# WHY HAVE HEPATITIS B BIRTH DOSE RATES DECREASED IN JOHNSON COUNTY? A PRELIMINARY QUALITY IMPROVEMENT PROJECT

by

#### **KEALAN SCHROEDER**

B.S. Life Science, Kansas State University, 2008

#### A FIELD EXPERIENCE REPORT

submitted in partial fulfillment of the requirements for the degree

## MASTER OF PUBLIC HEALTH

Master of Public Health Program
Department of Diagnostic Medicine/Pathobiology
College of Veterinary Medicine

KANSAS STATE UNIVERSITY Manhattan, Kansas

2013

Approved by:

Major Professor Thu Annelise Nguyen

# Copyright

KEALAN SCHROEDER

2013

## **Abstract**

The World Health Organization recommended that the Hepatitis B vaccination be added to the universal vaccination programs in all countries in 1991. Incidence of acute Hepatitis B in the United States decreased 75% from 1991 – 2004 (Mast et al., 2005). This success not only is due to the WHO, but also due to the United States government supporting Hepatitis B perinatal programs. The United States Advisory Committee on Immunization Practices (ACIP) which recommends all infants are given the Hepatitis B birth dose (Hepatitis B infant vaccine) before being discharged from the hospital. The Vaccines for Children Program from Centers for Disease Control and Prevention (CDC) offers childhood vaccinations at no charge for qualifying individuals. This includes uninsured, underinsured, Medicaid-eligible, Native American, and Native Alaskan children (CDC, Vaccines for Children Program, 2012).

Despite efforts made by federal, state, and local governments, between the years 2005 and 2010, Hepatitis B birth dose rates for infants in Johnson County, Kansas have drastically declined – 92.2% coverage in 2005 to 69.9% coverage in 2010.

The purpose of this study is to identify problems that act as barriers to receiving the birth dose and to develop Quality Improvement measures to eliminate them. Thoughts were organized and an internal source survey (JCDHE employees) was conducted to put the results into Quality Improvement tools. The outcome of this study will be useful for answering the question of why the Hepatitis B birth dose rate has dropped in Johnson County, Kansas and suggestions to increase the rate of vaccination.

# **Table of Contents**

List of Figures	V
List of Tables	v
Acknowledgements	vii
Chapter 1 - Field Experience	1
Chapter 2 - Final Project - Hepatitis B Birth Dose Quality Improvement Project	14
Chapter 3 - Conclusion	24
References	26
Appendix A: Disease Investigation Case Reports	29
Appendix B: Interview Guide	32
Appendix C: Birth Dose Survey Example	33
Appendix D: Consent Form	34
Appendix E: JCDHE Hepatitis B Survey Example	35
Appendix F: JCDHE Hepatitis B Survey Results	36

# **List of Figures**

Figure 1	3
Figure 2	5
Figure 3	12
Figure 4	17
Figure 5	22
Figure 6	23

# **List of Tables**

Table 1	. 6
Table 2	. 9
Table 3	. 9

# Acknowledgements

I would like to take a moment to thank the staff at the Johnson County Department of Health and Environment for their patience, time, and hospitality during my internship. I could not have done this project without the help of Kevin Kovach. With your structure and endless supply of reading material, you made me understand what it takes to utilize years of academia in a real world setting.

Thank you to my friends, Sindhu, Chad, Clayton, Dan, John, and Nikki, for making me feel at home while out of my element.

To my committee members, thank you for working with my off kilter schedule to get in to sign forms and listening to me banter.

Dr. Cates and Barta, without you this program would not be where it is today. Your constant work and forward progression have made it successful. I especially loved your stories, Barta. Remind me, does barley taste good with gravy?

To my brother, Kurstan, the brilliant engineer, for your endless support during my college career and for proofreading my paper. I love you, Bud!

Dr. Nguyen, for the last two years you have dealt with my frantic self in such a kind and compassionate manner. You are the best advisor and mentor ever! I will forever be in your debt. Good luck with your cat!

# **Chapter 1 - Field Experience**

My field experience took place at the Johnson County Department of Health and Environment (JCDHE) in Olathe, KS. Nancy Tausz, the Director of Disease Containment, and Kevin Kovach, the epidemiologist, were the mentors during this experience. My major collaborator was Kevin during the 8 week experience.

In early 2012, Johnson County merged their Health Department and Environmental Department to form one Department of Health and Environment. The field experience was held at the Public Health branch, venturing to the Environmental Branch for meetings.

# Meetings

Meeting attended during the first week of the experience included a Disease Reporting Project meeting and an Immunize Kansas Kids (IKK) Grant meeting. During the 8 week period other meetings were attended. These included the Quality Improvement Committee meetings, a leadership meeting, a Strategic Planning meeting, and an Accreditation Committee meeting. Quality Improvement to the JCDHE is detrimental for the accreditation process. According to the CDC, "Quality Improvement in public health is the use of a deliberate and defined process, such as Plan-Do-Study-Act, which is focused on activities that are responsive to community needs and improving population health; it refers to a continuous and ongoing effort to achieve measurable improvements in the efficiency, effectiveness, performance, accountability, outcomes, and other indicators of quality services or processes which achieve equity and improve the health of the community." It uses tools to find problems, help solve them, and continue on smoothly. This accreditation process will take approximately one year to complete

(approx. February of 2014) when an on-site inspection will take place. Quality Improvement provides useful tools to see if there are problems and helps define any problems discovered.

# Disease Investigation and Disease Reporting Quality Improvement Project

Disease investigation is a major component of the JCDHE's mission. They (include but are not limited to) take calls regarding communicable diseases, make action plans, contact physicians regarding open communicable disease cases, and close unfinished reports. The CDC's definition of a communicable disease is as follows: an illness caused by an infectious agent or its toxins that occurs through the direct or indirect transmission of the infectious agent or its products from an infected individual or via an animal, vector or the inanimate environment to a susceptible animal or human host. In order to close reported cases, the Disease Investigators of JCDHE usually speak with the attending physician or nurse to get additional information. This data collected can then be used to assess whether or not an outbreak is occurring or what the likelihood it will occur in the future, if numbers of a certain disease has increased, and communicating with the proper authorities (local, state, federal). The cases are completely closed once they are submitted to the Kansas Department of Health and Environment (KDHE), the state health department. The main communicable diseases, handled by the JCHDE Disease Investigators are Hepatitis B, Hepatitis C, and Tuberculosis.

Communicable disease cases are received daily; unfortunately, the daily submitted cases exceed the capacity of the Disease Investigators to process the workload within a day. This is why the JCDHE created a Disease Reporting Quality Improvement Project. The purpose of this project is to make disease reporting a faster, much simpler task for not only the health department, but also the physicians and laboratories that are reporting the disease. The

committee is currently working with the Information Technology (IT) staff to create a website for physicians and laboratories to report communicable diseases. This website will allow easier collection of data compared to previous submission. The amount of time for follow up calls by the Disease Investigators to physicians, laboratories, and patients will be decreased due to the data already being electronically submitted. Overall, the outcome of the proposed web-based submission will increase the efficiency and accuracy of communicable disease cases. For example, the measles outbreak of 2011 took hundreds of hours of manpower. Tiffany Geiger, a Registered Nurse and Disease Investigator for the JCDHE, along with many other staff members had to figure out why there was a disease outbreak. Even though there were only six confirmed cases, that number is still more than the norm per year. The data show that there was an increase from no reported case in 2010 to 6 reported cases in 2011, suggesting small outbreak happened in 2011.

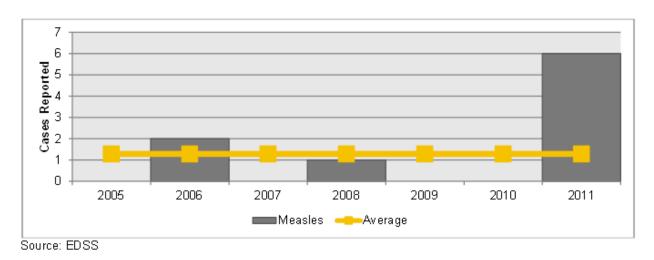


Figure 1: Number of Reported Cases of Measles in Johnson County - 2005 to 2011 (JCDHE, 2012)

The collaboration with epidemiologist was crucial in understanding the submitted cases at the JCDHE. Access to the TriSano network, a global public health disease reporting system used by JCDHE, was limited; thus documents were created based on the required information

needed for each disease. For example, the Hepatitis C case document includes demographics (race, age), signs and symptoms (jaundice, dark urine), liver enzyme levels, and risk factors (sexual preference, IV drug use). **Appendix A** shows an example of Hepatitis C. Six total documents were made for these diseases: Campylobacteriosis, Mumps, Hepatitis C, Hepatitis B, Measles, and Pertussis. Using these documents, approximately 12 cases of Hepatitis B and Hepatitis C were closed by calling physicians or their nurses to collect data and additional information. Ninety percent of these physicians and/or nurses were compliant with this process and furnished all the requested information for the closing of communicable disease cases. Unfortunately, there were a few unreported cases that were due to the unawareness of regulations by the state health department. This is another reason why the Disease Reporting Quality Improvement Project is important, informing all healthcare providers regarding mandatory reportable communicable diseases in the State of Kansas as seen in Figure 2. Health care providers, hospitals, and labs are required by law to report any suspected cases to the state. There are more than 80 different reportable diseases in Kansas, including, but not limited to campylobacteriosis, rickettsiosis, Lyme's disease, and tuberculosis.

