

# Nutrition Tip from COOP

# Supplement forage feeding now before cows slip in weight and condition

Proper feeding of beef brood cows will produce heavier weaning weights . . . and longer productive life for cows.

In the last one-third of pregnancy, a cow's major requirements are: (1) Adequate amounts of total energy food, (2) Protein, (3) Minerals, particularly phosphorus, and (4) Vitamin A or Carotene.

Used to their maximum, pasture and roughage will help to reduce the cost of feeding brood cows, but they can be deficient. While grass and hay will have some crude protein — the digestibility of this protein often is very low. Carotene and phosphorus also will be low.

Protein, vitamins and minerals can be supplied in a good CO-OP Protein Concentrate

It takes twice as much feed to restore the cow's condition than it does to maintain it.

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### **Journal**

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### Miracles, faith, and belief

By Glenn Busset State Leader, 4-H and Youth

The Easter season just past reminded those of us who were brought up in the Christian tradition how closely the fabric of our lives is interwoven with an implied acceptance of the miraculous. The greatest miracle of the Christian spectrum occurs at Easter, providing an answer for the hard pressed Christian believers of that time to the difficult question—what now? Jesus Christ was dead by the horror of crucifixion, the disciples were in hiding, the small band of followers dispersed and persecuted—the revolution had failed; then came the miracle of the resurrection which is celebrated by Christians at Easter.

But miracles have long provided reasonable explanations of the unknown, the mysterious, and the unexpected. Children easily accept the presence of miracles. The young, uncluttered mind admits Santa Claus, pixies, ghosts, Jack Frost, and the tooth fairy as reasonable explanations of the unknown. The child's conversation is filled with the miraculous as he explains to himself and others how he relates to growing life experiences. The eager eyes of children structure a world of magical things, of symbolism and wonder, as explanations of things that he does not understand, yet which he accepts and is willing to integrate into his life. Almost imperceptibly the well adjusted child realizes these expressions of the miraculous are man's way of saying that in this manner he accepts that which does not equal four when two and two are added together.

Do miracles happen in today's sophisticated world, a world which insists on a disdain for the symbolic and sneers at any event that cannot be explained on a computer printout? Yes, I believe that miracles do occur—it just takes faith to understand that they can happen, and a belief that miracles are possible, in order to recognize them. Recognizing miracles requires that we look to the best part of our human experience, our relationship with others, and accept it as the miracle of living, of life itself. As an illustration, hear this little-told story of one of the great men of our time:

When Winston Churchill was a small boy, his family often went to Scotland "on holiday." Young Winston was greatly attracted to the swimming pool at a friend's home, spending hours with other children in the pool. One cool morning, young Winston was taken with a sudden cramp, and as he floundered, the other children screamed for help. The gardener's son, jumping into the pool, pulled Winston out to safety. The grateful parents asked the gardener what they could do to show their appreciation to his son. When the gardener revealed the lifelong ambition of his son to become a doctor, an ambition a poor gardener could never afford to fulfill,

(Continued on page 7)

### About the cover

Perry Lake, the third largest lake in Kansas, is located just outside the city limits of Perry, 13 miles northwest of Lawrence on U.S. Highway 24.

Perry was formed by damming the Delaware River and was built by the Corps of Engineers at a cost of almost \$48 million for flood control. It covers 12,202 acres.

Lake Perry is one of the prettiest lakes in Kansas, for instead of being

a large sheet of water pooled in bare hills, its 160 miles of shoreline is bordered by many trees. Being a lake of "arms" and coves it is more sheltered, so even on very windy days there are quiet nests of water to be found.

Camping spots at Perry, and the points and coves, are plentiful. We are especially proud to point to the Lake Perry 4-H Camp of 463 acres being developed. The story is on page 8.

## Kansas 4-H Journal and The U.S. Bicentennial Society invite you to



Fly the Flag for the Bicentennial.

We invite our readers to take part in the greatest show of colors this country has ever seen. We are proud to take part in this national campaign to restore the flag to a place of respect and honor it deserves.

To encourage you to fly the flag, we have arranged for you to purchase a complete Bicentennial Flag Kit for only \$8.95, including handling and shipping. The large quantities of flags involved makes this possible. Order the 50-Star Bicentennial Flag with the special Fly the Flag coupon. Also available: 13-Star Betsy Ross Flag and the Bennington '76 Flag. Your flag will be sent directly to your home at no additional charge.

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### April 1775

The first battle of the American Revolution took place April 19, 1775.

The British general, Thomas Gage, had ordered troops to destroy military stores in the hands of Americans and to arrest such leaders of the colonists as John Hancock and Samuel Adams. On April 18, in the evening, British troops crossed the Charles River from Boston to Cambridge on their way to Concord.

But this troop movement did not go unnoticed; Isaiah Thomas, the leading patriot publisher in the colonies, was one of the men who flashed a lantern in the steeple of Old North Church in Boston, the signal which sent Paul Revere and William Dawes out to warn their countrymen. Dr. Samuel Prescott joined them later.

Historians don't agree which of the three got the farthest, but at least the people were warned, and the next morning 77 minutemen were waiting at Lexington to face the British troops.

