# Master of Public Health Applied Practice Experience

by

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submitted in partial fulfillment of the requirements for the degree

MASTER OF PUBLIC HEALTH

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# List of Abbreviations

APE	Applied Practice Experience
CASPER	Community Assessment for Public Health Emergency Response
COPD	Chronic Obstructive Pulmonary Disease
DMP	Diagnostic Medicine/Pathobiology
EAG	Emergency Action Guide
EM	Emergency Management
EJI	Environmental Justice Index
EOP	Emergency Operations Plan
ESF	Emergency Support Functions
FHWC	Flint Hills Wellness Coalition
FEMA	Federal Emergency Management Agency
GIS	Geographic Information System
HIPAA	Health Insurance Portability and Accountability Act
ICS	Incident Command Systems
KSU	Kansas State University
KDHE	Kansas Department of Health and Environment
MPH	Master of Public Health
NIMS	National Incident Management System
NOAA	National Oceanic and Atmospheric Administration
O <sub>3</sub>	Ozone
PHEP	Public Health Emergency Preparedness
PM	Particulate Matter
RCHD	Riley County Health Department

RSV	Respiratory Syncytial Virus
SVI	Social Vulnerability Index

#### **Chapter 1 - Portfolio Products**

The Kansas Department of Health and Environment (KDHE) is a state agency created to protect, improve, and monitor the health and environment in Kansas. The agency is comprised of three divisions with separate but overlapping responsibilities. The Division of Public Health uses assessment, policy development, and assurance to promote and protect public health in Kansas. The Division of Environment uses regulations and programs to protect the Kansas environment. Lastly, the Division of Health Care Finance works with health policy to improve health for all in Kansas. Each division is further separated into bureaus with more specific responsibilities that assist in meeting the agency's mission. The official mission is stated as follows: "The Kansas Department of Health and Environment works to protect and improve the health and environment of all Kansans" (1).

The Riley County Health Department (RCHD) is a county agency created to serve Riley County through the promotion and protection of the community in several aspects. RCHD works toward a mission "to promote and protect the health and safety of our community through evidence-based practices, prevention, and education" (2). This accredited health department is made up of several different departments, some of which include clinic services, community health and wellness, Raising Riley, and emergency preparedness (2). The county agency partners with many community organizations and facilities to meet the public health needs of Riley County.

The Public Health Emergency Preparedness (PHEP) department at RCHD is crucial to achieving the agency's mission. This department coordinates community response and preparation efforts for threats such as natural disasters and disease outbreaks. Another important responsibility of this department is community education concerning outbreaks, public health resources, and emergency procedures (3).

As both KDHE and RCHD share an overarching goal of promoting public health for all within their jurisdictions, a cross-sectoral collaboration between the agencies is common. My applied practice experience (APE) was conducted at both agencies to develop knowledge of public health capacities at both the state and county levels. To achieve this goal, I served as a PHEP intern onsite at RCHD and conducted virtual work with KDHE involving data analysis.

Majority of my time at RCHD was spent working with the department's PHEP coordinator, Ms. Skylar German. During this time, I was exposed to several different trainings, meetings, and volunteer opportunities that allowed for the further development of my understanding of county-level government practices and community engagement. As I assumed

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the position of PHEP intern at RCHD, the department was partaking in organizational efforts following the surge of the COVID-19 pandemic, and preparatory efforts prior to flu season. In line with the needs of the agency at this point, and under the direction of Skylar, I created Community Assessment for Public Health Emergency (CASPER) surveys for use prior to or following an emergency event. The initially created survey was designed for use to assess current PHEP in Riley County. I then created two additional surveys to be used to assess public health response needs following disastrous events such as a tornado or floods. Secondly, the agency needed an updated emergency preparedness guide for distribution throughout the community. Following the exploration of the most common emergency situations in Riley County, I created a new emergency preparedness guide for community educational purposes.

Using knowledge gained from RCHD regarding public health needs in Kansas, I worked with KDHE to focus on social vulnerability, extreme heat, and respiratory illness data. Under the guidance of my preceptor, Dr. Steven Corbett, I was able to create and analyze maps created using ArcGIS Pro (3.0) software. Using these maps, I created a research poster for presentation at Kansas State University (KSU) poster sessions. In conclusion, throughout my two experiences, I produced four main products for my portfolio.

Portfolio Product		Description		
		A collection of three ready-to-use surveys		
	Riley County CASPER Surveys	including questions related to demographic		
		information, situational needs, and		
Λ		communications. These surveys are		
A		intended for use in Riley County to assess		
		emergency preparedness needs and		
		emergency response needs following a		
		flood or tornado.		
		An educational guide outlining need-to-		
		know information for all in Riley County		
Р	Riley County Emergency Preparedness	regarding thunderstorms, flooding,		
В	Guide	tornadoes, extreme heat, winter weather,		
		wildfires, and bioterrorism. The guide was		
		created with graphics and kid-friendly		

#### Table 1.1 Summary of Portfolio Products

		designs to encourage education at all ages
		within family structures.
		Kansas maps depicting social vulnerability,
с	GIS Maps	extreme heat, chronic obstructive
		pulmonary disease (COPD) crude
		prevalence, and asthma crude prevalence
		by census tract were created.
		A research poster that was presented
D	Research Poster	during Phi Zeta Day and Grad Forum at
		KSU. The poster showed results from the
		analysis of the GIS maps.

# Table 1.2 Portfolio Products and Competency Addressed

Portfolio Product		Number and Competency Addressed			
А	Riley County CASPER Surveys	9.	Design a population-based policy, program, project, or intervention.		
В	Riley County Emergency Preparedness Guide	18.	Select communication strategies for different audiences and sectors.		
			Apply epidemiological methods to the breadth of settings and situations in public health practice.		
C GIS Maps		3.	Analyze quantitative and qualitative data using biostatistics, informatics, computer-based programming, and software, as appropriate.		
	GIS Maps	4.	Interpret results of data analysis for public health research, policy, or practice.		
		6.	Discuss the means by which structural bias, social inequities and racism undermine health and create challenges to achieving health equity at organizational, community and societal levels.		
		9.	Design a population-based policy, program, project, or intervention.		
D	Research Poster	4.	Interpret results of data analysis for public health research, policy, or practice.		
		6.	Discuss the means by which structural bias, social inequities and racism		

	undermine health and create challenges to achieving health equity at organizational, community and societal levels.
18.	Select communication strategies for different audiences and sectors.
19.	Communicate audience-appropriate public health content, both in writing and through oral presentation.