REPORTABLE DISEASES IN KANSAS for health care providers, hospitals, and laboratories (K.S.A. 65-118, 65-128, 65-6001 · 65-6007, K.A.R. 28-1-2, 28-1-4, and 28-1-18. Changes effective as of 4/28/2006)

• Indicates that a telephone report is required by law within four hours of <u>suspect or confirmed</u> cases to KDHE toll-free at 877-427-7317

O - Indicates that an isolates must be sent to: Division of Health and Environmental Laboratories

Forbes Field, Building #740, Topeka, KS 66620-0001

Phone: (785) 296-1633

Acquired Immune Deficiency Syndrome (AID S)

Amebiasis

Anthony 🧒

Arboviral disease (including West Nile virus, Western Equine encephalitis (WEE) and St. Louis encephalitis (SLE)) - indicate virus whenever possible

Brucellosis

Campylobacter infections

Chancroid

Chlamydia trachomatis genital infection

Cholera 😤 Cryptosporidiosis Cyclospora infection

Diphtheria Ehrlichiosis

Bscherichia coli 0157:H7 (and other shiga-toxin producing E. coli, ako known as STEC) ①

Giardiasis Gonorrhea

Haemophilus influenza, invasire disease Hartavirus Pulmonary Syndrome Hemolytic uremic syndrome, postdiariheal Hepatitis, viral (acute and chronic)

Hepatitis B during pregnancy

Human Immunodeficiency Virus (HIV) (includes Viral

Load Tests)

Influenza de aths in children  $\leq$  18 years of age

Legione llosis

Leprosy (Hansen disease)

Listeriosis Lyme disease Malaria Measles (rubeola) 🕾

Meningitis, bacterial 🕾

Merángococcerria 🛈 🕾

Mumps 🕾

Pertussis (whooping cough) 🕾 Plague (Yersinia pestis) 🕾

Poliomyelitis 🕾 Psittacosis

Q Fever (Coxiella burnetii) 🕾 Rabies, human and animal 🥌

Rocky Mountain Spotted Fever

Rubella, including congenital rubella syndrome 🥗

Salmonellosis, including typhoid fever ①

Severe Acute Respiratory Syndrome (SARS) 🛈 🕾

Shigellosis ①
Smallpax 🕾

Streptococcal invasive , <u>drug-resistant</u> disease from Group A *Streptococcus* or *Streptococcus praeumoniae* 

Œ

Syphilis, including congenital syphilis

Tetamis

Toxic shock syndrome, streptococcal and

staphylococcal

Transmissible Spongioform Encephalopathy (TSE) or

prion disease (includes CJD)

Trichinosis

Tuberculosis, active disease ① 🥗 Tuberculosis , latert, infection

Tukremia

Varicella (chickenpox)

Viral hemorrhagic fever 🕾

Yellowfever

### In addition, labor atories <u>must</u> report:

- Viral load results of reportable diseases
- ALLbhood lead levels, as of 12/2002 (KCLPPP/ABLES)
- CD4+T-lymphocyte count < 500/ µl or CD4+T-lymphocytes <29% of total lymphocytes</li>

Outbreaks, unusual occurrence of any disease, exotic or newly recognized diseases, and suspect acts of terrorism should be reported within 4 hours by telephone to the Epidemiology Hotline: 877-427-7317

#### Mail or fax reports to your local health department and/or to:

KDHE Office of Surveillance and Epidemiology, 1000 SW Jackson, Suite 210, Topeka, KS 66612-1274
Fax: 877-427-7318 (toll-free)

Figure 2: Reportable Diseases in Kansas (KDHE, 2013)

A revised list of reportable communicable diseases in JCDHE can be seen in **Table 1**. This list was revised to show a comparison between the averages of 2010-2012 with 2013 on a particular month of interest. There are eleven more documents that are the same except for each month plus a master document. The original document made by the JCDHE had all months together. This new document allows easy viewing of diseases month by month. Each month's document has the averages from the respective months in 2010, 2011, and 2012 in place for easy use. The right column has been left blank for the JCDHE to fill in with this year's data.

JCDHE All Diseases Reported			
	June 2010- June 20		
	2012 Average		
Disease			
Amebiasis (Entamoeba histolytica)	1		
Anaplasmosis (Anaplasma phagocytophilium)	2		
Animal Bite, potential rabies exposure			
Anthrax (Bacillus anthracis)			
Babesiosis (Babesia microti)			
Blood Lead Poisoning	2.33		
Botulism, wound (Clostridium botulinum)			
Brucellosis (Brucella spp.)			
Calicivirus/Norwalk-like virus (Norovirus)			
Campylobacteriosis (Campylobacter spp.)	37.67		
Coccidioidomycosis (Coccidioides, spp.)	0.33		
Cryptosporidiosis (Cryptosporidium parvum)	5		
Dengue			
Dengue Hemorrhagic Fever			
Diphtheria (Corynebacterium diphtheriae)	0.33		
Ehrlichiosis/Anaplasmosis Undetermined			
Ehrlichiosis (Ehrlichia chaffeensis)	8		

Ehrlichiosis (Ehrlichia ewingii)		
Enterohemorrhagic Escherichia coli O157 (EHEC)	0.67	
Foodborne Illness		
Giardiasis (Giardia lamblia)	10.33	
Haemophilus influenza (invasive)	0.33	
Haemophilus influenza (other)		
Hansen's Disease/Leprosy (Mycobacterium leprae)		
Hantavirus Pulmonary Syndrome (HPS)		
Harmful Algal Bloom Illness – human	1.67	
Hemolytic Uremic Syndrome - post diarrheal		
Hepatitis A	21	
Hepatitis B, acute	3.67	
Hepatitis B, chronic	19	
Hepatitis B, pregnancy event		
Hepatitis C, acute	0.67	
Hepatitis C, virus infection, past or present	69	
Hepatitis D, co- or super- infection, acute		
Hepatitis E, acute		
Histoplasmosis (Histoplasma capsulatum)		
Influenza, A and B		
Influenza, associated non-pediatric mortality		
Legionellosis (Legionella spp.)	2.67	
Listeriosis (Listeria monocytogenes)	0.33	
Lyme Disease (Borrelia burgdorferi)	23.33	
Malaria (Plasmodium spp.)		
Measles (Rubeola)	0.67	
Meningitis (other, bacterial)	0.67	
Meningitis (other, fungal)		
Meningococcal Disease (Neisseria meningitides)	0.33	
Mumps	2	
Non-Reportable Condition		
Outbreak Case, unknown etiology	0.67	
Parapertussis (Bordatella parapertussis)	1.67	
Pertussis (Bordatella pertussis)	78	
Q Fever (Coxiella burnetii), acute		

Q Fever (Coxiella burnetii), chronic		
Rabies, animal	5.67	
Rabies, human		
Rubella	1.33	
Salmonellosis (Salmonella spp.)	25	
Shiga-Toxin Producing Escherichia coli (STEC)	4	
Shigellosis (Shigella spp.)	5	
Smallpox		
Spotted Fever Rickettsiosis/RMSF (Rickettsia rickettsii)	39.33	
St. Louis Encephalitis Virus, neuroinvasive		
St. Louis Encephalitis Virus, non-neuroinvasive	0.33	
Streptococcal Disease, invasive, Group A	1.33	
Streptococcal Disease, invasive, Group B		
Streptococcus pneumonia, invasive	4.33	
Tetanus (Clostridium tetani)	0.33	
Toxic-Shock Syndrome (Staphylococcus aureus)	0.33	
Toxic-Shock Syndrome (Streptococcus pyogenes)		
Transmissible Spongiform Encephalitis (TSE/CJD)		
Tuberculosis, active (Mycobacterium tuberculosis)	6	
Tuberculosis, latent (LTBI) (Mycobacterium tuberculosis)	77.33	
Tuberculosis, Mycobacterium spp. other than M. tuberculosis	11.33	
(MOTT)		
Tuberculosis suspect	16.67	
Tularemia (Francisella tularensis)	1.33	
Typhoid Fever (Salmonella typhi)	0.33	
Vaccinia Infection		
Varicella (Chickenpox)	16.33	
Vibriosis (non-cholera Vibrio spp. infections)		
West Nile Virus, neuroinvasive		
West Nile Virus, non-neuroinvasive	3.33	
Yersiniosis (Yersinia spp.)	0.33	

Table 1: JCDHE Reportable Disease List - June

# **Performance Monitoring Project**

In the state of Kansas, children entering school are required by law to be immunized against the following diseases: diphtheria, tetanus, and pertussis (DTap5); polio (Polio4); measles, mumps, and rubella (MMR2); varicella (Var2); and hepatitis B (HepB3). These five immunizations are lumped together periodically in the state of Kansas as 5-4-2-2-1. These numbers refer to the amount in the vaccine series (5 in the diphtheria, tetanus, and pertussis series). Parents are strongly recommended, but not required, to have their children vaccinated for the following additional diseases: *Haemophilus influenzae* (Hib3), hepatitis A (HepA2), and pneumococcal conjugate vaccine (PCV3).

