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Kansas 4-H Journal

The Family Magazine

February-March 1983



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Board invites two new members

Two distinguished Kansans, with longtime affiliations in Kansas 4-H and Extension, are the most recent additions to the Kansas 4-H Foundation Board of Trustees. Tom M. Potter, Wichita, and Wilbur E. Levering, Topeka, were elected at the fall board meeting.

The career paths of both men are remarkably similar. Both were active 4-H members, graduates of Kansas State University, active in military service, worked in the Kansas Extension Service and are now in the banking field.

Mr. Potter was appointed State Director of the Farmers Home Administration in 1957. Four years later he joined the staff of the Fourth National Bank and Trust Company, Wichita. He has served as commercial loan officer, head of the Correspondent Bank Division and is currently senior vice president.

Mr. Potter continues his farming and ranching interests in Marion and Chase counties. His agricultural background helps him manage farms and ranches within the Fourth National Bank Trust Department.

Mr. Potter's work with youth includes

many hours spent organizing and carrying out the Kansas Junior Livestock Show and Sale. Prior to being named to the Kansas 4-H Foundation Board of Trustees he served as a district board member for many years.

Wilbur Levering began his career as an Extension agricultural agent in Elk County. Later he served in Shawnee County.

In 1953 he accepted the position as Associate Farm Director of the WIBW radio and TV stations. In 1957 he became Farm Director of WIBW stations, a position he held for the next eight years. During his period of broadcasting at WIBW he was author of the "RFD Kansas" column published in the Topeka Capital. He continues to serve as a member of the Foresight Panel, which publishes a column in the *Kansas Farmer*.

In 1965 he joined Merchants National Bank, Topeka, as assistant vice president. He currently is head of the Agricultural and Correspondent Banking Department and senior vice president.

Levering's associations with Extension have remained strong through his participation as chairman of the Kansas Extension Advisory Council and the Shawnee County Extension Council.



Left: Wilbur Levering, Right: Tom Potter.

sion have remained strong through his participation as chairman of the Kansas Extension Advisory Council and the Shawnee County Extension Council.

In accepting the position on the Kansas 4-H Foundation Board of Trustees, Levering said, "I am pleased to accept so that I might help to continue to provide some of the services and great benefits to the youth of Kansas through 4-H that I have been privileged to receive."

Congratulations, County Electric Energy Winners

McPHERSON
David Logback
Chris Brockway
Eric Goering
Brian Pauls

MIAMI
John David Jasper
MITCHELL
Paul Mick
Jim Warburton

MARION
Bryan Fund
Mike Meisinger
Mark Meisinger
Todd Bevan

MONTGOMERY
Mark Gordon
Paul Taylor
Bill Thomas

MARSHALL
Lyle Peterson
Jim Nordus
Steve O'Neil
Josh Reeves

MORTON
Jeff Milburn
Brian Swinney

MEADE
Jeff Kobs

NEOSHO
John Alden
Brian Carlson
Todd Clay
Michael Carlson

NESS
Todd Stum

NORTON
Mark Weiser

OSAGE
John Harsch

OSBORNE
Richard Murphy
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Marc Machin
Wesley Maske

SALINE
Steven Johnson
Steven Deines
Matt Johnson

SCOTT
Doug Hutchins
Doug Bahm
Darin Bahm
Brad Norman

SEDGWICK
Don Gruenbacher
Troy Rosenstiel
Loren Sheets
Todd Dugan

SEWARD
Shawn Gregg

SHAWNEE
Matt Mannell
Russell Falk

SHERIDAN
Larry Schieferecke
Tracy Mader

STAFFORD
Marland Cox
Brad Eisenhower

STANTON
Jim Sipes
Brian Nicholas
Mark Clyde
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Benny McClure

THOMAS
Brian Marshall

WABAUNSEE
Ben Pease

WASHINGTON
John Peterson
Bruce Allerheiligen
Kennan Rose

WILSON
Lew Whitson
Eric Farmer
Leanne Callarman

WYANDOTTE
Jeff Crouse
Ronnie Crim
Frank Tokic



These investor-owned electric companies proudly salute the electric energy project winners listed here. As county winners, each received a Westinghouse medal. If you are not enrolled in electric energy, try it—it may turn you on!

Kansas Gas and Electric Company
Western Power Division of Central Telephone & Utilities Corporation



Kansas 4-H Journal

Volume XXIV, No. 2

February-March 1983

COVER: Camping season is just around the corner. The state's three outdoor 4-H centers offer a variety of summer camping options. Read more about them on pages 8 and 9. If you choose to go to Lake Perry 4-H Center, you'll use a backpack. Emily Kling shares tips on choosing and packing a backpack on page 7. Backpacking is an outing the whole family can enjoy. Emily will be offering more help on outdoor activities and day camping during the four workshops she has scheduled in May. Check page 15 for more details.

Sara Gilliland Editor

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Use of the 4-H name and symbol approved by the secretary of Agriculture of the United States, January 23, 1951, under the provisions of the laws as reenacted by Sec. 707 of the Act of June 25, 1948, Public Law No. 772 80th Congress (10 USC 797).

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One hundred and ninety people made the 4-H Foundation's 30th birthday a happy occasion by contributing a total of \$4,705. Thanks to all who sent gifts!

Fair plans designed for young 4-Hers

by Steven D. Fisher

Extension Specialist, 4-H — Youth Programs

If anything should be fair, then 4-H fairs should be. And they should be exciting for the wide age-range of young people who are celebrating their year's accomplishments.

Those ideas are reasons behind changes the state's 4-H members will begin seeing at the 1983 Kansas State Fair particularly at the 4-H Art-In, photography exhibit and rabbit show.