### Timeline

Week 1 (10/17/2022-10/21/2022) – During week 1, I was onboarded as an intern at RCHD. I was introduced to employees, given a tour of the buildings, and given brief overviews of each department's responsibilities. I also attended two meetings held by Debbie Nuss from the Flint Hills Wellness Coalition (FHWC) outlining planning and budget options for the distribution of head lice kits in schools around Manhattan, Kansas.

Week 2 (10/24/2022 -10/28/2022) – Week 2 consisted of completing several online Kansas trainings explaining public health in Kansas and HIPAA. These trainings included the following: Overview of the Kansas System, Governance and Policy, Financial Management and Preparedness, Workforce Development, HIPAA Awareness, HIPAA Allowable Disclosures and Safeguards, and HIPAA Right to Access and Documentation. During this week we also finished preparation for "Oktfluberfest" as the event took place at the end of the week. I participated in this community vaccine outreach event by educating community members on RCHD's mobile testing lab.

Week 3 (10/31/2022 - 11/4/2022) – During week 3, I began research and preparation to complete CASPER surveys for RCHD. I completed the surveys during this time frame, and they were fully approved by the PHEP department. I also began and completed Federal Emergency Management Agency (FEMA) trainings to become more fully educated on the incident command system (ICS) and the national incident management system (NIMS). These trainings included the following: Introduction to the Incident Command System, Basic Incident Command System for Initial Response, National Response Framework, An Introduction, and An Introduction to the National Incident Management System. At this time, I also began receiving Social Vulnerability Index (SVI) data from Dr. Corbett.

Week 4 (11/7/2022 - 11/11/2022) – Week 4 at RCHD was spent meeting with Riley County Emergency Management (EM) to facilitate my understanding of and begin planning for the Emergency Support Function (ESF) 8 meeting. I learned about this yearly Medicare requirement for healthcare facilities across Riley County. At this point, I also received asthma and COPD data from Dr. Corbett and began training online GIS training through Esri.

Week 5 (11/14/2022 - 11/18/2022) – During week 5, I met with Debbie Nuss individually to learn the process by which she updates the FHWC website to be prepared to assist with future website editing. Secondly, I received departmental survey data from Ms. Shanika Rose to complete a qualitative analysis of needs across RCHD. Following the completion of the analysis, I also received and began sorting through Kansas heat data.

Week 6 (11/21/2022 - 11/23/2022) – For week 6, the PHEP department resumed previously halted epidemiology meetings. I took meeting minutes and learned of recent disease happenings in the county. I also completed data entry for RCHD's clinic family planning survey.

Week 7 (11/28/2022 - 12/3/2022) – RCHD PHEP hosted a table at Manhattan's "howl and prowl" event where I conducted short zoonotic disease surveys to community members giving them an opportunity to become more educated about their pets and earn a prize. During this week, I also reviewed and made necessary edits to RCHD's emergency operations plan (EOP) document.

Week 8 (12/5/2022 - 12/9/2022) – For week 8, I began assisting RCHD PHEP with COVID-19, influenza, and respiratory syncytial virus (RSV) testing. I also reviewed and edited RCHD's emergency action guide (EAG) documentation. Looking to further explore environmental justice in Kansas, I received environmental justice index (EJI) data and documentation for review from Dr. Corbett.

Week 9 (12/12/2022 - 12/16/2022) – During my final week with RCHD, the ESF 8 meeting was hosted. I assisted with the preparation for the meeting and took meeting minutes for sharing with all attendees. I also participated in fit testing where several county employees were fitted with appropriate masks in preparation for potential air quality threats. Between these tasks, I also assisted with virus testing as needed.

Weeks 10 -15 (1/2/2023 - 2/17/2023) – As my time with RCHD came to an end, I was able to focus more fully on GIS training. For weeks 10 through 15 of my APE, I completed several Esri trainings and further sorted the data I was provided. These training courses included the following: GIS Basics, ArcGIS Pro Fundamentals, Getting Started with ArcGIS Pro, Getting Started with Spatial Analysis and Fundamentals of Mapping and Visualization. Through these trainings, I was able to explore potential relationships between extreme heat, social vulnerability, and respiratory illness in Kansas. Following this, I mapped and analyzed multiple data sets to conclude the results for my reports.

## **Chapter 2 - Competencies**

Table 2.1	Summar	/ of MPH	Foundational	Competencies
	•••••••			

Nun	nber and Competency	Description
1	Apply epidemiological methods to the breadth of settings and situations in public health practice.	GIS mapping was used to analyze and visualize Kansas population and heat data to look for potential relationships.
3	Analyze quantitative and qualitative data using biostatistics, informatics, and computer-based programming and software, as appropriate.	GIS software was used to conduct analyses based on data from a variety of sources. Census tract-level associations were identified and explored.
4	Interpret results of data analysis for public health research policy or practice.	Maps were created and the discovered results were interpreted to various audiences through research poster presentations. Results were applied to public health practice to inform professionals on the next steps.
6	Discuss the means by which structural bias, social inequities and racism undermine health and create challenges to achieving health equity at organizational, community and societal levels.	Interpreting health results in terms of high SVI allowed for the presentation and discussion of the potential health disparity issues in Kansas.
9	Design a population-based policy, program, project or intervention.	An emergency preparedness guide was created with an understanding of the needs of the community through county population data. Additionally, a spatial analysis of Kansas population data was conducted to assess public health needs.
18	Select communication strategies for different audiences and sectors.	A research poster and emergency preparedness guide were designed to be reader-friendly and conducive to learning regardless of background knowledge or education. I prioritized successful communication of knowledge in the creation of both resources.
19	Communicate audience-appropriate public health content, both in writing and through oral presentation.	My project results were presented with the intention of appealing to non-public health professionals to facilitate clarity and understanding.

Competency 1 – GIS mapping allowed for the achievement of this competency. Through the mapping with GIS software, I was able to visualize and analyze COPD, asthma, heat, and social vulnerability data. Through visualization, I found census tracts with high disease crude prevalence. I also spatially analyzed this data in parallel to extreme heat and social vulnerability

data to locate areas where of most concern for public health policy and resource distribution. In summary, the epidemiological methods of spatial analysis and disease mapping were applied to conclude the results of my data exploration.

