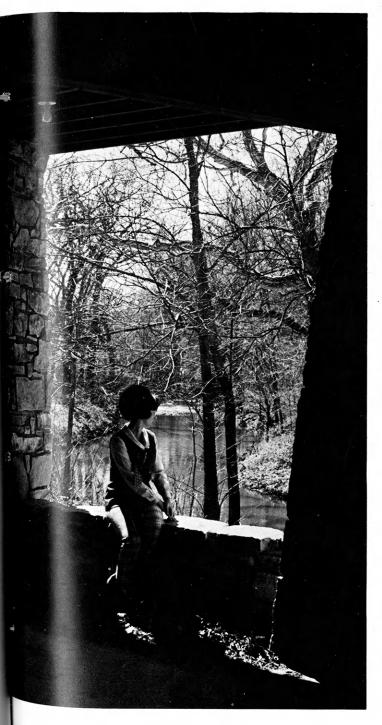
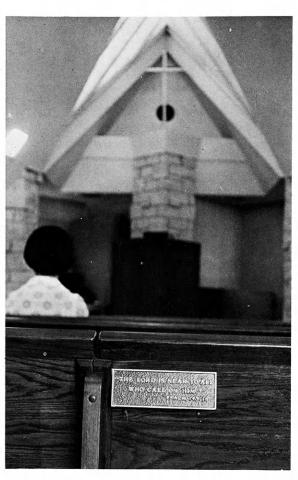
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The 4-H Family Magazine



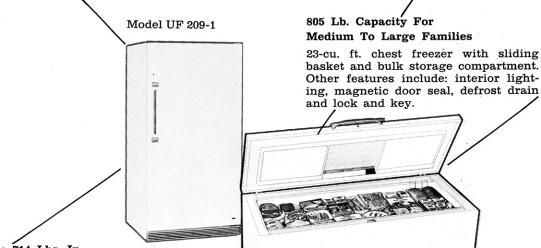




4-H opens doorways to thought

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#### Journal

Vo. XV, No. 6

June, 1969

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#### Poor Damn Ira

By Dr. Glenn M. Busset State 4-H Leader

The first week of June is suggested as an appropriate time for 4-H people to express appreciation to their friends. A highlight of the week will be "Friends of 4-H Day" at Rock Springs Ranch June 4. In other parts of this Journal your club will find suggestions for appropriate means of expressing their appreciation for help and encouragement received.

There are "days" and "weeks" for almost any cause or purpose. Some of them may do little good but generally they have worthwhile purposes. We have never questioned the value of teaching children to show appreciation for favors received, so 4-H Appreciation Week seemed quite appropriate. Then we began to recall reading that someone else had publicly sneered at the unbelievable "squareness" of 4-H clubs teaching children to say "thanks."

Two years ago a book appeared that said stinging, bitter words about almost everything in agriculture, including 4-H. No doubt some were deserved, but what we remembered from two-year-old reading were the incredible statements in relation to appreciation. You can read this yourself, if you have the stomach for it, on pages 46-48. If you can't borrow a book, as we did, here are two paragraphs for your enlightenment:

"The average teen has developed a sense of values that includes expressed appreciation for the gift item . . . And most of all, he deeply resents being told that a "thank you" is due

"Good manners are definitely an asset. But to make the teaching of this quality a part of 4-H training is downright silly. Teaching is the obligation of parents, not organizations. And in youth's eyes, this kind of emphasis is square beyond belief."

It may come as a real surprise to people who work closely with children to be told that the average teenager has somehow developed a built-in sense of values that includes expressed appreciation for the gift item. And it may well be that teaching good manners is the obligation of parents. Speaking as parents, most of us welcome all the help we can get from any youth-serving organization, to help us develop that "sense of expressed appreciation:" that Ira assures us is automatically a part of children's psychological equipment. More and more we seem to meet children whose parents have apparently failed in their obligation to teach them good manners. Perhaps they would have appreciated some help, like maybe a 4-H club?

Ira thought enough of his opinions to put them in a book, an act of considerable courage which in no way adds to the validity of the opinions. People with a reasonably normal level of blood pressure will admit there are many well-stated half truths in the book. The problem with a half-truth is that you may have gotten hold of the wrong half.

<sup>1</sup>Poor Damn Janeth. Ira Dietrich, Bascom House Publishing Company, Madison, Wisconsin, 1967.

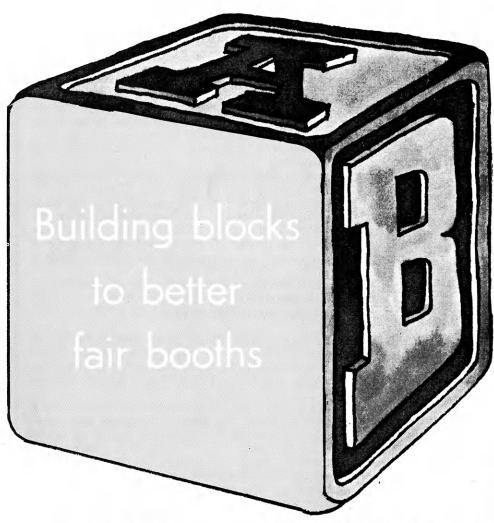
#### OUR COVER

"4-H opens doorways to thought," was a statement by Janet Sprang as she reflected on her nine years in 4-H work, during a picture-taking session at Rock Springs Ranch. "Are we really living fully?" Janet wondered, framed by a stone window, alone in Meditation Chapel,

captivated by the incessant babbling of Stoney Brook.

Additional pictures and a text by Janet appear on pages 22 and 23 of this issue.

Cover photographs and those on pages 22 and 23 were taken for the Kansas 4-H Journal by Eric Johnson, a student at Kansas State University.



By Charles Bates **Extension 4-H Specialist** 

Good 4-H booths do not just happen. They are the result of much planning and effort by both mem-

bers and leaders.

The purpose of a 4-H booth is to show the public, in a graphic way, the story of 4-H work. It interprets 4-H to the viewers, who may or may not be acquainted with the program.

4-H booths may teach facts, show a process, promote or recognize.

#### PLANNING

Planning is the key to a successful booth. The biggest and most neglected part of most exhibit work is planning. Too many exhibits are made without detail planning.

Planning can best be acomplished by a committee of both members and leaders. The ingenuity of both get a terrific work-out in booth preparation. The booth must be planned well in advance of exhibition time—so start your planning now. The committee should meet at least two months in advance of exhibition date to select a general theme.

All committee members should help in giving ideas. As they take shape, develop a schedule so materials will be ready and assembled on time. Use one clever idea and present it simply in telling your story.

Here are five key points for a

successful booth-

—Keep it simple.

-Make it attractive. -Use a minimum of words.

-Use color, light and motion. —Use one idea and stay with it.

#### GET IDEAS

As you plan your booth, get ideas from as many club members as pos-

sible. With these suggestions, a com mittee meets and pools ideas choice of subject matter and cides ways to display the materiand share the work. Be sure yo know exactly the amount of spare available.

Along about now it is easy to g bogged down in materials, cut-out color schemes, models and idea When this happens the end produ tends to disappear from view a the booth becomes a hodge-podge "everything and nothing."

#### WHO, WHAT, WHY, HOW

Avoid this situation by looking the who, what, why and how.

Who, of course, is the audien you wish to reach. What is the su ject matter you wish to presen Why is the purpose of the boot How is the way to express you message. Only when you have fined answers to who, what why can you go to how.

When you have these answer make several rough sketches of ideas, selecting the best one. The build a scale model of the booth you can see the idea in three dime

sions.

Making a scale model may see elementary but a model will he bound you see where you are crowding where you are confusing separatelements and it helps to locate to Light to the content of interest to the content of the cont center of interest.

Plan the background in the sha an of a rectangle. Square shapes \$ yo

dom are attractive.

#### CENTER OF INTEREST

A booth must have a main p of interest which should not be dead center. Put it in the upper upper right, lower left or the lo right areas. Most exhibitors use upper left as the first choice for point of interest or the upper " depending on the design.

It is much easier to locate point of interest when you mai

sketch and scale model.

Call attention to your center point of interest by putting the items there. Use a strong cold different shape to add emphasi

Place small items together use various levels of position

avoiding clutter.

Open space will give the chance to rest. Do not divide est between two or three Keep only one major item of est. A short, catchy title in all catching place will help your

#### COLOR

Colors may add to or detract the booth. They help arouse

est, stimulate thought and cause action. Choose them with care as hey are emotional and convey feel-

ings. Warm colors such as red and orange advance and are gay and stimulating. Cool colors such as blue and green recede, and are calm and restful.

Usually it is best to select one color to go with your overall backround color. A third color may be used in small amounts for accent

and attention.

When considering color for exhihits, keep in mind the following:

\_Use neutral backgrounds such as gray, greens, blues, in pastel shades.

\_Limit to two or three colors.

