior chamber fluorescein values and percent increase in fluorescence evaluation. Anterior chamber fluorescein values in treated or contralateral untreated eyes were compared over time by repeated measures analysis of variance followed by a Newman-Keuls posthoc multiple comparisons test to discern individual differences. Multiple linear regression was used to evaluate the effect of treatment

group on IOP over time and analysis of variance was performed to determine whether there were significant differences in IOP measurements at specific time points between treatment groups.

Results

Fluorophotometry

Aqueocentesis caused blood-aqueous barrier disruption using all needle sizes. Evaluating all treated eyes as a group, significant increased anterior chamber fluorescence was present at the post-aqueocentesis (P < 0.001), day 2 (P < 0.001), day 3 (P = 0.0014) and day 4 (P = 0.0011) time points as compared to contralateral untreated eyes (Table 2-3). In the 25-gauge needle group a significant difference was present between the treated and contralateral untreated eyes at the post-aqueocentesis (P = 0.0163), day 2 (P = 0.0387), and day 3 (P = 0.0428) time points with significantly greater anterior chamber fluorescence in the treated eyes (Figure 2-4). In the 27-gauge needle group a significant difference was present between the treated and contralateral untreated eyes at the post-aqueocentesis (P = 0.0017), day 2 (P = 0.001), day 3 (P = 0.001) and day 4 (P = 0.002) time points with significantly greater anterior chamber fluorescence in the treated eyes (Figure 2-5). In the 30-gauge needle group a significant difference was present between the treated and contralateral untreated eyes at the post-aqueocentesis (P = 0.0333), day 2 (P = 0.0173), and day 3 (P = 0.0078) time points with significantly greater anterior chamber fluorescence in the treated eyes (Figure 2-6).

Fluorophotometry values for treated eyes showed statistically significant mean increased fluorescence in the 25-gauge treatment group as compared to the 27- and 30-gauge treatment groups on day 3 (P = 0.0166) and as compared to the 30-gauge treatment group on day 5 (P = 0.0478) (Figure 2-7). When percentage increase in fluorescein concentration in the treated versus untreated eye is calculated no significant difference is noted between treatment groups at any time point (day 3 P = 0.0633 and day 5 P = 0.1919); however, when analyzed based on the percentage increase in the post-treatment fluorescein concentration over the baseline concentration a statistically significant difference remains on day 3 (P = 0.0383) with 25-gauge needle treated eyes having increased fluorescence as compared to 27- and 30-gauge needle treated eyes, but there is no significant difference on day 5 (P = 0.0978).

There were significant differences present over time within all treatment and contralateral untreated eye groups (P < 0.001 by repeated measures ANOVA and Newman-Keuls posthoc;

Table 2-3). In the 25-gauge needle treated eyes the fluorescein concentration on day 2 was significantly greater than prior to aqueocentesis, day 4 and day 5. In addition, the post-aqueocentesis and day 3 fluorescein values were greater than prior to aqueocentesis. In the 25-gauge needle contralateral untreated eyes significantly greater fluorescence was present on days 2 and 3 as compared to prior to and post-aqueocentesis. In the 27-gauge needle treated eyes the post-aqueocentesis and day 2 fluorescein values were greater than prior to aqueocentesis, day 3, day 4, and day 5. In addition, days 3 and 4 fluorescence was also greater than prior to aqueocentesis and on day 5. In the 27-gauge needle contralateral untreated eyes the fluorescein value on day 2 was greater than at all other time points. The day 4 fluorescein value was also greater than prior to aqueocentesis. In the 30-gauge needle treated eyes day 2 fluorescence was greater than all other time points. In the 30-gauge needle contralateral untreated eyes the fluorescein value on day 2 was greater than prior to aqueocentesis, post-aqueocentesis, and on day 5. Days 3 and 4 fluorescence were greater than prior to and post-aqueocentesis. The day 5 fluorescein value was greater than prior to aqueocentesis.

Though fluorescein changes were noted over time in the contralateral untreated eyes of all groups, no significant difference in anterior chamber fluorescence was found at any time point when compared to the control group (Figure 2-8). An unexpected finding was noted in the one control dog pulled from the study due to development of a corneal ulcer. In this dog data values were still collected over the 5 days and a notable rise in anterior chamber fluorescein was present on day 2 in the ulcerated eye, with a mild increase in fluorescence also present in the contralateral healthy eye (Figure 2-9).