To figure out how your favorite project's contest may be different, just keep in mind these things:

- For everything except the state 4-H horse show (which district contests lead to) and the Art-In, you still must qualify at your county fair before you can showcase your project at the state fair.

- Now all judging contests will be open to those who were 12 years old or older by Jan. 1, 1983. National rules or state law keep the Fashion Revue and tractor operators' contest open only to those who are at least 14 years of age. The age for regular exhibiting in each project area will be the same in 1983 as it was in 1982.

- Those younger than age 12 on Jan. 1, 1983, enrolled in rabbits, photography and arts and crafts, will have new opportunities. State project development committees will begin testing special activities for younger 4-H members who qualify in their county to come to Hutchinson. This September, qualified 7- to 11-year-olds in the arts and crafts, photography and rabbit projects will have events just for them.

The state committees plan even more younger-member events for 1984. Most of these special activities will take only one day — usually the day older members are competing in the same project — so parents or project leaders can more easily bring qualified youngsters to the state fair.

Taken together, these changes mean more 4-H members than ever will get to display their skills or project work at our statewide celebration. And 7-year-olds will have a new opportunity to tell their 4-H project story.

The pilot events for younger 4-H members will let them be proud of what they've learned or done. The events also will help 7- to 11-year-olds discover ideas or skills that could improve their project work. And these younger members will get to have some fun with kids near their own age.

For example, when qualified, younger photographers show up with their parents for their special day — the first state fair Saturday — they'll bring their camera. After they get camera and film together, they'll get ideas on how to take pictures in and

(cont. on pg. 5)



JOHN DEERE DEALERS CONGRATULATE

★ Conservation of natural resources winners ★

ABILENE
Shouse Implement Co., Inc.

BUCKLIN
Bucklin Tractor & Implement Co., Inc.

BURDETT
Delaney Implement Co., Inc.

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Ensign Implement Co., Inc.

GARDEN CITY
American Implement, Inc.

GARNETT
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Newton Tractor & Imp., Inc.

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Osage Farm Equipment Co., Inc.

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PRATT
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Gove County Implement Co.

SABETHA
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ST. MARY'S
Farmers Union Hardware & Implement

SENECA
Todd Tractor Co., Inc.

TRIBUNE
A. E. Smith Implement Co., Inc.

WICHITA
Western Implement Co.

John Deere is the sponsor of awards for 4-H winners in conservation of natural resources. At the county level, John Deere gives four medals to individuals and four certificates to 4-H clubs for outstanding work on conservation. In each state, the state winner in conservation receives a trip to National 4-H Congress with expenses paid by John Deere. The 1982 Kansas winner is Wade McGown, Crawford County. At the national level, six 4-H members are selected to receive \$1,000 scholarships, provided by John Deere.

ANDERSON
Gaylene Corley

BOURBON
Jeff Geiger

BROWN
Hamlin Pied Pipers 4-H Club

CLAY
Andrew James

COFFEY
Hope Reynolds

CRAWFORD
Wade McGown
Todd Williams

DONIPHAN
Becky Rice
Jannet Karn
Sunflower 4-H Club

ELLIS
Ted Bannister
John Weber

FORD
Sharon Knipp
Hoyt Fry
Chad Rogers

GOVE
Yvonne Root
Troy Tuttle
Golden Plains 4-H Club

GRAHAM
Troy West
Spring Creek Hustlers 4-H Club

JOHNSON
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KIOWA
Mindi Larkin

LANE
Shields Jayhawks 4-H Club

LEAVENWORTH
Fairmount 4-H Club

LINCOLN
Beverly Boosters 4-H Club

LINN
Jody Burnett
Jeff Kerr
Dwayne Everett

LYON
Jim Pritchard
John Pritchard
Warren Voorhees

McPHERSON
Erick Larson

MARION
Marjean Hiebert
Lincolnvillle Wide Awake 4-H Club

MARSHALL
Phil Nordhus

MEADE
Tracy Freeman
Brian Blehm
Mandi Moss
Jim Eckhoff
Town & Country 4-H Club

MIAMI
John David Jasper
Osage Pioneers 4-H Club

MONTGOMERY
Steve Freeman

NESS
Todd Stum

POTTAWATOMIE
Ron Honig
Dennis Wilson

RENO
Shon Yust

RICE
Dwayne Headley

ROOKS
Mt. Pleasant 4-H Club

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Matt Johnson

SHERIDAN
Nancy Heier
Rachel Smith
Scott Karnes

SMITH
Randy Orr

SUMNER
Drury Millers 4-H Club

THOMAS
Golden Plains 4-H Club

WASHINGTON
Mary Slagle
Lucky-4 4-H Club

WILSON
Sunflower Go-Getters 4-H Club

WYANDOTTE
Doug Lewetzow

4-H scholarship winners announced

Previous work in 4-H has helped seven college students finance post-high school education. 1982-83 scholarship winners are: Elonda Hogue, Douglas County — Mary E. Border Scholarship; Alice Kunshek, Crawford County — Glenn M. and Rosemary H. Busset Scholarship; Staci Jimison, Cowley County — Electric Scholarship; Mark DeCou, Reno County — J. Harold and LaVerne Johnson Scholarship; Greg Oborny, Rush County — Roger E. Regnier Scholarship; Teddi L. Bankes, Dickinson County — N.T. Veatch Scholarship; and Joyce Roux, Harvey County — Ship Winter Grant.

Elonda Hogue will use the Mary E. Border Scholarship at the University of Kansas, where she plans to major in education. Elonda, mother of two

children, has worked with youth as a camp counselor, 4-H leader, foreign exchange host and classroom paraprofessional. She has worked with educable mentally handicapped children. She is a former member of the Eudora 4-H Club in Douglas County.

