



# ***Wear Protective Clothing During Flood Cleanup***

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People involved in cleanup after the flood need to wear clothing that will protect them from contaminated water. Flood water can contain raw sewage, viruses, bacteria, and pesticides.

It is important to take the following steps when working in flood damaged areas:

- Check to make sure that tetanus shots are up-to-date. (Get a booster shot if you have not had a tetanus shot within the past 10 years. Some health departments recommend a booster within five years if you are working in flood water.)
- Wear waterproof boots, preferably high rubber boots.
- Wear waterproof gloves—latex or neoprene coated, not leather or cotton (kitchen rubber/latex gloves will work).
- Wear a face mask.
- Avoid direct contact with water
- Wash with an anti-bacterial soap (Dial, for example) after working in flood areas
- Wash clothing in a detergent and disinfectant after working in flood areas. (Follow the manufacturer's instructions).

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MF-1134

August 1993

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8-3-93—5M; Rev 8-6-93—5M