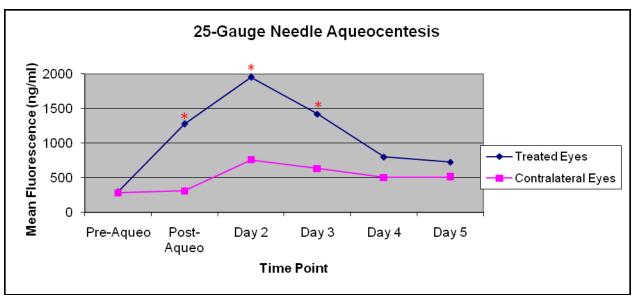
Table 2-3 Anterior chamber fluorescein concentrations (mean \pm standard deviation in ng/ml) for treated, contralateral untreated, and control eyes at each study time point.

	Pre-aqueo	Post-aqueo	Day 2	Day 3	Day 4	Day 5
25-gauge treated	$298.31 \pm 140.94^{\text{ bd}}$	1274.96 ± 942.66 *°	$1953.65 \pm 1360.54^{*a}$	$1419.71 \pm 778.85^{*c}$	800.50 ± 309.61 b	$723.71 \pm 278.82^{\text{ b}}$
25-gauge contralateral	$282.64 \pm 116.72^{\text{ b}}$	310.53 ± 128.66^{b}	760.01 ± 518.49^{a}	631.79 ± 313.80 ^a	504.16 ± 250.46	509.15 ± 221.69
27-gauge treated	$355.11 \pm 113.24^{\text{bd}}$	$1087.4 \pm 421.49^{*a}$	$1319.06 \pm 348.89^{*a}$	$758.02 \pm 190.34^{*bc}$	$662.31 \pm 192.47^{*bc}$	$545.18 \pm 120.72^{\text{ bd}}$
27-gauge contralateral	338.15 ± 127.35 bd	358.34 ± 111.69 b	567.73 ± 190.72^{a}	433.90 ± 101.22 b	$459.29 \pm 137.72^{\text{ bc}}$	446.44 ± 110.06^{b}
30-gauge treated	290.29 ± 95.18^{b}	$761.20 \pm 418.01*^{b}$	$1395.36 \pm 1064.39^{*a}$	$706.45 \pm 338.09*^{b}$	594.96 ± 238.46 b	483.13 ± 117.62^{b}
30-gauge contralateral	$265.44 \pm 90.74^{\text{ bdf}}$	$313.71 \pm 96.10^{\text{ bd}}$	651.28 ± 414.23 ^a	$540.34 \pm 243.32^{\circ}$	521.43 ± 252.23 °	$442.15 \pm 157.54^{\text{be}}$
All treated eyes	314.57 ± 116.51	$1041.19 \pm 651.70*$	$1556.03 \pm 1014.26*$	964.40 ± 583.51*	685.93 ± 255.72*	584.00 ± 207.75
All contralateral eyes	295.41 ± 112.22	327.53 ± 110.20	659.67 ± 389.33	535.34 ± 240.68	494.96 ± 212.00	465.91 ± 164.85
Control eyes	286.57 ± 122.74	323.72 ± 119.42	372.83 ± 113.06	400.77 ± 125.82	349.65 ± 135.59	442.90 ± 129.31

^{*} Indicates statistically significant difference at each time point between treated and contralateral untreated eyes

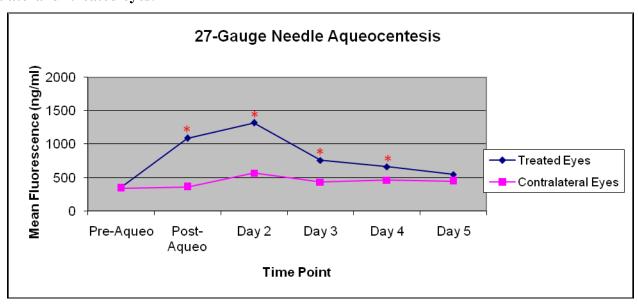
Statistically significant differences over time within each treated or contralateral untreated eye group: a > b, c > d, e > f

Figure 2-4 Mean anterior chamber fluorescence (ng/ml) in 25-gauge needle treated and contralateral untreated eyes.



