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## Journal

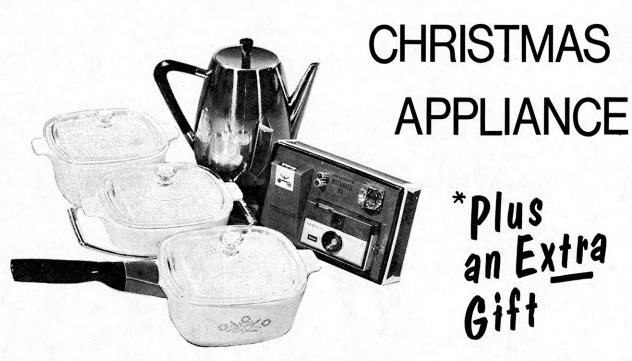
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#### Kansas 4-H Published Monthly By KANSAS 4-H FOUNDATION, INC. Journal J. Harold Johnson......Executive Director Merle Eyestone......Associate Director Vol. XIII, No. 11 November, 1967 Erna Bly.....Sec. Asst. Treasurer Jon A. Brake..... ...Editor BOARD OF TRUSTEES **Editorial and Business Office** Governor Robert Docking Honorary Chairman Phone 913-532-6621 Manhattan, Kansas 66502 Second Class Postage Paid at Lawrence, Kansas. Return Form 3579 to Kansas 4-H Journal, Manhattan, Kansas 66502. Advertising rates and circulation data on request. Group subscriptions \$1.00 per year. Individual subscriptions \$1.50 per year. Single copy 15 cents. Use of the 4-H name and symbol approved by the Secretary of Agriculture of the United States, January 23, 1951, under the provisions of the law as reenacted by Sec. 707 of the Act of June 25, 1948 Public Law No. 772 80th Congress (10 USC 797). on request. \*Advisory Member †Trustee Emeritus STATEMENT OF OWNERSHIP, MANAGEMENT AND CIRCULATION Kansas 4 H Journal November 1, 1967 Frequency of Issue: Monthly Location of Publication of Office of Publisher: Umberger Hall, Kansas State University, Manhattan, Kansas Owner and Publisher: Kansas 4-H Foundation Editor and Managing Editor: John A. Brake Circulation: Jon A. Brake Average No. copies each issue during precending 12 months Total Number Copies printed Paid Circulation Free distribution Total Number Copies distributed 20,000

#### IN THIS ISSUE

4-H Education For Adults	3
Wheat Quality Trip	7
Leaders Are Made	9
Knowing Your Animal	14
Step Up The Stairs	12
Kitchen Bowl	17
Family Fun Page	18

#### Our Cover

Our cover picture was taken by Allan Shorthill of Topeka. Allan is the 1967 State Photography Winner. He is a Senior at Seaman High School in Topeka and has been in 4-H 7 years. Allan is a member of the Indian Creek 4-H Club in Shawnee Co.

#### 4-H Education for Adults

by Glenn M. Busset State 4-H Leader

18,750 200 18,950

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Sometimes we act as if education is founded on a terminal philosophy, with the premise that the educative process stops at a given point in life. Surely it was not expected when early America established a system of "educating all the children of all the people" that an individual could be spoonfed with enough learning in childhood to last a lifetime.

Great emphasis is currently being placed on continuing education which could bring a beginning to the end of our curious contradiction in education. We have educated the child, who could not act in democracy's affairs, while we denied education to the adult, who was responsible for making the decisions that determined the national destiny. The reality is that no matter how well educated the child may be today, without the benefit of continuous education, he becomes the obsolete man of tomorrow. A responsible university such as Kansas State must provide a program of education that offers the adult the opportunity of continuous schooling for as long as he lives.

In actuality, the University now pro-

vides little known adult education programs, in which more than 11,000 adults have opportunity to learn new skills, knowledge and understandings, as well as developing new attitudes. This adult learning group represents a student body total equal to all undergraduates at Kansas State University.

These adult students are trained in leadership principles, in group dynamics, in techniques of teaching, in conducting events, in ways of working with people. They become through their educational program specialized in many phases of agriculture, home economics and related subjects.

They study booklets and bulletins, prepare teaching plans, conduct demonstration sessions and judging schools, organize community improvement programs, and work out programs for health, safety and other related improvement services.

In event you have not yet recognized these adults taking part in a fascinating educational program of self-improvement, they are the men and women who serve as leaders to 4-H members in

Kansas—in short, this is you. In striving to prepare yourself to better assist boys and girls to meet their objectives, you are preparing yourself for a better, more enjoyable life as an adult, as a more knowledgeable, participating citizen.

You have attended training schools, you have met specialists and extension agents, you have broadened your acquaintance with other men and women who are also interested in their own selfactualization. You have read bulletins, prepared teaching plans, learned skills that you would never have known, had you not become involved in this educational program for boys and girls-a program that has made it possible for you to learn new skills and knowledge as you worked with youth. When you teach another, learning becomes a permanent part of your knowledge, and your "bag of tools."

It hasn't all been easy, of course; self-improvement never is. There have been frictions and frustrations, just as there are in any learning process, but surely there have been great satisfactions and compensations. I'll bet you never thought of yourself as being part of an adult education program that would brighten and broaden your life, as well as the lives of those you touched. While you were helping others improve themselves, something happened to you, and wasn't it nice!



Cindy Hollon listens to Burt Brewer giving instructions before the show.



