

# *Kansas 4-H Journal*

The Family Magazine

September 1984



# Joan Istas named new Journal editor

Joan Istas is the new editor of the *Kansas 4-H Journal*. Istas, who began work September 1, brings to the job 13 years of journalism experience and a strong record of 4-H volunteer activities.

The past four months, she has covered Extension home economics and 4-H news for the Kansas State University Department of Extension Information. Earlier, her articles and photos appeared in national magazines such as *Country Kids*, *Farm & Ranch Living*, *Hoard's Dairyman*, *Farm Journal*, *Successful Farming* and *Farm Wife News*.

For eight years she was farm editor and special sections editor for the *Ottawa Herald*. In Franklin County she was the 4-H photography leader and was honored as a Franklin County Friend of 4-H.

Through her other professional positions with the *Colby Free Press*, *Goodland Chronicle*, *Oakley Graphic* and *High Plains Journal*, she continued writing about and working with 4-H and other Extension programs.

"4-H is an exciting organization," Istas said. "It is more than a youth organization. While developing youths, it also strengthens the family and brings together people of different generations and nationalities.

"The *Kansas 4-H Journal* is a viable part of Kansas 4-H. By providing a medium for the sharing of ideas, it creates understanding and encourages growth. If Kansas had no *4-H Journal*, agents, 4-H volunteers and 4-H'ers would be trying to start such a publication."

Founded 30 years ago, the *Journal*



Photo by De McGlashon

Joan Istas, new 4-H Journal editor, gets a story from Amanda Mongold, eight-year-old member of Geary County's Clark's Creek 4-H Club.

has been the only state 4-H magazine until recently when Texas launched its state publication. Istas is the ninth editor of the *Kansas 4-H Journal*.

Istas said she will continue the policies of Sara Gilliland, who has been the 4-H *Journal* editor since January of 1981. "I merely echo the comments of countless others across the state when I say Sara has done a terrific job at the *Journal*."

"Sara brought an updated style to the *Journal* and strengthened interest" in it, said Merle Eyestone, executive director of the Kansas 4-H Foundation.

Sara is leaving the *Journal* to join her husband, Don, who has accepted a position with IBM in Rochester, Minnesota. Sara will work in the Communications Department of the Mayo Clinic in Rochester.

Istas grew up on a farm near Aurora in Cloud County. She graduated from Cloud County Community College and Kansas State University. Her parents, Mr. and Mrs. Francis J. Istas, continue to farm near Aurora and own and operate Aurora Grain Elevator.

## Project fairs help 4-H'ers make decisions

A project enrollment fair can help 4-H'ers better decide which projects to take in the new 4-H year, says Marcia McFarland, Kansas State University Extension 4-H specialist.

Though new to many Kansas 4-H'ers, one Wichita 4-H club has made project fairs a part of their club year for 10 years, McFarland says. Project fairs were first promoted in Kansas about four years ago, and today, at least one club in well over half of Kansas counties have put on a project fair.

Project enrollment fairs help 4-H'ers gather data, set priorities and give

children and parents an opportunity to make 4-H enrollment decisions together, the KSU specialist says. She says this especially is important today because youths have so many demands on their time.

She suggests planning the project fair for the first meeting of the new 4-H year. The project fair should occur during the club meeting.

Displays telling about projects that will be offered by the club during the year are manned by club project leaders. Thus, 4-H'ers have the opportunity to meet and talk with project leaders before signing

up, McFarland says.

Displays should tell the day and time of meetings. An outline of what is expected of those in the project, what will be accomplished, cash outlay needed and time needed should be included.

Enrollment forms are handed out and 4-H'ers sign up for projects at the end of the fair.

Junior leaders in the club often help set up displays and clean up after the project fair, McFarland says.

A video tape explaining project fairs is available from the KSU Extension 4-H office.





# Kansas 4-H Journal

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## Wise shoppers select right 4-H club

by C.R. Salmon

Assistant Director of Extension, 4-H Youth Programs

With summer coming to a close and fall just around the corner, it's time to start thinking about the beginning of a new 4-H year. October 1 begins the new 4-H year in Kansas.

This means new families will begin shopping for a club to join and our current members will be talking with parents and 4-H leaders about project selection. I'd like to share some thoughts with you about the very important decision of selecting a 4-H club for new 4-H families.

Club selection is probably the most important decision made by 4-H families because when a member has an unhappy club experience they usually do not re-enroll next year. The more we can do to insure successful club selection the greater our re-enrollment rate.

What should be considered when selecting or recommending a club for 4-H families?

Evaluate the membership of the club. What are the ages of the members? Where do most of the members attend school? What types of projects are most of the members enrolled in?

It is very important for new 4-H families to consider the size of the club. I encourage a new 4-H'er to enroll in a club of 18 to 25 members. Sometimes, when a new 4-H member enrolls in a large club, there are fewer opportunities for individual attention and leadership that are necessary for growth and development.

I encourage new families to ask: "How many adults are serving as 4-H volunteers? What kinds of leaders does the club have? Does the club have a new parent's coordinator?" The presence of an adequate corps of adult volunteers is essential to a successful 4-H club experience. Boys and girls need an adult model to guide and direct their 4-H experiences. Ideally, we would like to have one adult volunteer to every five members.

I encourage families shopping for a new club to ask for copies of the program plans. An active 4-H club usually has program variety and planned activities and events for different age levels.

