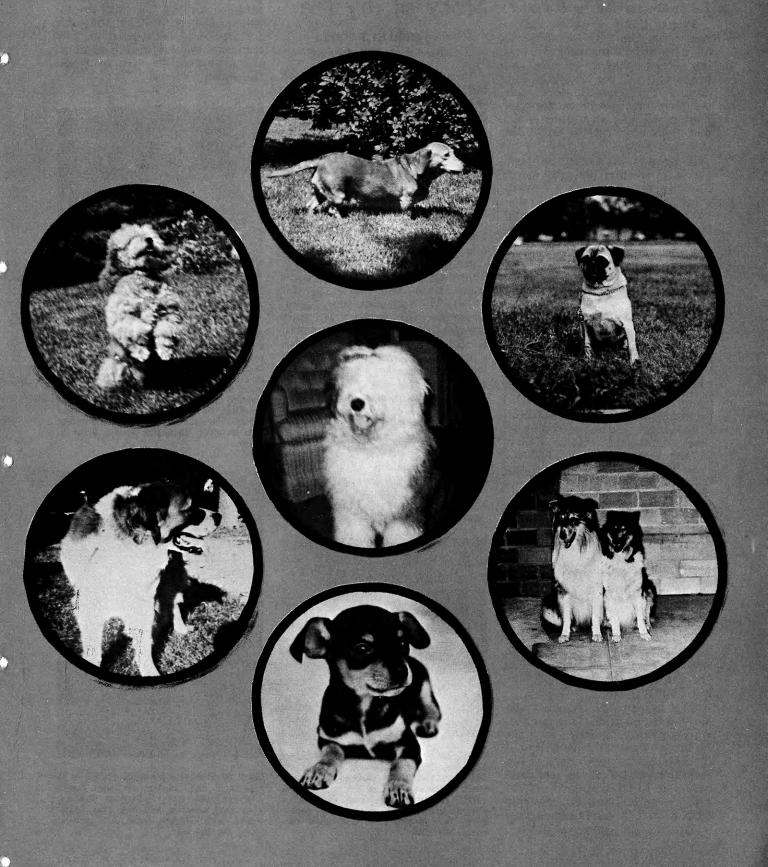
Journal August, 1970 Journal August, 1970

The 4-H Family Magazine



Getting ready for the fair —

How 4-H members do it

It's that time again—time to get ready for the county fair!

Denise Zahn of Beloit makes ready for the fair by going to all her project meetings, bringing record books up to date, and preparing all her exhibits and having them neatly done. She completes her projects, accomplishing all she can each year, and then she tries to do better the next year.

A project of Janna DeLissa, Lakin, is reading for enjoyment. She suggested that in a demonstration or exhibit one could display different kinds of books and then show how to use each one.

A safety notebook from Gove County tells Kansas 4-H Journal readers how her owner prepares for the fair.

What ways have you found to earn money? Have you any good money management tips? You ideas may help another 4-H member! Address your postcards or letters to Money, Kansas 4-H Journal, Umberger Hall, KSU, Manhattan, Kansas 66502, and mail them during August.

County 4-H council helps raise money for new building

The Barber County Fair has a new home this year. A 4-H building has been completed in time for the 50th aniversary of Barber County Fair.

The county 4-H council sponsored a carnival as their part toward raising money for the building. Each club contributed a booth, talent numbers, a queen candidate and a list of members available to be auctioned off for a day's work. Chances were sold on a \$100 U.S. savings bond.

The council earned \$2,675.

Story of my life

By SHIRLEY DANIELS
Ouinter 4-H Club Member

Hi! I am a safety notebook and I want to tell you how my owner gets me and her other projects ready for the fair.

When I was being put together, newspaper and magazine articles, photos, copies of demonstrations and talks, advertisements and copies of things sold or given away, were brought together from many places. My owner took great care in arranging me. She would arrange me one way, take me all apart and start all over again. This was done several times and after some time and patience, she glued the articles on paper, chose a cover, and I was ready for the fair. I guess it was worth it all because I was given a blue ribbon. My owner was glad of this because safety is one of her strongest projects.

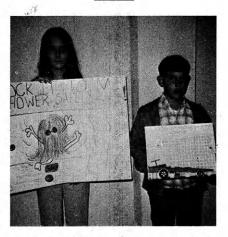
The same consideration was given to all other projects. Although not all blue ribbons were received, my owner was thrilled at what she did get, and could see where improvement was needed.

My owner gets her project records as nearly completed as possible before the fair so she

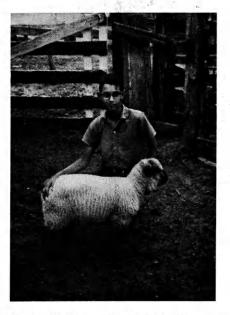


Vickie Mills from Lake City Go-Getters 4-H club, Barber County, is queen of the 4-H carnival. She received the most votes at the carnival at Medicine Lodge. Jerry Colburn, president of Barber County 4-H Council, crowns the queen. Jerry is a member of Gyp Hills Pioneers 4-H club.

doesn't have so much to do afterward. Only a few days are allowed between the fair and time for books to be turned in. She also puts some of her records in with the exhibits—for example, the safety record.



