



March, 1966

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# Journal

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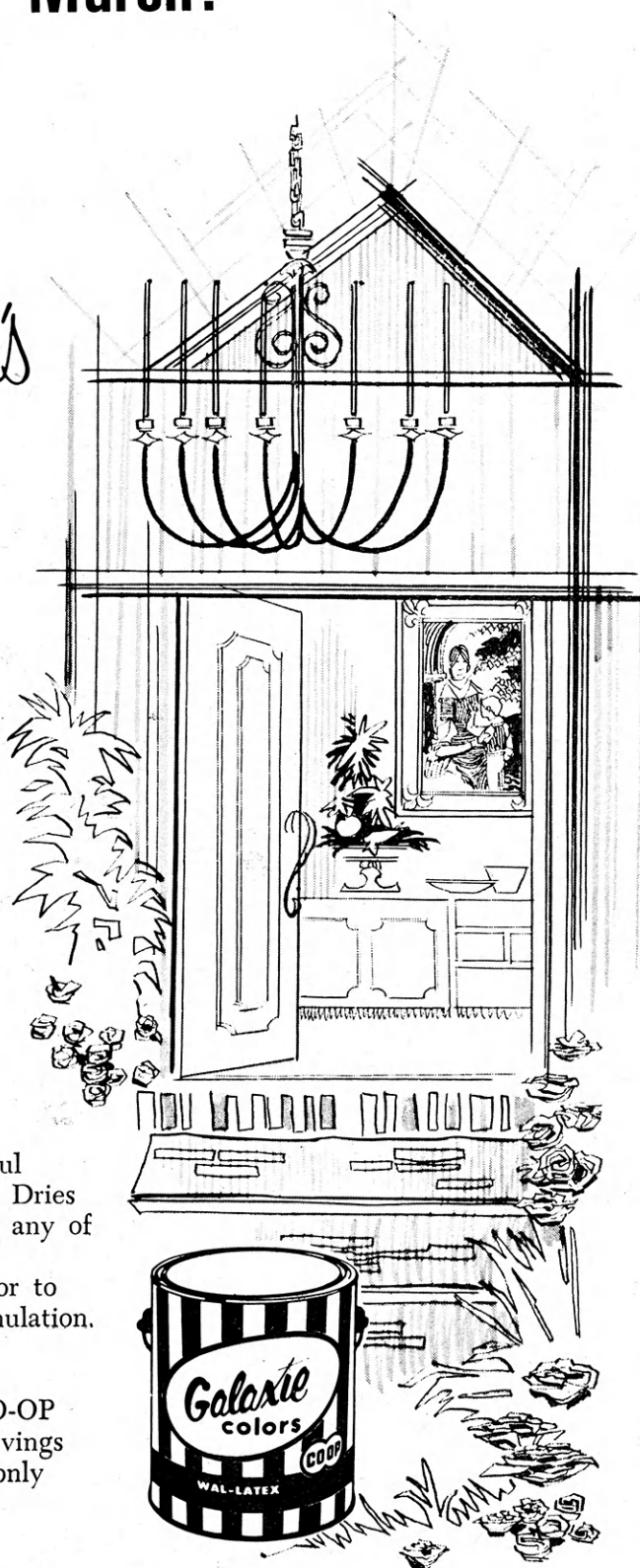
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# Conference for Leaders

State 4-H Leaders Conference in Hutchinson used to be 'old home week' back when scholarships went to the tenured leaders. In a way the old has given way to the new.

It is nice to see the 'veteran leaders,' the ones you just expect to see and like to see. It is also nice to see the interest of 'just appointed' leaders, or at least new attendees, in gaining more knowledge and skills about working with boys and girls.

This year the Conference will sparkle with something new, as it usually does, but is probably starting a tradition. There will be a repeat of the big day, the Wednesday program, on Thursday at Scott City for those in the west part of the State who want a refreshing one-day experience of sharing ideas and acquiring information on leadership.

"Training," "inspiration," and "fellowship" are key words at the Conference. It is a good place to gain an understanding of the objectives and philosophy of 4-H club work—from special resource people and from other leaders.

Adding sparkle to the program will be idea exchange sessions, exhibits, new 4-H movies, and a choice of more than 15 workshops on methods in 4-H club work.

At both Hutchinson and Scott City, Dr. Robert Johnson and Dr. Russell Drumright, KSU faculty members, will present discussions on "Teaching Methods Peculiar to 4-H" and "Who Is Your Audience?" You will learn something about teaching different age levels and various methods to use.

We commend this conference to you for education, inspiration, fellowship and entertainment. Pre-registration for the March 15-17 (Scott City is March 17) is due early this month, so see your County Extension agents who have the details.

## 'Tis True

4-H Leaders are angels in aprons, saints in straw hats. Their only reward is the love of the kids and the respect of the community. But when they look around them at the skills they have taught, and the youth they have built, there is an inner voice from somewhere that says, "Well done."



## OUR COVER

Three members of the Willow Branch 4-H Club, Miami county, are hard at work on a club safety project of washing car windows for people in their community.

The club members washed 273 car windows and passed out 370 copies of the pamphlet, "Life-Savers for You Mr. Driver" during one day last summer.

The club members are, l-r, Linda Quincy, Sandy Quincy and Christie Walters.



Vol XII, No. 3

March, 1966

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Don Esslinger ..... Editor

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# Kansans to National Conference



Marsha



Mary



Rosemary



John



James

Five Kansas 4-H club members will be delegates to the National 4-H Conference in Washington, D.C., April 17 to 22.

Attending the Conference at the National 4-H Center in the Nation's Capitol is one of the highest honors for a Sunflower State club member. They are selected on the basis of their records and interviews. The Kansas Bankers Association, through the awards program of the Kansas 4-H Foundation, makes possible the trips.

Marsha Bouchey, 19, a freshman at KSU, is the daughter of Mr. and Mrs. Russell Bouchey, Stockton. Her 4-H work has centered around home economics projects. She has been a junior leader in clothing and home improvement,

president of her club, the county 4-H council, and the junior leadership club.

A senior at Olathe High School, Mary Knappenberger is 17 and the daughter of Dr. and Mrs. Joe F. Knappenberger. She assisted in organizing two 4-H clubs and was a charter member of the county junior leadership club. Her records show work in home economics, home grounds beautification, personal development, photography, beef, poultry, and swine projects.

