Community Health Assessment
Hodgeman County
Kansas
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Master in Public Health Candidate Field Experience
Hodgeman County Kansas

Community Health Assessment (CHA)

Hodgeman County Kansas
Two cities in the county
   Jetmore: county seat population 867
   Hanston: 12 miles east of Jetmore, population 206
What is a Community Health Assessment?

A process by which community members gain an understanding of the health concerns, and health care systems of the community by identifying, collecting, analyzing, and disseminating information on community assets, strengths, resources, and needs.
Eight Phases of Community Health Assessment

Guides you through gathering a team of people who can represent the different viewpoints in your community.

- Phase 1: Establish the CHA Team
- Phase 2: Collect Primary Data
- Phase 3: Collect Secondary Data
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- Phase 5: Determine Health Priorities
- Phase 6: Create the CHA Document
- Phase 7: Disseminate the CHA Document
- Phase 8: Develop Community Health Action Plans
Who We Are
Hodgeman County CHAT

Community
Health
Assessment
Team
CHAT Team Core Agencies

Hodgeman County

- Hodgeman County Health Department
- Hodgeman County Health Center
- Hodgeman County Economic Development
- Hodgeman County Extension
A Cooperative Team is Formed to Benefit the Entire County

Hodgeman County, Kansas

- To share the assessment process and findings with the county residents and to educate local residents, health care providers, and students regarding pressing health problems
- To empower community members to act on issues of concern
- To identify emerging issues, to provide data for deciding programmatic/organizational decisions, and to plan effective, collaborative interventions to promote better health
- To advocate for community change with politicians and other local decision-makers
- To promote collaboration and partnership among community members and groups
- To furnish a baseline by which to monitor changes
- To serve as a reference point and a historical perspective for future county assessments
- To provide a resource for activities such as writing grant applications
- To serve as a model for other counties who are planning an assessment
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First meeting is held March 14, 2013

- PowerPoint presentation
- What is a Community Health Assessment
- Explanations of obligations for CHAT team members – 6 to 7 meetings
- Shown the survey, recommendations?
- Discussed distribution and community education for the survey
- Team members create a contact list of 10 people, each one different
- Mass mailing date by March 26, completion date April 12
Establishing the CHA Team and Survey Promotion

- Invitation letter
- Postcard RSVP
- ADT Alert system
- School newsletter
- Health Department Website with links
- Extension Steak supper
- Local newspaper: The Jetmore Republican
- Follow up phone calls per team members to their contact list
Community Health Assessment

Getting the word out
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Community Health Assessment
Phase 2 collecting primary data

- Collect primary data from county residents
- Done by a inventory of health resources
- Conduct a community health opinion survey
- An effective method to discover what county residents think about their health status and the county that they live in
- What are their needs and what are the county Resources
- This process ensures that the health assessment is done by the community not on the community
- The questions in this survey have been pretested in previous CHAs
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Community Health Assessment
Phase 3 collecting secondary data

- Another agency or organization has collected them
- Secondary data by county is available from national, state and local agencies and organizations
- Look at trends over time
- Compare the county to other counties and to the state
- Understand the different types and sources of data
- Gather county statistics
- Learn tips for interpreting statistics
Secondary Data

There are some important caveats on the dashboard displays related to small number of events:
1. If no events occurred, count or region dashboards won’t display.
2. Counties or regions with a displayed value of zero had no events reported.
3. If dashboard displays involve a number of or all counties or regions, some dashboards may not reflect the same time period. Data from the most recent time period available for each county/region are displayed.

Another caveat to be aware of is the rounding of percent, rates, and counts that could have the dashboard results not corresponding exactly to other reports and publications.
Secondary Data Assessment (Health Statistics)

Kansas Health Matters for Hodgeman County
County Health Rankings for Hodgeman County

Hodgeman County Strengths

• Home Ownership (2x)
• Student Teacher Ratio (2x)
• Voter Turnout
• Community Participates in Health Screenings (2x) (Ex: Higher than state average Diabetes screening rate)
• High School Graduation Rate (2x)
• Low Unemployment (2x)
• Low Poverty Levels (2x)
• Having a Grocery Store
• Highly Educated Community

Hodgeman County Concerns

• Accident/Injury Rate (3x)
  Increased Unintentional Injuries
• Elderly 65+ Living Alone (2x)
• Lack of Recreational/Fitness Facilities
• Low Activity Levels (2x)
• Limited Access to Healthy Foods (2x)
• Low percent of those eligible participate in Food Stamps
• Obesity Rate greater than KS average (3x)
• Stroke Rate greater than KS average (2x)
• COPD Rate greater than KS average
• Diabetes Rate greater than KS average
• Smoking During Pregnancy Rate greater than KS average
• Low Birth Weight greater than KS average
• Uninsured Children & Adults
• Lack of Dentist
Secondary Data
Health Resources Inventory Assessment

Hodgeman County Health Beat
Health Directory
Updated 2011

Click "Bookmarks" in upper left to view contents.

