

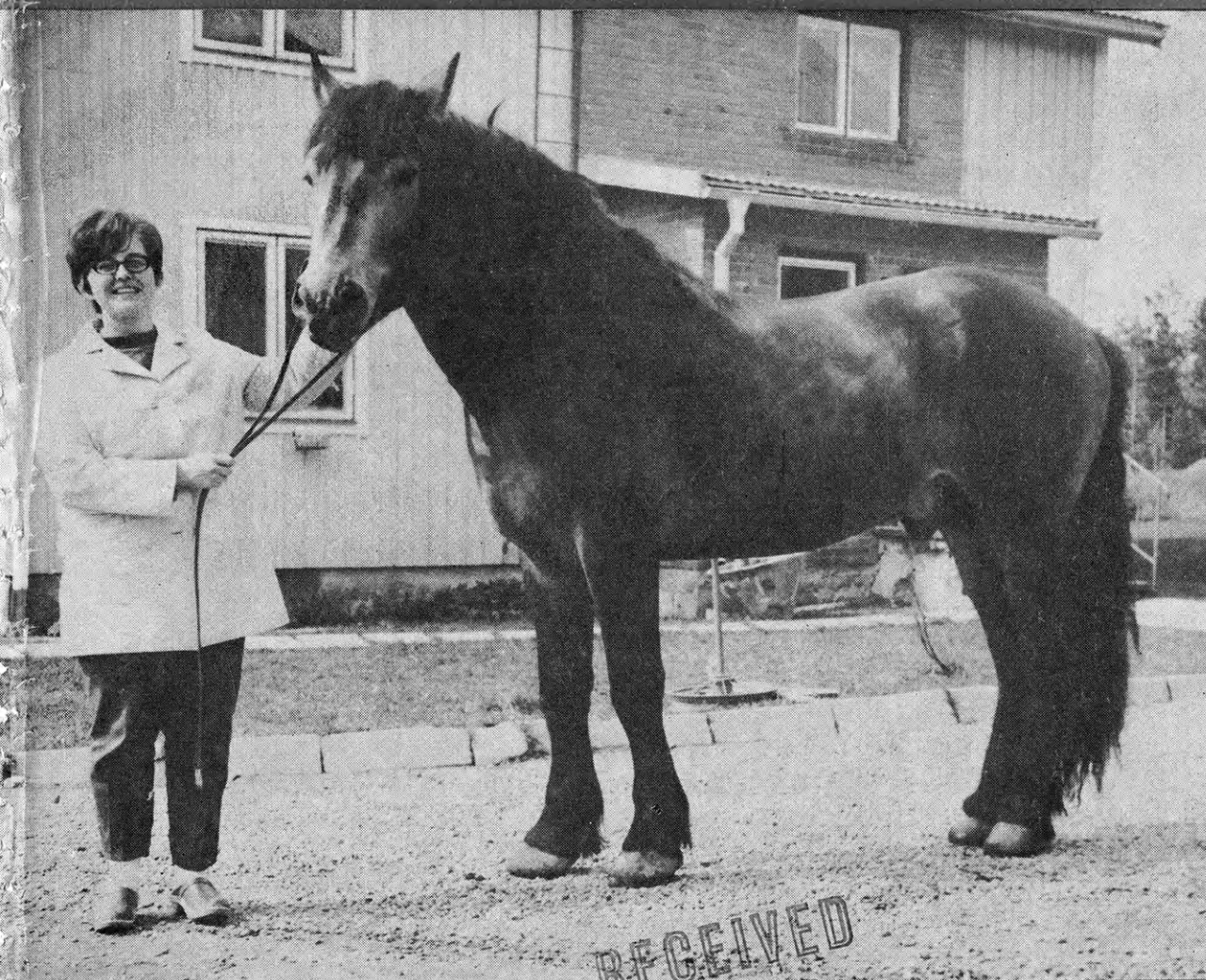


Kansas 4-H

Journal

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KANSAS IFYE in SWEDEN

Story on page 6



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The Non-Conformist in Our Society

by Glenn M. Busset, State 4-H Leader

Whether we want to or not, we see and hear a great amount today about the non-conformist in our society—perhaps too much. The mass media has deluged us with so many sounds and views of the unwashed, the unwilling and the addicted that it would be possible to believe these relatively few scruffy characters present the image of the non-conformists. This repetitiously revolting development has convinced many people that non-conformancy is bad and that the safe way is to conform rigidly. Nothing could be farther from the truth. In its own way, blind conformity is just as idiotically harmful as the mindless “rebel without a cause” disturbances.

Progress is the contribution of the non-conformist. The conformist is happy maintaining the status quo. All great social changes have come about because someone was dissatisfied with the present order of things. Jesus was a non-conformist whose religious concepts so disturbed the “establishment of the times” that it soon became clear that his teachings represented nothing short of complete rebellion. In the Christian religious world that followed, Calvin, Hus, Luther, and Wesley must be marked as rebellious non-conformists. George Washington, Benjamin Franklin, Patrick Henry and a host of their contemporaries were rebels who thoroughly understood that if they did not hang together they would hang separately.

The entire history of 4-H work is marked with non-conformity. 4-H began as an expression of felt discontent with the rural school system of the early 1900's. The movement toward a more practical education for farm boys and girls was based on the discontent of a few visionary rural educators, who were not satisfied with the present order of things. Their widely separated and largely uncoordinated efforts at “changing things” led eventually to what we could call in contemporary terms, the 4-H rebellion.

Few major social changes occur fully developed and complete. Usually they begin with a discontent with the present state of affairs, the consideration of some possible alternative to promote. Non-conformists brought 4-H into being and non-mormists improved 4-H into its present practical reality.

Progress is the contribution of the non-conformist but there is an important difference—those rebels who have contributed to social progress did so because they were interested in improving the order of things and willing to work to accomplish their beliefs. No one has made any such claims for the majority of today's most vocal dissenters. Perhaps the greatest social problem of youthful dissenters today is one of wanting action, wanting recognition, and responsibility for doing the basic work that needs to be done.

The 4-H rebellion became an integral part of our social fabric because the participants never forget the one essential work in the 4-H name—4-H Club Work.