Alice Kunshek from Girard is the winner of the Glenn M. and Rosemary H. Busset Scholarship. She is a freshman at Pittsburg State University, majoring in journalism. She hopes to work for an agricultural publication following graduation. Alice was active in the Meyer's Mixers 4-H Club in Crawford County.

Staci Jimison is the Electric Scholarship recipient. She is attending Cowley County Community College. A 1982 graduate of Arkansas City High School,

Staci was secretary of the student council and president of Kayettes. As president of the Cowley County Junior Leaders Club she helped plan an exchange trip to Michigan.

The J. Harold and LaVerne Johnson Scholarship is presented to Mark DeCou, Hutchinson. He is a freshman at Hutchinson Community College. Mark plans to transfer to Kansas State University and major in civil or architectural engineering. Mark has compiled an extensive leadership record at the county, state and national level. He was a delegate to National 4-H Conference in Washington, D.C.

Greg Oborny, the winner of the Roger Regnier Scholarship, attends Fort Hays State University. He is majoring in special education. He was student body president at Otis Bison Senior High School. During his eight years in 4-H he held every club office and was Rush County 4-H Council president.

Teddi L. Bankes, a sophomore at the University of Kansas, is the N.T. Veatch Scholarship winner. She's majoring in public relations and communications. During her 4-H years in Dickinson County, Teddi presented over 160 radio programs and helped prepare 18 television programs on various safety topics.

Joyce Roux, Harvey County, will use the Ship Winter Grant to help pay college expenses. She attends Hutchinson Community College and plans to transfer to Kansas State University. A degree in animal science is her goal. Joyce has started a registered Short-horn cow herd. While in 4-H she was active in the beef, horse, vet science, food preservation and junior leadership projects.

Applications for 1983-84 4-H scholarships are due in the State 4-H Office by September 1, 1983. Application forms are available from County Extension offices. The State 4-H Scholarship committee chooses the recipients.

(Cont. from pg. 3, Fair plans)

around a fairgrounds. Then they'll scatter for a morning in the livestock arenas, the midway or anywhere else that catches their photographic eye.

While their film is being processed, the young photographers will learn about photo judging and try their skill at rating photos. If they have time before their fairgrounds pictures return, they'll also have a lesson on how to take those unusual photos — action shots, views from extreme angles and such.

When their prints arrive, the young photographers will pick two to five of their best shots to mount and put on display for the rest of their day.

Young rabbit showmen will have three chances for trying some rabbit judging. They'll match rabbit breed names with a row of widely varying animals. They'll have a multiple-choice quiz that tests their rabbit wizardry. And they'll compare two classes that include two rabbits each and one that includes four.

They'll get participation ribbons and a much better idea about how to upgrade their rabbit project.

The Art-In tent outside the 4-H Exhibit Building once again will be a festival of 4-H members who are performing or teaching arts and crafts skills. This year the Art-In clowns, square dancers, singers, painters and such will as likely be age 7 as 17, for the only requirements for participating is to schedule a time with local county extension agents.

Art-In and the rabbit and photography shows will be only the beginning of special events for younger, qualified state fair participants.

Of course, some state committees may decide their project doesn't have enough display space or volunteer leaders ever to have an event for younger members. And some committees may decide to alternate their events, rather than have them every year.

But many committees already are laying plans to make future Kansas State Fairs exciting, educational — and fair for all 4-H members.

* * * * *

Oops, we goofed! In the story which featured former 4-H members talking about college survival, published in the January Kansas 4-H Journal, several quotes about living in a scholarship house were attributed to Hayley Matson instead of Michelle Nyhart. Please accept our apology, Michelle.

Registered Suffolk & Dorset

4-H Market Lambs • Ewes & Ewe Lambs

Write or call about our sale in April

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(913) 883-2317

Clovvia

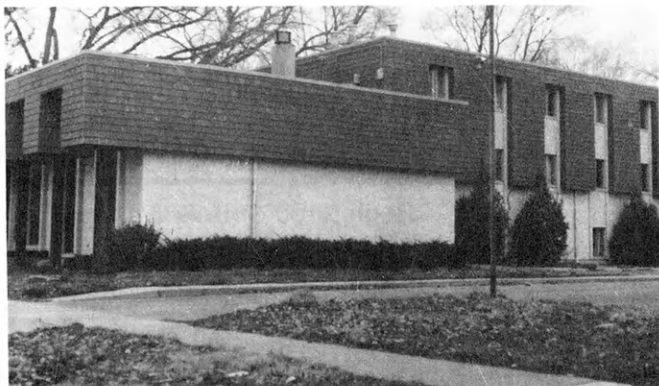
An economical college housing option

Planning to attend Kansas State University or Fort Hays State University? If so, you're probably comparing various housing options, including dorms, apartments, sororities, scholarship houses or your family's home.

Another option is the Clovia House located at Kansas State University and Fort Hays State University. Each Clovia House is an independent cooperative house for former 4-H women or those of similar backgrounds.

The cooperative living arrangements mean that the girls share housekeeping and meal preparation duties. Monthly housebills pay for food, utilities and other operating expenses. Compared to dormitory living, the girls can expect to save \$500-\$600 per school year. Living and working together, the girls form special bonds and friendships with their Clovia sisters, strengthened through the social activities.

The Clovia House at Hays houses 35-40 women. It's located three and a half blocks from the campus. In the fall the girls participate in Homecoming and Oktoberfest events, Parents Weekend and special dinners or parties for Halloween, Thanksgiving and Christmas. The



Hays Clovia House

spring semester activities include a senior breakfast, Valentine's Day party, Clovia national meeting and the spring formal.



