Kansas 4-H Journal

## The Family Magazine

September 1982





# NEWS BRIEFS

Serving as 1982-83 officers of the Kansas 4-H Foundation Board of Trustees are: William M. McDonald, chairperson; Glee Smith, vicechairperson; and John Junior Armstrong, treasurer.

McDonald, a Kansas City business and civic leader and flint hills rancher, has served on the board since 1975. Glee Smith, state Board of Regents member and Larned attorney, joined the board in 1979 and John Junior Armstrong, president of the Kansas Farm Bureau, began his affiliation with the board in 1977.

George E. Nettels, Jr., Pittsburg, has submitted his resignation to the board. He was elected to the board in 1979.

The complete listing of board members is on page three.



### **Dickerson Memorial established**

M. Max Dickerson, banker, rancher, and former Stevens, Leavenworth and Brown County Extension agent, died July 6 in Kansas City. He had been a member of the Kansas 4-H Foundation Board of Trustees since 1977.

The Dickerson family has established a memorial fund with the Kansas 4-H Foundation. By August 15, more than \$5,000 had been contributed, making the Dickerson Memorial the largest ever established with the 4-H Foundation. The memorial will support an annual \$500 scholarship for a Kansas 4-Her attending Kansas State University. The first scholarship will be awarded in 1983. began when he was growing up in Labette County, where he was a nine-year member of the Ever Ready 4-H Club. Later, as an Extension agent for eight and a half years, he worked with many 4-Hers—one of whom was Merle Eyestone, current Kansas 4-H Foundation executive director.

At the time of his death, Dickerson was senior vice president of the Commercial National Bank of Kansas City, Kansas—a position he held for more than 15 years. Dickerson is survived by his wife, Mary, and three children, David L. Dickerson, Dallas; Roger K. Dickerson, Leawood; and Mrs. Sara Dickerson Bernard, Kansas City.

Dickerson's association with 4-H

## Beach cited for service to 4-H



**Ross Beach** 

Ross Beach joins an elite group of Kansans to receive the Citation for Outstanding Service to 4-H. Fewer than 50 citations have been awarded in this century.

Beach, Hays entrepreneur, civic leader and 4-H booster, has served on the Kansas 4-H Foundation Board of Trustees since 1973. He was chairperson from 1978 to 1980.

Fred Sobering, director of the Kansas Extension Service, presented the handsome Citation plaque to Beach at Friends of 4-H Day.

When he received the award, Beach commented that his association with 4-H has been the most rewarding volunteer experience he has participated in.



3500 + on candy sales; Wichita County Council profited 32,000 + on magazine sales; Rooks County Jr. Leader Club profited \$500 + on Bright of America Sale; Pawnee County Club profited \$500 on citrus sale.

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Kansas 4-H Journal

Volume XXVIII, No. 8

September 1982

**COVER:** Members of Saline County's 81 Hustlers 4-H Club show some of their fair exhibits. For half of the club's members (residents of the St. Joseph Children's Home) this was their first year in 4-H and their first fair. Read more about the club and their innovative president on pages 8 & 9.

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### Sara Gilliland ..... Editor Renee Zirger ..... Secretary

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Use of the 4-H name and symbol approved by the secretary of Agriculture of the United States, January 23, 1951, under the provisions of the laws as reenacted by Sec. 707 of the Act of June 25, 1948, Public Law No. 772 80th Congress (10 USC 797).

# A 4-H Story

Editor's Note: Kathy Fritzemeier from the Corn Valley 4-H Club in Stafford County sent this poem last year. I saved it because I knew many 4-Hers would have similar thoughts as they are completing record books and summarizing the 4-H year.

"Write your 4-H story" yells my mother from her room.

"I don't want to" I yell back as I sit there in my gloom.

"I can't write good stories although I try every year"

"They always turn out boring" I cry out with a tear.

None of the stories I write are even worth a dime.

Then all of a sudden I think Why not write a rhyme!