New families might also consider the location and type of meeting facilities for the club. Will you have to travel a great distance to club meetings?

Lastly, it usually is a good idea to visit several club meetings and activities before deciding on a 4-H club for your son or daughter.

I hope you will carefully consider these suggestions as you select a 4-H club. Happy shopping!!

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## *... urban and non-urban 4-H programs can be quite similar*

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by Karen Pendleton  
Douglas County 4-H leader  
1984 National 4-H  
Conference chaperone

During April I had the unique opportunity of attending National 4-H Conference as an adult chaperone for the Kansas delegation. I participated in the "4-H in Urban Areas" consulting group. Although I received chuckles from others in the group when they heard I was from ...Kansas!, we all soon realized that urban and non-urban 4-H programs can be quite similar.

Urban areas are those where there is a high concentration of people restricted by geographic boundaries. The urban areas hold a great potential for increased 4-H membership; however, they are often the least served. 4-H has the capabilities and resources to meet the needs of youth in urban areas.

Does 4-H belong in urban areas?

We believe it does, for several reasons. First, urban areas contain the largest number of tax payers. Since the 4-H program is basically tax-supported, it should be available in all areas, urban as well as non-urban. Second, the greatest concentration of legislators, businesses and private organizations is in the urban areas and these are often the people who need to know about the effectiveness of the 4-H program.

Third, the Smith Lever Act which authorized the Cooperative Extension Service does not limit Extension to rural areas. It does mandate the Extension Service to teach people useful skills and this is applicable in urban areas as well as non-urban.

In summarizing the information gathered by the consulting group, we drew the following conclusions:

1) There are many misconceptions about 4-H in urban areas. Urban and non-urban 4-H programs can be quite similar.

All 4-H'ers in urban areas are not economically disadvantaged, and they

do have many resources available to them. Although there are some programs unique to the urban areas, many ideas from traditional 4-H clubs have been adapted and incorporated successfully into programs in non-farm areas. Urban 4-H programs currently include sewing, plot gardening, cooking, camping, and other opportunities generally associated with 4-H in more rural areas.

2) Urban 4-H also offers life skills training through the "hands-on" experience that has become a trademark of 4-H programs in general. 4-H'ers are learning about careers, languages, shopping, nutrition, and other personal survival skills.

3) In addition to survival skills, urban 4-H programs address many of the needs of youth. 4-H allows young people to develop communication skills, self-confidence, and vocational skills.

4) Many urban 4-H programs began as short-term, special interest groups that focused on particular skill areas. Although special interest groups are still a part of urban 4-H, the programs are now expanding to include broad-based community clubs.

5) Although they are sometimes hard to find, a variety of resources are available to urban 4-H programs. Many other organizations for youth function within urban areas, and instead of competing with these groups, 4-H has led the way in getting them to cooperate to provide the best experiences possible for urban youth.

6) Urban 4-H programs are not without problems. The task of informing youth about the opportunities available to them is difficult. In addition, volunteer leaders are sometimes not made aware of all the resources offered through 4-H and Extension.

4-H is a valuable asset to youth from non-farm areas. It helps fill a void in the life of urban youth by giving them extra educational opportunities. It develops community pride and helps mold urban youth into active citizens.



... ISN'T FOR  
ANYBODY ...  
JUST

# Everybody

Our recommendations for the future encompassed four different areas: communication, funding, training and programs.

We recognized a need for better communications and public relations activities for everyone within the 4-H program and for the public. First, urban 4-H programs need to develop the community's awareness of their activities. By promoting 4-H to the community in general, a stronger support base will develop within urban areas. Thus, recruiting 4-H leaders and members will be easier. This promotion could be aided by support from community leaders and public opinion leaders.

Second, after youth and adults are involved in the 4-H program, they need to keep people informed about what 4-H can offer others and be receptive to their problems, needs, and ideas. A communications device, such as a newsletter, should be implemented in each urban area to help youth and adults understand the 4-H program.

Third, agents should keep in mind the importance of recognition of leaders and members. Also, recognition enhances the image of 4-H. Newspaper stories, project exhibits, judging, trips, and exchange programs can all be useful forms of recognition.

We also recommended that there be increased funding for programs in urban communities. Although difficult to find, more funds could be used in training programs for agents who have an interest in urban programs. Financial support is also needed to purchase materials for Extension programs. Finally, we felt that there is a need for funding for public relations programs which help the public understand what 4-H has to offer.

It was our recommendation that 4-H should devote more time and give greater emphasis to quality training for leaders. In urban, as in non-urban areas, an outstanding volunteer leader is a vital part of the club. Strengthening training

(cont. on page 5)

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*"Each of us in 4-H needs to strive for support of the program in addition to increased enrollment."*

---

by George Kandt  
Riley County 4-H Member  
1984 National 4-H Conference Delegate

"Building on Experience" was the theme for the 1984 National 4-H Conference and that was just what the National Ambassador consulting group accomplished. We were chosen, one from each state, to attend an in-depth training session at Conference and then to devote 10 days in the upcoming year to 4-H promotion on the state and national levels.

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#### **Urban 4-H** (cont. from page 4)

would create a better learning situation for the members and create new enthusiasm among young people.

We also recommend that many more training opportunities be created for 4-H agents and staff. Support from state and federal administrators for this training would provide reinforcement for agents and demonstrate to those they serve Extension's commitment to urban populations.