Kansas 4-H

Journal

Vol. XIV No. 1

January, 1968

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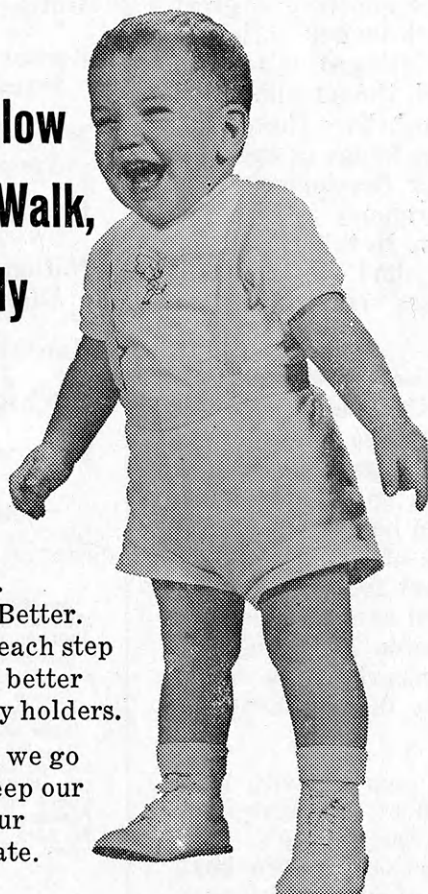
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OUR COVER

Patti Lampe, a Washington county 4-H'er was a Kansas IFYE to Sweden last year. Our cover is of Patti shown at the home of one of her host families. Patti is the daughter of Mr. and Mrs. Alvin Lampe, Hanover. On pages 6 and 7 of this issue you can read about her stay in Sweden.

After a Fellow Learns to Walk, He Naturally Wants to Run!



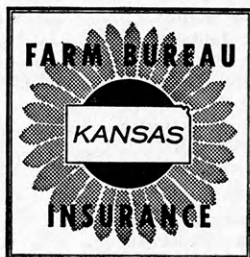
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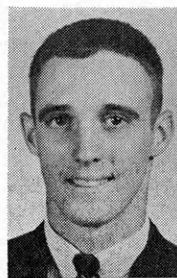
A pretty good policy to follow, we think!

We hope that you think so, too.



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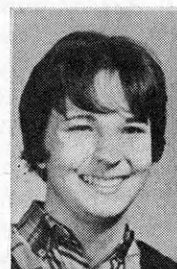
National Scholarship Winner



John Adams, Hardtner, received an \$800 scholarship provided by **Successful Farming** through the Edwin T. Meredith Foundation. He has been named county award winner in sheep, auto, and dairy. Livestock and grain judging are among the activities of this former club president.

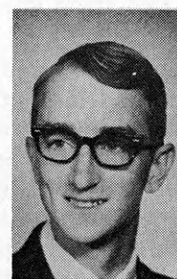
A freshman at Northwestern in Alva, Oklahoma, John is a member of the Barber County Stateline 4-H Club and is the son of Mr. and Mrs. E. G. Adams. He has plans to become a mathematics teacher.

State Award Winners



Martha Christie, Ottawa, was presented a wristwatch by The Ralston Purina Company for being state 4-H award winner in the dog care and training projects. The daughter of Mr. and Mrs. Rex W. Christie, Martha is a junior at Ottawa High School and a member of the Rambling Ranchers 4-H Club in Franklin County.

Other projects Martha has completed are clothing, meal service, personal development, and public speaking. Martha teaches other 4-H'ers to work their dogs and has trained many herself.

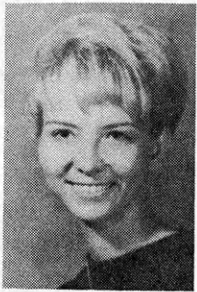


State award winner in the dairy project is Allen Peckham, Rantoul, the son of Mr. and Mrs. James K. Peckham. The Ottawa University freshman, a member of the Franklin County Full-o-Pep 4-H Club, was presented a wristwatch by the Oliver Corporation.

Allen has been enrolled in the dairy project for nine years. Other projects include field crops, tractor, entomology, citizenship, public speaking and food preparation. Project profits go toward a college education for this 4-H'er who hopes to become a university professor.

DUTCH TREAT

by Rita Lilak
1967 IFYE To The Netherlands



"God made the earth, but the Dutch made the Netherlands," was a favorite saying in my host country. In our generally dry Kansas, it is sometimes difficult to visualize what it is like to live a life of constant struggle with water. The Dutch have been very successful in this aspect, however; as they have survived through and revived from treacherous floods in the past. And now today the work still continues as they are busy building dikes to block out the North Sea, thus enabling them to reclaim more land, thus providing more area for their dense population.

The ceaseless determination and brevity required to fight this endless battle against water gives a clue to the personality and character of the Dutch. It has shaped them into a conservative type of people who hold work in the realm of dignity and honor. He who is lazy or loathes work has no place in Dutch society. Don't get the impression, however, that it is "all work and no play" for the jolly Dutchman saves time for rest and recreation in his daily life. This usually takes the form of a chat over the usual cup of coffee or tea. Coffee or tea times are everyday musts at 10:00 a.m., 3:00 p.m., and 9:00 p.m. Served with almost every cup of coffee is some sort of Dutch treat. Bakeries in all of the villages display a variety of tasty cookies and cakes for this purpose; but there are also some recipes that the Dutch women produce in their own kitchens. Among my favorites was their famous Dutch apple tart. Soups are first course of the warm meal eaten at noon.



My host sisters and I experience my first wooden shoe fitting.

They are served along with meat, potatoes, and a vegetable. The morning and evening meals are named "bread" meals because bread is the main course, eaten with your choice of meat, cheese, jam, chocolate, coconut or a variety of other toppings. If you would like to try some Dutch foods, here are two recipes to experiment with:

APPLE TART (dough)

1½ cup flour
½ cup sugar
⅓ cup & 2 tbsp. oleo
pinch salt
(mix as for pie dough)
(filling)

3-4 sour apples, cut into small pieces
1 tbsp. lemon juice
1 tsp. vanilla
½ cup raisins
¼ cup slivered blanched almonds
¾ cup sugar
2 tsp. cinnamon
pinch salt

Grease an 8" tart form and sprinkle with fine bread crumbs. Press ⅔ of the dough into the form high onto the sides. Mix filling ingredients and place them in tart shell. Roll remaining dough and make lattice top for the tart. Brush with egg yolk. Bake 1¼ hour in a 350° F oven.

PEA SOUP

2½ quarts water
1¼ lb. dried peas
5-6 med. size potatoes
2 slices ham
1 ring bologna
2 stalks celery, chopped
1½ onions, chopped
2 carrots, chopped
salt

Let the peas stand overnight in the water. Then cook peas until done and mash the mixture to make a puree. Add onions, celery, carrots, and potatoes and cook until these vegetables are done. Add chopped ham and bologna and cook about 10 minutes. Serve with rye bread.