One month of each year is set aside by the Salem 4-H club of Reno County to promote safety. This year each member made a poster to show at the safety meeting. Judges chose the best poster from two age groups. Safety in the shower is the theme of Leslie Patrick's drawing. Brent Stuckey's is about auto safety. After the 4-H meeting the winning posters were displayed in the local library.



Mark Dick showed his lamb Bucky to 45 members and leaders of the Zenda Zoomers 4-H club, Kingman County, when they were on their club tour. Mark works with Bucky each day getting ready for the fair.

Journal

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Wm. M. Riley Managing Editor
Marie Rupp Associate Editor
Glenna Wilson Production Editor

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Editorial and Business Office

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A parable for our times

By Dr. Glenn M. Busset State 4-H Leader

Charlie Brown, the long suffering hero of "Peanuts," is playing in left field for his baseball team. It is the last of the ninth and the tying run is on third base; there are two down and the opposing team's best hitter is at the plate. Suddenly, we see a long, high fly heading for left field obviously high over Charlie's head. By the magic of cartooning, Charlie builds a six-foot step ladder, and at the last moment rises to the occasion and catches the fly. The ball game is over and the home team has won.

By the same magic of cartooning, Lucy appears. She does not comment on the caught fly or on the winning of the game by the perennial loser, Charlie Brown. She looks instead at the ephemeral stepladder and sees a bent nail. Lucy's comment is, "Lousy carpentry." We see the tragi-comedy of the eternally frustrated Charlie Brown and the constantly griping know-it-all Lucy, and are amused at the mini-drama as if it had no application to us, here in August of 1970. But there is a direct and personal parallel we can apply, one that we must make if we are concerned with the educational measurement of the child, and not just with the ribbons accorded to the projects.

Every 4-H parent, leader and Extension agent feels pride and pleasure as the completed 4-H projects are unloaded from the family conveyance and are set up for judging at the county fair. There is an immense feeling of relief that the project has finally been finished in time to be exhibited. With covert side glances at the other exhibits, the family moves along to build the booth, help unload the livestock, or work on the myriad other tasks that must be done for the fair to be successful. The process is well known, and is being repeated all over Kansas right now. This is such a pleasantly bucolic scene that we hesitate to interject words of caution.

The caution is that the pride and pleasure of the 4-H adults may be

misdirected. It is probable that all of the focus, all of the attention is on how the project fares in the distribution of the awards. Along with the feeling of pleasure for the complete project ought to be concern as to how the child feels about his project that is being judged. We must always be careful, for when we judge the project that the child has made, we are also judging the child. If our words or attitudes say, "Well, you didn't do well on this," we are really saying to the child, "You are not very good. I don't approve of you."

It is difficult to judge the product without also seeming to judge the individual. The younger the child, the more intense his feelings will be along this line. So, when you help judge or prepare other people for the effects of judging, please consider the accomplishments of that monumental loser, Charlie Brown. Recognize that like Charlie Brown, the young 4-H members have also created miracles (a wobbly footstool, an extension cord, a pan of cookies, a collection of insects) that neither they nor you really expected would be completed in time for the fair (if at all).

Recognize that this project is a miracle of accomplishment, a part and parcel of the young owner's development. Be sure that your younger members know you are proud of what they have accomplished. If the 4-H members must rely only on the color of the ribbon for approval and favor, the situation will parallel that of Lucy ignoring the miracle of Charlie's accomplishment and seeing only the bent nail.

"Lousy carpentry" might easily describe the work that many of us do, but it does not provide us the sense of self-realization that causes us to grow, to improve, and to accomplish. This sense of value comes when someone important in our lives takes notice of us by way of our accomplishments, however minor they may appear.

This someone could be a 4-H leader; it could be you.

COVER STORY

Dog days come in August, and dog days have come to the 4-H Journal! Marilyn Beam, a national award winner in the dog project, tells us about dog training on page 5. And on the

cover are some families' favorite dogs; can you tell what breeds they are? Send a picture of your pet to the Kansas 4-H Journal and if we use the picture, we'll send you a prize

All Clubs — Please Note

Start now to plan for pictures and stories for the 1971 Review. Tours and fairs will be taking place in August and September. This would be a good time to get stories and pictures for your county. Here is your chance as a club reporter, photographer or member to get some additional experience and credit.

Both pictures and stories will be needed. The stories should feature a project, event or civic program that you or your club has done in conjunction with 4-H work. The pictures should be accompanied by an explanation of the what, who, where and when concerning the picture. The pictures must be black and white and show 4-H'ers or leaders doing something.

Don't let events pass you by and be disappointed because you didn't take a picture. Instead, start now to take pictures and to write about them—and you may get to see your news in 4-H Review next year.

Let's all make a real big effort, so we can have a bigger and better 1971 4-H in Review with every county represented.

Salina to have fifth annual dairy show

We welcome 239 families in Miami We welcome 259 farmines in miamic County as new readers of the Kansas 4-H Journal. And we join you 4-H'ers in Miami County in expressing our thanks to the six banks in Paola, Osawatomie and Louisburg who sponsor your subscriptions. We hope you'll all enjoy being part of the 4-H Journal family!

Thank You **4-H Journal Sponsors**

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The fifth annual Kansas All Breeds Junior Dairy Show will be held August 21 and 22. Entries will be accepted until August 15. The show is sponsored by the Salina Chamber of Commerce and the Kansas Interbreed Dairy Council.

