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Club recreation award trip.

Special thanks also to all national award sponsors, local 4-H supporters and contributors who donate unrestricted funds for 4-H needs.



Kansas 4-H Journal

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October 1983

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Kansas hires new state 4-H leader

Sara Gilliland Editor Glenda Fox Secretary

Address all correspondence: Kansas 4-H Journal 116 Umberger Hall, KSU Manhattan, Kansas 66506

Phone (913) 532-5881

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Use of the 4-H name and symbol approved by the secretary of Agriculture of the United States, January 23, 1951, under the provisions of the laws as reenacted by Sec. 707 of the Act of June 25, 1948, Public Law No. 772 80th Congress (10 USC 797).

September 1 was the first day on the job for C. R. Salmon, the new assistant director of the Kansas Cooperative Extension Service's 4-H and youth program.

by Sara C. Gilliland

Editor, Kansas 4-H Journal

It was no slow start for Salmon, since the Kansas State Fair started within the first two weeks — during a time he was still getting acquainted with his staff, meeting Extension agents throughout the state and familiarizing himself with the Kansas 4-H program.

However, Salmon is no stranger to 4-H. A native Texan, he spent nine years as a 4-H club member and then 15 years as a 4-H professional. He's served as a volunteer 4-H leader and his own two children are 4-H members. He earned his bachelor's and master's degrees in agricultural education and his doctorate degree in adult and Extension education, all from Texas A & M.

Salmon, 38, says that several factors influenced him to come to Kansas. The strong traditions of Kansas 4-H and the high prestige that people throughout the state reserve for 4-H were impressive to him. Also, "the tremendous interest and attitude of the Extension staff here" was appealing to him. And a 4-H Foundation "second to none" was another positive factor.

During his professional career Salmon has developed a philosophy about 4-H and hopes to implement that philosophy in a 4-H program that has a "high quality and quantity of membership." His philosophy is that 4-H should emphasize what it was started for and still best at — agriculture and home economics projects. That does not exclude all the other



projects 4-H has added in its 75-year history, and Salmon doesn't advocate only traditional teaching and delivery methods for these projects, "but our home economics and agriculture projects should include new creative approaches to involving young people."

Salmon sees the community 4-H club as the nucleus of a high quality 4-H experience. He predicts that project clubs will become more important and will perform many of the same functions as a community club for 4-H members who have similar interests. School enrichment programs help introduce a new audience to 4-H. "They are the first step, an awareness step, in introducing boys and girls to a project or community club," Salmon says.

Just as he sees a need for various levels of participation in 4-H, Salmon sees a need for various levels of competition. "We need to provide recognition for all levels of achievements and participation," he says. (Cont. on pg. 9)

State winners encourage

by Kay Hunter Summer Intern, Extension Information

For some reason, meat utilization is one project that has not been popular in Kansas. Of the 22,000 4-Hers enrolled in community clubs, only 166 are enrolled in the project. This state-wide trend is reflected in Kearny County in southwestern Kansas. Only two of the 85 4-H members in the county are enrolled in meat utilization — Vince Koons and his younger brother, Bill.

Sixteen-year-old Vince, of rural Lakin, one of the state award winners in meat utilization this year, says he thinks this lack of interest is because many 4-Hers don't understand what

the project is.

"They think it sounds too hard, but really it's not," Vince says. "You set your own goals at the beginning of the year. You wouldn't have to set very many goals. Maybe all you'd want to accomplish during the year is to go to a meat judging school, and if you did this, you'd be successful in the project."

A nine-year member of the People Pleasers 4-H Club, Vince credits his mother, Pat Koons, with getting him interested in the meat utilization project. When Vince was 10 years old, Pat was the leader for the project so it was only natural that he enroll in it.

"I didn't appreciate the project my first year so I dropped out of it for two years. When I was 13, I took meat utilization again. I was old enough to enjoy it then," Vince says.

During the time Vince's mother was ill with cancer and since her death, Vince became the chief cook for his family. Frequently he makes beef logs, one of the first meat dishes Pat

taught him to make. Beef logs are cured beef that taste similar to summer sausage. Since Vince, who worked for the Kearny County Feeders last summer where his dad is manager, likes to promote beef, beef logs are one of his primary tools. He has demonstrated how to make them for a number of groups. He has taken beef logs to the elderly at nursing homes and along on skiing trips so others could try them.

Besides showing others how to make beef logs, the junior at Lakin High School has sold them at bake sales. It was during one of these bake sales that B.C. Nash, the owner of the Gin Mill Restaurant in Lakin, tasted them. He liked them so well that he asked Vince to make 36 of them to sell as an appetizer at the restaurant counter. Customer response for the beef logs was favorable so Nash wants Vince to

make more this fall.

Besides using beef logs to promote beef, Vince has given grocery store demonstrations on how to prepare different cuts of beef. He has given talks on beef to his local club, at county and regional 4-H days, Leoti High School and the state fair. To promote the meat industry in general, Vince has distributed leaflets about meat during the rodeo parade in July and the Christmas parade. He says he has tried to do at least one thing each month to promote meat.

Instead of keeping a notebook for his meat utilization project, Vince has found it helpful to add to the meats file he started when he was 13. He has five categories in his file — his year's work, meat news, carcass cuts, recipes, and meat extras. Into his file he puts newspaper clippings and in-

formation sent to him by Miles McKee, professor in animal sciences at Kansas State University.

What Vince enjoys most about his meat utilization project is attending meats judging schools and contests. Each contest consists of three parts, Vince explains. The first part is judging 10 classes of meat — carcasses, round steaks, hams, etc. Each class includes four samples of the particular cut. Vince looks at marbling, fat thickness, color and age of the sample to indicate the quality. He also determines the quantity. He ranks the samples in each class from top to bottom.