The eight panel members wait for the sign by operations manager Brewer to start the discussion.

Ottawa 4-H

## n The Air

by Jon A. Brake Journal Editor



Larry Cartmill watches another panel member discuss a teenage problem.

For the past three years, the Franklin County 4-H clubs have had a personal development project called "Thought and Talk."

The 4-H members meet monthly to discuss all types of subjects. Mrs. C. W. Henning, the project leader, picks the subject to be discussed a month in advance so the members can do research, and then discuss it at the next meeting.

Burt Brewer, KOFO FM Radio operations manager, attended one of the meetings because he was interviewed in the youth of Ottawa. Mr. Brewer decided the project would make a good radio program. Twice a month for the past three months the 4-H'ers have participated in a panel discussion on the designated Sunday evenings. Each panel is



Joy Bryon, Marie Cartmill and Jeanne Hazen, (L to R) wait their turn to join the discussion.



Marie Cartmill (left) gives her opinion on the question, Who should Make the rules.

made up of six to eight 4-H members of the "Thought and Talk" project. New subjects are picked for the program and the panel members give their individual opinions on the subject in question. The members are free to disagree with the other panel members and do so with tact and skill.

After the 20 minute program, two of the panel members stay at the station to answer listeners as they call in. This part of the program is becoming very popular. Many people call in to express their ideas and agree or disagree with the panel members.

Mrs. Henning said this about her teenagers, "They will respect you, if you will listen to them talk."

Thanks to this new idea in radio programing adults in Ottawa are learning to respect teenagers.

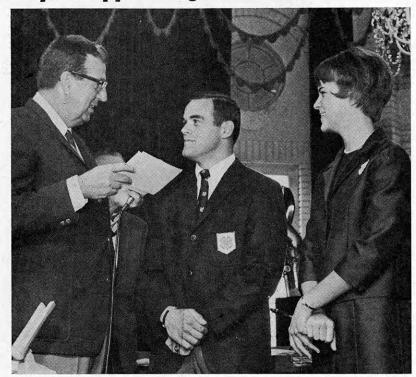


Bi'ly Merhoff, County Extension 4-H Agent is on hand to give advice.



Panel moderater Jim Bacon and Doug Smith look over the questions Jim will ask panel members during the show.

#### Mary Knappenberger On Breakfast Club



Don McNeill of the Don McNeill's Breakfast Club interviewed the 4-H Report-to-the-Nation Team on his program in Chicago. Pictured left to right are: Mr. McNeill; William Stephenson, Tennessee; and Mary Knappenberger, Kansas. Other members of the team not pictured are: Carol Whitaker, Conneticut, and Enid Schlipf, Illinois.

The Breakfast Club program is aired on 450 stations throughout the United States, plus additional stations of the Armed Forces Network.

#### Make Trash Containers

As a community beautification project, members of the Detroit Ramblers 4-H Club of Dickinson County made eleven barrels for trash containers. The barrels were presented to the Central Kansas Free Fair board for use around the fair grounds at Abilene. The boys shown with the completed barrels are from left to right: Loran Luthi, Mike Womochie, David Mills, Curtis Stoffer, and Paul Elliott.

#### Community Service

The Nearman Busy Bees of Wyandotte County participated in a community service project Saturday (September 30) when they picked up litter along two miles of North 55th Street. Two pick-up trucks full of trash were picked up and disposed of in a proper place.

#### 4-H'ers On Radio

First year 4-H'ers, Pat McCusher, Arletta Unruh, Cheryl Kochn, Tim Unruh, Joy May, Erica Treesh, and Jeff Power, were on KJRG Radio in September. Junior Leaders, Mary Wedling and Wanda Stein, interviewed the new members by asking them questions relating to their projects and how they liked 4-H work.

All 4-H'ers in the program were from Harvey County.



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## Wheat Quality Trip Winners Named

Cooperation of other Kansas organizations in the 4-H Club program is brought to the fore each fall when the Kansas Wheat Commission sponsors an educational trip to study wheat shipping facilities in Texas Gulf ports for 4-H members with outstanding accomplishments in wheat production and marketing. This tour is on the November 1 to 4 schedule for five Kansas 4-H Club boys.

The four state award winners in the 4-H wheat quality program, announced by Dr. Glenn M. Busset, State 4-H Leader, Kansas State University, are Ernie Reusser of Viola, Henry Diehl of Brookville, Mike Scheuerman of Healy, and John Deege of Larned. The state award winner in the wheat project, Carl Raney of Syracuse, also receives the trip as an award.

The Kansas Wheat Commission, recognizing that the five boys will be much in demand as speakers by groups who want to hear about their first-hand observations on wheat handling and exports, also provides each of them with a set of slides from pictures taken on the trip.

Adults who will accompany the 4-H trip winners will be a representative of the Commission, a representative of the Kansas Association of Wheat Growers, a representative of Kansas State University, the Sweepstakes winner in the 1967 Kansas State Fair Wheat Show at Hutchinson — Harry Walker of Englewood, and a Kansas county agriculture Extension agent.

Among the 4-H winners:

Ernie, 16, is a member of the Sedgwick County Ninnescah Valey 4-H Club, and the son of Mr. and Mrs. Rae Reusser. He is a junior in Clearwater High School.

A member of the Saline County Brookville 4-H Club, Henry,



Henry Diehl Saline County



Ernie Reusser Sedgwick County



Mike Scheuerman Scott County



Jon Deege Pawnee County

16, is a junior in Ell-Saline No. 307 High School. His parents are Mr. and Mrs. Eli Diehl.

