

KANSAS 4-H JOURNAL

The Family Magazine

September 1988



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KANSAS 4-H JOURNAL

VOLUME XXXIV NO. 9 September 1988

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Use of the 4-H name and symbol approved by the Secretary of Agriculture of the United States, January 23, 1951, under the provisions of the laws as reenacted by Sec. 707 of the Act of June 25, 1948. Public Law No. 772 80th Congress (10 USC 797).

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Cover Photography by Crista Andres, Wabaunsee County



"Kansas Courtyard"

4-H Club

Program Questions and Answers

Q. What is the statewide 4-H campaign?

A. Known as A STEP AHEAD, it is a campaign to ask individuals, businesses and 4-H clubs across the state of Kansas to support the current 4-H programs and provide, through private funds, growth for young people through the 4-H experience.

Q. Who will be involved in the campaign?

A. The solicitation of funds will be coordinated by the Kansas 4-H Foundation with the cooperation of the Kansas Extension Service and 4-H volunteers from throughout the state.

Q. How long has the Foundation been involved in 4-H support?

A. Over 35 years old, the Foundation has become nationally recognized as a successful vehicle for directing private funds in support of 4-H. Over \$10 million in private donations has assisted in providing the 4-H experience for one of five Kansas youngsters since 1952.

Q. What is the status of the campaign to date?

A. Over \$1.85 million has been committed to A STEP AHEAD as of August 1988 toward the \$2.6 million goal.

Q. What is the National 4-H Center?

A. A part of the \$2.6 million goal of A STEP AHEAD includes a commitment of \$100,000 to the National 4-H Center in Chevy Chase, Maryland (a suburb of Washington, D.C.). Operated by the National 4-H Council, the National Center serves the nation's 4-H clubs, their members and volunteers, much in the same way Rock Springs 4-H Center serves Kansas. It has been built and maintained by private donations.

Q. Why is the National 4-H Center included in the statewide campaign?

A. Over the years, Kansas 4-H'ers and volunteers have received many hundreds of thousands of dollars in scholarships, awards, leadership training, and trips from the National 4-H Council. Many of the leadership training sessions are conducted at the National Center near Washington, D.C. The commitment of \$100,000 for a "Kansas Courtyard" will express the state's appreciation of the continuing financial and program support from the National 4-H Council.

Q. Has Kansas ever participated in a National 4-H Center Project before this?

A. No! While many other states have "sponsored" projects at the National 4-H Center, such as rooms, Kansas as a state has never undertaken a project at the Center.

Q. Why does it cost \$100,000?

A. The "courtyard" is a major construction project that will be located in a grassy area between three of the existing buildings. The courtyard area will be designed to provide a beautiful setting for outdoor activities with an architecturally compatible entrance from all three buildings.

Q. What are the important dates for clubs to remember?

A. Designed to allow clubs to plan their fundraising efforts during the 1988-89 club year beginning in October, clubs may conduct their activities anytime prior to the deadline of May 1, 1989. Formal completion of the "Kansas Courtyard" project drive will be announced during the 1989 Discovery Days.

Q. What is the recognition available for 4-H clubs participating in the campaign?

A. Kansas 4-H Clubs determine their own goal. The pledge form on page 5 is your work sheet to determine your club's goals. Recognition levels are based on the amount of money per club member raised. Official 1988-89 club membership figures will be used. A GOLD CLUB will raise \$20 per member; SILVER CLUB will raise \$10 per member; and a BRONZE CLUB will raise \$5 per member.

Q. How will clubs be recognized?

A. Included in the plans for the "Kansas Courtyard" is a permanent monument that will list all Kansas 4-H clubs which meet on the recognition levels. This monument will be located within the courtyard at the National 4-H Center in a planned patio area of a new educational building that construction will begin in the fall of 1988.

Q. What can clubs do to raise their funds for the courtyard project?

A. Clubs may use any project or activity for raising their funds. This includes ongoing or annual activities already planned or underway; or using a new or additional activity, such as the new Kansas 4-H cookbook, "Essence of Kansas!", or using a combination of activities.