For Vince, the second part of the meats judging contest is the hardest. Ten classes of forty cuts of meat must be identified and yield graded from one to five according to the fat thickness.

Vince's cooking experience helps him in the last part of the contest. There are 10 classes of 25 different cuts of meat to look at. He first of all has to determine the species of animal the cut comes from and the type of cut it is, such as a steak, roast or chop. Then he lists how the cut



Vince Koons' Beef Logs

2 lbs. ground beef 1/4 teasp. onion salt 1-1/2 teasp. liquid smoke 2 Tbls. curing salt 1/4 teasp. garlic salt 1 cup water

Mix thoroughly and divide into four equal portions. Roll each portion into a log and wrap in cellophane. To cure the logs, refrigerate them for 24 hours. Then bake for one hour at 300 degrees. Beef logs can be frozen at this point and will stay good for up to six months in the freezer. Note: Vince recommends using curing salt rather than pickling salt.

enrollment in meat utilization

should be prepared — dry heat, moist heat or a combination of dry and moist heat. Finally, Vince identifies the retail name of each cut.

Because there aren't any large grocery stores in Lakin, Vince sometimes drives the 25 miles east into Garden City to practice identifying meat in the grocery stores there.

By becoming a state award winner in meat utilization, Vince is realizing one of his goals — a trip to Chicago to the National Livestock and Meat Board.

"I'm glad I won this award because I wanted to win it for Mom. She was the one who got me started in the project and she was always so involved in it. Mom's illness pushed me to work as hard as I could because she couldn't be around to help me. I knew I had to do it on my own," Vince says.

After the reaching the top, does Vince have any other goals?

"I'd like to be the high individual in the meat judging contest at the Kansas State Fair, but my main goal is to get more 4-Hers interested in taking the project. If there were more 4-Hers in the county enrolled in meat utilization, we could have a meats judging team and it would be much easier to practice," Vince says. George Kandt, one of the state's 1983 4-H meat utilization award winners, says the name of the project may turn some people off, but it's accurate. In the meat utilization project a 4-Her learns about meat production, quality and preparation.

One of George's favorite parts of the project is meat judging. During the four years he's been in the project, he's really improved his skill of giving oral reasons. "Knowing the terminology is really important and it takes a while to learn it," he says. The year that George first enrolled in the project his home-county team, Riley County, won the state meats judging contest. "The state champions were role models for me. I'd like to keep the county tradition going," he says.

The Riley County team practices meats judging by looking at slides and flash cards and going to the supermarket.

Meat utilization is a project which develops consumer skills such as how to select and prepare different cuts of meat. Through demonstrations and a radio show, George has shared his consumer skills. He says he had a real feeling of satisfaction when a radio listener told him that the tips he gave on wrapping meat were very helpful. He's given demonstrations on making shish kabobs— a versatile and economical dish, ac-

cording to George.

Using the barbeque grill is another one of George's favorite ways to prepare meat. Last fall a neighbor showed George how to smoke meat on a homemade grill. "The turkey we smoked was delicious," George says. "It was an overnight process. We marinated the turkey and used special kinds of wood on the fire." He plans to experiment with other meats, marinades and wood types.

George is at home in the kitchen — not only because of the meat utilization project, but he's enrolled in the 4-H foods project for eight years. This last year he perfected his technique for baking chocolate layer cakes and apricot pies — no wonder he finds it difficult to plan low calorie meals that his family will like!

The Kansas Beef Council sponsors a trip to Chicago for the two state 4-H meat utilization award winners. George and Vince Koons will visit the National Livestock and Meat Board headquarters in Chicago during their trip October 25 and 26. The Livestock and Meat Board develops ongoing programs to maintain and build demand for red meat products, specifically beef. Other stops in Chicago for the winners will include the Chicago Mercantile Exchange, McDonalds headquarters and Sky Chef Kitchens, where meals for airlines are prepared.

Editor's note: Vince's mother, Pat Koons, died in August following an extended battle with cancer. The family has set up a memorial fund in her honor with the Kansas 4-H Foundation. Besides being a 4-H parent and leader, she was a former county Extension home economist in Brown and Kearny Counties, and an assistant Extension Information editor. Contributions to the Pat Koons Memorial Fund may be sent to the Kansas 4-H Foundation, 116 Umberger Hall, KSU, Manhattan, KS 66506.



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3B Sheep Farm Starts as a 4-H project

by Kay Hunter Summer Intern, Extension Information

It was easy to pick the three best sheep at the Finney County Fair in 1978 because there were only three exhibited. In western Kansas where native grass is sparse, there weren't many 4-Hers interested in raising the four-footed, woolly creatures. But, the sheep project is growing in popularity in Finney County. Last year there were 21 head exhibited, many which had been purchased from three sisters, the first exhibitors who started it all.

The Betts girls, Michelle, Sherri, and Vicki, are the owners and operators of the 3B Sheep Farm in rural Holcomb. Because they wanted to "try something different," the sisters purchased nine ewes from a breeder in Colorado. Today they own 89 registered Dorset ewes.

The girls didn't start out showing the all-white Dorsets, however. That first year they took the more popular blackfaced Suffolk and Hampshire sheep to the fair, but switched to Dorsets because they were smaller and easier to handle.

Among their flock of all-white sheep, however, can be seen a sprinkling of black- and mottle-faced ones.

"Even though my first Hampshire knocked my tooth through my lip at the fair, I still like Hampshires," says 14-year-old Vicki, while 17-year-old Sherri, the state 4-H award winner in sheep this year, shakes her head. She says she much prefers Dorsets.

