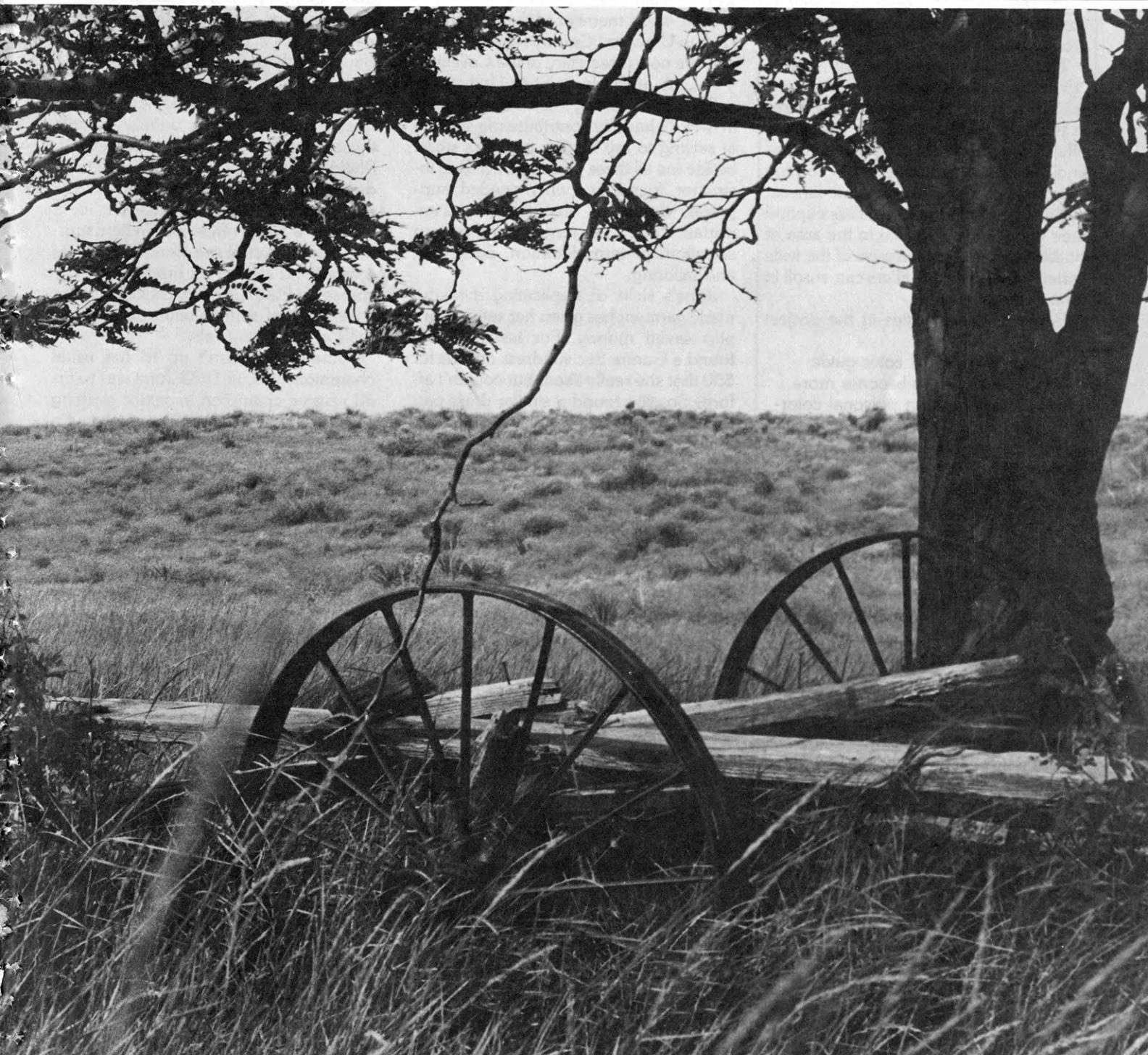


Kansas 4-H Journal

The Family Magazine

May 1984



Featuring Northwest Kansas

Clothing Classics

by Marilyn Stryker
Extension Specialist, Clothing

Where can a 4-H'er learn about building a wardrobe, choosing accessories, improving sewing skills? The new 4-H project, Clothing Classics, offers a variety of clothing-related opportunities including learning to choose becoming colors and designs as well as tips for caring for clothing and good grooming habits.

This project was formerly called "Creating Your Wardrobe." The new project is one of the most exciting phases in the 4-H clothing program because it offers many new ideas, project activities and project requirements. Clothing Classics offers challenging and fun activities that will help our 4-H'ers expand their knowledge and skills in the area of clothing and textiles. Because of the wide variety of activities, 4-H'ers can enroll in it for several years.

Some of the activities in the project include:

- Making a personal color guide where the 4-H'ers become more aware of their own personal coloring of hair, skin and eyes. The 4-H'ers will become more skilled in selecting attractive colors for their own wardrobes.
- Having an accessory swapping session. Members will wear a basic outfit and bring a variety of accessories to the meeting. As a group, they will draw from the accessory pool to complete everyone's outfit. A resource person could discuss the effect of line and design of accessories.
- Having a Sewing Olympics. Each 4-H'er is provided with all the materials to sew a simple item. They are evaluated for speed and quality of work.

Clothing Classics is designed to build on previous 4-H clothing projects. This advanced project should be taken after Clothing Speaks. This project will also help 4-H'ers acquire the life skills of learning to make decisions, building self-confidence, developing an inquiring mind, relating to others, and developing concern for others. The clothing items a 4-H'er may make in Clothing Classics are important, because their value is in the fact that they are a tool for helping 4-H'ers develop these life skills.

State clothing winner fits sewing into college schedule

June Rickman's recognition as the 1983 state 4-H clothing winner tells you that she's an outstanding seamstress, but her total 4-H record indicates that she's also an experienced leader and has branched out into other 4-H projects including foods, photography, woodworking and car maintenance.

June was a member of the Girard 4-H Club in Crawford County for eight years and she now is secretary of the Collegiate 4-H Club at Pittsburg State University.

She's been sewing since her early years in 4-H. "I have to contribute my success in sewing to my mother who has stood beside me all these years and acted as instructor, friend, and when needed, supporter," June says. She's learned the importance of proper material and pattern selection, pattern alteration, designing, and tailoring.

June's skills of duplicating a ready-made garment has given her satisfaction, plus saved money. For instance, she found a Gunne Sac sundress on sale for \$50 that she really liked, but couldn't afford. So, she found a similar dress pattern and changed it by taking off the top and sleeves and adding shoulder straps. June also reduced the gathering in the skirt and lined the bodice because the fabric was sheer.

Another project which involved working with many types of trim was a drum majorette uniform. June's also made her own designer jeans, a velvet jacket, two 100% wool suits and two swimsuits. She says her most challenging project was a

suede jacket.

