# Journal May, 1970 May, 1970

The 4-H Family Magazine





# FREEZERS ARE YOUR BEST BUY



#### Journal

Vol. XVI, No. 5

May, 1970

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#### "I Am An American"

"I am an American," . . . Is this an awkward statement to come from a teenager? I feel very definitely that it is not. I am an American and will very proudly say so.

The United States of America is one of the greatest nations of this world. How did it get to be so great? If we were to single out the most important reason, it would probably be that our nation was founded on the highest principles of human freedom. In the Constitution of the United States of America, our forefathers declared that, "All men are created equal, and are endowed with certain, unalienable rights by their Creator, among these are life, liberty, and the pursuit of happiness, and that to secure these rights, governments are instituted among men, deriving their just powers from the consent of the governed." In simple terms this is saying that each and every man has the right to live, be free, and to do what makes him happy, and that from the people those men are chosen who run our government. Based on these noble principles, the United States of America has developed into a nation of free people.

To be an American means many things. Americans are free to speak and think what they believe and to worship as their consciences dictate. They can demand the protection of the law and expect to receive a fair trial, if accused of a crime, by a jury of their peers. We are free to move about anywhere in our country-free to own property and to choose our own way of making a living. I quote Thomas Jefferson, "The God who gave us life, gave us liberty at the same time." These are the principles, the thoughts, the ideals, of the men who established our way of governing the new country, America.

Sharon Schartz, 16 year old Pawnee County 4H member, tells it like she sees it. The Kansas 4H Journal welcomes editorial comment from readers.

America is worth working for. To be known just as an American is not enough. One must constantly strive to become a better American. Certainly every American has the right to the freedom of speech, the freedom of religion, freedom of thought, freedom from oppression. These rights are ours . . . until they impose upon the rights of another. One's rights end when they are injurious to the health or well-being of our fellow American's. By this I'm saying, Sure, the hippies are free, just as you and I are free, they legally have the right to protest. But, this right must be forfeited when they protest by hurling rocks at police, damaging and destroying public property, and delaying or hindering the movement of our free and innocent public. We the people must not tolerate the forfeiture of our rights, just to satisfy the wrong-doings of a few. America is worth working for.

It is often difficult for Americans to realize the true value of our democracy. It is difficult to have even the slightest conception of what life in a communistic country would be like. In the countries of East Germany, Russia, and Cuba, one cannot even drive around his own section of town without arousing suspicion of a government informer who lives next door as a neighbor. Can you imagine having to seek the permission of the government before moving from one house to another, right in your own city? We truly must be thankful that ours is a democracy. America is worth fighting for. We are now fighting a tragic war in Vietnam. We are fighting this war for three reasons: (1) to preserve our freedom, (2) to prevent the spread of communism, and (3) to secure the freedom of the oppressed people in Vietnam and other communistic countries of the world. We are proud of the boys fighting and dying to secure these ideals for us. We must recall the words of Abraham Lincoln

(Continued on page 12)

#### OUR COVER

4-H members use their heads, hearts, hands and health in the clover on the cover. Doug Higginson, Parsons, gives a talk at regional club days. Members of Wildcat 4-H club, Riley County, begin their meeting with the

flag salute. Michelle Press, Manhattan, uses her hands to make life pleasanter for hospital patients, and Diane Dempsey, state award winner in the horse project, makes a quick turn around the barrel.

#### Miss Teen-age Central Kansas says:

#### Cleanliness a key to beauty

A former 4-H member is reigning as Miss Teen-age Central Kansas. She is Marlene Sellberg, the daughter of Mr. and Mrs. Marvin Sellburg, rural McPherson. As Miss Teen-age Central Kansas, she was presented to the Kansas Senate and House of Representatives, participated in McPherson's centennial, presented awards at the Junior Livestock Show, Wichita, and has appeared on television.

In addition to these and other duties as Miss Teen-age Central Kansas, Marlene keeps up her studies as a high ranking senior at McPherson High School, plays French horn, sings in the mixed ensemble and is feature editor for the school newspaper. Community activities include working many hours as a candy striper in the local hospital, teaching Red Cross swimming lessons, and taking part in her church choir and youth groups. She also worked as an elected com-



Marlene Sellberg
Miss Teen-age Central Kansas

mittee woman toward city-county government day in McPherson.

When Marlene was pianist and

recreation leader during her 4 years as a 4-H member in Mc-Pherson County, she felt "every meeting was a challenge to try to do something different." She also comments "The county and state fairs were exciting and I can still remember how I worked to perfect my entries."

Asked for ideas to help young-

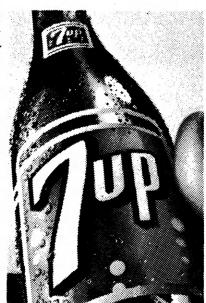
Asked for ideas to help younger girls, Miss Teen-age Central Kansas suggested that attaining poise is "kind of like running a race—keep your head up and watch where you're going and you'll make better time. The key to a good appearance is cleanliness. Start with a clean, shining face and the shining smile will come easier."

Plans are in progress for this year's pageant, and in September at the Kansas State Fair in the grandstand Marlene will place the crown on the head of another young Kansas beauty, the next Miss Teen-age Central Kansas.

