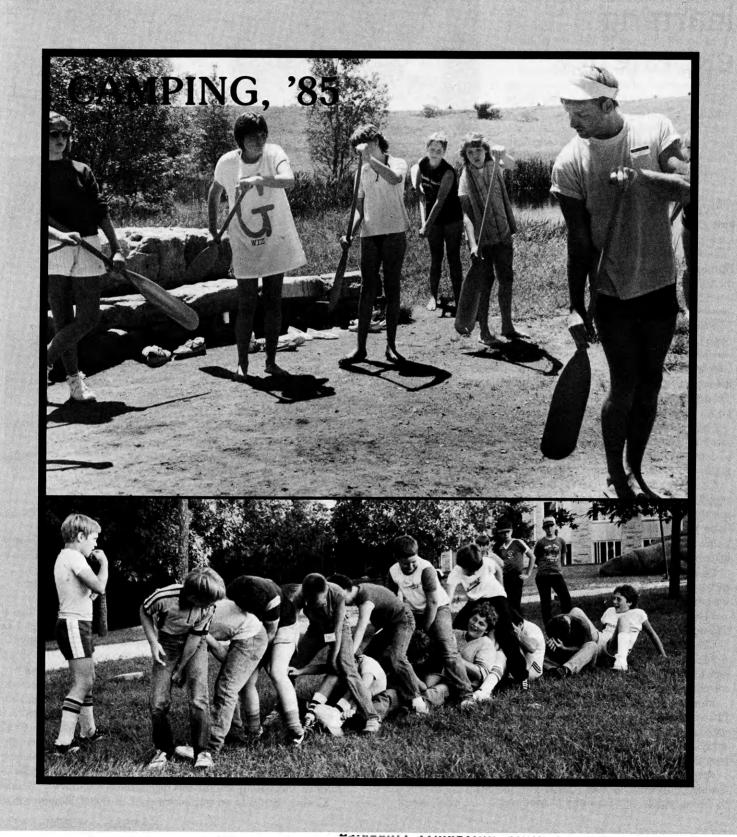
# Kansas 4-H Journal

The Family Magazine

April 1986



# County camp is a learning experience



Squinch your eyes tight and aim and hopefully your arrow will find the bullseye. Archery is among the activities offered to county campers at Rock Springs Ranch 4-H Center. For additional camping information, see pages 8, 9 and 10.

by Joan Istas

"We don't promote county camp that much here; the kids do it for us," says Douglas County 4-H Agent Lindy Lindquist.

The number of kids attending county camp at Rock Springs Ranch 4-H Center from Douglas County has increased the last three to four years. Last year 175 kids attended 4-H County Camp from that county.

"The kids had a good time; they went home and told their friends ..."

A limited number of full camp scholarships are offered through the Powell Foundation and the Optimist Club. To qualify, 4-H members are asked to write an essay about why they want to go to camp.

Each club in the county is required to provide one adult counselor. A lot of parents volunteer as counselors and sometimes the whole family goes to camp, Lindquist says.

County camp is a good experience for 4-H members, says Cherokee County 4-H Agent Phyllis Kreisel. "They get to see the state 4-H facility, meet new friends and have an opportunity to try new things. County camp helps them develop independence. It's definitely a learning experience."

Leavenworth County 4-H Agent Kay Hunter notes that more urban kids are now in 4-H. For them, even the nature trail is a new experience.

"They don't have a pasture with a creek running through it where they can hunt crawdads," Hunter says.

County camp is an opportunity for kids to be outdoors, to grow and mature, make new friends and learn they can survive three days and nights away from mom and dad.

Hunter tries to provide a good experience for Leavenworth County campers by selecting counselors who are responsible and have the perception to tell when a kid is homesick and the ability to make everyone fit into the group.

Apparently Hunter is succeeding in this objective. Camper numbers in that county jumped from 39 in 1984 to 58 in 1985.

"The kids had a good time; they went home and told their friends. Their friends wanted to come to camp, too," Hunter says.

Hunter also promoted county camp through her column in the local newspaper.

For Lyon County 4-H Agent Lisa Ramsey, county camp is almost part of life. Her parents met at Rock Springs Ranch 4-H Center when her father was a camp counselor and her mother, a camper.

Lisa was a county camper one year and a counselor, two. She remembers when former State 4-H Leader Glenn Busset presented classes for county campers. As a 4-H agent, she looks forward to attending county camp.

"It's the one time of the year that I really have the opportunity to get to know the kids," Ramsey says.

Lyon County kids who attend county camp truly have a cultural experience as they camp with 4-H club members from the far southeastern counties of Cherokee and Crawford, Sumner in south central Kansas and Scott in the west central part of the state as well as nearby Morris and Chase counties.

"The kids have a good time; they make new friends. Often they return to see friends they met at county camp."

Teens serve as county camp counselors and the waiting list is so long that youths can only serve for two years. Ramsey conducts a one hour training session for Lyon County 4-H camp counselors.

"This is a job," she tells county camp counselors. "I'm hiring you for this time period. You're on my time; on county time. You are entrusted with a special job. You are that camper's best friend during county camp."

Ramsey looks for a counselor who is concerned and who is a leader.

Counselors have half camp expenses paid. A limited number of full camp scholarships for campers also are provided by Mr. and Mrs. C.S. Gladfelter, Emporia.

Ramsey says the 4-H community clubs of Lyon County do a good job of promoting county camp. County camp also is listed in the recreation commission flyer in the spring and in the newspaper.

County camp is an important part of the 4-H program.



