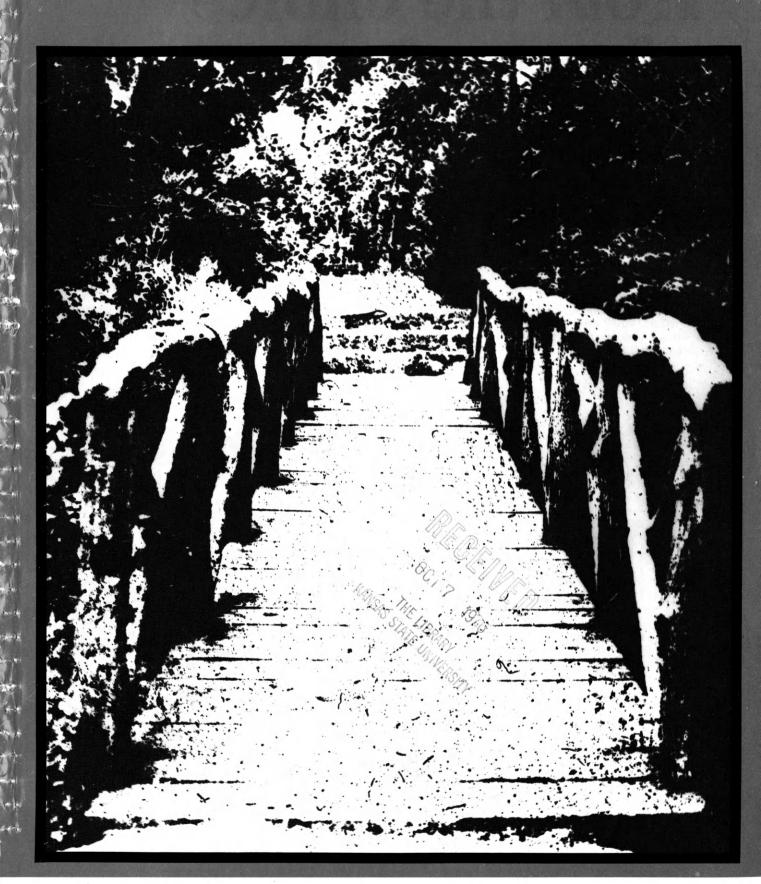
Journal October 1976

The 4-H Family Magazine



More farm choices from the choice of more farmers

What do you need to do your farming? Your double-circle Co-op has the equipment to make your job easier. Plus the buildings and bins cattle. Programs backed by the right feeds, animal health care products, feeding and watering systems. CO-OP has even established livestock markets, like our exclusive "Pig-to-Plate" program.

What do you need to grow your crops? Your double-circle Co-op is the world's largest supplier of fertilizer; ready and willing to meet your schedule. You'll also find a ready supply of seed, pesticides and herbicides.

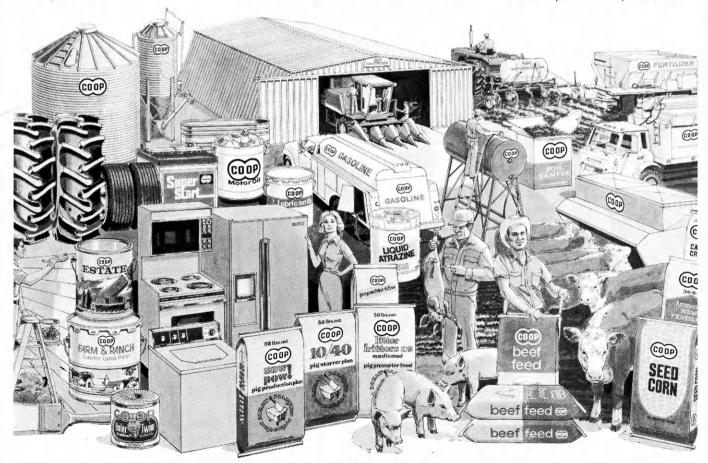
What do you need to raise your livestock? Your double-circle Co-op has complete up-to-date life cycle growing programs for hogs and to house what you work with and what you grow.



BEST DEAL IN THE COUNTRY!

What do you need to keep things running? Your double-circle Co-op has the petroleum products, tires and batteries to keep your machinery, trucks and cars running and producing. You can count on prompt delivery, too. Right down to in-the-field emergency service.

What do you need for a better life? Your double-circle Co-op has the extras as well as the necessities. Refrigerators, ranges, barbecue grills, tools, paint—all kinds of appliances and home equipment. And as with everything CO-OP supplies, quality, value and service are part of the purchase.



FARMLAND INDUSTRIES, INC.