The son of Mr. and Mrs. Clifford Scheuerman, Mike, 16, belongs to the Scott County Manning Jayhawkers 4-H Club. He is a Scott City High School junior.

Jon, 16, is a member of the Pawnee County Tiny Toilers 4-H Club. His parents are Mr. and Mrs. Donald Deege, and Jon is a Larned High School junior.

Carl, 17, is a member of the Stanton County Go-Getters 4-H

Club. His parents are Mr. and Mrs. Carl Raney, and Carl is a senior in Stanton County High School.

The boys have completed wheat and other crops projects as 4-H'ers. They have excellent records of exhibits at district wheat shows and Kansas State Fairs. They have been members of crops judging teams competing at the Fair. As a part of the wheat quality program, the young farmers studied recommended practices of planting, including fertilization, and, in some cases, irrigation.

#### We Are Proud . . .

. . . of the achievement of Kansas 4-H Club members in improvement of wheat quality, raising crops, records of prizes at district and Kansas State Fair wheat shows, and judging crops. On behalf of Kansas wheat producers, we are pleased to have a part in recognizing these accomplishments, as well as excellence of records and studies on wheat. Kansas grows the best wheat in the world, and 4-H helps "to make the best better."

WE CONGRATULATE the four state award winners in the 4-H wheat quality program and the state award winner in the wheat project, who will be our guests on an educational trip to inspect Gulf Port export facilities.

#### **Kansas Wheat Commission**

1021 North Main

Hutchinson, Kansas 67501

## Barber County Livestock Judging Team Takes First



Barber County 4-H Livestock Judging Team placed first at the Kansas State Fair Judging Contest in Hutchinson. The team will represent Kansas at the International Live Stock Exposition held in Chicago in November. Ray Etheridge, County Extension Agricultural Agent, will accompany the team to Chicago. On the 4-H Livestock Judging Team are: Mike Spicer, Doug Ott, Brad Ott, and Bill Kimmel. Mike Spicer placed high individual in the contest. Doug Ott was 13th, Brad Ott was 15th, and Bill Kimmell was 16th high individual.

The following are the top five teams and their placings and scores:

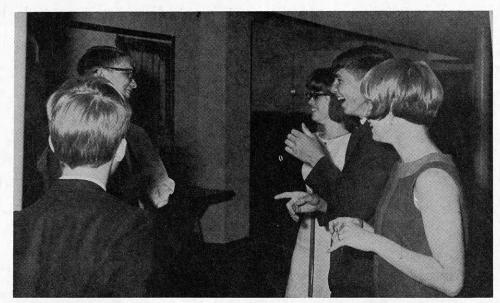
1st Barber	327
2nd Reno	325
3rd Harvey	322
4th Saline	321
5th Montgomery	321



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The 4-H Leadership Project Helps Youth Better Understand Themselves and Others.



Teroes are made, not born" can also be said of leaders. Everyone at some given time will be called upon to perform some type of leadership. It may be no more than "speaking up" in a group, directing someone toward a destination, serving on a committee, or giving advice to a younger person. It may be serving as an officer of an organization, spearheading a drive for some desired goal, or influencing a group to think twice before they act and become sorry later for their actions. Today, as always the world needs all the leadership that can be developed.

Active participation in 4-H activities and events can provide learning experiences that contribute to leadership development.

Many older youth who continue 4-H membership overlook the experiences that the junior

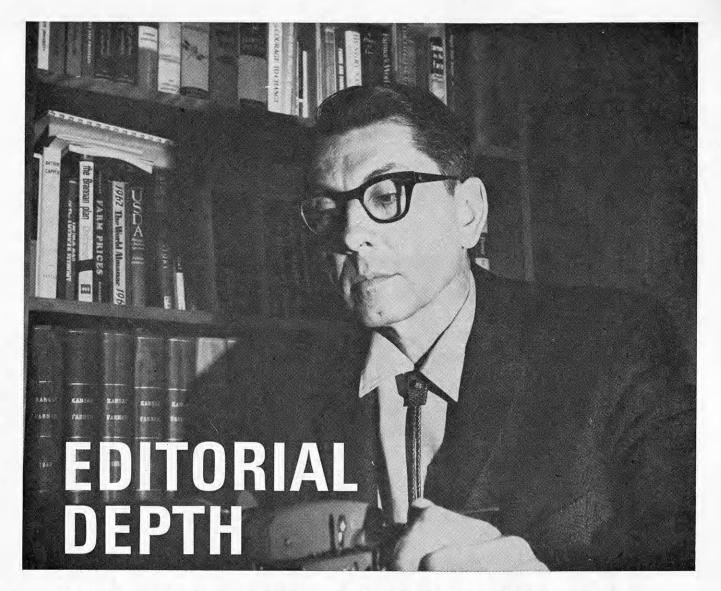
leadership project could offer. Also many who do enroll in this project fail to have satisfactory learning experiences, because no one points out the purposes of the project in time for them to gain.

The purposes of the leadership project are these: (1) To give youth realistic experiences in different leadership situations; (2) To help youth better understand themselves and others; (3) To help youth develop the qualities of personality that a leader must possess; (4) To assist them in becoming more effective citizens; and (5) To give older youth opportunities to be of assistance to others.