## Kansas 4-H Journal

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#### About the cover

Over 4,000 campers from 91 Kansas counties annually attend camp at facilities managed by the Kansas 4-H Foundation at Rock Springs Ranch 4-H Center and Southwest 4-H Center. Other western Kansas counties camp at Camp Crokett in the mountains of Colorado.

In cover photos, campers at Rock Springs Ranch 4-H Center learn about canoeing and participate in a fun game as part of the Special Olympics. On the back cover, kids get instruction in the safe use of a rifle and follow the clown's lead in the parachute game.

For more about camping, see pages 2, 8, 9 and 10.

#### Promote 4-H

Promote the 4-H club program with a subscription to the Kansas 4-H Journal to local libraries, community supporters and leaders, even doctor's offices. Send \$4 to: Kansas 4-H Journal, 116 Umberger, KSU, Manhattan, KS 66506.

## Essays win kids

Rice County offers \$5 scholarships for 4-H'ers to attend 4-H County Camp at Rock Springs Ranch 4-H Center.

To qualify for the scholarships, 4-H'ers must write a 25 word essay telling why they want to go to county camp. Ninety-five percent of the 50 to 60 Rice County 4-H'ers who annually attend county camp apply and qualify for the scholarships. Counselors receive full scholarships to county camp.

The camp scholarship fund was begun four years ago because of escalating camp costs, says Don DeWerff, Rice County Extension director, who believes



1985 Kansas state sheep winner Kelly Karr feeds pens of lambs at the Kansas State University sheep farm where she works part-time. For more on Kelly, see page 5.

## \$5 scholarships

camping is an important part of the Kansas 4-H program.

Funds for camp scholarships are raised by auctioning the four grand and reserve grand champion foods items at the Rice County Fair. The auction, which annually brings in \$600 to \$1200, benefits the entire Rice County 4-H program.

About 100 kids per year benefit from auction proceeds. In addition to defraying county camp costs, funds are used for trips and awards, leader recognition, exchange trips and educational scholarships.

## Thoughts about county camp

I want to go to camp because I want to meet new friends, stay away from home and stay in a cabin. I like to ride horses so I'm looking forward to getting to go to camp. I have never rode in a canoe so I want to. I wonder who will be my cabin mates so that is a surprize and I like surprizes. I wonder what the meals will be.

—Heather Rachelle Sanders

I would like to go to camp to get away from the TV and icky house chores. This is a good way to spend a couple of days in the summer. There are also some friends I would like to bunk with. They are Julie Oswalt and Kristin Hodgson. And, if possible, in one of the newer buildings. I really enjoy camping at Rock Springs 4-H Camp.

— Kristin Up degraff

I would like to go to 4-H camp because some friends of mine are going. I went last year and had a blast! I like every single moment of camp, but I don't like skunks outside your cabin like last year. Last year I liked horseback riding, crafts, archery, rifle range and hiking. My most favorite thing is swimming. I will be 10 July 18.

My friends went last year and came back and told me it was fun so I decided to go the next year. —Sara Dill

I would like to go to 4-H camp because I went last year and met some new friends and old. I liked canoeing, target shooting and bow and arrowing. That's why I want to go again next year.

—Brian Pruitt

## Crafts leaders enjoy sharing talent Another factor in her decision was the in November or December and make



This Dickinson County youngster demonstrates her crafts project at County Club Days. She decorates hats for her dolls.

"It's for your community; it's for the kids," Washington Countian Patty Minge explains why she agreed to be an arts and crafts leader for the Hanover 4-H Club three years ago.

At the time, Mrs. Minge had no children in 4-H. She is a former 4-H'er who enjoys crafts and has been making crafts ever since she can remember.

Another factor in her decision was the fact that her daughter would be old enough to join 4-H the following year.

Mrs. Minge teaches 4-H'ers ranging in age from 7 years to high schoolers. Each decides the craft he will make. Crafts made by 4-H'ers in the past have included quilling, ceramics and wheat weaving. This year, partly as a result of attending leaders training on nature crafts, Mrs. Minge plans to stress making crafts out of natural items.

Mrs. Minge begins club craft meetings in March and tries to have six meetings during the year.

Linda Brannan, Nemaha County Happy Valley club crafts leader, began teaching the project because her daughters were in 4-H. Though they since have graduated from the program, Mrs. Brannan is still the club crafts leader.

"I enjoy doing it. I like to share my talent. Teaching crafts is something a lot of people aren't comfortable doing," Mrs. Brannan says.

Mrs. Brannan says her hours as a volunteer pay off when she sees the kids enjoying themselves. She also receives satisfaction when the club members do well on exhibits. One year the cornhusk dolls made by her project members were selected for state fair exhibit.

Nemaha County Stateliners 4-H Club crafts leader Deb Farwell tries to ensure that her project members will have a good experience by beginning meetings in November or December and making a craft for each holiday. The kids are encouraged to give the holiday crafts away and especially enjoy giving them to their teachers.

In the summer months, the kids make crafts for fair exhibit.

Because of the large number of kids enrolled in crafts in the club, Mrs. Farwell divides the group into two sections — one which meets in the morning and one in the afternoon.

Time is set aside at each meeting for the kids to play.

All eight members of the Friendly Farmers 4-H Club of Atchison County are enrolled in the crafts project taught by club crafts leaders Virginia Billings and Linda Burton.

"I love doing arts and crafts myself. I have as much fun making crafts as the kids do," Mrs. Billings says.

The two women like to get meetings started as soon as possible after the first of the year and, because of the age range of the kids — 7 to 18 years — often work with each child individually to make a craft item. Leathercraft and ceramics are popular.