Healthy People 2020 is a United States government program generated at the Centers for Disease Control (CDC) that sets science-based goals to help Americans become healthier over a 10 year timeframe (*Healthypeople.gov*, 2010). According to *Healthypeople.gov*, benchmarks have been established over time in order to encourage collaborations across communities, empower individuals toward making informed health decisions, and measure the impact of prevention activities. When states are looking at immunization goals and standards, they refer to Health People 2020.

Johnson County, KS was part of the statewide Kindergarten Immunization Coverage Survey between the years 2009 to 2012. The study was executed to estimate the immunization coverage rates of children at school entry for each school year (Lawlor, 2010). The data shows the observed rates in Johnson County compared to the Healthy People 2020 goals. The researcher entered data to create graphs for each disease. **Table 2** shows the observed rates for academic years 2009-2010, 2010-2011, and 2011-2012. Goals for Healthy People 2020 can be

viewed in **Table 3**. The graphs that were made from the data in Tables 2 and 3 can be observed in **Figure 3**.

	Observed Rates				
	2009-2010	2009-2010 2010-2011 2011-201			
DTaP5	86%	91%	92%		
Polio4	88%	89%	89%		
MMR2	89%	93%	92%		
Var2	86%	90%	89%		
НерВ3	91%	95%	95%		
5-4-2-2-3	74%	83%	82%		
Hib3	81%	85%	87%		
HepA2	55%	77%	85%		
PCV2	70%	79%	78%		

	Healthy People 2020			
	2009-2010	2010-2011	2011-2012	
DTaP5	95%	95%	95%	
Polio4	95%	95%	95%	
MMR2	95%	95%	95%	
Var2	95%	95%	95%	
HepB3	95%	95%	95%	
5-4-2-2-3	95%	95%	95%	
Hib3	100%	100%	100%	
HepA2	85%	85%	85%	
PCV2	90%	90%	90%	

**Table 2**: Data collected from E.M. Lawlor (2010, 2011, 2012) through KDHE

 $\textbf{Table 3} \hbox{: Healthy People 2020, } \textit{Healthy people.gov}$ 

The data in **Figure 3** is interpreted as follows from the graphs left to right then the next row, and so and so forth. In Figure 3 the red lines in each graph indicate the Healthy People 2020 goals. The data suggests diphtheria, tetanus, and pertussis (DTaP5) immunization levels have been steadily increasing. At this rate, the Healthy People 2020 goal of 95% coverage will be achieved if continued effort is made. The data suggests measles, mumps, and rubella (MMR2) immunization levels have decreased in the present year suggesting the Healthy People 2020 goal of 95% coverage cannot be achieved at the current rate. The data suggests *Haemophilus influenzae* (Hib3) immunization rates are steadily increasing. Work needs to be done to achieve the Healthy People 2020 goal of 100%. The data suggests polio (polio4) immunization rates have remained the same. At this rate, the Healthy People 2020 goal of 95% coverage will not be achieved. The data suggests varicella (Var2) immunization rates have decreased in the 2011-2012 year. The Healthy People 2020 goal of 95% coverage will not be achieved at the current rate. The data suggests Hepatitis A (HepA2) immunization rates have

reached the Healthy People 2020 coverage goal of 85%. Maintenance needs to be done to keep this rate or to exceed the goal. The data suggests Hepatitis B (HepB3) immunization rates have reached the Healthy People 2020 goal of 95% coverage. In order to keep these rates, maintenance needs to be done. The data for 5-4-2-2-3 (the required vaccinations lumped together) immunizations suggests the rates need to be increased. At this rate, the Healthy People 2020 goal of 95% coverage for the 5 vaccinations will not be achieved. The data suggests pneumococcal conjugate vaccine (PCV3) immunization coverage has decreased. At this rate, the Healthy People 2020 coverage goal of 90% will not be achieved.

## **Conclusion**

The field experience was filled with a wide variety of experiences including involvement in meetings, the Disease Reporting Project, Disease Investigation, and the Performance Monitoring Project. Academic experience was utilized during the experience such as Epidemiology, Global Health Issues, and Human Parasitology, all taken at Kansas State University.

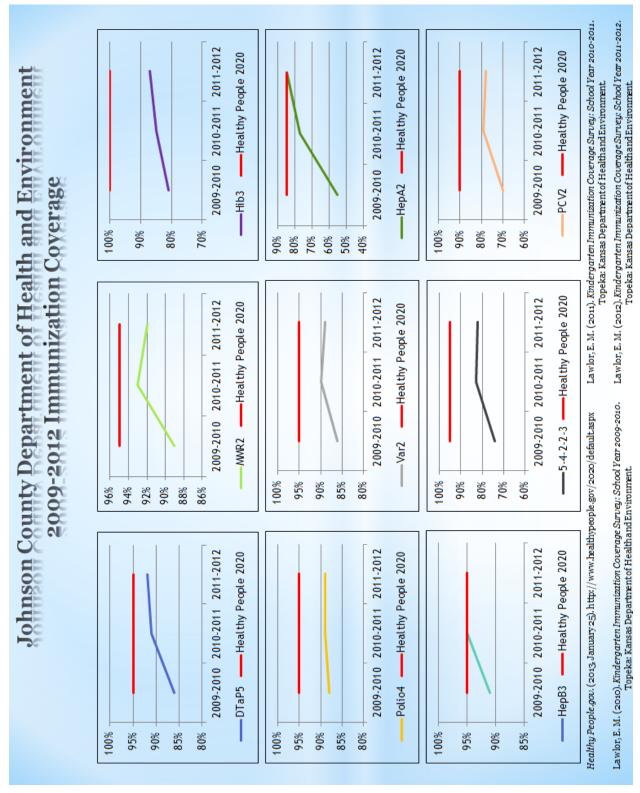


Figure 3: KDHE Kindergarten Immunization Coverage, E.M. Lawlor (2010, 2011, 2012), and Healthy People 2020

# **Chapter 2 - Hepatitis B Birth Dose Quality Improvement Project**

## Introduction

The Hepatitis B birth dose immunization rate is an important public health topic in Johnson County. The hepatitis B birth dose rate (newborn vaccine rate) has decreased from 92.2% in 2005 to 69.9% in 2010. This decline in vaccinations is a real concern for public health officials. What has happened in Johnson County that made this percentage drop so drastically?

## **Literature Review**

Hepatitis B virus (HBV) is a double-stranded DNA virus that is carried in the blood, saliva, tears, seminal and vaginal excretions (Zanetti, 2008). Vertical transmission (mother to infant) and horizontal transmission (child to child) are most common in areas with high prevalence (Zanetti, 2008). In the United States, the most common mode of transmission is sexual contact and intravenous drug use (Zanetti, 2008). HBV infection leads to infection of the liver, cirrhosis, hepatic decompensation, and eventually hepatocellular carcinoma (HCC) (Aspinal, 2011). An effective vaccination for HBV has been available for over 20 years. It is now a third generation vaccine (Shouval, 2003).

HBV infection is a problem not only in the United States, but also at a global level (Chen, 2009). There is approximately 350 million HBV chronically infected people on the global level (Kwon, 2011), and approximately 1.25 million HBV chronically infected people in the United States (Jiles, 2001). One third of the chronically infected persons in the United States acquired Hepatitis B infection through perinatal and early childhood exposures (Jiles, 2001).

In 1991, the World Health Organization (WHO) advocated the policy of universal hepatitis B vaccination by 1997 to substantially decrease the incidence of HBV on a global scale (Zanetti, 2008). By the end of 2006 one hundred sixty-eight countries had executed or were planning to execute a universal HBV immunization program for infants (Zanetti, 2008). Of the 168 countries, 131 countries had announced infant coverage post-third dose was over 80% (Zanetti, 2008), deeming the universal policy a success.