In another pen, a big Suffolk wether walked over to the girls. It was plain to see he thought he was the king of the farm. The girls petted him and called him

Runaway. They said Runaway was six years old, an unusually old age for a market lamb.

"Runaway was Michelle's first show lamb. She never wanted to sell him because he's such a pet," Sherri explains.

"I don't think Runaway ever did run away, but the rest of our sheep always were. Maybe that's why she named him Runaway," Vicki says.

The oldest sister, 19-year-old Michelle, is a former eight-year member of the Friendly 4-H Club were Sherri and Vicki are current members. Since Michelle was married last December, she has left the daily care of the sheep to her sisters, but still helps them show at the County Spring Show, the Kansas Ram Show, the Sunflower Classic and in open class at the Kansas State Fair.

The two busiest times of the year for the Betts family is breeding and lambing seasons. Whereas Suffolks lamb one time a year, Dorsets can produce two lamb crops a year.

"Dorsets will breed year 'round, while Suffolks will only breed if the temperature is 70 degrees or above. Dorsets are also better milk producers than Suffolks," says Leon Betts, the girls' father.

During the breeding season, the girls have a fool-proof way to keep track of the time period in which each ewe was bred. They put colored chalk markers on the rams that then leave the same color of chalk on the ewes. Every two weeks the sisters change the color of the chalks.

Each day Sherri and Vicki check the ewes. Then they note in their breeding records the date and the ram to which



each ewe was bred. The Betts are faithful about keeping these records. They know the bloodlines of each sheep on their farm. By looking at a chart in one of their notebooks, they know exactly which day each of their ewes are supposed to lamb.

Eyeballing is another way the girls determine when their ewes will give birth. To help them do this, the ewes are sheared. Shearing also cuts down on the spread of disease to newborn lambs since they will not be sucking on dirty wool.

Lambing season takes place in January, February and September. At these times, the tin shed Leon built in 1977 to house machinery, becomes the hub of activity. Two-thirds of the shed will be converted into lambing pens by means of steel panels fastened into hooks in the wall. The west one-third of the shed houses feed and a small wooden room that is built about three feet above the ground. Inside the room is a small desk and chair in one corner and a foam rubber pad leaning against the wall. This is lambing headquarters for the Betts family. Since the ewes must be checked every 45 minutes to an hour, this is where mom, Evelyn, and Leon stay during the school nights. After school and on weekend nights, the girls take over. In the evenings there are lambing pens to clean and sheep to feed.

Their vigilance has paid off. Last year their 19 bred ewes produced 28 lambs for a 147 percent lamb crop.

"That's a pretty good percentage," Leon says.

A goal the sisters share is to have the 3B Sheep Farm become known statewide. So far they have sold their sheep in Hutchinson, Manhattan, Colby and Colorado, besides in Finney County.

When Sherri, who would like to pursue a career in home economics, leaves home, will the Betts family sell their

"We'll probably cut back, because I'll be the only one left to take care of them," Vicki says.

"I don't think we'll sell all of them because Leon and I enjoy the sheep as much as the girls do," Evelyn says.

Leon agrees. "You meet a lot of nice people at sheep shows. I doubt if I'll ever put machinery in our tin shed again."

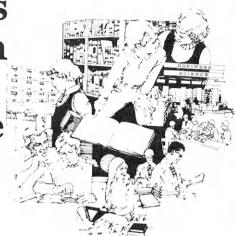
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The Foundation, through its program development will address seven areas of education. These are:

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Booth design ends fair hassle

by Richard S. Kubik Thomas County Extension Director

Set Up — Take Down — Store — It's a ritual county fairs go through every year with their 4-H booths. After four years of use, Thomas County feels they have a booth design that is a superintendent's dream.

The booths may be set up individually, fastened together facing one direction, or set back to back. All booth parts are interchangeable. The only requirement is the booth's back section be alternated so the bolt holes will fit. The booths are held together with 3/16" bolts that need only be finger tightened. All holes are 1/4" for easy bolt removal.

The booth sides are sheets of half-inch plywood, four feet by six feet, set one foot off the floor. The two holes drilled in each end of the plywood sides are located 3/4" from the ends and 14 inches from the side, making the holes spaced 20 inches apart at each end. This hole arrangement fits all holes so the plywood never needs to be turned to fit.

The booth backs resemble bed headboards consisting of three 1"by 8" boards spaced a foot apart one foot from the floor and fastened at each end to a 1" by 4" five foot upright. The 1" by 8" boards are fastened just short of center on the back of the upright to allow the backs to fit together. Two holes are drilled in each upright to fasten the booths together. Each upright has a hardboard channel to hold the plywood side with two holes to match the plywood sides. When the booths are set back to back, a single upright is needed to complete the end booth.

The hardboard channel is formed by making two 1/8" cuts, 3/8" deep, 3/4" apart in the upright board and gluing a 1-3/4" hardboard strip into each cut. The strips are cut from 1/8" hardboard.

Each plywood booth side is supported at the front by a four foot 1" by 2-1/2" upright with a hardboard channel with two holes to match the plywood sides. The plywood side extends a foot above the front support making the top bolt hole two inches from the top. A 12" stabilizer is used at the base of the upright.

The booth's design and the use of the hardboard channels makes the booths strong, lightweight, and easy to handle and erect. Most adults can see over the five feet booths.



Randy Rogers, Golden Plains 4-H Club, shows how easy it is to move one of the booth panels.

The straight lines of the boths allow the booths to be lined with four feet wide corrugated paper or polyester material without a lot of cutting or fitting.

By using half inch plywood and one inch lumber, the linings and displays can be stapled in place with a staple gun. Staple guns have been a big hit with exhibitors putting up booth displays.