The event will begin Friday with animals in place in Kenwood Park, Salina, at 3:00 p.m. A banquet honoring exhibitors will take place at 6:30, followed by a calf sale.

The show is open to 4-H and FFA members who, on January 1, were 8 years old and under 19. Both registered and grade cattle are eligible.

Judging of eight show classes, junior and senior fitting and showing, and champion county herd will begin Saturday morning.

Ribbons and cash premiums will be awarded in each class. Special breed awards range from \$100 certificates to engraved plaques. The county herd award is a traveling trophy and the fitting and showing winners will receive a wristwatch.

The turtle is making progress only when he has his neck out.

FIFTH ANNUAL

KANSAS ALL BREEDS JUNIOR DAIRY SHOW

Salina, Kansas

Kenwood Park

August 21 & 22

(Entries accepted until August 15)

state-wide show for 4-H & FFA

Eight show classes plus Jr. and Sr. Fitting and Showing and County Herd Class of 5 Animals.

Ayrshire Holstein

Brown Swiss

Guernsey Milking Shorthorn

Ribbons and Premiums for all classes

PLUS—SPECIAL BREED AWARDS

Animals in place Friday at 3:00 p.m. Exhibitor banquet at 6:30 p.m. Friday at 4-H Building, sponsored by American Dairy Association of Kansas. Calf Sale will be held Friday evening. Judging begins Saturday morning in Agriculture Hall.

Sponsored By

Agricultural Committee, Salina Chamber of Commerce and Kansas Interbreed Dairy Council in cooperation with the Kansas Extension Service and FFA

Write for entry to: Chamber of Commerce, P. O. Box 596 Salina, Kansas 67401 Attn. Wilma E. McCormack

Patience, time and love needed for dog project

National Award Winner

The 4-H dog project requires patience, practice, time and love. But it gives so much in return that one doesn't mind all the work that goes into it.

Dog care was my first 4-H project. Some 4-H'ers care for the family pet, and others train dogs in obedience procedures. However, my first years in the dog project were devoted to raising puppies for sale. I'll never forget the thrill of bringing home my very own poodle, Cozette. She was tiny and scared, but gradually grew to love her new home. When the first litter of puppies arrived I was completely amazed. I had no idea that they would be so small! When the time came to sell them, the tears really flowed.

A few years later I added a West Highland White Terrier to my project. My parents felt that I should learn about finances, so I borrowed money from the bank to pay for her. After Tavvy's first litter of puppies had been sold, I paid back the loan.

Until this time I had not done any obedience training. But Tavvy was an easy dog to handle, so we began to learn proper obedience procedures. Our county dog project leader was a tremendous help, and very patient. Tavvy, like all young dogs, did not enjoy the collar and leash. But gradually she began to settle down, and became quite used to heeling on a leash.

I was asked to be the dog project leader for my club. I thought that this sounded like a challenge, so I agreed. We worked on project records, good grooming and feeding habits, as well as obedience procedures. The 4-H'ers were very cooperative and I felt that we had all learned something.

Dog project members from two other clubs joined our meetings the next year. Having 15 dogs in one yard produced some memorable meetings. One of the most exciting times occurred when a Saint Bernard got loose and dragged the owner all over the yard until we could eatch the dog!

I have enjoyed teaching these 4-H'ers what little I know about dogs. It is an inspiration for me to see these young members struggling with their dogs as I once did.

The following questions are some that are frequently asked me.

1. When should you start training your dog? I prefer to start walking with the dog on a leash when he is about five to six months old. It's a good idea to let the pup run around the yard with a collar on when he is about four months old. It is important to watch the pup carefully because he can easily hook his collar on something and strangle. Some pups are not ready to pay attention to a leash at five months, so it is up to you to decide when your dog is ready.

2. Can you teach an old dog new tricks? Yes. It doesn't matter if the dog is five months or five years. The important thing is to be patient and treat your dog with kindness.

3. How long should the training practice last? The practice should not last longer than 10-15 minutes. This should be done two or three times daily. A dog becomes tired if the session lasts much longer, so you will need to schedule your practice times according to the attention span of your dog. Several short practices do more good than one long practice.

4. What can be done with a dog that absolutely won't mind? This is a difficult situation. Usually speaking to him sharply is the way to begin correcting him. If this fails, a rolled-up newspaper tap will scare him, but not hurt. Hit a dog only as a last resort, and even then try to not be very rough with your dog. Hurting him destroys his confidence in you, and you can achieve nothing without his confidence.

There are many good books available on training dogs and caring for them. The 4-H material which you receive is some of the best.

The dog project has been profitable for me—both in monetary gain and in my growing up process. I have saved enough money from the sale of puppies to pay for part of my college expenses, and have also invested in

(Continued on page 15)



Members from three 4-H clubs had some eventful times in the F. M. Beam's yard. Here the dogs sit to have their pictures taken



Walking with a leash is part of dog training. Marilyn Beam of the Busy Bee 4-H club, Washington County, is project leader.

Beware of rabies!

By Louise Varah Barton County 4-H Member

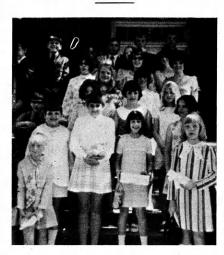
Editor's note: Louise Varah has been in the veterinary science project three years. She writes, "Because of recent occurrences of rabies, I think everyone should know what rabies is and the symptoms to watch for." Seventy-one cases of rabies were reported in Kansas in 1969, according to Dr. H. D. Anthony of the College of Veterinary Medicine at Kansas State University. Sixty-two of these cases were found in skunks.