June has worked with young 4-H members in the clothing project and has helped her brother make a shirt. On a wider scale, she's been a member of a team that presented a talk entitled "Teenager, Who Are You?" which was about clothing styles and colors that suit the individual. She and Melissa O'Toole gave the talk at county and regional club days and then were asked to present it at the district FHA convention for an audience of nearly 300 people.

Like many teenagers, June's schedule these days leaves less time for sewing. She'd always done most of her sewing during the summer, but last summer she went straight from graduation to a 40-hour a week office job. When summer school started she worked 32 hours a week and carried six hours of college courses at Pittsburg State University. The college co-ed softball team needed her skills at third base, also.

Although it wasn't up to her usual championships, in 1983 June was named reserve champion in senior clothing construction and reserve champion in the style review. The biggest thrill of 1983 was being named the state 4-H clothing winner and attending National 4-H Congress in Chicago.

June looks back on her 4-H years with pride and says she recalls a lot of happy memories. "In the future, I plan to return to 4-H as a leader and to encourage my children to become active members," she says.



June Rickman remodels a blouse she made several years ago.



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Cover: Diane Schemm, a former member of the Smokey Valley 4-H Club in Wallace County, took this photo during her first and last year in the 4-H project. Diane says she regrets not enrolling in photography earlier. She now is a student at Colby Community College where she is studying graphic arts and photography.

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Strengthening county fairs

by C. R. Salmon, Jr.
Assistant Director of Extension, 4-H — Youth Programs

I am a strong believer in county fairs and the part they play in 4-H. County fairs are important because they are an informal educational method for teaching adults and youth the latest trends in livestock production, baking, farm implements, leadership, clothing construction, etc. County fairs make learning fun.

Secondly, the county fair allows 4-H members to celebrate. A fair is to the 4-H'er as the Friday night game is to the high school football player. 4-H depends on the county fair to help recognize its members for selecting, carrying out and completing their projects. The county fair is the "icing on the cake" for 4-H members.

Thirdly, the county fair, as I know it, brings families together. I vividly remember a mother and father who lived in one of the counties where I served as an Extension agent. This couple spent most of their free time going to one dance after another and leaving their two daughters at home with babysitters. Don't get me wrong -- I love to kick up my heels as much as anyone, but these parents were not spending time with their children. This all changed when they purchased their first Polled Hereford heifer and started participating in area fairs and livestock shows. They started doing things together and growing as a family.

County fairs provide opportunities for families to set goals, such as preparing a blue ribbon exhibit. Families overcome a crisis or solve a problem together, such as patching the chocolate cake which slid off the back seat onto the floorboard, or deciding what to do when the 'ol steer looks drawn and gutted 30 minutes before show time. Fairs also give families a chance to celebrate together. The bottom line is I think we would have fewer broken homes and less single parent families if more families actively participated in county fairs.

Since county fairs are such an important part of 4-H, we need to think about how they can be improved to enhance and support 4-H participation.

1. We need a two-way flow of decisions and information. We need to involve each other in planning and developmental committees. County fair boards should include 4-H members, adult 4-H volunteers and a representative from the county Extension staff. Plus, the County Extension Councils, County 4-H Councils and/or local 4-H Club Parent Committees should have representatives from the county fair board.

By working together the groups can support each other's goals. For example, if a county 4-H program is expanding its emphasis on small animal projects, such as rabbits, poultry and dogs, a fair board member or officer might suggest that the county fair offer a new class or classes to support the county 4-H program goal.

2. I think fairs should offer a variety of levels of competition, so that participants can choose the level of competition in which they feel most comfortable. The levels which I believe all fairs should offer are: a) competition which places one child

(cont. on page 14)

Northwest Highlights

Jim Adams is the Northwest Area Extension Specialist for 4-H and Youth. From his office in Colby he works with agents and volunteers in the 21 Northwest counties. Adams has held this position for nearly eight years. During the five previous years he was the county Extension agricultural agent in Atchison County.

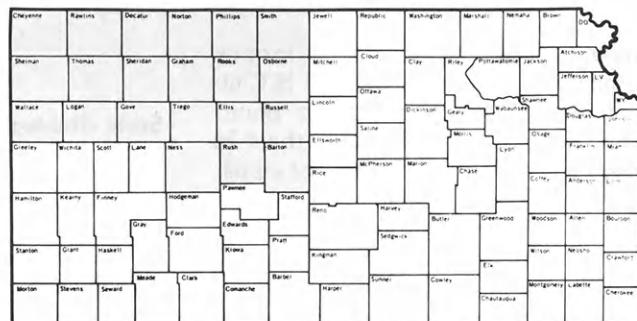
"The people in Northwest Kansas are great to work with. They're willing to try new things which helps me as I initiate new 4-H programs," Adams says. He points out that the Northwest Area counties are leaders in establishing outdoor education programs. 4-H'ers participate in backpacking expeditions, trail rides, canoe trips, river rafting and ski trips. "We try to set a pattern by organizing an area-wide activity and then counties can pick up on those ideas if the interest is there," he said. Adams is proud of the day camping programs offered in Northwest Area counties. "For the last two years every county in our area has held at least one day camp and some counties have had two or three each year," Adams says.

Adams also compliments the agents in the Northwest Area for their participation in Discovery Days. "Many of our agents volunteer to teach Discovery Days classes," he says. Also, most counties are working with the volunteer management system. In fact, three counties have sent representatives to regional or national volunteer management conferences," Adams says.

Adams describes himself as a "sports nut." Despite the distance from Colby he tries to attend most K-State ballgames. Whatever the season he usually is a member of at least one local team. He also enjoys hunting, fishing, gardening and playing with his baby daughter.

Rawlins County: July 1985 will mark 25 years that the Beardsley Beavers 4-H Club has sold fireworks for their money-making project. After conducting community suppers for several years as money-making projects, the club started selling fireworks in McDonald, June 27, 1960. It was suggested by their leader, Vera Kacirek, who resigned in 1981 after 20 years of leadership. The first year of selling fireworks was rewarded with \$100 profit. Through the years the fireworks stand has grown from a small table display to a permanent building at the edge of McDonald, with shelves and tables inside to show the items. The members have painted the building and performed annual maintenance. During the eight legal selling days, June 27 to July 5, the club members anxiously do the selling with the help of a parent.

It is a very successful project and a fun one! One year the club made over \$800 profit. Mrs. Joe Kramer writes that the money is used to buy gifts from the 4-H catalog for the club officers. Also, the club donates to various organizations such as the local ambulance fund, the Heart Fund, Cancer Society and the Kansas 4-H Foundation. In addition, the club hosts a supper to show appreciation each fall to livestock buyers and others that have helped the members during the fair in July.



Twenty-one counties are in the Northwest Area. Three of the counties border Colorado and six counties border Nebraska. 1983 statistics indicate that 2,831 youth are members of 136 4-H clubs. Total 4-H participation in the Northwest Area involves 7,094 youth. Over 1,000 youth participated in Extension-sponsored day camps last year. Arts, clothing and foods are the most popular 4-H projects.