For many of the Dutch rural youth, the youth organizations provide social activity. Because the children remain dependent on their parents until much later in life than in this country (much of the time until ages 28 or 30) membership in the youth organization is from 15 to 30 years of age. Some educational courses are offered, but the function of their youth clubs are mostly social. Because of their division along religious lines (Catholic, Protestant, and neutral) it is difficult for me to give a general picture of their work in a limited article. One generality exists in all three, however, and this common bond is exemplified in this motto:

"We stand in the whole life with a stake upon the land. Trust in what we have to give. . ."

Is not this the plea of youth the world over?

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Visits Swedish 4-H Club

by Patti Lampe

I'd like for you to meet my sister, Gunnel. I first met her when I stepped off the train to meet my second host family in Vasterbotten, one of the northernmost countries in Sweden. I was more than a little nervous as the train pulled into the station. I knew they would be able to find me—only an IFYE would be struggling with tons of luggage and looking completely bewildered. Since my Swedish at this point could only be understood by me, my main problem was what I could say when they did find me. Luckily Gunnel was there with her parents, and, like many Swedish young people, could speak English. On the drive home, she told me about herself and the part of Sweden I would be seeing during the next month. At 15, she had studied English in school for five years, and I was amazed at how well she spoke. We talked about 4-H, for Gunnel is an active 4-H'er and is the leader of her club. She pointed out the forest which rose along the road as part of her father's land. Almost 70% of the Swedish farmers own forest land, in addition to other farm land. Soon we were at Pengsjo—the place I would call home for my month in Vasterbotten.

When Gunnel wasn't in school, we worked on her 4-H projects. Many were similar to those 4-H'ers in Kansas take each year. Gunnel planted vegetables in her garden and prepared flowers, for her window flower garden. Using recipes in the 4-H cooking book, we made cookies and cakes. Ulf, my 12 year old host brother, showed me the sheep that were his project. In the evenings, we took many walks and Gunnel showed me wild flowers and plants she had learned about in 4-H. Many people in Sweden enjoy the out of doors and spend their free time in hiking and other activities.

On Monday evenings, Gunnel, Ulf, and I went to the 4-H meetings. They were practicing volleyball for the contest that would determine the best volleyball team in the country. During the summer, 4-H'ers spend most of their time out of doors—playing volleyball and soccer (or football as it is called) and in nature study. When winter comes and snow covers everything, they move indoors and begin the regular 4-H year with study circles and free time groups. Last year, Gunnel's 4-H

club studied forestry as part of the study plan that farmers cooperatives send to all Swedish 4-H clubs. After studying the forestry cooperative, they took part in a written and practical examination to determine which 4-H'er had learned the most and would receive the prizes. This was called Skog (Forest) 67. For their free time activity, the 4-H'ers learned how to play the guitar. This year their first study circle will be about the 4th H—the one for health. Gunnel explained it was sometimes hard to decide on a topic since there are more than 250; ranging from forestry or photography to English or the United Nations.

Vasterbotten had many 4-H activities planned during the time I visited. In addition to talking at many 4-H meetings, I attended several special meetings and camps. One activity called 4-H Stig or path was usually part of the meetings and camps. At one camp for 4-H'ers with livestock projects, Gunnel and I were on one of the teams that went on the stig. We followed a path marked through the forest and meadows. As we went along, there were questions to answer about

(Continued next page)



Winter 4-H meeting. A study circle for health.



Host sister, Gunnel, studying nature.

4-H projects, nature, and other things they had studied. For some questions, we identified fish or wild flowers. One question was fastened to the branch of a tree and we had to climb the tree to read it. At another stop, we had to sort the equipment used to plant a tree from kinds of tools. Each one on our team had to dive through a tire tied between two trees at the next stop. The time was recorded on our score card. There were other questions to answer and contests to try, but the last stop was for just one girl on our team. I was chosen. There was something under a rock that I was to feel and identify. It felt awfully wet and squishy-but it was only a sponge. As everyone came in from the stig, we gathered around a campfire for singing and a weiner roast. The words we sang were different, but the tunes were familiar. As I watched the faces shining in the light of the fire, the world seemed very small.

All too soon my stay with Gunnel and her family ended, and I was on my way to my next home. Gunnel wrote to me about the fun she had and the 4-H'ers she met at the Nordiska Camp in Finland. 4-H'ers from Sweden, Norway, Denmark, Finland, and Iceland camped together and shared 4-H ideas.

I met Gunnel again at the National 4-H camp in August. With 800 other 4-H'ers, she was attending the camp at Osthhammer, near Stockholm. Every year the National Camp, in conjunction with the annual 4-H meeting, is held in a different country. With the other IFYE's to Sweden, Margie Hagemann (Illinois) and Carol Hagen (Con-

necticut) and I stayed in a cabin which was soon known throughout the camp as the IFYE open house. Many 4-H'ers came to our cabin to talk and enjoy a cup of coffee.

Gunnel, like the other 4-H'ers, lived in a tent in the camp area assigned to her county. Each county decorated their area with the symbol of the county. Vasterbotten had reindeer horns showing the entrance to their camp. The days were filled with activity, as the campers from each county competed in volleyball, soccer, table tennis, demonstrations, plant identification, and a 4-H stig. I spent each of the six days with a different county; talking to Gunnel and others I had met, and meeting campers from the counties I would soon visit. I took part in the competitions, sometimes as part of a cheering section and sometimes more actively. My soccer team won, even though I managed to fall down or run away whenever the ball was near. The evenings were filled, too, with parties and dancing. But there was always time to swim, join in group singing, talk, and meet new friends.

The spirit of the campers was contagious. Besides the regular contests, there was competition between the counties to see who could cheer the loudest for their group. 4-H'ers from Holland County wore bright pink cowboy hats and shouted "Go! Go! Holland!" Other campers sometimes changed this to "Go Home! Holland." The salmon, a symbol for one county mysteriously landed in the net of the fisherman who symbolized a nearby camp.

The last day everyone, regretfully, said their goodbye but added, "See you next year." Some of the campers were new, but others had come before to National 4-H Camp. Helen Johansson, an IFYE to Kansas this year, wrote to me at the camp saying it was the first she'd missed in nine years.

