

KANSAS 4-H JOURNAL

May 1974



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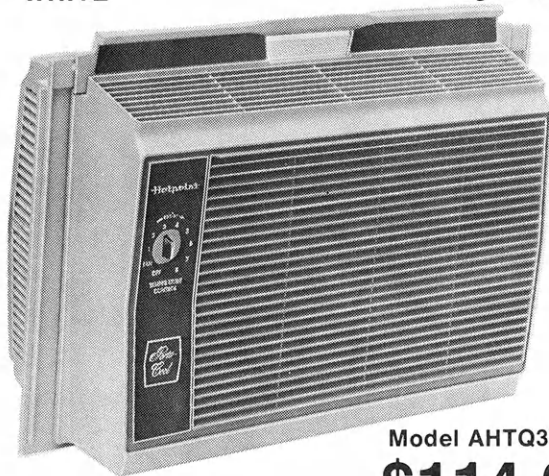
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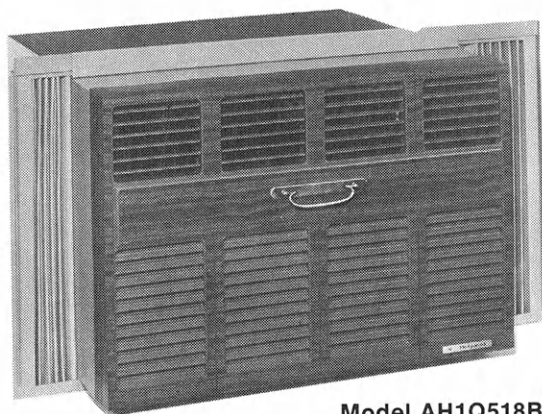
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Journal

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MAY 1974

Why family camping?

By William Riley

Associate Director, Kansas 4-H Foundation
 Vice-president, Kansas-Missouri Section,
 American Camping Association

Is your family a camping family? Why, or why not? If so, is it because the family really likes to fish or hunt or hike? Or do you see camping as an inexpensive method of traveling and vacationing? Certainly not inexpensive, but very independent are the "luxury liner" motor homes that are becoming familiar sights on the highways.

Maybe you cannot afford a motor home, don't like the thought of sleeping in a tent, and have no interest in fishing, hunting, geology, or other outdoor hobbies. Does family camping have anything else to offer? Unless you have an uncontrollable aversion to attempting anything new, you may find a family camp trip to be a most rewarding experience in unexpected ways. Shortage of space prevents discussion of the many tangible or physical benefits available, but we would like to stimulate some consideration of the unique factors in family camping. By unique factors, we refer to the characteristics of a family camping experience that are not duplicated or available in other family activities.

First, we have 24 hour involvement. In a true family camp situation where mom and dad and the kids are spending essentially all of their hours of each day together, we are developing a true, 24 hour experience. I would submit that very few families engage in family activities that actually provide this very important experience with the other members of the family. Family camping means that dad probably won't be running down to the shopping center for a spare "gismo," mom isn't going to run to the church for a short meeting or to make a delivery, or the kids aren't going to run next door for 30 minutes of basketball with the neighborhood buddy. Regardless of the style of your camping expedition, (motor home or backpack), such functions as cooking, cleaning up, and organizing require considerable cooperation among the members of the group. This 24 hour experience creates an interpersonal relationship among the members of the family, which includes the eating, playing, working, sleeping process that will involve no one outside of the family circle.

The second unique factor is the proximity of parental influence. This is a kind of heavy phrase that really means that this is one opportunity for mom and dad to be not only together, but with the youngsters throughout their activities for a period of days. In contrast, in the typical day of most families, often the father hears only the experiences of the youngsters second-hand. During the family camping experience, he is either involved in or immediately near the activities that they are participating in and is aware of their attitudes toward each other. In addition to this, the youngsters are also close to the exposure of attitudes between mom and dad and are under the eye of the parents 24 hours a day. This may be a most effective opportunity for mom and dad to share personal philosophies, resulting in gainful family understandings.

About the cover

Fun on wheels—that's bicycling!
 Jump on your bike to ride for fun,
 for exercise, for doing errands and
 getting places—even traveling ac-
 ross the country!

Read about bicycling on pages 5,
 8, and 9.

Staff artist Marie Rupp designed
 the cover and drew the bicyclers.

Why family camping?

(Continued from page 3)

A third factor might be called the singleness of purpose. As a family camping in a secluded area without exposure to outside civilization, the objectives of the family are significantly decreased compared to objectives in the normal day they experience at home. True family feelings and relationships are effectively exposed. Here again we benefit from the lack of interruption of television sets and other time-consuming intrusions. The family decision making process is clarified as the daily choices are few and easily apparent to all ages of the group. Full participation is easily accomplished, and here again, the interrelationships of the family members is emphasized.

We've been discussing the end product of a camping experience and maybe just a few words should be dedicated to the process itself, as the involvement of the process undoubtedly eliminates the opportunity of many families to ever enjoy the end product.

The process includes first making a decision as to location or general area. Many of the most effective family experiences are those that are not planned down to the exact minute of arrival at any particular destination, but the kind of leisurely meandering that will allow immediate changes in schedule without destroying plans that were

developed in long discussions over the coffee table at home. So, while as much information as possible must be gathered about the area of your destination, it's advisable to not plan your trip to the exactness of detail that would mean all other considerations are second in priority to staying on schedule. This freedom is in contrast to the normal daily pattern for many of us, but constitutes another significant advantage of a family camping experience. Few things in camping must happen on time. And also, in camping as a family, you usually will have few outside conflicts if you change the family plan of the time for meals, going to bed, and so on.

After the "where" is determined, the "how" must be considered and

with these decisions, your family camp experience is underway! As a first adventure, you should consult other camping families, local camp equipment suppliers, and the local and state agencies that supply information on available facilities. A short note of advice is to borrow or rent equipment and plan short (both in distance and time) experiences. This allows your own judgement to develop regarding equipment for possible purchase, and also gives experience in anticipating your exact needs for the next trip.

Try it—you will probably like it—and most important, this could be an opportunity for a level of family togetherness and growth you will reach in no other family activity.



Planning for the future of Rock Springs Ranch are members of the RSR committee and of the 4-H Foundation staff. Pictured at their annual meeting are, back row, from left, J. Harold Johnson, Les Harrod, John Kugler, L. R. Quinlan, Glenn Busset, and Merle Eyestone. In the front row are Bill Riley, Irene Rogers, Kenneth McGinness, chairman Earl Palmberg, and J. J. Moxley.

Thirty-five 4-H members in Barton County are enrolled in leathercraft, with Joe Foelgner Jr., Great Bend, as county 4-H leathercraft leader.