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#### Star Farmer was 4-H'er

The Kansas Young Farmers' Star Farmer of 1970 is Don Martin, Clay Center, a former 4-H member whose 4-H training was a prelude to his farming today. He remembers as a highlight of his 4-H experiences the week spent at Hutchinson when his purebred Chester White hog won a blue ribbon at the state fair; now the Martins feed out 600 head of hogs a year.

They also finish up to 1000 head of feeder cattle a year, raise 600 acres of milo, 200 acres of irrigated corn and 265 acres of wheat. Other crops are alfalfa and pasture. This large farm enterprise calls for managerial ability, and this is the basis for the Star Farmer award. Choice of the person honored by winning the award was made by evaluating records of their farm business.

Record keeping is an important skill learned from 4-H work and essential in farming today. When you are a young 4-H'er, Don pointed out, "you don't realize those records are so important." Don gets help in this area from his wife Lois who does much of the record keeping for their farm. They met when she was teaching home economics at Clay Center High School.

Don remembers when he was a member of Grant Go-Getters 4-H club, Clay County. It was an active group, including all the children in the community, with a "terrific leader, Mrs. Leroy Henry. She made the whole club a success and the kids would do anything for her. We had one of the top clubs in the county."

The Martins' oldest daughter Francine is 8 and Don says he "can't wait" until she will be a 4-H member. He hopes his 6 children will belong to 4-H because "I enjoyed it so much I think they should. I'll enjoy being involved in 4-H again."

In addition to being in 4-H work, Don went out for football when he was in high school. He was named to the high school all-American team and played at Kansas State University for four years. He comments, "This was just another of those activities I put myself to. If you're determined and want something badly enough you can attain it."

The Star Farmer of Kansas suggests that young people to-day should appreciate what their leaders and parents have done for them. He has this advice to give: "Get involved in something worthwhile and make your time count." As a successful farmer today, Don makes his time count.



Pottawatomie County 4-H'ers in the Blackjack 4-H club meet monthly for training sessions for the horse project.

#### Blackjack 4-H'ers learn about horses

By Doris Hubbard Blackjack 4-H club reporter

The Blackjack 4-H club, Pottawatomie County, has been busy this year with the horse project. The 14 members have been meeting monthly for training, promoting safety, and learning the parts of a horse.

In March we attended a live training show by Mike Vernese, a well known horse trainer here. Mike used four different horses for his demonstrations; a colt, a 2 and a 3 year old and an 8 year old. He kept the crowd of 36 4-H'ers and parents interested for  $2\frac{1}{2}$  hours. Our thanks go to Mr. and Mrs. Mike Vernese.

Afterward we met at the home of Mr. and Mrs. Bill Mc-Master and viewed the film "Youth and the Quarter Horse." The film was obtained from the State Extension office.

Several trail rides and a shodeo have been planned for the members this summer. A lot of good sportsmanship and fun will be found on the trails around the Blackjack area. So saddle up, pardner, we'll see you on the trail.



Feeding Hereford cattle is one of several enterprises on the Don Martin farm, Clay County. Don is Kansas Young Farmers Star Farmer of 1970.

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## I had a dream

Project Talk by Georgina Hottman Happy-go-lucky 4-H club, Jackson County

In order to have a good 4-H project you must be interested in learning all about your project. You should attend all schools of instruction from your club leader and your county extension agents. Also, go to judging schools and observe the differences. Decide on a goal to dream of.

My dream was to see my white Shorthorn steer become county champion. I had a regis-Hereford heifer also, tered which had purebred qualities,

As I'm only 13 years old I worked hard with both my good quality animals in order to compete with older 4-H'ers to show in large fairs.

As I approached the county fair I came with confidence and was proud to show them. I had each animal obeying my instructions. They had been fed the finest ration for nearly 10 months. They were both looking their best. Well groomed, hair trimmed, tail fluffy, face lifted, we walked together to be judged in the arena.

We passed ahead of many good calves. At last both were pronounced champion.

My goal now was to go to the Mid-America Fair. We won honors there, also. I was asked to show at the Amercan Royal in 3 weeks.

I really worked hard the next



Mrs. Art Maltas receives a plaque from the Hanover 4-H club in appreciation for her years as their former club leader. The ceremony was part of the blue ribbon model meeting given for Washing-ton County club days. Mary Leis is president of the Hanover club.

3 weeks to keep them in trim. The steer was to put on 70 pounds more flesh for the heavyweight class, the heifer not as much fat. I walked them and groomed them every night.

The day came. We were on our way to the American Royal to compete with other states. My heifer took seventh place among 19 state exhibitors.

My white champion steer, so muscular and obedient, had to wait outside to be screened by 4 judges before entering. Many were turned back to market for lack of quality. I wondered, can he make it to the inside arena?

I was so excited when the judges said "Weigh him up." How proud I was when I showed him in the ring! He took sixth place. He was chosen 1 of the top 20 to be in the night parade, a special event. Under the spotlight in the parade were the finest quality beef steers in America. The 4-H exhibitors received applause as they returned to the ramp.

The next day I had to sell this prize winner at the auction, for a 5¢ premium per pound.

What sadness came over me when the auctioneer said "Sold!" The gate opened and my steer went into a world beyond.