Rosemary Moon, 15, is a sophomore in Hugoton High School and the daughter of Mr. and Mrs. Warren Moon. Mary has completed projects in sewing, knitting, food preparation, home improvement, and beef. She has participated in 4-H club days and has an excellent

record in demonstrations and judging.

A KSU freshman, John Jagger, 18, is the son of Mr. and Mrs. Joe Jagger, Minneapolis. He has been a junior leader the past 4 years and worked with younger members in livestock and photography projects and with square dance groups. He has won honors in public speaking, demonstrations, livestock judging, and attended many state 4-H club events.

James Trapp, 18, is a freshman at Fort Hays Kansas State College, Hays, and the son of Mr. and Mrs. Lyle Trapp, Waldo. Livestock, grain, photography, and junior leadership projects highlight his club record. James is using the profits from his projects for college and to invest in more livestock.

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More Sponsors on page 14

## Journal Names Assistant Editor

A former top 4-H club reporter has been appointed Student Editor of the Kansas 4-H Journal. She is Marcia Lowther, former member of the Riverton 4-H Club, Cherokee county, and a Junior in Home Economics Journalism as Kansas State University.

As 1962 State 4-H Reporter, Marcia wrote weekly 4-H columns for two papers. She worked for the office of University News the past 2½ years.

The daughter of Mr. and Mrs. John R. Lowther, she is active in the Collegiate 4-H Club and serves the Kansas 4-H In Review, special Journal issue as Assistant Editor.

She is Secretary of Clovia, a house for former 4-H girls at K-State.



## SUTHERLAND Salutes 4-H Woodworking



### ***Busy! Busy! Busy!***

Woodworking Project members of the Busy Buzzers 4-H Club, Barton county, are busy at work, with the help of their leader, Albert Williams.

L-R; Brant Clarke made a window stick, Kurt Reimer works on his baseball rack, David LeRoy helps Kurt after finishing his broom holder, Rickie Koelsch sands on a light bulb holder, Ron Koelsch studies plans for a bird house, and Jim Murphy varnishes his broom holder.

*These boys hold their 4-H project*

*meetings in Mr. William's wood-working shop. Instruction they have received includes the following: "Woods to use for various projects," "Finishes and finishing for projects," "Ideas and plans for projects," "Paint and finishing," and "Using the power saw."*

*In addition to making a project for their home, the boys are sure to gain an understanding of keeping records and judging woodwork articles.*

*Mr. Williams is a fourteen year leader with the 4-H Club.*

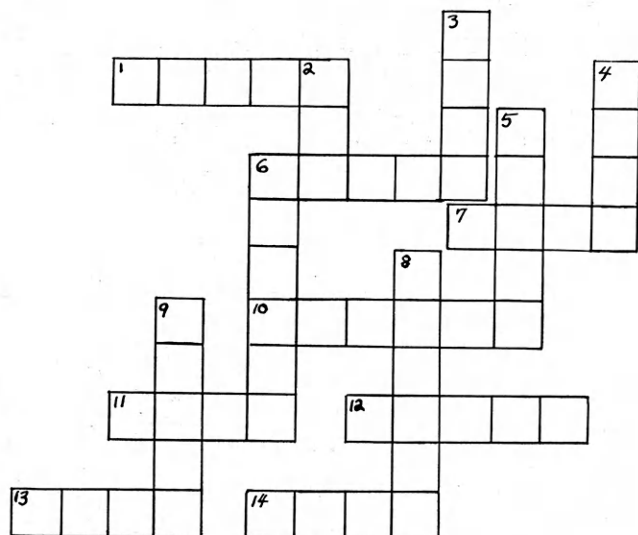
*The Sutherland Lumber Company is indeed proud to be able to play a small part in the all important 4-H program and particularly in the woodworking division. It has been Sutherland's privilege to provide medals for county winners and sponsor the Kansas winner to the National 4-H Club Congress.*

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**Across**

1. This month
6. Cause to laugh or smile
7. Exchange of goods for money
10. To ask to come as a guest
11. Past tense of three down
12. Summed up

13. A hollow place
14. Shower of water

**Down**

2. Good to eat from a pig
3. To stop sleeping
4. To rescue
5. A dish
6. For a short while
8. Kept out of sight
9. A small wooded area

Riddle: What bites but never swallows?  
Answer: Frost!

—Mary Anne Hart  
Glasco

Keith: Have a peanut?  
Jan: No, they're fattening  
Keith: How do you know?  
Jan: Did you ever see a skinny elephant?

—Patty Douthit  
Riverton

John: Hey! This match won't light.  
Bill: That's funny it worked for me.

—Cecilia Kasl  
Cuba

Mother: Everything is going up, the price of clothes and food. I would be happy if just one thing went down.

Daughter: Well, Mother, Here's my report card.

—Jana Woellhof  
Clay Center

Teacher: What is a widower?

Joey: Why a widower must be the husband of a widow.

—Margaret Dethloff  
Mankato

Editor's Note: Send in your favorite joke. We will give you credit for sending it in and we can let many others enjoy this joke and puzzle page. . . . Send to Kansas 4-H Journal, Manhattan, Kansas.

**JUNIOR LEADER WORLD SCRAMBLE**

Here are the names of some traits junior leaders should possess. See if you can unscramble them.

- |                  |                  |
|------------------|------------------|
| 1. cetnapie      | 7. rentiysic     |
| 2. catt          | 8. renecavepers  |
| 3. dendastingurn | 9. sonehty       |
| 4. tahif         | 10. pytmahsy     |
| 5. soiniv        | 11. nelifrsdnesi |
| 6. sumientahs    | 12. muroh        |

Definition: Happiness is giving a 4-H demonstration when you really didn't want to.

—Leon Patton  
Riverton

If you listen to too much advice, you wind up making other people's mistakes.

Rep. Oren Harris of Arkansas observed: "Beware of the man who knows the answer before he understands the question."

What did one cowboy say to the other cowboy?  
"There's a good Eastern playing at the movies tonight."