Cheyenne County: Happy Larks 4-H Club sponsored an Easter Egg Hunt for all the children in the community as part of their People to People project. Tobe Eggers writes that 100% of the club members attended county 4-H days. The club presented a model meeting and many individual talks and demonstrations.

Cheyenne County: Yvonne Eggers, LABO coordinator, writes that several "special" families have volunteered to host a LABO youth from Japan during the month of August. The families include: Loren and Marge McCrory, Jim and Ruth Miliken, Scott and Nancy Scholtz, Ron and Libby Curry, Doug and Charlene Busby, Roger and Myra Douthit, Henry and Billie Hilt and Hazel Douthit. These families will be guests at a Japanese supper and orientation session in May.

Wallace County: The annual county-wide Favorite Food show attracts participants from three age groups: 7 to 13 years (juniors), 14 to 18 years (seniors), and adults. Cooks may enter any two of the 11 categories, ranging from snacks and drinks, desserts and breads to meat dishes.

Alicia Unruh, a 4-H participant, says, "After you decide what category to enter you need to choose your table decorations. The centerpiece may be anything you like, but it must go along with your menu. You may also use any type of table setting, ranging from china to paper."

any type of table setting, ranging from simple to paper. Each prepared product must be accompanied by an 8" x 11" self-standing recipe card and another card showing the menu. Judging is based on the table setting and centerpiece as well as the quality of the food product. "If your product is eaten hot, make sure it is hot when served to the judge, and if it is supposed to be served cold, it must be served cold for the judge," Alicia says.

Northwest Highlights

Wallace County: The Da-Lite Field Day and tour gives the members of the Harrison Endeavors 4-H Club a bit of early morning fun and work, writes Marilyn Fischer. For the past 12 years, the club has served the Da-Lite Breakfast for the men and women who tour the wheat plots in our county. For the 4-H leaders and members, the morning starts at 5:00 a.m.! Coffee is perking, sausage is frying, and tables are set.

When the tour participants arrive at about 6:30 a.m., pancakes are cooking and eggs are frying. Twenty-five to thirty hungry people are served an "all-you-can-eat-meal" for free! This annual community service project is co-sponsored by the local cooperative and the County Extension Service.

Norton County: Ethel's Sugar Cookies, Popcorn Nibbler, Granola Fruit Bars, Filled Cupcakes, Busy-day Cake, Spicy Chili and Rice, Chocolate Torta Roll, Butterhorns and Cream Puffs were some of the favorite foods prepared and exhibited by thirty-three 4-H'ers at the annual Favorite Food Show held in Norton County, Saturday, January 28.

Each 4-H'er prepared a favorite food and exhibited it with tableware and table decorations to compliment the food. Each 4-H'er had a consultation session with a judge to discuss preparation techniques, nutritive value of the food and the selection of tableware. Three judges met with 4-H'ers so the judging could be completed in one hour.

Norton County: The Prairie Dog 4-H Club is a growing club which is a vital part of two communities. Most of the members live in Clayton or Norcatur, two communities located near the Norton-Decatur line.

Kyle Vanover, club president, says the club has 21 members -- an increase of seven over last year. The club hosted a skating party to acquaint prospective members with the 4-H program -- and it worked! "With an average member age of 11, we're a relatively young club," Kyle says.

The club sponsors a rabies clinic every other year to make it more convenient for local people to have their pets vaccinated. Galen Wentz says that the club hires a veterinarian to come to Clayton and give the rabies shots. "We usually have around 30 animals brought to the clinic," says Steve Brooks.

Another club tradition is the annual ice cream social. People from both communities come to enjoy the homemade vanilla, chocolate, orange and strawberry ice cream. The club doesn't charge for the ice cream, but donations usually exceed \$100.

In October, the club members participate in a church service during National 4-H Week. At Christmas time, club members remember the senior citizens in the community by delivering about 20 cheer baskets. Afterward, the club usually has a soup supper, then a gift exchange and games.

Norton County: The Busy Beavers 4-H club looks forward to sponsoring a summer story hour at the Public Library for pre-school children each August.

The Reading for Enjoyment project members select a story that can be acted out with costumes and characters. The story is then staged and narrated. Other talent numbers including clowns, dancing, magic acts and puppet shows are used to entertain pre-schoolers. Between thirty and forty children enjoy this community improvement project of the Busy Beavers.

Dean McEwen reports that plans for the 1984 story hour include the acted narration and a petting time. Several members enrolled in the cat, dog, dairy goat, bucket calf, rabbit and poultry projects will share their projects. It's sure to be THE HOUR of STORY HOURS for the Norton Public Library.

Norton County: Members of the Solomon Valley Hustlers 4-H club hosted a super Senior Citizen's Christmas party last December for the third year in a row. Every senior citizen from Edmond and the surrounding neighborhood was invited. The boys and girls joined in singing Christmas carols followed by an afternoon of playing bingo. Prizes were awarded and a snack of cookies, coffee and punch was served. The girls in the Arts & Crafts project made felt Christmas boots, placed a coffee can inside and filled them with delicious homemade cookies. Each senior citizen received one. Debbie Riemann writes that this party was enjoyed by senior citizens and 4-H'ers alike.

Norton County: The Cedar Ridge 4-H Club has a 50-year heritage. To celebrate their anniversary, the club hosted an open house last summer. Four charter members and former county Extension agent Gene Schafer, were present. The charter members were Hubert Geil, Almena; Max Thompson, Wichita; Bob Thompson, Almena; and Margie (Delimont) Roberts, Ravenna, Nebraska.

Margie Roberts is credited with starting the club in January, 1933, which makes the Cedar Ridge Club the oldest 4-H club in Norton County. The community leaders at that time were Mrs. George Delimont and Alvin Delimont.

There have been approximately 290 members during the last 50 years. Former members and former leaders attended the open house where they had a mock 4-H club meeting and told how 4-H had enriched their lives, and how the organization has changed over the last 50 years. These former 4-Hers now work in a variety of occupations -- medicine, law, teaching, accounting, finance, farming, homemaking and piloting.

Beverly Kindler, present Extension home economist, closed the day's festivities by expressing how 4-H develops one's skills and offers many challenges to today's youngsters. She encouraged everyone "to make the best better."

Northwest Highlights

Norton County: "Let's go to the cake walk. I want to try the dart game. How about some popcorn and a snowcone?" These are sounds heard at the October meeting of the Busy Jayhawkers 4-H Club.

In order to get enrollment cards filled out and turned in, the leaders planned an Enrollment Fair and Carnival. The evening started with a Halloween parade, followed by the business meeting. After the business meetings, project leaders set up tables and displays and were available to help the members fill out their enrollment cards and encourage them to try new projects.