Gunnel wrote to me about the activities of her 4-H club, while I was visiting my next host families and saw many things she described. Her club was hoping for a trip to Stockholm, as a result of doing well on the 4-H examination. This contest is held every year and tests the 4-H'ers on their knowledge of 4-H work. A trip to Stockholm to present their own 4-H story is awarded to the best clubs. One lucky group of 4-H'ers is then chosen as best in Sweden. Their prizes are awarded by King Gustaf Adolf, himself.

Gunnel also wrote that she was going away to school. In many areas, the gymnasium or high school is located in a large town or city and students can't go home everyday. I began to wonder about Gunnel's 4-H club. As more and more young people, 4-H members and leaders, go away to school and become involved in other activities, problems develop for their 4-H clubs. Because of Gunnels love of 4-H and the many experiences she has gained through 4-H, I know she will remain with her club. I can only hope that other 4-H clubs, in Kansas as well as Sweden, will be lucky enough to have a Gunnel.

WORLD FRIENDSHIP THROUGH PEOPLE-TO-PEOPLE

The People-To-People project awards are sponsored by the Kansas IFYE Alumni Association. Each year a top club and a blue award group of individuals in Kansas are singled out for awards.

The individuals and the club are featured here giving their activities and accomplishments which might be a source of ideas for others interested in this project.

INDIVIDUAL WINNERS



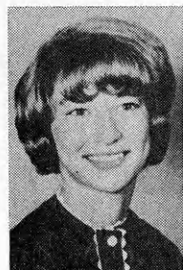
Connie Harms is a Bethel College freshman and a member of the Harvey County Pleasant 4-H Club. She is the daughter of Mr. and Mrs. Waldo Harms.

People-to-people activities for Connie include hosting IFYE's and other guests from other states and nations. Her projects have been food preservation, clothing, garden, public speaking, and junior leadership. Connie plans a career in home economics.



Carla Schmidt is an Inman High School senior and the daughter of Mr. and Mrs. Charles Schmidt. She is a member of the McPherson Lucky Leaf 4-H Club.

Carla has been club-people-to-people chairman, she gave radio talks, helped with a booth on the topic, arranged for an IFYE from Ecuador to talk to her club, hosted IFYE's from India and Sweden, studied other countries, and wrote pen pal letters.



Smith County Heart of America Club member Nancy Copper is a Smith Center High School sophomore. Her Parents are Mr. and Mrs. Don Copper.

"International" accomplishments for Nancy include window displays, newspaper stories, pen pals, study of other countries, and host to a German IFYE.

She has given talks and demonstrations on foreign foods and was in dance groups featuring other countries culture.

Eastridge 4-H Club of Sedgwick County was the honored club this year and the following article was written by Chris Blumenshine, the club's People-to-People chairman.

I have become very interested in the People-to-People program in 4-H and believe it is most important in promoting peace and understanding in the world. I was able to persuade the members of our club to choose People-to-People as a club project during the 1966-67 club year. All of the members were very interested and for their hard work in the project they received the State award in People-to-People. This entitles 10 Eastridge 4-H club members and their sponsors to attend the International Foreign Youth Exchange weekend at the Rock Springs 4-H Camp. Here are some highlights of the past year's work.

For our December meeting we planned a Christmas Dinner of Nations and a program concerning ways Christmas is celebrated around the world. All families in the club were asked to attend and to bring some type of food from another land. The tables were decorated with cards saying Merry Christmas in other languages and ornaments from other countries. Our program consisted of games from other countries and a talk on Christmas Around the World.

Another part of the People-to-People project was the acquiring of pen-pals for club members. The club members wrote to pen-pals in other countries and also exchanged letters with U.S. soldiers in Vietnam.

At another of our meetings we had as our guest a native of Sweden who now resides in our city. She gave us first hand information on the customs of Sweden and what the country was like, as well as showing us several articles from her homeland. The members of our reading group became very interested in Sweden and read and discussed several books on the country. In May our club was asked to display a booth at the Red Cross International Fair. We decided to present a booth on the Swedish Homemaker. The Swedish flag was used as a background with several articles from Sweden in front of it. Members of the club were stationed near the display to answer questions about Sweden and about 4-H club work.

For County Club Days the Eastridge club presented a model meeting with the theme as People-to-People. The roll call, ceremony, songs and recreation all had something to do with our club

project. We were pleased to receive a blue rating.

In July the members of our club were invited to attend a meeting with another club in the county where IFYE's visiting near us were going to speak. They shared pictures of their countries, a native dance, and much information with us.

As I have said we emphasized People-to-People this year, but it is not the first year we have done things in this area. In previous years we have exchanged pictures in the Art for World Friendship program, sent CARE packages overseas, collected clothing for an orphanage in Korea and helped repair toys for the Toys for Tots program in Wichita. One year the members made a scrapbook for the children in Korea. Several times IFYE's have spoken to our members.

To understand the people of the world one should first understand the people in his own country. Most of the members of the Eastridge club have attended county camp, one of the state camps or state 4-H Round-up. All of these experiences help us to understand others.

Mr. and Mrs. William Kepley of Wichita were the community leaders for the 1966-67 club year.

I feel that People-to-People has been very worthwhile this year. If the project helped one person understand someone else a little better I feel that we have achieved our goal.

PEACE CORPS MEMBER IN EL SALVADOR

Peggy Chrisman, daughter of Mr. and Mrs. Charles F. Chrisman, Hutchinson, is now serving as a 4-H Peace Corps Volunteer in El Salvador.

Peggy, 26, was a member of the Prosperity 4-H Club in Reno County for 10 years and assisted with 4-H activities for 5 years. She is a 1962 graduate of Kansas State University, Manhattan, in elementary education and has taught for 3 years. Peggy was an International Farm Youth Exchange delegate to Thailand in 1963.

Peggy joined the Peace Corps in August 1966 and will serve until November 1968.

She writes of life in El Salvador to inform Kansans of one of their neighbors south of the border.



LIFE IN EL SALVADOR

Dear Friends in America,

I'd like to introduce you to the village I'll call home until November 1968. Since all roads lead to San Salvador, the capital of El Salvador, we'll begin our journey from there.

We leave by the east bus terminal and drive along a wide, four-lane highway which is a part of the Pan-American system. However, about 5 miles outside the city the road narrows to only two lanes. The highway winds through hills and gives us several glances of the large beautiful Lake Ilopango which is nestled in the hills.

We continue our drive for 28 miles before we leave the paved highway and travel the last 15 miles over gravel and dirt roads. Now the traveling is slower and, since it is the dry season, very dusty. In the distance we can see two of the country's five volcanos, San Salvador and San Vicente.