A shot brought a volley from the British, killing eight of the militiamen. The war had begun.

The British went on to Concord, seized a minor cache of arms, and returned to Boston. As they came back, the Americans militia fired at them, inflicting 273 casualties.

The patriots promptly surrounded General Gage's troops in Boston and appealed to the other colonies for help. The siege continued till March 1776.

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### Pig co-op

Editor's note: You'd like an animal project—but don't have space. If others in your club have the same problem, maybe a pig co-op is the answer; it has been for IXL 4-H Club in Cowley County. Eight 4-H members plan to participate this year, the third year.

The idea for the co-op came while parents and 4-H'ers were visiting at the Spring Barrow Show in Arkansas City. Then as they talked about it more, Vicki Becker writes, "the ball really started rolling." She tells about how the co-op began and developed.

By Vicki Becker Arkansas City

The kids decided they would try to have a co-op pig project. This way it could include any 4-H'er who didn't have room at his own place to keep pigs. They talked with the swine leader, Mr. Rodamacher, and the community leader, Jim Green.

Mr. Rodamacher had room at his place to keep the pigs. He also had an automatic feeder and waterer he loaned for the first year. Each of the six members of the co-op bought his own pigs, with a maximum of three. Their parents helped them buy the pigs; some of the 4-H'ers borrowed money at the Home National Bank.

The kids went over one Sunday afternoon and worked shoveling dirt and sand, setting up wire panels, and doing anything else to get the pen in shape before they brought the pigs in.

After the pigs were there, about once a week the 4-H'ers went over and cleaned the pen and cleaned waterers. The local co-op delivered the feed and the pigs were fed from one feeder until they needed to be fed separately. The 4-H'ers took turns checking on the pigs each week. Some of the pigs came down with pneumonia, so the kids learned to cope with sickness, as well as how to raise animals. They also learned to tame the pigs, walk them, and wash them.

Six weeks before the fairs started, the 4-H'ers started walking their own individual pigs. This was up to each individual now. No one else could walk one's pig and get it tamed down. The pigs also had to be clipped and made ready to show.

The 4-H'ers exhibited in the three county shows, and even

though they didn't have any real big winners they enjoyed every show.

One spectator remarked, "They may not know exactly what they are doing, but they are sure having fun doing it."

In October the Kansas Junior National Show was held. Three members from the pig club exhibited two pigs apiece, and out of this they had the champion crossbred and champion spot. The others placed high in their classes. The champion spot went on to be the grand champion carcass.

1974 was the second year for the pig co-op. A local firm, Mauer-Neuer, gave the 4-H members a new location. The members started cleaning up and getting things ready. Each purchased his own pig and started all over again. They chipped in money to buy feed and divided up the time so someone would keep a daily watch to make sure none were sick, the feeders full, and the waterers working.

The club leaders involved feel it has been a great success, as it gave members experiences they wouldn't otherwise receive. Some of them had never shown pigs before. Not only did they learn, but as a businessman said at one of the shows, they seemed to enjoy it more than did the average exhibitor. It wasn't necessary only to win, as they were enjoying what they were doing, anyway.

Each member is proud to be a part of this new experience and ready to give battle with even his brother or sister.

These 4-H members expect to take part in the IXL co-op this year: Julie Ann Rodamacher, Gary Anstine, Cindy Kinzie, Marty Kinzie, Sonya Green, Michelle Green, Kim Case, and Monica Green.

Now is the time to send an article and black and white picture for Kansas 4-H in Review. Anyone may submit material for the September issue. Write about what your club is doing; ideas that work are helpful to 4-H members in other clubs. Or you may, as a tribute, tell about outstanding 4-H members or leaders that you know,

So that we'll know you intend material for the September issue address your letter: 4-H in Review, 4-H Journal, Room 116, Umberger Hall, KSU, Manhattan, Kansas 66506.

### New collegiate club

The newest collegiate 4-H club in Kansas, now in its first year, is the one on the Barton County Community College campus. President is Ron Koelsch and vice-president is Ken Nicolet, with Kenneth Pfaff as faculty adviser.

In early March, the club members sponsored a Get-Acquainted Day on the campus, to which they invited 4-H junior leaders in Barton and the surrounding counties of Stafford, Rush, Russell, Ellsworth, Pawnee, and Rice. High school sophomores, juniors, and seniors had an opportunity to meet for a tour of the campus and for other activities which enabled them to have fun and to get acquainted.

Members of Barton County Collegiate 4-H Club were judges for Ness County 4-H Day. This past fall they worked in the food stand at Kansas State Fair, and they participated in the Rock Springs Ranch spring cleanup this March.

### Tax tips

If you are a 4-H leader and plan to itemize your deductible expenses for income tax, you may be entitled to some deductions you've never thought of, points out Merle Eyestone, executive director of Kansas 4-H Foundation. A new publication, "Tax Exempt Status of 4-H Organizations Authorized to Use The 4-H Name And Emblem," says that amounts spent for fees. materials, meals, travel, lodging, awards, and mileage for use of your car in connection with service to a 4-H organization are all deductible. If the leader has such expenses in attending leadership training meetings, these costs may also be listed as deductions. Members of official 4-H boards and committees can deduct out-of-pocket expenses incurred in connection with their duties.