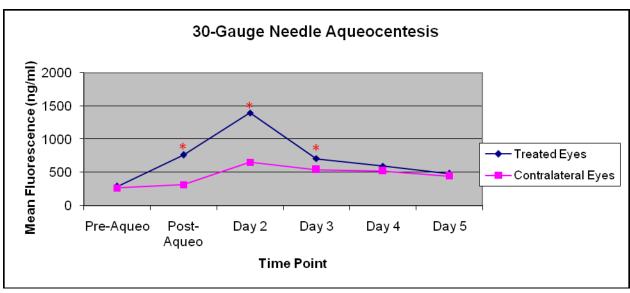
^{*} Indicates statistically significant difference at each time point between treated and contralateral untreated eyes

Figure 2-5 Mean anterior chamber fluorescence (ng/ml) in 27-gauge needle treated and contralateral untreated eyes.



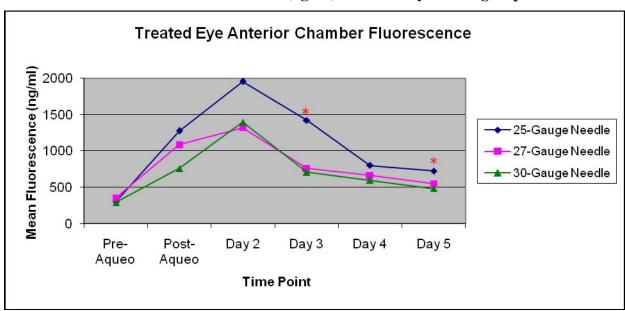
^{*} Indicates statistically significant difference at each time point between treated and contralateral untreated eyes

Figure 2-6 Mean anterior chamber fluorescence (ng/ml) in 30-gauge needle treated and contralateral untreated eyes.



^{*} Indicates statistically significant difference at each time point between treated and contralateral untreated eyes

Figure 2-7 Mean anterior chamber fluorescence (ng/ml) in treated eyes of all groups.



^{*} Indicates statistically significant difference between the 25-gauge treatment group as compared to the 27-gauge and 30-gauge treatment groups on Day 3, and between the 25-gauge treatment group and the 30-gauge treatment group on Day 5

Figure 2-8 Mean anterior chamber fluorescence (ng/ml) in untreated eyes of all groups.

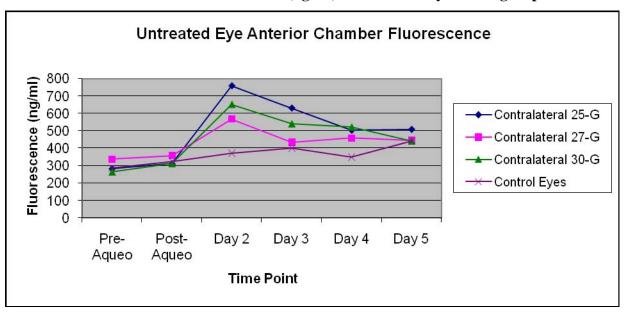
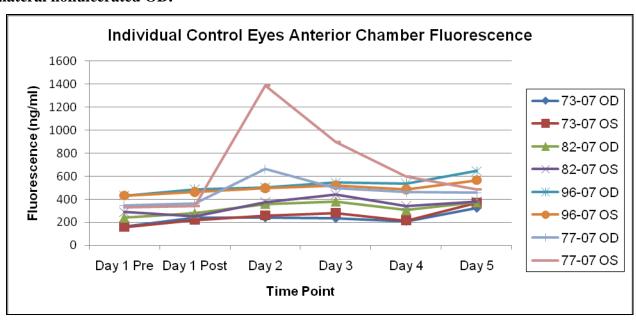


Figure 2-9 Individual eyes of control dogs showing anterior chamber fluorescence.

Note Dog 77-07 (pulled from control study) with increased fluorescence in the OS on Day 2 following development of a corneal ulcer and also notable fluorescein increase in the contralateral nonulcerated OD.