The kids are encouraged to show how they make craft items by giving demonstrations during the club meeting and at county club days.

The crafts project provides kids with good demonstration material, Mrs. Billings says.

## 4-H builds kid's self esteem

Twelve-year-old Kenny Waymire is holding his head a little higher these days because of 4-H.

"My son was in trouble from day one with school until he stumbled onto ceramics," says Kenny's mother, Mary.

Kenny learned how to pour his own molds and do glazing. In conference judging at the Morris County Fair, the judge praised Kenny's work and awarded it a blue ribbon.

"He succeeded for the first time in his life," Mrs. Waymire says. That success was the key that opened other doors for Kenny.

For the first time in his life, he presented talks at his com-

munity club and at club days. Despite a reading disability, with his mother's help, he completed his record book and was awarded a purple ribbon.

"He no longer has an, 'I'm not worth anything attitude.' It's a whole new world for him," Mrs. Waymire says.

Mrs. Waymire believes that school and 4-H go together. 4-H gives kids the opportunity to supplement the book education of school by learning social skills, quick decision making and eye and hand coordination.

"I really promote 4-H for children," she says.

## Club members honor retiring agent

The Buccaneers 4-H Club of Belle Plaine honored retiring Sumner County 4-H Agent R.D. Ford during its model meeting presentation at Sumner County Club Days.

Ford was asked to be present during the model meeting and was honored in a short ceremony. Club members shook his hand and Kathy Frame, club president, presented Ford with a gift on behalf of the club. Club members then joined in singing, "For He's a Jolly Good Fellow."

Following ribbon presentations, Sumner County 4-H members honored Ford with a reception. Ford's wife, Sylvia, and their three children were present at the ceremony.

Ford has been Sumner County Extension 4-H agent and county Extension director since 1977. During that time, he helped three 4-H clubs to organize —

Buccaneers in Belle Plaine, Wheat Capitol Kids in Wellington and Golden Buffalos in Argonia. Through his efforts, the livestock judging contest at the fair has become popular with 4-H'ers. He also has worked with schools throughout the county on an irradiated seed project, youth and the law series and special cultural programs.

-Jason Knowles, reporter





Kelly Karr's 4-H sheep project earned her a job at Kansas State University's Sheep Research Farm when she enrolled as a student at K-State. On the job, Kelly might find herself catching a ram or weighing silage for a feed trial.

# Lambs followed 4-H'er to Kansas State University

When Kelly Karr left home to attend Kansas State University two years ago, 30 of the lambs in her 70 head commercial ewe flock went with her.

While Kelly studied food science courses, the lambs were part of a study conducted by Kansas State University's Sheep Unit. And as a part-time employee of the unit, Kelly was almost a daily visitor.

It was a touch of home, Kelly says. Sheep have been a part of the 19-year-old youth's life since she joined 4-H at the age of 9 and enrolled in the market lamb project.

She quickly learned about the hardships of the livestock industry when the lamb developed overeating disease. Because of the cost of treatment for that disease, the young 4-H'er lost \$15 on the project.

"That's a lot of money for a little kid." Kelly says.

Kelly and her brother, Kevin, soon were raising their own lambs from the 70 head commercial ewe flock they purchased.

"I take great pride in raising my own lambs for show," Kelly says. She begins keeping an eye out for show lambs when they are born. In April she chooses a lamb for show that has height, length, muscling and is flat across the top of the back.

By caring for the ewe flock, Kelly learned how to detect when a ewe is ready to lamb, how to doctor a newborn lamb and how to feed a group of lambs for market.

Kelly purchases feed and supplies for the commercial flock from her parents who operate a hog and crop farm near Emporia. To determine expenses and profits from the flock, she uses a balance sheet provided by her parents. Her parents help her keep records.

"By keeping records, I really learn how much money it takes and to keep accurate records," she says.

Kelly has promoted lamb by giving talks and demonstrations to her club, the Frost 4-H Club, at county club days, to senior citizen groups and to her speech class at Kansas State University. She gave away samples of lamb salami she had made to over 500 people at an Emporia shopping mall.

Lamb is a lean meat, Kelly tells people. It contains no marbling and

has little fat. Lamb has just 176 calories in a three ounce serving. It contains more protein than beef and is high in B vitamins. Kelly describes lamb as a delicate, different taste. Her favorite lamb dish is lamb curry.

Kelly is Kansas' Miss Bo Peep and she participates in the Ladies Lead contest at the Kansas State Fair in Hutchinson.

The Frost 4-H Club member enjoys showing sheep and always feels good when she gets a blue ribbon or championship. Winning the 1985 state 4-H sheep award was a rewarding experience for Kelly.

The announcement came as a surprise to the Lyon County 4-H'er. "It's something in your life you've really worked at. It's like the icing on the cake and you can't believe it's there."

More important to Kelly than winning ribbons and trophies, however, is what she has learned in 4-H.

"I have learned how to help others and about the art of winning and losing. I have learned the meaning of responsibility and that one must work in order to achieve goals.

"4-H has given me the opportunity to share knowledge, develop leadership skills and build self-confidence through working with others."

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## Club enrollment is increasing

Clark County's 4-H club enrollment continues to increase.

Rick Nelson, Clark County agricultural agent, said the increase is a result of determining which projects club members were interested in and finding leaders to teach those projects. Rocketry and reptiles are among new projects offered.

## Popcorn sales earn club \$1500

Mention popcorn to a Bourbon County Hiattville 4-H Club member and, undoubtedly, a big grin will spread across his face.

The 35 members of that community club cleared \$1,500 by selling almost four tons of popcorn in just three weeks.