Rabies occurs when saliva of a rabid animal enters a wound and the virus is carried to the spinal cord. This takes about 24 hours. It then goes to the brain. During brain destruction the virus goes to the salivary glands; it can then be transmitted. Saliva can be infected a few days before the infected animal shows symptoms of rabies. This is why any animal who has bitten someone should be confined for two weeks after the initial bite.

There are two types of symptoms, the paralytic form and the mad dog form. Characteristic of the first form is a sluggish nature. The animal has little interest in food and water. It may attempt to drink but it can not swallow. Misled by these symptoms owners frequently examine the pet's mouth. This is dangerous because the owner could easily be bitten.

In the mad dog form any animal is turned into a biting terror. Excitement and dilation of the pupils are common. One main characteristic is self destruction, because of pain or itching at the site of the wound.

No dog or wild animal should be destroyed without consulting a veterinarian. If you have a pet with these symptoms avoid getting too close to the animal and contact your veterinarian.



After church on 4-H Sunday members of the Andover 4-H club of McPherson County met at Hoffman Memorial Hospital in Little River and visited patients there. At the beginning of the year, each club member was assigned an elderly patient at the hospital; each 4-Hier was to visit his patient and send cards, fruit and small gifts. Becky Raleigh, chairman of the project, hopes it can continue next year.



Summertime-and the livin' is easy-at least for awhile! "It can wait" is the name of Jim Swanson's picture of his brother John. The picture received a blue ribbon at the Kansas State Fair. The Swansons live in Kansas City.

H's time

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Scott County leader serves 20 years

By KATHY SCHEUERMAN Club Reporter

Mrs. Glen Ramsey of the Manning Jayhawkers 4-H Club has been a 4-H leader in Scott Coun-



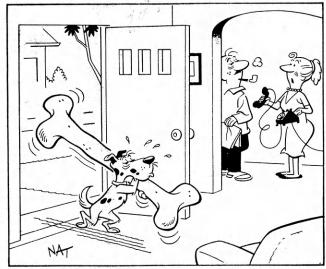
Mrs. Glen Ramsey

ty for 20 years. She was a community leader from 1949 to 1963. From 1963 to 1970 she has been a sewing leader and People - to - People leader.

Mr. & Mrs. Glen Ramsey live on a farm two miles south of Manning. have three Richard, children, Nancy and Betty Jean. All of their children were 4-H members and Richard served as a community leader with his mother for three years. All of their children are now married.

The Ramseys have had two IFYE's in their home, Ella Hamilton of Scotland in 1955, and Maria Prieux of France in 1961. They have been a very active family in the People-to-People project and the IFYE organization. They belonged to "Friend of IFYE" for several years.

Mrs. Ramsey helped organize again model meetings for county 4-H days; she helped to start the Manning Jayhawkers "Little Fair" each year instead of the tours. The club she has been community leader of has had between 30 to 50 members each year and has been very successful in holding older members in the club. Mrs. Ramsey has helped at judging schools, county fairs, judging at 4-H days, and community activities.



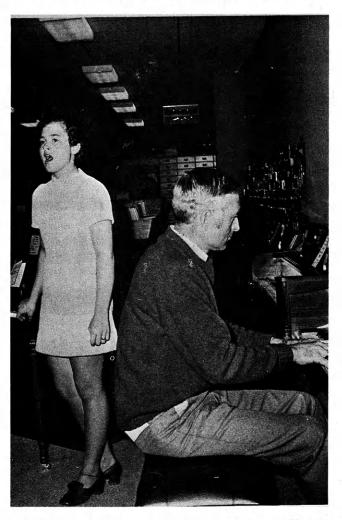
"SOMEONE FROM A MUSEUM WANTS TO TALK TO YOU. "

Mrs. Ramsey says that one of the awards of being a 4-H leader is seeing 4-H'ers make the best better each year.

County club days change; some stores host events

County club days are changing! This year in several counties 4-H members made their presentations in retail stores so the public could more easily see and hear the events. In Harvey County, for example, the retail committee of the Newton Chamber of Commerce worked with Norman C. Warminski, the 4-H club agent, to set up a spring festival. Thirty-four merchants participated in introducing 4-H as it is today to several hundred Harvey Countians.

Posters on the themes "What is 4-H?" or "The part of 4-H I like the best" were made by 4-H members and displayed in store windows.



Shon Cox presents her vocal solo in a retail store in Newton as part of the spring festival. Other events included were demonstrations, project talks, public speaking, dramatics; novelty numbers, model meetings and musical numbers of several kinds.

Safety chosen by junior leaders for club project

By David R. Sarff Club President

Are you putting me on? was the title of a poster the junior leaders of Lucky-Four 4-H club, Washington County, used to "kick-off" their safety project for this year. This poster, reminding everybody to install and use seat belts, was placed in several public places, such as schools, churches and the Community Center.

What a challenge these junior leaders planned for their club! No one was left out, as each member was assigned a month to prepare either a poster, a demonstration, or a display. You get the safety message when you visit our Community Cen-

ter!