Journal

Vol. XXII, No. 10 October 1976

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Winning editorial

To make the best better

By Teri Lee Bortz Haysville

Some people are critical and impatient with the youth of America. They call them juvenile delinquents, irresponsible—a problem. Some praise their magnificent records, their intelligence and earnest interest in world affairs.

But critical or appreciative, attention must be focused on their potentialities and their needs.

The success of the world will depend upon the boys and girls growing up in each community today. Youth do not suddenly become responsible citizens at the age of 18. They do not suddenly become delinquents. They grow that way. All people share basic needs which must be met by the individual if he is to enjoy a smooth progression through life.

Some of these needs are: to experience a satisfactory self-concept. To experience success in achievement. To become increasingly independent. To give and receive affection. To experience adventure. To be accepted by one's peers as well as one's elders.

4-H opens doors for youth to satisfy these needs in many different ways. I, personally, have gained skills, knowledge, confidence in my abilities and am a much better person because of experiences I have had in 4-H. I have been afforded many opportunities the past seven years that I would not have had if I had not been a 4-H member. By enrolling in different projects and participating in a variety of activities I have developed many interests which may lead to a vocation or hobbies.

Project work is only a part of 4-H. An individual must be a member of a club. Members and leaders must work together to have a successful club. Leaders are our teachers. They do not plan our program nor dictate what is to be done. Leaders are filled with patience, guidance, companionship, inspiration, hope, faith, encouragement, and understanding. Adults who have served as local and county leaders while I have been in 4-H, my mother, and grandmother have been an inspiration to challenge any defeat I might have felt. Their boundless energies, visions of accomplishment, and everlasting optimism continually remind me that "It can be done." Without these cheerful, sincere, resourceful, noble adults the 4-H program would fall apart.

4-H is a family oriented youth organization offering opportunity to practice and repractice what is learned in an atmosphere of interest and informality. Mom, Dad. and all the kids, yes, even the pets if necessary, can become deeply involved. I have grown up in 4-H. The first public appearance I made after my birth was at a baby shower given for me by the members and parents of the 4-H club my mother was community leader of. For years I had a better attendance record than many of the club members, going to meetings, tours, practices, contests, . . . in a basket, then in the stroller, on the hand of my mother, and finally on my own two feet.

4-H is helping young people to become more effective citizens in a democratic society. The objectives of a democratic society are to develop individual responsibility, rewarding human relationships, civic responsibilities, and economic responsibility.

(Continued on page 14)

About the cover

A lithograph of the bridge at Rock Springs Ranch was selected by Randy Tosh and Kristi Nelson, two members of the State 4-H Youth Advisory Committee, for the cover photo. The photographer is Julie Swanson, a 4-H member from Kansas City. Another of Julie's pictures, one of her little sister, appeared on the March cover this year.

Frightening features facilitate fundraising

By Julie Swanson Kansas City

Wyandotte County's Haunted Stable held the week before Halloween at the fairgrounds has been dramatically successful. Besides completing our \$7,500 fund drive, the county's 20 plus clubs work together and have more than just the fair to look forward to.

October is filled with activity getting ready for crowds of more than 10,000 people who seem to love to be scared to death. This is the third season for the stable and every year

it gets more plaudits from the community.

One feature that seems to appeal to parents and their children is that the spooks and goblins are actually 4-H members, children themselves. So instead of being really frightened, the visitors are just pleasantly scared. (See picture below.) This year the receipts will stay in the county and the hard-working members and leaders will benefit directly from them as the funds go into a building fund for a 4-H building for gatherings.



Old-fashioned box supper

By Julie Grant Havs

As part of our bicentennial observance, the Meadowlarks 4-H members had a box supper at their July meeting. The girls and mothers fixed "supper for two" in a box and then decorated the box. Some of the boxes were wrapped in calico print paper; one was wrapped in white tissue paper with a huge red firecracker (paper tube) on top with blue ribbon; a round plastic container was decorated like a clown's face with facial features and a paper hat: one long flat box was decorated like an American flag with red, white, and blue crepe paper; one large box had some toy horses and cowboys enclosed in a plastic fence on the lid.

One of the fathers auctioned off the boxes (the owner was supposed to be a secret) to the highest bidder of the boys and fathers. The boys had to eat supper with the girls who fixed the suppers.

This was a lot of fun and our club made \$26.60 that night; the prices of the boxes started at a quarter and some were bought for as high as \$4. Our club plans to make this a yearly event every summer.

CASH FOR NEWSPAPERS \$15 per ton

We will pick up large quantities of old newspapers anyplace in the state.

