November-December 1980

Kansas 4-H Journal



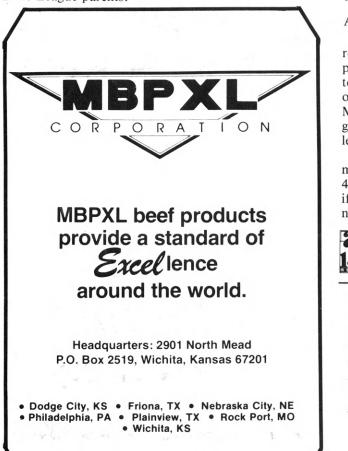
Happy Holidays!

Are you in the 4-H "rotogravure" centerspread?



A question from the All 4-H'ers Issue:

Sometimes in an effort to help, parents and leaders become overbearing. Oftentimes they remind me of Little League parents.



Is there a tactful way to ask them to let capable kids handle meetings and discussions, using their invaluable knowledge when needed?

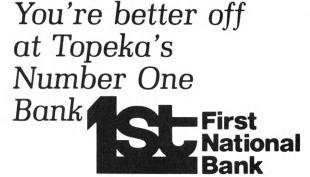
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A suggestion to help:

I would encourage these parents and leaders to reconsider the real goals of the 4-H program. If the purpose of 4-H is to build self-confidence and competence in young people then we have to give them opportunities to lead their own meetings and discussions. Maybe we could explore with these adults ways to gradually allow young people to assume more of a leadership role over a specified period of time.

If we want these adults to be less bossy then we must help them rediscover what their role is in the 4-H program. They are much less likely to respond if they are simply told what they should or should not do.





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These investor-owned electric companies proudly salute the electric energy project winners listed here. As county winners, each received a Westinghouse medal. If you are not enrolled in electric energy, try it-it may turn you on!

Kansas Gas and Electric Company Western Power Division of Central Telephone & Utilities Corporation

Kansas 4-H

Journal

Vol. XXVI. No. 10 Nov.-Dec. 1980

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Use of the 4-H name and symbol approved by the secretary of Agriculture of the United States, January 23, 1951, under the provisions of the laws as reenacted by Sec. 707 of the Act of June 25, 1948, Public Law No. 772 80th Congress (10 USC 797).

another threshold in your life, that of graduating from the 4-H program. For some of you, this is perhaps goodbye, but for many others, it's farewell, and we look forward confidently to seeing you again when your children enroll in 4-H sometime in the future. In any event, you will be one of the estimated one million "alums" of the Kansas 4-H program.

Goodbye, 4-H "Graduate"—

you're one in a million

The time of advice is about over. You are near that place you have undoubtedly longed to be for a long time—on your own. If you will bear with me a few minutes for my final comments, I will start with one major question—I'll ask it of you, and expect that you will ask it of yourself many times. Here's the question:

Five years from now, December of 1985,

Where will you be? What will you be doing?

Even though none of us can foretell, even by so much as a half hour, what the future holds for us, we can in fact prepare ourselves so that when the moment of opportunity arises we will be ready and who can say at what moment that opportunity will come or in what form or substance it will appear?

I don't know, and neither do you, where you will be and what you will be doing, but I do know that chance favors the prepared mind, or to put it in a more common vernacular, "Luck comes to those who are ready for it." Haven't you heard someone say, speaking of another person's success, "Gosh, he is sure lucky. Everything he does turns up roses" implying that all you ever get is the thorns, or to put it more in your terminology, you get the shaft.

Your years of preparation in 4-H—the completed projects, the records so laboriously written and re-written, the meetings attended, the "thankless" committee work, the tasks you did that your leaders asked you to finish when someone else failed—all these were preparing you for the time when you could "get lucky." You were preparing your body and your mind for opportunities then unknown.

What will you do? Well, I don't know. 4-H has provided you with several possible choices. Maybe one of your projects will lead to a life career, or perhaps further education is your aim.

Whatever you do, I hope you keep one great goal in mind for yourself. That goal is self-actualization. It may be called ambition, aspiration, goal orientation, expressed needs — whatever — but what it describes is the need within us to become all we are capable of becoming.

(Continued on page 4)

About the cover

To all Kansas 4-H Journal readers, "Happy Holidays!" from the people in the Kansas 4-H Foundation office in Manhattan and from the state 4-H-Youth Extension specialists.

We'll introduce ourselves to you. The Foundation's home-office staff is shown in the top picture, with executive director Merle Eyestone at his desk. Behind him from left are administrative assistant Ann Walker, Journal editor Glenna Wilson, Journal assistant and Rock Springs scheduling coordinator Teri Springer, and administrative assistant Trisha Cash.

State 4-H leader Glenn Busset is pictured seated in the state 4-H office. Other members of the state 4-H staff are, from left, Charles Lang, Charles Bates, Lois Redman, Dale Apel, Marcia McFarland, Emily Kling, and Steve Fisher.

May Christmas 1980 be a time of special happiness for all of you!

You're one in a million

(Continued from page 3)

Sad to say, most people settle for far less in life than they should. They stop far short of a goal—or, worse, fail to even set a goal—then spend the rest of their lives explaining to whoever will listen why they did not accomplish that which they still have the time and ability to do.

I mentioned this theme "Luck comes to those who are ready for it" at a high school graduation once, and afterward one of those young men who carry all the weight of the world on their shoulders challenged me, saying, "The Lord giveth and the Lord taketh away. I think your message to all young men and women should be, 'All things come to him who waits'."

The best I could do under the circumstances was to congratulate him on his knowledge of the scriptures, and to repeat for him the jingle I first heard when I was a 4-H agent in Abilene many years ago:

"All things come to him who waits, But here's a rule that's slicker: The guy who goes after what he wants Gets it a darn sight quicker."

How may people have convinced themselves they can't accomplish their objectives, when in reality they still have the time and ability to accomplish almost anything they dreamed of doing? Will you, in a few years, look back at this moment in your life and regret that you failed to set as your goal to become all you are capable of becoming? Or will you make whatever decisions are necessary and move ahead?

Whatever you choose in life, I hope that you do not settle for anything less than to become all you are capable of becoming. Remember the concept of self-actualization, the need we have in the marrow of our bones to accomplish something significant, and think about it again in five years, December of 1985.

Now as you are graduating from the great educational program known as 4-H work, are you making decisions for the years ahead? Will you, literally as well as figuratively, become "one in a million"? Tune in in December, 1985, and find out.

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4

Four at top in project work

This week in Chicago, winning national honors capped the excitement of being delegates to National 4-H Congress for four young Kansans.

Named as national winners in 4-H project work are David Strawn, Cimarron; Malea Husted, Spring Hill; Amy Jo Reinhardt, Erie; and Kim Petibone, Kanorado.

in agriculture —

As a winner in agriculture, David Strawn received a \$1,000 scholarship from International Harvester which also provided his trip to Chicago.

David farmed 280 acres in cropland for his 1980 4-H projects. But additional responsibilities came unexpectedly when in late May his father was injured as a result of a fall from the shop loft. David went ahead with management of the harvesting of 700 acres of wheat.

A major project for David is conservation of natural resources, which he's carried for 11 years. In addition to his agricultural projects, David has also enrolled in woodworking and electric energy, and has been a project leader for both.

This year he's enjoyed a selfdetermined project-restoring a 1967 Mustang. David enjoys working with cars and machinery and is studying agricultural mechanics at Dodge City Community College. Later he hopes to return to the family farm in Gray County. His parents are Mr. and Mrs. Ira Stawn.

For four years David was president of his Cimarron Rustlers 4-H Club, and was a member of the Gray County 4-H Council. In high school he was twice president of his class, and he lettered three years in both football and track.





David Strawn Cimarron

Malea Husted **Spring Hill**

in entomology —

This summer Malea Husted's older neighbors nearby in the Spring Hill area benefited from her work in the entomology project, in which she's a national winner. As a community service with no charge, she sprayed house foundations to control grasshoppers, fleas, ants, roaches, spiders, and crickets.

During her 11 years as a 4-H member entomology has been Malea's most important project. She has a collection of 380 insects. and most of her 4-H Day talks have related to entomology. Mobay Chemical Corporation provided her \$1,000 scholarship and the trip to Chicago.

Of the 28 projects she's carried, Malea considers leadership and citizenship her other major ones. She enjoys helping younger members. She attended Citizenship Short Course in Washington this summer.

Currently Malea is president of Happy Go Getters 4-H Club in Miami County. She's been 4-H council reporter and is vicepresident of the junior leaders club.

Malea is president of the senior class at Gardner-Edgerton High School, and is manager for women's track there. Her parents are Mr. and Mrs. John Husted of Spring Hill.

in safety —

The trip to National 4-H Congress was the second trip to Chicago won by Amy Jo Reinhardt for outstanding work in safety. When she was 11, her Neosho County club, Best Yet, won a trip to National Safety Congress there. Amy said it was a thrill to return to the Windy City now. A special bonus is a \$1,000 scholarship from the General Motors Foundation.

Amy has written and talked about safety many times and has been her club's safety leader. She's state secretary of TASK, a teen safety group.