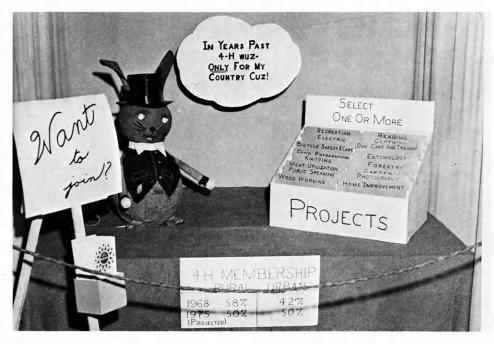
-Have one dominant color and use others for accent only.

Red is a good accent color. When using colors, use vivid colors sparingly on small areas and pastel

colors on large areas. Always consider the effect of lighting and its intensity when selecting a color. Different types of light affect color. Incandescent lights enrich reds and yellows but gray most others. Proper lighting can improve the appearance of your booth. Spotlights can highlight important areas of interest.

#### LETTERING

Lettering should be simple, clear and well spaced. In lettering a booth, you may wish to follow these few simple guidelines.



PROMOTES 4-H—Originality adds the spark to this promotional booth. Center of interest is focused off-center, an effective eye-catching device. Additional interest is created by the varying shapes of signs.

—Horizontal lettering is much preferred over vertical lettering. Vertical lettering is harder to design and to read.

Be consistent in style of letters. Do not use different styles of type.

Be sure lettering is large

enough to be seen.

Lower case letters are easier to read than capitals. Caps can be used for titles.

The thickness of the lines which

form a letter also determine ease of reading. For safety, follow the rule that the line thickness should be about one-seventh the height of the letter.

—Do not mix colors in a message.

Keep letters one color.

-Space letters with the eye and not by measurement when mounting them.

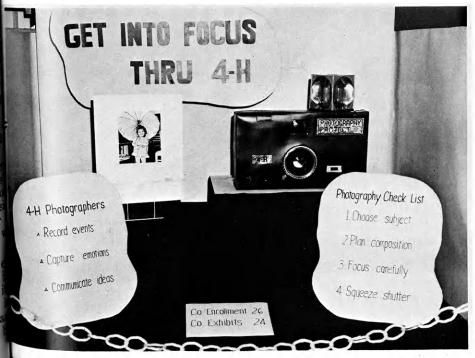
#### **PICTURES**

If you use photographs, they should be at least 8 x 10 inches in size. Matte finish pictures are better because they do not reflect light as readily as glossy prints. Photographs of faces or figures can be pasted on plywood or tempered card board and cut out with a jigsaw.

You can call attention to your booth with motion. Turn tables, color slides shown by an automatic projector, a flasher button behind a light bulb are but a few ways to create motion. Be sure, however, the motion is an integral part of the booth and not an afterthought.

Always remember a good booth interprets 4-H activities to the public who may or may not be acquainted with 4-H. The purpose of the booth is to tell the public, in a graphic way, the story of 4-H work. A clever idea, simply presented, is most effective.

The dividends you receive from your booth exhibit will depend upon how much time you and your committee spend on planning. Start now to plan and success will be yours with an effective, well-presented 4-H booth at the county fair,



ON 4-H-An effective device is used in this booth by placing the center of interest tenter. The use of different shapes for signs creates additional interest. Good balance and motion add the finishing touches!

## **Enter the**

# 4-H Survey of Safety

# WIN A FREE TRIP TO CHICAGO

#### SAFETY SENIORS

Take an active part in club safety activities by assuming leadership on committees and assisting younger members with Surveys. Seniors are required to make Surveys also, but in addition make a plan of work and keep a record to show accomplishments. In addition to being eligible for a "Pen" award they may submit their records for consideration in awarding the education trip.

#### SAFETY STARTERS

Select one or more homes and farms and make a survey of safety hazards. Tag them and make plans with the owner for a return visit to check them after corrected. Your leader will report your accomplishment and you will win one of these safety Ballpoint Pens.

#### A Safety Program for All 4-H Members

Every 4-H Club member, regardless of age, may participate and receive recognition in the different phases of this program. See your Extension for the necessary information.

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SIMPLICITY IS KEY—Demonstrations must be simple enough for the audience to understand, and explained clearly enough so persons could go home and duplicate the demonstration. Here, Glenna Fridell and Mike Luster demonstrate, "Use Brain, Avoid Strain". Both are members of the Robinson Meadowlarks 4-H Club, Brown County.

# Ideas for demonstrations

By John Hanna Extension 4-H Specialist

Cut. Measure. Mix. Blend. Saw.

"Words in action" has been used to define a demonstration, a real opportunity for a 4-H member to teach someone to do something.

Persons learn more and remember it longer when two senses are utilized: sight and sound. Demonstrations are an effective teaching method because they combine seeing and hearing.

In planning a demonstration, 4-H'ers should follow these steps: choose a subject, gather reliable information on the subject, study the information, work out a plan, make a list of equipment needed, start doing

the thing to be demonstrated, then fill in the explanation on the talk as it is practiced.

When planning a demonstration, keep two tests in mind:
(1) Does the audience want to go home and do the thing you've shown? (2) Can they go home and do it? Sparking the interest of the audience and making the job look easy by practicing many times is the first test. The second means careful showing and thorough explanation of each step in full view of the audience.

The answer to, "What shall I demonstrate?" is the first step in planning a demonstration. It may be something the member already has done in his project work. It should be something the 4-H'er is interested in and

likes to do. Can it be easily seen by the audience? Is it within the ability of the 4-H'er? Does he have the skill to do it? The subject must be one which can be done completely and thoroughly in the time allowed. If too broad a subject is chosen, so much work may have to be done before that the value of the demonstration is lost, and the steps cannot be shown completely enough so that people can go home and do the thing that was demonstrated.

The next step in planning a demonstration is to gather reliable information on the subject. The demonstrator should study the information to it "becomes a part of him." The 4-H'er should know much more

(Continued to page 24)

## Thrifty Thrivers Win Consecutive Years

It has been said that no one can win top placings in the project talk or demonstration and illustrated talk competition at County 4-H Day more than two consecutive years. But Aquila Redden and Doug Higginson of the Thrifty Thrivers 4-H Club of Labette County have accomplished this feat.

Aquila has won top playings for her demonstrations or illustrated talks for six consecutive years. Food projects were the

topics for each.

Eleven-year-old Doug has won top blue award in the project talk competition four consecutive years. All his winning talks have concerned safety. The four talks have been among nineteen various safety talks he has given at various 4-H events during his four years of 4-H work.—by Jack Sullivan, reporter.

#### Nortonville Boosts Writing 'Pen Pals'

The Nortonville 4-H Club of Jefferson County has participated in the People-to-People project by establishing pen pals.

Nortonville members exchange letters with young people in New Zealand, South Africa, Canada, England, Korea and other countries. But the United States is not being overlooked for finding good pen pals. People-to-People is a project designed to promote peaceful and friendly feelings among people so our own country can benefit from our best efforts too.

In the interest of this worthy project, we are sending an address where Korean pen pals may be obtained: Green Field Jang, International Cultural Alternate Association, P.O. Box 2255 International, Seoul, Korea—by Ernest Noll, reporter.



PIZZAS GALORE—"Supper Italian Style" was the theme of the picnics and suppers group of the Pleasant Hill 4-H Club of Shawnee County at a recent project meeting. Pictured, from extreme left, are Suzann Ryan, Linda Raab, Suzanne Shaw, Cindy McNorton, Lynn Hiebach, Kendra McNorton and Jill Roepke. Mrs. Don Hiebach is adult leader. Suzanne Shaw is Junior Leader.

## Exercise, What You Eat Key to Successful Diet

Are you wondering if you are underweight or overweight? A girl's fastest growing years are ages 11-14 and the greatest gain in height on the average will be age 12. This chart shows where you stand on the height-weight chart:

HEIGHT WEIGHT Short-57.9 in.

(4 ft. 10 in.) 79 lbs. Average-60 in. 96 lbs. Tall-62.9 in.  $115\frac{1}{2}$  lbs.

You should aim to improve your nutrition by shifting to "growing-tall" foods. Get with a good food habit without delay. A food plan that meets your requirements for energy and essential nutrients will give you the best chance to develop the way nature intended.

Here is a good guide to follow: 4 glasses milk (8 oz. each). To curb calories, drink 99% fat free, skim milk or buttermilk. Lean meat, fish or chicken: 2 servings, 3 oz. each, cooked weight, not counting bone.

Eggs: 1 daily or 5 per week. Protein alternates: Cheese, cottage cheese, dried beans, dried peas. Vegetables: 3 servings, one a dark green or deep yellow for Vitamin A. Fruits: 3 servings, one an orange or grapefruit or the juice, for Vitamin C. Breadcereal group: Good quality bread, 3 to 4 slices. Cereal, cooked or dry, ¾ cup.

About eight out of ten girls who go on diets give up before they get thin. You don't need to give up all your favorite foods.

Don't give up breakfast. That is the worst possible way to start the day if you are serious about dieting and we are not saying that to please your mother. Your calories should be divided over the whole day into three meals, plus snacks.

Don't give up snacks. Figure a daily snack or two into your total calorie budget. But choose carefully. Choose fruits and milk. Exercise daily. Walk, jog, swim, dance and do exercises.

