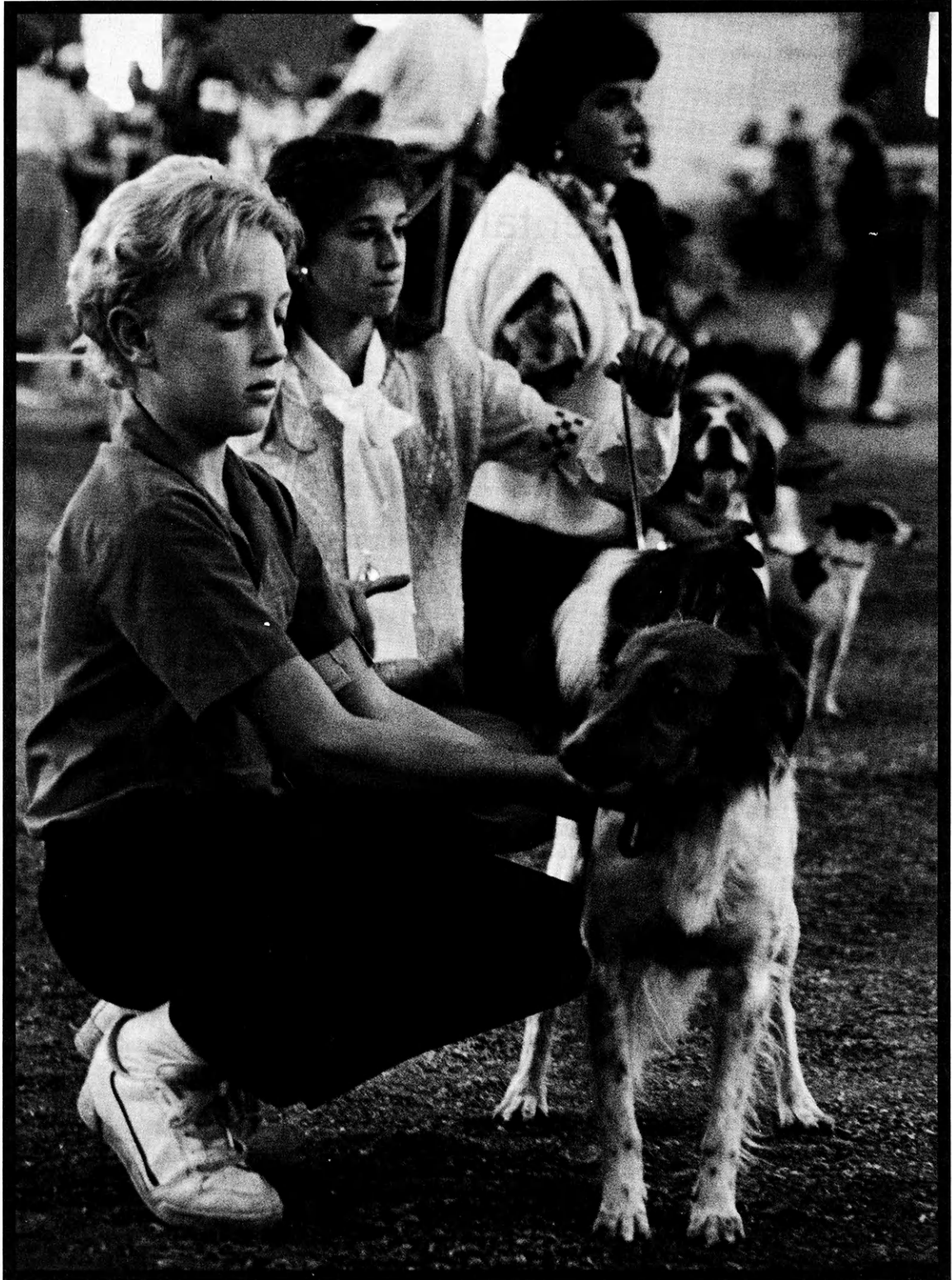


# *Kansas 4-H Journal*

The Family Magazine

October 1986



## Club engages in mud football

Mud football highlighted the Shawnee County Pleasant Hill 4-H Club's first fun night.

Planned by the club's junior leaders, the evening began with a potluck dinner and a short business meeting. Then the fun began. 4-H'ers dug down into the mud for a game of football. Even parents got in on the fun when club members left the game just long enough to give them an appreciative muddy hug.

An obstacle course and a water balloon fight also were fun.

—Kristi Winningham, Junior Reporter

## Agent's photos promote 4-H program

Barton County 4-H Agent Bill VanSlike promotes the county 4-H program by taking pictures of 4-H events for the *Great Bend Tribune*.

The newspaper processes the film and prints the pictures. Last year VanSlike had almost 40 pictures printed in the regional publication.

## Photos are selected for RSR exhibit

Kansas 4-H'ers have had photos selected for exhibit at the Kodak National Photo Exhibit and at Rock Springs Ranch State 4-H Center.

The four photos selected for the Kodak exhibit will represent Kansas at the National 4-H Congress in Chicago and at the National 4-H Center in Chevy Chase, Md.

Photos will be on display at Rock Springs Ranch for a year.

Photos were selected for display from 345 exhibits at the Kansas State Fair in Hutchinson.

Black and white photos by Shawna Engel, Thomas County, and Belinda Potter, Leavenworth County, and color photos by Darcy Newcomer, Bourbon, and Chandler Adams, Edwards, were selected for national exhibit.

Selected for display at Rock Springs Ranch were photos by: Ryan Hart, Comanche County; Darlene Rau and Bridget Wilcox, Sedgwick; Michelle Ramsey, Finney; David Klenke, Harvey; Kim Pfieler, Ellis; Kara Kelly, Cathleen Carothers, Brad Guess and Brent Lathrom, all of Douglas; Becky Redington and Troy Clifton, Butler.

Brian Flinger, Chase; Paige Hunt and Amy Lyons, Riley; Kristi Kuntz, Dickinson; Rochelle Dunn, Scott; Cameron Peirce, Reno; and Detria Hansen, Shawnee.



Over 40 counties competed in the first foods quiz bowl held at the Kansas State Fair in Hutchinson. The state contest covered literature included in the foods project.

## Parental involvement is key to a successful 4-H club

by Joan Istas

Parental involvement makes the Achievers 4-H Club of Sedgwick County a successful one.

The club, which is made up of families from the eastern part of Wichita, has maintained a membership of 25 to 30 during its 30 year existence.

Today eight of the club members are Junior Leaders and the remaining members between 7 and 12 years of age.

"I feel so good about the club," says Carol Ott, former community club leader and now a member of the county-wide leadership committee which provides support for community club leaders. "The parents of the kids 9 to 12 years of age are so very interested in the program offered. I can see the club going a long time."

Two community club leaders provide direction for the club. A three member parents committee works with community leaders to plan the program. Parents committee members serve three year rotating terms and, in their third year in office, serve as committee chairman.

Among projects taught by project leaders are reading, cooking, woodworking, electricity, dog training and sewing.

Music appreciation is a part of each meeting and project talks and demonstra-

tions usually are part of the program. A skillathon where kids make small pizzas or participate in a project may replace the regular program once a year. A monthly newsletter put out by the club encourages communication.

At a September club enrollment fair, project leaders answer questions about the project they teach. New projects offered in the county are highlighted. Each kid is asked to bring a parent to the enrollment fair and sign his enrollment card before leaving.

Individual awards are presented and community club leaders recognized at an annual club Achievement Banquet. Each family brings a salad. The club orders the meat and families reimburse the club for that cost. 4-H'ers who turn in their record books receive a free meal.

For community club projects, members provide a petting zoo for nursing home residents and have a Christmas party for children at a Wichita children's home. Last year each 4-H'er brought a book for one child in the home. Families brought cookies and punch and everyone participated in games and other activities.

Change helps make the club year interesting. But most important to the success of the club is parental involvement, Mrs. Ott says.

## About the cover

4-H'ers from throughout the state exhibited dogs at the 4-H dog show at the Kansas State Fair in Hutchinson. 4-H'ers exhibited in both the showmanship and obedience classes.

The state 4-H dog conference and quiz bowl is scheduled for Oct. 18 and 19 at Rock Springs Ranch 4-H Center. For more details about the state conference, see page 15.

## Promote the 4-H club program with the 4-H Journal

Promote the 4-H club program with a subscription to the *Kansas 4-H Journal* to local libraries, community supporters and leaders, even doctors' offices. Send \$4 to: Kansas 4-H Journal, 116 Umberger, KSU, Manhattan, KS 66506.

# Kansas 4-H Journal

Volume XXXII, No. 9  
October, 1986

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LABO youths begin their month's stay in the United States with a weekend camp at Rock Springs Ranch 4-H Center. Here Larry Paxson, Sumner County, helps a Japanese youngster make a God's Eye. On the back cover, Japanese youths receive instruction in archery, go horseback riding and, under the supervision of Kansas 4-H Foundation Board Member Martha Streeter, make buttons. Mrs. Streeter's son, Brad, and daughter-in-law, Karen, Manhattan, hosted a LABO youth this summer. Publicity about the 1986 LABO program included a feature story in the Topeka Capital-Journal and a two-part television series on Manhattan Cable TV.

## Plant a 4-H garden

by Nelli Oehler  
Linn County, Oregon

### 4 rows of Peas

1. Prepared
2. Patience
3. Perserverance
4. Presence

### 3 rows of Squash

1. Squash gossip
2. Squash indifference
3. Squash criticism

### 6 rows of Lettuce

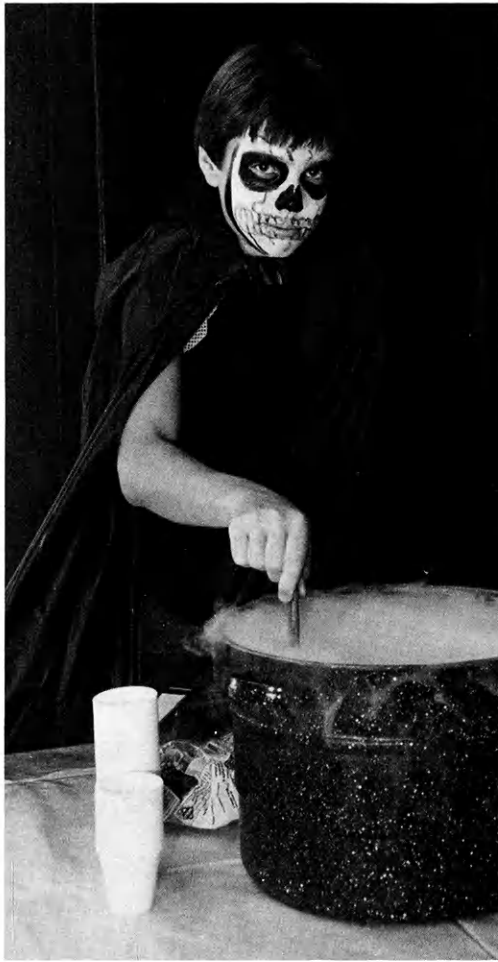
1. Let us show love
2. Let us be faithful

3. Let us be loyal
4. Let us be fair
5. Let us be strong
6. Let us be consistent

No garden is complete without some Turnips

1. Turn up for meetings
2. Turn up with new ideas
3. Turn up with determination to make everything count for something good and worthwhile.