The probability of developing chronic hepatitis B (CHB) is directly related to the age at which the initial infection is attained (Aspinal, 2011). In other words, the younger the child is at the time of the infection, that child is more likely to develop CHB. If an infant's mother is hepatitis B e antigen positive (HBeAg +), the infant has greater than 90% chance of developing CHB (Aspinal, 2011). HBeAg is a viral protein that is secreted by Hepatitis B infected cells (Hepatitis B Foundation, 2010). A positive result for HBeAg means the person has a high level of virus and greater infectiousness (Hepatitis B Foundation, 2010). In the United States, hospitals and healthcare providers are recommended to do routine antenatal screening of all pregnant women to determine HBsAg + women (Aspinal, 2011). This presents opportunities to significantly decrease the likelihood of vertical transmission from mother to child by introducing the proper post-exposure prophylaxis (PEP) to the newborn (Aspinal, 2011). PEP for infants born to HBsAg + mothers would be the HBV vaccination and Hepatitis B immunoglobulin (HBIG) (Aspinal, 2011). It is given with the vaccine to prevent the contraction of Hepatitis B.

In order to prevent perinatal transmission of HBV, healthcare providers (especially delivery hospitals) must have similar protocols/standards of practice (Willis, 2010). There is also a need for delivery hospitals to have perinatal HBV prevention strategies due to the growing number of births to foreign-born women (Willis, 2010). Direct influence from health care

professionals is a huge sway on parents' judgment to complete their child's immunizations (Pearce, 2008).

Parents aren't necessarily receiving the information they need or feel is necessary to have a better understanding about HBV vaccination for their infant (Gowda, 2012). Some barriers include, but are not limited to lack of vaccine education and vaccine-preventable diseases (Gowda, 2012), lack of reimbursement from insurance companies (Cooper, 2001), and unwillingness to vaccinate at early age (Cooper, 2001). Other factors that hindered compliance were non-white race, low socio-economic status (SES), low parental education, younger maternal age, large family size, negative beliefs/attitudes towards immunization (objection or disagreement), fear of side-effects/risks/contraindications, forgetting vaccination schedules, sick child (Falagas, 2008), mistrust of health care workers, misconceptions (Braka, 2012), logistical barriers, and logistical facilitators (Bhat-Schelbert, 2012). Parents also underestimate the severity of communicable diseases, were doubtful of vaccine benefits, and feared vaccine side effects more than the disease itself (Falagas, 2008).

According to *Braka et al.* (2012), information can be received by the public through announcements at health care facilities, schools, churches and funerals, posters, notices, immunization cards, fellow community members, and mobile loud speakers. Other methods that have been successful in vaccination education are focus groups (Gowda, 2012), semi-structured interviews (Cates, 2012), and surveys (Thorpe, 2012). According to the CDC, educational programs focused on the reduction of IV drug use and unprotected sexual activities are imperative in decreasing the numbers of HBV infections (CDC, 2008). School-based immunization programs are also extremely successful for unvaccinated children since as a child

gets into the adolescent stage, parents are less likely to promote regular check-ups unless their child is sick (Goldstein, 2001).

Another important factor in the prevention of HBV infection is not only vaccinating infants, adolescents, and high risk individuals, but also ensuring the vaccination of health care/public safety workers, laboratory workers, correctional facility workers (Aspinal, 2011), and residents and staff of facilities for developmentally disabled persons (CDC, 2008). This is due to sharps handling, invasive procedures, etc. (Aspinal, 2011).

The effectiveness of vaccinations has decreased threats correlated with childhood diseases, but if there is a reduction in immunization, these "forgotten" diseases could return to epidemic levels and be a serious threat (Cullen, 2005).

## **ACIP** and **CDC** Recommendations

The Advisory Committee on Immunization Practices (ACIP) recommends all infants are given the Hepatitis B birth dose before being discharged from the hospital. The Centers for Disease Control (CDC) in Atlanta, Georgia, sets childhood immunization standards based on judgments made by the ACIP (CDC, August 2012). The ACIP Recommended Immunization Schedule for Persons Aged 0 Through 18 Years is shown in **Figure 4**. Notice the Hepatitis B birth dose is the only recommended vaccination to be given at birth.

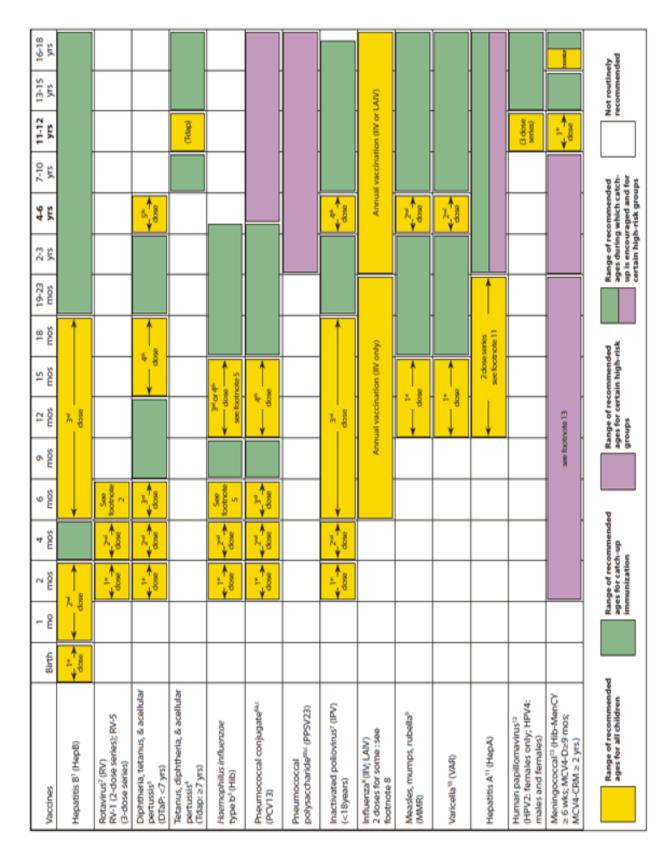


Figure 4: ACIP Recommended Immunization Schedule for Persons Aged 0 through 18 Years (ACIP, 2013)

# **Healthy People 2020**

Healthy People 2020 is a plan for the United States where goals are set to make the population healthier over the 10 year period, from 2010-2020. The goal is to "achieve and maintain an effective coverage level of a birth dose of hepatitis B vaccine (0 to 3 days between birth date and date of vaccination, reported by annual birth cohort)" (*Healthypeople.gov*, 2010). The target percent is 85% of all newborns between the years 2010 and 2020 receiving the hepatitis B birth dose. The JCDHE drafted a problem statement to move toward the Healthy People 2020 goal: the JCDHE wants to improve the coverage rate of the Hepatitis B Birth dose immunization, but does not know what is driving the observed decrease.

#### **Materials and Methods**

In order to evaluate the entirety of the decrease in Hepatitis B birth dose vaccination, the JCDHE must start by asking questions to different demographics, health care providers/workers, and others. The JCDHE resident epidemiologist, Kevin Kovach, and this researcher developed questions to be used during future Qualitative Interviews. Questions were developed for pregnant women (**Appendix B**) and obstetricians (**Appendix C**) to determine barriers and to see what could be done differently to promote the Hepatitis B birth dose. When these interviews are performed, a consent form (**Appendix D**) will be completed before questioning begins. After completion of the interview process participants will be handed information that the CDC has compiled on the importance of Hepatitis B vaccination. This information gives recommendations to healthcare providers and parents. It can be found on the CDC website.

Along with these questionnaires, a survey was sent via JCDHE email to a 14 JCDHE employees which can be viewed in **Appendix E**. We received responses to 6 out of the 14

surveys sent out. Their replies are located in **Appendix** F. One of the sets of questions asked: why do you think the Hepatitis B birth dose administration rate declined between 2005 & 2010? Did something change in the community that may have led to this? What do you think could be done to reverse this trend? Some of the answers included moms refusing to vaccinate their infants, standing orders are not being followed by birthing unit, and fear of adverse vaccine reaction. The questions yielded similar responses in that all surveyors agreed that there was a problem at the hospital level and the parent level and changes needed to be made. Thoughts were consistent across the board. Through these findings along with the literature review the JCDHE can begin to triangulate the cause and how it can be reversed. These surveys were in lieu of meeting with JCDHE staff.

Quality Improvement tools were used to create these questionnaires and surveys. The main tool we utilized was the fishbone diagram or Ishikawa diagram (Minnesota State Department of Health, 2013). It takes one main idea and helps branch out where the possible problems are located. The six branches are referred to as Ribs. Organization of thoughts and data is necessary when coming up with questions for the Ribs. The main idea was the fact that Hepatitis B birth dose rates decreased in Johnson County from 2005 to 2010. The completed fishbone diagram can be seen in **Figure 5**. Brainstorming information from the literature review was used to come up with this diagram.