To summarize my project talk, buy a good quality calf. Feed good protein. Talk and plan with your parents about your project. Observe calf daily for signs of sickness; if necessary, treat with modern medication. Have confidence. Have a goal and try your best to reach it.



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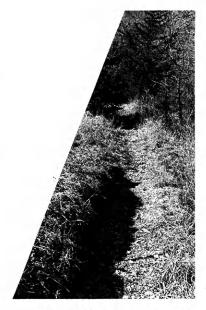
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## Invitation to summer fun

Trees are bare and work is in progress as this goes to the printer, but when time for summer camping comes, Wa Shun Ga, the 17 acre addition to Rock Springs Ranch, will be ready for Kansas 4-H'ers. Operating as a self contained unit, the Wa Shun Ga area, bought last year by the Kansas 4-H Foundation, is nearly filled for the 1970 summer season. Campers here will enjoy boating, archery, outdoor

sports, crafts and a modern swimming pool.

Considerable effort has been given to the preparation of Wa Shun Ga by the state 4-H center staff, according to Bill Riley, associate director of Rock Springs Ranch. "Definite long range development plans for this area have not been announced," he said, "but tremendous opportunities should be available for this uniquely beautiful facility."



This path may lead to new adventures for 4-H'ers at Rock Springs Ranch.



This bridge leads from the island to the council circle and archery range.



Friendship Lodge provides a summer home for the Wa Shun Ga staff.



The cottages will house 144 campers for the summer season.



This new road will allow food delivery from Williams Dining Hall.



Waiting for the boats??? In the distance, the new headquarters building is waiting for summer. Another building at Wa Shun Ga is the conference hall which will accommodate 250 people, and will be used for indoor recreation.

# Good citizenship is a challe

# Thinking

#### Citizenship and 4-H

by Patty Busse, Bird City A State Citizenship Award Winner

The citizenship project is very rewarding and is important in 4-H work. You use what you learn not only now but for an entire lifetime and it involves not only you and a minority of people, but every single person in the world. The habits you form now relating to this proj-



**Patty Busse** 

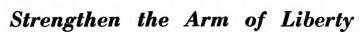
ect while you are young will help or hinder you in every step in life.

Citizenship is not just on the national level but also being a good citizen at home and at school.

I have listed some of the objectives of this project that I have tried to follow. To try to do the best at all times, practicing honesty, courtesy, and good sportsmanship; to get along with others, respecting their rights and duties; to regard duties and obligations in our nation as privileges; to help others become better citizens; to know about other countries, and to learn about my government and my country.

I feel citizenship begins with me. Each one of us has an important part to play. Each of us has a mind and our own country

needs this mind.



by Joanne Maring, Cheyenne County From a citizenship talk

In strengthening the arm of Liberty in making tomorrow, dream some dreams for our children and those after us. We will need vision. No person has done anything great or good without powerful dreams; dreams are powerful agents. If our thoughts are commonplace, our lives shall be commonplace, our achievements commonplace and our tomorrow commonplace.

The soul, said Marcus Aureluis, a Roman emperor of 161, A.D., is dyed the color of its thoughts.

No vision and we perish; no ideals and you are lost.

Your heart must ever cherish some faith, at any cost.

Some dreams, some hope to cling to, some rainbow in the sky,

Some melody to sing to, some service that is high.

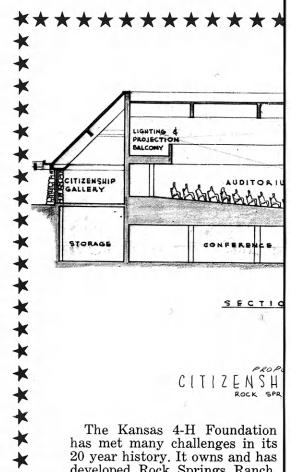
Challenge calls for achievement.

The will to achieve took Charles Lindberg in his little plane across the first flight of the Atlantic. The same spirit of determination launched Colonel John Glenn in his first orbit of the earth and this spirit took men to the moon. It will take men to vast reaches of space.

\*\*\*\*\*\*\*\*

We must have self-confidence. Believe in oneself, but study. think, prepare and discipline oneself as well.

Even so, it is dangerous to believe in ourselves unless at the same time we believe in something beyond ourselves. We must have faith in God.

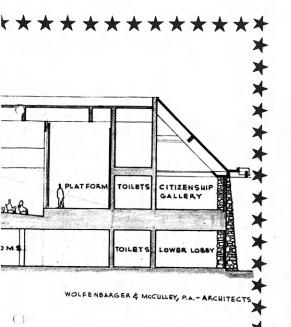


The Kansas 4-H Foundation has met many challenges in its 20 year history. It owns and has developed Rock Springs Ranch, which last year was host to more than 18,000 persons, and which over the years has increased in value from \$22,500 to \$1,500,000. The Foundation publishes the Kansas 4-H Journal, this family 4-H magazine, unique among publications in all 50 states. It sponsors 4-H international programs so that Kansas ranks as one of the most internationally minded states.

Now the Kansas 4-H Foundation has another dream, another challenge—possibly the most important in its history. This is to build a Citizenship Center at Rock Springs Ranch—a place for teaching, because although we are born free citizens in a free country, becoming a good citizen must be learned and prac-

In this Center will be taught

# ge for today and tomorrow



CENTER

the historical background of our great American heritage, the basics of freedom, the demands on each of us as good citizens, if we are to stand as a great nation.