Fertilize your garden with lots of love and understanding and your garden will turn into a 4-H haven for today's kids.



A witches brew ...



... Clowning around before the show.

# Movie project draws a crowd

by Joan Istas

Icy fog steams from the black kettle as the young vampire dips a ladle into its midst to extract the greenish liquid below.

Witches brew — an appropriate beverage to serve on Halloween eve in the small community of Pretty Prairie in south-central Kansas.

*"I think it's important that the kids realize the importance of doing something for the community."*

Equally ghoulish creatures dispense popcorn and other concessions to incoming Halloween creatures.

Outside, under the dark, starless sky, the straw scarecrow extends a silent welcome.

As the goblins, ghosts, vampires and other Halloween creatures fill the 200 seat theater, the movie, a ghostly flick, "A Child of Glass," begins.

But all is not as sinister as it seems. The ghostly creatures dispensing concessions

and selling tickets for the evening movie are Ninnescah 4-H Club members. And the ghostly flick is part of their continuing project to bring family films to the Pretty Prairie community.

The Reno County 4-H Club started the project six years ago to provide the youth of the community something to do on weekends and as a community service project.

They chose to show the films in the old downtown movie theater. The theater, which had been closed for over 20 years, had recently been reopened by two Pretty Prairie businessmen Darrell Albright and Tim Stucky.

When the 4-H club began to use the theater to show family films, they donated part of their proceeds and labor to put a new carpet in the theater.

Club members select the movies and publicize them by distributing leaflets in the grade and middle schools and in sacks at the grocery store.

Under parental supervision, club members man the ticket booth and sell

concessions before the movie begins and in between news reel changes.

Club members say they enjoy the movie project and think it's worthwhile.

"It's entertainment for the little kids and the town," says Lisa Tuttle, who has helped with the project the past two years.

Money earned helps purchase park equipment, is used for theater and library improvements and to pay expenses for club members to go on club trips.

"It's fun," adds 14-year-old Christy Dunsworth. "You get to see all kinds of people. It gives me something to do other than stay home and watch TV."

Kids seem to be drawn to the movie project and club membership has grown from 20 to almost 50 as a result.

Gerry Cole, who helped spearhead the movie project, says it is the club's way of returning something to the community.

"I think it's important that the kids, that we all realize the importance of doing something for the community," she says.

# Kids learn in the 4-H club

by Joan Istas



Ruth and a fellow 4-H'er, Rob Black, look at the garments they modeled in the county style revue.

The community club is a place for kids to learn other than school, says Geary County 4-H Club member Ruth Sprick.

Ruth puts learning to speak before groups and how to be self-reliant on the top of the list of things she has learned in 4-H.

After nine years of giving talks at club meetings and at County Club Days, Ruth even finds it easy to speak before groups. Getting the talk together does take awhile, though, she says.

Ruth has learned responsibility and to complete her own projects by holding just about every office in the club — president, vice-president, treasurer, reporter, song leader and recreation leader — and by completing the projects she enrolls in.

The sewing project is the most difficult and most rewarding of the three projects she is taking.

"When I'm finally done sewing a garment, I feel like I have accomplished something," she says.

"The foods project is fun and easy," she says. Ruth also takes the arts and crafts project.

Ruth likes both the county fair and club meetings.

"The county fair is always a lot of fun," she says.

Club meetings are where Ruth and her friends get

together. Meetings become fun when activities such as Christmas caroling and tours become a part of them.

Ruth also likes the order that results when parliamentary procedure is followed at meetings.

"Sometimes it's nice to be in an organized place," she explains.

Though she says some of her friends would disagree, Ruth believes it's important to learn parliamentary procedure and to follow it at club meetings.

Ruth joined 4-H when she was 9 at the encouragement of her friends. Since, she says, she's always been able to find time for 4-H.

"I don't have to try too hard," she says. "I grew up with it. I really enjoy it a lot. It just works into my schedule."

The Brookside 4-H Club member has many happy memories about 4-H. She remembers the thrill she felt when she was named 4-H'er of the month when she was 10 or 11. This year she was named 4-H fair queen. The exchange trip to Indiana and staying overnight during the Geary County Fair were fun events.

She has enjoyed modeling in the 4-H fashion revue and announcing the public style revue.

"4-H involves so much," she says. "It's friends and fun activities, responsibility and obligations. It teaches you parliamentary procedure and to do something on your own."

## How much junk food do you eat?

A day-long campaign to make consumers aware of the amount of junk food and non-edible items they pile into their grocery carts each week was launched by Pratt County 4-H'er Craig Dietz.

With the help of eight other Junior Leaders, the Preston 4-H Club member set up seven consumer information stations in a local grocery store where food samples and pamphlets on nutrition were

distributed.

Dairy, poultry, eggs, beef, honey, pork, soy and corn oil, whole wheat breads and flour and ice cream products were featured.

In a commodity give-away sponsored by the Kansas Farm Bureau, a shopper was chosen at random and all food items in his grocery cart with the exception of junk foods, alcohol and tobacco products

were purchased by the farm organization.

"We owe it to our farmers to purchase as many Kansas grown whole food products as possible," says Craig, a seven-year member of the egg and poultry project. "If consumers only are educated and made aware of these products, their economy and their nutritional value, families cannot help but be healthier."

# History project doubles as fair exhibit

by Joan Istas



Becky enjoys sewing.

## Fair class promotes wheat

4-H'ers and adults alike learn about Kansas' number one crop, wheat, in the wheat class at the Stanton County Fair.

Those who enter the class are asked to submit a two pound sample of wheat to the Extension office three weeks before the county fair. That sample is tested for protein and moisture.

The exhibitor must enter a gallon jar of wheat and a 100 head sheaf of wheat at the county fair. The class is judged on protein, test weight, overall appearance and how well the individual fills out the information sheet.

The information sheet requests the name of the variety, whether it is a standard or semi dwarf variety, fertilizer used,

location of the field, acres in the field and yield per acre.

The contest teaches the importance of protein and shows what varieties yield well in Stanton County. Fathers learn right along with the kids, says Frank Swan, Stanton County agricultural agent.

Anyone is eligible to enter the contest. Those who don't grow wheat can enter samples from a neighbor's field.

Forty-two 4-H'ers entered the contest three years ago when it was first offered and 27 last year. This year 17 of the county's 45 club members participated.

A \$50 cash award is presented to the winning entry.

A Shawnee County 4-H'ers' Kansas history project is an award winning county fair exhibit.

Faced with making a project for her eighth grade history class, Becky Bryan remembered seeing a friend's stitchery wall hanging of historical events concerning an old Kansas town.

Why not make a stitchery picture of Kansas towns and historical events? she asked.

Consulting the encyclopedia, she quickly found more than enough towns with historical significance to fill the 5 x 8 inch space she had chosen for the wall hanging.

She determined which towns and historical events to include in the stitchery picture by sketching her design on graph paper before beginning the needlework.

Manhattan, home of the Kansas State University Wildcats, and Lawrence, home of the Kansas University Jayhawks, became a part of the stitchery. The Dust Bowl, Santa Fe Trail and historic Dodge City and Fort Leavenworth were among other names added.

Becky selected the color of thread for each name as she stitched it. If she didn't like the color by the time she had sewn the first letter of the word, she ripped it out and selected another color.

The Shawnee Riders 4-H Club member used the backstitch and counter cross-stitch to sew the names. After she finished the picture, she framed it.

Becky, who does most of her stitchery when she's watching TV, completed the project in about two weeks.

"I can't sit in front of the TV and just watch it. I have to do something," she explains.

Becky was so happy with the way the wall hanging turned out that she exhibited it at the county fair. To her surprise, it was awarded a purple ribbon and selected for state fair exhibit at Hutchinson.

Though Becky usually gives away the crafts items she makes to relatives as gifts, her Kansas stitchery will be hung in a special place in the Bryan home.

Becky taught herself to cross stitch when she joined 4-H three years ago.

In addition to stitchery, Becky is enrolled in horse, dog and the baking projects. She is vice president of the Shawnee Riders 4-H club and treasurer of the county-wide horse club.

## Harvey County is tops in dairy judging

The Harvey County dairy judging team won the top spot at the Kansas State Fair dairy judging contest.

Team members were Duane Thiessen, Bruce Schrag and Angie and Phil Schrock. Bruce was the tenth high individual and Duane, tied for second high individual.

Duane is one of four 4-H'ers who will represent Kansas at the National Dairy Judging Contest at Madison, Wisconsin, Sept. 29-Oct. 3. Also qualifying to represent Kansas at the national contest are: Stephanie Veal, Shawnee County, first high individual; Sam Rottinghaus, Nemaha County, tied for second high individual; and Scott Riekeman, Dickinson County, fourth high individual.

Harvey County 4-H Agent Cindy Siemens will accompany the group.

## Stanton County competes nationally

The Stanton County horse judging team represented Kansas at the American Junior Quarter Horse Association World Judging Contest in Tulsa, Okla. The team, which was comprised of Kim Heberd, Billy Haney, Jeff Worm and Jon Shoemaker, qualified for the Tulsa contest by placing fifth in the state horse judging contest.

The team judged eight classes and gave four sets of reasons at Tulsa.

"They learned quite a bit," said Stanton County Agricultural Agent Frank Swan, who coached the team. As the oldest team member is 16, Swan is optimistic about the future of the team.



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## We tip our hat 22,997 times



*We salute the 22,997 county 4-H leaders committed to our Kansas youth.*

*In addition to donating their time and energies, 4-H leaders demand excellence from club members. They challenge club members to set high goals and make the "best better."*

*All the medals and awards ever made would not equal the contributions these men and women have made to our clubs, our communities and our country.*

**To them we say, "Thank you!"**



**Kansas Farm Bureau, Inc.**

# 4-H is years of growing

by Joan Istas

With all the poise of a professional speaker, SASNAK 4-H'er Wendy Albrecht tells a group of Salina businessmen about the benefits of 4-H.

"If it wasn't for 4-H, I wouldn't be able to stand up and speak before groups," Wendy says. "4-H has helped me develop self confidence, taught me how to make good decisions and how to be a leader."

---

*"4-H is people — the club members, the leaders. They're what make 4-H happen."*

---

Extremely shy as a child, Wendy's first experience in public speaking — a team demonstration at County Club Days — was almost painful.

"I was so scared. It was pretty nervewracking," she recalls. But she found she could speak in public and that gave her the self confidence to continue to give talks and demonstrations.

For the past 10 years, she has presented talks and demonstrations at County Club Days. She also has given talks at Regional Club Days and presented a demonstration at the Kansas State Fair in Hutchinson. As a county 4-H Ambassador, she spoke about 4-H



Wendy (right) enjoys meeting people. Though Extension is facing budget cuts, Wendy believes the future for the 4-H program is a bright one. She believes there will be fewer paid volunteers in the future and is optimistic about the future of the Kansas 4-H Journal. The Journal keeps the lines of communication open, she says.

to school and business groups in Salina.

"Speaking is a way of sharing your project," she says. "Even a first-year 4-H'er can give a talk."

She encourages 4-H'ers to select a topic they are familiar with and to speak enthusiastically about the subject.