Normally, platforms are used in the booths; however, the channels on the uprights will hold a board along the floor when the booths are lined to the floor.

When storing the booths, the sheets of plywood are stacked flat, the backs are stacked upright over one end of the plywood. The front supports are stacked and tied into bundles and layed on the plywood. To store 20 booths requires a floor area six feet by six feet.

So now when the county fair arrives, the booths can be put up in about an hour and taken down in 30 minutes. Only the number of booths needed for displays are set up, so there are no empty booths during the fair.

Sipes family sweeps district wheat show

For the first time, three members of one family have won the first three places in a Kansas 4-H District Wheat Show.

That distinction goes to Jerry Sipes, Jim Sipes and Karla Sipes of the Go-Getters 4-H Club at Manter in Stanton County.

The Sipes won with Eagle wheat in the physical sample contest at the 1983 Garden City show. Jerry was first, Jim second, and Karla third. The other contest was at McPherson.

"It was no fluke because Jerry also won in 1980 and 1981," reported Robert Schoeff, Kansas State University Exten-

sion specialist in grain marketing and coordinator of the wheat shows.

Jill Billings of the Finney County Friendly Friends 4-H Club at Holcomb submitted the top mill-bake entry at Garden City. The flour she used to make her bread entry was from the Plainsman V wheat variety.

The winning physical sample entry at the McPherson show was submitted by Erick Larson of McPherson's City Slickers. The wheat was NK 830. Submitting the best mill-bake entry was Doug Kessling of the Rice County Valley Bluebirds 4-H Club at Chase. Eagle was

the variety he used.

Shoeff reported the 87 entries at Garden City and the 76 at McPherson were similar to last year's.

Providing cash awards for the winners were Cargill, Inc. Flour Milling, Western Division; Collingwood Grain Co. and Far-Mar-Co.

Other sponsors were the KSU Extension Service, Wheat Quality Council, Kansas Wheat Commission, Kansas Crop Improvement Association and the 4-H Wheat Quality Project (Stafford County Flour Mills Co. and Wall-Rogalsky Milling Co.).

Brighten a soldier's Christmas

The 1982 Christmas Mail Call was the most successful ever. The staff of Armed Forces Mail Call expresses its appreciation to those who sent Christmas mail for distribution to the young men and women of our armed forces, both across the U.S. and around the world. Lincoln School in Great Bend ranked number one in Kansas.

For eight years Mail Call has received Christmas cards filled with newsy and friendly letters, from individuals and groups all over the country. These Christmas greetings are then separated into some one hundred different bundles and sent by first-class air mail to various facilities of the Department of Defense (hospitals, chaplains, individual units, etc.), remote Coast Guard stations, as well as to Armed Services YMCAs. USOs, servicemen's centers, etc.

"The members of the ... Maint. Co. would like to express their gratitude for

Another area Salmon intends to focus

on is volunteer leaders. "Volunteers are

the backbone of a successful 4-H pro-

gram," he says. Citing figures which

estimate that the average volunteer

spends 25 days a year on 4-H work and

all the mail received under the Christmas Mail Call program. Many of our young soldiers received very little mail during the past holiday season. They were very pleased to go to the mailroom and find ... mail from across the United States." reads one letter received in response to the 1982 Christmas Mail Call.

The 9th Annual Christmas Mail Call is now underway. This is an ideal project for individuals as well as families and groups, and is an exceptional opportunity for letting our young military people know that we have not forgotten them, that we are thinking of them — especially at Christmas when many will not be able to be with their families but will be on duty at bases and posts across the U.S. and around the world. (Mail was sent last year to the marines in Lebanon as well as to the U.S. peace-keeping forces in the Sinai.)

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volunteer training and systematic

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Overall, Salmon believes a state 4-H

management of volunteers.

family or your organization may have a part in this unique program, please send a self-addressed, stamped envelope (business-size if possible) to: ARMED FORCES MAIL CALL, BOX Q, HOLLOMAN AIR FORCE BASE, NEW MEXICO 88330, and mention that you read about Mail Call in the Kansas 4-H Journal. Thank you!

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staff and county 4-H programs. "The acassuming their time is worth at least \$5 tion is in the counties, where it should an hour, Salmon says that 4-H volunteer be," he says. leaders are one of our biggest financial

Kansas hires new state 4-H leader (Cont. from pg. 3)

You're feeling good because your 4-H livestock sold well at the sale after the fair, thanks to a generous buyer. Remember to thank the buyer and also to deposit part of the money in your local

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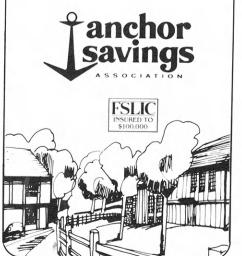
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1983 STATE 4-H AWARD W



Susan Reid Achievement



Shane Jarvis Agricultural



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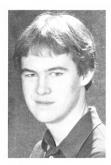
Marylee Ramsay People to People



Dan Wiley Petroleum Power



Bart Brown Photography



Robert Reves Pigeon



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Brenda Fasse Santa Fe Achievement



Candy Leonard Santa Fe Achievement



Sherry Martin Santa Fe Achievement



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Sara Wallace Santa Fe Achievement



Sherri Betts Sheep



Tim Congrove Swine



Scott LaBouff Veterinary Science



Don Baker Wheat Quality



James Garrison Wheat Quality



George Hopper Wheat Quality



Stephen Boppart Wood Science

This special recognition of State 4-H Award winners is made possible by Garvey Grain, Inc.; CGF Grain Company, Inc.; Lincoln Grain, Inc.; and Garvey Elevators, Inc.