If junior leaders file their own tax return, the same kinds of expenses are deductible for them also, if they itemize.

Gifts of cash or property to a 4-H club or to Kansas 4-H Foundation are also deductible expenses. Costs of babysitters and contributions of time are not deductible.

If you have a specific question about possible deductions, call your local internal revenue office or call 800 362-2190.

### Family Camp

By Cecil L. Evestone **Extension 4-H Specialist** 

Enjoy the Fourth of July holidays in a different style this year. Plan now to take part in the 4-H Family Camp at Rock Springs Ranch July 3-6. The three-plus days will be full of activities for all members of the family, or just come and relax.

4-H Family Camp is open to any family in Kansas, whether you are 4-H'ers or not. Attendance can be for one, two, or three days, depending on your time schedule and the facilities. Those planning to attend all three days, however, would receive first preference.

The program for this camp is very informal. Participants choose from a wide range of activities what they wish to do each hour. However, there will be several planned events in which everyone will be encouraged to take part. An observance of the Fourth, with emphasis on citizenship, will be one program feature. There will be a scheduled time for fireworks, so participants may bring these to enjoy during this period. Other choices include swimming, horseback riding, riflery, archery, canoeing, fishing, sports of all kinds (tennis, volleyball, softball, and so on, hiking, or just resting).

The Kansas State University alumni will also be sharing Rock Springs Ranch facilities at the same time with their Family Camp. We will share in several of their planned activities.

Bring your own bedding and swimming gear, share in the mealtime table serving, and the experience will cost \$1 pre-registration for everyone over 5 years of age, and \$6 per day for youth 5-17 years old, and \$7.50 per day for everyone else. Total cost for the three full days, registration, lodging, nine meals. and all the activities and services provided, will be \$22 for adults and those 18 and over; \$17.50 for those 5 to 17 years of age; and free for those under 5. County extention agents will have registration forms, or they may be secured from the State 4-H Office, Umberger Hall, Kansas State University, Manhattan, Kansas 66506.

This will be the sixth year for Family Camp. We have had from 12 to 40 families take part each year. Tell your neighbors about it. You'll all enjoy this experience that can be had at Rock Springs Ranch.

### Angus queen

By Mary Johnson Olsburg

The 1975 Angus queen is Sharee Laflin, Olsburg. The 18 year old Olsburg 4-H Club member has taken such projects as beef heifer, baby beef, horse, sheep, foods, clothing, and junior leadership in her 10 years as a 4-H member.

Some of Sharee's duties are to attend district, state, and national shows, Angus sales throughout the state, Kansas State and Mid America fairs, and as many Angus events as possible.

Sharee is currently attending Colby Community College at Colby where her major is ag journalism. Her parents are Mr. and Mrs. Bob Laflin.



Sharee Laflin

Hutchinson

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#### Miracles—

(Continued from page 3)

the Churchills immediateldy arranged for young Alexander Fleming to enroll in the medical school of the University of London.

During his work toward a degree, the young student found that cultures of microbes were often spoiled when exposed to molds. Unlike his colleagues, he did not throw away the plate of culture with the bluegreen mold. He wrote in his notebook, "I was sufficiently interested in the antibacterial substance produced by the mold to pursue the subject." He named the new drug penicillin.

Just as Dr. Alexander Fleming had worked himself toward the top in the medical field, the young aristocrat who had been saved from drowning in a Scottish swiming pool

had also risen to eminence, in the field of diplomacy and political science. Winston Churchill was now Prime Minister of England, in conference with President Roosevelt and Joseph Stalin in Persia about ways to win World War II. Sudhe became ill with pneumonia. When the word was flashed to England to send the best doctor to save the life of the Prime Minister, the king dispatched the eminent physician Dr. Alexander Fleming — who took with him the miracle drug, penicillin. Churchill quickly recovered, and in speaking of his appreciation said, "Rarely has one man owed his life twice to the same rescuer."

A miracle? No, several miracles. . .the saving of a life without which the history of the English speaking world would have been dramati-

cally altered - the unexpected realization of an ambition to become a doctor — the substitution of a positive thought for a negative thought that led to the discovery of penicillin — the use of that powerful drug to again save the life of a man at a critical moment in world history. Were these events all happenstance; is a man a biological accident in a purposeless world — or is there a divine guidance that is revealed to us when we recognize what we see, in miracles?

This is a question which every person must decide. I have already made my decision.

### The 5 year 4-H fund drive

Greenwood County 4-H members have already collected more than half of the amount of money which is their goal for the five-year 4-H fund.

The goal set in Greenwood County was that the clubs should raise \$5 per member and the Greenwood County 4-H Council match this amount.

The 4-H members found a variety of ways to earn money, home economist Janet Frankenbery said. One club sold Christmas wreaths; another sold calendars. Club members sold refreshments at county 4-H Day and at Regional 4-H Day.