Wendy developed leadership abilities by holding club and county offices. Her first leadership role in the club was as a junior officer. She also served as parliamentarian, treasurer, vice president and president of the SASNAK 4-H Club in Salina.

By keeping records of her 4-H projects, Wendy says she has learned to organize her time and how to keep records.

"Records are important in keeping track of everything you do," she says.

Wendy's 4-H records helped her win state and national achievement awards in 1985. As a result, she traveled to Chicago for the National 4-H Congress.

Wendy advises 4-H'ers to record the 4-H activities they participate in as they occur. Keeping notes on a calendar or a notebook makes this easy to do, she says.

Wendy tapes a sheet of paper on the family's garage door for each project she enrolls in. As she participates in activities, she writes down the date and the activity.

She helps younger 4-H'ers with their records at club record book parties. Record book parties make record keeping fun for younger members, she says.

Parties begin in February when 4-H'ers meet to organize their record book and insert tabs to separate projects. In April or May, 4-H'ers complete the permanent page. At the final meeting in August, they write their story and get the books signed.

By helping younger 4-H'ers with this and other projects, Wendy found she liked kids and decided to major in child psychology at Kansas State University.

Wendy says she owes much of her success in 4-H to her mother, Bernadine, and her first community club leaders, Ken and June Jennison. The Jennisons also were Ambassador advisors when Wendy was an Ambassador.

"Mom's really encouraged me. She always challenged me to do better," Wendy says.

The Jennisons, too, always seemed to have the right word to keep Wendy inspired. Often they've complimented her on her growth in 4-H.

"When we first met you, you would never have done what you're doing today," they often tell her.

"4-H is people — the club members, the leaders. They're what make 4-H happen," Wendy says.

Though Wendy's years as a 4-H'er are almost at an end, she says she will continue to be involved in 4-H.

"I don't think I will ever get away from 4-H totally. I think I will always be there to help. There's no way my kids aren't going to be in 4-H."



# Class periods will be shorter

Shorter class periods will offer more variety to 1987 Discovery Days participants.

Emily Kling, state 4-H specialist who works with the Discovery Days program, says 2½ hour classes will be offered the first and third day of Discovery Days and five hour classes, the second day of Discovery Days. A very limited number of nine hour classes will be taught.

In recent years, nine and five hour classes have been offered at the mini college experience.

Kling hopes the shorter class periods will improve Discovery Days class attendance. Scholarships for volunteers who teach Discovery Days classes again will be offered in 1987, Kling says. Those who teach two 2½ hour classes will receive a half scholarship. A full scholarship will be offered for those who teach two 2½ and one five hour class or one nine hour class.

Kling hopes 1987 Discovery Days class offerings will support the 4-H program. Classes about 4-H projects and clubs such as gavel games, rocketry, geology, crafts, arts and record keeping are examples.

Instructors also are needed to teach leisure, educational and recreational classes. Classes should stress hands on experience, not lecture, Kling says.

Those who would like to teach a Discovery Days class in 1987 or who would like to recommend an instructor should send the following information to Emily Kling, state 4-H and other Youth Programs Office, Room 201, Umberger Hall, KSU, Manhattan, Ks. 66506 by Dec. 1: name of instructor, address, phone number, suggested title and length of the class.

Don't be afraid to volunteer or to volunteer a friend, Kling says.

In addition to classes, Discovery Days consists of dorm living, dances, life at the Student Union and other college-like activities.

Youths 12 to 19 years of age are eligible to attend.

## Kinser memorialized

The arena building at the Stevens County Fairgrounds has been dedicated to the late Chester Kinser. Kinser was a long-time 4-H supporter and helped at the livestock auction. His children were 4-H members and a son now is the auctioneer for the livestock auction.

4-H club members dedicated the arena to Kinser during the Stevens County Fair.



*Flower arranging is a class often offered at 4-H Discovery Days. Instructors are needed for 1987 Discovery Days classes.*

## Montgomery County honors the 4-H club secretary

Montgomery County recognizes the importance of the 4-H club secretary by judging secretaries' books and awarding the top book a medal at 4-H Achievement Night.

Brian Swisher, 4-H agent for that county, notes that Montgomery County is a very traditional county and always has strong competition for that award. "We believe that if you reward people for good record books, you get good record books," Swisher says.

Secretaries' books are judged on the following:

Content, 50 points — Minutes must include whether or not it is a special or regular meeting, name of club, name of person presiding and secretary taking minutes, date and place of meeting, number and names of those in attendance, a statement that the minutes were read and disposition of the minutes and

important facts about announcements.

All motions, name of person making the motion and disposition of motion must be recorded. Minutes also must include names of persons appointed to committees, program presented and accurate membership records.

Organization, 20 points — Any binder book may be used. It may be decorated if that meets with the approval of the club. Leaders and standing or special committees must be listed.

Neatness, 30 points.

All secretaries are required to turn the secretary's book in to the county Extension office prior to the county fair so that attendance can be checked. The local fair board requires that club members attend at least 60% of club meetings after joining in order to be eligible to exhibit at the fair.

# 4-H'ers are feeding out cattle

Kearny County 4-H'ers are excited about a new cattle project being offered in that county.

Six 4-H'ers entered 10 steers in the commercial cattle feeding project when it was first offered in November of last year.

By feeding out cattle in a feedlot for 5½ months, it was hoped 4-H'ers and their families would become aware that the feedlot is another marketing option for today's cattle producer, understand the importance of average daily gain and that they need good performing cattle that will grade.

4-H'ers also learned about feed and veterinary bills, processing and insurance and interest costs.

The 4-H'er had to own the steer at least three weeks before the start of the futurity. Cattle had to weigh 500 pounds coming into the program and comply with the vaccination program set up by the futurity committee.

Each 4-H'er could enter three animals. An entry fee of \$3 per head was charged.

Feed bills and veterinary costs were mailed to 4-H'ers every six months. Cattle were marketed by the feedlot and all enrolled in the program made a profit.

Net profit ranged from \$35.92 to \$88.08 per animal.

"Even the kid who thought he lost money didn't," said Kearny County Agricultural Agent Brad Fuller, who helped found the program. Cash awards of \$250, \$125, and \$50 in three classes — average daily gain, carcass evaluation and overall (a combination of the two classes) — were presented at a steak dinner held to celebrate the program.

An average daily gain of 4.47 garnered the first prize award; 4.08 pounds per day, second; and 4.0 pounds per day, third.

"I am high on this program," Fuller said. "I think everybody — parents, agents and kids — learned from this thing."

"The kids are going to do some talking. Hopefully participation will triple this year."

Entry deadline for the Western Kansas 4-H Steer Futurity is Nov. 1. For additional information, contact Brad Fuller at the Kearny County Extension Office, P.O. Box 85, 218 N. Main, Lakin, Ks. 67860.



Lois Redman (left), state 4-H specialist who is responsible for the IFYE program in Kansas, shows a Paraguayan the international cup. Paraguayans come to Kansas under the Kansas Paraguay Partners Program.

## Kansans host IFYEs from throughout world

Kansas is hosting IFYEs from Norway, New Zealand, the United Kingdom, Indonesia, Costa Rica and Paraguay this year.

Birgitte Loes, Norway, stayed with the Delmar Kaiser family in Gove County and the Lyle Eaton family in Cowley County; Catherine Davis, from the United Kingdom, the Kenneth Currie family in Rooks County and the Jerry Hjetland family, Brown County; New Zealander Craig Campbell, the David Slead family, Coffey County, the Charles Hummel family, Dickinson County, the Anthony Sheer family, Washington County, and the Lonnie Ruff family, Hodgeman County, Campbell also attended the Kansas State Fair.

Hosting Indonesian Bambang Pramuka Putra were the Claire Olsen family, Brown County, the Floyd Ladd family, Woodson, the Gale Ritter family,

## 4-H alumni coordinate Ambassador trip to Kansas

Kansas 4-H alumni Gary Anderson, Decatur County, and county Extension home economists Tammy Edwards, also of Decatur County, and Kathy Lupfer-Nielsen, Lincoln County, helped coordinate plans for an Ambassador group of seven youths from Denmark to spend six to eight weeks with families in Decatur and Lincoln counties.

Allen, and the Larry Hixson family, Trego. The Alan Ladd family, Brown County, the John Benfer family, Clay County, the Leonard Lindhold family, Kingman, and the Dave Smith family, Saline, hosted Costa Rican Albertina Velasquez Araya.

Paraguayans Norma Villalba and Rosa Vera came to Kansas under the Kansas Paraguay Partners Program. Host families for Villalba are the Greg Pease family, Wabaunsee County, the Ron Morey family, Crawford County, the Gary Ives family, Hodgeman County, and the Dennis Rotman family, Osborne County.

Hosting Vera were the William Young family, Rooks County, the Stephen Patterson family, Haskell County, the Eric Kohn family, Logan, the Riley Walters family, Butler, and the Louis Slavik family, Ottawa.

This is the second group of Ambassadors to be hosted in Kansas in recent years, notes Lois Redman, state 4-H specialist.

Ambassadors live with families abroad for six to eight weeks. A group leader accompanies them.

"The Ambassador program is a mini IFYE experience," Redman says.



*This Elk County youngster likes the dairy goat project.*

## 4-H'ers like dairy goats

Write an essay telling why you want a goat, and you could win one.

4-H'ers in Lyon, Jefferson and Elk counties are among those who have this opportunity.

Sponsored by goat breeders, the contests promote the goat project.

Julia Dixon of the Moline Shining Star club in Elk County and Mary Beth Sands of the Valley Victors Club in Valley Falls both are goat essay winners.

Julia has always loved goats and last year took two nannies, a billy and three kids in her dairy goat project.

Mary Beth still remembers how surprised she was to win a purebred registered Nubian kid three years ago. She received the goat when it was six days old and raised it in a large cardboard box in the bathroom of the family's mobile home. Before Nanette was grown, Mary Beth had purchased another kid as a companion for her.

Once you get started in the goat project, it's hard to stop, Mary Beth says. Soon the growing goat herd had outgrown the mobile home and the Sands family moved to a farm east of Valley Falls.

Today Mary Beth has 21 goats including a purebred Nubian herd sire she received for her 16th birthday. She is milking eight does and raised 16 kids this year. Three of the kids already have been sold.

"Raising dairy goats is a fun experience, and I love every bit of it," Mary Beth says. "For anyone who loves animals and has the time and space for them, I recommend dairy goats!"

## A guide for model meetings

Model meetings is a device for teaching 4-H'ers proper meeting techniques, says Franklin County 4-H Agent Jo Ellen Arnold. Competition between clubs and counties is used to encourage boys and girls by adding zest to the activity.

Clubs are encouraged to plan a model meeting that depicts a typical monthly meeting of their club and may be designed to suit the needs and interests of 4-H club members.

Clubs competing in model meetings may be composed of up to 32 4-H members and leaders. An agenda of the model meeting must be presented to the judge before the meeting is called to order. A maximum of 35 minutes are

allowed for model meetings.

During the model meeting, the secretary should take notes. After the meeting, the secretary must turn in the model meeting notes and the up-to-date secretary's book. Recreation may be at any time during the meeting. Some clubs prefer to have recreation at the start of the meeting rather than at the end.

Franklin County uses the following criteria to judge model meetings.

