

Kansas 4-H

December 1975

# Journal

The 4-H Family Magazine



**Guess who's  
crocheting and  
knitting these days?**



Art and photos by David Harmes

Lots and lots of 4-H members, that's who's crocheting and knitting these days!

Maybe it's the pleasure of creating something beautiful with one's own hands, maybe the chance to express one's own individuality, or the satisfaction of using the finished product, or the feeling of kinship and continuity with people during generations before who also did such hand work — whatever the reasons, arts and crafts, including knitting and crocheting, are the most rapidly growing in enrollment of Kansas 4-H projects.

In this issue, you can read on page 7 how to begin crocheting and knitting, on page 4 how county leaders used quilting to teach young seamstresses, and following that article, another with basic information about quilting.

So — as you observe the bicentennial — happy handicrafts!

Quilting is reborn .....4  
 More about quilting .....5  
 December 1775 .....6  
 Knitting and crocheting .....7  
 National, sectional, and state winners ...8,9  
 Ideas and news .....10,11  
 Chains record achievements .....11  
 Jackson County walkathon .....13  
 A salute to 4-H .....14  
 Family Fun Page .....15

Glenna Wilson .....Editor  
 William Riley Jr. ....Managing Editor  
 Kathy Barthel .....Secretary

Address all correspondence:  
 Kansas 4-H-Journal  
 Umberger Hall, KSU  
 Manhattan, Kansas 66506

Phone 913-532-5881

Kansas 4-H Journal is published monthly by  
**KANSAS 4-H FOUNDATION, INC.**

Merle Eyestone .....Executive Director  
 William Riley Jr. ....Associate Director  
 J. Harold Johnson .....Field Representative  
 Trisha Cash .....Secretary  
 Marilee Shogren .....Treasurer

**BOARD OF TRUSTEES**

Governor Robert Bennett  
 Honorary Chairman

Balfour S. Jeffrey, Chrm .....Topeka  
 Ross Beach, Vice-Chrm .....Hays  
 John D. Montgomery, Treas .....Junction City  
 Robert A. Bohannon .....Manhattan  
 Glenn M. Busset .....Manhattan  
 W. Dale Critser .....Wichita  
 Ned Fleming .....Topeka  
 Mrs. Olive Garvey .....Wichita  
 William M. McDonald .....Kansas City, Mo.  
 J. J. Moxley .....Council Grove  
 George B. Powers .....Wichita  
 Dolph Simons, Sr .....Lawrence  
 John T. Stewart .....Wellington  
 Mrs. Dwane Wallace .....Wichita  
 \*Sen. Frank Carlson .....Concordia  
 \*Harry Darby .....Kansas City  
 \*Harold E. Jones .....Manhattan  
 \*Roger E. Regnier .....Manhattan  
 \*E. B. Shawver .....Wichita  
 \*Advisory Member

Second Class Postage Paid at Manhattan, Kansas  
 and additional mailing offices. Return Form 3579  
 to Kansas 4-H Journal, Manhattan, Kansas 66506.

Advertising rates and circulation data on  
 request.

Group subscriptions \$2.00 per year. Individual  
 subscription \$2.50 per year.

Use of the 4-H name and symbol approved  
 by the Secretary of Agriculture of the United  
 States, January 23, 1951, under the provisions  
 of the laws as reenacted by Sec. 707 of the Act  
 of June 25, 1948 Public Law No. 772 80th  
 Congress (10 USC 797).



# Spirit in 76

By Marie Rupp  
 Manhattan

As December grinds to an end, we look back on the year of planning and hard work which brought successes in many of our projects.

We do little remembering of the past unless some special anniversary celebration brings it to mind. As we approach our national bicentennial year a backward look might help us to go forward. In 1776 we were merely freedom loving colonists who wanted to chart our own course. Leaders of that day were men with their own interests and idiosyncrasies, but enough of them were committed to a cause to lay the foundation of a great democracy. We should make this an occasion for tracing the roots of freedom and faith that launched our nation, and the bicentennial can become more meaningful if we examine the basic documents, the Declaration of Independence, the Bill of Rights, and the Constitution.

The bicentennial deserves our enthusiasm and interest and gives everyone a chance to promote his American heritage. If we are interested in our own personal past, we may find that making a family history can be an interesting pastime. Who knows where or when we might find a long lost cousin? Start with one's self and one's family members, and interview our elderly kin. The Bible and scrapbooks are all good sources of family information. Also, we can examine public records, library records, newspapers, and the genealogical records in the Kansas Historical Society at Topeka. Cemeteries are also a good source of information.

Let's find out what celebrations of the bicentennial will take place locally and maybe one's 4-H club could help with these efforts in getting the whole community involved. As a club project we might restore a historic site that has been neglected, or develop a bicentennial exhibit for our library or for another prominent place. This coming spring make a flower garden using red, white, and blue flowers in the shape of a flag or star.

Kansas has lots of museums, so we might plan as a group to visit some of them. Why not track down local history in your own community? We could make photographs of local landmarks, or sift through old letters and documents in our attics. Let's visit elderly neighbors or persons in retirement homes, and jot down things they may recall of the past or of what the country was like 60 years ago.

We might want to trace our agricultural heritage. Let's plan to visit the Agricultural Hall of Fame and National Center at Bonner Springs. It provides the general public a place to view the primitive machinery that was used for farming in the past. It would be interesting to trace the beginning of the cattle drives and their routes through our state.

For a music appreciation program you might find music of years gone by, and old folkdances and folk customs, also. You might have a moneyraising project by having a bake sale and using old recipes in your baking.

A vast reservoir of historical information is draining away through neglect; these few suggestions may save some of this information and recognize the bicentennial, also. We are sure you and your clubs can think of many more ideas to pay tribute to those who established our land, shaped our culture, and preserved our liberties. This is a challenge to you young people who will be living in America's third century and will be striving to make America better. We have faith in you to get the job done.





# Quilting is reborn in Montgomery County

By Delores Spradling  
Cherryvale

*In the sky, the bright stars glittered,  
On the banks, the pale moon shone,  
And 'twas from Aunt Dinah's Quilting  
Party  
I was seeing Nellie home.*

An infinite number of echoes from that old song have eddied into space on their long journey through the universe since it was first written years ago. And they are still being sent out, even in 1975. Song-books for school and home will always include "Seeing Nellie Home," for not only the music, but also for the story it tells, reminiscent of a definite period of our history — the days of husking and quilting bees, new states, spreading railroads, and all of the glamour of homemaking and adventure which marked the marvelous melting of a new land into a nation.

But although the old song still holds its own against modern music, probably few of the young singers know what a quilting party really is. One cannot truthfully say "was" because in the country, women still meet to sew patchwork quilts, exchange patterns, talk about their babies, and enjoy delicious suppers of their own concocting.

In my never-ending search for interesting ideas to transform first year sewers into enthusiastic seamstresses, I hit on the idea of introducing them to the art of quilt making. This would be something different from making the traditional tea towel and apron for their project.

In working with 6, 7, and 8 year olds, I needed something to hold their interest and yet teach them the basic step of sewing straight seams. We decided to make a laprobe for an elderly lady in the nursing home. Each member pieced a nine patch on one of my four sewing machines during the sewing lessons. The next

meeting I had them help set the blocks together and form the quilt top. Because of their age, they did not quilt it. Instead, they all joined in helping tie it.

Then came the big day — everyone got all dressed up and delivered the laprobe to our elderly friend in the nursing home. Each child's name was signed on the block she had made. Mrs. Pearl Smisor was surprised and happy with the gift of love from the little girls. The girls were very proud of their work. One little 6 year old girl told her, "Some day I'll make you a dress!"

At an early age, these girls learned the happiness one can receive by sewing for someone else.

The next spring during 4-H clothing leaders' training, I borrowed the laprobe and took it to show the other leaders in the county the project I had used to help get the girls interested in learning to sew. In making a quilt, they learn to cut material, sew a straight seam, pull threads, backstitch, and press.