Mrs. Dean Sprigg reports that when enrollment was completed, everyone headed for the carnival. Members, leaders and parents all enjoyed the dart throw, softball and basketball throws. Everyone but the "target" enjoyed the wet sponge toss, also. The cake walk served as a money-making project. Refreshments of popcorn and snowcones were served. Everyone agreed that it was a very enjoyable and worthwhile evening.

Thomas County: Members of the Abilene Hustlers 4-H Club brightened two holidays for servicemen stationed overseas. Karen Morrison, community leader, writes that 40 Christmas cards and 30 valentines were sent with a letter in each card. Six 4-H'ers were pleasantly surprised when they received replies from the servicemen. Mrs. Morrison said the club learned about the Armed Forces Mail Call from an article in the October Kansas 4-H Journal.

Thomas County: The Brewster Prairie Gem 4-H club recognized their club's 50th anniversary all year-long. The celebration began in March when the club presented an original skit for county club days. The skit, entitled "A Gem of an Idea," chronicled the club's history in ten-year intervals. Actual names of former club members were used, as well as events and projects during those eras. Early in the year club leaders began the task of locating names and addresses for former members and leaders. Since two other clubs had merged with Brewster Prairie Gems -- Brewster Boosters and Brownville -- those former members were included also. The celebration was scheduled to coincide with Brewster Schools Homecoming, September 24, because many people would be attracted to both events. Three hundred postcards were sent and notices were published in local newspapers and broadcast on TV and radio stations.

Nine charter members from the three clubs were among the 112 guests. Mrs. Jennie Engel writes that the event was such a success that several people recommended a similar celebration every 10 years.



Participants in the Russell County Jell-O snarfing contest come up for air before diving into the plates again.

Russell County: Always looking for different ways to have fun, Russell County 4-H'ers put on an indoor carnival, Winterfest, each January. The cold wind may blow and snowfall may close I-70, but residents of Russell County enjoy food and games such as ping pong pool, a fish pond and the softball throw. The shaving cream booth was a cinch, if one could shave a helium balloon coated with shaving cream.

Tickets were sold for 10¢ each at the door. Activities cost about four tickets each. For a little money, a family could have a lot of fun and the proceeds supported 4-H club programs.

In its third year, the sweet and sticky gelatin-eating contest was sponsored by the 4-H junior leaders. The objective was to snarf down a plateful of the red delight as fast as possible. The junior leaders prepared 30 boxes and all were slurped up. Bob D. Miller officiated and awarded Ian Dolven champion with, yep, you guessed it, a box of Jell-O.

Russell County: Vet Science -- sounds like a complex, difficult subject? Not really, if you're in this 4-H project in Russell County. Hands-on learning is the principle behind the project club organized by local veterinarian, Dr. Charles Stinchcomb.

4-H'ers enrolled may see demonstrations on artificial insemination, setting a dog's leg or any other phase of animal medicine. In addition to demonstrations in the clinic, the youth choose a topic, such as dehorning cattle, and write a story. A booth at the county fair shares what was learned with the public.

This spring, 19 Russell County 4-H'ers and parents traveled to Manhattan to the Kansas State University College of Veterinary Medicine Open House. The youth toured the complex and were able to stick their hands inside a cow, view the gross anatomy department and ask lots of questions.

Membership continues to increase, and several youth have chosen careers in animal medicine because of their 4-H vet science experiences.

Northwest Highlights

Trego County: Darren Sherick, reporter for the Ogallala 4-H Club, writes that people-to-people and community service projects keep the 40 club members busy all year. December was an especially busy month, with four projects underway at one time. Santa and junior leader elves paid a visit to the club's December meeting where they distributed 70 sacks of goodies to children in the community. The club also collected canned goods and gave a cash donation to the Ministerial Alliance transient aid program. This program is for travelers seeking aid and is administered by the local police department. Club members also sent Christmas cards to "Little Buddy," a young boy dying from leukemia who is hoping to make the Guiness Book of World Records by receiving the most Christmas cards ever sent to one person.

The club hosted a Christmas party for children in a local family whose home had been destroyed by fire. Each 4-H'er gave gifts to fill two large stockings and money from the club treasury was used to purchase gifts for the two small children to replace treasured items lost in the fire. Each month the club has a committee to prepare tray

favors for the residents of the Heartland Manor and long term care unit at the local hospital. These projects were financed with profits the club made serving lunch at a local horse show.



Reverend Floyd Starr (left) accepts a donation from Ogallala 4-H Club treasurer Eric Weigel for the transient aid program. Police chief Kenneth Roy (right) takes the canned goods which club members contributed.

Bucket calf project included in textbook

by Corby Kneedler
Country Clovers 4-H Club, Sherman County

7:00 a.m. -- feeding time. 12:00 p.m. -- feeding time. 6:00 p.m. -- feeding time. Boy, it's not easy raising a baby! Thank goodness I don't have to burp her! She eats like a cow and has the manners of a pig. I can't wait to wean her from the bottle -- she drinks over a gallon of milk a day. In six months she'll probably eat me out of grass and corn. It's going to be hard to find anything to go with her red hair.

Suzy was born on April 13, 1983 in the evening and I became her parent on April 14 when my Dad and I brought her home in the front seat of a 1978 Ford Courier. Here we are -- my Dad, Suzy, and I -- all in the front! Boy, what a sight!

That's when it all began -- my opportunity to raise a beefmaster Charolais heifer. As a first year 4-H member, I enrolled her in the bucket calf project. I fed her, got mad at her when she wouldn't lead, and loved her for being my friend. When fair time came, Suzy and I did our best and received a first red. I thought we would do better but it wasn't until after the judging that I realized that Suzy was ill, very ill. We called the vet and Suzy had to take two of the largest pills I have ever seen. I knew she hadn't been acting like herself, but Dad said that it was just because of the change in atmosphere and all the people. I almost lost her and I felt awful. Today she weighs over 700 pounds and acts more like a pet dog than a cow.

I am enrolled in the bucket calf project again this year and plan to show Suzy in the breeding class this year. With Suzy's help, I plan to start my own herd.

An additional honor was presented to Suzy and I when we had our picture taken by Mr. Alec Duncan, a professional



Corby Kneedler (left), Suzy, and John Golden, a Sherman County commissioner, staged this award presentation photo for a social studies textbook.

photographer representing Lorna Cogswell Mason, editor for Harcourt Brace Jovanovich, publishers in San Francisco. Mrs. Mason is originally from Goodland and she is working on a social studies textbook. She wanted to include information on rural America so she thought of including photos of 4-H'ers working with animals. So, in 1985, Suzy and I will appear in the Social Studies Level Four textbook. Wow -- what an experience! See what 4-H can do for a person!

First class graduates from 4-H Leader's College

Congratulations, 4-H Leader's College graduates! Whatever their motivation — a desire for new ideas or a search for a cure for wiggly, squirmy, bored 4-H members — 61 adults are the first graduates of the Kansas 4-H Leader's College. Those who graduated have spent four full days and at least one overnight completing four Leader Learning Labs.