Opening (10 points): Meeting promptly opened; flag set displayed; pledge of allegiance led; 4-H motto and pledge led; attendance taken.

Business session (35 points): Minutes read; treasurer's report given; county

council or junior leader's report given; different members involved; special parliamentary procedure used; leader's report given; secretary's notes and book complete.

Program (40 points): Introduction given; club members appeared interested; educational ideas/skills presented; information presented on member's level; summary, questions and/or thanks given; ceremony.

Recreation (15 points): Recreation and song leaders prepared; everyone given chance to participate; sportmanship exhibited; members appeared to enjoy.

This criteria is also used for Regional Club Days model meeting competition.

# Club gets new life

*Shannon Meyers teaches youngsters in the Dwight Sunflowers cooking project how to make cookies.*



by Joan Istas

The Dwight Sunflowers 4-H Club of Morris County has new life this year because people care.

Among those who cared enough to give the faltering club that needed breath of life was 10-year 4-H member Shannon Meyers.

"Our club was dying. Membership dropped to seven kids last year," says Shannon, who won the 1986 state leadership award for her part in helping rejuvenate the club.

Though others were willing to walk away and let the club die, Shannon, her parents, Earl and Karen, and her younger sister, Dionne, weren't.

"I wanted to keep our club alive — for my cousins, for the community," Shannon says.

"4-H has done so much for me. This was a way of giving something back to 4-H."

Club members promoted 4-H in the community and increased interest in joining the club by sponsoring a mini fair in Dwight. Club members brought their projects to the fair and invited their friends to attend.

A benefit basketball game for the Cystic Fibrosis Foundation, sponsored by the club, and an "adopt a grandparent" program further increased public awareness of the club.

Variety added new interest to the club program. A parliamentary procedure quiz bowl helped club members learn the proper way to conduct a meeting. 4-H'ers learned how to speak in public when the program featured extemporaneous speaking.

4-H'ers were handed a sack filled with all the ingredients to present a demonstration — poster material, suggested topic, note cards, etc. — and asked to present an extemporaneous speech at the meeting.

At a Mexican food night, Mexican food was prepared and eaten. Club members invited their grandparents to attend the Christmas meeting and gave them gifts they had made at the November meeting.

Club membership doubled as a result of these activities and because of good leadership from officers, project leaders and community leaders. The club will continue at least one more year, Shannon says.

As club president and historian during this year of growth, Shannon says she learned patience and that enthusiasm can generate excitement among others.

She says she's proud of how Dwight Sunflowers 4-H Club members grew this year. They learned to speak in public, she says.

Shannon says she encourages kids to join 4-H because it offers so much.

"4-H is opportunity," she says, "... the opportunity to go places like county camp at Rock Springs Ranch 4-H Center and the county fair, to make friends and to have fun.

"Everything you do in 4-H helps you in some way. The more you put into it, the more you get out of it.

"4-H gives you more poise and self-confidence. It teaches you how to speak in public."

Shannon joined 4-H when a third grader because her friend was a club member. The second year she was in 4-H, she was elected to her first club office and has held a club office every year since. She also has served on club committees and is the club horticulture leader and assistant foods leader.

"A lot of my leadership is on the club level; that's where 4-H starts," Shannon says.

Shannon is a leader on the county level, too. She is involved in the Junior Leaders Club, represents the club on the county 4-H Council, is assistant superintendent of the foods and sheep divisions at the county fair and has been an assistant judge in the demonstration and illustrated talk division at County Club Days.

4-H introduced Shannon to other worlds when her family hosted a LABO student and she traveled to Washington D.C. as part of the Citizenship-Washington Focus.

The trip to the nation's capitol is one of the highlights of Shannon's 4-H years.

"I saw things I never dreamed of," she says. "I took nine rolls of film, but they will never show what it's really like."

Though a student at Kansas State University this year, Shannon plans to remain active in 4-H and again hopes to hold a club office.

Auction nets Foundation \$1500

# Horse awards program is growing

The state 4-H horse awards program continues to grow.

According to Steve Fisher, state 4-H specialist, for the first time this year, the state 4-H horse fund will have the net proceeds from the Topeka All Breed Stallion Review and Service Auction, which was held in Topeka March 2.

The Shawnee County Horse Club, which conducted the auction and review for the first time last year, helped with this year's auction and received part of the proceeds.

The state 4-H horse program will receive about \$1500 from the 1986 auction. Funds are established with the Kansas 4-H Foundation.

Proceeds will provide partial scholarships for the first- and second-place quiz bowl teams and the top five judging teams to represent Kansas in out-of-state competition. Winners of demonstration and public speaking competition at the 4-H Horse Panorama also will receive a partial scholarship to represent Kansas at the National 4-H Horse Classic in Denver.

Fisher notes that the Jerri Wilcox Memorial Award, established with the Kansas 4-H Foundation last year, recognizes a 4-H'er who has good horsemanship skills and a good sportsmanlike attitude.

The memorial, which is established with the Kansas 4-H Foundation, recognizes the wife of a former state horse committee member who was killed by a horse.

An older 4-H'er with demonstrated good horsemanship skills and a sportsmanlike attitude is selected at each of the seven district horse shows. All are interviewed at the Kansas State Fair in Hutchinson and a plaque presented to



*The winning horse judging team from Linn County displays the plaques and ribbons they won in that contest. These plaques and ribbons are just a part of the growing horse awards program in Kansas.*

the winner.

Reno County 4-H'er Beth Zenor was recognized last year.

People may also transfer ownership of horses to the Kansas 4-H Foundation. The horses are sold and funds used to support the horse awards program.

Money from this fund has purchased horse blankets for first place winners of 18 performance classes at the Kansas State Fair 4-H Horse Show. Some of the Kansas horse breed associations also contribute funds for awards for the state 4-H horse show.

While all of these awards are associated with contests, the selection of the state 4-H horse project award winner is based on the evaluation of the 4-H record book.

Selection begins at the end of the 4-H year at the county level when county project awards are selected. The first-place county horse record book winner must be 14 years or older to be eligible to submit the book for area evaluation, held the following spring.

The top two books from each area are submitted to the state for judging held in March and the top three to five record books selected and those 4-H'ers invited to be interviewed during Discovery Days in June.

The personal interview and written 4-H record are considered in the selection of the winner. H.M. Ives and Sons Inc., Printers, Topeka, sponsors the trip to the National 4-H Congress in Chicago for the state horse award winner.

## Corn Valley club helps others

Community service is an important part of the 4-H year for the Corn Valley 4-H Club of Stafford County. Club members have presented musical numbers and 4-H talks for the Leisure Homestead Nursing Center and will promote seat belt safety.

The Corn Valley 4-H Club began in 1934 when 10 members enrolled under the leadership of Mrs. Albert Kunz and Collins Thole.

Many club and individual achievements have marked the past 52 years. In

1950 WIBW recognized Corn Valley as one of the six outstanding 4-H clubs in Kansas. Corn Valley was the only club in the state to have two recipients of the WIBW service award. Donna Stalcup received the award in 1949 and Aldean Knoche, the award in 1950.

In 1985 Gayle Minor represented Kansas at the 64th National 4-H Congress in Chicago as the state style revue winner. The club had two state winners in 1982 — Janell Hildebrand in fashion revue and Darla Paulsen in clothing.

Both girls represented Kansas at the 61st National 4-H Congress in Chicago.

Busy Bee 4-H, which began in 1954, and Wheat Valley 4-H, which began in 1953, united with Corn Valley in 1969 and 1961. Today the club has 30 members, two leaders, 19 project leaders and two teen project leaders. Projects appeal to both city and rural kids. Average age of club members is 10.

-Mary Jo Minor, reporter



Vicki Betts  
Finney  
Achievement

# 1986 STATE 4-H AWARD



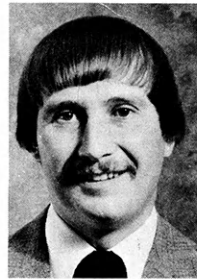
Sean Towns  
Rooks  
Agricultural



Charles Hamon  
Jefferson  
Alumni



Don Rezac  
Pottawatomie  
Alumni



Michael Steffen  
Pawnee  
Alumni



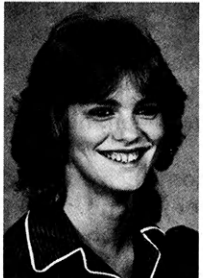
Wendy Albrecht  
Saline  
Arts and Crafts



Amy Lyons  
Riley  
Beef



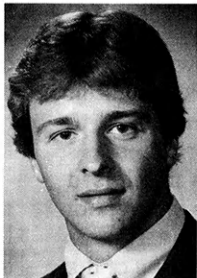
Sonya Meeds  
Logan  
Bread



April Anderson  
Osborne  
Dairy Production



Renee Hammar  
Harvey  
Dairy Production



David Meyers  
Dickinson  
Dairy Production



Kristie Pankratz  
Marion  
Dairy Production



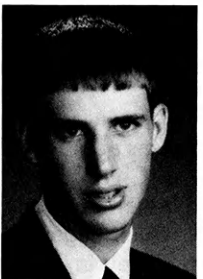
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Sedgwick  
Dairy Production



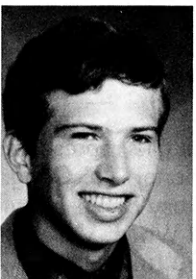
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Saline  
Dog



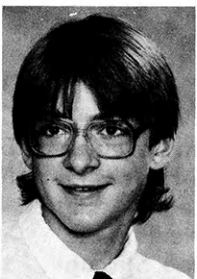
Cyndi Haefner  
Pottawatomie  
Ecology



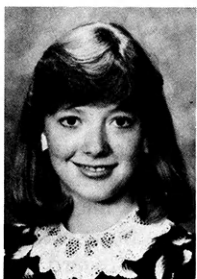
Dwayne Roux  
Harvey  
Fur Harvester



Greg Sohm  
Rush  
Fur Harvester



Paul Perl  
Riley  
Geology



Rebecca Randall  
Johnson  
Health



Lori DeCou  
Reno  
Home Environment



Julie Pio  
Johnson  
Home Management



Bobbie Ward  
Douglas  
Horse

## Congratulations from ...

# WINNERS

# Building Leaders for Tomorrow



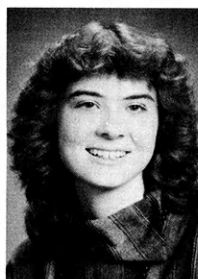
Jodi Musselman  
Clay  
Citizenship



Sue Cornett  
Miami  
Clothing



Larry Fowler  
Lyon  
Commodity Marketing



Nancy Deckert  
Saline  
Consumer Education



Anita Krug  
Russell  
Crochet



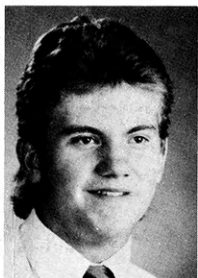
Karla Sipes  
Stanton  
Crop Production



Christy Kennedy  
Neosho  
Dairy



Angel Blume  
Pottawatomie  
Electric



Scott Schultz  
Russell  
Entomology



Gayle Minor  
Stafford  
Fashion Revue



Tresa Walters  
Butler  
Food-Nutrition



Angie Krizek  
Decatur  
Food Preservation



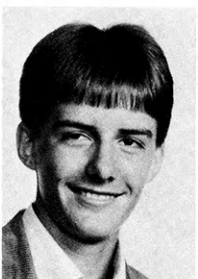
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Johnson  
Forestry