Another major project for Amy is dairy foods as she lives on a dairy farm. She was a state Youthpower winner with a project on Japanese nutrition, an interest which





Kim Petibone Kanorado

Amy Jo Reinhardt Erie

developed from her Labo trip to Japan when she was 14.

At Erie High School, Amy is junior class secretary, Kayette treasurer, an honor student, and a student council member.

The daughter of Mr. and Mrs. Richard Reinhardt of Erie, Amy hopes to attend Kansas State University and major in business.

in the horse project —

"I became a better sportsman by smiling whether I won or lost. This gave me some new friends and made me feel better about myself. Another goal was to make my horses more competitive in the show ring," Kim Petibone wrote in her 4-H record book. "I did this by forcing myself to work harder with them."

Kim's a national winner in the horse project, winning a trip to Congress and a \$1,000 scholarship from the American Quarterhorse Association. After learning to ride as a little girl, she got into the 4-H horse project. To help to pay for expenses of owning horses and going to horse shows, Kim raises colts, selling them as yearlings.

This year she and a friend had training sessions for younger children. Kim liked helping the youngsters and seeing their faces light up when they rode the horses.

Other projects for Kim have been dog, junior leadership, and market steers. She's been secretary of the Sherman County 4-H Council, and has served in offices in Country Clovers 4-H Club.

Kim was a guard on the high school basketball team which was (Continued on page 6)

Winners

(Continued from page 5)

the 4-A state champion. In high school she played tennis for four years and was in track for two. Now she's a freshman at Kansas State University in animal science.

Kim is the daughter of Mr. and Mrs. Richard Petibone of Kanorado.

Sectional winners

in dog care —

Tracy Carlile of Sedgwick County won a trip to National 4-H Congress as a sectional winner in dog care and training. Ralston Purina Company was trip donor. Among her other 4-H projects are veterinary science and junior leadership. She's president of Colwich Hustlers 4-H Club.

Tracy's two dogs are a Golden Retriever and a Brittany. During the summer she worked at a kennel, and continues to help there two evenings a week during the school year.

At Andale High School where she's a senior, Tracy is a member of a Future Problem Solving group. Doing just what the name indicates, the teenagers develop possible solutions to possible future problems, with the possibility of going to a national problem solving conference.

Tracy's parents are Mr. and Mrs. James Carlile of Colwich.

in veterinary science —

Another Kansan at National 4-H Congress as a sectional winner is Gavle Brown. Leavenworth County, taking the honor for her five years of work in veterinary science. Gayle has worked for a veterinarian, doing such things as weighing the animals and holding them for shots.

Pigeons is another favorite project, as well as ceramics, other crafts, geology, and junior leadership.

At Leavenworth High School where she's a senior, Gayle is active in track and basketball. The Leavenworth Leaders 4-H Club member is the daughter of Mr. and Mrs. Phillip Brown of Leavenworth.

The Upjohn Company provided her trip to Chicago.



Tracy Carlile Colwich



Gayle Brown Leavenworth

We Are Proud . . .

... of the achievement of Kansas 4-H Club members in improvement of wheat quality, raising crops, records of prizes at district and Kansas State Fair wheat shows, and judging crops. On behalf of Kansas wheat producers, we are pleased to have a part in recognizing these accomplishments, as well as excellence of records and studies on wheat. Kansas grows the best wheat in the world, and 4-H helps "to make the best better."

WE CONGRATULATE the two state award winners in the 4-H wheat quality program, and a wheat variety contest winner who were our guests on an educational trip to inspect Gulf Port export facilities.

Kansas Wheat Commission

1021 North Main

Hutchinson, Kansas 67501

Other 4-H members who won trips to National 4-H Congress as state project winners, and their counties and towns, are: achievement, Lucy Anschutz, Russell, Russell, and Dara Keener, Johnson, Shawnee; automotive, Kevin Wiens, McPherson, Inman; beef, Scott Schaake, Douglas, Lawrence; bread, Janel Carswell, Osborne, citizenship, Alton: Von Rothenberger, Osborne, Osborne, and Sandra Tegtmeier, Nemaha, Bern; clothing, Shelley Purcell, Jewell, Webber;

conservation of natural resources, Patrick Schwab, Haskell, Copeland; consumer education. Michelle Stum, Ness, Ness City; dairy, Larry Funk, Marion, Hillsboro; dairy foods, Sharon Bowman, Pawnee, Larned; electric. Mark Unmen, Barton, Great Bend; fashion review, Betsy Herbster, Brown, Morrill; food-nutrition, Elizabeth Wulf, Harvey, Newton; food preservation, Susan Schoneweis, Riley, Manhattan;

forestry, Wesley Rauth, Scott, Scott City; health, Joy Palmer, Kearny, Kendall; home environment, Cindi Jones, McPherson, Mc-Pherson; horticulture, Vickie Cordell, Morris, Council Grove: leadership, Chad Messenger, Finney, Garden City, and Teddi Bankes, Dickinson, Enterprise; livestock, Keith Conine, Scott, Scott City; petroleum power, Doug Burnette, Barton, Great Bend; photography. Rhonda Brown, Harvey, Newton; public speaking, Ron Wineinger, Marion, Marion, and Anita Cleland, Douglas, Baldwin;

sheep, Stacy Seely, Leavenworth, Tonganoxie; swine, Eric Thiele, Norton, Norton; wood science. Ralph Lebow, Chevenne, Kanorado; Santa Fe, Dennis Landgraf, Scott, Garden City, Romalyn Fox, Hamilton, Syracuse, Neal Hieber, Miami, Paola, Renee Nyhart, Phillips, Agra, and Nancy Malir, Ellsworth, Wilson.

Houston trip winners

Winners of an educational trip to Houston, Texas, are Brad Wasson, Dodge City, and Jody Reichel, Bison, as winners in wheat quality. State winner in the wheat variety contest, Robert Wedel, Marion County, also went on the trip, which is given by the Kansas Wheat Commission.

(Continued on page 17)

"Hands for larger service"



By Lynn Barnett Leavenworth

Editor's note: This article about the "larger service" of a 4-H club was written during the summer. Since then, Cameron has made good progress, his mother says, with the major emphasis on learning to crawl. The family and volunteers continue to work with Cameron 15 hours a day. The Rutledges are grateful to the 4-H members for their help during the past year.

The Livewires 4-H Club of Jarbalo in Leavenworth County has had an opportunity for a unique community project. Cameron Rutledge, a 2-year old boy who was brain-damaged at birth, has been on a program since October 1979 to help him learn to creep, crawl, and then walk, and also to talk.

The club voted at its November 1979 meeting to help with the patterning of Cameron which is part of the program. This program is set up by the Institute for the Achievement of Human Potential in Philadelphia, Pennsylvania. The members decided to have money-making projects to help with the expenses.

Cameron's parents, Jim and Dixie Rutledge, and his brother, Danny, 13 (a 4-H member), are kept busy with the various things that have to be done for him. There are breathing exercises, auditory exercises, and a reading program. Then there's the process called patterning which has Cameron lying on a table on his stomach with one person turning his head from side to side and a person on each side working his arms and legs to repeat a crawling process. This is done to the rhythm of a metronome for five minutes at a time, three times in one hour, with 15 minute rests in between.

About one-third of the club membership has been involved in this. It's done five times a day, everyday, with his family doing the early shift, and neighbors and friends working the next four times. About 85 people help with this program. All time left is dedicated to getting Cameron to move across the floor.

For fund-raising projects the year was divided into quarters and the

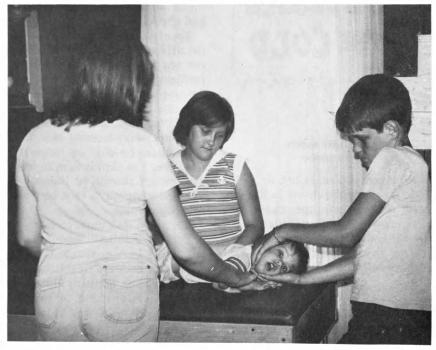


Photo by Karen Wake

Members of Livewires 4-H Club help with patterning of Cameron Rutledge. From left are Lynn Barnett, Julie Barnett, Cameron, and Danny Rutledge.

whole club membership was divided into four groups. From each group five were picked to be the main committee and from that two cochairmen were picked. Each group decided what the club would do to make money and reported at the first meeting of each quarter, giving two months to complete the project.

The first group had everyone do individual money-making tasks and give some part of their earnings to the Rutledge Trust Fund, set up by the Kiwanis Club in Tonganoxie. This project brought in \$48. This group of 4-H'ers also put donation cans in stores in Tonganoxie. They were left in the stores for about six weeks. Contributions from these cans amounted to \$185.70.

The second group planned a bake sale and it was held at the Leavenworth Plaza on a snowy day. This netted \$53.50.

The third group planned for members to pick up and collect aluminum cans. Others in the neighborhood got involved in this project and in June 520 pounds of aluminum were turned into \$130 at a recycling plant in Leavenworth.

The fourth group spear-headed a drive to sell tickets for a drawing on a 1955 Chevrolet owned by Cam-

eron's father. The Lions Club of Basehor sponsored this event and the Livewires pledged to sell at least 200 tickets, at \$1 each, in time for the drawing on the last day of the Leavenworth County Fair in Tonganoxie.