The county 4-H council earned \$1,000 by preparing food for and serving the Greenwood County Cattlemen's Banquet. Council members also worked in the concession stands at the 4-H rodeo and the spring steer show.

### Reminder

Kansas State University's Collegiate 4-H Club is hosting the third Annual National Collegiate 4-H Club Conference April 18-20. All interested collegiate 4-H'ers and youth are invited to join in the fun, business, and excitement in this conference of more than 200 collegiate 4-H'ers from across the nation.

For more information, contact Juliana Hair, 1200 A Ratone, Man-Kansas 66502, (913) hattan. 539-7805.

#### Other events in April:

Goat Leaders' Clinic, Harmony Hollow Farm, Manhattan, April 5 International Feast, Rock Springs Ranch. April 6

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### Camp Perry—

### A special kind of place

By Myrna Daly Manhattan

Camp Perry boasts no lodges or luxuries—or even electricity. But it does provide camping opportunities in a natural setting, on 463 acres of meadows and hills along Lake Perry in Jefferson County.

Perry provides a place for new 4-H outdoor programs.

#### Wilderness camping

Camp Perry opened last year as a site for primitive camping, where youths could learn to live on their own outdoors, Glenn M. Busset, Kansas 4-H and youth leader, explained. The next 4-H camp will be the High Plains center on the western Kansas prairie.

Cabins may be added later at Camp Perry, Dr. Busset explained, but the "wilderness" type of camping programs will continue.

#### On Lake Perry

Located on the east side of Lake Perry on a peninsula between Slough Creek and Evans Creek, Camp Perry has access to 160 miles of shoreline along the lake. Weekend campers can canoe in the creeks, and during the week some groups will take longer, 10 or 15 mile canoe trips. Counselors serve as guides and instructors on the trips.

Kevin and Natalie Hiebert of rural Goessel spent an "exciting" week at Camp Perry last summer.

"The first day we learned basic camping techniques, canoeing skills and safety. Then we planned our three-and-a-half-day canoe trip," Natalie said.

#### Canoe trips

"We decided to go north to Valley Falls and follow the Delaware River in Lake Perry and back to camp." The canoes were loaded with backpacks full of food, clothing, tent materials, and sleeping

"On hot afternoons we found places for swimming, and each evening we set up camp at that day's destination.'

The Hieberts, members of the Geossel Goal Getters 4-H Club, said they learned many wilderness camping skills at Perry and learned to appreciate the natural environment.

#### Canoe certification

Teenagers who want to qualify for canoe certification will find an intensive training camp for that purpose. Instructors will teach all aspects of canoe handling, strokes, safety, and rescue. After a required swim test, campers will have to go through all the maneuvers, including "righting" an overturned canoe in the lake. The course is a difficult one, but participants will be pre-



Wilderness camping means selecting a site, making tents, and building a fire for cooking.

### Summer progran

**Programs** 

### WILDERNESS CAMPING Techniques of wilderness camping .... Camp crafts ..... Camp crafts and exploring the environing Hiking, trailing, stalking and exploring (Optional 3-day camps) Compass and map reading ..... (Optional 3-day camps) CANOEING Canoeing, backpacking, and wilderness Canoeing, water ecology, and recreatio

FAMILY CAMPII	NG PROGRAMS
	ild foods cookery
	niques
Swimming, hiking,	canoeing, and fishir

Canoe trip, camping, and exploring . . .

Canoeing certification ........

(Optional 3-day camps)

Swimming,			
SPECIAL	INTER	EST SER	HES

Wildlife photography	
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Birds of Kansas	

Dirus of Kansas	• • • • • • •	
Forestry		
Bowhunting and		

### FISHING

Fishing	methods	for	teens	
Fishing	methods	for	parent/c	hild

<sup>\*</sup>Adult leaders are welcome.

### 4-H Camp Perry

		/
*Ages	Dates	Cost
13-19	June 14-15	\$11.50
.10-12	June 21-22	11.50
10-12 10-12	July 12-13 June 30-July 3	11.50 24.50
10-12	July 20-23	24.50
13-19	July 29-Aug. 3	43.50
	July 29-31	21.50
	Aug. 1-3	21.50
13-19	June 21-22 July 25-27	11.50 21.50
15-21	July 7-10	27.50
13-19	July 14-19	41.50
	July 14-16	19.00
	July 17-19	19.00
13-19	June 23-26	27.50
13-19	June 28-29	12.50
	July 12-13	12.50
13-19	July 29-Aug. 3	43.50
6	July 29-31 Aug. 1-3	21.50 21.50
13-19	July 14-16	21.50
15 15	July 16-18	21.50
	July 25-27	21.50
4th WE	EKEND	
Families		ea. 17.50
Families		ea. 17.50
Families		ea. 17.50 ea. 17.50
Families	July 4-6	ea. 17.30
13-19	June 11-13	21.50
13-19	July 14-16	21.50
10-12	June 19-20	12.50
13-19	July 17-18	12.50
13-19 12-19	June 14-15 June 4-6	9.50 12.00
13-19	July 25-27	21.50
13-19 Families	June 28-29 July 12-13	12.00 ea.12.00



A backpacking group sets out, loaded with supplies. Campers at Perry have hundred of acres to explore.

pared for the written and applied test for Red Cross canoeing certification, which is given at the end of camp. Each session is limited to 20, allowing 2 persons plus a counselor in each canoe. Three canoeing certification camps are planned, in addition to the regular canoe trips at Perry.