I could write about the top blues I got at county 4-H day.

"Guess what? You're going to regionals!" Everyone began to say.

"Oh dear", I think to myself What am I ever going to do?

Regionals are Saturday and so is my brother's wedding too.

But in the end it all worked out I got to go do both.

With regionals in the morning and in the afternoon the wedding oath.

Another thing I got to do was teach a cooking class.

And I must say with pride that all my girls did pass.

I taught them how to measure things and how to be good cooks.

How to go by taste and texture and not just go by looks.

A 4-H float was something that I and the rest of a committee made.

And boy were we ever happy when it got 2nd in the parade.

I entered lots of 4-H things in the Stafford County Fair.

Things I'd worked on, all year round with tender loving care.

Also I worked in the fair food stand for several hours one night.

Where people who'd been working hard came to grab a bite.

When the fair was over and everything put in the car

Lots of good wishes were said to everyone traveling far.

Everyone was excited about all the ribbons they got,

And about going home to air conditioning after being so terribly hot!

I know I'd never give it up it was always meant to be

That I would always be in 4-H and 4-H would always be in me.

# 1982-83 project changes and additions

Several new phases for existing 4-H projects will be available for the 1982-83 project year. In some cases the project phase names are changed to correspond to up-dated project materials, for other projects a phase has been added because of increased interest in the subject.

PRIDE youth is a new phase in the **Citizenship** project. PRIDE is a well-known self-help community improvement program, administered jointly by the Cooperative Extension Service and the Kansas Department of Economic Development. 4-H clubs and other youth groups have been involved with PRIDE for many years, but now 4-Hers can enroll individually or as a group to work on community service projects.

To keep up with the rapid advancement in the electronics field an "Introduction to the World of Electronics" phase has been added to the **Electric** project. Before enrolling in this phase, members should complete the first two units of the electric project. Topics covered in the electronics phase include resistors, capacitors, electronic circuits and computers.

A new phase of the Entomology project is bee science. The phase is recommended for 4-Hers 10 years and older. The phase requires members to establish one or more colonies of honey bees and manage them for one season. The initial cost of establishing one honey bee colony may be \$100-\$150. Fair exhibits for this project could be extracted liquid honey or a special educational display.

"Neat-to-Eat Snacks" is a new phase of the **Foods** project. It's designed to teach 7- and 8-year old beginning cooks some basic food preparation, nutrition and food safety skills as they make snacks.

"Fitting It All Together" replaces the "Tricks for Treats" phase of the **Foods** project. Nine- to 12-year old members will fix pizza, milk drinks, nachos, sandwiches, fruit snacks, stir-fry vegetables and chile-concarne. Nutrition, fitness and a healthy lifestyle are stressed.

The procedure for enrolling in the **Food Preservation** project is simplified. Members will enroll in food preservation and don't have to

list a phase on the enrollment card.

The materials for the **Photography** project have been revised and the names of the phases are now "Getting Acquainted with Your Camera," "Improving Your Picture Taking Skills," "Branching Beyond the Basic Camera," and "Getting Started in the Darkroom."

The second phase of the **Wood-working** project will now be called "The Wonderful World of Wood." The 1982-83 enrollment cards still have the old title "Learning and Building" but members will use the new project material.

The **Project Guide**, 1982 includes more details on the project changes or additions included above. Your community club leader should have a copy for your club. The Guide also describes the many other 4-H projects.

An enrollment fair is a good way to explain project guidelines and learning experiences to members. Instructions for holding an enrollment fair are included in the Project Guide. Before enrolling, members are encouraged to talk with other 4-H members and leaders about projects and may want to look at project materials.

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# IDEAS . . . IDEAS . . . IDEAS from other clubs

### Introducing . . . a new Kansas 4-H Journal feature.

Many 4-H leaders are looking for a way to learn about successful club activities carried out in other 4-H clubs in Kansas. Since the Journal goes to nearly all 4-H families in the state, it's the perfect vehicle for the exchange. Learn from others and share your ideas!