Competency 3 – Using GIS computer-based software I was able to conduct spatial and statistical analyses to allow for a visual understanding of chronic respiratory illness, social vulnerability, and extreme heat in Kansas. I combined several sources of data, chose variables of focus, and used quantitative techniques to identify census tract-level associations.

Competency 4 – The maps created allowed me to identify patterns and interpret results to multiple audiences. These results were included in poster presentations to audiences from several different academic backgrounds. Visual representations, in this case, maps and a poster, allowed for results to be understood and applied for research, policy, or practice.

Competency 6 – As a major focus of my project was analyzing the SVI in Kansas, I was able to explain and depict associations between high SVI and high crude prevalence of COPD or asthma. Simultaneously, mapping previous century extreme heat rates and high SVI allowed for the identification of communities of focus for health equity interventions. Poster presentations provided the necessary platform to educate and discuss potential health disparities that can be inferred from the mapping.

Competency 9 – Creating a Riley County Emergency Preparedness Guide required that I understand the educational needs of Riley County in relation to this topic. Using county data, I identified topics and formatting preferences and created the booklet to benefit the community's knowledge and safety practices. Furthermore, conducting a spatial analysis of population data allowed me to assess the public health needs of census tracts in Kansas concerning extreme heat and chronic respiratory health resources. Including SVI in this analysis facilitated my understanding of potential factors associated with the high crude prevalence of respiratory illnesses.

Competency 18 – Recognizing the importance of communicating information successfully to a multitude of audiences, when creating a research poster and an emergency preparedness guide, it was important to include easy-to-understand information. Both products were created with the intention of being reader-friendly regardless of background knowledge.

Competency 19 – By presenting my project results in the form of a research poster I was able to design an appealing poster that could be easily understood by non-public health professionals. This was done using mindful vocabulary and descriptions of methodology and results. Preparing an oral presentation component allowed me to expand on my poster content as well as clarify points to my audience to convey the main points.

22 Public Health Foundational Competencies Course Mapping	MPH	MPH	MPH	MPH	MPH
Public Health and Health Care Syst	701	720	754	802	818
5 Compare the organization structure and function of health care			[	T	
nublic health and regulatory systems across national and		×			
international settings		~			
6. Discuss the means by which structural bias, social inequities and					
racism undermine health and create challenges to achieving health					x
equity at organizational, community and societal levels					
Planning and Management to Promote	e Health	1			
7. Assess population needs, assets and capacities that affect		×		×	
communities' health		^		^	
8. Apply awareness of cultural values and practices to the design or					x
implementation of public health policies or programs					~
9. Design a population-based policy, program, project or intervention			х		
10. Explain basic principles and tools of budget and resource		×	×		
management		^	^		
11. Select methods to evaluate public health programs		х	х		
Policy in Public Health					
12. Discuss multiple dimensions of the policy-making process, including		~		~	
the roles of ethics and evidence		X	x	X	
13. Propose strategies to identify stakeholders and build coalitions and		×		×	v
partnerships for influencing public health outcomes		^		^	^
14. Advocate for political, social or economic policies and programs that		x			x
will improve health in diverse populations					
15. Evaluate policies for their impact on public health and health equity		х		х	
Leadership				-	_
16. Apply principles of leadership, governance and management, which					
include creating a vision, empowering others, fostering		х			х
collaboration and guiding decision making					
17. Apply negotiation and mediation skills to address organizational or		x			
community challenges			<u> </u>		
Communication	1				
18. Select communication strategies for different audiences and sectors	18. Select communication strategies for different audiences and sectors DMP 815, FNDH 880 or KIN 79			796	
<ol> <li>Communicate audience-appropriate public health content, both in writing and through oral presentation</li> </ol>	DM	P 815, F	NDH 880	) or KIN	796

### Table 2.2 MPH Foundational Competencies Course Mapping

22 Public Health Foundational Competencies Course Mapping	MPH 701	MPH 720	MPH 754	MPH 802	MPH 818
20. Describe the importance of cultural competence in communicating public health content		x			x
Interprofessional Practice					
21. Perform effectively on interprofessional teams		х			х
Systems Thinking					
22. Apply systems thinking tools to a public health issue			х	х	
Evidence-based Approaches to Public Health					
<ol> <li>Apply epidemiological methods to the breadth of settings and situations in public health practice</li> </ol>	x		х		
2. Select quantitative and qualitative data collection methods appropriate for a given public health context	x	х	x		
<ol> <li>Analyze quantitative and qualitative data using biostatistics, informatics, computer-based programming and software, as appropriate</li> </ol>	x	x	x		
<ol> <li>Interpret results of data analysis for public health research, policy or practice</li> </ol>	х		x		

# Table 2.3 Application of Systems Thinking Tools to a Public HealthIssue

Systems Thinking Tool	Description of Use
Innovation (or change	I used components of the Innovation History systems thinking tool
management) History	to analyze respiratory health, SVI, and extreme heat data to help
	set priority initiatives for public health professionals in Kansas. I
	initially planned my APE with a seemingly broad goal of exploring
	extreme weather and the impacts that may have on health in
	Kansas. As I began interning for RCHD and KDHE I was able to
	explore the common goals of both agencies through stakeholder
	discussions and identify ways to produce a project of interest to
	the populations served by both. I explored public health response
	history and capabilities of both agencies to inspire a narrower
	approach to my spatial analysis. My spatial analysis is an initial
	step in developing a plan to lower rates of respiratory illness in
	Kansas and lower the negative impacts of extreme heat.

### Use of Systems Thinking Tools

#### References

- 1. *About KDHE / KDHE, KS*. (n.d.). Retrieved March 2, 2023, from https://www.kdhe.ks.gov/1548/About-KDHE.
- 2. About Us—Riley County Health Department / Riley County Official Website. (n.d.). Retrieved March 2, 2023, from https://www.rileycountyks.gov/2010/About-Us---Riley-County-Health-Department.
- *3. Public Health Emergency Preparedness | Riley County Official Website*. (n.d.). Retrieved March 2, 2023, from https://www.rileycountyks.gov/1239/Emergency-Preparedness.