Shown at one of the meetings are, back row, left to right, Ricky Riley, Randy Riley, Rusty Carson, Dianne Hiss, and Tracy Fanshier. In the front row are Rusty Riley, Robbin Oakes, Bryon Owen, Mr. Foelgner, Barbara Hiss, and Bridgette Owen.



Twenty-five members of Haskell County 4-H Teen Action Club (TAC) spent a Sunday afternoon cleaning up trash in public areas, such as parks, fairgrounds, roadsides and right-of-ways in Haskell County. After work, they all met in the park for a weiner roast. One of three truck loads is shown.

TAC is made up of older members of 4-H clubs in Haskell County.

5,800 MILES BY BIKE

By Jim Eyestone
Manhattan

Editor's note: Jim Eyestone was 18 the summer of his first long bike trip. He was a member of Lee Hilltoppers 4-H Club, Riley County.

Long distance bicycle riding has been becoming more popular and may be considered as an alternative way to travel. In the past two summers I have made two bicycle trips to Florida from Kansas and these trips were enjoyable and interesting. The first trip I was gone eight weeks and traveled about 2,500 miles. My route started at Manhattan, went through the Ozarks to New Orleans to Panama City, Florida, to Nashville, Tennessee, to St. Louis, and then back to Manhattan.

The second trip went to Wichita, Oklahoma City, and, in Florida, to Panama City, Tallahassee, Jacksonville, Cocoa Beach, Orlando, and back to Tallahassee. From there I went to Montgomery, Alabama; Memphis, Tennessee; and back to Manhattan. On this trip I was gone 12 weeks and went about 3,300 miles.

The farther from Kansas I got the more amazed people would act when I told them I was from Kansas. About 20 people a day would come up and ask me what I was doing. Twenty times a day I would be asked the same questions over and over. These questions included: How many miles do you ride a day? Where do you sleep? Have you had any flat tires? Have you had any wrecks? Have you had any trouble with people on the road?

I averaged about 80 miles a day although some days I would go only 20 miles. The farthest I traveled in one day was 150 miles. Sometimes people would stop and say they saw me 80 miles away that morning. One man stopped me in Alabama and said he had talked to me by the beach 400 miles away.

I slept about any place that was safe. I tried to pick places where no one would see me asleep and where there would be shelter if it rained. I slept in national and state parks, in vacant lots, swamps, forests, fraternity house, police stations; by churches; at the Baptist Rescue

Mission in New Orleans and at rest areas; under underpasses at the top of the cement retaining wall; on golf courses and on picnic tables in the afternoons. At five in the mornings I would get up and then sleep again in the afternoon so that I could ride at the coolest times of the day.

If it rained and there was no shelter I had a sheet of clear plastic to sleep under and a poncho for a ground cloth. The first trip I used a sleeping bag which was too hot at night, so the next trip I used a blanket. My biggest sleeping trouble was that I generally would pick sleeping spots after dark and would wake up to find myself on an anthill or under a tree full of birds or a tree that dropped seeds at night.

One night I was asleep and an armadillo climbed on my face. Another night a squealing baby pig ran around me all night. Sleeping in rest areas can be dangerous unless there are many people sleeping there. Sometimes I slept on the roofs of restrooms and concession stands to get away from mosquitoes.

Flat tires would usually come in groups and I had around 20 a trip. They are hard to patch in the sun on the highway so it is best to carry extra tubes, then patch the tubes at night. Once near Fort Scott the highway got so hot that all the patches melted off my tire tubes at once. I had to buy new tubes with 200 miles left to go. I had to buy two new tires a trip and many new spokes as the spokes rusted apart.

Once in Shreveport, Louisiana, a truck forced me into a curb. However, I didn't get hurt nor did I hurt my bike.

The easiest way to keep from wrecking your bike is to follow some basic safe-riding rules.

1. Ride in a straight line, even when no cars are around. If you are going straight, a car can pass a foot from you.

2. On two lane highways get off the road if two cars are passing next to you going in the same direction or in opposite directions.

3. Watch for two cars or a line of cars passing you. You can't hear the next car coming.

4. Watch for cars that make right hand turns in front of you.

5. Have reflectors and flags on your bike so that cars can see you. While I rarely wrecked, I saw 12 different car wrecks near me.

Most people were very friendly. They would invite me to eat with their families at rest stops; many let me sleep in their yards and gave me food. Some hamburger joints gave me free food. Everyone in cars waved. Usually I would wave back for an hour and then get tired of waving. Once I waved to a motorcycle rider who took his hand up to wave back and wrecked. Several times older people told me that they had always wanted to do something like taking similar trips when they were younger.

Traveling by bicycle is a different way to travel. It is inexpensive, healthy and fun. It gives a person a chance to view the country from a new and close-up perspective. There is more to traveling than motel rooms and tourist attractions. Take a bike trip and find out for yourself.

At a recent meeting of the Rock Springs Ranch committee John Kugler was honored for 30 years of service to the committee. He was presented a book of letters, clippings, and pictures recalling his contributions to the development of Rock Springs Ranch. In addition to his work with Rock Springs Ranch, Mr. Kugler has been a 4-H leader in Dickinson County for more than 45 years.

Two other members of the Rock Springs Ranch committee pictured are Glenn Busset, state 4-H and youth leader, and J. Harold Johnson, former state 4-H leader and former executive director of Kansas 4-H Foundation.



Idea Exchange for Parents and Leaders

This is the first column in Kansas 4-H Journal under the heading "Idea Exchange for Parents and Leaders." Perhaps parents and leaders can learn from each other in an informal way by writing about ideas which have worked. Or maybe questions and requests will bring answers and suggestions.

If you think such a column may be helpful, please send your own experiences, ideas, and questions. It will be your column!

The first article, "Motivating our Sons and Daughters," was given as a project talk at Parents' Night of

Macon 4-H Club, Harvey County. Mrs. Vere English, Newton, gave the talk.

Motivating sons and daughters

This project is one which most of us repeat every year, for many, many years. This project lasts from January to January. We are rewarded at the end of our years with prizes much different from the ones our children receive at the end of their 4-H year. Before telling you about the awards, I'll tell you what this project involves and what we must remember during our project years. This project involves:

1. Getting the child's attention. This is accomplished by shutting off the TV, turning down the stereo, and changing the radio station from KLEO to KJRG-FM. After you have their attention, you must

2. Patiently verbalize your request by saying: Please Get That Cake Baked for Supper, or The Chores Should Be Done, or Your Room Needs to Be Picked Up, or Your Math Could Be Finished, or The Demonstration Must Be Ready by Next Monday.