Kathy Riehle  
Johnson  
Fun With Children



Denise Sellers  
Marion  
Horticulture



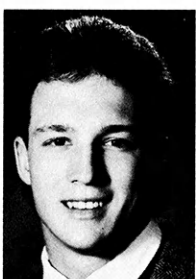
Gregg Hoy  
Lyon  
International Focus



Kathy Severt  
Crawford  
Knitting



Shannon Meyers  
Morris  
Leadership



Matt Nichols  
Russell  
Livestock



Cathy Barnes  
Jefferson  
Meats



Gina Berrie  
Lyon  
Meats

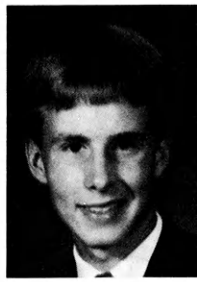
# Garvey grain companies



Brent Camerlink  
Riley  
Petroleum Power



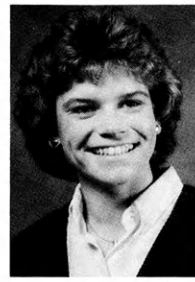
Ginny Swanson  
Wyandotte  
Pets



Jeff Walters  
Douglas  
Photography



Julie Austin  
Butler  
Pigeon



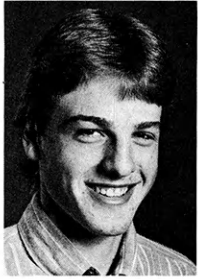
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Neosho  
Poultry



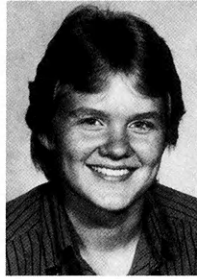
Michelle Rogers  
Jewell  
Poultry



Heath Higbie  
Franklin  
Public Speaking



Robbie Laird  
Shawnee  
Rabbit



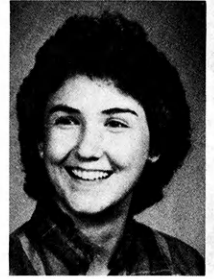
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Labette  
Recreation



Craig Schultz  
Douglas  
Rocketry



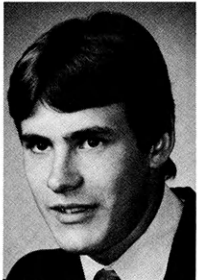
Daisy Clay  
Pottawatomie  
Santa Fe  
Achievement



Cheryl Griffith  
Scott  
Santa Fe  
Achievement



Tammy Hawley  
Ford  
Santa Fe  
Achievement



James Kerns  
Osage  
Santa Fe  
Achievement



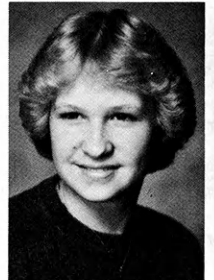
Kathy Oliver  
Sedgwick  
Santa Fe  
Achievement



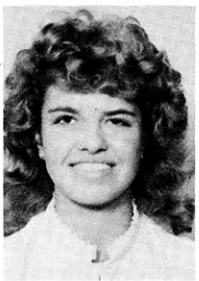
Wendy Winkler  
Leavenworth  
Santa Fe  
Achievement



Michele Scheele  
Dickinson  
Safety



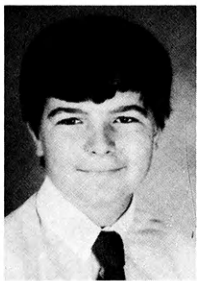
Sheila Swendson  
Atchison  
Self-Determined



Shannon Seely  
Leavenworth  
Sheep



Rosette Pachta  
Republic  
Swine



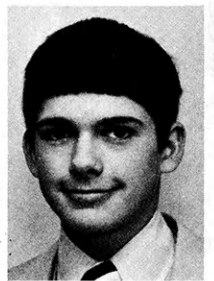
Jon Ringel  
Leavenworth  
Veterinary Science



Darren Jackson  
Butler  
Wildlife and Fisheries



Jolene Johnson  
Saline  
Wildlife and Fisheries  
Leader



Mark Meisinger  
Marion  
Wood Science

This recognition of state 4-H award winners is made possible by Garvey Grain, Inc.; Lincoln Grain, Inc.; and Garvey Elevators, Inc.



# She's the bread lady of Oakley

by Joan Istas

Sonya Meeds could be called the bread lady of Oakley.

The Annie Oakley 4-H Club member not only bakes bread for her family, but makes it as gifts for friends, to give to elderly residents in the community, to say "thank you" to club project leaders and for bake sales for the local Eagles Club.

She has made bread sticks for kids at the local Day Care Center, made 200 brown-and-serve rolls for the county 4-H Achievement Banquet and demonstrated how to make bread at club meetings, County Club Days, to the local EHU club and for the EHU District Food Fair.

Sonya enjoys learning how to make new breads and last year tried 22 new bread recipes. She also has experimented with different kinds of flour and yeast in breadmaking.

With this kind of experience, it's little wonder that 4-H club members and other people in the community call Sonya for advice about breadmaking.

Sonya, who enrolled in 4-H when an eighth grader because her best friend was a member, took breads her third year in 4-H and immediately fell in love with the project.

She started out by making white, bran and cinnamon rolls and soon graduated to making herb, tomato, cheese, veggie and oatmeal breads. She still has a goal to make a good white loaf of bread — an accomplishment that continues to elude her.

"Breadmaking looks hard to do but it isn't," Sonya says. "It takes practice and a certain technique, but it's fun.

"Whenever I'm upset I can take out my frustrations by kneading bread. Our family likes bread, too.

"I really like to cook and am interested in being a chef."

Sonya often demonstrates to groups how to make Bohemian bread, one of her favorite breads. Because she is showing how to make something she enjoys, it is easier for Sonya to speak in front of people.

Before she enrolled in the bread project, she had only presented demonstrations at 4-H club meetings. She gave a demonstration on breadmaking at County Club Days for the first time last year.

Self-confidence obtained through public speaking is the greatest skill Sonya says she has obtained in 4-H.

"It's not as tough as I thought to get up in front of people and talk," she says.



Sonya Meeds

Sonya has learned to work with people by serving as vice president of her club and on county and club committees. She has learned leadership skills by helping kids in her club give talks and demonstrations. She believes the record keeping skills she learned in 4-H will help her obtain a job someday.

"4-H is a lot of getting up in front of people and giving demonstrations and talks. It's learning how to work with people. 4-H is a lot of fun," Sonya says.

## Do you know your football teams?

Fall is here, and that means football season. How well do you know your NFL football teams? It's first down and goal to go!

1. Army insect \_\_\_\_\_
2. Seven squared \_\_\_\_\_
3. Streakers are this \_\_\_\_\_
4. A 747 \_\_\_\_\_
5. Hostile attackers \_\_\_\_\_
6. Suntanned bodies \_\_\_\_\_
7. Various iron workers \_\_\_\_\_
8. I.O.U.'s \_\_\_\_\_
9. Put wife in suitcase \_\_\_\_\_
10. Toy baby with fish arms \_\_\_\_\_
11. Prisoner captured in October \_\_\_\_\_
12. Lubricators \_\_\_\_\_

13. Six monarchs \_\_\_\_\_
14. Opposite of ewe \_\_\_\_\_
15. Class of Boy Scouts \_\_\_\_\_
16. American gauchos \_\_\_\_\_
17. Basic, fundamental rules \_\_\_\_\_
18. Credit card users \_\_\_\_\_
19. Indian leaders \_\_\_\_\_
20. King of beasts \_\_\_\_\_
21. Used to be a girl \_\_\_\_\_
22. A dollar for corn \_\_\_\_\_
23. Ocean-going bird \_\_\_\_\_
24. Hot epidermis \_\_\_\_\_
25. Louis Armstrong song \_\_\_\_\_
26. Six shooters \_\_\_\_\_
27. Wild rodeo horses \_\_\_\_\_
28. What team of the NFL's 28 clubs has not been listed? \_\_\_\_\_

Answers for football quiz. 1. N.Y. Giants (GI-ants); 2. S.F. 49'ers; 3. Chicago Bears; 4. N.Y. Jets; 5. L.A. Raiders; 6. Cleveland Browns; 7. Pittsburgh Steelers; 8. Buffalo Bills; 9. Green Bay Packers; 10. Miami Dolphins; 11. Atlanta Falcons; 12. Houston Oilers; 13. Vikings (VI-Kings) 14. L.A. Rams; 15. Philadelphia Eagles; 16. Dallas Cowboys; 17. St. Louis Cardinals; 18. San Diego Chargers; 19. K.C. Chiefs; 20. Detroit Lions; 21. Cincinnati Bengals (been gal); 22. Tampa Bay Buccaneers (buck an ear); 23. Seattle Seahawks; 24. Washington Redskins; 25. New Orleans Saints; 26. Baltimore Colts; 27. Denver Broncos; 28. New England Patriots.

-Kirk Astroth

Shane Carr of the Mentor 4-H Club and Trina Sahfeld of the SASNAK 4-H Club earned funds for their clubs and the Saline County 4-H Council by campaigning for Saline County carnival king and queen. Shane earned \$434.31 in his bid for king, and Trina, \$717.82 in her bid for queen. Council funds pay \$5 toward County Camp scholarships at Rock Springs Ranch 4-H Center and to help defray expenses of kids attending the Kansas City Conference and Citizenship Short Course in Washington D.C.



## People are youth's favorite part of 4-H

by Joan Istas

Kathy Oliver can't talk about 4-H long before she tells about the people she's met, the people who have helped her make her 4-H career a successful one.

"I like to meet people. That's my favorite part of 4-H," she says.

The Sedgwick County 4-H'er learned more about people in her home county and younger club members when she served as a county camp counselor at Rock Springs Ranch 4-H Center.

"It was a really neat experience. I liked being responsible for the kids. No one got hurt. We all had fun."

The Derby 4-H club member has met people from across the state the past four years by attending Discovery Days at Kansas State University. She met people from throughout the nation when she was a delegate to the Kansas City Leadership Conference and the Washington D.C. Profiles for Tomorrow Conference.

"The chance to meet more people, to do more and learn more has kept me in 4-H," Kathy says.

Wherever Kathy meets other 4-H'ers and leaders, she finds instant friends.

"I feel like we have a common bond," she says. "4-H'ers are more open minded and not as quick to judge other people."

Kathy joined 4-H at the age of 9 after a member of the Derby 4-H Club spoke to her school class.

"I was in Girl Scouts at the time, but Mom thought 4-H would be a great learning experience," the 17-year-old youth explains.

The Derby 4-H Club member is especially active in the leadership project and is club project leader for the All American Foods and Reading projects. In both projects, she started the year with a planning session in which the

4-H'ers mapped out the project year.

Beginning in May, she held five All American Foods meetings. She taught the kids how to make three different kinds of cookies, different ways to prepare hamburger and how to make cake and bread. She also judged items made by the kids to show them how a judge determines ribbon placings.

