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**A SUGGESTED GUIDE FOR ESTABLISHING AN ADAPTED
PHYSICAL EDUCATION PROGRAM ON THE SECONDARY LEVEL**

by

JEROME PAUL WAUTHIER

**B.S., Saint Mary of the Plains
College, 1970**

5278
A MASTER'S REPORT

submitted in partial fulfillment of the

requirements for the degree

MASTER OF SCIENCE

Department of Physical Education

**KANSAS STATE UNIVERSITY
Manhattan, Kansas**

1971

Approved by:



Major Professor

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ACKNOWLEDGMENTS

The writer wishes to express his sincere appreciation to the members of his committee:

Professor Raymond A. Wauthier

Dr. T. M. Evans

Dr. Joseph Sarthory

He is especially grateful to Professor Wauthier for his assistance in the organization and evaluation of this report.

Deep appreciation is extended to his wife, Suzanne; and parents, who made professional training possible.

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INTRODUCTION

The inclusion of adapted physical education in the school curriculum requires promotion if this very important phase of the total physical education program is to be implemented and embodied as a component part of the entire educational structure. The development of a plan of action that will benefit the handicapped child is the joint responsibility of the school, the department of physical education, and the medical profession. The child, the parent, and the community should be informed of the scope of the program and the effects that it will have on the physical, social, and emotional well-being of handicapped children.¹

Today's literature points out that most children who are handicapped may be helped to improve and advance. A few will have to be completely taken care of all their lives, but many can be trained to take care of their own personal needs. A large majority may be prepared for useful work as adults. Many have the opportunity to become self-sufficient enough to make their own way in life.

Interest in the problem of the handicapped has grown rapidly since World War II.

One of the aftermaths of World War II was an unprecedented interest in the problems of the handicapped. War service caused about half of the number of permanent disabilities acquired in our civilian population during those same war years...The expanded interest resulted in greatly increased investigation and research. This research has been extended to many kinds of disabilities and different phases of rehabilitation.²

The problems of the handicapped are serious and affect many aspects

¹Committee on Adapted Physical Education, "Guiding Principles for Adapted Physical Education," Journal of the National Association for Health, Physical Education, Recreation, XXIII, No. 4 (April 1952), p. 15.

²Arthur S. Daniels and Evelyn A. Davies, Adapted Physical Education (New York, Evanston, and London: Harper and Row, Publishers, 1965), p. 43.