**For more information
on the Kansas
4-H Cookbook
fundraising project
see page 8 of
this issue.**

A Step Ahead

To Support Kansas 4-H

A STEP AHEAD "Kansas Courtyard" 4-H Club PLEDGE FORM

◀◀◀ CLUB INFORMATION ▶▶▶

Name of Club: _____

County: _____ Date: _____

◀◀◀ CONTACT PERSONS ▶▶▶

Club President _____ Community Leader _____

Mailing Address _____ Mailing Address _____

Town and Zip _____ Town and Zip _____

Telephone _____ Telephone _____

◀◀◀ CALCULATIONS ▶▶▶

Club Membership*: _____ x \$20 = _____ GOLD CLUB RECOGNITION
* _____ Actual _____ x \$10 = _____ SILVER CLUB RECOGNITION
_____ Estimate _____ x \$ 5 = _____ BRONZE CLUB RECOGNITION

OUR CLUB'S GOAL WILL BE: GOLD SILVER BRONZE

Official recognition will be calculated by dividing the total dollar contribution from the club by the official 1988-89 club enrollment. This form is intended for use by clubs to determine the amount of funds needed at the various recognition levels; therefore allowing the club to determine their fundraising needs.

Clubs should return this PLEDGE FORM to their County Extension Office by November 1, 1988.

◀◀◀ IMPORTANT INFORMATION ▶▶▶

The deadline for completion of the fund drive is May 1, 1989. Payment should be made to the Kansas 4-H Foundation, 116 Umberger Hall, Manhattan, KS 66506.

For further information or if there are questions concerning the Phase III Club Program or the "Kansas Courtyard" project, please contact your local Extension Agent OR the Kansas 4-H Foundation at (913) 532-5881.

NOTE TO EXTENSION OFFICE: Please forward a copy of the CLUB PLEDGE FORM to the Kansas 4-H Foundation upon receipt. Recognition will be given clubs in the Kansas 4-H Journal and other publications for pledging their participation and completing their fundraising.



Rock Springs Staff Names Outstanding Employee

Nancy Gephardt, daughter of Norman and Janet Gephardt, Hutchinson, recently received the Warren Harding Memorial Award for Outstanding Performance by a Rock Springs 4-H Center summer staff employee.

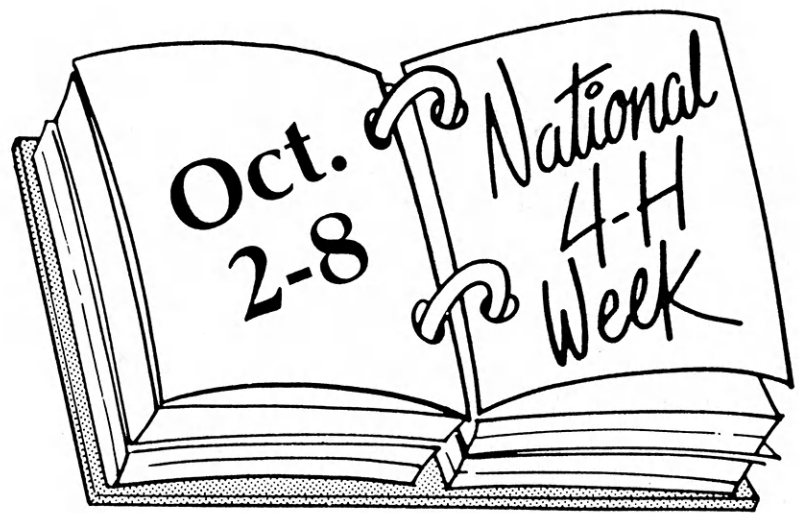
Gephardt served as the summer staff dining room supervisor and was selected by her peers to receive the recognition and cash bonus for her efforts. The award is administered by the Kansas 4-H Foundation, owner and operator of Rock Springs 4-H Center near Junction City.

"The award is given annually to the staffer who has made the best contributions toward making the summer educational, enjoyable and inspirational for both campers and fellow staff persons," said Bob Pinkall, director of Rock Springs 4-H Center. "Nancy's dedication and enthusiasm for Rock Springs and cooperation with her peers has been outstanding. She is definitely deserving of this honor."

Gephardt was an active eleven year 4-H member in Reno county where she held several club and county offices and committee positions. After completing her duties as a Rock Springs summer staffer at the end of August, she will return to school at Bethany College. Although she is undecided on a career, she is currently considering education or social work.