In terms of program plans, we recommended the continuation of many current programs and the creation of some new ones. The short-term special interest groups should be continued; however, more emphasis should be placed on community-based clubs. The adaption of existing programs in agriculture and home economics for use in urban areas should continue, but, more programs should be designed to meet the needs of urban youth. More leadership opportunities for both members and leaders should be provided, and more diverse forms of recognition for both youth and adults should be available.

We all know that the 1984 4-H program isn't just for farm families. More and more urban youth are looking to get involved in 4-H — let's give them a big welcome.

The 4-H Ambassador program started 30 years ago in New York. However, the program is relatively new in Kansas and is not yet a part of each county's 4-H program. I was very honored and fortunate to be chosen to represent Kansas in this consulting group charged with setting guidelines for the program on the national level. The experience at Conference was invaluable in terms of information learned, friends met and challenges encountered.

Each Ambassador's work began long before the conference. We interviewed people to get their opinions on the messages that need to be conveyed about 4-H. Parents, peers, county and state 4-H staff, teachers and businessmen were interviewed. The information we received was classified into three categories: the most important information to convey about 4-H, the specific audiences to reach, and the methods most suitable for presenting the information. Since the Ambassador's primary objective is to promote 4-H, this type of research proves quite beneficial.

When speaking to a non-4-H group (esp. civic, school, or business groups) we concluded that the Ambassador should stress the marketable skills learned through 4-H. These are the basic life skills of good communication, good organization and planning, and good interpersonal relationships. We need to let people know what 4-H is investing in the future by developing leadership potential, instilling self-confidence and providing educational workshops and trips.

Ambassadors don't want to reach just anyone with their message — they want to reach everyone. However, classifications of audiences are necessary and those we should reach first are potential donors to 4-H and potential 4-H families.

4-H nationally depends on private support to fund over 50% of its programs. Therefore, the business leaders, who are the potential donors, need to be reached.

In trying to expand 4-H enrollment, the potential family, especially parents,



**4-H: Building on Experience**

must hear our message. 4-H is a family activity that demands parental support and this needs to be emphasized when speaking to interested youth and parents. Of course, civic clubs and school groups should be informed about what 4-H has done, is doing, and will do for Kansas youth.

Be creative when promoting 4-H. Effective tools for promotional events are slide presentations, demonstrations by actual 4-H'ers, and skits. Using the mass media proves to be an excellent outlet for 4-H promotion. Whatever method is used, try to make personal contact with the potential donors or 4-H'ers.

The role of the Ambassador, then, is to present 4-H to various groups with creativity, pride and enthusiasm.

Even though these recommendations were made for Ambassadors, they can and should be applied by all 4-H'ers. Each of us in 4-H needs to strive for support of the program in addition to increased enrollment. Part of this can be done by setting an example for our friends and displaying enjoyment in what we do.

The 54th National 4-H Conference taught us a lot about 4-H, its strengths, and its promotion. During that week we discovered the best in ourselves which is what the Ambassador program entails. The Ambassador program in Kansas brings a lot of dimension and strength to the overall 4-H program. With a growing number of counties joining the Ambassador ranks, the future looks bright.

I challenge all counties to form an Ambassador team not only for the benefit of 4-H, but also for the 4-H'ers.

Thanks to all who helped make my trip to Conference possible. I've enjoyed being Kansas' National Ambassador and look forward to working with future Ambassadors as we all strive to make the best better.



# Scholarships aid former 4-H'ers

When 17 students entered college this fall the balance in their checkbooks was aided by 4-H scholarships ranging from \$100 to \$700. These scholarship recipients, all former 4-H members, were selected from applications submitted in March.

Six of the scholarships are presented for the first time this fall. A Reno County 4-H'er, Beth Hinshaw, is the first recipient of the \$300 Kansas Master Farm Homemaker 4-H Scholarship, presented by the Kansas Master Farm Homemaker Association. The scholarship will be awarded annually to a Kansas 4-H'er who plans to enroll in agriculture, home economics or related fields at a two-year or four-year college. Beth plans to major in agricultural economics at Kansas State University. She was the 1983 state 4-H citizenship award winner. Her parents are Dean and Lona Hinshaw, Hutchinson.

Five Kansas 4-H'ers are the first recipients of Bailly-Plainsman Supply Store of Kansas Scholarships. Each will receive \$500. Bill Graff, Pratt County, plans to enroll in agricultural economics or agricultural engineering at Kansas State University. He is the son of Mr. and Mrs. Robert Graff, Pratt.

Rhonda Fowler, daughter of Thomas and Ruth Fowler, Emporia, will use her Bailly-Plainsman Scholarship at Kansas State University. She plans to major in home economics. She was the 1983 state 4-H consumer education award winner.

Erick Larson, McPherson County, also will use his scholarship at Kansas State University where he plans to major in agriculture. He was the 1983 state 4-H crop production award winner. His parents are Richard and Deana Larson.

Trent Lancaster's plans include majoring in pre-veterinary medicine at Kansas State University. The son of James and Virginia Lancaster, Ottawa, Trent is a member of the Trail Blazers 4-H Club.

Steven Johnson, the son of Eldon B. Johnson, Assaria, intends to enroll at Kansas State University in agricultural economics. He is the 1984 state 4-H award winner in public speaking and is serving as the National Youth President of the Rural Electric Cooperatives.