On April 6th, Mr. Jim Dodds, Kansas Farm Bureau, Manhattan, presented a fire safety program for all the families in our community. Some of the older members of the club have given fire safety talks at county and regional club day. One member gave an illustrated safety talk at the men's organization of his church. We have a library of safety material at our Community Center; the material can be borrowed by anyone needing it. Some of the films we have shown this year are, "More Dangerous Than Dynamite," "Your Permit to Drive," and "Passing Fancy." We used these films for some of our special meetings, such as exchange and Christmas meetings. This summer, we are conducting a safety inspection survey, and this will be collected and tabulated.

We placed this safety recipe in our local newspaper during the Christmas and New Year's holi-

day:

DON'T TRY IT!

Take one natural born fool, some booze, and a motor car.

Soak the fool well in the booze, place him in a car, and turn him loose.

When finished, extract the fool from wreckage, pack carefully in black plush lined box, and garnish with flowers.

Sasnak club is safety conscious

By Rhonda Glasgow Club Reporter

The Sasnak 4-H club in Saline County is safety conscious 100%. This year as part of their safety project, they have taken over one of the fire inspector's duties, that of putting up "No Smoking" signs at the county fair grounds. Several times each month members meet and replace signs on the 12 horse stalls and livestock buildings. Members use red and black paper signs furnished free by the fire department. During fair week in August, members will check the buildings every day.

Other accomplishments this year include packaging and selling of fire proofing material for Christmas trees, a safety tip number at each monthly meeting,

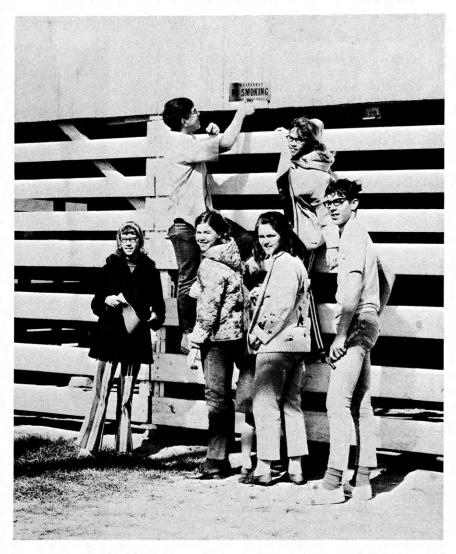
a paper drive contest, 12 entries in the state wide Farm Bureau poster contest (one entry received fifth place), two safety talks at local 4-H club day, 45 members each corrected one hazard in his home and told about it for the roll call at a meeting.

Members also picked up aluminum cans, pasted emergency telephone number decals on their home phones and put up a safety window display in a local bank

building.

Yes, the Sasnak 4-H club is safety conscious 100%. And they're proud of it!

Sasnak 4-H club, Saline County, sponsored a paper drive to clear out old papers stored in homes, as such papers can be a fire hazard. Two hundred pounds of paper were collected.



Putting up a "No Smoking" sign at the Saline County fair grounds are members of Sasnak 4-H club. From left to right, they are, front row, Kim Glasgow, Ann Zimmerman, Ginger Davidson, Dave Zimmerman, and in the back row, Mike Kollholf and Rhonda Glasgow.

Problems cause alcoholism; alcoholism causes problems

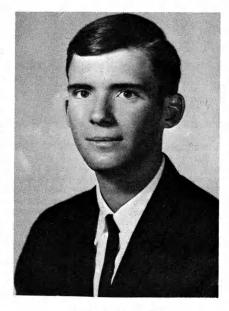
By Will Kimball National Health Award Winner

A national award winner in health last year was Will Kimball, Medicine Lodge. Will is in his 12th year in 4-H; has completed his freshman year of college at Sterling and plans to attend KSU this fall. He has taken health as a project for seven years, and last summer was a counselor at State Health camp at Rock Springs Ranch. He belongs to Lone Eagle 4-H club, Barber County.

Last September Will gave a blue ribbon winning speech about alcoholism at the Kansas State Fair. Here are excerpts from his

talk:

There's a little bit of the rebel in all of us—especially when we're growing up. This is reflected in teenage attitudes towards drinking; many teens look forward to their legal drinking age as the threshold of a more glamorous life. Or they may feel that using alcohol will make it easier to fit in with the crowd. Those who choose not to drink at all should not feel any obligation to conform to the pressure of others. Those who



Will D. Kimball

choose to drink should be aware there are dangers involved in the use of alcoholic beverages. One of these is the danger of alcoholism, a disease that develops insidiously and progressively in about one out of every twelve persons who drink.

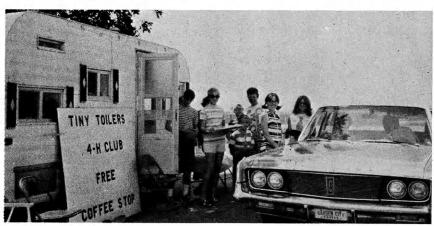
In the United States, alcoholism ranks among the top four diseases, exceeded only by mental illness, and heart and artery diseases.

As a 4-H'er, you repeat the 4-H pledge at each club meeting. You close by saying — "I pledge . . . my health to better living for my club, my community and my country." Remember that pledge as we review some of these facts about alcoholism.

In the United States, about six out of ten adults drink alcoholic beverages. Of these, about one out of twelve is an alcoholic—that's about six and one-half million alcoholics!