Write Thermal Shield, Inc. 2200 West 6th, El Dorado, Kansas 67042 or call 316/321-1188

Helping ecology work

By Jenny Neil Hays

The 1975-76 club project for the Gemini Juniors of Ellis County was "Ecology — Helping it Work." Two special events helped club members and their families understand and appreciate the balance of nature. At a family potluck supper, a fascinating slide program and lecture was presented on the ecologic systems in the Grand Canyon by a club family who had taken an eight-day float trip on the Colorado River through the Canyon.

Later the same week, club families gathered at the farm of some of the members for an all-night camp-out. Nature hikes, nature scavenger hunts (including litter pick-up), and use of natural items like leaves, twigs, stones and dry flowers in arts and crafts projects helped members appreciate the ecology and beauty of the farm.

A highlight of the pre-supper activities was creating handbuilt pottery articles from Kansas clay which had been purchased at an arts and crafts supply store. Using items from the natural setting, members added interesting textures to the wet clay. Later the clay objects were fired and glazed, thus helping complete Arts and Crafts projects for many members — and providing permanent souvenirs of the nature-appreciation and camp-out experience.

A hand-dug fire pit lined with stones from the creek bed and fueled with dry branches from the woods provided the gathering place for a potluck supper and, at the end of the evening, a marshmallow roast. Star-gazing, collecting insects, horseshoe and frisbiethrowing comprised the evening's activities.

WANTED:

Young man or couple for career opportunity with Rock Springs 4-H Ranch. Custodial and maintenance duties. Insurance, retirement program, housing, and salary. Must have clean personal habits and enjoy young people.

Person willing to cook and to live at Rock Springs 4-H Ranch near Junction City. Must enjoy people and be willing to work a flexible schedule. Large quantity cooking experience not essential. Room and board plus

WRITE: Rock Springs 4-H Ranch Junction City, Kansas 66441

Ceremony for installation of officers

This candlelight ceremony for installation of officers was written by community leader Ernst Schmidt of the Freeport Trailblazers 4-H Club at Freeport in Harper County. It was submitted by Suzanne Pulliam, reporter for the 4-H club.

Installation Officer (as tall candle is lit): This flame represents the spirit of 4-H and stands for all the good things 4-H can do for girls and boys.

For the spirit to reach and benefit the most boys and girls, it is necessary for each officer to do his job to the best of his ability. This will keep the flame from going out before it gets to all the members.

President: As PRESIDENT, it is my job to conduct the meetings so that the club can make decisions fairly and so that each member gets a chance to participate.

Vice-president: As VICE-PRESIDENT, it is my job to be prepared to do the president's job if he is absent. I will also be responsible to plan programs and to remind members when they have a program responsibility.

Secretary: As SECRETARY, it is my responsibility to keep track of the membership roll and to record the business of the club.

Reporter: As REPORTER, it is my job to report the club's news to the papers so that other people can know what 4-H is doing in our community.

Treasurer: As TREASURER, it is my job to keep track of the club's money and to advise the club of the bank balance at each meeting.

Council Representative: As REPRESENTATIVE to the HARPER COUNTY 4-H COUNCIL, it will be my job to keep my club informed of county 4-H activities.

Council Representative: As REPRESENTATIVE to the HARPER COUNTY 4-H COUNCIL, I will help plan 4-H activities at the county level.

Recreation Leader: We can learn leadership and teamwork from games as well as from projects. As a RECREATION LEADER, I will plan games and lead them when it is my turn. Recreation Leader: Health is one of the four H's; exercise is important for a healthy body. As a RE-CREATION LEADER, I will plan games when it is my turn to lead recreation.

Recreation leader: It is important to learn how to play as well as to learn how to work. As a RECREATION LEADER, I will have planned games when it is my turn to lead recreation.

Song Leader: Singing helps us clear our minds and relax so we can listen and participate in the meeting. As a SONG LEADER, I will plan a song and practice it so that I can lead the club in singing when it is my turn.

Guitarist: As GUITARIST, I will provide help in singing songs for those who can't carry a tune in a bucket.

Pianist: As PIANIST, I will try to provide the accompaniment to help with the singing.

Photographer: People like to see themselves in pictures. As

(Continued on page 6)



RSVP

KANSAS IS A FINE State, and Kansas 4-H Clubs are so excellent they have grown from our rural areas into our towns and cities.

4-H IS AN INVITATION with an RSVP to answer to the economic, political, social, and agricultural world, with the accomplishments of the 4-H program. One top staff member in Congressman Sebelius' office is a former 4-H'er and 4-H agent.

AS 4-H'ERS REACH 18, we expect them to bring to the voting booth the results of their 4-H training, and become partners in the government of their Nation.

Re-elect Congressman

Keith Sebelius

Republican, First District

Authorized and paid for by Sebelius for Congress, Box 128, Norton, Kansas 67654

Installation ceremony

Continued from page 5

PHOTOGRAPHER, I will record the club's activities on film.