Three 4-H'ers, Sue Whipple, Todd Gordon and Lana Hammer, are recipients of Ship Winter Grants of \$700 each. The Ship Winter Grants are provided by earnings from a trust established by family and friends of the late Milton

Shipman "Ship" Winter.

Sue Whipple, Hodgeman County, plans to enroll in pre-veterinary medicine at K-State. In 4-H she completed five years in the veterinary science project and was the county project leader for three years. Sue is the daughter of Jerry and Mary Whipple, Jetmore.

Todd Gordon, Coffeyville, plans to begin his college education at Coffeyville Community College. He is interested in animal science and industry and intends to transfer to K-State later. He owns a small herd of registered Limousin cows and would like to work in beef research and genetics after graduating from college. Todd's parents are Mr. and Mrs. Melvin Gordon.

Lana Hammer, Republic County, plans to combine majors in business and agriculture for a career as a bank agricultural loan officer. Lana and her parents, Mr. and Mrs. Charles Hammer, Scandia, own a small registered Charolais herd. She is the 1984 Kansas Charolais queen.

The \$400 Glenn M. and Rosemary H. Busset 4-H Scholarship is awarded to Donna Shell, Valley Falls. Busset is a former state 4-H leader in Kansas. The Busset scholarship is awarded to a youth

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who enrolls in agriculture or home economics fields in college and has a special interest in journalism. Donna was assistant editor of her high school newspaper and editor of the yearbook. She hopes to continue to write during her years at K-State. She is the daughter of Don and Rita Shell.

Monica Ann Rottinghaus, Seneca, receives the \$400 Mary E. Border 4-H Scholarship which honors a former specialist in the state 4-H office. The daughter of Ray and Marian Rottinghaus, Monica Ann plans to enroll at Stormont Vail and pursue a career as a registered nurse.

Janice Stein, Ulysses, and Sandra Randall, Shawnee, are recipients of the \$500 M. Max Dickerson Memorial Scholarships. Dickerson was a former county Extension agent, banker, rancher and member of the Kansas 4-H Foundation Board of Trustees.

The daughter of Maurice and Shirley Stein, Janice plans to enroll in the pre-law curriculum at Kansas State University. She is an 11-year 4-H member and was a 4-H Ambassador in Ford County.

Sandra Randall also was a 4-H Ambassador, but in Johnson County. She credits her 4-H work for her ability to get a job in the dietary department of a Shawnee hospital. A state winner in the health project in 1983, Sandra submitted her national report form to the personnel director when she applied for the position. The director was very impressed, Sandra says. The daughter of H. David and Karen Randall, Sandra plans to major in speech pathology at K-State.

Kevin Lohr, Goodland, is the recipient of the \$550 J. Harold and LaVerne Johnson 4-H Scholarship. J. Harold Johnson was the first county 4-H agent in Kansas and went on to become a state 4-H leader and the first director of the Kansas 4-H Foundation. He currently serves on the Board of Trustees for the 4-H Foundation. An 11-year 4-H'er, Kevin has been especially active in the leadership, citizenship, health and safety projects. The son of Melvin and Pat Lohr, Kevin is a student at Fort Hays State University where he is majoring in accounting and computer science.

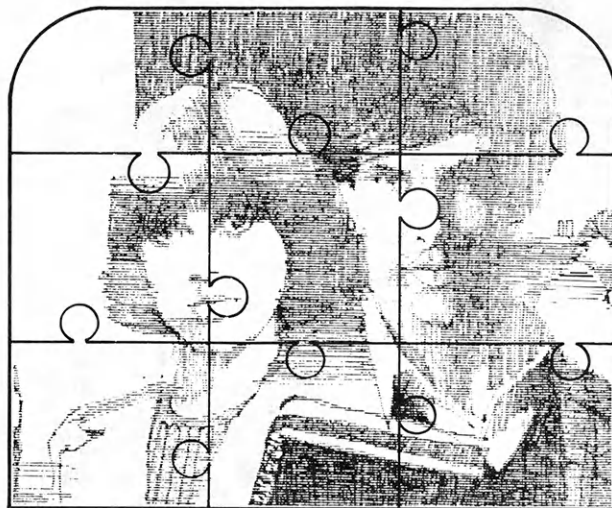
Kent Craghead, Hodgeman County, plans to use the \$450 Roger E. Regnier 4-H Scholarship at Sterling College. He'll enroll in computer science. Roger E. Regnier is a former state 4-H leader. Kent has been active in livestock projects as well as leadership and citizenship. Darrel and Lola Craghead are his parents.

Greg Reno, Cheney, is awarded the \$300 N.T. Veatch Scholarship. Veatch was a former member of the 4-H Foundation Board of Trustees. The son of Earl and Connie Reno, Greg plans to major in agricultural education at Kansas State University. He was active in national, state and county 4-H activities such as Citizenship-Washington Focus, American Royal 4-H Conference, Kansas State Fair and Texas and Wisconsin 4-H exchange trips.

Susan Reid, Kansas City, receives the \$100 Electric Scholarship provided by the Kansas Electric Cooperatives. Susan was the 1983 state 4-H achievement award winner. She plans to major in animal science and broadcasting at K-State. Mr. and Mrs. Robert Reid are her parents.