There is no single cause of alcoholism. But generally speaking, people use alcohol in an attempt to escape something or to relieve tensions in environmental problems, such as growing up, loneliness, boredom, family difficulties or job problems.

The connection between drinking and driving is painfully obvious to law enforcement officials. Each year on our highways we manage to kill 50,000 people. Half of these deaths involve a drinking driver.



More than 150 motorists from nine states were served cookies and coffee, tea or koolaid by the Tiny Toilers 4-H club, Pawnee County, at its Memorial Day safety coffee stop at Fort Larned. Literature emphasizing safety in summer sports and activities was also passed to the travelers. The coffee stop hops in the picture, from left to right, are Gary Schneck, Cindy Dipman, Wayne and Mike Gore, Mrs. John Dipman, Karen Gore, Sharon Fox and motorists from Garden City. Other members of the Tiny Toilers who helped were Denise and Jon Deege, Becky Coe, Cheryl Schneck, Sadie and Gil Clarkson, Jeanine Mull, Shelly and Blair Rankin, Mary Ellen Finger, Mrs. Leo Fox and Mrs. Clayton Smith, safety leader. The Lawrence Schnecks' donated the use of their camper-trailer for the day. Motorists who stopped were from as far west as California and as far east as New Jersey.



Junior leaders of the Lucky-Four 4-H club, Washington County, look at safety material and a poster which asks "Are you putting me on?" From left to right are Irma Jean Matson, Audrey Kalivoda, Mike Lundquist, Ricky Anderson, David Sarff and Danny Anderson. Chairmen were Irma Jean Matson and Mike Lundquist.

Tea for travelers given by Rustlers in Pratt County

By Kenna Giffin Club Reporter

World travel was the theme of a tea given for Janis Pritchard and Denise Reed by the Richland Rustlers 4-H club June 14. Janis will be going to Italy as a member of the 4-H Teen Caravan Program, and Denise is going to Austria with the Wichita State University singers. Three members of the club were dressed in authentic native costumes of Austria. They were Patricia Moss, Nancy Marteney, and LuJean Monaghan. Table decorations were miniature flags of Italy and Austria. Duffle bags, filled with small items for trips, were presented to Janis and Denise by Kenna Giffin and LuJean Monaghan. Invited guests were the mothers of the 4-H club members, their daughters, and other 4-H friends.



Nancy Marteney in Austrian dress serves Janis Pritchard, club president, who is going to Italy in the 4-H Teen Caravan program.



Small duffle bags filled with items such as pens, a travel diary, scotch tape, and paper clips were presented to the honorees at the tea. Left to right are Lu-Jean Monaghan in an authentic Austrian costume, Denise Reed, Janis Pritchard and Kenna Giffin.



Decoupage, a form of art used to give pictures, bottles and boxes an antique look, is a new hobby for the junior leaders of the Sappa Valley 4-H club of Decatur County. The past year they have been making wall hangings. They glue a picture to a piece of old wood, then apply several coats of clear varnish to the picture and wood for a shiny finish. Barb Brown, club reporter, says it is an enjoyable hobby, and a few decoupage hangings have been sold. Working and looking are, from left to right, Richard Anderson, Craig Larson, Suzanne Larson, Terry Lipplemann, Jon Lipplemann, Beth Brown, Kevin Kelly and Joanne Larson.



The Lucky Clover 4-H club of Leavenworth County presented the complete church service for their 4-H Sunday observance at the Linwood Methodist Church. The other church in Linwood, the Baptist Church, chose not to have services so all could attend the special 4-H service. Speakers were Sandra Elder, club president, and David Davidson, secretary. The topics of their sermonettes were "What is Truth?" and "The 4 H's and What They Mean to Me".



Jacinta Vera, IFYE from Ecuador, looks at Kansas 4-H material shown him by Don Kueck, right, Kingman County 4-H agent. Jacinta, who spent three weeks with the Paul Dick family of Zenda, is president of his 4-F (like our 4-H) club in Eucador. He gave a flag to the Zenda Zoomers 4-H club.

Gifts for Citizenship Center may be sent to 4-H Foundation

20,000 youth, their leaders and adults—this will be the record attendance at Rock Springs Ranch during 1970. What a great force for good after par-ticipating in the many educa-tional and inspirational activities available.

The planned Citizenship Center, with auditorium, conference rooms, and exhibit gallery, will be one more step in providing the best possible facilities for successful meetings, conferences, and camps. All groups, and thousands of visitors will have the advantages offered by programs in the new Center.

Kansas 4-H Foundation accepted the challenge of a \$200,-000 gift for such a building. W. Dale Critser, Wichita, Chairman of the Foundation Board of Trustees, in commending the women of Kansas, said, "We are indebted to Kansas Farm Bureau for their help in raising the \$300,000 necessary to con-

struct the Center. However, we wish to give every 4-H family and 4-H club an opportunity to get their name on the permanent Honor Roll for this most important new facility. Not only will this be testimony to your belief in America, it will help this and

future generations to better understand and appreciate our great heritage and our responsibility as citizens."

The coupon below may be clipped and mailed to the Foundation, 212 Umberger, KSU, Manhattan 66502.