If this doesn't help, the next step is to

3. Grasp them firmly, and by watching for direct eye contact, make sure they are listening. This may mean that your son must shake his head to remove the mop of hair from his eyes or the daughter must play peek-a-boo through her long bangs, but it is important to find their eyes to see if they are looking at you when you tell them with insistence that they **MUST** do the things mentioned above.

If this does not succeed, the next step in the project is to

4. Yell their names and require an oral answer from them by harshly demanding they take care of the above mentioned items, and by threatening different forms of restrictions as an alternative to doing their chores.

When you find that two hours later, your offspring has not budged from the chair, you can only shake your head and decide that it is much easier to get a horse to take its proper lead than to get a child motivated properly to become a productive and useful individual.

We as parents must wait much longer than August fair time to receive our rewards. They are reaped only after our young adult has become successful in his endeavors.

Surely the time and effort spent in this project is worth honorable mention on the Permanent Record Sheet!

Motivation—how is it developed, inspired, guided? Please send your comments.



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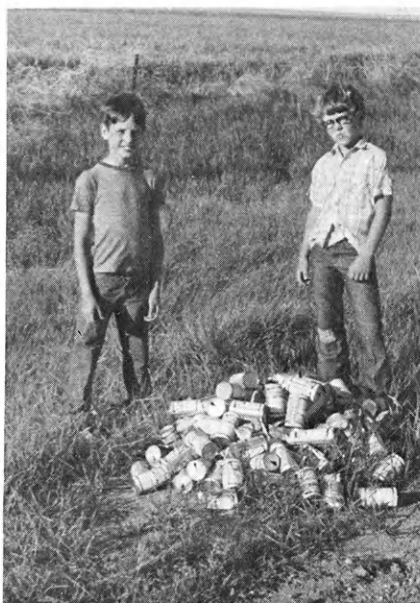
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Connie and Lorie Russell of Whitewater Builders 4-H Club wear Dutch costumes as part of their people-to-people project. Throughout the year, club members are studying different countries.

In February, members gave facts about Holland and brought things, such as wooden shoes, typical of Holland. Kathy Alexander is reporter for the Jewell County club.



Craig Tuttle from the Golden Plains 4-H Club and Brent Evans from Meadowlark 4-H Club, Gove County, walked about one and one-half miles and came up with 250 aluminum cans! The cans were taken to Hays to be recycled.

IDEAS & News

Each member of Eldorado 4-H Club, Leavenworth County, enrolled in the international foods project was host to a party with foods from a different country. Project leader was Mrs. Alice Schneider.

First, Margaret, Patricia, and Irene Anderson presented an authentic polka and puppet show, along with German food and information about Germany.

At another party the Long family served egg foo yung and other Chinese food. Mr. Long demonstrated preparation of Chinese dishes.

Italian melodies and candlelight accompanied spaghetti and other Italian food at the Broom family's party.

The Schneider family adorned their guests with leis and served fruit kabobs and other Hawaiian foods.

At the last party, the Ferguson family served a feast of shepherd's pie and other English foods.

Reporter Margaret Anderson, herself a native German, comments that "This method of exploring the world gave these girls a chance to learn about the people and customs of other lands without leaving their own city."

Lucky Clover 4-H Club and Richland Livewires, Harvey County, met together for an exchange meeting. After separate business meetings, the clubs joined together for the program. Reporting the meeting are Krisann Gronau and Karen Wehry.

Charlotte Buckman is the 1974 winner of the Animal Hospital Technology scholarship at Colby Community College. For two years Charlotte was dog project leader in Thomas County. She was a Key Award winner as a 4-H member in Rice County.

Denise Hund, president of Newbury 4-H Club, received top blue for the second year at Wabaunsee County 4-H Day, reports Karon Hammarlund.

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Fun on wheels

Whether you're a beginner learning how to balance or an old pro with hundreds of miles of bike riding behind you, you'll probably agree on the advantages of bicycling: it's fun, it's an economical, non-polluting way of travel, it gives you a chance to see things around you which you don't see when you travel in a car, it's healthy physical exercise. And a bike doesn't take much space to park.

If bicycling for you will have all these advantages and be comfortable and satisfying, your bike must fit you. To check, have someone hold the bike while you sit on the seat. Push the pedal down as far as it goes; your leg, thigh, and heel on the pedal should be in a straight line with the knee slightly bent. If you must stretch, it's unsafe; if the knee bends a lot, you'll work extra hard peddling. The seat should be parallel to the ground, handlebar grips about the same height as the seat, the upper part of the body should lean forward slightly, and hands fall naturally to the handlebar grips.

These guidelines apply to mid-dleweight and touring lightweight bicycles, which have raised handlebars. New bikes with 20-inch wheels, 13-inch frame, and high-rise handlebars tend to make a driver sit erect with hands well above seat level. Hands should never be above shoulder level. Best for long distance riding are sport lightweights with dropped handlebars; they force the rider to lean forward and bring hands below seat.

Now that the beginner has a properly fitted bike, he must learn to balance. This exercise may help: Stand erect left of your bicycle with both hands on the handlebars. Put your left foot on the left pedal and with your right foot, push the ground on the left side of the bike; go in a straight line for 40 feet.

The young bike rider may want to enroll in the bicycle project; 865 Kansas 4-H'ers have enrolled this year. The project has three phases: Your Bicycle and You, Maintaining Your Bicycle, and Enlarging Your Cycling World.



A lesson in bicycle mechanics is taught by Leslie Blevins Sr., Lawrence, to members of Meadowlark 4-H Club. Eleven year old Scott Pendleton took the picture.

Two 4-H members explain what happened in the bicycle project in their club last year. Mike and Shelley Senecal are members of Meadowlark 4-H Club, Douglas County, and Shelley is the junior leader this year.

Mike: I'm taking bicycle safety again; of all my projects, I liked it most of all. In unit III I will learn more about taking my bike apart and repairing it. Maybe I will help plan another bike hike. Do you remember the one we took last spring? I can still see us riding single file. We must have been quite a sight!

Shelley: Yes, we hiked three miles out of town to Kevin Reynold's woods. There were more than 20 4-H'ers. We junior leaders sure didn't get much sleep that night chaperoning all of you.

Mike: Maybe Mr. Blevins can come this year. Did I ever tell you about him? He used to own a bike shop for about 30 years. Our project leader asked him to come for a couple of meetings. He showed us how to use tools and repair our bikes.

Shelley: How many project meetings did you have last winter?

Mike: Let's see, I think there were seven. At the first meeting we saw a movie on bicycle safety skills and had a drill on the parts of a bike. At the second meeting we learned how to check tires, handlebars, seats, chains, and pedals.