Cameron was taken back to Philadelphia in early March and again June 30. He has shown excellent progress in his program.

New things have been added. The intelligence program has been increased and a math program has been added. As his hearing is helped by a buzzer, he will be able to talk. His vision is being helped by a flashing light. All words spoken to him by his mother as she shows them to him on flash cards are stored in his brain. Once he can talk, it is hoped he'll be ahead of his peers at that time.

When this program was started Cameron was only able to shove his body along by using his feet, but at the end of nine months has moved over 500 feet a day, using the pattern being taught to him. He is expected to move 1,000 feet a day by January. (Ed. note: Cameron reached this goal ahead of schedule.)

(Continued on page 8)



By Teddi Bankes Enterprise

Whether you're skiing in Colorado, or doing the chores in Kansas, cold temperatures can cause two serious medical problems frostbite and hypothermia.

The sooner frostbite is noticed and treated, the less chance there is



for permanent damage. Frostnip, the first stage, can be noticed when small patches of white skin appear, often on the fingertips, nose, ears, and cheeks.

Simply place a warm hand over the affected area to warm it. Never rub any type of cold injury; this can further injure the tissue. Treat frostnip quickly, or it will develop into the more serious and second stage, "superficial frostbite."

White, waxy-looking skin is the first characteristic of superficial frostbite. The skin is firm to touch. The victim should be immediately warmed using warm (not hot) water or body contact.

The third and most serious stage is "deep frostbite." Signs are cold, pale, solid-looking tissue. This stage requires a doctor's treatment.

Tight-fitting boots or clothes can lead to frostbite. So to avoid it, wear loose clothing and be aware of good circulation.

Hypothermia is a cold-weather killer. It is the lowering of one's core body temperature. It often occurs at temperatures well above freezing and unlike frostbite, if untreated, hypothermia can cause death.

Hypothermia is sometimes referred to as exposure. Unfavorable temperature, wind chill, humidity

Isn't it great to have money for Christmas shopping in your savings account at your

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Plainville and Stockton Rooks County Savings Assn. (including wet clothing), food and water intake, exertion, and state of mind can contribute to its effect.

Hypothermia occurs in four stages:

1. Uncontrolled shivering. Cover the victim to stop heat loss. Remove all wet clothes. Supply warmth immediately.

2. Confused attitude. The victim will no longer feel cold and may feel confused. Supply warmth immediately, because at this point the victim cannot produce enough heat to rewarm himself. Give warm food and liquids, check and record pulse rate, and transport the victim to a hospital immediately.

3. Unconsciousness. Supply warmth immediately, but give no food or liquids. Use warm (about 105°) moist towels to the central core of the body—the neck, head, sides, and groin. If not treated promptly, the victim will die. Record and monitor pulse rate and prepare to administer cardiopulminary resuscitation. Transport to the hospital immediately, or as soon as possible.

4. Freezing of the extremities. Treat as stage three.

Whether dealing with frostbite or hypothermia, remember — **Beware the cold.** So prepare to stay safe and warm this winter.

Larger service

(Continued from page 7)

This committee project has involved all members of the club. Some have been more active than others, but everyone has had a chance to "Give their hands to larger service" for Cameron. He has stolen their hearts!



TOPEKA GREATER KANSAS CITY MANHATTAN LAWRENCE OLATHE EMPORIA SALINA WICHITA

4-H LEADER FORUM

in the Nation's Capital

Are you looking for an opportunity to mature and grow in your leadership ability? Would you like to exchange ideas with 4-H leaders from across the country?

Then plan to join the group of Kansas 4-H leaders who will be delegates to the National 4-H Leader Forum at the National 4-H Center in Washington, D.C., April 26-May 3, 1981. Kansas leaders will join 4-H leaders from other states in exploring various phases of 4-H leadership and citizenship.

The Kansans will fly from Wichita or Kansas City to the national capital for a busy week of workshops, seminars, tours and idea exchanges. Participants will be housed at the National 4-H Center, a residential conference facility in the Washington, D.C., suburbs.

Cost for the forum will be \$560 from Kansas City or \$600 from Wichita. Pre-registration can be handled through your county extension office. A \$50 deposit by February 1 will assure your place in the delegation. Kansas has space for only 40 participants, so sign up early.

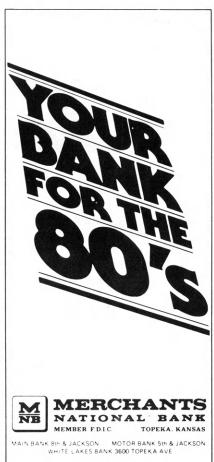
The Kansas 4-H Foundation will give \$100 scholarships (one per county) for first-time leader attendance. These scholarships are available from funds donated through the recent statewide 4-H fund drive.

Over 200 Kansas 4-H leaders have attended the forum. These past delegates are willing to talk to your county 4-H council or 4-H club about their experiences. Your county extension agent can give you names of past delegates from your area.

Coordinator for the trip is Lindy Richardson, Douglas County 4-H Agent, 2110 Harper, Lawrence, Kansas 66044.



The National 4-H Leader Forum is open to any 4-H leader. Contact your county extension office for more details.





KANSAS 4-H JOURNAL

Greetings from the state 4-H staff



A gift is, above all, An offering.

Three Wishes

at Christmas

In French, one cannot give a gift, he must offer it. At first glance, this may seem an irrelevant play on words. On a deeper level, however, it is a fine and important distinction. I give is complete-wrapped, tied, delivered, and final. I offer is sensitive and open, an offering. It awaits a response-acceptance or rejection-to be complete. Regardless of what the giver offers, it is a portion of himself. Acceptance depends on the same delicate and sensitive perception.

I wish it were possible to offer a personal Christmas Wish to each of you. If I could talk to each of you, I would include these Christmas Wishes:

I wish you Good Luck, but the older I get, the less sure I am of what I mean when I say, Good Luck. I think, but I am not quite sure, I mean that I wish you endless problems-along with the enthusiasm, energy, and willingness to challenge them. May your record show that you solved somewhat more than half of the problems.

I wish you Success. When I force myself to think what that means, I finally hope that you will be useful in whatever you undertake. Every successful person that I have ever known was essentially a cheerful, effective, and faithful servant. Albert Schweitzer told a class of graduates, "I don't know what your destiny will be, but one thing I know, the only ones among you who will ever be happy, are those who have sought and found how to serve."

I wish you Happiness. Tying this wish to Dr. Schweitzer's statement, I can say with confidence and assurance that in about the same degree that you are helpful, you will be happy. It is a sad commentary on the learning ability of the human being, that this truth has been an article of religious belief for thousands

of years; yet we see a vast scrambling for happiness through every avenue of expression except that of being helpful to other humans in need.

I hope you can accept my offer of three wishes of Christmas-and for the rest of your life. If you do, you will have everything that money can't buy.

Glenn Busset

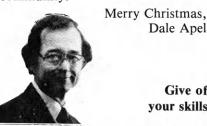


Reach out and share

Merry Christmas! Christmas is a season for joy, a season to share gifts of love, to begin new traditions, and to continue old ones. For many 4-H families, it's a special opportunity to do things together.

Many choose also to reach out and share their joy, their love in the Christmas season with others. Some invite people for a meal. Cookies, breads, and special holiday treats cheer many lonely homes, thanks to a thoughtful one. For others, it's Christmas carols, a basket of food, new or used clothes for children, or a box of toys. It may be a visit to someone in a retirement home, a Christmas card to a friend far away, a quick word of greeting by phone, or a hearty greeting on the street.

During this Christmas season, may each of you find new heights of joy and love in your family and community.



Give of your skills

Dale Apel

I would like to extend Seasons Greetings to each one of you! May this holiday time bring you much joy and happiness.

The holidays provide opportunity for us to share with one another in very special ways. Giving and receiving seem to be that which we all enjoy. For many, giving is a very significant aspect of this time of year.

As we become involved in preparing for the holidays, we begin to



think of the many things we would like to do in sharing-giving to those who are very special to us. Often sharing-giving comes in forms of gifts that may include personal items to food, and so on.

I would like to suggest that you consider sharing-giving of your special skills learned through your 4-H experiences this 4-H year. You could do this by giving project talks, illustrated talks and demonstrations to special groups, including civic and community clubs/groups, the elderly and shut-ins in homes.

Sharing your skills learned through 4-H is truly a "gift of yourself." Sharing-giving in this manner will give new dimensions to your "SPIRIT OF GIVING" at this special season.

Charles Bates

Plant a tree



A Christmas tradition that has been special with us has been the purchasing of balled and burlaped live Christmas trees to use at Christmas in our home. Not only do these trees provide a true pine fragrance in the house, but they can then be used in the landscape after the holidays.

I would encourage each 4-H family to consider buying a live Christmas tree and then planting it in their own yard. Or if there is not room for any planting on their personal property, then give the tree to plant in a city park or courtyard square or school yard or the meeting place of their 4-H club, as examples.

4-H clubs may also want to purchase a large tree and give it afterward as a community service project.