1975 rolled around and Montgomery County, as was every county, was asked to help raise money for the state project of redoing campgrounds. The sewing leaders got the "OK" from the 4-H council to buy material and make a quilt. Chances would be sold on it in order to raise some of the money. Five of the sewing leaders: Mrs. Charles Spradling, Mrs. Frank Clubine, Mrs. Don Blaes, Mrs. Arnold Jabben, and Mrs. Carl Hamilton, and home economist Linda Carr started the plans. This was a funny sight — six grown women with all of their children's coloring books! We tried to find pictures to represent as many projects as we could because we had decided on a pattern for our pieced blocks and needed these pictures for each project. Several days were spent getting the right shade of green mater-

ial and all of the supplies together.

Girls enrolled in the Let's Sew, It's Fun and School Clothes phases met one Saturday to help sew blocks for the county quilt. The mothers and junior leaders were really kept busy trying to help a room full of eager beginners and lots of material. By evening they had most of the blocks painted with liquid embroidery and sewed together.

Mrs. Bill Guier, lucky winner of the Montgomery County 4-H bicentennial quilt, shows the quilt make with alternating blocks of green and blocks depicting 4-H projects.



The next group of girls helped finish setting the quilt together. Arrangements were then made to have tickets printed. These were to be sold at a special booth at the three fairs held in Montgomery County.

On October 2, at the monthly meeting of the county 4-H council, the name of Mrs. Bill Guier, a former Montgomery County 4-H'er, was drawn from the hopper to be the recipient of the quilt. When she was notified, all she could say was, "I'm so surprised that I just don't know what to say!" She said that 4-H had been a part of her family's life for many years, and that she would be very happy to help 4-H'ers anytime she could.

There are very few projects that a child can undertake that will provide as many of the basic steps of sewing as those involved in piecing quilt blocks. These skills can be used for pillow tops as well. I hope that other leaders over the state will try this method of starting the little 4-H'ers in the sewing project.

Quilt blocks usually contain a little bit of history for the person who pieces them together. It is so much fun to look back and say, "This is a piece of my Easter dress and this is my favorite shirt." A quilt can almost be the history of all the sewing you have accomplished.

Some people think only the older generation can make quilts. This is not true. You may ask the sewing leaders in Montgomery County and I am sure that they will all agree that this 4-H quilt has been a very worthwhile project. During the fairs one could see the sewing members bring their friends over to the quilt and proudly point out the block they helped make. Maybe in the year to come a quilt block can be a part of the requirements in the sewing projects. I am sure it could be a good way to teach all the sewing members a lot of the history of our country as they hunt and read more about each pattern they would select.

Give quilting a try! I know that you will find it as much fun as the Montgomery County sewing members and leaders have.

### **More about quilting—**

By Kenna Giffin  
Lawrence

When our grandmothers were young, they learned to make quilts out of necessity; the prairie winters

were cold, and electric blankets hadn't come into vogue.

Our grandmothers put in lots of time to create these useful yet beautiful covers, for their quilts were made entirely by hand. They sewed a part of their personalities into the top by the pattern they chose: patchwork, applique, embroidery, or stitching.

The craft of quilting can be partially described by giving definitions of the terms used. Following this quilting vocabulary list will be general instructions for making the quilt.

**APPLIQUE:** sewing one piece of fabric onto another; usually refers to a picture-type design, e.g., houses, trees, people.

**BACKING:** the third layer, or bottom layer; is not usually decorated except with the pattern that is in the material, such as a calico, for example.

**BATTING:** filler that is encased by the top and backing; this is what makes the quilt warm and comfy.

**BORDER:** goes around the outside edge of the quilt; can be quilted, patchwork, or applique in design, similar to or contrasting with the primary design of the quilt top.

**PATCHWORK:** appliqueing patches of fabric onto a continuous surface to create a pattern or design; also, the completed pieced block or patch. Patchwork is also comprised of small pieces of material joined into a pattern for a block; the blocks of patchwork (or applique, etc.) are set, or joined together, often with a strip of contrasting or similar material, to separate them, or they are set with alternating plain blocks.

**PATTERN:** the design of the quilt top.

**QUILTING:** the joining of the top, batting, and backing by sewing through all three layers; the stitching pattern can be very simple (diagonal lines, square or crossing lines), or elaborate enough to create the entire design (usually done on plain material). The stitching covers the entire top.

**TOP:** the first layer of the quilt, which is usually decorated in some way.

The top can be decorated by almost any artistic technique: tie-dye, batik, liquid embroidery, as well as the traditional patchwork and applique. Batting is available in most sewing centers or department

stores. The backing should be made of material that is compatible with the top material, or there will be stretching and shrinking problems which will make the quilt misshapen. The backing can be plain or patterned, but it really shouldn't be so flashy as to overshadow the top.

The actual quilting can be done on a frame, hoop, or by holding it. A basic book on quilting will probably have instructions as to how to make the frame. (Ed. note: Go to one of the lumber dealers listed on page 12 and ask for the new 4-H Journal plan for making a quilting frame.) Hoops are available in many stores. Quilting with a hoop, or without either a frame or hoop, is more difficult and riskier, because the quilt will not be held as securely or as straight. A minimum of basting will have to be done if the quilt is quilted on a frame. Frequent checks should be made to insure that both the top and backing are straight and smooth.

Quilting is not limited to bedcovers. In fact, it might be easier and more fun to start quilting a pillow, nap mat, building blocks, doll, placemats, hot pads, vest, skirt, tie, tote bag...well, the list of possibilities is as long as the imagination of the seamstress. Idea sources are books on quilting, sewing patterns, and the imagination.

Quilting is not as difficult as one might think. The article made, the design, and the stitching can be very simple, or very elaborate according to the whims and skills of the quilter. Quilting is a decorative as well as practical art. It expresses the personality of the maker, and a feeling for the time when it is made. It is a creation that will last, to be enjoyed and used for many years.

### **Employment opportunity**

**Rock Springs 4-H Ranch —** Opportunity exists for individual with a willingness to cook and reside at Rock Springs 4-H Ranch near Junction City. Must enjoy people and be willing to work a flexible schedule. Large quantity cooking experience not essential. Room and board plus salary. If interested, contact Bill Riley, Kansas 4-H Foundation, 116 Umberger Hall, KSU, Manhattan, Kansas 66506. Please provide a brief resume, including references.



## December 1775

In the fall of 1775 the Continental Congress voted funds to arm ships to protect the colonies and fight the British. Esek Hopkins was the commander of the new American Navy. On his flagship *Alfred* John Paul Jones was his first lieutenant.

On December 3, 1775, when John Paul Jones had the honor of first raising the Grand Union flag over the *Alfred*, he said, "I raise for the first time the flag of freedom!"

In February 1776 a fleet of eight American ships was ready, and set sail for the Bahama Islands. An experienced seaman, Jones was familiar with these islands and his knowledge helped with the capture of valuable ordnance.

One of the most famous sea battles of the American Revolution was the one between *Bonhomme Richard*, with John Paul Jones as captain, and the British vessel *Serapis*. When asked to surrender, Jones replied, "I have not yet begun to fight!" The *Bonhomme Richard* did capture the *Serapis*, but it was a costly battle with high loss of life on both sides.

George Washington was a master of military-naval strategy, and at times would hold the army inactive until ships were available to help. When major military operations finally ended in 1781, it was the presence of French and American ships which sealed the fate of Yorktown and won the war for the colonists.

John Paul Jones died in France in 1792. More than a century later, an escort of United States ships brought the remains of the naval hero of the Revolution to the United States. His grave, in the naval chapel at Annapolis, is a national shrine.

## The 5 year 4-H fund drive

How is the money being spent which has been collected for the 4-H fund drive?

To date, the largest beneficiary is Lake Perry 4-H Center, where \$50,000 has been spent for land payments and for improvements and equipment, Merle Eyestone,

executive director of Kansas 4-H Foundation, reports. Land has been terraced and seeded, beaches cleared, the barn remodeled, an obstacle course and an archery range developed, and roads, toilets, water lines, showers, and a storage/storm shelter built.

Equipment added includes 5 tent platforms, 15 canoes, a canoe trailer, back packs, camping gear, vehicles, tractors, and a shrub and grass cutter.