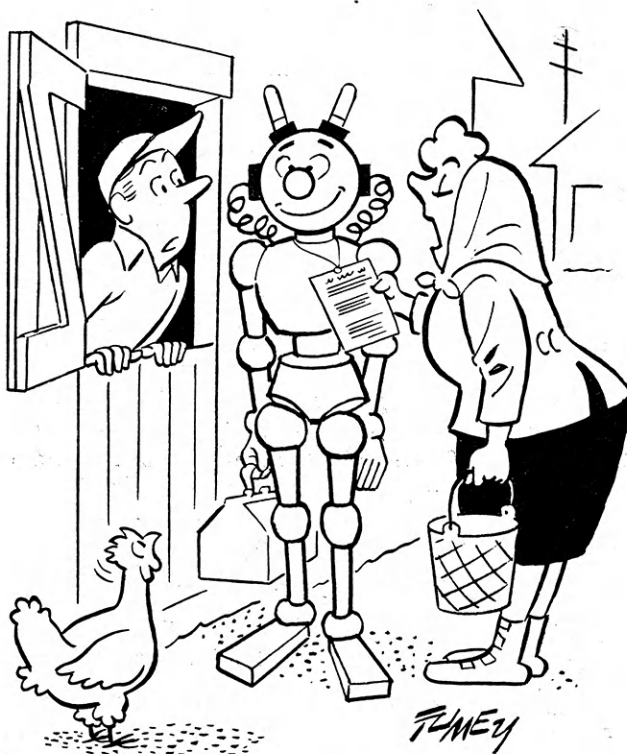
—Ramona Severt  
Girard

George: Why do Dragons go to sleep in the daytime?

Ralph: Beats me, I don't know.

George: So they can hunt knights.

—Kathy Jones  
Pratt



"Did you call a repair man for your automatic feeding system?"



# RECREATION

By Dick Tomkinson

March makes us think of the Irish and of green things. The first activity that comes to mind in March is the "Grand March." (See Folk and Circle Games Bulletin) Your club might enjoy doing "Green Sleeves," a folk dance from England. Record and directions are available from Methodist Publishing House. How about the square dance, "Wearing of the Green"? Of course singing Irish songs during March would be appropriate, for instance "My Wild Irish Rose." Perhaps preparing a song sheet of Irish songs for your club members would be beneficial.

As in most other seasons of the years, many traditional or standard games can be adapted to fit the theme or the occasions. For instance the Enterprise Eagles 4-H Club in Sedgwick County shares this game: "Family Takes a Walk." Why not change the name to Family Takes a Walk to Ireland." Also Harold Heim, recreation leader of the Bell 4-H Club of Leavenworth County sends in a match game. Why not use match questions to fit the Irish situation. Here are the directions of these games:

## Family Takes a Walk—To Ireland

The entire group is divided into four or five lines depending on size of group. Each row or line has a chair placed ten feet or so in front of it. Each line is called a family and the first person in line is called the father. Each father begins by walking around his chair. Being rather lonely, he walks back and picks up another member of his family, and together they walk around their chair and back picking up a third member. The game continues until a complete family, in a line holding hands, has gone around its chair and returned home. This family has finished its trip first and is the winner.

## Match Game

This is a game of judgment. A leader asks a question which has many possible answers. One tries to write down the most likely answer one of his team mates would write down. If two or more 4-H'ers answer the same, there is a match. Each match counts 25 points. Have two teams compete. Players should raise their hands when they are finished. The team with the highest score wins the game. Examples:

Question—Name a make of car

Answer—Ford, Chevrolet, Dodge, etc.

Question—Name a famous president

Answer—Washington, Lincoln, Roosevelt, etc.

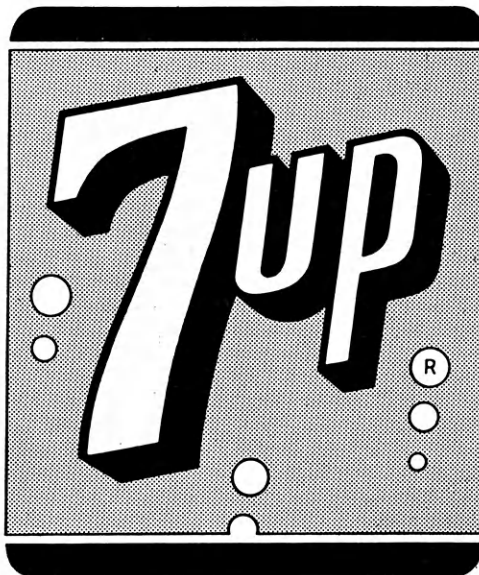
Why not adapt this game to March or to the Irish theme. For instance, question could be: Name a city in Ireland? Name something green? What does Ireland remind you of? Name an Irish song. Harold Heim says their club has a great deal of fun with this game.

## RECREATION Training Opportunity for 4-H Leaders . . .

*We, the Seven-Up Bottlers of Kansas, Donors of awards in the 4-H Recreation Program, recommend the Kansas Recreation Workshop to you . . . to gain new knowledge and develop skill in recreation . . . at Rock Springs Ranch, April 25-29.*

See your country extension agents  
for more information on the Workshop.

## GET REAL ACTION...



The Kansas  
Seven-Up Bottlers Association

# A Series

## *Teaching Boys and Girls*

### Part I

## *Qualities of a Useful Citizen*

By Deborah Hobbie

Extension Family Life Specialist

This series, especially for parents, leaders and junior leaders, will examine the 4-H program at the local level to consider answers to the question, "What can you teach boys and girls in 4-H?"

The parts to follow will break the examination into the six parts suggested in this introductory article. They will be written by county and state extension staff members.

The complimentary statement, "4-H is Democracy in Action" is often heard; these articles will give perspective to this statement.

Effective citizenship is synonymous with personal maturity. The contributing citizen in our democracy has developed his capacities fully. For these reasons 4-H Club work in the areas of citizenship and personal development is vital to the individual and to the nation.

#### **A mature person:**

**Understands himself.**

**Maintains wholesome relationships with others.**

**Lives according to his own set of values.**

**Solves problems creatively.**

**Maintains health and safety for himself and others.**

**Uses his leisure time meaningfully.**

4-H members are not mature. They are growing persons. You who work or live with these youngsters can aid their development in many ways. You can accept these young people as they are—at their stage of development today. Goals for members should be within the range of their maturity. A child should have his own aspirations for achievement, based on what he thinks he can do and what he knows he has done. He can learn to recognize his own strengths and limitations.

Learning to get along with others is like most skills—it is acquired through practice. 4-H members have many opportunities to master social skills. They learn to make friends, to practice democracy, to try to empathize (feel with the other person), and to appreciate the worth of others. Working with his friends his own age, a

young person feels social pressure and soon learns what is socially acceptable.

Every normal child wants to belong, to be accepted, to have approval. When he is his meanest, he's really trying to tell you and society he has a problem with which he needs help. What he needs and what he seems to deserve are not the same thing at all.