A special feature of the reading project was a scavenger hunt at the public library where 4-H'ers were asked to find such items as a dictionary, an encyclopedia, a book by a certain author and to look something up in Reader's Guide.

The 4-H'ers also toured the Derby and Wichita Public Libraries and obtained experience in speaking before others when each presented a book report at a project meeting.

The Sedgwick County 4-H'er helps club members fill out their record books. Records are important because they show you what you've done is worthwhile, she says.

Kathy developed leadership skills by serving as song leader, reporter, secretary, vice-president and president for the Derby 4-H Club and as Teen Council secretary.

By serving as chairman of numerous club committees including the potluck supper, calling, cookbook, window display and enrollment fair committees, she learned how to work with a group and that the chairman does not make all the decisions.

Because of her 4-H experience, Kathy says she will be more willing to be involved in the community as an adult. Already she plans to come back to the 4-H program as a leader.

"4-H is an organization for all ages where you learn skills that will last the rest of your life. 4-H gives kids a head start," Kathy says.

# Guide dogs will come to conference

4-H'ers and leaders who attend the State 4-H Dog Conference and Quiz Bowl Oct. 18 and 19 at Rock Springs Ranch 4-H Center will learn how guide dogs for the blind are raised and trained.

A representative of Private Dogs Incorporated, Columbus, Ohio, where guide dogs are trained and placed with the blind, will present a demonstration using a trained guide dog.

Conference representatives also will see guide dog puppies, trained by four Kansans, perform basic obedience commands.

The four Yellow Labrador puppies were trained by Neosho County 4-H'ers Jodi Clay and Hallie Nevin, both who are enrolled in the 4-H dog project, Peggy Rubel, a professional dog trainer in Neosho County, and Marta Laylander, Neosho County Extension agricultural agent.

This is the first year Kansas 4-H'ers have had the opportunity to participate in the guide dog program. Laylander, who arranged for the guide puppies to come to Neosho County, is from Utah, where the guide dog program is a successful part of the 4-H program.

"I think the program is very beneficial to 4-H members," Laylander says. "The dogs are exceptionally well mannered. They are selected for their natural intelligence and friendliness. 4-H'ers who raise a guide dog have a feeling of satisfaction from helping someone else."

The guide dog puppies were flown free to Kansas March 7 when they were six weeks old.

Those who agreed to raise and train the puppies signed a contract with Laylander agreeing to feed the puppies, housebreak them, take them to regular visits with the veterinarian, participate in a basic training program and give them back to Private Dogs Incorporated when they are 14 months of age.

If they break the contract, they must return the puppies to Laylander.

The dogs are worth several \$1,000 and usually a representative of the guide dog center makes regular visits to the homes where they are being cared for, Laylander explains. Because of the great distance between Ohio and Kansas, however, Laylander was asked to supervise the Kansas program.

Laylander says the Neosho County guide dog program has received good support. The local newspaper is writing regular features about the dogs and the local veterinarian has provided his ser-

vices free.

A \$500 grant from the Kansas 4-H Foundation purchased a plaque of appreciation for the veterinarian and provided expense money to present demonstrations at dog shows and at Neosho County Community College's anniversary celebration.

When the 14-month-old puppies are returned to Private Dogs Incorporated they will undergo six months of guide dog training. Upon completion of that training, a blind person will live at the center for a month and learn how to care for and work with the animal.

Laylander hopes that the demonstration at the dog conference will interest other Kansas 4-H'ers in training a seeing eye dog.

Private Dogs Incorporated annually places between 75 and 80 puppies.

The guide dog demonstrations will be presented Saturday afternoon, Oct. 18. The dog quiz bowl will be held that evening and a speaker featured Sunday. Mini workshops also will be presented.

Cost for the two day conference is \$20.

For additional information, contact the county Extension office.

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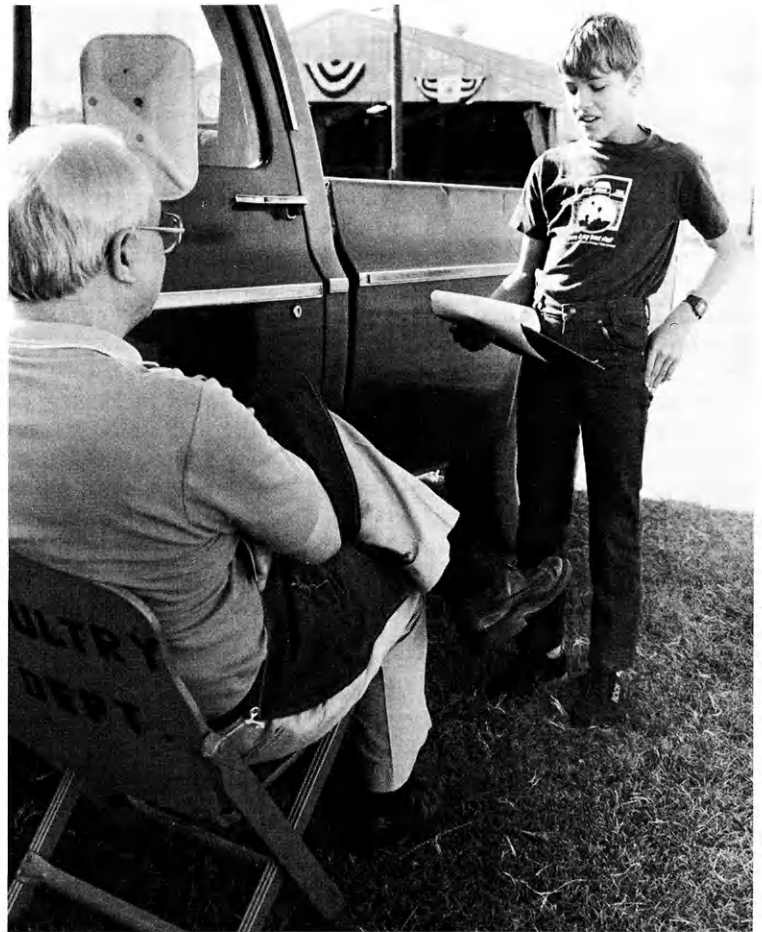
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4-H'ers learn about judging eggs and poultry in the poultry judging contest at the Kansas State Fair in Hutchinson. Justifying placings by giving reasons is also a part of poultry judging. At right, Al Adams, Extension poultry specialist, listens to reasons given by Harvey County 4-H'er Brian Street. In the bottom photo, 4-H'ers judge a class of eggs and in the above picture, a 4-H'er evaluates a class of laying hens.

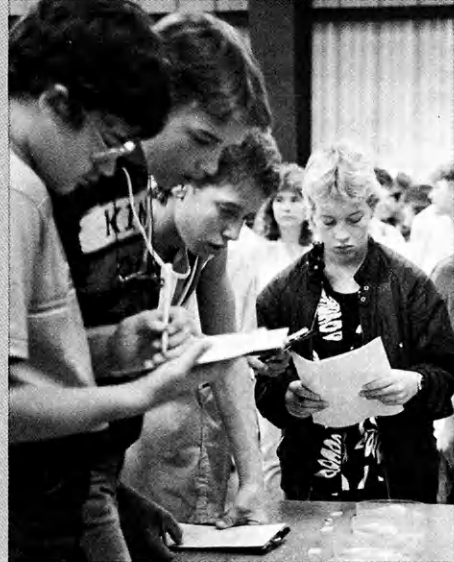


## Poultry judging is fun competition

by Joan Istas

They judge poultry because they like the competition, because it's fun to do or because it provides that little something that is needed to make their record book stand alone.

Susan Craig of the Dickinson County Enterprise 4-H Club became interested in poultry because her father is employed at a poultry farm. She began judging



poultry at the county fair three years ago.

Susan got her first birds this year and also judged at the Kansas State Fair poultry judging contest for the first time this year.

Susan says she enjoys judging poultry. The most difficult part of the contest for her is judging the candled eggs.

Though only 13 and 12 years of age respectively, Brian Street and younger brother, John, of the Harvey County Sedgwick Sunflowers 4-H Club have been judging poultry for three years now. They began judging when they were in the Nebraska 4-H program and judged at the Kansas State Fair contest for the first time this year.

For Brian, judging is something to fill the time while John says he likes the competition and finds judging fun.

Twelve-year-old Marc Friesen of the Hesston 4-H Club, who made up the third member of the Harvey County team, says he likes judging poultry because it is challenging. Someday he hopes to compete in the national poultry judging contest.

For 16-year-old Rodney Hoover of the Riley County Be Busy 4-H Club poultry judging fits well into a 4-H program that

includes raising 12 different kinds of chickens.

Rodney, who has been judging two years now and is considering a career in poultry science, says judging poultry is fun. He prepares for the contest by studying poultry books he obtains from the Riley County Extension Service.

The Kansas State Fair poultry judging contest consists of four egg classes — two of candled eggs and two of exterior eggs —, two dressed poultry — chickens and turkeys —, and two classes of laying hens.

4-H'ers give oral reasons on the laying hen classes.

Placing first in this year's state fair contest was Barton County; second, Rush; third, Rooks; fourth, Franklin; fifth, Leavenworth; sixth, Harvey; seventh, Dickinson; eighth, Riley; ninth, Cowley; and tenth, Jackson.

High individuals were Lurinda Ohnmacht, Barton; Kevin Wiltse, Rush; Donna McGann Rooks; Carrie Channon, Franklin; and Bill Abrams, Barton. As Kevin is too young to qualify for the national contest, Lurinda, Donna, Carrie and Bill will represent Kansas in the national contest.

# It's a way of celebrating 4-H'er makes decorated cakes



Tammy enjoys modeling the garments she makes.

by Joan Istas

When the Ford County Richland Rustlers 4-H Club celebrated its 50th anniversary this year, club member Tammy Hawley made and decorated the six sheet cakes that were served.

Tammy learned to bake cakes in her 4-H cooking project; she learned how to decorate cakes in a self-determined cake decorating project she began taking as a 9-year-old.

She used a kit to decorate her first cakes and probably will never forget her

first effort — a little rag doll cake she made for her sister's birthday.

"It looked pretty bad," Tammy admits with a laugh.

Tammy's friends soon learned that she could decorate cakes and began requesting her decorated cakes for special occasions. Her parents, too, encouraged her to pursue this interest by ordering cakes for employees of the business, Hawley Brothers, they operate in Dodge City.

As Tammy's talent improved, she purchased additional molded pans and tried more difficult designs. She even developed some of her own designs.

The molded design with stars is the easiest decorated cake design Tammy makes. The more difficult the decoration, the greater the feeling of accomplishment Tammy has when it's completed.

"The most difficult ones make me feel the proudest," she says. "It's taken me years and years and years of practice to learn to make some of these decorations."

When someone orders a cake, Tammy tries to determine which colors they wish to use and the special interest they would like to portray in the decoration. Do they have a hobby they'd like her to depict?

Tammy either makes and decorates the cake the same day or freezes the cake to decorate at a later date.

"Decorating the cake itself doesn't take that long ... just three to four hours," Tammy says.

In her eighth year of cake decorating, Tammy made over 39 cakes, two of which were large, four-layer, tiered anniversary cakes. She also has made wedding cakes and the past two years entered a wedding cake in the open class at the Kansas State Fair where she won second prize both years.