Applications for 1985 Kansas 4-H scholarships are due in the state 4-H office by March 1.

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A special weekend workshop, designed to teach 4-H members and other youth the appropriate techniques and attitudes about hunting, fishing and trapping, is scheduled October 26-28 at Rock Springs Ranch. Youth will receive "hands on" instruction from Extension specialists, Kansas Fish and Game Commission personnel and other experienced hunters, fishermen and trappers.

"We had over 40 people volunteer immediately to help teach the sessions on trapping, duck hunting, non-game wildlife, raccoon hunting with hounds, fishing, bow hunting, big game and turkey hunting and upland game hunting," says Bob Henderson, Extension state leader for wildlife damage control. "This school offers kids a chance to learn from people who have years and years of experience," he says. "The people who volunteered want to perpetuate the attitude of good sportsmanship and respect for wildlife and the landowner."

During the day, participants will choose a session they are particularly interested in and then everyone will attend evening general sessions on wildlife, hunter/landowner relationships and safety.

"The school is a fun, educational activity to re-kindle interest in wildlife and ecology projects," says Emily Kling, Extension specialist in 4-H and youth environmental programs. All eligible youth (ages 10-18) must be accompanied by a parent or other adult.

The cost of the school is \$37 which includes food and lodging at Rock Springs Ranch. Brochures containing more information and the registration form will be available from the county Extension offices by mid-September.

Hunting, fishing, trapping and other outdoor activities are ideal family activities, says Henderson. Plus, the



# attend 4-H Hunting, Fishing & Trapping School

## October 26-28

successful hunter or fisherman can supplement the family diet. Trapping can become a source of additional family income.

Hunting and trapping are actually methods of effective wildlife management, Henderson says. He defines management as the use of a resource and he says Kansas wildlife is a renewable resource. "Kansas is a prime state for hunting and fishing because of the very diverse habitat," he adds. Also, the abundance of wildlife is a reflection of the good wildlife management practices of many farmers and ranchers.

"Mother Nature overproduces and then many animals die from starvation or are killed by predators because the number of animals exceed the carrying capacity of the land," he says. Hunting and trapping, within regulated boundaries, reduce the number of animals, which in turn improves the conditions for the surviving animals.

Henderson cited the example of the problems caused by the high beaver population right now. Many of the problems could be reduced by trapping beaver, "but it's hard work to trap beaver and the skins are bringing a relatively low price right now, so not many people are trapping them," he says.

One 4-H member who is trapping beaver is Buck Bailey, 12-year-old from Greenwood County. Bailey attended a Kansas Fish and Game Commission fur harvester school and then received individual tips from Rick Tush, wildlife biologist. Bailey and his brother, Wes, have trapped badgers, beavers, raccoons, opossums, skunks and coyotes.

Learning to skin the animals was a trial and error course, Bailey said. "Reading how to do it is one thing and doing it is another," he added.

He is now making a "round" out of his biggest beaver pelt which he plans

to use as a wall hanging.

One of the hardest things about the project is keeping a daily log of his traps, Bailey said. He is starting a scrap book with pictures and summaries of his trappings.

He had given talks on trapping at his local club meeting, at County 4-H Day and at Regional 4-H Day where he received a top blue ribbon.

Riley County 4-H'er David Warner also attended a similar school. He is enrolled in his second year of the Fur Harvester project.

Warner has both water and land traps designed to catch raccoon, beaver and opossum. He is going to set coyote traps soon, the 15-year-old said.

The first few years trappers usually don't make much money, but there is potential for profit in trapping, depending on pelt quality, Warner believes.

Warner's exhibit at the county fair showed different types of traps to use depending on the size and strength of the animal and the habitat.

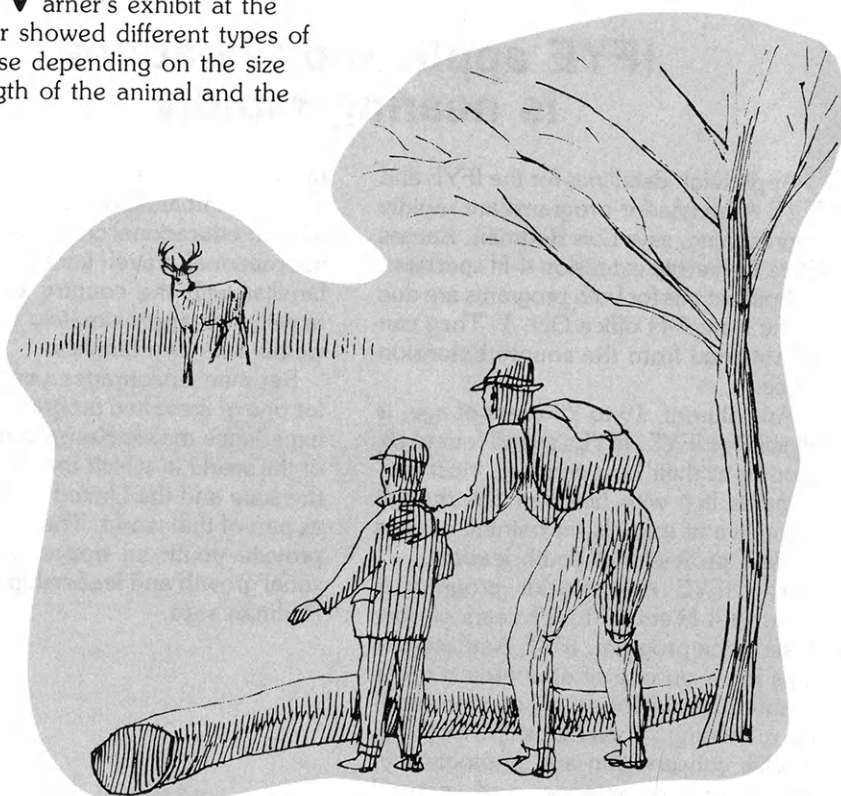
Another Riley County 4-H'er, 12-year-old Chad Rusink, enrolled in the Kansas Mammals project. He exhibited plaster tracks of bobcat, coyote, white-tailed deer and raccoon at the county fair. He is busy now looking for wolf and beaver tracks to collect.