Parliamentarian: As a PAR-LIAMENTARIAN, I will try to prepare talks to teach members proper parliamentary procedure when it is my turn to present parliamentary information on the program.

Leader: 4-H is a place where young people can learn by doing and sometimes failing. As a LEADER, I will try to provide a climate where members can do their thing without adults getting in the way.

Leader: As a LEADER I will remind myself that it would be better for 4-H members to fail when they plan and carry out an activity on their own, rather than for parents and leaders to do it for them.

Members: It takes ACTIVE MEMBERS to make a club successful. They serve on committees, and participate in the program and in other club activities.

Winner in Category 4,

How to do it

Boys make pies

By Mark Cokely Liberal

The Sunset boys Tricks for Treats cooking class had an assembly line to bake 12 pies for the Folk Art Festival 4-H concession stand. The 6 boys were ages 6 to 10.

Recipe for:

SHAKE-CHILL-BAKE PIECRUST

Supplies:

container with lid

1 cup flour

1/3 cup solid shortening

1/4 cup water

1/4 tsp. salt

fork

8" pie tin

wax paper rolling pin

88

Prepare For the Future

Put some money in your local

Kansas Savings and Loan

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The Barber County Savings and Loan Assn.

Ottawa Franklin Savings Assn.

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Plainville and Stockton Rooks County Savings Assn.

INSURED SAFE

Procedure:

1. Put 1 cup flour, ½ cup solid shortening, and ¼ tsp. salt in container with lid. Shake until like cornmeal in texture.

2. Add ½ cup water and stir lightly with a fork.

3. Put on wax paper, pull up corners and squeeze into a ball.

4. Chill 30 minutes or overnight.

.5. Roll into crust.

6. Bake at 425 degrees for 12 to 15 minutes.

A special thank you

By Kathy Enix Wichita

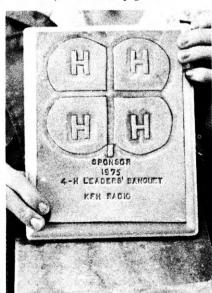
For many years Sedgwick County has held our annual leaders' recognition banquet. The cost of the meals has been shared by several businesses. Appreciation to these companies has been shown by presenting them with a plaque.

The plaques have been costly and we have felt a bit uneasy in giving "another 4-H plaque" to these companies, year after year. With these problems to solve, our county 4-H agents decided to look for a new and special way to say thank you.

The Wichita Sunflower 4-H Club was asked by James Sharp, one of our 4-H agents, to see if a leather plaque could be made for our sponsors. We eagerly accepted the challenge. The club members picked three of us that had been enrolled in leathercraft for several years to handle the project. We wanted to make something with a special touch.

We picked the new 4-H clover for our design. After a suitable pattern was made, we cut and tooled our

(Continued on page 14)



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Martha Keys, U.S. Congress



Congresswoman Martha Keys salutes the thousands of young people and adult leaders throughout Kansas for their unexcelled efforts and accomplishments in the 4-H program. Congresswoman Keys works hard for Kansans because she has faith in their future.

Rep. Keys presents a check to Theresa Zerrer, daughter of Mr. and Mrs. Ronald Zerrer of rural Leavenworth. The Second District Congresswoman purchased Theresa's lamb at the Leavenworth 4-H Auction.

Paid for by the Keys for Congress Committee, Mike Rogers Treasurer.

Winner in Category 5, Help with a project Foods and nutrition

By Michelle Schmitz Topeka

Practically anything is possible; as my twin sister, Janelle, and I found out when we were announced as 1976 Kansas Youthpower winners at the State Youthpower Conference in early March.

As 4-H'ers of Shawnee County for the past eight years, it was decided that expanding upon one of my 4-H projects—foods and nutrition—would be the topic of the

Youthpower report.

The report, entitled "Where Does Your Food \$ Go?", contained a study of one week's menus for a family of six using convenience and "home-made" preparation methods. The cost of each meal was figured and a cost per serving was estimated. Average money spent for the three meals for one week concluded that portion of the report. A cost comparison of the sources of protein was computed and included also. To sum up some of the information used in the studies I created a word puzzle dealing with consumerism, which I later used for the Meals Today foods project that I assist in our club.

Since returning from the National Youth Leadership Conference in Chicago from April 23-27, I have continued cost studies of several grocery items. One in particular was a poster for dairy month (June) showing the cost of different types

of milk.

And through a workshop at the conference itself came the information that I found very valuable when preparing an illustrated talk on the parts of today's food labels. It received a top rating at the county demonstration contest.

So if you are a 4-H'er who has an interest in the foods and nutrition projects, use them, 4-H experiences, and your imagination to enter your county's Youthpower program soon. You might become a future Youthpower winner also!!