Manhattan Clovia House

The Manhattan Clovia House is home for 62 K-State coeds. They plan special Homecoming, Thanksgiving and Christmas events. A fall and spring dance are highlights for the girls. Spring semester brings Parents, Weekend, a scholarship dinner and a senior dinner. The Clovia girls participate in the University Open House and most prospective candidates are interviewed during Open House (March 25 and 26 this year).

To become a member of Clovia:

- 1) Request an application form from the Clovia House you are interested in or from your county Extension office.

Clovvia 4-H House	Clovvia 4-H House
1200 Pioneer Lane	209 West Fifth
Manhattan, KS	Hays, KS 67601
66502	

- 2) Complete the written application.
- 3) List references. (Recommendations must be sent at time of application.)
- 4) Meet the committee for a personal interview.
- 5) Participate in the new member program of the house.

Camper's backpack just a mini home

By De McGlashon
Assistant Extension Editor, Home Economics

When you stop to think about it, it's perfectly logical. A backpack for camping is really a hiker's portable home and the various zippered compartments become rooms.

That's the analogy Emily Kling uses when she talks to youth and their parents about backpacking. Kling is an Extension specialist in 4-H — youth environmental programs at Kansas State University.

Her dark eyes can fairly pop with enthusiasm when she takes apart her "house" and spreads out the contents of her "rooms" — enough equipment to keep her warm, dry and well fed for a week. Simple to pack and easy to carry, her travel home weighs about 35 pounds.

"Start with your heaviest equipment on top and move to lighter weight items near the bottom." The reason for this harkens back to the basic laws in physics. Your center of gravity is located over your ankles, Kling explains, and when a pack is in place, your body leans forward naturally to bring the pack's center directly over your ankles. By keeping the pack's center close to your neck and shoulders, the weight is easier to carry.

Kling starts with her bedroom. Her one-man nylon tent with poles and her Ensolite foam pad are compactly rolled and tied under a top flap to keep them dry.

Her kitchen is located in the top pouch and, like any home, cooking utensils and food can be found here. She uses a small aluminum, circular stove made in Sweden, which burns white gas and is fitted with a wind screen to protect the flame on windy days. For cooking, a pan or skillet rests on the screen. Only backpacking stores sell the special stove.

Plastic food pouches are layered snugly in her "kitchen cupboards." Although convenient freeze-dried food can be purchased at specialty stores, it's expensive, so Kling usually advises families to take stock of what local supermarkets have in the way of portable food. Avoid food in cans that add weight and impose a disposal problem.

"Remember whatever you pack in must be packed out if it can't be burned," she cautions.

Kling's "dresser drawers" are located near the bottom of the pack. "This is one time when neatness doesn't count," she tells campers, who welcome the idea of rolling up clothes and stuffing them in a pouch. Kling uses rubber bands to hold wads tight.

Clothes made of the natural fibers of cotton and wool are good choices for both summer and winter hiking. Cotton is cool in summer and wool not only holds in warmth, it also sheds water for a hiker just like it does for a sheep.

When it comes to socks, Kling likes to stuff in several pairs of both olefin liners and wool. "A hiker is only as good as the feet that carry him," she says. And if those feet get blisters from wearing soiled socks, an entire camping trip can be spoiled.

In smaller pouches on sides, Kling reserves space for such items as a plastic, leak-proof water container, toilet articles,



and a first aid kit. She also slips in a travel alarm in case she wants to get up very early to check on wildlife.

Kling has invested a substantial sum in her "home away from home." She recommends that beginning backpackers borrow or rent equipment until they can decide what equipment is best for them. "People who are into backpacking love to talk about it," Kling says, so she suggests asking questions and visiting with experienced backpackers about what to buy.

Free catalogs are available from many companies and sporting goods stores. Many catalogs provide tips and information besides descriptions of merchandise.

For youth Kling recommends the adjustable frame packs for the best fit. She stresses trying on various packs in the store and asking the clerk to put supplies in the pack so you can tell how it feels loaded with gear.

Firsthand backpacking experience is available at Lake Perry 4-H Camp. Four different environmental programs for youth eight to 18 run in June and July.

No camping experience or special equipment is needed — everything is provided except a camper's enthusiasm to learn more about the outdoors and a desire to meet lots of youngsters interested in the same things — hiking, canoeing, camp-outs and good food. Campers need only their own sleeping bags and clothing.

Kling says membership in a 4-H group is not necessary to join one of the sessions. Even other youth groups can make arrangements to use the camp facilities. Local county Extension offices are the places to check for more complete information.

LAKE PERRY 4-H CENTER

INDIAN CAMPS are for 8-10 year-olds who want to spend 4 days and 3 nights living as an Indian. Campers will

- sleep in tepees
- make Indian crafts
- dance Indian ceremonies
- enjoy archery and bowhunting
- go swimming and canoeing
- test skills at the Challenge Course
- tell Indian stories around the campfire

DATES:

June 4-7
June 7-10
June 10-13
June 13-17* for returning Indian campers — \$56
June 17-20
June 20-23
June 23-26
June 26-29
June 29-July 2
July 6-9
July 9-12
July 12-15
July 18-21
July 22-25
July 27-30

COST \$42.00

DISCOVERY CAMPS are divided according to age groups ...

Pathfinders — ages 10-13 and Trailblazers — ages 13-18. Campers spend 5 days and 4 nights exploring nature and themselves. Campers will

- sleep in tents
- canoe, fish and swim
- cook meals over the campfire
- compete at the Challenge Course and Burma Bridge

DATES:

June 4-8
June 11-15
June 18-22
June 25-29
July 6-10
July 12-16
July 18-22
July 25-29

COST \$56.00

LEADERSHIP CAMPS are for 4-H officers and junior leaders who want to develop leadership and decision-making skills. Campers can participate in Discovery Camp activities. A group bringing 4 campers and 1 leader is eligible for a partial scholarship.