Courses will be designed to point out ways to bring about necessary changes without the loss of our basic freedoms.

The average young American is basically sound. But, he must learn of his heritage—the principles which made America great—belief in God—honest work—freedom of choice — and that with freedom comes responsibility.

The architect's drawing above shows what the Center will provide—an auditorium where groups can meet for information and inspiration; a gallery for exhibition of great documents and records of citizens, past and present, which shape our country for good; and rooms for small discussion groups.

# Doing

The end of her nine years of 4-H work had special meaning for Juanita Gertsberger last fall when she received the God-Home-Country award. Basis of the honor was leadership in church as well as in 4-H. Juanita, a 4-H Key award winner, had served Pleasant Boosters 4-H club, V Valley Wichita County, in a number of local offices and was vice-president of the county 4-H council. She represented Wichita County in a Youth Leadership Camp in Liberty, Missouri, and was in the state style revue. In her church she was secretary-treasurer of the youth group and was a member for four years.

Father George Mueller and Mrs. Bernie Kreutzer, president of the St. Anthony's Altar Society, presented the award to Juanita. She says, "This day meant a great deal to me."

The God - Home - Country award is given by the National Catholic Rural Life Conference and by the Lutheran Church to worthy 4-H members, who fill out specified forms and meet requirements. To learn more about this award, ask your local priest or minister.

Taking part in another kind



4 H

Four members of Rochester Heights 4-H club served as pages in the Kansas House of Representatives. They are, front row, left to right: Kathy Miller, Kathy Nash, Paula Miller. Standing is Richard Henoch.

of citizenship activity were four older members of the Rochester Heights 4-H club, Shawnee County, who were pages in the Kansas House of Representatives this session. They were Kathy Miller, Kathy Nash, Paula Miller and Richard Henoch, who served under the sponsorship of Representative Wallace Buck,

If you wish to learn about our state government by working as a page in the legislature, Richard D. Rogers, state senator from the 15th district, explains how to go about it. If you are in junior high or high school you can apply by writing to your representative telling him you wish to serve as a page and asking if you may do so. If you are a boy and wish to be a Senate page, write to your state senator. Girls who wish to be senate pages are to write to the lieutenant governor. You will receive an answer telling if there is a time when you can be a page and giving you your instructions. Write your letters in December so your representative or senator will have your application before the session begins and will more likely be able to find a time when you can serve. Pages work two days and later receive a check from the state of Kansas for their services. Often they have an opportunity to visit the governor's office and to see interesting things in the capitol building.

In addition to learning about our own country, good citizens learn about other countries, also. Among Kansas youth going abroad this summer will be five 4-H teen caravaners. They are Roseanne Richardson, Kinsley, to Austria; Janis Pritchard, Pratt, to Italy; Roetta Floyd, Johnson, to Spain; Gwen Huck, Scott City, to Norway; and Bernard Reinert, Ensign, to Denmark. This is just one of several areas of the 4-H international program.

# IDEAS & News

When Mapleleaf 4-H club members won a blue ribbon for their play "The Fraidy Cat" at regional club days at Ulysses they were especially pleased because nearly all are young and several are first year members. Shelly Timmons received five blue ribbons.

This busy club in Stevens County also put up two window displays recently in the Hugoton Chamber of Commerce window, one about eating a good breakfast and one about safety. Called "The Safety Round-up", it showed large horses with riders driving other horses, each with a safety slogan taped to his side. The Mapleleaf Rustlers also put up a billboard at the north edge of Hugoton for National 4-H Week.

Roll call was "My Birthday" at a recent meeting of the Glenwood 4-H club, Leavenworth County. Parents as well as members answered roll call in recognition of parents' night.

Curtis Wiens and Bob Martin presented a team demonstration about table manners at the March meeting of the Kansas Jayhawks 4-H club, Harvey County.

Wanda Wilkerson is president of the recently organized Morris County horse club. Other officers are vice-president, Vicky Alexander; secretary, Gary Gieswein; reporter, Suzanne Muller. Plans were made for riding instruction, trail rides, judging schools and horse shows. Jake Jackson, a former trainer, told of his experiences as a trainer in Kansas City. Sponsors are county horse project leader Kenneth Muller and Dean Davis, county Extension Agricultural Agent.

At each meeting of the Lucky 13 4-H club, Harvey County, a member gives a report about an article from the Kansas 4-H Journal. Mrs. Ed Stahl, Jr., is club leader.

Round-up delegates elected by the Sedgwick Sunflower 4-H club, Harvey County, are Jolene Grabill, Robin Greason, Paul Challender and Jerold Jost. This club observed 4-H Sunday April 26 with a vesper service.

Highland and Sedgwick 4-H clubs of Harvey County had an exchange meeting in April. Each club had separate business meetings and then gathered together for the program, recreation and refreshments. The fun was enjoyed by all.

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## Man's priceless possession

By Elaine Geist

Editor's note: One evidence of good citizenship is a sense of responsibility for conserving earth's resources; a wish to leave, as Dwight D. Eisenhower said, "a piece of ground better than I found it." Elaine Geist, a 14 year old high school freshman, writes about ways to conserve one of the earth's most valuable resources in an essay which won first place in state competition. Elaine is president of Solomon Valley 4-H club in Ottawa County.