For Southwest 4-H Camp, \$6,000 was allocated; at present, supplies for recreation, equipment for the kitchen, paint, repairs, furniture, a canoe, archery supplies, and public address systems have been purchased.

The \$5,500 allocated for leader training has helped provide trips to the National Leaders' Forum in

Washington, D. C., clinics for leaders in dog, rabbit, and horse projects, and an urban centers tour.

In the category of membership promotion, each area in Kansas — northwest, southwest, south central, northeast, and southeast — has received \$100 to be used as area extension staff members decided.

The total spent to the present time on outdoor education, leader training, and membership promotion is \$62,000.

"County goals set have now passed \$350,000, and Kansas 4-H Foundation also has a goal of \$350,000," Dr. Eyestone commented. "Some 12 counties have met their goals. With some hard work and a little luck, we should reach our \$700,000 by 1979."

The Foundation is the collecting and dispersing agency for the drive.

**Only 326 shopping days till Christmas, 1976—**

**Be ready!**

**Put money into a savings account today  
and it will draw interest until you need it  
to shop for Christmas in December next year.**

**VISIT YOUR NEAREST**

# KANSAS Savings and Loan

**Arkansas City**  
First Federal Savings and Loan Assn.

**Clay Center**  
Northwestern Federal Savings and Loan Assn.

**El Dorado**  
Mid-Continent Federal Savings and Loan Assn.

**Eureka**  
Eureka Federal Savings & Loan Assn.

**Fort Scott**  
Liberty Savings and Loan Assn.

**Garnett**  
The Garnett Savings and Loan Assn.

**Hutchinson**  
Valley Federal Savings & Loan Assn.—1020 North Main

**Leavenworth**  
Citizens' Mutual Building and Loan Assn.  
Leavenworth Mutual Savings and Loan Assn.

**Liberal**  
Frontier Federal Savings and Loan Assn.

**Manhattan**  
Home Savings and Loan Assn.  
Manhattan Federal Savings and Loan Assn.

**McPherson**  
Pioneer Savings and Loan Assn.

**Medicine Lodge**  
The Barber County Savings and Loan Assn.

**Ottawa**  
Franklin Savings Assn.

**Parsons**  
Mid-America Federal Savings and Loan Assn.

**Plainville**  
Rooks County Savings Assn.

INSURED SAFE



**K**nitting and crocheting are popular home crafts with many youngsters. Learning to make a pretty fashionable garment is quite a thrill to everyone, boys and girls. . . It gives a person a great sense of accomplishment, and you will use and wear your handiwork with pride!

Even if you or your youngsters have never crocheted or knitted before, you'll be amazed how simple it is.

For the beginning or advanced knitter, you'll need:

- 1 pair of number 8 knitting needles (the type normally needed for flatwork)
- 2 oz. skein of 4 ply knitting worsted (it knits up quickly)
- 1 tapestry needle with a large eye and blunt point (used to finish ends)
- 2 point protectors (keep your stitches on the needle and protect needle when you are not knitting)
- 1 single pattern

You'll also need to know how to actually begin your knitting:

1. Measure off about 20" of yarn.
2. Make a slip knot.
3. Pull both strands gently to tie knot.
4. Holding the needle with this stitch in your right hand, loop loose end of yarn over left thumb.
5. Bring the needles down in front of your left thumb, forming a loop on thumb.
6. Insert needle under and up into the loop.
7. Move needle across and under yarn on index finger.
8. Draw yarn through loop from thumb.
9. Slip loop off thumb and gently pull yarn away from needle with thumb to tighten stitch.
10. Repeat steps 5 through 9 until 20 stitches have been cast on.

You are ready to knit—here goes:

1. Hold the needle with stitches that you have cast on with left hand. Index finger lightly holds **first** stitch. Right hand holds **empty** needle as you would a pencil. Place yarn from ball over index finger under second, over third, and under fourth. Keep yarn at back of work.
2. Insert right needle into front of first stitch on left needle. Point

# Knitting and crocheting

By Ellen Murphy

Extension Specialist, 4-H and Youth

of right needle passes behind left needle, rests on left forefinger.

3. Loop yarn over and under and over point of right needle.
4. With point of right needle, draw yarn down through stitch on left needle.
5. Slip the stitch off left needle. Your first knit stitch is on right needle.
6. Transfer needle with completed row of stitches to left hand, empty needle to right hand.

Now that you have started and are going good, why don't you make a pot holder? Fun, isn't it? For more information, ask your 4-H leader for instructions and leadership.

## Crocheting

Crocheting is an old handicraft that is done by both males and females. With the big emphasis on our upcoming bicentennial, nostalgia has caused both young and old to enjoy this leisure time art.

For beginners in crocheting art, you will need a crocheting hook (needle). Crochet hooks are made of steel, aluminum, plastic, and wood. For fine work with cotton threads, steel hooks are preferable. Most beginners use the steel hooks. Hooks come in sizes ranging from 2/0 to size 14. Depending on your use, choose the proper size.

You'll also need yarn or threads. They vary in twist, finish, and color. Choose the yarn or thread that is best for the item you intend to crochet.

The terms that you encounter when crocheting are gauge and tension. Gauge means the number of stitches and rows per inch. Tension has to do with the looseness of the stitch and should remain the same throughout the item.

One of the first things to learn when you are interested in crocheting is how to hold the hook and yarn correctly.

The hook is held as you hold a pencil (whether you are right or left handed). The thread or yarn is

around the fingers of the left hand (right hand if you are left handed).

1. Make a slip knot on hook, which is held in your right hand. Thread the yarn over left ring finger, **under** middle and over index finger, hold short end between the thumb and middle finger.
2. Pass your hook under the thread and catch the thread with hook. Draw thread through loop on hook. (You have just made one chain).
3. Repeat above stitch until you have as many chains as you need or want.
4. For the second row, start by inserting the hook from the front under the two top threads of the **second** stitch from hook.
5. Repeat steps until you are at the end of the chain.
6. Continue with rows until you have made an item. (Could be a pot holder, scarf, and so on).
7. Phone your county extension 4-H agent and tell him/her that you want to enroll in the crocheting project.

Crochet and knit for the nostalgia of our bicentennial. You'll enjoy it!

## Grant is used by woodworkers to make gym

By Ralph Lebow  
Pleasant Hill 4-H Club President  
Kanorado

The Pleasant Hill 4-H Club of Cheyenne County made and presented a jungle gym to the ABC Day School Center at St. Francis. The gym was made by the wood-working members and their project leader, Roger Faulkender.

The club received a Citizenship in Action grant for \$75 through the Kansas 4-H Foundation for the project. Plans were taken from a playground equipment catalog. Our cost, including material and paint, was \$80, but a like piece purchased from the catalog would cost nearly \$300.

We hope the youngsters enjoy their new piece of equipment and we thank the 4-H Foundation for making it possible for us to make this contribution to the school.

## National winners

High honors went to five Kansans who were named among national winners in project work at National 4-H Congress in Chicago November 30 to December 4. Two other 4-H members from Kansas were announced as regional winners. Thirty-four Kansas winners represented the Sunflower state at the Congress.

The national winners are **Susan Gatz**, Newton; **Gloria Johnson**, Lawrence; **Mark Lobmeyer**, Garden City; **Timothy Millsap**, Bonner Springs; and **Mark Scanlan**, Abilene. Sectional winners are **Karen Rediker**, Council Grove, and **Philip Bradley**, Lawrence.

**Susan Gatz**, Harvey County, the 1974 Kansas Miss Bo Peep, is a state and national winner in the sheep project, and is also active in the veterinary science project.

She assists with a 4-H club for retarded children. Wilson and Co., Oklahoma City, is donor of Susan's trip to Congress and an \$800 scholarship. Susan's parents are Mr. and Mrs. Bernard Gatz, Newton.

A state and national winner in dairy foods, **Gloria Johnson**, Leavenworth County, has an unusual reason for her interest in this project; she is allergic to dairy foods. After much study and a number of experiments on the chemical analysis of milk, she found that she can use skim and nonfat dry milk.