Don't give up dieting because you weaken now and then. Don't decide to eat like a vulture on Saturday night and start again dieting on Monday. Remember that old cliche "a minute on the lips, a year on the hips."



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# The 45th annual state 4-H Round-up seeks insights to citizenship and careers.

Approximately 1,100 4-H young people, 15 to 19, are attending the annual 45th State 4-H Round-up at Kansas State University.

Theme of Round-up is built around citizenship and personal development.

The first day is devoted largely to delegates registering and getting located in K-State dormitories and getting acquainted with the campus. The program officially opens with a general assembly Monday evening in Ahearn Field House. The official welcome will be extended by Dr. Robert A. Bohannon, director of Kansas Extension Service. The Manhattan High

## 'GROWTH' IS KEY TO ROUND-UP

Pops Choir, under the direction of Darrell Buzan, will be the featured program.

Tuesday, June 3, has as its theme, "Education for Tomorrow." This program extends to the delegates an opportunity to visit two of the eight colleges within the university. The eight colleges and their faculties present an overview of their respective colleges to the delegates. The featured evening program Tuesday will be the Talent Program, which will be presented in the Ballroom of the K-State Union.

Wednesday and Thursday will feature two days for personal growth. Each delegate will have an opportunity to select special interest sessions consisting of one to six hours of instruction. Delegates may elect special interest sessions not to exceed 11 hours for both days. These sessions offer a wide range of interests to delegates. They include sessions on foods, biology, photography, horticulture, drama, leadership, landscape design, art of loving, computers and interior design.

The featured Wednesday evening program will be an informal "sing out" featuring the Rush County Sing Out group. Thursday evening's program will be Marilyn Van Derbur, Miss America of 1958, who will address the delegates on "Goals and Dreams." After this presentation will be the annual Roundup party which is to be held in the Ballroom of the Kansas State Union.

Friday, June 6, the Round-up program will be highlighted by a formal presentation of the state 4-H chorus in Ahearn Field House. Rod Walker, K-State music department, will direct the chorus. The Round-up program this year provides four days of personal growth for delegates, providing new insights in understanding the many different facets of citizenship and career opportunities. The program is dedicated to broadening the delegate's horizons, providing young people challenges as they explore the many avenues of citizenship and careers. The week will provide opportunities for young people to develop a keener appreciation of two phases of the 4-H program that contribute to helping young people become a happier, more useful citizen for tomorrow.

The Round-up program provides an opportunity for the resident staff at K-State to visit and work with young people and other 4-H youth from the 105 counties. Round-up this year should prove to be an enjoyable week.—by Charles Bates, Extension 4-H Specialist.

## Horse Project Bigger in '69

The Kansas 4-H horse project this year includes the second state 4-H Horse Judging Contest and an expanded show at the Kansas State Fair.

Butler and Sedgwick counties' 4-H horse project leaders will host the judging school and contest on Tuesday, July 22, at the Barnard Arena, Douglas, according to Cecil L. Eyestone, Extension 4-H specialist at Kansas State University. Classes will include six halter classes — two Quarter Horse, one each Arabian, Thoroughbred, one Welsh Pony, and Morgan. In the performance division there will be a class of Western Pleasure and perhaps one of bridle-hack.

With the lengthening of the Kansas State Fair to include the weekend of Sept. 20-21, the 4-H Horse Show is planned for these days in Exhibition Center, the open class horse arena, on the fairgrounds. A committee of county Extension agents assist in planning and conducting the show.

Almost 3,300 Sunflower State 4-H'ers are enrolled in the horse project.

## **State Paces Region** In 4-H-CARE Plan

Kansas led a five-state region last year in participation in "Operation Counterpart", the 4-H Club-CARE program.

Working with CARE and 4-H club counterparts overseas, U.S. youth helped establish a food preservation program with Rural Youth Clubs in Greece by helping to furnish canning machines. 4-H clubs provided wheel barrows, cultivators, hoes, rakes and shovels to children in Sierra Leone: provided 100 day-old chicks for poultry production projects in South Vietnam; sent agricultural hand tool kits and seeds to the "counterpart" 5-D members in the Dominican Republic.



CAKE FANCIERS—Cake decorating has become the favorite pastime of girls in the Welborn 4-H Club of Wyandotte County. Mrs. Vera Mihelcic, center, offers instruction every week. Eight girls gather at Mrs. Mihelcic's home on Wednesdays and Saturdays for decorating lessons and practice sessions.

## Kansas 4-H Journal Sponsors

#### These Sponsors Have Renewed Their County Support of the Kansas 4-H Journal

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# WHICH WAY ODAY?

#### THE 4-H WAY - YOUR WAY

— As you have shown by your support through the Kansas 4-H Foundation — The way of good citizens, happy homes, faith in God and country.

"The most beautiful sight in the world is a youth going up a path after you have shown him the way."



Your cooperation with the Kansas 4-H Foundation makes it possible for the Kansas Cooperative Extension Service to offer youth a more effective 4-H program. All who are working with this outstanding youth organization are most grateful to you.

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## 1968 HONOR ROLL\*



#### An Open Letter

Now as never before, is a time for patriotism in America, a time for teaching boys and girls about the greatness of our Nation, and the story of what has made it great. Only as we realize what our Nation has stood for and means to us today can we really love it.

How fortunate we are as a Nation that we have in training and education millions of our finest youth actively participating in 4-H Club work. These 4-H'ers are under the guidance and direction of hundreds of thousands of 4-H leaders who give unstintingly of their time to our 4-H'ers in developing character and good citizenship.

I have followed closely the growth and development of 4-H work in Kansas which had its inception in the early 1900's. 4-H in Kansas has been fortunate to have had leaders in the Cooperative Extension Service and the 4-H Foundation that were dedicated to the development of our youth. It was and is under their leadership that Kansas has ranked high among the states of the Union in the field of club work. young men and women who have represented our State at the National 4-H Conference and the National 4-H Club Congress have won the admiration and respect of leaders from over the Nation. During my thirty years of service in the United States Congress, I had an opportunity to meet and know these fine young people. I was proud of them and know that you are too.

The continued growth of 4-H work is so important to the future welfare of our State and Nation that it behooves those interested in our Nation, and the youth of our Nation to redouble our efforts at a time when patriotism and good citizenship are on trial.

We must not fail our youth or our Nation.

Frank Carlson Former U.S. Senator, Member of the Kansas 4-H Foundation Board of Trustees

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- Greenleaf
- Greenleaf

  1 Citizens State Bank, Haddam

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  3 Clifton Grain Co.

  5 Cofer, Virgil S.

  4 Cole, Dr. Ward M.

  14 Collegiate 4-H Club, KSU

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  13 Contractors Supply Co. Co-op Service Assn., Clifton
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- Corcoran, Charles