#### **Fishbone Diagram Explanation**

Looking at the figure, Rib 1 (Perinatal Hepatitis B Testing is Not Enforced) these branches were used: birthing centers are non-compliant; birthing centers not aware of protocol recommended by the CDC; mothers are not aware of perinatal testing; doctors are not enforcing

screening; no post-exposure prophylaxis for infants born to HBsAg+ mothers. Rib 2 (Hepatitis B Birth Dose Rates Low Among Uninsured) includes the following questions: Why are vaccination numbers low among the uninsured? Is it the cost? Do they know they may qualify for a free Hepatitis B birth dose through Immunize Kansas Kids (IKK)? Does the age of the parents have anything to do with noncompliance? Where are they getting prenatal care? Rib 3 (Hepatitis B Birth Dose Rate Lowest Among Hispanic Population) in the fishbone diagram has the following questions: Why are the vaccination numbers the lowest within the Hispanic Population? Do they have adequate information? Is there a language barrier preventing them from getting adequate information? Is there a cost barrier? Where are they getting prenatal care? Medical Staff is the title of Rib 4 that includes the following questions: Is there a lack of expertise within medical staff? Are they aware of the WHO's policy of universal Hepatitis B vaccination? If a mother is HBsAg+, are they referring her on to a specialist to help her with Chronic HBV? Is the staff vaccinated? Are there enough staff members to deal with education? The 5<sup>th</sup> Rib (What are the General Perceptions of the Hepatitis B Vaccine) includes the following questions: What are the general perceptions of the Hepatitis B vaccine? Are parents fearful of the safety? Do they think it causes autism? Do they believe their infants are too young to receive the vaccination? Are they afraid of hurting their infants with the needle? Are they exempt from vaccinating their infants because of religion? If so, which religions? Does this make up a large portion of the population? Are the parents misinformed? If they get their information from the internet, which website is it, and is it valid? Is their media source a reliable source? Rib 6 (Are Healthcare Providers Informing Parents About the Hepatitis B Birth Dose?) includes the following questions: What are physicians' views on the Hepatitis B birth dose? Are physicians empowering parents to opt out? Are physicians giving parents enough time to ask questions

about vaccinations or are the parents shorted on time? Are nurses replacing doctors to pass along information about vaccines? Are physicians aware of the drop in numbers of infants getting the Hepatitis B birth dose? Are they not pushing for parents to give their infants the Hepatitis B birth dose? Do physicians in Johnson County not think there is a high enough rate of Hepatitis B to be of concern? With this useful information, the project will continue as planned (surveys and questionnaires will be given to hospital staff and pregnant women) after the grant is accepted.

In this project, we worked on the planning part of the Quality Improvement tool, Plan-Do-Study-Act. The Plan portion is where the problem is identified, discussed, input is obtained from stakeholders, potential solutions are identified, and an improvement theory is developed. Some questions to keep in mind are: What are we trying to accomplish?, How will we know that a change is an improvement?, What changes can we make that will result in improvement (Tews et al., 2008)? An example of the Plan-Do-Study-Act chart can be viewed in **Figure 6**.

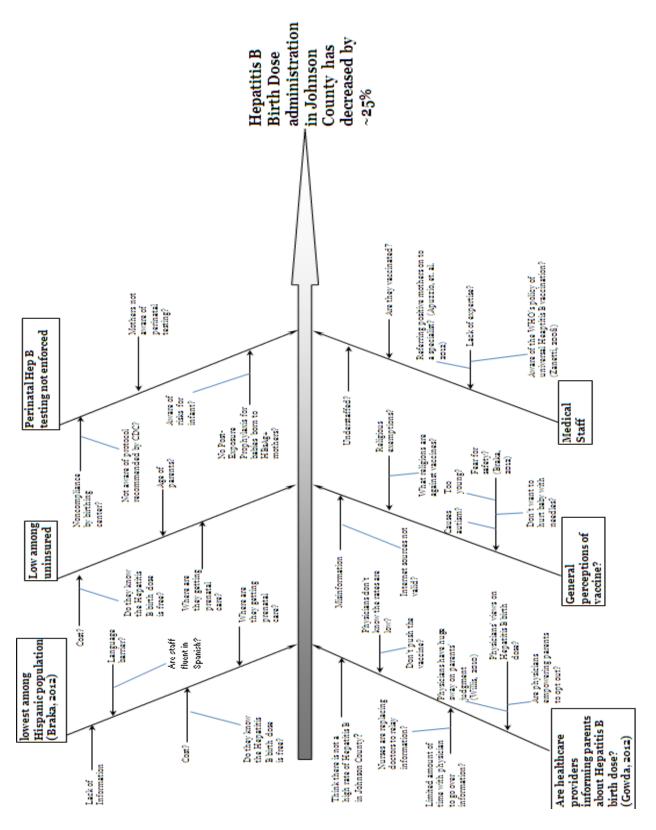


Figure 5: Hepatitis B Birth Dose Fishbone Diagram, Kealan Schroeder and Kevin Kovach

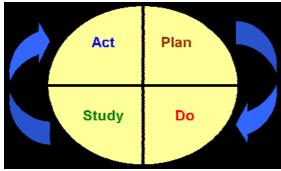


Figure 6: PDSA

# **Intervention Strategies**

Social Marketing is a relatively new tool, along with Quality Improvement, in the Health Department sector. It is focused on consumers' needs. The JCDHE most likely will incorporate a Social Marketing plan as the project progresses by putting a campaign in the community to build Hepatitis B awareness.

Hospital policy change also might take place in Johnson County after the surveys and questionnaires are completed. This is due to the fact that not all hospitals are enforcing the initial Hepatitis B birth dose. They are letting the parents ultimately decide at what age the vaccination is given. Parents normally look for their pediatricians for advice. It is the pediatricians' responsibilities to inform parents of the risks of not having their newborn vaccinated.

# **Chapter 2 Conclusion**

The ACIP and Healthy People 2020 provide goals and guidelines to contribute to the rise of Hepatitis B birth dose rates. The JCDHE will use these guidelines to help increase the rates to decrease the prevalence of disease. The use of Quality Improvement tools will be a large part of the Public Health system's future. It will continue to be used in accreditation for Health Departments to maximize potential and minimize wasted time and effort.

# **Chapter 3 - Conclusion**

The field experience discussed in Chapter 1 proved to be a success: academic knowledge was used as well as gaining real world experience through hands on tasks (Disease Reporting, etc.). This experience will be useful in what to expect outside academia.

The idea behind this project was to utilize Quality Improvement tools to structure surveys and questionnaires. The JCDHE will continue this project to answer the question of why the Hepatitis B birth dose rates have decreased and generate a plan to increase the percentage of infants vaccinated before leaving the hospital after birth.

Opportunities in the public health field are endless. These opportunities include: Health Inspectors, Emergency Responders, Restaurant Inspectors, Public Policymakers, Scientists, Researchers, Public Health Physicians, Public Health Nurses, Occupational Health and Safety Professionals, Social Workers, Sanitarians, Epidemiologists, Nutritionists, Community Planners (APHA, 2013).

In order to help improve overall community health, communication by workers is crucial. Because public health includes such a wide variety of populations, the importance of disease prevention begins with communication. The health system should emphasize hiring bilingual (Spanish speaking) workers. Lack of emphasis in learning the Spanish language stems from the Master of Public Health (MPH) schools. With the population veering towards Spanish speaking cultures, Spanish classes should be added to the required MPH courses list immediately.

# References

- ACIP Childhood/Adolescent Immunization Work Group (2013, February 1). Advisory Committee on Immunization Practices (ACIP) Recommended Immunization Schedule for Persons Age 0 to 18 Years United States 2013. http://www.cdc.gov/mmwr/preview/mmwrhtml/su6201a2.htm
- APHA. (2013). What is Public Health? American Public Health Association: http://www.apha.org/NR/rdonlyres/C57478B8-8682-4347-8DDF-A1E24E82B919/0/what\_is\_PH\_May1\_Final.pdf
- Aspinal, E. J.; Hawkins, G., Fraser, A.; Hutchinson, S.J., Goldberg, D. (2011). Hepatitis B prevention, diagnosis, treatment and care: a review. *Occupational Medicine*, 61(8), 531-540.
- Bhat-Schelbert, K.; Jeng Lin, C.; Matambanadzo, A.; Hannibal, K.; Nowalk, M.P.; Zimmerman, R.K. (2012). Barriers to and facilitators of child influenza vaccine Perspectives from parents, teens, marketing and healthcare professionals. *Vaccine*, *30*(14), 2448-2452.
- Braka, F.; Asiimwe, D.; Soud, F.; Lewis, R.F.; Makumbi, I.; Gust, D. (2012). A Qualitative Anaylysis of Vaccine Safety Perceptions and Concerns Among Caretakes in Uganda. *Maternal & Child Health*, *16*(5), 1045-1052.
- Cates, J. R.; Ortiz, R.; Shafer, A.; Smith Romocki, L.; Coyne-Beasley, T. (2012, March). Designing Messages to Motivate Parents To Get Their Preteenage Sons Vaccinated Against Human Papillomavirus. *Perspectives on Sexual and Reproductive Health*, 44(1), 39-47.
- CDC. (2012, August 16). Advisory Committee on Immunization Practices (ACIP). http://www.cdc.gov/vaccines/acip/about.html
- CDC. (2008, November 21). *CDC MMWR*. www.cdc.gov/mmwr/preview/mmwrhtml/mm5746a1.htm
- CDC. (2012, August 31). Vaccines for Children Program. http://www.cdc.gov/vaccines/programs/vfc/about/index.html
- Chen, D. (2009, April). Hepatitis B vaccination: The key towards elimnation and eradication of hepatitis B. *Journal of Hepatology*, *50*(4), 805-816.
- Cooper, A.; Yusuf, H.; Rodewalk, L.; Malik, T., Pollard, R.; Pickering, L. (2001). Attitudes, Practices, and Preferences of Pediatricians Regarding Initiation of Hepatitis B Immunization at Birth. *Pediatrics*, 108(6), 1-7.
- Cullen, J. (2005, January). Why parents choose to not vaccinate their children against childhood diseases. *Professional Nurse*, 31-33.