Steer brings \$2,000 for MDA

by Craig Dietz Reporter, Preston 4-H Club, Pratt County

This year's grand champion steer from the Pratt County Fair was auctioned twice — once on the hoof and another time after the meat had been processed.

The 1210-pound steer, raised by Pratt County 4-Her Bill Graff, was bought at the fair auction by KWLS Radio and McDonalds. The steer was then butchered free-of-charge by Doskocils' Smokehaus and Deli. Banbury Auction and Real Estate donated their services with Taylor Printing contributing the sale bills for the second auction — held September 3 to raise money for the Muscular Dystrophy Association.

On hand for the auction were Ark Valley District MDA Representative, Mark Ogle and Greg Flemming, the MDA Poster Child. The proceeds from the sale will be used in the Ark Valley District for research, patient costs and patient equipment.

A check of the Guiness Book of World Records found that no record has been set for the highest price paid for one pound of ground beef. As the auctioneer held the small package of beef high in the air the bidding became intense. With the winning bid of \$195, Mr. Ron Loving made a substantial contribution to MD. The purchase price will now be entered for acceptance into the Guiness Book of World Records. The total receipts from auctioning the 226 packages of beef were \$2,104.37.

Pratt County is proud to have initiated the Champion Beef Auction for MD. This type of sale lets everyone say they bought a piece of the grand champion and at the same time helps a whole lot of kids.

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photo courtesy of The Pratt Tribune Pratt County raised over \$2,000 for Muscular Dystrophy by auctioning the meat from the grand champion 4-H steer. Encouraging the bidding are: (from left) Wesley Bell, auctioneer John Banbury, MDA Poster Child Greg Flemming and Lothair Dauner.

Leadership Development is the Key!

The Federal Land Bank of Wichita, along with these land bank associations and their presidents, are proud to support the Kansas 4-H Key Awards program:

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Clay Sniff
NORTHEAST KANSAS
(MARYSVILLE)
Alan Jaax
OTTAWA
Charles Waggoner
WICHITA
Brad Bennett



Spoonspinners make a hit with audiences



The Russell County "Spoonspinners" — back row, from left: David Hanzlick, Warren Funk, and Jason Ney; front, from left: Angela Waymaster and Micki Barth have "spooned" their way into audiences' hearts throughout the county.

by Kathleen E. Popken Russell County Extension 4-H Agent

You just never know what will show up at County 4-H Days. This year the audience at the Russell County 4-H Day was treated to a performance by the "Sunflower Spoonspinners." The group of first and second graders performed a spoons/dance routine to the tune of "The HoKey PoKey." The youth, all members of the Sunflower 4-H Club, have continued to perform for other groups as their popularity increases.

The Spoonspinners, composed of Micki Barth, Angela Waymaster, Warren Funk, David Hanzlick, and Jason Ney, have put a lot of miles on their shoes as they have performed for over 20 different audiences. In the past months, the quintet has entertained at the Gorham High School Prom, family reunions, 4-H and other club meetings, the NACC 4-H Talent Review audition, Regional 4-H Day, teachers' banquet, and most recently, the Russell County Free Fair.

The group got its start purely by acci-

dent. David's mom, Tracy, had taught Warren and David to play spoons. The boys wanted to "bang spoons" for 4-H Day, so they asked their friends in Sunflower 4-H Club to join them. The five who met to work out a routine became the "Sunflower Spoonspinners." The youth decided they wanted costumes. So, the Moms put together scraps and borrowed odds and ends to create top hats and tails, bowties and slit skirts. Total investment was around \$10.

Currently, the dedicated performers practice once a week under the direction of Tracy Hanzlick and Janet Funk. The parents are very supportive when the group is on the road, helping with driving, dressing, setting up and manning the sound system. They are Mick and Arleen Barth, Lance and Mary Pat Waymaster, Jake and Tracy Hanzlick, Merlin and Bonita Ney, and Wayne and Janet Funk.

Presently the 4-Hers are working up a second routine to be presented this fall. As requests for performances increase, the Sunflower Spoonspinners are sure to be spooning their way to fame.

4-Hers raise money with homemade quilt

by Sean Bookstore Reporter, Do It Yourself 4-H Club, Morton County

The Do It Yourself 4-H Club of Richfield, needed a project to raise money for a contribution to the Morton County 4-H Council. They decided to make a crayon quilt, sell donation tickets, and have a drawing during the Morton County Fair in August.

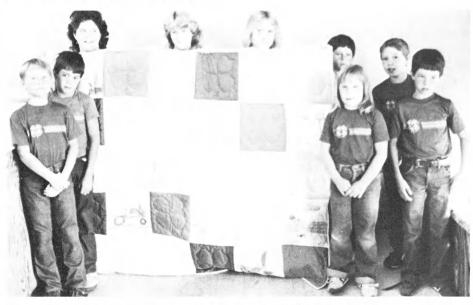
Eleven members sold over three hundred tickets, raising almost \$350, before the drawing on August 12. The lucky winner was Rosanne Panter of Elkhart.

Using fabric colors, each of the members drew and colored pictures of country life for the quilt blocks. The blocks were sewn together and members and helpers quilted it with the 4-H emblem. When the quilt was finished the leaders took pictures so that each member would have something to show potential ticket buyers.

Each club in Morton County makes an annual donation to the Morton County 4-H Council to help support county 4-H

projects. The Do It Yourself 4-H Club quilt not only was a good moneymaker, but was a fun project for the club

members to make and a beautiful prize for the winner.