The Leader Lab participants are 4-H community leaders, first-time project leaders, couples, teachers, Extension agents, farmers, mothers of young children, etc. — but they all have one thing in common — a desire to become more skilled in working with youth. Some of them spent four years completing the series of Leader Labs and others did it all in one year. They came to learn how to help 4-H members get more out of 4-H experiences. In the process, they

shared with each other and developed friendships and a support system that will continue to flourish.

Leader Labs have been offered in a variety of locations throughout Kansas by Marcia McFarland, state Extension specialist for 4-H and Youth. "I was so impressed with the participants' interest and dedication. We require that people spend the night before the first Leader Lab and I remember one man who spent the night, got up the next morning at 5:00 to go feed his hogs and was back in time for our breakfast meeting," McFarland said.

The Leader Learning Labs were designed to offer some new ideas and new alternatives for making 4-H club meetings more meaningful and educational. Leader Lab I covered the importance of listening and responding skills. "We did a lot of group building exercises which participants could

take back to their own clubs," McFarland said. The second Leader Lab dealt with decision-making and goal setting skills. McFarland said that participants learned to define and recognize goals and then worked on techniques for involving a group in goal-setting. Identifying and clarifying values was the topic for Leader Lab III. "This is such an important topic because probably all leaders want to have some effect on forming kids' values. Since so many of our 4-H'ers are in the nine to 12 age bracket, we have a prime opportunity to influence their value formation at a time when it's especially meaningful," she said. The last Leader Lab covers celebrating skills — how to measure what a group has accomplished and how to recognize those achievements.

Leading isn't pushing children to another place—it is standing beside them where they are now—and opening doors so that they can discover their own possibilities.

The whole message behind the Leader Lab materials is to give the 4-H'ers ownership in their meetings and to allow them to do the planning. To do that, you've got to have skilled leaders who recognize the needs of the members, McFarland says. If the needs of the members are met through a traditional 4-H club meeting format which emphasizes parliamentary procedure, that's fine — there's no reason to change. But the membership in many 4-H clubs has shifted to younger members who may not necessarily attend school, church or any other community activity together. "No seven-year-old is going to gain much through an hour and a half of parliamentary procedure. But an activity like 'Who's Got the Ball?' teaches the lesson of one person speaking at a time and the other group members listening — and that's parliamentary procedure at the seven-year-old level," McFarland says.

Thirty years ago, when clubs were smaller and all the members lived in the same community, attended the same schools and grew up together, the roll call, refreshments and games served as the group building activities. "Now we need to make a conscious

effort to do group building activities — activities that help people know each other and build trust among the group members,” McFarland says. If members don’t trust each other they will be timid to speak out and participate in the meeting. She believes that kids have to be shown how to incorporate new people into a group, and group building activities are a way of doing that. As we become a global society and an even more mobile society, these skills will become more crucial.

“In the Leader Labs, a lot of alternatives were offered, but two concepts we really pushed were having a group building activity at every meeting and structuring the seating arrangement into a circle formation,” McFarland says. The circle arrangement forces eye contact and interaction. She recommends that parents are included in the circle seating arrangement.

Once club leaders saw that meeting formats could be more relaxed they asked for less rigid club reporting forms. Now clubs can set their own goals and evaluate their own progress. The Leader Labs will soon begin to “snowball” in another way. In July the 61 graduates will be invited to a training session at Rock Springs where they’ll learn how to teach the Leader Labs. McFarland envisions that teams of two leaders will offer the Leader Lab sessions to other leaders in surrounding counties. More than 200 other leaders have taken one or more of the four Leader Labs. These leaders will have the opportunity to finish the series.

“The greatest satisfaction is getting a call from a leader who has tried some of the techniques we discussed and hearing about his or her success,” McFarland says. To McFarland, success is learning. “At first it was hard for some of the leaders to accept the notion that when they let the kids make the decisions they had to allow them to fail. Whether something is a success or failure — it can still be a learning experience,” she says.

“When we started the Leader Labs four years ago, I had no idea if the people would come the first time, and then the big question was would they come back for three more times?” McFarland said. “I’m really proud of these 61 graduates and am expecting great things from them,” she says.

4-H Leader's College Class of '84

Phyllis Kriesel	Cherokee
Delores Landry	Cloud
Penny Morgan	Crawford
Sheila Smith	Crawford
Lindy Richardson	Douglas
Berny Pachta	Ellis
Kathy Staab	Ellis
Shelly Bowman	Ford
Sherry Polkinghorn	Ford
Stephanie Sue Swafford	Ford
Pat Winger	Ford
Jo Ellen Arnold	Franklin
Michelle Dunlap	Franklin
Kathy Schlotzhauer	Franklin
Jannie Johnson	Geary
Judy Hadle	Johnson
Lynne Matile	Johnson
Jerry Kuffler	Labette
Becky Adcock	Leavenworth
Nancy Anderson	Leavenworth
Charlene Edmonds	Leavenworth
Dorothy Klamm	Leavenworth
Jo Ann Seely	Leavenworth
Donna Wiley	Leavenworth
Mary Grosshart	Linn
Donna Lindell	Linn
Francis Lindell	Linn
Michelle McColm	Linn
Sharon Snow	Linn
Dolores Kaiser	Miami
Cindy Siemens	Miami
Lorraine Kilgore	Neosho
Naomi Simmons	Neosho
Ray Withers	Neosho
Lorraine Davis	Osage
Kathy Bowman	Pawnee
Joan Forrest	Pawnee
Stacey Warner	Pawnee
Darlene Imm	Phillips
Sy Nyhart	Phillips
Lois Bartley	Pottawatomie
Everett Budenbender	Pottawatomie
Carol Fink	Pottawatomie
Wilma Honig	Pottawatomie
Barbara Rezac	Pottawatomie
Maureen Burson	Riley
Bernice Parker	Riley
Alyce Jean Specht	Riley
Karen Wiltse	Rush
Kathy Popken	Russell
Roberta Deckert	Saline
Bill Fultz	Sedgwick
Mary McKenny	Sedgwick
Betty Rhoades	Sedgwick
Eldon Clawson	Shawnee
Marlene Ewing	Shawnee
Albert Clow	Thomas
Kirk Astroth	Southeast Area
Bill Borst	Northeast Area
Emily Mark	Northeast Area
Jim Adams	Northwest Area



Mrs. Jennie Carswell (far left) started a four-generation tradition with the Sumner 4-H Club when she became a leader in 1937. Her son, Harold, (center) was also a member and leader and now his daughter Carol, (right) is a clothing leader. Carol's son Ryan (in front) already is a 4-H enthusiast.

First Osborne County 4-H Club Celebrates 50th

by Richard and Melba Murphy, Sumner 4-H Club, Osborne County

It was a golden year celebration for the Sumner 4-H Club, the evening of April 7, 1984. Current and former members gathered for refreshments and a program which brought back many fond memories.