### Photography

A number of camping programs have been planned around special interests, and have outside resource persons, experts in their fields, coming to Perry to teach the classes.

Photography buffs, for example, can bring a 35 mm camera and learn about camera settings and techniques of wildlife photography from Kenneth Stiebben, a photographer with the Kansas Forestry, Fish and Game Commission. Mr. Stiebben said a darkroom will be set up, enabling photographers to develop and print their own pictures.

### Wildlife at Perry

If last season is an indication of the wildlife to be found at Perry this summer, photographers should get a chance to "shoot" owls, other birds, beavers, raccoons, oppossums, snakes, turtles, and coyotes.

There will be opportunites for night photography, too. Campers can wade upstream and find fish asleep in Evans Creek. On clear nights, a series of photographs of the moon and stars will record the distance the moon travels across the sky.

#### Art and weaving

Other camps will bring in art and design specialists to help campers discover the color and design in nature. Campers will learn to make crafts from natural objects like stones and weeds, and will learn to weave on handmade looms.

The special interest series also includes a forestry camp, another studying birds of the area, and a program for bowhunting and animal tracking.

#### Finding wild foods

July Fourth will be a family weekend at Camp Perry, with a choice of four family camping programs. Backpackers in the wild foods cookery section, led by Ronald Tittel, will learn to find and prepare the safe edible foods of the area. The outdoor meals will include dishes from milkweed, lambsquarter, curled dock, and prairie turnips, flavored with wild sage and fennel. Good mushrooms can be found in the area, and mulberries will be in season.

### Family camping

A family canoe trip is another choice for the July Fourth weekend. Canoeists will take a five mile trip up Slough Creek, camp overnight, and return the following day. Or, families can spend the weekend fishing for the bass and blue gill in the streams and ponds of the area.

(Continued on page 11)

# IDEAS & News

Issues brought before the Sumner County 4-H Council in January were discussed and voted on in each of the 4-H clubs in the county. Then at the February meeting, the council was able to reach a decision on each subject. Theresa Zimmerman is council reproter.

"Southwest Reno 4-H Club had a bake sale and pony cart rides," the Reno County club reporter, Tracy Linder, writes. "We used Mr. Albright's ponies for the rides; he also brought in Santa Claus. We made \$101 on the bake sale and \$10.10 on the pony rides for a total of \$111.10."

Barbie Priest, Sabetha, wrote an original story which used names of songs, and she read it to the Busy Jayhawkers 4-H Club meeting for music appreciation. The story contained 46 song titles! Janet Ackerman is reporter for the Nemaha County club.

"Why I like Kansas" was the January roll call for City Slickers 4-H Club, Harvey County. Rhonda Brown is club reporter. At the March meeting, the club members made St. Patrick's Day favors for patients at Bethel Hospital. Laurie Schroeder was head of the committee.

Conservation has been chosen as club project for this year by Shunga Valley 4-H Club of Shawnee County, Ronda Jepson reports.

Dean Stoskopf, Hoisington, was one of 25 delegates to the 4-H Commodity Marketing Symposium in Chicago in March. Dean won champion and reserve champion awards at county fairs and district 4-H wheat shows, and is the state award winner in the 4-H commodity marketing program. Dean has made special studies of grain marketing.

Cynthia Wren is the president of the 132 member Rolling Hills 4-H Club in Sedgwick County. Reporter Janna Gault writes that the Wichita Chamber of Commerce sponsored the 48th annual achievement banquet and awards program for all 4-H'ers and community leaders.

Nineteen pictures by Kansas artists make up the 1975 rural-urban art exhibit at Rock Springs Ranch. The exhibit includes works done in oil, watercolor, and acrylic.



### . . . It's critical.

With grain prices lower than we like . . . with a large carry-over of most of our grains, the forecast is for prices, this fall, to be little better than they are now.

What that means to you and your dad is this —

All of us must plant and fertilize to make the maximum profit each acre will give us.

Maximum profit . . .

So we can afford to stay in business.

Not maximum yield.

— a thought from Farm Bureau

### Camp Perry-

(Continued from page 9)

Another option is a general "outdoors" weekend of swimming, canoeing, hiking, and fishing.

In each camping program, the skills taught will vary according to the age and experience of the campers. Everyone learns how to make tents and other shelters, and canoe trips are part of all the camps during June and July. Some of the programs are held at base camp, and others involve overnight backpacking and canoeing trips away from base camp.

#### **Primitive camping**

Kevin and Lorine McKeeman, who opened Camp Perry last summer, are busy preparing the programs for this summer. The preteenagers, Kevin explained, will begin with camp crafts like building shelters and rope bridges. Outdoor training for the older teens will be more advanced.

"We'll offer survival camping this year," he said, "which is probably the most rugged of the programs.

"The first day begins with map and compass reading, instructions in setting up camp, and finding and preparing safe wild foods.