Rock Springs employs 50 young adults each summer to assist with the summer camping season. These employees instruct groups participating in the many outdoor recreational activities at the center such as archery, riflery, canoeing, horseback riding, swimming and arts and crafts.

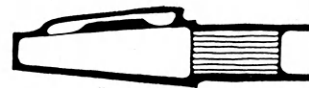
In addition to owning and operating Rock Springs 4-H Center, the Kansas 4-H Foundation publishes the Kansas 4-H Journal, maintains Clovia Scholarship Houses, and provides over \$100,000 annually in scholarships, trips and awards to Kansas 4-H youth.



**National 4-H Week
OCTOBER 2-8**



Logo Contest for 1989 Discovery Days



Since the beginning of Discovery Days in 1982, a logo has been selected each year to represent the spirit of the event.

The name Discovery Days was selected to represent learning something new or exploring an idea in depth. The logos of past years have represented this in many different ways:

1982-A scientist, Albert Einstein
1983-A fictional detective, Sherlock Holmes
1984-Explorers' Ship
1985-Space Shuttle

1986-Pirate's Treasure Chest
1987-Pioneer Wagon Train
1988-Hang Glider

The Discovery Days Planning Committee has always selected this logo on their own. For 1989 the logo will be decided by a contest which allows the participants in the event to express their ideas.

Guidelines for Contest

Submit a cut out picture or original drawing of your logo idea. You need not be an artist since a professional graphic artist will take the winning idea and develop a logo.

Attach a sheet telling in 25 words or less why you think this would be a good logo for Discovery Days.

Winner must be 13-19 years of age to attend Discovery Days.

Entries must be postmarked by October 1, 1988.

Award

The person submitting the winning logo idea will receive a full scholarship to attend 1989 Discovery Days. The winner must pay own transportation and any extra class fees.

Discovery Days Logo Contest

My Logo Idea:

Mail to: State 4-H Office
Umberger Hall
Kansas State University
Manhattan, KS 66506



Name _____ Age _____

Address _____

City, State, Zip _____

County _____

Phone _____

Attach a separate sheet telling in 25 words or less why you chose this logo for 1989 Discovery Days. Entries must be postmarked by October 1, 1988.



Kansas 4-H Cookbook — A Fund-Raiser for Your 4-H Club

How does our club get involved in the cookbook sales?

Every 4-H leader will be receiving a leader packet containing important information on the 4-H cookbook, *Essence of KANSAS!* These packets will be given to your county Extension agent at the area update meetings held throughout the last two weeks of August. The packets will then be available the first week of September for each club leader to pick up at the county Extension office.

What makes the book special?

Essence of KANSAS! is a unique cookbook featuring all tried and true family recipes from throughout the state of Kansas. There are 208 pages of recipes, and the design features excellent photographs of Kansas by Kansas 4-H'ers. The book includes recipes for appetizers, beverages, breads, cakes, candy, cookies, crock-pot dishes, desserts, main dishes, beef, lamb, pork, poultry, seafoods, and game. It also contains recipes for the microwave, pies, quantity cooking, salads, sandwiches, side dishes, snacks, and soups and vegetables. In addition, it has helpful cooking tips and measuring charts.

What does the book cost?

The book will retail for \$10 which includes state sales tax, and your club will realize a \$3 profit for every book sold. This \$3.00 can be used to credit your clubs participation in the Kansas Courtyard project (see page 4 and 5)

Can we see the book before we decide to use it as a fund-raiser for our club?

Yes, the books will make their public debut at the Kansas State Fair in the Kansas 4-H Foundation's Hospitality

Tent. We invite you to stop by and see the first copies of *Essence of KANSAS!* If you are unable to attend the fair, a case of books will also be shipped to your county Extension office for your viewing.

For what purpose was *Essence of KANSAS!* designed and published?

The primary purpose of our cookbook project is to assist local 4-H clubs across Kansas to raise funds for support of a "Kansas Courtyard" project at the National 4-H Center near Washington, D.C. All Kansas 4-H clubs will have an opportunity to be recognized for their participation with permanent plaques at the National Center and Rock Springs 4-H Center near Junction City. These plaques will recognize participating clubs that reach a targeted level of \$5, \$10 or \$20 per club member raised for the courtyard project.

Why is the Kansas 4-H Foundation involved in this project?