A word of caution: Before the ground is frozen, dig a hole so you'll be able to plant the tree. Make the hole large enough for the tree.

Consult your nurseryman or one of your forestry project leaders to find out how to care for the tree in your home and afterwards as you plant it.

Steve Fisher

NOVEMBER-DECEMBER 1980

Play a game



Hello, everyone! Here's an activity for any time of the year.

Web of Life

Seat everyone in a circle and give each person a card with the name of a natural object, plant, or animal (sun, soil, air, and water are essential—use your imagination to add others). The names should be clearly visible from a distance (use magic marker) and each club member should hold up his card so everyone can see it.

The leader stands in the middle with a ball of string. The end of the string is given to the "sun" and moves to the next person when the sun declares a relationship he has to another member of the circle (i.e., the sun may say "I make the grass grow," and the string is unwound and given to the grass).

Club members must hold their strings taut and the string moves around the circle (i.e., grass to rabbit to fox to soil to tree, etc.) forming a web. Once a good tight web with everyone involved has been formed, ask what happens if components of the web are eliminated. Say "What if water pollution is bad?" and have "water" drop his strings.

As other members of the circle drop their strings, the web will be come looser and disappear. Talk about man's place in the web—are we cutting strings?? (Equipment: large cards, magic marker, ball of string)

I hope you enjoy these activities. Have a Merry Christmas and a Joyous New Year.

Emily Kling



Have an open house

Christmas is the time when a lot of people like to get together just for fun. So why not have a Christmas open house in which all the agents invite the members of their county Extension council and their spouses or boyfriends or girlfriends to an afternoon open house. No shop talk, just a chance to get acquainted with the people.

Looking for help to put it on? Why not have the junior leaders serve the food.

Some agents have done this on a weekend, on a Sunday afternoon, to further underline the importance of really getting families involved.

Charles Lang



Give a gift of time

Looking for ideas for Christmas gifts—but short of money?

A really nice way to say, "I love you" at Christmas is to give some of your time to help family members or friends.

Try making a coupon book offering services that you know will be helpful and that you'll feel comfortable doing. You can decorate your coupons any way you choose—be creative!

Some ideas for service:

- 2 hours of free babysitting
- 1 evening meal's dish washing
- 1 Saturday morning's help with any chores
- 2 loads of laundry
- 1 hour of ironing

1 lawn mowing (look ahead!)

Or think of other ideas of your

own.

Marcia McFarland



Add an international touch

To add an "international" flavor to your Christmas, try saying Merry Christmas and Happy New Year in another language. The 1980 IFYE's from Kansas will be saying: Swedish:

God Jul Och Gott Nytt àr . pronounced:

Gud Yul and Gutt Neat or

Spanish:

Feliz Navidad pronounced:

Fa-lese Na-ve-dahd

Because Thailand is not a Christian nation, they do not celebrate Christmas but do New Years.

าสัตวิปไป

Happy New Year Sa-Watt-Dee Pee-Mai

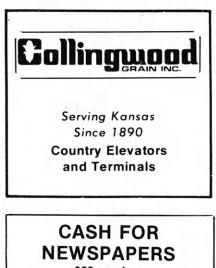
If you want to say Happy Holidays in Swedish, say:

God Helg pronounced:

God Hel-ye

For a Scandinavian snack, try the Norwegian Lefse. Use left-over cool mashed potatoes. Add a little sugar and then work in enough flour to make a stiff dough (like piecrust). Make a ball (about 2T) and then roll out on a floured surface (pastry cloth works best). Roll out very thin. Pick up with both hands and drop into a very hot dry skillet (cannot straighten it out after it hits the skillet—will tear). Fry on both sides. Then add butter and either sugar or honey and roll up and eat warm. Adding cinnamon is good, too.

> Happy Helg, Lois Redman



\$20 per ton

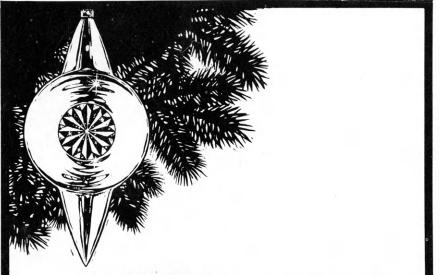
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KANSAS 4-H JOURNAL







Wishing you the peace and warmth of a Kansas Christmas



SERVING THE PEOPLE OF KANSAS

Ideas & News

From the Northeast Area:

Cloud County: Recently elected as presidents of 4-H clubs are Colleen Blochlinger of Fairview Hilltoppers and Alice Demanett of Hopewell Corners. Marsha Jones is reporter for the Hilltoppers and Michelle Paris for Hopewell Corners. New members of the latter club are Matt Ford, Steven Paris and Amy Zimmerman. Welcome to 4-H!

Riley County: The program chairmen of local service organizations have a reservoir of talent available to them-4-H members! In a 4-H Progam Directory is a listing which includes a fashion show, slide show, band, and numerous talks and demonstrations, along with the name, address, and telephone number of the 4-H members who make the presentations. So that organizations can use the directory effectively, each presentation is described and the length of time it takes is given. Jay Bohnenblust, a member of Leonardville Hustlers 4-H Club, was directory chairman. Maureen Hintz is the 4-H agent Everything came up roses for Riley County's delegates to the National Junior Horticultural Association's 1980 convention in Atlanta. Susan Schoneweis was grand champion in honors judging there and was elected western region director of the national group. Keith Westervelt was named national champion in fresh horticultural production and marketing. Russ Pugh was on the team which won reserve grand champion in 4-H team judging, placing as seventh high individual. (See related article next page.) Manhattan: Extension writer Ralf Graham was honored during the fall extension conference by receiving the 4-H Good Guy Award. The award goes to someone each year who has been especially helpful to 4-H. Graham has produced audio-visual materials for 4-H and has assisted the 4-H program as a special projects editor.

From the South Central Area:

Harvey County: A 1980-81 club project of Kellas 4-H Club is providing food for Meals on Wheels recipients. Members make 40 food items of their own chosing every Saturday, and if they are able to, the 4-H'ers help deliver the meals. During October, Vera Busenitz and Elizabeth Wulf prepared food, and other club members are continuing to do so. The project grew out of Elizabeth's previous experience in preparing food for Meals on Wheels. Several people wrote to tell her how much they appreciated what she had done At a meeting of Macon 4-H Club, 4-H members and guests told about many of

(Continued on page 15)

(Continued from page 14)

the projects available to 4-H members, **Darla English** reports.

Gary Sieman represented Kansas in the tractor operating division of the Western United States 4-H Engineering event. In addition to driving a tractor, Gary took a written examination on tractor maintenance, safety, and operation.

Butler County: David Kehler, new 4-H agent here, was named the 1980 Outstanding Young Agent at the Kansas Association of Extension 4-H Agents fall meeting. He is also the new president of the association. Kehler came to Butler County this fall, after having been a 4-H agent in Cherokee and Douglas counties.

From the Northwest Area:

Smith County: One of Kansas' oldest 4-H clubs is Solomon Valley, organized in April 1927. The first leader of the group was Walter Hofer, now 94. His son Richard and grandson Steve were members, and great-granddaughter Amy joined the club in the 1979-80 year. At an open house this year, four members of the 1927 club were on hand, and eight of the 4-H'ers from 1933, the year the club was chartered, were there. Current community leaders are Mrs. Roy Orr and Mrs. Arthur Kuhlmann.

Hort group formed

At the 1980 Junior Horticulture Field Day, Kansas State University, the Kansas Junior Horticulture Association was formed. First the constitution was adopted and then officers were elected. 1980-81 officers are as follows:

President — Susan Schoeneweis, Riley County

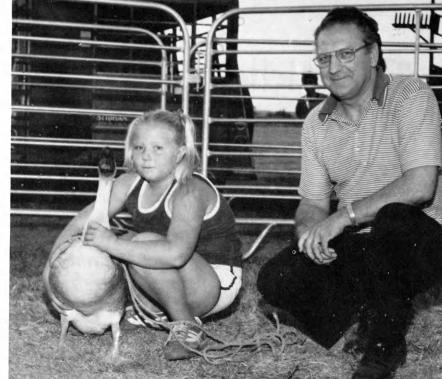
Vice-President — Keith Westervelt, Riley County

Secretary-Treasurer — Dara Keener, Johnson County

Reporter — Marilyn Lindsey, Johnson County

The association will promote horticulture as a career and avocation.





THE GOOSE THAT LAID THE GOLDEN EGG—LeAnn Miller is sorry to lose her 4-H gander, but proud of its contribution to a good cause. The goose's first buyer, Fred Dunshie, is at right.

Generous crowd buys and rebuys goose

People all over the country who listen to Paul Harvey on the radio heard about an incident at the Cloud County 4-H livestock sale.

There an idea that grew like fire generated help for a family whose house had caught fire the day before.

A special event at the sale was the selling of an African gander belonging to 4-H member Le Ann Miller. Because the buyer, Fred Dunshie of Combustion Engineering at Concordia, didn't wish to take his purchase home, David Carlgren, a community 4-H leader, suggested that the goose be resold and the money contributed to the Larry Sorell family, the fire victims.