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10

8 Zweifel, Robert, Jr.

NEMAHA COUNTY 3 Rustlers 4-H

Extension	on 4-H and	Home Economics	<b>—</b> 1968
ANDERSON COUNTY 5 Lucky 13 4-H	DICKINSON COUNTY 2 Jolly Jayhawkers 4-H 1 Navarre 4-H	HODGEMAN COUNTY 7 Pawnee Valley Boosters 4-H	McPHERSON COUNTY 7 Andover 4-H 8 Better Farms 4-H
ATCHISON COUNTY			6 Cottonwood 4-H 3 Country Cousins 4-H
2 Shining Star 4-H	DOUGLAS COUNTY	JEFFERSON COUNTY	8 Empire Best 4-H
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2 Gyp Hills Pioneers 4-H	11 Kanwaka 4-H 6 Meadowlark 4-H		7 Good Luck 4-H 7 Green Valley 4-H
4 Lone Eagle 4-H 5 Mingona Boosters 4-H	8 Stull Busy Beavers 4-H	IEWELL COUNTY	1 Lindsborg Golden '60 4-H
3 Stateline 4-H		JEWELL COUNTY 5 Formoso Willing Workers 4-H	7 Livewire 4-H 10 Lucky Leaf 4-H
DADEN COUNTY	ELLIS COUNTY	4 Mankato Eager Beavers 4-H	5 New Frontiers 4-H
BARTON COUNTY 2 Bartonettes EHU	11 Winner's 4-H	1 Waconda Winners 4-H 5 White Rock Hustlers 4-H	1 Roxbury Jayhawkers 4-H 7 Smoky Valley 4-H
2 Cheyenne EHU			8 Sunflower 4-H
2 Cleveland EHU 2 Comanche EHU	ETHINEY COUNTY	IOUNICON COUNTY	
1 Eureka EHU	FINNEY COUNTY 1 Terry Toilers 4-H	JOHNSON COUNTY 3 DeSoto 4-H Adventurers	MARION COUNTY
1 Evening Stars EHU 2 Heizer Livewires 4-H	1 Terry Tollers 4-11	1 Harmony Homemakers EHU	10 Happy Hustlers 4-H
1 Hoistington Harmonizers 4-H		3 Little Cedar Junior 4-H 3 Oxford Hustlers 4-H	10 South Cottonwood 4-H
1 Home Makers EHU 1 Meadowlark EHU	FORD COUNTY	3 Pioneer 4-H	
	3 Cozy Corner 4-H 4 D.I.Y. Jrs. 4-H	2 Shamrock 4-H 6 Sharon 4-H	MARSHALL COUNTY
BROWN COUNTY	2 Happy Hour EHU		2 Balderson Boosters 4-H
2 Modern Sunflower 4-H 10 Robinson Meadowlarks 4-H	1 Hopewell EHU 1 Northwest Hustlers 4-H		1 Beattie Musketeers 4-H 1 Blue Valley Hustlers 4-H
10 Robinson Meadowians 4-11	3 Westside Ramblers 4-H 4 Wilroad's Gardens 4-H	KEARNY COUNTY 6 Hi-Landers 4-H	1 Breman Hustlers 4-H 1 Go-Getters 4-H
BUTLER COUNTY	4 Wilload's Gardells 4-11	o III-Landers 4-II	1 Happy-Go-Lucky 4-H
7 Towanda Rustlers 4-H			1 Happy Harvesters 4-H 2 Happy Horseshoe 4-H
	FRANKLIN COUNTY 9 Pottawatomie Valley 4-H	KINGMAN COUNTY	1 Home City Hustlers 4-H
CHASE COUNTY	4 Westerners 4-H	4 Cunningham 4-H 9 Hawk 4-H	1 Jayhawkers 4-H 2 Jolly Farmers 4-H
7 Bazaar 4-H 3 Clements 4-H		5 Spivey Sunflower 4-H	3 Merry Makers 4-H 3 Richland Center 4-H
6 Emerald 4-H	GEARY COUNTY		4 Sunflower 4-H
5 Toledo 4-H	3 Humboldt 4-H	KIOWA COUNTY	1 Waterville Busy Beavers 4-H 1 Wide Awake 4-H
CHEROKEE COUNTY		4 Upward Strivers 4-H	1 Work To Win 4-H
5 Helmic Gingersnaps 4-H	GOVE COUNTY		
	5 Meadowlark 4-H	LANE COUNTY	MEADE COUNTY
CHEYENNE COUNTY		1 Alamota Busy Bees EHU	2 Plains Livewires 4-H
3 Cheyenne County Jr. Leadership	GRAHAM COUNTY	1 Blaine EHU 1 Chevenne EHU	
Club 1 Happy Larks 4-H	3 Hill City Centennial 4-H	1 Extension Home Units	MIAMI COUNTY
	3 Prairie Wildcats 4-H	1 Spring Creek EHU 1 Sutton EHU	3 Mound Builders 4-H
CLARK COUNTY		1 Town & Country EKU	J Modila Ballacis I II
4 Acres 4-H 3 Sitka Hustlers 4-H	GRAY COUNTY	1 Wilson EHU	MITCHELL COUNTY
J Sicka Hustlers 4-11	1 Charleston Astronauts 4-1	1	MITCHELL COUNTY 8 Asherville Achievers 4-H
CLAY COUNTY		LEAVENWORTH COUNTY	5 Cloverleaf 4-H
1 Five Creek Jayhawkers 4-H	GREELEY COUNTY	3 Basehor Rustlers 4-H 5 Busy Beavers 4-H	6 Future Citizens 4-H 3 Hunter 4-H
	1 Extension Home Units 3 Go-Getters 4-H	2 Lucky Clover 4-H	4 Mitchell County 4-H Council 8 Tipton 4-H
CLOUD COUNTY	3 Golden Opportunities 4-H	5 Nine Mile 4-H	4 Triangle Boosters 4-H
1 Buffalo Valley 4-H 1 Elk Creek EHU	1 Straight Ahead Strivers 4 4 Thrifty Thrivers 4-H	-n	1 Waconda Winners 4-H
1 Elk Creek 4-H		LINCOLN COUNTY	
1 Fairview Hilltoppers 4-H 1 Hill & Dale 4-H	HARPER COUNTY	7 Sylvan Hustlers 4-H 4 Wide Awake 4-H	MONTGOMERY COUNTY
1 Hollis Hustlers 4-H 1 Junior Leaders	7 Freeport Trailblazers 4-H		2 Duck Creek Boosters 4-H 1 Montgomery County EHU Council
1 Lyon Improvement EHU	2 Harper County 4-H Counc 1 Sunnyside 4-H	il	,,
1 Pleasant View EHU 1 Republican Valley EHU	1 Sumyside 4-11	LOGAN COUNTY	MORRIS COUNTY
3 Republican Valley 4-H	HARVEY COUNTY	1 Extension Home Units 1 Hi-Plains 4-H	7 Delavan 4-H
1 Sunflower EHU 6 Sunny 4-H	HARVEY COUNTY 4 Sedgwick Sunflower 4-H	5 Logan County 4-H Council	7 Dwight Sunflower 4-H
	2 Town Toppers 4-H	1 Lucky Diamond 4-H 2 Rainbow 4-H	6 Neosho Valley 4-H
COMANCHE COUNTY		3 Winona 4-H	
1 Loyal Hustlers 4-H	HASKELL COUNTY		MORTON COUNTY 2 Richfield Best Yet 4-H
	2 Cloverleaf 4-H		Z Michileia Dest Tet 4-11

LYON COUNTY

7 Busy Bees 4-H 9 Model Boosters 4-H 7 Reading 4-H

2 Cloverleaf 4-H
3 Colusa Go-Getters 4-H
2 Lakeview Livewire 4-H
1 Santa Fe Trail Blazers 4-H
1 Sehasco 4-H

COWLEY COUNTY

3 Dexter 4-H 3 Liberty 4-H 3 Polo 4-H

## BEING IS TO BE ABLE TO DO GOOD

#### NEOSHO COUNTY 2 Neosho County 4-H Boosters Club **NESS COUNTY**

#### 9 Prairie Schooner 4-H Sunshine 4-H Triple H EHU

#### NORTON COUNTY 5 Busy Beavers 4-H 5 Four Square 4-H 4 Golden Harvesters 4-H Good Hope Boosters 4-H

#### OSAGE COUNTY 14 Carbondale Rustlers 4-H North Osage 4-H Vassar Blue Ribbon 4-H Willing Workers 4-H

	OSBORNE COUNTY	
	Coronado EHU	
2	Cosmopolitan EHU	
1	Kill Creek EHU	
1	Modern Mrs. EHU	
9	Osborne County 4-H	Council
2	Penn 4-H	
1	Utopia EHU	

	PAWNEE COUNTY
1	Lincoln Livewires 4-H
3	Zook Zippers 4-H

#### PHILLIPS COUNTY 8 Deer Creek 4-H 1 Sunnyside 4-H

#### POTTAWATOMIE COUNTY 14 Blackjack 4-H 3 LaClede EHU Onaga Home Workers Unit Pottawatomie County Adv.

_	I ottamatomic ooune,
	Comm.
	Rock Creek EHU
	St. George HDU
	Vermillion 4-H
4	Vermillion HDU

	PRATI COUNTY
	Glendale Reapers 4-H
	Golden Valley 4-H
	Lincoln Climbers 4-H
7	Richland Rustlers 4-H

	RENO COUNTY
3	Arlington 4-H
	Castleton 4-H
1	Haven 4-H
5	Huntsville Helpers 4-H
3	Hutchinson Merry Metros 4-h
10	Langdon 4-H
4	Mitchell 4-H
4	Ninnescah 4-H
4	North Reno 4-H
1	Obee 4-H
6	Partridge 4-H
8	Plevna Sunflowers 4-H
4	Pretty Prairie 4-H
	Prosperity 4-H
3	Reno 23 4-H

Thomodora 4-H 10 Walnut Willing Workers 4-H

2 Munden 4-H

REPUBLIC COUNTY

RICE COUNTY 10 Fairplay 4-H 5 Pleasant View 4-H

Valley Bluebirds 4-H

RILEY COUNTY Ogden EHU 2 Randolph Ramblers 4-H 1 Strong EHU 5 Zeandale 4-H

ROOKS COUNTY 10 Star 4-H

RUSH COUNTY 1 LaCrosse Harmoniers 4-H

SALINE COUNTY 6 81 Hustlers 4-H 81 Hustiers 4-H Saline County 4-H Council Saline Valley 4-H Sasnak 4-H Sunny Valley 4-H 11 Willing Workers 4-H

SCOTT COUNTY Exension Home Units
Go-Getters 4-H
Lake Wide Awake 4-H
Lucky Clover 4-H
Manning Jayhawks 4-H
Pence Busy Beavers 4-H
Scott County 4-H Council & Wm. Carpenter 4-H Foundation 5 Town and Country 4-H

SEDGWICK COUNTY SEDGWICK COUNTY

8 Bentley Eagles 4-H

8 Cheney Gremlins 4-H

9 Delano 4-H

6 Eastridge 4-H

7 Furley 4-H

11 Kechi 4-H

7 Oatville 4-H

5 Peck Ramblers 4-H

10 Riverview 4-H 10 Riverview 4-H 8 Rolling Hills 4-H

SEWARD COUNTY 1 Sunset 4-H

SHAWNEE COUNTY

Sunnydale 4-H Wichita Indians 4-H

SHAWNEE COUNTY

3 Decker 4-H
6 Dover 4-H
9 Highlander 4-H
4 Indian Creek 4-H
8 Kaw Valley 4-H
10 Pleasant Hill 4-H
12 Riverside 4-H
12 Rochester Heights 4-H
11 Shawnee Jayhawkers 4-H
11 Shunga Valley 4-H
9 Wanamaker 4-H
1 Willard Busy Beavers 4-H 1 Willard Busy Beavers 4-H