The Kansas 4-H Foundation is involved in a statewide campaign for 4-H which is known as A Step Ahead. To date, nearly \$1.9 million has been raised through private donations of individuals, businesses and Kansas Corporations. The Foundation is the organization which funds many of the 4-H events, trips, awards and scholarships that you, as 4-H'ers, receive. The Foundation also owns and operates Rock Springs 4-H Center, publishes the Kansas 4-H Journal and maintains the Clovia Scholarship houses.

The Foundation has also committed \$1 from every cookbook sale to a new college scholarship fund that will be available to five Kansas 4-H'ers each year. Kansas Cooperative Extension staff have already contributed a substantial amount to this scholarship

fund and these additional monies will ensure adequate funding of the scholarships.

Essence of KANSAS! will also be a valuable public relations tool for our state 4-H program. A brief history of 4-H in Kansas is included in the book which explains how and why 4-H began, and the purpose and activities of 4-H today. The book is also a quality product, and reflects the high standards exemplified by Kansas 4-H.

A special feature of this cookbook is the nutritional information provided with each recipe. The recipes are presented in a form that allows approximate nutritional values to be computed, and are broken down into seven categories including: calories, protein, total fat, cholesterol, carbohydrates, sodium and potassium. We believe this feature will help in overall nutrition and menu planning.

Who can we contact for more information?

You should contact your County Extension agent or the Kansas 4-H Foundation, and watch future issues of the Kansas 4-H Journal for more details on the *Essence of KANSAS!* 4-H club fundraising project.



A 4-H Fund Raiser - A Step Ahead Campaign



A project of the Kansas 4-H Foundation

Unique to Kansas 4-H

- ★ features winning 4-H color photography
- ★ tempting recipes contributed by statewide 4-H friends
- ★ 4-H ownership with pride

Quality Publication

- ★ premiere "first of its kind" statewide book
- ★ nutritional analysis of each recipe
- ★ over 400 recipes for 192 pages
- ★ limited edition hardback copies

Statewide Sales Support

- ★ sales training sessions
- ★ Foundation statewide promotion/publicity/posters/press releases
- ★ professionally designed retail marketing display packages/kits

Club/County/State Benefits

- ★ good value product - \$10 retail
- ★ clubs can use \$3 for Campaign credit and recognition

Sales Plan

- ★ a product to generate consumer demand
- ★ independent club participation possible
- ★ books ordered direct on toll-free number - shipped within 48 to 72 hours
- ★ available for prime retail marketing period - holiday gift sales

Hamburger Stuffed French Bread

1 loaf unsliced French bread
1 lb. ground beef
½ c. green pepper, diced
½ c. celery, chopped
½ t. pepper

1 T. Worcestershire sauce
1 t. salt
1 can cheddar cheese soup
3-4 slices American cheese

Brown ground beef, drain, and add all ingredients. Simmer 5 minutes. Cut off top of bread lengthwise and hollow it out. Tear bread into small pieces, enough to make 2 cups, add bread to hamburger mixture. Stuff into hollowed out bread, top with cheese slices, add the top of bread.

Bake 5-8 minutes at 350 degrees. Slice and serve. Approx. 15 servings.

Heather Frasier, Wallace County

Cookbook Kick-off Kansas State Fair

Available to you after the State fair. Contact your County Extension Agent for more information.



Washington County Receives \$1,000 Grant

Washington County 4-H volunteer, Merle Ann Cordry, was recently named a 1988 outstanding employee of Enron Corp, and as a result the Washington County 4-H Booster Club received a \$1,000 contribution from Enron in recognition of her community service and involvement.

Cordry received a plaque and the contribution at the Washington County Fair from Ann Magruder, manager of employee communications in Enron's Houston office, and Howard Lauritsen district manager of Enron in Clifton, Kansas.

"We are pleased to present Merle Ann with this award and gift to the Washington County 4-H Booster Club on her behalf. Enron is proud of its employees who are dedicated to their communities and committed to community service projects," Magruder said.

And, Cordry is definitely that. She spends 30 to 40 hours each month doing volunteer work in the Washington Co. area for several organizations. She has been a 4-H volunteer for six years, involved in American Legion Auxiliary nine years, a Clifton Chamber of Commerce member for seven years and currently serves as president, a 19 year participant of Women of the Moose Auxiliary and an active three-year Sunday School teacher as well.