Teaching basic nutrition and food preparation, Gloria has worked with younger children in this project. Her trip to Chicago and a \$1000 scholarship is provided by the Carnation Co., Los Angeles, California. Susan is the daughter of Mr. and Mrs. Virgil Johnson, Leavenworth.

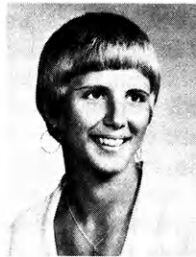
A 16 year old from Finney County, **Mark Lobmeyer**, is a state and national winner in the safety project. Safety became a personal concern to Mark when his younger sister was burned over 40 per cent of her body several years ago. He has taken safety courses in hunting, tractor, driver's education, and first aid.

Donor of his trip to Congress and a \$1,000 scholarship is General Motors Co., Detroit, Michigan. Mark's parents are Mr. and Mrs. Marion Lobmeyer, Garden City.

Winner of one of two \$800 scholarships given annually to students

in veterinary medicine goes to **Timothy Millsap**, Leavenworth County. A sophomore in veterinary medicine at Kansas State University, Tim received the scholarship from Champion Valley Farms, Camden, New Jersey. A former 4-H member from Leavenworth, Tim carried tractor, public speaking, photography, small engines, and baby beef. He is the son of Mr. and Mrs. William Millsap, Bonner Springs.

Conservation of natural resources is the project in which **Mark Scanlan**, Dickinson County, is a state and national winner. During six years in this project, he has controlled weeds, fertilized crops, established acres for wildlife, planted trees, staked farm ponds, and given 35 talks and demonstrations on conservation practices. John Deere, Moline, Illinois, awarded a \$1,000 scholarship, as well as the trip to Chicago, to Mark. His parents are Mr. and Mrs. Harold Scanlan, Abilene.



**Susan Gatz**  
Harvey County  
Sheep



**Gloria Johnson**  
Leavenworth County  
Dairy Foods

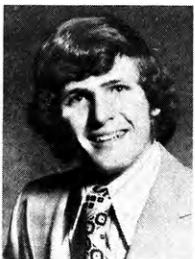


**Mark Lobmeyer**  
Finney County  
Safety

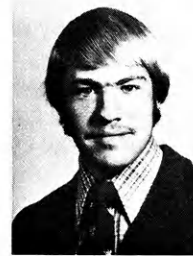


**Timothy Millsap**  
Leavenworth County  
Lassie 4-H Veterinary  
Medicine Scholarship

**Mark Scanlan**  
Dickinson County  
Conservation



## Sectional winners



**Philip Bradley**  
Douglas County  
Veterinary Science



**Karen Rediker**  
Morris County  
Home Environment

A state and sectional winner in the veterinary science project, **Philip Bradley**, Douglas County, plans to follow family tradition and become a veterinarian. Philip has assisted his father, Dr. W.F. Bradley, Lawrence, with both routine calls and emergencies. In the veterinary science project, Philip has demonstrated dog care and grooming, cattle branding, and livestock sanitation.

Philip's two older brothers, Roger in 1972 and William in 1971, also won trips to 4-H Congress as winners in the veterinary science project.

The Upjohn Co., Kalamazoo, Michigan, provided the trip to Congress and a \$50 United States savings bond.

**Karen Rediker**, Morris County, a state and sectional winner in the home environment project, has improved several different rooms during the five years she has been enrolled in this project. The areas are her bedroom, living room, two halls, outside entryway, bathroom, half bath, utility room, and family and recreation room. Colors chosen by a family vote for the recreation area are red, white, and blue.

Donor of Karen's trip and of a \$50 United States savings bond is the S and H Foundation, New York. Karen's parents are Mr. and Mrs. Gerald Rediker, Council Grove.



Gray, commodity marketing; **Carol Carnes**, Weir, Cherokee, consumer education; **Mark Theis**, Leavenworth, Leavenworth, corn;

**Wayne DeWerff**, Ellinwood, Barton, dairy; **Patti Maxwell**, Cimarron, Gray, dog; **Steve Misegadis**, Rush Center, Rush, electric; **Kim Glasgow**, Salina, Saline, emergency preparedness; **Roy Golladay**, Syracuse, Hamilton, entomology; **Dean Mitchell**, Coffeyville, Montgomery, field crops; **Audrey Wilmeth**, Grenola, Elk, foods-nutrition; **Judy Demel**, Great Bend, Barton, food preservation;

**Vickie McCormick**, Kirwin, Osborne, health; **Millie Park**, Burlingame, Osage, home management; **Suzanne Muller**, Council Grove, Morris, horse; **Denise Lewis**, Topeka, Shawnee, horticulture; **Curtis Willhite**, Leon, Butler, leadership; **Tammy Fleenor**, Topeka, Shawnee, leadership; **Lance Markley**, Howard, Elk, livestock; **Serena Stum**, Ness City, Ness, meat utilization; **Andrea Hamilton**, Coffeyville, meat utilization;

**Athena McColm**, Columbus, Cherokee, newswriting; **Casey Garten**, Abilene, Dickinson, petroleum power; **Jan Fanshier**, Great Bend, Barton, photography; **Randy Schoenthaler**, Ogallah, Trego, poultry; **Fred Works**, Humboldt, Allen, public speaking; **Pamela Ann Moore**, Medicine Lodge, Barber, public speaking; **Joyce Wright**,

Home, Marshall, rabbit; **Elaine Mayo**, Garden City, Finney, recreation; **Gerald Wright**, Hiawatha, Brown, sorghum;

**Gene Van Horn**, Ottawa, Franklin, soybeans; **Lorena Croucher**, Westphalia, Anderson, swine; **Kent Ashley**, Selden, Decatur, wheat; and **Ron Koelsch**, Great Bend, Barton, woodworking.

Winners of Santa Fe achievement awards, including trips to the National 4-H Congress, are **Marcella Jacobsen**, Hiawatha, Brown; **Brent Dowler**, Arkansas City, Cowley; **Tom Boehm**, Olathe, Johnson; **Cathy Borst**, Kingman, Kingman; **Lee Ann Swartzkopf**, Ness City, Ness; and **Randy Schoenthaler**, Ogallah, Trego.

Marcella, Cathy, Lee Ann, and Randy also receive a \$500 scholarship provided by Santa Fe Railway system.

In nutrition awareness, winners are **Connie Wells**, Mayetta, Jackson; **Cathy Mih**, Chanute, Neosho; and **Sheryl Goss**, Garden City, Finney. Each will receive an educational trip sponsored by the Kansas Wheat Commission.

## Houston trip winners

Winners in wheat quality are **Kurtus Reusser**, Viola, Sedgwick; **Donna Keesling**, Chase, Rice; and **Charles Odgers**, Sublette, Haskell; these three 4-H members and the runner-up in the commodity marketing project, **Kent Ashley**, Selden, Decatur, and **Eric Carlson**, Clay Center, Clay, had trips in November to the Texas Gulf Coast to see grain exporting facilities. The Kansas Wheat Commission sponsored the trip. Eric Carlson won first place in booth competition for the 4-H Kansas wheat variety contest at the 1975 Kansas State Fair.

Honored as distinguished 4-H alumni are **Dwane Schaake**, Lawrence, Douglas; **Edith Groene**, Winfield, Cowley; **John Bunck**, Everest, Brown; and **Gerald Meng**, Hiawatha, Brown.

Adults accompanying the Kansas delegation to Congress are **Glenn Busset**, Charles Bates, Ellen Murphy, and **Marjorie Ann Tennant**, all of Manhattan; **Steve Fisher**, Ness City; **Ocie Neuschwander**, Tribune; and **John Nagel**, Wichita.