Shelley: And didn't you actually take your bike to the project meetings a couple of times?

Mike: Yes, at our third meeting we divided into pairs and helped each other adjust parts on our bikes. At the next two meetings, I remember learning about bicycle rules from a policeman and about bike accessories. Our leader brought many different accessories from stores for us to see. You should have been at our sixth meeting, Shelley. We had chairs on the parking lot of the County Extension Service. We ran skill tests around them. We had speed tests too.

Shelley: Did you ever have a written test?

Mike: Yes, that was at our last meeting when we finished our record books and planned our overnight camp-out. Say, would you be willing to be a chaperon again for this year's hike? We might as well start planning now. I bet there will be a lot of club members signing up.

Shelley: Sure thing!

Along with the other things 4-H'ers learn in the bicycle project, they study safety—most important, for as the number of cyclists increases, the number of accidents increases, also. In fact, a sobering thought comes from the State Highway Commission: no Kansas routes can be recommended as safe for cycling, although bicycles are allowed on all state and county roads, and prohibited only on interstate highways.

Some communities are doing something about providing bike-ways; Wichita is developing a 50 mile system of bike trails, and Manhattan has a plan for bikeways drawn up.

In the absence of bicycle trails, how does the young bike rider travel safely?

First, he learns to ride in a safe place, such as his own yard or a sidewalk when there aren't pedestrians.

Second, he learns and always observes the rules of bicycle safety. Many of the same rules apply to bicycles as to cars: keep to the right; obey all traffic rules, signs, and signals; keep a safe following distance.

Then other rules apply to bicycling alone: Ride one person to a bicycle; walk your bike across busy intersections; yield right of way to pedestrians; if you ride at night, in addition to front and rear lights, use lots of reflective tape on your clothing and the pedals.



Right turn



Left turn



Stop or decrease speed

The bicycle rider must warn motorists if he intends to stop or turn. These are the signals to use.

These tips for safe bicycle driving come from the American Automobile Association.

1. Signal for turns and stops.
2. Obey all traffic signs, signals, and rules.
3. Yield the right of way to pedestrians.
4. Drive solo—only one on a bicycle.
5. Keep feet on the pedals at all times.
6. Keep both hands on the handlebars, except when signaling.
7. Drive with traffic in single file—close to the right-hand side of the roadway. Watch for opening car doors.
8. Keep your bicycle in good repair.
9. Equip your bicycle with headlight, reflector, and horn or bell.
10. Always walk bicycle across busy intersections.
11. Drive carefully, especially on wet or slippery streets.
12. Keep safe following distance—never hitch onto other moving vehicles.
13. Be sure roadway is clear before entering. Avoid busy streets and intersections.
14. Learn to drive in a safe place; keep off busy streets until you can drive well.

A Kansas 4-H'er who combines enthusiasm for bicycling and for safety is Kim Glasgow, Salina. As a result of her work, she was named the state winner in the bicycle project.

In 1973 Kim helped organize an essay contest on bike safety sponsored by Sears and the 4-H club. She rode 20 miles in a bike-a-thon for retarded children.

Kim also helped organize a bicy-

cle registration program in Saline County. The serial numbers on the bicycles are registered with the Salina Police Department, making it easier to recover lost or stolen bikes. As theft is a problem, owners may also need to chain and lock bikes to a stationary object.

Bicycling has a lot to offer for individuals, for families, for 4-H clubs. Spring and summer 1974 is the time to try it.

Members of Meadowlark 4-H Club, Douglas County, are ready to leave for their camp-out spot.



IDEAS * & News *

The largest 4-H national scholarship of the year went to a former **Riley County** 4-H member. He is **Gary Boutz**, Zeandale, who will use the \$1,600 scholarship to continue his studies in forestry management at the University of Missouri at Columbia.

Honored by the Kansas Holstein Breeders' Association with state awards are **Dee Bowman**, and **Glenn Kliewer**, Hillsboro.

District Holstein awards went to: South Central—**Glenn Kliewer**, Hillsboro, and **Susan Latta**, Harper; Northeast—**Knute Knudson**, Hiawatha; North Central—**Lisa Sexton**, Abilene; and **Kim Wallace**, Barnard; Western—**Dee Bowman**, Larned; and **Wayne DeWerff**, Ellinwood; Southeast—**Tom Stickler**, Iola; and **Janice Ewing**, Independence; East Central—**Linda Peckham**, Rantoul; and **Jimmie Taul**, Baldwin.

Halstead Cloverleaf 4-H Club and **Halstead Go Getters 4-H Club**, **Harvey County**, had "What are you doing to conserve energy?" as roll call for their exchange meeting.

Junior officers were in charge of a recent meeting of **Harmony Hustlers 4-H Club**, **Shawnee County**, **Gregg Wilcox** reports. "Learning about animals" was the theme of the meeting.

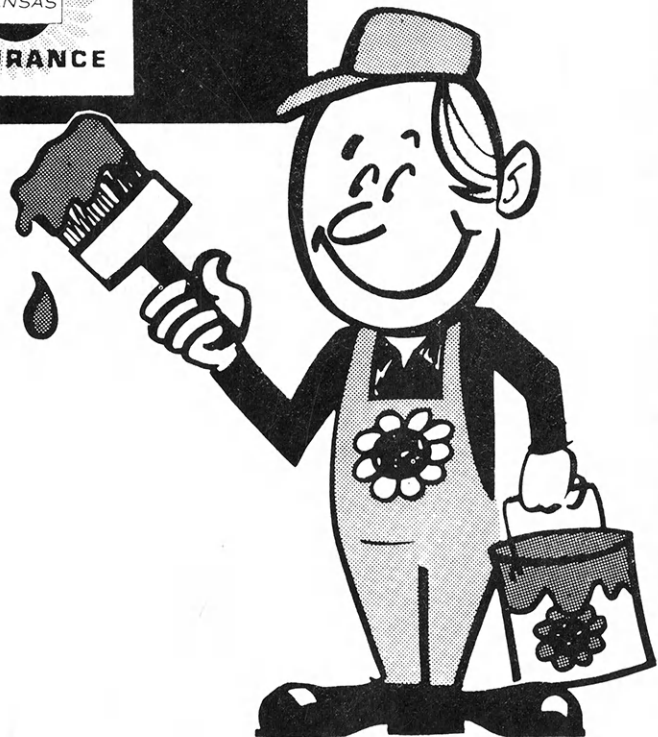
Bluestem 4-H Club members, **Butler County**, sold more than three tons of paper for a profit of more than \$52.

Meadowlark 4-H Club members in **Gove County** have been selling slow moving vehicle emblems as part of their club safety project. The 20 club members also sold fire extinguishers for farm trucks, campers, and houses. With this moneymaking project, they earned more than \$100.