Tonometry

Initial tonometric readings taken on each dog were obtained both prior to and after application of topical anesthetic and a statistically significant difference in IOP was observed following topical anesthesia (no topical anesthesia, mean IOP \pm s.d. = 21.20 ± 4.36 mm Hg; after topical anesthesia, mean IOP \pm s.d. = 19.17 ± 3.60 mm Hg, P = 0.0013). This result was relevant for design of the study but did not have clinical significance. In order to maintain consistent and comparable IOP values throughout the study topical anesthesia was utilized for every tonometric measurement.

When comparing the IOP between treatment groups a statistically significant difference was present at 20 minutes post-aqueocentesis with the 25-gauge needle treatment group significantly higher (32.96 ± 13.03 mm Hg) than the 27-gauge (20.15 ± 8.07 mm Hg) or 30-gauge (19.54 ± 9.77) treatment groups (P = 0.0297) (Figure 2-10). Aside from transient ocular hypertension in the 25-gauge treatment group, IOP rapidly normalized in treated eyes and the IOP of contralateral untreated eyes showed no clinically significant changes (Figure 2-11).

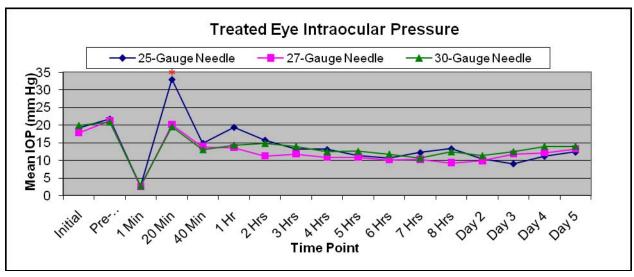
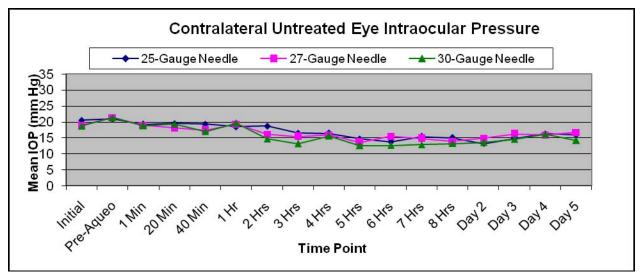


Figure 2-10 Mean intraocular pressure (mm Hg) of treated eyes in all groups.

^{*} Indicates statistically significant difference between the 25-gauge treatment group as compared to the 27-gauge and 30-gauge treatment groups

Figure 2-11 Mean intraocular pressure (mm Hg) of contralateral untreated eyes in all groups.



Discussion

Consistent with previous reports, aqueocentesis caused blood-aqueous barrier disruption in all treated eyes of this study. Anterior chamber fluorophotometry allowed noninvasive, repeated daily assessment of the breakdown and reestablishment of the blood-aqueous barrier. Maximal fluorescence was noted in the treated eyes of all groups on day 2 (24 hours post-aqueocentesis), with declining values thereafter (Figure 2-7). By day 5 in all treatment groups the mean anterior chamber fluorescein value of the treated eyes was not significantly different than the contralateral untreated eyes (Table 2-3 and Figures 2-4 to 2-6). Though statistically significant differences were present at additional time points in some groups, values between the treated and contralateral untreated eyes that did not differ by more than 25% were considered within normal limits as has been previously reported.⁵⁴

It was of great interest to note that the contralateral untreated eyes of all groups showed maximal and statistically significant anterior chamber fluorescence on day 2 (Table 2-3 and Figure 2-8). Values declined subsequently, but no statistically significant difference was found between the contralateral untreated eyes and control eyes at any point in time. There are two possible explanations for this finding. The first supports the statistical analysis, that aqueocentesis treatment did not affect the contralateral eye and the value disparities over time are due to random variation. The second explanation is that aqueocentesis treatment did indeed