## State winners in other projects

Other 4-H members chosen as state winners in Kansas 4-H projects are, with their town, county, and project: **Keith Allen**, Kismet, Haskell, achievement; **Mary Jane Smith**, Onaga, Pottawatomie, achievement; **John Baumgartner**, Bern, Nemaha, agriculture; **Stuart Reed**, Pratt, Pratt, automotive; **Bruce Schlickau**, Haven, Reno, beef; **Carlene Seeliger**, Burden, Cowley, bread;

**John Pendleton**, Lawrence, Douglas, citizenship; **Jeanie Loop**, Benkelman, Nebraska, Cheyenne, citizenship; **Lynn Newell**, Dodge City, Ford, citizenship in action; **Melony Beneke**, Lost Springs, Marion, citizenship in action; **Ruth Ellen Bartholomew**, Erie, Neosho, clothing; **Steve Rowan**, Ingalls,

## We Are Proud . . .

. . . of the achievement of Kansas 4-H Club members in improvement of wheat quality, raising crops, records of prizes at district and Kansas State Fair wheat shows, and judging crops. On behalf of Kansas wheat producers, we are pleased to have a part in recognizing these accomplishments, as well as excellence of records and studies on wheat. Kansas grows the best wheat in the world, and 4-H helps "to make the best better."

WE CONGRATULATE the three state award winners in the 4-H wheat quality program, a top 4-H'er in commodity marketing, and a wheat variety contest winner who were our guests on an educational trip to inspect Gulf Port export facilities.

## Kansas Wheat Commission

1021 North Main

Hutchinson, Kansas 67501

## IDEAS \* & News \*

Special recognition went to two Kansas extension workers during the annual meeting of the National Association of Extension 4-H Agents in Louisville, Kentucky, in November. Sylvester Nyhart, the Phillips County extension agricultural agent and director, received the Distinguished Service Award. William VanSlike, the Barton County extension 4-H agent, received an award for 25 years of service in extension work.

The name of Sehasco 4-H Club is derived from the fact that members live in both Seward and Haskell counties. Members of this club observed 4-H Sunday by going as a group to services at the First Baptist Church at Sublette.

Thresa Allen, Bev Whaler, and Charles Odgers prepared a poster for the high school and a window display in Sublette; the display emphasized citizenship trips and studies in recognition of the new bicentennial theme, "4-H-'76/Spirit of tomorrow."

Charles Odgers, a national winner in agriculture, spoke on KUPK-TV about trips and awards. Thresa Allen, for another National 4-H Week activity, was mistress of ceremonies for programs the Soul Seekers and Victory clubs gave to the grade schools.

More National 4-H Week news comes from Marie McCully, reporter of Tip Top 4-H Club in Harper County. After services at the Christian Church, the group toured the Runnymede Museum at Harper. Lynette Byrd and Kim Yandell put up a 4-H window display.

Some new 4-H presidents this fall are Sandy Claypool, South West Reno, Reno County; Brian Eicher, Brewster Prairie Gem, Thomas County; Rhonda Brown, City Slickers, Harvey County; Marion Doss, Harmony Hustlers 4-H Club, Shawnee County; Cindy McNorton, Pleasant Hill, Shawnee County; and of the Johnson County Dog Club, Dennet Young.

Somebody out there, although he may not be a reader of Kansas 4-H Journal, has a guilty conscience. On the last evening of the Kansas State Fair, Tammy Morray's deacon's bench disappeared. You can recognize it because it has hearts carved through the arms; if you see such a bench, tell your extension office, your police department, or the Kansas 4-H Journal where it can be found.



# Kansas Farm Bureau

105 County Farm Bureaus  
working together

with  
91,455 member-families

The Brenner Circle B 4-H Club of Doniphan County recycled Christmas cards by using them to make placemats for the Colonial Manor nursing home in Wathena. The cards were mounted on poster board and covered with clear plastic for easy cleaning. Younger 4-H members made the placemats and delivered them with the assistance of Mrs. Bill Turpin and Mrs. Robert Winger.

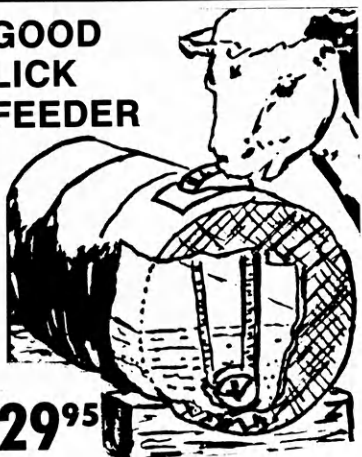
The first 4-H club in Brown County, the Willis All-Stars, was organized in 1925. The club celebrated its 50th anniversary in November in Hiawatha; former agents, leaders, members, and friends were invited, Kent Larson reports.

## A summer job?

An ideal summer job which combines work with fun in an outdoor environment is a position on the staff of the Rock Springs 4-H Ranch, Junction City, or Southwest 4-H Center, Dodge City. A variety of experience is available for the many high school and college students employed each summer at the facilities.

If you will have completed your junior year in high school by next summer, write Rock Springs Ranch, Junction City, Kansas 66441 by early January 1975 to apply for a summer job.

**GOOD  
LICK  
FEEDER**



**\$29<sup>95</sup>**

FREIGHT ALLOWED  
GOOD LICK FEEDER fits into  
YOUR 55 gal. drum

Special curved collar exactly fits  
drum

Scientifically designed—  
draws from bottom

**NO WASTED SUPPLEMENT**

**GOOD LICK FEEDERS**

2615 College Road  
Springfield, Mo., 65802  
DEALER INQUIRIES INVITED

## District land judging winners

Land judging teams from Scott, Wallace, Ellsworth, Jackson, and Linn counties are eligible to represent Kansas in the International Land Judging Contest next May in Oklahoma City, Dr. Harold Jones has announced. These are the teams with high scores in the 4-H division at the district contests in October. FFA teams also competed in the contests.

In the southwest area the Scott County team, made up of Jerry Eikelberger, Steve Landgraff, Jay Powers, and Jean Riggs was the high 4-H team, with Jerry Eikelberger the high individual among 4-H members.

Wallace County had the high team in the northwest area; team members were Virgil Scott, Steven Paul, and Don Griffin. Eddy

Schwab from Decatur County was the high 4-H individual.

The Ellsworth County team of Allan Grothusen, Flint Warta, and Tim Belt was high of the two 4-H teams in the south central area, with Tim Belt the high 4-H individual.

In the northeast area, the Mayetta Mustangs 4-H Club of Jackson County was the high judging team. On the team are high individual Mike Micol, Doug Putnam, Bob Ehrhart, and Ron Meagher.

The Linn County team of Brad Johnson, Alan Charley, and Mike Sherdin, with Alan Charley high, will represent the southeast area.

More 4-H members, 75, participated in this land judging and home-site evaluation contest than in similar previous contests.

**Idea—**

## Chains record achievements

By David Pierson  
Reporter-Photographer  
Hays

The Gemini Juniors 4-H Club of Ellis County has a unique way of recognizing its members' achievements through its award chain program. Each member and parent has a chain made of paper clips and tape. The awards and achievement committee records the activities of each member and the awards are presented at regular club meetings.

Besides making the chains and awards, the committee is also responsible for keeping the club

summary up to date, seeing that club members are aware of any county awards they may be eligible for, and writing and presenting a ceremony for placing the seal on the club charter.

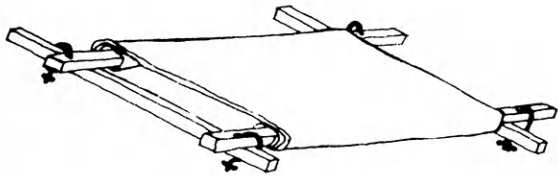
The purpose of the committee is to give recognition to members by members for participation in club, county, and state activities. Adults earn awards by being a project leader, club typist, taking part in the parents night program, and so on. Committee members are Cammie Smith, chairman; Mark Goetz; Kim Greenwood; and adult adviser Mrs. Lenore Goetz.



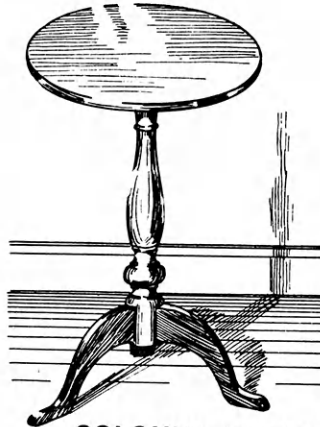
Making award chains for Gemini Juniors 4-H Club, Ellis County, are, from left, Mark Goetz, Janet Smith, Mrs. Lenore Goetz, Cammie Smith, Kim Greenwood, and Debby Greenwood. Cammie is wearing one of the award chains.