SHERIDAN COUNTY 6 Hi-Plains 4-H

SHERMAN COUNTY Beaver Valley 4-H 10 Glendale Livewires 4-H Jolly Workers 4-H Ruleton Eager Beavers 4-H

SMITH COUNTY 2 Athol Atoms 4-H Meadowlark 4-H 2 Solomon Valley 4-H 1 Thornburg Cubs 4-H 1 U. S. Center 4-H

STANTON COUNTY 8 Big Bow 4-H 4 Jr. Sunflowers 4-H

STEVENS COUNTY 3 Jolly Jayhawkers 4-H

SUMNER COUNTY 6 Clippers 4-H 10 Perth 4-H 13 Rome Rockets 4-H 10 20th Malaby Pushers 4-H

THOMAS COUNTY 1 Prairie Gem 4-H

TREGO COUNTY 4 WaKeeney Willing Workers 4-H

WABAUNSEE COUNTY 3 Friendly Farmers 4-H 2 Harveyville 4-H WALLACE COUNTY 1 Extension Home Units

WASHINGTON COUNTY 11 Busy Bee 4-H 2 Sunshine 4-H

WICHITA COUNTY 1 Extension Home Units

WILSON COUNTY 6 Wilson County 4-H Council

WYANDOTTE COUNTY 5 Advance 4-H 4 Bonner 4-H 12 Horaniff Hustlers 4-H 4 Wolcott 4-H

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FOR KENNETH H. PETERS-Conkling Cubs 4-H Mr. & Mrs. Eugene Jones

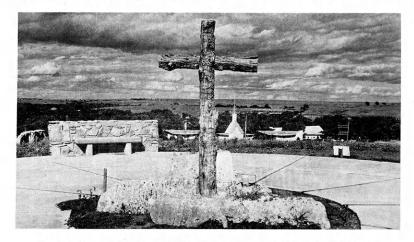
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HONORING THURMAN WREN-Sedgwich County 4-H Clubs



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1 Ferguson, Mr. & Mrs. Earl E. 5 Fields, Mr. & Mrs. Samuel A. 1 French, Mrs. L. R. 1 Frisbie, Mr. & Mrs. R. E. 1 Fuhrman, George J. 2 Fuller, Mr. & Mrs. John W.

1 Galle, Mr. & Mrs. Dale S. 2 Gardner, Mr. & Mrs. S. Ray 2 Gehrke, Mr. & Mrs. John 2 Germann, Mr. & Mrs. Howard J. 2 Gfeller, Mr. & Mrs. Harvey 2 Gilliland, Mr. & Mrs. Chas. H.

1 Givens, Mrs. Harry 1 Gladfelter, Mrs. W. A. 1 Goff, Mr. & Mrs. Harold 1 Green, Mrs. George B. 2 Griffing, Mr. & Mrs. Ward C. 1 Grimes, Mr. &Mrs. Carl L.

2 Hall, Mr. & Mrs. Wm. Carlton 1 Hansen, Mrs. Albert C. 2 Hatch, Mrs. Henry 3 Hawk, Mr. & Mrs. Covell D. 1 Hegle, Mr. & Mrs. W. A. 2 Heinz, Mr. & Mrs. Kasper 2 Hendrickson, Mr. & Mrs. Malferd N. 2 Hildebrand Mr. & Mrs. Don M.

Malferd N.
2 Hildebrand, Mr. & Mrs. Don M.
1 Hill, Mr. & Mrs. George
3 Hockens, Mr. & Mrs. Ralf E.
4 Hoover, Mr. & Mrs. Laurence J.
3 Houghton, Mr. & Mrs. James H.
2 House, Mr. & Mrs. Kenneth B.
2 Hunt, Mr. & Mrs. Walter A.

2 Johnson, Mr. & Mrs. Mervin B. 3 Jones, Mr. & Mrs. O. W.

1 Kaiser, Mr. & Mrs. Edward W. 1 Kelsey, Mr. & Mrs. M. T. 2 Kraus, Mr. & Mrs. Carl W. 4 Kugler, Mr. & Mrs. John M.

5 Lauer, Mr. & Mrs. Clarence 3 Lear, J. T. 1 Lewis, Mr. & Mrs. Walter M. 4 Lilliequist, Mr. & Mrs. W. R. 4 Lindholm, Mr. & Mrs. Ernest C. 1 Lindholm, John 2 Long, Mr. & Mrs. Wm. A. 1 Lorimer, Mrs. J. Scott 1 Lumb, Mrs. G. H.

1 Magley, Fred Martin, Mr. & Mrs. V. S. Mathes, Mr. & Mrs. Walter L. McGonigle, O. F. McMinimy, Mr. & Mrs. V. W. 2 McMinimy, Mr. & Mrs. 1 Montgomery, Mr. & Mrs. Morgan, Mr. & Mrs. Fred G.

Mundhenke, Mr. & Mrs. Fred G
 Mundhenke, Mr. & Mrs. Merle G.
 Munson, Mrs. Charles O.
 Murrey, Mr. & Mrs. Chester
 Mustoe, Mr. & Mrs. Melvin

4 Nicholas, Mrs. Arthur E.

1 O'Brien, Mr. & Mrs. Peter, Jr. 4 Otte, Mr. & Mrs. Alvin

1 Paris, Mr. & Mrs. Glen 1 Paulsen, Mr. & Mrs. Fred H. 3 Peirce, Mr. & Mrs. Walter C. 1 Pence, Mr. & Mrs. Lester B. 3 Poole, Mr. & Mrs. Grover C. 3 Praeger, Mrs. H. A. 1 Preston, Mrs. Adelbert E. 2 Preston, Mr. & Mrs. Clifford V.

2 Ramsey, Mr. & Mrs. John W.
1 Rawlins, Mr. & Mrs. Robert L.
1 Reed, Mr. & Mrs. Ernest A.
3 Roepke, Mr. & Mrs. Herbert F.
1 Rogler, Mr. & Mrs. Henry
3 Rohrer, Mr. & Mrs. Milton E.
3 Rubnke, Mr. & Mrs. Lohn H. 3 Rohrer, Mr. & Mrs. Milton E.
3 Ruhnke, Mr. & Mrs. John H.
5 Russell, Mr. & Mrs. Marion L.
1 Schauvliege, Mrs. Louis C.
2 Schlagel, Mr. & Mrs. Chas. F.
2 Scott, Mr. & Mrs. Edward W.
2 Seifert, Mr. & Mrs. Karl
2 Shideler, Mr. & Mrs. Jay
1 Smith, Mr. & Mrs. Harry
3 Staadt, Mr. & Mrs. Harold E.
3 Stephenson, Mr. & Mrs.

John C.

2 Stutz, Mr. & Mrs. W. V.

1 Teagarden, Mr. & Mrs. Robt. R. 1 Thompson, Mr. & Mrs. Robt. E. 3 Tillotson, Mr. & Mrs.

Raymond J.

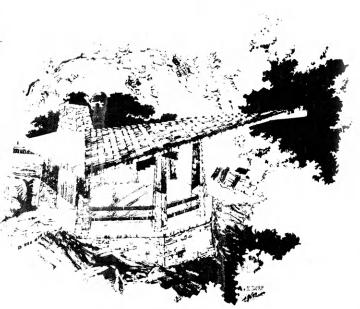
2 Tjäden, Mr. & Mrs. Wayne 1 Tuttle, Mr. & Mrs. Ralph W.

5 Upham, Mr. & Mrs. Ralph E.

5 VanHorn, Mr. & Mrs. Harold. 4 Visser, Mr. & Mrs. Ed

2 Walker, Mr. & Mrs. Joe M.
1 Waliace, Mr. & Mrs. D. M.
1 Waln, Mr. & Mrs. Preston A.
1 Wamser, Howard
1 Weaver, Mr. & Mrs. Ralph
1 White, Mr. & Mrs. Hugh
1 Williams, Mrs. Carrie F.
2 Windhover Mr. & Mrs. 2 Windhorst, Mr. & Mrs. Ernest A. Wolf, Mrs. O. O. 2 Works, Mr. & Mrs. George

3 Young, Mr. & Mrs. Frank L.



\*Figure by name shows number of years contributions were made. More than one contribution during the year by some.



# Awards In 4-H A Spur To Higher Goals

Fifty years of 4-H membership—when we stop to count, this is the span of time that we and our three children were members of a 4-H club. We all count 4-H membership as one of the most important influences and aids in our youth.