The gander was sold and resold, until everyone who wished to contribute had had a chance to make a bid. More than a thousand dollars went to the Sorells.

"One of the nicest things about it was that it was such a spontaneous thing," commented Cloud County agent Darrell Hosie. "It left the whole community feeling good about itself."

Focus on photos in across-state exchange

4-H members and exchanges go together like film and cameras.

And film and cameras were in focus at a 4-H exchange earlier this year.

Joan Istas, now a Thomas County 4-H leader, used to be a 4-H leader in Franklin County. She returned there in March to be the judge of the Franklin County Winter Photography Show.

The next month three Franklin County 4-H members and their photography leader, Michele Dunlap, returned the visit by coming to Thomas County to take part in the 4-H Spring Photography Show. 4-H members and leaders from Decatur, Logan, and Thomas counties attended the event in Colby.

More than 40 pictures taken by 4-H members from Franklin and Thomas counties were on display.

4-H members Rob and Brett Dunlap and Steve Hausler demonstrated rolling one's own film, holding and loading a camera, and mounting pictures. Michele Dunlap called on 4-H'ers in the audience to assist with her demonstration on developing negatives.

Later the 4-H members became the judges as they placed three groups of photographs.



the more than a thousand 4-H members who were enrolled in 4-H dairy and dairy foods projects during 1980. They and their families realize the importance of the Kansas dairy industry and the value of dairy products.

Special congratulations to these 4-H members:

State Dairy Foods Winner



Sharon Bowman Pawnee County

State Dairy Winner



Larry Funk Marion County

Winning trips to the National Dairy Conference at Madison, Wisconsin, for their herds' high production records were:

> Steve Pretz, Miami County, Holstein Elizabeth Altwegg, Geary County, Ayrshire Jeff Ochampaugh, Rooks County, Holstein

The four top individuals in the state dairy judging contest made up a team which went to the National Dairy Contest at Madison. Members were:

Kenny Wilson, Atchison County, high individual at the Kansas dairy contest Bob Seiler, Sedgwick County, high individual in judging Holsteins in the national contest,

Maureen Eggleston, Coffey County Keith Wilson, Atchison County

County extension agent Ray Ladd accompanied the team to the national contest, where the team placed 15th overall among 37 teams.

The high county dairy judging team at Kansas State Fair was from LEAVENWORTH COUNTY. Members were:

Robbie Leach, 6th place; Chris Leach, 9th; Gary Jons, 10th; Andy Klamm.

Touch of another culture brings change

By Joan Istas Colby

He left for Japan, a boy who liked to sleep late on summer mornings, a boy with an interest in photography and a penchant for escaping yard work and other duties if he could.

His record book would be due while he was gone and Mom had to pressure him to complete it. He did the reporter's book because it was necessary for the club. His photography story was long, but the stories for his other projects, Acres For Wildlife and geology, were short.

He was ready to go when they called his flight number. A little nervous but still anxious to be on the way. Still, he was only 13 and the other kids all seemed to have their friends. Always somewhat of a loner, he was on the edge of the group when they passed out of sight into the plane.

The month passed quickly and, yet, slowly. There was so much he missed, so much he'd have to catch up on. A fellow 4-H'er died, losing his fight against cancer. Conference photography judging, being held in the county for the first time, was stiff. Yet, his photograph of his little brother's skinned knee received the coveted state purple. The family went to Oklahoma and little brother went visiting in north-central and western Kansas. Mom and Dad decided a change in schools was necessary to provide both boys with a better education.

I knew he was having different experiences, too, experiences that would touch him and change him. But his first letter to the family was all-American Rob of Ottawa, Kansas. He'd met his Japanese family. They'd gone out for Kentucky Fried Chicken. They'd gone to a department store and he bought a model . . . "for he and Nagash to work on," his mother explained.

There were no more letters. But there were the postcards — to relatives and friends, the first indication that the Rob we sent to Japan wasn't the one who'd return home. The postcards were all different, all personal, showing thought and consideration for the people he'd penned them to.

"Dear Jo Anne," he wrote to me, playing on the joke we had about some of our long-time 4-H friends calling me Jo Anne instead of Joan and in doing so, revealing a wry sense of humor he normally kept closeted.

"We went to the Bon Festival today. It's like our sidewalk sales only with wall to wall people (with only half of them staring at me). We went to a fireworks display. Guess how many they shot off in two hours? Over 200. Will see you soon. Writing makes me tired. Sincerely, Rob."

The signs were there. I noticed them. Yet, I wasn't prepared.

He stepped off the plane and he even looked different. Had it been that long? Was he heavier? No, he said, but he might have lost a little weight. But he was taller. His voice was different, gruffer, hoarser. Did he have a cold? No.

He was poised and confident. He joked easily with the other kids and talked confidently with the adults. He was familiar with the state 4-H specialist who had headed the group to Japan. He talked of seven mat rooms, of eating eel and raw fish. Raw fish was good, he said. I'd have to try it.

He muttered under his breath in Japanese and answered his little brother in slang he hadn't used when he left for Japan. "Why, mon?" he asked in a semi-gruff voice.

He talked about his "girl friends" (four of them) with proud detachment. He bounded across the room with sudden inspiration to answer the telephone. "Moshi, moshi." And when there was silence, he chuckled and said, "Hello."

He asked about the yard. Did it need mowing? Boy, did it need mowing! How was the garden doing?

He'd never been interested in those things before.

He answered questions that had been asked too often before with impatient tolerance. He talked about "my family" when referring to the Japanese family he had spent a month with. "When can I go back?" he asked. "I want to go back. I promised them I'd come back."

I sat there in stunned silence. This wasn't Rob of small town Ottawa, Kansas. He had grown, touched and accepted a piece of another culture. He was now a part of a Japaness family as well as of an American one. He was no longer a boy. Maybe he wasn't a man, not yet. But he was no longer a boy.

His 9-year-old little brother touched his knee. "I missed you, Rob," he said.

"I missed you, too, Brett," he said.



Other state winners

(Continued from page 6)

Other state winners in project work are: 4-H alumni, Donald Deege, Pawnee, Larned, and Willa Beth Mills, Pratt, Pratt; bicycle, Bret Eckert, Atchison, Effingham; clothing carousel, Jamie Broussard, Johnson, Shawnee Mission: clothing strategy, John Evans, Leavenworth, Tonganoxie; commodity marketing, Marilyn Bolt, Sherman, Goodland; corn, Ryan Hobson, Republic, Scandia; gardening, Charles Stoffer, Dickinson, Abilene; geology, Kathy Murphy, Harvey, Newton, Gayle Brown, Leavenworth, Leavenworth, Terri Carr, Montgomery, Independence. and Von Rothenberger, Osborne, Osborne;

health, John Black, Pratt, Pratt; meat utilization, Cindy Houck, Lyon, Bushong, and Diane Johnson, Saline, Smolan; newswriting, Malea Husted, Miami, Spring Hill; people-to-people, John Mishler, Nemaha, Sabetha, Robyn Cole, Scott, Modoc, Jay Nicholson, Sedgwick, Wichita, and Tim Branda, Ellis, Hays; pigeon, Craig Trible, Butler, Augusta; poultry, Dean Reida, Sedgwick, Goddard, and Curtis Willems, Labette, Parsons;

rabbit, **Tim Branda**, Ellis, Hays; recreation, **Nancy Johnson**, Riley, Leonardville; soybeans, **Kent Swinney**, Morton, Rolla; and wheat, **Joe Thies**, Leavenworth, Leavenworth.