DATES:

June 11-15
June 25-29
July 18-22
July 25-29

COST \$56.00

CANOE TRIPS are available for groups of 18, ages 12-18 and adults. Spend 5 days and 4 nights of adventure on the North Fork white water river in Missouri.

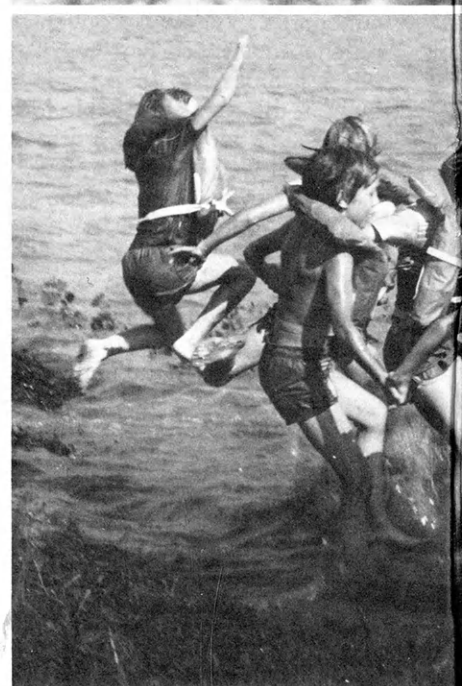
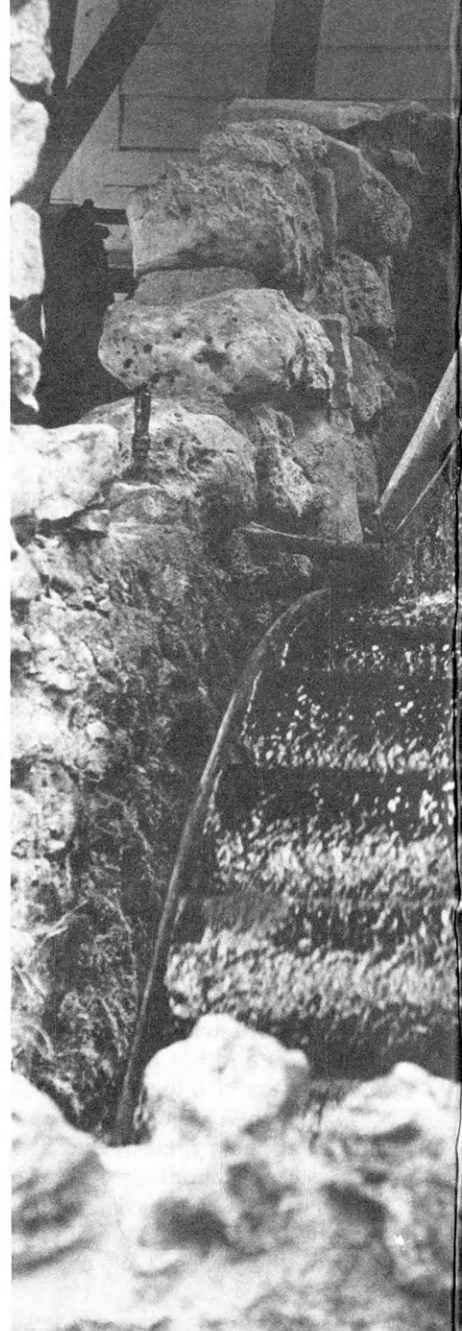
- sleep in tents
- cook meals over the campfire
- canoe, fish and swim
- learn about water safety
- explore a grist mill

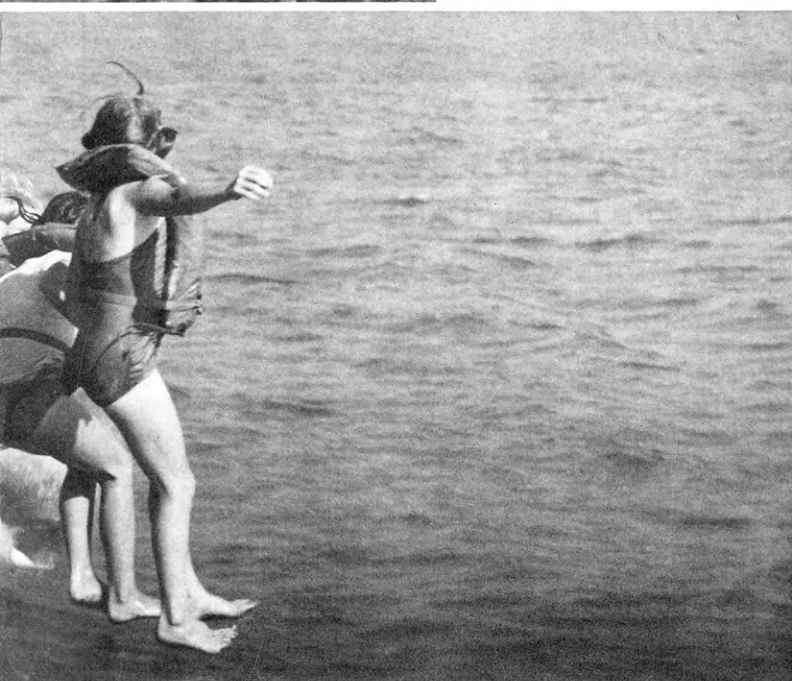
Canoeing instruction and equipment is included in the **\$90.00 cost.**

DATES:

June 4-8
June 18-22
July 6-10
July 12-16

Contact your local County Extension Office for more details and an application form.