Fifty years ago an ambitious gentleman, Fred Schultis, who was vocational agriculture instructor at Alton High School, was concerned for the youth of the Alton community. He started the Sumner 4-H Club in 1932. The club had 66 members enrolled in sorghum, wheat, beef, swine, baking, sewing, poultry, potatoes and gardening projects. The 4-H members ranged in age from 10 to 19 with most members in their late teens. Today, the majority of our members are grade-school age.

Sumner was the first 4-H club to be organized in the county. There were no county Extension agents at that time; 4-H leaders from the state office in Manhattan came to the county for meetings with the leaders.

Officially, the Sumner 4-H Club was organized in April of 1933, and chartered in December of 1934.

In the early days there were county picnics for all 4-H members and their parents. The first county fair was held on the school grounds in Osborne with cooking, clothing and gardening exhibits in the gym. Club meetings in those days included talks and demonstrations, but there were no record books for members.

Through the years, the club has won

many group and individual awards and has received 30 purple seals. One family has the distinction of tracing four generations of Sumner 4-H Club affiliations. Mrs. Jennie Carswell was a club leader in 1937. Her son, Harold Carswell, was a club member and in 1949 he became a leader. Harold Carswell's wife, Pat, was a community leader for seven years and their daughter, Carol, was a club member. Now Carol is a clothing leader and her five-year-old son, Ryan, is a "tag-a-long" member.

Eighty guests attended the anniversary celebration. Janet Thornburg was mistress of ceremony. Current and former 4-H club members provided entertainment. Bill Borst, Northeast Area Extension Specialist for 4-H and Youth, returned to Osborne County to be one of the featured speakers. He was an Osborne County Extension agent during the 1950's. Other former Extension agents who attended included: Lucille Leach from Lawrence, Ruth Engelland Cooper from Osborne, and Bob Acre from Osborne. Present county Extension agents Dick Golladay and Karen Murphy also attended. Wilda Carswell and Wallace Murphy, leaders for over 20 years, were introduced. Two members who joined during the club's first years, Delore Brent from Smith Center and Wendell Storer from Osborne, shared with the group some of their favorite stories.

Want a summer job? Try pet-sitting

by Debbie Powell
Glendale Livewires 4-H Club,
Sherman County

I chose pet-sitting as a self-determined 4-H project and found it to be a profitable and enjoyable experience. At the beginning of the summer I ran a "Work Wanted" ad in the Goodland Daily News. The ad read "Planning a trip to Hawaii? The Bahamas? Or maybe even Grandma's? While you're away, leave your pet with me for tender loving care."

I charged \$3 a day for pet-sitting and got many calls for caring for dogs and cats ... so far, nothing strange like snakes or spiders. One of the hardest weeks of the summer I spent riding across town on my bike twice a day to feed five Siamese cats. I also got the job of watering this owner's plants.

Over the summer I learned what it takes to be a good pet-sitter. Shelter for the animals is important. We have a big fenced back yard and a garage for the animals. Time to feed, water, exercise and play with the pets is essential. If the animals stay at the owner's home this means visiting the pets a few times each day. Loving animals is another important ingredient for success. This is the easy part of it for me. The pets I care for are not confined in a cage; most of my clients prefer the T.L.C. I give their animals. Patience, persistence and perseverance are a few of the life skills I'm learning while having the responsibility of pet-sitting.

When the owners leave their pets with me I ask for the following information: pet's name, owner's name, emergency phone number, veterinarian's name, feeding instructions, special care instructions and approximate date and time of the owner's return.

Pet-sitting is not without risks! I'm always very careful to see that the animals I care for are properly fed, safe and secure. But the worst thing that could happen to a pet-sitter happened to me this summer. A large, black poodle I was caring for ran away on the 4th of July after hearing the fireworks. My whole family searched for him and with the help of the police, we located him. I was relieved to find him and ashamed that I had not been more careful. It was tempting for me not to tell the owners, but "honesty is the best policy" I thought, so I confessed.

Pet-sitting has been a neat 4-H project for me and I would recommend this experience for others, especially if you love animals.



Guinea pigs create joy and sadness

by Michelle Jensen
11-year-old-4-H'er
Country Clovers 4-H Club,
Sherman County

Our first guinea pig, "Miss Piggy," meant that I could finally join 4-H with a handpet project. She was a tortoise-shell abyssinian and was the perfect pet. We kept her in a large aquarium and fed her rabbit pellets with fresh water daily. Her squeals began to have meaning.

Guinea pigs are really cavies from Peru in South America. They are called guinea pigs because they were probably sold for a Guinea (English money) and they make a squeaking noise that sounds like

a pig. They are not a pig at all, but a vegetable-eating rodent. They are most closely related to porcupines and chinchillas.

Miss Piggy brought a lot of joy to our family and to me as I showed her and gave project talks that first year in 4-H. She was the handpet champion at the fair. For a first year 4-H'er, that was exciting! I learned a lot about guinea pigs and how to present myself. I was sad when Miss Piggy got pneumonia and died that winter.

But I was not discouraged, and we were able to get two more guinea pigs. This time they were more unusual. Cinnamon is a reddish female Peruvian and Porky is a slate-gray male Peruvian. They are long-haired guinea pigs -- their hair could grow an inch a month. It takes a lot of work and patience to groom them -- they aren't crazy about it, either! This last October, Porky and Cinnamon gave me a coal-black baby Peruvian.

Baby guinea pigs are born with their eyes open, they have teeth, and they are covered with fur. They are able to walk around their cage immediately, squeaking wildly for their mother. They are able to munch carrots and alfalfa pellets after a couple of days. It is a good thing, because after a week Cinnamon would not take care of her baby.

I noticed late one night the first week that the baby was cold and alone in a corner of the cage. My mother and I took the baby and fed it milk mixed with alfalfa pellets from a spoon. We kept the baby under a lamp and on a heating pad to keep it warm. That first night was a long one, but the baby lived. My mother is a teacher, so we were able to take it to school for its' frequent bottle feedings. Much like the lamb that followed Mary to school, my baby guinea pig became a "Shadow."

Shadow thought she was a human because she was always with me. I held her all the time and let her sit on my shoulder. Her squeaks were her way to talk to me. Shadow became my new handpet project and was introduced to everyone at 4-H Days.

Shadow was almost five months old when she died. No one is really sure what happened. She had been sick for a week, but she had fully regained her strength. It was a sad time for all of us. Shadow was special. I learned many things about guinea pigs and raising them.

We are breeding Cinnamon and Porky again with the hope that they can give me another baby cavy for the fair. My experiences with guinea pigs have been up and down and rather rewarding.