The land is turning brown as most of the crops are harvested. There is still some sugarcane cutting and farmers are gathering the last of the cornstalks and cutting wood to store for the rainy season. At night the sky is aglow with the burning of fields, still a practice with the peasant farmers.

We ford steam and shift gears to climb a steep hill, round a curve, and get our first view of Tejutepeque, my village as a Peace Corps Volunteer. I can well remember my first sight of the village and the thrill it gave me, I guess because 3½ months of anticipation had come to an end.

As we round the last curve, almost at the top of a hill, we are looking down into the town. The first thing we see is the cemetery just outside the town situated on a hill. Then we see the new health clinic, and finally as we come down off the hill the town itself. It has taken some 2 hours to travel 45 miles.

Although we are in hills, Tejutepeque is laid out flat between the hills. The town has cobblestone streets and cement sidewalks. The center of town is a park where many town events take place. It is the gathering place of young and old at night to visit and play. Across from the park is the Catholic Church, for like most of El Salvador, the majority of the people are Roman Catholic.

On one side of the park is the town hall and surrounding it are small stores and homes. There is no large market as products are taken 5 miles to a larger town.

The buildings are made of mud brick, many plastered over and white-washed or painted. The roofs are red tile, blackened with age and weather.

The blocks are one continuous wall with doors and windows here and there. We do not find separate homes with space between and front yards. The only thing that separates you from your neighbor is a wall, but this usually does not block out all noise.

Instead of a front yard, your home here would have a back patio. The place where I live has a beautiful big patio with roses, Jasmines, and other flowers plus orange trees and a big spreading mango tree. The patio is completely walled in, and beyond it are more fruit trees—oranges, coconut, banana, and mango.

The population here is about 1,000, and the town serves an area of eight cantons and around 5,000 people. There is a boys' school and a girls' school on the primary level and a school for boys and girls in comparison to our junior highs called Plan Basico.

It's a quiet, peaceful town that has its problems as all places do. There is electricity and good bus service, but no running water. Many wells have already gone dry and will remain so until the rains come the last of April.

The people are friendly and most helpful. I am the third Peace Corps Volunteer here so they understand why I'm here. They have a desire to learn and improve, and that in itself is a step forward. The days are warm, the nights are cool, and the rains will soon come to give water to a thirsty land.

The sights, sounds, and smells I have grown accustomed to would seem strange to fellow Americans. The impressions were unusual to me at first, too. The smell of burnt sugar in the air is an example. In the States, you would wonder who had left the stove on, here it is just the sugar mill, molienda, processing sugarcane juice.

How often have you walked past a house and remarked about the smell of fresh paint? There's something clean about that smell. It's the same here only it isn't paint you smell. It's mud plaster, and that, too, has a clean smell.

Animal sounds are the same the world over, only man imitates them differently. Having grown up on a farm, I was accustomed to roosters crowing at dawn to welcome the day. However, it took awhile to get used to the roosters here crowing around 10 p.m., and the only thing I can figure is that they are welcoming the cool evening as the days to get hot.

Another sound unfamiliar a few months ago to me was bus horns starting at 4 a.m. and continuing until 9 p.m. announcing departures and arrivals. The buses start honking their horns about

15 minutes before leaving town which gives you plenty of time to catch them. And speaking of buses, another unusual sight is the small buses top-loaded. There are two types of buses, the large school bus type that is slower and stops frequently, and the small Volkswagen-type buses that are faster and also more crowded. Everything from chickens to tables goes on top of these buses, and sometimes I wonder how they keep from tipping, being so top-loaded.

Women and girls carry just about everything on their heads. In the mornings they will go from door to door with vegetables, fruits, and meat in large reed trays that will be as large as 3 feet in diameter. Water is carried in earthen or metal jugs on heads also. If the load is especially heavy, a cloth bun is placed between the head and the load to cushion the weight.

In the States when a woman leaves the house she usually removes her apron. Here, she is more likely to put on a clean one. It is not unusual to see this Peace Corps volunteer going out to the campo (country) to give a food demonstration wearing an apron.

Wherever you find men you will also find animals. Man has different ways and means to keep track and to herd his animals. In the States we fence our farm animals in and tie up our dogs. In El Salvador, the process is almost reversed, and even after 2 years I'll probably still pause at the sight of hogs on leashes and tied to posts. It's quite a sight seeing a dozen or more pigs tied together and heading down the road to market. I'm sure Salvadoreans would think our custom of walking dogs equally strange.

Early in the morning and late in the evening cows are taken to pasture leading a boy. I say this because the cows often have a rope tied around their horns and either trailing it or a boy is hanging onto the end. Frequently two cows will be tied together with a rope around the horns of each. This is the same way cows pull a cart tied together with a wooden yoke over their horns.

Sights, sounds, and smells vary from country to country but soon become a part of one's life. The most pleasant to me and the one I will miss the most when I return to my homeland is the church bells, even when they ring in the middle of the night. There is something tranquil about awaking to the sounds of bells, and the sleep that follows is somehow more peaceful.

"Hasta luego"

Peggy Chrisman, PCV
El Salvador

NATIONAL 4-H CLUB CONGRESS HIGHLIGHTS



FOR EXCELLENCE IN TOTAL 4-H PROGRAMS, six Kansas 4-H'ers won trips to National 4-H Club Congress, made possible by Santa Fe Railway system. At the orientation luncheon in Manhattan, Loren Simmons, representing the donor, presented \$500 scholarships to five of the honored 4-H'ers. Left to right are Phyllis Roelfs, St. Francis; Penny Irvin, McCracken; Gaylord Myers, Cummings; Gary Coslett, Danville; Diane Razak, Wichita; and Glennis Huseman, Ellsworth.

Thirty-five Kansas 4-H members were filled with pride as they joined about 1200 young people from all over the United States, Puerto Rico, Canada, and several foreign countries in the 4-H Pledge at the opening assembly of National 4-H Club Congress Sunday, November 26. For some, this seemed like a climax to their 4-H career, but for many it seemed like just a beginning. During the week as the program developed on the theme "Pursuit of Excellence", each person began to see that the 4-H motto "To Make the Best Better" was still applicable to their lives.

Speakers and entertainers brought forth the feeling that each one must continue through life to live to the very best of his ability.

(Continued on next page)



TWO KANSAS GIRLS meet during National 4-H Club Congress as both share the spotlight. Jodene Ensz, Inman, presents Miss America, Miss Debra Dene Barnes, Moran, with a Sunflower pin, worn by the 35 Kansas Congress delegates. Jodene was one of eight national award winners in the safety program. Miss America appears each year at the General Motors luncheon, a highlight; of Congress. General Motors is donor of the safety awards program.