# Appendix 1: RCHD CASPER Surveys

Riley County CASPER Preparedness

Demographic	Information
Q1. Type of structure $\Box$ Single family $\Box$ Multiple unit $\Box$ Mobile	Q8. How often in the past 12 months would you say your HH was
home Other (please specify) DK OK KF	meals? Would you say your HH was worried or stressed $\Box$ Always
$\Box DK \Box RF$	□Usually □Sometimes □Rarely □Never □DK □RF
	<b>Q9.</b> Does your current homeowner's insurance policy cover
	1. Flood damage □Yes □No □DK □RF
	2. Fire damage $\Box$ Yes $\Box$ No $\Box$ DK $\Box$ RF
	4. Straight wind damage $\Box$ Yes $\Box$ No $\Box$ DK $\Box$ KF
Q3. Including yourself, how many people living in your HH are	Q10. Have you or a member of your HH ever been told by a
$\Box$ Less than 2 years old $\Box$ 2-17 years $\Box$ 18-64 years $\Box$ 65+ years $\Box$ DK	healthcare professional that he/she has
	1. Asthma/COPD/Emphysema $\Box$ Y es $\Box$ No $\Box$ DK $\Box$ RF 2. Diabetes $\Box$ Yes $\Box$ No $\Box$ DK $\Box$ RF
	3. Developmental disability $\Box$ Yes $\Box$ No $\Box$ DK $\Box$ RF
	4. Hypertension/heart disease □Yes □No □DK □RF
	5. Immunosuppressed □Yes □No □DK □RF
	7. Psychosocial/mental illness $\Box$ Yes $\Box$ No $\Box$ DK $\Box$ RF
Q4. What race does majority of your HH identify with? □Asian	Q11. Do you or does any member of your HH need
□American Indian/Alaska Native □Black or African American	1. Daily medication □Yes □No □DK □RF
$\Box$ White $\Box$ Native Hawaiian or Other Pacific Islander $\Box$ Hispanic or Lating $\Box$ DK $\Box$ RF	2. Dialysis $\Box$ Yes $\Box$ No $\Box$ DK $\Box$ RF 3. Home health care $\Box$ Yes $\Box$ No $\Box$ DK $\Box$ RF
	4. Oxygen supply $\Box$ Yes $\Box$ No $\Box$ DK $\Box$ RF
	5. Wheelchair/cane/walker □Yes □No □DK □RF
	6. Other type of special care $\Box$ Yes $\Box$ No $\Box$ DK $\Box$ RF
Q5. What is the main language spoken in your HH? $\Box$ English $\Box$ Spanish $\Box$ Other (please specify) $\Box$ DK $\Box$ RE	Q12. In the past 5 years, have you or anybody in your HH taken training in
	1. First aid $\Box$ Yes $\Box$ No $\Box$ DK $\Box$ RF
	2. CPR □Yes □No □DK □RF
<b>06</b> What is the marital status of your head of HH?	3. CERT □Yes □No □DK □RF
□Married/unmarried couple □Separated/divorced □Widowed	emergency plans with your HH?
□Never married □DK □RF	□Yes □No □DK □RF
Q7. How often in the past 12 months would you say your HH was	Q14. How would you classify your HH's overall emergency
worried or stressed about having enough money to pay your rent/mortgage? Would you say your HH was worried or stressed	preparedness?
$\square$ Always $\square$ Usually $\square$ Sometimes $\square$ Rarely $\square$ Never $\square$ DK $\square$ RF	$\Box$ Very prepared $\Box$ DK $\Box$ RF
Commu	nications
Q15. Do you or does anyone in your HH have any of the following?	
<ol> <li>Impaired hearing □Yes □No □DK □RF</li> <li>Impaired vision □Yes □No □DK □RF</li> </ol>	
<ol> <li>Developmental/cognitive disability □Yes □No □DK □RF</li> </ol>	
4. Difficulty understanding English DYes No DK RF	
5. Difficulty understanding written material \u2224 Yes \u2224 No \u2224 DK \u2224 RF	017 Is your UU awars of the following metanisle to better
or emergency events? (Check one)	prepare you and your family for a natural disaster or other
□Newspaper □TV □Radio □Internet/Online news	significant event?
□Friends/Family/Word of mouth □social media □Text message/Cell	1. Ready.gov resources □Yes □No □DK □RF
DK $\square$ Church/Place of worship $\square$ Other (please specify)	2. Educational bookiet [nandout] □ Y es □NO □DK □RF
Situational F	reparedness
Q18. Does your HH have any of the following emergency plans	
1. Emergency communication plan such as a list of numbers and de	esignated out-of-town contact $\Box$ Yes $\Box$ No $\Box$ DK $\Box$ RF

Designated meeting place immediately outside your home or close by in your neighborhood □Yes □No □DK □RF
 Designated meeting place outside of your neighborhood in case you cannot return home □Yes □No □DK □RF

<b>Q27.</b> What is your HH's current source of important information? □Newspaper □TV □Radio □Internet/Online news □Friends/Family/Word of mouth □social media □Text message/Cell phone alert □Church/Place of worship □Other (please specify)□DK □RF	Q28. Has your HH received information from the health         department regarding any of the following?         1. Mold/mildew cleanup □Yes □No □DK □RF         2. Cistern treatment □Yes □No □DK □RF         3. Food/water distribution □Yes □No □DK □RF         4. Medical care access □Yes □No □DK □RF         5. Other services (please specify) □Yes □No □DK □RF         GRF
Miscel	laneous
Q29. How would you describe the damage to you home? □Not at all damaged □Minorly damaged □Moderately damaged □Severely damaged □DK □RF	<b>Q31.</b> Did you or members of your HH hear about this survey prior to us talking to you today? (If yes, proceed to question 32) $\Box$ Yes $\Box$ No $\Box$ DK $\Box$ RF
Q30. Have you seen mold or smelled moldy/musty air in your home since the flood? □Yes □No □DK □RF	Q32. How did you or you HH member(s) hear about it? (Check all that apply) □social media □Website □Press release □E-mail □Family/Friend/Neighbor □Radio □Other (please specify) □DK □RF
Q33. What is your HH's greatest need right now? □No current need □Transportation □Physical help with cleanup and repairs □Financial (please specify) □DK □RF	s □Food □Electricity □Water □Medical care □Medications help □Trash removal □Shelter □Mental health needs □Other