ROUND BALE FEEDERS for 1500# round bales. Heavy duty 1" square tubing. Only \$86.95. Rectangular feeders also available. Free literature. Dealerships available. Starr National, 101 Main, Colchester, Illinois 62326.



Jill Cyr, Salina



Drum Creek 4-H Clubhouse, Michael Mitchell, Coffeyville.



Tropical Rain Forest, Topeka Zoo, Lee Ann Brown, Hill City.



Furmis Grist Mill, Graham County, Lee Ann Brown, Hill City.



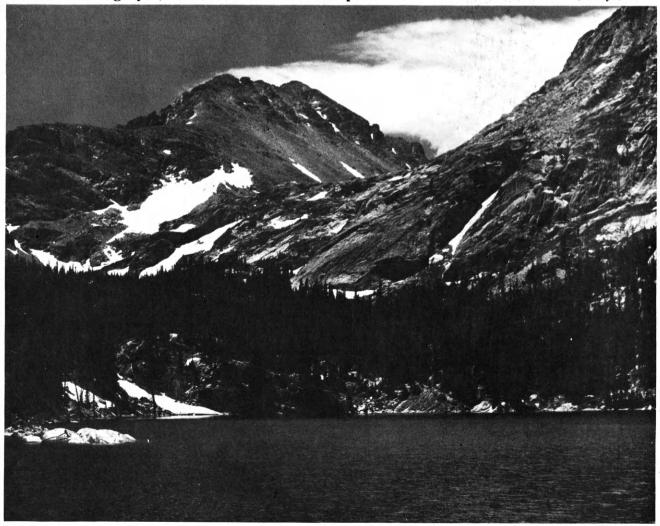
4-H

Photography

Michael Mitchell, Coffeyville

Winner in Category 8, Picture other than cover photo

Jill Cyr, Salina



IDEAS & News

Winner in Category 6, Ideas and news

A program of early American songs given by the Harmony Hustlers 4-H (Shawnee County) singing group was presented to several church organizations and civic groups in Topeka, and at the "Pioneer Days" bicentennial event during the summer. The 18 members wore bicentennial costumes made by some of the older members and mothers of younger members.

A narrator explained a brief history of the songs, and an autoharp and drum

were used for authenticity.

Members of the group are Margaret Falley; Alison, Monica, and Theresa Shultz; Barbie, Julie, and Peter Konrade; Nancy Wilcox; Holli Snyder; Cardinal Reiger, Barbie and Debbie Doss; Sally Florence; Scott Steward; Bob Sampson; Beth, Erin, and Kathleen Fitzgerald. Mrs. Carol Snyder is the director of the group, pictured below.

Laura Sue Wilcox, Topeka



An iced tea and lemonade stand cooled hot truck drivers hauling wheat to Bison one afternoon during harvest. The Lone Star Rangers 4-H Club of Rush County provided the cold drinks free of charge as a service to the drivers. Members helping were Teresa, Kay, and Renee Miller, Neysa Horyna, and Rhonda Lippert. Mr. and Mrs. Carl Thielenhaus of Bison donated the use of their yard for the project.

Rhonda Lippert, Bison

A POLITICAL CONTROLLER'S DREAM ...



This is the year Congress might do it to us . . . or next year if we have another year of super-abundant crops.

It's one reason why your vote, if you're 18 or older, and your parents' votes are so important on November 2.

Vote for the candidate for Congress in your district who will fight the government grain reserve idea.

And on a state issue, vote YES for use-value appraisal.

Thoughts from Farm Bureau, the organization for professional farmers and ranchers

The Sunset 4-H Club of Seward County chose to help with cancer research as its club project. Members collected "cents off" coupons which were sent to Valley Aid for Cancer Research.

The boys challenged the girls to see who could collect the most coupons. The losers were to roll bandages for missionary work in Africa. Mark Cokeley was chairman for the boys and Connie Bolton was the girls' chairman.

The boys collected and won with \$381.43 and the girls had \$253.44 in coupons. The girls wrapped 100 bandages at the Cokeley home.

Mark Cokeley, Liberal

Activities recently completed by Atchison County's Friendly Farmer Fellows 4-H Club are the annual community cancer society fund drive, Bike Day for all local residents to learn about bike safety, a roller skating party for members and other 4-H clubs in Atchison County, an exchange meeting with another 4-H club and a wiener roast after the meeting.

The club held its annual club tour. We visited each member's home and looked at the projects they were taking to the fair. After the tour we had a hamburger fry. Everyone had a fun time.

The girls attended the home economics judging school and the two judging contests and style revue.

Remember that 4-H is like a coffee pot, it perks up your life.