Rusink said he learns about his project by reading.

Seven-year-old Keith Ecklund's interest in wildlife has grown through a self-determined fishing project. He's identified five kinds of catfish and has caught two of the kinds.

Hunting, fishing and trapping are activities the whole family can become involved in. If you're looking for some pointers from the experts, attend the 4-H Hunting, Fishing and Trapping School next month.

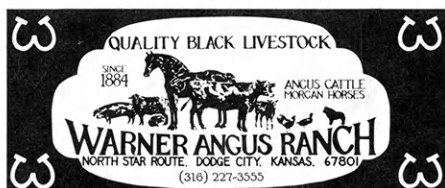
The school is sponsored by the Cooperative Extension Service, Kansas Fish and Game Commission and the Kansas Fur Harvester Association.





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## IFYE application deadline is nearing rapidly

Application deadlines for the IFYE and IFYE Ambassador programs are rapidly approaching, says Lois Redman, Kansas State University extension 4-H specialist.

Applications for both programs are due in the state 4-H office Oct. 1. They can be obtained from the county Extension office.

Any alumni, 19 to 25 years of age, is eligible for IFYE. IFYEs spend four to six months in their host country. Most participants live with host families though some live at schools, in training centers or with professional youth leaders.

The IFYE Ambassador program is open to 4-H'ers 15 to 19 years of age. A six week program, IFYE Ambassador trips focus on one of nine project areas — international foods, sheep, commodity marketing, horsemanship, clothing, wildlife conservation and photography, dairy, animal science and natural

resources.

IFYE Ambassadors travel, as a group with an educational coordinator who has international travel knowledge and is familiar with the country visited. They usually live approximately two to three weeks with two families.

Redman encourages youth to apply for one of these two programs. The IFYE experience makes Kansans more aware of the world in which they live and how the state and the United States interacts as part of that world. The programs also provide youth an opportunity for personal growth and leadership expansion, Redman says.

## What makes up a good project meeting?

Ten things are necessary to make a good 4-H project meeting, Lois Redman, Kansas State University 4-H specialist, tells 4-H project leaders. They are:

- A minimum of 10 project meetings.
- A maximum enrollment of 10. A group of 6 to 8 is ideal.
- A team approach to project leadership involving both a junior leader and an adult leader.
- Activities at each meeting designed to involve members in kid-to-kid and kid-to-adult interaction.
- One or more field trips per year.
- The opportunity for 4-H'ers to share what they learn.
- The opportunity for 4-H'ers to make decisions.
- A time for celebration.
- 4-H'ers should learn skills.
- 4-H'ers should record their progress in the project. This can include diaries of field trips and file cards as well as record books.

# DIRECTORY



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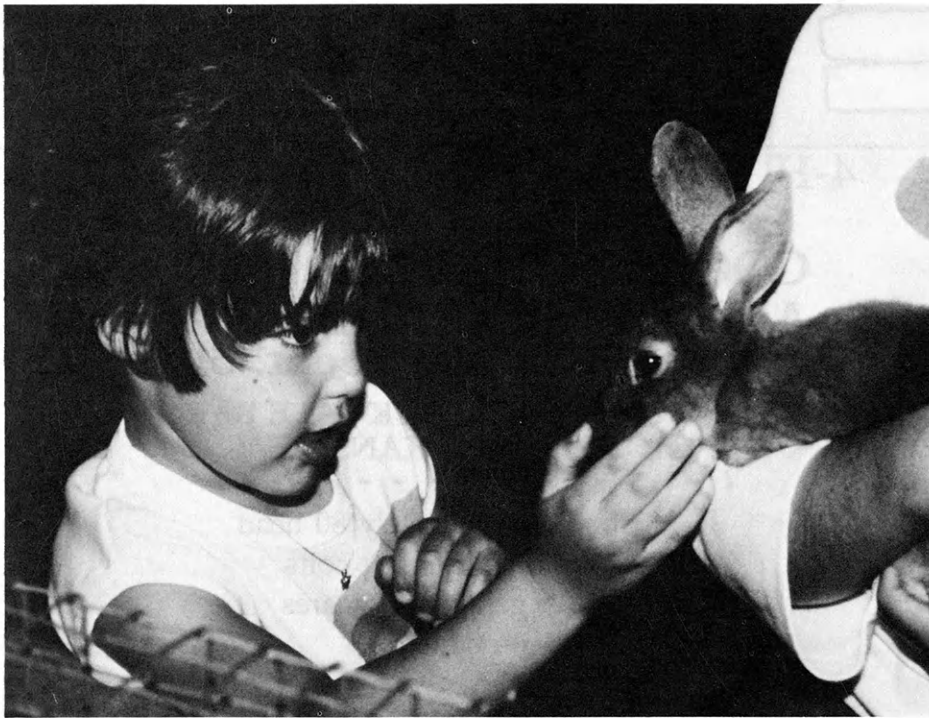
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# Rabbit Breeders Association applauds 4-H'ers



Jennifer Kehler, daughter of Butler County 4-H Agent David Kehler, admires a rabbit at the spring 4-H show.  
Photo by David Kehler

## Popular State Fair 4-H Exhibits

Which projects are popular among 4-H'ers to exhibit at the Kansas State Fair?