Eighteen members of **Lucky Stars 4-H Club**, **Jackson County**, helped two families in the community by cleaning up broken branches and sawing them into tank heater fuel. The 4-H'ers cleaned up for elderly neighbors who had been unable to pick up branches after the ice storm, and delivered the pieces, cut to fit a tank heater, to another neighbor who had been in the hospital and so was unable to cut his own heater wood.

We have to cover Kansas with a super job...

It's the only territory we have!



**AUTO • FIRE & WIND • TRUCK • HAIL
TRACTOR • HOMEOWNERS • COMBINE
LIABILITY • BOAT • LIFE INSURANCE**

FARM BUREAU INSURANCE

Kansas ranks 23rd of the 50 states for its quality of living, a research firm says. It was judged in categories such as living conditions, education, and individual status. Each category was ranked and comparisons with other states were made to get an overall score.

It all sounds pretty scientific, doesn't it? But it serves to make the point that evaluations can be made of some things that we don't usually think about. How about you or your family's quality of life? Can it be evaluated? If so, how do we go about it?

Quality of life is the way we live. It includes the way we think, the way we act, the way we get along with other people, and the way we handle valuables. Let's talk about these for a moment.

The way we get along with others can tell us a lot about ourselves. When people are important to us we find time to be with them. It's fun to do things for them and see their eyes light up with pleasure when they say thank you. But sometimes we get too close to the forest to see the

Quality of life

By Darrell Spoon, Extension Specialist
Human Development and
Family Relations

trees. We are a part of the forest called our family and sometimes that makes it hard to remember how much we care for them. Brothers and sisters fight and we disagree with mom and dad from time to time but we still love them. Do you show your family how much they mean to you by being polite to them or is that the way you are just when company is around?

The way we handle money can show us what we value. If you had a choice of going for a coke everyday after school or buying a pair of jeans, which would you do? Would you choose to make an offering to your church or use the money to go to a movie with a friend? The things that we think the most of are what's going to influence the kind of person we are.

The way we act is another way for us to see what our quality of life is. Making the most of school and being curious about everyday things may say what's important to us.

Take a minute to think about what's important to you that influences your quality of life. Write down five things you like about your life. Don't limit yourself to material things and things to buy but include any part of your life. Then decide which one on the list you would be willing to give up or exchange. Which item on your list would you not be willing to give up?

Make another list that covers five things you would like to be different in your life. This list will help us understand which things we don't like or place value on.

Now make a third list of the things you like about yourself. Looking at the three lists will help you get an idea of what is important to you, or what you value. Values help us see what our quality of life is; they reflect what is important to us.

June 13— Friends of 4-H Day

Friends of 4-H Day, a special day for honoring contributors to the Kansas 4-H program through Kansas 4-H Foundation, will be June 13, Thursday, at Rock Springs Ranch, the state 4-H center.

About 400 donors and other guests will be invited to the event.

Other

coming events—

South Central Area Youth Advisory Committee Meetings

Members of the new South Central Area Youth Advisory Committee will meet in two groups in May. On May 7, members from Lincoln, Ottawa, Dickinson, Ellsworth, Saline, Marion, McPherson, and Rice counties will meet at 6 p.m. in Salina County at the extension office meeting room.

Members from Stafford, Reno, Harvey, Butler, Pratt, Kingman, Sedgwick, Barber, Harper, Sumner, and Cowley counties will meet May 9 at 6 p.m. in the Sedgwick County extension office auditorium.

The new advisory group is made

up of two members from each county in the area, one ambassador and the president of the county 4-H council. Formation of the committee was recommended by the South Central Kansas 4-H Advisory Committee, whose members are Trudy Miller, Sharon Molzen, Bill Cox, Virgil Bibby, Ken Albright, Dixie Molz, and Eldon Weaver.

Polled Hereford Show

The spring show of the Kansas Junior Polled Hereford Association will be May 11 at Kenwood Park, Salina. Showmen of the polled heifers or steers are to be under 21. A judging contest will be open to 4-H and FFA members.

Food Processing Tour

4-H'ers and leaders from South Central Kansas will meet May 30 for a food processing tour at Hutchinson. The tour will start at 9:30 a.m. at Dillon's Bakery; other stops will be an ice cream plant, grocery warehouse, Far-Mar-Co, a grain research center, and a terminal elevator.

If you plan to go, make reservations with your county extension office before May 18, reminds Tom Whitson, area extension specialist.

National Leader's Forum

4-H leaders from the south central area will have the opportunity

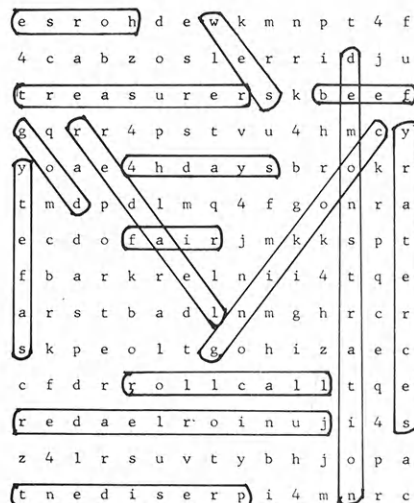
to represent Kansas at the National Leaders' Forum in Washington, D.C., November 8 to 18. Classes will relate to young people and their needs, and tours will inform about our national heritage and workings of the democratic system.

Information about the trip is available in county extension offices in the south central area.

Persons in other areas interested in attending the Leaders' Forum can contact your area 4-H specialist or the state 4-H office for information.

4-H puzzle.

Puzzle is on page 15.





Tropical fish

Tropical fish are a 4-H project of Evelyn Jo Thomas of the Lucky Diamond 4-H Club at Harris in Anderson County.

She started four years ago with a 15 gallon tank, an aerator, a pump, and bird gravel. Her first fish were guppies, black mollie fish, red wag, moon platys, green and brick swordtail fish, and a pair of sunset platy.

These are all live bearing fish and do not lay eggs. The young swim as soon as they are born.

Evelyn decided to get some egg laying fish from a cousin in St. Paul, Minnesota. The Thomases brought the fish home in plastic bags in a styrofoam minnow bucket, and although the temperature was 110, the fish survived the trip.

Raising fish is fun, Evelyn says, but "a little heartbreaking too." Once the furnace went out and all of her fish died, so she added a water heater to regulate the water temperature.

Evelyn's fish, both egg layers and live bearers, are together, with plenty of vegetation to protect the young. Siamese fighting fish do have to be kept in separate bowls so they won't fight each other.