NATIONAL HONORS and a \$500 college scholarship is presented to Sarah Shaw, Holton, one of six national winners in home improvement at National 4-H Club Congress. Sarah receives her scholarship from Frederick A. Collins Jr., executive vice president, The Sperry and Hutchinson Co. The S and H Foundation is donor of the home improvement awards program.



FORMER KANSAS GOVERNOR WILLIAM H. AVERY was honored at National 4-H Club Congress as one of eight national award winners in the alumni recognition program. Avery accepts a 4-H tie clasp from Garal D. Aston, vice president, marketing, agricultural division, Olin Mathieson Chemical Corp., donor of the alumni recognition awards program.



WELCOME SIGNS AND BIG SMILES decorated the Conrad Hilton Hotel lobby in Chicago as 4-H'ers from every state took part in National 4-H Club Congress. Six of the 35 Kansas delegates typify the enthusiasm of the group. Left to right are Allan Shorthill, Topeka; Kathleen Wenger, Powhattan; Jo Turner, Oskaloosa; Sarah Shaw, Holton; Sandra Shaw, Topeka; and Gaylord Myers, Cummings.

Representing over 2,000 members back home was a real honor, but also a responsibility for each delegate.

Kansas delegates were pleased to confer an honorary 4-H membership on Miss America, Debra Barnes, a fellow Kansan. They were proud of former Governor Avery being honored as an outstanding alumni of 4-H. But pride in Kansas did not stop with these two well-known persons. Each delegate wore his Kansas Sunflower with honor, and was thrilled to be recognized as a Kansan by everyone.

Outstanding speakers included Dr. Kenneth Hildebrand, Minister of the Central Church of Chicago and former Kansan, Ann Landers, and 4-H members themselves. Entertainment was furnished by the Chicago Symphony Orchestra under the direction of Arthur Fiedler, the Serendipity Singers, Purdue Varsity Glee Club, and many other professionals.

Perhaps one of the most thrilling programs for the Congress delegates was given by another youth group, The Young Americans, in the "Up With People" program.

Seeing Chicago, and visiting the museums also added to the learning experiences of the members attending. However, probably the very best part of National 4-H Club Congress is the people. Friendships were made between youth and business which will last a lifetime.

We encourage 4-H members and clubs to use this issue as a source for information, ideas, inspiration in furthering their international interests.

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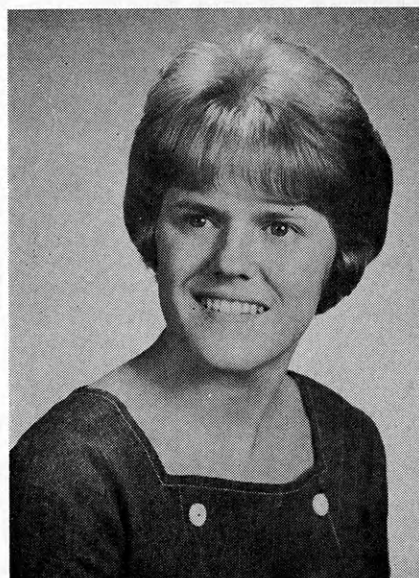
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Manhattan, Kansas

Personal Development

Can Be A Big Help In Other 4-H Projects



JANICE WOOD
Eastridge 4-H Club
Sedgwick County

"I have been enrolled in the Personal Development Project for four years. In this time our county has studied all the phases of this project. I feel I have gained self-confidence and assurance from these meetings which we attend five to six times a year.

"I especially like the opportunity to return to our local club and give help to the younger members. I have conducted a class for twelve and thirteen year old girls from a kit called 'The Five Magic Mirrors.' This kit was designed for homemaking departments in the schools. Our programs included manners, personal appearance, exercises, proper use of make-up, and modeling tips for the local style show. The series of meetings was climaxed by going to a local tea room for luncheon.

"I would urge any 4-H'er to take the Personal Development Project. I feel it can contribute greatly to success in other projects."

The people at Southwestern Bell Telephone Company are proud to have a part in this 4-H project by sponsoring awards for outstanding work.

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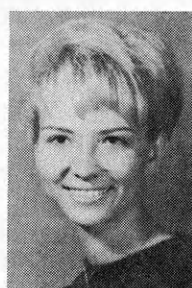
Patti Lampe
Washington-Sweden



Sara Bentley
Lane-Argentina



Linda Nairn
Barton-Germany



Rita Lilak
Ellsworth-Netherlands



James Ploger
Edwards-India

KANSAS IS THE LEADING IFYE STATE

Kansas 4-H'ers have long had an interest in international cooperation. They have been leaders in the International Farm Youth Exchange (IFYE) Program, with 152 delegates going to 46 countries and 811 families hosting 305 exchangees. All 105 counties have participated to make Kansas the leading state over the past 20 years. In 1967 Kansas had 6 delegates going to 5 countries and 36 families hosted 12 exchangees in the IFYE program.

HOW YOU CAN PARTICIPATE IN 4-H INTERNATIONAL PROGRAMS:

Enroll in The 4-H "People to People" Project

1. Exchange items with a sister club
2. Write to pen pals
3. Do country study
4. Host IFYE exchangees,* foreign visitors, and students

Live Overseas in Another Country

1. Be a 4-H Teen exchangee*
2. Be an IFYE delegate* (live for 6 months overseas, ages 20-30)
3. Be a participant in other exchanges between states and countries

Assist With An International Service Project

1. 4-H Care program (Send needed materials overseas)
2. 4-H Heifer program (Send needed animals overseas)
3. 4-H Peace Corps Program* (Join for 2 years service, ages 18 and up)
4. Assist with other service projects.

*Applications to be a host family, IFYE or caravan delegate or a Peace Corp member are available from your County Extension office.

Kitchen



Bowl

One of the first things I learned about in Sweden was coffee. For my host families, coffee meant lots of delicious rolls and cookies. Here are recipes for some of my favorites:

Drommar (Dream Cookies)

- 1 cup butter
- $\frac{3}{4}$ cup sugar
- 2 tsp. vanilla
- 1 tsp. baking powder
- 2 cups sifted flour

Brown butter in saucepan until golden brown. Chill slightly. Pour into large bowl and let stand until butter is firm. Add sugar and vanilla, and stir until light and fluffy.