Joan Schrieber, Huron

July Fourth was a big day for America, and for the Shawnee Jayhaw-kers 4-H Club, Shawnee County. After weeks of hard work and preparation, the Shawnee Jayhawker's float was ready to be judged and to participate in one of Kansas' largest parades—the Topeka Bicentennial Parade.

The float was judged first out of many youth division floats participating. The hard work paid off in the form of a beautiful silver platter and much congratulations.

Parents who played a large role in assisting the members were: Mrs. Darlene Henderson, leader, Mr. and Mrs. Gary Hildebrand, Mr. and Mrs. Don Hildebrand, Mrs. Juanita Sackrider, Mrs. Jones, and Mr. and Mrs. Don Schultz.

Cindy Hildebrand, Topeka

Wyandotte County junior leaders hosted the Leavenworth County junior leaders at a weekend at Lake Perry. Starting on a Friday night, they broke up into two groups of 25. Saturday morning one group backpacked six miles to Longview, while the other group canoed to the same place. They met for dinner and slept under the stars. The next day they reversed the procedure and met at the base camp that afternoon. Several adult leaders from Wyandotte County accompanied the groups. The obstacle course was run by

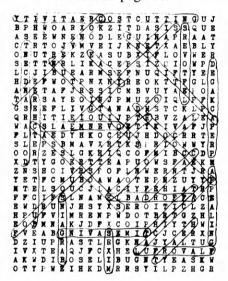
Continued on page 13

Mixed-up words are on page 15.

Answers

cooperation
concern
understanding
projects
knowledge
togetherness
career
caring

FOOD BUDGETING PUZZLE Puzzle on page 16.



FOR LAND'S SAKE Vote X Yes!

Several outstanding Kansas leaders support USE-VALUE APPRAISAL of agricultural land. Former Governor Alf Landon says "the purpose of this constitutional amendment is not to grant advantage to anyone, but rather to improve our tax system by authorizing the Legislature to develop an equitable method of appraising and assessing truly agricultural property." Former Congressman Bill Roy says "this is not a tax break for farmers. They will bear the same burden as now but it will be applied more fairly." Former Senator Frank Carlson says "the income potential of an apartment complex, office building, factory or shopping center determine their value. We should apply the same approach to agricultural

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NOV. 2, VOTE YES ON QUESTION NUMBER 1

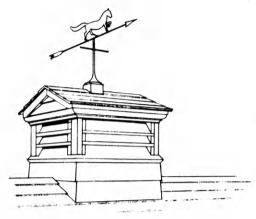
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Newton

National Building Centers Home Care Center

The Home Lumber & Supply Co.

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Nortonville Nortonville Lumber Inc.

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Offerle Co-Op Grain & Supply Co.

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Hot Pad Holder Mitten or Hose Dryer

Section Patio

Bathroom Vanity

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Garden Entrance Trellis

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> Work Bench **Gun Cabinet**

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Built-In Magazine & Book Rack

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> Chess Table Record Cabinet Bookcase

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Walnut Shelf

Clock Table Podium

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Pedestal Picnic Table & Benches

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> Quilting Frame Colonial Table

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Right Coop. Assn.

IDEAS & News

(Continued from page 11)

everyone, 4-H'ers and adults. There the men were separated from the boys. (Women Libbers, don't take offense!)

It was a physically demanding weekend, but one they would all like to recommend to interested 4-H members. Contact John Abell for further details of the 1977 camps.

Julie Swanson, Kansas City

The Sunset 4-H Club of Seward County has a special recognitions award committee. People who go the extra mile in club work receive a "Pat on the Back" award, a three inch hand made by the committee from colored plastic and put on a key chain with SUNSET 4-H on the back.

Any member can submit a name to the committee and the same person can receive several "Pat on the Back" key chains. The committee has awarded recognition to many first year members, parents, community and county leaders. It is fun to watch the face of a receiver when he gets a "Pat."

Willie Cokeley, Liberal

Five youth from Shawnee County recently represented Kansas at the International Arabian Youth Judging Contest in Louisville, Kentucky. Team members were Jeff Eggenberger, Cindy Hildebrand, David Leonard, LuAnn Miller, and Amy Rumold. Team coaches were Ken Boughton and Eldon Clawson. The team won fourth at the state 4-H horse judging contest in Hutchinson in 1975 with team member Cindy Hildebrand receiving second individual. At the Kansas City International Quarter Horse Expositon Judging Contest the team received sixth, with Jeff Eggenberger receiving sixth individual.