## Riley County CASPER Tornado

Demographic	c Information
Q1. Type of structure □Single family □Multiple unit □Mobile home □Other (please specify) □DK □RF	Q7. Since the tornado, how concerned would you say your HH is about having enough money to buy nutritious meals? □Not at all concerned □Slightly concerned □Moderately concerned □Very concerned □DK □RF
Q2. Including yourself, how many people live in your HH?	Q8. Does your homeowner's insurance policy cover         1. Flood damage □Yes □No □DK □RF         2. Fire damage □Yes □No □DK □RF         3. Tornado damage □Yes □No □DK □RF         4. Straight wind damage □Yes □No □DK □RF
Q3. Including yourself, how many people living in your HH are □Less than 2 years old □2-17 years □18-64 years □65+ years □DK □RF Q4. What race does majority of your HH identify with? □Asian	Q9. Have you or a member of your HH ever been told by a healthcare professional that he/she has         1. Asthma/COPD/Emphysema □Yes □No □DK □RF         2. Diabetes □Yes □No □DK □RF         3. Developmental disability □Yes □No □DK □RF         4. Hypertension/heart disease □Yes □No □DK □RF         5. Immunosuppressed □Yes □No □DK □RF         6. Physical disability □Yes □No □DK □RF         7. Psychosocial/mental illness □Yes □No □DK □RF         *If yes, have you or a member of your HH noticed worsening of chronic conditions following the tornado? □Yes □No □DK □RF         O10. Do you or does any member of your HH need
□American Indian/Alaska Native □Black or African American □White □Native Hawaiian or Other Pacific Islander □Hispanic or Latino □DK □RF	<ol> <li>Daily medication □Yes □No □DK □RF</li> <li>Dialysis □Yes □No □DK □RF</li> <li>Home health care □Yes □No □DK □RF</li> <li>Oxygen supply □Yes □No □DK □RF</li> <li>Wheelchair/cane/walker □Yes □No □DK □RF</li> <li>Other type of special care □Yes □No □DK □RF</li> </ol>
Q5. What is the main language spoken in your HH? □English □Spanish □Other (please specify) □DK □RF	Q11. In the past 5 years, have you or anybody in your HH taken training in         1. First aid □Yes □No □DK □RF         2. CPR □Yes □No □DK □RF         3. CERT □Yes □No □DK □RF
<b>Q6.</b> Since the tornado, how concerned would you say your HH is about having enough money to pay your rent/mortgage? □Not at all concerned □Slightly concerned □Moderately concerned □Very concerned □DK □RF	<b>Q12.</b> Have the members of your HH received a tetanus shot in the last 10 years? $\Box$ Yes $\Box$ No $\Box$ DK $\Box$ RF
Situational New	eds Assessment
<b>Q13.</b> Was anyone in your HH injured during the tornado? $\Box$ Yes $\Box$ No $\Box$ DK $\Box$ RF	<b>Q17.</b> Does your HH currently have a 3-day supply of drinking water other than tap? $\Box$ Yes $\Box$ No $\Box$ DK $\Box$ RF
<b>Q14.</b> Have you or anyone in your HH become ill due to or since the tornado? $\Box$ Yes $\Box$ No $\Box$ DK $\Box$ RF	<b>Q18.</b> Does your HH current have a 3-day supply of non-perishable food? $\Box$ Yes $\Box$ No $\Box$ DK $\Box$ RF
Q15. Are you or anyone in you HH having trouble getting the care they need? □Yes □No □DK □RF         Q16. Has there been an increase in insect bites/stings since the tornado? □Yes □No □DK □RF	<ul> <li>Q19. Does each person in your HH who takes prescribed medication currently have a 7-day supply? □Yes □No □DK □RF</li> <li>Q20. Does your HH currently have a first aid kit? □Yes □No □DK □RF</li> </ul>
Commu	nications
<ul> <li>Q21. Do you or does anyone in your HH have any of the following?</li> <li>1. Impaired hearing □Yes □No □DK □RF</li> <li>2. Impaired vision □Yes □No □DK □RF</li> <li>3. Developmental/cognitive disability □Yes □No □DK □RF</li> <li>4. Difficulty understanding English □Yes □No □DK □RF</li> <li>5. Difficulty understanding written material □Yes □No □DK □RF</li> <li>5. Difficulty understanding written material □Yes □No □DK □RF</li> <li>5. Difficulty understanding written material □Yes □No □DK □RF</li> <li>7. Does your HH currently have a working telephone? □Yes □No □DK □RF</li> </ul>	Q23. What is your HH's current source of important information? □Newspaper □TV □Radio □Internet/Online news □Friends/Family/Word of mouth □social media □Text message/Cell phone alert □Church/Place of worship □Other (please specify) □DK □RF

Miscel	laneous
<b>Q23.</b> Does your HH currently have a working toilet? □Yes □No	Q25. Does your HH currently have working electricity? □Yes
$\Box DK \Box RF$	$\Box No \Box DK \Box RF$
Q24. Does your HH currently have means of regular waste	Q26. Did you or members of your HH hear about this survey prior
disposal?  ¬Yes  ¬No  ¬DK  ¬RF	to us talking to you today? (If yes, proceed to question 27) DYes
	$\Box No \Box DK \Box RF$
Q27. How did you or you HH member(s) hear about it? (Check all t	hat apply) □social media □Website □Press release □E-mail
□Family/Friend/Neighbor □Radio □Other (please specify)	$\Box DK \Box RF$

**Q28.** What is your HH's greatest need right now? Do current needs DFood DElectricity Water Medical care Medications DTransportation Physical help with cleanup and repairs DFinancial help DTrash removal Shelter Mental health needs Other (please specify) DK DRF