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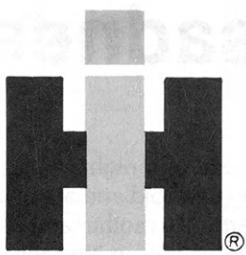
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Doug Waters
John Love
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Corey Hartner
Charlotte Fehlman
Hoyt Hartner
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George Ray Dawson
Jimmie Wells
COMANCHE
Randy Gean
CRAWFORD
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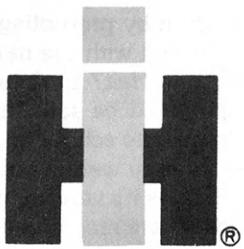
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DICKINSON
Keith Meyer
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David Wulfkuhle
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Todd Schultz
Thea McKinney
ELK
Brian Clubine
ELLIS
John Weber
Wendy Joy
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Pat Crenshaw
Chuck Warta
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FINNEY
Toni Billings
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Sherri Betts
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FORD
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Dwight Winger
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Derek Martin
FRANKLIN
John Wray
GEARY
Kevin Ascher

GRAHAM
Don Born
Stanley Brandyberry
Galen Barnett
Steve Brandyberry
GRANT
Jeremy Fort
Troy Sewell
Kim Kepley
Bill McEachern
GRAY
Joan Caldwell
Janelle Caldwell
Cathy Reist
Tim Brown
GREELEY
Karen Stone
GREENWOOD
Matt Lindamood
HAMILTON
Andy Jett
Chad Libertus
Timber Wood
Curtis Wright
HARPER
Scott Bonham
HARVEY
Lonnie Harms
HASKELL
Terry Troutt
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Dealers



The International Harvester Company provides a maximum of four gold-filled medals per county to honor county winners in the 4-H agricultural program. State winners receive a trip to National 4-H Congress in Chicago, and six national winners are awarded \$1,000 college scholarships.

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Greg Griffin

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Daryl Parker

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Sean Towns
Chris Kriley

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Amy Woods
Bob Keener
Tim Oborny

SCOTT
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Art Thomas
Joe Bacon
Larry Wehner
Susan Harvey

SHERIDAN
Rachel Smith
Tracy Mader
Eric Smith
Gregg Smith

SHERMAN
Andy House

STAFFORD
Brian Dunn
Dale Seibert

STANTON
Jim Sipes
Pam Hebbard
Karla Sipes

STEVENS
Layne Homes
Shannon Bozone

Mike Metcalf
Joel McClure

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Eddie G. Olmstead

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Ross Sloan
Karen Thiel

Matt Ziegelmeier
George Hopper

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Richard Feyh
Justin Ungeheuer

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County Fairs (cont. from page 3)

against another, resulting in a placing of first, second, third, etc.; b) competition which places participants against a standard set by a group of experts, resulting in blue, red and white awards; c) competition which evaluates a participant against predetermined goals or standards set by the participant. This could result in a placing, but more commonly results in blue, red and white awards. d) The final level of competition involves no competition. The youngster is simply participating to learn, have fun and improve skills. These participants are normally recognized with a participation ribbon, badge or t-shirt.

The point is that different levels of competition be available. Not all boys and girls are comfortable with competing one-on-one, while at the same time I do not believe that participation ribbons alone will motivate and encourage some youngsters to participate.

3. We need to provide more involvement and recognition for volunteer leaders. It would be impossible to organize and maintain a county fair without volunteer helpers, but what are we doing to recognize and show appreciation to our volunteers?

We in 4-H say the average 4-H volunteer is worth at least \$1,000. Could your fair pay every volunteer \$1,000? Of course not -- so you must pay them with meaningful recognition. Personal thank you notes, complimentary gate tickets, special badges, etc. are just a few suggestions for volunteer recognition. Adult volunteers need recognition, just like our youth.

County fairs can provide leadership opportunities for our older 4-H members -- such as asking 15, 16 and 17 year old youth to serve as junior superintendents, members of major county fair committees, or junior fair board directors. Some older boys and girls spend seven or eight years showing projects at the county fair,

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and we need to come up with new, challenging ways to involve their leadership skills and abilities to keep them interested.

4. Financial resources and county fair rules should be the means to developing youth, not the ultimate county fair goal. Youth development has been and should continue to be one of the major objectives of our county fairs. I had a federal penitentiary guard from Leavenworth County come up to me after a speech to say, "C.R., I have never had a 4-H member spend time here in Leavenworth." The money we spend on 4-H youth events is a good investment for the future.

5. County fairs can encourage community and local club pride. One of the life skills that 4-H helps develop is a caring attitude about the community and its people. I think Kansas emphasizes that much more than many other states and I agree that this should be a priority. So many boys and girls live in a suburb or large town without ever knowing their neighbors down the street. County fair divisions and awards for community or club exhibits help instill community pride and togetherness in our young people. During our current era of decentralized government and decision making, the county needs to stress community and local club pride.

6. County fairs should provide creative recognition for all youth participants. How long has it been since your county fair changed, altered, improved or evaluated its awards and recognition system for youth participants? Is it possible to change your present system? What type of awards or recognition would the youth participants prefer? Let me suggest surveying last year's participants.

Have you considered recognizing each

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participant by presenting them with a t-shirt printed with the name and year of the county fair? Perhaps a hat pin or badge would be something which they could wear to school or the local movie to show they were a county fair participant. I think it's very important that youth exhibitors are recognized with awards or items which they can show off to their peers.

Ribbons, trophies and plaques are still very useful motivators. Last fall my 15-year-old daughter received a beautiful plaque for being the outstanding senior 4-H member in the rabbit project. Prior to receiving that trophy she had become disenchanted with rabbits and had just about decided not to enroll in the rabbit project again. The day after receiving the plaque, she indicated she was going to need two does and a buck for her rabbit project next year.

Whatever the price, let's not short change our kids on awards -- they need them to grow and develop.

7. Consider new, creative approaches to expanding and supporting traditional classes and contests. Calf scrambles, bucket calf classes and skill-a-thons are three possible alternatives for adding excitement and creativity to a sagging beef show. Perhaps a lamb scramble or lady's lead would help your local lamb show. Small animal classes for rabbits, poultry and dogs will help attract more of the urban population.

How about chili cook-offs, sandwich contests and chicken barbecue contests for a little zip and excitement in your home economics contests?

8. One way to keep county fairs on track is to set goals regarding the size and quality of the fair. I suggest dividing goals into time periods: long range goals for eight to 10 years ahead; medium range goals of four to five years; and annual goals which allow people to see immediate results.

The county fair is already an important part of the 4-H program, but deliberate plans can enhance the impact even more.

Coming in June

4-H activities in Southeast Kansas

Coming in July

4-H activities in Southwest Kansas
4-H international programs

Announcements

WHEAT VARIETY TEST PLOT

Free seed, prizes and recognition are available to any 4-H member who volunteers to participate in the State 4-H Wheat Variety Test Plot Contest. Each participant is given 10 pounds each of five varieties of certified seed wheat, five steel variety identification signs and a big steel plot sign with the 4-H member's name on it.