May eighth, at the Seaman FFA Statewide 4-H and FFA Horse Judging Contest in Topeka, the team placed first with team members, Jeff Eggenberger first individual, David Leonard second individual, and Amy Rumold ninth individual. At the Johnson County 4-H Horse Judging Contest, the team placed first, with team member Cindy Hildebrand first individual, and squad member Beth Sailors second individual.

At the Louisville, Kentucky, contest, the team received sixth place, with LuAnn Miller capturing eighth individual (4-H Division). All the members of the team also belong to the Shawnee County 4-H Horse Club.

Cindy Hildebrand, Topkea



Native Kansan

Married, 4 daughters

Past President, Ks. Mental Health

Past President, 20-30 Club at Topeka

Sec.-Treas.. Ks. Life Assn.

Member, KSU Endowment Assn.

Director, Centennial Investors, Inc.

Past Leg. Counsel, Ks. Assn. for Mental Health

1972 Outstanding Young Topekan Award Jaycees 1972 Distinguished Service Award Finalist Extensive Work With Youth Groups in Kansas Ruling Elder - Trinity Presbyterian Church

Paid for by Freeman for

Congress Committee.

Paul Smith, Treasurer

§Freeman for congress

To make the best better (Continued from page 3)

I believe these objectives are more easily attained by an individual if he lives his life according to the teachings of the 4-H pledge. I pledge my head to clearer thinking. We would act with good judgement, speak with knowledge, and study in order to grow in wisdom.

I pledge my heart to greater loyalty. We would enrich our lives with understanding, faith and confidence in mankind, realizing that what we seek in the lives of others, we may develop in ourselves.

I pledge my hands to larger service. May we find needed work which not only will serve others but in which we may develop to the utmost our own usefulness and power.

I pledge my health to better living that we may find joy in work and play and that we may live fully and well. We would guard as a valued possession our strong bodies and our good health.

By opening some of the 4-H doors I have learned to think and plan carefully with logical thinking behind my every act. Many of the skills I have learned are useful in helping my immediate family, relatives and friends. I believe I am a better citizen from learning to sympathize with the needs of people of

AKC Shetland Sheep Dog (Sheltie) pups from top 4-H obedience and show stock. Brad, Donna, and Brian Martin.

> Ellinwood, Kansas Phone 316, 564-3155

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WERE SOLD LAST YEAR BY MEMBERS OF GROUPS, SOC-IETIES, CLUBS, ETC.

THEY ENABLE YOU TO EARN MONEY FOR YOUR TREASURY AND MAKE FRIENDS FOR YOUR ORGANIZATION

Sample FREE to Official. SANGAMON MILLS, INC., Cohoes, N. Y. 12047 Established 1915 all ages from every facet of the community. Through my learning experiences I have learned to enjoy life more and work at every task to the best of my ability. I have tried to extend kindness and honesty to my club, my community, my country, and my world. I can only hope To Make The Best Better.

A special thank you

(Continued from page 6)

design on a 6 by 8 inch strip of heavy leather. We stamped in the sponsor's name and the purpose of recognition below our design. The leather was then waxed to make it durable. We then glued the leathe on a beveled wood block similar to those available in craft stores. The wood was stained and varnished.

Our sponsors seemed to really appreciate our efforts. We also felt good to recognize those companies for their support.

COMING EVENTS

50th anniversary of Webber Wide-Awake 4-H Club, Jewell County, at the Methodist Church at Webber, October 9, 7:30 p.m.

All former Webber 4-H members, leaders, Jewell County extension agents, state 4-H personnel, friends and interested persons are invited.

Fall Livestock Judging and Selection Contest, Hilltop Hereford Farm 4½ miles northwest of Alta Vista, October 23, 1 p.m.

Prizes will be awarded for high individuals and teams. Classes will include beef cattle, horses, sheep, and hogs.

The Albert Morgan and Frank Buchman families invite everyone interested to come.

READ THIS

Do you like this issue with all material provided by 4-H members?

How often do you think we should have such an issue? Never again_____ Once a year_____ Oftener than once a year_____

Your answer, either from your club or from you as an individual, will help us plan the Journal.

"Thank you" to everyone who contributed material and to the 4-H members who chose the winners.

AMERICAN ROYAL

Livestock, Horse Show & Rodeo, Kansas City, Nov. 9 through 20, 1976 GREAT SINGING STARS AND INSTRUMENTALISTS

Statler Brothers Nov. 9-11 Tanya Tucker Nov. 12-14 Bobby Goldsboro Nov. 15-17

Lawrence Welk Stars Nov. 18-20



These are the sponsors who provide your Kansas 4-H Journal.

Be sure to thank them!

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*These sponsors have provided Kansas 4-H Journal for 4-H members for 20 or more years.

Family Fun Page

Winner in Category 7, **Family Fun Page**

DAFFYNITIONS—

ANT-A small insect that, though always at work, still finds time to go to picnics.