Showing the quilt they made for a moneymaking project are Do It Yourself 4-H Club members: (back row, from left) Beverly Henderson, Lori Yoder, Jimmie Jo Phillips, Dale Henderson, and Jay Halferty; (front, from left) Sean Bookstore, Casey Bitner, Nikki Bookstore, and James Henderson. Club members not pictured are: Arick Doyle and Chris White. Club leaders are Billie Sue Halferty and Debbie White.

Butler County

Livestock workshop helps new members

by Elaine Thomas Community leader, Lily Lake 4-H Club, Butler County

New 4-H members and their parents often don't know how to prepare livestock projects for the fair or what to expect when they get there. The advisory board of the Lily Lake 4-H Club of Butler County decided to do something to calm the anxiety and answer questions for new members.

The advisory board planned a "hands on" day for club members in May at the Meyers Ranch near El Dorado. Junior leaders and project leaders in the beef, swine and sheep projects provided input, starting from the planning stage.

The event was planned to help 31 boys and girls, of which only four were not enrolled in some type of livestock project. After 4-Hers and parents from the Roughriders 4-H Club and Rose Hill Rustlers 4-H Club were invited, the total attendance was 85 boys, girls, parents and leaders.

Danny Fanning, the manager of the Meyers Ranch and the assistant beef project leader, made the arrangements for the facilities. Other project leaders and parents provided livestock for all the classes.

The participants were divided into three groups with 12 in each group. Two junior leaders worked with each group. One group started with steers, one with swine and one with sheep. Each group spent an hour and a half with each species and then changed to another. Each boy and girl worked with all three types of animals, whether they were enrolled in that project or not.

In the beef class the participants washed three animals, blew them dry, clipped them, prepared them for the show ring, and watched a lesson on how to show them.

In the swine class the 4-Hers washed a pig, clipped him, discussed the type of feed to use, and what to look for when buying a pig. They also learned what a judge looks for at the fair and reviewed some showing tips.

In the sheep class they washed a lamb, blew him dry, clipped his feet, and watched a shearing demonstration. Participants were shown how to hold a lamb and work with it in the show ring.

Each group discussed what equipment to take to the fair, how to get ready for the show, and what to do after the show. Everyone got right in and worked!

Lunch was prepared by members of the foods classes and leaders. The day began with an orientation and closed with a "rap" session. From all the positive comments heard, the event will probably become an annual affair.

The advisory board members who organized the event are: Jerome

Angelmyer, Danny Fanning, Linda Cantu, Vicki Leiber, Jerry Noel, and Vicki Simmons.

The leaders for the event were: Danny Fanning, Sherri Simmons, David Ballew, and Beth Kennedy in the beef classes; J.W. Simmons, Sherry Kilgore, and Robbie Cerney in the sheep classes; and Jerome and David Angelmyer, Terry Brown, and Jerry Noel in the swine classes.



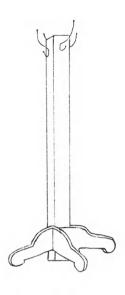
Beth Akins show Jeremy Noel how to use a show stick.



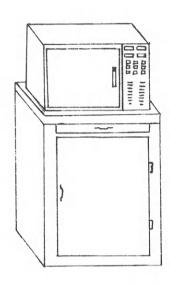
Sherry Kilgore demonstrates how to show a lamb.



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Ideas & News

From the Northeast Area

Douglas County: Kent Bradley, Angie Jenkins, Stephanie Smith and Liz Zimbrick spent the night at Cedarcrest, the Governor's Mansion, as part of their citizenship project. Mrs. Carlin is the citizenship and junior leadership project leader for the club. The next day three members paged in the Senate for Senator Wint Winter and one member attended a forum with Governor Carlin. Stephanie Smith sent this news to the Journal.

Johnson County: Becky Randall reports that 13 4-Hers from Jo Davis County, Illinois, spent five days in Kansas as part of a 4-H interstate exchange. During the week, the host families planned many activities for the guests, such as picnics, swimming, theatre-in-the-park and Worlds of Fun. Hosts were: Amy McKee, Carol Russell, Julie Pio, Brenda Buschow, Reta Hadle, Lori and Brian Rodrock, Connie Moll, Mike and Sue Koenig, Becky Randall, Amy Frohardt, Debbie Green and Patrick and Betty Keener.

From the Northwest Area

Rooks County: Janine DeBey, reporter for the Bow Creek 4-H Club, writes that the club has been busy all year with community service projects. On Halloween the club members dressed in costumes and visited the Valley View Home in Stockton and gave treats to the residents. Another project was baking goodies for Bake & Take Day. During the year the club constructed two window displays — one promoted various 4-H projects and the other was entitled "Keep Christ in Christmas." It included a poster which listed all the church services and times. The club has also worked to improve the county fairgrounds. Painting litter barrels and sprucing up exhibit buildings were club projects.

From the South Central Area

Harvey County: "Up, Up and Away" proclaimed the Kellas 4-H Club's clothing display at the county fair. This is the first year that each club was responsible for a display in the clothing division. Mary Enz, former member of the Kellas Club, was the leader and motivating force behind the activity. Twenty-seven garments and articles were displayed with suitcases and a basket under soft sculptured hot air balloons. Also in the display were clothing project educational exhibits showing slacks crotch construction, mitered corners, seam finishes, needles, ribbing, and topstitching.

Reno County: 4-H members sponsored a 4-H Kiddie Barnyard in a downtown Hutchinson park. Most common farm animals, in addition to dogs, cats and rabbits were available for day care nursery children to see and touch. During the noon hour several of the 4-H club presented mini-style shows where 4-Hers modeled garments they had constructed or coordinated.

