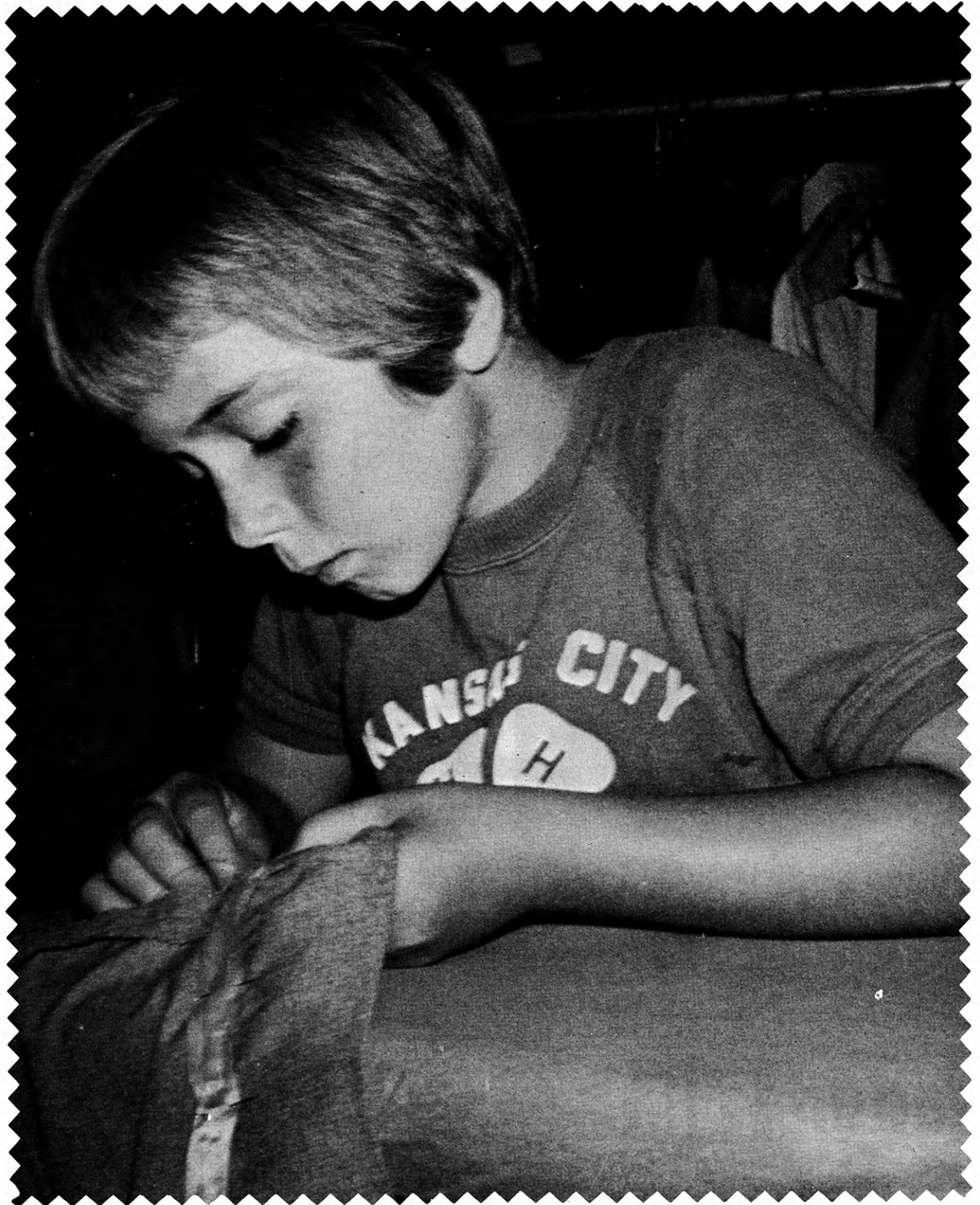


Kansas 4-H

April, 1970

Journal

The 4-H Family Magazine



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Journal

Vol. XVI, No. 4

April, 1970

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4-H Sunday

The HEART H

by Dr. Glenn Busset
 State 4-H Leader

On May 3, National 4-H Sunday will be observed all across the United States. This is the fifth Sunday after Easter, and is also known as Rural Life Sunday. The original intent has been much changed and perhaps lost, but the beginning of spring has always had deep meaning for people closely associated with growing things. In the earliest ceremonies, the intent was to bless the land and the seed, hopeful for a great harvest. When 4-H members assemble to worship God by whatever means on 4-H Sunday, they join in a long succession that comes out of the dim mists of history.

The spiritual development of the individual is emphasized in the Heart H. Spiritual development is essential to a full, well-rounded life of service to the community and the nation—as well as to self-realization of the individual. Many young people today find themselves confused about their feelings for the church, about the position of religion in their lives, and even about the meaning and purpose of their own lives. Honesty, sobriety, generosity, virtue and even courage are the old fashioned values that have always been inextricably combined with religion, and they, too, seem to be seriously threatened. The Russian poet Yevgeny Yevtuchenko wrote of the modern criticism of simple values in these eloquent lines in the Soviet magazine **Yunost**:

They tell me: Man, you're bold!
 But that is not true. Courage was never my strong point
 I simply considered it beneath my dignity
 To fall to the level of my colleagues' cowardice . . .
 One day posterity will remember
 This strange era, these strange times, when
 Ordinary common honesty was called courage.