### Riley County CASPER Flooding

Demographi	c Information
Q1. Type of structure DSingle family Multiple unit Mobile	Q7. Since the flood, how concerned would you say your HH is
home $\Box$ Other (please specify) $\Box$ DK $\Box$ RF	about having enough money to buy nutritious meals? □Not at all concerned □Slightly concerned □Moderately concerned □Very
<b>O2</b> Including yourself how many people live in your HH?	<b>O8</b> Does your current homeowner's insurance policy cover
$\Box DK \Box RF$	1 Flood damage $\square$ Yes $\square$ No $\square$ DK $\square$ RF
	2. Fire damage $\Box$ Yes $\Box$ No $\Box$ DK $\Box$ RF
Q3. Including yourself, how many people living in your HH are	<b>Q9.</b> Have you or a member of your HH ever been told by a
□Less than 2 years old □2-17 years □18-64 years □65+ years □DK	healthcare professional that he/she has
□RF	1. Asthma/COPD/Emphysema □Yes □No □DK □RF
	2. Diabetes  grad Yes  No  DK  RF
	3. Developmental disability $\Box$ Yes $\Box$ No $\Box$ DK $\Box$ RF
	4. Hypertension/heart disease $\Box$ Y es $\Box$ No $\Box$ DK $\Box$ RF
	5. Infinition Suppressed $\Box$ is a DN $\Box$ DK $\Box$ RF
	7. Psychosocial/mental illness $\Box$ Yes $\Box$ No $\Box$ DK $\Box$ RF
	*If yes, have you or a member of your HH noticed worsening of
	chronic conditions following the flood?  _Yes  _No  _DK  _RF
Q4. What race does majority of your HH identify with?  Asian	Q10. Do you or does any member of your HH need
□American Indian/Alaska Native □Black or African American	1. Daily medication $\Box$ Yes $\Box$ No $\Box$ DK $\Box$ RF
□White □Native Hawaiian or Other Pacific Islander □Hispanic or	2. Dialysis □Yes □No □DK □RF
Latino $\Box DK \Box RF$	3. Home health care $\Box$ Yes $\Box$ No $\Box$ DK $\Box$ RF
	4. Oxygen supply $\Box$ Y es $\Box$ No $\Box$ DK $\Box$ KF 5. Wheeleheidenedweller $\Box$ Yee $\Box$ Ne $\Box$ DK $\Box$ DF
	6 Other type of special care $\Box$ Yes $\Box$ No $\Box$ DK $\Box$ KF
<b>O5.</b> What is the main language spoken in your HH? $\Box$ English	<b>O11.</b> In the past 5 years, have you or anybody in your HH taken
$\Box$ Spanish $\Box$ Other (please specify) $\Box$ DK $\Box$ RF	training in
	1. First aid $\Box$ Yes $\Box$ No $\Box$ DK $\Box$ RF
	2. CPR  general Yes  No  general Transformation Provided HTML Provided H
	3. CERT □Yes □No □DK □RF
Q6. Since the flood, how concerned would you say your HH is	Q12. Have the members of your HH received a tetanus shot in the
about having enough money to pay your rent/mortgage? DNot at	last 10 years? $\Box$ Yes $\Box$ No $\Box$ DK $\Box$ RF
an concerned $\Box$ Slightly concerned $\Box$ worderately concerned $\Box$ very	
Situational Ne	eds Assessment
<b>O13.</b> Was anyone in your HH injured during the flood? $\Box$ Yes $\Box$ No	<b>019.</b> Does your HH currently have a 3-day supply of drinking
	water other than tap? $\Box$ Yes $\Box$ No $\Box$ DK $\Box$ RF
Q14. Have you or anyone in your HH become ill due to or since	Q20. Does your HH currently have a 3-day supply of non-
the flood?  \[ Yes \] No \[ DK \] RF	perishable food?  □Yes  □No  □DK  □RF
Q15. Are you or anyone in you HH having trouble getting the care	Q21. Does each person in your HH who takes prescribed
they need? $\Box$ Yes $\Box$ No $\Box$ DK $\Box$ RF	medication currently have a 7-day supply? $\Box$ Yes $\Box$ No $\Box$ DK $\Box$ RF
Q16. Has there been an increase in insect bites/stings since the	<b>Q22.</b> Does your HH currently have a first aid kit? $\Box$ Yes $\Box$ No $\Box$ DK
flood? □Yes □No □DK □RF	
Q17. Does your HH currently have a working toilet? $\Box$ Y es $\Box$ No	<b>Q23.</b> Does your HH currently have working electricity? $\Box$ Y es
DIK DKF	O24 Has your ULL noticed on increase in the number of rete/mice?
disposal? $\Box$ Ves $\Box$ No $\Box$ DK $\Box$ RF	$\nabla 24$ . Has your HH noticed an increase in the number of fats/ince?
Commu	nications
<b>Q25.</b> Do you or does anyone in your HH have any of the	<b>O26.</b> Does your HH currently have a working telephone? \u2225Ves
following?	
1. Impaired hearing □Yes □No □DK □RF	
2. Impaired vision □Yes □No □DK □RF	
3. Developmental/cognitive disability  ¬Yes  No  DK  RF	
4. Difficulty understanding English  Ues  No  DK  RF	
<ol> <li>Difficulty understanding written material □Yes □No □DK</li> </ol>	

<b>Q27.</b> What is your HH's current source of important information? □Newspaper □TV □Radio □Internet/Online news □Friends/Family/Word of mouth □social media □Text message/Cell phone alert □Church/Place of worship □Other (please specify) □DK □RF	Q28. Has your HH received information from the health department regarding any of the following?         1. Mold/mildew cleanup □Yes □No □DK □RF         2. Cistern treatment □Yes □No □DK □RF         3. Food/water distribution □Yes □No □DK □RF         4. Medical care access □Yes □No □DK □RF         5. Other services (please specify) □Yes □No □DK □RF         Grade
Miscel	aneous
<b>Q29.</b> How would you describe the damage to you home? □Not at all damaged □Minorly damaged □Moderately damaged □Severely damaged □DK □RF	<b>Q31.</b> Did you or members of your HH hear about this survey prior to us talking to you today? (If yes, proceed to question 32) $\Box$ Yes $\Box$ No $\Box$ DK $\Box$ RF
<b>Q30.</b> Have you seen mold or smelled moldy/musty air in your home since the flood? $\Box$ Yes $\Box$ No $\Box$ DK $\Box$ RF	Q32. How did you or you HH member(s) hear about it? (Check all that apply) □social media □Website □Press release □E-mail □Family/Friend/Neighbor □Radio □Other (please specify)        □DK □RF
<b>Q33.</b> What is your HH's greatest need right now? $\Box$ No current need $\Box$ Transportation $\Box$ Physical help with cleanup and repairs $\Box$ Financial (please greatify)	s □Food □Electricity □Water □Medical care □Medications l help □Trash removal □Shelter □Mental health needs □Other

(please specify) DK DK RF

## Appendix 2: Overview of Riley County Emergency Operations Plan

RCHD EOP



# **Emergency Operations Plan**

# FOR OFFICIAL USE ONLY

NOTICE: This document contains information pertaining to the deployment, mobilization, and tactical operations of Riley County Health Department in response to emergencies. It is exempt from public disclosure under Kansas state law.