Soil, one of the most valuable resources of the earth, is a price-less possession. Without it man would not have food to eat, clothes to wear, wood to build a house, nor grass and flowers to enjoy. All life depends upon fertile soil. Plants need soil, animals need plants, plants need water, and man needs all of them. Therefore, it is important for everyone to learn about soil and the wise and proper use of it.

The pioneers cut trees and plowed grasslands to plant food crops. The rich prairie soil provided crop after crop with plen-

tiful minerals. As the crops were harvested the minerals were taken from the soil. Slowly the soil's fertility declined. Plowing furrows up and down the slopes made channels down which water ran. The run-off water cut deep gullies and carried the rich top-soil into streams and eventually into the ocean. In areas of high rainfall, topsoil was slowly filtered of its valuable minerals and organic matter, too. After the soil was no longer productive, the pioneers moved further westward and found new lands to plow.

Today farmers can get the help of trained men from the Soil Conservation Service. The soil conservationists recommend proper soil management plans for the farm. By following these plans the farmer can use the different kinds of land on his farm to the best advantage. He can fertilize to replace lost soil nutrients, plant vegetative cover to prevent erosion, and rotate crops to preserve soil fertility.

He can farm on the contour to prevent erosion of soil from slopes and he can build terraces to move excess water from the fields slowly. He can construct grass waterways to provide channels for run-off water. He can build ponds and reservoirs to collect and store run-off water and hold it on the land for flood prevention and future use.

The rapidly increasing human population is putting increased demands on our limited resources. Soil erosion is still claiming some of our precious croplands. But conservationists are working to eliminate waste of natural resources. Conservation programs are directed by trained men with modern knowledge and methods. Their goal is "to obtain from our resources the greatest amount of good, for the greatest number of people, for the greatest period of time." If every man works toward this goal, he will be doing his part toward conserving his most priceless possession, soil.



A float, shown at left, representing the carpenter shop where Jesus learned carpentry from Joseph, won \$100 and the authenticity trophy in the annual Biblesta Parade for the Humboldt Eager Beavers 4-H club. The club chose to give the \$100 to the National 4-H Foundation, as it is to be given to a worthy cause. The money will go to the 4-K program in Kenya, Africa, to buy books, seeds, tools and supplies. Club members and leaders are shown below with one member holding the trophy and another presenting the check for the National 4-H Foundation to Mr. J. Harold Johnson, executive director of the Kansas 4-H Foundation. The Humboldt Eager Beavers 4-H club is in Allen County.



#### **Opportunities**

Many opportunities exist for 4-H members in Kansas to learn about citizenship.

The most exciting, probably, are the Citizenship Short Courses in Washington, D.C. in July and August. About 80 young Kansans will go to these. They will see Congress in action and visit some government offices. Tours of historic places are also on schedule. Deadline for applications in your county Extension office is May 4.

Kansas Farm Bureau sponsors other citizenship training. Juniors and seniors in high school may apply for citizenship camp at Rock Springs Ranch in June. Classes and lectures with outstanding speakers from all over the country are on the program of the annual camp.

Farm Bureau also co-sponsors a private enterprise forum in the fall, along with the Kansas Bankers Association and the state Chamber of Commerce. The two day forum explains the free enterprise system and discusses its problems; it is open to all interested persons.

A new opportunity for learning will be an Economics in Action short course at the Wa-ShunGa area of Rock Springs Ranch July 5 through July 10 this year. About 20 counties will send one adult leader and teams of four or five 4-H members ready for their senior year in high school to the conference.

E. L. Hazlett, KSU Economics Department will be program director. The program will include field trips, movies, talks and discussions.

This is the first such economics course planned for Kansas. Sponsors are the Kansas 4-H Foundation; Economics Department of Kansas State University; State 4-H Club Department, Division of Extension; and the Kansas Council on Economic Education.

Also, you can learn about your country by using study guides about government which you can get from your county Extension office. These help you to study about township, county, city and special units of government and about political parties and elections.

#### Have You Said

To Your

#### **4-H Journal Sponsors?**

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Central National Bank, Junction City First National Bank, Junction City KINGMAN

C. R. Calvert Company, Kingman LINN

Bank of Pleasanton, Pleasanton Centerville State Bank, Centerville Farmers & Merchants Bank, Mound City Farmers State Bank, Blue Mound First State Bank, Pleasanton Linn County Bank, LaCygne Prescott State Bank, Prescott

#### MEADE

Plains State Bank, Plains MORRIS

Farmers Cooperative Assn., Alta Vista Farmers & Drovers Bank, Council Grove Flint Hills Rural Electric Co-op Assn., Inc., Council Grove
Hunter Sales Company,
Council Grove
Mor-Kan Grain Company,
White City
Morris County Farm Bureau Assn.,

Council Grove

#### NEMAHA

Farmers Cooperative Elev., Sabetha Farmers Cooperative Liev., Sane Farmers Elevator Co., Seneca Wittmer Grain Co., Sabetha Lortscher Grain Company, Bern C-G-F-Grain Co., Inc., Oneida Pallesen Grain Co., Inc., Goff

Harris Mobil Homes, WaKeeney Mai Oil & Fertilizer Co., WaKeeney Schreiner Oil Service, Ogallah Thurman Chemical Company, WaKeeney Utica Grain Company, Utica

#### I Am An American -

(Continued from page 3)

November 19, 1863, at the dedication of the National Battlefield of Gettysburg. In the midst of the bitterness and troubles of war, Lincoln was able to capture in a few, unforgettable words, the highest ideals of our democracy when he began, "Four score and seven years ago . . ." These are the same principles that apply to the war which we are now fighting and the many wars which have been fought.