NOW, is the time to make plans for a successful leadership experience. Junior leaders and all adult leaders of each 4-H Club should meet together at the beginning of the club year and develop these plans. Plans should

# LEADERS ARE MADE NOT BORN

By Cecil L. Eyestone State 4-H Specialist

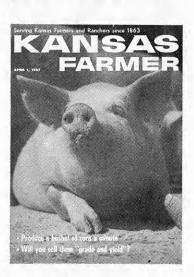


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be developed around the interests of the junior leader, taking into consideration his abilities and skills and what kinds of leadership the club needs. After considering these areas, each junior leader should develop a program or plan that he or she would like to follow for the year. Adult leaders would want to be available to asist whenever needed.

The opportunities to provide leadership are continually arising if one is alert to take advantage of them. The two manuals for the junior leadership project, "Leadership for the Beginner, age 13-15," and "Leadership for the Young Adult, ages 16-19," both sight many leadership interested in including several in their yearly program.

One of the real challenges for older 4-H youth is to interest other older youth in some of the learning experiences available through the 4-H program, that will not be gained anywhere else. Why not ask them to explore with you such areas as: philosophy for life, careers, citizenship, thought and talk, reading for discussion, home management, and a concept of leadership for a new and rewarding experience?

Suggest several pictures be used to illustrate a point or two:

A group of youth and adults around a table planning.

An older youth assisting a younger person.

A group of older youth in discussion.



#### Cloverleaf Club Holds Car Check



Some Of The 4-H'ers checking cars. The girls are noting license numbers and the boy is checking for keys. From left to right are Janet Achterberg, Rhonda Applebee and David Achterberg.

The Cloverleaf 4-H Club in Mitchell County recently conducted a safety check on cars and trucks in Beloit. Two afternoons were devoted to the project. The "check" was to find how many unoccupied vehicles had keys in in the ignition.

A total of 764 vehicles were inspected. Thirty-four percent, or 262 cars, had keys left in them. Members took the license numbers on the cars and wrote the owners a letter telling them of the club's project, and the danger of having a car stolen when keys are left in the ignition. They also cited a city ordinance prohibiting leaving vehicles unattended unless the engine is stopped, the ignition locked, and the key removed.

The purpose of the safety check was to inform drivers violating this ordinance of the opportunity they are providing a potential car thief and the fact that leaving keys in the car is a violation of the law.

#### Gives Talk to 4-H'ers

Judy Graber Friesen showed slides and talked at the Harvey County Junior Leaders' Club held September 28. Judy worked for three years in Brazil with the underprivileged and started 4-H Clubs.

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up

the

stairs"

Ed note: This article was taken in part from a demonstration talk given by Gaylene Bock of Chase County at the State Fair.

Take a look in the mirror and what do you see Besides just the faces of you and me?

Do you see a real person, the deep inner you

Or a surface image but not one that's true.

Now let's try to climb the steps that we see

Then we'll know how to develop personality.

I am Gaylene Bock of the Emerald 4-H Club in Chase County, and I am enrolled in the personal development project. This is a new project for me this year and I have discovered there is a stairway that leads to personal development that presents a big challenge to every boy or girl. Each step will not be easy, but with Faith in God and yourself, you'll be able to find the way to new heights of happiness you never dreamed possible.

Let's look in the mirror before we start climbing the stairs. What do you see? Do you see the person your friends think you are? Do you see the person you think you are? Or do you see the person you really are? This last one is the most important one. Too often young people give all their attention to other people and forget that there is a personality within just waiting to be developed. So why not start right now to study just who you are and what you want to be. Life can't make something out of you—You have to make something out of life!

Once you have decided to be the real you, you are in for a great adventure. Let's call this Individuality—the first step toward personal development. It takes individual people to make up any group or crowd. Every group needs the personality of each member or it has none of its own. So find the group that will welcome you for what you are. Belonging to a 4-H club gives you this kind of an opportunity. In such a group individuals also learn to respect each others wishes—but don't be afraid to be different. You can live with someone else's frown but you'll be miserable with your own.

Now to continue the climb, every individual must develop self-confidence. Let's see how the mirror reflects your good points. Some people say, "I have no talent," or "he's a born pianist," or "She's a born athlete." People are born all right but they bring only the raw materials of their talent into the world with them. It takes hard work and training to make them seem easy.

Friendship is another part of the real you-and it must be the next step. To have friends you must be a friend. Look again in the mirror. Would you choose yourself as a friend? Honesty, dependability, loyalty, sincerity and consideration are all qualities that we want our friends to have. If your mirror tells you that you don't have them, you had better get busy and develop them. What about faults. We can't go through life ignoring them. Thoughtlessness, rudeness and self-ishness can have no part in a pleasing personality and they certainly won't make friends for you. My mother often reminds me that parents are the best friends a boy or girl can ever have.

Our outward appearance is what gives others their first impression of us. Good posture, cleanliness, manners and good grooming are qualities we must have if we are to step up to the step called POISE. Learn to walk gracefully—good posture makes you relax. If you want to look your best you have to polish your features, not try to change them. Make-up is not a substitute for good grooming. Hair that is shining from frequent shampoos and clean nails will do far more for you than any amount of eye shadow or hair dye. Just be sure that person in your mirror looks natural. Poise cannot come to you until you have learned to use good manners. Good manners are like new shoes — they may pinch but you can break them in by wearing them around the house. Wear clothes appropriate for the occasion and be sure they are clean and well pressed. Beware of fads.