"Each year there seems to be more of a need to help the organizations I belong to, but this is fine as I am a people person and enjoy being involved in various community projects. Enron has been very supportive in encouraging their employees to become involved in the community they live in ... without Enron's encouragement and appreciation, the acts of volunteering would not be easy," Cordry said.



Her 4-H volunteer work includes: community club leader (two years); computer project leader (leading meetings twice a month); bicycle project leader (meetings once a month); and annual bike hike committee chairman (three years).

"My choice for the recipient of the one thousand dollar contribution was

the Washington County 4-H Booster Club. My son is an active 4-H member and the Booster Club helps his club as well as all the others in the county throughout the year," Cordry said.

Cordry has been an Enron employee since September 1976 and currently is a full-time clerk II in the main office at the Clifton Compressor Station.



Kansas 4-H Club Registry

"A Unique Opportunity for 4-H Alumni"

Kansas 4-H alumni now have the opportunity to permanently recognize their 4-H club. The Kansas 4-H Club Registry will recognize your 4-H Club and you, as the sponsoring alumni, on an engraved plaque to be permanently established at Rock Springs 4-H Center.

This opportunity is available for current clubs as well as clubs which no longer exist. For a donation of \$100 to the Kansas 4-H Foundation for support of the Kansas 4-H program, your former 4-H club will receive the recognition it deserves for the fulfilling experiences and wonderful memories of your 4-H years.

BENEFITS TO THE SPONSOR

- Permanent plaque on "4-H Club Registry" recognition area at Rock Springs 4-H Center
- Listing in the Kansas 4-H Journal of your club and sponsorship
- Invitation to Kansas "Friends of 4-H Day" at Rock Springs 4-H Center and listing in program for donor recognition
- Tax deductible receipt to donor

SPECIAL CHARTER REGISTRATION CLUBS: For a limited time, clubs registered will receive a special designation as a Charter Registration Club.

A group of alumni may join together as sponsors for their 4-H club. There is a maximum listing of four donors per club registry entry.

REGISTER YOUR CLUB TODAY!

CLUB NAME: _____

COUNTY: _____

DONOR NAME: _____

ADDRESS: _____

CITY: _____ STATE/ZIP: _____

PHONE: work _____ home _____

Return information with \$100 check payable to "Kansas 4-H Foundation" to:
Kansas 4-H Foundation, 116 Umberger Hall, Manhattan, KS 66506

The Kansas 4-H Foundation is classified by the Internal Revenue Service as a 501(c)(3) charitable foundation and all contributions are tax deductible.



Hunting, Fishing, Fur Harvesting School

The Hunting, Fishing, Fur Harvesting school is Oct. 22-23 at Rock Springs 4-H Center and is open to all Kansas 4-H'ers, parents, leaders and friends.

As in the past, the school will be based on learning-by-doing principles with some classroom instruction. The five courses available include: fishing, fur harvesting, bow hunting, upland/waterfowl hunting and a new course, advanced hunting.

There will also be a night-time coon hunt and coyote, duck and turkey calling contests. Students completing the fur harvester course will receive fur harvester certificates.