"It was fabulous; it was unbelievable. I'd never seen anything like it," says Dean Bailey, whose son is a Hiattville 4-H Club member.

It seemed like everyone club members approached purchased popcorn — even store owners. One merchant purchased 100 pounds of popcorn.

Club members bought the popcorn from a local farmer, sacked it in three pound bags and sold the bags for \$1 each. The first purchase of 700 pounds was sold in less than a week. Additional purchases were sold just as quickly.

The Jack Jackson family probably held the record for most popcorn sales.

Bailey says popcorn sales far exceeded other club fund raising efforts — sales of sandwiches, a chili feed and bingo. And, he adds, it replenished an almost depleted club treasury.

#### Club visits elderly

Members of the Tisdale 4-H Club in Cowley County and their pets recently visited two nursing homes in Winfield. Pets included cats, dogs and even a one-day-old lamb. The patient's eyes lit up when they saw the animals and the 4-H'ers enjoyed visiting with the residents.

"I think this was a great idea because it was a great experience for the 4-H'ers and the senior citizens," says Tisdale 4-H Club reporter Zee Brothers.

#### Ambassadors speak out

Jefferson County Ambassadors Kim Guffey and Arlene Seifert spoke about the Kansas Ambassador program when they attended a Wisconsin Ambassador meeting in St. Croix County, Wisconsin. The meeting was part of an exchange trip between St. Croix County and Jefferson County.



Assistant LABO coordinator Takio Yamada, Japan, attended training for Kansas LABO coordinators at Rock Springs Ranch recently. Yamada praised the Kansas training as the best he had attended. Pictured with Yamada are LABO coordinators Trudy Miller, Sedgwick County; Marsha Clark, Harvey County; Pat Svaty, Ellsworth County; and Harvey County 4-H Agent Cindy Siemens. Coordinators are responsible for LABO programs in their counties.

# Palmyra club enrollment jumps

by Joan Istas

The Palmyra 4-H Club of Douglas County is growing by leaps and bounds. In just a year and a half, community club membership has jumped from 25 to 61.

Why the increase in membership? Perhaps it's because Mrs. Rockers works in the Baldwin school system (a school with a growing student population) and can't resist inviting a youngster to join 4-H or a teacher to be a project leader. Perhaps it's because few members drop out and 12 of the members are teens. Or maybe club president Rex Christie, also a high school star athlete, is the attraction.

The club has taken no ads in the local newspaper. Instead they have relied upon the promotional methods of a display on 4-H in a downtown business during National 4-H Week and a float in the community's fall Maple Leaf Festival. The club received additional publicity when members captured the grand and reserve championship in the steer class at the Douglas County Fair.

Members are encouraged to bring friends to club meetings. The prospective member must bring his parents with him to a club meeting before he can join.

The two community leaders and nine members of the parents' committee make a special effort to make new and prospective members and their families feel welcome. A new family doesn't leave a club meeting before at least one community leader has said, hello.

A new member night was held for the first time this year to explain records to new families and tell them of events held during the year — the fair, county club days, tours, county camp, project meetings and the club trip.

Because a high percentage of the club membership is young, club meetings are kept short. Refreshments, following the meeting, turn into a social hour.

"I think more and more the club is becoming a social gathering for the entire family," Mrs. Guthrie says.

Both Mrs. Guthrie and Mrs. Rockers believe the active parents' committee is one of the keys to the club's success. The parents' committee organizes the club's major fund raising project of the year, plans the club tour and swimming party and the annual club trip — usually to Worlds of Fun.

Communication also is important. To keep the lines of communication open, bulletins and postcards telling of coming events and decisions are mailed to club members.

The two leaders believe their ex-

# Sedgwick Countian attends meeting for volunteers

Sedgwick County 4-H leader Marilyn Woodard represented Kansas in the fourth Salute to Excellence program at the National 4-H Center in Chevy Chase, Md., March 15-22.

A 16 year volunteer, Woodard is a leader in her 4-H club and has been a leader in the foods and other home economics projects.

Workshops focused on skills in communications, public affairs, interpersonal relationships, group dynamics, resource development, creative techniques for working with youth and other adults and ways of broadening roles of volunteers in 4-H.

Woodard developed a plan of action which she will implement using a \$1,000 grant from R.J. Reynolds Industries, Inc.

perience as 4-H'ers and the fact that their mothers were both community leaders gives them an edge. They know about county club days, county camp and the fair.

The two leaders have a good working relationship and when they have differences, settle them privately.

Mrs. Guthrie and Mrs. Rockers admit sometimes they push club members and use word psychology to get them to perform a task. Usually, club members respond when they are told it will benefit the club.

"We work together as a club, not as individuals," Mrs. Rockers says.

Record keeping is stressed, though Mrs. Rockers says, she will not lose a member because of records. Safety is the club project this year.

To Mrs. Rockers and Mrs. Guthrie, the community club is synonymous with 4-H.

"I think 4-H teaches the kids responsibility. It's an opportunity to excel, to compete," Mrs. Guthrie says.

## Kansans will travel abroad

Eleven Kansans will travel to other countries as IFYE Ambassadors and IFYE representatives.

IFYE Ambassadors are Valerie Brown, Harvey County; Kitty Johnson, Logan County; Keith Olsen, Brown; Thad Parker, Allen; and Todd Schultz, Edwards.

IFYE representatives are Lyn Scott,

Morris; Theresa Shippen, Kingman; Gelane Clark, Lincoln; Kimberly Wilson, Haskell; Janell Haggard, Cowley; and Becky Thiel, Saline.