All of this, the work and the play, the joy and the tragedy, is our America.

We can help to build a better America in four different ways.

1. With our heads-we can make a pledge to ourselves, and our fellow Americans, to use our heads, and think clearly before we speak or act. One may ask himself, "Will I, by my actions, harm or destroy the rights of another?"

2. With our hearts-we must remain loyal-loyal to the representatives whom we choose. The right to vote comes at the age of 21, it is one of the greatest rights one can ever achieve. By our vote we elect the men who run our government and we must remain loyal to the decisions which they make for us.

3. With our hands-we can help the poor, the uneducated, the very young, and the very old. As the late President John F. Kennedy said, "Ask not what your country can do for you, ask what you can do for

your country."

4. With our health-as Americans, we are pledged to preserve our health in order that we may be physically able to serve, when called upon, our community, our country, and our

I AM AN AMERICAN. I say this proudly, can you?



State award winner in 4-H people-topeople project for the past year, Shirley Reusser, Viola, is honored at the recent Kansas 4-H International Feast at Kansas State University. Shirley, a member of the Sedgwick county Ninnescah Valley Club, received a trip to the Feast as a guest of the Kansas IFYE Alumni Association. Hal Judy, Hutchinson, an IFYE to Luxembourg in 1961 presented the certificate given to the state award

# IDEAS & News

Town Toppers 4-H club members, Harvey County, enjoy cooking. At one recent meeting they divided into 3 groups and each made a different kind of candy; at another meeting each of 3 groups made a different pudding.

Bluestem 4-H club, Butler County, has 4 new members. They are Tanis Moreland and 3 members from one family, Shaun, Kerry and Mike Mulvaney. Welcome to 4-H!

Some club projects chosen for this year are conservation by the Swinging 4-H'ers club, Saline County, and health by Lucky Clover 4-H club, Leavenworth County.

Happy-go-lucky 4-H club, Jackson County, received top blue on its model meeting and later took part in regional club days at Effingham. The club recently contributed to funds for cancer, heart and retarded children.

A ski trip for 19 4-H members and 5 adults followed a carnival organized by the Stanton County 4-H Council. The trip to Idaho Springs, Colorado, in late March was great fun for those who went. The carnival also was fun, and created interest among 4-H members, gave them a chance to organize a different type program, and also gave them a chance to learn to work together as a group and as individuals, according to Roy D. Ford, County Extension Agricultural Agent.

The citizenship center to be built at Rock Springs Ranch was cited recently on the radio commentary Life Line as a place to "provide inspiration for good citizenship and teaching opportunities equal to any in the land." The program also quoted **Dr. Glenn M. Busset**, state 4-H leader, as saying "The entire concept of 4-H work is built around the idea of citizenship development based on economic projects and participating citizenship through a developing consciousness of the individual's role in a democratic society."

"Pickles" a comical reading by Wilbur Sauerwein, highlighted parents' night for the Highland 4-H club, Harvey County. Parents put themselves in the shoes of their offspring by fulfilling the offices and duties of the club, Evelyn Hedrick, reporter, tells us.

Five hundred bookmarks with the 4-H health seal and the words "See your doctor and dentist in 1970" were placed in the Pratt Public Library by the health committee of the Richland Rustlers 4-H club, Pratt County. Chairman of the committee is Nancy Marteney. Others who worked with her to make the markers are Kenna Giffin, Deb Greenstreet, LuJean Monaghan, Linda Norris, Helen Ford, Ruth Norris, Steve Marteney, Chuck Lewis, David Gossett, Sheryl Gossett, Valeta Hughs, Leisa Stonestreet and Carla Lawrence.

There's a new riot in Dickinson County, according to reporter Lisa Gaskill. This one has a name, Robin Ann, and is the daughter of Mr. and Mrs. Larry Riat. He is Dickinson County Extension 4-H Agent. Congratulations!

Officers for the 1970 Hodgeman County 4-H council are Gary Davis, president; Jamie Jarnagin, vice-president; and Bill Glunt, secretary-treasurer. Sponsors are Dorothy Duerksen and Don Dauber, Extension agents.

Rabbits were the subject of two demonstrations in Saline County recently. Luke and Brian Lindsay demonstrated to the Brookville club how to hold a rabbit, and Lori Wesley showed points to know in picking out a 4-H rabbit. She is a member of Gypsum Valley 4-H club.

Lieb 4-H club, Labette County, gave \$204.00 to the heart fund with money earned by sponsoring a fun evening at the community center at Edna. The main attraction of the evening was three basketball games, played by four 4-H basketball teams and two adult teams. 4-H chairman of the event was Kent Cooper.