"On the second day they put those skills to work."

Groups are taken out blindfolded and dropped off with a map, compass, knife, and matches, and "It's up to them to find their way back to base camp," he explained.

The counselor with each group knows the way back, but the youths are challenged to make their own shelters and meals, and to find their way with map and compass.

#### 'Roughing it'

Conditions at Camp Perry may be too harsh for pre-teens, or for families with small children. Glenn Busset warned. Before making a decision, he said, parents should understand that there are no cabins, hot water, indoor plumbing, nor telephones and electricity. Although on Lake Perry, just 8 miles north of Perry and about 18 miles from Topeka, the 4-H camp itself is isolated and primitive. The nearest phones and electricity are about a mile away at the farm of Don Parker, who serves as year-round caretaker for the camp.

Backpacking groups set out with mosquito netting and sheets of plas-

Lorine and Kevin McKeeman are preparing the camping programs for this summer at 4-H Camp Perry.

"Campers will have a lot of fun at Perry," they promised, "but they'll be learning a lot of wilderness camping skills as well."



Backpackers carry food and equipment for overnight trips. Groups set up camp and do their

own cooking at Camp Perry.

tic to make their own tents on the trip. In some programs, they carry only enough food for eight meals away from base camp, and hunt wild foods for their last meal away.

#### Bass for breakfast

A visitor at Perry last summer found a group of teenage boys breakfasting on bass they had caught, and milkweed pods and May apples they had prepared. May apples, they warned, must be peeled to be safe for eating.

Campers at Perry get lessons—and lots of practice—in all aspects of outdoor living. "Learning by doing" includes cooking outdoors and cleaning up after meals.

In all of the camps, the cost includes meals and supplies. Facilities at base camp include tents with bunks, a cold shower, and outdoor toilets. Canoes, paddles, and life jackets are provided, as are backpacks and other camping supplies.

Campers need to bring a sleeping bag, but, lacking a "store-bought" version, they might begin learning self-sufficiency by making one with sheets and blankets. The lake has a muddy bottom, so old tennies are needed for swimming and in the canoes. Campers might also want to bring fishing gear, notebooks, and a camera.

Additional information about camping programs at Perry is available from county extension agents.

### Free 4-H Woodworking Plans from YOUR LUMBER DEALER







**TABLE PODIUM** 

Plans for All These Projects Are Available at The Lumber Dealers Listed on This Page. Ask for Them.

### OTHER PLANS AVAILABLE

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### National conference delegates chosen

Kansas delegates to National 4-H Conference April 19-25 in Washington, D.C., are Douglas Claassen, Whitewater; Jan Dugan, Alton; Ron Koelsch, Great Bend; and Janet Stoffer, Abilene.

Douglas, the son of Mr. and Mrs. Olin Claassen, is a freshman at Bethel College, North Newton.

A 4-H member for 10 years, Douglas served this past year as Butler County 4-H Council president. As council president, he took part in county, area, and state activities. Previously he was president of North Butler 4-H Club.

Douglas' projects this past year were swine, both market pig and sow and litter, junior leadership, electric, arts and crafts, and grain sorghum.

Livestock judging has been a major activity in Douglas' 4-H work, and he has been a member of the county livestock judging team.

In 1973 Douglas won a trip to Kansas 4-H Congress for his work in the electric project. This year he assisted younger members in this project. He has attended Round-up for two years.

Douglas hopes to become a veterinarian.

Citizenship is the favorite project of Jan Dugan, Alton, the daughter of Mr. and Mrs. George Dugan. This past summer she attended the Citizenship Short Course in Washington, D.C. She was on the campaign committee for Senator Dole and "found it very interesting to be involved in campaigning."

Jan also particularly enjoyed the



Douglas Claassen Butler County



Janet Stoffer Dickinson County



Jan Dugan Osborne County



Ron Koelsch Barton County

bread project. Other projects this past year were clothing, junior leadership, and public speaking.

In 1974 she served as president of the Osborne County 4-H Council, won a Key Award, and received a Union Pacific scholarship. Jan, a freshman at Fort Hays Kansas State College, hopes for a career in nursing.

She is a 10 year member of Liberty Bell 4-H Club.

Ron Koelsch, Great Bend, says that leadership is the most important thing in his 4-H work. This year as a freshman at Barton County Community College he helped to organize and is serving as president of a new collegiate 4-H club there. As a 4-H'er, he was president of the Barton County junior leaders organization.

In 1973 Ron was a state winner in conservation and so was a delegate to National 4-H Congress in Chicago. That summer he attended the Invitational Conference, becoming a 4-H Ambassador. This past summer he took part in the Citizenship Short Course in Washington, D.C., and was a counselor at 4-H camp.

During Ron's nine years as a member of Busy Buzzers 4-H Club, he has been especially active in the woodworking project. For his room he made a mini office, double dresser, bookshelf headboard, bulletin board, and a stereo cabinet.

Ron is a Key Award winner. His parents are Mr. and Mrs. Victor Koelsch.