As the Richland Rustlers' self-

determined cake decorating project leader, Tammy teaches club members how to decorate cakes. In the three meetings she held for project members last year, she taught basic cake decorating, took a tour of a bakery and worked on fair posters. Tammy also taught Teens Entertain members basic cake decorating skills.

The Ford County 4-H'er says she enjoys decorating cakes because it makes people happy. "I love to see people celebrating," she says.

Tammy uses other skills she learned in the foods projects when she and her younger sister, Joy, prepare meals for their family. Because their parents work full-time, Tammy and Joy do most of the cooking.

4-H has helped Tammy grow in many ways. By presenting talks at club meetings and at county club days, she overcame shyness and now can speak in front of people with ease. As a result of serving as a club and county officer and a leader in the clothing and foods projects, she has matured into a leader.

Filling out her record book is not difficult for Tammy because she keeps a record of activities throughout the year in her diary.

Records have helped her realize many dreams in 4-H — modeling in the state style revue at the Kansas State Fair in Hutchinson, representing the county at the Kansas City 4-H Conference and, in November as a Santa Fe Achievement winner, she will attend the National 4-H Congress in Chicago.

"I keep learning in 4-H," she says.

"When I joined 4-H, I was a caterpillar — shy, afraid and underdeveloped. 4-H has brought about many new changes, both inside and outside. Now I see myself as a butterfly — prepared for a full and satisfying life."

## Play the horse and rider game

In this game, who chases whom through the pasture depends on how well you know your stuff.

**Materials:** A list of true/false statements.

**Space:** Open room or outside

**Time:** 20 minutes

**The Game:** The group should be divided into two equal teams at the start. One team is the horses; the other is the riders. The recreation leader

establishes a neutral zone between the two groups who line up anywhere along this dividing line. Free zones are established about 25 feet behind each team. The recreation leader has a set of true/false statements. When a statement is read, if it is false, the horses chase the riders and try to tag as many as possible before they reach their free zone. Those tagged join the

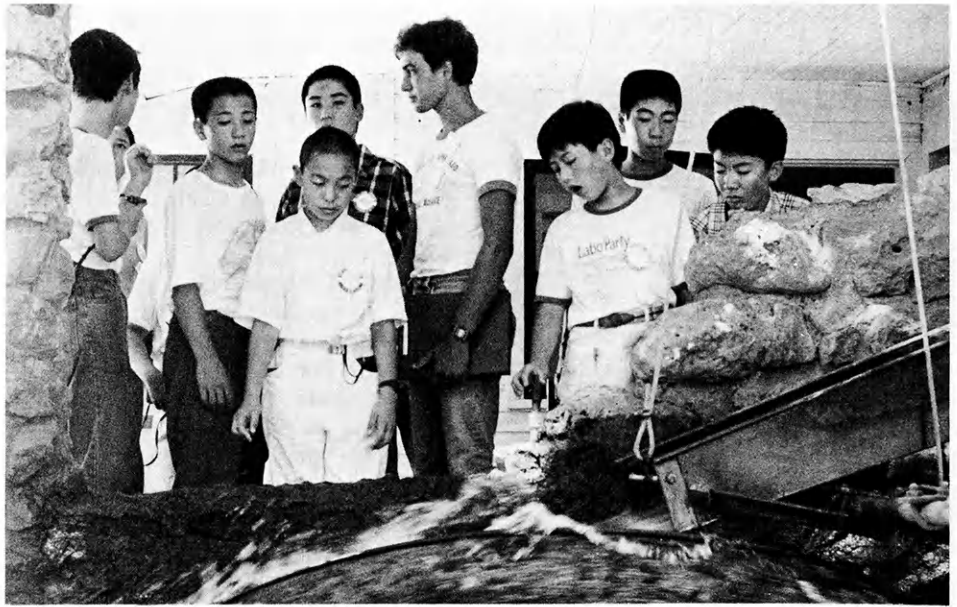
team who tagged them. If the statement is true, the riders get to chase the horses.

**Example:** Discovery Days is held at Rock Springs Ranch. (False) Horses chase the Riders.

**Strategy:** The recreation leader should be sure to read a balance of statements so one team doesn't get wiped out. Run fast!

# 4-H pays dividends

*Scott (center) enjoys being a counselor for LABO youths at Rock Springs Ranch 4-H Center. The water wheel is a hit with the visiting Japanese.*



by Joan Istas

Seventeen-year-old Scott Benfer has never thought about dropping out of 4-H — only of how he can stay in the program a little bit longer.

The longer you're in the program, the more fun it becomes and the more opportunities you have, the Clay County 4-H'er explains.

Scott, who is a member of the Sturdy Oak 4-H Club, joined 4-H 10 years ago at the encouragement of his mother, who had been a 4-H member in Brown County when a child.

He started out by taking the cooking and rabbit projects. As he became involved in the family farming enterprise, he enrolled in the swine, dairy beef, market steer, crops and family garden projects.

In his teens he began to reap some of the rewards of his years of hard work. He won the county achievement award and represented Clay County at the Kansas City 4-H Conference. Last year he attended the National Dairy Judging Conference when he won one of the top spots in state dairy judging competition.

Not only is livestock judging fun for Scott but it helped him learn to make decisions. By giving reasons, he improved his public speaking ability.

Scott became active in the LABO program in 1982 when his family hosted a Japanese boy. The following summer he traveled to Japan under the LABO program.

When he returned from Japan he was interviewed on the

local radio station — an interview that led to a job of a disc jockey on that station.

The past three years Scott has remained involved in the LABO program by serving as a camp counselor for LABO youths who, upon arriving in Kansas, attend camp at Rock Springs Ranch 4-H Center.

The LABO exchange is definitely one of the highlights of my years in 4-H, Scott says.

"The Japanese exchange is a different experience. In it I found out what it's like other places in the world. I learned about the differences and likenesses of the Japanese and American people."

Scott also has held club and county leadership roles. He has been a club officer every year since he joined 4-H, been the club swine leader and assisted with the club gardening and forestry projects. At present, he is president of the county-wide Junior Leaders club.

Scott has developed public speaking skills and the ability to organize and conduct meetings in 4-H. He learned about parliamentary procedure by participating in club model meetings and polished his public speaking skills by presenting talks at club meetings and county and regional club days.

The county fair is the highlight of the 4-H year for Scott.

"The county fair completes the 4-H year. It's where everything comes together — the people, the projects," he says.

"The people are definitely what makes 4-H. I've made life-long friends in 4-H."

## 4-H'ers study drinking and driving

Lawn Ridge 4-H Club members of Cheyenne County have learned the meaning of the slogan, "You booze, you cruise, you lose," by learning the facts about drinking and driving. As part of the club's safety project all nine of the Junior Leaders of driving age have become involved with the SADD program in school.

Emphasis by these Junior Leaders in the safety project has been on safe driving practices. Activities include:

—Washing windshields of vehicles on

Main Street in St. Francis and leaving a card on the windshield saying, "A clean windshield is a safe windshield. We did our part — now will you do your part? Drive safely!" — Courtesy of the Lawn Ridge 4-H Club.

—Viewing the film, "You drink, you drive, you die," by Bob Anastas, founder of SADD.

—Giving each club member the motorist's prayer to put on the sun visor of the family car.

—One club member gave a talk on

"Surviving Winter Driving Emergencies" at a club meeting, at model meeting competition and for County and Regional Club Days.

—Donated \$50 to the Cheyenne County EMT fund for the purchase of new pagers.

—Donated \$50 to the Cheyenne County EMT fund for the purchase of new pagers.

Lawn Ridge 4-H'ers are learning about reducing costly accidents and working to tell others to drive safely.

# Table setting class is a hit

by Joan Istas

4-H'ers learn how to plan a menu and set a table in the table setting class at the Riley County Fair.

Though offered in Riley County for the first time this year, the idea is an old one, says Amy Good, one of this year's judges in the table setting class.

"I did this when I was a kid in 4-H. We called it the Favorite Food Show."

Good, who grew up in Sherman County, remembers that the Favorite Food Show was fun.

It's also a place to learn how to set a table, about the suitability of the menu to an occasion and about nutrition. A child has to think about food groups and nutrition to plan a menu, Good says.

"This kind of balances the whole foods project."

When judging the Riley County show, Good considered the suitability of the table setting to the individual and the occasion, the general table appearance, the 4-H'ers knowledge of table service and meal planning, nutrition and calories.

The menu planned should have balance of color and texture. The exhibitor's attire should be appropriate to the setting, Good says.

4-H'ers 13 years and older were required to present the cost of the menu planned and prepare the meal. Younger kids had to set the table and plan the menu.

Nine-year-old Rebecca Dikeman of the Bonfire 4-H Club planned a menu of broiled pork chops, dressing, buttered green beans, orange carrot salad, dinner rolls, mixed fresh fruit and iced tea. She selected pork chops for her main course because pictures of pigs decorate the plates she chose.

Rebecca, who is enrolled in Quick Meals, says she learned how to plan a meal and where to put the place setting by participating in the contest.

Annette Kiser of the College Hill 4-H



The judge talks with DeLoss Jahnke about his table setting.

Club, selected foods she'd made before — baked chicken, baked potato, tossed green salad with mayonnaise, bread, cherry cobbler and milk — for a 777 calorie dinner.

Annette used her mother, Janet's, best China for the place setting and pink flowers for the centerpiece. She came attired in her good dress for the judging.

By participating in the contest, Annette learned where to put the salad plate and how to match colors when selecting a centerpiece and table setting.

Thirteen-year-old DeLoss Jahnke of the Leonardville Hustlers 4-H Club, also found the table setting competition a learning experience.

"I didn't know where to put the silverware. I got a lot of satisfaction out of participating," DeLoss says.

DeLoss, who is enrolled in dairy foods and All American Foods, chose to serve

## He recognizes 4-H'ers

Elk County Agricultural Agent Kellie Parr recognizes all 4-H club members in the county at least once each year by

breakfast because that's his favorite meal of the day and it's an important meal.

Shannah Alloway, who is a seven year foods project member, entered the table setting class because it is new and because she wanted to learn how to properly set a table.

"We don't do table setting at home," she says.

Shannah spent two days planning and preparing the table setting and meal. She made her own centerpiece. Estimating the cost of the meal was the most difficult part of the project, she says.

Shannah's breakfast of toast, cereal, milk, orange juice and banana contained 675 calories and cost 59¢.

Shannah says she'd probably participate in the contest again and encourages others to do so. "You learn a lot," she says.

listing their name and birthday in the 4-H newsletter in the month it occurs.

## Community leaders get help over lunch

Dickinson County 4-H Agent Anita Conley helps orient new community club leaders to the county 4-H program by meeting with each one over lunch.

She makes the luncheon appointment at the convenience of the leader and spends two hours getting acquainted with the leader and discussing the role of the community club leader.

Topics include how giving demonstra-

tions and project talks improve speaking skills, the five life skills and how they fit into the club program, officer's training, how to work with parents and leaders, county-wide events, parents' committees, county-wide events and correspondence.

Conley met with nine leaders last year. Dickinson County has 18 4-H clubs.