4-H foods leads the list of fair entries. In 1983, foods entries were 1,515, up from 1,408 in 1982.

Rabbits are the second most popular 4-H state fair exhibit with 691 rabbits in

the 1983 rabbit show, compared to 570 in the 1982 show. 4-H'ers exhibited 668 clothing items in 1983 and annually over 400 contestants enter more than 600 horses in the state fair 4-H horse show. Horticulture exhibits number 400 to 600 annually.

Dear 4-H rabbit project members:

The Kansas State Rabbit Breeders Association (KSRBA) would like to take this opportunity to applaud the 4-H'ers of Kansas, especially those who are enrolled in the rabbit project.

We, as breeders and showpersons, recognize the efforts and day-to-day problems you face and must deal with to be successful with your rabbit project. The members of the KSRBA strongly encourage you to work hard on your rabbit projects and keep your interest level high. The KSRBA invite you to attend our local club meetings. Also, please feel free to contact any KSRBA member if you need assistance in your project or if you are just getting started. KSRBA is proud to sponsor the state 4-H rabbit project award.

For the name of a KSRBA member in your area, please contact Ed Siska, president KSRBA, 8001 S.W. 22nd St., Topeka, Kansas 66604.

Sincerely,

Ed Siska

President, KSRBA

You're feeling good because your 4-H livestock sold well at the sale after the fair, thanks to a generous buyer. Remember to thank the buyer and also to deposit part of the money in your local

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# Installation Ceremonies

by Kathleen E. Popken  
County Extension 4-H Agent  
Russell County

Looking for a way to emphasize the five skills that 4-H promotes? Why not try incorporating them into a ceremony, such as officer installation?

Using parts of the 4-H Clover labeled with the 5 life skills, the Russell County 4-H Council was installed in November. Here are excerpts from the ceremony:

**President** — It is a goal of 4-H to develop inquiring minds thru experiences such as leading 4-H Council. You will be leading the council members in learning not only as individuals but as an organization. You are its representative and your actions should reflect the reputation of 4-H — wholesome, family-oriented organization.

**Vice-President** — As an officer, you represent the county 4-H program, and its ideals. One goal of 4-H is building self-confidence. Youth involved in 4-H should be encouraged to do their best and feel like winners, regardless of the ribbon color. As a 4-H representative, you have a responsibility to encourage your fellow 4-H'ers that 4-H may be a positive experience.

**Secretary** — The 4-H philosophy emphasizes the life skill, relating to others, as an integral part of 4-H programming. Being able to relate to others, orally and in writing, are skills you will practice. Your communication skills reflect upon the 4-H Council and 4-H'ers of Russell County.

**Treasurer** — As treasurer you have a big responsibility. You will be recording the financial decisions of the group. This responsibility will give you practice in bookkeeping and also decision making, a goal of 4-H programming.

**News Reporter** — Developing a concern for the community is exemplified through the events and projects of 4-H Council. It is your responsibility to record events and projects. You will provide media with accurate, readable accounts of 4-H Council meetings and events.

The goal of 4-H is to develop these life skills in our young people; developing an inquiring mind, building self-confidence, relating to others, learning to make decisions and develop a concern for the community. As 4-H members and volunteers, let us continue to develop these life skills as members of the 4-H Council.



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# Marilyn Galle joins 4-H Foundation Board

*"I think 4-H taught us to work together as a family. That's a unique part of 4-H that I think is important."*

Marilyn Galle, Moundridge, is one of two new members appointed to the Kansas 4-H Foundation Board of Trustees. Mrs. Galle, a nine-year Shawnee County 4-H member, and now a 4-H parent and leader, brings to the board a working knowledge of the 4-H program.

Actually, 4-H was an important part of Mrs. Galle's childhood, college years and married life. Her parents, Mr. and Mrs. Lester Pence, were the first community leaders for the 4-H club she belonged to. Her husband, Nelson Galle, was a charter member of the Better Farms 4-H Club in McPherson County. His parents were the first community leaders for that club. Now the Galles' three boys all have been members of the Better Farms 4-H Club.

Mrs. Galle was a 1954 delegate to the National 4-H Conference. She returned to National 4-H Conference in 1980 for the 50th anniversary event. It was an even more special occasion for her because Russell, the Galles' oldest son,

was a delegate from Kansas that year. Also in 1980, the Galle family were named Kansas 4-H Family of the Year.

Both Marilyn and Nelson were officers in the Kansas State University Collegiate 4-H Club. Mrs. Galle is a graduate of K-State and was an elementary school teacher for six years. Nelson also taught school and in 1964 joined Hesston Corporation. He is now vice president for administration.