A HEALTHY way of life is a must if you are to continue the climb. The proper amount of regular sleep and good eating habits are very important. Most teen-agers don't have to be told to exercise, but if you aren't getting outdoors every day, try some indoor exercises. There are two alarming health problems facing us today — smoking and drinking. There is abundant proof that both are very harmful to health.

FAITH in God affects the way you feel and the way you act. It sets the moral standards and values you have. Faith helps you to know what life really means and is a way of expressing love for others.

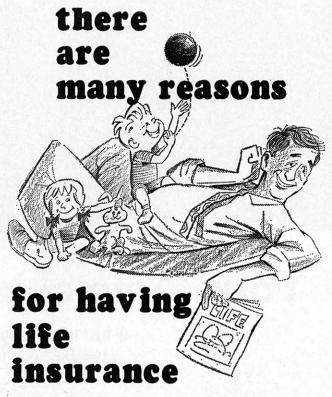
There is still one more step to climb. Yes, we all need a GOAL so let's set our sights on one that will demand a lot.

Now when you think you have reached the top of the stairs take a good long look in your mirror. You'll see an inner sparkle you have never seen there before. There is confidence in that smile. The real you is showing through, and wherever you go, whatever you do, you will be proud to take the new you along. But don't admire the reflection in the mirror too long. If you look farther you'll see that you are standing on the landing of another stairway that goes on to new heights of happiness—your future. And best of all-you'll be able to climb it with ease.

To summarize I have shown you the important steps for a program of personal development. They are:

- 1. Individuality-be yourself
- 2. Self-confidence—a feeling of trust in yourself.
- 3. Friendship-to have a friend you must be one.
- 4. Health—the one who reaches his goal does so by healthy living.
- Poise—being able to express yourself through your appearance.
- 6. Faith—faith in God and faith in yourself.
- 7. Goal-you lose only if you quit.

There is one more thing I would like to say before I close my talk today. It is the thought another shares "Don't stare up the steps—step up the stairs."



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#### Answers to Name the County

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- 2. Cherokee
- 3. Coffey
- 4. Montgomery
- 5. Elk
- Lyon
- 7. Rice
- Brown
- Graham
- 10. Reno



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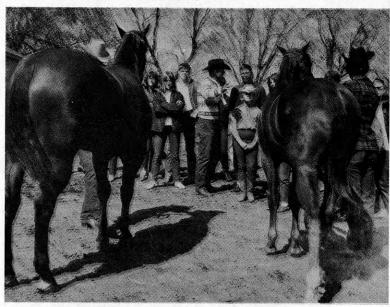
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## Knowing Your Animal

By Dr. Charles E. Lingle Extension Specialist Vet Medicine

What are the normal body functions of your best dairy cow? Why does your dog bark at the postman and not the newsboy? If you want an answer to these questions, ask any 4-H'er enrolled in Veterinary Science; or better yet, take it as a project.

The 4-H'er enrolled in Veterinary Science is given information that can be used. In Unit I, a student begins with areas that are familiar, and then taken through more complex discussions concerning the normal animal.

Subjects included in this unit consist of animal psychology, normal body functions, maintenance of animal health, cleaning and disinfecting animal quarters and concludes with a discussion of the structure of the animal body.

There is often a misconception concerning eligibility in this unit. Frequently we find that a

student believes that they must live on a farm and have farm animals available. This idea is not correct. The 4-H'er must have an animal, but may live either in town or on a farm; and the animal may be anything from a rabbit to a mule.

Another common misunderstanding is that the participant must be a boy. This also is not true. The only prerequisities for this unit of instruction are membership in a 4-H group, be between ages of 8 and 19, have an animal and a desire to discover the why's concerning this animal's behavior and body structure.

The lower age limit causes some concern among parents and club agents. There is some doubt expressed as to the value this group achieves by participating in this unit. I can assure you that these students are doing quite well. Conversations with 4-H leaders and veterinarians around the state point to

the fact, that in most cases, the younger students are exhibiting the most interest and gaining valuable information from this course.

These areas of study were carefully chosen so that the student will be better prepared to deal with animal health problems, primarily in the early detection of abnormalities. The enrollee should remember, however, that this unit is not designed to train a veterinarian, nor is it the intent to teach the enrollee how to treat animal diseases. The primary goal is to provide the interested student with an insight into veterinary medicine. It is hoped that this preliminary training will interest some students in pursuing a career in veterinary medicine.

Veterinarians all over the state stand ready to serve in an advisory and teaching capacity for this unit. The office of Veterinary Extension will furnish, on request, film, depicting the duties of veterinarians, pamphlets and other materials useful in the instruction of this unit.

This instruction does contain information that will allow the student to better decide on his future vocation. How will it serve those students not interested in a future in Veterinary Medicine? Surely, this unit will prove a useful addition to any 4-H animal project. In addition, the study of any living animal will provide some information regarding the normal processes as they occur in our own body, and through this to a better understanding of life in general.

This is not the only unit in this project. The original project was designed to consist of four units. Unit II is ready for release. This unit deals with principles of diseases. The causes of

The Kansas 4-H

#### Journal

needs

## News & Pictures

The Kansas 4-H Journal needs news and pictures. With 1,192 4-H Clubs in Kansas we can not print everything each club does. What we want, are the New Ideas in your club, that will be new to other 4-H Clubs. We also need GOOD pictures of your ideas. Pictures will be returned if you send a stamped self-addressed envelope.

disease in general, as well as the effects of external influences on diseases are discussed. The remainder of the units will be released in an orderly manner.