IFYE representatives, 15- to 24-yearolds, spend four to six months abroad; IFYE Ambassadors, 15- to 19-year-olds, six months in another country.



Counselor's job is a meaningful experience

Look, I got paint all over my fingers. Neither youngster seems concerned about this fact, though. It's just part of the fun at county camp at Rock Springs Ranch 4-H Center.

#### by Joan Istas

Volunteer to spend three days in a cabin with a bunch of kids?

While other parents are throwing up their hands in horror at the idea, Douglas County 4-H leader Nancy Welsh is happily rolling up her bedroll and packing her suitcase for another stint as county camp counselor at Rock Springs Ranch 4-H Center. For the last four years, Welsh has taken vacation time from her job as Douglas County treasurer to volunteer as a counselor.

"I just can't explain what Rock Springs Ranch means to me."

"It's a very relaxing three days," says Welsh. Even though I'm with kids, I'm away from the kitchen, away from the laundry."

Welsh also enjoys the time away from her family which consists of husband, Lonnie, and sons, Derek, 15, and J.T., 11.

"We are a close family; we spend a lot of time together in 4-H, in sports activities. They need that time away from me and I from them," she explains.

For Welsh, returning to Rock Springs each year is a bit like coming home. As a Douglas County 4-H'er in the late 1950s and early 1960s she attended county camp at Rock Springs Ranch. Bill Hundley, was the county 4-H agent then and Welsh recalls his checking the campers off the list as they

loaded on the bus.

"It was an almost overwhelming feeling to realize I was leaving home without my parents and going somewhere to stay overnight with a group of kids," she recalls.

She camped out in the old barracks tents on the top of the hill. There were no hair dryers, no modern conveniences, she says. Like the campers of today, she well remembers spending her parent's hard earned money on junk food at the snack bar and to purchase craft items.

Activities included horseback riding and archery and a lot of swimming.

Because Welsh remembered county camp as a fun time and because her sons were active in 4-H, the Douglas County 4-H leader volunteered to be a county camp counselor for the first time four years ago.

She was apprehensive about being responsible for a group of girls, but soon discovered that fear was unfounded.

Today she introduces herself to her campers by calling them by phone prior to county camp. She learns about each of them and reminds them to bring such essential items as a flashlight and mosquito repellant.

She always takes envelopes in which to carry camper's money and at camp usually has her hands full of rubber bands and bobby pins.

She considers each camper an individual with special needs and interests and tries to make everyone feel a part of the group. "It's important to make sure no one is left out," she says.

No camper in her group is required to participate in any event but all must go to scheduled activities. Once there, they usually discover that the activity is fun.

Welsh's camping group spends little time in the cabin except when they're sleeping. They participate in the talent show which is an annual event for the Douglas County camping group, never get enough time on horseback and spend a lot of time at the swimming pool and crafts center.

County camp gives 4-H'ers the opportunity to participate in activities they've never experienced before, Welsh says. Without 4-H camp, the span of activities offered to 4-H'ers would be much more limited.

"I just can't explain what Rock Springs Ranch means to me. It's almost like it's in a world of its own. It's beautiful. There are so many different things you can do."

And spending three days as a county camp counselor at Rock Springs Ranch is a really meaningful experience, she says. "It's worth every ounce of sleep you miss."

## Camp groups purchase VCR

The 10 4-H County Camp groups at Rock Springs Ranch 4-H Center have pledged amounts varying from \$300 to \$800 over a four-year period for the purchase of a 6 foot by 8 foot screen and VCR projection system for Spencer Auditorium in Heritage Hall at Rock Springs.

In return for helping pay for the projection system, the groups receive a limited number of free movies for 10 years, according to the amount of their pledge.

Eighty-one Kansas counties bring county camping groups to Rock Springs Ranch.

#### Shelves installed

Shelves have been installed above lavatories in Preston, Finnup, Bankers and Hansen Cottages at Rock Springs Ranch 4-H Center. Funds for the shelves were donated by Johnson Countians Jon and Barbara Selby.



Horseback riding is a popular activity at Rock Springs Ranch 4-H Center.

## 4-H camping trivia

1. The Kansas 4-H Foundation provides camping opportunities for the people of Kansas at what two facilities?

2. How many gallons of water are needed to fill the swimming pool at Rock Springs Ranch 4-H Center?

3. How many cans of pop would it take to fill the RSR pool?

4. Name five of the 25 horses at RSR.

5. Cooks at Southwest Camp and RSR are famous for this food item.

6. The Republic Pioneers 4-H Club of Republic County, in 1985, donated \$250 toward the purchase of a \_\_\_\_\_

7. Name the pond where 4-H'ers canoe at RSR. Campers at Southwest Camp canoe in a nearby \_\_\_\_\_\_.

8. This famous Deputy U.S. Marshall visited Buttermilk Dickson when he lived at the RSR ranch house.

9. How much water flows from the RSR spring?

10. RSR 4-H Center celebrates its \_ birthday this year.

#### (For answers, see page 13.)

11. How many water slides can be found at RSR?

12. True or False. The 4-H clubs of Kansas, in 1946, raised \$22,500 in a six month period to purchase the original land for RSR.