How, then, does one look at his own spiritual development on this 4-H Sunday, or any other day of the year? Do we view with alarm, seeing only extremes, and with apprehension of the unknown, fail to see the great bulk of good that resides in the middle? Have we lost faith in our own abilities, seeking excuses for not doing that which we know we should? Have you heard someone say, in making an excuse for a mistake, "Well, I am only human." But, are we **only**? Are we not created in the image of God, capable of communicating with the power that created us? Can we not be cause instead of effect? God does not give us a dream, a vision, without also giving us the ability to achieve it. Most of us dream far too low, our visions are miserably limited. We all, even presidents, have more power, more liberty, more vision than we ever use.

What kind of spiritual goals do you want for yourself; what do you want not out of life, but in life? These few lines from Shakespeare¹ say it so beautifully, that they would themselves be a worthy life philosophy:

When he shall die
 Take him and cut him out in little stars
 And he shall make the face of heaven so fine
 That all the world will be in love with night.

(Continued on page 6)

OUR COVER

Clothing is the most popular 4-H project in Kansas in 1970. Fifteen thousand, five hundred six girls and boys are busily cutting, sewing, knitting, plan-

ning, choosing—all working toward a more satisfactory wardrobe. On the cover 9 year old Julie Swanson, Wyandotte County, is shown working intently to complete her sun dress. Her brother Jim was the photographer.

Fashion trends

By Naomi M. Johnson

Extension Specialist, Clothing and Textiles



Trends in fashion show the general direction of change in colors, fabrics and styles. You affect trends as you decide what to buy.

Merchants can't always predict which new styles will be bought, so they have a variety of fashions for the consumer, who looks and shops until feeling at ease with a new look.

Most important when you shop, think of yourself and how you will wear and use what you choose from what is available in your market. The same choices aren't right for all of you.

Plan your wardrobe; then use self discipline to keep within your plan. Enjoy what you buy and keep trying to improve your buymanship.



♀ ♀ Color ♀ ♀

This spring and summer the trend is toward soft light colors. Pale colors of strawberry, melon and mauve may be in solids, old-fashioned patterns and contemporary designs. (Editor's note: A best selling color this spring in some stores is peach, our headline color.)

Blue, melon and red, white and blue are good in medium bright shades.

Four major classic colors are orange red, deep gold, bright navy and tartan green on a white background. Red, white and blue combine in plaids and checks.

Neutrals are seen in three color areas: golden toasty brown, chamois through cream, and light silvery grey taupe.

Many women's colors for fall 1970 are traditional—pumpkin, berry red and forest green. Eggplant, onyx and coraline will be found alone and teamed with other shades.

♀ ♀ Fabrics ♀ ♀

Florals are still important. Tiny fragile looking flowers are arranged in nosegays, clusters, stripes and lattices. Medium sized flowers may be stylized. Occasional large patterns have lots of space between designs.

Spring and summer fabrics will be soft and feminine.

Fabric types found are:

- sheers which are an extensive group of voiles, eyelet, leno, dimity, chambray, organza, lace, light weight cottons and blends in prints, plaids and novelties.

- crepes which will be used year round with many variations.

- gaberdines which are very supple and light.

Woolens for fall and winter will be softer and lighter weight than in the past few seasons.

♂ ♂ Color ♂ ♂

High pitched shades for young men include American beauty and citron yellow. These may be blended with neutrals Roman tile, copper gleam and pebble.

A trend for fall will be shirts in subtle reserved shades; mesa, a soft coral; tourmaline, an off-beat green; doeskin; newman blue; eucalyptus green; toasted marshmallow, deep aquamarine and cognac. Also shown will be deep tones of antique gold, midnight blue, chocolate, raspberry and navy. Solid colors still set the pace, but stripes on white and on color are also popular.

Slacks will be divided between the traditional grey, blue and brown, and off-beat shades. Some of these are burgandy, cinnamon stick, grenadine, henna, Atlantic green, antler, deep Prussian and spun gold.

For men's socks, deep brass and blue are at the top of the list. Red, plum, red-brown and navy are also expected to be fast sellers.

♂ ♂ Fabrics ♂ ♂

There will be a variety of pile fabrics in all styles, textures and colors for outer wear. Fabric will be lighter weight for spring, with a reversal to heavy lofted fabrics in bold multi-stripes for fall. Worsteds and reverse twists will be used for suits and sport coats. Many striped suits will be on the market in the fall.

All kinds of weaves will be available. Geometric weaves will be found in fabrics for sportswear. Cheviots and saxonies will be popular.

Dimensional geometrics will be much used in neckwear and shirtings.

Two button models will show a great deal of shirt and tie.

♀ ♀ Style ♀ ♀

A variety of looks will be seen in 1970, such as:

- the lanky look through knits.
- the cuddly look by stretch fabrics with a velvet or velour look.



- the lean look as in a T-shirt dress.

- the tunic look with pleated shirt under a shirt or tunic top.

- the flared look with drop waist dress and flare skirt in soft fabric.

- the casual look, a long knit top, T-shirt over a patterned skirt.