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NOVEMBER-DECEMBER 1980

MEADE Plains State Bank, Plains Fowler State Bank, Fowler First National Bank, Meade Meade County 4-H Council MIAMI MIAMI Miami County National Bank, Paola First National Bank of Louisburg, Louisburg First Stational Bank, Osawatomie Eirst Federal Savings & Loan, Osawatomie Eddy-Birchard Funeral Home, Osawatomie The Bank of Louisburg, Louisburg American State Bank, Osawatomie MITCHELI, Trader: State Bank, Clan Elder ITCHELL Traders State Bank, Glen Elder Tipton State Bank, Tipton The Guaranty State Bank & Trust, Beloit First National Bank, Beloit Farmers State Bank, Simpson Farmers State Bank, Hunter Farmers & Merchants State Bank, Cawker City MONTGOMERY First National Bank, Coffeyville Citizens National Bank, Independence Montgomery County 4-H Council MORRIS Munkres Grain Co., Delavan Mor-Kan Grain Co., White City Hayes Oil Co., Council Grove Farmers & Drovers Bank, Council Grove Council Grove Production Credit Assn., Council Grov Morris County 4-H Council MORTON IORTON Rolla Cooperative Equity Exchange, Rolla Janzen-Elder Insurance & Real Estate, Inc., Elkhart Fisher, Inc., Elkhart Elkhart Bank, Elkhart Elkhart Cooperative Equity Exchange, Elkhart Caffee Insurance & Real Estate, Elkhart Morton County 4-H Council FMAHA Morton County 4-H Council NEMAHA Wittmer Grain Co., Sabetha Seneca Elevator Co., Inc., Seneca Nemaha County Co-op Assn., Seneca Lortscher Agri. Service, Inc., Oneida Farmers Cooperative Elevator, Sabetha C-G-F Grain Co., Inc., Centralia NEOSHO Prest Lumber Co., Erie Comfort Contractors, Chanute Ash Grove Cement Co., Chanute Neosho County 4-H Council NESS First State Bank, Ransom First State Bank, Ness City Citizens State Bank, Utica Bazine State Bank, Bazine Ness County 4-H Council Ness County 4-H Council NORTON Norton Livestock Auction, Norton Norton Appliance & Furniture, Norton Miller Tire Center, Norton Kellings Fine Foods, Norton A-T Implement Co., Norton Norton County 4-H Council Norton County 4-H Council DSAGE Western Auto, Burlingame Vassar Elevator, Vassar Tucker Enterprises, Carbondale The Store, Quenemo State Bank of Carbondale, Carbondale Spalding Pharmacy, Burlingame Skip's Thriftway, Carbondale Shephard House, Burlingame Mr. & Mrs. Gerald Scheid, Lyndon Satzler Hardware, Burlingame Roller Dale Skating, Carbondale Phillips Garage, Carbondale Phillips Garage, Carbondale Northrup King Seed, Burlingame Michigan Valley Green House, Quenemo Melvern Food Center, Melvern McNabh Hy-Klass Grocery & Dry Goods, Melvern Virginia Lee Beauty Salon, Carbondale Kambas Tree Farm, Carbondale Kansas State Bank, Overbrook Jones Dairy Distributors, Osage City First Security Bank, Overbrook Esthelene's Beauty Shope, Burlingame DeBaun International, Inc., Osage City Cartish John's Bait Shop, Carbondale Burlingame Eorker, Burlingame Carbondale Service, Carbondale Burlingame Locker, Burlingame Burlingame Locker, Burlingame Burlingame Locker, Burlingame Burlingame Locker, Burlingame Burlingame Bradley, Carbondale Burlingame Co-op, Burlingame Burlingame Co-op, Burlingame Burlingame Store, Carbondale Boyles IGA, Burlingame Beek Lumber Co., Burlingame Beek Lumber Co., Burlingame Beek Lumber Co., Burlingame Back Lumber Co., Burlingame Burlingame Store, Carbondale Store, Store Merlingame Burlingame Store, Carbondale Burlingame Store, Carbondale Store Store Merlingame Back Lumber Co., Burlingame Back Lumber Co., Burlingame Back Lumber Co., Burlingame Burlingame Store, Carbondale Store, Burlingame Davens, Downs OSAGE Western Auto, Burlingame OSBORNE SBURNE State Bank of Døwns, Downs The First State Bank of Portis, Portis First State Bank, Osborne First National Bank of Natoma, Natoma Farmers National Bank, Osborne Downs National Bank, Downs

OTTAWA Lott Implement Co., Minneapolis Howers of Minneapolis, Minneapolis 4-H Boosters Club, Minneapolis Chuck Stein Chevrolet-Olds-Buick, Inc., Minneapolis Ottawa County 4-H Council PAWNEE First State Bank, Larned Pawnee County 4-H Council PHILLIPS First National Bank, Phillipsburg POTTAWATOMIE OTTAWATOMIE Yeager's Western Auto, Wamego Union State Bank of Olsburg, Olsburg The Stewart Funeral Home, Wamego St. Marys State Bank, St. Marys Pugh, Pugh & Duesing, Wamego Kaw Valley State Bank & Frust Co., Wamego Howell's Lumber, Wamego J. Warren Hidreth, Jr., D.D.S., Wamego First National Bank, Westmoreland Fairchild Agency, Westmoreland Eater Construction Co., Wamego Bud's Garage, Wamego Ratt PRATT RATT Sawyer Co-op Equity Exchange, Sawyer Preston Co-op Grain & Mercantile Co., Preston Pratt Equity Exchange, Pratt Iuka Co-op Exchange, Iuka Cullison Co-op, Pratt Cairo Co-op Equity Exchange, Cairo Pratt County 4-H Council RAWLINS AWLINS State Bank of Herndon, Herndon State Bank of Atwood, ATwood Peoples State Bank, McDonald Farmers State Bank, Ludell Farmers National Bank, Atwood Rawlins County 4-H Council RENO ENO Turon State Bank, Turon Sylvia State Bank, Sylvia State Bank of Pretty Prairie, Pretty Prairie State Bank of Plevna, Plevna State Bank of Kansas, South Hutchinson Northgate National Bank, Hutchinson Nickerson State Bank, Nickerson Hutchinson National Bank & Trust Co., Hutchinson Hutchinson Hutchinson National Bank & Iru Haven State Bank, Haven First National Bank, Hutchinson Farmers State Bank, Yoder Citizens State Bank, Yoder Central State Bank, Hutchinson Buhler State Bank, Buhler REPUBLIC The Walthers Oil Co., Cuba First National Bank, Belleville Arbuthnot's Drug Co., Belleville Arbuithnot's Drug Co., Benevine **itCE** Rice County State Bank, Chase Pepsi-Cola Bottling Co., Great Bend Palace Drug, Geneseo Otasco Store, Lyons Miller-Price Agency & Raymond State Bank, Raymond Lyons IGA Store, Lyons Home State Bank, Little River First National Bank, Sterling Farmers State Bank, Sterling Farmers Co-op of Alden, Lyons, Sterling and Pollard Collingwood Grain, Inc., Little River The Chandler National Bank, Lyons Central Kansas Elevator, Lyons Bushton Grain & Supply, Chase Alden State Bank, Alden **ULEY** RICE RILEY Vista Drive-In Restaurant, Manhattan The Riley State Bank, Riley Rader Construction, Manhattan Rader Construction, Manhattan Leonardville State Bank, Leonardville Kansas State Bank, Manhattan Cox Foundation & Construction, Manhattan Cowan-Edwards-Yorgensen Funeral Home, Manhattan Citizens State Bank & Trust Co., Manhattan Riley County 4-H Council

ROOKS

Plainville State Bank, Plainville Norton-Decatur Co-op Electric, Norton First National Bank, Palco Rooks County 4-H Council

RUSH

Farmers & Merchants State Bank, LaCrosse Rush County 4-H Council

RUSSELL Russell State Bank, Russell Farmers State Bank, Lucas Russell County 4-H Council

SALINE

The First National Bank & Trust Co., Salina Saline County 4-H Council

SCOTT Security State Bank, Scott City First National Bank & Trust, Scott City

SEDGWICK

K.T. Wiedemann Foundation, Wichita State Bank of Colwich, Colwich Home State Bank, Clearwater Fourth National Bank & Trust Co., Wichita Furst National Bank in Wichita, Wichita Citizens State Bank, Cheney Chisholm Trail State Bank, Wichita

SEWARD

Peoples National Bank, Liberal First National Bank, Liberal Citizens State Bank, Liberal Seward County 4-H Council

SHAWNEE Southwest State Bank, Topeka Falley's Markets, Topeka Shawnee County 4-H Council

SHERIDAN Mickey's Hardware, Hoxie Hoxie State Bank, Hoxie First National Bank, Hoxie Farmers State Bank, Selden Sheridan County 4-H Council

SHERMAN First National Bank of Goodland, Goodland

SMITH The Smith County State Bank & Trust Co., Smith Center Smith Center First National Bank, Smith Center First National Bank, Lebanon First National Bank, Kensington First National Bank, Gaylord STAFFORD TAFFORD St. John National Bank, St. John Macksville State Bank, Macksville Hudson State Bank, Hudson First National Bank & Trust Co., St. John Farmers National Bank, Statford Farmers & Merchants State Bank, Macksville Stafford County 4-H Council STANTON Collingwood Grain, Inc., Johnson Stanton County 4-H Council STEVENS Citizens State Bank, Hugoton Stevens County 4-H Council UMNER Wolcott & Lincoln, Inc., Wellington Wolcott & Lincoln, Inc., South Haven Wolcott & Lincoln, Inc., South Haven Wolcott & Lincoln, Inc., Perth Wolcott & Lincoln, Inc., Orbin Oxford Milling Co., Oxford McDaniel-Waples, Inc., Wellington McDaniel Grain Co., Gueda Springs Ed Johnston Grain Co., South Haven Garvey Grain Co., Conway Springs Farmers Cooperative Grain Co., Caldwell Farmers Cooperative Grain Asan, Wellington Danville Cooperative Grain Asan, Wellington Danville Cooperative Grain Co., Argonia Summer County 4-H Council SUMNER

THOMAS Sunflower Savings Assn., Colby

TREGO

Schreiner's, Inc., Ogallah Rhoades Oil Co., WaKeeney Niedens Trucking, WaKeeney Mi-T Mart, WaKeeney Malsam & Sons, Collyer Malson & Sons, Collyer Mai Oil & Fertilizer Co., WaKeeney Twoo Courst d. H. Courseil Trego County 4-H Council

WABAUNSEE

ABAUNSEE The Stockgrowers State Bank, Maple Hill First National Bank, Harveyville First National Bank, Alma Eskridge State Bank, Askridge Alta Vista State Bank, Alta Vista Wabaunsee County 4-H Council

WALLACE People State Bank, Sharon Springs Wallace County 4-H Council

WICHITA

First State Bank, Leoti Wichita County 4-H Council

WILSON

/ILSON O.E. Woods Lumber, Neodesha Wilson County Farm Bureau, Fredonia State Bank of Fredonia, Fredonia Self-Service Grocery, Fredonia Radiant Electric Co-op, Inc., Fredonia Fredonia Co-op Assn., Fredonia First National Bank, Neodesha First National Bank, Fredonia Cox Grain Co., Fredonia Cox Grain Co., Fredonia Joe Armstrong Equipment, Inc., Fredonia Wilson County 4-H Council

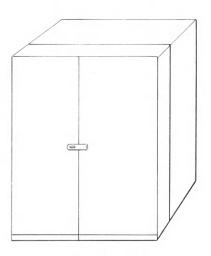
WOODSON State Exchange Bank, Yates Center J.E. Sowder Seed Co., Toronto Woodson County 4-H Council

WYANDOTTE.