When these Siamese fish are ready to spawn, the male makes a nest of tiny white bubbles which can spread over an area of five to six inches. The female lays her eggs; the male blows them into the bubbles where they hatch.

"This project is not only interesting but educational as it teaches me the necessary reasons why plants, snails, algae, fish, and all are so important for a balanced aquarium and this in turn can be

used in planning a well balanced farm pond," Evelyn explains. Your plants supply oxygen and use up the carbon in the water as well as being a protective hiding place for the young and for the female who is about to drop her young or her eggs. The snails and . . . scavenger fish in the aquarium or the turtles and frogs in a farm pond clean up the wastes and debris and keep the water from becoming stagnant and sour. In a farm pond the fish also keep down the mosquito larvae which would otherwise get out of hand. These things are all necessary for either a healthy aquarium or a farm pond."

Evelyn is 13 years old and a eighth grader.

News is needed for 4-H in Review!

Please send short articles about interesting 4-H events or members, black and white pictures, and postage for pictures' return to

4-H in Review
Kansas 4-H Journal
Umberger Hall, KSU
Manhattan, Kansas 66506



For Arbor Day, two Lyon County organizations, a 4-H club and a garden club, planted a Bradford pear tree. 4-H'ers Dawn Crowell, Lori Herrmann, Rhonda Fowler, Laura and Marilyn Linsey conducted a tree planting ceremony. Ready to complete the tree planting are Laura Linsey, president of Logan Avenue 4-H Club, and Mrs. Keith Rider, president of Founder's Circle of the Floralore Garden Club.



All 4-H'ers are invited to enter the Kansas Wheat Commission's special photography contest.

Class I —Black and White pictures (4" x 6") or larger mounted on mats not to exceed (16" x 20").

Class II—Color slides.

Rules—Subject matter should be related to wheat production or marketing. Negatives are to accompany pictures, with a limit of three per each exhibitor in both classes. All prize winning entries become the property of the Kansas Wheat Commission. Pictures will be exhibited at the Kansas State Fair.

Prizes—1st prize \$25.00; 2nd \$10.00; 3rd \$5.00; honorable mention (next 35 entries) \$1.00 each.

Kansas Wheat Commission

1021 North Main

Hutchinson, Kansas 67501

Four to go abroad in 4-H programs

Four young Kansans, one of them a second-generation participant in 4-H international programs, will go abroad this summer as 4-H representatives.

The first second-generation overseas delegate from Kansas is Sue Gibbs, Olsburg, who will go to Switzerland as a Teen Caravener. She will be gone two months beginning the latter part of June. Sue is a senior at Blue Valley High School and is president of Olsburg Boosters 4-H Club, Pottawatomie County.

Sue's parents, Mr. and Mrs. Pat Gibbs, met in 1950 when both were IFYEs to the United Kingdom.



Anita Kay Nelson



Sue Gibbs



Cheryl Blank

Anita Kay Nelson, Goodland, will represent Kansas as an IFYE in France for five months. As a member of Ruleton Eager Beavers 4-H Club in Sherman County, Anita was a state and regional award winner in the dog project. She is a junior at Kansas State University, majoring in journalism, English, and education.

Working through the Youth Development Program will be Cheryl Blank, Hutchinson, who will be in a Latin American country for 14 months. A senior in history and anthropology at Kansas State University, Cheryl grew up on a Reno County dairy farm, and was a member of Thomadora 4-H Club.

Group leader for the Teen Caravan to Switzerland will be Betty Jo Smith, a teacher in West Topeka High School. Betty was an IFYE to Ecuador in 1970.

Marjorie Area is the 4-H international program leader for Kansas. Kansas 4-H Foundation and the home counties of the participants provide financial support for Kansas IFYEs.

Answers to county names puzzle on page 15

- | | |
|-------------|------------|
| 1. Butler | 11. Morton |
| 2. Cheyenne | 12. Elk |
| 3. Marshall | 13. Graham |
| 4. Lyon | 14. Lane |
| 5. Thomas | 15. Jewell |
| 6. Rice | 16. Finney |
| 7. Coffey | 17. Ford |
| 8. Clay | 18. Scott |
| 9. Riley | 19. Rush |
| 10. Cloud | 20. Barber |

Scholarship winners named

Two new college scholarships have been added to the list of grants available through the Kansas 4-H Foundation for Kansas 4-H members. They are the F. W. Atkinson scholarships of \$300 each offered to 4-H members interested in animal science. They are given by Mrs. F. W. Atkinson, Burdick, as a memorial to her husband.

Winners of the Atkinson scholarships are Steve Miles, Burlingame, Osage County, a freshman at Kansas State University; and Jim Mengarelli, Girard, Crawford County, a sophomore at Fort Scott Community Junior College.

Other 1973 scholarships and winners are: Kansas Electric Coopera-

tives: Dee Bowman, Larned, Pawnee County;

Ship Winter Memorial: Carl Peckman, Paola, Miami County;

N. T. Veatch: Sheila Jones, Brewster, Sherman County; Wanda Wilkerson, Council Grove, Morris County; Connie Debrick, Paola, Miami County; and James Schesser Jr., Horton, Atchison County;

F. W. Woolworth: Elizabeth Tanner, South Haven, Sumner County; and Suzanne Carnes, Weir, Cherokee County;

Mary E. Border: Claudia Washington, Fairview, Brown County; and Rodney Jackson, Wichita, Sedgwick County.



Larry Agur, above, a member of Keen Klippers 4-H Club, is one of 41 Ford County 4-H'ers who with their sponsors enjoyed a skiing and sightseeing trip in New Mexico in March. 4-H'ers from Pawnee, Haskell, and Finney counties were also skiing at Red River.



Editor's note: Denise McMullen's raisin cake won a purple ribbon at the Favorite Food Show in Norton County. Denise says she likes 4-H very much and also likes to read, play the piano, and be outside. She is a member of Busy Beavers 4-H Club.

Raisin Cake

Cover 3 cups of raisins with water, cook till soft, then let cool.

1½ cups sugar

⅔ cup vegetable shortening or butter

2 eggs

Mix sugar, shortening, and eggs in large bowl. Add 2 teaspoons of cinnamon, 2 teaspoons of nutmeg, and ½ teaspoon of salt.

Drain the raisins, saving the water, and add 2 teaspoons of soda to the water. Let it fizz and dissolve.

Add the raisins to the cake batter. Then add 1 cup of flour, ⅓ cup raisin water, another cup of flour, ⅓ cup raisin water, 1 more cup of flour, and the rest of the water. Add 1 cup of walnuts. Mix well.

Bake at 350 F. for 30 minutes.

Frosting:

Melt 1 stick margarine and add 18 oz. package of cream cheese and 1 teaspoon of vanilla. Mix.