This page is designed to be used with the new leader's resource Out of Ideas? A Leader's Handbook. The handbook contains a section entitled "Ideas from Other Clubs." The ideas are activities that help teach the five life skills: Developing an Inquiring Mind, Making Decisions, Developing Self-Confidence, Getting Along with Others, and Developing a Concern for the Community.

As this page appears, tear it out and add to the Ideas section of your handbook.

Our club pays one-half the cost of Discovery Days for each member going.

4-H Resource Box provides teachers of special education classrooms with 4-H material designed for their students. The students have studied grooming and nutrition. Johnson County

### This year we're planning a health clinic. Representatives of dental health, CPR, eye care, and other health-related items will set up booths at the high school. This is planned to be open to the public.

Developing an Inquiring Mind

Our club plans two one-day educational trips and one four-day trip each year to a different state to learn about people, culture and geography. We also are involved with IFYE's each year, which stimulates interest in the People-to-People project.

> Victory 4-H Club Pottawatomie County

If you're willing to share your success stories with other Kansas clubs, please jot your ideas on the form below (you need not worry about your writing skills, the Journal staff will dress it up, if needed). Cut the page at the dotted line and mail to: Sara Gilliland, Kansas 4-H Journal, 116 Umberger, K.S.U., Manhattan, KS 66506.

Activities we have used to (check one):

\_\_ Develop an Inquiring Mind \_\_

\_\_\_\_\_ Make Decisions \_\_\_\_\_ Develop Self-Confidence

\_\_\_\_\_ Get Along with Others \_\_\_\_\_ Develop a Concern for the Community

Club Leader \_

Phone Number \_\_

Name of Club \_

County \_

# Ideas & News

### From the Northeast Area:

Geary County: What's more fun than a barrel of monkeys? A swimming pool full of Texas and Kansas 4-Hers!

Geary County was host to 13 Texas 4-Hers and four sponsors from Gillespie County, Texas this past July. This was the second part of the exchange—Geary County 4-Hers traveled to Texas last summer.

Good times were shared and new friends made as the Texas guests resided with Geary County 4-H families.

One morning was spent touring historic Abilene, the Eisenhower Center and the Greyhound Museum. A refreshing afternoon "dip" in the Rock Springs Ranch swimming pool was enjoyed by all. The group also visited the K-State campus and toured the veterinary medicine complex. A potluck supper was held in honor of the visiting 4-Hers.

Geary County residents learned more about Texas 4-H and the Extension Service there through a slide presentation given by the Gillespie County 4-Hers.

Tears of sadness were shed as the guests left for home but the fond memories still remain.

### From the Northwest Area:

**Cheyenne County:** A ceremony, complete with a birthday cake, candles and singing, highlighted the 40th anniversary celebration of the Lawn Ridge 4-H Club. Project leader Karen Neitzel wrote the ceremony. Club reporter Matt Bandel says 60 people, including former county Extension agents and club community leaders, attended the event. The club is privileged to have their own clubhouse—built in 1949 by parents, members, leaders, and friends. **Mr. and Mrs. Carl Hendricks**, former community leaders, generously leased the site of the building to the club for \$1.



Motorists won't miss Offerle, thanks to the Trenton Workers 4-H Club of Edwards County. Club reporter Rachel Lightcap says the club repainted an old business sign that was donated to the club. Shown in front of their freshly painted sign are (from left): Karla Wagner; Barbara Whipple, community leader; Rusty Smith; Kim Smith; future member DaLena Whipple; Mike Smith; Davean Whipple; Rachel Lightcap; Charla Wagner; and Brownen Smith, community leader.

You're feeling good because your 4-H livestock sold well at the sale after the fair, thanks to a generous buyer. Remember to thank the buyer and also to deposit part of the money in your local

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- Parsons Mid-America Federal Savings & Loan Assn.
- Plainville and Stockton Rooks County Savings Assn.