If you have questions or updates that need to be taken care of, please contact:

Hodgeman County Health Department
620-357-8736
Health Resources Inventory
Hodgeman County Health Directory (Health Beat)

Hodgeman County Strengths
• Hospital
• Pharmacy
• Health Department
• Volunteerism in Crisis
• Health Services Directory-Health Beat
• Strong Faith Base
• Good Schools
• Senior Centers
• Walking available at Elk Plaza
• Wellness Center at Hospital
• Wide range of services offered in Hodgeman County
• Outreach specialty clinics

Hodgeman County Gaps
• Recreation at Hanston
• Hodgeman County Swimming Pool
• Hospital Wellness Center (2x)
• Alcoholics Anonymous Support Groups in Hodgeman County (2x)
  (meets at Jetmore United Methodist Church)
• Narcotic Anonymous Support Groups in Hodgeman County (2x)
  (meets at Jetmore United Methodist Church)
• Learn & Play
CHoT Survey
Hodgeman County
Primary Data
Community Health Assessment for Hodgeman County Kansas

52 questions
English and Spanish
Paper or SurveyMonkey
Categories:
  quality of life statements
  community improvements
  health information
  personal health
  access to care/family health
  emergency preparedness
  demographic information
Primary Data Inventory
Hodgeman County Health Survey

Hodgeman County Strengths
1. Low adult smoking rate
2. High Flu shot rate
3. Good primary health care
4. Safe community
5. Help is available in times of need
6. High Immunization Rates
7. Grocery Store offers wide variety of foods and orders in needed/wanted items
8. Health Care – very accommodating Hospital, health office, clinic pharmacy
9. 60% of people exercise
10. Low percent of smokers
11. 68% of percent of people get the flu vaccine
12. Increased percent of people feel that Hodgeman County has good health care.
13. Increased percent of people feel that Hodgeman County is a good place to raise children and grow old.
14. 98% of people feel that it’s a safe place to live.

Hodgeman County Concerns
1. Exercise and weight management
2. Growth and economic opportunity
3. Emergency preparedness
4. Destructive behaviors (substance abuse, reckless driving, etc.)
5. Housing
6. Increased importance of eating fruits / vegetables
7. Lack of dental care and dental awareness programs (dental problems can lead to other health issues ex: poor nutrition, infections, high blood pressure and high cholesterol)
8. Difficulty in making commitment to lifestyle changes
9. Exercise and Nutrition
10. Eating less fruits and vegetables
11. Suicide prevention education
12. Smokeless tobacco addiction
13. Increased percent of people concerned with lack of Economic Opportunity (too few jobs)
Eight Phases of Community Health Assessment

Guides you through gathering a team of people who can represent the different viewpoints in your community

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Objective:
- Analyze and interpret primary and secondary county data

Activities:
- Determine the county’s health status from primary and secondary data
- Look at trends over time
- Compare the county to other counties and the state
- List the most important strengths and problems

Tools:
- Putting it all together – Health statistics (Kansas Health Matters & County Health Rankings, Hodgeman County Health Beat)
- Putting it all together – Community perceptions (Community Health Assessment)
Analyze and Interpret Primary and Secondary Data

Putting it all together
Top Health Priorities for Hodgeman County

Priorities derived from the following: 1-5 Health Data; 6-10 Health Resources; and 11-15 Health Survey

1. Lack of Dentist
2. Uninsured Children and Adults
3. Low Activity Levels / Lack of Recreational and Fitness Facilities
4. Obesity Rate Greater than the Kansas Average
5. Limited Access to Healthy Foods / Limited Access to Nutrition and Fitness Programs
6. Limited services for elderly / shut-ins. Examples: Transportation (elderly and needy), Meals especially in rural and Hanston, shopping delivery.
7. Limited opportunities for Teen/Young adults.
   Example: limited jobs, no youth center.
8. Lack of Affordable Housing
   Example: Better Organized Health Directory that includes all services and support groups. Increased public awareness of this Directory. Targeted services: Wellness Center in Hanston and at Hospital.
10. Limited access to Sheriff’s office after hours: Access is only by phone.
12. Destructive Behaviors related to Substance abuse (Drugs, Alcohol, Tobacco esp. smokeless tobacco) and Reckless Driving.
13. Lack of Housing
14. Difficulty in making commitment to lifestyle changes related to Exercise, Nutrition and Weight Management.
15. Increased concern with lack of Economic Growth and Opportunity. Example: Limited jobs.
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Community Conversation
Bringing it all together
Community Health Assessment

The community helps determine priority health issues for the county activities

Our goals:

Report CHA findings to county residents

Solicit input of county residents on health issues

Select priority health issues with input from county residents

To accomplish this:

Provide each individual with 10 green sticky dots, 5 blue sticky dots and 3 red sticky dots

This will allow us to go from 15 down to 10 to 5 and finally to 3 final health priorities.
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Community Health Assessment
Hodgeman County: Working Together

Objective:
Create a CHA Plan

Activities:
Develop health action committees
Encourage community participation
Hodgeman County’s Top Picks
Community Action Plans and Committees

1) Increased concern with lack of economic growth and opportunity
2) Limited services for shut-ins
3) Limited opportunities for teens/young adults
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Planning for the future
Agencies do not necessarily have to use the top three selected by the community conversation, they can select from the top 15/10/5 or the top 3
Local agencies use this information for their strategic planning
CHAT action teams developed to work on the top 3, sign up available tonight
Acknowledgements

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Dr Michael B Cates, DVM, MPH, DACVP

My Supervisory Committee:
Dr Michael B Cates, DVM, MPH, DACVPM
Dr Abbey Nutsch, Ph. D.
Dr Robert Larson, DVM, PhD, DACT, DACVPM, DACAN
References


Questions ?
THANK YOU!