ROCK SPRINGS RANCH STATE 4-H CENTER

COUNTY 4-H CAMPING

GROUPS (except the six-county association) will spend 4 days and 3 nights of fun and adventure with friends. Campers will live in cabins or floored tents and eat in the dining hall.

Camping groups choose from the following activities:

- swimming, tennis
- horseback riding
- archery, rifle range

- canoeing and kayaking
- campfires, crafts
- evening dances and talent shows

COST: Varies widely depending on transportation costs, insurance, counselor fees, number of meals and county subsidies, but the RSR fee for 1 overnight and 3 meals is \$12.12. Contact your county Extension office for more information.

June 4-7	Douglas, Franklin, Johnson, Miami
June 7-10	Cheyenne, Decatur, Graham, Logan, Norton, Phillips, Rawlins, Rooks, Sheridan, Sherman, Smith, Thomas (Northwest)
June 10-13	Clay, Cloud, Jewell, Lincoln, Marshall, Mitchell, Ottawa, Republic, Washington (nine-county camp group)
June 13-17	Dickinson, Geary, Marion, McPherson, Rice, Saline (six-county assn.)
June 17-20	Leavenworth, Shawnee, Osage, Wyandotte
June 20-23	Brown, Doniphan, Jackson, Pottawatomie, Riley, Wabaunsee
June 23-26	Butler, Cowley, Elk, Greenwood, Harvey, Reno
June 26-29	Chase, Cherokee, Crawford, Lyon, Morris, Scott, Sumner
July 6-9	Barber, Barton, Edwards, Ellis, Ellsworth, Harper, Kingman, Pawnee, Pratt, Osborne, Rush, Russell, Stafford (Heart of America)
July 9-12	Sedgwick
July 12-15	Allen, Anderson, Atchison, Bourbon, Coffey, Jefferson, Linn, Nemaha, Neosho, Wilson, Woodson

SOUTHWEST 4-H CENTER

Enjoy four or five days beside Ford County Lake. Campers are housed in dormitory-style buildings and eat together in a dining room. Archery equipment, canoes, crafts and swimming are available. Organize a softball game, ping pong tournament or a bumper pool contest.

COST \$12 per 3 meals & 1 overnight

June 7-10	Finney, Gray, Lane, Ness, Hodgeman
June 11-13	Youth Storm Retreat
June 14-17 ..	Clark, Comanche, Kiowa, Meade
June 17-20	Ford
June 21-25	Grant, Stevens, Seward, Haskell, Stanton, Morton

Ideas & News

From the Northeast Area:

Johnson County: Carol Russell reports that the **Johnson County 4-H Junior Leaders** began the new year with a backwards party. Sixty-seven junior leaders and adult sponsors thought the idea was a big hit! Chili was served and everybody ate backwards, using the handles of their spoons, instead of the bowls.

Members were dressed backwards. Prizes were given to three of the best backward outfits, with third place receiving the top prize. The business meeting was conducted backwards beginning with a motion to adjourn. The Johnson County Extension agents presented the program, which consisted of a panel discussion on career opportunities in Extension work. The agents were introduced last name first.

The meeting closed with the flag salute, 4-H pledge and everyone greeting each other with a "hello."

Shawnee County: The **Dover 4-H Club** recently had the opportunity to extend their helping hand to a Minnesota 4-H family. This Minnesota family lost hay, a hayshed and their milkhouse in a fire. The dairy was the main source of income for this farm family. The Dover 4-H Club voted to send the family \$200 to help replace the hay.

This special gesture was extended because of a 4-H exchange earlier. In 1980 **Kathy Splittgerber**, a Minnesota 4-H member, visited **Joyce Todd**. In 1981 Joyce Todd visited Kathy Splittgerber. Through the exchange program, 4-H and farming customs were shared and lasting friendships were made.

From the Northwest Area:

Decatur County: Beginning in 1972, and every election year since, the **Sappa Valley 4-H Club** members have baked cookies to serve to voters at each poll in the county. **Stephanie Unger** says the new twist on this project is that for the first time members got together at the 4-H fairgrounds to bake over 60 dozen different kinds of cookies that were served on election day.

Rooks County: Mrs. Lydia Maddy, 88, was honored by **Rooks County Junior Leaders** and **Ambassadors** on 4-H Sunday. She was the first 4-H leader in the county and formed the first club.

Mrs. Maddy is now blind and lives in the Rooks County Manor. The 4-Hers entertained her with piano, trumpet and vocal solos. At the close everyone ate cake, drank punch and sang the 4-H Spirit Song while Mrs. Maddy opened her gift from the 4-Hers. **Marcie Stamper** writes that they gave her a religious cassette tape.

Rooks County: 4-H Ambassadors **Amy Ochampaugh**, **Marcie Stamper** and **Kris Strutt** have been using ideas they learned at Discovery Days training.

They have appeared on KAYS television twice to inform the public about 4-H and the Rooks County Fair.

They asked the county 4-H council to give free meal certificates to fair trophy donors. On the last day of the fair the Ambassadors served a complimentary breakfast to prospective livestock sale buyers.

Amy and Marcie have visited two schools to talk to second through fifth graders about 4-H.

Russell County: Realizing that club song leaders could use a fresh repertoire of songs, the

Big Creek 4-H Club met with 4-H agent **Kathleen Popken** to record a cassette of their favorites. The tape, dubbed "Russell County's Greatest Hits," is used with a song book. The song leaders may use the tape at home to learn the music, and later teach other club members.

From the South Central Area:

Sedgwick County: The **Hare Raisers 4-H Rabbit Club** is attempting to compile an area rabbit raising directory. This directory will have names and addresses of 4-Hers in the project, along with the kind or breed of rabbit that they raise. The directory will help others in the area locate the type or breed of rabbit that they would like to raise. Copies of the directory will be available to your County Extension office.