### From the South Central Area:

Sumner County: Debbie Porter of the Redwing 4-H Club received the first place overall in the Yeast Bread dough division of the Sumner County Wheat Festival. She received a blue on both her white bread and white rolls. Another loaf of white bread received a white ribbon.

Sumner County: The Cardinals 4-H Club of Conway Springs combined two great ideas and ended up with a big success. The first idea was to camp out overnight and the second idea was to give the 4-Hers enrolled in foods projects more experience.

The weather was not too cooperative, so the campers ended up inside **Mr. and Mrs. Dean Leddy's** (the community leaders) home. The weather was good enough for the 4-Hers to cook outside. They fixed three meals. The lunch menu included goodies such as Pecos Bill burgers, fruit kabobs and relish plate.

#### From the Southeast Area:

Osage County: Michigan Valley 4-H Club reporter Steve Schoepflin writes that the citizenship committee decided to hold a poster contest. They chose a theme which fit this election year—encourage citizens to register and vote.

Seventeen of the club's 25 members brought posters to the July meeting. Winning posters and their slogans were: "If You Don't Like the Way Your State is Run, Get Out and Vote to Get Something Done," by **Craig Swisher**; "If Cheerios Need Oats—Then Your Country Needs Votes," by **Katherine Thompson**; and "Stop and Vote," by **Bruce Schoepflin.** Judges were **Bob and Kit Bostrom**, adult advisors, and **Kenny Schoepflin**, committee member. Steve says that the club is less than a year old and they are proud to have such high participation and enthusiasm.

Anderson County: Denise Fuhrman says that 109 guests attended the first alumni reunion of the Luckey 13 4-H Club this summer. The club celebrated the 50th year of continuous operation.

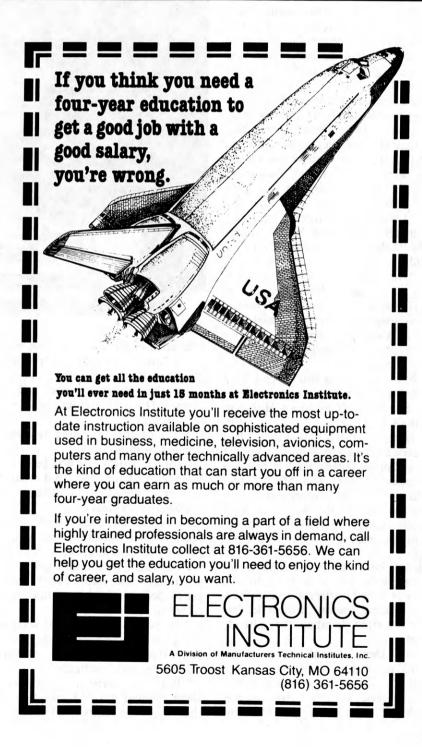
Jessie Loecker told about the T.N.T. club disbanding and the formation of the Lucky 13 club. Former members and leaders recalled stories from the five decades of club activities—Isabel Lizer Phelon told about the '30's and '40's; Gene Raymond told about the '50's; Mike Zentner covered the '60's; and Kenneth Lankard talked about the '70's. Danea Fuhrman explained events of the '80's—emphasizing the redecoration of the club meeting place. Club members, parents, and leaders painted, paneled, insulated, roofed, tiled and varnished the interior and exterior of the old church building in Glenloch.

Deanna Fuhrman and Kenneth Lankard coordinated the event. George Raymond assisted with the plans and invitations.

### From the Southwest Area:

Ford County: Fourth and 5th grade students were invited to join a summer 4-H cucumber club. Members who joined received seeds and newsletters which included information on the care of cucumbers. The highlight of the summer was the cucumber club fair.

Cucumber fair events included films about 4-H, games, 4-H demonstrations and classes for the longest cucumber, best decorated cucumber and a plate of cucumbers. The class champions were interviewed for a radio program.