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1001 North Kauffman Road Hesston, Kansas 67062 Call 316/327-2131 Reno County: A new feature of the Reno County Fair was the 4-H Country Market. 4-H members sold items they had made in their 4-H projects to the general public. Items sold included food, arts and crafts, garden produce, live rabbits, and much more.

Saline County: One hundred and twenty-nine exhibitors showed 220 animals at the Kansas All Breeds Juniors Dairy Show. Marion County showed the first place county herd for the third year in a row. Champions in the various breed divisions were: Dawn Hiebert, Burns — Ayshire: Bruce Schrag, Pretty Prairie — Brown Swiss; Scott Neher, Hutchinson — Guernsey; Amy Ochampaugh, Plainville — Holstein; Laura Kay Blevins, Highland — Jersey; and Gary Jons, Bonner Springs — Milking Shorthorn.

Sedgwick County: 4-Hers are very proud when they complete a project and Rolling Hills 4-H Club members like to show it. Jennifer Campbell reports that once a year the club has a project recognition fair.

Each 4-Her brings completed projects, projects still in progress or an educational poster or booklet relating to a project. These are put on display for everyone to see. During the program all members, one at a time, tell about their projects. It gives other 4-Hers a chance to learn something new and gives the 4-Her a chance to "show off" and be proud of what he or she has done in 4-H.

Sumner County: Two 4-Hers won ribbons in the bread division of the Sumner County Wheat Festival. Sandi Shoemaker, Wheat Capitol Kids, won first in the youth division with her dinner rolls. In the adult division, Debbie Porter, Redwing Club, won first in the sweet bread division, second on her cinnamon rolls and third with her white bread

From the Southeast Area

Miami County: Diane Fladung, president of the Rabbit Creek 4-H Club, writes that the club has used their clowning project as a fundraiser and citizenship project. When the club was first getting started they invested their small treasury in clown makeup. At the Louisburg Frontier Days, club members set up a booth and painted faces and drew tatoos for spectators. Afterwards, club members entertained at the Southridge Manor Nursing Home.

The Louisburg Cider Mill barter fair and Ciderfest were the next events for the club. After the Ciderfest, the club was asked by the Walmart store in Paola to paint faces as a customer service on Halloween. The service was free to the customers and Walmart made a donation to the club. The club also entertained the Miami County Breakthrough group by painting faces and showing other 4-H projects.

The club has found this project to be fun, easy and a great way to increase the club treasury!

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Alcohol & drug abuse affects total community

October is Alcohol and Other Drug Abuse Awareness Month, but the problems and solutions associated with alcohol and drug abuse are year-round community concerns. Tougher state laws for Driving Under the Influence (DUI) of alcohol and/or other drugs have heightened citizens' awareness of the connection between alcohol and drugs and traffic violations.

In 1981, 210 Kansans died in traffic accidents involving alcohol. That same year, there were 775 alcohol-related traffic accidents involving youth ages 14 to 18, resulting in 35 fatalities and 110 incapacitating injuries.

Unfortunately, alcohol and drug abuse is connected to many local concerns: drownings, fires, divorces, suicides, burglary, accidents, child abuse, spouse abuse, truancy, vandalism, health care costs, and poor job performance. A National Institute on Alcohol Abuse and Alcoholism report indicates that approximately 68% of drowning victims had been drinking; between 25 and 37% of suicides involved alcohol; a divorce rate of 40% occurs among families experiencing alcohol problems; almost 26% of adult fire deaths involved alcohol; and estimates suggest that alcohol may play a role in as many as one third of all reported cases of child abuse.

People with alcohol and drug problems are not isolated. Professionals estimate that each person with an alcohol-related problem affects at least four other people. Each person in the community has a role and a responsibility in preventing and/or treating alcohol and drug abuse.

While youth are less likely to suffer from physical disabilities (such as liver disease) due to alcoholism, they do experience many social and legal problems as a result of drinking. The New Juvenile Code, which become effective January 1, 1983, permits youth ages 14 to 18 to be incarcerated in a city or county jail for any traffic offense, including DUI, up to a maximum of 10 days. The court may suspend the license of any person who is convicted of a traffic offense and who was under 18 years of age at the time the offense was committed.

The DUI law, which went into effect on July 1, 1982, contained provisions which apply to juveniles. A 0.10% blood alcohol content constitutes Prima Facie evidence for DUI (Prima Facie evidence means evidence that is sufficient enough to be presumed factual). Blood alcohol content can be determined by a breath test, blood sample or urine sample. Refusal to submit to tests for determining the amount of alcohol or other drugs results in the suspension of the driver's license and may be used as evidence in court.

The penalties for a first-time DUI offender are: 48 hours in jail or 100 hours of public service work, a fine of \$200 or \$500, 90-day restriction of the driver's license, mandatory pre-sentence evaluations and mandatory attendance at an alcohol and other drug information school.

First-time offenders may be eligible for a diversion, which is an agreement that the offender must follow. Usually, the penalties of a diversion are similar to the penalties for a first-time DUI offense, with two exceptions: (1) there is no jail sentence, and (2) if the terms of the diversion agreement are met, the defendant will have no permanent record of the DUI arrest. However, if a defendant is arrested a second time for DUI, the first offense, even though it is not on the record, becomes a part of the permanent record. The penalties for a second or third DUI conviction are even stiffer.

Early statistics indicate that the tougher drinking and driving statute, better law enforcement practices and voluntary compliance with traffic laws and safety measures have reduced the number of traffic fatalities in Kansas from 578 in 1981 to 486 in 1982.

More effective prevention programs and better treatment programs depend on support from the community. The Alcohol and Drug Abuse Services division of the Kansas Department of Social and Rehabilitation Services can provide additional information to individuals, clubs and communities who are interested.

