

A SURVEY OF THE WOMEN'S PHYSICAL EDUCATION PROGRAMS
IN 4A SCHOOLS IN THE STATE OF KANSAS

by 6791

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INTRODUCTION

A decade ago Physical Education in the public school system was considered a frill which wasn't necessarily important to a child's school development. Recently this attitude has changed, and physical fitness has become an item of national concern. With the change of attitude toward physical fitness and Physical Education in schools our programs should have changed also. Physical Education programs in the school should be expanding to help develop the child in every possible way. We, as a group of physical educators, should then evaluate existing programs and realize the strengths and weaknesses of our programs.

PURPOSE

The Physical Education instructors of the Manhattan school district decided last fall to construct a curriculum guide to facilitate co-ordination of the total Physical Education program in grades kindergarten through twelve. It was felt by doing this the present curriculum could be re-evaluated in terms of goals set and goals actually being met by the program. Working on this project aroused a curiosity about what other schools of similar size offered to their students in Physical Education. To find out how Manhattan High School compared with other schools of the same classification, it was decided to devise a questionnaire that covered the following general areas:

Curriculum Guides; Courses Offered; Elementary Physical Education; Classes; Intramurals; Extra Curricular Duties; and Competitive Sports.

REVIEW OF LITERATURE

A search of the Kansas State University Library and the Physical Education Library revealed no literature pertaining to the subject. Questionnaires of other Master's Reports which were found in the Kansas State University Physical Education Department were checked.

DEFINITION OF TERMS

4A Schools in Kansas -- Classification shall be determined by enrollment of tenth, eleventh, and twelfth grade as of September 15 of the ensuing year. The sixteen largest schools are classified 5A, the next thirty-two are classified 4A.

LIMITATIONS OF STUDY

This study includes information gathered from only class 4A schools in the state of Kansas.

METHOD OF STUDY

From personal experiences and information collected from fellow physical educators, a short answer questionnaire containing twenty-six questions was constructed. The purpose of the questionnaire was to collect information concerning the status of girls' physical education