# Benefits for Both 4-H club is revitalized by group home residents

### By Kathleen Ward Extension Editor, 4-H and Youth

Dena Tabler didn't want her 4-H club to die.

When she joined the Saline County 81 Hustlers 11 years ago, it had 60 members. But the membership gradually dwindled to eight. Most of those eight were older—soon to leave 4-H.

Dena began a 2-year term as club president in 1980, determined to instill new life in the Hustlers. This spring she and her small club put Dena's unusual solution into action. As a result, their club had eight members at one meeting and 16 at the next.

"I was a little scared," said new member Mary Lou Williams, age 16. "I didn't know anybody in the club."

"None of us knew what was going on," added Zina Shelton, 16. "They told us to stand up, sit down, turn around. At first it seemed kind of gorky. But it was fun after we realized what was going on. They just tossed us in."

Mary Lou, Zina and the club's six other new members are all residents of St. Joseph Children's Home in Salina.

Dena's father, Bud Tabler, had worried that a group home's budget might make individual 4-H projects impossible. Mr. and Mrs. Tabler share Hustlers community club leader duties with Mr. and Mrs. Larry Guera, Melody Workman, and Mr. and Mrs. Arnold Pilcher.

Tradition had also seemed to indicate kids need parents to do well in 4-H. The Hustlers were even having trouble finding project leaders for the eight members they already had.

But Dena started talking about what group home residents and the Hustlers could do for each other. She talked to Lila Abercrombie, Saline County extension 4-H agent.



**Dena Tabler** 

Lila encouraged Dena to talk with Sister Mary Lou Roberts, resident director of the children's home. Soon the Hustlers were talking about 4-H with the young people at St. Joseph's.

Eight of the 15 young residents decided to join.

"I'd never heard of 4-H before," said Teresa Krug, 16. "But when I did hear about it, I thought it sounded really neat."

Dena admits she had some preconceived notions about young people who live in group homes.

"I thought they didn't get to do anything," she said. "They really get to do lots of things. They're no different from us."

The home's director had warned Dena the new members might have a larger than average share of learning disabilities and handicaps.

"But it's been no problem," Dena pointed out. "A couple have short attention spans. And one has a hearing problem, but hates to admit she's hard of hearing."

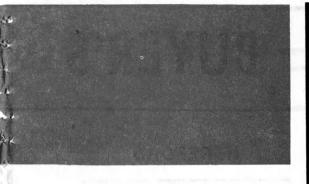
Old and new members have been through not only project work and club meetings together but also a club project tour and a service project—cleaning and painting the fair grounds trash barrels.

The more experienced 81 Hustlers have had to grow in leadership abilities as they helped the new members adjust.

"When the new kids walked in the room where we meet, they looked pretty unhappy," Dena said. "They've perked up so much. They smile more, laugh more. They're really comfortable now."

Dena may have changed a bit, too. Quiet times as they worked together brought some confidences from her new friends.

"When you find out why they had to leave their families, it's hard to believe something like that has



happened to someone you know," she said. "I don't like to see anyone hurt or have problems."

By county fair time all eight new members had projects to exhibit and more in the mill. You couldn't spot who was a novice and who was an old hand as the club set up its booth and displays. Younger members showed off for the teenagers or shyly asked their advice. Jokes flew. Everyone collapsed together outside the exhibit building to drink pop and swipe each other's french fries.

New member Rosie Lauber, age 14, said, "I was in 4-H once before. I got more out of it this time."

"I like 4-H because you can learn different things you haven't done before," added Loraine Eberspacher, 13. "I'm in crocheting."

"I've gotten a lot out of it—learned to do more things, become friends with new people," said Donna Jean Williams, 12.

"It's been really nice to have more stuff to do," explained Teresa Krug, "to get out of the home more often, meet more people and have more fun."

"Crafts are my favorite," piped up Brian Eberspacher, age eight.

"Brian's the only boy left in the club," Dena said with a laugh. "He's putting up with us girls until another little brother joins next year."