-LETTERS

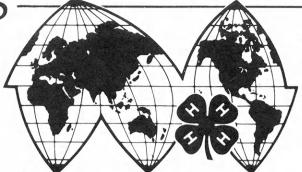
Editor's note: Glenn and Rosemary Busset accompanied 15 Kansas 4-H members to Japan this summer as part of the 4-H/LABO exchange. Glenn is a retired State 4-H Leader. The Bussets wrote this letter after the trip and thought it would be appropriate for all Kansas 4-H families to read.

Dear parents of the Kansas 4-H members who were in Japan, July-August 1983:

We had an opportunity in Japan this past summer to make an observation that we want to share with you, the parents of the 15 Kansas 4-H members, and by extension, with all the parents who worry, work and struggle to impart ideals of decency, respect and politeness to their children. The message is, "You would have been proud ..."

We listened with pleasure as Japanese hosts told us how much they enjoyed having your children in their homes. Their pleasure was evident in their voices despite the limited English, and in the way their eyes shone when they talked about how much they were going to miss your kids. At one of the camps, we listened with gratification as a number of American group leaders from other states commented on the courtesy and evidence of good manners they saw in Kansas 4-H kids. One such mother ruefully wondered aloud how she could arrange a marriage of the 16-year-old Kansas boy whose qualities she admired vith one of her daughters.

We observed your children in the long, ing passage from Wichita, to change planes in Denver, to join other states and board the 747 in Seattle and on to Tokyo. We watched them get acquainted with each other, not forgetting to listen to instructions and to heed suggestions. We said goodbye out on the Chiba peninsula, as we scattered across Japan by bullet train, bus, airline and private transportation to our various destinations. Although they had the phone numbers where we could be reached anytime for any purpose, we did not hear from any of the 15 at any time - always a good indication of healthy adjustment and mutual satisfaction.



4-H MAKES A WORLD OF DIFFERENCE

A month later we worked closely with your kids again, appreciated their cheerful and respectful attention through the hectic days and nights in the hotel in Tokyo. Then we worked our way slowly through the complex, intricate and always tiring trek from Tokyo to Narita airport; through luggage check, security and immigration onto our seats in the noisy and crowded 747 and into the short night toward Seattle and customs hassle. During the long wait to board the 727 in the Seattle airport, the too-closefor-comfort plane change in Denver and eventual successful arrival in Wichita, we continued to appreciate in your children those qualities of cheerful cooperation and respectful attention that we and their Japanese host families noted and admired. "You would have been proud."

Just wanted you to know that it appears that someone out there is doing a respectable job of rearing the kind of children that other people like to have around them.

It could be you.
Sincerely,
Glenn and Rosemary Busset
Kansas 4-H/LABO group
leaders, 1983

Editor's note: Ramon Iniestra was featured in the July Kansas 4-H Journal. He and Gilberto Leite, from Brazil, spent a school year in the southeastern Kansas community of Chetopa. Ramon sent the following letter to the Kansas 4-H Journal after he returned home to Mexico.

Dear Sara:

My name is Ramon Palacios Iniestra. I live in Toluca, Mexico. I know you know Chetopa, it is a little town but its people have a big heart.

I do not know how to write a nice letter. I do not know how to use difficult words, but I'll try to tell you how important that experience was for me. I'm not a 4-H member but I feel like I am.

When I arrived at the Tulsa airport last November 9th, I was really confused and very scared. My trip was good but I did not understand anything and it was the only moment that I felt completely alone. Not much time passed before I saw the kindness and friendship of the people there. To speak English was not very difficult because everybody helped me and finally I did it! (Not very good, I think, but they told me "good enough.")

Lots of people took care of Bugo (Gilberto's nickname) and me, mainly the Blackledge family, Berry family, Albertini family, Carter family, and the Slater family. I know that some of them are 4-H members, and let me tell you, if all the 4-H members are like they are, 4-H should be the best club all over the world.

They sent me the July 4-H Journal and it is really interesting to know more about your club. I don't know if we have 4-H here in Mexico. Here in my city everything is different. We don't have many animals, and the rivers are not like the ones in Kansas are. Our rivers run under the city inside big tubes. There are too many cars. I don't have time to do the things that I like to do.

For me, Chetopa is one of the best places I know. Its people are beautiful and the countryside is indescribable.

I learned many things on my trip and the main one is: Never mind the distance, color of the skin, race or economical position, when we take the love and the friendship for a worldwide flag.

Yours always, Ramon Palacios Iniestra

American	LIVESTOCK, HORSE		nerican
Royal	Oct. 29-Nov. 19, 1983		Royal
Market Steer Show	Nov. 12 Nov. 12 Nov. 14 Nov. 19	Charley Pride Show	Nov. 14-16

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State Fair Electric Project Results

Congratulations to 4-Hers whose projects qualified for state fair exhibits.

Ribbons awarded at the state fair included:

Shawn Frevele Leavenworth County	Darrin Clubine Elk County	Cherie Brown Scott County	Stephen Boppart Finney County	Bryan Bogner Ford County	Dari Ashworth Reno County	BLUE	David Wulfkuhle Douglas County	Denise Oborny Reno County	Nathan Hyde Ottawa County	PURPLE
Todd Strain Geary County	Rick Steffens Crawford County	Kurt Schlotzhauer Franklin County	Jeff Pope Franklin County	Brian Poertner Lyon County	Phil Markley Labette County		Mike Koenig Johnson County	Michael Janne Russell County	Calvin Haefner Pottawatomie County	Aaron Gathman Pawnee County



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ELECTRIC LIGHT and POWER COMPANIES in KANSAS

The Kansas Power and Light Company

Kansas Gas and Electric Company