- the put together look with mixable separates, such as a classic shirt, a long easy vest and short skirt.

- the covered up look for rain, beach or snow in a hooded poncho.

- the layered look by using soft knits together in pants, cardigan, long vest.

- the luxurious look in a simply styled scarf or border print. Special occasion clothing is cut from panel fabrics, with most outstanding panel designs in center front and center back. Border may be used at neck, cuffs and hemline.

(Continued on page 7)

♂ ♂ Style ♂ ♂

Ties are wide; they will grow wider.

Conventional single breasted coats with 2 or 3 buttons are in good taste. Sleeves have 2 buttons. Pocket flaps are straight or slanted. Backs have easy fit with center vents.

Some coats will have more shape, with wide lapels, suppressed waist with longer length and more flare. Center vents will be longer, perhaps as long as 12 inches.

Slacks are in traditional styling with plain tops. Shorts also have plain tops. Waistbands have belts or extension waistbands with button tabs. Pockets are western, slant or straight top pockets. Some new coats have an extra little pocket, called a ticket pocket.



Legs are straight or stove-pipe, the same width at the bottom as at the knee. Moderately flared legs are also popular, particularly with double breasted coats. Wider pant legs balance wider lapels and coats. Cuffs may be two inches wide.

Shirts, slacks and sport coats team together in various ways to get a different look for different occasions. A popular trend is the plain or blazer type sport coat to go with fancy pants.

Young men's clothes will move away from a regimented look; men will feel free to wear clothing to reflect feeling and personality.



ENJOY GARDENING—Gardening is a favorite pastime of the Robert Plank family of Blue Mound. Here, seven-year-old Michael and Jimmy, 11, inspect their sweet corn and tomatoes. The boys are members of the Lucky Ridgers 4-H club of Linn County. Rev. Plank serves as a community leader for the club.

IDEAS & News

Jeff Nattler and Wendy Harms recently joined the Richland Livewires club of Harvey County. Danny and Timmy Stahl are new members of another Harvey County club, Lucky 13.

Kathy Gerhardt is a new member of the Happy-go-Lucky club of Jackson County.

New members of the Kipp Wide-Awake club of Saline County are Steve Fairbanks, Michelle Leister, Jolene Sundgren, Sharon Swanson, Julie Olson, Ricky and Randy Leister and Barbara and Leslie Johnson.

Debbie Greenstreet, Helen Ford and LuJean Monaghan, members of the Richland Rustlers 4-H club, Pratt County, entertained the Business and Professional Women in Pratt with a novelty act. Their accompanist, Kenna Giffin, is also club reporter.



HERALDS 4-H—This window display of the Amy Aggies 4-H club of Lane County tells passers-by of the benefits of joining 4-H. Promoting 4-H is one activity of the youth clubs. Amy Aggies also enjoyed a recent outing to Castle Rock, according to Ike Head, reporter.

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Osborne County 4-H members lost a good friend January 5, 1970, with the death of John S. Campbell, Portis, shown at left. He had been a 4-H community leader for 26 years. On the right is his grandson, Ronald Macy, president of Riverview 4-H club, with a 4-H emblem in memory of his grandfather. Mrs. Campbell was a leader 12 years; their 7 children were 4-H members, as are their 5 oldest grandchildren. The Campbells' daughter, Mrs. Leo Macy, is community leader of Riverview 4-H club.

Tractor safety training qualifies youth for farm work

Do you want to work on a farm this summer? Are you 14 or 15 years old?

If the answers are "Yes," you can profit from training sessions on operation of a tractor and machinery. The course is offered to help you qualify for employment this summer. It may also be helpful if you work on your parents' farm.

The first 10-hour course qualifies boys and girls to operate a tractor. To qualify to operate certain machinery, an additional 10-hour training course on farm machinery is required. Another requirement is an additional 4-hour orientation course on normal working hazards in agriculture.

Written and practical tests are part of the course. Youth receive certificates when they successfully complete all requirements; they must give a copy of

this certificate to employers.

County Extension agents, in cooperation with vocational agricultural teachers and implement dealers, conduct the training programs.

Last year, almost 3000 young persons were awarded certificates in Kansas.



Linda Pierron, chairman of the layette project, is pictured at St. John's hospital in Leavenworth giving a layette to an appreciative mother the day after her baby was born.

4-H Sunday — (Continued from page 3)

Perhaps one of the greatest needs of mankind today is genuine compassion, the biblical injunction to "love thy neighbor." I have never heard it better expressed in terms of a day-to-day working creed, than in the short prayer by Peter Marshall:

Dear Lord, help me to treat everyone I meet today as if his heart is breaking—it probably is.

It might be a good prayer to use at your 4-H Sunday service, and for the rest of the year and for the rest of your life. No matter what position you have achieved in life, or what experiences you have had, all of it has been a failure if it fails to open your heart.

¹Shakespeare, William, *Romeo and Juliet*, Act. 3, Scene 2.

Community service fills needs near and far

Community service by the Bell 4-H club of Leavenworth County fills needs as close at hand as the local hospital and as far away as South America.

Four layettes, two for girls and two for boys, were given to the two hospitals in Leavenworth. Each family of the club gave new or nearly new clothing or purchased items such as powder or oil. Girls of the club made a few minor repairs and washed and ironed the clothes before boxing and gift wrapping.