Last Updated:

11/30/2022

#### RCHD EOP

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## **Appendix 3: Riley County Emergency Action Guide**





# Riley County Health Department Emergency Action Guide

Last Updated: 12/5/2022

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Figure 1: Riley County Health Department Campus Outdoor Assembly Areas

Figure 2: Clinic & Administration Building, First Floor

Figure 3: Clinic & Administration Building, Second Floor

Figure 4: Family & Child Resource Center, First Floor

Figure 5: Family & Child Resource Center, Second Floor





Appendix 4: Riley County Emergency Preparedness Guide



















it local phone numbers		POTTAWATOMIE	Purchashing the second process of the second		Pottawatomie Geary Gounty Health County Health Denartment	Department (785)-762-5788	(785)-457-3719 Geary County	routawatouille entregency County Management	Emergency (785)-238-1290 •	(785)-457-3358			2-1222			1 - Top Land and a start of the start of the				
Importar		HILEY COUNTY			Riley County Health Denartment	(785)-776-4779	Riley County	cilleryeiley Management	(785)-537-6333		Police/Fire	Ambulance	Poison Control Center 1-800-22	UUGIUI Haenital	Local weather	Road conditions	Utilities	Nater Electricity	Gas	other.
nunication Plan					Cell #:				Cell #:				Cell #:			at the second		Cell #:		
Family Comm	hborhood:	munity:	ily/Friends In Tow	le:	ie #:	k/School#:	<b>II</b> :	ne:	ne #:	'k/School#:	ait:	le:	ne #:	k/School#:	nit:	ghborhood Contac	ne:	1e #:	k/School#:	

# Appendix 5: Creating a Census Tract Level Map using Readily Available Data Resources

1. Open ArcGIS Pro 3.0 and create a new project by selecting the following icon.



2. Name the project, select your preferred location, and select "OK" to save.

Create	a New Project	×
Name	Demo	
Location	C:\Users\haass\OneDrive - Kansas State University\Documents\ArcGIS\Projects	2
	✓ Create a new folder for this project	
	OK Cancel	

3. Proceed to <a href="https://www.census.gov/cgi-bin/geo/shapefiles/index.php">https://www.census.gov/cgi-bin/geo/shapefiles/index.php</a> to download

TIGER/Line® shapefiles for Kansas census tracts.





TIGER/Line Shapefiles Main



# 2021 TIGER/Line® Shapefiles: Census Tracts

• Return to: Main Download J	Page   TIGER/Line Shapefiles Main
	Click the drop-down menu to
Census Tract	select your chosen state.
Select a State: Kansas	Select download to
	download the necessary
Source: US Census Bureau, Geography Division	shape files to your
CONNECT WITH US	computer.
Information Quality   Data Linkage Infrastructure   Data Protection and Privacy Policy   Accessi No FEAR Act   U.S. Department of Commerce   USA.gov	
Measuring America's People, Places, and Economy	

4. The downloaded information will include a .zip file and all of the files that will need to be extracted.

tl\_2021\_20\_tract (1).zip Select "Open file" to view the folder's contents.

Your folder should contain all of the following file types.

tl_2021_20_tract.cpg	CPG File
tl_2021_20_tract.dbf	DBF File
🗋 tl_2021_20_tract.prj	PRJ File
tl_2021_20_tract.shp	SHP File
tl_2021_20_tract.shp.ea.iso	XML Document
tl_2021_20_tract.shp.iso	XML Document
tl_2021_20_tract.shx	SHX File

5. Once you confirm that your folder is complete. Locate the .zip file on your computer and right-click to open the following task menu.



6. Once all files have been extracted, select all the files simultaneously and drag them onto your map.





At this point, you will see a map of Kansas that is divided by census tract. Your map will look similar to the one below.



7. Confirm the successful transfer of all census tract information by right-clicking your new layer name and selecting "attribute table".



You should see the following menu:



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#### The attribute table should be located below the map in the following format:

8. Next, prepare your chosen data for ArcGIS. Excel data can be downloaded from several sources. Once this data is downloaded onto your computer, create short column headings, and check to ensure there are no non-numerical values in columns where there should not be.

 Your dataset should also include a column that allows for the spatial joining of layers. This should be an identifying numeric value that is consistent in each census tract in both the shapefiles and your data file. See below for an example.

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Ready 🛛 😤 Accessibility: Good to go

10. After preparation of your data file, this file should be saved as CSV (Comma delimited)

(\*.csv) in your chosen location.

File name:	Demo				~
Save as type:	CSV (Comma delimited)	to select the correct file type here.	~		
Authors:	Sierrah Haas	Tags:	Add a tag	Title: Add a title	
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11. Now, under the "Map" tab on ArcGIS Pro, click "Add Data", and navigate to your CSV file to insert your data into the software. At this point, your data will be in your project as a table.



12. Next, right-click on your census tract layer and select "joins and relates" -> "add join".This will create an "add join" pop-up.



In this pop-up, "input table" should remain as your selected layer, "input join field" should be the column label of the numeric value mentioned in step 9, "join table" should be your CSV file, and "join table field" should be the name of the column in the CSV file that matches the numerical values in the "input join field". Select "OK" to create the join. Below is an example of the table you should see, along with example inputs.

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✓ Keep All Target Features	
Index Joined Fields	
Validate Join	
	ОК

13. To confirm the join, right-click on your layer and select "attribute table". This should show you a table including the census tracts and the new fields from the data joined.



Contents • # ×	SVI Chronic Resp Illness	🔣 Queries 🕅 Demo X
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14. Once you have confirmed the join, right-click on your layer, and select "data" -> "export features".



Name your "output feature class" as you wish and select "run" to save the new join to your project.