affect the contralateral untreated eye by causing a subtle degree of blood-aqueous barrier disruption as measured by fluorophotometry, but due to limited animal numbers and high variability (large standard deviations) a significant difference was not documented. This latter theory is supported by an inadvertent finding in the control dog (Dog 77-07) pulled from the study due to corneal ulcer development. In this dog a corneal ulcer was present in the OS on day 2, and at that time increased anterior chamber fluorescein was measured. In addition, a mild spike in fluorescence was present on day 2 in the same dog's healthy OD. These fluorescence changes were not noted in any other eye of the control dogs (Figure 2-9). Over days 3 through 5 anterior chamber fluorescence in Dog 77-07 declined in both eyes as the ulcer healed. The increased fluorescence in the ulcerated eye of this dog is not surprising and can be attributed to axonal reflex causing blood-aqueous barrier breakdown. In this dog's contralateral healthy eye that parallels the mean response seen in the contralateral eyes of treated dogs in this study. Though this finding cannot be statistically evaluated, it is of pertinent interest given the other study findings that suggest presence of a consensual ocular reaction in dog eyes.

Consensual ocular reactions have been reported in humans and rabbits, \$119,145-148,174\$ but have not previously been documented in dogs. Scanning electron microscopy of rabbit eyes treated with paracentesis and contralateral control eyes demonstrated changes in ciliary body processes consistent with both a direct and consensual reaction. The mechanism for this reaction is hypothesized to be a neural reflex arc, \$117,147,148\$ but others suggest it is due to a transfer of prostaglandins via systemic circulation. The consensual ocular reaction is an important biological finding and is clinically noteworthy as it was documented immediately following and then up to one month following cataract surgery in humans. Though it is commonly recognized that drugs applied topically to one eye can result in effects in the opposite eye due to likely systemic absorption of the medication, \$73,129,175-178\$ our study is the first to suggest a consensual blood aqueous-barrier breakdown reaction in dogs.

The findings in this study confirm that aqueocentesis using a 25-gauge needle caused greater blood-aqueous barrier breakdown than aqueocentesis with 27- or 30-gauge needles. Statistically significant differences were documented by anterior chamber fluorophotometry on days 3 and 5. Though statistically significant differences between groups were not present at the other time points, likely due to large standard deviations and small sample sizes, the trend of

increased fluorescence over time is apparent in the 25-gauge needle treatment group (Figure 2-7). The reason for large individual variance is likely due to the uncontrolled aqueous paracentesis performed in this study. Though this method has been previously shown to induce large variance as compared to controlled, timed paracentesis,⁵⁴ the former is the technique commonly employed during therapeutic aqueocentesis. The aim of our study was to evaluate the clinical practice of aqueocentesis and its effect on blood-aqueous barrier breakdown, therefore uncontrolled paracentesis using various needle sizes was performed.

In this study the cause of increased blood-aqueous barrier breakdown is not clear, but appears to be needle size. Though the degree of ocular hypotony does affect blood-aqueous barrier breakdown and causes increased protein content in the reformed aqueous, ¹²¹ in our study the average IOP immediately after aqueocentesis was not significantly different between treatment groups (Figure 2-10). The speed of fluid flow into the needle could also be considered as a cause; however, it has been shown that speed of aspiration during aqueous paracentesis had no effect on protein content of the reformed aqueous humor. ¹²¹ Therefore, more rapid fluid outflow is not likely the cause of the greater blood-aqueous barrier breakdown identified in this study.

Not only did 25-gauge needle aqueocentesis induce greater blood-aqueous barrier breakdown, but it also resulted in transient ocular hypertension 20 minutes following treatment. This point of elevated IOP was an unexpected finding given that in all treatment group eyes the IOP immediately after aqueocentesis averaged 2 mm Hg. Elevated IOP in the 25-gauge needle treatment group is consistent with a greater degree of blood-aqueous barrier breakdown as initial ocular hypertension is found in uveitis due to prostaglandin release. ^{67,71} Paracentesis-induced ocular hypertension is likely due to a sudden rise in the anterior uveal blood volume with a subsequent increase in ultrafiltration and plasma extravasion. ^{103,125} Paracentesis-induced blood-aqueous barrier breakdown has been studied in dogs and results show that prostaglandins are indeed the most important mediators of the ocular irritative response. ⁴⁷ While topical flurbiprofen significantly reduced blood-aqueous barrier breakdown as measured by anterior chamber fluorophotometry, ⁴⁷ the inability of flurbiprofen and proparacaine to completely abolish the response suggests that additional non-prostaglandin, non-sensorineurally-derived mediators may be involved or that the rapid reduction in IOP causes physical damage to the blood-aqueous barrier. ^{47,51,54}