During this time, we have been grateful to many people—our leaders, parents, agents, and the many supporters of 4-H: The Kansas Bankers Association, who made possible a memorable trip to National 4-H Camp (and a first trip for a farm girl on a railroad train); the Union Pacific Railroad for a college scholarship; Standard Brands, Inc. for a savings bond; Carnation Company for a watch; Riley County Farm Bureau and Farmers Union for trips to Rock Springs Ranch and support of the livestock sales. The list is not complete, but the idea we want to convey is that awards in 4-H are a spur to higher goals which, when realized, build a person more able to be a part of a useful society—as a teacher, a business man, a mother, a college student, and even an Air Force jet pilot.

In operating our restaurant, we are always glad to employ former 4-H members, because we find them to be people who know how to work, and can produce, as well as being able to cooperate in working closely with others.

Charles & Martha Streeter Restaurateurs Manhattan, Kansas



#### I DID NOT STAND ALONE

4-H is a household word in many families, but, to me, it has been a beacon of opportunity. This organization has taught me the dignity, sacredness, and importance of human labor; how that

only by hard work can a project be carried to a successful conclusion. I have learned management, responsibility, and leadership traits which have developed my personal values and enhanced my knowledge of life. Thus, the 4-H project becomes the basic underlying foundation and training ground for this upward development.

Through 4-H I have learned to manage my time and resources wisely. We are taught to set goals, to examine our available resources, and to decide how we can best get from where we are to where we want to be. Therefore, 4-H has taught the value of planning ahead. Thus, with current and accurate records, one can check his management practices, and determine necessary changes. Actually I have learned that with a plan, the knowledge to manage it, and a diagram of its progress, one can carry the project to a successful conclusion.

It was my privilege to be elected president of my 4-H club and the responsibility of organizing and conducting the club meetings was mine. It was during this period that I discovered things did not always go as I expected them to, and I had the responsibility of making adjustments as were necessary to keep the meetings and programs progressing as they should. I am indebted to the 4-H leaders and members for my contacts wi h them in conducting meetings. They have impressed on me the importance of being responsible and dependable to my fellow man.

I believe that we are living in a changing world and that if this change is to be directed toward a worthwhile end, good leadership must be available. I believe that in order to be a good leader we must first learn to work with and assist other people. I am grateful to the leaders and my fellow 4-H'ers for the examples they have given me as I try to become a better leader.

In teaching the importance of democratic ways of thinking, feeling and acting in relation to others, 4-H has shown me that citizenship involves the understanding of our duties and responsibilities as citizens. Through 4-H I had the opportunity to see how our democratic way of thinking works in the operation of our national government, and I realized what a great heritage the older generation is leaving to my generation.

Values influence our every action. They guide us in choosing right or wrong, good or bad. Each 4-H leader chose values to lead by, and his actions greatly influenced the club members. The leader's willingness to help, to guide, to counsel, and to assist helps 4-H'ers to develop their own value system. For our leaders sincere and intelligent actions, I am grateful.

I have experienced many exciting and meaningful moments in my 4-H career, but the most thrilling was receiving the silver tray for top achievement boy in the nation. But as I look back on this particular moment, there are many people missing from the spotlight. The people who should have been standing there with me are my parents, leaders, fellow 4-H members, businessmen, and Extension personnel. I only wish that I could personally thank all who have helped me throughout my 9 years in 4-H, for the growth and development of any 4-H'er stems from the values he learns from the many great people associated with the program.

Gary Mogge Kansas University Collegiate 4-H Club Member

#### A SPECIAL SALUTE -

To the Bankers of Kansas for service to 4-H Youth. Thousands of young people have been inspired to greater accomplishment, and are better citizens—serving community, state, and nation more effectively.

#### Good Wishes for the Bright Future of 4-H-

"One of the most productive actions of the six hundred banks of Kansas through the Kansas Bankers Association has been to provide support and encouragement for the 4-H youth of Kansas during the past fifty-five years!

"The 4-H youth of Kansas are one of our greatest resources! These youngsters and their leaders are a prime mover in developing better Kansans for a better Kansas.

"We would hope that every youngster in Kansas could have the benefits of being a 4-H member. If this were true, there would be no problems in understanding between young people and former young people now classified as adults!

"The Kansas Bankers Association commends the 4-H Foundation for its part in helping the people of Kansas grow in all good ways. We enthusiastically offer our great good wishes for the bright future of 4-H!"

The Kansas Bankers Association



Cottage built by the bankers of Kansas at Rock Springs Ranch in 1964

# `Friends of 4-H' traditional fete

A day to recognize "friends of 4-H" has become a tradition at Rock Springs Ranch. A program of inspiration, fun and fellowship brings home to 4-H'ers and donors alike the importance of adults and youth working together in a constructive, sound approach to better living for the future.

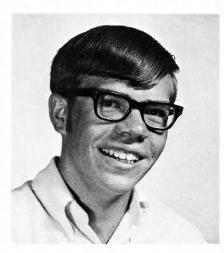
This year, Wednesday, June 4, will be especially important to those whose periods of service to 4-H total 5, 10, 15 and each succeeding 5 years. These and certain special certificates will be presented to the following:

Anderson Cattle Company, Dale Apel, Danuser Machine Company, Mr. and Mrs. James H. Houghton, Henry A. Humphrey, Kansas Banker Association, Kansas Electric Co-ops, Knopke Brothers, Frank Priest, Mr. and Mrs. E. H. Teagarden, Wichita Bank for Cooperatives, Mrs. K. T. Wiedemann and Mrs. Fay Winter.

## Electric, Swine Projects Favorite of Key Winner

Electric and swine are the favorite projects of Lynn Lahman, a member of the Quinter 4-H Club and a key award winner.

Extension cords and heat lamps to transistor radios and a shortwave set are some of the



Lynn Lahman

articles he has made in the electric project. He has given many talks and demonstrations in the electric project. Twice he has been a county winner, taking his talk to regional 4-H club day. The Gove County champion and state award winner won two trips to Wichita.

Lynn will be Quinter's electric project leader this year, assisted by an adult supervisor.

Can a young farmer make a profit raising livestock? Lynn has proven he can. He started with two market pigs and last year he had twenty head. This year Lynn is building a hog house to shelter his swine.

County and district judging, writing news stories, helping to promote safety, serving on committees, county council representative and helping at the rest stop on I-70 have been other special services Lynn has given to the Quinter 4-H Club. Fellow club members brag he also is quite an artist and designed the cover of the Gove County achievement program last fall.

Church and school activities also keep Lynn busy. He is an officer of his church's youth group, has been president of his school class, participates in sports and school plays and has been Gove County spelling champion.

Lynn, the son of Mr. and Mrs. Ivan Lahman, is a junior at Quinter high school. — by Shirley Daniels, Quinter 4-H Club reporter.

#### Ribbons Galore

Ninety-three blue ribbons were won by Happy Helper 4-H'ers recently at Leavenworth County and regional 4-H Days. One red ribbon and two white ribbons also were among the prizes.

Debbie Kennedy has been initiated as a new member into the Happy Helpers, of Tonganoxie.

# Kansas 4-H Appreciation Week June 2-7, 1969

a time for 4-H'ers to say **thanks** to all who support their work and

an opportunity for adults to show continued interest and support for the 4-H program

The Kansas 4-H Foundation welcomes your financial support and will see that it is invested in Kansas' greatest resource—its youth!

Your Gift:

\*provides significant assistance in areas where other funds are not available

\*is used for the purpose you designate

\*places your name in the annual Honor Roll of loyal contributors

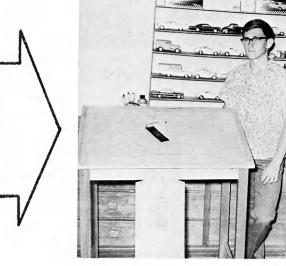
\*is tax deductible.

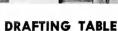
#### Make checks payable and send to:

Kansas 4-H Foundation 212 Umberger Hall, KSU Manhattan, Kansas 66502

# 4-H Woodworking Plans from YOUR LUMBER DEALER









CHILD'S PICNIC TABLE



See these Lumbermen for your FREE Plans — they are your best friend when you need good material



Anthony Valley Lumber Company

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Home Lumber & Supply Co.

Ellsworth Lumber

Home Lumber and Supply Co.

A. C. Houston Lumber Company

The Home Lumber & Supply Company

McAllister-Fitzgerald Lumber Co.

Gardner Lumber Company

Garnett

Star Grain and Lumber Company

Rasure Lumber Company Foster Lumber Company

Greensburg

Home Lumber and Supply Co.

Halling Hardware & Supply

Healy

Healy Co-op Elevator Company

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Sandott Lumber, Inc.