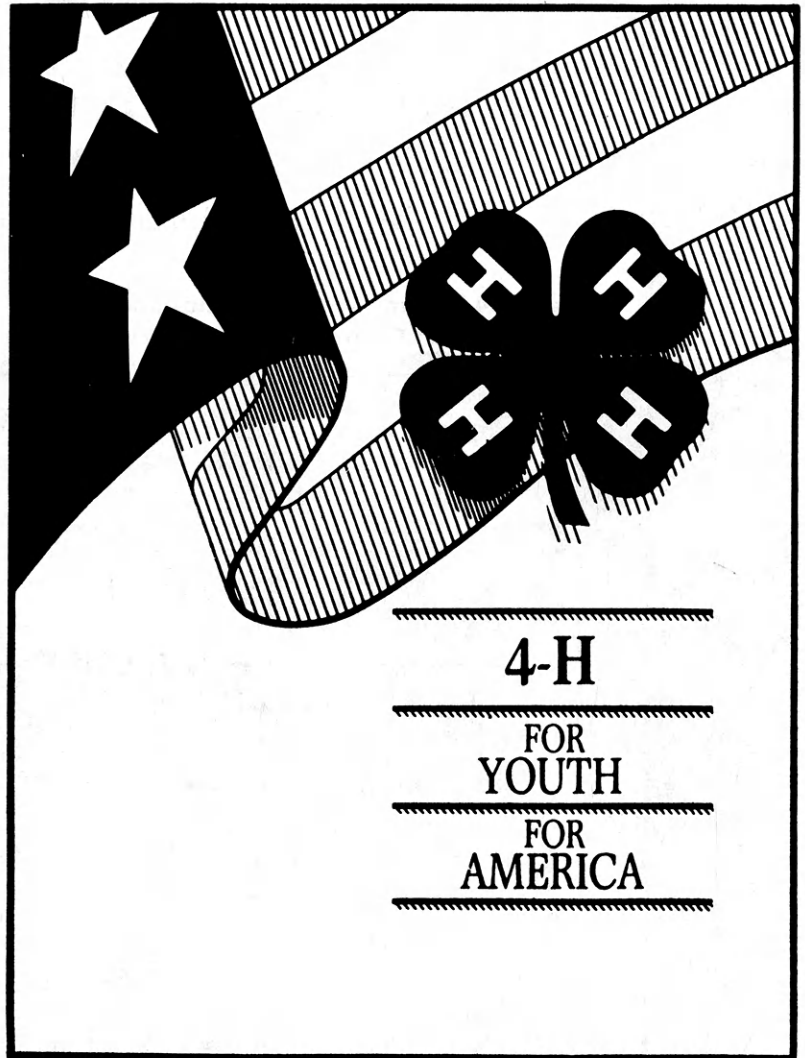
The new advanced hunting course will be open to more experienced young hunters who want to improve their wing shooting and rifle marksmanship and learn more about habitat improvement. The new course is also for those who have previously taken the upland and waterfowl hunting course and want to return to the school.

Outdoor ethics, responsibility and safety will be stressed at every opportunity.

The basic registration fee is \$40 per participant. This includes food, housing and instruction. A small additional fee is added for extra necessities and varies according to the class.

Women are encouraged to attend, and there will be a separate shooting group for them along with a safety course on firearms in the home and a session on cooking wild game.

The Hunting, Fishing, Fur Harvesting school is co-sponsored by the Kansas Cooperative Extension Service and the Kansas Wildlife Federation. For more information contact your county Extension office or Emily Kling at the state 4-H office.



Buchman's Double B Ranch Judging Field Day

Saturday, October 8 — 9:45 a.m.

Alta Vista, KS

Judging Contest



• Cattle • Horses • Hogs • Sheep

Over \$1,000 In Prizes To Winners

Official & Speaker: Sam Brownback,

Kansas Secretary of Agriculture

Sale at 3 p.m.

Featuring 16 Quarter Horse Foals

Eligible For 1989 Futurity

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Teen Leader College Graduates Increase Project Enrollment

by Kathy L. Lupfer-Nielsen
Lincoln Co. Extension Agent

Ask us what project to select in Lincoln County ... We'll tell you "Rocks or Bugs!" County enrollment in these two projects have increased 50% during the 1988 4-H year, due to the hard work and dedication of two junior leaders who are very interested in these project areas.

Janel Schroeder and Marce Phelps, both members of the Beverly Boosters 4-H Club, have been enrolled in entomology and geology for the past several years. Looking for a way to increase their leadership skills and encourage younger members to enroll in these two projects, they volunteered to be county-wide project club leaders.

In the fall 4-H newsletter, it was advertised that Lincoln County had these county-wide leaders. They also gave a brief overview of what plans they had for the upcoming year.

To save family time and to get 4-H'ers motivated earlier in the year, Marce and Janel had displays and mini-project meetings going on in conjunction with our county-wide 4-H Day in early March. These 4-H'ers also made arrangements with a local wood science teacher to make the necessary display boxes.

County-wide meetings got into full swing after school was out in May. Marce held a special meeting on entomology using the South Central Area Entomologist, Bob Bauernfeind, as the speaker. 4-H'ers benefited from his tips on collecting, mounting and displaying their bugs. Bob will also be returning to Lincoln County to help 4-H'ers identify bugs prior to the fair.