Many times simply by communicating with boys and girls, by sensitively hearing them out before responding, by finding out their problems, motives and goals, you can develop enough insight to feel with the child. You don't have to approve, but you must understand. This is especially true of the negative feelings of aggressions, anger, jealousy, hate, fear and frustration.

Older teenagers talk a lot about working out a philosophy of life. This



# ls in 4-H:

is another way of saying that each of us develops his own set of values. I like to think of values as preferences or choices made according to a personal standard. Each of us constantly evaluates, chooses, and weighs alternatives. This process involves both judgment and emotions of feelings. Values changes as the individual changes, or as time progresses.

We adults do not teach our values to young people. We teach them what our values are and help them to see why these values are right for us. They take it from there.

Someone has said that one's values must have a growing edge. This means that values are not something we set up and let remain static forever. Something which was right yesterday may not be exactly right today, since people and conditions are constantly changing.

What is the problem solving process? It is a step-by-step procedure involving recognition of the problem, collection and examination of the facts involved, looking at alternatives, trying out a possible solution, and being ready to change to another plan if this one doesn't get results. Solving means doing something which makes a difference, not ignoring the problem, whatever it is.

One of the four H's stands for health. Youngsters gradually master health and safety practices which will make for optimum living for all. This is an important aspect.

The last component of maturity listed is meaningful use of leisure time. Sometimes you may wonder if youngsters have leisure. They are busy, yes, but many of their activities are from choice, and leisure may be defined as time not dictated by economics or society. We can, by precept and example, encourage them to choose those activities which will give them satisfaction, whether they are creative or recreative in nature.

As you work with the citizens of tomorrow, remember that it's the whole development from infancy to adulthood that matters in the long run. No isolated stage or period in their growing up is all important—it's the total. This is reassuring, since it means a few mistakes will not be disastrous. Childhood, adolescence, and early adulthood are all part of the continuous process of growing into responsible citizenship. There are innumerable opportunities for effective influence throughout this long process of maturation. Today's parents have plenty of worries, it is true. The world into which our children are growing will be complex and confusing. But there are advantages to living today, too. Much research has been done in the area of human development. We can apply results from these studies to our task of helping youngsters grow into socially acceptable adults.

Here are some general suggestions which may help the adult who is closely associated with growing youngsters:

- Look at the child as a developing individual. Watch for progress and thrill at his personal growth.
- Appreciate how long it takes to grow up and how painful it sometimes is. If you can look back at some of your own growing pains, you'll probably remember that the "small" problems of the child are not small to him.

● Accept the immaturity—childishness if you will—of children. Sure, they seem to regress by spells and then surge forward in their development. That's exactly what they do.

● Allow plenty of time for them to accomplish their tasks—then allow a little more! Perhaps this is the first attempt at this particular job.

● The things an adult does *with* children are tremendously important. Play with them occasionally. Work with boys and girls from time to time. They pick up work attitudes and habits naturally and easily. Laugh *with* them, never *at* them. Talk *with* them, not just *to* or *past* them. This implies more listening on the adult's part.

● Show youngsters how and let them assume responsibility, step by step. Of course you can do it better and faster, but someone gave you a chance to learn, too. Set realistic standards for performance and follow-up to see that duties are completed adequately.

● Learn when to stimulate and when to reduce pressures. Again this is a process you adapt to the individual youngster.

● And finally, love them—even when you don't understand. Your love and support create the climate in which the youngster can grow up and realize his full potential.

Deborah Hobble received her BS degree in Home Economics from Kansas State University in 1941. She taught vocational home economics at Holcomb, Kansas and is a former County Home Economics Agent in Morton and Ford counties. She has also attended Extension Summer schools at Colorado State University and University of Wisconsin. Specializing in family and child development, she received the MS degree from K-State in 1963. A member of Omicron Nu, home economics honorary, she came to her present position in 1963.



# Tell A Story

By Marjorie Ann Tennant  
Assistant Extension Editor

Writing and 4-H Clubs have an important part in the life of this Kansas Extension Service staff member. She joined a Pottawatomie County 4-H Club on her 9th birthday and has been associated with the four-leaf clover organization ever since. As a KSU student she was chosen one of the four outstanding seniors in the Collegiate 4-H Club. Following graduation she was home economics agent in Geary and Riley counties before joining the Department of Extension Information staff. Writing and taking pictures of Extension home economics and 4-H Club events and activities is her major responsibility. She describes this as a "perfect job," combining writing and working with the finest people ever, 4-H Club members, leaders, and their families."



Features are fun. This is true with the movie and television features you enjoy. It is also true that a certain kind of 4-H club story, feature stories, merit the "fun and exciting" label.

First of all, if you are not a 4-H club reporter, don't "sign off" and turn the page. Telling the 4-H story with feature stories can involve every officer, member, and leader in your club.

True, the reporter and members of the publicity committee have major responsibility to provide editors with ideas and material on the club activities. However, a successful publicity program involves every member. Each 4-H member can contribute ideas for pictures, news stories, and feature stories.

You don't have to write every story. Giving the idea to your club publicity chairman, county Extension agents, or to an editor may be all that is necessary to produce a good feature story in your newspaper.

Perhaps a publicity committee in the County Council or Junior Leadership Club could plan with the agents and leaders for feature stories about county-wide activities.

What is a feature story? Think of it as a theme or article in your favorite magazine. The news stories you read on the front page of your daily or weekly newspaper are written in a special "news style" with the most important facts first. The reports of club meetings and announcements of future club events are written in this style.

In contrast, feature stories are more like the themes you write in school with an attention catching beginning, a main sec-

tion, and an effective and pleasing ending.

Why write a feature? Because you want to give more information about your club-events, members, accomplishments, problems—than you can in a news story.

A good feature story entertains. It is fun to read and at the same time it informs, explains,

instructs, or adds color to the happenings of the club.

In a straight news story you can tell the club's winnings in county club day or county fair. In a feature story you can describe the "behind the scenes" work and fun that went into the presentations and exhibits.