# Free 4-H Woodworking Plans from YOUR LUMBER DEALER



**QUILTING FRAME**



**COLONIAL TABLE**

Plans for All These Projects Are Available at The Lumber Dealers  
Listed on This Page. Ask for Them.

## OTHER PLANS AVAILABLE

- |                            |                                    |
|----------------------------|------------------------------------|
| Sheep Blocking Box         | Shoe Shine Stand                   |
| Dairy Barn Desk            | Wall Desk                          |
| Wren House                 | Built-In Magazine<br>& Book Rack   |
| Nativity Creche            | Rocking Horse                      |
| String Art                 | Movable Toy Storage                |
| Extension Cord Reel        | Mod Squad Lawn Chair               |
| Wheeled Lawn Table         | Chess Table                        |
| Wheelbarrow                | Record Cabinet                     |
| Portable Sandbox           | Bookcase                           |
| Outdoor Serving<br>Wagon   | Portable Planter Screen            |
| Hot Pad Holder             | Ply-Tent                           |
| Mitten or Hose Dryer       | Wind Vane                          |
| Picnic Chest               | Bird Feeder                        |
| Section Patio<br>Tables    | Christmas Card Display             |
| Sewing Cabinet             | Table Soccer                       |
| Bathroom Vanity            | Walnut Shelf                       |
| Entry Closet               | Clock                              |
| Garden Entrance<br>Trellis | Table Podium                       |
| Bluebird Box               | Feed Bunk                          |
| Foldaway Table             | Vertical Step Fence                |
| Outdoor Storage Unit       | Pedestal Picnic Table<br>& Benches |
| Picnic Table               | Salt Box                           |
| Extension Dining Table     | Saddle Rack                        |
| Martin House               | Colonial Magazine Stand            |
| Work Bench                 | Trestle Table                      |
| Gun Cabinet                |                                    |

- |  |   |   |  |
|--|---|---|--|
| <b>Ashland</b><br>Don Spotts Lumber Company                      | <b>Harper</b><br>Town & Country Lumber Co.                      | <b>Marysville</b><br>Howell Lumber Company                              | <b>Pratt</b><br>W. R. Green Lumber Co., Inc.                             |
| <b>Atchison</b><br>J. B. Russell, Inc.                           | <b>Hiawatha</b><br>Motsinger Lumber Co.                         | <b>Minneapolis</b><br>Dingee Lumber Co.                                 | <b>Redfield</b><br>Redfield Lumber Company                               |
| <b>Axtell</b><br>Meyer Lumber & Hardware<br>Company              | <b>Hillsboro</b><br>Hillsboro Lumber Co.<br>The Lumberyard Inc. | <b>Moundridge</b><br>Clayton Vogt Lumber Co., Inc.                      | <b>Russell</b><br>Houston Lumber Company                                 |
| <b>Beloit</b><br>Peoples Lumber & Coal Co.                       | <b>Holton</b><br>Holton Lumber Company                          | <b>Newton</b><br>National Building Centers<br>Home Care Center          | <b>St. Francis</b><br>St. Francis Equity Exchange                        |
| <b>Blue Rapids</b><br>Blue Rapids Lumber Company                 | <b>Hugoton</b><br>The Star Lumber Company                       | <b>Nickerson</b><br>The Home Lumber &<br>Supply Co.                     | <b>Salina</b><br>Easterday-Boster Lumber Co.                             |
| <b>Clay Center</b><br>Fullingtons                                | <b>Iola</b><br>Klein Lumber Company                             | <b>Norton</b><br>Norton Lumber Company                                  | <b>Seneca</b><br>Meyer Lumber & Hardware<br>Co., Inc.                    |
| <b>Downs</b><br>Downs Lumber Company                             | <b>Johnson</b><br>Seyb-Tucker Lumber and<br>Implement Company   | <b>Oberlin</b><br>Nichols Building Supply, Inc.                         | <b>Stafford</b><br>T. M. Deal Lumber Co.                                 |
| <b>Ellinwood</b><br>Home Lumber & Supply Co.                     | <b>Junction City</b><br>Builders Lumber Inc.                    | <b>Offerle</b><br>Offerle Co-Op Grain &<br>Supply Co.                   | <b>Syracuse</b><br>Hess Lumber Co.                                       |
| <b>Ellsworth</b><br>Ellsworth Lumber                             | <b>Kechi</b><br>Buck Alley Lumber                               | <b>Olathe</b><br>Cowley Lumber & Hardware Co.                           | <b>Tribune</b><br>Foster Lumber Company, Inc.                            |
| <b>Erie</b><br>Johnson & Son Lumber Co.                          | <b>Kinsley</b><br>The Kinsley Cooperative<br>Exchange           | <b>Osage City</b><br>Martin Material Co., Inc.                          | <b>Wichita</b><br>Alexander Lumber Co., Inc.<br>Star Lumber & Supply Co. |
| <b>Eureka</b><br>A. C. Houston Lumber<br>Company                 | <b>LaHarpe</b><br>Diebolt Lumber and Supply                     | <b>Osborne</b><br>Lewis A. Hardman Lumber Co.<br>Osborne Lumber Company | <b>Wilson</b><br>Hoch Lumber Company                                     |
| <b>Fredonia</b><br>Schoolcraft Lumber Co.                        | <b>Lakin</b><br>Tate and Company                                | <b>Ottawa</b><br>Hubbard Lumber Company, Inc.                           | <b>Winfield</b><br>A. B. Everly Lumber Co.<br>Everitt Lumber Co., Inc.   |
| <b>Garden City</b><br>Cash & Carry Lumber Co., Inc.              | <b>Lansing</b><br>Lansing Lumber, Inc.                          | <b>Paola</b><br>Miami County Lumber Co., Inc.                           | <b>Wright</b><br>Right Coop. Assn.                                       |
| <b>Great Bend</b><br>Everitt Lumber Co., Inc.                    | <b>Larned</b><br>T. M. Deal Lumber Co.                          | <b>Parsons</b><br>Woods-Seward Lumber Co.                               |  |
| <b>Greensburg</b><br>Hildinger's Lumber,<br>Hardware & Ready Mix | <b>Liberal</b><br>The Star Lumber Company                       | <b>Pittsburg</b><br>Broadway Lumber Co., Inc.                           |  |
| <b>Hanover</b><br>Hanover Lumber Co.                             | <b>Manhattan</b><br>Ramey Brothers                              |   |  |
|  | <b>Mankato</b><br>Mankato Lumber Company                        |   |  |

# Jackson County walkathon

By Dave Dugan

Delia Earlybirds 4-H Club Historian  
Delia

A mild sunny September day is just right for walking and that is just what the members of the Delia Earlybirds did as they sponsored a walkathon in Jackson County. The 4-H'ers and friends were joining together in an effort to raise money for a fellow 4-H'er, Tim Miller, who is a victim of cerebral palsy. Tim is to undergo surgery in Miami, Florida, for a brain pacemaker implantation.

Tim's speech is limited and he is unable to walk, but with the help of his older sister, Debra, he has carried the livestock project for five years and has always had an entry at the county fair. Sixteen years ago

Tim's parents, Lloyd and Teresa Miller, became involved in 4-H work in the Delia area and have served as leaders for several years. The 31 walkers earned a total of \$867 for Tim's expenses. All walkers made the eight miles from Delia to neighboring Rossville and nine walkers went back for the whole 16 miles.

In addition to the walkathon, the 4-H club sponsored a calf raffle. A calf, donated by Leroy Parr of Delia, helped earn another \$400 for Tim's expenses. Tim and his family have many friends in the Delia community and in Jackson County. Several fund raising events are being scheduled throughout the county to help defray expenses. Everyone wishes Tim well.



Joining his friends, Tim Miller made the eight miles, pushed by his brother-in-law, Robert Reynolds. It took them about three hours to reach Rossville.