Later in the year the American Red Cross chairman, who had read of the club's project in the local paper, asked for two more layettes. Within two weeks the two layettes were delivered to the Red Cross and included was a crib and training chair.

Hospital officials decided which mothers would need them most. One went to a young mother having her first child whose husband had cancer and wasn't expected to live but a few months.

Girls of the Bell 4-H club also made rag dolls for children at the missions of the Sisters of Charity in South America. Upon delivery of the dolls to the Sisters' Motherhouse at Xavier, just outside Leavenworth, the girls learned that many sewing needs were wanted to help teach native mothers to sew.

Sharon and Linda Pierron got busy and collected items from the club girls and other sources and took them to the Sisters for their missions.



Gifts to go to South America include boxes of 2,000 patterns separated and tied in sizes, 20 dozen boxes of black and white thread from a thread company, 200 zippers of various sizes, snaps and scraps of material large enough for children's clothing. Sharon Pierron on the left and Linda Pierron on the right present them to Mother Superior.

Planting to begin in Memorial Tree Walk

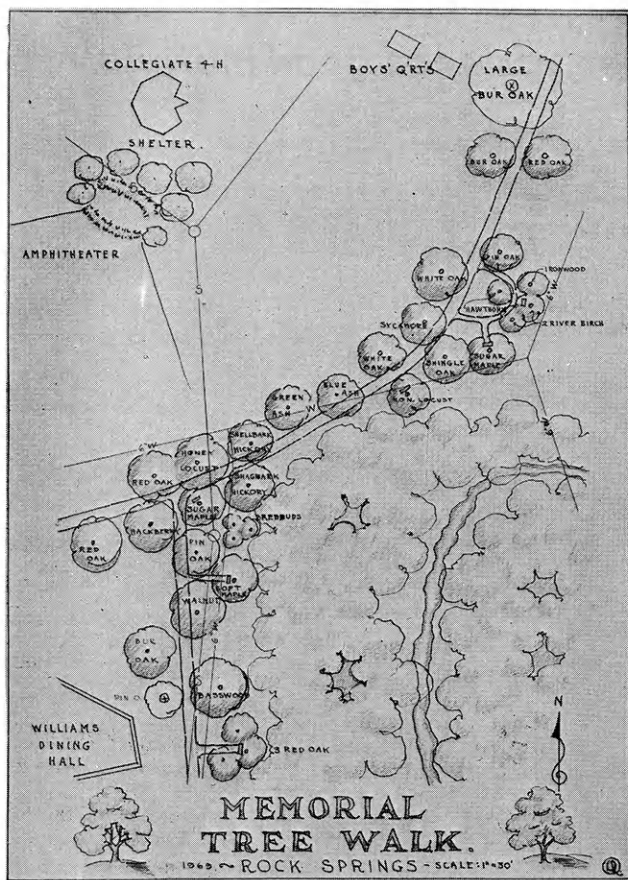
Planting of trees in a Memorial Walk will begin this spring at Rock Springs Ranch, state 4-H center, according to L. R. Quinlan, member of the Rock Springs committee. In drawing plans for the Tree Walk, Professor Quinlan specified only species adapted to the area be used, such as ash, maple, red bud, oak and walnut. Benches and other appropriate items may also be included in the walk which will be about 230 feet long, beginning near Williams Dining Hall.

The name of the person memorialized, donors and the kind of tree will be inscribed on bronze plaques about 3x6 or 4x7 inches in size placed in concrete. A permanent record of plantings will be kept.

Minimum cost for a tree, including planting and plaque in cement is estimated to be not less than \$35. When necessary, arrangements can be made to replace trees.

The Memorial Tree Walk is one of many opportunities to honor the memory of loved ones while at the same time benefitting Kansas 4-H boys and girls.

For further information, contact Kansas 4-H Foundation, 212 Umberger Hall, KSU, Manhattan 66502. The telephone number is 913-532-6621.



V.I.P.'s, to the 4-H Journal staff, are the 19,000 families who receive the Kansas 4-H Journal. We wonder what you think about the Journal. Do you read it, or does it rest undisturbed on the coffee table until mother puts it in a box of magazines to go to the Salvation Army? What do you like about the 4-H Journal? What do you dislike? How should it change in the soaring seventies?

Reading the mail is already the nicest event each day in the 4-H Journal office; think how exciting it will be if we get 19,000 letters from Very Important People!

Address your letter to:

Kansas 4-H Journal
Umberger Hall, KSU
Manhattan, Kansas 66502.

Citizenship Center planned at Rock Springs Ranch

A constructive step toward more intensive citizenship training will be taken at Rock Springs Ranch when the proposed Citizenship Center is built and put to use.

\$200,000 has already been pledged by an anonymous contributor, providing an additional \$200,000 to \$250,000 is raised to build the Center.

Plans include an auditorium to be used for lectures, films, plays and other presentations; a gallery for exhibits where documents such as the Declaration of Independence and the Constitution will be displayed; and seminar rooms for small group discussions.