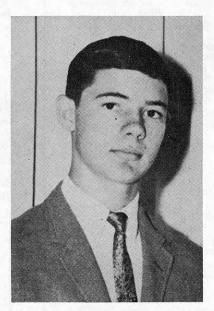
In order to accomplish the desired ends of this project, it is essential that the student perform all the requested tasks. Those that choose to enroll in this project, devote time to study and practical use of course material will find that as your

knowledge increases your personal satisfaction will also.

The future leaders in agriculture and veterinary medicine will come from the 850 4-H youth, in 47 counties, presently enrolled in the Veterinary Science Project. The knowledge gained by their participation in this unit of study will better prepare them to meet the demands of these disciplines in years to come.

## JOHN DEERE ANNOUNCES

Kansas' 1967 4-H
Winner in Conservation
of Natural Resources



Michael Croucher

Michael Croucher, 17, Osage County, will be Kansas' representative in the Conservation of Natural Resources project at the National 4-H Congress in November at Chicago sponsored by John Deere. His parents are Mr. and Mrs. Sam Croucher, Jr. of Osage City. Michael is a senior at Lebo High School and plans a career in agriculture.

Michael has been in the soil and water conservation project for seven years. He has saved valuable acres of land by practicing his knowledge in conservation.

He has attended several land judging contest, visited with the S. C. S. people in his county who helped him with his conservation work and has given six demonstrations.

Michael has gained important skills and "know-how" from his conservation work and has formed the opinion that, "Hard work and planning ahead make a farm pay."

John Deere is proud to have a part in the 4-H Conservation Projects by sponsoring awards for outstanding work.



JOHN DEERE KANSAS CITY, MO.

## 1966 Winners

#### In 4-H Personal Development

#### County

Allen Linda Wall Anderson Gerald Ohmes

Jeanne Rogers Atchison

Gaylord Myers Jeannine Pike

Barber Joan Thompson Barton

Bruce Vahne Donna Varah

Bourbon Ann Callow Chase

Gaylene Bock Chautauqua

Jane Rogers Cherokee Leon Patton Paula Woods

Cheyenne Sherri Busse

Cloud Donna Trude Coffey

Byron Orr Brenda Meyer

Comanche Phillip Blount

Cowley Bob Hill Jody David Crawford

Arthur Jenkinson Janis Gotf

Decatur Dennis Goscha Carmela Goscha

Dickinson Kathy Linder Douglas

Don Fornelli Rosemary Combs

Edwards Barbara Andrews Ellis

Charles Schmidt Peg Duitsman

Ellsworth Darell Ptacek Finney

Kathy York Ford

Darlene Romine Franklin Richard Hull

Patty Wasmund Geary Richard Gustason

Susan Poland

Wanda Deges

LaVon Moore

Gray Cheryl Faulkner Greeley

Randy Waldren Jill Harris

Harper Gary Coslett Janis McCoy

Harvey Tom Gatz Judy Dreier

Jackson Donna Fisher Jefferson

Jo Turner Jewell Dannie Dempsey Terry Voboril

Johnson Carol Caenen

Kearny Cheryl Patterson Labette

Charlotte Robinson Lane

Forrest Ehmke Carol Shaffer

Lincoln Dudkey Karstensen Patricia Heinze

Linn Glenn Teagarden Kathi DeHoff

McPherson Berneil Juhnke Marion

Ilene Weinbrenner Marshall

Mary Olmsted

Meade Becky Heinz

Miami Albert Schende Ann Scheffer

Morris Corlis Ridenour

Nemaha Don Meyer Cheryl Ackerman

Jim Womeldorff Georgann Rausch

Eldon Schricck Penny Irvin

Norton Jan Combs Janet Combs

Ottawa Alana Windhorst Pawnee

Alan Hagerman Twila Gore Pottawatomie

Lou Ann Thomas

Pratt Denise Reed

Rawlins Lucille Martin

Reno Karen Kranz Rice

Adele Johnson Riley

Joe Mertz Diane Dempsey Rooks

Mike Kreller Rush Kathy Schraeder

Russell Steve Gatton Saline

Karen McDaniel Scott Ricky Holmes

Barbara Nelson Sedgwick

Randal Wood Rhonda Pearson

Seward Steve Harper Rita Skinner

Shawnee Sandra Shaw Sheridan

Kirt Moss Denise Campbell

Sherman Ricky Price Neva Shahan

Stafford Jerry Long Trudie Long

Stevens Cynthia Thompson

Sumner David Powell

Thomas Neil Carr Susan Friesen

Trego Aiana Giess

Wabaunsee Doug Morton Beverly Stockman

Wilson John Turner

Karen Nelson Wyandotte

Roy Breedlove, Jr. Marsha Rusbarsky

The Personal Development project is for all teenagers! Whether it's world affairs, dating, or career discussion . . . whether you enjoy books or music . . . there's something you will like. It's a great project for the teen group in your club or county.

#### State

Barton

**Bruce Vahne** 

Pratt Denise Reed

Pawnee Twila Gore Russell **Steve Gatton** 

#### District

Anderson Jeanne Rogers

Atchison

**Gaylord Myers** Greeley

Randy Waldren

Harper **Gary Coslett** Janis McCoy

Rush Kathy Schraeder

Saline

Karen McDaniel

Sedgwick

Rhonda Pearson

Shawnee Sandra Shaw

#### At Large

Atchison Jeannine Pike Nemaha Cheryl Ackerman

Ness Douglas

Rosemary Combs Penny Irvin

Jackson Donna Fisher

> We at Southwestern Bell Telephone Company are proud to have a part in this 4-H project by sponsoring awards for outstanding work.