- Falagas, M. E.; Zarkadoulia, E. (2008). Factors associated with suboptimal compliance to vaccinations in children in developed countries: a systematic review. *Current Medical Research and Opinion*, 24(6), 1719-1741.
- Goldstein, S. T.; Cassidy, W.M.; Hodgson, W.; Mahoney, F.J. (2001, May). Factors Associated with Student Participation in a School-based Hepatitis B Immunization Program. *Journal of School Health*, 71(5), 184-187.
- Gowda, C.; Schaffer, S.E.; Dombkowski, K.J.; Dempsey, A.F. (2012). Understanding attitudes toward adolexcent vaccination and the decision-making dynamic among adolescents, parents and providers. *BMC Public Health*, *12*(509), 1-10.
- Healthy People.gov. (2010). http://www.healthypeople.gov/2020/default.aspx
- Hepatitis B Foundation (2010, June). *Additional Blood Tests*. Hepatitis B Foundation: http://www.hepb.org/patients/additional\_blood\_tests.htm
- Jiles, R.B.; Daniels, D.; Yusuf, H.R.; McCauley, M.M.; Chu, S.Y. (2001). Undervaccination with Hepatitis B Vaccine, Missed Opportunities of Choice? *American Journal of Preventative Medicine*, 20(4), 75-83.
- Johnson County Department of Health and Environment (2012, January). 2011 Community Health Profile: Johnson County, Kansas. http://jcdhe.jocogov.org/sites/jcdhe.jocogov.org/files/docs/Promoting%20Wellness%20Is sues/2011\_community\_health\_profile\_final.pdf
- Kansas Department of Health and Environment (2013). Reportable Diseases in Kansas for Health Care Providers, Hospitals, and Laboratories. Topeka, KS. http://www.kdheks.gov/epi/disease\_reporting.html
- Kwon, S.Y.; Lee, C.H. (2011, June). Epidemiology and prevention of hepatitis B virus infection. *The Korean Journal of Hepatology*, *17*(2), 87-95.
- Lawlor, E. M. (2010). *Kindergarten Immunization Coverage Survey: School Year 2009-2010*. Topeka: Kansas Department of Health and Environment.
- Lawlor, E. M. (2011). *Kindergarten Immunization Coverage Survey: School Year 2010-2011*. Topeka: Kansas Department of Health and Environment.
- Lawlor, E. M. (2012). *Kindergarten Immunization Coverage Survey: School Year 2011-2012*. Topeka: Kansas Department of Health and Environment.
- Mast, E., Margolis, H., Fiore, A., Brink, E., Goldstein, S., Wang, S., et al. (2005, December 23). A Comprehensive Immunization Strategy to Eliminate Transmission of Hepatitis B Virus Infection in the United States . *CDC MMWR*, *54*. http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5416a1.htm

- Mast, E., Weinbaum, C., Fiore, A., Alter, M., Bell, B., Finelli, L., et al. (2006, December 8). A Comprehensive Immunization Strategy to Eliminate Transmission of Hepatitis B Virus Infection in the United States. *55*. http://www.cdc.gov/MMWr/preview/mmwrhtml/rr5516a1.htm
- *Quality Improvement Resources and Tools.* (2013) Minnesota Department of Health: http://www.health.state.mn.us/divs/cfh/ophp/consultation/qi/resources/
- Pearce, C.; Leask, J.; Ritchie, J. (2008). Tapping midwives' views about the neonatal hepatitis B vaccine: how welcome is a move towards a health promoting orientation? *Health Promotion Journal of Australia*, 19(2), 81-83.
- Shouval, D. (2003). Hepatitis B vaccines. *Journal of Hepatology*, 39, S70-S76.
- Tews, D.; Sherry, M.; Butler, J.; Martin, A. (2008, February). Embracing Quality in Local Public Health: Michigan's Quality Improvement Guidebook. Michigan, United States.
- Thorpe, E.L.; Zimmerman, R.K.; Steinhart, J.D.; Lewis, K.N.; Michaels, M.G. (2012, February 1). Homeschooling parents' practices and beliefs about childhood immunizations. *Vaccine*, *30*(6), 1149-1153.
- What is Public Health? (2013). American Public Health Association: http://www.apha.org/NR/rdonlyres/C57478B8-8682-4347-8DDF-A1E24E82B919/0/what\_is\_PH\_May1\_Final.pdf
- Willis, B.C.; Wortley, P.; Wang, S.A.; Jacques-Carroll, L.; Zhang, F. (2010, April 1). Gap in Hospital Policies and Practices to Prevent Perinatal Transmission of Hepatitis B Virus. *Pediatrics*, 125(4), 704-711.
- Zanetti, A.R.; Van Damme, P.; Shouval, D. (2008). The global impact of vaccination against hepatitis B: A historical overview. *Vaccine*, 26(49), 6266-6273.

# **Appendix A: Hepatitis C Case Report Sample**

# **Hepatitis C Case Report**

<u>Genera</u>	<u>l</u> :			
Last Name	e	First Name	Age	Telephone
Address				
<u>Demog</u>	<u>raph</u>	<u>ics</u> :		
Gender:	M	F Ethnicity	7: Hispanic	Non-Hispanic
Race: Cauca Other		African American/Black His	panic/Latino	Asian
Other:				
Died:	Yes	No <b>Pregnan</b>	t: Yes No	
Clinician I	Name			Telephone
Diagnosti	c Facil	lity		
<u>Sympto</u>	<u>oms 8</u>	<u>&amp; Signs</u> :		
Reason fo	r testi	ng (check all that apply)		
	Symp	toms of acute Hepatitis		
	Scree	ning of asymptomatic patient with risk	factors	
	Scree	ning of asymptomatic patient with no ri	sk factors	
	Prena	atal screening		

	Elevated Liver enzymes					
	Follow-up testing					
	Other					
	Unknown					
Is patier	nt symptomatic?	Yes	No			
If	yes:					
	Jaundiced					
	Dark urine					
	Diarrhea					
	Anorexia					
	Abdominal pain					
	Clay stools					
	Fatigue					
	Other Symptoms					_
Liver En	nzyme Level					
ĀL	T (SGPT)	AST (	(SGOT)			_
<u>Risk F</u>	<u>'actors</u> :					
Was the Hepatitis C?	patient a contact of son	neone w	ith coi	nfirmo	ed or s	uspected
				Yes	No	Unknown
Sexual F	Preference:			Male	Female	e Both
Number of	male sex partners	Numb	er of fen	nale sex	partners	_

Other Risk Factors:			
■ IV Drug Use			
Other drug use			
Tattoos			
Piercings (other than ear)			
Acupuncture			
Dental Work			
Exposure to blood (other than own)			
Accidental needle stick			
Received a blood transfusion			
Received any IV infusion or injection in an o	utpatient setting		
Travel:  Did the patient travel outside of their	Kansas Count	ty in t	he 6 months
before the illness began?	Yes	No	Unknown
Did the patient travel outside Kansas illness began?	in the 6 mont	hs bef	fore the
	Yes	No	Unknown
Notes:			

# **Appendix B: Interview Guide**

## MODERATOR FOCUS QUESTIONS (NOT TO BE ASKED TO PARTICIPANTS):

- 1) Why are infants not getting vaccinated for Hepatitis B?
- 2) What would change a parents' mind to vaccinate their child?

## Semi-Structured Interview Moderator Guide

Hand out gift card, and help them find the exit.