The rabbit project in Sedgwick County is growing and members are looking forward to the spring rabbit show on Saturday, June 4, 1983. If you're interested in attending the show, contact the Sedgwick County Extension Office, 9000 West Central, Wichita, Kansas 67212.

From the Southeast Area:

Linn County: **Jennifer Pettijohn**, **Luckey Ridgers 4-H Club** reporter, writes that club members raised \$372.33 by holding a Cystic Fibrosis Bike-A-Thon. Fourteen members and two guests rode a total of 201 miles. **Deanne Bradley** raised the most money by riding 17 miles for pledges totaling \$60.45.

Greenwood County: **Tricia Boone** reports that the **Fancy Mustangs 4-H Club** was in the spirit of Christmas when they delivered 32 plates of cookies to elderly relatives and friends in the Neal, Toronto and Quincy areas.

From the Southwest Area:

Finney County: **Melany Martinek** reports that the **Beacon Boosters 4-H Club** celebrated their 50th anniversary in 1982 with a family basket dinner. **Kathy Boppert**, **Sarah York**, **Nancy Odgers**, **Barbie Siberghien** and **Ray Purdy** gave the program.

Finney County: **Eager Beavers 4-H Club** members went door-to-door in their neighborhoods collecting food for the Emmaus House in Garden City. **Pam DeBauere** writes that the Emmaus House is a shelter home for travelers and also provides food for needy families in Garden City.

Greeley County: As a service to the community, the Greeley County PRIDE Association and county 4-H clubs dye Easter eggs every year. The eggs are hard boiled by several junior leaders.

Star Hildebrand writes that the 4-H clubs dyed 60 dozen eggs, and the PRIDE committee hid them in the park. The 4-Hers agree it is fun and plan to do it again this year.

Greeley County: The four local 4-H clubs sold Christmas trees for a moneymaking project this year. They asked the local grocer to order the

Plan now to attend 4-H and Open Dairy Goat Show

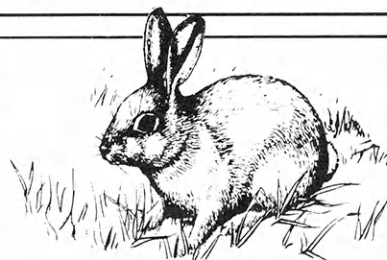
July 30 in Cheney, Ks.

Bob Crouch, a prominent goat showman and judge, will judge the classes. Test your skill — win a "I milked a goat" ribbon!

For more information contact:

Wally Lindenmuth, 4850 N. Salina Street, Wichita, KS 67204
(316) 838-6900

Western Kansas 4-H Rabbit School & Show



Saturday, March 26, 1983

at the Ellis County Fairgrounds

Registration begins at 9:00 a.m.

Rabbit school from 9:30-11:00 a.m.

*Topics: Selecting & grooming show rabbits
Butchering
Showmanship contests
Rabbit herd management*

— Lunch can be purchased on the fairgrounds —

Rabbit show begins at 1:00 p.m.

For more information contact: **Terry Mannell**, Ellis County Extension Office, Courthouse, Hays, Kansas 67601, (913) 625-6571

trees — 50 Scotch Pine and 10 Douglas Fir. Workers from the freight company unloaded the trees. Fifty-eight of the trees were sold. The 4-H Council received 50 percent of the profit and the rest was divided by the four clubs.

From the South Central Area:

Saline County: Lisa Bedinger reports that the **Saline Valley 4-H Club** members have distributed nearly 500 "Be Careful — We Love You" stickers and designed their fair booth using this safety theme. A woman for Wisconsin designed the red, heart-shaped stickers after her husband was killed in a farm accident. She has shared her story at Farm Bureau safety meetings all over the nation.

Sedgwick County: Kristy Ross, junior leader from the **Andover Aces 4-H Club** entomology project, recently took her purple ribbon insect collection to school. She showed the students in her reading class her educational exhibit entitled "Insect Police Force." This exhibit shows how some beneficial insects control bad insects. Some of the most spectacular insects in the exhibit are a large preying mantis, a wheel bug and a cicada killer wasp.

From the Southeast Area:

Miami County: For a number of years most of the clubs in Miami County got a purple seal, Sally Moser reports. This year Cindy Siemens, the county 4-H agent, came up with a new idea. Each club would still send in their club summaries, but in addition they would submit a resume telling what was good about their club. The resumes were judged by a committee.

Busy Beavers 4-H Club was judged the most outstanding club for 1982 and was honored at the county achievement banquet. The club has 23 members and the leaders are Norlene Medlin and Ella Hinman. The club project was recreation.

The club sponsored a square dance club, had their own band, chorus and square and folk dance group (which performed at various functions around the county and at the State Fair). They invited other clubs to go to Worlds of Fun, Christmas caroling, to several public slide presentations and an exchange meeting.

International Feast April 10

Fasten your seat belts and come travel with us to Europe, South America, Southeast Asia and the South Pacific. The travel will be part of the 4-H International Feast to be held Sunday, April 10, 1983, at Pottorf Hall in Cico Park, Manhattan, Kansas.

The program will begin at 2:00 p.m. with registration, refreshments and viewing IFYE displays. The program will begin at 2:30. The 1982 International 4-H Youth Exchange delegates will be reporting on their host countries. We will also hear from the 4-H IFYE Ambassadors and give a royal send-off to the 1983 delegates.

The program will conclude at approximately 4:30 with an international pot luck dinner. We ask that you bring your favorite international dish and join us. You will also need to bring table service.

The 4-H International Feast is sponsored by the Kansas IFYE Association and is open to everyone, so bring your friends and neighbors and come join in the fun.

See you at Pottorf Hall on April 10.