#### Solutions

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ANSWERS: 1-plant, 2-pleat, 3-pilot, 4-pivot, 5-pullet, 6-puppet, 7-prompt, 8-priest, 9-parent, 10-planet

George Blush demonstrated to the Silver Lake 4-H club, Shawnee County, how to make an egg candling lamp and how to candle eggs.

Candy made from potatoes in honor of St. Patrick's Day was a treat for members of Friendly Valley 4-H club, Saline County. Kirby Reed told how to make potato mints.

Members of Wilsey Busy Bees 4-H club in Morris County have been quite active the first six months of the 1969-1970 club year according to reporter Gregory Gieswein. They initiated 5 new members, Gwen Parks, Ja Nell Phillips, Robin Stiver, Steven Johnson and Allen Corvin. The club had several entries at 4-H Day at Council Grove; Denise Richardson won top blue on her demonstration. The band ensemble received top blue there and also at regional club days at Madison. In the band ensemble are Jolene Carl, Michael Tischhauser, Greg Gieswein, Denise Richardson, Cindy Phillips, Tony Carl and Kevin Gant.

Square dancing is big with the Glittering Stones 4-H club, Cherokee County; 26 of the 32 members are in square dancing and perform for 4-H days, school programs and just for fun. Their club project is safety; they made 32 safety posters and displayed them in store windows. As a community service, the members sold fire extinguishers at cost. Mrs. Robert Schultz is community leader.

Add to the list of active 4-H families the Virgil R. Andersons, Kensington. Six children, Paul, Ken, Lea, Larry, Gloria and Tim are members of the Busy Bees 4-H club, Smith County. Paul is vice-president. Garden exhibits brought purple ribbons for Ken at the state fair in 1967 and 1969. The four oldest are junior leaders and have been county winners in various projects. All six were on the honor roll at school the past six weeks. Mrs. Anderson is the local foods leader, and Mr. Anderson is a minister.

Making a contribution to health in Hodgeman County are members of Silverlake Hustlers 4-H club. They collected \$205.66 for the Heart Association. In addition, they sponsored placing the doll "Resusci-Annie" in the grade school and high school at Jetmore. She is a life size doll made so an individual can learn how to give and practice mouthto-mouth resuscitation. More than 200 students practiced on Resusci-Annie, according to Gary Davis. Community leaders of Silverlake Hustlers are Mr. and Mrs. Jack MacNair.

# Family Fun Page

Boy: I am stronger than Tar-

Other boy: Why?

zan.

Boy: I don't scream when I beat my chest.

Q. What did Matt Dillon die of? A. Dodge fever.

Lori: What grows up as it grows down?

Darrell: I give up. Lori: A duck.

Zaggy: Why did the three little pigs leave home?

Ziggy: Their father was an awful boar.

> Sheryl Marks Newton

County fair! It's a big event for 4-H'ers, their parents and leaders. How do you get ready for the fair? What do you do to prepare your exhibit for showing? Do you get all your records up to date?

Write a short letter about the subject, "How I get ready for the fair" and mail it to the Journal before June 20. For each idea or letter we use, the 4-H Journal will send to the writer a prize of a 32 page booklet of games for small groups.

Address your letter to Kansas 4-H Journal Umberger Hall, KSU Manhattan, Kansas 66502

#### Fun Page Answers On Page 13

Q. I have no feet, but I go to and fro. What am I?

A saw.

What key is hard to turn? A don-key.

What is the end of everything?

The letter g.

Spell hard water with three letters.

A. Ice.

Barbara Kistler Kansas City

Do you know where Volkswagens go when they retire?

No, where? To the old volks home! Jill Cyr Salina

#### "P TO T" WORDS

Fill in the blank spaces to complete the words.

- Set in ground to grow
- A fold in cloth P - - T3. Runs an airplane
- Shaft on which something turns
- A young hen
- Doll moved by wire or strings
- On time
- 8. Clergyman
- Father or mother
- A heavenly body that 10. moves around the sun



"Cat in space" is the name of this purple ribbon picture taken by Kyle Tomlinson of Corn Valley 4-H club, Stafford County.

#### **ACROSS**

- 1. Openings in a house
- 5. How wool is taken from sheep 9. To pull by a rope or chain 10. Paintings

- 11. Part of foot
- Lamb's mother
- Very small
- American Medical
- Association
- Bonnet 17. Point, as a gun

- Make lace
  Make music softly
  Night before holiday
  Usual, normal
  Cooked in an oven, as
- meat

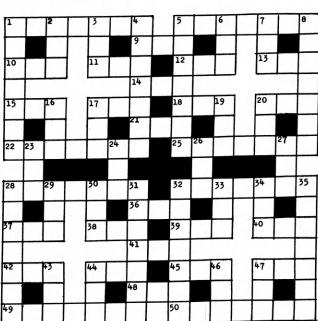
- meat
  Storm
  Flower
  By way of
  Employ
  Baby deer's mother
  Fish eggs
  Has been
  Rodent
  Friend
  Age

- Age Veiling At a distance Robert E. (general)
- Sad Country

#### DOWN

- 1. Climate
- A pecan
- Not in
- Ocean-going vessel
- Wool or nylon garment
- Bring out slowly
- Uncooked Had thoughts while asleep
- Game of touch
- 17. Everything
- A drink with meals
- Very, very warm
- Self
- Sum up
- Be in debt
- Mr. Whitney (inventer of
- cotton gin)
- Musical instrument

- Musical instrument
  Fish eggs
  Also
  Covering everything
  (2 words)
  One in business with
  another
  Golf gadget
  Just bought
  Country in Europe
  Meadow
  Little man
  Male cat
  Pleasure



#### Ten IFYEs named

Ten young Kansans have been chosen as 1970 International Farm Youth Exchangees. They will visit five continents, for periods varying from three months to a year.