From the time her two oldest sons joined 4-H, she has served as a project leader and she and Nelson shared the community leader responsibilities for two terms. Ron, their youngest son, is now the only active 4-H club member in the family. Mrs. Galle continues to judge for various 4-H events in other counties and has led workshops for project leaders and junior leaders in other counties. She's served on the McPherson County Extension Council Executive Board, the 4-H Advisory Board, and the Program Development Committee.

In addition to her interest in 4-H, Mrs. Galle has served on the Moundridge PRIDE committee and the Moundridge Tree Board. The whole family is active in the West Zion Mennonite Church. During Nelson's term as Kansas State University Alumni Association president, Mrs. Galle shared many of his responsibilities.

The Galle family, through 4-H and Nelson's professional responsibilities, have hosted visitors from Japan, Germany, France, and many other foreign



countries. They spent six months in Belgium in 1975 when Nelson's work took him there.

"I think 4-H taught us to work together as a family. We've built a relationship of helping each other that's made us closer and stronger. That's a unique part of 4-H that I think is important," Mrs. Galle said.

She says she's looking forward to her term on the 4-H Foundation Board of Trustees because "I'm really interested in the 4-H program."

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# Family Fun Page

## A short quiz on FOWL LANGUAGE

Mrs. Glenda Miller, from Fort Scott, sent the following quiz. Larry Hothem created the quiz and Mrs. Miller thought Journal readers would enjoy it. All the answers pertain to chickens and hen houses. Go ahead and try to answer them — why be “chicken-hearted?” A score of 18 means you have something to strut about, 14 means you’re up with everyone else. If you get less than 8 right, better start getting up with the chickens.

1. What is a rooster doing when he manages to keep a yardful of chickens in order?

2. Can you give another phrase for “Never sum up the profits before all the results are in?”

3. Describe a husband who is nagged by his wife.

4. When your crops outyield your neighbor's what does it give you?

5. How do kids feel when they can't get outdoors?

6. What do you call money saved for the future?

7. The president yells at the vice-president, who yells at the secretary. What does this illustrate?

8. What do you call a salary that's very small?

9. When conspirators meet late at night to make secret plans, what are they doing?

10. What have you done when your joke falls flat?

11. When all past troubles cannot be ignored and have to be faced, what are the problems doing?

12. Describe a nurse who hovers over a child.

13. If a man thinks deeply and darkly about his misfortunes, what is he doing?

14. If a man can barely eke out an existence, what is he doing?

15. Describe a rough executive with a tough hide.

16. When you have to be careful around your nervous friend, what is it like?

17. What is that age-old philosophical question?

18. How do you warn someone not to invest all their money in one enterprise?

ANSWERS: 1. Ruling the roost 2. Don't count your chickens before they are hatched 3. Hen-pecked 4. Something to crow about 5. Cooped-up 6. Nest egg 7. Pecking order 8. Chicken feed 9. Hatching a plot 10. Laid an egg 11. Coming home to roost 12. A mother hen 13. Brooding 14. Scratching out a living 15. Hard-boiled 16. Walking on eggs 17. Which came first, the chicken or the egg? 18. Don't put all your eggs in one basket.

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### Saturday & Sunday, October 20 & 21



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Share the excitement on October 20 & 21, 1984 with a Fall 4-H Weekend at Worlds of Fun! **Passports are only \$7.00 (tax included) each, a tremendous savings on the regular gate admission of \$13.95 (plus tax) each.** Bring your friends and enjoy the over 115 rides, live shows and attractions Worlds of Fun has to offer, all for just half-price!



### 4-H Weekend, October 20 & 21, 1984

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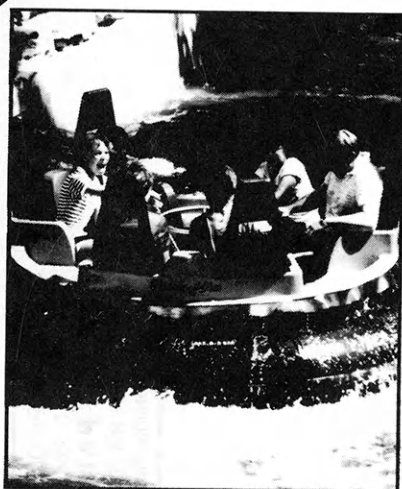
Group Name \_\_\_\_\_ Your Name \_\_\_\_\_

Street Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_

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# \_\_\_\_\_ Passports @ \$7.00 each = \$ \_\_\_\_\_ Amount Enclosed

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### Sound like a big job?

It would be if each electric leader had to start from scratch. But, many resources are available to make the electric project leader's job easier.

- *Complete set of new materials.* Each Unit includes a manual for leaders and members' manual. The leaders' guide outlines experiments, materials you will need, and ideas for extra activities.
- *A Leader's Idea Book* full of plans for 4-H'ers to build.
- *A special electric leaders workshop.* Scheduled for March 1 & 2, 1985, this workshop features ses-

sions on electronics, fair judging, ideas for projects to build, etc. Many electric leaders return year after year to exchange ideas with other leaders.

- *Other help:* Call on other experts to take part in your meetings or to answer specific questions. County Extension agents, local power company representatives, and local electricians are good sources of help.

**APPLY NOW!** Contact your County Extension Office  
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Watch This Page For Ideas on Farm and Home Electric Projects

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