Sift flour and baking powder together and stir gradually into butter mixture. Work dough until smooth. Roll out into small balls. Place on greased cookie sheet. Bake in slow oven (300°) until golden brown (25 to 30 min.). Makes about 70 cookies.

Vetebrod Coffee Bread

- 2 packages active dry yeast
- $\frac{1}{4}$ cup water
- $\frac{1}{2}$ cup butter
- $\frac{3}{4}$ cup milk
- $\frac{1}{2}$ tsp. salt
- $\frac{1}{2}$ cup sugar
- 1 egg ($\frac{3}{4}$ for dough, $\frac{1}{4}$ for brushing)
- 15 cardamon seeds—crushed or $\frac{1}{2}$ tsp. pulverized cardamon
- $3\frac{1}{2}$ to 4 cups flour.

Dissolve yeast in $\frac{1}{4}$ cup water (110° F.) Melt butter in saucepan and add milk. Chill until lukewarm.

Mix all ingredients with half of flour until dough is smooth and elastic, adding more flour gradually.

Sprinkle dough with small amount of flour. Cover with clean towel and let rise in warm place until double in bulk (50 to 60 minutes).

Punch down dough and turn onto lightly floured board and knead until smooth. Roll out for cinnamon rolls. Spread thin layer of soft butter over dough and sprinkle with cinnamon and sugar. Roll as for jelly roll, slice, and place on greased cookie sheet. Cover and let rise until double in bulk. Brush with beaten egg. Bake in very hot oven (475°) for 8-10 min. Makes 2 dozen.

Pepparkakor (Ginger Snaps)

- $\frac{1}{3}$ cup water
- $\frac{1}{3}$ cup dark corn syrup
- $\frac{3}{4}$ cup light brown sugar
- $\frac{1}{2}$ cup butter
- 1 $\frac{1}{2}$ tsp. cinnamon
- 1 $\frac{1}{2}$ tsp. ginger
- 1 tsp. cloves
- 1 $\frac{1}{2}$ tsp. baking soda
- 4 cups flour

Bring water, syrup, and sugar to the boiling point. Add butter and stir occasionally until butter is melted. Chill.

Add spices and baking soda mixed with a little flour. Gradually stir in flour until dough is very soft. Cover and refrigerate overnight.

Turn dough out onto baking board and work until smooth. Roll out dough thin and cut out cookies using round or fancy cutters. Place on greased cookie sheet and bake in hot oven (400°). Let cool before removing to rack. Makes about 150 cookies.

(Patti Lampe, Hanover, Kans. has just returned from Sweden, where she has been an IFYE and she would like to share these recipes with you)

IDEAS * & News

Boys Only Cooking Class

John Walker, Blue Mound, set up a "boys only" cooking class for his work as a junior leader. This class fills a gap for boys who are not interested in meal service and all its records, but just plain like to cook. Since Kansas doesn't have such a project, John set it up within the requirements for picnics and little suppers with all the cooking done outside. The class was open to all boys.

At the first meeting, each boy made a hobo stove, buddy burner, and frying pan from two #10 cans and a coffee can with a metal lid. For each meeting, the boys had something to learn, something to cook and eat, and a short recreation period. Camp cleanliness and fire safety were stressed throughout the class.

This was a very popular project, with all the boys enrolled attending every meeting. They all learned a lot and had fun doing it.



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4-H
KANSAS

Parakeets— A 4-H Project

by Carol Ann Odgers

Due to the fast growing popularity of this bright little bird, the parakeet, we have accepted it as a project in Haskell county. As with most projects, there are great possibilities for advancement. They have a natural talent for comedy. If you have ever seen one push a baby carriage, climb a ladder, or hang upside down in its cage you know how entertaining these little "actors" can be. Parakeets chirp their own crisp comments in reply long before they actually learn to talk. They are born mimics that can be taught to greet guests with a down-East twang or a down-South drawl or any accents you give them.

The first phase is the basic "Parakeets for Fun." In this phase the 4-H'er cares and feeds one parakeet. He also trains the bird and makes toys for it.

The second phase is the Intermediate phase entitled "Breeding Parakeets." This requires the 4-H member to care for at least five pair of parakeets, keeping record of all expenses and profits. Many breeders who started out as a hobby are now using this little bird as a business making a good profit.

The third phase is much more complicated. It is "Breeding for Color." This advance phase may cover many years of experimenting. The original parakeet was dark green with a yellow head. Through careful breeding the blues, whites, yellow, violets, and other shades have been developed.

These birds can be sold to local stores for pets or shipped to bird companies where they are widely distributed to stores, science, or future breeders.



Carol Sauerwein, Kansas Pork Queen, was chosen second runner-up in national competition in Louisville, Kentucky. Winner of a Who's Who Key Award, Carol was high individual in the 1967 American Royal 4-H Meats Identification and judging contest. She is enrolled in junior leadership, public speaking, meats utilization, foods, clothing, swine, and knitting, and is president of the Highland 4-H Club. Carol is the daughter of Mr. & Mrs. Ardith Sauerwein, Newton, Kansas.



Edwards County 4-H Alumni Awards were presented by Mrs. Marjorie McKinney, County Home Economist, to Mrs. Douglas Marcy, Offerle, and Edgar Crockett, Kinsley, for their contribution to 4-H and the community.

Family Fun Page Answers

"So" Slide Down

1-so, 2-sod, 3-soda, 4-softy, 5-solemn, 6-sorghum, 7-souvenir

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| P | A | C | E | | | | | S | P | O | T |
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| M | O | D | E | | | | | S | C | A | T |

Family Fun Page

Fun Page Answers on Page 13

"SO" SLIDE DOWN

Fill in the blank spaces to match the definition at the right.

1. SO As stated
2. SO — Chunk of grass
3. SO — — Carbonated drink (pop)
4. SO — — — Weak person
5. SO — — — — Serious, grave
6. SO — — — — — Molasses
7. SO — — — — — — A momento, keepsake

Q. Why did the boy keep a bicycle in his bedroom?

A. Because he was tired of walking in his sleep.

Rosemary Dobratz
Beloit, Kansas

Nit: What did the jack say to the car?
Wit: Can I give you a lift.

Cecilia Kasl
Cuba, Kansas

One bright day in the middle of the night,
Two dead boys got up to fight.
Back to back they faced each other,
Drew their swords and shot each other.
A deaf policeman heard the noise,
And came and shot the two dead boys.
If you don't believe this lie is true,
Ask the blind man, He saw it too.