Janel's county-wide geology meeting was a rock hunt at the Lake Wilson area. All ten Lincoln County 4-H'ers attended this field trip, along with one parent, one grandparent and one county agent. Ottawa County 4-H'ers and parents were also included in this day-long event.

Many of the beginning geology members were able to get all of their necessary specimens on this field trip. Janel has also written some suggestions for mounting and this will be sent to all members enrolled. She will also help 4-H'ers to identify and mount their rocks for the fair, on an individual basis.

Geology and entomology will have a great showing at the Lincoln County Fair this year. We're wondering where to put all those boxes. Janel is also

planning a promotional booth to encourage even more to enroll for next year. Plans are already underway for a field trip to Kanopolis Lake in September to get 4-H'ers and parents excited about geology early in the 4-H year.

Neighboring county 4-H members will also be invited to participate in any special events coordinated by these two Lincoln County teenagers. Both have participated in the Teen Leader College and hope to keep expanding on their leadership skills in these two projects.

County-wide projects clubs in entomology and geology have encouraged younger members to enroll in these two projects. The county-wide meetings have helped 4-H'ers as well as their parents to learn about the projects. Field trips and special speakers enrich the project materials and give the 4-H'ers a real learning experience. It makes it more fun, too!

Lincoln County hopes to expand the county-wide project leader concept. Presently we have county-wide leaders in photography and rocketry. Next year we hope to incorporate more junior leaders into these positions. It gives them valuable leadership experiences.

**TEEN
LEADER
COLLEGE**



Teen Leader College is funded by a grant from the Kansas 4-H Foundation.

Say Thanks!

in the KANSAS 4-H JOURNAL to:

- Your host family
- Community leaders
- Extension agents
- Your community
- Junior leaders
- Livestock buyers
- 4-H supporters
- Project leaders
- Adopted grandparents
- Scholarship sponsors
- Your local newspaper
- A neighbor

4-H people have a lot to be thankful for. Say thanks to that special leader, agent, neighbor or friend who went that extra mile with you this year with a *Kansas 4-H Journal* thank you. Thank you's will appear in the November/December issue of the *Kansas 4-H Journal*, an appropriate time for giving thanks.

Anyone can place a thank you: 4-H'ers, parents, leaders, volunteers, clubs, county councils, agents. Cost is \$5.00 minimum for the first 15 words and 15¢ for each additional word. Cash or check must accompany the ad. Deadline for placing ads is November 5. The order blank below is for your convenience.

PLEASE PRINT:

Message: _____

Name _____ Phone _____

Address _____

Mail to: **Kansas 4-H Journal**
116 Umberger Hall - KSU
Manhattan, KS 66506

\$5.00 for the first 15 words - 15¢ for each additional word. Please enclose payment.

Ag Secretary To Speak At Field Day

Kansas Secretary of Agriculture Sam Brownback will be the guest speaker and a member of the official panel for the livestock judging field day at Buchman's Doube B Ranch, Saturday, Oct. 8, south of Alta Vista.

Under a new format, the sixth annual field day will start with registration at 9:45 a.m., and the livestock judging contest will begin at 10:30. Over \$1,000 in awards will again be presented to the top placing youth and adult individuals and youth teams.

Classes are to be provided by the hosts and other ranchers and farmers in the community. They include Paul Miller, Alma; Dwight Schrader, Alta Vista; Max Brown, Dwight; Larry Scott, Alta Vista; Richard Muller, Council Grove; and Gary Johnson, Dwight.

Lunch will be available on the grounds, and contestants will have ample time for lunch while preparing oral reasons, as part of the day's competition. A futurity for Quarter Horses purchased at previous field days will be a feature of the contest.

Joining Brownback on the three-member official committee for the judging contest will be Dave Nichols, livestock specialist and judging team coach at Kansas State University, Manhattan, and Ingrid Ann Erickson, state FFA horse award winner from Topeka.

Brownback, who was raised on a farm near Parker, Kan., was a National FFA officer while in college. Upon receiving his law degree, Brownback was a practicing attorney and agricultural law specialist at K-State, before being named the state agriculture secretary. He will speak to the group at 2:30 p.m.

An auction of Quarter Horse foals will precede awards presentations beginning at 3 p.m. Adjournment is scheduled for 4 p.m. Additional information is available by calling collect 913-499-6894.

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Continues ...
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