Does the idea of collecting the facts and figures you need for

## Ideas For Features

JANUARY	How Club Prepares For A County Club Day Older 4-H Club Members Have Special Projects
FEBRUARY	A 4-H Club Girl and Her Projects (Home Economics) A 4-H Club Boy and His Projects (Livestock, Crops) (Or a member excelling in a project not usually-popular with his or her sex)
MARCH	The Club In The Community (Health, Safety, Conservation) A 100 Percent Club Family
APRIL	Spring and Summer Projects (Busy time for many projects and what members are doing) 4-H Club Members Can Have Many Kinds of Recreation
MAY	Members In One of The Newer Projects (Photography, Dog, Reading) 4-H'ers Learn to Give A Variety of Talks
JUNE	On A Club Tour How 4-H Club Officers Do Their Work
JULY	County Camp Sidelights and Highlights How Club Members Prepare Demonstrations and Learn to Judge
AUGUST	A Family at The Fair Junior Leaders Help Members and Leaders
SEPTEMBER	The Club at The State Fair Records Tell The 4-H Story
OCTOBER	Former 4-H'ers in The Community County Award Winners in The Club and their Accomplishments
NOVEMBER	The Work and Fun as A 4-H Leader 4-H Club Members Share with Others in Holiday Season
DECEMBER	Why I Like Being A 4-H'er How The Community (Business, Professional, Schools) Assist The 4-H Club

a feature put a wrinkle in your brow? The secret is planning and organizing.

**First**, why are you writing the story? Is it to review the accomplishments of your club in health or safety community work? Is it to recognize your club leaders of many years and their contributions to youth in the community? Is it to tell the reading public about the photography project by reviewing what some of your club members have done?

**Second**, write down what you would want to know about the subject if you were reading a feature story. Remember, people are interested in people.

**Third**, always emphasize or play up the club members, leaders, and others involved in the story. Identify them as to club, parents, school. Describe their appearance, attitudes, and quote them so that readers feel they know the person.

**Fourth**, have a list of questions in your notebook as you interview or visit with the members and leaders. Never trust your memory on details. The most experienced and professional writers don't. You'll find that it is good to have much more information in your notes than you will be able to use in the feature story. Then you can pick and choose to have only the most interesting and important.

A feature story does not have to be many pages in length. Perhaps three or four paragraphs are enough to tell what you want included and to make the story a pleasure to read.

Tis true that the first feature stories you write may take much effort and time. You'll be surprised, however, as you do a few in the skill and confidence you gain. The more features you do, the more enjoyable and easier is the task.

Much of the sparkle and quality of a feature story comes from the way you write it, making it different, clever, and easy to read. Put color and interest in your story. Use the right words and play up the things that make people and events interesting.

If you find it a chore to think of ideas for feature stories, this calendar of possibilities per month may help you.



he doesn't know it yet, but . . .

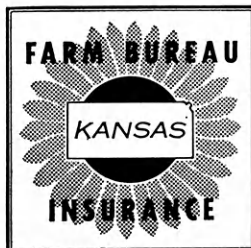
## ***a part of his future is in there.***

His dad's Farm Bureau Insurance agent is delivering a Kansas Farm Life policy that will one day pay for his college education.

He doesn't find it exciting right now. But when he's grown, he'll understand and appreciate his parents' foresight and planning which made possible his advanced education. That day will be one of his parents most gratifying moments.

Kansas Farm Life's Education Program is the sound, practical, economical way to be sure the plans you have for your children's future schooling will be fulfilled. The sooner you start, the easier it is.

See your Farm Bureau Insurance agent soon. He carries a part of the future with him.



**See Your Local  
FARM BUREAU  
INSURANCE  
Agent**



# If I Were You

National Library Week, April 17-23, is an excellent time to promote libraries and the 4-H reading project.

The 4-H reading project, with three phases, can help 4-H members learn the joy of reading, enrich their projects, learn how to gather information for discussion and learn how to use libraries as a useful tool for life.

National Library Week is a logical time to do many of the things listed in our reading project material.

**If I were a 4-H member** I would enroll in one phase of the reading project and encourage other members to enroll. Give a talk or demonstration at your club meeting. If you can't think of a good topic, see the suggestions in your project leaflet. Assist in promoting the reading project or National Library Week by radio, newspaper, TV, or display in windows, bulletin boards, libraries, fairs, etc. Read the project material for activities you and your club can do.

**If I were a 4-H leader** I would realize that every leader is a reading leader. Encourage 4-H'ers to enroll in at least one phase of the 4-H reading project. Encourage 4-H Club members to promote National Library Week in connection with their 4-H reading project. Visit with your local librarian about the reading project.

**If I were a county project chairman** I would see my opportunity to train adults (4-H leaders) in

the use of the library as a valuable tool. Encourage clubs to select 4-H reading leaders.

**If I were an Extension agent** I would visit all the librarians in the county or invite them to a meeting to explain the 4-H reading project and gain their cooperation. Designate a county project chairman for the reading project. (Probably a librarian). Meet with 4-H leaders of all projects to point out that:

1. Librarians have been informed and are willing to cooperate.

2. There is a county reading project chairman.

3. All leaders should encourage 4-H'ers to enroll in Reading for Project Enrichment so as to increase their knowledge of the projects they are leading.

Encourage each club to have a leader who can give direction to the Reading for Enjoyment phase and assist all leaders in Reading for Project Enrichment. Help select a leader for Reading for Discussion and cooperate with the library staff in making reading lists. Encourage librarians to order books that relate to 4-H Club projects. Encourage 4-H'ers to promote the 4-H reading project during National Library Week.

Mrs. William Avery, wife of Governor Avery, is honorary chairman of the Kansas National Library Week Committee. She has invited Roger Rengier and Dick Tomkinson to be on this committee.

## Club Provides Library

A library, consisting of 425 books was organized as a community service project by members of the Linn Livewires Club, Washington County.

The library was established by seven members of the club. They began by ordering 125 books from the Kansas Traveling Library in Topeka for \$7.50. Three hundred books were donated for use during the summer project

by Mr. and Mrs. Clarence Rippe, the club's community leaders.

The club placed signs in the windows of local stores and articles in the local paper to tell the public of their project.

Members kept the library open on Wednesday mornings and Saturday afternoons during July and August. Books were available for first graders through eighth grade. The price of a card was ten cents.

# Recreation Workshop

For 4-H Leaders

By Beth McKnight

Publicity Chairman

"Discovery '66" is the theme of this year's Kansas Recreation Workshop. This workshop is a special training opportunity established to encourage creative leadership in all areas of recreation.