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T. E. Snowden Lumber Company

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Ramey Brothers



Bird Feeder



**Utility Cabinet** 



### THESE PLANS ARE AVAILABLE



Tool Caddy

Mail Box
Portable Towel Rack
Lazy Susan
Box Hockey
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Sand Box Comic Book Rack

Childs Step Stool & Chair Collapsible Visual
Aid Stand
Cart with
Removable Trays
Back Yard Fence
Magazine Rack
Sheep Blocking Box
Child's Desk
Hobby Horse
Rabbit Carrier
Camp Kitchen

Chick Feeder

Garden Trellis
Bicycle Rack
Hog House
Open Top Sawhorse
Insect Display Box
Dairy Barn Desk
Wishing Well Planter
Coffee Table
Salt and Pepper Set
Colonial Bookcase
and Cabinet

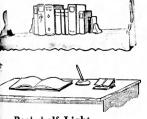
Lawn Lounge

Porch Swing
Canoe Sailing Rig
Tail Gate Kitchen
Chest of Drawers
Table Lamps
Desk
End Table
Wren House
Picnic Table
& Benches
B-B Gun Rack

Redwood Planter



Show Box



Bookshelf Light



Patio Planter



Tennis Padl-Pak



Night Table

Mankato Lumber Company

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Hodges Bros. Lumber Co.

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Farmers Grain & Supply
Lumber Dept.

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Lawrence Lumber Company Stockyards Cash and Carry Lumber Co. Alexander Lumber Company Inc.

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Zenda
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The George W. Ultch Lumber Company, 11432 Truman Road

... to traditions



.. to new experiences

# 4-H

"How many times do we stop to notice the beauty of a spider's web covered with dew, or the intricate petal arrangement of a rose?

"So many times we see the field of hay to be put in the barn, but do we ever enjoy the heavy, sweet smell of freshly-cut alfalfa on a warm day?"

Paradoxical thoughts, perhaps, in today's shoving, pushing, always-on-the-go world, but reflections of a veteran of nine years in 4-H who asks thoughtfully, "Are we really living fully?"

Janet Sprang, 1969 Kansas Dairy Princess, looks beyond, to tomorrow, to the future, at the same time concentrating on today. The 20-year-old Kansas State University junior steps off a fast clip to keep up with her hectic schedule, at the same time tending to the smallest detail.

"When I'm home on our dairy farm in Atchison County, I like to take a walk back into the fields on our farm to a secluded pond where no one ever goes. . ." As the sunlight no doubt reflects on the pond in myriad sparkles, so Janet, during a picture-taking session at Rock Springs Ranch, reflects on her 4-H years . . .

"4-H develops a total individual. An individual who will be a better citizen. And an individual who will live a fuller, richer life

"I love people and what an opportunity to meet and get to know others!

"4-H gives you a view of several areas of work that you might choose for a vocation. It makes you stop and think. That's an important decision each young person



. . to new challenges

# pens doorways

s to make at some time, and it definitehelps to be exposed to many walks of

e. "I cannot possibly list all the advanges I have gained from my 4-H work. is a vast accumulation of factors. It is to one area of training, but instead, it delops a total individual who will be a atter citizen.

"Life-long friends is one of the most duable gains from belonging to 4-H.

"It's an educational experience. So much arning takes place! I've learned so many hings from my 4-H work which will arry through the rest of my life. Not only omemaking skills but knowing how to ork with people, to use parliamentary recedure, to keep records and to be a letter citizen. The list never ends! "It's great to have individuals come up

"It's great to have individuals come up o me on campus and say they remember the from 4-H camp when I was a junior ounselor—an opportunity then arises to enew an old acquaintance which may re-

ult in a growing friendship.

"4-H gives family members numerous prortunities to work together. Parents earn from 4-H work too. It pleases me to see parents working as club leaders and project leaders. Everyone including adults should discipline themselves to learn—here's always something to learn!

"It gives every person an opportunity to achieve and receive recognition if he is willing and determined enough to strive for the very best, to make the best bet-

ter.

"4-H stimulates thinking. It opens door-ways. . ."



·· to fun-filled activities



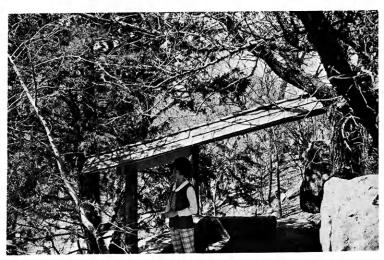
... to the future



. . to exploration



... to group fellowship



... to personal meditation



Jr Sunflower 4-H dub the oldest club in Lincoln Co. State of Kansas

OLDEST 4-H CLUB—" Our Aim Success—Our Hope To Win" was to become the motto of the oldest, continuous 4-H club in Kansas, the Junior Sunflowers of Lincoln County. Twenty-one girls, no boys were allowed, and their leaders met in 1923 to organize the club. A year later, the charter was granted. It was another five years before boys were allowed to join. This float depicting the history of Junior Sunflowers was entered in Lincoln's "Mardi Gras parade". Mrs. Martha Skov, far left, was one of the club's first leaders. Robert Nunn, holding sign, and Mrs. Leonard Heinze, behind him, are current leaders.

## Ideas for

(Continued from page 7)

about the subject than he has time to use.

Making an outline helps get a clear picture on paper how to give the demonstration. A plan for the demonstration may be made on a sheet of paper divided into three parts: "What to talk about," "What to do," "Equipment needed." A plan for the arrangement and location of equipment to be used is helpful keep the area in front of the demonstration clear, so people can see what he is doing.

The demonstration should not be memorized except perhaps the introduction and summary. The speaker should talk freely and easily. The demonstrator should begin doing the thing he is showing and fill in the explanation or talk as he practices the demonstration.

Practicing the demonstration over and over gives the 4-H'er confidence and improves his skill in working with the materials and equipment. Practice also enables him to make the job look easy.

"Are you a victim of suitcase shambles?" was the opening statement in a demonstration on packing a suitcase. A girl demonstrated "Matching Plaids" started her demonstration with this question, "Have you ever gone shopping and passed up a pretty plaid, because you were afraid you couldn't match it?" The introduction should be attention-catching and make people want to listen.

The body or main part of the demonstration is the doing, showing and explaining. This is

the step-by-step procedure in logical order. Explaining why things are done helps convince the audience.

The summary is a chance to review or emphasize the main points of the demonstration. In concluding a demonstration on packing a suitcase, one girl stated, "It's as easy as stacking flapjacks." If there is a finished product, it should be shown during the summary.

The 4-H'er should wear neat and clean clothes suitable for the job he is doing.

Where can a 4-H member get help on his demonstration? The 4-H'ers project leader, community leader and demonstration leader are sources of help in planning a demonstration. Younger members may get help from junior leaders. Parents can help, too, as well as 4-H friends!

#### Wins Scholarship

A Lyons Conqueror 4-H'er in Rice County, Beth Brubaker, has been named winner of a \$1,200 honor scholarship to Mc-Pherson College.

Beth was named on the basis of high school grades, American College Testing program course, class rank, personal interviews and achievements in extracurricular activities.

"Beth has been a strong 4-H member in Rice County, getting a top blue in instrumental solos this last year at Regional Club Days.

you spell it

## e-l-e-c-t-r-i-c-o-n-o-m-y

It means better living, more business, a greater economy because of the availability of electric power in rural areas of our state.

The evidence of Electriconomy is everywhere. In large cities, in smaller ones. In towns, on farms. The contributions made by rural people to the Kansas economy are a credit to the 37 Electric Cooperatives in our State... providing low-cost electric power to over 100,000 Kansas consumers.





## In Today's Mail

## Time to say 'thanks'

## 4-H Foundation buys Camp Wa Shun Ga

The Kansas 4-H Foundation has purchased Camp Wa Shun Ga, which 4-H'ers will remember as the camp near the entrance to their own Rock Springs Ranch. Ownership is effective in October.

The 17-acre camp, which was owned by the Lutheran Association, will be added to Rock Springs Ranch property, which already borders Wa Shun Ga on three sides. The land, originally one tract, was separated in 1925 when the Lutheran Association purchased the site and establish-

(Continued to page 27)

4-H clubs and members have been commended highly for showing appreciation for the innumerable helps provided to their ever-growing program. It "comes naturally" that a period be designated to emphasize and implement the thanks which 4-H'ers feel in their hearts. Kansas 4-H Appreciation Week this year is June 2 to 7.

Appreciation has been shown in many ways. Some 4-H'ers have presented their donor a cake, or a bouquet, or have written a 'thank you' letter. Nothing, though, can take the place of a personal "thank you.". Some clubs present a citation, a plaque or confer honorary membership upon long-time boosters. Picnics for donors, parents and friends also have been popular.

A "letter to the editor" of your local newspaper may be an especially appropriate way to thank all donors.

Not to be overlooked is the opportunity for friends of 4-H to show their appreciation for the work of 4-H members and leaders. Here again, this has been done in many different ways such as a 4-H program at civic club meetings, providing a "send-off breakfast" for Round-up delegates, an editorial or advertisement, or by making a regular contribution to the Kansas 4-H Foundation to mark the occasion.

Kansas 4-H Appreciation Week—a time to say "thanks". —by J. Harold Johnson, executive director, Kansas 4-H Foundation.

## Sievers put stock in 4-H youth

Harold and Velma Sievers' ties to Rock Springs Ranch are caught up in one word: people.

Meeting and working with all kinds of people is the favorite aspect of Mr. Sievers, ranch sup-

> Velma Sievers



ervisor, and his wife. Mrs. Sievers doubles as dining room supervisor in the winter and heads the snack bar and souvenir service during the busy, summer sessions.