13. Name three of the staff supervised activities at RSR.

14. Which breed of horse is predominant at RSR?

15. How long does it take RSR personnel to wash dishes for a group of 400?

16. Which collegiate group donated funds for a shelterhouse at RSR?

17. True or False. In 1985, RSR personnel prepared 93,000 meals (to the nearest thousand) for the 3,879 county campers.

18. Name the three memorial tree walks at RSR.

19. How many acres make up RSR?

20. How far is it from the RSR rifle range to the canoeing area?

21. The nameplate of which ship is found in Heritage Hall?

## County camp schedules listed

Rock Springs Ranch County Camp Schedule 1986

June 7-11 Six County Association — Dickinson, Geary, Marion, McPherson, Rice, Saline

June 11-14 Douglas, Franklin, Johnson, Miami

June 14-17 Northwest County Camp— Cheyenne, Decatur, Graham, Logan, Norton, Phillips, Rawlins, Rooks, Sheridan, Sherman, Smith, Thomas, Gove, Trego June 17-20 Nine County Camp Group
— Clay, Cloud, Jewell, Lincoln,
Marshall, Mitchell, Ottawa, Republic,
Washington

June 20-23 Chase, Cherokee, Crawford, Lyon, Morris, Scott, Sumner

June 23-26 Leavenworth, Shawnee, Osage, Wyandotte, Sedgwick June 26-29 Brown, Doniphan, Jackson, Pottawatomie, Riley, Wabaunsee

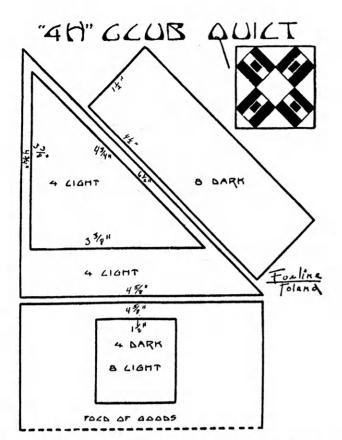
June 29-July 2 Butler, Cowley, Elk, Greenwood, Harvey, Reno

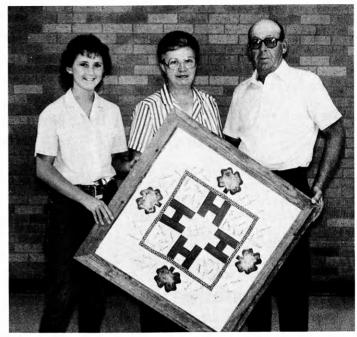
July 8-11 Heart of Kansas — Barber, Barton, Edwards, Ellis, Ellsworth, Harper, Kingman, Pawnee, Pratt, Osborne, Rush, Russell, Stafford July 11-14 Allen, Anderson, Atchison, Bourbon, Coffey, Jefferson, Linn, Nemaha, Neosho, Wilson, Woodson

#### Southwest 4-H Camp County Camp Schedule 1986

June 9-11 Finney, Gray, Hodgeman, Lane, Ness June 17-20 Clark, Comanche, Kiowa, Meade

June 23-26 Ford





Johnson County Oxford Hustlers club members made and presented this club quilt to long-time leaders Betty and Dick Secrest. The initials for head, heart, hands and health are angled on a 14-inch piece. The pattern was published in 1932 in the Kansas City Star. A combination of any two colors is suggested as well as the traditional green and white. Seam allowances should be added. The pattern has been reduced. Actual dimensions are noted in each block.

## Oxford Hustlers honor club leader

Johnson County Oxford Hustlers club members honored long-time leaders and 4-H supporters Betty and Dick Secrest recently.

4-H and county fairs have been a lifestyle for the Secrests since 1969 when their oldest son, Rick, joined 4-H.

Daughter Connie and youngest son, Russ, also have completed 4-H careers. Mrs. Secrest has been the Oxford Hustlers community leader since 1972, and Secrest has been a member of the Johnson County Fair Board eight years.

In appreciation of this long-time 4-H

support, Oxford Hustlers presented the Secrets with a quilted wall hanging of the 4-H club pattern. The hanging displays the names of 4-H families who have been a part of the Secrest's life the past 13 years.

## Rice County offers \$150 scholarship

Rice County annually awards a \$150 4-H scholarship to a 4-H'er who is in his senior year in high school and has completed five years of 4-H work. Leadership and participation in club and community activities are also considered.

The scholarship can be used for higher education at any four-year or two-year college or vocational technical school.

## Radio workshop is for Ambassadors

A \$450 grant provided through the Kansas 4-H Foundation from Tractor Supply Company Industries is being used by Saline County Ambassadors for a statewide radio workshop for 4-H Ambassadors.

The workshop will be Saturday, April 26, from 9:30 a.m. to 3:30 p.m. at Kansas Wesleyan University's Peters Hall.

Sessions taught by professional radio personnel from across the state will cover the difference in news, commercials and promotion — and the purpose of each on radio. Ambassadors will learn how to write commercials.

For additional information, contact Charles Bates, State 4-H-Youth office, Umberger Hall, KSU, Manhattan, KS 66506.

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#### Teaches citizenship, heritage, free enterprise

## Heritage Hall offers different pace

Don't forget Heritage Hall when you're planning activities for your county camp group at Rock Springs Ranch 4-H Center, says Lyle Bracken, Rock Springs Ranch group services director.

Heritage Hall was built in 1972 to teach citizenship, heritage and free enterprise — three things most people believe are important, Bracken notes.

He points out that the Heritage Hall program is an educational outlet for county campers. Heritage Hall is air conditioned and sometimes it's important that county campers take 40 minutes to rest and cool off, Bracken says.

Three programs each are offered in the areas of citizenship, free enterprise and heritage. They are as follows:

Citizenship

OLE YELLER DOES IT AGAIN — Excerpts from the film, Ole Yeller, are used to show the duties people face in life. WOW, A REAL WILD PONY — This film teaches that even though you are right, you can still be wrong.