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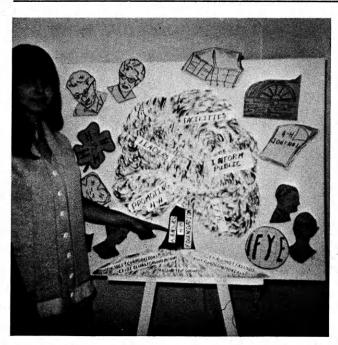
Please make check payable to Kansas 4-H Foundation

All contributions to the Kansas 4-H Foundation are income tax deductible.

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Address, including Zip

IT IS ALL IMPORTANT THAT EACH OF US GIVE SOMETHING



Brenda Robinson, a six year member of the Hoisington Har-monizers 4-H club, Barton County, uses a flannel board and monizers 4-H club, Barton County, uses a flannel board and colorful visuals to explain the five point program of the Kansas 4-H Foundation in a talk entitled "For Kansas Youth" given on county 4-H club day. She listed the most important function of the Foundation as the promotion of 4-H by providing a variety of awards, trips and scholarships. Next, the Foundation helps to train the 10,000 volunteer leaders in Kansas. A major facility for recreation and training is pro-

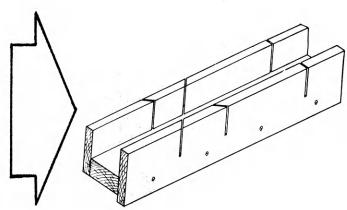


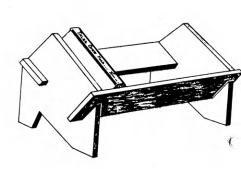
vided at Rock Springs Ranch. The Kansas 4-H Journal is published to inform members and parents about what is hap-pening in 4-H. A final goal of the Kansas 4-H Foundation is to increase world understanding and friendship through the International Farm Youth exchange and similar programs. At right, Brenda is interviewed by John Hart, news coordinator at radio station KVGB, Great Bend, about the work of the Kansas 44 Foundation Hor talk (For Kansas 44 Foundation). Kansas 4-H Foundation. Her talk "For Kansas Youth" was broadcast over KVGB.



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Child's Picnic Table

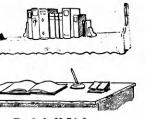
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IDEAS & News

A first step toward entering politics can be taking an active part in someone else's election campaign, Representative Wallace Buck said in answer to a member's question at the July meeting of the Rochester Heights 4-H club, Shawnee County. Representative Buck spoke about citizenship. He asked for opinions about lowering the voting age to 18 and members expressed views both for and against.

Members of the **Sedgwick Sunflower 4-H club**, **Harvey County**, supplied judging classes, and then practiced judging, as at the county judging contests, before their regular monthly meeting.

Junior officers presided at a recent meeting of the Silver Lake 4-H club, Shawnee County. Becky Kelsey is club reporter.

Nancy Marteney, health committee chairman of the Richland Rustlers 4-H club, Pratt County, told the history of dairy foods over KWNS radio station.

A skating rink and a park were places for recent 4-H meetings in Saline County. The Bavaria 4-H club met at the Starlight skating rink for their meeting and skating party. Roll call was answered by naming a favorite vacation spot. Members of the Brookville 4-H club spent a day raking and cleaning the Brookville Park, then enjoyed a hamburger fry. Later they had their meeting around the smoldering fire. Members told how their projects were progressing.

Members of Bluestem 4-H club, Butler County, took small projects to the township hall; after the club tour of homes to see larger projects, members went to the hall to see the exhibits and to have their meeting.

Ronnie Pihl demonstrated washing a sheep when members of Falun 4-H club, Saline County, visited at his place on their club tour.

A day camp to include the entire club is a summer activity of the Lucky 13 4-H club, Harvey County.

Members Jeanie Aylward and Cindy Schenewerk were given gifts from the Willing Workers 4-H club, Saline County, as a token of gratitude for all they have done for the club. Both girls graduated from high school this spring.

RISE AND FALL OF CIVILIZATIONS ...



How can democratic methods be used to destroy the substance of liberty? The answer lies in the democracy has been extended beyond its traditional dimensions. The democratic system is continually being pressed to become an instrument for the forcible redistribution of wealth and the expansion of government.

In the Constitution, our founding fathers established not a democracy but a republic, with built-in safeguards against unrestrained mass rule, such as separation of powers, checks and balances and a federation of states. These qualifications and protective restrictions have been progressively eroded by judicial interpretation or swept away by constitutional amendment. Thus the way is left open for all sorts of "welfare" schemes, many of doubtful constitutional or financial legitimacy.

What the Government subsidizes it can also control. As its power increases, our freedom diminishes. Many vigilant persons recognize this peril to their liberties, but in the face of the tremendous voting power of the pressure groups and other recipients of "free" Federal money, the odds are increasingly against them. It is possible for the people to vote themselves into bondage. We shall be fortunate if this doesn't happen to us.—Oscar Ibele, Professor of Political Science, Kent State University.

Kansas Farm Bureau

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Kitchen



Editor's note: Linda Klawonn, Paola, enjoys making chocolate cake by an old family recipe used by her mother and grandmother. It brought her a blue ribbon at the fair two years ago. Linda has taken cooking all her six years in 4-H work.

This year she is president of her club in Miami County.