W. Dale Critser, chairman of the Kansas 4-H Foundation Board of Trustees, said "We propose this Citizenship Center—a \$400,000 complex—for use in training and inspiring the 21,000 youth and their leaders who use Rock Springs annually, and the hundreds of visitors—a mighty force for good."

Proximity to the Eisenhower Memorial with its many thousands of visitors will make this teaching facility especially useful.

Fashion trends —

(Continued from page 5)

- the clingy look by a gathered skirt and a body hugging blouse.
- the fringed look in triangular shawls to go with dress or pants to add another layer or for warmth.
- the peasant look with deep coloring and contemporary styling.

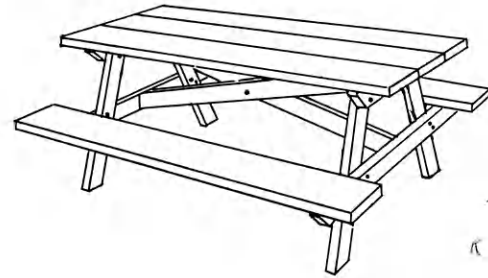
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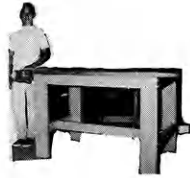
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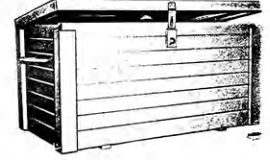


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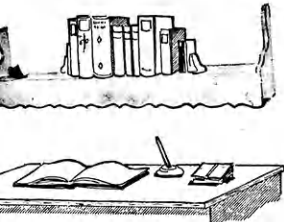
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Picture courtesy of Junction City Republic

Delivering a red wagon to Opportunity School in Geary County are, left to right, Margaret Gustafson, Patti Meyer and Karen Roesler.

Club gives wagon to Opportunity School

The eleven children at Opportunity School in Geary County have a new red wagon to enjoy, thanks to members of the Clark's Creek 4-H club. The club meets in the former Berry school house, the home of Opportunity School, and members presented the gift in appreciation for use of the building as a meeting place. Clark's Creek EHU helped with cost of the wagon.

Opportunity School, for handicapped children unable to attend public school, allows each student to progress at his own rate. Children come from Fort Riley, Junction City and rural Geary County.

Pupils made package bows at Christmas time and the 4-H families purchased them, "and we are happy to use the bows," David Roesler, club reporter says.

Seven new memorials

Seven memorials have been established recently with the Kansas 4-H Foundation.

They are: Arden Booth, Douglas County, for Virginia Ann Nunemaker; Johnson County 4-H Council for Darrell F. McElwain; Lee Winter Gress, Medicine Lodge, for Ship Winter; from Ellis County, the George Jensen Family for Robert J. Dortland and the Junior Farmers 4-H for Raymond Schmidt; and from Lincoln County, the Beverly Boosters 4-H for Alfred Wiegert and the Sylvan Hustlers 4-H for Lt. Steven Mueller.

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Ottawa
 Franklin Savings Assn.

Parsons
 First Federal Savings and Loan Assn.

Plainville
 Rooks County Savings Assn.

Plan your wardrobe

By Mardel L. Crandall
Extension Editorial Assistant

"It's no fun to be an orange sweater like me. Oh, sure, I was hand-knitted in Italy and I cost a fortune. But I never get worn. I remember the day I was bought. Anne couldn't resist me although I cost more than she could really afford. She ran her hand over my softness and decided that she had to have me.

"So she plunked down the \$20 and took me home. That's where I have been ever since. Home. In a drawer. Packed away in tissue paper, forgotten, never worn."

Could this be your sweater talking? Or perhaps it's your raincoat, a skirt or a dress shoved into the depths of the closet because it is out of style? Or a scarf that is crammed into the corner of your drawer because it goes with nothing?

Your clothes will not have such a dull life if you do some planning — wardrobe planning. Planning your purchases ahead will help you in many ways.

Interested in stretching your clothing budget? Wardrobe planning will help you eliminate those spur-of-the-moment purchases that somehow never fit into your wardrobe. If Anne had thought ahead, she would have resisted the \$20 sweater that could only weep in its tissue wrapping.

More for your money is the "buy-word" of wardrobe planning. If you plan your wardrobe carefully, you'll need fewer accessories. A brown purse that goes with a plaid suit, three skirt and sweater outfits and two dresses is a better buy than a red purse that will only be used with the plaid suit.

Thinking before buying can give you that well coordinated look. If Anne had wisely chosen a navy blue wool jacket instead of the sweater, she could have worn it with two skirts, a pair of slacks and her wool shorts. And how coordinated she would have looked!

Wardrobe planning will help stretch your wardrobe so that it

fits any occasion. The well planned wardrobe is prepared for a party as well as for school, a picnic and church. Anne was left without a new dress for the spring dance because she couldn't resist that sweater.

Anne would have been smarter to follow the steps of wardrobe planning. All they take is a little time and thought—time and thought well spent. You would be smart to consider these steps, too.

First, consider your activities. If Anne had remembered the spring dance, she might have thought twice before buying the sweater.

Take inventory of what you have. Too bad Anne didn't follow this advice. She should have gone over her present wardrobe with an eagle's eye for fit, style and condition. She would have discovered six good sweaters and a party dress punch stained and out of style.