BRAT—A kid who displays his pest manners.

CHRISTMAS—The season when we get the children something for their father to play with.

COACH-An athlete who will gladly lay down your life for the school.

TANGERINE—A loose-leaf orange

Q. Why is a lollipop like a horse? A. Because the more you lick it the faster it goes.

The lightning bug is brilliant, but he hasn't any mind;

He blunders through existence with his headlight on behind.

Mary had a little lamb, a little pork, a little jam.

A little egg, a little toast, some pickles and a great big roast;

An ice-cream soda topped with fizz, and boy! How sick our Mary is!!!

Cynthia Ann Ballou, Delphos

Unscramble these mixed up words to find out what you learn in 4-H: .

ecnoprotaoi cnecnor sdungatniredn jpercost lweondgke htnsroesege raeerc arcign

> Answers on page 11 Joan Schrieber, Huron

The old lady was shocked at her granddaughter's slang. "There are just two words, dear, I wish you would stop using. One is 'swell' and the other is 'lousy'."

"O.K.," replied the young girl, "what are they?"

O. What's the largest room in the world?

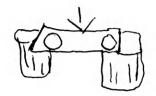
A. Room for improvement. Mark Cokeley, Liberal

Q. If you took the meat out of a hot dog, what would you have? A. A hollow wiener.

Denise Steier, Haddam

Karate Magic

Place a paper strip between two glasses. Put pennies on each spot where paper touches glass (as shown).



Say magic words. Hit paper down (see arrow) with fingers. Paper whips off . . . Coins stay balanced. The trick: Moisten finger slightly. Hit paper sharply.

Rosellen Tracy, Milan

FOOD BUDGETING PUZZLE

YTIVITAERCOSTCUTTINGUJ OARXOKZITDASISSQUE BP H W ASEEWNENODLEGUINAPRAAT JVMVE IJKNET XAEBLY RT 0 KZEASUBX I F ONUTRE L O SETT NRLIKACEPS ΙZ 0 Ι BUEARMSEFNUQ I F Ι HDEFWOTPNXNYREOKTT F ANETAFJRSSICMBVUYAE TARSAYEOINJPMUZOIQLPFK G S E E F L I V G T A N A D W S T C K L P C QRHITIEIOUIJPTEBVZA ACSLAEMNEVOETYKIVAFJP FLTAEDYHKOCEUJHDOCRRTE SLEPSBMAVXRTKSPRIOWWYR OORZESLGKHIQCOFMIBCCDP X D T Y G O E R T T E A P U O W S F A E K M ZNSHOIVRSPOFLNWERNTJRA YETFCMUBOAWAOTEPNZUYYP MTELSOUCJLACIYFEHIATRP FGIFSLNAMELBADROFFACE EWDRUNJHSYXSEROITICLZA HPUFVIMRENPWDOTBRTGZHL EOBMNAKJDFXCOIPHIYTHWI V E A B G N I V A S E M I T C J C E R X N DZIUPRASTLEGKNAJYALTUG IVXTEAQJFCXHELUFROVALF AKWDIBOSELIBUGNTYEASKW TYPWEIHKDMRRSYILPZHGR

The following 28 words dealing with consumer buying are hidden in the above puzzle:

affordable appealing appetizing bargains budget stretcher canned casseroles convenient cost-cutting

creativity dollars and cents easy economical

flavorful four four three two hearty

inexpensive leftovers

mixes nutritious oven-meals practical precooked prepackaged satisfying

substitute thrifty & timesaving

Solution is on page 11.

Michelle Schmitz, Topeka



Kilowatts, amperes, and volts are familiar terms to Karen Hoheisel, a member of the 101 Go-Getters 4-H Club of Labette County. Karen has carried the electric project for five years and has made many items, from a test light to a stereo sound system. Pictured is Karen with several of the items she has made.

This year she made a metal detector which won a purple ribbon at the Labette County Fair.

Karen, the daughter of Mr. and Mrs. Albert Hoheisel, is enthusiastic about the 4-H electric project, which she promotes as one of the best learning by doing projects.

Labette County girl likes electric project



In the picture, she shows her police and fire-weather converter which she made in the electric program.

In her eight years as a 4-H member, Karen has contributed to her club by serving in several offices and by helping younger members. The junior at Oswego High School promotes and lives up to the ideals of the 4-H pledge.

What are you or your family doing to conserve energy? Please send your ideas, with illustrations if possible, to Electric Page, Kansas 4-H Journal, Umberger Hall, KSU, Manhattan, Kansas 66506.

Watch This Page For Ideas On Farm And Home Electric Projects

ELECTRIC LIGHT and POWER COMPANIES in KANSAS

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