## 4-H'ers in action

By Susan Ables  
Shawnee County

January meetings in the Shawnee Jayhawkers club are always important, but in January, 1975, a new idea was presented to us by our leaders: an idea to really become involved for the bicentennial year of 1976. To plant a tree is a good idea, but we want to do something different in 1976, so that all of us can really remember our part in America's centennial celebration. A volunteer committee was formed.

An opportunity to work soon presented itself. The Bicentennial Commission of Shawnee County has a project: "The Fairgrounds — What Should Be Done?" with a goal to update the neglected buildings and grounds for better use for all community members. A series of town meetings was planned by the committee so that Americans in 1976 should seek to recapture the loyalties to community and country that were present in 1776. Our teens really responded! Acting as hosts, we handed out brochures, directed traffic, made name tags, served tea and punch, ushered, and answered questions intelligently and with enthusiasm. We each wore a 4-H clover as our name tag, and proudly presented a good picture of 4-H'ers in action.

We hope to become more involved in 1976 plans for our country's bicentennial, in Shawnee County, our local community, and in our own memories.

These sponsors will provide your  
Kansas 4-H Journal subscription for  
the coming year.

Be sure to thank them!

### BOURBON

Citizens National Bank, Fort Scott  
Farmers Co-op Assn., Fort Scott  
Liberty Savings & Loan Assn., Fort Scott  
Security State Bank, Fort Scott  
The Bank of Bronson, Bronson  
Union State Bank, Uniontown

### CLOUD

\*Citizens State Bank, Miltonvale  
Cloud County Bank, Concordia  
The First National Bank of Glasco, Glasco

### GOVE

First National Bank, Quinter  
Peoples State Bank, Grinnell  
Citizens State Bank, Grainfield

### HARVEY

\*Harvey County Bankers Association  
First National Bank, Newton  
Hesston State Bank, Hesston  
Kansas State Bank, Newton  
Midland National Bank, Newton  
Sedgwick State Bank, Sedgwick  
State Bank of Burrton, Burrton  
The Halstead Bank, Halstead  
Walton State Bank, Walton

### JACKSON

Jackson County Farm Bureau, Holton

### JEFFERSON

Valley Implement Co., Inc., Valley Falls

### KIOWA

\*First State Bank, Mullinville  
\*Haviland State Bank, Haviland  
\*Greensburg State Bank, Greensburg  
Kiowa County 4-H Council

### LYON

Americus Elevator, Americus  
Bluestem Farm & Ranch, Emporia  
Columbia Savings, Emporia  
Dick Handy Chevrolet-Oldsmobile Inc.,  
Emporia  
Emporia Elevator, Emporia  
Federal Land Bank, Emporia

### MONTGOMERY

Citizens National Bank, Independence  
First National Bank, Coffeyville

### OSAGE

Beck Lumber, Burlingame  
Boyle IGA, Burlingame  
Burlingame Co-op, Burlingame  
Burlingame Lumber, Burlingame  
First State Bank of Burlingame, Burlingame  
Olivers Food Store, Burlingame  
Patterson's Hy-Klas, Burlingame

### PAWNEE

\*First State Bank, Larned

### SUMNER

Ed Johnston Grain Company, South Haven  
Farmers Cooperative Grain Co., Caldwell  
Garretson Grain Company, Conway Springs  
Garvey Grain International, Belle Plaine  
McDaniel Grain Co., Geuda Springs  
McDaniel-Waples Inc., Rome  
Oxford Milling Company, Oxford  
Wolcott & Lincoln Inc., Corbin  
Wolcott & Lincoln Inc., Milan  
Wolcott & Lincoln Inc., Perth  
Wolcott & Lincoln Inc., Riverdale  
Wolcott & Lincoln Inc., South Haven  
\*Wolcott & Lincoln Inc., Wellington  
Sumner County 4-H Council

### WILSON

Cox Grain Company, Fredonia  
First National Bank, Fredonia  
First National Bank, Neodesha  
Fredonia Co-op Assn., Fredonia  
Joe Armstrong Equipment, Fredonia  
O.E. Woods Lumber, Neodesha  
State Bank of Fredonia, Fredonia  
Wilson County Farm Bureau, Fredonia

### WOODSON

Woodson County Co-op Assn., Yates Center

\*These sponsors have provided Kansas 4-H Journal for  
4-H members for 20 or more years.



# A salute to 4-H

By Joan Istars  
Ottawa Herald Reporter

The cars that normally fill the parking spaces on Second and Walnut in Ottawa Saturday afternoons just weren't there one Saturday in October.

In their place were dogs, a horse, a sheep, a couple of dairy cattle and beef cattle, a hog, and the only vehicle (if you could call it that) using the parking meters along that block was a dairy goat tied to the parking meter.

It was Franklin County's first "Salute to 4-H" and the street had been roped off so the 4-H'ers could show just what 4-H is all about.

The animals displayed on the east end of the street drew the people in. The kids just had to go around petting them all and if Mama stopped too long at one place they hollered for her to come on.

In front of the cows it was, "moo, moo."

"Baa, baa," they called in front of the one sheep.

But it was the goat they liked the most. She wasn't enclosed in a pen and she was just the right size for someone who's 3 to 5 years old.

But petting the goat wasn't limited to just the youngsters. Mama



Lulabelle

had to pet her too, and inevitably she would ask, "Do you know what this is?"

"A billy goat," the youngster would reply proudly.

Well, it was a nanny goat, but Lulabelle really didn't mind what she was called just as long as she was getting all that attention.

The displays didn't stop with just the animals, however. Down the block a little way there was the train that told about the junior leaders program. The Westerners displayed the truck they had worked on in the automotive project.

The dog show always drew a good crowd, and even though they did it four times throughout the afternoon, so did the jitterbug demonstration presented by Bill and Linda Blake. They always got a good round of applause, too.

The Silver Leaf 4-H Club was giving out book markers. Red and white hats dotted the scene, compliments of the Ottawa Chamber of Commerce.

Rulers and Smokey the Bear pins came from the Acorn Rustlers booth promoting conservation. And way down at the west end of

the street the 4-H'ers demonstrated what square dancing was all about by forming squares and dancing a step or two.

There were rabbits, chickens, and pigeons there to be observed by those interested and then there were the trophies and ribbons to look at, too.

Most people walked through the displays, but a few bicycled through and a couple of kids even rode their unicycles down.

Of course, once they made it down to the end of the street, they had to turn around and look at all the displays again as they moved back to Main Street. And if they had kids they couldn't get by without stopping for one last look at the animals.

"You'd drive me nuts if I took you out on a farm," one mother told her youngster.

And what do you do about the little guy who points at the big Angus steer and says, "I want to ride that."

It appeared that the display was a success and would return again next year during National 4-H Week, but probably with a few changes.



Franklin County 4-H members demonstrate square dancing.

## Money For Your Treasury

OVER 2 MILLION

### Sunflower Dishcloths



WERE SOLD LAST YEAR BY MEMBERS OF GROUPS, SOCIETIES, CLUBS, ETC.

THEY ENABLE YOU TO EARN MONEY FOR YOUR TREASURY AND MAKE FRIENDS FOR YOUR ORGANIZATION

Sample FREE to Official.

SANGAMON MILLS, INC., Cohoes, N. Y. 12047  
Established 1915

## CASH FOR NEWSPAPERS \$15 per ton

We will pick up large quantities of old newspapers anyplace in the state.

Write Thermal Shield, Inc.  
2200 West 6th, El Dorado, Kansas 67042  
or call 316/321-1188

## FOR SALE

4-H band uniforms. Green and white, made of wool. Comes with hat. If interested, contact—

Eldon Clawson, Room 200  
Shawnee County Courthouse  
Topeka, Kansas 66601



# Family Fun Page

To all readers of Kansas 4-H Journal, Merry Christmas!

For our Christmas gift to you, we staff members in the office of the Kansas 4-H Foundation are sharing some of the ideas we enjoy in our own observances of the Christmas season.

One of the first things to do to get ready for Christmas is to buy or make (a good arts and crafts project) greeting cards to send to relatives and friends. Or maybe you'll be ambitious enough to write a newsletter, as do the Merle Eyestones.