Find the gaps in your wardrobe. Anne could have seen that she needed a new party dress, not a new sweater, if she had only taken time to think through the gap.

Consider which outfits to make and which to buy. Anne likes to save money and have one-of-kind clothes by making them. However, she might decide to buy a party dress because she is only a beginning seamstress. On the other hand, if her need had been a school jumper, she might have decided to make it.

Anne would have known these steps to wardrobe planning—and would have put them to use—if she were enrolled in a 4-H clothing project.

There are five phases to the project. After a beginning phase, girls enroll in school clothes to consider their clothing needs for school. During the third phase, they plan an all-occasion wardrobe. The final phases are clothes for special occasions and complete cos-

tume, projects which build on the wardrobe plan started the years before.

If you have a sad sweater or skirt crying in a lonely corner, it may be a sign that you need to plan your wardrobe more carefully. And 4-H can help you do just that.

Time to apply for camp job

Some 50 Kansas 4-H'ers or former 4-H'ers will be selected to serve as counselors at the July 24-29 State 4-H Junior Leadership and Music Camps and July 19-24 State 4-H Health and Conservation Camps. County Extension agents submit recommendations before April 17 to the state 4-H department, Kansas State University, Manhattan. The counselors must be 17 years of age or older.



Looking for bugs on a winter field trip are members of the Thornburg Cubs 4-H club, Smith County. Special reporter Ronda Lambert tells that members interested in entomology "went in groups up the creek looking for bugs under logs, in banks in the soil, and in trees. Each person had a jar prepared to put bugs in. About everyone was successful in finding several kinds of nature's creatures, although it was late in the year. We had lots of fun in the two hour hunt."

IDEAS * & News *

Four clubs from 3 counties met recently in the northwest corner of **Butler County** for a unique 4-H exchange meeting. Each club had a separate business meeting, then gathered together for the program, recreation and refreshments. Nearly 100 club members and 50 parents took part. Participating were **Murdock Wranglers 4-H club** and **North Butler 4-H club**, **Butler County**; **Furley 4-H club** of **Sedgwick County** and **Richland Livewires** of **Harvey County**. **Mike McCoy** reports that the opinion of those who attended was "Fun, let's do it again!"

Randy Riniker told about his tropical fish project at the February meeting of the **Silver Lake 4-H club**, **Shawnee County**. The club had received its seventh purple seal, and placed it on the charter. Congratulations!

Recent new members in **Harvey County** are **Suzetta Boswell**, **Lucky 13 4-H club**; **Carla Anderson**, **Greg** and **Tammy Stucky**, and **Keven** and **Kristie Wiebe**, **Newton City Slickers 4-H club**; **Wendy Newell**, **Sedgwick Sunflower 4-H club**; and **Myron Regier**, **Kellas 4-H club**. Welcome to 4-H!

New members in the **Bluestem 4-H club**, **Butler County**, are **Thresa** and **Debra Laughterback**, who are taking horsemanship, and **Joan Campbell**. Her first project will be sewing.

The **Cheney Gremlins 4-H club**, **Sedgwick County**, had an unusual record last year—two of their members won trips to Chicago. **Carl Koster** attended National 4-H Congress as Kansas' photography champion. Now a student at Kansas State University, he is a photographer for student publications. **Don Lorg** went to the International Livestock Exposition as a member of the Sedgwick County 4-H livestock judging team, the champion team at the Kansas State Fair. They were seventh in the national 4-H livestock judging contest. **Don** is vice-president of Sedgwick county council.

Four-H'ers are busy this spring cleaning up! Members of the **Delia Early Birds 4-H club**, **Jackson County**, walked a mile along the roads around **Delia** picking up litter. This was a club beautification project, according to **Barbara Broyles**, club reporter. **Saline Valley 4-H club** members, **Saline County**, voted to clean up roadsides in their community and have a weiner roast afterward.

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IDEAS & News

Two Saline County clubs made good use of panel discussions recently. At the Friendly Valley 4-H club meeting Janet Bloomquist and Billy Boyd led a discussion about 4-H days. "Has 4-H changed?" questioned members of Mentor 4-H club. Peggy James was moderator and taking part in this discussion were Carol Sterle, Margaret Tinkler, Scott Nichols, Pius Jilka, Brenda Jording and Kenny Jording.

The Lakeside 4-H club of Kirwin, Phillips County, picked an unusual project this year. Everyone brought a book to one meeting and these were sent to a Navajo Indian community which needed books for a community library the Indians were starting. The Kirwin library also helped by sending books. Congratulations on a thoughtful project!

George Kohman surprised members of Gypsum Valley 4-H club, Saline County, with his talk about prairie dogs.

Kipp Wide Awake 4-H club, Saline County, voted Clara Roesner into the club as a new member.

Henry Diehl, Brookville 4-H club, Saline County, attended the 17th National Poultry and Egg Fact Finding Conference in Kansas City recently. There he saw a display of automation showing eggs being graded, candled and packaged, and learned about a company which produces a quarter million frozen poultry dinners a day. Henry is a member of the state judging team and has won trips to Houston and Wichita as a winner in wheat and field crops.