The five Siever children also have taken an active interest in Rock Springs. The oldest, Mrs. Connie Bates, is a junior at Kansas State University. The four

still at the ranch attend Chapman schools. They're Sherry and Gene, and twins Randy and Sandy.

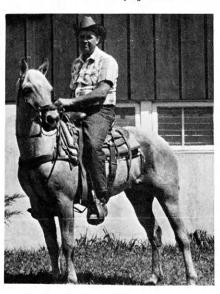
Young people who attend Rock Springs continually impress Mrs. Sievers, who says, "I believe the people going through here will be leaders of the country in the future." Mrs. Sievers recalls an incident which impressed her about the young people at Rock Springs: fifty Christian athletes were in the lobby of Williams dining hall and not one boy had a match to light the fireplace. "I thought that was really something, that not one of those young men smoked," Mrs. Sievers smiling.

Mr. Sievers counts his rewards at Rock Springs in terms of people, not money. Doing things for people is important to the former dairyman.

Mr. Sievers, former farmer and dairyman, operated his own

farm until 1960 when the family moved to Colby where he was foreman of a cattle ranch until 1964. The Sievers packed up and came to Rock Springs Oct. 1 of that year.

(Continued to page 27)



Harold Sievers

# IDEAS & News

The Sasnak 4-H'ers of Saline County met recently to pick up litter in Kenwood. Make your town litter free!

Verla Harms, IFYE to the United Kingdom, was the guest recently at the City Slickers 4-H Club of Harvey County. Verla talked and showed slides at the joint meeting of the City Slickers and the Kellas club. Is there an IFYE in your area? It would make a good program!

The Glenwood 4-H'ers of Wyandotte County recently voted to give handkerchiefs to persons at the Kaw Valley Nursing Home. Debbie Kelly was named chairman of the gift committee; David Peterson, Maggie Mellot and Mike Rehm will assist her. Biafra was the topic of an activity talk by Judy Erbes.

Mary Banker and Steve Gierach are Round-up delegates from the Saline Valley 4-H Club of Saline County. The club's health and safety committee recently sponsored a clinic for free tetanus shots. The Saline County Health Department furnished the serum. What has your club done lately to promote public health?

The **Mustard Seeds** of **Saline County** are involved in "Stash Your Trash", the club's effort of keeping America beautiful. Members voted to paint litter barrels and place them in shelter houses in the city park.

New members of the Sunny Valley club of Saline County are Marilyn Heller, Marlene Heller and Martha Heller. A 4-H welcome to the Hellers!

Kipp-Wide-Awakers of Saline County brought home many honors from county 4-H day recently. They won one top blue, one blue, ten reds and two whites. Janice Seim competed in regional club days and brought home a blue.

The Falun 4-H'ers, also of Saline County, gave a table and eight chairs to the Falun Lutheran Church. The club also announced plans to publish a newsletter to remind members of coming events. Does your club have trouble rounding people up at the right time? Consider a newsletter!

Four Round-up delegates represent the Sedgwick Sunflower 4-H Club of Harvey County. They're Mike Porter, Lili Porter, Kathi Phillips and Joy Challender.



Farm Bureau is the largest voluntary farm organization organized for legislative representation. There are 1,796,641 member families in the United States and 83,042 member families in Kansas.

Farm Bureau is political, but not partisan. The issue, not the politician or party, is the important factor. Farm Bureau leaders and officials are men and women of both political parties.

Farm Bureau policies originate at the grass roots. Elected leaders are farmers. Active farmers control Farm Bureau because voting membership is limited to those whose principal income is from farming.

Farm Bureau is a general farm organization working for the best interests of all farmers and producers of all agricultural commodities.

Farm Bureau owes allegiance to no one but its dues-paying members because membership dues are the only source of finances.

Farm Bureau is a strong, respected influence in the program to preserve our freedoms, the private enterprise system and the American Way of Life.

#### Kansas Farm Bureau

105 County Farm Bureaus Working Together

## Poison Weeds Are Camping Hazard

One of the hazards to a successful camping trip is poisonous weeds. An itchy rash is no fun on a trip!

Poison ivy and poison oak can be spotted easily by three leaves in a cluster. These leaves will have smooth, sometimes shiny surfaces and the edges may be smooth or toothed. Poison ivy often is found climbing trees or running along walls or fences. Poison oak usually grows in shrub form, but sometimes is found in vine form. Clusters of white berries appear in the fall.

If you come in contact with one of these plants, wash the exposed area with strong kitchen soap for several minutes. If the skin erupts, don't scratch! Scratching spreads the poison! Treatment includes Calamine lotion, which will stop the itching and dry up the infected areas. If large areas are involved, see a doctor.

If you camp near a swampy area, you may encounter poison sumac.

## 4-H Foundation

(Continued from page 25)

ed a camp.

Wa Shun Ga contains a well-kept, modern swimming pool, boating and other recreational areas, as well as a chapel and some housing units. More detailed plans concerning development of the Wa Shun Ga property will be announced later by trustees of the Kansas 4-H Foundation.

Sievers put

(Continued from page 25)

Horses are the favorite pasttime of Mr. Sievers, who enjoys taking Rock Springs visitors on buggy rides and hearing of their childhood experiences with horses. The operation of Christy stables and supervision of the ranch's total horse program is a n o t h e r task Mr. Sievers wouldn't trade!



TRIPLE AWARD WINNER—A Johnson County girl, Leesa Ann Bottoms, member of the Morning Glory 4-H Club, made good use of her Bird Conservation 4-H project and went on to win three science awards. Leesa Ann collected 26 different bird nests, mounted them and made a bird notebook. She won a purple award at the school science fair in Gardner, a superior award at the Greater Kansas City Science Fair and an award from the Kansas City Burrough Nature Club. Johnson County's Fish and Game department gave Leesa Ann special permission to collect the nests.

### A Good Leader Is . . .

A good leader, including Kansas 4-H junior leaders, like a good mechanic, needs good tools.

What are some of the tools youth can use to develop leadership

in school, church, or any group?

Interest keeps you sticking to the job until it is finished satisfactorily.

Intelligence is the ability to understand a situation and then

meet it with proper kind of behavior.

Initiative means you are a "self-starter." You understand what you should do and go ahead and do it without excuses, stalling, and putting off.

Integrity means you have self-respect and that you respect

others.

Insight is the ability to analyze a problem and see what is needed to make things click the way they should.

Invention is the ability to produce some ideas. Leaders think things through and come up with good suggestions.

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# Antiques 'light up'

Franklin County teenager takes a dust collecting antique lamp and turns it into a thing of beauty for the home.

By Pete Sorenson Rambling Ranchers 4-H Club

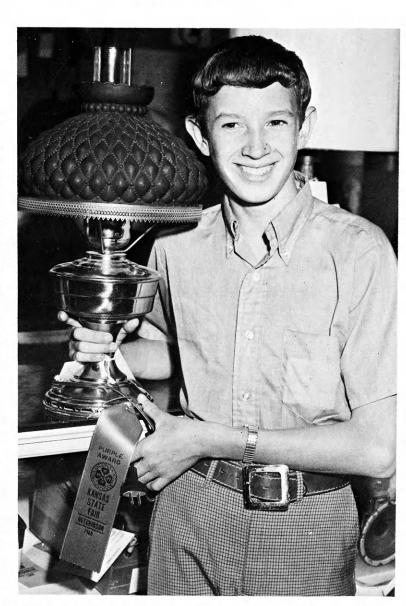
I got interested in electricity a couple of summers ago on our family vacation. On this vacation I went antique hunting with my parents. At many shops in Kansas and Missouri I saw alot of different kinds of lamps. They impressed me very much.

When I got home at the end of August it was time to enroll in 4-H for last year so I enrolled in basic electricity. I did not do much about it that winter but last summer my parents and I went antique hunting again in eastern Oklahoma and southern Missouri. We stopped at one shop that had an old nickle-plated alladin kerosene lamp and I bought it. It had to be dipped into nitric acid to take off the plating. After that it was dull brass. I spent about a week polishing it and when I was finished, it was bright and shiny.

Then the hard part was over and the tricky part began. I started electrifying it and found some difficulty. I had to round-up a switch, wire, bulb, socket, plug, shade and shade holder. When I gathered all this up, I assembled it according to 4-H specifications.

I entered the lamp in the Franklin County fair and won a state purple ribbon. From here, it went to Topeka to the Mid-America fair and won a blue ribbon. From Topeka, the lamp traveled to Hutchinson to the State fair and won a purple ribbon.

Well, when it was time to enroll in 4-H projects for this year, I chose intermediate electricity. What I am making is a secret!



PROUD RIBBON WINNER—Fourteen-year-old Pete Sorenson of Ottawa holds an antique lamp he "electrified" to win a blue and two purple ribbons on the fair circuit last summer. Pete became interested in the electric project during antique "hunts" with his parents. He bought this alladin-style lamp and whole himself a winner. alladin-style lamp and made himself a winner!



Watch This Page For Ideas On Farm And Home Electric Projects

#### **ELECTRIC LIGHT and POWER COMPANIES in KANSAS**

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