Roger D. Beesley, Quinter, will be the first Kansas exchange to go to Uganda. Gary Mogge, Goodland, will visit Ethiopis for six months.

Two IFYEs will go to India; June Moundridge, and Lary Faxson, Argonia. In Europe, three exchangees

In Europe, three exchangees will visit France; Marlene Van-Gundy, Americus; Christine Erickson, Eureka; and Phyllis Roelfs, St. Francis. Mary Knappenberger, Clathe, will be a delegate to Germany.

Betty to Smith, Hopewell, will go to Benador. Karen Threlkel, Atwood will spend a year in Central America.

IFYE delegates are recommended by their counties, selected by a committee of KSU staff members, and given final approval and their assignments by the National 4-H Foundation.

The IFYE program, one segment of the international 4-H program. Is conducted by the National 4-H Foundation in cooperation with the state Cooperative Extension Services. In Kansas, the state 4-H department, ISU; and the Kansas 4-H Foundation coordinate and make possible the activity. Funds for the exchangees are provided by the two foundations and home counties of the delegates.

Since the IFYE project began in 1948 Kansas has sent 163 delegates abroad and received 326 exchangees from other countries. The state tops the list in number of persons involved in this two-way exchange.



4-H'ers in Washington County will have a new livestock building at their fair this year. The gold colored metal building has a 60' by 100' show arena in the center, with stalls for about 120 cattle at the sides. It will be available for other shows and sales as well as for 4-H events.



Gary Mogge



Christine Erickson



Mary Knappenberger



Betty Jo Smith



Phyllis Roelfs



Larry Paxson



Karen Threlkel



June Galle



Marlene VanGundy



Roger Beesley

# Round-Up Will Bring 1,000+ Teens to KSU

A week on the Kansas State University campus, June 1-5, is on the schedule for more than 1,000 teenagers. They are delegates to Kansas 4-H Round-up, an annual event.

Citizenship and career exploration share the spotlight in the program. Perhaps the most unique feature of Round-up is that each delegate has a personalized schedule for visits to two KSU colleges of his choice and approximately 12 hours of special interest sessions presented by faculty members (resident and Extension). The delegates have designated their choices on preregistration blanks.

Dr. Chester Peters, vice president for student affairs, keynotes the educational programs with a Tuesday morning address, "Our World-Our Task." George B. Powers, Wichita, a member of the Kansas 4-H Foundation Board of Trustees, is a Thursday night speaker with the topic, "What Do You Have in Your Wheelbarrow?"

Tuesday night is Talent Program Night with 4-H'ers presenting numbers selected from recent regional 4-H days. On Wednesday night KSU coaches and athletes will do a Wildcat Night program.

The traditional Round-up party is Thursday night following an appearance of the Manhattan High School Pops Choir. The Friday morning final assembly features the State 4-H Chorus and presentation by delegates participating in a drama workshop during the week.

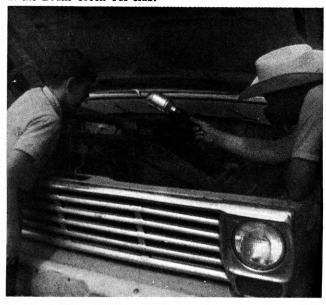
Other youth may be joining 4-H'ers in county delegations and there are no county quotas for Round-up, the largest Sunflower State 4-H event of the year.

Eight new members have joined the Shunga Valley 4-H club of Shawnee County. They're Sherie Roe, Bonnie Crow, Kathleen Kelly, Ann Bolyard, Lisa Hofmaster and Julie, Joan and Jimmie Dultmeir. Nine Shunga Valley 4-H'ers received first-year pins at a recent meeting also, according to reporter Tina Kelly.

# Electric project useful

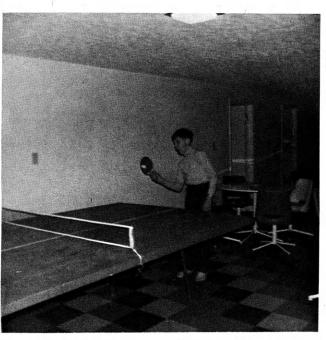


Tom Bohr turns on one of his purple ribbon winning pin up lamps he made and showed at the Montgomery County 4-H fair and the Hutchinson State Fair. He is in his sixth year in the Drum Creek 4-H club.



Looking for trouble? Tom and his dad use Tom's blue ribbon winning trouble light.

inside the house



Tom enjoys the basement recreation room which he helped wire for electricity.

and out!



Watch This Page For Ideas On Farm And Home Electric Projects

#### ELECTRIC LIGHT and POWER COMPANIES in KANSAS

The Kansas Power and Light Company
Kansas City Power & Light Company
Western Power Division of Central Telephone & Utilities Corporation