Some 4-H'ers get in the habit of making things better and keep on doing this even when they're in far away places. One such person is Robert W. Parks, a former member of Zeandale 4-H club, Riley County, now in the navy in Vietnam. He writes that recently "I have been taking water out to the orphanage about twice a week. Today I went out to a school about thirty miles away from the base. We took school supplies out to them. We took paint out and started painting the inside of a church right next to the school." Robert writes that he hopes to return to the United States not later than the eighth of April.

Posters to encourage more people to eat better breakfasts will be put up in store windows by the Ichi-Ban 4-H club, Saline County. Winners in the poster contest were Dennis Egan, Chris Egan and Kathy Urban.

Recreation leaders Debbie Wingert and Mike Pennington passed out valentine candies before the February meeting of the Model-Boosters 4-H club of Lyon County, and for roll call members were asked to read the phrases. Rita Beyer reports that a coincidence brought laughs when Jeanne Stillman answered "Next time," and Steve Swigert immediately followed with "Okay, baby!"

Round-up delegates elected by the Hesston Union Champions 4-H club, Harvey County, are Jane Kaufman, Ronnie Samuelson and Arnetta Boesker.

The new members of the Walton 4-H club, Harvey County, are Sara Griffith and Larry Seimens.

Youth plan now for State 4-H events

Summer 1970 for many Kansas 4-H'ers will include taking part in a statewide event.

Delegate selection is underway in many counties for the four state camps, Round-up, and the National 4-H Citizenship Short Courses.

Round-up, June 1-5, at Kansas State University, is for delegates from every county participating in a program emphasizing citizenship and career exploration.

July 19-24 are the dates of the State 4-H Health and Conservation Conferences at Rock Springs Ranch, state 4-H center, near Junction City.

The State 4-H Conferences for Leadership and Music are July 24-29 at RSR. For the first time the music event is combined with the leadership conference.

Kansas will have two delegations participating in National 4-H Citizenship Short Courses at the National 4-H Center, Washington, D.C. The dates are July 26-August 1 and August 9-15.

The camps, conferences, short courses, and Round-up are a part of the educational events making up the Sunflower State 4-H program conducted by the Cooperative Extension Service, KSU.

Kitchen



Bowl

Editor's note: A good dish for a spring or summer picnic is three-in-one bean salad. Ursula Beuchat, Silver Lake 4-H club, Shawnee County, prepared it for her club and now shares the recipe with 4-H Journal readers.

Three-in-one Bean Salad

Drain 1 can green beans

1 can wax beans

1 can kidney beans

Combine and add one thinly sliced onion.

Mix in $\frac{1}{2}$ cup salad oil

$\frac{1}{2}$ cup vinegar

$\frac{3}{4}$ cup sugar

1 teaspoon salt

$\frac{1}{4}$ teaspoon pepper

Let stand at least 2 hours or refrigerate over night.

Editor's note: Kathy Adams, Anderson County, a sophomore at Garnett High School who has been in 4-H eight years, enjoys preparing meat dishes with barbecue sauce made by the pinch, taste method. Here is a recipe for one of her favorite meat dishes:

Ground Beef Grand Style

1 can biscuits

$1\frac{1}{2}$ pounds ground beef

$\frac{1}{2}$ cup chopped onion

1 8-ounce package cream cheese

1 can mushroom soup

$\frac{1}{4}$ cup milk

1 teaspoon salt

$\frac{1}{2}$ cup ketchup

Brown beef and onion. Drain. Combine cream cheese, soup, milk. Add salt, ketchup and meat. Pour into 2 quart casserole. Bake at 375 for 10 minutes. Place biscuits around edges, bake at 375 for 15 to 20 minutes, until golden brown. Serves 5-6.

Camp craft training at state 4-H center

Older teenagers will have camp and recreation training at Rock Springs Ranch, state 4-H center near Junction City, April 24-26. They will gain experience in assisting at camps for younger 4-H'ers and other youth groups. If you wish to go, ask your county Extension agent for information.

New family camp to be at Rock Springs Ranch

A new camping opportunity for Kansas 4-H families will be available this summer at Rock Springs Ranch. A family camp is scheduled for July 2 to 5.

The Kansas 4-H center has facilities for swimming, boating, horseback riding, fishing, archery, marksmanship, nature hikes and sports of all kinds. Meals will be served family style and campers will have few dining hall duties. This will offer a change of pace for those responsible for cooking and dishwashing at home, and plenty of time will be free for handicrafts, cook-outs, campfires, vespers, song sessions and visiting with new friends.

All who attend will share in planning the daily schedule. A special Independence Day obser-

vance will be a Saturday evening event.

Registration will be from 2:00 to 5:00 p.m. Thursday, July 2, and the camp will close following the Sunday noon meal, July 5. To encourage the whole family to take part, special fees are set for the three day camp: adults-\$15.00, 4-H age youth-\$12.00, 3 to 8 year olds-\$6.00, and under 3-free. This provides for nine meals, lodging, recreation and special features. Each person will bring his own bedding and toilet articles. Pre-registration can be made by writing the state 4-H club office, Umberger Hall, Kansas State University, Manhattan 66502, or through the county Extension council office. More details can be secured from your county Extension agents.