Rosemary Dobratz
Beloit, Kansas

Teacher: Order, order
Pupil: I'll have ice cream and cake

Inga Walker
Sharon Springs, Kan.

Jim: Why are there no telephone books in China?
Joe: I don't know
Jim: Because there are so many Wings and Wongs, somebody would be sure to wing the wong number.

Rosemary Dobratz
Beloit, Kansas

1st Strawberry: How are your parents?
2nd Strawberry: My father's in a jam.

Inga Walker
Sharon Springs, Kan.

Q. What did the man octopus say to the woman octopus when they were courting?

A. I want to hold your hand, hand, hand, hand, hand, hand, hand, hand.

Cecilia Kasl
Cuba, Kansas

Q. If the Marines and the Navy were playing basketball and all the Marines fouled out, whom would they put in?

A. The submarines

Cecilia Kasl
Cuba, Kansas

Q. Did you know it is now the fashion to dress according to the color of your hair?

A. No kidding!

Q. Yes, a man with brown hair should wear a brown suit, a man with grey hair, should wear a grey suit, etc.

A. Then tell me, How should a bald man dress?

Sheila Strahm
Bern, Kansas

Q. What Roman numeral grows?

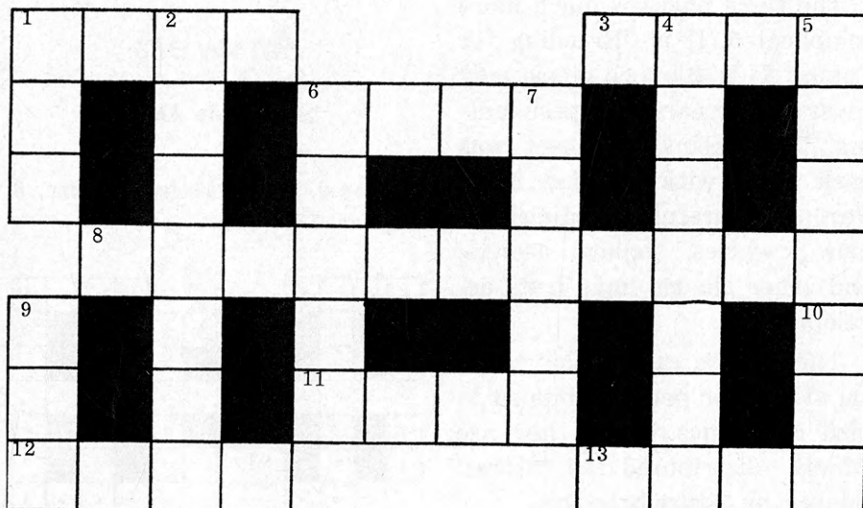
A. IV (ivy)

Inga Walker
Sharon Springs, Kan.

The Journal Needs More Jokes for the Family Fun Page. Please Send Your Best Joke to:

Kansas 4-H Journal
Umberger Hall, KSU
Manhattan, Kans. 66502

"Father of Our Country" Crossword



ACROSS

1. Step
3. Stain
6. Cain's brother
8. Father of our country
11. Give for money
12. Fashion
13. Shoo

DOWN

1. Cooking pot
2. Made
4. River that George threw dollar across
5. Uppermost part
7. Within the law
9. Beret
10. Small bed

*Thank
You?*

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SALUTE ELECTRIC PROJECT WINNERS

The Electric Companies of Kansas proudly salute these 1967 Electric Project winners:

State Winner: Terry Tullis, Labette County Received a trip to the National 4-H Club Congress in Chicago

| | | | | |
|---|--|--|---|--|
| Anderson Steve Smethers* Dick Tinsley | Cheyenne Brent Richard Gary Morris Harvey Barnhart Steve Little | Dickinson David Cade David Cook Andy Schuler David Delker | Geary Dennis Dickson Danny Dundon Fred Acker Joe Poole | Jefferson Lawrence Heinen Charles Mohny Danny Schrader Patty Kramer |
| Atchison Jerry Lewman* Larry McIntyre Robert Scherer | Clark David McIntyre* L. W. Holler | Doniphan Jeffrey West Ivan Scholz Donald Winder Roselyn Drake | Gove Milton Jamison Lynn Lahman | Jewell Dixie Obert* Lindel Wood Tom Rathbun Gerry Waugh |
| Barber Keith Pike Steve Thompson | Clay Chris Sallee | Douglas Jo Jo Hargrave Bob Funk Mike Schneck | Graham Craig Smith | Johnson Greg Healy Lyle Highfill |
| Barton Richard Koelsch Tom Arends Lynn Moore Evan Stickney | Cloud Jerry Trude John Morgan George Carter Gary Trude | Elk Mark Keast | Gray Roberta Birkes | Kearny Sandra Loeppke Carl Joiner Mike Maune Robert Riedl |
| Bourbon Lee Davis Dallas Davis | Coffey Dale DeJarnette Kevin Orr Gail Meyer Joe Anderson | Ellis Barry Dies Tom Denning Dwight Holste Stewart Flinn | Greeley Kenneth Harris Danny Howell Tommy Nutt | Kingman Jim Livingston* Bob McGovney Richard Depenbusch |
| Brown John VanDalsem James Clausen Keith Schooler | Comanche Phillip Callaway | Ellsworth John Krupp* Douglas Janssen | Greenwood Galen Watts Brian Swisher | Labette Terry Tullis Eugene Cunningham Claude Brownnewell Mona Johnston |
| Butler Rex Miller Gary Butler Delvan Leimer | Cowley Bill Muret* Chris Finney Mike Tanner | Ford Max Kline Ronald Preston Ray Zielke Wayne Cook | Hamilton Danny Tope Tim Tracy Johnny Reynolds Edward Baker | Lane Jay Steinle |
| Chase Charles Pretzer | Crawford John Mein Dale Severt Arthur Jenkinson Mike DeLange | Franklin Donald Roeckers* Deborah Wakeman | Haskell Sterling Hall | Lincoln Linda Gabelmann Dudley Karstensen |
| Chautauqua Steven Camp | Decatur Elwood May | | Hodgeman Greg Moore | Linn Norman Crawford Larry Stainbrook |
| Cherokee Leon Patton Patty Douthit Connie Culver | | | | |

Westinghouse Medals were awarded to these 4-H'ers for their outstanding work. See your club leader for more information about Electric Projects.

*Blue Award group. Received an educational trip to the Wichita 4-H Congress

The list of county winners will be continued next month.



Watch This Page For Ideas On Farm And Home Electric Projects
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