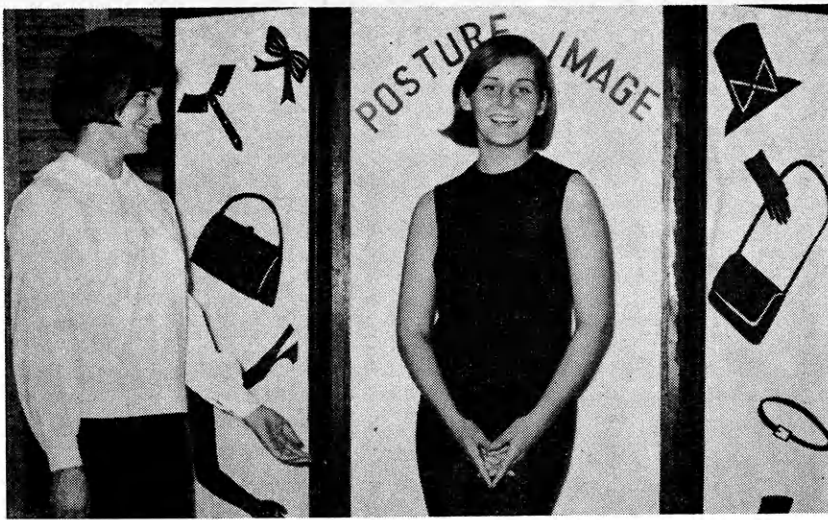
A non-profit project sponsored by an independent recreation board, the workshop is established to present information on recreation especially for 4-H, church, home economics, Campfire, and Scout groups.

The workshop, which will be April 25 through 29, will offer training in social recreation, folk and square dancing leadership and group singing. Special instruction will be given on knitting, sketching and guitar. Other interest will be focused on horseback riding, forestry, motor-bicycle safety, astronomy, archery and the handling of small water craft.

The workshop will be at Rock Springs Ranch. The charge is \$30 per person or \$50 for husband and wife. This fee covers lodging, meals, insurance, activities, and the workshop notebook. Scholarships are being offered to qualified persons. Scholarship selection will be based on: needs, willingness to share training they receive with others, and no previous workshop attendance.

For further information write to Kansas Recreation Workshop, Umberger Hall, Kansas State University, Manhattan, Kansas.

<b>BOOST</b>	Kansas 4-H Clubs
	Kansas Youth
	Invest in Programs of
	<b>Kansas 4-H Foundation</b>
212 Umberger Hall	KSU
Manhattan	Kansas



Janice and Vicki

## THE TOTAL YOU

By Janice Whittier and Vicki Smith

Janice and Vicki are junior leaders in the Advance 4-H Club of Wyandotte county. They have worked to improve themselves in the Personal Development project and have used their talents to help others.

The demonstration, "The Total You", is an original by the girls. "It's the total you—the inner you combined with the outer you," they say, that add to beauty and confidence.

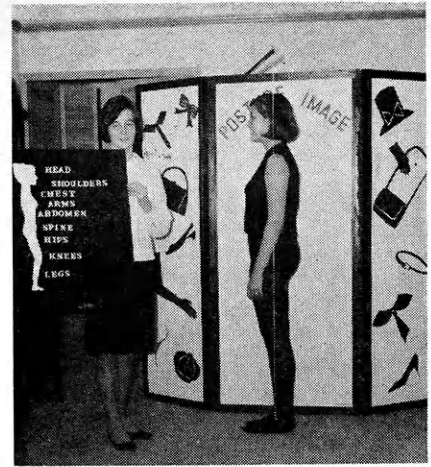
They started by giving this demonstration to their fellow club members. They asked others if they could be of help and gave the demonstration to a group of senior 4-H'ers in the county prior to the county fair last year.

Janice and Vicki also offered their services to the county home economics agent and the clothing committee of the home economics advisory committee. They assisted with three training meetings for girls ten years and under prior to the fair.

They helped the girls with walking, sitting and turning, by first demonstrating the moves and then helping the group do them. They also worked on going up and down stairs. They gave each girl a check sheet for self-checking their posture, and taped strings to the ceiling to serve as a guide.

Janice and Vicki want to help the little girls again this year with hair styles, make-up and hand care.

*The people at Southwestern Bell Telephone Company are proud to have a part in this 4-H project by sponsoring awards for outstanding work.*



Posture . . . . .



. . . . . Walking . . . . .



. . . . . Sitting . . . . .



. . . . . Modeling

**SOUTHWESTERS BELL**



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# Ideas That Work

## 20 Year Leaders Honored

Mr. and Mrs. Clayton McClure, twenty year leaders of the Richland Livewires Club, Butler County, were honored by



the club for their service. The McClures' were presented a money tree from past 4-H members and leaders and a wall clock from the club.

—Sharon Gronau, reporter  
(route 2, Whitewater)

## Jr. Leaders Have Joint Party

Fifty-two junior leaders from McPherson and Saline counties attended a joint junior leadership party. Cecil Eyestone spoke to the group about their responsibilities as junior leaders. They played the "Johns Hopkins Emergency Preparedness game," which teaches the importance of being prepared for a disaster and what to do when one occurs.

## Library Becomes Project

The library of the First Christian Church, Utica, has become a project for members of the Utica Meadowlarks



Club, Ness County, enrolled in reading.

Books were given borrower's cards, classified as adult or children's books, given accession numbers, and cataloged.

Members shown "deep in the books" are (l. to r.) Cheryl Stutz, Kay Offut, Courtney Atwell, Merritta Atwell, Monie Murphy and Becky Offut.

—Merritta Atwell (Utica, Kan.)

## Club Wins State Award

One of seven clubs in the state receiving special awards for community beautification projects last year was the Solomon Valley Club, Graham County. The award was presented by Roger Regnier, state 4-H Club leader.

A building of a Morland city park was improved by the club.

—Clara Rohleder, reporter  
(Morland, Kans.)

## IFYE Visits

An Indian IFYE visiting Norton County, Shailendra Kumar Pathak, shows



Rachel Brandyberry, Good Hope Boosters Club, how to shear a lamb. "Pat," as the IFYE was called, stayed in Norton County for a few weeks in July.

—Sue Brandyberry (Lenora, Kan.)

## Club Sells Apples

Apple selling can lead to helping the March of Dimes according to members of the Go-Getters 4-H Club, Labette County. For the past ten years, the club has met each January on the Saturday nearest the birthday of the late President Franklin D. Roosevelt to sell their apples on the streets of Oswego. The apples are sold for 10¢ each.

—Marilyn Richardson, reporter

## Veterinary Science

Classes on the 4-H Veterinary Science project are being conducted by Dr. J. J. Swanson, D. V. M., in Wyandotte county. Two of the classes featured animal nutrition.