#### Funding provided for day camps

Two day camp coordinators again will be hired to help conduct day camps in the 21 counties of northwest Kansas.

A \$100 grant also is being offered to each county that provides a volunteer day camp coordinator and conducts two or more camps.

The northwest Kansas day camping program began seven years ago with a grant from the Kansas 4-H Foundation and since has been funded by the Dane Hansen Foundation of Logan.

Nine counties had day camps that first year with a little over 300 kids participating. Last year 1,182 7- to 12-yearolds participated in day camps held in 20 of the northwest Kansas counties.' Of those, 830 were not 4-H members.

Camping activities have included crafts, games, plant identification. aerobics, roping and clowning. Food is always a part of day camp and campers have learned how to prepare Hobo dinners and tin can ice cream.

Northwest Kansas Area 4-H Specialist Jim Adams says day camping is a learning experience for kids. It also exposes a new audience to a 4-H activity. Extension agents estimate that in the last five years 170 kids have joined 4-H as a result of attending day camps in northwest Kansas.

GEORGE WASHINGTON SLEPT HERE? - William Shatner of Star Trek conducts a colorful tour of Washington D.C.

Free Enterprise

IF THE FERGI FITS, WEAR IT - Two aspiring young people start their own Tshirt business.

THE SURF'S UP - Learn how to start your own surfing business.

A FOWL LOOK AT MONEY -Scrooge McDuck and other farmyard creatures talk about money and business.

Heritage

THAT SOUNDS LIKE A TALL TALE TO ME - Paul Bunyan and other folklore heroes talk about the importance of folk heroes to America'a heritage. GOLD - GOLD - Learn what the gold mining camps were really like. BUFFALO BILL'S WILD WEST — This film depicts the life of Buffalo Bill and the American cowboy.

Bracken also encourages county campers to take the self-guided tour of educational displays in Heritage Hall.

A popular exhibit is the Extension Homemaker Unit's needlepoint hanging depicting all 105 Kansas counties. The

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presentation, "Expanding Horizons," tells about the 4-H program. Arts and crafts exhibits by 4-H club members also are on display.

Other exhibits include the building blocks of the free enterprise system, the hall of 16 notable Kansans, photographs taken by Kansas 4-H club members, the time tunnel and a static display on the Kansas 4-H Foundation.

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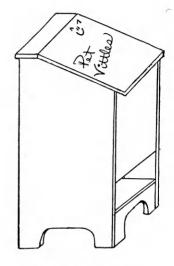
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# Trapping is challenge for Lane County 4-H'er

by Joan Istas

Would you dare put the skin of the coon you trapped in your mother's freezer?

Sixteen-year-old Gary Shapland did.

"Mom didn't like it much," the Lane County 4-H member admits. But the coon Gary skinned a year ago is still in the freezer awaiting the time when Gary has enough skins to sell.

Gary, who lives on a farm in Lane County, runs traps for his 4-H fur harvester project.

When he developed an interest in trapping a year ago, he obtained his license by taking a class that covered legal trapping, different types of trap sets and scents.

Because he used traps found on

the farm, Gary's original expenditure was primarily limited to the purchase of three traps at a cost of \$7.50.

Gary, who has been hunting since he was 10, quickly trapped a coon but when he caught his dog in the same trap a short time later he quit trapping for the season.

This year he's once again enrolled in the 4-H fur harvester project — pulled by the excitement of trying to catch an animal in a trap.

He hopes to trap a coyote.

As he does in his other projects, Gary keeps records in the fur harvester project. All expenses and sales are recorded. He also records the number of hours he spends trapping and weather conditions when he's setting traps or checking trap lines.

## Answers to camping trivia

- 1. Southwest Camp near Dodge City and Rock Springs Ranch 4-H Center near Junction City.
  - 2. 270,000 gallons.
  - 3. 2,880,900 cans or 120,027 cases.
- 4. John, Lil Chance, Dutchess, Judy, Sam, Trigger, Tony, Princess, Duke, Sassy, Fleet, Babe, Shorty, Adam, Blaze, Dixie, Rosy, Flicka, Buddy, Ricky, Trader, Sailor, Brown Sugar and Expresso Chick. Twenty horses are used on the trail ride.
  - 5. Homemade rolls.
  - 6. New saddle.
  - 7. Lake Bluestem, Lake,
  - 8. Wild Bill Hickok.
- 9. 500 to 1,000 gallons per minute depending upon rainfall.
- 10. 40th. Purchased by 4-H clubs in 1946, 2,261 campers took part in activities at the state camp that year. Some county camps were canceled because of a polio epidemic.
  - 11. None.
  - 12. True.
- 13. Canoes, horse, rifle range, trap shoot, archery, crafts, Heritage Hall, nature hikes, swimming, ranch house,

#### Ambassadors present Sunny awards to youths

Sunny Awards, presented by Jefferson County Ambassadors on the last day of the county fair, help promote the 4-H program. Awards, consisting of a certificate, packet of 4-H goodies and other surprises, are

church and schoolhouse tours. Other activities vary according to the camping group. Opportunities include tug of war, fishing, scavenger hunt, volleyball, baseball, basketball, Special Olympics, water carnival, movies, talent shows, carnival booths and classes about 4-H projects.