(YANDOTTE The Wyandotte Bank, Kansas City Turner State Bank, Kansas City Suter-Chaffin Oil Co., North Kansas City Melba's Fabrics, Kansas City Home State Bank, Kansas City Commercial State Bank, Kansas City Commercial National Bank, Kansas City Coleman Implement Co., Bonner Springs Brotherbood Bank & Irust, Kansa City Brotherhood Bank & Trust, Kansas City Wyandotte County 4-H Council

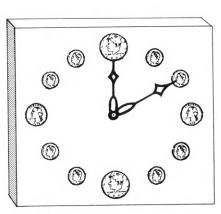
Osborne County 4-H Council

4-H Woodworking Plans from YOUR LUMBER DEALER



These plans are available:

Tack Box Made by Ralph Lebow, Kanorado State Woodworking Winner



Clock Rerun of a favorite

For your free plans, see your lumber dealer; he will also help you select the material you need.

Eureka

ee!

Ashland

Don Spotts Lumber Company Atchison Frakes Lumber Co., Inc. Belleville Belleville Lumber Co.

Beloit Peoples Lumber Co.

Bern Bern Lumber Company

Blue Rapids Blue Rapids Lumber Company Chapman

Hyder Building Materials

Clay Center Fullingtons

Coldwater Home Lumber and Supply Company

Concordia Mid-West Lumber Company

Dighton Stephens Lumber Co.

Downs Downs Lumber Company Easton

Easton Lumber Co. El Dorado

Home Lumber & Supply Co. **Emporia**

Fleming Lumber & Material Co. Mark II Lumber

Erie

Johnson & Son Lumber Co.

Home Lumber & Supply Co. Frankfort Fox Lumber Co. Garden City Cash & Carry Lumber Co., Inc. **Great Bend** Everitt Lumber Co., Inc. Greensburg Hildinger's Lumber & Hardware & Ready Mix Inc. Harper Town & Country Lumber Co. Hiawatha Motsinger Lumber Co. Hillshoro Hillsboro Lumber Co. The Lumberyard Inc. Holton **Building Supply Center** Hoxie Hoxie Lumber Co., Inc. Hugoton The Star Lumber Co. Hutchinson Davis Home Center Independence Sandott Lumber Iola Klein Lumber Company

Johnson Seyb-Tucker Lumber and Implement Company Junction City Builders Lumber Inc. Kechi Buck Alley Lumber

Kingman Wegerer Lumber Co.

La Cygne La Cygne Lumber and Ready Mix, Inc.

LaHarpe Diebolt Lumber and Supply

Lansing Lansing Lumber Inc.

Larned T.M. Deal Lumber Co.

Lawrence Whelan's Home Center Leavenworth

Whelan's Home Center Liberal

The Star Lumber Company Louisburg

Great Plains Hardware & Home Center

Manhattan Ramey Brothers Mankato

Mid-West Lumber Company Marion

Mack-Welling Lumber & Supply

Marysville Howell Lumber Company Newton National Building Centers Home Care Center Nickerson

The Home Lumber & Supply Co.

Norton Lumber Company

Nortonville Nortonville Lumber Inc.

Oberlin Nichols Building Supply, Inc.

Offerle Offerle Co-op Grain & Supply Co.

Olpe Olpe Lumber Co.

Olsburg Blue Valley Electric and Building Supply

Osage City Martin Material Co., Inc.

Lewis A. Hardman Lumber Co.

Hubbard Lumber Company, Inc. Ottawa Lumber Co.

Parsons Woods-Seward Lumber Co.

Pittsburg Broadway Lumber Co. Inc.

Plains Home Lumber and Supply Co.

Pratt W.R. Green Lumber Co., Inc.

OTHER PLANS **AVAILABLE**

Christmas Tree Nativity Creche **Coffee Table Table Podium** Pigeon Feeder Chair Toy Storage Bench Shifting Pyramid (Game Food Drying Tray Ladder **Bicycle Rack** Fox and Geese (Game) **Picnic Table** Storage Chair Bookcase Coat Rack **Planter Bench** Portable Sandbox Small Bench with Storage Garden Bench Stereo Cabinet Food Dehydrater

Wood Picture Work Table Saddle Rack Truck Caddy Flower Box **Toss Game** Peg Game Doghouse Padded Hassock Martin Bird House Hourglass **Utility Table** Hanging Shelves Meat Mallet Planter-Mailbox Stand Hall Tree **Picnic Bench** Tennis Back Hurricane Lamp Hobby Horse Safety Swing

Exchange Salina Easterday-Boster Lumber Co. Morrison Building Supply

St. Francis

Scott City Scott City Building Materials Stafford

St. Francis Mercantile Equity

T.M. Deal Lumber Co.

Sublette T.M. Deal Lumber Co.

Syracuse Hess Lumber Co.

Tampa

Hajek Lumber & Hardware

Topeka Whelan's Main Yard Whelan's Fairlawn Home Center

Tribune

Foster Lumber Company, Inc. Waterville

Waterville Lumber Wellington

Smith Building & Supply Wichita

Alexander Lumber Co., Inc. Star Lumber & Supply Co.

Wilson

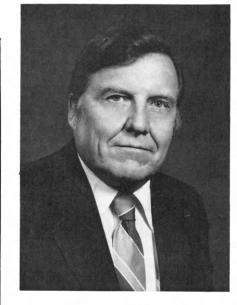
Hoch Lumber Company Winfield

A.B. Everly Lumber Co. Everitt Lumber Co., Inc.

Wright Right Co-op Assn.

Zenda

Farmers & Builders Lumber Co.



Attorney and Regent, former Senate prexy, to Foundation board

Glee Smith of Larned, who became a member of the Kansas 4-H Foundation Board of Trustees in 1979, brings to the Foundation interest in 4-H as well as experience as a lawyer and in Kansas government.

Now in his 34th year as an attorney in Larned, Smith served in the Kansas Senate for 16 years. He was president of the Senate half of that time.

Colleagues in the Senate remark on Smith's knowledge of school finance and his work for Kansas colleges and schools. They also comment on his ability to work with the representatives in order to get needed legislation passed for the good of the state.

Smith chose to leave the Senate to give more time to his law firm. Two years later he was appointed to the Kansas Board of Regents. He continues as a member, and has been its chairman.

Smith's influence goes beyond the borders of the state. President Ford appointed him to the National Legal Services Corporation in 1975. Since 1963 he has been one of the Kansas Commissioners to the National Conference of Commissioners on Uniform State Laws. For six years he was the National Legislative Chairman of the Uniform Law Commission.

Born and reared in Rozel in Pawnee County, Smith served three years in the United States Army Air Force during World War II. In 1943 he was married to Geraldine Buhler, a Kansas University classmate. Smith, his wife, and their three children are graduates of the University.

One son, a lieutenant-commander in the United States Navy, is stationed at the Pentagon; one is a doctor in Topeka; and a daughter is working toward her Ph.D. at the University of Kansas.

One of Smith's convictions is that every person owes service to his church, state, and country. He finds this kind of commitment to be satisfying and fulfilling for himself.

As for his interest in 4-H, Smith says he has spoken to "scores of 4-H meetings, including many 4-H achievement banquets and annual extension council meetings at both the county and state levels." He helped to organize the Pawnee County 4-H Foundation.

Enjoy the holidays — safely!

By Teddi Bankes Enterprise

The holiday season is to enjoy, not to regret because of mishap. Fortunately, most holiday-time accidents can be prevented or avoided. Here are some suggestions from the National Safety Council to help assure a joyous season.

-Drive defensively and with extra care. Taffic may be heavy with many drivers impaired by alcohol. Also, early darkness and bad road conditions add to accident risk.

-Do not drink and drive, or at least limit drinks to no more than one per hour.

-Keep walks and outside steps clear of ice, snow, and clutter. Make sure outdoor lighting is adequate so that visitors can safely find their way in and out.

-If small children will be visiting, give your place a once-over for hazards that could threaten them. Make sure toxic products, sharp objects, and such are safely out of reach.

-Use only a fresh Christmas tree or a flame-resistant artificial one.

-Check light strings for faults and turn them off before leaving the house or retiring.

-Check out and service electrical appliances to assure safety and good performance throughout the busy holiday season.