Some 25 years ago, for the sake of saving time, energy, and money a simple Christmas letter featuring a picture of our first offspring was sent to our primary "once a year" friends and relatives on our Christmas card list.

Not realizing our violation of Christmas etiquette, we continued our Christmas letter and Seasons Greetings tradition until it was too late to get out of the business. Each yearly letter was filled with such goodies as family trips, deaths of family pets, addition of kids to the clan, and anticipated adventures. Included were notes about employment; broken bones; activities of the children, mom, and dad; educational status; height and weight statistics; achievements, and most anything else.

A variety of messages in the form of poems, newsletter styles, multiple choice quizzes, picture identifications, and special layouts on colored paper has brought both admiration and scorn for our efforts.

Every year is the last one. Picture taking, writing the script, and production efforts strain family relationships to the limit.

At the 30 year mark, a grand production featuring the previous 29 years of assorted "Seasons Greetings" from the Merle Eyestone family will (at this writing) draw to a close an era of presentations of fun things we have done prior to the Christmas season.

Some families observe the holidays with traditions reflecting their ancestors' national origins. One of these lovely traditions related by the Merle Shogrens is the story of Saint Lucia Day.

Because Sweden is a land of long

winter nights and long summer days, it is not surprising that the Swedish people love the sun.

By an old calendar, December 13 was the shortest day of the year and, since subsequent days would be longer, it was a day to celebrate. December 13 came to be known as Saint Lucia Day and the Swedish Christmas begins that day.

According to legend, Lucia was a medieval saint who carried food and drink to hungry folk during a period of famine. Early in the morning of December 13, the modern Lucia, traditionally the eldest daughter of the family, carries a tray of special buns and cookies to each one in the family as she sings the lovely old Sicilian melody, Santa Lucia. Lucia wears a white robe and a crown of lighted candles.

There are many legends about Lucia, but in each, she is the symbol of light and of hope to mankind.

*Decorating the house is one of the fun things to do at Christmas; Trisha Cash describes a decoration which is easy to make and amazing to watch.*

To bring that atmosphere of merriment to your holiday table, create a dancing decoration.

Ingredients and material—  
brandy snifter or other attractive glass container (the container must be glass)

12 round mothballs

vinegar

soda

water

food coloring (optional)

In the glass brandy snifter (or other glass container) mix equal parts of vinegar and water. Fill the container  $\frac{3}{4}$  full.

If desired, water and vinegar mixture may be tinted with food coloring to match other decorations or tableware.

Slowly add  $\frac{1}{2}$  teaspoon moistened soda for each cup of liquid in the glass container.

Carefully drop in approximately 12 mothballs. . . watch them "bubble and dance."

To refreshen the "dancing" activity, carefully add another  $\frac{1}{2}$  teaspoon of moistened soda.

Decorate base of container with

pine boughs, wreath, glass ornaments, or other decorations.

*Christmas isn't Christmas without special food; Christmas dinner, Christmas cookies, and best of all, that wonderful Christmas candy! This is best if made from old family recipes, and old family recipes were contributed by two staff members.*

*Kathy Barthel's recipe is for chocolate fudge; it's a Nebraska recipe, made each December by Kathy's mother, Mrs. Roland Hoppes, and the flavor is super-good!*

2 cups sugar

3 heaping teaspoons of cocoa

$\frac{1}{3}$  of a stick of oleo

$\frac{1}{2}$  cup milk

Stir all together and stir and cook on medium burner till it comes to a good boil. Then let it boil until it's real thick. Add a teaspoon of vanilla and beat until it becomes very thick. Grease a platter — have it ready. Pour the candy onto the platter; it should set quickly, then cut into squares.

*The Bill Rileys enjoy entertaining at holiday times with a taffy pull, and Bill Riley contributed an old family recipe for taffy. This would be good for a party with a bicentennial theme.*

3 cups sugar

2 cups thick cream

2 cups syrup

3 teaspoons paraffin

1 package unflavored gelatin

Cook to soft crack. Add a teaspoon vanilla and very finely chopped nuts. Pour into greased pans.

Pull as soon (and as hard) as you can!

*A favorite tradition of the John Wilsons is the Christmas creche; they began theirs the first year they were married and added to it for a number of years. For them, it's still the first Christmas decoration displayed and the last taken down.*

*A Christmas creche is a representation of the stable at Bethlehem; it can be as large as a scene on the lawn with lifesize figures, or as small as a buffet arrangement with inch-high figures.*

*You can buy plastic or ceramic figures in some dime and variety stores, or make your own of paper, ceramics, or wood. You can buy a small stable or make your own or use the figures without the stable. You may want to light it with an electric bulb in the stable, or with Christmas candles, or not light it at all.*

*But however you arrange your creche, do it with love and joy!*

# State winner emphasizes safety

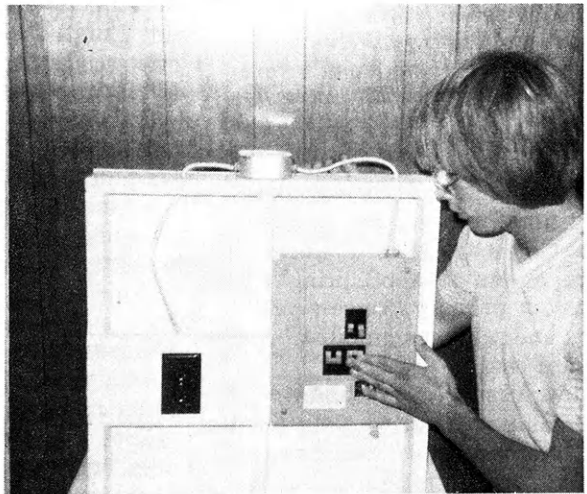
Congratulations to Steve Misegadis, Rush County, state winner in the electric project. The 16 year old junior at LaCrosse High School is the son of Mr. and Mrs. Dean Misegades, Rush Center.

With judgment based on his six years in the electric project, Steve writes, "I've found that the main thing to do is understand what you are doing, how to do it and to be safe as possible." He was chairman of a committee that presented information on many safety factors in a meeting for the public.

For three years Steve has served as electric leader for Walnut City 4-H Club.

Steve's trip to National 4-H Congress was awarded by Westinghouse Electric Corporation.

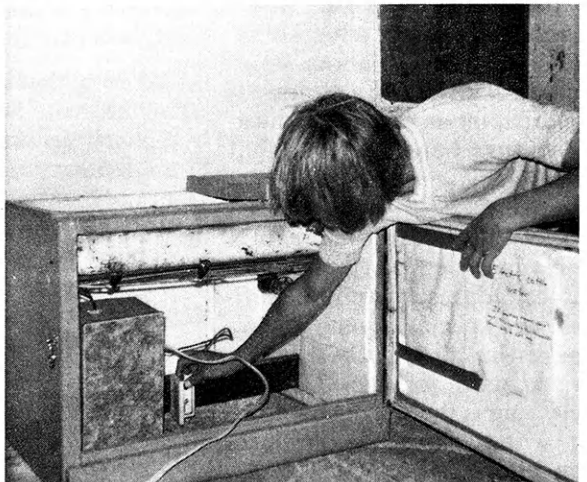
In 1974 Steve attended the Kansas 4-H Congress; the electric power suppliers of Kansas provide these trips for a blue ribbon group of 4-H members.



Steve shows the finished product of his demonstration which he gave at Kansas State Fair on installing a new circuit and how to keep from overloading it.



"I was very cautious about it because water and electricity don't mix," Steve wrote in regard to his electric cattle waterer, which was an idea of his own. In the picture left



above you can see the water float inside the waterer. Right above he is checking the thermostat inside the electric waterer.

*What are you or your family doing to conserve energy? Please send your ideas, with illustrations if possible, to Electric Page, Kansas 4-H Journal, Umberger Hall, KSU, Manhattan, Kansas 66506.*

**Watch This Page For Ideas On Farm And Home Electric Projects**

**ELECTRIC LIGHT and POWER COMPANIES in KANSAS**

The Kansas Power and Light Company  
Kansas City Power & Light Company

Central Kansas Power Company  
Kansas Gas and Electric Company

Western Power Division of Central Telephone & Utilities Corporation