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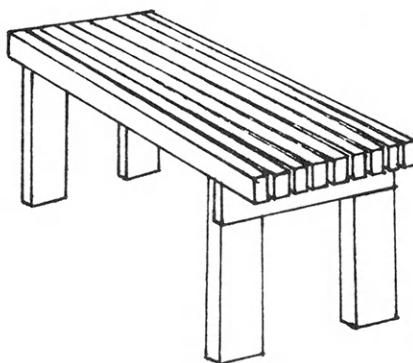
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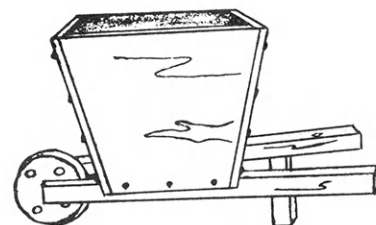
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Sam Perkins, president of Patrons State Bank & Trust, Olathe, receives a poster-size card and a box of homemade cookies from Michelle Klassen and her mother. Michelle is a member of the Country Clovers 4-H Club of Johnson County. The club members showed their appreciation to all local sponsors of the Kansas 4-H Journal.



Young entomologists display bread dough beetles, spiders, bag worms, scorpions and weevils. The whole Staeheli family, (from left) Celine, Robert, Paul, Korine and Joline, had fun shaping the critters and presenting them to their Riley County entomology leader, Charlie Lang.

Best wishes to Kansas 4-H

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Workshops help day camp organizers

Emily Kling, Extension Specialist, 4-H-Youth Environmental Programs, is offering an outdoor education workshop at four locations throughout the state. The dates and locations are: May 3 - Emporia; May 4 - McPherson; May 5 - Manhattan; and May 9 - Scott City Lake. The Scott City Lake workshop will continue on May 10.

The one-day workshops are Day Camp Activities Training sessions. The "nitty-gritties" of organizing a day camp will be covered, including determining the time, age of participants and the site. Emily will also talk about a variety of theme ideas for day camps and how to use community resources to enhance day camp programs. She'll explain and demonstrate a variety of activities suitable for day camps, such as OBIS, acclimatization and new games.

Since the participants at the Scott City Lake workshop will be spending the night they'll have time for a sharing session with those who've held day camps. They'll also discuss counselor training for day camps.

The second day of the Scott City Lake workshop will include topics such as nature hikes, Indian history, rappelling, canoeing, rafting and outdoor cooking.

The workshops are designed for adult

leaders who will be working with youth in day camps or outdoor activities. Leaders also can get some ideas for club projects. There is no fee for the

workshop sessions, but participants will pay for their own lunch and lodging.

Contact your county Extension office for more information.

Two horse events scheduled in March

4-H parents, members and leaders interested in the horse program will want to mark the dates of March 11, 12 and 13 on their calendars. Those are the dates of two major events scheduled at Kansas State University and Rock Springs Ranch State 4-H Center.

The second annual KSU Horseman's Conference is March 11 and 12 at Kansas State University. This conference will feature nationally-known experts in the horse industry as well as professional trainers who will be giving lectures and demonstrations. This conference takes the place of the former State 4-H Horse Leaders Conference which was held for many years at KSU.

The full-time pre-registration fee is \$20; pre-registration for Saturday only is \$10.00. Registration at the door will be available, but the fee will be higher.

The State 4-H Horse Panorama is March 12 and 13 at Rock Springs Ranch. The Panorama is a different type of horse activity where 4-H members 12 and older will have the opportunity to give talks and demonstra-

tions related to the horse industry, exhibit photos related to horses and participate in the State 4-H Horse Quiz Bowl Contest. Registration and entry deadlines for the Horse Panorama is March 5 in the State 4-H Office.

Although the dates for both events overlap, the schedule will allow participants to complete the whole agenda at each event. The Horseman's Conference will end at 3:00 p.m. Saturday and the Horse Panorama begins at 6:00 p.m.

Contact your local county Extension office for further details and information about the KSU Horseman's Conference, March 11 and 12, or the State 4-H Horse Panorama, March 12 and 13.

Karen Russell

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Design lamps for maximum efficiency and comfort

Lamps are a popular item constructed by 4-Hers in the electric project. Nora Steg, manager of customer programs for Kansas Gas & Electric, offers the following factors to consider when designing a lamp. The same factors apply to purchasing a lamp for the home.

First, determine the primary use of the lamp and the amount of light needed. For example, low level light will be used for TV viewing, moderate level light is needed for short-term or easy-seeing tasks, and high level light is necessary for prolonged or difficult seeing tasks. Refer to the chart for the recommended wattage for each purpose.

Amount of Light	Incandescent	Fluorescent
Low Level . . .	40-60 W, 3-way, low setting	16-22 W
Moderate Level	75-100 W, 3-way, medium or high setting 120-150 W total of multiple sockets	30-44 W
High Level . .	150-200 W, 3-way, 250 or 300 W 180-225 W total of multiple sockets	40-55 W

When designing a lamp, consider the height of the base and the height of the table where the lamp will be placed. Design a lamp so that

the bottom of the shade is at eye height when you're seated — 38" to 42" above the floor. For maximum light efficiency, select a shade that is at least 16" wide at the bottom. Shallow shades need shielding, like a perforated metal disk, across the top to prevent seeing the bulbs while standing. Deep shades require extra long harps or a recessed top fitting for the socket to be in the right position.

White or light neutral-colored translucent shades maximize light utilization while assuring seeing comfort.

If you're interested in more information on home and outdoor lighting, Steg recommends "The Light Book," available for 75¢ from General Electric, Nela Park, Cleveland, Ohio 44112.

Watch This Page For Ideas on Farm and Home Electric Projects

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