Janet Stoffer, the daughter of Mr. and Mrs. Glen Stoffer, Abilene, went to Chicago this past summer as one of the state winners in the meat utilization project. Other projects were Teens Entertain, clothing, and market pig.

Another project, junior leadership, is most rewarding for her. This past summer she helped younger members in food projects, especially teaching them the basic four for good nutrition. She also assisted girls in sewing and knitting.

This past year Janet was secretary of Detroit Ramblers 4-H Club and Dickinson County 4-H Council secretary, as well.

At Abilene High School, Janet helped with the Bachelor Class, a class for junior and senior boys. She gave particular help to three special education students who were in the class.

When a group of teenagers from North and South Carolina were on tour in the Abilene area, Janet helped Mrs. Edgar Hoover prepare a meal for all 26 of them.

Janet, a student at Kansas State University, writes, "When I finish my last year in 4-H next year, I'd like to become a project leader and help other members just as I was helped."

Katherine Meyer, extension specialist in interior design, will accompany the conference delegates to Washington, D.C.

Parents of the Decatur County Go-Getters 4-H Club recently presided at the meeting and gave the program.

The three fathers pictured above presented an activity number, which consisted of pantomiming the Homer and Jethro record, "My Upper Plate." From left to right they are Lee Ploussard, Dwayne Jones, and Frank Bennett.



### Kitchen



Kathy Sprigg, Norton, made a milehigh strawberry pie for a 4-H favorite food show in Norton County and it won a purple ribbon. When she entered the show, Kathy was secretary of the Busy Jayhawkers 4-H Club.

### Mile High Strawberry Pie

- 1 package frozen strawberries
- 1 cup sugar
- 3 egg whites
- 1 tablespoon lemon juice dash of salt
- ½ cup whipping cream
- 1 teaspoon vanilla

Graham cracker crust

Place defrosted strawberries, sugar, egg whites, lemon juice, and salt in large bowl of the electric mixer.

Beat at medium speed for 15 minutes or until mixture holds its shape. Whip cream and add vanilla to it. Then fold into the strawberry mixture. Freeze overnight or until mixture is completely frozen. When ready to serve, you may want to place strawberries on the top.

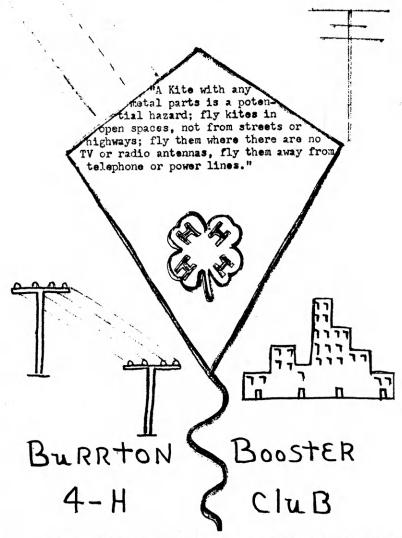
#### **Graham Cracker Crust**

Combine 1½ cups (18 crackers) fine graham cracker crumbs, ¼ cup sugar, and ½ cup melted butter or margarine. Mix well.

Press firmly in unbuttered 9 inch pie plate. Bake in moderate oven (375 degrees) about 8 minutes or till edge is lightly browned. Cool.

If you prefer an unbaked crust, chill crust till set, about 45 minutes, before filling.

### BE SAFETY MINDED



Good rules for safe kite flying come from Burrton Booster 4-H Club in Harvey County. Be sure to read them on the kite.

Club members made enough of these bulletins to give them to students in the first eight grades at Burrton School.

John Strauss of Garden City, program director for KUPK TV, received a Friend of 4-H Award from the Happy Hustlers' 4-H Club, in appreciation of the many times Finney County 4-H clubs have been featured on the Early Bird Report. From left to right are John Strauss, Dawn Smith, and Mark Schweer of the Happy Hustlers' ceremony committee.

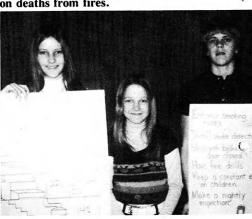




Jim Lobmeyer and Michael Lobmeyer, members of Go-Getter 4-H Club, did a television program on conservation on the Early Bird Report on channel 13. Here they demonstrate making suet holders to hang for birds in the wintertime.

Finney County 4-H'ers appear regularly on the Early Bird Report.

Rosemary and Celeste Huschka, Happy Hustler 4-H Club members, and Mark Lobmeyer, Go-Getter 4-H Club member, did a program on fire safety on the Early Bird Report on channel 13. Rosemary's poster shows where fires begin, and Mark's lists ways to cut down on deaths from fires.



# Family Fun Page

### Kite party

Windy April days are ideal for flying kites. On a blowy day invite kids and kites for a kite party. You might have them make the kites at your house and all you need is a few simple materials, as they are so easy to make.

Award a prize to the person with the first kite in the air. A most acceptable prize is the oddest kite you can find.

Another contest is to "send messages" to each kite. This is done by slipping small pieces of paper on the kite string and seeing how fast they will work up to the kite as it soars aloft.