Chocolate Cake

- 2 cups sugar
- ½ cup shortening
- ½ cup cocoa
- 1 cup hot water
- 2 eggs
- 2 cups flour
 - 1/2 cup sour milk (or as a substitute, 1/2 cup milk and 2 tablespoons vinegar)
- 11/2 teaspoon soda
- 1 teaspoon vanilla

Combine sugar, cocoa, and shortening in large mixing bowl. Add hot water to melt shortening. Add eggs slightly beaten and mix. Add flour and mix slowly. Combine sour milk and soda, or milk, vinegar and soda, in a measuring cup and let rise to the top. Pour into batter and mix. Add vanilla and mix at high speed for about 2 minutes. Bake at 375 for 25 to 30 minutes. Makes a 13x9x2 inch or two 9 inch layer pans.



Larry White of Nickerson takes a bid from a Salem 4-H club member for a plate of cookies. The event is a stamp auction conducted once a year by the Salem 4-H club in Reno County. Members save stamps from old letters during the year and use the value of the stamps as money to buy baked products baked by members and leaders. A good looking cake may sell for \$50—in stamp value, of course! Mrs. Sam Garber, the 4-H clothing leader and the pastor's wife, uses the stamps trade-in value for powdered milk and other staple food for missions and orphanages. Larry White is the Salem 4-H club community leader.

DEAS & News

Music is fun for Fairview Scouts 4-H club of Barton County. Members are proud of their record of four consecutive wins of their club chorus at county 4-H club day. Besides the chorus, the club has had a girls' ensemble, a sister trio, and members have given solos and piano solos. Mrs. Paul Strecker is music leader. The club sings for community service; members took cookies and sang at homes for older people. They also sing for club and community events.

Doug and Priscilla Garber and Tammy Leonard were voted into the Lucky Clover 4-H club, Leavenworth County, secretary David Davidson tells us.

Where were you on Earth Day? Fifteen members of the White Rock Hustlers 4-H club of Jewell County were cleaning up litter in the city park, in both school yards and in the main part of Burr Oak. On 4-H Sunday, they attended the Wesleyan Methodist Church as a group; two 4-H members presented special numbers. In June, this busy club had a farewell picnic for Mr. and Mrs. Noel Runyan and boys who are moving to Nebraska. The Runyans have been in 4-H work for more than 20 years. Gayle Waugh is reporter of the White Rock Hustlers.

Attending a Kansas City Royals baseball game is a summer activity of the Glenwood 4-H club, Leavenworth County. They also made a dairy month window display, had a club tour, and, as a community service, mowed the lawn at the community house, according to Teresa Millsap, secretary.

A former member of Macon Happy Hour 4-H club, Harvey County, entertained the club when he visited a recent meeting. Mike Lies played several selections on his guitar. Two members of this club have returned from statewide events. Brenda Schirer attended Farm Bureau Citizenship Camp at Rock Springs Ranch, and Kathy Gatz went to Round-up at Kansas State University.

CORRECTION

The Beech Aircraft Company was founded in 1932, not in 1968 as stated in the July Kansas 4-H Journal. We apologize for the error!

Cindy Schenewerk, Jayne Aylward, Sandy White and Kay Bruhl have been helping with the "Kick the Habit" campaign in Saline County. They interviewed more than 500 persons asking them if they smoked and if they did, would they like to quit. If they said "Yes" to the last question they could fill out a post card with their name and address. When the TB association receives the cards they will send them free a "KWIT KIT" with suggestions on how to cut down or quit smoking entirely. Between 1/3 and 1/4 of the people interviewed smoked. More than $\frac{1}{2}$ of those who smoked filled out cards. The girls are members of Willing Workers 4-H club.

Dog project -

(Continued from page 5)

the stock market. But the dog project has helped me in so many other ways—by teaching me to accept the death of a puppy, to carry responsibility, to develop patience, and to give love. These qualities are what 4-H strives for.



Members of the Barber County pasture and range judging team hold the trophy they won for having the highest score for an out-of-state team at the International Pasture and Range Judging Contest in Oklahoma City. The team placed third in the contest. From left to right are Steve Thompson, 3rd high individual, Warren Etheridge, Ray Etheridge, county Extension agricultural agent, Keith Pike, 4th high individual, and John Forester.

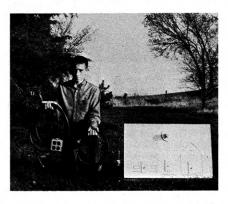


Members of the Happy Hustlers 4-H club, Wilson County, planted a cedar tree at the Benedict City Hall so it can be decorated at Christmas time. Other members planted flowers at the church. This was all part of the club project, conservation, reporter Kathy Miller tells us.

Osage County boy uses electric skills for house and farm



Neil Mickelson of Osage County put to use practical skills learned in his electric project by installing a porch light, door bell and a weatherproof convenience outlet in a remodeling project.



The two extension cords Neil holds were both purple ribbon winners in previous years at the Mid-American Fair. The display board shows the operations of two 3 way and one 4 way switch. Neil has also made two study lamps. He does all kinds of electrical work needed around the farm. Fourteen-year-old Neil, in his fifth year in the electric project, is a member of the Lyndon Leaders 4-H club.



Neil is shown with the multi-purpose light he built for his 1969 4-H electric project. This completely weatherproof light features a 300 watt bulb for general lighting and two 150 watt spot lights for specific lighting. Switches were installed so either or both tyes of lighting can be used. A convenience outlet adds to the light's versatility.



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