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TRACTCE	> tl_2021_20_tract.ST/	ATEFP -	~	
		OK	] ←	-

15. Since we now have all the desired information in one layer, the original census tract layer can be removed. To do so, right-click on the layer and select "remove".



16. You are now ready to symbolize your chosen variables. Right-click on your layer and chose "symbology".



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	면	Single Symbol Draw using single symbol.						
	Symboli	ize your layer by category						
-	Unique Values Draw categories using unique values of one or multiple fields.							
	Symboli	ize your layer by quantity						
	Graduated Colors Draw quantities using graduated colors.							
		Bivariate Colors Draw quantities using bivariate colors.						
K		Unclassed Colors Draw quantities using an unclassed color gradient.						
		Graduated Symbols Draw quantities using graduated symbols.						
		Proportional Symbols Draw quantities using proportional symbols.						
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You will now see the screen below. Select your desired color scheme.

Adjust the "field" by using the drop-down bar to show your desired variable. You should see changes based on your selections appear on the map in real time. Here, you can also edit intervals and their methodology, and view graphs as you wish.



17. Following the finalization of your map's symbology, in order to present the map to your audience select "new layout" under the "insert" tab and select your desired layout.

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18. Once the new screen appears select "map frame" under the "insert tab" and select your map. This will allow you to add your map to your new layout and crop as desired.

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Here you can also add a legend by selecting the "legend" tab and shaping it as desired.

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19. After you have your desired layout select "export layout" under the "share" tab, select your desired file type, and click "export".

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## **Appendix 6: Steps to Basic Data Exploration**

1. Select your layer(s) for analysis. Right-click on one of the layers and select "data engineering".



Your selected layers will appear in the "fields" column.

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2. Right-click on your chosen layer and select the desired analysis point. Select "add to statistics and calculate" to calculate descriptive statistics.



3. At this point, you will see a histogram. Right-click on it and select "open histogram" to view an interactive version of it.

🐯 Asthma Crude Prevalence 🗙												Ŧ
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4. Select "properties" in the top left corner of the histogram screen to adjust the properties of the graph.



5. After achieving your desired format, select bins to show census tracts that fall within the range shown.



 Once you have your descriptive statistics, you can use these values to query for additional information. To create a new query, right-click on your chosen layer and select "properties".



7. From there, select "definition query" from the left-hand panel.

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Joins			
Relates			
Custom Parameters			
Page Query		1 Queries Active definition query: Query 1 📃	
		OK Cancel	

8. Then, select a desired field for analysis and define the value you would like the software to look for. Next, click "apply" and then "OK".

Layer Properties: A	sthm	a Crude Prevalence ×
Metadata	^	Definition Queries
Source		
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Page Query		1 Queries Active definition query: Query 1 🗏
		ОК

9. Results from the query should filter out census tracts displayed on your map to allow for identification based on the values you are seeking. See the example below.



# Appendix 7: Query Maps



This map highlights the census tracts with a higher-than-average SVI in Kansas.

This map highlights census tracts with higher-than-average SVI and COPD crude prevalence in Kansas.



This map highlights census tracts with higher-than-average COPD and asthma crude prevalence in Kansas.



This map highlights census tracts with higher-than-average SVI, COPD crude prevalence, and asthma crude prevalence in Kansas.



#### The co-occurrence of COPD and asthma in 49.5% of census tracts demonstrates a need for continued research and health disparity Results indicate that there may be a greater risk of heat-related Social vulnerability is a likely determinant of respiratory health. done in creating resources for those most likely to be negatively demonstrated higher than average Class intervals for figures 2-4 were created using the Jenks natural breaks classification method to assist with map readability 72.4% of census tracts with higher This preliminary study demonstrates that there is work to be health issues for residents in southwestern and central KS. prevalence rates for KS also than-average asthma crude COPD crude prevalence. Figure 4. KS COPD Crude Prevalence by Census tract nce Team, Kansas Department of Health and Environment, Topeka, KS 66612, USA; steven.corbett@ks.gov, <sup>3</sup>Department of Diagnostic Medicine and Pathobiology, College of Master of Public Health Program, College of Veterinary Medicine, Kansas State University, Manhattan, KS 66502, USA; <u>sehaas@vet.k-state.edu</u>, <sup>2</sup> Administrative Support COPD Crude Prev Discussion Conclusion ACCREDIED impacted by extreme heat in KS. Extreme Heat, Social Vulnerability, and its Impact on Respiratory Health monitoring. number of annual days with recorded considered highly socially vulnerable show a higher crude prevalence of COPD and Asthma. 30% of these census tracts fall within geographic areas with a higher-than-average 49.5% of census tracts that are Scan here to see references and map scales. ovet.k-state.edu extreme heat conditions Results Sierrah Haas $^1$ , Steven Corbett, Ph.D., MA $^2$ , Ellyn R. Mulcahy, Ph.D., MPH $^3$ Census tract-level data were visually inspected to identify areas Data were obtained from readily-available data resources such KS SVI and heat data were explored to inform the necessary of concern for historically extreme heat rates and COPD or Maps were created using ArcGIS Pro 3.0 mapping software directory of public health resources related to chronic Veterinary Medicine, Kansas State University, Manhattan, KS 66502, USA; em Figure 3. KS Asthma Crude Prevalence by Census Tract Asthma Crude Prevalence <u>T</u> sehaas@vet.k-state.edu Method southwestern and central KS have demonstrated the highest average number of annual days with a temperature above 100° F. Contact: Sierrah Haas -----In the previous century asthma crude prevalence. respiratory conditions. as KDHE & CMRA. . evels and ground-level ozone (2). These factors have the potential to decrease lung function and exacerbate chronic respiratory illnesses such as asthma and COPD. In Extreme heat can be linked to poor air quality due to increases in particulate matter 2016, it was reported that a majority of KS had warmed at least 0.5°F over the 20<sup>th</sup> communities most vulnerable to external stressors including extreme heat. The Figure 2. 20th Century Annual Number of Days with a Max Temperature >100 The CDC-created Social Vulnerability Index (SVI) allows for the identification of household characteristics, race, housing type, and transportation access (1). index takes into account several factors related to socioeconomic status, Master of Public Health Figure 1. KS Social Vulnerability Index by Census Tract 1 Extreme Heat Social Vul KANSAS STATE UNIVERSIT ė -4 . century (3,4). -

## **Appendix 8: Poster**