Dena hopes that when she and two other old-time members leave for college this fall, the remaining Hustlers can continue her unique idea.

Of course, as the club begins the new 4-H year, it won't be the horde of country kids Dena met when she joined 4-H.

Dena reports, however, the Hustlers not only doubled in size in 1982 but also had adult after adult volunteer to help, to keep Dena's unusual membership expansion going.



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**SEPTEMBER 1982** 

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**KANSAS 4-H JOURNAL** 

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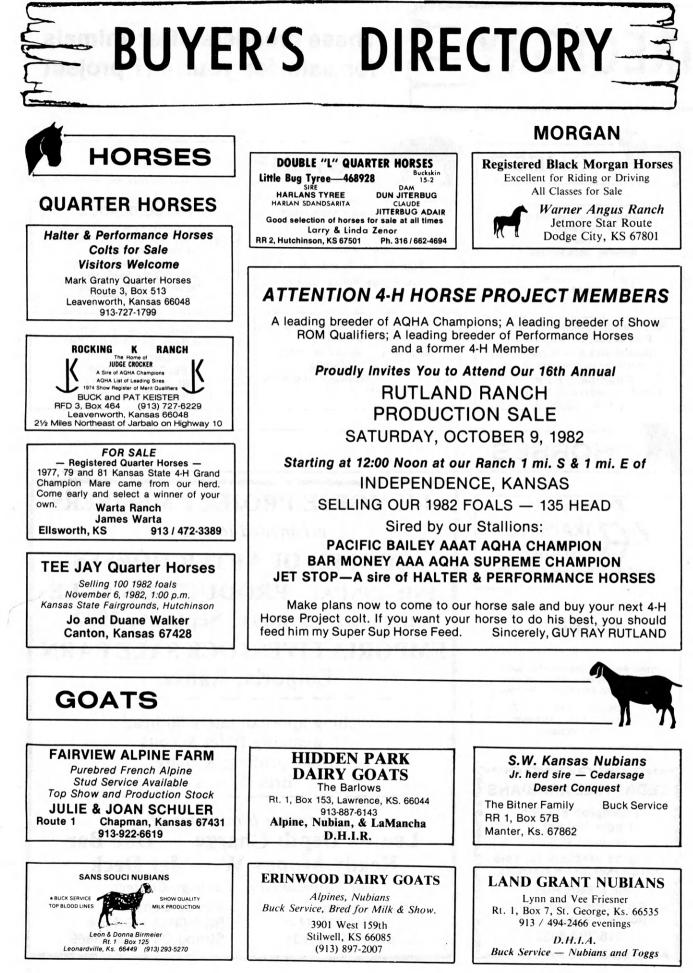
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**KANSAS 4-H JOURNAL** 

# Your Standard Oil Agents, Dealers, and Jobbers Salute



### **1982 STATE WINNER**

Bryan Camerlinck, 15-year-old member of the Leonardville Hustlers 4-H Club, took only three years to achieve the top state award in the petroleum power project. He'll receive a trip to the National 4-H Congress in Chicago and a chance to compete for six \$1,000 college scholarships. The petroleum power awards are sponsored by AMOCO Foundation, Inc.

During his first year in the project, Bryan learned the parts and functions of a four-stroke engine. The second year he kept regular maintenance records on an eight-horsepower Briggs and Stratton engine mounted on a Murray garden tractor. He began to help younger members with petroleum power projects. The third year he enrolled in the tractor project as well as the small engine project.

In the tractor project he performed minor maintenance jobs on a McCormick Farmall. Brvan demonstrated to four different 4-H groups how to prepare an engine for storage.

He's active in other 4-H projects, including beef, horticulture, woodworking and leadership. Bryan attends Riley County High School. His parents are Robert and Janice Camerlinck.

### **4-H PETROLEUM POWER WINNERS**



The AMOCO Foundation, Inc., Chicago, is proud to have a part in the 4-H Petroleum Power Program, including the Tractor project and a Small Engines project, and providing -

- Four gold-plated medals for county winners.
  - An all expense trip to the National 4-H Congress for the state winner.
    - Six \$1,000 college scholarships for national winners.