Add 1 lb. powdered sugar and 1 cup of nuts. Stir and spread.



Kansas extension director serves as a member of 4-H Foundation board

Editor's note: This is the eighth in a series of articles about the distinguished men and women who give time and expertise to Kansas 4-H work by serving on the Board of Trustees of Kansas 4-H Foundation.

The director of the Kansas Cooperative Extension Service, Robert Bohannon, has been a member of the Kansas 4-H Foundation Board of Trustees for five years.

A native Kansan from Jackson County, Dr. Bohannon has been with the Kansas Cooperative Extension Service since 1951 when he became county agent in Nemaha County.

Before becoming extension director in 1968, he was director of Kansas State University's international agricultural programs. He had also served as assistant to the extension director, as extension specialist in crops and soils, and as acting head of the agronomy department.

In 1964 Dr. Bohannon did post doctoral work in university administration at the University of Michigan. He received his Ph.D. in soil fertility from the University of Illinois, and his master's degree from Kansas State University in the same field.

During World War II he served as a crew chief in the Air Force and as a radio intercept operator in the Signal Corps. After 41 months in the army, he returned to Michigan State University to complete work for his bachelor's degree.

Dr. Bohannon's wife is the

former Vera Jeanne Waugh of Washington Courthouse, Ohio. Their daughters are Karen, Kathryn, and Ellen.

Mrs. Garvey named to Wall of Fame

Mrs. Olive Garvey, Wichita, will be honored for her service to 4-H by having her name added to the Wall of Fame in Williams Dining Hall this spring, Merle Eyestone, executive director of Kansas 4-H Foundation, has announced. Mrs. Garvey has served on the Kansas 4-H Foundation Board of Trustees for 14 years.

Chairman of the board of Garvey, Inc., and of Garvey Center, Inc., she has wide interests in business, and in educational, religious, cultural, and civic affairs, as well. An author, Mrs. Garvey has served as president of Kansas Press Women.

Mrs. Garvey's name, the 13th on the Wall of Fame, is the only one to be added this year.

Names to appear on the Wall of Fame are selected by the Board of Trustees of Kansas 4-H Foundation.

"Tomorrow Begins Today"

"Tomorrow Begins Today" at Round-up at Kansas State University in June where Kansas teenagers will live in university residence halls and go to classes in university facilities. Each person at Round-up will select from almost 70 widely varying choices the classes he wishes to attend. Each of the eight colleges at Kansas State offer classes in career exploration.

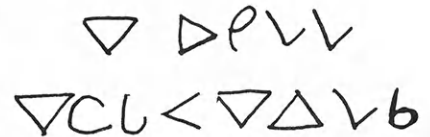
Debbie Barnes Miles, a former Miss America from Kansas, will speak at the closing assembly Friday morning.

This year Round-up begins Tuesday, June 4, with registration from 10:30 a.m. to 2:30 p.m. and closes on Friday, June 7, at 10:30 a.m. Cost is \$23.

4-H'ers attending Round-up may take part in the 4-H Ambassador's Workshop. Offering training in leadership and public relations, it will be taught by Dr. Margery Neely of the extension staff and by National 4-H Conference delegates.

The 5 year 4-H fund drive

Johnson County 4-H members have already completed their first moneymaking activity for the five year fund drive. Nine clubs took part in a contest selling plastic bulletin boards. They contributed more than \$1,000 toward the county goal of \$15,000.

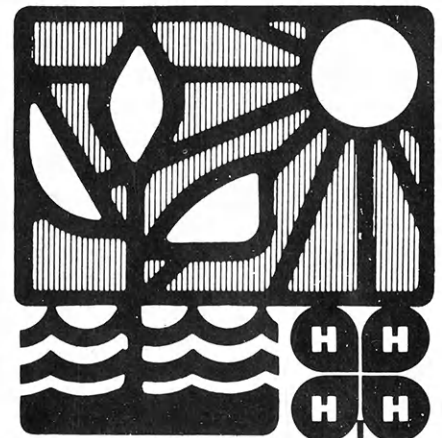


How do you make a written language from a spoken one?

This was the problem which the Rev. James Evans, missionary to a band of Cree Indians, wanted to solve in 1841.

He did solve his problem and wrote an alphabet; his story and his alphabet are in one of the summer programs offered at Heritage Hall at Rock Springs Ranch. Any group visiting there may ask for this program.

On page 15, you will find the alphabet, so you can decipher the heading to this article. You may enjoy using this alphabet to write messages yourself.



Family Fun Page

Student: I don't think I deserve a zero on this paper!

Teacher: Neither do I, but it's the lowest mark I can give you.

Arlene Hulsing, Berryton

A farmer has three haystacks in one field, four in another, and two in another. He puts them all together. How many haystacks does he have?

Answer: One.

Shari Fiene, Newton

Q. What is the largest jewel in the world?

A. A baseball diamond!

Jerry Winkley, Marion

4-H puzzle

Find the 4-H words.

Answers are on page 11.

safety leader horse sew
cooking treasurer secretary
dog 4-H days demonstration
roll call fair junior leader
president beef

e s r o h d e w k m n p t 4 f
4 c a b z o s l e r r i d j u
t r e a s u r e r s k b e e f
g q r r 4 p s t v u 4 h m c y
y o a e 4 h d a y s b r o k r
t m d p d l m q 4 f g o n r a
e c d o f a i r j m k k s p t
f b a r k r e l n i i 4 t q e
a r s t b a d l n m g h r c r
s k p e o l t g o h i z a e c
c f d r r o l l c a l l t q e
r e d a e l r o i n u j i 4 s
z 4 l r s u v t y b h j o p a
t n e d i s e r p i 4 m n r c

Louann Daniels, Manhattan

▽ △ ▢ ▣ ▤ ▥ ▦ ▧ ▨ ▩ ▪ ▫ ▬ ▭ ▮ ▯
a b c d e f g h i j k l m
▰ ▱ ▲ △ ▴ ▵ ▶ ▷ ▸ ▹ ► ▻ ▼ ▽ ▾ ▿
n o p q r s t u v w x y z

This is an alphabet developed by a missionary to the Cree Indians. With it you can interpret the heading on page 14. You can also use it to write your own secret messages.

Why don't you put an ad in the paper when you've lost your dog?

Dogs can't read.

Raymond Hammarlund,
St. Marys

Grandma: My grandpa fought in World War I. My great-grandpa fought the Indians. My great-great-grandpa fought in Napoleon's army.

Girl: Couldn't your folks get along with anybody?

Clara Gaydusek, Mahaska

Carol Mugler, Wakefield

Q. How far down can a frog go?

A. Knee deep, knee deep.

Kim Henak, Tonganoxie

A dismayed gas station owner while looking over his supply of fuel said, "You can't fuel all the people all the time!"