Seiiii-Siru	dured interview Moderator Guide	
Introduction	1:	
Hi, my name	e is <mark>(say your name)</mark> . I represent the Johnson County De	epartment of Health & Environment. We are interested in
learning wh	at women think about vaccinating infants for Hepatitis	B. This interview is "safe". Nothing you say here will be
shared with	anyone else. We will never link your name with any of	your answers. Please be as open and honest with us as you
can. When t	the session has ended, we will hand out a gift card.	
Date:	Time:	Location:
Question 1:	What are your thoughts about having your child vaccinat	ed?
Pr	obe 1: Do you plan on having your child vaccinated? Wh	ny or why not?
Pr	robe 2: Do you think your child is too young to be vaccina	ated at birth? Why or why not?
Question 2:	What kind of information have you received from your h	ealthcare provider regarding the Hepatitis B infant birth dose
vaccine?		
Pr	robe 1: What did he/she tell you?	
Question 3:	When you have a question about your health, where do y	ou get your information?
Question 4:	What are your family & friends views about vaccinations	?
Pr	obe 1: How does this affect your views on vaccines?	
Question 5:	What do you know about Hepatitis?	
Question 6:	Read the following statements:	
Pr	obe 1: If you were told that your child had a good chance	e of contracting Hepatitis B, would that change your opinion
ab	out vaccination? Why?	
Pr	obe 2: If you were told that vaccines were free, would yo	u be more inclined to get your child vaccinated? Why?
Pr	robe 3: If you were told that the vaccine was 100% safe, w	would you be more inclined to get your child vaccinated? Why?
Question 7:	Do you have any other feelings about childhood vaccines	?
Question 8:	Ask respondent the following questions:	
Ag	ge: Race:	Religion:
M	arital Status (Circle): Married / Single Number of Childr	en:
This conclud	les our interview. Thank you so much for participating.	Do you have any questions?

# **Appendix C: Birth Dose Survey Example**

# Hepatitis B Birth Dose Survey for Managers of Hospital Nurseries

# **Instructions**

- > To complete the survey online, go to (insert website)
- > This survey should take approximately 15 to 20 minutes.
- > These are open-ended questions. Please elaborate your answers. Longer is better than shorter.
  - 1) Why do you think the Hepatitis B birth dose administration rate declined between 2005 and 2010 in Johnson County?
  - 2) Is there a standing order to give the Hepatitis B birth dose prior to patient discharge?
  - 3) If your patients are not receiving the Hepatitis B birth dose prior to discharge, what are the reasons for this? What is your opinion on why this happens?
  - 4) In the occurrence of a complicated birth, how are decisions made to provide the Hepatitis B birth dose?
  - 5) How are birth certificates completed? Is the Hepatitis B birth dose recorded on all birth certificates?
  - 6) Why do you think Hepatitis B birth dose administration is low among Hispanics?
  - 7) How do you or your staff communicate with non-English speaking patients?
  - 8) How many Spanish speaking employees do you have on staff?
  - 9) Why do you think Hepatitis B birth dose administration is low among the uninsured?
  - 10)Do you provide information about the Vaccines for Children program? If so, what?
  - 11) Would you be willing to work with the Johnson County Department of Health and Environment on this issue? If so, please provide your contact information.

# **Appendix D: Consent Form**



The Johnson County Department of Health and Environment would like you to participate in a guided group discussion called a "focus group." The questions asked are related to your knowledge, attitudes, and feelings about childhood vaccines.

Your participation is completely voluntary. You may withdraw from this focus group at any time without penalty.

By signing this form:

- 1. You understand that there is no physical or emotional harm in participating in this group discussion. The benefits are an increased awareness of health issues and services in this community. One possible risk is that you may not immediately get information or support on issues you may share in the group.
- 2. You will agree not to share outside the group any information shared by other participants about themselves, or their identity. However, you understand that there is no guarantee that others might share this information.
- 3. You will be given a brief questionnaire, called a Participant Profile, at the beginning of the session. You understand that you will be asked some questions about your personal background. These include age, education, health insurance, and health status. Results from this study will be posted to the Johnson County Department of Health & Environment website no later than May 1st, 2013. (Please do not write your name or street address on the questionnaire.)
- 4. You understand that the group discussion will last approximately 60 minutes.
- 5. You agree to allow the research team to audio-record the group discussion. You understand this is to make sure that the information reflects what was said by you and other participants. You understand that audio recordings will be destroyed after the study resulting from this focus group is completed and that all information obtained will be kept confidential and in secure, locked files.
- 6. You have the right to withdraw from the group even if it has not finished. Your refusal to participate will not involve a penalty or loss of benefits to which you may be eligible.
- 7. You understand that you will never be identified by name with anything you say or do during this study by the evaluators. None of the information shared with the public will have your name or any other identifying personal information.
- 8. You understand there are no anticipated physical risks to participants and there will be compensation and/or payments or medical treatment provided by participating institutions for any injuries occurring during this study, except those as may be stipulated by law.
- You understand that your participation in this group is voluntary. You understand you will receive a \$50 gift card after you complete the group session for your time and efforts.
- 10. You freely and voluntarily agree to participate in this group. You acknowledge a research team member has explained the need for this study, and the risks in participating. You agree he or she has offered to answer any questions which I may have. You understand that you may keep a copy of this consent form for your own information.

**Legal and Ethical Warning.** The procedures used in this study have been subject to review and approval by the Human Subjects (or Institutional Review) committees of *Kansas State University*.

By your signature below, you are indication that you fully understand the above information and agree to participate in this focus group and study.

Volunteer/Participant (Signature and Date)	(Print Name)	
Witness (Signature and Date)	(Print Name)	
Research Team (Signature and Date)	(Print Name)	

If you have any questions or concerns about this study, please contact:

Kevin Kovach, MSc, CHES, 913-477-8368, Kevin.Kovach@jocogov.org

# **Appendix E: JCDHE Hepatitis B Survey Example**

#### **Hepatitis B Birth Dose Survey**

#### Introduction:

The Advisory Committee on Immunization Practices (ACIP) recommends that all infants are vaccinated at birth for Hepatitis B. Healthy People 2020 has set a target of 85% coverage in the United States. The coverage level in Johnson County, Kansas was only 70% in 2010, down from 92% in 2005. Coverage was the worst among Hispanics (40%) and the uninsured (30%).

The purpose of this survey is twofold. First we want to try to understand the reasons for, and solutions to this problem through multiple viewpoints, starting with JCDHE employees (i.e. you). Second, we want to identify individuals in the healthcare community that may be willing to work with us on this issue.

#### **Instructions:**

- ➤ This survey should take approximately 15 to 20 minutes.
- > These are open-ended questions. Please elaborate your answers. Longer is better than shorter.

#### Questions:

- 1) Name:
- 2) Why do you think the Hepatitis B birth dose administration rate declined between 2005 and 2010? Did something change in the community that may have led to this? What do you think could be done to reverse this trend?
- 3) Why do you think the Hepatitis B birth dose rate is low among the Hispanic population? What do you think could be done to eliminate this disparity?
- 4) Why do you think the Hepatitis B birth dose rate is low among the uninsured? What do you think could be done to eliminate this disparity?
- 5) What do you think the public's perception is regarding the Hepatitis B birth dose?
- 6) What are your personal thoughts with respect to the Hepatitis B birth dose?
- 7) What do you think healthcare providers' views are relating to the Hepatitis B birth dose? Do you have any personal examples? Do you think healthcare providers spend time reviewing this with patients? Do you think they promote this?
- 8) What can you, as a JCDHE employee, do to help with this issue? Do you work with pregnant women? If so, would you be able to provide surveys or informational packets to them? If you talk to them about this issue, could you write me a short email about what you learn?
- 9) Do you know healthcare providers that would be interested in helping solve this problem? If yes, what are their names and contact information?
- 10) Do you have any other thoughts that we haven't asked about yet? Please write them here.

#### Final Remarks

I appreciate your help with this. Kealan and I will examine the results and provide you with a short description of them in a few weeks. If something else strikes you as important later, feel free to email me at <a href="mailto:kevin.kovach@jocogov.org">kevin.kovach@jocogov.org</a>, I'll include it in the results.

Thank you, Kevin and Kealan

# **Appendix F: JCDHE Hepatitis B Survey Results**

Hepatitis B Birth Dose Survey							
Name	JDHE Employee 1	JDHE Employee	JDHE Employee 3	JDHE Employee	JDHE	JDHE	
		2		4	Employee 5	Employee	
						6	
Why do you	Having worked on an	I speculate that	Practically all of my	Parents receive and	Several	I don't	
think the	OB unit for many	either the	infant patients have	read info about	factors would	know what	
Hepatitis B	years, a standing order	immunizations are	_	vaccines on the	include: the	may have	
birth dose	from the newborn's	not being reported,	had the Hep B at birth so I'm not sure.	internet that talks	transient	happened in	
administration	Pediatrician was that	or that there is less	Some whites do not	about potential	nature of part	the	
rate declined	he/she needed to get	education and	have the vaccination	side effects and	of the	community	
between 2005	the 1st dose of the Hep	attention being	done but my	have chosen to	population,	to cause the	
and 2010? Did	B vaccine before being	focused on Hep B	Hispanics do have it	refuse vaccine.	concerns	decline, but	
something	discharged. Is that not	vaccinations. March	done.	Teruse vaccine.	regarding the	I have heard	
change in the	the case at area	of Dimes had been a	aone.		safety of	moms tell	
community that	hospitals as part of	big supporter and			vaccines,	me that they	
may have led to	their	produced many			physician	just don't	
this? What do	protocol/procedures?	campaigns to get the			education/aw	want their	
you think could	I would check with the	word out about the			areness	kids getting	
be done to	manager of the	importance of Hep B			presented to	immunized,	
reverse this	Mother/Baby or	vaccinations. They			the patient,	or they	
trend?	Nursery units, or have	have shifted their			misinformati	don't want	
	you done so already to	focus which may			on obtained	the first	
	get your baseline data?	have resulted in			from the	Hepatitis B	
		fewer vaccinations.			internet and	shortly after	
		I am not aware of			lack of	birth in the	
		changes in the			knowledge.	hospital.	
		community that			Another	Some of	
		would have affected			factor could	them are	
		this rate. Identify			be the H1N1	opting to	
		the issue and focus			pandemic in	get it done	
		energies towards			2009. We	at the first	
		making a change.			noticed a lot	MD	
					more people	appointmen	
					reluctant to	t once the	
					get vaccines	baby is out	
					after the	of the	
					pandemic	hospital.	
					due to		
					negative		
					media		
					attention.		
					Education is		
					vital to		
					creating any		
					kind of		
					change in the		
					community.		

