

Table 1

Reported Hours Spent in Domestic Labor by Sex

Respondent Classification	Mean Respondent Hours (<i>SD</i>)	Mean Spouse Hours (<i>SD</i>)
Men	11.39 (8.75)	17.29 (13.53)
Women	17.38 (10.33)	7.52 (12.46)

Note: The sex listed is for the respondent; therefore, the respondent reported on their perception of their spouse's hours.

Table 2

Item Correlations for Equity-restoring and Equity-resistance Strategy Measures

Items	Inter-item correlations				
	1	2	3	4	5
<u>Equity-restoring Items</u>					
1. I cut back on the amount of housework I was doing.	--	.46	.38	.47	.48
2. I rewarded myself with something valuable to me (a special treat, taking walks, etc.).		--	.50	.43	.43
3. I tried to persuade my partner to do more household tasks.			--	.42	.47
4. I chose not to be affectionate with my spouse.				--	.60
5. I compared myself to my friends who receive even less help than I do with household tasks/chores.					--
<u>Equity-resistance Strategies</u>					
1. I did the task quickly without much effort or skill.	--	.41	.38	.48	.33
2. I explained that I didn't care if the task was done or not – it was not important to me.		--	.65	.31	.47
3. I told my partner that I would not do the task as my partner wants it done.			--	.25	.50
4. I complimented my partner on his/her work around the house.				--	.49
5. I said I could not do the task as well as my partner does it.					--

Table 3

Summary of Regression Analysis Predicting Perception of Hours in Domestic Labor

Variable	B	SE(B)	β	<i>t</i>	Sig. (<i>p</i>)
Equity-restoring Strategies	3.28	3.90	.21	2.89	.004
Equity-resistance Strategies	-5.34	1.12	-.34	-4.78	.000

Note: $R^2 = .10$, Adjusted $R^2 = .092$

Table 4

Least Squared Difference Post-hoc Test for Research Question 2

(I) Category	(J) Category	(I-J)	Std. Error	Sig.	95% Confidence Interval	
					Lower Bound	Upper Bound
Underbenefited	Equitable	.74*	.28	.01	.18	1.30
	Overbenefited	-.09	.34	.80	-.77	.59
Equitable	Underbenefited	-.74*	.28	.01	-1.30	-.18
	Overbenefited	-.83*	.26	.002	-1.35	-.30
Overbenefited	Underbenefited	.09	.34	.80	-.59	.77
	Equitable	.83*	.26	.002	.30	1.35

* The mean difference is significant at the .05 level.

Table 5

Results of Hierarchical Linear Regression for Research Question 4

	Criterion Variables			
	Equity Restoration ^a		Resistance ^b	
	ΔR^2	β	ΔR^2	β
Step 1	.014		.022*	
Years Married		-.12		-.15*
Step 2	.032**		.020*	
Years Married		-.21**		-.22**
Quadratic Term (squared)		.20**		.16*
Total R^2	.046**		.042**	
n	224		223	

Note: ^a Final Model, $F(2,223) = 5.38, p = .005$. ^b Final Model, $F(2,222) = 2.48, p = .009$. * $p < .05$, ** $p < .01$

Table 6

Descriptive Statistics for Each Item in the Measure by Categories Reported in the Study

Items	Means and (Standard Deviations)							
	Sex		Equity Category			Yrs. Married		
	M	F	UB	EQ	OB	L	M	H
<u>Equity-restoring Items</u>								
1. I cut back on the amount of housework I was doing.	2.46 (1.95)	2.39 (1.88)	3.11 (1.97)	2.07 (1.75)	3.14 (2.10)	2.85 (1.99)	2.11 (1.70)	2.35 (1.96)
2. I rewarded myself with something valuable to me (a special treat, taking walks, etc.).	3.13 (2.22)	3.39 (2.71)	3.12 (2.33)	3.22 (2.21)	3.72 (2.32)	3.61 (2.16)	3.17 (2.27)	3.16 (2.31)
3. I tried to persuade my partner to do more household tasks.	3.28 (2.17)	3.76 (2.28)	4.14 (2.18)	3.40 (2.25)	3.74 (2.56)	4.03 (2.16)	3.36 (2.24)	3.41 (2.30)
4. I chose not to be affectionate with my spouse.	2.38 (2.07)	2.44 (1.97)	3.00 (2.34)	2.11 (1.80)	3.02 (2.24)	2.74 (2.10)	2.25 (1.79)	2.34 (2.12)
5. I compared myself to my friends who receive even less help than I do with household tasks/chores.	2.65 (2.05)	2.33 (1.91)	3.03 (2.13)	2.11 (1.80)	3.28 (2.12)	3.13 (2.10)	2.24 (1.75)	2.08 (1.92)
<u>Equity-resistance Strategies</u>								
1. I did the task quickly without much effort or skill.	3.64 (2.19)	2.91 (2.36)	3.60 (2.21)	2.99 (2.33)	3.70 (2.24)	3.50 (2.17)	3.14 (2.25)	3.03 (2.49)
2. I explained that I didn't care if the task was done or not – it was not important to me.	2.81 (2.06)	2.08 (2.00)	2.37 (2.02)	2.28 (2.08)	2.67 (1.92)	2.82 (2.08)	2.28 (1.95)	2.03 (2.03)
3. I told my partner that I would not do the task as my partner wants it done.	2.58 (2.04)	1.73 (1.69)	2.15 (2.20)	1.96 (1.77)	2.37 (1.92)	2.42 (1.92)	2.06 (1.80)	1.74 (1.85)
4. I complimented my partner on his/her work around the house.	4.21 (2.24)	3.85 (2.59)	4.03 (2.54)	4.02 (2.52)	3.91 (2.17)	4.54 (2.08)	3.79 (2.50)	3.68 (2.67)
5. I said I could not do the task as well as my partner does it.	3.43 (2.30)	2.44 (2.11)	2.69 (2.86)	2.76 (2.25)	3.31 (2.09)	3.32 (2.13)	2.69 (2.15)	2.49 (2.33)

Notes: M = Male, F = Female; UB = Underbenefited, EQ = Equitable, OB = Overbenefited; L = Lowest number of years married, M = Median number of years married; H = Highest number of years married.