Anita Sauerwein, Newton

If April showers bring May flowers, what do Mayflowers bring? Pilgrims!

Julie Hill, Olathe

Pity the poor little firefly. He must have lost his mind. To blunder through existence With his headlight on behind.

Carolyn Herl, Sharon Springs

Q. What did the firefly say when he backed into the electric fan?

A. I'm delighted!

Q. What will happen to the fog when the sun comes up?

A. It won't be mist.

Kim Kelly, Chapman

Bobby asked, "Why did the fly, fly?"

Alice answered, "Because the spider, spied 'er."

Victornia Hirsch, Mahaska

Q. Why did the golfer wear two pair of pants?

A. He might get a hole in one.

Connie Regier, Burrton

Q. What runs everywhere it goes?

A. A watch.

Kimee Metcalf, Leavenworth

Knock, knock.

Who's there?

Dwane.

Dwane who?

Dwane the bathtub. I'm dwoning!

Deanna Lister, Sedan

Names of Kansas Counties

Which county name—

1. is a household employee?

B — — — — —

2. is a bashful girl?

C — — — — —

3. enforced the laws in early

Kansas? M — — — — —

4. doesn't tell the truth? L — — — —

5. was the doubting disciple?

T — — — — —

6. is a food? R — — — —

7. is a drink? C — — — — —

8. is a kind of heavy soil?

C — — — —

9. describes dirty water?

R — — — — —

10. is seen in the sky? C — — — — —

11. is a brand of salt?

M — — — — —

12. is a wild animal? E — — — —

13. is a cracker? G — — — — —

14. may lead to a pasture?

L — — — —

15. is a precious stone?

J — — — — —

16. is like a fish? F — — — — —

17. is a car? F — — — —

18. is a brand of towel?

S — — — — —

19. is in a hurry? R — — — —

20. cuts your hair? B — — — — —

Answers are on page 13.

Ice!

The night of December 3 last year, raindrops turned to ice as they reached branches, wires, the ground; they froze on whatever they touched. Then the wind blew, and as the ice grew thicker, branches broke, wires broke, and heavily burdened utility poles broke too.

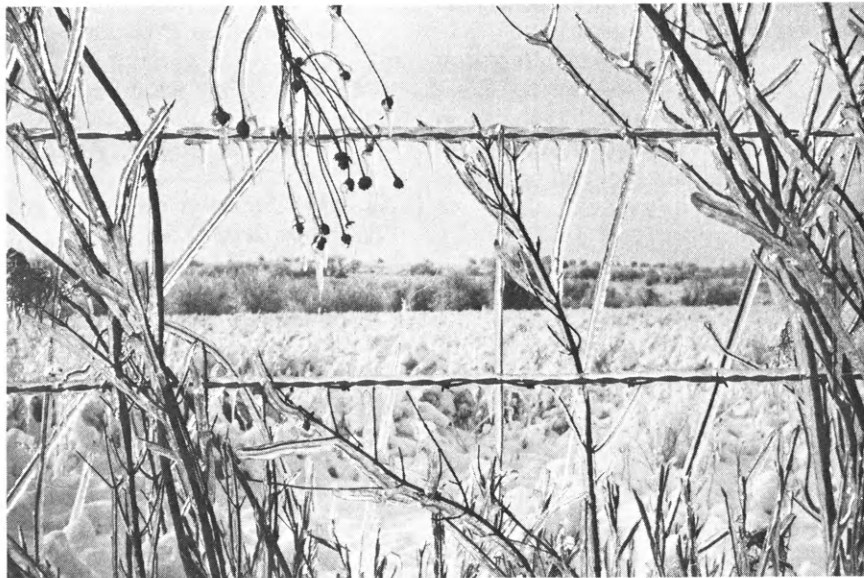
Electricity, like water, is so much part of life that it is taken for granted—and it was missed like water when the well runs dry when hundreds of Kansans flicked their light switches the morning of December 4 and no lights came on.

"The first day, people seemed stunned," one 4-H parent said, "but soon began to search for generators, heating stoves, lamps, and other ways of coping."

In Barton County on a farm west of Great Bend, for three days the Victor Koelsch family cooked on a camping stove and used a kerosene lamp for light. They were able to operate their heating system manually, and those who slept in unheated rooms rolled out their sleeping bags. Sandy, a member of Busy Buzzers 4-H Club, wrote, "We were constantly melting snow and every where we went we took thermos jugs and milk cans to fill them up with water. In the evenings, we did a lot of card playing."

They heard "a report of a man in town who sat his ice cream in a snowbank to keep it from melting. The next day he went to get it and all he found was a bunch of little-kid footprints and an empty box."

The Clark Blockcolsky family in



"Calm After the Storm" is the title of the purple ribbon winning photograph taken by John Robert Nichols, Paola.

Olsburg live in a total electric home, so they were without heat, light, water, or a way to cook. They got a wood heating stove and used it for heat and to cook on.

An electrician, Mr. Blockcolsky put in long hours helping install and start generators and stringing up down lines in people's yards.

Martha, Doris, and Lyle Blockcolsky are members of Olsburg Boosters 4-H Club, Pottawatomie County.

Water for drinking, laundry, and bathing had to be hauled 12 miles from Seneca for the Leslie Drogas, a Lucky Shamrocks 4-H Club family in Nemaha County. They had a space heater which they used for cooking — well, sort of cooking — the white of an egg would firm in a half hour in an iron skillet. Water for the cattle was dipped from a dug well.

"Most of all, we missed our electric blankets," Mrs. Wayne Mills, Enterprise, in Dickinson County

wrote. "We slept in sweat shirts, long underwear and socks."

The top two-thirds of a large cottonwood tree came crashing down across their lane and they had to saw their way out to leave the farm. During the six days the Mills had no electricity, all water for livestock and household use was hauled from the city of Abilene.

Connie Mills is a member of Detroit Ramblers 4-H Club, and her sister Jan is president of Kansas State University Collegiate 4-H Club.

After the storm, clean-up and repair began. For some families, power was restored in a few hours; for others, pioneer life continued for more than a week.

For the power companies, it was a costly storm; now, five months later, they are still repairing damage.

So although the ice storm lasted only a few hours, its effects continue for a long time.



❁ Watch This Page For Ideas On Farm And Home Electric Projects

ELECTRIC LIGHT and POWER COMPANIES in KANSAS

The Kansas Power and Light Company
Kansas City Power & Light Company
Western Power Division of Central Telephone & Utilities Corporation

Central Kansas Power Company
Kansas Gas and Electric Company