When Miss Eva Mansfield retired as Home Demonstration Agent of Leavenworth County, the Bell 4-H club invited her to a meeting as their honored guest. Four of the older girls who had worked most with Miss Mansfield in 4-H work took part in a ceremony using a window with four panes and a large clover at the top which read "Window of Appreciation." Each had a candle and told what it stood for in ways the club appreciated various things Miss Mansfield had done for them. The candles were then placed in the window. A gift of a ceramic powder box was presented to her. Pictured left to right are Kathy Seber, Miss Mansfield, Charlene Pierron, Mary Lee Bromell and Rita Sachse.

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Delegates go to Washington, D.C.

Four Kansas delegates to National 4-H Conference in Washington, D. C., April 19-24, will be Deanna Tuck, Hoyt; Elaine Sturgeon, Nickerson; Robert D. Siefkes, Hudson; and Jerry Meng, Troy.

Delegates are selected by interviews with state 4-H department staff members and former delegates. The four teenagers are chosen on the basis of leadership, service, citizenship, and total 4-H achievements. The honor is one of the highest a Sunflower State 4-H'er can receive, according to Dr. Glenn M. Busset, state 4-H leader, Kansas State University.

The trips are made possible by the Kansas Bankers Association as a part of the recognition awards program coordinated by the Kansas 4-H Foundation.

Deanna, a KSU freshman, is the daughter of Mr. and Mrs. Donald D. Tuck. She is a member of the Jackson County Hoyt Livewire 4-H club. Deanna hopes to be a physical therapist.

Clothing has been one of Deanna's major projects. She has served as an assistant leader in clothing and foods and nutrition for her club. Garden, beef, swine, sheep, safety, and recreation are other projects for this versatile teenager. She has served as president of her club and assisted in planning 4-H Sunday, achievement days, county style revue, tours, and window displays.

A freshman at Hutchinson Community Junior College, Elaine plans to graduate from KSU and have a career in clothing retailing and designing. She comments that her 4-H clothing projects have influenced her decisions.

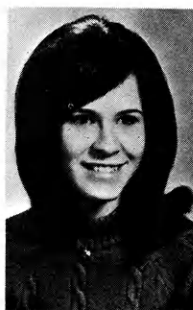
Elaine is the daughter of Mr. and Mrs. Eugene Sturgeon and a member of the Reno County Salem 4-H club.

Clothing, swine, foods and nutrition, and junior leadership are Elaine's projects. She has an excellent record in judging livestock, home economics, and meats identification and judging.

Elaine has been president of the Reno County Junior Leaders Club, the 4-Aces. As a junior leader she has given talks pro-



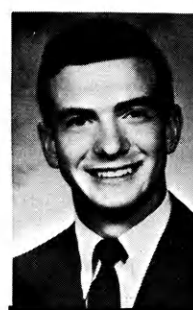
Jerry Meng



Deanna Tuck



Elaine Sturgeon



Robert D. Siefkes

moting and explaining 4-H and assisted younger members with projects.

Robert is a Fort Hays Kansas State College freshman planning a career in agri-business. His parents are Mr. and Mrs. Melvin Siefkes and Robert is a member of the Stafford County Jolly Workers 4-H club.

Beef projects have formed a foundation for a registered Shorthorn herd. Robert's other projects include swine, grain, public speaking, grooming, veterinary science, and junior leadership.

As president of the Stafford County 4-H Council and his 4-H club, Robert has worked with 4-

H'ers of every age in planning events. He comments on "how valuable a 4-H background is in college, career, and life."

Jerry is a KSU freshman. He is the son of Mr. and Mrs. Henry Meng and a member of the Doniphan County Brenner 4-H club.

Junior leadership is Jerry's favorite project. He sees the "need for more public expression of one's ideas, sensibly and respectfully, plus follow up action to make things happen."

Jerry enjoyed being a counselor at State 4-H Junior Leaders Conference and hopes "after I'm no longer a member to use public speaking ability to get and keep others close to 4-H."



KSU COLLEGIATE 4-H CLUB OFFICERS FOR THE SPRING SEMESTER pause during an executive board meeting to give the camera a smile. Approximately 250 former 4-H'ers who are now KSU students are members of the club. Left to right are: (seated), Ernest Peterson, Tonganoxie, one of six corresponding secretaries; Tim Benton, Garnett, vice president; Nancy Kasitz, Hesston, president; and Janice Wood, Wichita, secretary; (standing) are: Carl Stueve, Olpe, marshal; Susan Fagan, Benton, refreshment committee chairman; Joe Miller, Effingham, treasurer; Nancy Mauderly, Strong City, recreation leader; Susie Smith, Concordia, song leader; and Trudy Kloefkorn, Caldwell, reporter.

WE SALUTE ELECTRIC WINNERS



The Investor-owned Electric Companies of Kansas proudly salute the Electric Project winners listed here. These worthy 4-H'ers received Westinghouse Medals for their fine work. If you are not enrolled, join the many 4-H'ers in this project to learn more about electricity and the proper care and use of electrical equipment. Contact your club leader for more information.

State Winner: David Cook, Dickinson County, received a trip to the National 4-H Congress in Chicago.

Top County-Wide Electric Program: Ford County.

1969 Electric Winners

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* Blue Award Group. Received an educational trip to the Kansas 4-H Congress.



* Watch This Page For Ideas On Farm And Home Electric Projects

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