#### SOUTHWESTERN BELL



TELEPHONE COMPANY





Chicken Supreme

4 lbs. chicken

1 qt. milk

4 well-beaten eggs

1 c. chicken fat from broth

2 tsp. salt

1/4 c. flour.

1 can mushrcom soup

2 c. buttered crumbs

Cook chicken until tender. Remove from bones and cut into small pieces. Mix flour, fat and salt. Add to eggs and milk. Cook in dcuble boiler until a medium thick custard. Add mushroom soup.

#### Mushroom Dressing

1 c. chopped mushroom buttons

2 tbsp. butter

3 c. dry bread crumbs

1 tsp. grated cnion

1 tbsp. finely minced parsley

1 tsp. salt

½ tsp. celery salt

1/8 tsp. pepper

½ c. water

Brown mushrooms in butter. Add remaining ingredients. Line bottom and sides of  $9\frac{1}{2}\times11\times2$  in. pan with this dressing. Place chicken in shell of dressing. Pour custard over chicken. Cover entire top with buttered crumbs. Bake in oven at 350 for 1 hour. Serves 20.

#### Cranberry Salad

1 qt. cranberries

1 c. water

2 c. sugar

15 marshmallows

1 c. chopped celery

1 c. diced apples

1 c. pecan nuts

1 pkg. lemon gelatin

Boil berries, sugar and water. Remove from fire and whip in marshmallows. Add gelatin while still hot and stir until dissolved. Cool. Add apples, celery, nuts. Chill in refrigerator for 24 hours.

#### Carrot-Pineapple Cake

3 c. flour

2 c. sugar

2 tsp. baking pwdr.

1 tsp. scda

1 tsp. salt

1½ c. Wesson Oil

3 eggs.

Sift dry ingredients, add oil and eggs and mix.

Fold in:

2 c. grated raw carrots

1 c. chopped nuts

1 small can undrained crushed pineapple

2 tsp. vanilla

Bake 1 hr. 350°

#### Icing

2 tbsp. oleo 3 oz. cream cheese ½ tsp. vanilla

2 c. powdered sugar

Add ½ c. each coccnut, nuts and raisins as desired.

Cereal Kisses

1/4 tsp. salt

2 egg whites 1 c. sugar

1 tsp. vanilla

3 c. post toasties or grape-nut flakes

Add salt to egg whites and beat until foamy. Add sugar, 2 tbsp. at a time, beating after each addition until sugar is blended. Continue beating until mixture stands in shiny peaks. Add vanilla, fold in cereal. Drop by teaspoonsful onto greased baking sheet. Bake 350° for 15 minutes, or until firm. Makes 3 doz. cookies.

## Five 4-H Members Win A Trip To The National Safety Congress



Richard Davis Harper County



Virgilene Thomas
Lyons County



Kenneth Shannon Cowley County



Susan VanAllen
Phillips County



Richard Bigham
Jefferson County

#### YOU CAN BE A

Just complete a "safety survey and return check," and receive your special safety award. Every 4-H Club member may participate.

CHECK WITH YOUR COUNTY AGENT. Instructions and contest rules are available from your 4-H leader or from your county extension agent. Here is an opportunity for real service to your club, community and home, plus a possibility of joining with other 4-H members at the National Safety Congress in Chicago. Be a real leader, be a winner. Start now.

Donor of Awards For The 4-H Safety Program

#### Kansas Farm Bureau

Safety Department

Manhattan, Kansas

## Family Fun Page



#### "Scrambled Flower" Fun

From the letters in the state, remove the name of the state, and the scrambled letters that are left can be rearranged to spell the name of that state's flower. What is it?

Vicky: Why did the bear throw the clock out the window?

Lori: Gee, I don't know!

Vicky: He wanted to watch time fly!!

> Karla Jean Gustason Russell, Kansas

Bruce: When does Friday come before Thursday?

Gary: In the dictionary.

Joe Salmon

Campus Champions 4-H Club

A few issues back we had a guess the county game on the Family Fun Page. Did you fine it interesting? Hope so. Let's do some more, ok?

- 1. I am an automobile
- 2. I am an Indian tribe
- 3. Many people want me the first thing each morning
- 4. I am a partner to Ward
- 5. I am an animal or lodge member .....
- 6. I am not telling the truth .....
- 7. I am a part of the Chinese diet .....
- 8. Mix red and black together and I appear
- 9. I am a flour but best known as a cracker ....
- 10. I am best known as a city in Nevada

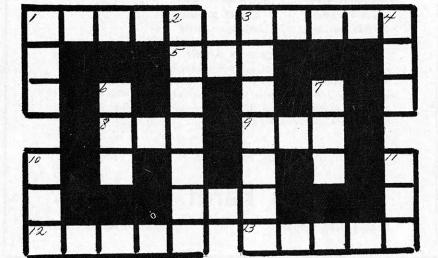
Cherokee Reno Montgomery Brown Elk Coffey Lyon Rice Ford Graham

#### 'Little Star'' Crossword

#### **ACROSS**

- 1. He runs an airplane
- Browned bread
- Try to persuade
- For cooking
- 9 Snare
- 12. Rock
- 13. A sea

- 1. A hog
- What the "Little Star" does
- A cyclone
- Small child
- 6. Monkey
- 7. Pig's home
- 10. Fuel for automobile
- 11. Vegetable or fruit container



#### Fun Page Answers on Page 13

Ann: I'd like a triple chocolate sundae with lots of nuts and whipped cream.