**Reporter's Notice:** The Kansas 4-H Journal would like to print interesting stories of your local club events, activities, members and leaders.

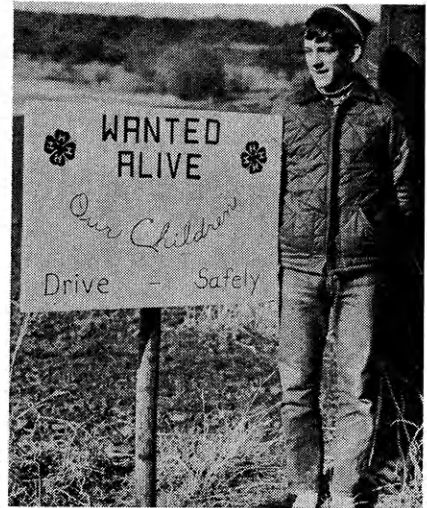
Local club meeting stories, if submitted, should contain something unusual or of interest to people outside your county.

Outstanding projects, services or events of your club, or stories of individuals within your club that would give ideas to other 4-H'ers would make excellent stories.

Prizes will be awarded all blue award stories each month. Please state your choice (1) a year's subscription to the National 4-H News, (2) a hard cover loose leaf 4-H notebook, (3) Photograph album or (4) Roll of film—sizes 120, 35 mm, 616 or 620.

## Signs Promote Safety

Donny Fulton made this sign as a part of his safety project. The signs were



placed at the four entrances to Elgin. Donny is a member of the Elgin Eager Beavers Club, Chautauqua County.

—Jeannie Kindley, reporter (Elgin)

## These KANSAS 4-H JOURNAL

### Sponsors have renewed their County Support

#### Mitchell

Farmers State Bank, Asherville  
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Simpson State Bank, Simpson  
Tipon State Bank, Tipton

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#### Rice

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Farmers & Merchants State Bank,  
Macksville  
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First State Bank, Leoti



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## Ideas In Brief

### HARVEY COUNTY—

The Lucky 13 Club had a trail ride at one of its meetings. The group rode 10 miles.

A rag drive was sponsored by the Kansas Jayhawkers Club as a money raising project.

"The Key for Good Grooming is Good Health," was the title of a talk presented to the Hesston Union Champion Club girls. The talk was presented by Joan Dilts.

A talk on "Operating a Slide Rule" was given at a meeting of the Macon Happy Hour Club by Tom Veazey.

### RENO COUNTY—

Members of the Partridge Club sold calendars to raise money for their treasury.

A paper drive was sponsored by the Salem Club to increase its treasury.

The Langdon Club received its ninth consecutive purple seal.

### WYANDOTTE COUNTY—

Barn sales were used by the Friendship 10 Club to raise money to sponsor a war orphan. In realization of their efforts, they received a letter from Kim Won Chul, an eleven year old Korean orphan.

Stuffed toys for orphanages in Viet Nam were collected and made by members of the Stony Point Club.

### SALINE COUNTY—

The Multiple Sclerosis Seal was presented to the Mentor Club for their participation in Mask Tag Day.

The Smokey View Club had a pizza supper at one meeting.

Lung cancer caused by smoking was the subject of a report presented at one meeting of the Mustard Seeds Club.

Members of the Willing Workers Club began work on their club health project by taking the first in a series of flu shots.

## Fun Page Answers—

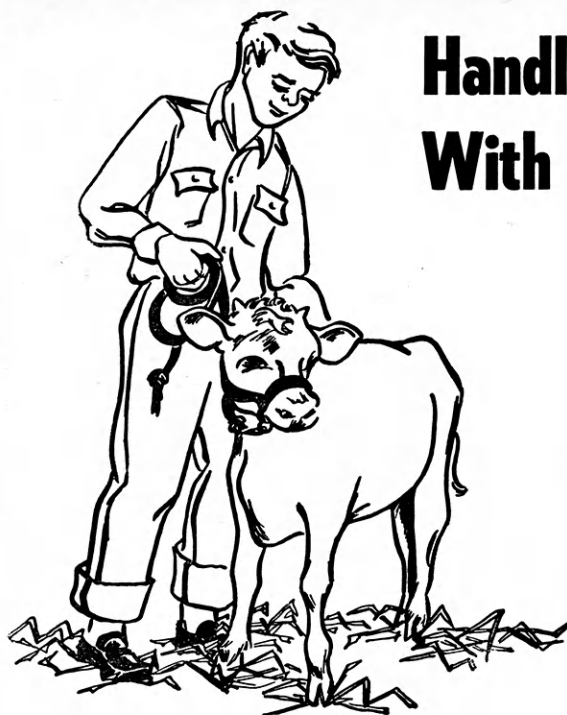
### Crossword Answers

Across; 1. March 6. amuse 7. sale 10. invite 11. woke 12. added 13. hole 14. rain

Down; 2. ham 3. wake 4. save 5. plate 6. awhile 8. hidden 9. grove

### ANSWERS JUNIOR LEADER WORD SCRAMBLE

1. Patience, 2. tact, 3. understanding, 4. faith, 5. vision, 6. enthusiasm, 7. sincerity, 8. perseverance, 9. honesty, 10. sympathy, 11. friendliness, and 12. humor.



# Handle With Care . . .



## . . . and Invest With Care

Pay yourself first. Make sure that what you save earns high profit in complete insured safety . . . every time. That means save now at your nearest . . .

# KANSAS Savings & Loan

### Arkansas City

First Federal Savings and Loan Ass'n. of Arkansas City

### Augusta

American Savings Association

### Beloit

First Federal Savings and Loan Ass'n. of Beloit

### Clay Center

Northwestern Federal Savings and Loan Ass'n. of Clay Center

### Dodge City

First Federal Savings and Loan Ass'n. of Dodge City

### El Dorado

Mid-Continent Federal Savings and Loan Ass'n. of El Dorado

### Fort Scott

Liberty Savings and Loan Ass'n.

### Garnett

The Garnett Savings and Loan Association

### Great Bend

The Prudential Building and Loan Ass'n.

### Hays

The Hays Building and Loan Ass'n.

### Hutchinson

First Federal Savings and Loan Ass'n. of Hutchinson

### Iola

The Security Savings and Loan Ass'n.

### Lawrence

Capitol Federal Savings and Loan Association, 11th and Vermont Streets

### Leavenworth

Leavenworth Mutual Savings and Loan Ass'n.