Why do you	Are they given an	My guess is that if	Perhaps it is the	Education during	Considering	I don't
think the	option prior to	there is a language	reporting of Hep B	pre-natal period	you listed the	believe that
Hepatitis B	discharge? Does this		vaccination and not	would be helpful. I	Hispanic	
1 -	9	barrier present, the		think it is lack of	-	many
birth dose rate	qualify as an	message is not being	that the population		population as	Hispanic
is low among	exemption (medical or	communicated.	is not having it done.	education.	one of the	families
the Hispanic	religious?). The	Identify the issue			groups with	understand
population?	language barrier might	and focus energies			the lowest	the
What do you	be a contributing	towards making a			rates, it is	importance
think could be	factor.	change.			possible	of the
done to					changes	immunizati
eliminate this					occurred due	on. I think
disparity?					to the	that more of
					transient	the nurses
					nature of this	in the
					group.	hospital
					Factors could	should be
					include the	able to
					economy and	speak
					communicati	Spanish so
					on barriers.	that they
					I think it is	can
					important for	communicat
					healthcare	e better
					providers to	with the
					educate and	parents. If
					communicate	Spanish
					via a	families
					translator the	don't feel a
					importance	nurse
					of the birth	speaks good
					dose of	Spanish
					Hepatitis B.	they may
						not even try
						to ask
						questions. I
						know this
						from my
						experience
						in WIC.
						Clients
						don't
						usually ask
						questions if
						they know
						that an
						interpreter
						will be used
						and the
						process will
						take longer.
					J	

Why do you Does this population Cost of the vaccine Again, this is an	Cost, even though =-Lack of I'm not sure
think the understand the VFC may play a role, injection done	the vaccine is education why it is
Hepatitis B program? What is unfamiliarity with shortly after birth	affordable through -Perceived lower with
birth dose rate being done to VFC programs, less per protocol. If the	the VFC program. additional the
is low among advertise to them, health education family does not wa	
the uninsured? heighten awareness in opportunities. to have it done d/t	aware. associated Maybe they
What do you the medical cost it may not be	with the are worried
think could be community including done but most	vaccine that it will
done to hospitals? generally, parents of	do end up
eliminate this have it done.	Strong efforts costing
disparity?	by hospital them
	staff to money.
	inform and
	educate.
What do you	tit It is not needed for Lack of Most of the
think the Ped or nurses on the lower vaccination as normal to be do	ne infants because awareness clients I see
public's postpartum unit, most rate that Hep B birth after birth. The	they are not -Unnecessary in WIC have
perception is mothers will dose is not a high parents who do not	
regarding the understand the priority. have it done are the	e behaviors hospital is Hepatitis
Hepatitis B importance of the first more educated and	d associated with trying to dose done
birth dose? of this series of three. are more anti-	Hep B. profit from in the
vaccination, more	-Not hospital at
holistic thinking.	necessary for birth, so I'm
	their child not sure
	due to low or what the
	no risk public
	factors perception
	is. I think
	that more
	and more
	people are
	hearing
	myths that
	vaccines can
	cause
	spectrum
	disorders
	and so they
	opt not to
	get them.

What are your	Should remain one of	It is a recommended	I think that it is an	It should be	It is another	I think that
personal	the criteria (along with	childhood vaccine	important vaccine to	mandatory for all	tool, along	it is
thoughts with	other meds a newborn	that has high	have. I'm not sure	newborns.	with other	absolutely
respect to the	receives) prior to	benefits to babies in	that it would have to	newborns.	vaccines, in	
-	_				,	necessary to
Hepatitis B birth dose?	discharge.	our community.	be done as an infant;		helping to	keep the
birth dose?			perhaps as an older		prevent	public
			child would be		further	healthy and
			better. But I do know		infections	prevent
			that most parents		and prohibit	spread of
			will have their infant		the spread of	disease.
			vaccinated and while		disease.	
			they are in that			
			mode, it is good to			
			include it.			
YA71 . 1	TT CH	7		T.1.1	T.1.1	7.1
What do you	Hopefully a	It appears from the	In my experience	I think most think	I think you	I have no
think	prospective	decreased rate that	with L&D, nursery,	it is important, but	would find	idea how
healthcare	Pediatrician or even	Hep B Birth dose is	most of us thought	activity during and	varying	much time
providers'	the mother's health	not a high priority in	that it was	immediately after	opinions	healthcare
views are	provider where she	their routine	important. I spent	birth sometimes	amongst	providers
relating to the	receives her prenatal	discharge planning	time explaining to	make it a low	healthcare	spend
Hepatitis B	care would discuss and	and education. I do	my parents and I	priority.	providers.	discussing
birth dose? Do	educate the mother	not have any	think my co-workers		My sister was	this with
you have any	about this.	personal examples.	did, too.		told by her	patients. I
personal					physician to	know that
examples? Do					delay the	my
you think					birth dose	daughter's
healthcare					until later	MD really
providers					because she	promotes
spend time					was not	an updated
reviewing this					infected with	immunizati
with patients?					the disease so	on record.
Do you think					there was no	
they promote					risk to her	
this?					infants.	
					It is hard to	
					say if they do	
					or don't but	
					based on the	
					numbers it	
					makes one	
					wonder.	

What can you,	Please refer this to the	I can support	I do work with	Efforts could be	Inform and	We see
as a JCDHE	MCH supervisor,	programs that	pregnant women	made to have this	educate. We	Prenatal
employee, do to	Maria, who should be	provide patient	and I do talk with	topic be addressed	rarely see	clients on a
help with this	collaborating closely	education and	them. I could include	in the pre-natal	pregnant	regular
issue? Do you	with the Imm.	vaccination	more information in	clinic. We always	women in the	basis in
work with	Supervisor, Julie on	planning to	their packet if you	talk about the	immunizatio	WIC. We
		-				
pregnant	this issue and assuring	pregnant women. I	wish.	importance of	n clinics	could talk
women? If so,	their nurses are	do not work directly		vaccines on our PP	because most	with
would you be	educating our clients	with pregnant		HV. The majority	vaccines are	mothers
able to provide	both with written	women.		seem to have	contraindicat	about this
surveys or	information and as			received the	ed. When the	in the
informational	part of the routine			vaccine.	CDC changes	prenatal
packets to	visit.				the	period
them? If you					recommendat	because
talk to them					ion for all	typically we
about this					pregnant	don't talk
issue, could you					women to	about it till
write me a					receive the	after the
short email					Tdap vaccine	baby is
about what you					this might	born, and
learn?					change.	they come
					We could	back into
					certainly	WIC. We
					hand out	could
					surveys/infor	provide
					mational	information
					packets in the	al packets to
					clinic.	these
					ommo.	mothers
						and/or
						surveys.
						surveys.
Do you know	I don't know. Are they	I do not know	The other JCDHE	None specifically.	Not off hand.	No idea.
healthcare	even aware of what's	healthcare providers	ON nurses would	Trone specifically.	You might	110 Idea.
providers that	happening in Johnson	outside of JCDHE	probably help.		check with	
would be	county?	that I would be able	probably neip.		some of the	
interested in	county:	to provide contact				
helping solve		information for.			larger providers in	
		шиогшаноп юг.			_	
this problem?					the county.	
If yes, what are						
their names						
and contact						
information?						
L						

Do you have	Would be glad to	No more thoughts.	None at this time.	Not at this time.	I am really	No other
any other	discuss further in				pleased that	ideas.
thoughts that	person if needed.				we are	
we haven't					addressing	
asked about					this problem	
yet? Please					and hope as a	
write them					result of our	
here.					efforts we can	
					create	
					change. It is	
					critically	
					important we	
					protect the	
					newborns in	
					our	
					community	
					as much as	
					we can.	