Planting and harvesting five varieties of wheat teaches a 4-H'er about seed bed preparation, fertilizing and insect and weed control. Participants can compare the yield, disease resistance and protein content of the five varieties. All participants are urged to construct a booth for the county fair to share the results. The top ten booths are selected for display at the Kansas State Fair where they are judged. The builder of the first place booth wins an expense-paid trip to the Houston grain exporting port. Cash and other prizes are awarded to the other state fair booth builders.

The deadline for signing up is July 10 this year. Seed will be delivered to the county Extension offices in August. Contact your county Extension agent for more information.

DOG SHOW

All 4-H'ers enrolled in the dog project are eligible to enter the Mid-Kansas Invitational 4-H Dog Show, June 2 in Hutchinson. Nine classes -- junior showmanship, senior showmanship, sub-novice, novice A, novice B, graduate novice, utility, open A and B -- are available and trophies and ribbons will be awarded. Showmanship and obedience classes are open to mixed breed or purebred dogs.

Pre-registration is required by May 15, and must be accompanied by a copy of the immunization records and an entry fee of \$2.50 per class. All dogs must be six months of age or older by the date of the show. Required immunizations include rabies, distemper, hepatitis, leptospirosis and parvo. Parvo vaccinations must be within six months of the show date and DHL or rabies must be within the calendar year.

For a complete copy of the show rules and registration form contact Sharon Moots, 3815 East 56, Hutchinson, Kansas 67502, (316) 663-5317.

JUNIOR RODEO

Plans are underway for the second annual Cherokee County Riders 4-H Horse Club Open Junior Rodeo. It is slated for 1:00 p.m., June 3 at the Columbus, KS rodeo arena. A new highlight this year will be a junior matched calf roping event with contestants including the Miniature Rodeo League champion Chad Hardzog of Afton, OK., and the Little Britches Rodeo Association champion Rope Meyers, Welda, KS.

Contestants for all events will be divided into two age groups -- 12 & under and 13 through 19. Events include barrel race, calf roping, pole bending, breakaway roping, goat tying, ribbon roping and team roping.

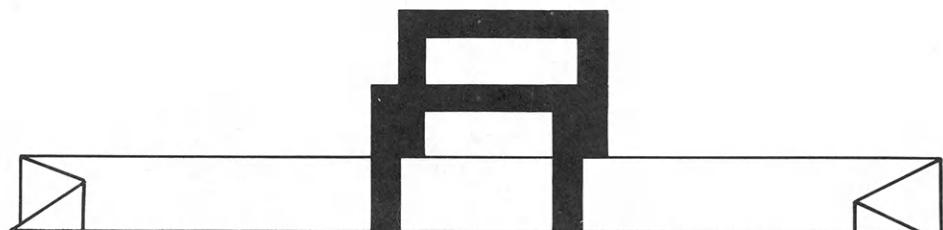
All around champions in the two age groups will receive \$100 cash. The winners in each event will receive silver mounted headstalls. The second place winner will receive a horse water bucket.

Admission to the rodeo is \$2 for adults, \$1 for age 6 to 12, and free for those under age six. For more information contact Jeannie Barnes, Rt. 2, Box 33A, McCune, KS 66753.

RABBIT STAMP

Attention rabbit owners and stamp collectors! The Sedgwick County Hare Raisers 4-H Club is asking for your help in getting a rabbit commemorative stamp printed. One hundred and sixty-five million stamps are printed for each commemorative. Write

to Secretary of Agriculture John Block, 14th Street, Independence Avenue South West, Washington, D.C. 20250. Ask for a block of four stamps to be issued in March 1985, in time for you to mail your Easter cards! Hop to it!



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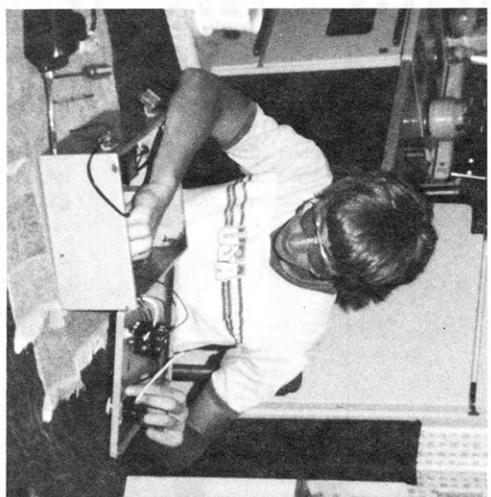
Rock Springs Ranch 4-H Center needs the following items. You can restrict your cash contribution for a particular item, or if you have one of the items listed below and would like to donate it, your gift will be classified as an in-kind contribution.

Item	Estimated Cost
Institutional-size blender	\$1,000
Wood splitter	\$250
Video Cassette Equipment	\$4,000
Display on Free Enterprise for Heritage Hall Gallery	\$5,000
Display on the 4-H Foundation for Heritage Hall Gallery	\$7,000
Saddles (4 to 8)	each \$450
Furniture for lobby of Preston Cottage	\$1,500
Stone bench and podium for Council Circle	\$500

If you or your organization would be willing to help shorten Rock Springs' shopping list, please contact Merle Eyestone, Kansas 4-H Foundation, 116 Umberger, K.S.U., Manhattan, KS 66506, 913-532-5881. Your gifts, in-kind or cash, are tax deductible.



Time delay motor starter increases efficiency



The electric project brought Curtis Wiltse, Rush County, to the 1983 Kansas State Fair for two reasons. First, he presented a demonstration entitled "Household Circuitry." Curtis qualified to go to the state fair because he'd won a blue ribbon at Regional 4-H days with the same demonstration. He talked about the different amounts of load that circuits can carry. He explained that different gauges of wire are designed for different levels of load and distance should be considered when selecting the proper wire gauge. He also discussed rewiring that often accompanies home remodeling.

Curtis' county champion electric project, a time delay motor starter, was exhibited at the state fair. Curtis says that the name of this project may sound complex, but it's relatively easy to explain. The system turns on and shuts off two augers at a pre-set time interval.

At the fair, Curtis demonstrated the way his system works by hooking it up to a radio and a fan. But, actually he built the project for use at a feedlot. The system

operates two augers and it allows the first auger to begin to move grain and then turns the second auger on just before the grain arrives there. This system prevents the second auger from becoming overloaded and each auger only runs when necessary. In a feedlot, this would be used to move grain from a storage bin into a mixer and then into a truck, wagon or other receptacle.

Larry Teichmann, Curtis' uncle, is the 4-H club project leader. He knew that two feedlots were interested in buying a system and so he gave Curtis the opportunity to build one. The materials and components alone cost \$253 and Curtis donated his labor for constructing the system.

Curtis is an eight-year member of the Prairie Valley 4-H Club in Rush County. In addition to serving as club president twice, he's been active in local and county 4-H activities. Ken and Karen Wiltse, Timken, are his parents.

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