### **1981 County Winners** HODGEMAN

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Neal Schmidt DECATUR **Rex Chambers** Shannon Metcalf

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# September Energy Challenge

**NOTE TO LEADERS:** This is the last Energy Challenge activity that will be printed in the **Kansas 4-H Journal.** If your club was participating in this as a club project, we hope you submitted a club report form to be considered for the state winner in the Energy Challenge project. The top club will receive scholarships for 2 leaders and 8 members to attend Discovery Days in 1983. Deadline for submitting reports was September 1, however, Energy Challenge reports will be accepted until October 1.

**ENERGY CHALLENGE:** Learn how weatherstripping works.

**MEET THE CHALLENGE:** Experiment to see how infiltration affects temperature.

### Materials: thermometer

water glass cardboard box with lid, big enough to hold water glass sharp knife, masking tape refrigerator

### **Instructions: Part I**

- Fill a glass with 70°F water and put in the box
- Cut hole in box lid for thermometer, put on lid and tape box shut
- Insert thermometer, put box in refrigerator
- Record temperature every three minutes for 12 minutes

### Part II

- Remove the glass and cut a long 1/8" slit in each side of the box
- Refill the glass with 70°F water
- Put glass and box with lid taped back into refrigerator
- Record temperature every three minutes for 12 minutes
- Compare data with Part I

What Happened? Did the temperature drop faster in Part I or Part II? \_\_\_\_\_

Why?\_

### MAKE AN ENERGY DIFFERENCE:

- Check doors and windows in your home for infiltration.
- If you find cracks, ask your parents if you can help caulk and weatherstrip them.
- Ask your County Extension office for information about caulking and weatherstripping.

(adapted from materials developed by Minnesota 4-H)

### DID YOU DO IT?

• What does infiltration mean? \_

- Did you find places in your home that needed caulking or weatherstripping?

Why?\_

Clip and Insert in your 4-H Record Book

Clip and Insert in your 4-H Record

Book

# Family Fun Page

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Here's a new set of brain teasers to keep you occupied. Each of the following boxes contains a familiar word, phrase or title. The answers will appear in the October issue.

Within the last month, these sponsors have agreed to provide Kansas 4-H Journal subscriptions for the coming year. Be sure to thank them. (The complete list of sponsors is included in the November-December issue.)

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## **HELP WANTED**

4-H Electric Leaders. Qualifications: Enjoy working with boys and girls. Interest in and basic understanding of electricity. No experience necessary. **Responsibilities:** Conduct project meetings. Help 4-Hers fill out electric project records. **Starting date:** October 1, 1982. **Fringe Benefits:** Respect and gratitude of 4-Hers.

# Sound like a big job?

It would be if each electric leader had to start from scratch. But many resources are available to make the electric project leader's job easier.

> • Complete set of new materials. Each Unit includes a manual for leaders and members' manual. The leaders' guide outlines experiments, materials you will need, and ideas for extra activities.

> • A Leader's Idea Book full of plans for 4-Hers to build

> • A special electric leaders workshop. Scheduled for March 4 &5, 1983, this workshop features sessions on electronics, fair judging, ideas for projects to build, etc. Many electric leaders return year after year to exchange ideas with other leaders.

> • Other help: Call on other experts to take part in your meetings or to answer specific questions. County Extension agents, local power company representatives, and local electricians are good sources of help.

APPLY NOW! Contact your County Extension Office or your local 4-H Club community leaders.



What are you or your family doing to conserve energy? Please send your ideas, with illustrations if possible, to Electric Page, Kansas 4-H Journal, Umberger Hall, KSU, Manhattan, Kansas 66506.

Watch This Page For Ideas On Farm And Home Electric Projects

### **ELECTRIC LIGHT and POWER COMPANIES in KANSAS**

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