### Liberal

First Federal Savings and Loan Ass'n. of Liberal

### McPherson

The Pioneer Savings and Loan Association of McPherson

### Newton

First Federal Savings and Loan Ass'n. of Newton

### Ottawa

Ottawa Savings and Loan Ass'n.

### Parsons

First Federal Savings and Loan Ass'n. of Parsons

### Pittsburg

First Federal Savings and Loan Ass'n.

### Plainville

Rooks County Savings Ass'n. of Plainville

### Shawnee-Mission

Capitol Federal Saving & Loan Ass'n. at 5251 Johnson Dr., 95th & Nall and Meadow Lake Shopping Center

### Topeka

Capitol Federal Savings and Loan Ass'n. at 700 Kansas Ave. 1201 Topeka Blvd. and 2100 Fairlawn Rd.

### Wellington

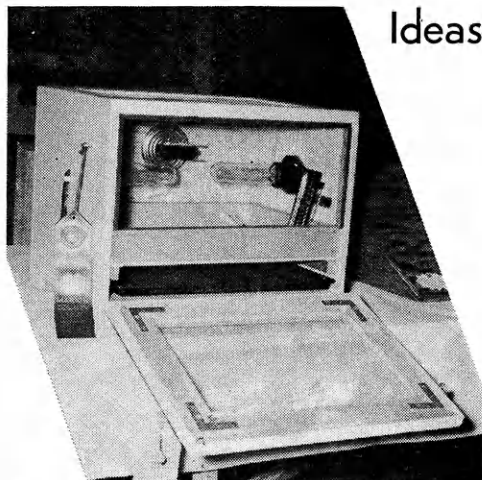
First Federal Savings and Loan Ass'n. of Sumner County

### Wichita

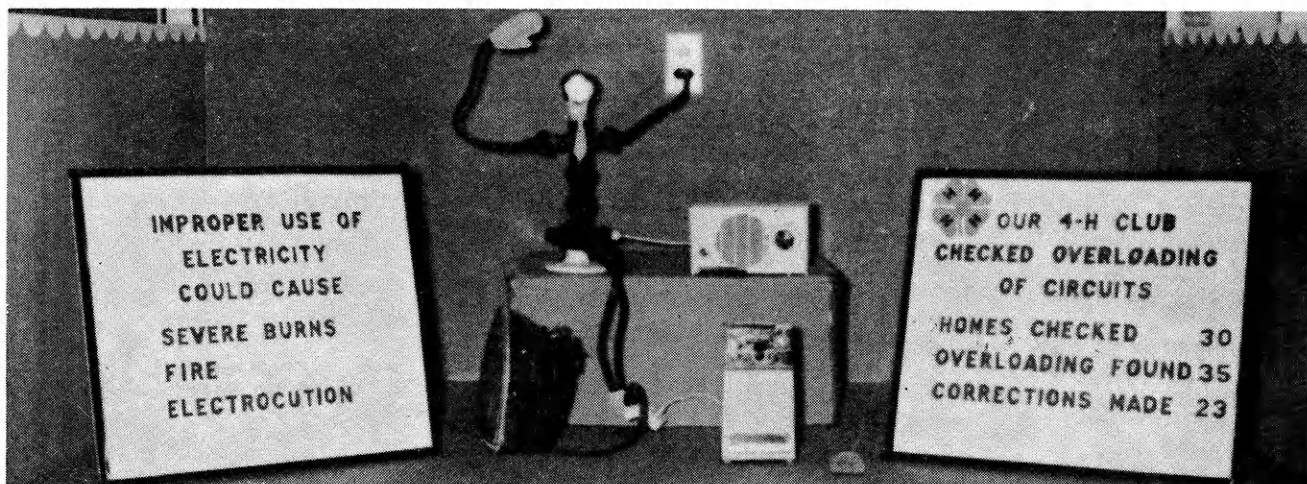
American Savings Association of Wichita, Home Office First and Main: East—4601 E. Douglas Ave.

Ideas

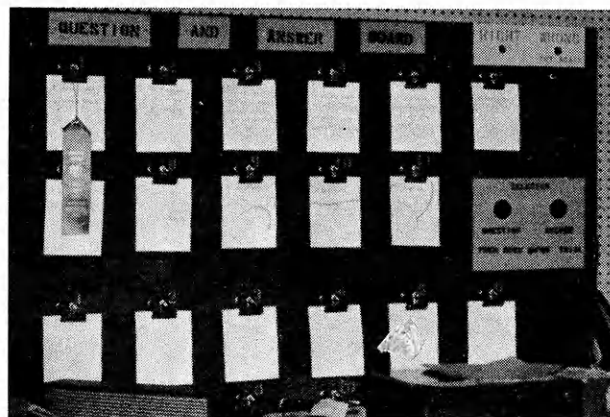
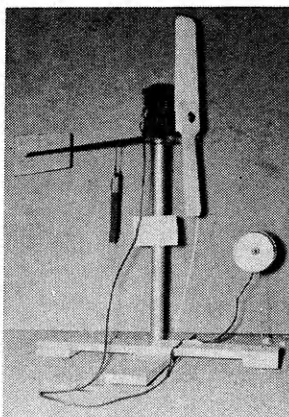
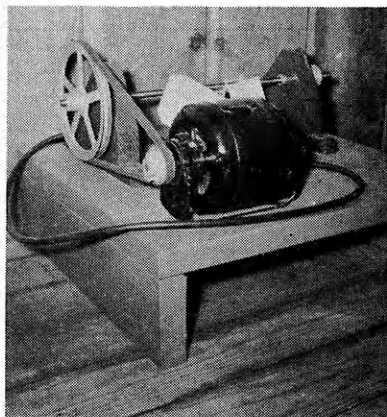
# Club Booth, Electric Projects



At left is an incubator constructed by a Marion county 4-H'er. In addition to learning about electricity, this project will be useful in poultry science. Below, this electric safety booth, "Shocking Facts", was exhibited by the Fragrant Hilltoppers 4-H Club of Dickinson county. Leadership in club safety activities offers many opportunities for senior 4-H'ers in the electric project.



Below, left, is a motor application built by Richard Manoth, Miami county, a speed reduction useful in shop work. Center, Royce Guhr, Marion county, made a club house wind charger from an old tractor magneto. Right, this versatile quiz board was built by David Lockwood, Harvey county.



\* Watch This Page For Ideas On Farm And Home Electric Projects

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