-Indoors and out, wear shoes and boots that give good footing.

Christmas isn't Christmas until you give it away

By Starr Lee Intern, 4-H-Youth News

'Tis the holiday season, and what could be more fun than sharing the holiday spirit with old and new friends?

Want to meet some furry and feathered friends? Try stringing popcorn and decorating a tree in your yard. Sprinkle corn on the ground and hang pieces of bread on the branches. Then wait and watch for the animals that come to visit.

Be extra helpful at home and share your Christmas spirit with your family. Offer to help Mom make those sugar cookies and that big batch of fudge for the neighbors. She'll at least need a taste tester.

Most of you probably have grandparents who live in another town. So why don't you "adopt" some grandparents in your own community? Help them shovel their sidewalks when it snows and offer to go walking with them. You could make them Christmas cards and deliver the cards yourself. Everyone likes to get cards.

Christmas caroling is a fun way to wish people "Merry Christmas." Who cares how well you can sing, so long as you all know the same words?

There may be people in your town who won't be able to have a merry Christmas without some help. Your club could start collecting canned foods and gifts to give to such people, so that everyone can have a fun Christmas.

Have a "Gangster Day" in your town. Talk to leaders of school and town clubs and pick a day when you could "kidnap" one of each club's members. Then the clubs would have to collect canned goods to get their friends



back. They could compete to see which club can collect the most canned goods.

Most people like to build snowmen. You and your friends could start a contest to see who can build the prettiest, ugliest, or biggest snowman. People could enter by paying a can of food (of course, it has to snow first).

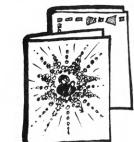
If you have the Christmas spirit, don't keep it to yourself. It's much more fun when you share it with your old and new friends.

Say "Happy Holiday" with cards you make

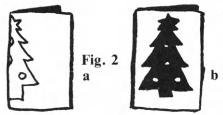
Everyone likes to get cards from friends. When you make the cards yourself, they are even more special.

Here are some cards you can make at home; mix the styles and make up your own special card to give to your friends, family, the mailman, and your teachers:

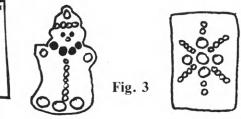
• Fold a paper doily in half and then in half again. Cut out a design, but leave some of the folded edges uncut. Then unfold the doily and you'll have a snowflake. Glue it on the front of a folded piece of construction paper (Fig. 1).



• Fold a piece of white construction paper, 4¹/₄ inches x 11 inches, in half. Draw a Christmas scene on one half and



then cut around it (Fig. 2-a). Unfold the paper and paint the drawing with watercolors. Glue it to the front of a folded piece of colored construction paper (Fig. 2-b).



• Send a good-looking card that tastes good. Draw in pencil a picture on a folded piece of construction paper. Then glue red hots, sliced gumdrops, or other kinds of candy on the card with frosting glue (1 c. powdered sugar and 1 egg white). Add food color and the frosting glue will color your drawings, too. Tell your friends they can peel off the candies and eat them. (Fig. 3)

• Make some Christmas seals to put on envelopes or cards. (Fig. 4) You'll need a large rubber eraser or half a raw potato to make your "seal" stamp from. Draw a design on paper, then on your stamp material. A stamp design has to be the reverse of what you want to print. Hold the stamp up to a mirror to see how it will look. Around your design, carefully cut off the areas that you don't want printed. Then press the stamp on a stamp pad. Press down gently on paper.

Now write your own words on your cards and wish your friends, "Merry Christmas and Happy New Year."



Fig. 1

Family Fun Page

Tim: Why did Rudolph the rednosed raindeer drop from an "A" to a "C" in history? Kim: I don't know. Why did he? Tim: Because everyone said he'd go down in history.

Which is faster, heat or cold? Heat. You can catch a cold. Greg Oborny, Bison

Jim: Why did the chicken cross the street?

Tim: Why?

Jim: She wanted to see a man lay bricks.

Q. Where does a snowman keep his money?

A. In a snow bank.

- Q. What do you call a two-kneed fish?
- A. A two-knee (tuna) fish. Bonnie Schneider, Sabetha

Mary had a little lamb A little pork, a little jam, A little fish, a little ham, A little soda topped with fizz. Now how sick our Mary is.

What do you get when you cross a turkey and an octopus? Eight drumsticks.

Dave: Did you hear about the great robbery?

Tom: Yeah! Joe's nose held up his glasses.

Vicki Grimm, Sabetha

Wise man say: Laugh and the class laughs with you — but you stay after school alone!

Why did the chicken cross the playground?

To get to the other slide.

Tammy Schneider, Rose Hill



"NOW THAT'S A REAL FLYING SAUCER!"

Brian Higgins, Osawatomie

Nominate a possible 4-H Family of the Year

Do you know a 4-H family who deserves a special honor because the family members have done special things in 4-H?

Now's the time to nominate them for Kansas 4-H Family of the Year.

To be eligible, one member of the family must currently be a 4-H member or a 4-H leader.

To get your candidate in the running, prepare two things: First, a letter of nomination telling who the family is and why you think they are qualified for this honor; second, a resume telling about their 4-H work, areas of involvement, years of service to 4-H, and any other information you'd like to include.

Then **before March 1, 1981**, mail the letter and resume to: Merle Eyestone, Kansas 4-H Foundation, Umberger Hall, KSU, Manhattan, KS 66506. The selection will be made by a committee appointed by Kansas 4-H Foundation.

The identity of the 1981 Kansas 4-H Family of the Year will be announced in June at Friends of 4-H Day at Rock Springs Ranch.

Not Classified

In January Kansas 4-H Journal will have a new editor, Sara Cleland Gilliland.

She comes to the Journal from a position as publications coordinator of the Kansas Institute for Career Development, where she's been on the staff of the monthly newsletter, Career Connection.

4-H work and 4-H members are well known to the new editor. For 10 years, Sara was a member of Vinland Valley 4-H Club. Among her projects were beef, forestry, room improvement, public speaking, and foods, in which she was a state winner.

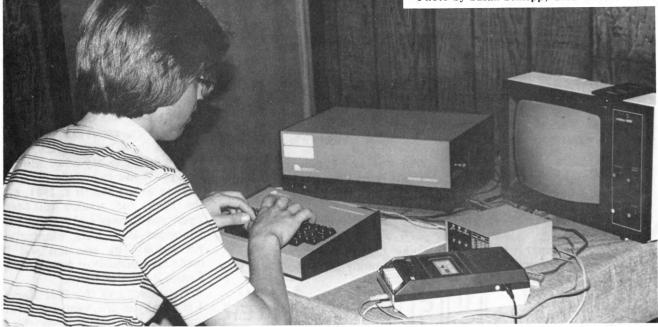
In November Sara's family, the Miles Clelands of Baldwin, were honored as the Douglas County 4-H Family of the Year. Mr. and Mrs. Cleland are community leaders of the local 4-H club where Sara and her young siblings, Linda, Anita, and Ross, have all been members.

Sara is married to Don Gilliland, who teaches in the Department of Engineering Technology at Kansas State University.

U.S. POSTAGE P A I D Permit 85 Non-Profit Organization Lawrence, Kansas

State 4-H electric winner makes a computer

Photo by Susan Schlepp, Great Bend Tribune



Mark puts information into his Explorer 85 computer by typing on the keyboard. Information appears on the video monitor which resembles a television set. Other parts are the central processor unit and the power supply box.

For some people, using computers is a challenge. But Mark Ummen, state winner in the electric energy project, not only uses one, he made it!

It took a lot of soldering, more than 7,000 joints, and about 70 hours to solder sockets, insert integrated circuits, and assemble the Explorer 85 computer. But Mark learned a lot in the process and saved about \$700 by assembling the computer from a kit.

In addition, he made a voltage tester, "very handy to use around the house and car." With cables from an old welder and some high capacity clamps, he made a heavy duty jumper cable for use on the tractor and other equipment.



Mark spent about 200 hours of time outside of school to wire the sound system for the annual Variety Show, a money-making project for the music department at Great Bend High School, where he's a junior. He also wired a light controller and light panels for Solid Sound Disco Service, a musical group.

For two years, Mark has gone to the state electric leaders clinic at Rock Springs Ranch, and for four years he's loaned articles for the clinic. His safety demonstration won a blue ribbon at the state fair.

A new experience for Mark this year was assisting in judging the electric projects in Russell County.

Mark writes about an electric rain gauge he constructed in 1979. "I got the basic idea from a magazine. I took this basic idea and made it into a complex, highly accurate circuit. The complete project has more than 40 hours of work and over 100 components that all had to be soldered in place on a circuit board of my own design. I used point to point wiring on a perfboard to keep my cost down. I improved the design of the idea I got from the magazine so that it is more than three times as accurate as the magazine rain gauge and approximately six times as accurate as an ordinary glass rain gauge."

A six-year member of Fort Zarah 4-H Club, Mark's other projects have been junior leadership, woodworking, crops, arts and crafts, rocketry, and photography.

His parents are Mr. and Mrs. Lester Ummen, Great Bend.

Westinghouse Electric Corporation provided Mark's trip to National 4-H Congress in Chicago.

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