Soda jerk: Would you like a cherry on

Ann: Oh, no, I'm on a diet. Renita Harrison Campus Champions 4-H Club

Rod: What would you do if you were in my shoes?

Roy: Polish them.

Denise King

Campus Champions 4-H Club

A young boy, who knew only three words, chanced to go to his first day of Kindergarten. His vocabulary consisted of "Roy Rogers," "Trash Can," and "Oh, Boy." When asked his name the boy answered, "Roy Rogers." Annoyed but patient the teacher asked, "Where do you live?" To this the little boy replied, "Trash can." This was the last straw. The teacher warned, "If you don't settle down I'm going to send you to the principal's office." To this the little boy could not help but reply, "Oh, boy!"

> Susan Hymer Campus Champions 4-H Club

'Twas midnight in the ocean Not a streetcar was in sight The sun was shining brightly For it rained all day that night 'Twas a summer day in winter And snow was raining fast As a barefoot boy with shoes on Stood sitting in the grass.

> Kathy Quinton Campus Champions 4-H Club

Shelly: What is grey and lights up? Janice: I give up, what?

Shelly: An electric elephant!

Beverly Emperley Carbondale, Kansas

SAVINGS CERTIFICATES

Union National Bank

Manhattan, Kansas

## Classified Ads

#### DOGS

PUPPIES! COCKERS, Poodles, Dachshunds, Yorkies, Pekingese, Burmese Kittens. John Larson, Rt. 3, Lawrence. Kansas 66044.

A.K.C. GERMAN SHEPHERD Pups. Intelligent and easily trained. Champion Bloodlines. Susan Tempero, RFD 2, Hoisington, Kansas, Phone—653-7586.

#### LIVESTOCK

FOR SALE: HOLSTEIN and Guernsey cows, heifers, calves. Beef cross calves. Delivered on approval. James E. Welch, Route 3, Mukwonago, Wisconsin.

FOR SALE — Nationally accredited SPF Purebred Hampshire and Yorkshire boars, Open Yorkshire, Hampshire and Crossbred Gilts, serviceable age. Discount to 4-H members. Phone collect Palmer 308, Floyd Meyer, Palmer, Kansas.

#### LUMBER

WALNUT TIMBER, WRITE: Paul Keller, Box 191, Troy, Kansas.

WALNUT TIMBER, Certified check. Kansas-Missouri Walnut Log Company, Box 391, Leavenworth, Kansas.

#### **HORSES**

Select a lasting 4-H project for both pleasure and profit. Buy a registered Quarter Horse Colt! The Kansas Quarter Horse Association has an outstanding Youth Program plus being the only breed association to pay \$3,500.00 in prize money to weanling and yealing Futurity Colts at the 1967 Kansas State Fair. Write: KQHA, P.O. Box 773, Manhattan, Kansas 66502.

FOR SALE: Registered Quarter Horses. Two 2-year-old geldings—broke Yearling gelding—Breed Champion in 4-H at 1966 State Fair, 1st Place Winner in 1967. Also—3 fillies. Ronald W. Wertz, Quinter, Kansas 67752. Phone 754-3486.

#### **MISCELLANEOUS**

MOVE 200 YARDS an hour with 4-5 plow tractor, \$425. Dealers inquire. Speedmover. Tucker Dist. Co., Inc., Kiowa, Kansas.

CALF CREEP FEEDERS—30 Bu. Capacity \$88.50. Dealerships available. Free Literature. Dolly Enterprises, 101 Main, Colchester, Illinois 62326. FREE BOOK CATALOG on guns, hunting, camping, and archery from: Gallant Library, Covina, California 91722.

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MINIATURE ORANGE TREES, Dollar Each. Gomez, 2908 — 56 Street South, Gulfport, Florida 33707.

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SAVE BABY PIGS: Electric heat brooding, prefabricated pads embedded in concrete. Buy direct at lower prices. Send plans, free design layout, sample. Raehco, Box 488 KJ Centerville, Iowa.

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For 6 Annual Insertions
10% Discount
For 12 Annual Insertions

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Send to: Kansas 4-H Journal Umberger Hall, KSU Manhattan 66502 CIRCULATION DESK LIBRARY KANSAS STATE COLLEGE MANHATTAN, KANSAS 66502 MISC KSC

## 4-H ELECTRIC LEADERS CLINIC



#### **Rock Springs Ranch** Scott City

December 14-15 Lakeside Camp of the Methodist Church December 11-12

Experts in Electricity will be on hand to instruct and guide you in practical sessions designed to help you become a better 4-H Electric Project Leader.

#### FREE SCHOLARSHIPS

#### First Day

Awards, Recognition How Electricity Fits Into All Projects Leadership Our Job

#### Second Day

Safety Lighting Basic Electronics



CONTACT YOUR COUNTY AGENTS FOR INFORMATION







Watch This Page For Ideas On Farm And Home Electric Projects

#### **ELECTRIC LIGHT and POWER COMPANIES in KANSAS**

The Kansas Power and Light Company Kansas City Power & Light Company

Central Kansas Power Company Kansas Gas and Electric Company Western Power and Gas Company, Inc.