A three inch thick notebook compiled

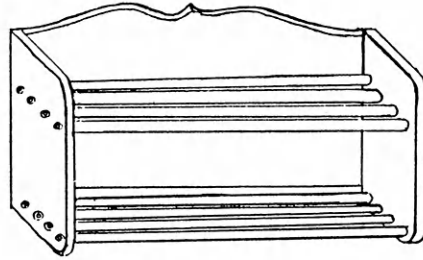
by Conley which tells about the community club leader's role is being presented to community leaders for the first time this year.

Conley says it is important to welcome and get acquainted with new community leaders.

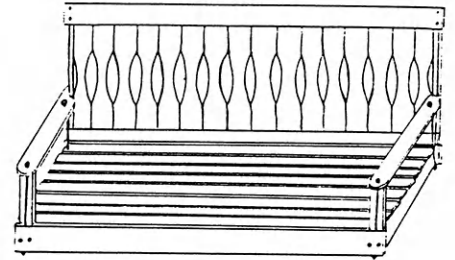
"The community leader is the key to a successful community club," she says.

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# Stockman's contest

A Stockman's Contest at the Wilson County Fair supplements and enriches the experience of the show ring for 4-H club members and FFA members.

The contest, which was developed by Wilson County Agricultural Agent Tim Beck, includes two meats judging classes, a livestock judging contest, a showmanship contest, a 20 question quiz on livestock and two retail classes concerning livestock.

Six classes on cattle, sheep and hogs are judged. No reasons are given as the contest is just one part of the Stockman's Contest.

The showmanship contest includes showing of sheep, swine and beef and the round robin contest.

A retail class may be on judging of forages or identifying 10 pieces of equipment used when working with livestock.

Questions that may appear on the 20 question quiz are: Why do you vaccinate your lambs for overeating? What are some of the high priced cuts of meat in

cattle? Why do you feed roughages to cattle?

First and second places are awarded in two divisions in the Stockman's Contest: Junior (7 to 12 years) and senior (13 years and older). An adult contest also is held.

About 40 to 50 people annually participate in the contest.

The Stockman's Contest puts a definite emphasis on what you know, Beck says. Livestock shows are important but we need to build on them.

Live placings, gain and carcass data are considered in judging for an overall 4-H livestock award at the Wilson County Fair.

Blue, red and white ribbons are awarded in each of the three categories and points compiled to determine an overall winner, says Beck.

"I like it; we have more winners. It puts emphasis on production and balances the biases of the show ring."

## Scholarship applications are due

Applications for the Union Pacific and Roscoe and Winona M. Starkey Scholarships are due in the state Extension 4-H and Other Youth Programs Office by Dec. 1.

Applications must first be approved by the county Extension office.

Kansas 4-H'ers and FFA members are eligible for the scholarships.

Fifteen \$500 Union Pacific Scholarships are offered to those who live in a county served by the Union Pacific Railroad. Eligible counties are Brown, Cloud, Dickinson, Doniphan, Douglas, Ellis, Ellsworth, Geary, Gove, Graham, Jackson, Jefferson, Leavenworth, Lincoln, McPherson, Marshall, Mitchell, Nemaha, Osborne, Ottawa, Pottawatomie, Riley, Rooks, Russell, Saline,

Shawnee, Sheridan, Thomas, Trego, Wallace, Washington and Wyandotte.

4-H'ers must have completed three years of 4-H work and be in the upper 25% of their high school graduating class. Selection is based 40% on scholastic standing; 40%, project work or supervised farming program, records and story; and 30% character, interest, qualities of leadership, community and extra-curricular activities.

The Starkey Scholarship provides \$750 for a Kansas youth who has completed two or more years of 4-H work in a traditional community club or project club or is an active FFA member. The youth must be currently involved in some aspect of farming or ranching, be in the upper one-third of his high school graduating class or have earned a college grade point average of 3.2

Leadership ability and financial need must be shown. Recipients must enroll in an accredited four-year college or university.

Applicants must be a high school senior, college freshman or sophomore.

A complete listing of state, county and national 4-H scholarships will be published in the January issue of the *Kansas 4-H Journal*.

Establishing and maintaining scholarships is a service of the Kansas 4-H Foundation.

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# Sunflower project recruits 4-H'ers

The sunflower project is recruiting kids for the Harvey County 4-H club program.

Implemented through Harvey County schools for the first time this year, 25 participants have indicated an interest in joining a 4-H club and a new club is being started in Burrtown, a small community of about 1,000 people.

Thirty-two people attended the

organizational meeting for the Burrtown community club and three adults were named community leaders. One community leader has been active in the 4-H program and the other two are new to the program.

The club will meet on the first Monday of the month. Flyers recruiting 4-H club members will be distributed in the Burrtown school before another meeting is held.

According to Harvey County 4-H Agent Cindy Siemens, 2500 flyers were distributed to all first through sixth graders in the Harvey County schools. 191 youths indicated an interest in growing sunflowers. Of these, 40 were community club members.

Seeds were distributed to these 191 and during the summer four letters mailed to participants telling about growing sunflowers, about the 4-H community club program and inviting youths to participate in a coloring contest. Participants also were encouraged to exhibit their sunflowers at the county fair.

Prize money of \$5, \$4 and \$3 were awarded in two categories — first

through third graders and fourth through sixth graders — for the tallest sunflower and the sunflower with the largest circumference.

Eighty-five stalks and 70 heads were exhibited by 125 youths.

Following the county fair, letters were mailed to sunflower project participants congratulating them and inviting them to join 4-H. Some projects were listed and youths asked to check those they were interested in. Information about community clubs also was enclosed.

Thus far, 25 kids have indicated an interest in joining a community club.

A letter was immediately mailed to these youths telling them about the 11 4-H clubs in the county, where and when they meet and names of community club leaders.

Community leaders also are informed of youths in their community who are interested in joining 4-H and encouraged to contact them.

A county enrollment fair will be held this fall to recruit additional club members.

## County scholarships awarded

Leanna Rierson of the Elk County Grenola Jayhawkers 4-H Club has been named the recipient of the 1986 Elk County 4-H Scholarship.

Leanna won the \$500 scholarship based upon her 4-H project and club work, leadership, citizenship and com-

munity service.

Leanna is president of her 4-H club, 4-H Council treasurer and vice president of Junior Leaders. She plans to major in electrical engineering at Wichita State University this fall.

## Harvey County photo team wins

The Harvey County photography judging team of Amy Willson, Brian Street, Suzanne Klenke, David Klenke, Amy Stubbs and Chad Brown captured first prize in the Kansas State Fair

photography judging contest.

Cy Brown coached the team. "The kids really worked hard for this honor," says Harvey County 4-H Agent Cindy Siemens.

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# 4-H roundup

The Marshall County Wide Awake 4-H Club is sponsoring the Robert Mayer memorial plaque in memory of Mayer, a former club member and leader. Mayer, who was killed in a farm accident, was a national achievement winner.

The contest is open to all club members in the county who write a brief essay on one of the following topics:

- \*What 4-H means to me
- \*What part 4-H has played in my family
- \*How 4-H has helped me
- \*What 4-H means to my family and me
- \*4-H has taught me many important things
- \*4-H has made me a better person because ...

Four Wyandotte County 4-H club members participated in a ceremonial run to escort three large murals to their new home at the Agricultural Hall of Fame in Bonner Springs.

4-H club members and Future Farmers of America carried and passed a staff of wheat as they covered the 15 mile route alongside the truck carrying the mural from the City Hall in Kansas City, KS, to the Hall of Fame.

The three 11 by 11 foot murals depict the past, present and future.

Runners were greeted by mayors in the cities of Bonner Springs, Kansas City, KS, and Kansas City, MO.

The run was publicized in two Kansas City, KS newspapers.

— Ginny Swanson

Harvey County annually sponsors a regional photo show for Harvey, Sedgwick, McPherson, Reno, Marion and Butler counties.

The show is held to encourage kids to take pictures, says Cy Brown, who organized the show six years ago.

4-H'ers judge photos, view slides and listen to speakers.

The Finney County 4-H Foundation annually raises funds for the county 4-H program with a membership drive. Individual memberships are \$10; family memberships, \$15. The club which obtains the most memberships is treated to a pizza party.

The Stringtown Bombers 4-H Club of Coffey County helped the Coffey County Historical Society celebrate Kansas' 125th birthday by making and serving 17 freezers of homemade ice cream at the society's fun festival.

Club members and parents had fun freezing and serving the ice cream. This was the club's community service project.

— Anita Allen

The 500 4-H club members in Reno County exhibited about 2,300 exhibits during the Reno County Fair Aug. 4-7.



Lon James, Jodi Musselman and Mrs. Leon Musselman of the Clay County Alumni Association, accept a flag donated to the alumni association by Mr. and Mrs. Herb Mugler. A flag pole also was donated to the association by Mr. and Mrs. Fred Schoenweis, rural Clay Center. The pole was erected at the Clay County Fairgrounds. The alumni association was organized about a year ago to support the county 4-H program. (Photo courtesy of the Clay Center Dispatch.)

Haskell County Home Economist Kit Griffin is trying to build up interest in the clothing project by holding county-wide meetings for 8- to 19-year-old 4-H'ers enrolled in the clothing carousel project.

Meetings feature guest speakers and a lot of field trips.

Seventeen project members recently participated in a mini exchange with a modeling club in Amarillo, Texas. Haskell County community club members traveled to Amarillo to meet with the modeling club. Modeling club members model free for stores, for newspaper ads and in fashion shows.

"The exchange was a fun and different kind of experience," Griffin says.

4-H'ers are encouraged to complete a notebook for the fair and learn to mix and match garments.

"I hope to teach the kids skills they can use later in life," Griffin says.

A county-wide Foods Lock In was rated a success by the 25 Finney County 4-H club members who attended.

Most who attended were younger club members, though some older 4-H'ers helped with the lock in.

4-H'ers participated in a food quiz bowl, made fondue snacks, learned to eat with chopsticks, went on a scavenger hunt at a local grocery store and viewed the film, "The Chocolate Story."

In the scavenger hunt, 4-H'ers compared the prices of green beans, named a spice they'd never heard of before, identified two different kinds of apples, named four different kinds of cheese, identified the main ingredient in rice and compared the price per ounce and caloric content of items.

The Happy Harvesters 4-H Club of Marshall County distributed window safety stickers to people at the county fair as a safety project.

The stickers identify windows of rooms where children and invalids sleep. Thus, these people can be reached more quickly in case of a fire or another emergency.

Club members also answered questions and passed out pamphlets about seat belts and fires at a club booth at the 4-H building.

—Bobi Huddleston, reporter

Learning by doing is what 4-H is all about. Members of the Mitchell County Hunter 4-H Club bucket calf project members learned by doing at a project meeting on grooming a calf.

Leaders provided calves, equipment and instructions and each 4-H'er tried his hand at grooming a calf.

—John Keller, reporter

Gina Gurley of the Caney Pioneers 4-H Club in Montgomery County was awarded a medal for having the top secretary's book in the county. Don Edwards, Busy Band, was second and Salesa Smith, Rambling Rangers, third.

Fifteen teams from the four counties of Pottawatomie, Riley, Geary and Clay participated in a home economics bowl in Wamego.

Contests were held for juniors, under 12 years of age, and seniors, 12 years of age and up. Each county that participated submitted two rounds of questions.

Six teams participated at one time. A round consisted of 30 questions or a 15-minute period, whichever came first. The contest was double elimination.

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