Though patients with glaucoma were not evaluated in the current study, the rapid resolution of ocular hypotony in all groups confirms the assumption that aqueocentesis alone is insufficient therapy for elevated IOP in dogs. This is consistent with a previous human study where cataract surgery patients experiencing postoperative ocular hypertension treated with paracentesis experienced immediate reduction in IOP followed by rebounding pressures to near initial values one hour after treatment.³³ On the other hand, aqueous paracentesis combined with medical therapy provides rapid symptomatic relief of acutely elevated IOP and could be considered as adjunctive therapy in the management of acute elevation of IOP. ^{31-33,45}

Data reporting and analysis of fluorophotometry studies has varied over the years with reports that utilize actual fluorescein concentrations, percent increase in the treated versus the contralateral eye, percent increase as compared to baseline, and calculation of a diffusion coefficient. No one method has shown to be superior. In this study actual fluorescein concentrations were used in an effort to avoid confounding effects by the other methods. Specifically, with the possibility that treatment of one eye affected anterior chamber fluorescence in the contralateral eye we felt it was suboptimal to use the percent increase in fluorescence in the treated versus contralateral eye as the means for analyzing fluorophotometry results. Laurell et al cautions that use of this ratio may indeed be deceptive due to a consensual reaction in the opposite (unoperated) eye. 152 It has been reported that 5-6 hours after fluorescein injection aqueous humor levels fall to low or undetectable values;⁵⁴ however, a trend toward increased anterior chamber fluorescence was noted even in control eyes over the five days of the study (Table 2-3 and Figure 2-9) so comparing percent increase in fluorescence to baseline may also be suboptimal. A diffusion coefficient for fluorescein can be calculated by fluorophotometry, providing a physical value for the leakage of fluorescein molecules through the blood-aqueous barrier. This method is reliable and reproducible as long as a strict protocol is followed, which involves multiple blood samples and numerous fluorophotometric measurements per eye. 163 This method is less commonly used for investigations due to the conclusion that measurement of plasma fluorescence and calculation of a diffusion coefficient does not improve the clinical accuracy of anterior chamber fluorophotometry. 156 Shah et al suggest that the concentration of anterior chamber fluorescence (ng/ml) is appropriate for quantification provided that patients are systemically well and are given the same dose of fluorescein by the same route. 156 Further studies are warranted to determine which method of analysis is most appropriate in dogs.

Conclusion

Uncontrolled aqueocentesis using 25-, 27-, and 30-gauge needles was performed in dogs to evaluate the degree of blood-aqueous barrier breakdown. There was no statistically significant difference in fluorescein concentration or IOP between 27- and 30- gauge needle treatment groups at any time point. Use of the 25-gauge needle resulted in a statistically significant increase (P < 0.05) in anterior chamber fluorescence on days 3 and 5. It also caused a statistically significant increase in intraocular pressure at 20 minutes post-aqueocentesis as compared to the 27- and 30- gauge needle treatment groups. Peak anterior chamber fluorescence was documented in the contralateral untreated eyes of all treatment groups on day 2 suggesting a consensual ocular reaction in dogs; however, values were not significantly greater than control eyes. Substantial variability common in biological systems complicates research studies, and as in this investigation, high variability and large standard deviations were found to be a problem with statistical analysis.

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Footnotes

- a. TonoVet®, Tiolat Ltd, Helsinki, Finland
- b. SL-14 Biomicroscope, Kowa Company, Ltd, Tokyo, Japan
- c. HEINE Omega 180® Ophthalmoscope, HEINE Optotechnik, Herrsching, Germany
- d. VetaKet®, IVX Animal Health, Inc, St. Joseph, Missouri
- e. AnaSed®, Ben Venue Laboratories, Bedford, Ohio
- f. 0.5% proparacaine hydrochloride ophthalmic solution, Akorn, Inc, Buffalo Grove,
 Illinois
- g. FM-2 Fluorotron Master, OcuMetrics, Inc, Mountain View, California
- h. AK-FLUOR®, Akorn, Inc., Buffalo Grove, Illinois
- i. WINKS 4.8 5th Ed. Statistical Analysis System, TexaSoft, Cedar Hill, TX

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