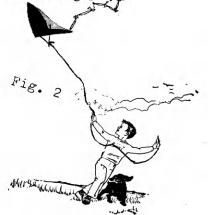
Kite races or contests to determine the kites that fly the highest can all be worked into an afternoon of friendly competition.

You can make a kite in a hurry with nothing more than a spool of good-quality nylon thread, a sheet of paper, and a piece of old cloth.

A square sheet of fairly stiff paper, eight or nine inches on the side is a convenient size. Fasten a piece of thread to opposite corners.



as shown (Fig. 1), and tie the end of the thread on the spool to the center of this piece. The tail of the kite is attached to the lower corner (Fig. 2). It is made of small strips of cloth tied together and should be about two feet long.



In a good wind, the kite will perform quite well. A small stick inserted in the spool makes a convenient "reel.." As the wind tugs the kite, the fingers let the spool revolve on the stick.

Government spending gives you an idea why laws are called bills.

Cecilia Kasl, Cuba

Henry sat in the back of the room sniffing and rubbing his nose.

Finally the teacher walked over to him and said, "Henry, do you have a handkerchief?"

"Yes," answered Henry, "but my mother says I mustn't lend it to anyone.'

Arlene Hulsing, Berryton

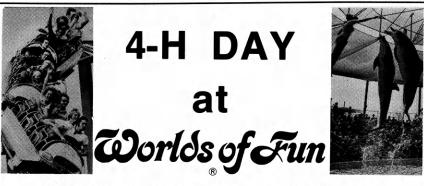
Teacher: Marvin, if I lay one egg here and one egg here, how many eggs will there be?

Marvin: There won't be any eggs.

Teacher: Why not?

Marvin: Because you can't lay Pat Fallon, Auburn

eggs.



### RIDES, ROCK'N ROLL, KARATE & GOOD TIMES **APRIL 26, 1975**

All this can be yours on 4-H day, Saturday, April 26, 1975 at WORLDS OF FUN in Kansas City, Missouri.

Special 4-H activities planned for this day include the following:

- 1. A \$1.50 savings on each WORLDS OF FUN Passport purchased in advance by 4-H members and families. Regular admission price is \$7.50 per adult and \$6.50 per child. For 4-H day, 4-H'ers may purchase Passports at \$6.00 per adult and \$5.00 per child. This one price includes all shows, rides and special 4-H attractions.
- 2. An exciting self-defense KARATE exhibition by one of America's best known Karate academies, will be presented on 4-H day, April 26 at 11:00 a.m. in WORLDS OF FUN'S 5,000 seat Forum Amphitheatre.
- 3. BLUE SWEDE, a nationally known rock group will play two afternoon live concerts in the WORLDS OF FUN Forum Amphitheatre.
- Each 4-H youngster attending 4-H day will be awarded a complimentary WORLDS OF FUN/4-H button.
- AS AN ADDED BONUS, 4-H GROUP LEADERS WILL RECEIVE A FREE ADMISSION PASSPORT ON 4-H DAY. One 4-H complimentary Passport will be issued with a minimum purchase of 25 Passports.
- 4-H day Saturday, April 26, 1975 promises to be a swinging, rocking, jumping good time. Don't miss out! Now is the time to make arrangements to attend this sensational 4-H day. All discount Passports, must be ordered in advance. To order Passports, complete the order form below and return to WORLDS OF FUN.

#### 4-H/WORLDS OF FUN Passport Order Form 4-H Day Saturday, April 26, 1975 Save \$1.50 on Each Passnort

	ITLE PHONE
7.	
ADDRESS CITY	COUNTY STATE ZIP
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admitted free, and bus drivers do not order Passports in advance. Bus drivers will receive

Make one check or money order payable to WORLD OF FUN, and return to WORLDS OF FUN Sales Department, 4545 Worlds of Fun Avenue, Kansas City, Missouri, 64161.

THIS ORDER FORM IS ALL YOU NEED TO ORDER YOUR WORLDS OF FUN/4-H DAY DISCOUNT PASSPORTS. THERE IS NO LIMITATION ON GROUP SIZE.

### Portable shop light proves to be useful

A six-year member of Keen Klippers 4-H Club in Ford County who likes the electric project is Duane Bayless, Dodge City. He's enrolled for the fifth year.

Duane has made a test light, extension cord,

Christmas candle, and a reading lamp. He also used his knowledge of electricity to add an outlet to his parents' basement. For county 4-H Day and in the club model meeting Duane gave a demonstration on making an underwriter's knot.

His most recent achievement is work on a crystal radio kit.

Duane is reporter of the Ford County 4-H club; he has also been recreation and song leader. His parents are Mr. and Mrs. Ed Bayless.



Duane Bayless's handy portable shop light received a purple ribbon at the Ford County Fair and a blue at the state fair. The duplex outlet makes it more useful.



Duane is using his portable shop light. He says the electric project has helped him with his other projects, such as geology, woodwork, and small engines.



What are you or your family doing to conserve energy? Please send your ideas, with illustrations if possible, to Electric Page, Kansas 4-H Journal, Umberger Hall, KSU, Manhattan, Kansas 66506.

Watch This Page For Ideas On Farm And Home Electric Projects

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