- 14. Palomino. A stable of 20 Palomino horses donated by the Kansas Palomino Breeders Association in 1947 was one of the first gifts to Rock Springs Ranch 4-H Center
  - 15. 50 minutes.
- 16. The Kansas State University Collegiate 4-H Club.
  - 17. True.
- 18. Ewert Walk, Heritage Lane and Red Bud Walk.
  - 19. 365 acres.
  - 20. 3/4 of a mile.
- 21. S.S. Otis E. Hall. During World War II, Kansas State University Collegiate 4-H Club members earned the right to name the ship by selling over \$2 million in U.S. Savings Bonds. The ship was named after Kansas' first State Leader of Boys' and Girls' Club Work, Otis Earle Hall.

presented to elementary students on sunflowers they have grown and exhibited at the fair. Seeds are distributed free in the spring by the Ambassadors.

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For catalog or more information contact:

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## **Judging contest** at Fort Hays will be April 26

4-H clubs and county groups once again are encouraged to participate in the Fort Hays State Experiment Station Judging Contest.

The contest will be held from 8:30 a.m. to noon April 26 at the Ford one State Experiment Station near Hays

Both home economics and livestoca classes will be judged. Polly Ferrell, northwest Kansas area home economist, says the junior home economics judging contest, held for the first time last year, will return along with the senior contest.

The junior contest for 4-H'ers 12 and under is designed as a learning experience to introduce younger club members to home economics judging. The six junior classes are not as difficult as those in the senior judging contest. The senior contest consists of nine classes.

Questions in the two contests will concern any of the home economics areas - clothing and textiles, foods and nutrition, housing and equipment and interior

Breeding and market classes will be held in horse, dairy, sheep, hogs and

Ferrell says the judging contest is a method of teaching, of dispensing information. Livestock judges learn about selection of livestock; home economics judges, about food, clothing, housing and home decorating.

The judging contest also helps 4-H'ers learn how to make decisions. "Life is a series of decisions," Ferrell says.

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## 4-H'er learns how to make lye soap

by Joan Istas

Bernetta Coyan can't talk about 4-H without mentioning her grandmother, the late Bernetta Rhoades.

It was grandmother Rhoades who talked daughter, Barbara, into enrolling Bernetta in 4-H 12 years ago. She taught her namesake how to cook using a pinch of this and a pinch of that.

"Grandmother never used a measuring cup. She just added ingredients until it looked good," Bernetta says.

The Bourbon County youth uses the same method of cooking and has found it good enough to win prizes on baked items at the county fair.

When Bernetta became interested in

making butter and later lye soap, Grandmother Rhoades again was there to help. Bernetta now takes lye soap as a selfdetermined project and uses Grandmother Rhoades' recipe to make soap for the family and to use in demonstrations.

Lye soap is lard, lye and hot water. It doesn't have all the additives of soap purchased in stores, Bernetta explains. Perfume, coloring and other ingredients can be added.

Because lye soap cuts grease well, it is Bernetta's father's favorite soap.

Bernetta uses candy molds to make soap into attractive shapes. She added food coloring to these molds to teach her little sister her colors.

Making soap isn't a time consuming process, Bernetta says. It only takes 15 minutes to stir up. After it has hardened in molds for two weeks, it is ready to use.

Since Bernetta began making lye soap, the Coyan family has used little else. Bernetta says it's typical of the 4-H way: "You learn how to do something, save money doing it and enjoy doing it."

Bernetta's other consumer education projects are yeast breads, home environment, meat utilization and clothing. That well rounded approach to consumer education was responsible for her winning the sectional consumer education award sponsored by Montgomery Ward.

Bernetta says 4-H helped her overcome her shyness.

"It got me out and doing things; it got me involved in the community."

# Volleyball tourney is fun event for Ford Countians

A volleyball tournament is an annual highlight for Ford County 4-H club members.

Begun as a fun activity 10 years ago by Ford County Agricultural Agent Don Wiles, the double elimination tournament is held in January.

Each of the eight clubs in the county can have both a junior and senior team and this year seven of the clubs were represented in the tournament. A team with any player over the age of 12 qualifies as a senior team; a junior team is comprised of those 12 years and younger. A team consists of six members.

Teams begin practicing during Christmas break and continue until the date of the tournament. For some of the clubs, tournament practice replaces recreation at the January club meeting.

Junior team coaches usually are older 4-H club members; senior team coaches, parents.

"The tournament brings kids and parents together. It's good, clean, wholesome fun," Wiles says.

No trophies are offered. The only cost is for referees and gymnasium rental. St. Mary's of the Plains College students are referees and the tournament is held at the college.

The tournament will continue as long as there is interest in it, Wiles says.



Riley County 4-H'ers increase their knowledge of horticulture and sharpen their ability to make decisions in horticulture judging. Counties hold horticulture judging contests during the summer and a state contest is held at the Kansas State Fair in September. Livestock, home economics and land judging contests also are popular with 4-H'ers.

## Bike-a-thon nets \$630

Cries of encouragement fill the air as a weary biker coasts off the course and is replaced by a fresh rider. Off he goes at top speed in a race against time.

Why are all these people working so hard?

It's their way of using their healthy bodies as a gift to those who aren't so fortunate.

Forty Pratt County 4-H'ers and leaders participated in a bike-a-thon to raise money for Pratt County 4-H families staying at the Ronald McDonald House in Wichita. The Ronald McDonald House houses the families of critically ill children at a minimal cost.

Brian Mills, an eight-year member of the Richland Rustlers 4-H Club, organized the one hour bike-a-thon. Teams of four bikers representing each participating club rode, in relay fashion, as many laps around the 7/8 mile course as possible in one hour. Pledges were collected by club members who did not ride.

The average number of laps ridden by the teams was 21. Even Jean Clarkson, Pratt County home economist, rode five laps.

The bike-a-thon not only was fun for all involved, but county clubs raised \$630.

Brian Mills

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